

# Diagnosis of giant cell arteritis

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## Abstract

GCA is the most common form of primary systemic vasculitis affecting older people. It is considered a clinical emergency because it can lead to irreversible blindness in around 20% of untreated cases. High doses of glucocorticoids should be initiated promptly to prevent disease-related complications; however, glucocorticoids therapy usually results in significant toxicity. Therefore, correct diagnosis is crucial. For many years, temporal artery biopsy has been considered the diagnostic 'gold standard' for GCA, but it has many limitations (including low sensitivity). US has proven to be effective for diagnosing GCA and can reliably replace temporal artery biopsy in particular clinical settings. In cases of suspected GCA with large-vessel involvement, other imaging modalities can be used for diagnosis (e.g. CT and PET). Here we review the current evidence for each diagnostic modality and propose an algorithm to diagnose cranial-GCA in a setting with rapid access to high quality US.

**Key words:** giant cell arteritis, diagnosis, temporal artery biopsy, ultrasound, magnetic resonance, computed tomography, positron emission tomography, imaging

### Rheumatology key messages

- Correct, early diagnosis of GCA avoids overtreatment and prevents disease-related complications.
- In an appropriate clinical setting, US can replace temporal artery biopsy to diagnose GCA.
- In cases of suspected large-vessel GCA, CT, MRI and PET-CT can be used for diagnosis.

## Introduction

GCA is the most common form of primary systemic vasculitis in patients aged >50 years. It occurs predominantly in the northern latitudes, mainly affecting Caucasians, with an overall annual incidence of 15–25 per 100 000 individuals older than 50 years [1]. Its incidence increases with age, peaking between 70–80 years, and it is more common in women than men, in a 2–4:1 proportion [2, 3].

The vasculitic process in GCA affects large- and medium-sized blood vessels with predisposition for the involvement of cranial arteries derived from the carotid artery [4]. Due to the intense myointimal proliferation and vessel occlusion, major ischaemic events may occur in this disease, such as arteritic anterior ischaemic optic

neuropathy, which can result in irreversible blindness. Treatment with high doses of glucocorticoids (GCs) should be initiated as early as possible to rapidly control disease manifestations and prevent complications. However, GC therapy may cause various adverse effects, previously reported in over 80% of patients [5], particularly in the period shortly following GC initiation [6]. Therefore, the need for a correct diagnosis is essential in GCA.

Here we will review the clinical features that should raise suspicion for GCA, current diagnostic modalities [temporal artery biopsy (TAB), US and other imaging techniques], and diagnostic and classification criteria, and propose a diagnostic approach to patients with suspected GCA.

## Clinical manifestations

The most frequent symptoms and signs of GCA are related to the disease involvement of cranial arteries, predominantly the temporal artery. New onset of headache, particularly in the temporal region, is the most common symptom of the disease [7], and jaw claudication is the most specific manifestation [8]. Scalp tenderness and visual disturbances can also be present; scalp necrosis and tongue claudication or necrosis occur less

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**Fig. 1** Swollen right temporal artery (frontal branch) of a patient with GCA

commonly. On physical examination, temporal arteries may be tender or thickened on palpation, and pulses diminished or absent (Fig. 1). GCA-related severe cranial ischaemic events include blindness, which can occur in ~15–20% of patients, often secondary to anterior ischaemic optic neuropathy [9, 10], and cerebrovascular accidents (transient ischaemic attack or stroke) present in 3–7% of cases [11–13]. Given that these serious events may frequently occur at disease onset, GCA is considered to be a medical emergency [14]. Patients with a suspected diagnosis of cranial GCA should be immediately referred for specialist care, but the initiation of treatment should not be delayed by diagnostic procedures such as TAB or imaging [15].

Extra-cranial involvement in GCA affecting the aorta and its major branches, also known as large-vessel GCA (LV-GCA), has been described in 20–80% of cases, depending upon the imaging modality used for screening the disease [16–18]. These patients can be either asymptomatic or present with limb claudication, vascular bruits and decreased or absent pulses [19]. Late potential complications include valvular heart disease and aortic aneurysms and/or dissections [20–22].

Although very non-specific, systemic symptoms such as fatigue, low-grade fever and weight loss are often present in patients with a diagnosis of GCA. In addition, PMR, characterized by pain and morning stiffness particularly in the shoulders and hips, occurs in about 40–60% of patients with GCA, and 16–21% of patients with the diagnosis of PMR have, or will develop, GCA [23].

High levels of inflammatory markers are present in the majority of patients with GCA at disease presentation. However, in cases of localized disease, without constitutional symptoms, ESR and CRP values may be within the normal range, and this subgroup of patients are

**TABLE 1** Clinical and laboratory features of GCA

Clinical feature	Frequency (%)
Elevated ESR and/or elevated CRP	90–95
Headache	70–90
Audiovestibular manifestations (hearing loss, tinnitus, vertigo, abnormal vestibular testing, etc.) <sup>a</sup>	Up to 90
PMR	40–60
Constitutional symptoms (low-grade fever, fatigue or weight loss)	30–60
Abnormal temporal artery on physical examination (tenderness, or absent or diminished pulses)	30–60
Jaw claudication	40–50
Scalp tenderness	33–50
Visual disturbances (transient or permanent)	20–50
Visual loss due to <sup>b</sup> :	
Anterior ischaemic optic neuropathy	91
Central retinal artery occlusion	11
Cilioretinal artery occlusion	10
Posterior ischaemic optic neuropathy	4
Respiratory symptoms (cough, sore throat or hoarseness)	~10
Cerebrovascular accidents (transient ischemic attack or stroke)	3–7
Scalp necrosis	<5
Tongue necrosis	<5

<sup>a</sup>Based on a study from Amor-Dorado *et al.* 2003 [27].

<sup>b</sup>Based on a study from Hayreh *et al.* 2002 [28].

known to be at higher risk of developing ocular ischaemic complications [24–26].

A summary of the clinical features and frequencies in which they occur in GCA can be found in Table 1.

### Temporal artery biopsy

GCA was historically believed to be confined to the cranial arteries; therefore, for many years, TAB was considered to be the diagnostic 'gold standard'. TAB should be performed by an experienced surgeon, in order to obtain good quality biopsy samples, and preferably within the first 7 days of treatment initiation, in order to enhance its sensitivity [29]. The optimal length of the biopsy specimen remains debatable. Segments of at least 0.5–1 cm post-formalin fixation are considered acceptable in various studies [29–32]. In practical terms, this requires harvesting biopsies around 1.5 cm in length to allow for an estimated 10% tissue shrinkage during fixation [33]. TAB should be obtained from the most symptomatic site; US guidance in TAB has failed to show improvement in the sensitivity for diagnosing GCA [34]. Moreover, biopsy of the contralateral artery has been reported to only increase the diagnostic yield by 4–13% [35–39] and is therefore not routinely recommended.

TAB has the advantage of aiding correct differential diagnosis between GCA and other diseases (e.g.

ANCA-associated vasculitis, amyloidosis, etc.). In addition, distinct histopathological features of TAB have been associated with different clinical manifestations of the disease, suggesting a potential prognostic value for this diagnostic method [40–43]. The classic histological picture of GCA is a transmural inflammatory infiltrate associated with marked disruption of the internal elastic lamina and the presence of giant cells. However, TAB may contain less obvious characteristics of the disease, such as periadventitial/vasa vasorum restricted inflammation or intimal hyperplasia, which make the histologic diagnosis less straightforward [44–46]. An inter-rater analysis for biopsy results was conducted in the multicentre TABUL (Temporal Artery Biopsy vs ULtrasound in diagnosis of GCA) study, revealing a large amount of variability in agreement between pathologists. A total of 30 cases were reviewed by 14 pathologists and only in 11 cases did all pathologists agree on the results (consistent vs not consistent with GCA), which corresponded to an intra-class correlation coefficient of 0.62 (95% CI 0.49, 0.76) [29]. Thus, it is vital to interpret TAB results with caution, and to establish good communication between clinicians and pathologists.

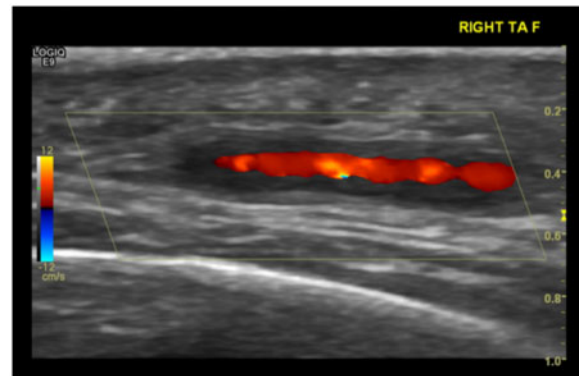
Despite the high specificity of TAB for diagnosing GCA (up to 100%), sensitivity can be as low as 39% mainly due to poor sampling (it is estimated that around 7% of all TABs may not actually consist of arterial tissue [29]); reduced accessibility to the procedure; the segmented nature of the pathological findings, also described as ‘skip lesions’ [47]; and the presence of LV-GCA, which is known to have less temporal arterial involvement of the disease [48]. In addition, although TAB is regarded as a generally safe procedure, it is still an invasive technique with an associated complication rate of ~0.5% [49], with the most serious complications reported including facial nerve injury [50–55] and scalp necrosis [56]. Therefore, less invasive options with higher sensitivity for diagnosis could improve patient care in GCA.

## Imaging

### Ultrasound

In 1997, Schmidt *et al.* described for the first time the importance of temporal artery US in the diagnosis of GCA, based on the presence of a homogeneous, hypoechoic wall thickening, known as the ‘halo sign’ (Fig. 2) [57, 58]. Stenoses and occlusions, although less specific for GCA, may also be found in patients with this diagnosis. More recently, incompressibility of the temporal artery upon application of pressure with the US probe, termed as the ‘compression sign’, has been reported to have a positive predictive value of 100% for GCA diagnosis [59, 60]. Many studies, particularly in the past two decades, have investigated the diagnostic accuracy of various US findings in GCA [61]. Table 2 summarizes the results of five meta-analyses that have addressed this issue so far [3, 62–65], in which US yields an overall

**Fig. 2** US of a patient with GCA showing a ‘halo sign’ in the temporal artery



sensitivity of 68–88% and specificity of 77–91%, in comparison with TAB, for the diagnosis of GCA. The TABUL study assessed the diagnostic accuracy and cost-effectiveness of US and TAB in a prospective multicentre cohort study, using a clinical diagnosis as reference standard [29]. A total of 381 patients underwent both US and TAB in the first 10 days of commencing high doses of GCs (>20 mg of prednisolone or equivalent per day). US showed a sensitivity of 54% and specificity of 81% for GCA diagnosis, whereas TAB had a sensitivity of 39% and specificity of 100%. Of note, TAB was part of the reference standard, thus the 100% specificity might have been heavily influenced by study methodology. A combination strategy using both modalities in sequence, with all patients undergoing US, but only performing TAB in negative cases, increased the sensitivity to 65% and maintained specificity at 81% (decreasing the need for TAB by 43%). However, the best and most cost-effective diagnostic strategy, with an incremental net monetary benefit of £485 per patient, consisted of further combination with clinical judgement. Only in cases of high clinical suspicion, but a negative US, should TAB be considered, leading to a sensitivity of 93% and specificity of 77%.

US should be performed with high quality equipment, by experienced ultrasonographers, and in a timely manner [15, 66]. Most modern US machines are able to provide a resolution of 0.1 mm and thus are very sensitive to detect the halo sign, which is estimated to measure >0.29–0.42 mm in the temporal arteries and >1.0 mm in the axillary arteries [67]. The halo sign and compression sign have been regarded by the OMERACT Large Vessel Vasculitis Ultrasound Working Group as the most important US findings suggestive of vasculitis, and the presence of the halo sign to be a minimum requirement to diagnose GCA [58]. In addition, detection of the halo sign rapidly diminishes following treatment [68] and it has been reported to disappear after a mean of 2–10 weeks [57, 69–71]; therefore, US should be performed as early as possible after symptom onset. Two retrospective studies have shown that a fast-track

**TABLE 2** Results of five meta-analyses assessing the performance characteristics of US abnormalities to diagnose GCA

Abnormality on US	Reference standard used for comparison	N studies (N patients)	Sensitivity (95% CI)	Specificity (95% CI)
<i>Karassa et al.</i> 2005 [62]				
Halo sign	TAB	14 (532)	69 (57, 79)	82 (75, 87)
Stenosis or occlusion	TAB	15 (813)	68 (49, 82)	77 (65, 85)
Halo sign, stenosis or occlusion	TAB	7 (332)	88 (74, 95)	78 (71, 84)
Halo sign	ACR criteria	7 (1092)	55 (36, 73)	94 (82, 98)
Stenosis or occlusion	ACR criteria	4 (933)	66 (32, 89)	95 (78, 99)
Halo sign, stenosis or occlusion	ACR criteria	3 (853)	87 (80, 91)	96 (89, 98)
<i>Arida et al.</i> 2010 [63]				
Unilateral halo sign	ACR criteria	8 (575)	68 (61, 74)	91 (88, 94)
Bilateral halo sign	ACR criteria	4 (380)	43 (NR)	100 (NR)
<i>Ball et al.</i> 2010 [3]				
Halo sign	TAB	9 (357)	75 (67, 82)	83 (78, 88)
Halo sign, stenosis or occlusion	TAB	9 (397)	83 (77, 89)	82 (77, 87)
Halo sign	ACR criteria	6 (401)	69 (60, 77)	89 (84, 92)
Halo sign, stenosis or occlusion	ACR criteria	7 (571)	78 (72, 84)	88 (84, 91)
Halo sign, stenosis or occlusion	TAB and/or ACR criteria (no steroids before imaging)	5 (237)	75 (65, 84)	88 (82, 93)
Halo sign, stenosis or occlusion	TAB and/or ACR criteria (steroids before imaging)	7 (492)	72 (65, 79)	87 (82, 90)
<i>Duftner et al.</i> 2018 [64]				
Halo sign	Clinical diagnosis	8 (605)	77 (62, 87)	96 (85, 99)
Halo sign, stenosis or occlusion	Clinical diagnosis	3 (560)	78 (57, 90) <sup>a</sup>	89 (78, 95) <sup>a</sup>
Compression sign	Clinical diagnosis	2 (140)		
Halo sign	TAB	7 (289)	70 (56, 81)	84 (73, 91)
Halo sign or stenosis	TAB	2 (50)	77 (23, 97)	91 (75, 97)
Halo sign, stenosis or occlusion	TAB	5 (611)	78 (48, 93)	91 (70, 98)
<i>Rinagel et al.</i> 2019 [65]				
Halo sign	TAB	20 (1096)	68 (57, 78)	81 (75, 86)
Halo sign, stenosis or occlusion	TAB	11 (1061)	78 (64, 87)	79 (73, 85)

<sup>a</sup>Model failed to converge. The same research group published both studies having five patients in common; sensitivities and specificities reported were 77–79% and 100%, respectively. Clinical diagnosis: final diagnosis made according to the ACR criteria or physician diagnosis; NR: not reported; TAB: temporal artery biopsy.

approach to patients with suspected GCA, providing clinical and ultrasonographic evaluation within 24 h, can reduce the rate of permanent visual loss compared with conventional referral [72, 73], as well as avoiding unnecessary use of high-dose GCs in patient who do not have GCA.

US of the temporal ± axillary arteries is recommended by the EULAR as the first imaging modality in patients suspected to have predominantly cranial GCA. Extracranial US may be used to diagnose LV-GCA, but is of limited value to assess the aorta [15]. In comparison with TAB, US has the advantage of being a more accessible and safer procedure, with the ability to assess several arterial territories at the same evaluation, provide immediate results to the clinician and be repeated in cases of suspected disease activity [74]. However, it is operator and machine dependent, and the final ultrasonographic diagnosis of GCA is highly dependent upon the presence or absence of the halo sign in any arterial segment assessed. Like in other diseases (e.g. RA [75]), an ultrasonographic scoring system is needed to improve GCA assessment. In 2014, a semi-quantitative

score, based on the extent and severity of the halo sign in temporal and axillary arteries, was proposed by Brier *et al.* [76]. Recently, Monti and colleagues developed a quantitative score, combining ultrasonographic findings (maximum intima-media thickness and bilaterality of the halo sign at the level of the temporal and axillary arteries) and clinical features of the disease (ischaemic symptoms, elevated CRP or ESR and presence of PMR), to stratify patients according to the risk of having a positive TAB, supporting the use of US as a surrogate for TAB [77].

Very-high resolution US (frequency 55 MHz, axial resolution 0.045 mm) has recently been reported to provide improved assessment of the temporal arteries, with superior distinction of the intima, media and adventitia layers, compared with conventional US (frequencies <25 MHz), in patients with GCA [78]. It is expected that in the near future, with advances in technology and widespread use of improved US machines, research conducted with very-high resolution US will increase, as well as the reported sensitivity and specificity of US to diagnose GCA.



### Other imaging modalities

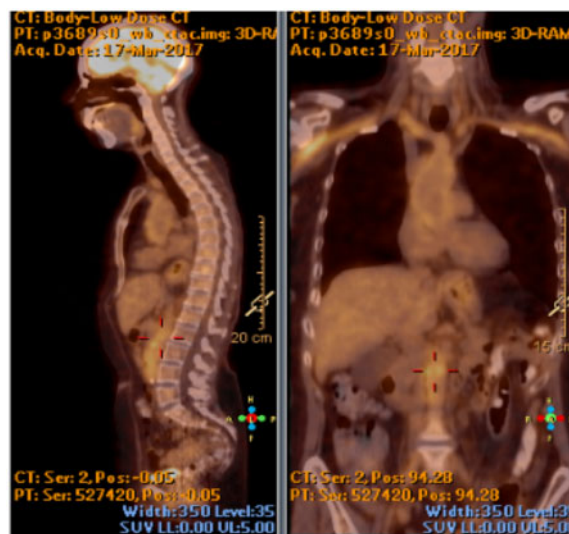
In patients with predominantly cranial GCA, high-resolution MRI of the scalp arteries may be used as an alternative diagnostic modality for GCA, particularly if US is not available or US results are not conclusive [15]. Several studies, using 1.5-T and 3-T MRI scanners, have assessed the diagnostic value of wall thickening and contrast enhancement in the temporal, occipital and intracranial arteries of patients with suspected GCA [79–86]. A meta-analysis comparing MRI with TAB and clinical diagnosis of GCA reported a pooled sensitivity and specificity of 93% (95% CI 89, 96%) and 81% (95% CI 73, 81%), and of 73% (95% CI 57, 85%) and 88% (95% CI 81, 92%), respectively [64]. Normal MRI of the cranial arteries has been strongly associated with a normal TAB, with a negative predictive value of 98% [86]. Therefore, it has been proposed that MRI could be used as the initial diagnostic tool, with TAB being reserved only for cases with abnormal MRI results. However, MRI should be performed within the first 5 days of GC initiation in order to avoid decrease in sensitivity [83], which may not be feasible in many centres. In addition, the high cost of MRI, the necessary expertise required in the interpretation of results and patients' potential adverse reactions to contrast agents or claustrophobia may further restrict the widespread use of this diagnostic modality. Recently, Goll *et al.* [87] have explored the use of 7-T cranial MRI in three patients with GCA, reporting improved image quality with detailed visualization of the vasculitic changes, in comparison with 3-T cranial MRI. Thus, like with US, ongoing technological progress may improve the diagnostic performance of cranial MRI in the future.

In the latest EULAR guidelines for the use of imaging in large-vessel vasculitis, CT and PET were not recommended for the evaluation of cranial GCA [15], mainly due to insufficient spatial resolution of these imaging modalities and high fluorodeoxyglucose (FDG) uptake in the brain during PET obscuring the assessment of temporal arteries. However, a recent retrospective case-control study, including a small number of patients with the diagnosis of GCA ( $n=14$ ), identified temporal artery abnormalities on cranial CT angiography suggestive of the disease, particularly blurred vessel wall margins and perivascular enhancement, yielding a sensitivity of 71% (95% CI 42, 92%) and a specificity of 86% (95% CI 57, 98%) when compared with clinical diagnosis [88]. In addition, recent reports with newer generation PET-CT scanners have demonstrated the detection of vasculitis in the temporal, occipital, maxillary and vertebral arteries [89–94]. Therefore, as research in this area continues to evolve, CT and PET may be incorporated into future recommendations for diagnostic assessment of cranial GCA.

When there is a clinical suspicion of LV-GCA, imaging assessment of the extra-cranial arteries should be considered. The diagnostic procedure of choice is still unclear and mainly based on local settings and expertise. US, MRI, CT and/or PET may be used; conventional angiography has been superseded and is currently considered only to be of historical interest in the diagnosis of

GCA [15]. MRI has an important role in the detection of early signs of vasculitis, particularly wall thickness and enhancement, before arterial complications occur; however, dissociation between inflammatory markers, or clinically defined disease activity, and presence of mural contrast enhancement has been described, potentially as a result of vascular remodelling and persistence of neovessels [95–97]. As in cranial-GCA, diagnostic sensitivity of MRI for LV-GCA has been reported to rapidly reduce after 5 days of GC treatment [98]. CT is useful to visualize mural thickening, but has the disadvantage of exposing patients to ionizing radiation [99]. Lariviere *et al.* reported a sensitivity of 73% (95% CI 45, 92%) and a specificity of 78% (95% CI 40, 97%) to diagnose GCA with this imaging modality [100]. Both MRI and CT can detect structural lesions, such as stenosis, occlusions and aneurysms; however, CT is more accessible and enables better spatial resolution, and image acquisition takes less time in comparison with MRI [101].  $^{18}\text{F}$ -FDG-PET is useful to evaluate the presence of LV-GCA, with a higher sensitivity for early vascular inflammation when compared with MRI or CT [100, 102]. In addition, identification of distinct distribution patterns of FDG uptake (e.g. in shoulders, hips and spinous processes) can contribute to the diagnosis of concomitant PMR [103, 104]. The combination of PET with CT improves the identification of anatomic areas and the differential diagnosis with atherosclerosis (Fig. 3). Different methods (e.g. visual or semi-quantitative) have been used to define the presence of vascular inflammation in FDG-PET. Grading of vascular uptake based on liver uptake appears to provide a high degree of diagnostic accuracy [105, 106]. Two meta-analyses looking at the diagnostic performance of PET or PET-CT specifically in patients with GCA reported a pooled sensitivity of 80% (95% CI 63, 91%) and 90% (95% CI 79, 96%), and a pooled specificity of 89% (95% CI 78, 94%) and 98%

**Fig. 3** PET-CT of a patient with LV-GCA showing vascular uptake (aorta and subclavian and axillary arteries)



LV-GCA: large-vessel GCA.

(95% CI 94, 99%), respectively [106, 107]. One of the major advantages of PET is the ability to identify alternative diagnoses, such as infection or malignancy. This can be particularly useful in patients with PMR and poor response to standard doses of GCs, where underlying malignancy or GCA is suspected, or in patients that present with unexplained constitutional symptoms and high levels of inflammatory markers, without any specific feature of GCA, in whom a correct differential diagnosis is essential. The diagnostic performance of PET has been reported to remain unchanged within the first 3 days of GC treatment, but with a significant decrease after 10 days of GCs [108]. In many centres it is difficult to perform this examination at short notice; PET will therefore not be a good option if patients also have cranial features of the disease (where treatment cannot be delayed or withdrawn due to possible ischaemic complications). Other limitations of PET include high costs and exposure to radiation. In addition, blood glucose levels should be <7 mmol/l (126 mg/dl) for good sensitivity [15].

### Diagnostic and classification criteria

There are no diagnostic criteria for GCA. Classification criteria were developed in 1990, by the ACR, with a positive threshold of three out of five criteria (age >50 years, headache, temporal artery abnormality on examination, high ESR and abnormal TAB) [109]. However, these criteria were designed to differentiate GCA from other vasculitides, not from non-vasculitic diseases, and therefore are not suitable for diagnosis and have been reported to perform poorly when applied to this effect [110]. In addition, the 1990 ACR criteria were established before the widespread use of advanced vascular imaging modalities, only took into account cranial features of the disease and followed the 'number of criteria' rule, in which each criterion had equal weight as a classifier despite its importance. Therefore, between January 2011 and December 2017, a multinational, observational study, with the aim of developing diagnostic criteria and update classification criteria for systemic vasculitis, was conducted: The Diagnostic and Classification Criteria for Vasculitis study [111]. Draft revised classification criteria for GCA have already been presented [112]. They consisted of differently weighted criteria with a threshold score, and included typical clinical symptoms of GCA, abnormalities on temporal artery examination, high levels of inflammatory markers, abnormal TAB and specific patterns of imaging findings (including temporal artery halo on US or FDG-PET activity throughout the aorta). Full publication is expected soon.

### A proposed diagnostic approach

As discussed previously, in case of suspected GCA, treatment should be started promptly to prevent the occurrence of ischaemic complications, such as blindness. However, it is crucial to ensure correct diagnosis to

avoid overtreatment. Many discussions on whether imaging, particularly US, is an appropriate surrogate for TAB in the diagnosis of GCA have taken place, particularly in the last decade [113, 114]. Despite TAB's many limitations already highlighted (low sensitivity for diagnosis, disagreement between pathologists, lack of immediate results, etc.) it is still considered by the majority of the scientific community to be the diagnostic 'gold standard' for GCA. Our opinion is that imaging and TAB are complementary, and in a setting where imaging is readily available with correct expertise, it should be the first modality of choice to diagnose GCA, given the prompt availability of the results, possibility to evaluate other potential vasculitic arteries and non-invasive assessment of patients at low cost. This is also supported by the recent EULAR recommendations on the use of imaging in large-vessel vasculitis [15] and the EULAR guidelines on management of large vessel vasculitis [115].

When the initial suspicion is of cranial-GCA, US of the temporal  $\pm$  axillary arteries should be the first imaging modality. Cranial MRI could be an alternative, but is restricted to few centres with expertise on this imaging technique and that can support its high costs. In cases of positive US, if the patient already has a high clinical suspicion of GCA (e.g. jaw claudication, anterior ischaemic optic neuropathy, high inflammatory marker levels, etc.), the diagnosis of GCA can be established without further testing (TAB or subsequent imaging) [15, 116]. In cases of positive US, but with low to medium clinical suspicion of GCA (e.g. unspecific headache, age <60 years, low inflammatory marker levels, etc.) and where other more obvious diagnoses have been excluded (e.g. ANCA-associated vasculitis, malignancy, etc. [117]), the authors advise a critical review of the imaging results. It is important to consider if the examination was performed by an experienced ultrasonographer (usually considered as such if >300 vascular examinations have been previously performed), and whether the halo sign was found bilaterally, in many artery branches and with a high maximum intima-media thickness [63, 77, 118]. If there is strong ultrasonographic evidence of GCA, the authors propose that further testing is unnecessary to confirm the diagnosis. However, if the US results appear to be less certain, TAB should be performed (or cranial MRI, depending on the setting). On the other hand, in cases of negative US, if the patient has a low clinical suspicion of GCA, no further testing is necessary to exclude GCA and an alternative diagnosis should be sought [15, 116]. However, in cases of negative US, but with medium to high clinical suspicion of GCA, the authors advise further review of the imaging results and additional efforts to safely exclude GCA (e.g. TAB or further imaging). This is particularly important for cases of GCA where inflammation in TAB is restricted to the vasa vasorum or peri-adventitial small vessels, in which the frequency of positive US has been reported to be significantly lower compared with those with classic transmural inflammation in TAB [40, 119].

In addition, it is important to remember that in the majority of studies the specificity of US was higher than its sensitivity to diagnose GCA; therefore, we can more comfortably diagnose GCA based on a positive US test, than exclude this disease based on a negative examination. A proposed algorithm to diagnose cranial-GCA in centres with rapid access to high-quality US can be seen in Fig. 4. In centres where imaging is not readily available and TAB is performed rapidly and with a high level of expertise, one may consider adapting the proposed algorithm, placing TAB as the first test; however, given the low sensitivity of histology reported in the diagnosis of GCA (39% in the TABUL study [29]), in case of negative TAB, we advise looking for further ways to safely exclude GCA (e.g. imaging), regardless of the pre-test probability.

For patients in whom a diagnosis of LV-GCA is suspected, the diagnostic approach will depend on local expertise and imaging availability. In addition, patients with LV-GCA may or may not have cranial features of the disease; therefore, if cranial involvement is present, the initial diagnostic approach should follow the same principles as described for cranial-GCA. In cases of suspected LV-GCA without cranial manifestations (e.g. patients with PMR non-responders to standard doses of GCs, presenting with constitutional features, high inflammatory marker levels or abnormalities in peripheral pulses), patients should undergo imaging. US would be the first imaging modality of choice for many centres with high expertise in this technique, particularly given its low cost and generally rapid access. US can reliably assess axillary arteries, which are very frequently involved in GCA [17, 120, 121]; however, it is of limited

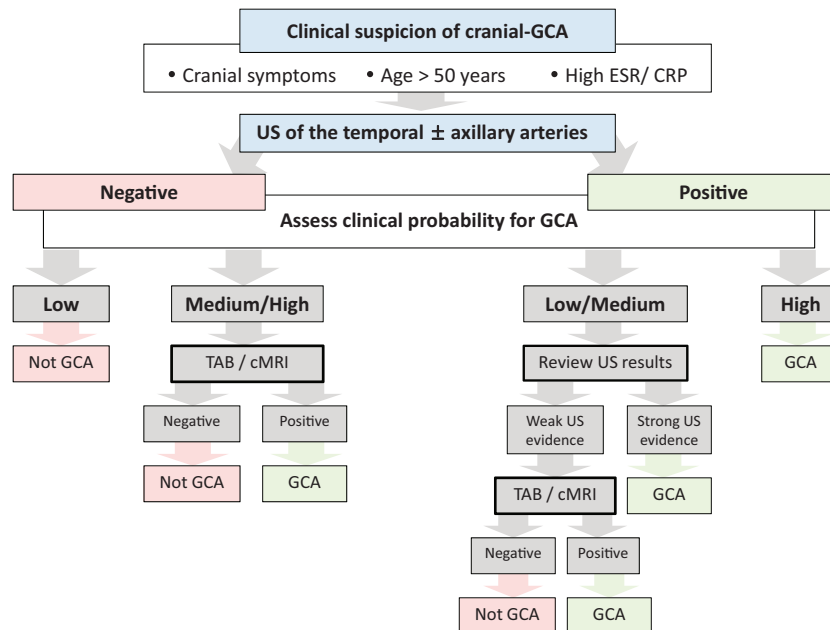
use to evaluate the thoracic aorta, another commonly involved arterial segment in GCA [122]. If US is negative, MRI, CT or PET can be used; although PET seems to be the most sensitive examination to assess inflammation, it has the disadvantage of rapidly decreasing its sensitivity for diagnosis after 3 days of steroids [108], making it unfeasible to perform in many centres. The question remains in cases where US is positive for LV-GCA: should another subsequent imaging modality be performed specifically to evaluate the thoracic aorta? Blockmans *et al.* reported that patients with GCA who had increased FDG uptake in the aorta during the acute phase of the disease were more prone to develop thoracic aortic dilatation during late follow-up [123]. However, there are no current recommendations regarding the need for screening the aorta at baseline after the diagnosis of GCA as already been established [15].

## Conclusion

The evaluation of a patient with suspected GCA should be performed quickly in order to avoid potential ischaemic complications, such as visual loss. The clinician must investigate all the features of the disease, bearing in mind the high specificity for GCA of some of the less common clinical features such as jaw claudication or arteritic anterior ischaemic optic neuropathy. Further investigation should not delay treatment initiation.

Clinicians should make all efforts to confirm the diagnosis of GCA. The current cheapest, fastest and safest way to diagnose GCA in many centres is by performing US, and depending on the clinical setting this diagnostic modality may preclude the need for TAB. Imaging will

Fig. 4 A proposed algorithm to diagnose cranial-GCA in centres with rapid access to high quality US



cMRI: cranial MRI; TAB: temporal artery biopsy.

be part of the new classification criteria for GCA and will likely play an increasingly significant role in the assessment of these patients at onset and over the course of their disease. As technology evolves, newer generation PET-CT machines, very-high resolution US probes, and superior MRI and CT scanners will improve the diagnostic performance of imaging. The challenge will then be to balance the benefit of their use with the associated costs.

Although there are currently many diagnostic tests available, a personalized approach to the diagnosis of GCA based on clinical manifestations, accessible modalities and expertise should ultimately be the clinician's goal in daily practice.

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