

1       **Measurement techniques for steady shear viscosity of Mozzarella-type**  
2                   **cheeses at high shear rates and high temperature**

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4       **Prateek Sharma<sup>1,5\*</sup>, Tzvetelin T. Dessev<sup>1</sup>, Peter A. Munro<sup>1</sup>, Peter G. Wiles<sup>2</sup>, Graeme**  
5       **Gillies<sup>2</sup>, Matt Golding<sup>3</sup>, Bryony James<sup>4</sup>, Patrick Janssen<sup>3</sup>**

6       <sup>1</sup>*Riddet Institute, Massey University, Private Bag 11222, Palmerston North 4442, New Zealand*

7       <sup>2</sup>*Fonterra Research and Development Centre, Private Bag 11029, Dairy Farm Rd, Palmerston North*  
8       <sup>4442, New Zealand</sup>

9       <sup>3</sup>*Institute of Food Nutrition and Human Health, Massey University, Massey University, PO Box 11 222,*  
10       <sup>Palmerston North 4442, New Zealand</sup>

11       <sup>4</sup>*Department of Chemical and Materials Engineering, University of Auckland, Auckland, New Zealand*

12       <sup>5</sup>*Dairy Technology Division, National Dairy Research Institute, Karnal-132001, Haryana, India*

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\* Corresponding Author: Tel: +64 635 05545 extn 81791  
Email address: [P.Sharma@massey.ac.nz](mailto:P.Sharma@massey.ac.nz) (Prateek Sharma)

13 **Abstract**

14 While measuring steady shear viscosity of Mozzarella-type cheeses in a rotational rheometer  
15 at 70°C, three main difficulties were encountered; wall slip, structural failure during  
16 measurement and viscoelastic time dependent effects. Serrated plates were the most  
17 successful surface modification at eliminating wall slip. However, even with serrated plates  
18 shear banding occurred at higher shear rates. Because of the viscoelastic nature of the  
19 cheeses, a time dependent viscous response occurred at shear rates  $<1 \text{ s}^{-1}$ , requiring longer  
20 times to attain steady shear conditions. Prolonged continuous shearing altered the structure of  
21 the molten cheeses. The effects of structural change were greatly reduced by minimising the  
22 total accumulated strain exerted on the sample during flow curve determination. These  
23 techniques enabled successful measurement of steady shear viscosity of molten Mozzarella-  
24 type cheeses at 70°C at shear rates up to  $250 \text{ s}^{-1}$ .

## 25        **1. Introduction**

26    Accurate measurement of the rheological properties of food materials is important for  
27    equipment design, product development, quality control and process modelling. Mozzarella  
28    cheese is rheologically complex over its processing and consumption conditions because it is  
29    viscoelastic, exhibiting varying amounts of solid- and liquid-like character depending upon  
30    temperature, rate of deformation and extent of working during manufacture. Many studies  
31    have been reported on small angle oscillatory shear measurements on Mozzarella-like  
32    cheeses (Tunick et al., 1993; Hsieh, Yun, & Rao, 1993; Ak & Gunasekaran, 1996;  
33    Subramanian & Gunasekaran 1997; Guinee, Feeney, Auty & Fox 2002; Venugopal &  
34    Muthukumarappan, 2003; Karoui, Laguet & Dufour, 2003; Joshi, Muthukumarappan &  
35    Dave, 2004; Rock et al., 2005; Udayarajan, Horne & Lucey, 2007; Hussain et al., 2012; Ma,  
36    Balaban, Zhang, Emanuelsson-Patterson & James, 2014) as it is relatively easy to perform  
37    such experiments on rotational rheometers. However, there are fewer reports on steady shear  
38    viscosity measurements on such cheeses with rotational rheometers because of the difficulty  
39    in performing steady shear experiments (Lee, Imoto & Rha, 1978; Ruegg, Eberhard,  
40    Popplewell & Peleg, 1991; Guinee & O' Callaghan 1997; Yu & Gunasekaran, 2001). Most of  
41    the steady shear reports were conducted using empirical methods or devices, and did not  
42    produce data at shear rates  $>10 \text{ s}^{-1}$ . Capillary rheometers have been used successfully to  
43    achieve higher shear rates but various flow instabilities were noted during their use (Smith,  
44    Rosenau & Peleg, 1980; Cavella, Chemin, & Masi, 1992; Taneya, Izutsu, Kimura & Shioya,  
45    1992; Muliawan & Hatzikiriakos, 2008; Bahler & Hinrichs, 2013).

46    We are commencing a study on the cooking/stretching stage in Mozzarella manufacture as it  
47    is poorly understood. The deformation regime in rotational rheometers is closer to the  
48    processing conditions in this process stage than that in capillary rheometers. Reported  
49    average shear rates during cooking/stretching vary from  $\sim 40 \text{ s}^{-1}$  for a batch pilot-scale twin

50 screw cooker (Glenn & Daubert, 2003; Glenn, Daubert, Farkas & Stefanski, 2003) to 70-150  
51  $\text{s}^{-1}$  for a laboratory scale, single impeller mixing device (Lai, Steffe & Ng, 2000; Kapoor,  
52 Lehtola & Metzger, 2004). We estimate maximum shear rates between the screw tip and the  
53 wall in a batch pilot-scale Blentech cooker to be about  $200 \text{ s}^{-1}$ . It is therefore useful to  
54 determine shear viscosity of molten cheese at higher shear rates.

55 The presence of a no-slip condition at the wall is an important pre-requisite in accurately  
56 measuring steady shear viscosity. In the case of Mozzarella-like cheeses in the molten state,  
57 liquid fat at the cheese surface starts lubricating the wall (Ruegg et al., 1991; Muliawan &  
58 Hatzikiriakos, 2008). This lubrication violates the classical no-slip boundary condition,  
59 leading to erroneous viscosity data (Yoshimura & Prud'homme, 1988) particularly at shear  
60 rates  $> 10 \text{ s}^{-1}$ . A rheologically complex material such as Mozzarella cheese exhibits time  
61 dependency arising from two separate phenomena: 1. The viscoelastic nature of the material  
62 which is important at low shear rates ( $< 1 \text{ s}^{-1}$ ) and 2. Structural change as a result of shearing  
63 which is important after prolonged shearing at higher shear rates (Steffe, 1996; van Vliet,  
64 2014). We use the term viscoelastic time dependency to refer to the first and structural  
65 change to refer to the second. Because of these difficulties of wall slip and time dependency,  
66 a limited amount of work has been conducted on steady shear rheology of Mozzarella cheese.

67 It is desirable to have a method that takes account of the viscoelastic time dependency and  
68 measures the viscosity before significant structural change has occurred. The main aim of this  
69 study was to develop such a method that is suitable at higher shear rates and higher  
70 temperatures. A secondary aim was to understand the physical phenomena that occur during  
71 shear viscosity measurement as these same phenomena will also occur in processing  
72 equipment that imparts shear.

73

## 74 **2. Materials and Methods**

### 75 *2.1 Materials*

76 Samples of commercial Mozzarella cheese, a model Mozzarella cheese and renneted casein  
77 gel were obtained as frozen blocks from Fonterra Co-operative Group Limited, Palmerston  
78 North, New Zealand. Model Mozzarella cheese was prepared by mixing and working  
79 renneted casein gel, cream, water and salt at 70 °C in a twin screw batch cooker (Blentech,  
80 model CC-0045, Blentech Corporation, Rohnert Park, CA, USA). Renneted casein gel was a  
81 dewatered, renneted and acidified curd made from skim milk. The compositions of the  
82 cheeses were determined by the Analytical Services Group of Fonterra Research and  
83 Development Centre (Table 1). Each cheese block was thawed at 4 °C for at least 24 h before  
84 use in experiments. Cheese cylinders of 20 mm diameter were drawn from a cheese block  
85 using a cork borer. Discs 2-3 mm thick were cut from the cheese cylinder using a wire cutter.  
86 Cheese discs were wrapped in food wrap to prevent moisture loss and stored at 4 °C.

### 87 *2.2 Rheological properties*

88 Initial experiments (as noted in figure legends) were conducted on a stress controlled AR-G2  
89 rheometer (TA Instruments, New Castle, DE, USA) using parallel plate geometry (diameter  
90 20 mm). Unless otherwise noted in figure legends, all other rheological measurements were  
91 conducted on a MCR 301 rheometer (Anton Paar, Graz, Austria) using a Peltier temperature  
92 hood (H-PTD 200), a 20 mm serrated parallel plate geometry and using the following  
93 conditions.

94 Cheese discs were equilibrated to room temperature (21 °C) for at least 30 min and then  
95 placed between the parallel plates of the rheometer. To ensure good rheometer/sample  
96 contact the measurement gap was set by closing the gap at room temperature until the normal

97 force was 5 N. While closing the gap, the velocity of the rheometer moving head was 50  
98  $\mu\text{m/s}$ . The sample was then heated to 70 °C using the in-built Peltier heating system for both  
99 the bottom plate and the upper temperature hood. The sample was then held at 70 °C for 2  
100 min to ensure isothermal conditions and to allow some stress relaxation. To avoid drying  
101 soybean oil was applied around the edges of the cheese disc. All rheological measurements  
102 were performed at 70 °C. Oscillatory rheological measurements on renneted casein gel were  
103 conducted in the linear viscoelastic range using 1 Hz frequency and 0.5% amplitude at 70 °C.  
104 Temperature gradients across the samples were explored using a temperature probe (Q1437  
105 digital thermometer, Dick Smith Electronics, Auckland, New Zealand) and a high viscosity  
106 standard oil (Viscosity reference standard N4000, Cannon Instrument Company, State  
107 College, PA, USA).

### 108 *2.3 Image acquisition to illustrate wall slip*

109 To visualize wall slip a digital camera, Canon EOS 650D (Canon, Tokyo, Japan), was used in  
110 video mode. The camera was operated remotely by computer using software EOS digital  
111 version 25.2 (Canon, Tokyo, Japan). The camera was fixed at the same height as the rotating  
112 plate and sample and was able to capture the wall slip event. A reference mark was drawn  
113 vertically on the sample and upper plate. The sample was heated to 55 °C using the in-built  
114 Peltier heating system. The rheometer was run at a shear rate of  $0.04\text{ s}^{-1}$ . A video-clip was  
115 captured at 50 frames  $\text{s}^{-1}$  and 1280 x 720 resolution for 69 s. Still images were extracted from  
116 the video using the software Windows Live™ Movie Maker (Microsoft Corporation,  
117 Redmond, WA, USA).

### 118 *2.4 Environmental scanning electron microscopy*

119 To explore the effect of shearing on microstructure, environmental scanning electron  
120 microscopy (ESEM) was conducted on cheese samples obtained before and after shearing in  
121 the rheometer. For the unsheared sample, a specimen was cut assuming random protein fibre  
122 orientation. However, for the sheared fibrous-looking sample, protein fibre orientation was  
123 assumed to be along the length of the sample and the specimen was cut in the longitudinal  
124 direction. Specimens were cut with dimensions 4x4x1 mm. ESEM was conducted in a  
125 variable pressure FEI Quanta 200F scanning electron microscope (FEI, Hillsboro, OR, USA)  
126 equipped with a Schottky field emission gun and a Peltier cooling stage in environmental  
127 mode. Water vapour (imaging gas) was used as a gas medium for secondary electron signal  
128 amplification. The chamber was pumped for four to five cycles with minimum pressure 3.2  
129 Torr and maximum pressure 7 Torr to stabilise the water vapour pressure. A spot size of 3,  
130 accelerating voltage of 10 kV and working distance of approximately 5-6 mm were used. In  
131 order to ensure wetness of the sample, the relative humidity of the chamber was maintained at  
132 60% by controlling pressure at 3.2 Torr and temperature at 2.0 °C.

### 133 **3. Results and Discussion**

#### 134 *3.1 Wall slip and shear banding*

135 In an initial attempt to determine a flow curve of model Mozzarella cheese at 70 °C using  
136 smooth plate geometry, a flow discontinuity was observed, evidenced by a sudden drop in  
137 apparent viscosity and shear stress at shear rates  $\sim 5 \text{ s}^{-1}$  (Fig. 1). Yu and Gunasekaran (2001)  
138 reported a similar drop in viscosity in the shear rate range 2-5  $\text{s}^{-1}$  while measuring steady  
139 shear viscosity of Mozzarella cheese at 60 °C. For Mozzarella-like cheeses at temperatures  
140 above 30 °C, the fat will be molten and so the cheese surface will tend to be slippery (Ruegg  
141 et al., 1991; Muliawan & Hatzikiriakos, 2008). The molten fat and slippery surfaces are likely  
142 to cause loss of grip resulting in early wall slip.

143 To confirm the hypothesis that molten fat was causing wall slip, a movie was filmed using a  
144 high resolution camera (Fig. 2). Even at the very low shear rate of  $0.04 \text{ s}^{-1}$ , the images show  
145 that the mark at the top of the cheese became displaced from that on the top plate by 35 s and  
146 was progressively displaced further after 45 s and 55 s. This displacement was a clear visual  
147 indication of wall slip. From the polymer literature, the picture of wall slip is that of  
148 accumulated strain/stress building up in polymeric chains, reaching a critical value and  
149 eventually leading to permanent detachment from the interface. The molten fat in Mozzarella  
150 cheese may have worsened this situation. For an isothermal sample of a Newtonian liquid or  
151 Hookean solid the marker line would be expected to be linear. We suggest the curve formed  
152 with little distortion near the upper plate (Fig. 2) is caused by a temperature gradient in the  
153 sample from  $55 \text{ }^{\circ}\text{C}$  on the lower Peltier plate to a lower temperature at the upper plate.

154 We modified the cheese contact surfaces in an attempt to eliminate or minimize the wall slip  
155 effect. Best results were obtained with serrated plates, followed by sandpaper and then  
156 sandblasted plates (Fig. 3). The viscosity values with the serrated plates (Fig. 3) are about 5  
157 times those with smooth plates (Fig. 1) even at low shear rates indicating the large effect of  
158 wall slip on the results. Flow discontinuities were still observed at shear rates  $> 100 \text{ s}^{-1}$ , so  
159 surface modification has just changed the location of the apparent slip or sample fracture  
160 from the walls to within the material. Patarin, Galliard, Magnin and Goldschmidt (2014)  
161 described similar behaviour as macroscopic failure or fracture when a cheese sample having  
162 good contact with upper rotating and bottom stationary plates was sheared in a rheometer.  
163 This apparent slip or fracture within the sample is referred to as shear banding, shear  
164 localisation or melt fracture in the polymer literature (Ancey, 2005).

165 A temperature gradient across the samples was observed while conducting tests on the AR-  
166 G2 rheometer. When the temperature of the Peltier bottom plate was  $70 \text{ }^{\circ}\text{C}$  a temperature  
167 gradient of  $\sim 5 \text{ }^{\circ}\text{C}$  was recorded across the sample with the temperature probe. The high



168 viscosity standard oil showed that the measured viscosity was accurate at 20 °C but high at 70  
169 °C indicating that the average sample temperature was lower than the 70 °C set temperature.

### 170 *3.2 Transient viscoelastic effects and measurement duration*

171 At low shear rates ( $<0.1 \text{ s}^{-1}$ ) and 70 °C, model Mozzarella cheese exhibited a transient  
172 viscosity peak, a localized maximum of viscosity on the flow curve (Fig. 3). Viscoelastic  
173 materials exhibit non-steady state flow conditions at low shear rates ( $<1 \text{ s}^{-1}$ ) if the timescale  
174 of deformation is too small. This effect is related to the slow rate of stress dissipation within  
175 the material resulting in slow development of steady flow conditions. In the literature, these  
176 effects are termed start-up effects or time-dependent transition effects (Mezger, 2011; van  
177 Vliet, 2014).

178 The apparent viscosity of Mozzarella cheese at  $0.01 \text{ s}^{-1}$  and 70 °C was found to be time  
179 dependent (Fig. 4). Viscosity increased with measurement time and eventually reached a  
180 relatively constant steady state value at around 100 s. At a higher shear rate ( $10 \text{ s}^{-1}$ ) apparent  
181 viscosity attained a constant value in less than 2 s.

182 Mezger (2011) proposed a rule of thumb that measurement duration at each point should be  
183 at least as long as the reciprocal of shear rate, i.e.  $t > 1/\dot{\gamma}$ . Fig. 4 agrees with this rule of  
184 thumb. Attaining steady shear conditions at each shear rate step is important for obtaining an  
185 accurate flow curve for viscoelastic materials such as cheese. Van Vliet (2014) provides an  
186 excellent description of the role of time scale in food rheology including cheese examples.  
187 The duration of shear rate application plays a vital role in the stress response of the material.  
188 Reaction to applied stress is nearly instantaneous for a rigid elastic material but is time-  
189 dependent for soft solids (van Vliet, 2014; Malkin, 2013). For viscoelastic materials time  
190 dependency is related to the disruption and reformation of molecular interactions and to the  
191 spectrum of relaxation times of these processes (van Vliet, 2014).

### 192 3.3 Structural changes/failure during shearing

193 Continuous shearing of Mozzarella cheese at higher shear rates eventually resulted in  
194 structural failure and expulsion of some of the sample from the rheometer measurement gap  
195 in the form of a thick strand (diameter about the same as the measurement gap) with aligned  
196 protein fibres. The unsheared sample had a random ESEM structure (Fig. 5). On the other  
197 hand, the sheared sample exhibited alignment of the protein and fat structure, presumably in  
198 the direction of shearing. These observations plus observations on model Mozzarella cheese  
199 manufactured in pilot-scale equipment led us to the conclusion that shearing of Mozzarella-  
200 type cheese led to changes in the structure of the material. Similar observations were reported  
201 by Manski (2007), who created fat filled protein structures by shearing calcium caseinate-fat  
202 dispersions and showed that shearing led to structural orientation initially and then with a  
203 further increase in shear rate also resulted in failure of the material.

204 Steady-state viscosity measurement for Mozzarella cheeses therefore changes the structure of  
205 the cheese thus changing the viscosity that we are trying to measure. Although viscosity  
206 measurements can be used as probing tools for changes in structure we wish to measure  
207 steady shear viscosity before any significant structural change has occurred.

### 208 3.4 Optimum flow curve

209 One way to limit structural changes during rheological measurement is to minimize shearing  
210 of the sample during the measurement. Fig. 6 indicates that this strategy was certainly an  
211 improvement. The default shear rate settings for flow curve determination resulted in an early  
212 breakdown of the flow curve at a shear rate near  $10 \text{ s}^{-1}$ . The flow curve with only 5 shear rate  
213 steps with shorter measurement durations resulted in successful measurement of shear  
214 viscosity up to a shear rate of  $150 \text{ s}^{-1}$ . The power law model fitted the data well ( $R^2=0.998$ ).

215 The practical limit of the method appeared to be about  $150 \text{ s}^{-1}$  with the chosen steps as only  
216 one reliable data point was obtained at  $150 \text{ s}^{-1}$  from the triplicate runs.

217 To further check the robustness of the method two different shear step series with lower  
218 accumulated strain units were attempted on commercial Mozzarella cheese. The data  
219 obtained from both series also fitted very well to the power law model ( $R^2=0.998$ ) and the  
220 flow curves for the two series were virtually identical (Fig. 7). The maximum shear rate  
221 achieved was  $250 \text{ s}^{-1}$ . Thus, a smooth flow curve up to  $250 \text{ s}^{-1}$  was obtained for Mozzarella  
222 cheese by allowing longer measurement durations at low shear rates to avoid transient  
223 viscoelastic effects and selecting only a few shear rate steps in order to limit total  
224 accumulated shear strain (<50 strain units).

225 Values of the flow behaviour index for commercial Mozzarella cheese were similar ( $\sim 0.74$ )  
226 in figures 6 and 7 indicating similar moderate shear thinning behaviour. However, the  
227 consistency coefficient shown in Fig. 7 is lower ( $\sim 122 \text{ Pa}\cdot\text{s}^n$ ) than that in figure 6 ( $\sim 211$   
228  $\text{Pa}\cdot\text{s}^n$ ). Fig. 7 was performed on the same material as Fig. 6 but after storage at  $4^\circ\text{C}$  for two  
229 weeks. The lower consistency coefficient in Fig. 7 was possibly attributed to softening caused  
230 by proteolysis during storage of the cheese at  $4^\circ\text{C}$ . The effect of proteolysis on softening of  
231 Mozzarella cheese is well reported (Metzger, Barbano & Kindstedt, 2001; Guinee *et al.*,  
232 2002; Kindstedt, Hillier & Mayes, 2010).

233 Rheological data obtained by Muliawan & Hatzikiriakos (2007) for Mozzarella cheese at  $25$   
234  $^\circ\text{C}$  using both capillary and sliding plate rheometers were described by the Herschel-Bulkley  
235 model (i.e. Power law with yield stress) with a higher consistency coefficient ( $K=3.34$   
236  $\text{kPa}\cdot\text{s}^n$ ), a lower flow behaviour index ( $n=0.25$ ) and a yield stress ( $1.93 \text{ kPa}$ ). Muliawan &  
237 Hatzikiriakos (2007) reported the absence of a yield stress above  $60^\circ\text{C}$  and suggested this  
238 was because of complete melting of the protein structure and hence easier initial flow of the

239 cheese. Our fit of data to the power law model therefore agrees with Muliawan &  
240 Hatzikiriakos (2007) but absolute values of the model parameters were different because of  
241 our higher test temperature.

### 242 *3.5 Flow properties of molten renneted casein gel*

243 Some experiments were conducted with molten renneted casein gel, effectively a fat-free, low  
244 salt Mozzarella cheese, to explore the role of the protein phase in the flow instabilities such  
245 as wall slip or structural failure. Fig. 8 indicates a discontinuity occurred in the flow curve for  
246 molten renneted casein gel at around  $25 \text{ s}^{-1}$  with a sudden decrease in viscosity. Fat is absent  
247 here so the occurrence of flow instability suggests breakdown of protein structures upon  
248 shearing rather than wall slip.

### 249 *3.6 Applicability of the Cox-Merz rule*

250 The Cox-Merz rule is an empirical rule that seeks to relate oscillatory rheological data to  
251 steady shear data. The Cox-Merz rule is represented by following equation:

$$252 \quad \eta(\dot{\gamma}) = |\eta^*(\omega)| = \frac{G''}{\omega} \sqrt{1 + \left(\frac{G'}{G''}\right)^2} \Bigg|_{\omega = \dot{\gamma}} \quad (1)$$

253 Where,  $\eta(\dot{\gamma})$  is shear viscosity in Pa.s,  $\eta^*(\omega)$  complex viscosity in Pa.s,  $\omega$  rotational speed in  
254  $\text{rad.s}^{-1}$ ,  $G'$ , storage modulus and  $G''$  loss modulus in Pa.

255 Reasonably good agreement was observed between complex viscosity and shear viscosity  
256 with our data almost superimposing over the shear rate range  $0.01\text{-}25 \text{ s}^{-1}$  (Fig. 8). This  
257 agreement suggested that the Cox-Merz rule was applicable to renneted casein gel and also  
258 suggested the possible use of oscillatory data to estimate shear viscosity at higher shear rates  
259 beyond which wall slip or structural breakdown would have occurred in rotational steady  
260 shear mode. Muliawan & Hatziriakos (2007) compared complex and shear viscosities of

261 Mozzarella cheese at various temperatures from 25 °C to 60 °C and reported poor agreement  
262 at temperatures up to 50 °C suggesting non-compliance to the Cox-Merz rule. They suggested  
263 this lack of agreement was caused by the solid-like structure and by the presence of a yield  
264 stress at temperatures of 50 °C and below. However, at 60 °C or above where the cheese is  
265 more molten Muliawan & Hatziriakos (2007) reported agreement between oscillatory and  
266 steady shear data in agreement with Fig. 8.

### 267 *3.7 Structural origins of rheological behaviour*

268 Flow instabilities have been widely reported and discussed in the polymer melt rheology  
269 literature. Two of the most common terms used for structural failure of the material during  
270 rheological measurement are shear banding and melt fracture. Entangled polymeric chains or  
271 aggregated gel networks both show shear banding in simple shear (Boukany & Wang, 2010).  
272 Polymer chain entanglement and disentanglement (also known as the coil and stretch  
273 phenomena) in concentrated polymer dispersions are the usual phenomena that have  
274 consequences for rheological measurements (Ferry, 1980; Graessley, 1974; Boukany &  
275 Wang, 2010). Entanglement of polymer chains may lead to an initial elastic deformation  
276 before the molten material actually starts flowing. If the rate of external deformation is higher  
277 than the chain relaxation rate, the chain or gel network may collapse to facilitate flow. This  
278 collapse may be a localized event giving rise to a shear banding type of flow discontinuity.  
279 This is a complex type of time dependency in that it is shear rate dependent and also results in  
280 structural change with time. Shear banding could also arise from breakage of polymeric  
281 interactions above a critical shear stress or shear rate (Callaghan & Gill, 2000). Melt fracture  
282 is a stress induced structural failure of material perhaps arising from stress-induced  
283 disentanglement among bulk polymer chains (Wang & Drda, 1997; Koopmans, den Doelder  
284 & Molenaar, 2011).

285 Casein structures in Mozzarella-like cheeses can be viewed as entangled polymers, as while  
286 stretching at higher temperature, they form macroscopic fibers because of calcium mediated  
287 casein-casein interactions (Lucey, Johnson & Horne, 2003). These polymeric chains may also  
288 have cross links to further strengthen the protein network. Self-association of  $\alpha$  and  $\beta$ -caseins  
289 may form worm-like polymeric chains and hedgehog-like micelles, respectively (Horne,  
290 1998). Casein gels have also been considered as a heterogeneous network structure  
291 consisting of strands of aggregated casein particles (van Vliet, Roefffs, Zoon & Walstra,  
292 1989). In relatively concentrated and close packed conditions such as cheese these casein  
293 aggregates may interact with neighboring casein aggregates through entanglement (Horne,  
294 1998).

295 The fact that casein structures in Mozzarella-like cheeses can be considered as either  
296 entangled polymers or aggregated gel networks suggests that insights from the polymer  
297 literature are relevant. High shear rates applied to molten Mozzarella cheese in a capillary  
298 rheometer result in melt fracture, which can be caused either by fat-protein separation or by a  
299 stick-slip type of behaviour (Muliawan & Hatzikiriakos, 2008; Bahler & Hinrichs, 2013).

300 However, a critical shear stress or shear rate was necessary to cause melt fracture. Yu &  
301 Gunasekaran (2001) reported a sharp drop in shear viscosity at  $2-5 \text{ s}^{-1}$  for molten Mozzarella  
302 cheese and suggested that the cheese undergoes structural breakdown above some critical  
303 shear rate.

#### 304 **4. Conclusions**

305 Steady shear viscosity measurements are possible on molten Mozzarella-like cheeses at  
306 higher shear rates. The best methods to obtain reliable and consistent data up to  $250 \text{ s}^{-1}$  on  
307 steady shear viscosity of Mozzarella cheese were: 1. Use of 20 mm serrated plates with a  
308 Peltier temperature hood; 2. Using longer measurement duration for low shear rates and; 3.

309 Using fewer shear rate steps in the flow curve to limit the total accumulated shear strain. The  
310 flow curves obtained for Mozzarella-type cheeses at 70 °C were found to follow the power  
311 law model. At higher shear rates flow inconsistencies may arise from the combined effect of  
312 wall slip and structural failure of the material. The Cox-Merz rule was found to be applicable  
313 for renneted casein gel at 70 °C and is recommended as a possible tool to predict steady shear  
314 viscosity from oscillatory rheological data.

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- 429

430 **Figure Legends**

431 **Fig. 1.** Flow curves of model Mozzarella cheese showing wall slip obtained in the AR-G2  
432 (TA Instruments) rheometer using smooth plates. Shear viscosity (—●—), Shear stress (—○—).

433 **Fig. 2.** Visualization of wall slip of model Mozzarella cheese at 55 °C using smooth parallel  
434 plates on the AR-G2 (TA Instruments) rheometer at 0.04 s<sup>-1</sup> shear rate. The black marker line  
435 on the cheese becomes displaced from that on the upper plate suggesting wall slip. The  
436 images were taken at 0, 10, 25, 35, 45 and 55 s from the start of shearing.

437 **Fig. 3.** Effect of surface modification of the rotating parallel plates on the flow curves of  
438 model Mozzarella cheese. Experiments used 40 grit sand paper (—●—) on the AR-G2 (TA  
439 Instruments) rheometer and sandblasted plates (—○—) or serrated plates (—▼—) on the MCR301  
440 (Anton Paar) rheometer.

441 **Fig. 4.** Transient start-up effects on shear viscosity of commercial Mozzarella cheese at  
442 constant shear rates 0.01 s<sup>-1</sup> (—●—) and 10 s<sup>-1</sup> (—○—).

443 **Fig. 5.** Environmental scanning electron microscopy (ESEM) images of unsheared model  
444 Mozzarella cheese (upper row) and of a thick strand of sheared cheese that had come out  
445 from the measurement gap of the rheometer after shearing for 3529 strain units (bottom row).  
446 Globular structures represent fat globules.

447 **Fig. 6.** Two flow curves for commercial Mozzarella cheese using different shear rate  
448 sequences: continuous flow curve using default settings of the Anton Paar MCR301 to give  
449 uniform spacings on the log shear rate axis (□) and flow curve using only five selected shear  
450 rates (◆). For the default settings measurement duration decreased at a logarithmic rate from  
451 25 s to 2 s as the shear rate increased from 0.01 to 200 s<sup>-1</sup> accumulating 1572 total strain  
452 units. The selected shear rates were 0.01, 0.1, 10, 100 and 150 s<sup>-1</sup> for measurement durations

453 of 100, 25, 5, 0.1 and 0.05 s respectively accumulating only 71 total strain units. For clarity  
454 only one flow curve is shown using the default settings. The flow curve with selected shear  
455 rates was performed in triplicate.

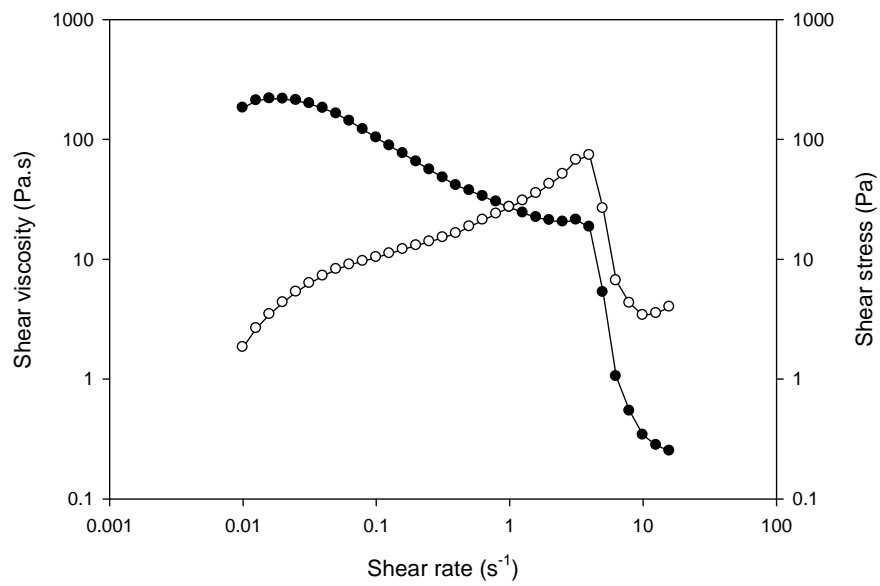
456 **Fig. 7.** Two flow curves of commercial Mozzarella cheese using different series of shear rate  
457 steps; Series 1: 0.01-0.1-1-10-100-200 s<sup>-1</sup> (■) with measurement durations of 100, 12.5, 5,  
458 0.05, 0.05, 0.05 s respectively, performed in duplicate; Series 2: 0.05-0.5-5-50-150-250 s<sup>-1</sup>  
459 (▲) with measurement durations of 50, 6.25, 2.5, 0.05, 0.05, 0.05 s respectively. The dotted  
460 line represents the power law regression model fitted on the pooled series. Total accumulated  
461 strain was 23 units for series 1 and 41 units for series 2.

462 **Fig.8.** Shear viscosity,  $\eta$  (◆) and complex viscosity,  $|\eta^*|$  (□) as a function of shear rate and  
463 angular frequency to explore the applicability of the Cox-Merz rule to molten renneted casein  
464 gel. For oscillatory measurements the strain amplitude was 0.5%.

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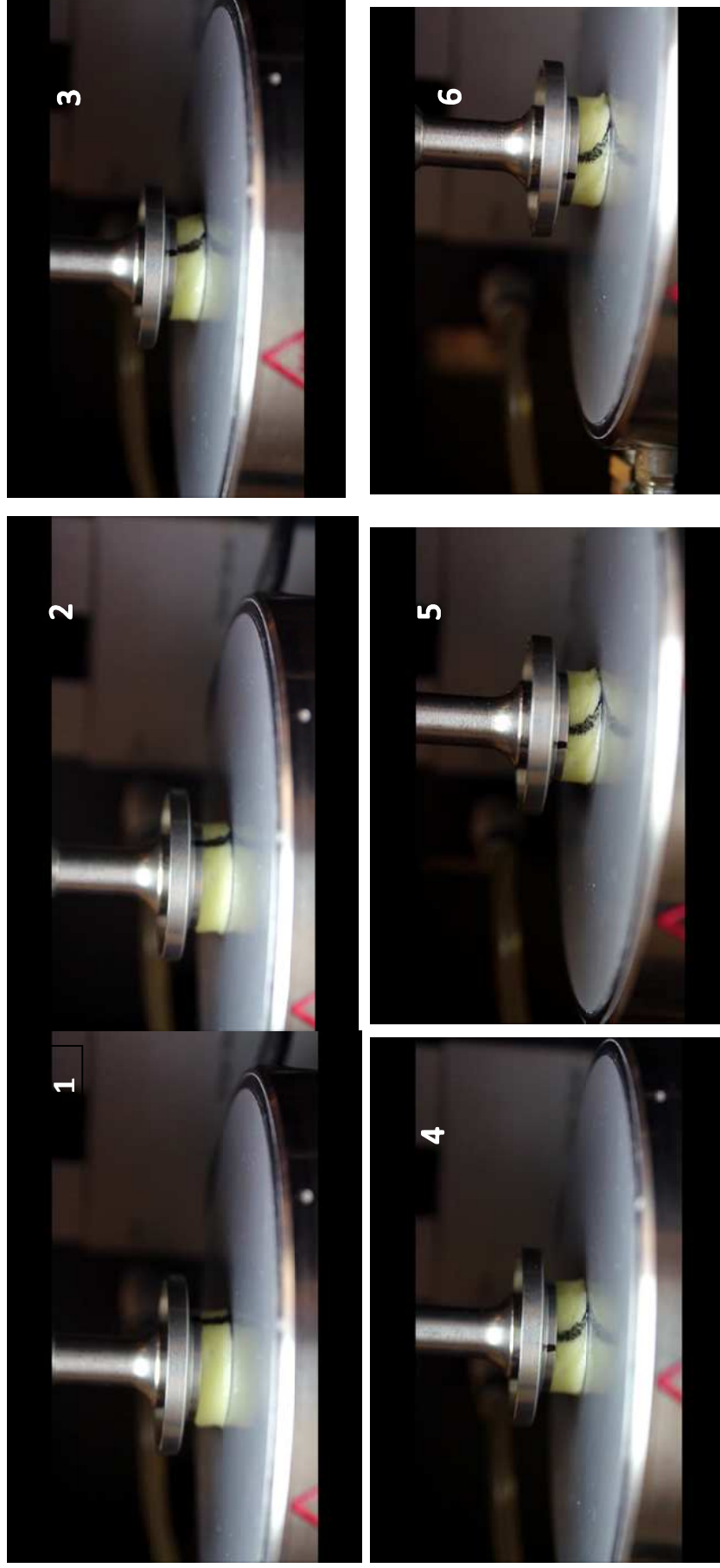
Table 1. Composition of Experimental Cheeses

	Model Mozzarella	Commercial Mozzarella	Renneted Casein Gel
Moisture (g 100 g <sup>-1</sup> )	53.9	48.7	56.1
Fat (g 100 g <sup>-1</sup> )	22.2	22.4	0.2
Protein (g 100 g <sup>-1</sup> )	22.3	24.7	41.6
Salt (NaCl) (g 100 g <sup>-1</sup> )	1.13	1.25	-
pH	5.5	5.4	5.6

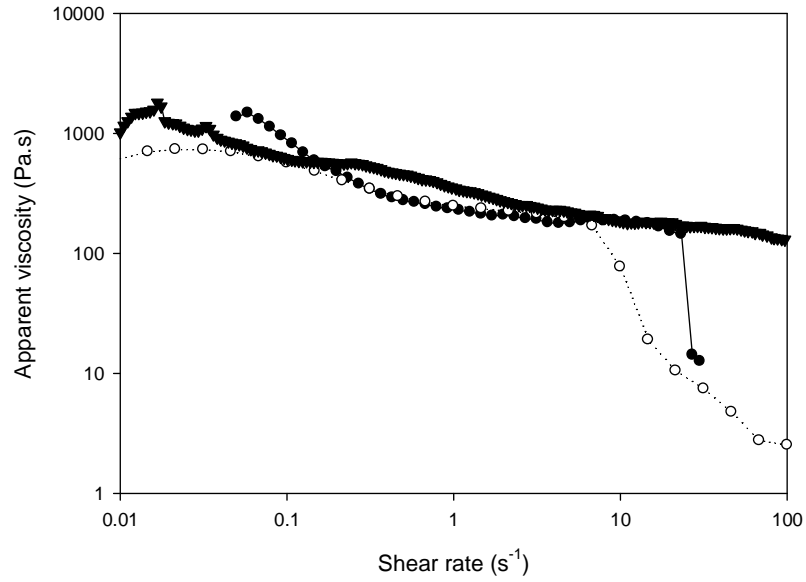


**Fig. 1.** Flow curves of model Mozzarella cheese showing wall slip obtained in the AR-G2 (TA Instruments) rheometer using smooth plates. Shear viscosity (●), Shear stress (○).

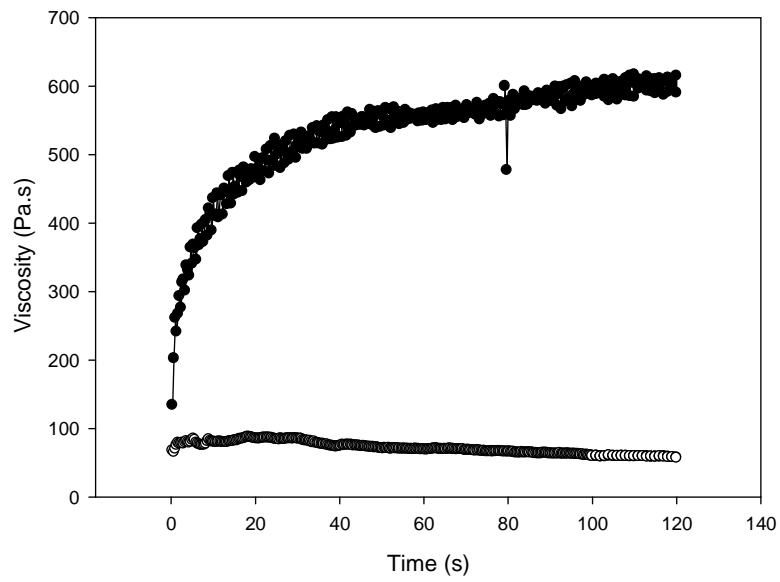




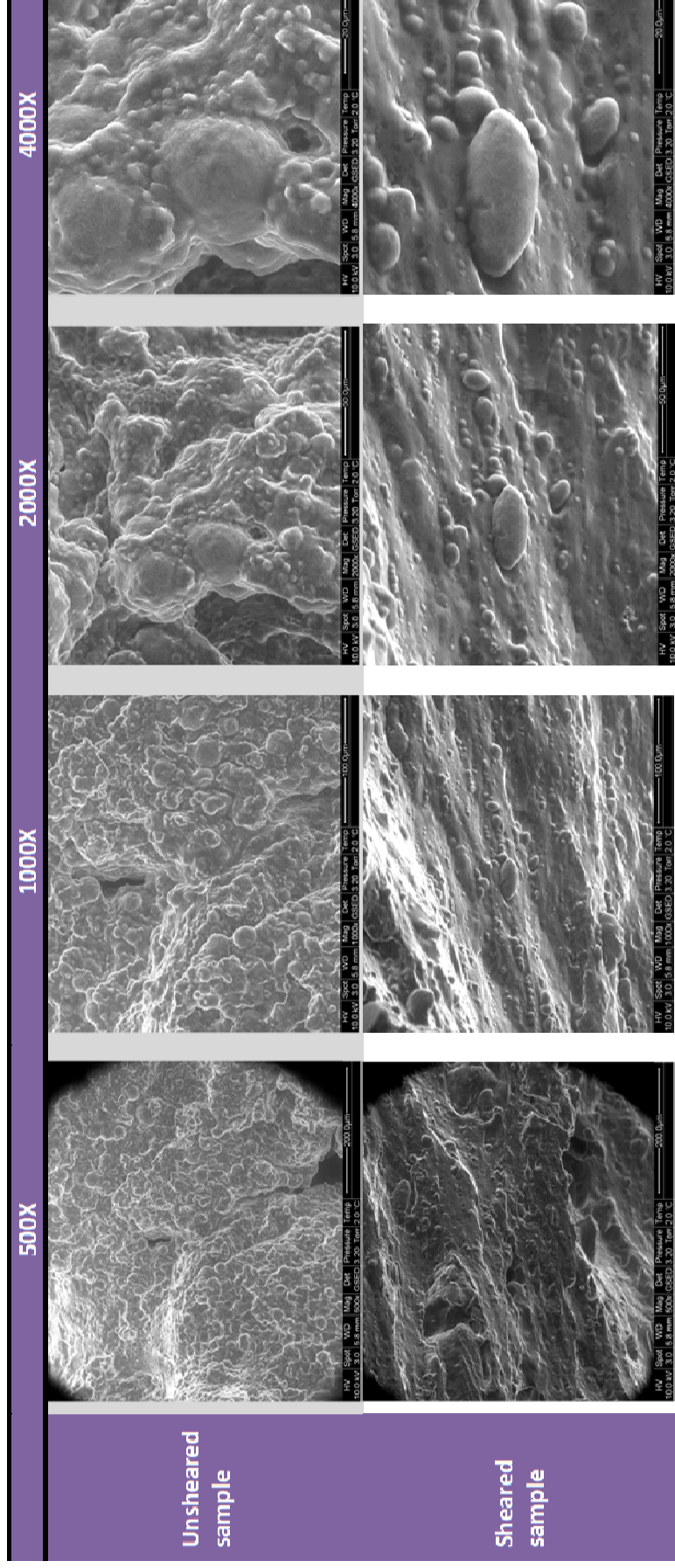
**Fig. 2.** Visualization of wall slip of model Mozzarella cheese at 55 °C using smooth parallel plates on the AR-G2 (TA Instruments) rheometer at 0.04 s<sup>-1</sup> shear rate. The black marker line on the cheese becomes displaced from that on the upper plate suggesting wall slip. The images were taken at 0, 10, 25, 35, 45 and 55 s from the start of shearing.



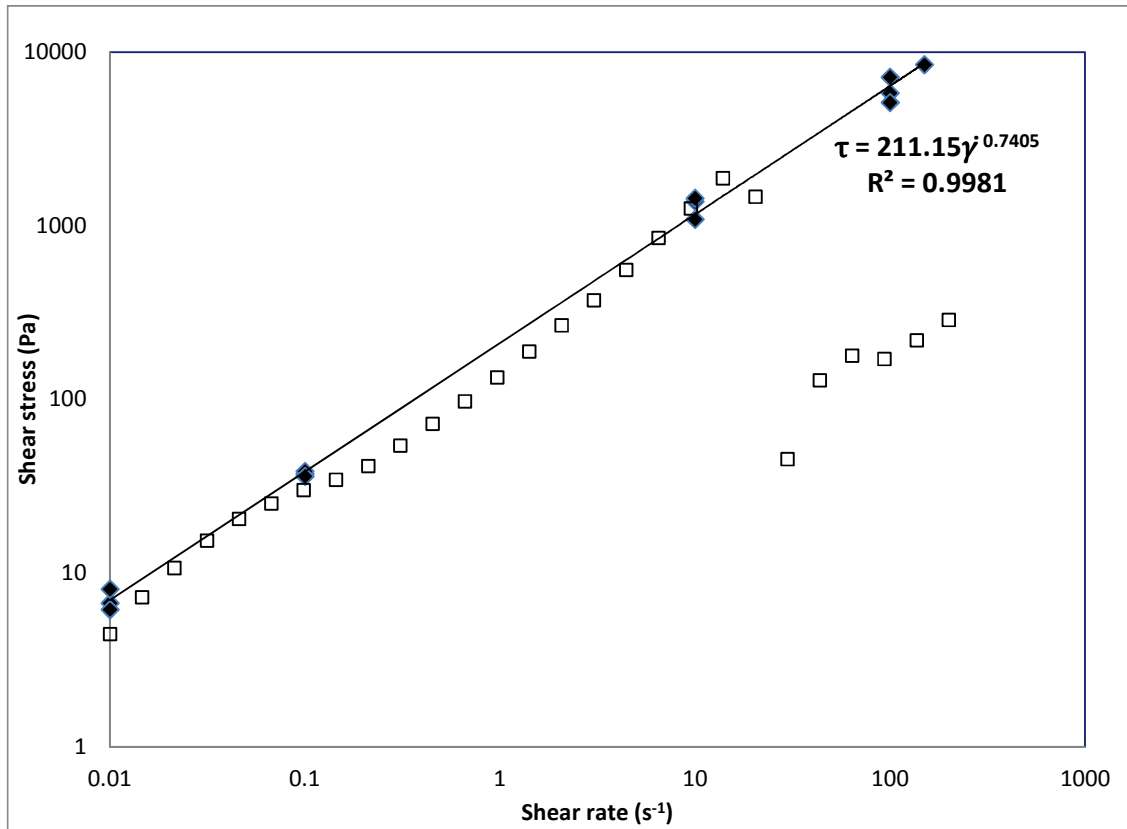
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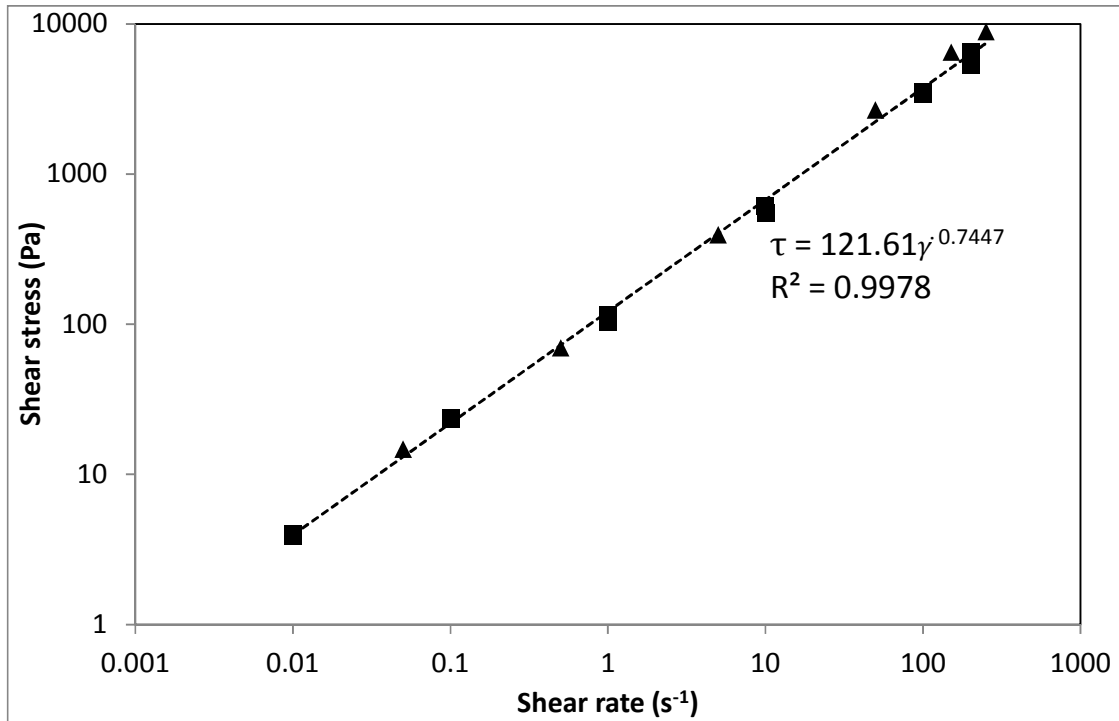
**Fig. 4.** Transient start-up effects on shear viscosity of commercial Mozzarella cheese at constant shear rates  $0.01 \text{ s}^{-1}$  ( $\bullet$ ) and  $10 \text{ s}^{-1}$  ( $\circ$ ).



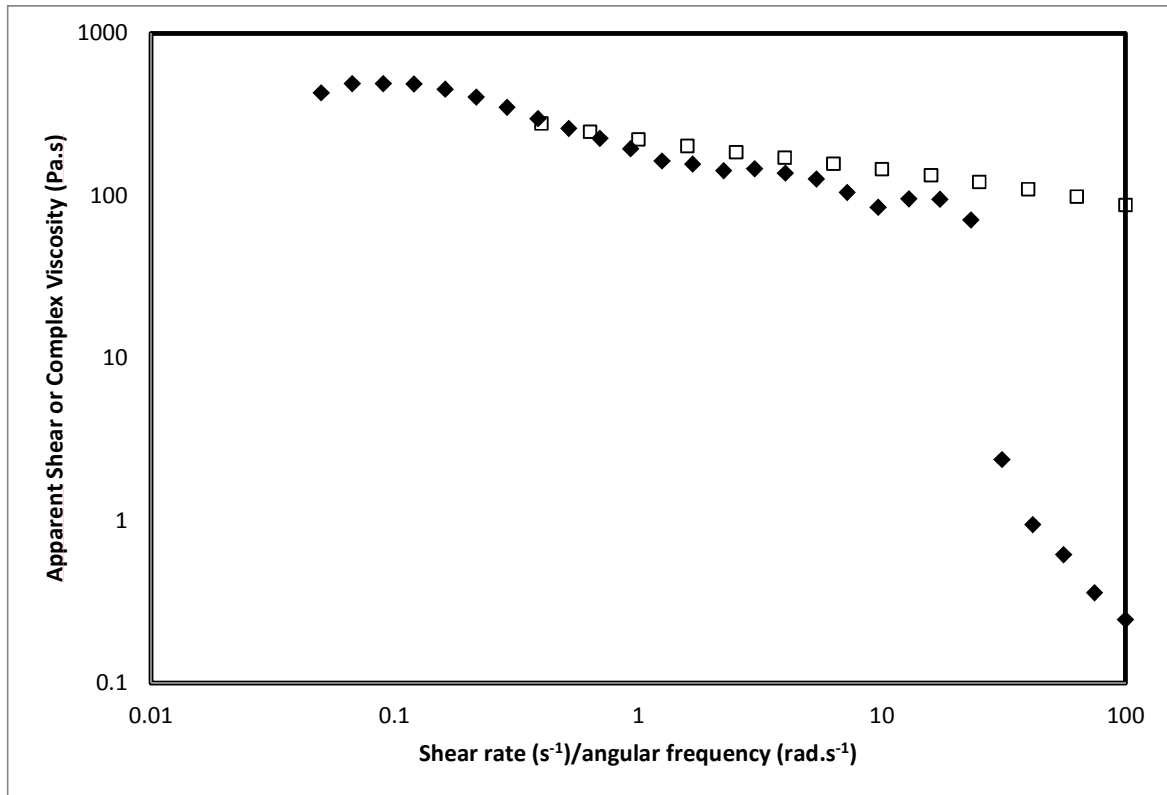
**Fig. 5.** ESEM images of unsheared model Mozzarella cheese (upper row) and of a thick strand of sheared cheese that had come out from measurement gap of the rheometer after shearing for 3529 strain units (bottom row). Globular structures represent fat globules.



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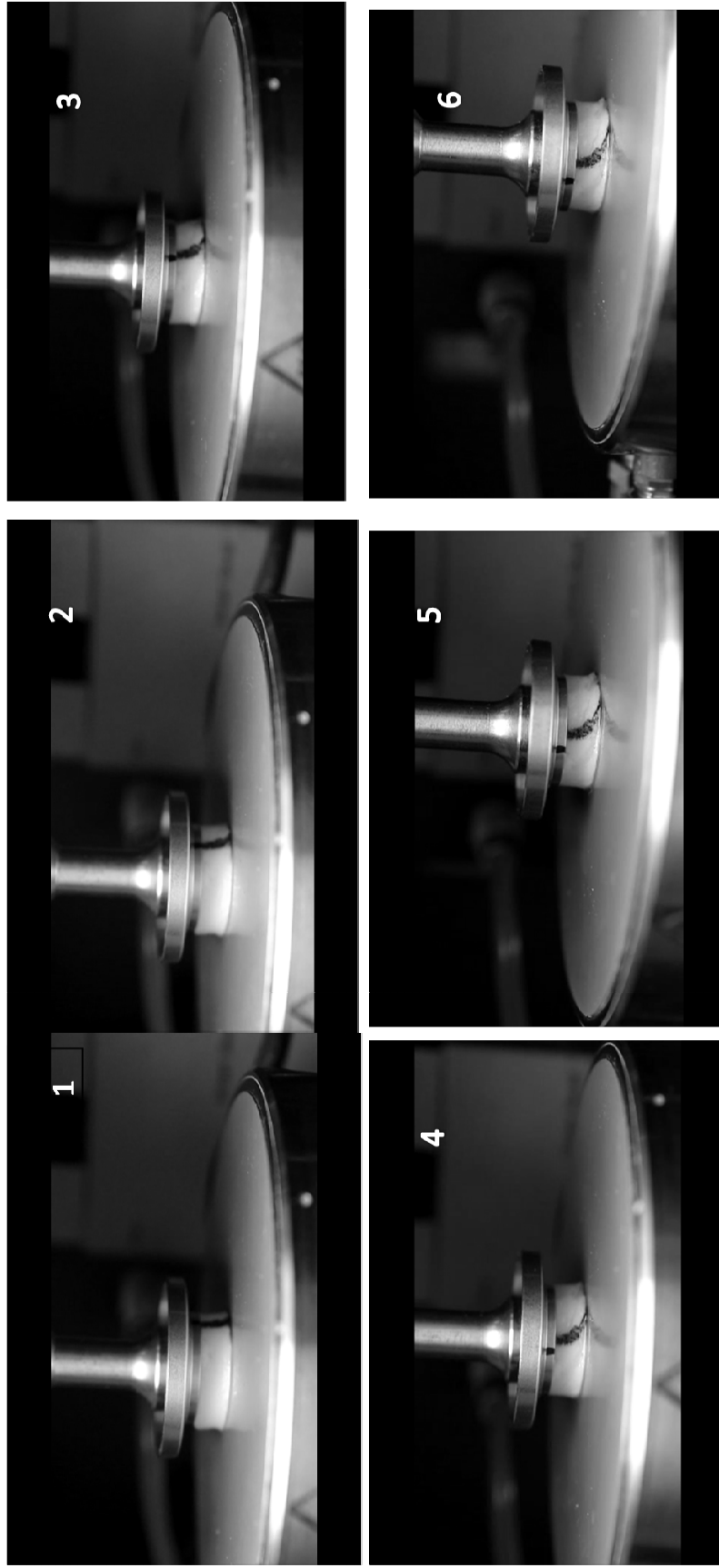


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Black and white version of Fig. 2



**Fig. 2.** Visualization of wall slip of Mozzarella cheese at 55°C using smooth parallel plates on the AR-G2 (TA Instruments) rheometer at 0.04 s<sup>-1</sup> shear rate. The black marker line on the cheese becomes displaced from that on the upper plate suggesting wall slip. The images were taken at 0, 10, 25, 35, 45 and 55 s from the start of shearing.