

**Supplemental Material for:**

Spiker M, Hege A, Giddens J, Cummings J, Steinmetz J, Tagtow A, Bergquist E, Burns L, Campbell C, Stadler D, Combs E, Prange N, Schwartz A, Brown K, and Sauer, K (2021), Leveraging Online Learning to Promote Systems Thinking for Sustainable Food Systems Training in Dietetics Education. *Frontiers in Nutrition*.

**APPENDIX A: Survey instruments**
**1. Pre-survey**

	Question	Response Option
Q1	Rate the level you agree or disagree with the following statements. I feel confident in my ability to:  [Insert specific learning outcomes]	SELECT ONE  <input type="radio"/> Strongly agree <input type="radio"/> Agree <input type="radio"/> Disagree <input type="radio"/> Strongly disagree
Q2	By the time I complete this activity, I hope to be able to:	OPEN-ENDED (TEXT BOX)
Q3	What else should we know?	OPEN-ENDED (TEXT BOX)

**2. Post-survey**

	Question	Response Option
Q1	Please indicate which of the following activities you participated in:	CHECK ALL THAT APPLY  <input type="checkbox"/> Attended training webinar (live) <input type="checkbox"/> Attended training webinar (watched the recording after) <input type="checkbox"/> Worked on the practice activity <input type="checkbox"/> Submitted the practice activity <input type="checkbox"/> Attended the synthesis webinar (live) <input type="checkbox"/> Attended the synthesis webinar (watched the recording after)

Systems Thinking for Food Systems

Q2 Rate the level you agree or disagree with the following statements. I feel confident in my ability to:  
[Insert specific learning outcomes]

SELECT ONE

- Strongly agree
- Agree
- Disagree
- Strongly disagree

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Q3 The overall activity was:

SELECT ONE

- Excellent
- Good
- Satisfactory
- Weak
- Poor

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Q4 What were the most useful aspects of this activity?

OPEN-ENDED (TEXT BOX)

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Q5 What would improve this activity for future learners?

OPEN-ENDED (TEXT BOX)

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Q6 The overall effectiveness of the facilitator was:

SELECT ONE

- Excellent
- Good
- Satisfactory
- Weak
- Poor

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Q7 Please share any additional feedback you may have about the facilitator.

OPEN-ENDED (TEXT BOX)

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Q8 Are there any changes to the format that could improve the learning experience for future participants?

OPEN-ENDED (TEXT BOX)

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Q9 What else should we know?

OPEN-ENDED (TEXT BOX)

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**APPENDIX B: Numerical values for survey results shown in Figure 2**

**Series on individual, policy, system, and environmental (I+PSE) change**

	Strongly Agree	Agree	Disagree	Strongly Disagree
<b>Before the series: I feel confident in my ability to...</b>				
... describe the intersection of food systems, public health, and nutrition (n, % of 38 respondents)	1 (2.6%)	23 (60.5%)	12 (31.6%)	2 (5.3%)
... identify how theoretical models can shape broader interventions (n, % of 37 respondents)	0 (0%)	13 (35.1%)	22 (59.5%)	2 (5.4%)
... apply policy, system, and environmental change to sustainable food system initiatives (n, % of 38 respondents)	1 (2.6%)	10 (26.3%)	23 (60.5%)	4 (10.5%)
<b>After the series: I feel confident in my ability to...</b>				
... describe the intersection of food systems, public health, and nutrition (n, % of 10 respondents)	6 (60%)	4 (40%)	0 (0%)	0 (0%)
... identify how theoretical models can shape broader interventions (n, % of 10 respondents)	4 (40%)	6 (60%)	0 (0%)	0 (0%)
... apply policy, system, and environmental change to sustainable food system initiatives (n, % of 9 respondents)	5 (55.6%)	4 (44.4%)	0 (0%)	0 (0%)

*Note that the number of respondents differs by question because survey questions were optional.*

**Series on malnutrition through the lens of systems thinking**

	Strongly Agree	Agree	Disagree	Strongly Disagree
<b>Before the series:</b> I feel confident in my ability to...				
... describe what is means by a systems thinking approach (n, % of 16 respondents)	4 (25%)	2 (12.5%)	9 (56.3%)	1 (6.3%)
... describe at least one way systems thinking can be applied to the field of nutrition and dietetics (n, % of 21 respondents)	3 (14.3%)	5 (23.8%)	11 (52.4%)	2 (9.5%)
... use an impact analysis to discuss issues related to malnutrition in both the United States and a global context (n, % of 28 respondents)	1 (3.6%)	8 (28.6%)	15 (53.6%)	4 (14.3%)
<b>After the series:</b> I feel confident in my ability to...				
... describe what is means by a systems thinking approach (n, % of 4 respondents)	0 (0%)	4 (100%)	0 (0%)	0 (0%)
... describe at least one way systems thinking can be applied to the field of nutrition and dietetics (n, % of 4 respondents)	0 (0%)	4 (100%)	0 (0%)	0 (0%)
... use an impact analysis to discuss issues related to malnutrition in both the United States and a global context (n, % of 5 respondents)	2 (40%)	3 (60%)	0 (0%)	0 (0%)

*Note that the number of respondents differs by question because survey questions were optional.*