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COVID-19 and the Flu

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Why get a Flu Shot?

The Flu vaccine can reduce serious illness, such as lower respiratory tract infections that lead to hospitalization and death in COPD patients.

Research shows that going to a clinic for a flu shot is LOW risk.

Who Should Get Vaccinated?

It's especially important for older adults, immunocompromised individuals, pregnant individuals, and healthcare workers to get vaccinated.

Reduce overcrowding in hospitals and protect others by protecting yourself!



#AvoidDoubleTrouble

Covid-19 and the Flu

MYTH:

Receiving the flu vaccine this season will increase my risk for contracting COVID-19

Co-Infection (Covid + Flu)

The Flu and COVID-19 both present with respiratory symptoms.

Without vaccination, up to 60% of COVID deaths may be attributable to influenza co-infection.

Avoid co-infection and know what your symptoms are attributed to.

Scan below for
Flu shot locations
near you:

