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# Generalized parallelogram law for operators and its application

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**Abstract.** The classical Bohr inequality says that  $|a + b|^2 \leq p|a|^2 + q|b|^2$  for all scalars  $a, b$  and  $p, q > 0$  with  $1/p + 1/q = 1$ . In this note, we improve the accuracy of the estimate given by the original Bohr inequality. Actually, we present:

If  $A$  and  $B$  are operators on a Hilbert space and  $t \neq 0$ , then

$$|A + B|^2 + \frac{1}{t}|tA - B|^2 = (1 + t)|A|^2 + (1 + \frac{1}{t})|B|^2.$$

We discuss applications and further generalizations of it.

## §1 Introduction

Let  $H$  be a complex separable Hilbert space and  $\mathbb{B}(H)$  the algebra of all bounded operators on  $H$ . Denote by  $|A|$  the absolute value operator of  $A \in \mathbb{B}(H)$ :  $|A| = (A^* A)^{1/2}$ , where  $A^*$  is the adjoint operator of  $A$ .

We say that  $A$  is a positive operator, if  $(Ax, x) \geq 0$  for all  $x \in H$ , denoted by  $A \geq 0$ , and  $A \geq B$  if  $A$  and  $B$  are self-adjoint and  $A - B \geq 0$ .

The classical Bohr inequality for scalar asserts that for any  $a, b \in \mathbb{C}$  and all positive conjugate exponents  $p, q \in \mathbb{R}$ ,

$$|a + b|^2 \leq p|a|^2 + q|b|^2 \tag{0}$$

with equality if and only if  $(1 - p)a = b$  (See [1]).

In 2003, O. Hirzallah[4] proposed an operator version of Bohr inequality as follows:

If  $A, B \in \mathbb{B}(H)$  and  $p, q$  are both positive real conjugate exponents with  $q \geq p$ , then

$$|A - B|^2 + |(p - 1)A + B|^2 \leq p|A|^2 + q|B|^2. \tag{1}$$

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It is well known that the absolute value operator plays an important role in the polar decomposition  $A = U|A|$ . Recently, various generalizations of Bohr inequalities have been obtained in [2] and [6].

In this paper, we improve the accuracy of the estimate given by the original Bohr inequality. As a matter of fact, the parallelogram law for absolute value of operators:

$$|A + B|^2 + |A - B|^2 = 2|A|^2 + 2|B|^2 \quad (2)$$

is our viewpoint. An operator version of the Bohr inequality (0) is obtained by a generalization of (2) as follows:

$$|A + B|^2 + |\sqrt{p-1}A - \sqrt{q-1}B|^2 = p|A|^2 + q|B|^2 \quad (3)$$

for operators  $A, B$ , and  $p, q \geq 1$  with  $\frac{1}{p} + \frac{1}{q} = 1$ , because of  $(p-1)(q-1) = 1$ .

Furthermore, we extend the Bohr inequality to a three variable case:

If  $\frac{1}{p} + \frac{1}{q} + \frac{1}{w} = 1$  for  $p, q, w > 0$ , then for operators  $A, B, C$ , we have

$$|A + B + C|^2 \leq p|A|^2 + q|B|^2 + w|C|^2.$$

## §2 Bohr equality for 2 operators

The operator parallelogram law (2) has also the following generalization, which is different from (3) a bit:

**Theorem 2.1** If  $A, B \in \mathbb{B}(H)$ , then  $|A + B|^2 + \frac{1}{t}|tA - B|^2 = (1+t)|A|^2 + (1+\frac{1}{t})|B|^2$ , for  $t \neq 0$ .

Proof. It follows that

$$\begin{aligned} & |A + B|^2 + \frac{1}{t}|tA - B|^2 \\ &= |A|^2 + |B|^2 + A^*B + B^*A + t|A|^2 + \frac{1}{t}|B|^2 - A^*B - B^*A \\ &= (1+t)|A|^2 + (1+\frac{1}{t})|B|^2. \end{aligned}$$

It is immediately obtained from the condition of  $t$ .

**Corollary 2.2** (i) If  $0 < t \leq 1$ , then  $|A + B|^2 + |tA - B|^2 \leq (1+t)|A|^2 + (1+\frac{1}{t})|B|^2$ ;

(ii) If  $t \geq 1$  or  $t < 0$ , then  $|A + B|^2 + |tA - B|^2 \geq (1+t)|A|^2 + (1+\frac{1}{t})|B|^2$ .

As an easy consequence, we have Bohr type inequalities obtained in [2] and [4].

**Corollary 2.3** [4, Theorem 1] If  $A, B \in \mathbb{B}(H)$ ,  $\frac{1}{p} + \frac{1}{q} = 1$ ,  $1 \leq p \leq 2$ , then

$$(i) \quad |A - B|^2 + |(p-1)A + B|^2 \leq p|A|^2 + q|B|^2.$$

$$(ii) \quad |A - B|^2 + |A + (q-1)B|^2 \geq p|A|^2 + q|B|^2.$$

**Corollary 2.4** [2, Theorem 2] If  $A, B \in \mathbb{B}(H)$ ,  $\frac{1}{p} + \frac{1}{q} = 1$ ,  $p < 1$ , then

$$(iii) \quad |A - B|^2 + |(p-1)A + B|^2 \geq p|A|^2 + q|B|^2.$$

**Corollary 2.5** [2, Theorem 3] If  $A, B \in \mathbb{B}(H)$ ,  $|\alpha| \geq |\beta|$ , then

$$|A - B|^2 + \frac{1}{|\alpha|^2}|\beta| |A + |\alpha|B|^2 \leq (1 + \frac{|\beta|}{|\alpha|})|A|^2 + (1 + \frac{|\alpha|}{|\beta|})|B|^2$$

with equality if and only if  $|\alpha| = |\beta|$  or  $|\beta|A + |\alpha|B = 0$ ;

### §3 Bohr-type inequalities for 3 operators

Observe that

$$|A + B + C|^2 = \begin{pmatrix} I & I & I \end{pmatrix} \begin{pmatrix} |A|^2 & A^*B & A^*C \\ B^*A & |B|^2 & B^*C \\ C^*A & C^*B & |C|^2 \end{pmatrix} \begin{pmatrix} I \\ I \\ I \end{pmatrix} \geq 0.$$

Then, due to the idea of [6], we may convert a problem of absolute operators to a problem of  $3 \times 3$  block operator matrices, while the later approach maybe easier to handle.

For the sake of convenience, we cite the following well-known fact:

**Lemma 3.1** If  $x, y, z \geq 0$ . and  $a, b, c \in \mathbb{R}$  with

$$\begin{cases} xy \geq a^2, yz \geq c^2, xz \geq b^2; \\ xyz + 2abc \geq xc^2 + yb^2 + za^2. \end{cases}$$

Then

$$\begin{pmatrix} x & a & b \\ a & y & c \\ b & c & z \end{pmatrix} \geq 0.$$

**Lemma 3.2** Let  $A_i \in \mathbb{B}(H)$ ,  $\alpha_i, \beta_i \in \mathbb{R}$  with  $i = 1, 2, 3$ . Then positive operator-valued function

$$F(\alpha_1, \alpha_2, \alpha_3) = |\alpha_1 A_1 + \alpha_2 A_2 + \alpha_3 A_3|^2$$

is order preserving if the order  $\prec$  among  $\mathbb{R}$  is defined by

$$(\alpha_1, \alpha_2, \alpha_3) \prec (\beta_1, \beta_2, \beta_3) \Leftrightarrow |\alpha_i| \leq |\beta_i| \quad \text{for all } i \text{ and } \alpha_i \beta_j = \alpha_j \beta_i \quad \text{for } i \neq j.$$

**Proof.** Since  $|A_1 + A_2 + A_3|^2 = \begin{pmatrix} I & I & I \end{pmatrix} \begin{pmatrix} A_1^* \\ A_2^* \\ A_3^* \end{pmatrix} \begin{pmatrix} A_1 & A_2 & A_3 \end{pmatrix} \begin{pmatrix} I \\ I \\ I \end{pmatrix}$ ,

it suffice to show that  $(\alpha_1, \alpha_2, \alpha_3) \prec (\beta_1, \beta_2, \beta_3)$  implies that

$$\begin{pmatrix} \alpha_1 A_1^* \\ \alpha_2 A_2^* \\ \alpha_3 A_3^* \end{pmatrix} \begin{pmatrix} \alpha_1 A_1 & \alpha_2 A_2 & \alpha_3 A_3 \end{pmatrix} \leq \begin{pmatrix} \beta_1 A_1^* \\ \beta_2 A_2^* \\ \beta_3 A_3^* \end{pmatrix} \begin{pmatrix} \beta_1 A_1 & \beta_2 A_2 & \beta_3 A_3 \end{pmatrix},$$

that is,

$$\begin{pmatrix} \alpha_1^2 |A_1|^2 & \alpha_1 \alpha_2 A_1^* A_2 & \alpha_1 \alpha_3 A_1^* A_3 \\ \alpha_1 \alpha_2 A_2^* A_1 & \alpha_2^2 |A_2|^2 & \alpha_2 \alpha_3 A_2^* A_3 \\ \alpha_1 \alpha_3 A_3^* A_1 & \alpha_2 \alpha_3 A_3^* A_2 & \alpha_3^2 |A_3|^2 \end{pmatrix} \leq \begin{pmatrix} \beta_1^2 |A_1|^2 & \beta_1 \beta_2 A_1^* A_2 & \beta_1 \beta_3 A_1^* A_3 \\ \beta_1 \beta_2 A_2^* A_1 & \beta_2^2 |A_2|^2 & \beta_2 \beta_3 A_2^* A_3 \\ \beta_1 \beta_3 A_3^* A_1 & \beta_2 \beta_3 A_3^* A_2 & \beta_3^2 |A_3|^2 \end{pmatrix}.$$

By the definition and Lemma 3.1, we have

$$\begin{pmatrix} \beta_1^2 - \alpha_1^2 & \beta_1\beta_2 - \alpha_1\alpha_2 & \beta_1\beta_3 - \alpha_1\alpha_3 \\ \beta_1\beta_2 - \alpha_1\alpha_2 & \beta_2^2 - \alpha_2^2 & \beta_2\beta_3 - \alpha_2\alpha_3 \\ \beta_1\beta_3 - \alpha_1\alpha_3 & \beta_2\beta_3 - \alpha_2\alpha_3 & \beta_3^2 - \alpha_3^2 \end{pmatrix} \geq 0,$$

which implies the conclusion.

**Theorem 3.3** Let  $A, B, C \in \mathbb{B}(H)$ ,  $\alpha_i \in \mathbb{R}$ ,  $p, q, w > 0$  with  $i = 1, 2, 3$ . If

$$\begin{cases} p \geq \alpha^2; \\ q \geq \beta^2; \\ w \geq \gamma^2. \end{cases} \quad \begin{cases} (p - \alpha^2)(q - \beta^2) \geq (\alpha\beta)^2; \\ (q - \beta^2)(w - \gamma^2) \geq (\beta\gamma)^2; \\ (w - \gamma^2)(p - \alpha^2) \geq (\gamma\alpha)^2; \\ pqw \geq \alpha^2qw + \beta^2pw + \gamma^2pq. \end{cases}$$

Then

$$|\alpha A + \beta B + \gamma C|^2 \leq p|A|^2 + q|B|^2 + w|C|^2.$$

**Proof.** As in above, we have to show that

$$\begin{pmatrix} \alpha^2|A|^2 & \alpha\beta A^*B & \alpha\gamma A^*C \\ \alpha\beta B^*A & \beta^2|B|^2 & \beta\gamma B^*C \\ \alpha\gamma C^*A & \beta\gamma C^*B & \gamma^2|C|^2 \end{pmatrix} \leq \begin{pmatrix} p|A|^2 & 0 & 0 \\ 0 & q|B|^2 & 0 \\ 0 & 0 & w|C|^2 \end{pmatrix}.$$

Therefore, what we should do is just to prove that

$$\begin{pmatrix} p - \alpha^2 & \alpha\beta & \alpha\gamma \\ \alpha\beta & q - \beta^2 & \beta\gamma \\ \alpha\gamma & \beta\gamma & w - \gamma^2 \end{pmatrix} \geq 0,$$

which is obtained by the assumption and Lemma 3.1.

The following corollary is symmetric to Theorem 3.3.

**Corollary 3.4** Let  $A, B, C \in \mathbb{B}(H)$ ,  $\alpha_i \in \mathbb{R}$ ,  $p, q, w > 0$  with  $i = 1, 2, 3$ . If

$$\begin{cases} p \leq \alpha^2; \\ q \leq \beta^2; \\ w \leq \gamma^2. \end{cases} \quad \begin{cases} (p - \alpha^2)(q - \beta^2) \geq (\alpha\beta)^2; \\ (q - \beta^2)(w - \gamma^2) \geq (\beta\gamma)^2; \\ (w - \gamma^2)(p - \alpha^2) \geq (\gamma\alpha)^2; \\ pqw \geq \alpha^2qw + \beta^2pw + \gamma^2pq. \end{cases}$$

Then

$$|\alpha A + \beta B + \gamma C|^2 \geq p|A|^2 + q|B|^2 + w|C|^2.$$

Now we have Bohr inequality for 3 operators.

**Corollary 3.5** If  $p, q, w > 0$ ,  $\frac{1}{p} + \frac{1}{q} + \frac{1}{w} = 1$ , then  $|A + B + C|^2 \leq p|A|^2 + q|B|^2 + w|C|^2$ .

**Proof.** Given  $p, q, w > 0$ ,  $\frac{1}{p} + \frac{1}{q} + \frac{1}{w} = 1$ , the following is

$$\begin{cases} p \geq 1; \\ q \geq 1; \\ w \geq 1. \end{cases} \quad \begin{cases} (p - 1)(q - 1) \geq 1; \\ (q - 1)(w - 1) \geq 1; \\ (w - 1)(p - 1) \geq 1; \\ pqw = qw + pw + pq. \end{cases}$$

Therefore, Theorem 3.3 implies that

$$|A + B + C|^2 \leq p|A|^2 + q|B|^2 + w|C|^2.$$

#### §4 Bohr equality for multiple operators

For this, we begin with the reformulation of (3). As a matter of fact, it is just the first step in this section:

**Lemma 4.1** Let  $A_1, A_2 \in \mathbb{B}(H)$ ,  $\frac{1}{r_1} + \frac{1}{r_2} = 1$  with  $r_1, r_2 \geq 1$ .

$$r_1|A_1|^2 + r_2|A_2|^2 - |A_1 + A_2|^2 = |\sqrt{\frac{r_1}{r_2}}A_1 - \sqrt{\frac{r_2}{r_1}}A_2|^2.$$

**Theorem 4.2** Suppose that  $A_i \in \mathbb{B}(H)$ , and  $r_i \geq 1$  with  $\sum_{i=1}^n \frac{1}{r_i} = 1$  for  $i = 1, 2, \dots, n, n \in \mathbb{N}$ . Then

$$\sum_{i=1}^n r_i|A_i|^2 - \left| \sum_{i=1}^n A_i \right|^2 = \sum_{1 \leq i < j \leq n} \left| \sqrt{\frac{r_i}{r_j}}A_i - \sqrt{\frac{r_j}{r_i}}A_j \right|^2. \quad (4)$$

**Proof.** We show it by the induction on  $n$ . Note that it is true for  $n = 2$  by Lemma 4.1. Now suppose that it is true for  $n = k$ , then we take  $A_1, \dots, A_{k+1} \in \mathbb{B}(H)$  and  $r_1, \dots, r_{k+1} > 1$  satisfying  $\sum_{i=1}^{k+1} \frac{1}{r_i} = 1$ . If we put  $r'_i = r_i(1 - \frac{1}{r_{k+1}})$  for  $i = 1, \dots, k$  for convenience, then  $r'_i > 1$  and  $\sum_{i=1}^k \frac{1}{r'_i} = 1$ . Hence we have

$$\begin{aligned} & \sum_{i=1}^{k+1} r_i|A_i|^2 - \left| \sum_{i=1}^{k+1} A_i \right|^2 = \sum_{i=1}^k r_i|A_i|^2 + r_{k+1}|A_{k+1}|^2 - \left| \sum_{i=1}^k A_i + A_{k+1} \right|^2 \\ &= (1 - \frac{1}{r_{k+1}}) \sum_{i=1}^k r_i|A_i|^2 - \left| \sum_{i=1}^k A_i \right|^2 \\ &\quad + (r_{k+1} - 1)|A_{k+1}|^2 + \frac{1}{r_{k+1}} \sum_{i=1}^k r_i|A_i|^2 - (\sum_{i=1}^k A_i)^* A_{k+1} - A_{k+1}^* \sum_{i=1}^k A_i \\ &= \left( \sum_{i=1}^k r'_i|A_i|^2 - \left| \sum_{i=1}^k A_i \right|^2 \right) + \sum_{i=1}^k \frac{r_i}{r_{k+1}}|A_i|^2 - (\sum_{i=1}^k A_i)^* A_{k+1} - A_{k+1}^* \sum_{i=1}^k A_i + (r_{k+1} - 1)|A_{k+1}|^2 \\ &= \sum_{1 \leq i < j \leq k} \left| \sqrt{\frac{r_i}{r_j}}A_i - \sqrt{\frac{r_j}{r_i}}A_j \right|^2 + \sum_{i=1}^k \frac{r_i}{r_{k+1}}|A_i|^2 - (\sum_{i=1}^k A_i)^* A_{k+1} - A_{k+1}^* \sum_{i=1}^k A_i + \sum_{i=1}^k \frac{r_{k+1}}{r_i}|A_{k+1}|^2 \\ &= \sum_{1 \leq i < j \leq k+1} \left| \sqrt{\frac{r_i}{r_j}}A_i - \sqrt{\frac{r_j}{r_i}}A_j \right|^2. \end{aligned}$$

Therefore, the equality (4) holds for all  $n \in \mathbb{N}$ .

**Corollary 4.3 [6, Theorem 7]** Suppose that  $A_i \in \mathbb{B}(H)$ , and  $r_i \geq 1$  with  $\sum_{i=1}^n \frac{1}{r_i} = 1$  for  $i = 1, 2, \dots, n$ . Then

$$\left| \sum_{i=1}^n A_i \right|^2 \leq \sum_{i=1}^n r_i|A_i|^2.$$

Equivalently, we can say that  $K(z) = |z|^2$  satisfies (operator) Jensen inequality, in the sense that

$$K\left(\sum_{i=1}^n t_i A_i\right) \leq \sum_{i=1}^n t_i K(A_i)$$

for  $t_1, \dots, t_n \geq 0$  with  $\sum_{i=1}^n t_i = 1$ .

**Corollary 4.4** Let  $A_i \in \mathbb{B}(H)$ ,  $\sum_{i=1}^n \frac{1}{r_i} = 1$ , and  $r_i \neq 0$  with  $\sum_{i=1}^n \frac{1}{r_i} = 1$  for  $i = 1, 2, \dots, n$ ,  $n \in \mathbb{N}$ . Then

$$\sum_{i=1}^n r_i |A_i|^2 - \left| \sum_{i=1}^n A_i \right|^2 = \sum_{1 \leq i \leq j \leq n} \frac{r_j}{r_i} \left| \frac{r_i}{r_j} A_i - A_j \right|^2.$$

## §5 Further generalization of Bohr inequality

**Theorem 5.1** Let  $A, B, C \in \mathbb{B}(H)$ ,  $\alpha_i \in \mathbb{R}$ ,  $\gamma_i > 0$  with  $i = 1, 2, 3$ . If

$$\begin{cases} \gamma_1 \geq 1 + \alpha_1^2; \\ \gamma_2 \geq 1 + \alpha_2^2; \\ \gamma_3 \geq 1 + \alpha_3^2. \end{cases} \quad \begin{cases} [\gamma_1 - (1 + \alpha_1^2)][\gamma_2 - (1 + \alpha_2^2)] \geq (1 + \alpha_1 \alpha_2)^2; \\ [\gamma_2 - (1 + \alpha_2^2)][\gamma_3 - (1 + \alpha_3^2)] \geq (1 + \alpha_2 \alpha_3)^2; \\ [\gamma_1 - (1 + \alpha_1^2)][\gamma_3 - (1 + \alpha_3^2)] \geq (1 + \alpha_1 \alpha_3)^2. \end{cases}$$

with  $[\gamma_1 - (1 + \alpha_1^2)][\gamma_2 - (1 + \alpha_2^2)][\gamma_3 - (1 + \alpha_3^2)] - 2(1 + \alpha_1 \alpha_2)(1 + \alpha_1 \alpha_3)(1 + \alpha_2 \alpha_3) \geq -[\gamma_3 - (1 + \alpha_3^2)](1 + \alpha_1 \alpha_2)^2 - [\gamma_2 - (1 + \alpha_2^2)](1 + \alpha_1 \alpha_3)^2 - [\gamma_1 - (1 + \alpha_1^2)](1 + \alpha_2 \alpha_3)^2$ .

Then

$$|A_1 + A_2 + A_3|^2 + |\alpha_1 A_1 + \alpha_2 A_2 + \alpha_3 A_3|^2 \leq \gamma_1 |A_1|^2 + \gamma_2 |A_2|^2 + \gamma_3 |A_3|^2. \quad (5)$$

**Proof.** Notice that both sides of the inequality (5) correspond to

$$\begin{pmatrix} (1 + \alpha_1^2)|A_1|^2 & (1 + \alpha_1 \alpha_2)A_1^* A_2 & (1 + \alpha_1 \alpha_3)A_1^* A_3 \\ (1 + \alpha_1 \alpha_2)A_2^* A_1 & (1 + \alpha_2^2)|A_2|^2 & (1 + \alpha_2 \alpha_3)A_2^* A_3 \\ (1 + \alpha_1 \alpha_3)A_3^* A_1 & (1 + \alpha_2 \alpha_3)A_3^* A_2 & (1 + \alpha_3^2)|A_3|^2 \end{pmatrix}$$

and

$$\begin{pmatrix} \gamma_1 |A_1|^2 & 0 & 0 \\ 0 & \gamma_2 |A_2|^2 & 0 \\ 0 & 0 & \gamma_3 |A_3|^2 \end{pmatrix}$$

respectively. Hence, it is suffice to show that

$$\begin{pmatrix} \gamma_1 - (1 + \alpha_1^2) & -1 - \alpha_1 \alpha_2 & -1 - \alpha_1 \alpha_3 \\ -1 - \alpha_1 \alpha_2 & \gamma_2 - (1 + \alpha_2^2) & -1 - \alpha_2 \alpha_3 \\ -1 - \alpha_1 \alpha_3 & -1 - \alpha_2 \alpha_3 & \gamma_3 - (1 + \alpha_3^2) \end{pmatrix} \geq 0,$$

which is implied by the assumption and Lemma 3.1.

**Corollary 5.2** Let  $A, B, C \in \mathbb{B}(H)$ ,  $\alpha_1, \alpha_2, \beta_i \in \mathbb{R}$ ,  $\gamma_i > 0$  with  $i = 1, 2, 3$ . If

$$\begin{cases} \gamma_1 \geq 1 + \alpha_1^2; \\ \gamma_2 \geq 1 + \alpha_2^2; \\ \gamma_3 \geq 1. \end{cases} \quad \begin{cases} [\gamma_2 - (\alpha_2^2 + 1)][\gamma_3 - 1] \geq 1; \\ [\gamma_1 - (\alpha_1^2 + 1)][\gamma_3 - 1] \geq 1; \\ [\gamma_1 - (\alpha_1^2 + 1)][\gamma_2 - (\alpha_2^2 + 1)] \geq (1 + \alpha_1 \alpha_2)^2; \\ 1 + \alpha_1 \alpha_2 \leq 0. \end{cases}$$

Then

$$|A_1 + A_2 + A_3|^2 + |\alpha_1 A_1 + \alpha_2 A_2|^2 \leq \gamma_1 |A_1|^2 + \gamma_2 |A_2|^2 + \gamma_3 |A_3|^2.$$

Another extension of Bohr inequality is presented:

**Corollary 5.3** If  $A, B, C \in \mathbb{B}(H)$ , and  $\frac{1}{p} + \frac{1}{q} + \frac{1}{w} = 1$ ,  $p, q, w \geq 0$ , then

$$|A + B + C|^2 + \left| \frac{p}{\sqrt{p+q}} A - \frac{q}{\sqrt{p+q}} B \right|^2 \leq p|A|^2 + q|B|^2 + w|C|^2.$$

**Theorem 5.4** Let  $A_i \in \mathbb{B}(H)$ ,  $\alpha_i, \beta_i \in \mathbb{R}$ ,  $\gamma_i > 0$  with  $i = 1, 2, 3$ . If

$$\begin{cases} \gamma_1 \geq 1 + \alpha_1^2; \\ \gamma_2 \geq 1 + \alpha_2^2; \\ \gamma_3 \geq 1 + \alpha_3^2. \end{cases} \quad \begin{cases} [\gamma_1 - (\alpha_1^2 + 1)][\gamma_2 - (\alpha_2^2 + 1)] \geq (\alpha_1 \alpha_2 + 1)^2; \\ [\gamma_2 - (\alpha_2^2 + 1)][\gamma_3 - (\alpha_3^2 + 1)] \geq (\alpha_2 \alpha_3 + 1)^2; \\ \alpha_1 \alpha_3 + 1 = 0. \end{cases}$$

Then

$$|A_1 + A_2 + A_3|^2 + |\alpha_1 A_1 + \alpha_2 A_2 + \alpha_3 A_3|^2 \leq \gamma_1 |A_1|^2 + \gamma_2 |A_2|^2 + \gamma_3 |A_3|^2.$$

**Corollary 5.5** If  $A, B, C \in \mathbb{B}(H)$ , and  $\frac{1}{p} + \frac{1}{q} + \frac{1}{w} = 1$ ,  $p, q, w \geq 0$ , then

$$|A + B + C|^2 + \left| \frac{1}{\sqrt{w-1}} A + \frac{1}{\sqrt{w-1}} B - \sqrt{w-1} C \right|^2 \leq p|A|^2 + q|B|^2 + w|C|^2.$$

Related to [3], we have the following inequalities. As a matter of fact, the right-hand sides are regarded as the weighted arithmetic mean of  $|A|^2$ ,  $|B|^2$  and  $|C|^2$  in [3, Lemma 1].

**Corollary 5.6** If  $A, B, C \in \mathbb{B}(H)$ , and  $t \in (0, 1)$ , then we have

$$|A + B + C|^2 + |\sqrt{t}A + \sqrt{t}B - \frac{1}{\sqrt{t}}C|^2 \leq \frac{2-t}{1-t} \frac{1+t}{t} |A|^2 + \frac{2-t}{1-t} \frac{1+t}{t} |B|^2 + \frac{1+t}{t} |C|^2;$$

$$|A + B + C|^2 + |\sqrt{1-t}(A + B) - \frac{1}{\sqrt{1-t}}C|^2 \leq \frac{1+t}{t} |A|^2 + \frac{2-t}{1-t} \frac{1+t}{t} |B|^2 + \frac{2-t}{1-t} |C|^2.$$

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