

3-30-2021

Is Your Child Susceptible To Contracting COVID-19?

Sara Koussa

Wayne State University School Of Medicine, hf1953@wayne.edu

Jay Getzinger

Wayne State University School Of Medicine, gf2214@wayne.edu

Alix Bernholtz

Wayne State University School Of Medicine, gf6659@wayne.edu

Bryan Lundahl

Wayne State University School Of Medicine, he7808@wayne.edu

Priyanka Kale

Wayne State University School Of Medicine, ga5738@wayne.edu

See next page for additional authors

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Recommended Citation

Koussa, Sara; Getzinger, Jay; Bernholtz, Alix; Lundahl, Bryan; Kale, Priyanka; and Sawar, Kinan, "Is Your Child Susceptible To Contracting COVID-19?" (2021). *COVID-19 Medical Myth Infographics*. 26. <https://digitalcommons.wayne.edu/covidinfographics/26>

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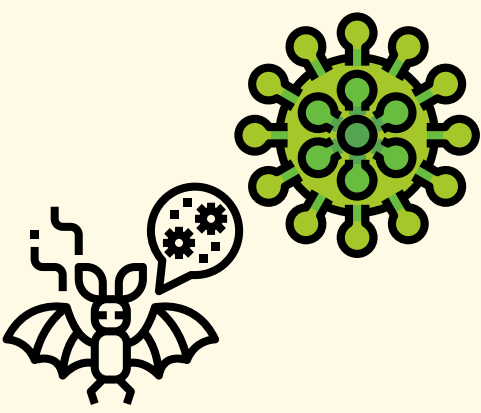
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Authors

Sara Koussa, Jay Getzinger, Alix Bernholtz, Bryan Lundahl, Priyanka Kale, and Kinan Sawar

IS YOUR CHILD SUSCEPTIBLE TO CONTRACTING COVID-19?

What you need to know to ensure your child's safety throughout the pandemic:



1 WHAT IS COVID-19?

Coronavirus-19 (also called COVID-19 or SARS-CoV-2) is an infectious disease that evolved from a wild virus. Some **key features** are lung and breathing problems, fever, and a cough, and they can range from mild to severe.

2 ARE CHILDREN AT RISK FOR GETTING COVID-19?

Yes! As of November 2020, over 150,000 Americans aged 0-4, and almost 850,000 Americans aged 0-17 have contracted COVID-19.

75% of COVID-19 cases confirmed in children in these age ranges are linked with household exposure to COVID-19.



3 WHAT SYMPTOMS TO LOOK OUT FOR

The most common symptoms of COVID-19 infection in children are fever, cough, runny nose, and sore throat. But, children can show no symptoms and still test positive for COVID-19.

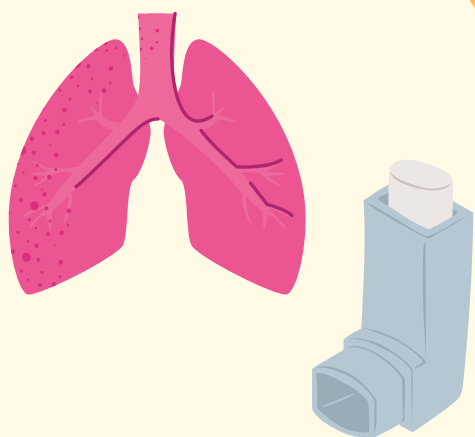
Children and **people of all ages commonly show symptoms 5 to 6 days after exposure**, but it is possible to show symptoms anywhere from 1 to 14 days after being exposed.



4 HOW DO I KNOW IF MY CHILD IS AT RISK?

Everyone is at risk of contracting COVID-19. Pre-existing breathing problems, lung conditions, and/or heart conditions are not only risk factors for the elderly, but for children as well.

In a systematic review of pediatric COVID-19 cases by Hoang et al., a majority of cases (65%) were found to be in immunocompromised children or children with previous breathing/heart conditions.



5 WHAT CAN I DO TO REDUCE MY CHILD'S RISK OF CONTRACTING COVID?

1) Make sure your child **regularly & correctly** washes his/her hands with soap and water

*if soap and water are not available have your child use hand sanitizer that is at least 60% alcohol

2) Avoid close contact (**at least 6 feet**) from members of other households and those who are sick with symptoms like coughing or sneezing

*lowest risk of COVID-19 exposure enforces no in-person playtime, instead connect children virtually!

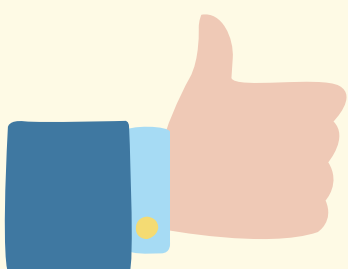
3) Have your child **wear a mask** and teach them to wear it correctly!

*children aged 2 and older are recommended to wear a mask



6 WHERE DO I GET STARTED?

Scan these QR codes with your phone camera or on an internet browser to watch some introductory videos on keeping yourself and your family safe!



What you need to know about hand-washing video!

How to wear your mask correctly!



For more information, please visit www.cdc.gov