

Endometriosis is a painful condition caused by displaced cells from the lining of the womb, causing inflammation and scarring inside the body. It affects 6-10% of women and there is no permanent cure. Medical and laparoscopic surgical treatments are available, but about 28% of patients do not get the hoped-for pain relief after surgery.

Currently there is no way of predicting who gets better and who does not. We systematically searched the world literature to establish who may get better, in order to improve counselling when women choose treatment options. We identified 5 studies of variable quality showing: More complex disease (in specialist hands) responds better to surgery than less, but more studies needed.

Systematic review of patient-specific pre-operative predictors of pain improvement to endometriosis surgery

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Running title: Success of endometriosis surgery

Twitter: [#SystematicReview](https://twitter.com/SystematicReview) of endometriosis surgery: more complex disease responds better to surgery than less, but more studies needed

1 **Abstract**

2 **Background:** Up to 28% of endometriosis patients do not get pain relief from therapeutic
3 laparoscopy but this subgroup is not defined.

4 **Objectives:** To identify any prognostic patient-specific factors (such as but not limited to
5 patients' type or location of endometriosis, sociodemographics and lifestyle) associated with
6 a clinically meaningful reduction in post-surgical pain response to operative laparoscopic
7 surgery for endometriosis.

8 **Search strategy:** PubMed, Cochrane and Embase databases were searched from inception
9 to 19th May 2020 without language restrictions. Backward and forward citation tracking was
10 used.

11 **Selection criteria, data collection and analysis:** Cohort studies reporting prognostic
12 factors, along with scores for domains of pain associated with endometriosis before and
13 after surgery, were included. Studies that compared surgeries, or laboratory tests, or
14 outcomes without stratification were excluded. Results were synthesised but variation in
15 study designs and inconsistency of outcome reporting precluded us from doing a meta-
16 analysis.

17 **Main results:** Five studies were included. Quality assessment using the Newcastle Ottawa
18 Scale graded three studies as high, one as moderate and one as having a low risk of bias.
19 Four of five included studies separately reported that a relationship exists between more
20 severe endometriosis and stronger pain relief from laparoscopic surgery

21 **Conclusion:** Currently there are few studies of appropriate quality to answer the research
22 question. We recommend future studies report core outcome sets to enable meta-analysis.

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25 **Keywords:** endometriosis, laparoscopy, systematic review, surgery

26

27

28 Introduction

29 Endometriosis is a chronic inflammatory condition affecting 6–10% of women of reproductive
30 age, defined by the presence of endometrial-like tissue outside the uterus, commonly
31 affecting the peritoneum, ovaries and other pelvic organs (Viganò et al., 2004).

32 Endometriosis impacts on many aspects of daily life and is associated with considerable
33 costs to health services and society (Simoens et al., 2012). Commonly, women with endometriosis
34 experience infertility and fatigue as well as pain, the latter often worsening during menses
35 (dysmenorrhoea) and sexual intercourse (dyspareunia). In addition, pain may occur during
36 bowel movements (dyschezia) or in a non-cyclical fashion.

37 There is no cure for endometriosis and current established treatments show an inconsistent
38 response. Laparoscopic removal of endometriosis (therapeutic laparoscopy) remains the
39 mainstay of treatment for endometriosis-associated pain (as described above) as a stand-
40 alone intervention (Zanelotti and Decherney, 2017), after failure of or in conjunction with medical
41 treatment (Duffy et al., 2014).

42 There is a distinction between diagnostic and therapeutic laparoscopies, and clinicians are
43 advised to use a combined ‘see and treat’ approach for most cases (Ball et al., 2008). A recent
44 meta-analysis (Leonardi et al., 2020), which included two studies also reviewed in this paper
45 (Sutton et al., 1994, Abbott, 2004 #12), demonstrated that operative laparoscopy was more
46 effective for pain relief at 6 months than diagnostic laparoscopy (n=102; RR 2.65; 95%
47 confidence interval 1.61-4.34 p<0.001).

48 Unfortunately, between 20% (Abbott et al., 2004) and 28% (Sutton et al., 1994) of women with
49 endometriosis pain do not respond to therapeutic laparoscopy (pre- and post-operative pain
50 scores are not different), but it is not known which subgroup of women will respond and
51 which will not. A recent meta-analysis (Leonardi et al., 2020) entitled “When to Do Surgery and
52 When Not to Do Surgery for Endometriosis” failed to identify sufficient evidence to answer
53 this question.

54

55 The location and the severity of endometriosis (commonly staged 1-4 using the revised
56 American Fertility Society grading system (r-AFS))⁽¹⁹⁸⁵⁾ may correlate with patients'
57 symptoms^(Fauconnier et al., 2002, Sinaii et al., 2008) and it could be hypothesized that these factors may
58 also have prognostic value for treatment response.

59 If clinicians knew which subgroup of endometriosis patients benefitted from laparoscopic
60 surgery, they would be better able to counsel their patients and manage their expectations.

61 Access to therapeutic laparoscopy, which is a costly, limited resource associated with
62 anaesthetic and surgical risks, could be better managed.

63 This review aims to determine which women will benefit from therapeutic laparoscopy for
64 endometriosis.

65

66 **Methods**

67 A systematic review was performed using a prospectively registered protocol as part of a
68 more extensive investigation (PROSPERO CRD42018108604, 04. sept. 2018) within the
69 CRESCENDO project (peer and Patient and Public Involvement (PPI)-reviewed, NIHR PB-
70 PG-0317-20018). Findings are reported in line with PRISMA guidelines. The search was
71 performed on PubMed, Cochrane and Embase databases from inception to 19th May 2020
72 without language restrictions. At the time of protocol writing no relevant core outcomes were
73 published, though one has since been developed^(Duffy et al., 2020). In the absence of predictor
74 variables associated with a favourable surgical outcome published in reviews or guidelines,
75 we chose an inclusive search strategy. The search is detailed in appendix S1. A manual
76 search of reference lists of included articles as well as backward and forward citation
77 tracking supplemented the database search. When clarification on data was required,
78 authors were also contacted.

79 Two reviewers (EB and BK) screened titles and abstracts separately for eligible articles and
80 reviewed the full-texts of these articles for final study selection. Disagreements were
81 resolved by discussion between reviewers and with a third reviewer (JA).

82 Our interest was in prognostic factors that can be used to identify women most likely to
83 experience pain relief from laparoscopic surgery for the treatment of endometriosis-related
84 pain. Only patient-specific pre-operative factors were explored, surgery-specific factors were
85 beyond the remit of this review, as the former would be the most relevant for patient
86 counselling before surgery. Thus, our inclusion criteria, using the PECO format (Morgan et
87 al., 2018), were:

88 Patients: Women with endometriosis

89 Exposure: Women, for whom the presence of any type of prognostic patient-specific factor
90 was reported (this could be any sociodemographic, lifestyle and disease-related factors). We
91 did not specify the prognostic factor before a priori, but approached the search with an open
92 mind and recorded the prognostic factors that were available in the literature and where the
93 pain outcomes were stratified by those predictors.

94 Comparison: Women without the prognostic factor of interest (e.g. parous women
95 (exposure) nulliparous women (non- exposure))

96 Outcomes: Improved dysmenorrhoea, dyspareunia, non-cyclical pelvic pain and dyschezia
97 or global pain reported after at least 6 months on the visual analogue score (VAS) or as
98 'better' or 'improved' versus 'not better' or 'not improved'

99 Pain relief after surgery had to be reported stratified by the prognostic factor, to allow, if data
100 were available, for the construction of a 4x4 table. This means that studies without a
101 comparative element were not included.

102 We excluded: Recurrence and re-operation rates as measures for surgical outcomes, fertility
103 outcomes, a postoperative follow up time of less than six months (the minimum the research

104 group agreed necessary to judge genuine surgical outcomes), studies comparing different
105 surgical techniques, or laboratory tests as predictor variables, reports without predictor
106 variables, abstracts, case reports, conference proceedings, and review articles.

107 EB and CM independently extracted the data on pre- and post-operative pain scores
108 stratified by risk factors. EB and CR assessed the quality of studies using the Newcastle-
109 Ottawa scale ^(Wells et al.).

110 Findings were reported as a qualitative synthesis due to a paucity of data and variation in
111 reporting, which precluded meta-analysis.

112 **Results**

113 **Search results and risk of bias**

114 The search returned 14 366 citations; additional backward and forward citation tracking
115 returned one additional paper. After removal of duplicates 34 full-text papers were obtained.
116 Of these, 29 were excluded after inclusion and exclusion criteria were applied (Figure 1;
117 Table S1). We included five studies (n=606) (Chopin et al., 2005, Abbott et al., 2003, Milingos et al., 2006, Banerjee et
118 al., 2006, Ghai et al., 2020), two retrospective (Chopin et al., 2005, Ghai et al., 2020), three prospective. All were
119 from specialist clinics from the global north and included all endometriosis stages (study
120 details Table 1).

121 Considering risk of bias for the five studies, one scored low (Chopin et al., 2005), one medium (Ghai et
122 al., 2020), and four (Abbott et al., 2003, Banerjee et al., 2006, Milingos et al., 2006, Ghai et al., 2020) high using the
123 Newcastle Ottawa tool (Table 2). While scoring highly in other domains, three studies scored
124 low on 'comparability' which may be the result of poor reporting rather than poor study
125 design.

126 We found reports which stratified postsurgical pain relief by disease severity and anatomical
127 site. There were no reported data on the predictive role of sociodemographic factors (for
128 instance age and parity).

129 **Study participants**

130 Chopin (Chopin et al., 2005) retrospectively reported data from a continuous series of women (age
131 not stated) from a French university-affiliated hospital who reported pain (dysmenorrhoea,
132 deep dyspareunia, chronic pelvic pain (CPP) or a pain combination) and deep endometriosis
133 (DE) affecting at least a uterosacral ligament (USL). Of the 241 recruited women with
134 laparoscopy-proven DE, 132 were included with complete follow-up. Only women with a
135 histological lesion of ≥ 5 mm depth were included.

136 Banerjee (Banerjee et al., 2006) recruited women (age not stated), with symptoms suggestive of
137 endometriosis from CPP clinics in a district hospital with tertiary level endometriosis care.

138 One hundred and eight women were recruited; 88 women had histologically confirmed
139 endometriosis, two women had no endometriosis. Of the 88 with endometriosis, 44 women
140 had complete datasets and were analysed.

141 Milingos (Milingos et al., 2006) recruited 274 women with CPP of ≥ 6 months from university fertility
142 and laparoscopy clinics, of whom 258 underwent laparoscopy, excluding women with pouch
143 of Douglas obliteration or requiring hysterectomy. One hundred and one women were
144 visually diagnosed with endometriosis during laparoscopy.

145 Abbott (Abbott et al., 2003) reported 254 women referred with pain symptoms suggestive of
146 endometriosis to two specialist units of whom 132 were included in the analysis. The mean
147 age was 31 years (20-48), 6% were nulliparous, 70% had required analgesia for pain and
148 73% had hormonal treatment. Seventy percent had at least one prior diagnostic or operative
149 laparoscopy.

150 Ghai (Ghai et al., 2020) reported a secondary analysis of existing databases (Kent et al., 2014, Kent et al.,
151 2016) of 198 women who had endometriosis surgery. In the group with severe endometriosis,
152 2.9% were converted to laparotomy. The authors do not report demographics but state no
153 difference between responders and non-responders in age and stage of endometriosis
154 within superficial and deep endometriosis (Ghai et al., 2020). Three studies recruited in
155 England (Abbott et al., 2003, Banerjee et al., 2006) (Ghai et al., 2020) one in Greece (Milingos et al., 2006) and one in
156 France (Chopin et al., 2005).

157 Authors state CPP as an indicator for surgery; one study also includes fertility (Ghai et al., 2020). In
158 studies that stated the data (Chopin et al., 2005, Abbott et al., 2003), women averaged 31 years and a
159 large proportion were childless (Table 1). Ethnicity and other sociodemographic factors were
160 not reported. All studies reported dropouts (Table 1). In one study (Banerjee et al., 2006), this
161 involved half of the women who had laparoscopically confirmed endometriosis. Apart from
162 Banerjee (Banerjee et al., 2006), all other authors listed previous surgical and medical treatments
163 (see Table 1).

164 In all studies the aim was for complete laparoscopic endometriosis removal. The surgical
165 approach depended on the depth and location. Milingos' (Milingos et al., 2006) described ablation of
166 implants (not further specified), lysis of adhesions and excision of fibrosis / endometrioma.
167 Six cases of 'frozen pelvis' were converted to open hysterectomy with bilateral
168 oophorectomy and were excluded. Banerjee (Banerjee et al., 2006) described excision with
169 monopolar diathermy; rectovaginal and bilateral USL lesions were removed en-bloc, ovarian
170 endometrioma drained and excised, vaginal and bladder endometriosis fully excised and
171 bowel endometriosis treated with shaving or disc resection. Chopin (Chopin et al., 2005) described
172 a 'see and treat approach' and excision of all endometriosis lesions +/- ureterolysis.
173 Endometrioma were excised; superficial implants were coagulated. Bladder and USL
174 lesions were excised, and vaginal endometriosis was treated with laparoscopically-assisted
175 resection. Intestinal lesions were treated by laparoscopy or laparotomy (n= 16 not further
176 specified). Abbott (Abbott et al., 2003) reported a previously published excisional technique without
177 hormonal pre-treatment (Garry et al., 2000). Ghai (Ghai et al., 2020) described laser ablation or ultrasonic
178 excision of superficial endometriosis. All DE patients had bowel involvement treated with
179 bowel shaving, disc excision or anterior resection. Women received six months of
180 reoperative gonadotropin-releasing hormone antagonist.

181
182 In two studies (Chopin et al., 2005, Milingos et al., 2006), a proportion of complex cases were either
183 converted to or planned as laparotomies. Milingos (Milingos et al., 2006) excluded six cases due to
184 conversion to open surgery.

185
186 Apart from Millingos (Milingos et al., 2006) and Ghai (Ghai et al., 2020), who included ablation of
187 endometriosis, all others report histological confirmation. The duration of follow up ranged
188 from 6 months (Milingos et al., 2006) to 9 years (Abbott et al., 2003). Three studies scheduled follow up at a
189 single timepoint: Milingos (Milingos et al., 2006) 6, Ghai (Ghai et al., 2020) 12 and Banerjee (Banerjee et al.,
190 2006), at 18 months. Chopin (Chopin et al., 2005) reported a mean follow-up of 3.3 years (range 1.0-

191 9.1) and Abbott (Abbott et al., 2003) a mean follow-up of 3.7 years (range 2-5). Follow-up rates
192 were 94% (Banerjee et al., 2006), 76% (Abbott et al., 2003), 72% (Ghai et al., 2020) for severe endometriosis,
193 54% (Chopin et al., 2005) and 52% (Milingos et al., 2006).
194 Dysmenorrhoea, dyspareunia, and also non-menstrual pelvic pain or CPP (used
195 synonymously) were measured in all studies. Additional symptoms were menstrual and non-
196 menstrual dyschezia, menstrual and non-menstrual backache and lower urinary tract
197 symptoms. Apart from Ghai (Ghai et al., 2020) and Banerjee (Banerjee et al., 2006), researchers used the
198 10 cm VAS for pain. Banerjee used a 0-5 cm VAS for pain and calculated one global score
199 for each participant. Milingos (Milingos et al., 2006) grouped the VAS results measured as 0 cm, 1-5
200 cm, 6-7 cm and 8-10 cm, when testing the correlation between pain and endometriosis
201 severity. Furthermore, they created the binary measurement 'improved' vs 'non-improved'
202 (reduction of ≥ 2 points) when comparing the post-operative pain reduction of minimal/mild
203 with moderate/severe endometriosis. Ghai (Ghai et al., 2020) measured pain changes using the
204 EPH-30 questionnaire, defining any pain decrease as improvement.

205 **Endometriosis severity**

206 Regarding endometriosis severity (Table 1), all studies included all endometriosis stages.
207 The proportion of moderate and severe endometriosis combined is highest in Milingos
208 71.6% (Milingos et al., 2006), followed by Abbott 58% (Abbott et al., 2003) and Chopin (Chopin et al., 2005) and
209 Banerjee (Banerjee et al., 2006), who both report 45%. Ghai (Ghai et al., 2020) reports DE (excluding
210 moderate severity endometriosis) at 48%. The high proportion of severe endometriosis is
211 likely due to recruitment from specialised centres. The two predictor variables by which
212 outcomes were stratified were endometriosis severity and anatomical site. Within the group
213 of severe endometriosis, Ghai (Ghai et al., 2020) reported higher pre-operative pain and lower
214 feeling of control scores associated with response to surgery. Study results are shown in
215 Table 6.

216 All five included studies reported endometriosis severity; four considered either AFS stages
217 1-4 (Chopin et al., 2005, Abbott et al., 2003) or depth of invasion (superficial / deep) in the relevant

218 analysis (Banerjee et al., 2006) (Ghai et al., 2020). Milingos (Milingos et al., 2006) dichotomised severity
219 into minimal/mild (AFS scores < 16) and moderate/severe endometriosis (≥ 16), Ghai
220 reported superficial (stage 1-3) versus severe disease (stage 4).

221 **Endometriosis-related pain and disease severity**

222 Abbott (Abbott et al., 2003) reported the median and interquartile ranges of the pre-operative and
223 post-operative pain scores for different pain types and compared pain scores for
224 endometriosis stage 1 to 4 before and after surgery. This study did not compare pain
225 reduction before and after surgery between different stages of endometriosis (such as a test
226 for trend). The reduction in dysmenorrhoea is consistently highly statistically significant
227 ($p < 0.001$) across all endometriosis stages, but women with stage 4 endometriosis showed
228 the highest magnitude in pain reduction across the pain types (dyspareunia < 0.0001 , non-
229 menstrual pelvic pain < 0.0001 , dyschezia 0.002). Other stages, while still showing significant
230 reduction in pain (Table 2) showed lower levels of statistical significance. Only patients with
231 stage 3 endometriosis showed no evidence of pain reduction from dyschezia ($p = 0.12$).

232 Milingos (Milingos et al., 2006) reported higher pre-operative scores for dysmenorrhea and
233 dyspareunia in moderate/severe (group 2) than minimal / mild endometriosis (group 1) ($p =$
234 0.014 and $p < 0.0001$ respectively). The authors compared changes in pain scores pre- to
235 post-operatively in two analyses. Firstly, 'change in pain score' was depicted graphically for
236 minimal/ mild and moderate/severe endometriosis. Without providing numerical data, the
237 authors reported the magnitude for pain score reduction for dyspareunia to be higher in the
238 group with moderate/severe endometriosis ($p = 0.04$). Differences for dysmenorrhoea and for
239 non-menstrual pelvic pain were not statistically significant ($p = 0.082$ and $p = 0.56$,
240 respectively). For dysmenorrhoea, the differences may have been clinically significant, as
241 the authors reported a benefit.

242 Secondly, the authors looked at subgroups of women, who had 'improved' pain scores for
243 dysmenorrhoea ($n = 52$), dyspareunia ($n = 38$), and non-menstrual pain ($n = 30$) after surgery

244 (≥ 2 cm VAS reduction) and compared the proportions with minimal/mild and
245 moderate/severe endometriosis. Regarding women with improved dysmenorrhea (n=52),
246 43% had minimal/mild and 66% moderate/severe endometriosis ($p = 0.0037$). Of the women
247 reporting improved deep dyspareunia (n=38), 33% had minimal/mild and 67% had
248 moderate/severe endometriosis ('not significant') and for non-menstrual pain (n=30) 67%
249 had minimal/mild and 56% had moderate/severe endometriosis ('not significant').

250 Banerjee (Banerjee et al., 2006) reported a global pain score for three groups of women: no
251 endometriosis, isolated superficial endometriosis and DE +/- superficial endometriosis.
252 Global scoring was 35 maximum points, the sum of 0-5 points for each of dysmenorrhoea,
253 dyspareunia, non-cyclical pelvic pain, menstrual dyschezia, non-menstrual dyschezia,
254 menstrual backache, non-menstrual backache. The surgeon visually distinguished between
255 superficial peritoneal and deep infiltrating/nodular lesions. Data indicate a correlation
256 between deep /superficial classification and AFS staging (chi square test of association:
257 $X^2_{(3)}=25.8$ $p<0.001$). Pre- and post-operative global pain scores were compared using a
258 paired T-test in all three groups, women without endometriosis (n=2; $p=0.30$), with only
259 superficial endometriosis (n=17; $p=0.43$), and with DE+/-superficial endometriosis (n=27;
260 $p=0.004$). The authors concluded surgery did not reduce pain scores in superficial
261 endometriosis but was valuable in DE. We agree but note the small group size.

262 Ghai (Ghai et al., 2020) reported a significantly higher proportion of women treated for severe
263 endometriosis responding to surgery (n=86/96) than for superficial disease (77/102;
264 $p=0.0089$). Women with severe endometriosis were more likely to respond if they had
265 higher pre-operative EPH-30 pain scores (median 66, range 24-83) vs lower scores (median
266 50; range 20.5-63.6) and lower scores for 'feeling of control' (60.25; range 47.7- 72.7 versus
267 62.5, range 45.8-70.8).

268

269 **Endometriosis-related pain and disease location**

270 All authors, apart from Ghai (Ghai et al., 2020), detailed endometriosis location; USL endometriosis
271 was listed in four studies, ovarian endometrioma in three (Abbott et al., 2003, Banerjee et al., 2006, Milingos et
272 al., 2006) and rectovaginal septum (Milingos et al., 2006) and intestinal endometriosis in two (Banerjee et al.,
273 2006, Chopin et al., 2005).

274 Chopin (Chopin et al., 2005) reported pre- and post-operative pain scores stratified by location:
275 USL, vagina, bladder and intestine. Pre- and post-operative differences in pain scores were
276 compared for each location, but locations were not compared with each other. Removal of
277 USL endometriosis (n=78) resulted in highly significant reduction across all five pain types
278 (dysmenorrhoea $p<0.001$, deep dyspareunia $p<0.001$, dyschezia $p=0.001$, lower urinary
279 tract symptoms $p=0.011$, and non-cyclical pelvic pain $p<0.001$). Vaginal (n=25) and
280 intestinal (n=16) endometriosis excision was associated with significant reduction of four
281 pain types (dysmenorrhoea $p=0.001$ and $p=0.004$ respectively, deep dyspareunia $p=0.001$
282 and $p=0.015$ respectively, dyschezia $p=0.007$ and $p=0.033$ respectively and non-cyclical
283 pelvic pain $p=0.022$ and $p=0.027$ respectively), but not lower urinary tract symptoms
284 ($p=0.0679$ and $p=0.0697$ respectively). Removal of bladder endometriosis (n=13) resulted in
285 a significant reduction in dysmenorrhoea $p=0.022$, deep dyspareunia $p=0.0117$ and lower
286 urinary tract symptoms $p=0.022$, but not dyschezia $p=0.0697$. Non-cyclical pelvic pain
287 reduction could not be ascertained due to missing data.

288

289 Excluded studies

290 Two excluded studies for which we obtained full texts merit further discussion. Sutton (Sutton et
291 al., 1994) was excluded due to limited presentation of results. Seventy-four women from
292 gynaecology clinics with symptoms suggesting endometriosis were included. Visual
293 assessment at laparoscopy showed minimal (n=29), mild (n=28) and moderate (n=6)
294 endometriosis, which was destroyed with laser and not histologically confirmed. Follow-up
295 was 3 and 6 months post-operatively. Of the 74 recruited women 63 completed the study.

296 Women recorded the intensity of global pain on a 10cm VAS and also 'how pain had
297 changed'. The proportion of women with pain alleviation stratified by endometriosis stage
298 was graphically displayed, without numerical values or significance testing. The proportion of
299 women with stage 3 endometriosis is depicted at 100 'percentage better' whereas the
300 percentage in stage 1 endometriosis is depicted below 50 'percentage better'. The authors
301 were unsuccessfully contacted for their raw data. However, they concluded that the severity
302 of pain experienced by endometriosis patients may be used to predict their response to
303 surgery.

304 A retrospective cohort study by Harris (Harris et al., 2020) recruited 972 women who underwent
305 therapeutic laparoscopy for confirmed endometriosis. In total 398 women had complete
306 follow-up reported 6/52 weeks post-operatively. This study was excluded because of short
307 follow-up. Global pain was recorded as
308 'pain improvement/resolution' versus 'no improvement'.

309 The proportion of women with improvement/resolution was higher if women: were 'not
310 Caucasian' (n=188, 67.7%) versus 'Caucasian' (n=90, 32.4%) - OR 0.60, CI 0.37-0.99
311 p=0.046; were operated on by a specialised endoscopic gynaecologist (n=75, 83.0%)
312 versus not (n=15, 16.7%) - OR 0.42, CI 0.18-0.94 p=0.036; had a history of CPP (n=29,
313 55.8%) versus not (n=23, 44.2%) - OR 2.0, CI 1.14-3.76 (p=0.02)); had stage 3-
314 4 endometriosis (n=128, 83.1%) versus stage 1-2 (n=26, 16.9%) - OR 0.35, CI 0.21-0.57
315 p<0.001.

316 Discussion

317 **Main Findings:** Four of the five included studies indicate that stronger pain relief after
318 endometriosis surgery was related to more severe disease prior to surgery (Chopin et al., 2005;

319 Banerjee et al., 2006; Milingos et al., 2006; Ghai et al., 2020).

320 Although the current review returned a limited quantity and quality of evidence, the 'theme' 'severity of endometriosis' is consistent across

321 studies and warrants further investigation to determine whether it may be used in the future
322 to counsel women about laparoscopic surgery for endometriosis. Endometriosis severity
323 may be only fully understood during laparoscopy. Nonetheless, there are clinical pointers to
324 DE, such as severity of symptoms (Fedele et al., 1992, Ferrero et al., 2005), USL nodularity, and the 'kissing
325 ovary' sign on scan, which may be used as surrogate markers for disease severity. More
326 research is needed to quantify the value of using these in treatment decision making (Ghezzi et al.,
327 2005, Matorras et al., 1996).

328 **Strengths and Limitations:** The strengths of this systematic review include a thorough
329 literature review following PRISMA guidelines and assessment of studies using the
330 Newcastle Ottawa quality tool. However, due to the limitations of the available data and the
331 high risk of bias scores we are unable to make definitive conclusions about predictors of
332 surgical success.

333 **Interpretation:** It was surprising to find so few studies focussing on patient-specific
334 predictors of favourable surgical outcomes, given the large number of series that report
335 evidence of a reduction of endometriosis-related pain scores after surgery (Garry et al., 2000, Ford et
336 al., 2004, Wykes et al., 2006, Angioli et al., 2014, De la Hera-Lazaro et al., 2016, Byrne et al., 2018, Rindos et al., 2020) and the large
337 numbers of affected patients.

338 Reviewed studies included women with advanced endometriosis, treated in specialist
339 centres and with reported complete excision.

340 Surgical factors that could influence operative outcomes – such as whether excision is
341 complete - are highly relevant to future research. Studies show less pain reduction in
342 incomplete compared to complete surgery (Hidaka et al., 2012, Cao et al., 2015, Angioni et al., 2015). Thus a
343 systematic review of three randomised controlled trials (RCTs) with 335 women indicates
344 superior reduction of dysmenorrhea (mean difference [MD] = 0.99; 95% confidence interval
345 [CI], -0.02 to 2.00; p = .05) and dyschezia (MD = 1.31; 95% CI, 0.33-2.29; p = .009) using
346 excision compared to ablation, but not in dyspareunia (MD = 0.96; 95% CI, -0.07 to 1.99;
347 p = .07) (Pundir et al., 2017). Conversely, a later RCT of 73 women with endometriosis ablation and

348 excision showed no difference in dysmenorrhoea but a difference in dyspareunia at 6
349 months (Mean Change -22.96; 95% CI, -39.06 to -6.86; $p = .01$) (Riley et al., 2019).

350 The studies included in the present review used the r-AFS scoring or a score deduced from
351 it. Whilst the AFS score was designed to predict fertility and puts strong weighting on
352 endometriotic cysts, it may correlate less well with pain (Vercellini et al., 1996), whereas the ENZIAN
353 score (Haas et al., 2013, Montanari et al., 2019) may have stronger correlation in pain in DE.

354 The location of endometriosis in the USL and its removal may have a special role in pain
355 relief after surgery (Chopin et al., 2005, Chapron and Dubuisson, 1996), and appears to be closely associated
356 with the symptom of dyspareunia (Porpora et al., 1999, Fauconnier et al., 2002, Montanari et al., 2019). The presence
357 of endometriosis is specifically associated with tenderness of the cul-de-sac or USL during
358 examination (Yong et al., 2017). This can help indicate the presence of DE.

359 Debate remains whether surgical removal of endometriosis can relieve non-cyclical pelvic
360 pain. Abbott (Abbott et al., 2003), Chopin (Chopin et al., 2005), and Banerjee (Banerjee et al., 2006), but not
361 Milingos (Milingos et al., 2006) reported evidence of improvement of non-cyclical pelvic pain. Pain
362 scores for non-cyclical back pain and non-cyclical dyschezia failed to show evidence of
363 improvement after removal of endometriosis in one paper that included these outcomes
364 (Banerjee et al., 2006). These symptoms may have causes other than endometriosis, as also can
365 non-cyclical CPP that is resistant to laparoscopic endometriosis treatment.

366 The use of post-operative adjuvant hormone treatment (such as the oral contraceptive pill or
367 levonorgestrel intrauterine device) could have been a confounding variable for pain
368 improvement, especially dysmenorrhoea. However, this detail is not provided in the studies
369 included.

370 **Conclusion:** The current systematic review identified severity of endometriosis as a
371 possible predictor for surgical response based on a small number of studies, mostly
372 assessed as having a 'high risk of bias'. The review has also shown there is a knowledge
373 gap that needs to be filled. A multicentre RCT to clarify if low stage endometriosis removal
374 causes any improvement in pain scores is planned (Horne et al., 2019). We are also currently
375 producing an algorithm to predict surgical success in women with confirmed or suspected

376 endometriosis (CRESCENDO, NIHR PB-PG-0317-20018) using pre-existing databases
377 (Daniels et al., 2009, Byrne et al., 2018, Khan KS, 2018). Given the review findings we recommend that future
378 studies should be designed more robustly and less heterogeneously. An important element
379 is the reporting of pre-defined core outcome sets for endometriosis treatment (Hirsch et al., 2016,
380 Duffy et al., 2019). With standardised reporting, studies can be adequately compared, synthesised
381 and meta-analysed. A core outcome set for endometriosis has recently been published (Duffy
382 et al., 2020) that includes overall pain, improvement in the most troublesome symptom and
383 quality of life, and its adoption may create more substantive evidence in the future.

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None of the authors declare financial, personal, political, intellectual or religious interests relating to the current paper. Andrew Horne is a Co-Editor-in-Chief of Reproduction and Fertility. Andrew Horne was not involved in the review or editorial process for this paper, on which he is listed as an author.

Details of Ethics Approval

Given this study was a systematic review on data in the public domain it is exempt from ethics approval

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Contribution to authorship

I confirm that all authors made a substantial contribution to conception and design, or acquisition of data, or analysis and interpretation of data; AND in drafting the article or revising it critically for important intellectual content; AND in the final approval of the version to be published; AND All authors agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

In addition, the authors carried out the following tasks:

EB: Conception, planning, carrying out systematic review, analysing and writing

BK: Carrying out systematic review, analysing and writing

BKY: Carrying out systematic review, writing

CR: Conception, planning, carrying out systematic review, analysing and writing

JA: Conception, planning, carrying out systematic review, analysing and writing

CM: Conception, planning, carrying out systematic review, analysing and writing

AH: Conception, planning and writing

KML: Conception, planning, carrying out systematic review, analysing and writing

SB: Conception, planning and writing

JD: Conception and writing

Abbreviations

Chronic pelvic pain (CPP)

Deep endometriosis (DE)

National Health Service (NHS)

Revised American Fertility Society grading system, (r-AFS)

Uterosacral ligaments (USL)

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Table 1 Characterisation of studies.

Reference	Design	Cohort studied	Average Age (y)	Parity	Setting	Study size and Attrition			EM location	EM stages	Prev. treatment	Operative approach	Hist. confirm.	Follow up time from baseline, y	Pre- and Post-operative Outcome measures
						LAP ‡	EM	Follow-Up							
Abbott <i>et al.</i> (2003)	POC	ES 1-4	31 (20-48)	0: 80/175 (60%)	2 UK UH	261	176	135	OE: 38%; USL: 88%	Stage 1: 28%; Stage 2: 28%; Stage 3: 17%; Stage 4: 41%	Analgesia: 70%; HT: 70% Prev. LAP: 70%	CLET: 100%	yes	5 (3.2 (2-5) ‡)	VAS (10cm) presented as median and IQR for dysmenorrhoea, dyspareunia, non-menstrual PP, dyschezia)
Chopin <i>et al.</i> (2005)	ROC	DE†	31.7 ± 5.4	0.3± 0.61 (0-3)	1 French UAH	241	241	132	USL: 59.9%; vagina: 18.9%; bladder: 9.8%; intestine: 12.1%; multiple locations: 39.4%	Stage 1: 20.5%; Stage 2: 34.1%; Stage 3: 24.2%; Stage 4: 21.2%	HT: 56%; Prev. LAP: 0.9+-1	CLET: 87.1%; LT: 12.9%	yes	3.7±2.0 (median: 3.3)	VAS (10 cm) for each pain type (dysmenorrhoea, dyspareunia, CPP, dyschezia, lower urinary tract symptoms)
Banerjee <i>et al.</i> (2006)	POC	ES 1-4 and no EM	NS		1 UK tertiary EM centre in DGH	108	88	46	OE: 14%; USL: 59%; recto-vaginal: 43%; pouch of Douglas: 43%; intestine: 47%	Stage 1: 39%; Stage 2: 16%; Stage 3: 9%; Stage 4: 36%	NS	CLET: 100%	yes	18 months post-surgery	Pre- and post-operative global pain scores; these are a sum of VAS (0-5) for dysmenorrhoea, dyspareunia, non-cyclical pelvic pain, menstrual dyschezia, non-menstrual dyschezia, menstrual backache, non-menstrual backache
Milingos <i>et al.</i> (2006)	POC	ES 1-4	NS		1 Greek UH	258	101	95	OE: 61.8%; USL: 59%; recto-vaginal septum: 10.3%	Minimal and mild: 21.4%; moderate and severe: 71.6%	Prev. LAP: 14.7%	CLET; LT: 6.3%	no	6 months post-surgery	VAS (10) for each pain type dysmenorrhoea, dyspareunia, non-menstrual pelvic pain. Pain scores grouped as 0, 1-5, 6-7, 8-10
Ghai <i>et al.</i> (2020)	RS*	ES 1-4	NS		1 UK tertiary EM centre in DGH	102	96	100	ND	Stage 1-3 “superficial”: 48%; stage 4 with bowel involvement “severe”: 52%	GRA: 6/12	Stage 1-3: laser destruction or excision; Stage 4: excision (97.1% CLEP); LT: 2.9%	Severe: yes; superficial: NS	12 months post-surgery	Pre- and post-operative pain component measured with EPH30 questionnaire

* Analysis of data from previous databases (1, 2); † with infiltration of USL or Bladder/ intestine/ vagina; ‡ women with CPP who had laparoscopy; † mean (range)

POC, prospective observational cohort; ROC, retrospective observational cohort; RS, retrospective secondary; EM, endometriosis; ES, endometrial stage; NS, Not stated; ND, not detailed; UH, university hospital; UAH, university affiliated hospital; DGH, district general hospital; LAP, laparoscopy; OE, ovarian endometrioma; HT, hormonal treatment; Prev. previous; GRA, gonadotropin receptor antagonist; CLET, complete laparoscopic excisional treatment; LT, laparotomy; Hist. confirm., histological confirmation;

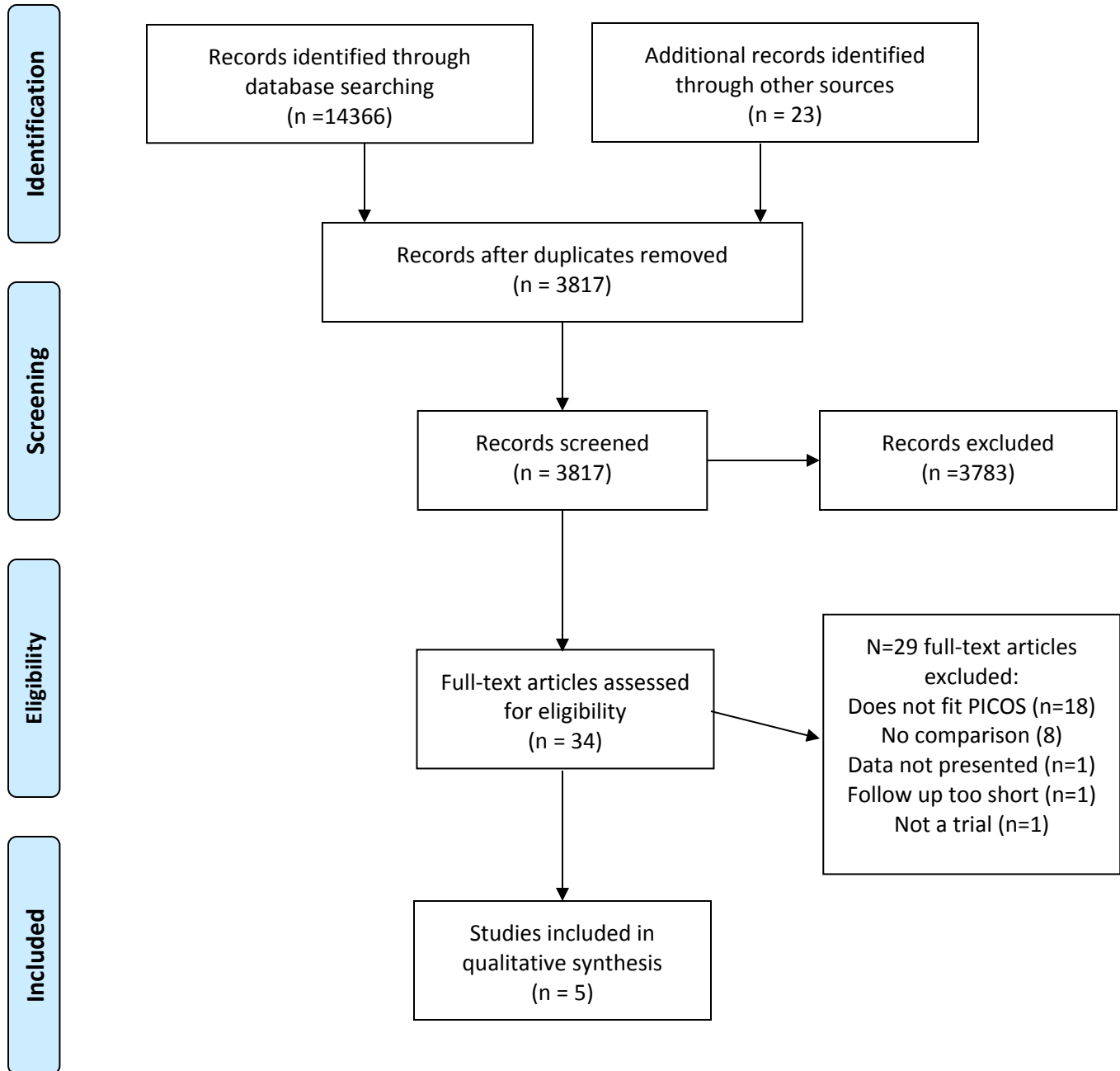
Author	Outcomes stratified by risk factors	Presented as	Findings	Author's conclusions
Abbott 2003	<p>Outcomes of dysmenorrhoea, dyspareunia, non- menstrual PP, Dyschezia pre and postop scores stratified by Endometriosis AFS staging 1-4</p> <p>QOL measures reported but not stratified</p>	Median, IQR and P	<p>Pain scores (median VAS baseline versus follow-up 2-5 years) were all significantly reduced for:</p> <p><u>Dysmenorrhoea</u> all stages 9 versus 3.3 (P < 0.0001), Stage I endometriosis 8 versus 2 (P < 0.0001), Stage II endometriosis 8 versus 4.5 (P < 0.0001), Stage III endometriosis 9 versus 3.5 (P < 0.0001), Stage IV endometriosis 9 versus 2 (P < 0.0001)</p> <p><u>Non-menstrual pelvic pain</u> all stages 8 versus 3 (P < 0.0001), Stage I endometriosis 6 versus 3 (P=0.036), Stage II endometriosis 6 versus 3.3 (P < 0.0001), Stage III endometriosis 6 versus 2.9 (P=0.046), Stage IV endometriosis 7 versus 2.4 (P < 0.0001)</p> <p><u>Dyspareunia</u> all stages 7 versus 0 (P < 0.0001), Stage I endometriosis 7 versus 2.6 (P=0.002), Stage II endometriosis 5.5 versus 1.7 (P=0.005), Stage III endometriosis 6 versus 0 (P=0.004), Stage IV endometriosis 6 versus 0 (P < 0.0001)</p> <p><u>Dyschezia</u> all stages 7 versus 2 (P < 0.0001), Stage I endometriosis 6 versus 3.1 (P=0.035), Stage II endometriosis 6 versus 2.7 (P=0.006), Stage III endometriosis 4 versus 0 (P=0.12), Stage IV endometriosis 5 versus 2 (P=0.002)</p>	The results from sub-analysis examining pain scores by stage suggested a reduction in pain for all four parameters examined.
Chopin 2005	<p>Outcomes of dysmenorrhoea, dyspareunia, CPP, Dyschezia, lower Urinary tract symptoms pre and postop scores stratified by anatomical location (USL, Vagina, bladder, intestine)</p>	Mean and SD and P	<p><u>USL (n=78)</u> Dysmenorrhea (n=68) preop mean 7.68; SD 2.08; range 0-10; postop mean 3.31; SD 3.31; range 0-10; Delta 4.36 ± 3.61; p=0.0001 Deep dyspareunia (n=61) preop mean 6.41; SD 2.47; range 0-10; postop mean 2.12; SD 2.71; range 0-10; Delta 4.30 ± 3.29; p=0.0001 Dyschezia (n=39) preop mean 6.44; SD 2.59; range 0-10; postop mean 2.72; SD 3.12; range 0-10; Delta 3.72 ± 4.00; p=0.0001 Lower urinary tract symptoms (n=21) preop mean 5.52; SD 0.69; range 2-8; postop mean 2.29; SD 3.23; range 0-8; Delta 3.24 ± 3.02; p=0.0011 CPP (n=36) preop mean 7.36; SD 1.46 range 3-10; postop mean 3.25; SD 3.83; range 0-10; Delta 4.11 ± 3.34; p=0.0001 <u>Vagina (n=25)</u> Dysmenorrhea (n=23) preop mean 8.00; SD 1.48; range 5-10; postop mean 2.82; SD 3.33; range 0-9; Delta 5.17 ± 3.70; p=0.0001 Deep dyspareunia (n=21) preop mean 6.77; SD 1.73; range 4-10; postop mean 1.62; SD 3.03; range 0-9; Delta 5.14 ± 2.97; p=0.0001 Dyschezia (n=17) preop mean 6.77; SD 2.17; range 4-10; postop mean 2.35; SD 3.10; range 0-8; Delta 4.41 ± 3.20; p=0.0007 Lower urinary tract symptoms (n=4) preop mean 4.50; SD 1.73; range 3-7; postop mean 0.00; SD 0.00; range 0-0; Delta 4.50 ± 1.73; p=0.0679</p>	The results presented show that for each location in the surgical classification, the mean scores for the five symptoms according to the numerical rating scale were significantly lower postoperatively. This result is nearly significant when the group-specific sample sizes of patients are very small.

			<p>CPP (n=8) preop mean 7.63; SD 1.60; range 5-10; postop mean 1.62; SD 3.11; range 0-9; Delta 6.00 ± 3.25; p=0.0171</p> <p><u>Bladder (n=13)</u></p> <p>Dysmenorrhea (n=13) preop mean 9.23; SD 1.09; range 7-10; postop mean 2.23; SD 2.95; range 0-7; Delta 7.00 ± 3.27; p=0.0022</p> <p>Deep dyspareunia (n=9) preop mean 7.56; SD 2.13; range 4-10; postop mean 2.44; SD 2.60; range 0-7; Delta 5.11 ± 3.76; p=0.0117</p> <p>Dyschezia (n=4) preop mean 7.50; SD 2.08; range 5-10; postop mean 0.00; SD 0.00; range 0-0; Delta 7.50 ± 2.08; p=0.0679</p> <p>Lower urinary tract symptoms (n=12) preop mean 7.50; SD 2.24; range 3-10; postop mean 0.00; SD 0.00; range 0-0; Delta 7.50 ± 2.24; p=0.022</p> <p>CPP (n=1) preop mean 5.0; range 5-5; postop mean 0.00; range 0-0 Delta 5.0</p> <p><u>Intestine (n=16)</u></p> <p>Dysmenorrhea (n=16) preop mean 9.00; SD 0.97; range 8-10; postop mean 1.94; SD 2.77; Range 0-8; Delta 7.06 ± 2.82 .0004</p> <p>Deep dyspareunia (n=13) preop mean 6.77; SD 2.13; range 3-10; postop mean 2.08; SD 2.75; range 0-9; Delta 4.69 ± 2.32 .0015</p> <p>Dyschezia (n=11) preop mean 6.91; SD 2.55; range 3-10; postop mean 1.09; SD 2.07; range 0-6; Delta 5.82 ± 2.71 .0033</p> <p>Lower urinary tract symptoms (n=4) preop mean 7.00; SD 1.83; range 5-9; postop mean 1.00; SD 2.00; range 0-4; Delta 6.00 ± 3.16 .0679</p> <p>CPP (n=6) preop mean 9.17; SD 0.98; range 8-10; postop mean 3.50; SD 3.89 range 0-8; Delta 5.67 ± 4.13 .0277</p>	
Banerjee 2006	global pain score stratified by no endometriosis, only superficial endometriosis, deep +_ superficial endometriosis	Mean pain score and SD	<p>Difference pre to postoperative scores: 5.2 points +/- 3.6 for dysmenorrhea, 4.6 points +/- 3.1 for deep dyspareunia, 4.4 points +/- 3.7 for painful defecation during menstruation, 4.9 +/- 3.2 for lower urinary tract symptoms during menses, and 4.6 points +/- 3.4 for noncyclic chronic pelvic pain.</p> <p>Comparable results observed for patients in each group according to the surgical classification of their DIE lesions: USL (n = 78 patients); vagina (n = 25 patients); bladder (n = 13 patients); and intestine (n = 16 patients).</p>	This small study suggests that surgical therapy does not reduce pain scores in superficial endometriosis but is valuable in the treatment of deep or infiltrating disease.
Milingos 2006	Outcomes for dysmenorrhoea, deep dyspareunia and non-menstrual pain stratified by 1. number of improved patients (reduction ≥ 2 cm VAS was considered significant) 2. change in pain scores (graph) for severity AFS score <16 (group 1) and 16+	Graphics : changes in pain scores with p	<p>Postoperatively dysmenorrhea improved in 43% of cases in group 1 (superficial endometriosis), vs. 66% of cases in group 2 (deep endometriosis) (p = 0.0037). For deep dyspareunia, improvement was reported by 33% in group 1, vs. 67% in group 2 (p=0.074). Scores for Improvement in non-menstrual pain was not significantly different between the two groups (67% vs. 56%). Global pain scores (SD, pre versus post-operative) were 17.5 (7.8) versus 16.1 (6.7), p= 0.43 for superficial endometriosis, and 19.2 (7.2) versus 14.5 (8.9), p=0.004 for deep endometriosis +/- superficial (figures not given for deep alone).</p>	Cases with advanced disease seem to benefit the most

	(group2)	Proportion improved patients and p		
Ghai 2020	Outcome is any reduction of EPH 30 pain score reduction (responders): 1. comparison between the proportion of responders among women with severe and superficial endometriosis 2. stratification within the superficial and severe groups by anxiety and depression HADS scores, feeling of control, emotional wellbeing, sexual relationship and pain EPH30 scores, VAS for dysmenorrhoea, dyspareunia, CPP, dyschezia	1. proportion of non-responders in severe and superficial endometriosis with p value 2. median and range for HADS, EPH30 domains and for VAS with p value for superficial and severe endomet	Higher proportion of women with severe endometriosis (n=86/96) than women with superficial endometriosis (77/102; p=0.0089) respond to surgery. Women with severe endometriosis were more likely to respond to surgery if they have higher preoperative EPH 30 pain scores (median 66, range 24-83) as compared to lower scores (median 50; range 20.5-63.6). In this group response to surgery was associated with lower scores for 'feeling of control' (60.25; range 47.7- 72.7 versus 62.5 versus 45.8-70.8)	Severity of disease and pain and pain may be used to predict response to surgery

		riosis		
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Table 2: Study results

Figure 1: PRISMA Flow Diagram

From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097

Appendix S1

Details of search strategy used in the systematic review on predictors of pain improvement after laparoscopic surgery for endometriosis

MEDLINE search strategy

1. (Validat* OR Predict* OR Rule*).ti,ab
2. (Predict* AND (Outcome* OR Risk* OR Model*)).ti,ab
3. ((Clinic* OR Presentation OR symptom* OR sign* OR History OR Variable* OR Criteria OR Scor* OR Characteristic* OR Finding* OR Factor*) AND (Predict* OR Model* OR Decision* OR Identif* OR Prognos* OR causality OR etiology OR odds ratio OR risk OR risk factor* OR odds OR cause)).ti,ab
4. (Decision* AND (Model* OR Clinical* OR Logistic Model*)).ti,ab
5. (Prognostic AND (History OR Variable* OR Criteria OR Scor* OR Characteristic* OR Finding* OR Factor* OR Model*)).ti,ab
6. ("risk score" OR "prediction model" OR "prediction rule" OR "risk assessment" OR "algorithm").ti,ab
7. (1 OR 2 OR 3 OR 4 OR 5 OR 6)
8. (endometrios*).all fields
9. (7 AND 8)

Table S1
Included and excluded studies

Included studies	
Author	Title and reference
Abbott 2003	The effects and effectiveness of laparoscopic excision of endometriosis: a prospective study with 2-5 year follow-up. <i>Hum Reprod.</i> 2003;18(9):1922-7.
Chopin 2005	Chopin N, Vieira M, Borghese B, Foulot H, Dousset B, Coste J, et al. Operative management of deeply infiltrating endometriosis: results on pelvic pain symptoms according to a surgical classification. <i>J Minim Invasive Gynecol.</i> 2005;12(2):106-12.
Banerjee 2006	Banerjee S, Ballard KD, Lovell DP, Wright J. Deep and superficial endometriotic disease: the response to radical laparoscopic excision in the treatment of chronic pelvic pain. <i>Gynecological Surgery.</i> 2006;3(3):199-205.
Milingos 2006	Milingos S, Protopapas A, Kallipolitis G, Drakakis P, Loutradis D, Liapi A, et al. Endometriosis in patients with chronic pelvic pain: is staging predictive of the efficacy of laparoscopic surgery in pain relief? <i>Gynecol Obstet Invest.</i> 2006;62(1):48-54.
Ghai 2020	Ghai V, Jan H, Shakir F, Kent A. Identifying Preoperative Factors Associated with Nonresponders in Women Undergoing Comprehensive Surgical Treatment for Endometriosis. <i>J Minim Invasive Gynecol.</i> 2020;27(1):141-7.

Excluded studies	
Noventa M, Saccardi C, Litta P, et al. Ultrasound techniques in the diagnosis of deep pelvic endometriosis: algorithm based on a systematic review and meta-analysis. <i>Fertil Steril.</i> 2015;104(2):366-83	does not fit PICOS
Soriano D, Schonman R, Nadu A. et al. Multidisciplinary team approach to management of severe endometriosis affecting the ureter: long-term outcome data and treatment algorithm. <i>J Minim Invasive Gynecol.</i> 2011;18:483–488	no comparison group
Cocco A, Borghero A, Saccardi C, Guidetti G, Conte L, Litta P. Deep pelvic endometriosis: From diagnosis to wellness. <i>Gynecological Surgery.</i> 2009;6(SUPPL. 1):S39.	no comparison group, conference abstract
Daraï E, Dubernard G, Coutant C, Frey C, Rouzier R and Ballester M. Randomized trial of laparoscopically assisted versus open colorectal resection for endometriosis: morbidity, symptoms, quality of life, and fertility. <i>Ann Surg</i> 2010; 251:1018–1023.	does not fit PICOS
Daraï E, Thomassin I, Barranger E. et al. Feasibility and clinical outcome of laparoscopic colorectal resection for endometriosis. <i>Am J Obstet Gynecol.</i> 2005;192:394–400	does not fit PICOS
Deng S, Leng J, Lang J, Dai Y, Li X. [Clinicopathological characteristics of recurrent endometriosis and the outcomes of secondary surgery]. <i>Zhonghua fu chan ke za zhi.</i> 2011;46(11):809-12.	no comparison group
Dibi R, Pinho De Oliveira MA, Nogueira M, Muller M, Soares T, Souza C, et al. How many surgeries are necessary for definitively treatment of deep endometriosis. <i>Journal of Minimally Invasive Gynecology.</i> 2012;19(6 SUPPL. 1):S98.	does not fit PICOS, conference abstract
Dowaji J, Jaenicke F. Long-term results of laparoscopic resection of deep pelvic endometriosis with rectosigmoid involvement. <i>Gynecological Surgery.</i> 2010;7(SUPPL. 1):S160.	no comparison group

Dubernard G, Piketty M, Rouzier R, Houry S, Bazot M, Darai E. Quality of life after laparoscopic colorectal resection for endometriosis. <i>Human reproduction (Oxford, England)</i> . 2006;21(5):1243-7.	no comparison group
Duffy JMN, Arambage K, Correa FJS, Olive D, Farquhar C, Garry R, et al. Laparoscopic surgery for endometriosis. <i>The Cochrane database of systematic reviews</i> . 2014 (4):CD011031.	not a trial
Grundstrom H, Alehagen S, Bertero C, Kjolhede P. Impact of Pelvic Pain and Endometriosis on Patient-Reported Outcomes and Experiences of Benign Hysterectomy: A Study from the Swedish National Register for Gynecological Surgery. <i>Journal of Women's Health</i> . 2018;27(5):691-8.	does not fit PICOS
Healey M, Ang C, Cheng C. Surgical treatment of endometriosis: a prospective randomized double-blind trial comparing excision and ablation. <i>Fertil Steril</i> 2010; 94: 2536–	does not fit PICOS
Ianieri MM, Mautone D, Ceccaroni M. Recurrence in Deep Infiltrating Endometriosis: A Systematic Review of the Literature. <i>Journal of Minimally Invasive Gynecology</i> . 2018;25(5):786-93.	does not fit PICOS
Jarrell J. Annual repeat rates of laparoscopic surgery: a marker of practice variation. <i>American journal of medical quality : the official journal of the American College of Medical Quality</i> . 2010;25(5):378-83.	does not fit PICOS
Kalu E, McAuley W, Richardson R. Teenagers, adolescents, endometriosis and recurrence: A retrospective analysis of recurrence following primary operative laparoscopy. <i>Gynecological Surgery</i> . 2008;5(3):209-12.	does not fit PICOS
Kayani S, Nightingale A. Laparoscopic surgery for endometriosis: A systematic review. <i>Gynecological Surgery</i> . 2009;6(SUPPL. 1):S85-S6.	does not fit PICOS
Li H-j, Leng J-h, Lang J-h, Wang H-l, Liu Z-f, Sun D-w, et al. [Correlative factors analysis of recurrence of endometriosis after conservative surgery]. <i>Zhonghua fu chan ke za zhi</i> . 2005;40(1):13-6.	does not fit PICOS
Martin CE, Johnson E, Wechter ME, Leserman J, Zolnoun DA. Catastrophizing: a predictor of persistent pain among women with endometriosis at 1 year. <i>Human reproduction (Oxford, England)</i> . 2011;26(11):3078-84.	does not fit PICOS
Martin DC. Hysterectomy for treatment of pain associated with endometriosis. <i>J Minim Invasive Gynecol</i> 2006; 13:566–572.	does not fit PICOS
Meuleman C, Tomassetti C, D'Hooghe T M. Clinical outcome after laparoscopic radical excision of endometriosis and laparoscopic segmental bowel resection. <i>Curr Opin Obstet Gynecol</i> . 2012	does not fit PICOS
Moini A, Arabipour A, Ashrafinia N. Risk factors for recurrence rate of ovarian endometriomas following a laparoscopic cystectomy. <i>Minerva medica</i> . 2014;105(4):295-301.	does not fit PICOS
Renner S P, Rix S, Boosz A. et al. Preoperative pain and recurrence risk in patients with peritoneal endometriosis. <i>Gynecol Endocrinol</i> . 2009 (2010 on file);28:1–6	does not fit PICOS
Saleh A, Tulandi T. Reoperation after laparoscopic treatment of endometriomas by excision and fenestration. <i>Fertil Steril</i> . 1999	does not fit PICOS
Sutton CJ, Ewen SP, Whitelaw N and Haines P. Prospective, randomized, double-blind, controlled trial of laser laparoscopy in the treatment of pelvic pain associated with minimal, mild, and moderate endometriosis. <i>Fertil Steril</i> 1994; 62:696–700.	data not presented
Ford J, English J, Miles W A. et al. Pain, quality of life and complications following the radical resection of rectovaginal endometriosis. <i>Br J Obstet Gynaecol</i> . 2004;111:353–356.	no comparison group

Abbott J, Hawe J, Hunter D. et al. Laparoscopic excision of endometriosis: a randomized, placebo-controlled trial. <i>Fertil Steril.</i> 2004;82:878–884	no comparison group
Chapron C, Dubuisson JB. Laparoscopic treatment of deep endometriosis located on the uterosacral ligaments. <i>Hum Reprod</i> 1996;11:868–73.	no comparison group
Vercellini P, Fedele L, Aimi G, De Giorgi O, Consonni D and Crosignani PG. Reproductive performance, pain recurrence and disease relapse after conservative surgical treatment for endometriosis: the predictive value of the current classification system. <i>Hum Reprod</i> 2006a; 21:2679–2685	does not fit PICOS
Harris A, McCaughey T, Tsaltas J, Davies-Tuck M, Ratner R, Najjar H, et al. Endometriosis-related pelvic pain following laparoscopic surgical treatment <i>J Endometr Pelvic Pain Disord</i> [Internet]. 2020.	follow up too short



PRISMA 2009 Checklist

Section/topic	#	Checklist item	Reported on page #
TITLE			
Title	1	Identify the report as a systematic review, meta-analysis, or both.	
ABSTRACT			
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known.	
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	
METHODS			
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.	
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	
Information sources	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.	
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	
Study selection	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	
Data collection process	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	
Data items	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.	
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	
Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I^2) for each meta-analysis.	



PRISMA 2009 Checklist

Page 1 of 2

Section/topic	#	Checklist item	Reported on page #
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	
RESULTS			
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	
Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	
DISCUSSION			
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	
Limitations	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	
FUNDING			
Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.	

From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097

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