

1           **Shear work induced changes in the viscoelastic properties of model**

2   **Mozzarella cheese**

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10 **Abstract**

11 We investigated the effect of shear work on the viscoelastic properties of Mozzarella type  
12 cheeses. Three model cheeses (full-fat, non-fat and full-fat with added tri-sodium citrate)  
13 were prepared by working cheese components together at 70 °C in a twin screw Blentech  
14 cooker.  $G'$  at 70 °C increased with shear work input suggesting work thickening. At lower  
15 shear work inputs ( $<30 \text{ kJ kg}^{-1}$ ), cheese behaved like a viscoelastic liquid exhibiting typical  
16 entangled polymer melt behaviour with moderate frequency dependence. A definite critical  
17 point for structural and viscoelastic transition was identified at higher shear work levels ( $\sim 58$   
18  $\text{kJ kg}^{-1}$  at 150 rpm). Excessive shear work levels ( $>70 \text{ kJ kg}^{-1}$ ) resulted in a viscoelastic solid  
19 material exhibiting low frequency dependence. Similar viscoelastic property changes  
20 occurred in non-fat cheese suggesting that major changes were taking place in the protein  
21 matrix during working. Good correlation was found between oscillatory rheological  
22 properties such as  $G'$  and  $LT_{\text{max}}$  and the melting properties of test cheeses.

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## 24 **1. Introduction**

25 Pasta-filata type cheeses such as Mozzarella are known for their fibrous macroscopic and  
26 microscopic structure (McMahon, Fife & Oberg, 1999). The fibrous structure means that they  
27 are anisotropic in both microstructure and mechanical properties (Bast et al., 2015). The  
28 cooking and stretching steps during cheese manufacture promote the formation of fibrous  
29 structure through kneading action. This not only creates the desirable texture but also helps in  
30 the distribution of fat and serum channels within the cheese matrix (McMahon et al., 1999).  
31 The heterogeneous distribution of these channels is required to facilitate melting during  
32 baking of a pizza because they allow migration of fat and moisture to the cheese surface,  
33 preventing the surface from drying and thus facilitating flow of the molten cheese on the  
34 pizza (Rudan & Barbano, 1998). The energy supplied as shear work during the working of  
35 molten cheese is used for formation of new bonds and breakage of some bonds. The  
36 dynamics of these two reactions governs the melt and stretch characteristics of the cheese. In  
37 order for the cheese to flow on a pizza the bonds between protein molecules should be  
38 flexible and transient so that they break temporarily and are subsequently reformed with  
39 different protein molecules in the structure. Pasta-filata cheeses are also required to stretch.  
40 The stretching characteristics are governed by the relaxation and reformation of bonds  
41 between adjacent protein molecules during deformation (Lucey, Johnson & Horne, 2003).  
42 These melt and stretch properties of pasta-filata type cheeses are related to the proportion of  
43 calcium associated with proteins (Lucey & Fox, 1993; Joshi, Muthukumarappan, & Dave,  
44 2002).

45 Oscillatory rheology has been widely used for characterisation of the melting behaviour of  
46 cheese because the methods are relatively straightforward (Tunick et al., 1993; Hsieh, Yun, &  
47 Rao, 1993; Ak & Gunasekaran, 1996; Subramanian & Gunasekaran, 1997; Guinee, Feeney,

48 Auty & Fox, 2002; Venugopal & Muthukumarappan, 2003; Karoui, Laguet & Dufour, 2003;  
49 Joshi, Muthukumarappan & Dave, 2004; Rock et al., 2005; Udyarajan, Horne & Lucey,  
50 2007; Hussain, Grandison & Bell, 2012; Ma, Balaban, Zhang, Emanuelsson-Patterson &  
51 James, 2014). Measurement of storage modulus ( $G'$ ), loss modulus ( $G''$ ) and loss tangent (LT  
52 or  $\delta$ ) with respect to strain amplitude, frequency and temperature are common ways of  
53 performing experiments.  $G'$  is an index of stiffness or elasticity of a material and is also a  
54 measure of the energy stored and released in one oscillation cycle.  $G''$  indicates the energy  
55 lost per oscillation cycle through viscous dissipation (Lucey et al., 2003). LT, a ratio of  
56 viscous to elastic properties, is related to the relaxation of bonds in the cheese matrix (Lucey,  
57 2002) and can be used as an indicator of cheese meltability or flowability (Lucey et al., 2003).  
58 LT can also be used as a material function to describe viscoelastic behaviour (Steffe, 1996).

59 Strain amplitude sweeps are usually conducted to determine the linear viscoelastic limit of a  
60 material. Frequency sweeps are useful to characterise the state of a material during  
61 processing. They have been widely used in characterising the viscoelastic behaviour of  
62 polymer melts. Entangled polymeric networks demonstrate significant frequency dependence  
63 whereas viscoelastic solids show very little frequency dependence. Temperature sweeps are  
64 important to understand the melting behaviour of a material. Decreases in dynamic moduli  
65 with increase in temperature reflect softening of the cheese matrix upon heating. A crossover  
66 temperature for  $G'-G''$  on a temperature sweep indicates the gel-sol transition point  
67 (Schenkel, Samudrala & Hinrichs, 2013). The maximum value of LT on a temperature sweep  
68 ( $LT_{max}$ ) is considered as an indicator of melt (Mounsey & O'Riordan, 1999) and/or flow  
69 (Guinee, Auty & Mullins, 1999). Oscillatory rheology has been successfully used to  
70 distinguish between the following aspects of cheeses - different cheese types, range of fat  
71 levels, effect of storage, processing conditions, compositional differences (Mounsey &

72 O’Riordan, 1999). We have used each of the above methods to explore changes in the  
73 properties of model Mozzarella cheeses during working.

74 Before our work only two studies had investigated the effect of working of Mozzarella cheese  
75 on rheology and functionality (Mulvaney, Rong, Barbano & Yun, 1997; Yu & Gunasekaran,  
76 2005). Both studies used thermo-mechanical energy to create pasta-filata structures and both  
77 concluded that screw speed and temperature could be used as process control variables to  
78 obtain the desired functionality. Both used a narrow shear work range (2-6.5 kJ kg<sup>-1</sup>) and  
79 studied the combined effect of thermal and mechanical energy. Our recent work reported  
80 changes in steady shear rheology during the mechanical working of cheese in a Blentech  
81 twin-screw cooker (Sharma et al., 2016). Rheology and melt functionality were strongly  
82 dependent on total shear work input. Apparent viscosity at 0.01 s<sup>-1</sup> increased exponentially  
83 with shear work input increasing 198 fold over the shear work range of 2.8 to 185 kJ kg<sup>-1</sup>,  
84 indicating strong work thickening behaviour. Good negative correlation (R<sup>2</sup>=0.90) was found  
85 between apparent viscosity and melt score. Our objective in this study is to explore the effect  
86 of shear work input on the oscillatory properties of three model Mozzarella cheeses. Our  
87 main focus was to study changes in full-fat cheese. Non-fat cheese and cheese with tri-  
88 sodium citrate added were also prepared to study shear-induced changes in the absence of fat  
89 and with minerals chelated. A broad range of shear work (2-125 kJ kg<sup>-1</sup>) was used to  
90 exaggerate any work thickening effects and changes in structure.

## 91 **2. Materials and methods**

### 92 *2.1 Materials*

93 Renneted and acidified protein gel manufactured from skim milk was obtained at -20 °C from  
94 Fonterra Research and Development Centre (FRDC) pilot plant, Palmerston North, NZ. The  
95 proximate composition of the protein gel was typically about 50% moisture and 46% protein.

96 The frozen blocks were thawed for 1 d at 11 °C and ground in a Rietz grinder (Rietz  
97 Manufacturing, Santa Rosa, CA, USA) with 6 mm grind size. Cream was obtained from  
98 FRDC as a fresh lot on each trial day. Cheese salt was obtained from Dominion Salt (Mount  
99 Maunganui, New Zealand). Tri-sodium citrate (TSC) was obtained from Jungbunzlauer  
100 (Basel, Switzerland).

## 101 *2.2 Manufacture of model mozzarella cheeses*

102 Model Mozzarella cheese was made at FRDC by mixing, cooking and working protein gel,  
103 cream, water and salt in a counter rotating twin-screw cooker (Blentech, model CC-0045,  
104 Blentech Corporation, Rohnert Park, CA, USA). The batch size and working volume of the  
105 cooker were 25 kg and 29.45 L respectively. Three types of model Mozzarella cheese were  
106 made - full-fat, non-fat and full-fat with 0.5 % TSC as a chelating agent. The target  
107 composition of full-fat cheese was 23% fat, 21 % protein, 53% moisture and 1.4 % salt. All  
108 results are for full-fat cheese unless otherwise noted. Non-fat cheese used the same  
109 protein/moisture and protein/salt ratios as full-fat cheese. Sharma et al. (2016) give further  
110 details of the processing methods, sampling times, sample storage conditions and final  
111 compositions. Screw speeds of 50, 150 and 250 rpm were used for shear work treatment.  
112 Each run was repeated on a different day at least one month after the first run to ensure that  
113 similar results were obtained with raw materials obtained from different lots but with similar  
114 composition.

115 Shear work input was calculated by numerical integration of the torque-time curve with  
116 respect to time (Sharma et al., 2016). The meltability of Mozzarella cheese was measured by  
117 the modified Schreiber test (Muthukumarappan, Wang & Gunasekaran,1999) with some  
118 variations (Sharma et al., 2016).

## 119 *2.3 Dynamic rheological measurements*

120 The dynamic rheological properties of the cheeses were studied on an Anton Paar MCR 301  
121 rheometer (Anton Paar, Graz, Austria) with a 20 mm diameter serrated plate geometry  
122 (PP20/P2) and a Peltier temperature hood (H-PTD 200) (Sharma et al., 2015, 2016). Disc-  
123 shaped cheese samples of 20 mm diameter and ~2 mm thickness were prepared and  
124 equilibrated for 2 min at test temperature as previously except that a 1 N normal force was  
125 used to define the measurement gap at 20 °C (Sharma et al., 2015). A ring of soybean oil was  
126 placed around the sample periphery to avoid moisture loss during rheological measurements.

127 Strain amplitude sweeps ranging from 0.01-100 % were conducted at 0.1, 1 and 10 Hz and at  
128 70 °C to determine the linear viscoelastic (LVE) limit of the cheeses. In temperature sweeps,  
129 amplitude and frequency were 0.2 % and 1 Hz respectively and temperature was increased  
130 from 20°C to 90°C. To ensure nearly isothermal conditions during temperature sweeps, the  
131 rate of temperature rise of the Peltier heating system was maintained at 1.8°C per min.

132 Preliminary experiments placing a thermocouple in the thermal centre of the specimen and  
133 monitoring temperature rise at different heating rates had shown that this slow heating rate  
134 was necessary. Frequency sweeps were conducted by applying frequencies in descending  
135 order from 100 Hz to 0.01 Hz at 70°C using 0.2% strain amplitude. The frequency  
136 dependence of  $G'$  and  $G''$  for the molten cheeses was fitted to the following equations  
137 (Steffe, 1996; Tunick, 2011).

$$138 \quad G' = k_{\text{elastic}} \omega^n \quad (1)$$

$$139 \quad G'' = k_{\text{viscous}} \omega^n \quad (2)$$

140 where  $n$ ,  $k_{\text{elastic}}$  and  $k_{\text{viscous}}$  are constants, and  $n$  is the degree of frequency dependence. All  
141 rheological measurements were conducted at least in duplicate. All data points are the means  
142 of the two or more replicates.

143 *2.4 Statistical analysis*

144 Descriptive statistics, non-linear regression and correlation analysis were conducted on the  
145 data using SPSS software (version 20). Non-linear regression analysis was performed using  
146 curve estimation functions and the best curve was selected based on goodness of fit ( $R^2$ ).  
147 Pearson's correlation coefficient was used to test for significance with a two-tailed t- test at  
148  $P < 0.01$ . For comparison of the two methods for obtaining critical shear work values paired t-  
149 tests were used at 5% level of significance.

150 **3. Results**

151 *3.1 Linear viscoelastic limit*

152 Strain amplitude sweeps for cheese samples having shear work in the range  $4.9\text{-}185 \text{ kJ kg}^{-1}$   
153 indicated that the limit of the LVE range was about 10 % strain for all samples (Fig. 1).  $G'$  at  
154 low strains increased from  $\sim 194 \text{ Pa}$  at shear work  $4.9 \text{ kJ kg}^{-1}$  to  $3890 \text{ Pa}$  at shear work  $185 \text{ kJ}$   
155  $\text{kg}^{-1}$ , indicating considerable stiffening of the cheese with prolonged working. LVE limits  
156 were also tested at different temperatures in preliminary experiments. A strain amplitude of  
157 0.2% was selected for frequency and temperature sweeps to be well within the linear  
158 viscoelastic range.

159 *3.2 Frequency dependence of viscoelastic properties*

160 Frequency sweeps on model Mozzarella cheeses (Fig. 2) demonstrate how viscous and elastic  
161 properties change with rate of application of strain or with timescale of deformation.  $G'$  and  
162  $G''$  increased with increasing frequency for all cheeses but the rate of increase was affected  
163 by shear work input. The degree of frequency dependence is given by  $n$  in equations 1 and 2.  
164 At a low shear work input ( $8.8 \text{ kJ kg}^{-1}$ ), both moduli increased at relatively similar rates  
165 ( $n=0.722$  for  $G'$  and  $n=0.8132$  for  $G''$ ) and  $G''$  was always higher than  $G'$  throughout the



166 practical range of frequency (0.1-10 Hz). This cheese therefore behaved like a viscoelastic  
167 liquid with moderate frequency dependence. Frequency dependence of  $G'$  was highest (of the  
168 four cheeses tested) ( $n=0.8861$ ) with a slightly higher shear work input ( $26.3 \text{ kJ kg}^{-1}$ , Fig. 2b).  
169  $G'$  increased at a faster rate than  $G''$  resulting in a cross over ( $LT = 1$ ) at  $\sim 6.4 \text{ Hz}$ . Such  
170 frequency dependent behaviour and the presence of a  $G'$ - $G''$  crossover on the frequency  
171 sweep is demonstrated by soft gels formed by entangled polymer networks or physical gels  
172 with weak bond strengths (Stading & Hermansson 1990; Tunick, 2011).

173 At a shear work input of  $58.2 \text{ kJ kg}^{-1}$ , the frequency dependence of  $G'$  was much lower  
174 ( $n=0.54$ ). Coincidentally,  $G'$  and  $G''$  followed almost the same path with respect to frequency  
175 dependence for this cheese (Fig. 2c). If both  $G'$  and  $G''$  exhibit power-law behaviour with a  
176 similar exponent, the loss tangent should become independent of frequency (Fatimi, Tassin,  
177 Quillard, Axelos & Weiss, 2008). As the loss tangent is about 1 and independent of  
178 frequency, this cheese meets the Winter-Chambon criteria of a gel transition point (Winter &  
179 Chambon, 1986). Clearly the cheese is undergoing a major phase change or viscoelastic  
180 transition at this level of shear work during shearing at  $70^\circ\text{C}$  with transition from a  
181 predominantly liquid-like behaviour to a predominantly solid-like behaviour. We consider  
182 this cheese to be at a critical point in the shear induced structure formation and work  
183 thickening process.

184 Excessively worked samples ( $73.7 \text{ kJ kg}^{-1}$ , Fig. 2d) showed a very low frequency  
185 dependence of  $G'$  ( $n = 0.26$ ), behaviour typical of strong gels, e.g. cross linked gels involving  
186 permanent covalent bond formation (Stading & Hermansson 1990; Tunick, 2011).  $G'$  was  
187 greater than  $G''$  throughout the frequency range indicating the dominance of elastic  
188 behaviour, typical for a viscoelastic solid. After prolonged shear therefore, cheese has  
189 transformed from a viscoelastic liquid into a viscoelastic solid.

190 Non-fat cheese also demonstrated a decrease in frequency dependence (from  $n=0.96$  to  $0.78$ )  
191 with increase in shear work input ( $6-128 \text{ kJ kg}^{-1}$ ) (data not shown). Non-fat cheese had higher  
192 frequency dependence than full-fat cheese. Cheese with added TSC exhibited typical  
193 entangled polymer type behaviour with moderate frequency dependence ( $n=0.85$ ) (data not  
194 shown). Shear work input had no significant effect on the frequency dependence of full-fat  
195 cheese with TSC added, suggesting that shearing caused no significant changes in the cheese  
196 structure. TSC chelates calcium strongly and so diminishes the role of calcium in holding the  
197 casein gel network together. Chelation of calcium weakens protein-protein interactions and  
198 results in breakdown and opening of the gel network and solubilisation of proteins (Brickley  
199 et al., 2008; Mizuno & Lucey, 2005). This modified structure therefore is insensitive to work  
200 thickening as the protein chains no longer participate in polymerization or cross linking of  
201 adjacent chains to strengthen the network upon shearing.

### 202 *3.3 Temperature dependence of viscoelastic properties*

203 Viscoelastic properties during the melting of model Mozzarella cheese were studied by  
204 conducting temperature sweeps in the range  $20-90^{\circ}\text{C}$ . Repeated temperature sweeps on one  
205 sample having  $5.0 \text{ kJ kg}^{-1}$  of shear work input were conducted first (Fig. 3). Both  $G'$  and  $G''$   
206 decreased with temperature rise throughout the test temperature range. LT continuously  
207 increased during heating, reached a peak at about  $79^{\circ}\text{C}$  and then decreased with further  
208 increase in temperature.  $G'$  and  $G''$  reflect the total number and strength of protein-protein  
209 bonds in the cheese, so a decrease in these values is evidence of a weakening of protein-  
210 protein interactions (Lucey et al., 2003). The rate of decrease for both  $G'$  and  $G''$  appeared  
211 relatively faster in two temperature ranges,  $20-35^{\circ}\text{C}$  and  $50-65^{\circ}\text{C}$ , the first attributed to  
212 melting of the fat phase and the second to softening of the protein matrix. For non-fat cheese  
213 the faster melting region at  $20-35^{\circ}\text{C}$  was missing due to absence of fat. In the temperature

214 range 20-50°C, the cheese behaved like a viscoelastic solid as  $G' > G''$  and  $LT < 1$ . For the  
215 temperatures above 52°C, it acted like a viscoelastic liquid as  $G'' > G'$  and  $LT > 1$ . The  
216 crossover temperature where  $G'' = G'$  was at ~51.4°C (Fig. 3) and indicates initiation of  
217 softening of the protein matrix. Elastic properties dominate below the crossover temperature  
218 whereas viscous properties dominate above the crossover temperature. After a slow increase  
219 at <40°C,  $LT$  increased sharply until it reached  $LT_{max}$  of 2.64 at ~79 °C.  $LT_{max}$  is often  
220 regarded as an indicator of flowability or melt functionality. These changes in  $G'$ ,  $G''$  and  $LT$   
221 indicate increased mobility of the cheese matrix with increasing temperature. The standard  
222 deviations for  $G'$ ,  $G''$  and  $LT$  all increased with increasing temperature and were highest at  
223 75 – 90 °C.

224 The effect of shear work on viscoelastic properties is clearly evident (Fig. 4) particularly in  
225 the temperature range 30-80 °C.  $G'$  and  $G''$  were higher at a given temperature with increased  
226 shear work input. However,  $LT_{max}$  generally decreased with increased shear work input. The  
227 biggest differences in  $G'$  and  $LT_{max}$  after the given shear work treatments occurred in the  
228 temperature range 65-75°C. Cheeses with lower shear work inputs, 3.3-26.3 kJ kg<sup>-1</sup>, did not  
229 differ much in  $G'$  and  $G''$  at ~70°C, suggesting minor changes to macroscopic structure in this  
230 shear work range. Higher shear work inputs (>50 kJ kg<sup>-1</sup>) showed much higher values of both  
231  $G'$  and  $G''$  at temperatures of 60°C and above. Cheese with a shear work input of 58.2 kJ kg<sup>-1</sup>  
232 showed overlap of  $G'$  and  $G''$  values in the range 60-75°C (Fig. 5a). This corresponds well  
233 with the behaviour exhibited in the frequency sweep at 70°C (Fig. 2c), supporting the  
234 hypothesis that the cheese is in transition at this level of shear work input. The cheese is  
235 undergoing a transition from a viscoelastic liquid to a viscoelastic solid because of enhanced  
236 attractive protein-protein interactions at 70 °C in the high shear environment of the Blentech.  
237 At a still higher level of shear work input (73.7 kJ kg<sup>-1</sup>),  $G'$  values were significantly higher  
238 than at lower shear work levels at all temperatures (Fig. 4).  $G'$  was also higher than  $G''$  at all

239 temperatures and no crossover temperature was observed (Fig. 5b). Typically viscoelastic  
240 solids exhibit such behaviour.  $LT_{\max}$  was 0.74 indicating that elastic behaviour was dominant.  
241 With this large amount of shear work input, the cheese was transformed into a viscoelastic  
242 solid.

243  $G'$ - $G''$  crossover temperature and  $LT_{\max}$  values for the replicate runs at 150 rpm were plotted  
244 against time of working and shear work input (Fig. 6). Slightly more consistent curves were  
245 found when both parameters were plotted against shear work. Steady shear rheology and melt  
246 functionality data also showed better reproducibility when plotted against shear work  
247 (Sharma et al., 2016). Results versus shear work obtained at different screw speeds can also  
248 be plotted together. Therefore, further plots were done as a function of shear work as in  
249 Sharma et al. (2016).

250  $LT_{\max}$  and crossover temperature data for all 32 samples of full-fat cheese without TSC were  
251 plotted versus shear work (Figs. 7, 8).  $LT_{\max}$  decreased with shear work input, indicating less  
252 tendency to flow upon melting after high shear work inputs. Crossover temperature increased  
253 from  $\sim 50$  to  $\sim 60^\circ\text{C}$  with shear work increase from 3.3 to  $\sim 60 \text{ kJ kg}^{-1}$ . Crossover temperature  
254 is an indicator of the softening point of the cheese matrix (Gunasekaran & Ak, 2003).

255 Sharma et al. (2016) showed that during manufacturing of model Mozzarella cheeses at 150  
256 and 250 rpm screw speeds torque increased steadily to a maximum and then declined quite  
257 rapidly. Changes after the torque maximum included macroscopic failure of the typical pasta  
258 filata structure, loss of stretch and expulsion of some serum fluid. These effects indicated a  
259 transition of the cheese into a new state that was completely different from the initial one.  
260 These changes could occur after a critical amount of shear work. In an attempt to gain further  
261 insight into this transition,  $G'$  and  $G''$  at  $70^\circ\text{C}$  were plotted against shear work for the day 2  
262 runs at 150 rpm (Fig. 9). With progressive shear work input  $G'$  increased faster than  $G''$

263 including a clear transition from viscoelastic liquid to viscoelastic solid at a critical point or  
264 crossover point where  $G' = G''$  ( $72.4 \text{ kJ kg}^{-1}$ ). The maximum in the torque-time curve occurred  
265 at  $66.3 \text{ kJ kg}^{-1}$  for this run. These two shear work values were quite close. The two shear  
266 work values were therefore compared for the 4 d of experiments using 150 and 250 rpm  
267 screw speeds (Table 1). There is reasonably good agreement between the two values for shear  
268 work input for all 4 d. The estimated shear work at the transition point for day 1 at 150 rpm  
269 screw speed was in the range  $54\text{-}60 \text{ kJ kg}^{-1}$ . This matches very well with the transition  
270 behaviour observed in the frequency sweeps at  $58.2 \text{ kJ kg}^{-1}$  shear work input (Fig. 2c) for this  
271 day. Data at 50 rpm were not included in this comparison because the accumulated shear  
272 work inputs were a maximum of  $14.5 \text{ kJ kg}^{-1}$ , well below the shear work needed for the  
273 viscoelastic transition. At 250 rpm higher values of shear work were obtained at the structural  
274 transition point than at 150 rpm. Shear work input at 250 rpm appears to be less damaging to  
275 the structure than at 150 rpm (Sharma et al., 2016).

276 Increasing shear work input increased crossover temperature and decreased  $LT_{\max}$  with the  
277 size of changes in the order full-fat cheese > non-fat cheese > cheese with added TSC (Fig.  
278 10). For non-fat cheese crossover temperature increased from  $50.1$  to  $55.7^\circ\text{C}$  with increase in  
279 shear work from  $4.4$  to  $128.1 \text{ kJ kg}^{-1}$ . Similarly, a  $\sim 50\%$  decrease ( $2.2$  to  $1.1$ ) in  $LT_{\max}$  was  
280 recorded for non-fat cheese upon prolonged working. For non-fat cheese the type of  $G'$ ,  $G''$   
281 crossover shown in Fig. 9 did not occur till  $128 \text{ kJ kg}^{-1}$  (Data not shown). These pronounced  
282 changes in the viscoelastic properties of non-fat cheese suggest that the absence of fat did not  
283 prevent changes occurring to the structure on prolonged shear work input. The protein phase  
284 is clearly very important to the changes in viscoelastic properties of the full-fat cheese. Full-  
285 fat cheese with added TSC was relatively insensitive to increasing shear work input. No  
286 definite trend was observed for either  $LT_{\max}$ , crossover temperature (Fig. 10),  $G'$  or  $G''$  in the  
287 shear work input range  $2\text{-}80 \text{ kJ kg}^{-1}$ . Interrupting calcium-mediated casein-casein interactions

288 by adding a calcium chelating salt (TSC) also yielded different process characteristics such as  
289 the absence of the typical pasta-filata fibrous structure and the occurrence of a more flowable  
290 mass even after high shear work inputs ( $80 \text{ kJ kg}^{-1}$ ) (Sharma et al., 2016).

### 291 *3.4 Relationship between melt functionality and oscillatory rheology*

292 Both  $LT_{\max}$  and crossover temperature correlated quite well with melt score with reasonable  
293 goodness of fit (Fig. 11a).  $LT_{\max}$  correlated positively ( $R^2=0.87$ ,  $P<0.01$ ) and crossover  
294 temperature correlated negatively ( $R^2=0.90$ ,  $P<0.01$ ) with melt score. The low probability  
295 values suggest that the models explain the data well.  $LT_{\max}$  changed about 7 fold over the  
296 shear work range whereas crossover temperature was constrained within a limited range (50-  
297  $60^\circ\text{C}$ ), i.e. crossover temperature was less shear work sensitive. However,  $LT_{\max}$  was much  
298 more variable than crossover temperature because it is determined in the temperature range  
299 where temperature sweeps had a much higher standard deviation (Fig. 3). Mounsey and  
300 O’Riordan (1999) reported a good correlation between melting behaviour and  $LT_{\max}$  and  
301 recommended  $LT_{\max}$  as a useful indicator for predicting melting behaviour of cheese.  $G'$  at 70  
302  $^\circ\text{C}$  was also found to correlate negatively ( $R^2 = 0.89$ ) with melt score (Fig. 11b).

## 303 **4. Discussion**

304  $G'$  and  $G''$  indicate the strength and extent of bonding in the cheese network (Lucey et al.,  
305 2003). Increase in these values upon working suggests creation of stronger bonds (Fig. 1, 2,  
306 9). During working at  $70^\circ\text{C}$ , hydrated proteins appear to interact strongly to form an  
307 increasingly elastic network giving rise to large increases in  $G'$  with shear work. The large  
308 increases in  $G'$  and  $G''$  with increasing shear work are strong evidence of work thickening.

309 With increasing shear work input there is a transition from viscoelastic liquid behaviour at 70  
310  $^\circ\text{C}$  to viscoelastic solid behaviour. This transition is shown in the dramatic changes in

311 frequency dependence of  $G'$  and  $G''$  over the experimental frequency range 0.1-10 Hz (Fig.  
312 2). There is a point of critical shear work input for this transition where  $G' = G''$ . This critical  
313 point is shown in three different sets of data – the overlap of the frequency sweep curves for  
314  $G'$  and  $G''$  (Fig. 2c), the overlap of the  $G'$  and  $G''$  curves from 55 to 75°C in temperature  
315 sweeps at 58.2 kJ kg<sup>-1</sup> (Fig. 5a) and the crossover of  $G'$  and  $G''$  curves as a function of shear  
316 work (Fig. 9). The shear work values at the peak in Blentech torque-time curves (Sharma et  
317 al., 2016) correspond reasonably well to the shear work values at this critical point for  
318 structural transition (Table 1).

319 Shear power intensity or power input per unit volume had a significant impact on the extent  
320 of viscoelastic changes with shear work. Working molten curd at 50 rpm didn't change the  
321 viscoelastic properties much (Fig. 7, 8). The relatively slow rate of deformation at 50 rpm  
322 must have allowed enough time for relaxation of the acting stresses giving minimal changes  
323 in structure. On the other hand, at the higher screw speeds major changes in rheology and  
324 structure of the model cheese were observed. It is suggested that to attain structural and  
325 rheological transition, a threshold screw speed or shear power intensity is required in addition  
326 to critical shear work levels. Higher values of critical shear work were obtained at 250 rpm  
327 than at 150 rpm (Table 1). The most likely explanation for this behaviour is the viscoelastic  
328 nature of the material (Sharma et al., 2016). Mulvaney et al. (1997) note that screw speed is  
329 proportional to shear rate and therefore screw speed effects can be compared with frequency  
330 effects in oscillatory linear viscoelastic measurements.  $G'$  increases faster than  $G''$  with  
331 frequency below the critical transition (Fig. 2a, b) indicating the dominance of the elastic  
332 nature at higher frequencies or screw speeds. Therefore, at 250 rpm a higher proportion of  
333 elastic or recoverable energy would be expected and this recoverable energy does not cause  
334 changes in cheese structure.

335  $G'$  and  $G''$  at 70 °C changed significantly with shear work in the low shear work regime (2-10  
336  $\text{kJ kg}^{-1}$ ) (Fig. 9). However, other rheological properties such as  $K$ ,  $n$ , apparent viscosity at  
337  $0.01 \text{ s}^{-1}$ , melt score (Sharma et al., 2016) and  $G'-G''$  crossover temperature (Fig. 8) don't  
338 change very much in this shear work range. This suggests that  $G'$  and  $G''$  could be useful  
339 parameters to monitor minor structural changes in the cheese.  $LT_{\text{max}}$  has been reported by  
340 various researchers as a useful parameter to determine melt and flow characteristics, but we  
341 found  $LT_{\text{max}}$  to be quite variable particularly at high melt score (Fig. 11). This variability may  
342 be arising from the inherent nature of cheese at higher temperatures. Crossover temperature  
343 correlated better with melt properties than  $LT_{\text{max}}$  (Fig. 11).

344 The results indicate that protein-protein interactions strengthen as the cheese is sheared at 70  
345 °C. The role of calcium in these interactions is shown as cheese with added TSC, a strong  
346 calcium chelating agent, did not strengthen. Several studies have shown the role of calcium  
347 in the formation of protein fibres in Mozzarella type cheeses and their role in functionality  
348 (Mizuno & Lucey, 2005; McMahan, Paulson & Oberg 2005; Guinee et al., 2002; Joshi,  
349 Muthukumararappan & Dave, 2003a, b, 2004). Protein-protein interactions can be strongly  
350 enhanced by calcium, either through neutralizing charge repulsion between caseins or by  
351 bridging or cross linking between proteins due to its divalent nature (Pastorino, Ricks,  
352 Hansen & McMahan, 2003). These strengthened protein-protein interactions would lead to a  
353 more rigid cheese structure with increased hardness, decreased melt, and syneresis as  
354 observed by Sharma et al. (2016) and McMahan et al. (2005). Manski, van der Zalm, van der  
355 Goot and Boom (2008) also reported strengthening (higher values of  $G'$ ) of a fibrous protein-  
356 fat matrix upon shear in the presence of transglutaminase as a cross linking agent. Absence of  
357 fat did not prevent formation of the typical fibrous protein structure and did not result in any  
358 substantial decrease in viscoelastic properties (Fig. 10).



359 A schematic model is proposed in Fig. 12 to describe structural changes in the model cheese  
360 as it is progressively sheared. Three structures are proposed to depict the structural and  
361 viscoelastic changes taking place – at low shear work, i.e. viscoelastic liquid, at the critical  
362 transition and then at high shear work, i.e. viscoelastic solid. At a moderate level of shear  
363 work (e.g.  $\sim 26 \text{ kJ kg}^{-1}$ , Fig. 2b), the frequency behaviour indicates that the shear induced  
364 protein structures appear to interact with each other through physical entanglements (Fig.  
365 12a). These entanglements are not permanent bonds. There may also be some  
366 disentanglement of protein strands if the timescale of deformation is faster than the relaxation  
367 of molecular interactions (Sharma et al., 2015). Shear work imparted at this stage slightly  
368 increases the probability of encounter with other protein strands. Therefore, only weak  
369 physical interactions are expected that lead to slow structure development. Behaviour typical  
370 of entangled polymers is exhibited (Fig. 2b) with a viscoelastic liquid nature at low  
371 frequencies and viscoelastic solid at higher frequencies and the presence of a  $G' - G''$   
372 crossover point.

373 At higher shear work levels ( $> 50 \text{ kJ kg}^{-1}$ ) near the transition point stronger bonds with a  
374 relatively longer lifetime are proposed. These bonds may be a combination of weak physical  
375 entangled polymer interactions and stronger interactions such as covalent, ionic or  
376 hydrophobic interactions. These stronger bonds in the structure near the transition point are  
377 depicted by parallel chains of protein polymer (Fig. 12b). Excessive shear work levels ( $> 70$   
378  $\text{kJ kg}^{-1}$ ) eventually transform the material into an entirely different structure. The material  
379 becomes more elastic ( $LT < 1$ ;  $G' > G''$ ), stronger ( $G' = 3.9 \text{ kPa}$ ), less frequency dependent ( $n$   
380  $= 0.26$ ) and exhibits no  $G' - G''$  crossover in a temperature sweep, all typical rheological  
381 behaviour of strong gels or networks. Macroscopically the structure looks non-cohesive,  
382 crumbly and brittle and exhibits almost no stretch. The structure we propose has highly  
383 aggregated, dense protein structures but these structures do not bind tightly to one another

384 (Fig. 12c). In summary, shear work appears to alter the interaction behaviour between two or  
385 more adjacent polymeric chains made of protein strands either with entanglements or cross-  
386 links or both. The changes in fat morphology and particle size depicted in Fig. 12 will be  
387 reported in a later paper.

## 388 **5. Conclusions**

389 Viscoelastic properties of model Mozzarella cheese were greatly affected by shear work  
390 input. A transition from viscoelastic liquid to viscoelastic solid was observed with increasing  
391 shear work. A critical point for structural transition of cheese melt was clearly evident at a  
392 shear work level that depended on screw speed. Frequency sweeps indicated a decrease in  
393 frequency dependence of  $G'$  with increasing shear work. A schematic model is proposed  
394 where cheese is transformed from an entangled polymer network structure to a strongly  
395 cross-linked network state after high shear work input. It is proposed that the structural and  
396 rheological changes occurring during the working of model Mozzarella cheese are caused by  
397 stronger protein-protein interactions that are enhanced by calcium bridging. The rheology of  
398 non-fat cheese also changed very significantly with shear work input suggesting that absence  
399 of fat did not halt the changes in viscoelastic properties. It is therefore concluded that the  
400 major changes in the viscoelastic properties of model Mozzarella cheese were governed by  
401 changes in the protein matrix.

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## Figure Captions

**Fig. 1.** Strain sweeps of model Mozzarella cheeses subjected to different amounts of shear work; 4.9 (◆), 62 (■), 185 (×) kJ kg<sup>-1</sup>. Experiments were conducted at a frequency of 1 Hz and 70 °C. Model Mozzarella cheeses were manufactured in the Blentech cooker at 250 rpm screw speed (Day 2) and 70 °C.

**Fig. 2.** Frequency sweeps at 70°C on model Mozzarella cheeses subjected to varied amounts of shear work; a. 8.8, b. 26.3, c. 58.2, d. 73.7 kJ kg<sup>-1</sup>. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and 70 °C. G' (◆), G''(■) and Loss tangent (▲).

**Fig. 3.** Temperature sweeps on model Mozzarella cheeses subjected to 5.0 kJ kg<sup>-1</sup> of shear work. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50 rpm screw speed (Day 1) for 780 s and 70°C. Error bars represent one standard deviation (3 samples). G' (◆), G''(■) and Loss tangent (▲).

**Fig.4.** Temperature sweeps of model Mozzarella cheeses subjected to varied amounts of shear work ; 3.3 (◆), 4.3 (■), 8.8 (▲), 26.3 (×), 58.2 (✕) and 73.7 (●) kJ kg<sup>-1</sup> corresponding to shearing times 375, 395, 635, 1515, 3035 and 3950 s. a. G'; b. G''; c. Loss Tangent. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and 70°C.

**Fig. 5.** Temperature sweeps on model Mozzarella cheeses subjected to a. 58.2 b.73.7 kJ kg<sup>-1</sup> shear work. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and 70°C. G' (◆) and G''(■).

**Fig. 6.** G'-G'' crossover temperature (a,b) and LT<sub>max</sub> (c,d) of model mozzarella cheeses versus time (a,c) and shear work (b,d). Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed and 70°C. Day 1 (◆), Day2 (■).

**Fig. 7.** Effect of shear work on LT<sub>max</sub> of model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50, 150 and 250 rpm screw speeds and 70°C. Each trial was repeated twice (day 1 and day 2) on a different day at least one month interval. 50 rpm, day 1 (■) and day 2 (◆), 150 rpm, day 1 (▲) and day 2 (△), 250 rpm, day 1 (○) and day 2 (●).



**Fig. 8.** Effect of shear work on  $G'$ - $G''$  crossover temperature of model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50, 150 and 250 rpm screw speeds and 70°C. Each trial was repeated on a different day at least one month after the first trial. 50 rpm, day 1 (■) and day 2 (◆), 150 rpm, day 1 (▲) and day 2 (△), 250 rpm, day 1 (○) and day 2 (●).

**Fig. 9.** Effect of shear work on  $G'$  and  $G''$  at 70°C for model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 2) and 70°C. Dashed arrow indicates shear work at the transition state.  $G'$  (◆) and  $G''$ (■).

**Fig. 10.** Effect of shear work on (a)  $G'$ - $G''$  crossover temperature and (b)  $LT_{max}$  of model Mozzarella cheeses - full fat, nonfat and with TSC added. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed and 70°C. Full fat (◆), nonfat (■) and TSC added (▲) cheeses. Data from both trial days are included.

**Fig. 11.** Correlation of  $LT_{max}$  and  $G'$ - $G''$  crossover temperature (a) and  $G'$  at 70 °C (b) with melt score for the model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50, 150 and 250 rpm screw speeds and 70 °C. Data from both trial days are included.

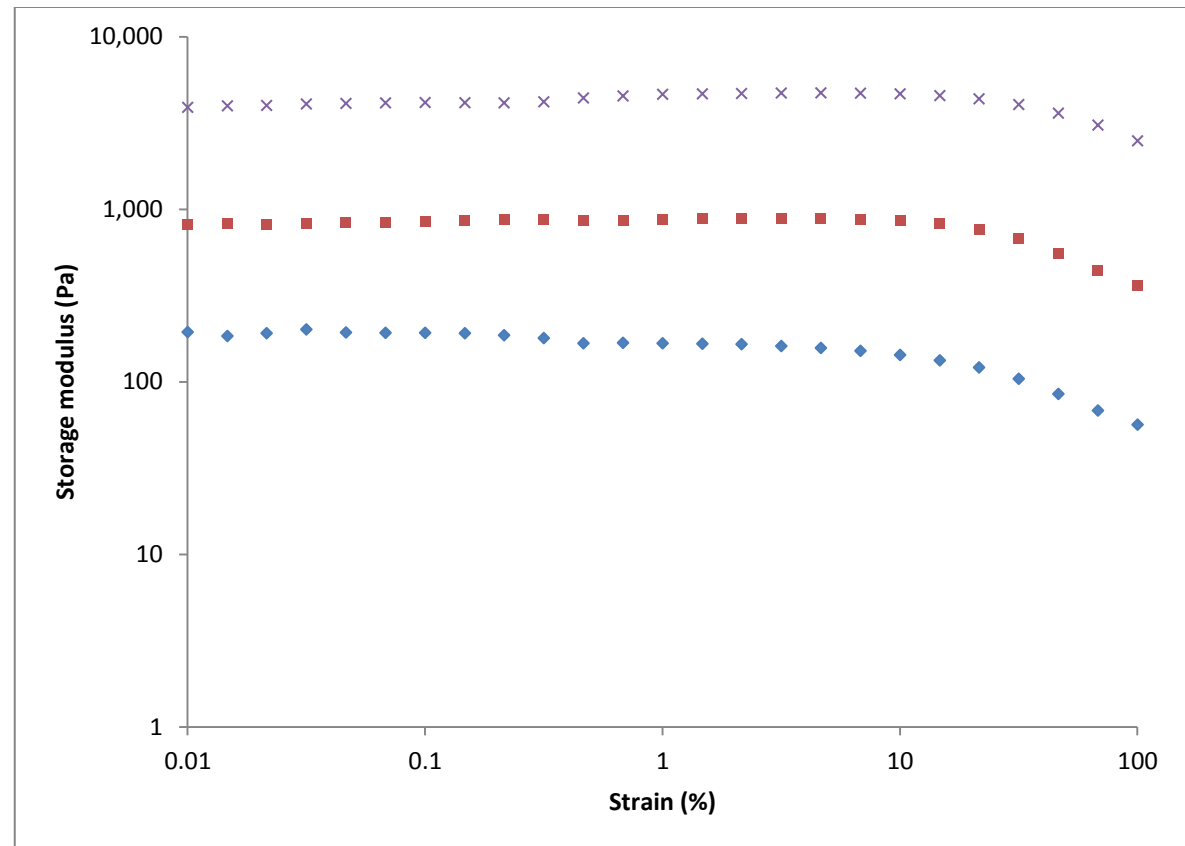
**Fig. 12.** Schematic model proposed for shear induced structural changes during working of model Mozzarella cheese at 70 °C in a twin screw Blentech cooker; a. entangled polymer type structure; b. structure at critical point c. structure after excessive working. Yellow indicates fat particles. (Not to scale.)

**Table 1**

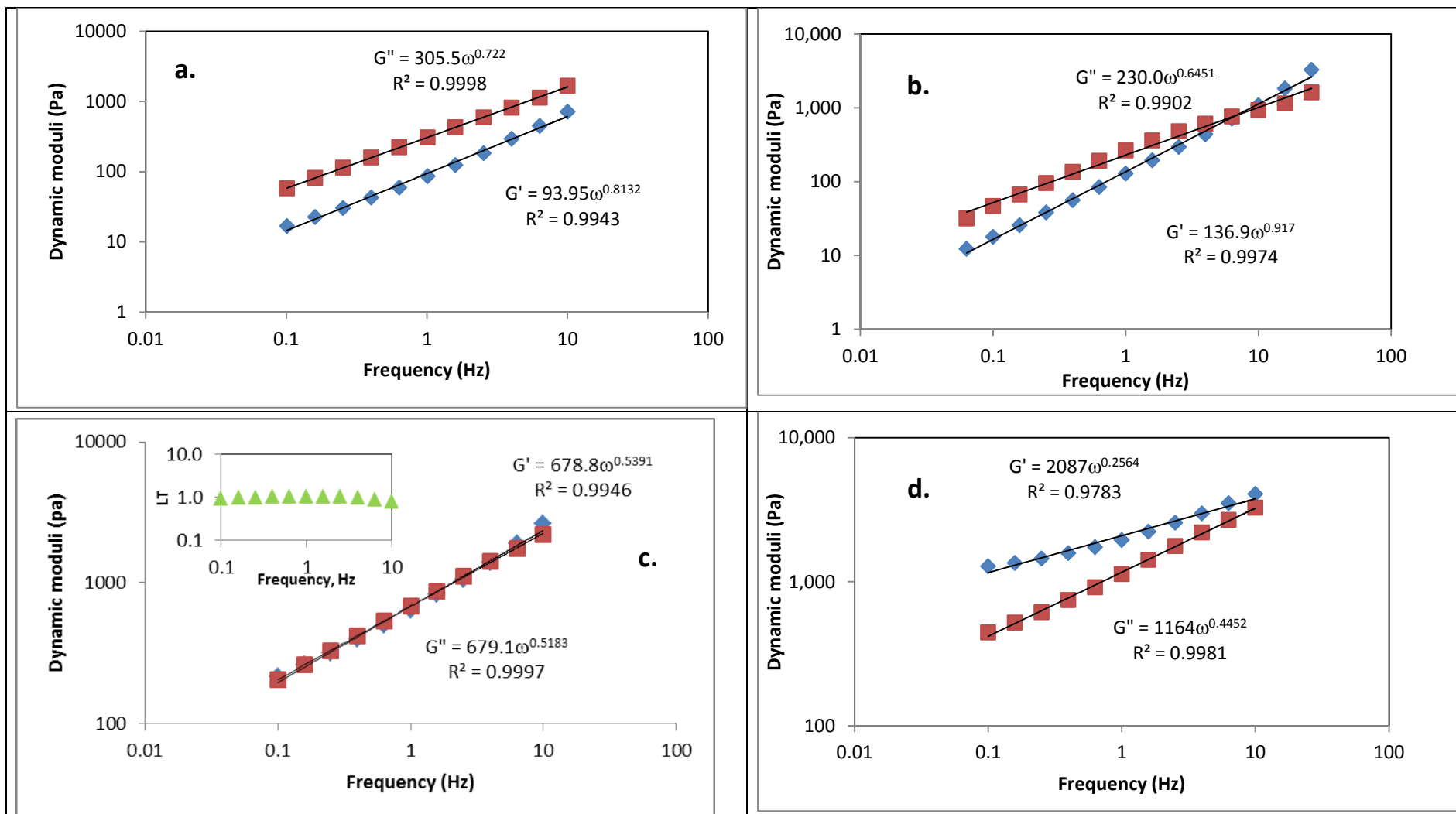
Shear work input at crossover of  $G'$  and  $G''$  and at peak torque.

RPM	Day	Crossover $G'-G''$ * $\text{kJ kg}^{-1}$	Peak Torque* $\text{kJ kg}^{-1}$
150	1	59.2	54.6
150	2	72.4	66.3
250	1	124.3	126.0
250	2	114.7	108.6

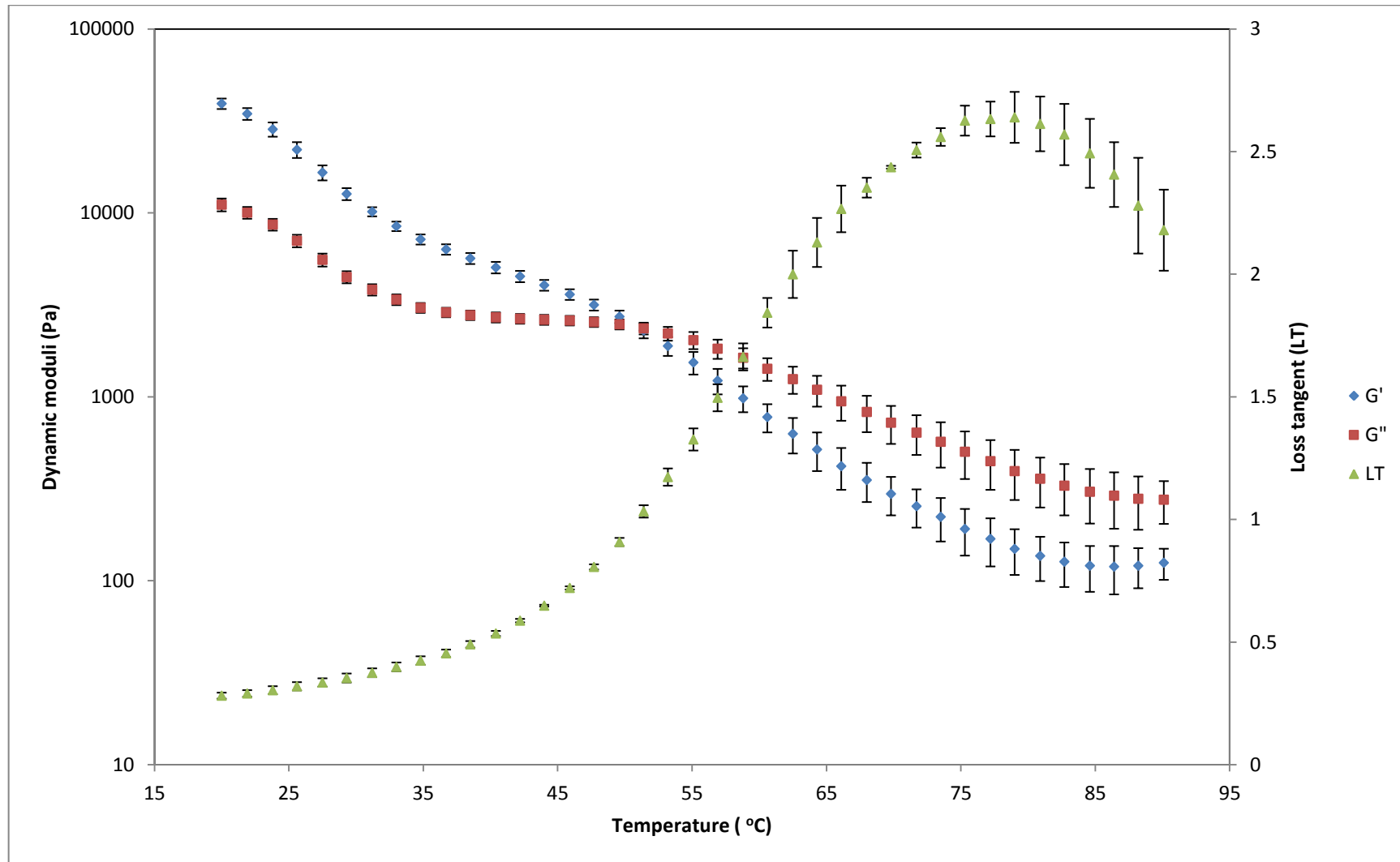
\* No significant difference ( $P>0.05$ ) between shear work values in each row.



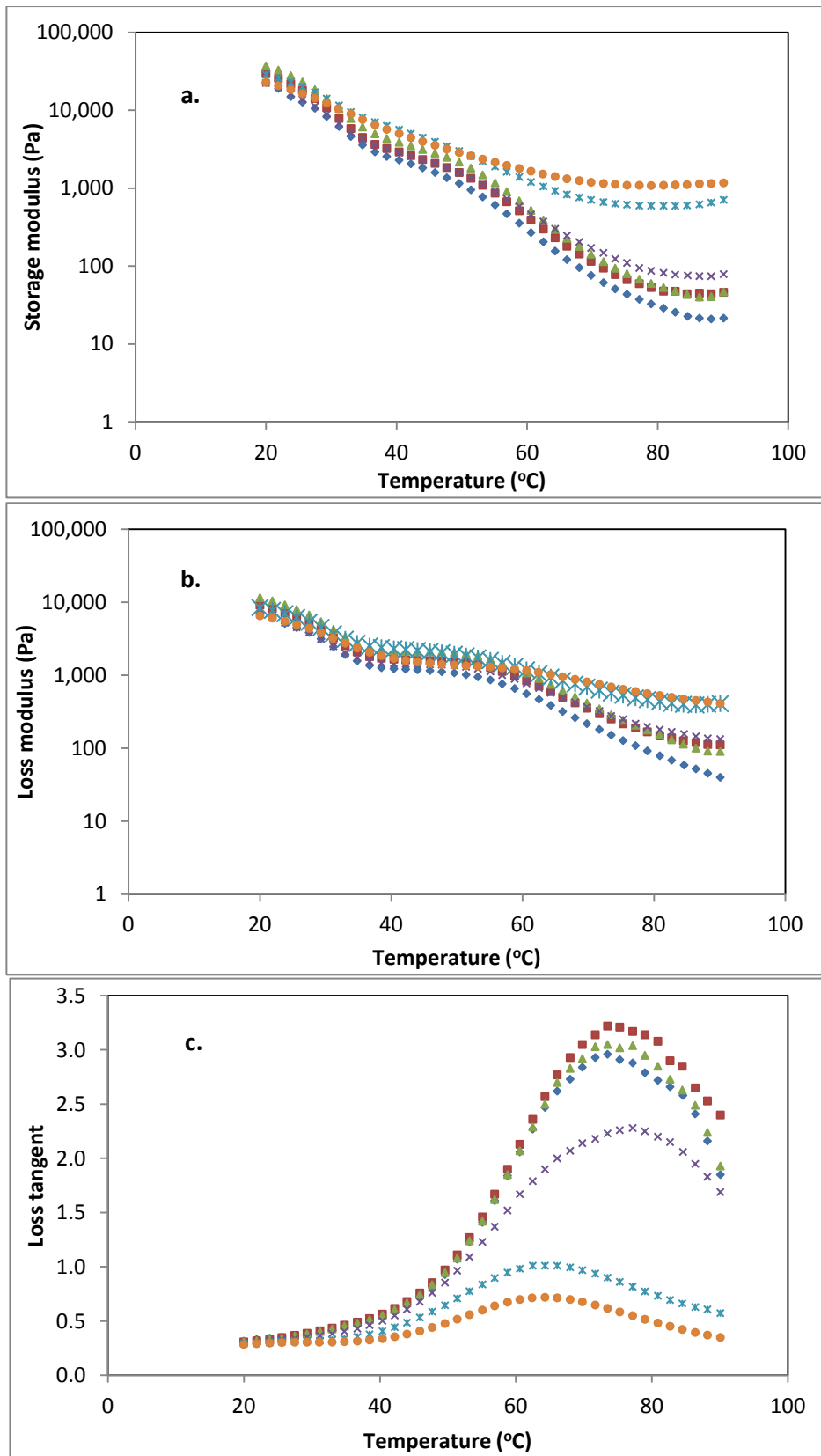
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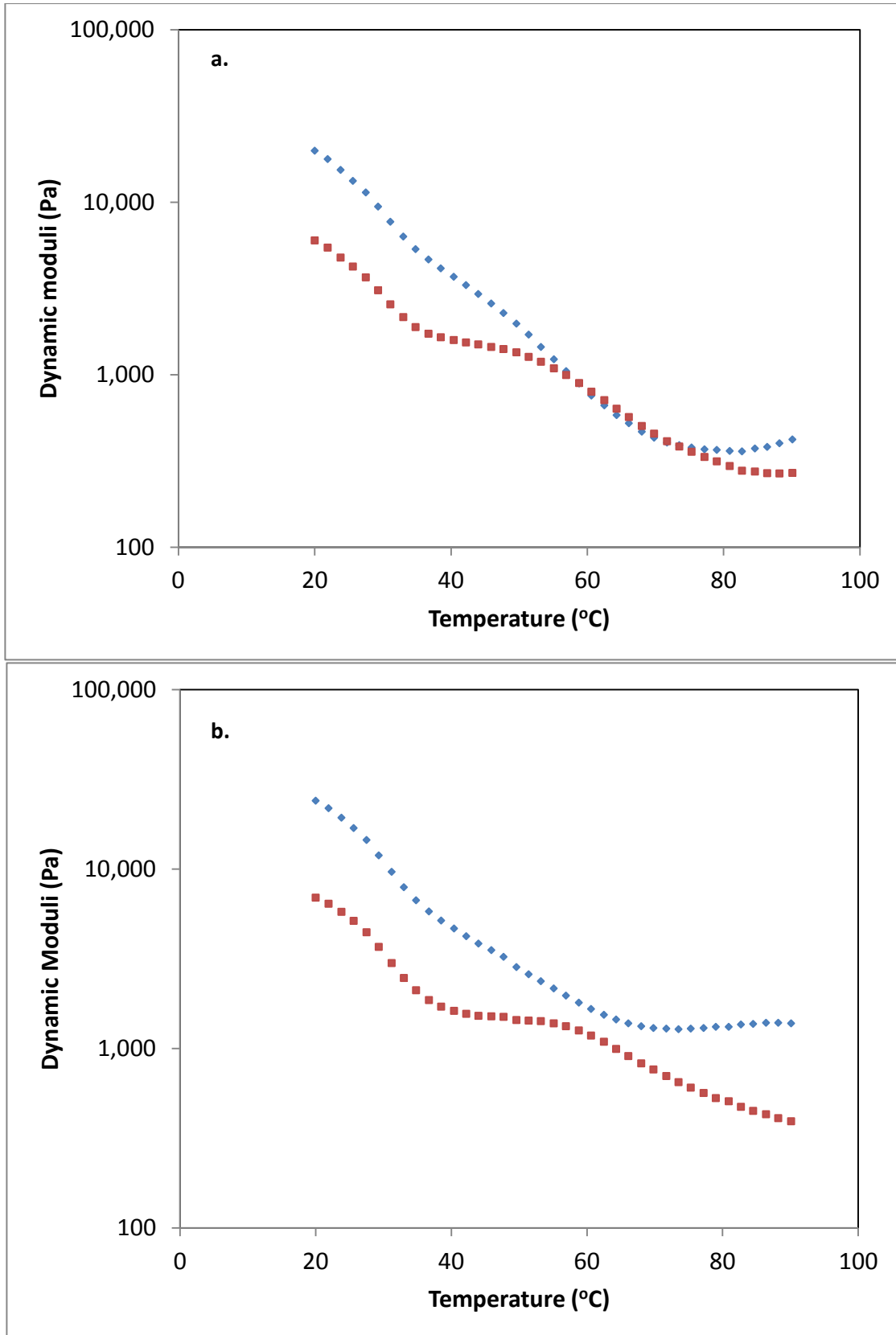
**Fig. 2.** Frequency sweeps at 70°C on model Mozzarella cheeses subjected to varied amounts of shear work; a. 8.8, b. 26.3, c. 58.2, d. 73.7 kJ kg<sup>-1</sup>. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and 70 °C.  $G'$  (♦),  $G''$ (■) and Loss tangent (▲).



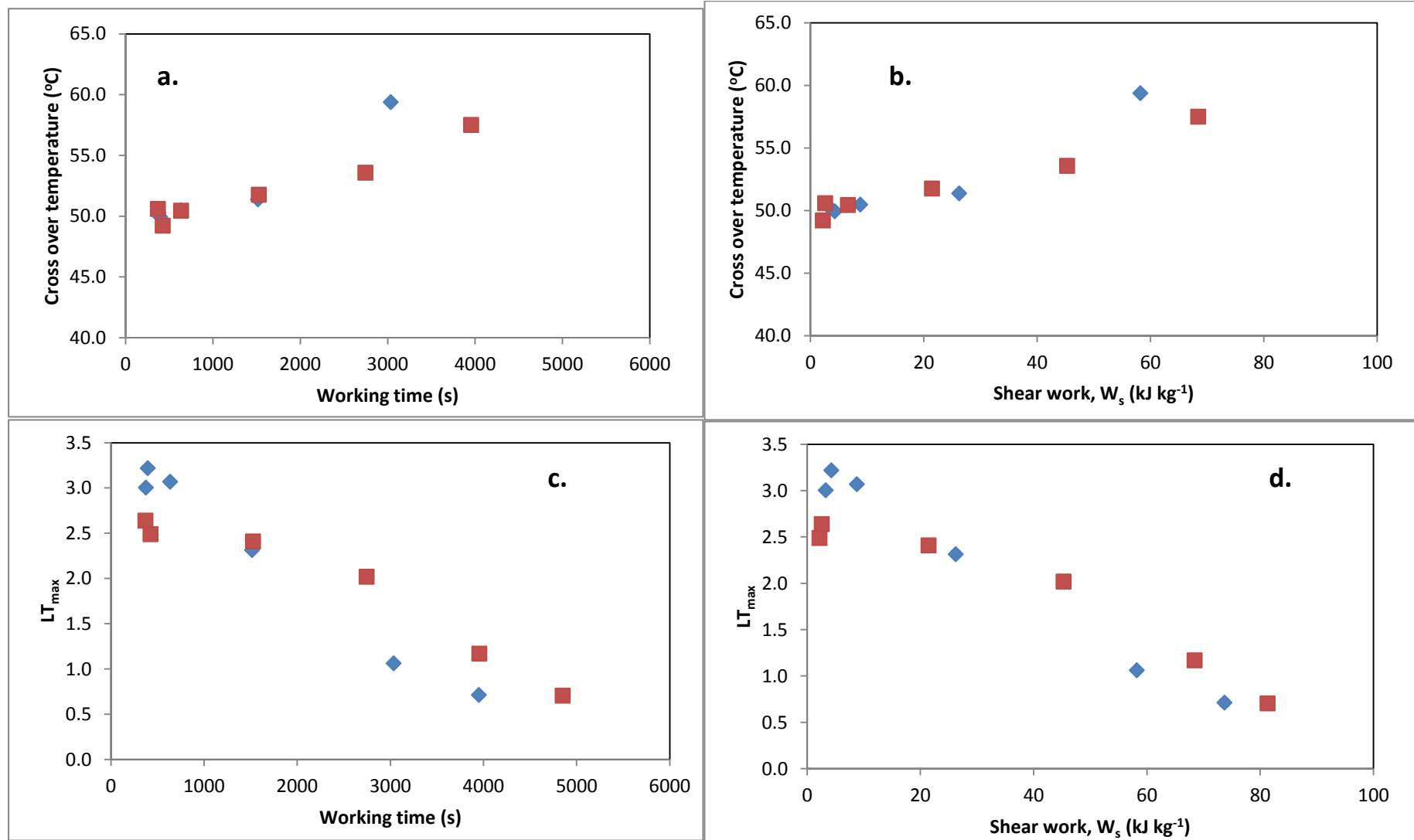
**Fig. 3.** Temperature sweeps on model Mozzarella cheeses subjected to  $5.0 \text{ kJ kg}^{-1}$  of shear work. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50 rpm screw speed (Day 1) for 780 s and  $70^{\circ}\text{C}$ . Error bars represent one standard deviation (3 samples).  $G'$  ( $\blacklozenge$ ),  $G''$  ( $\blacksquare$ ) and Loss tangent ( $\blacktriangle$ ).



**Fig.4.** Temperature sweeps of model Mozzarella cheeses subjected to varied amounts of shear work ; 3.3 (◆), 4.3 (■), 8.8 (▲), 26.3 (×), 58.2 (✱) and 73.7 (●)  $\text{kJ kg}^{-1}$  corresponding to shearing times 375, 395, 635, 1515, 3035 and 3950 s. a.  $G'$ ; b.  $G''$ ; c. Loss Tangent. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and  $70^{\circ}\text{C}$ .

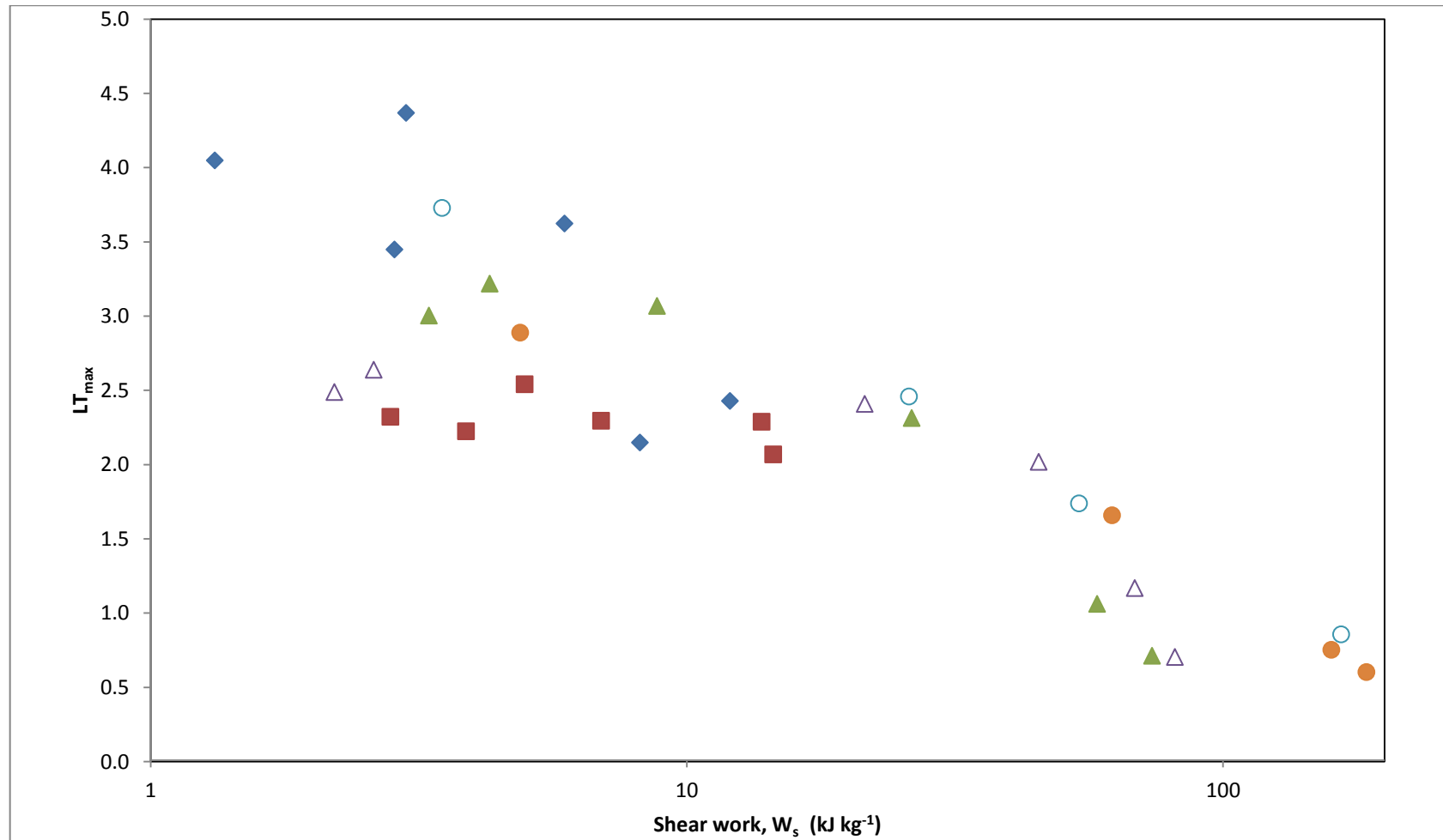


**Fig. 5.** Temperature sweeps on model Mozzarella cheeses subjected to a. 58.2 b.73.7 kJ kg<sup>-1</sup> shear work. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 1) and 70°C. G' (◆) and G''(■).

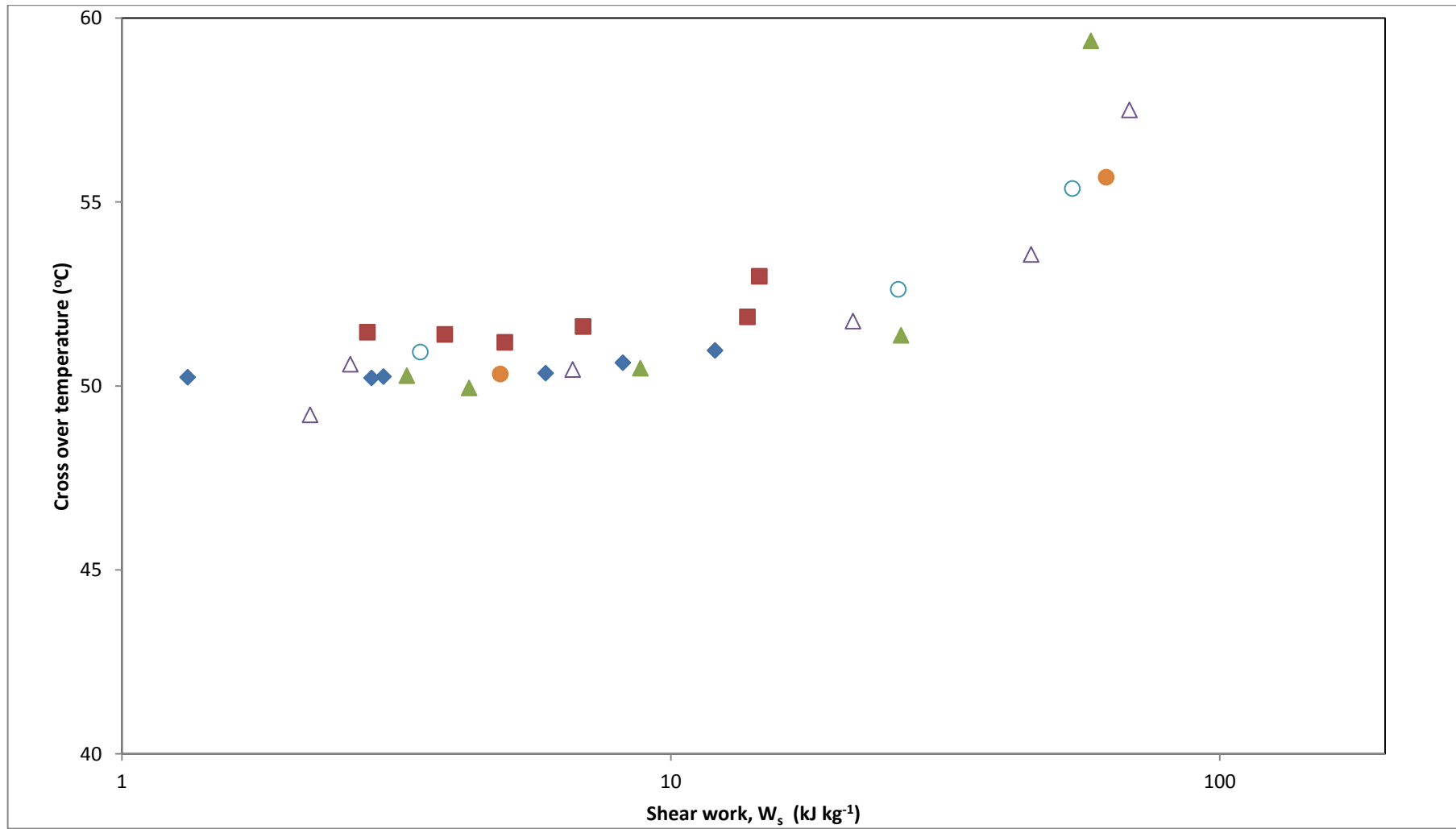


**Fig. 6.**  $G'$ - $G''$  crossover temperature (a,b) and  $LT_{\max}$  (c,d) of model mozzarella cheeses versus time (a,c) and shear work (b,d). Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed and 70°C. Day 1 (♦), Day2 (■).

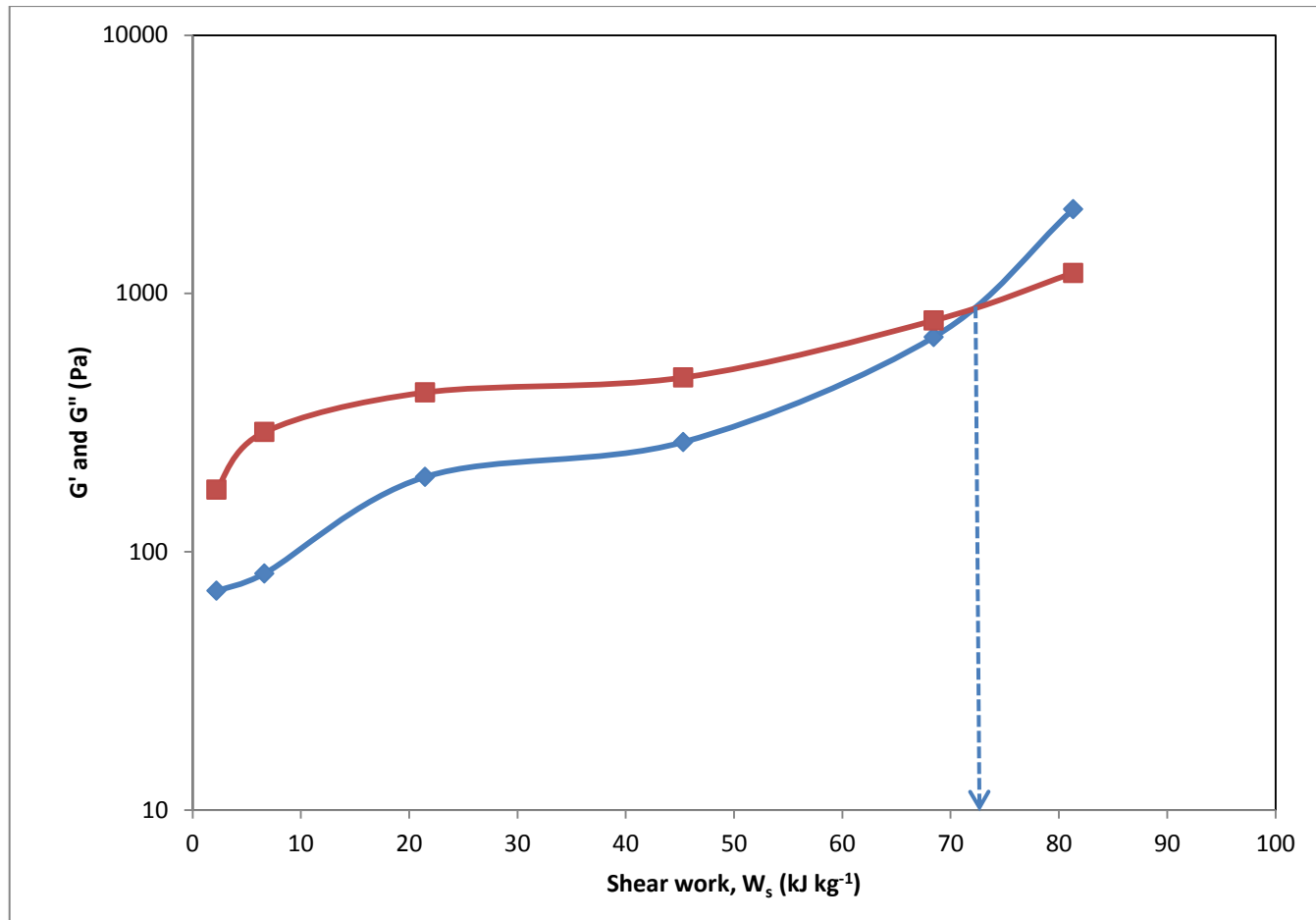




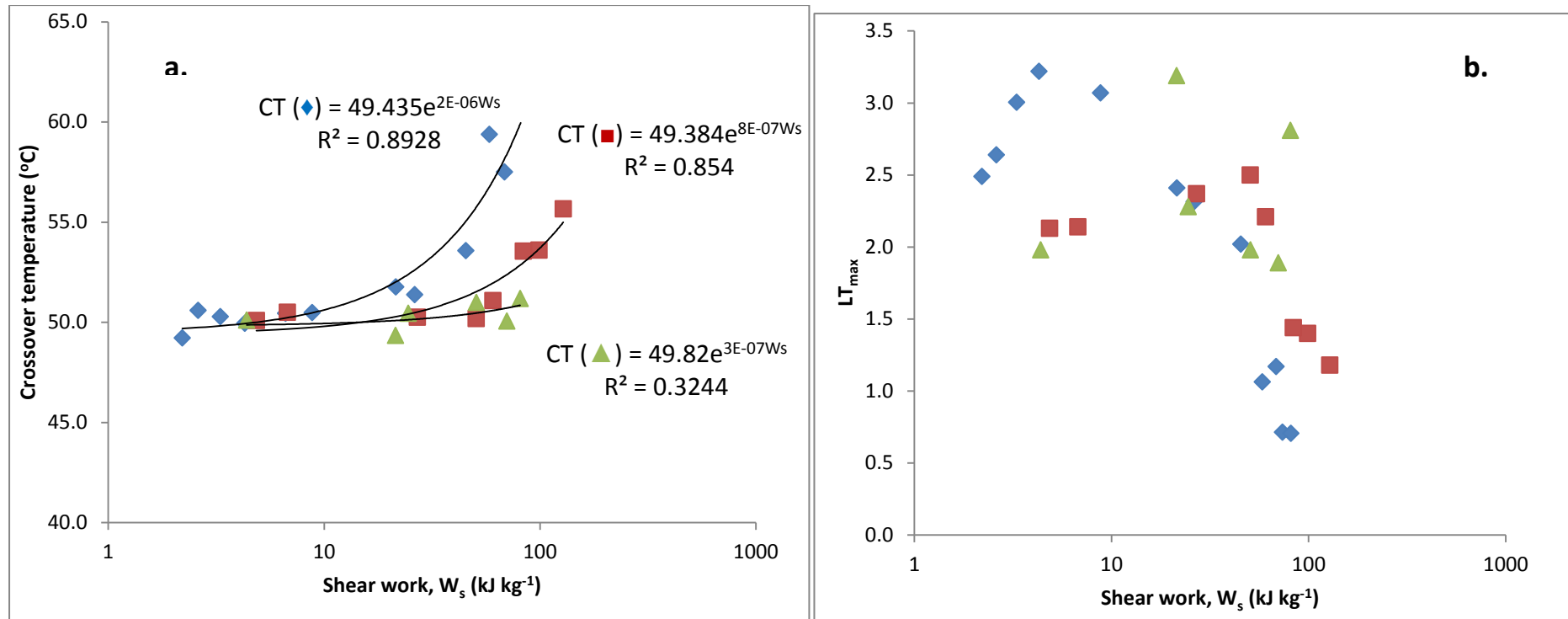
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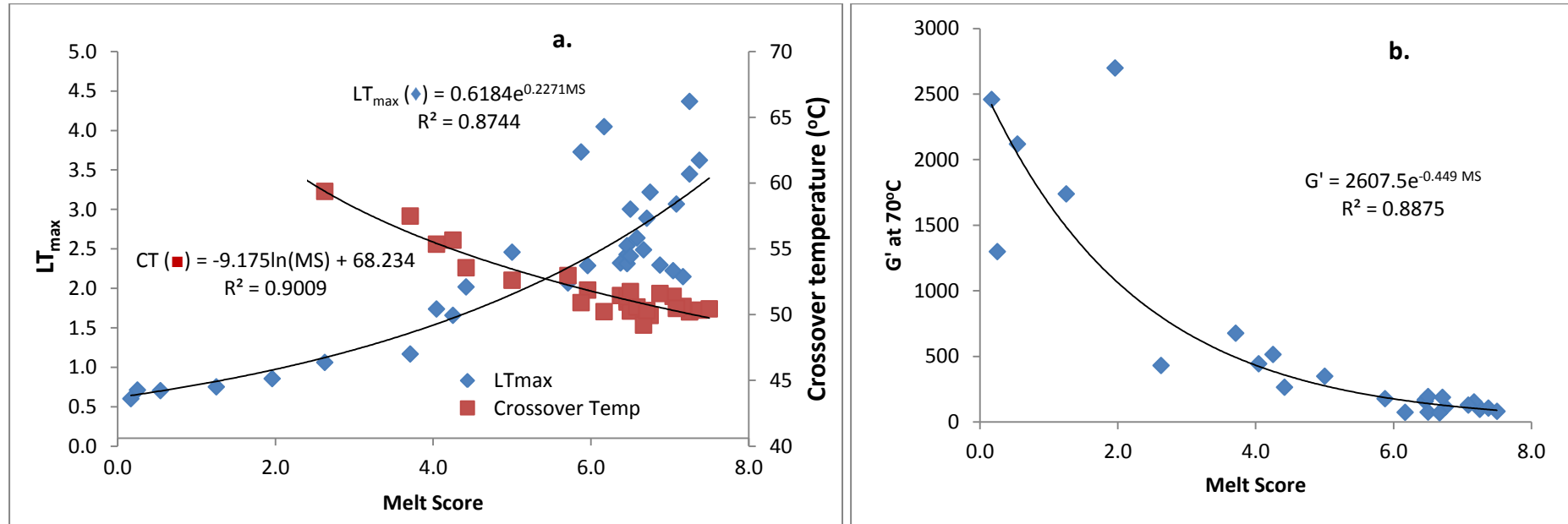
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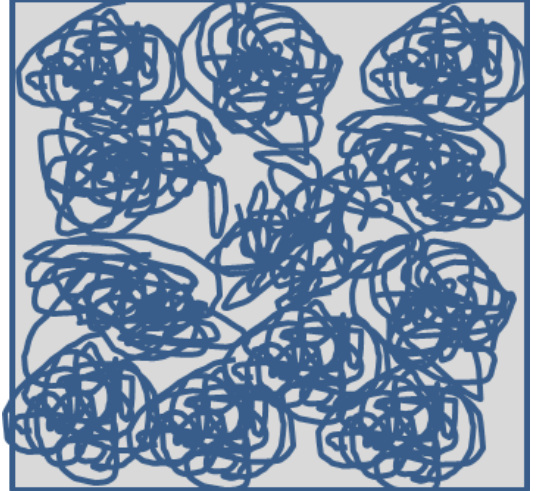
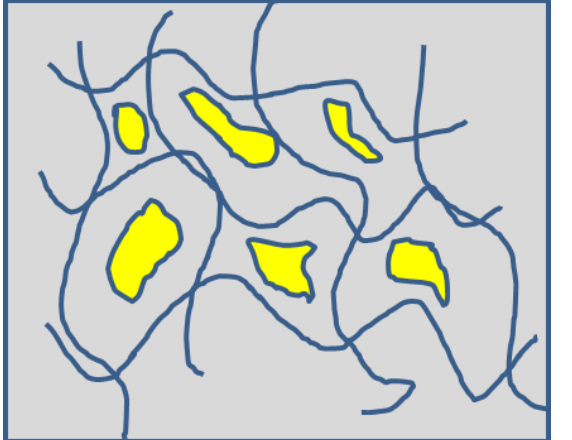
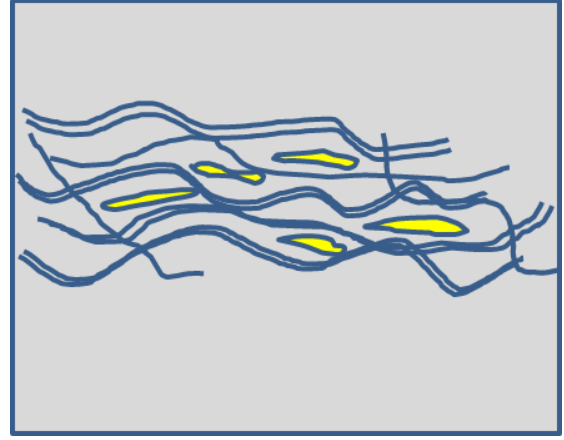
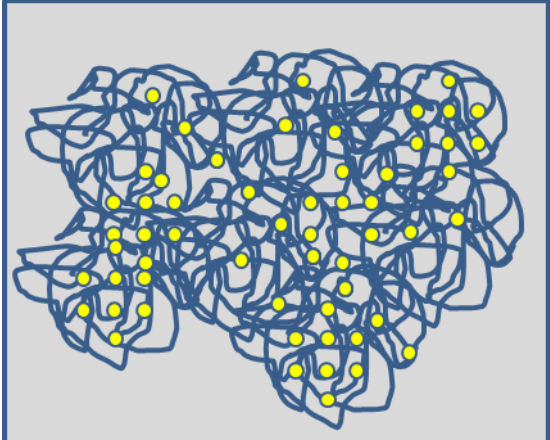
**Fig. 9.** Effect of shear work on  $G'$  and  $G''$  at  $70^\circ\text{C}$  for model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed (Day 2) and  $70^\circ\text{C}$ . Dashed arrow indicates shear work at the transition state.  $G'$  (◆) and  $G''$  (■).



**Fig. 10.** Effect of shear work on (a)  $G'-G''$  crossover temperature and (b)  $LT_{\max}$  of model Mozzarella cheeses - full fat, nonfat and with TSC added. Model Mozzarella cheeses were manufactured in the Blentech cooker at 150 rpm screw speed and 70°C. Full fat (◆), nonfat (■) and TSC added (▲) cheeses. Data from both trial days are included.

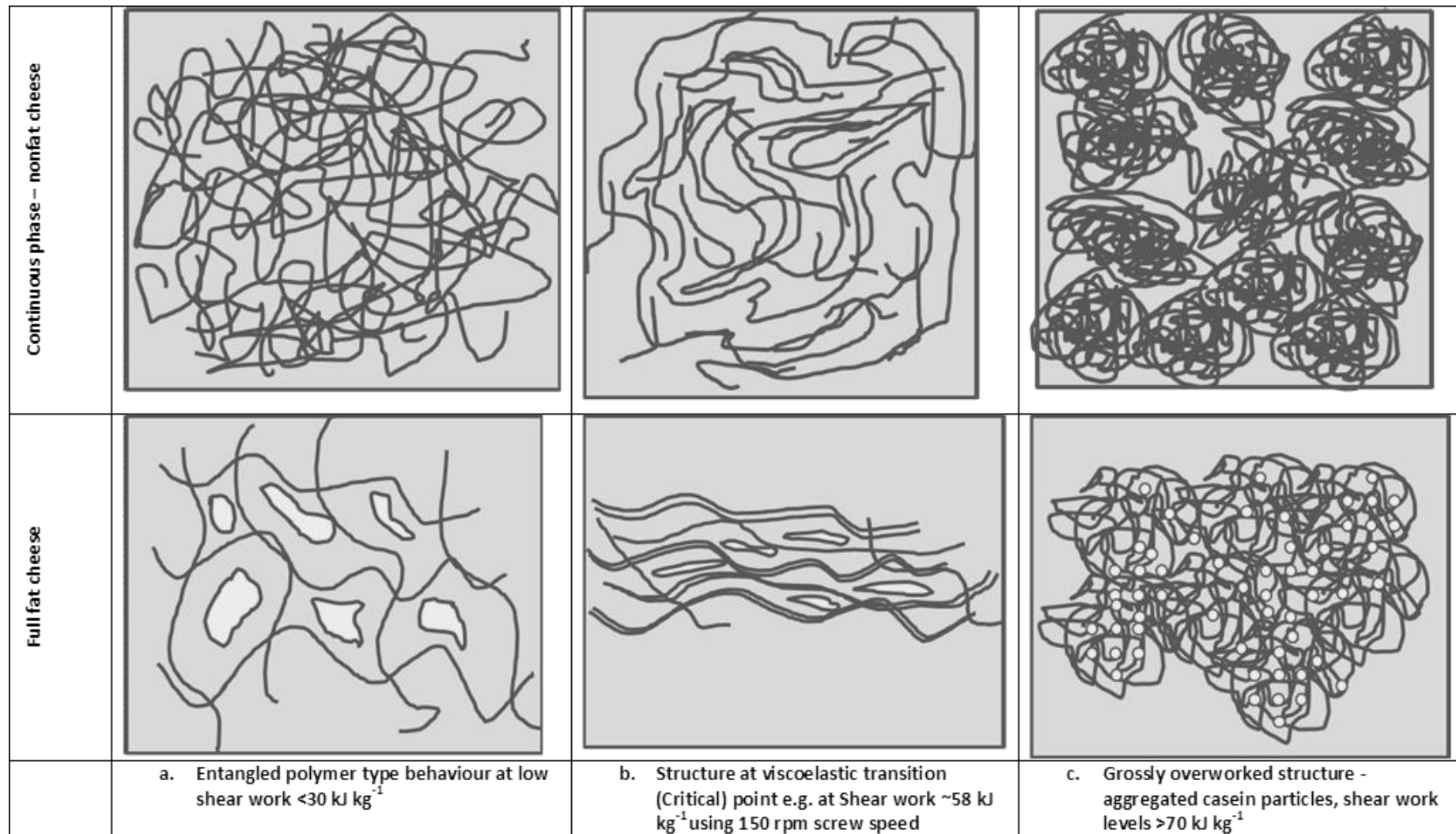


**Fig. 11.** Correlation of  $LT_{max}$  and  $G'$ - $G''$  crossover temperature (a) and  $G'$  at 70 °C (b) with melt score for the model Mozzarella cheeses. Model Mozzarella cheeses were manufactured in the Blentech cooker at 50, 150 and 250 rpm screw speeds and 70 °C. Data from both trial days are included.

Continuous phase – nonfat cheese			
Full fat cheese			
	<p>a. Entangled polymer type behaviour at low shear work <math>&lt;30 \text{ kJ kg}^{-1}</math></p>	<p>b. Structure at viscoelastic transition (Critical) point e.g. at Shear work <math>\sim 58 \text{ kJ kg}^{-1}</math> using 150 rpm screw speed</p>	<p>c. Grossly overworked structure - aggregated casein particles, shear work levels <math>&gt;70 \text{ kJ kg}^{-1}</math></p>

**Fig. 12.** Schematic model proposed for shear induced structural changes during working of model Mozzarella cheese at 70 °C in a twin screw Blentech cooker; a. entangled polymer type structure; b. structure at critical point c. structure after excessive working. Yellow colour indicates fat particles. (Not to scale.)

Black and white version of Fig. 12.



**Fig. 12.** Schematic model proposed for shear induced structural changes during working of model Mozzarella cheese at  $70^\circ \text{C}$  in a twin screw Blentech cooker; a. entangled polymer type structure; b. structure at critical point c. structure after excessive working. Light grey colour indicates fat particles. (Not to scale.)