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CLINICAL SCIENCE

Filgotinib in combination with methotrexate or as monotherapy versus methotrexate monotherapy in patients with active rheumatoid arthritis and limited or no prior exposure to methotrexate: the phase 3, randomised controlled FINCH 3 trial

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For 'Presented at statement' see end of article.

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ABSTRACT

Objectives To investigate efficacy and safety of the Janus kinase-1 inhibitor filgotinib in patients with active rheumatoid arthritis (RA) with limited or no prior methotrexate (MTX) exposure.

Methods This 52-week, phase 3, multicentre, double-blind clinical trial (NCT02886728) evaluated once-daily oral filgotinib in 1252 patients with RA randomised 2:1:1:2 to filgotinib 200 mg with MTX (FIL200 +MTX), filgotinib 100 mg with MTX (FIL100 +MTX), filgotinib 200 mg monotherapy (FIL200), or MTX. The primary endpoint was proportion achieving 20% improvement in American College of Rheumatology criteria (ACR20) at week 24.

Results The primary endpoint was achieved by 81% of patients receiving FIL200+ MTX versus 71% receiving MTX ($p<0.001$). A significantly greater proportion treated with FIL100+ MTX compared with MTX achieved an ACR20 response (80%, $p=0.017$) at week 24. Significant improvement in Health Assessment Questionnaire-Disability Index was seen at week 24; least-squares mean change from baseline was -1.0 and -0.94 with FIL200+MTX and FIL100+MTX, respectively, versus -0.81 with MTX ($p<0.001$, $p=0.008$, respectively). Significantly higher proportions receiving FIL200+MTX (54%) and FIL100+MTX (43%) achieved DAS28(CRP) <2.6 versus MTX (29%) ($p<0.001$ for both) at week 24. Hierarchical testing stopped for comparison of ACR20 for FIL200 monotherapy (78%) versus MTX (71%) at week 24 ($p=0.058$). Adverse event rates through week 52 were comparable between all treatments.

Conclusions FIL200+MTX and FIL100+MTX both significantly improved signs and symptoms and physical function in patients with active RA and limited or no prior MTX exposure; FIL200 monotherapy did not have a superior ACR20 response rate versus MTX. Filgotinib was well tolerated, with acceptable safety compared with MTX.

INTRODUCTION

Early control of rheumatoid arthritis (RA), including initiation of effective treatment as soon as possible, is critical to prevent disability,

Key messages**What is already known about this subject?**

- Results from previous phase 3 studies and subsequent long-term follow-up of baricitinib, upadacitinib, and tofacitinib showed that treatment with small molecule Janus kinase (JAK) inhibitors with or without conventional synthetic disease-modifying antirheumatic drugs have a clinically meaningful benefit over methotrexate (MTX) monotherapy in reducing the signs and symptoms of rheumatoid arthritis, as well as radiographic progression, in MTX-naïve patients.
- Safety signals such as increased risk of infections, venous thromboembolism, and major adverse cardiovascular event warrant careful evaluation of the risks and benefits of treatment, especially in the first-line treatment.

What does this study add?

- This study is the first to evaluate filgotinib—a once-daily, oral, selective JAK-1 inhibitor—in patients with rheumatoid arthritis who had no or limited exposure to MTX.
- Filgotinib, either alone or in combination with MTX, was found to have a clinically meaningful benefit over MTX monotherapy with an acceptable safety profile up to 52 weeks.

How might this impact on clinical practice or future developments?

- Filgotinib in combination with MTX could be considered as a treatment option for patients with moderately or severely active rheumatoid arthritis who have limited or no previous exposure to MTX.

joint destruction, and decreased quality of life (QoL).^{1–4} For patients, the highest priority is returning to normality quickly.⁵ The European

Rheumatoid arthritis

Table 1 Baseline demographics and clinical characteristics

	FIL 200 mg+MTX n=416	FIL 100 mg+MTX n=207	FIL 200 mg n=210	MTX n=416	Total N=1249
Age, years	53 (13.8)	54 (12.6)	52 (13.9)	53 (13.7)	53 (13.6)
≥65 years, n (%)	87 (21)	39 (19)	40 (19)	87 (21)	253 (20)
≥70 years, n (%)	42 (10)	18 (9)	22 (11)	44 (11)	126 (10)
≥75 years, n (%)	21 (5)	7 (3)	10 (5)	16 (4)	54 (4)
Female, n (%)	325 (78%)	158 (76%)	166 (79%)	312 (75%)	961 (77%)
Race, n (%)					
White	278 (67%)	132 (64%)	135 (64%)	278 (67%)	823 (66%)
Asian	90 (22%)	51 (25%)	47 (22%)	85 (20%)	273 (22%)
American Indian or Alaska Native	26 (6%)	12 (6%)	18 (9%)	33 (8%)	89 (7%)
Black or African American	15 (4%)	8 (4%)	8 (4%)	14 (3%)	45 (4%)
Native Hawaiian or Pacific Islander	1 (<1%)	0	1 (1%)	3 (1%)	5 (<1%)
Other*	6 (1%)	4 (2%)	0	3 (1%)	13 (1%)
Not permitted*	0	0	1 (1%)	0	1 (<1%)
Ethnicity, n (%)					
Hispanic or Latino	93 (22%)	40 (19%)	45 (21%)	84 (20%)	262 (21%)
Not Hispanic or Latino	322 (77%)	167 (81%)	165 (79%)	332 (80%)	986 (79%)
Not permitted*	1 (<1%)	0	0	0	1 (<1%)
Geographical region,† n (%)					
Region A	173 (42%)	85 (41%)	86 (41%)	170 (41%)	514 (41%)
Region B	149 (36%)	75 (36%)	76 (36%)	149 (36%)	449 (36%)
Region C	58 (14%)	28 (14%)	28 (13%)	56 (14%)	170 (14%)
Region D	13 (3%)	8 (4%)	8 (4%)	16 (4%)	45 (4%)
Region E	23 (6%)	11 (5%)	12 (6%)	25 (6%)	71 (6%)
BMI, median (Q1, Q3), kg/m ²	26.8 (23.0, 31.2)	26.7 (23.5, 31.3)	26.4 (23.3, 30.0)	26.8 (23.1, 31.5)	26.7 (23.1, 31.1)
Smoking status, n (%)					
Non-smoker	300 (72%)	146 (71%)	151 (72%)	287 (69%)	884 (71%)
Former smoker	64 (15%)	32 (16%)	24 (11%)	70 (17%)	190 (15%)
Current smoker	52 (13%)	29 (14%)	35 (17%)	59 (14%)	175 (14%)
RA duration, years	1.9 (3.6)	2.3 (4.7)	2.6 (6.3)	2.3 (5.5)	2.2 (5.0)
Median	0.4	0.4	0.4	0.3	0.4
≤6 month	229 (55%)	111 (54%)	116 (55%)	230 (55%)	686 (55%)
6 month–1 year	40 (10%)	27 (13%)	21 (10%)	52 (13%)	140 (11%)
≥1 year	147 (35%)	69 (33%)	73 (35%)	134 (32%)	423 (34%)
RF or anti-CCP positive, n (%)	317 (76%)	162 (78%)	158 (75%)	322 (77%)	959 (77%)
hsCRP (mg/L)	18.0 (25.3)	17.7 (27.4)	17.3 (23.2)	16.9 (24.4)	17.5 (25.0)
mTSS erosions>0, n (%)	392 (94%)	197 (95%)	199 (95%)	385 (93%)	1173 (94%)
DMARD naïve, n (%)	319 (77%)	159 (77%)	164 (78%)	322 (77%)	964 (77%)
Prior non-MTX csDMARD use, n (%)	73 (18%)	38 (18%)	35 (17%)	76 (18%)	222 (18%)
Concurrent antimalarial use, n (%)	35 (8%)	24 (12%)	17 (8%)	42 (10%)	118 (9%)
Concurrent oral steroid use, n (%)	143 (34%)	88 (43%)	89 (42%)	174 (42%)	494 (40%)
Steroid dose, mg/day	6.6 (2.3)	7.2 (2.9)	6.6 (2.2)	6.5 (2.3)	6.6 (2.4)
DAS28(CRP)	5.7 (1.0)	5.7 (1.0)	5.8 (0.9)	5.7 (1.0)	5.7 (1.0)
SJC66	16 (9.8)	16 (9.3)	16 (9.7)	16 (9.4)	16 (9.6)
TJC68	26 (14.5)	25 (13.9)	26 (13.7)	26 (13.8)	26 (14.0)
Patient global assessment (VAS)	65 (21.0)	66 (21.6)	68 (19.2)	66 (21.0)	66 (20.8)
Physician global assessment (VAS)	66 (17.0)	68 (6.3)	66 (14.4)	67 (16.8)	67 (16.4)
Patient pain (VAS)	64 (22.0)	67 (22.1)	67 (18.4)	66 (21.4)	65 (21.3)
HAQ-DI	1.5 (0.6)‡	1.6 (0.7)	1.6 (0.7)	1.6 (0.6)	1.6 (0.6)
mTSS units§	11.4 (20.0)	13.3 (27.0)	16.5 (32.4)	13.7 (29.2)	13.3 (26.7)
CDAI	39.5 (12.8)	39.2 (12.7)	40.0 (12.6)	40.2 (12.5)	39.8 (12.6)
SDAI	41.3 (13.4)	41.0 (13.5)	41.8 (13.1)	41.9 (13.4)	41.5 (13.4)
SF-36 PCS	33.9 (7.5)‡	33.7 (8.0)	33.6 (7.7)¶	33.3 (7.3)	33.6 (7.5)
FACIT-F	28.3 (10.9)**	27.3 (11.9)	27.3 (10.9)††	27.1 (10.7)‡‡	27.6 (11.0)

Data are mean (SD), unless otherwise indicated.

*Other races included people whose predominant origins cannot be determined or who are of mixed race and do not identify with a primary race. Not permitted category includes patients whose local regulators did not allow collection of race or ethnicity information.

†Region A: USA, Spain, Germany, South Korea, Canada, Belgium, South Africa, Australia, New Zealand, UK, Italy, Ireland, Israel; Region B: India, Poland, Ukraine, Bulgaria, Russia, Czech Republic, Hungary, Serbia, Romania, Slovakia; Region C: Mexico, Argentina, Chile; Region D: Taiwan, Thailand, Malaysia, Hong Kong; Region E: Japan.

‡n=414.

§Campaign A, n=1226.

¶n=208.

**n=411.

††n=206.

‡‡n=415.

BMI, body mass index; CCP, cyclic citrullinated peptides; CDAI, Clinical Disease Activity Index; csDMARD, conventional synthetic DMARD; DAS28(CRP), 28-joint Disease Activity Score with C-reactive protein; DMARD, disease-modifying antirheumatic drug; FACIT-F, Functional Assessment of Chronic Illness Therapy–Fatigue; FIL, filgotinib; HAQ-DI, Health Assessment Questionnaire–Disability Index; hsCRP, high-sensitivity C-reactive protein; mTSS, Modified total Sharp/van der Heijde score; MTX, methotrexate; SF-36 PCS, Short Form 36 Physical Component Summary score; Q1, first quartile; Q3, third quartile; RA, rheumatoid arthritis; RF, rheumatoid factor; SDAI, simplified disease activity index; SJC66, swollen joint count based on 66 joints; TJC68, tender joint count based on 68 joints; VAS, Visual Analogue Scale.

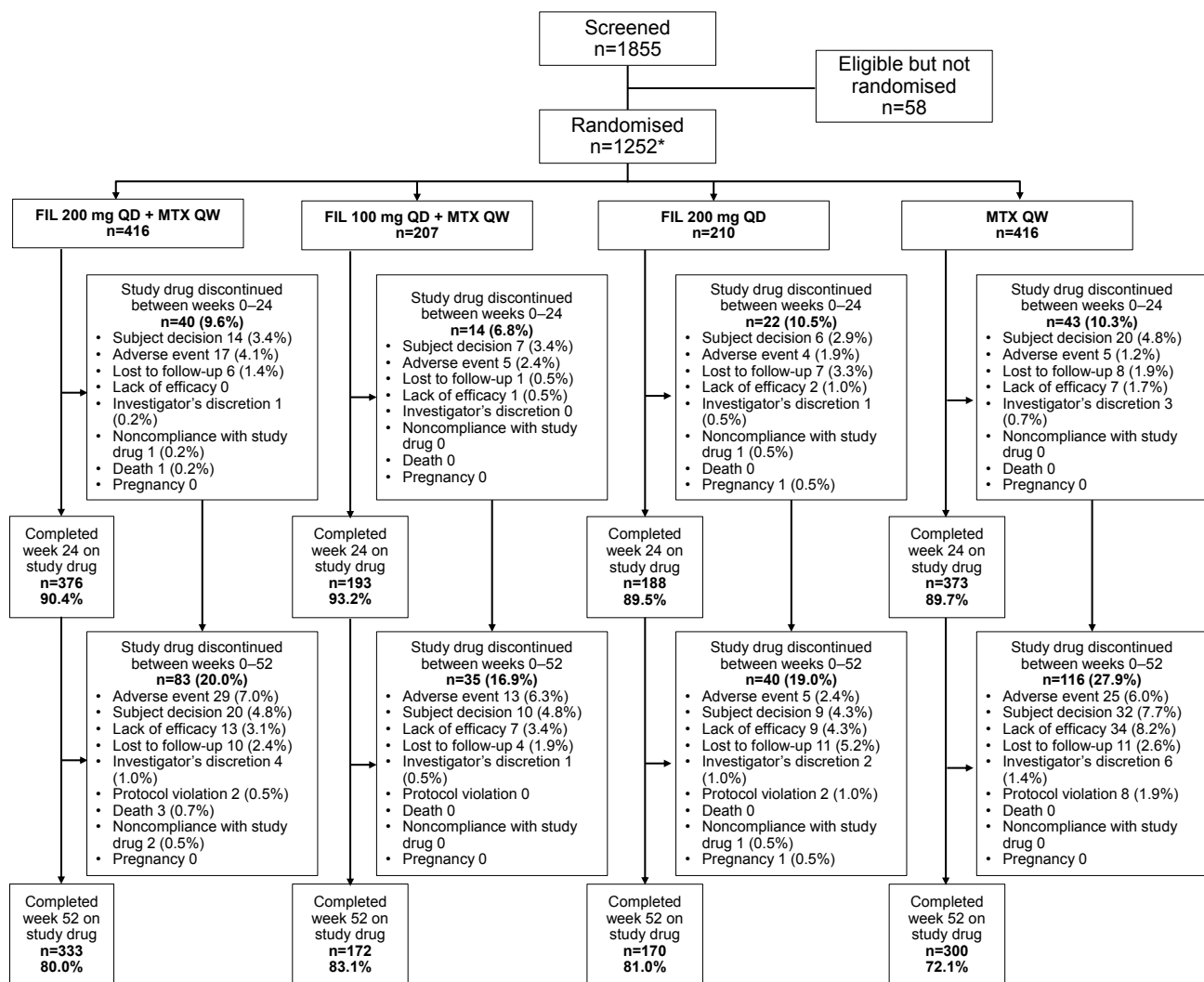


Figure 1 Study flow and patient disposition through 24 and 52 weeks. *Three patients were randomised (1 to FIL 200 mg+MTX and 2 to MTX monotherapy) but not dosed. FIL, filgotinib; MTX, methotrexate; QD, once daily; QW, once weekly.

League Against Rheumatism (EULAR) and American College of Rheumatology (ACR) recommend initial therapy with methotrexate (MTX) alone or with glucocorticoids to induce remission or low disease activity by week 24, preferentially maintained over time.²⁻⁶ However, only approximately 30% of patients with RA achieve this objective with MTX monotherapy.^{7,8} Following treat to target approaches, including temporary glucocorticoids, this might increase to 60%–70%.⁹ Thus, alternative therapies providing rapid disease control are desirable. Such therapies will also benefit patients with seropositivity, elevated acute phase reactants, and early erosions, which, in a recently updated matrix, predict rapid radiographic progression.¹⁰

Filgotinib, an oral, selective Janus kinase (JAK)-1 inhibitor, was efficacious in phase 2 and phase 3 trials in patients with RA.¹¹⁻¹⁴ In these trials, filgotinib 200 or 100 mg daily with conventional synthetic disease-modifying antirheumatic drugs (DMARDs) or as monotherapy demonstrated rapid, significant improvements in disease activity versus placebo.¹¹⁻¹⁴ This phase 3 study (NCT02886728) evaluated the efficacy and safety of filgotinib with MTX or as monotherapy as compared with standard of care MTX

monotherapy in patients with active RA with limited or no prior MTX exposure.

METHODS

Study design and conduct

This 52-week, randomised, double-blind, active-controlled, phase 3 trial was conducted at 227 sites in 31 countries from 8 August 2016 to 5 October 2018. Patients were randomised 2:1:1:2 to receive filgotinib 200 mg with MTX (FIL200+MTX), filgotinib 100 with MTX (FIL100+MTX), filgotinib 200 mg (FIL200), or MTX. Patients provided written informed consent prior to screening.

Study participants

Eligible patients were ≥ 18 years with RA per 2010 ACR/EULAR criteria,¹⁵ limited (< 3 doses ≤ 25 mg) or no prior MTX exposure, ≥ 6 swollen joint count of 66 joints (SJC66), and ≥ 6 tender joints of 68 joints (TJC68) at screening and day 1. At screening, eligible patients were required to have 1 of the following: seropositivity for rheumatoid factor and/or anticyclic citrullinated peptide or ≥ 1 radiographic erosion (centrally read); or serum C-reactive protein (CRP) ≥ 4 mg/L. Key exclusion criteria

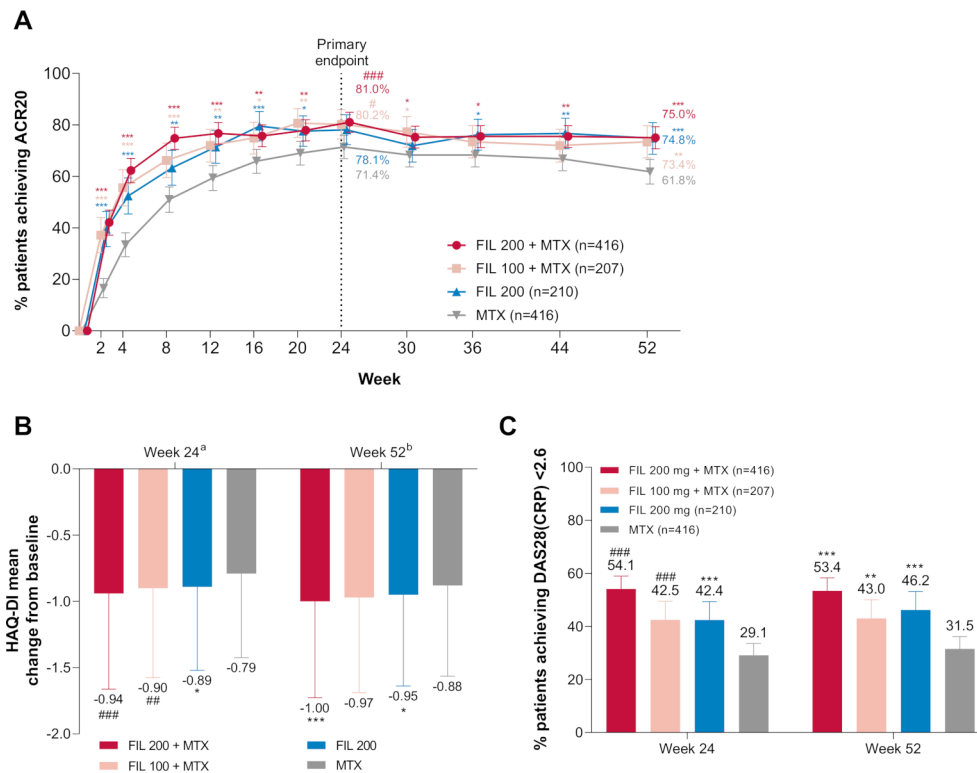


Figure 2 Primary, key secondary, and other secondary efficacy outcomes: (A) proportion of patients who achieved ACR20 over time; (B) change from baseline in HAQ-DI at week 24 and week 52; (C) proportion of patients achieving DAS28(CRP) <2.6 at week 24 and week 52. ###p<0.001; ##p<0.01; #p<0.05. The difference between filgotinib 200 mg and MTX for ACR20 at week 24 was not significant (p=0.058). ***Exploratory p<0.001; **exploratory p<0.01; *exploratory p<0.05, for supportive analysis without adjustment for multiplicity. ^an=372, 190, 185, and 370 for FIL200+MTX, FIL100+MTX, FIL200, and MTX, respectively. ^bn=332, 169, 171, and 307 for FIL200+MTX, FIL100+MTX, FIL200, and MTX, respectively. Error bars represent 95% CI for proportions of patients and SD for mean. For HAQ-DI, p values are based on least-squares mean difference versus MTX. Supporting values for (A) are shown in online supplemental table S3. ACR20, 20% improvement in American College of Rheumatology criteria; DAS28(CRP), 28-joint Disease Activity Score with C-reactive protein; FIL, filgotinib; HAQ-DI, Health Assessment Questionnaire-Disability Index; MTX, methotrexate.

included previous use of JAK inhibitors or biological DMARDs. Prior or concomitant use of stably dosed hydroxychloroquine was allowed. Full inclusion/exclusion criteria are in online supplemental methods.

Interventions

Filgotinib 100 or 200 mg were administered orally once daily. MTX was administered orally once weekly, starting with 10 mg/week and escalating to 15 mg at week 4 and 20 mg at week 8; in Japan, maximum 15 mg/week per local MTX prescribing practices. Local standard of care for folic acid supplementation was followed. After 4 weeks, a one-time 5 mg MTX dose reduction for intolerance was permitted if the dose remained ≥10 mg. Concomitant stable doses of non-steroidal anti-inflammatory drugs or glucocorticoids (≤10 mg/d prednisone/equivalent) were permitted.

Patients without 20% improvement from baseline in SJC66 and TJC68 at week 24, or at 2 consecutive visits from weeks 30 through 52, discontinued study drug and received standard of care, but continued study visits. Eligible patients completing the study could enter the long-term extension study (LTE) (NCT03025308); all others had a 4-week post-treatment visit.

Endpoints

The primary endpoint was proportion of patients receiving FIL200+MTX versus MTX achieving ACR20¹⁶ at week 24. Key secondary endpoints tested hierarchically at week 24 were

ACR20 FIL100+MTX versus MTX, change from baseline in Health Assessment Questionnaire-Disability Index (HAQ-DI), proportion of patients achieving 28-joint Disease Activity Score (DAS28(CRP))<2.6, change from baseline in modified total Sharp/van der Heijde score (mTSS), Short Form 36-Physical Component Score (SF-36 PCS), and Functional Assessment of Chronic Illness Therapy-Fatigue (FACIT-F; online supplemental figure S1).

Additional secondary and other endpoints evaluated over 52 weeks were the proportion of patients achieving ACR20/50/70, DAS28(CRP) <2.6, Simplified Disease Activity Index (SDAI)≤3.3, Clinical Disease Activity Index (CDAI) ≤2.8, and Boolean remission; and change from baseline in mTSS and its components, individual ACR components, DAS28(CRP), CDAI and SDAI. Radiographs were scored centrally as campaign A (radiographs taken at baseline and week 24) and campaign B (radiographs taken at baseline, week 24, and week 52 for patients who had images after week 24) by 2 blinded assessors and adjudicated by a third assessor, if necessary. Additional details are in online supplemental methods.

Safety was evaluated through adverse events (AEs) and laboratory assessments. All potential major adverse cardiovascular events (MACE) and thromboembolic events were adjudicated centrally by an independent committee. An independent data monitoring committee reviewed safety data periodically.

Table 2 Primary and key secondary efficacy outcomes at week 24

	FIL	MTX	Difference versus MTX*	P value versus MTX
Primary outcome				
ACR20, FIL200+MTX versus MTX				
n/N	337/416	297/416		
% (95% CI)	81.0 (77.1 to 84.9)	71.4 (66.9 to 75.9)	9.6 (3.6 to 15.6)	<0.001†
Key secondary outcomes, hierarchically tested				
ACR20, FIL100+MTX versus MTX				
n/N	166/207	297/416		
% (95% CI)	80.2 (74.5 to 85.9)	71.4 (66.9 to 75.9)	8.8 (1.5 to 16.1)	0.017†
HAQ-DI change from baseline, FIL200+MTX versus MTX				
N	372	370		
Mean±SD	-0.94±0.72	-0.79±0.63	-0.2 (-0.3, -0.1)	<0.001†
HAQ-DI change from baseline, FIL100+MTX versus MTX				
N	190	370		
Mean±SD	-0.90±0.68	-0.79±0.63	-0.1 (-0.2, 0.0)	0.008†
DAS28(CRP) <2.6, FIL200+MTX versus MTX				
n/N	225/416	121/416		
% (95% CI)	54.1 (49.2 to 59.0)	29.1 (24.6 to 33.6)	25.0 (18.3 to 31.7)	<0.001†
DAS28(CRP) <2.6, FIL100+MTX versus MTX				
n/N	88/207	121/416		
% (95% CI)	42.5 (35.5 to 49.5)	29.1 (24.6 to 33.6)	13.4 (5.0 to 21.8)	<0.001†
ACR20, FIL200 versus MTX				
n/N	164/210	297/416		
% (95% CI)	78.1 (72.3 to 83.9)	71.4 (66.9 to 75.9)	6.7 (-0.7 to 14.1)	0.058†
Key secondary outcomes after break in statistical testing hierarchy				
HAQ-DI change from baseline, FIL200 versus MTX.				
N	185	370		
Mean±SD	-0.89±0.63	-0.79±0.63	-0.1 (-0.2, 0.0)	0.029
DAS28(CRP) <2.6, week 24, FIL200 versus MTX				
n/N	89/210	121/416		
% (95% CI)	42.4 (35.5 to 49.3)	29.1 (24.6 to 33.6)	13.3 (5.0 to 21.6)	<0.001
mTSS change from baseline, FIL200+MTX versus MTX				
N	355	356		
LSM (95% CI)	0.1 (-0.2 to 0.4)	0.4 (0.1 to 0.7)	-0.3 (-0.6 to 0.0)	0.068
mTSS change from baseline, FIL100+MTX versus MTX				
N	184	356		
LSM (95% CI)	0.1 (-0.2 to 0.5)	0.4 (0.1 to 0.7)	-0.3 (-0.7 to 0.1)	0.14
mTSS change from baseline, FIL200 versus MTX				
N	173	356		
LSM (95% CI)	-0.1 (-0.5 to 0.2)	0.4 (0.1 to 0.7)	-0.6 (-0.9, 0.2)	0.006
SF-36 PCS change from baseline, FIL200+MTX versus MTX				
N	373	371		
Mean±SD	12.3±8.9	9.7±8.6	2.9 (1.8, 4.0)	<0.001
SF-36 PCS change from baseline, FIL100+MTX versus MTX				
N	190	371		
Mean±SD	11.1±9.0	9.7±8.6	1.6 (0.3, 2.9)	0.019
SF-36 PCS change from baseline, FIL200 versus MTX				
N	185	371		
Mean±SD	10.4±9.1	9.7±8.6	0.8 (-0.5, 2.2)	0.23
FACIT-F change from baseline, FIL200+MTX versus MTX				
N	365	365		
Mean±SD	10.6±11.5	10.1±11.2	1.3 (-0.1, 2.6)	0.061
FACIT-F change from baseline, FIL100+MTX versus MTX				
N	189	365		
Mean±SD	11.4±11.3	10.1±11.2	1.3 (-0.3, 2.9)	0.11
FACIT-F change from baseline, FIL200 versus MTX				
N	181	365		
Mean±SD	10.2±11.4	10.1±11.2	0.3 (-1.3, 1.9)	0.70

*Difference versus MTX (95% CI) for dichotomous outcomes and LSM difference versus MTX (95% CI) for continuous outcomes.

†P value adjusted for multiplicity. All other p values are exploratory.

ACR20, 20% improvement in American College of Rheumatology criteria; DAS28(CRP), Disease Activity Score in 28 joints with C-reactive protein; FACIT-F, Functional Assessment of Chronic Illness Therapy-Fatigue; FIL100, filgotinib 100 mg; FIL200, filgotinib 200 mg; HAQ-DI, Health Assessment Questionnaire-Disability Index; LSM, least-squares mean; mTSS, Modified total Sharp/van der Heijde score; MTX, methotrexate; SF-36 PCS, Short Form-36 Physical Component Summary.

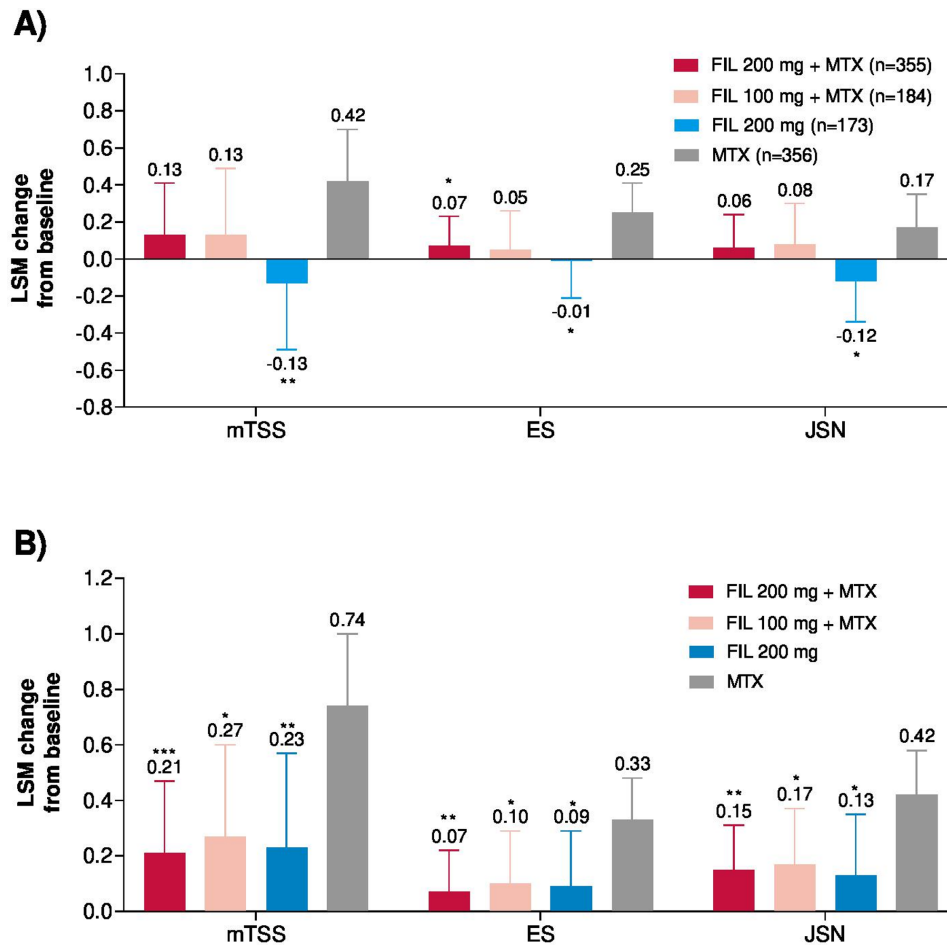


Figure 3 Change in modified total Sharp/van der Heijde score (mTSS) and components from baseline at (A) week 24 and (B) week 52.

***Exploratory $p < 0.001$; **exploratory $p < 0.01$; *exploratory $p < 0.05$; for supportive analysis without adjustment for multiplicity. Error bars represent 95% CI. For mTSS, week 24 includes only data from campaign A and week 52 includes data from campaign A and B. Week 52 n values are not provided for mTSS change from baseline, as the analysis included both campaign A (through week 24) and campaign B (through week 52 including re-reading of baseline and week 24). ES, erosion score; FIL, filgotinib; JSN, joint space narrowing; LSM, least-squares mean; MTX, methotrexate.

Statistical analysis

A sample size of 400 patients receiving FIL200+MTX and 400 receiving MTX monotherapy would provide 90% power at a two-sided α of 0.05 to test superiority of FIL200+MTX compared with MTX for change from baseline in mTSS at week 24, which is common in RA studies assessing structural damage.^{17–19} The total sample size was 1200 patients (400 patients for FIL200+MTX group, 200 patients for FIL100+MTX group, 200 patients for FIL200 group, and 400 patients for MTX group). This sample size also provided >90% power to detect a 16% difference in ACR20 between patients receiving MTX (estimated response rate, 62%) versus any filgotinib treatment (78%) at a two-sided α of 0.05.

Type I error was controlled by hierarchical testing of primary and key secondary endpoints (online supplemental figure S1). The primary efficacy hypothesis was a superiority test (two-sided $\alpha = 0.05$) comparing ACR20 at week 24 for FIL200+MTX versus MTX, using logistic regression analysis with treatment group and stratification factors, and non-responder imputation for missing data. Sequential testing for the primary and key secondary endpoints was implemented, and when a null hypothesis was not rejected, statistical significance was not considered for remaining hypotheses.

Efficacy and safety analyses were based on all randomised patients who received ≥ 1 dose of study drug. Efficacy analyses

were based on on-treatment data. For binary endpoints, logistic regression was used with treatment and stratification factors (geographical region and seropositivity at screening) included in the model and non-responder imputation. Following treatment discontinuation, patient data were imputed as non-responses. Treatment effect on continuous endpoint change from baseline was evaluated with a mixed-effect model for repeated measures with treatment, visit, treatment by visit interaction, stratification factors, and baseline value as fixed effects and patient as a random effect. For structural endpoints, a linear mixed-effect model for change from baseline at week 24 (campaign A) and 52 (campaign A and B) and a generalised linear mixed-effect model for the proportion of patients with no radiographic progression (ie, Δ mTSS ≤ 0) at week 52 using campaign A and B data were employed.

Safety endpoints were analysed per treatment by number and percentage of patients with events for categorical values or summary statistics for continuous data. All statistical analyses were performed using SAS V.9.4 (SAS Institute).

Public involvement statement

The public was not involved in the design, conduct, or reporting of this research.

RESULTS

Patients and disposition

Overall, 1252 patients were randomised, and 1249 received study treatment. In total, 90.5% patients completed study drug through week 24, and 82% through week 52 (figure 1). The largest proportion of patients enrolled from the USA (25.5%) and Eastern Europe (26.7%). Baseline demographic and disease characteristics were similar among treatment arms (table 1). At baseline, median disease duration was 0.4 years, and 77.2% of patients were DMARD naïve.

Efficacy

At week 24, the mean dose of MTX was 18 mg/week (online supplemental table S1). Significantly higher proportions of patients receiving FIL200+MTX (81%, $p<0.001$) and FIL100+MTX achieved ACR20 (80%, $p=0.017$) versus MTX (71%) at week 24 (figure 2A). Patients receiving either FIL200+MTX or FIL100+MTX had significant improvement in physical function HAQ-DI versus MTX at week 24; the least-squares mean (LSM) of the treatment difference in change in HAQ-DI from baseline versus MTX (95% CI) was -0.20 ($-0.27, -0.12$) ($p<0.001$) and -0.13 ($-0.23, -0.03$) ($p=0.008$) for FIL200+MTX and FIL100+MTX, respectively (figure 2B; table 2). Significantly higher proportions of patients receiving FIL200+MTX and FIL100+MTX achieved DAS28 (CRP) <2.6 versus MTX at week 24 ($p<0.001$ for all comparisons; figure 2C; table 2).

ACR20 for FIL200 (78%) at week 24 did not significantly differ from MTX (71%; $p=0.058$) (figure 2A). Therefore, exploratory p values without multiplicity adjustment are reported for all subsequent endpoints. At week 24, the LSM of the treatment difference in change in HAQ-DI from baseline for FIL200 versus MTX was -0.11 (figure 2B); 42% of patients

receiving FIL200 achieved DAS28(CRP) <2.6 versus 29% with MTX.

At week 24, the LSM change from baseline in mTSS was 0.13 with FIL200+MTX, 0.13 with FIL100+MTX, and -0.13 with FIL200 versus 0.42 with MTX (figure 3A). Treatment with filgotinib or MTX improved health-related QoL, as measured with SF-36 PCS and FACIT-F. At week 24, change from baseline in SF-36 PCS was greater for FIL200+MTX and FIL100 +MTX versus MTX; and similar to MTX for FIL200, and improvements in FACIT-F scores were comparable across treatments (table 2).

At week 52, the LSM change from baseline in mTSS was 0.21 for FIL200+MTX, 0.27 for FIL100+MTX, and 0.23 for FIL200 versus 0.74 for MTX (figure 3B). More patients receiving any filgotinib treatment had no radiographic progression defined as Δ mTSS ≤ 0 at week 24 versus MTX (online supplemental table S2). The cumulative distribution plots of change from baseline in mTSS are shown in online supplemental figure S2.

At week 2, ACR20 response was achieved by 42.1%, 37.2%, and 39.5% of patients receiving FIL200+MTX, FIL100+MTX, and FIL200 versus 16.6% of patients receiving MTX (figure 2A). Proportions of patients who achieved ACR50/70 and DAS28 (CRP) <2.6 or remission at weeks 24 and 52 were higher with both doses of FIL+MTX or FIL200 mg versus MTX (figure 4). At week 24, all filgotinib groups resulted in greater improvement across components of ACR versus MTX (table 3).

Safety

The most common treatment-emergent AEs (TEAEs) occurring in $>5\%$ of patients were nausea, upper respiratory tract infection, nasopharyngitis, headache and hypertension. Serious TEAEs were reported for 6%, 6%, 8%, and 7% of patients receiving FIL200+MTX, FIL100+MTX, FIL200, and MTX, respectively.

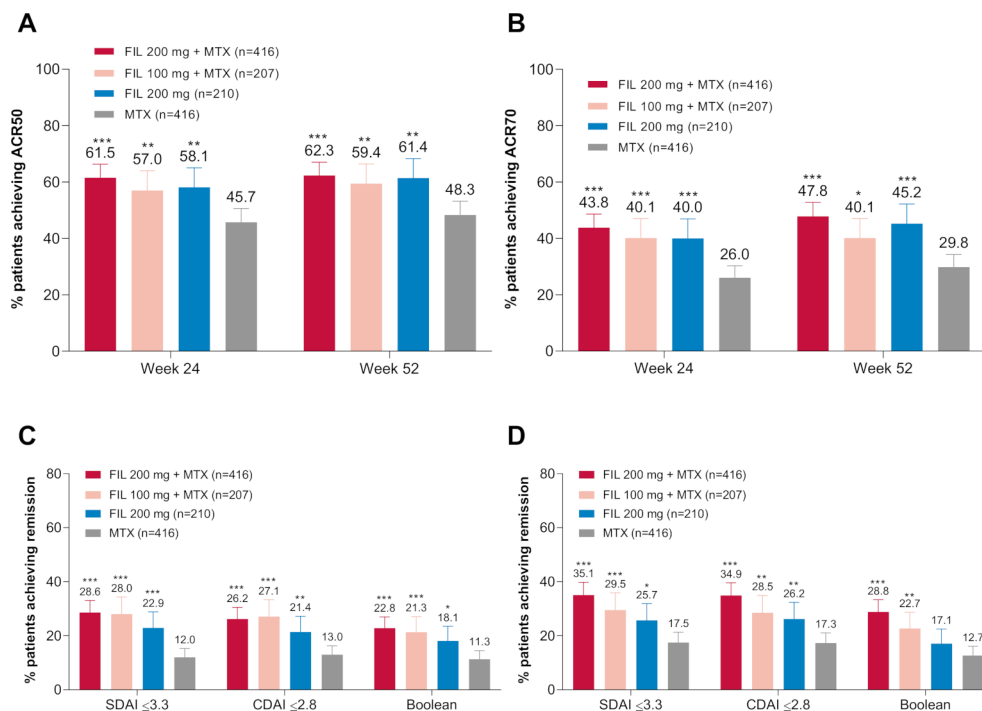


Figure 4 Proportion of patients achieving (A) ACR50 at weeks 24 and 52; (B) ACR70 at weeks 24 and 52; (C) remission at week 24; and (D) remission at week 52. ***Exploratory $p<0.001$; **exploratory $p<0.01$; *exploratory $p<0.05$; for supportive analysis without adjustment for multiplicity. ACR50/70, 50%/70% improvement in American College of Rheumatology criteria; CDAI, Clinical Disease Activity Index; FIL, filgotinib; MTX, methotrexate; SDAI, Simple Disease Activity Index.

Table 3 Additional efficacy outcomes at week 24

	FIL 200 mg+MTX n=416	FIL 100 mg+MTX n=207	FIL 200 mg n=210	MTX n=416
DAS28(CRP) change from baseline				
N	374	190	183	368
Mean±SD	-3.2±1.3	-2.9±1.3	-3.0±1.2	-2.5±1.3
LSM difference versus MTX (95% CI)	-0.8 (-0.9 to -0.6)	-0.5 (-0.7 to -0.3)	-0.5 (-0.7 to -0.3)	
Exploratory P versus MTX	<0.001	<0.001	<0.001	
CDAI change from baseline				
N	372	187	184	364
Mean±SD	-31.3±13.2	-30.0±13.3	-31.3±12.6	-28.2±13.4
LSM difference versus MTX (95% CI)	-4.1 (-5.3 to -2.9)	-2.8 (-4.3 to -1.3)	-2.9 (-4.4 to -1.4)	
Exploratory P versus MTX	<0.001	<0.001	<0.001	
SDAI change from baseline				
N	372	187	183	362
Mean±SD	-32.7±13.8	-31.1±14.1	-32.7±13.1	-29.0±14.1
LSM difference versus MTX (95% CI)	-4.6 (-5.9 to -3.4)	-3.1 (-4.6 to -1.6)	-3.4 (-4.9 to -1.9)	
Exploratory P versus MTX	<0.001	<0.001	<0.001	
SJC66 change from baseline				
N	374	190	186	370
Mean±SD	-14±8.9	-14±8.8	-15±9.5	-13±8.8
LSM difference versus MTX (95% CI)	-2 (-2 to -1)	-2 (-2 to -1)	-2 (-3 to -1)	
Exploratory P versus MTX	<0.001	<0.001	<0.001	
TJC68 change from baseline				
N	374	190	186	370
Mean±SD	-20±12.5	-20±13.0	-22±12.4	-19±12.9
LSM difference versus MTX (95% CI)	-2 (-3 to -1)	-2 (-3 to -1)	-3 (-4 to -1)	
Exploratory P versus MTX	<0.001	0.005	<0.001	
Patient global assessment change from baseline				
N	374	190	184	370
Mean±SD	-42±26.8	-36±27.4	-38±26.6	-34±27.4
LSM difference versus MTX (95% CI)	-9 (-13 to -6)	-3 (-7 to 1)	-4 (-8 to 0)	
Exploratory P versus MTX	<0.001	0.11	0.066	
Physician global assessment change from baseline				
N	372	187	185	364
Mean±SD	-51±21.1	-51±22.2	-49±19.5	-46±21.4
LSM difference versus MTX (95% CI)	-5 (-8 to -3)	-4 (-7 to -1)	-3 (-6 to 0)	
Exploratory P versus MTX	<0.001	0.007	0.046	
Patient pain change from baseline				
N	372	190	185	370
Mean±SD	-41±28.0	-37±27.8	-39±26.1	-34±27.6
LSM difference versus MTX (95% CI)	-9 (-12 to -5)	-3 (-7 to 1)	-4 (-8 to 0)	
Exploratory P versus MTX	<0.001	0.13	0.047	
hsCRP change from baseline				
N	374	190	186	368
Mean±SD	-13.4±27.1	-10.9±24.5	-12.7±24.5	-7.5±23.5
LSM difference versus MTX (95% CI)	-5.3 (-7.2 to -3.3)	-3.3 (-5.7 to -0.9)	-4.6 (-7.0 to -2.2)	
Exploratory P versus MTX	<0.001	0.007	<0.001	

CDAI, Clinical Disease Activity Index; CRP, C-reactive protein; DAS28(CRP), Disease Activity Score in 28 joints with CRP; FIL, filgotinib; hsCRP, high-sensitivity CRP; LSM, least-squares mean; MTX, methotrexate; SDAI, Simplified Disease Activity Index; SJC66, swollen joint count based on 66 joints; TJC68, tender joint count based on 68 joints.

Over 52 weeks, infection and serious infection rates were comparable for filgotinib versus MTX. Infections were reported for 36%, 37%, 36%, and 38% of patients receiving FIL200+MTX, FIL100+MTX, FIL200, and MTX, respectively; 1%, 1%, 2%, and 2% receiving FIL200+MTX, FIL100+MTX, FIL200, and MTX reported serious infections (table 4). The most common infections were upper respiratory tract infection, nasopharyngitis, urinary tract infection, and bronchitis. The most common serious infections were pneumonia, bronchitis, and sepsis. There were three opportunistic infections (FIL200+MTX, oesophageal candidiasis; MTX,

Pneumocystis jirovecii pneumonia, pneumonia cryptococcal). There was one serious AE of non-disseminated herpes zoster in a Japanese patient in their 50s receiving FIL200 who required hospitalisation for intravenous antiviral therapy; other cases were uncomplicated.

Four deaths occurred: 3 in FIL200+MTX, 1 in FIL100+MTX. The causes of death included lupus myocarditis (possible overlapping systemic autoimmune disease), intracranial aneurysm, interstitial lung disease, and sudden cardiovascular death, which occurred 68 days after study drug discontinuation. A total of 9 MACEs were positively adjudicated during the study: 4

Table 4 Treatment-emergent adverse events and laboratory abnormalities up to week 52

	FIL 200 mg+MTX n=416	FIL 100 mg+MTX n=207	FIL 200 mg n=210	MTX n=416
Safety summary				
TEAE	318 (76%)	164 (79%)	143 (68%)	305 (73%)
TE SAEs	26 (6%)	13 (6%)	17 (8%)	28 (7%)
TEAE leading to premature discontinuation of study drug	28 (7%)	13 (6%)	5 (2%)	25 (6%)
Death	3 (1%)	1 (1%)	0	0
TEAEs in >5% of patients				
Nausea	43 (10%)	32 (16%)	13 (6%)	45 (11%)
Nasopharyngitis	16 (4%)	13 (6%)	12 (6%)	16 (4%)
Upper respiratory tract infection	21 (5%)	5 (2%)	9 (4%)	17 (4%)
Headache	18 (4%)	8 (4%)	5 (2%)	19 (5%)
Alopecia	15 (4%)	13 (6%)	3 (1%)	15 (4%)
Diarrhoea	12 (3%)	10 (5%)	4 (2%)	20 (5%)
TEAEs of special interest				
Infection	148 (36%)	76 (37%)	75 (36%)	157 (38%)
Serious infection	5 (1%)	3 (1%)	5 (2%)	8 (2%)
Opportunistic infection	1 (<1%)*	0	0	2 (1%)†
Herpes zoster	6 (1%)	3 (1%)	4 (2%)	4 (1%)
Active TB	0	0	0	0
Malignancy (excluding NMSC)	1 (<1%)‡	0	0	4 (1%)§
NMSC	2 (1%)¶	0	0	1 (<1%)**
Gastrointestinal perforations	1 (<1%)††	0	0	0
Adjudicated VTE	0	0	0	2 (1%)‡‡
Adjudicated MACE	4 (1%)§§	1 (1%)¶¶	2 (1%)***	2 (1%)†††
Laboratory assessments				
Haemoglobin change from baseline, mean±SD, g/dL	0.2±1.2	0±1.1	0.4±1.1	-0.1±1.0
G3 or G4 decrease	6 (2%)	0	1 (1%)	5 (1%)
Neutrophils change from baseline, mean±SD, 10 ³ /µL	-1.3±2.1	-1.3±2.1	-1.0±2.0	-0.8±1.8
G3 or G4 decrease	2 (1%)	5 (3%)	2 (1%)	1 (<1%)
Lymphocytes change from baseline, mean±SD, 10 ³ /µL	-0.2±0.6	-0.2±0.7	-0.1±0.7	-0.1±0.6
G3 or G4 decrease	14 (3%)	3 (2%)	0	6 (2%)
Platelets change from baseline, mean±SD, 10 ³ /µL	-40±72.6	-33±66.9	-50±79.6	-18±78.2
G3 or G4 decrease	1 (<1%)	2 (1%)	0	1 (<1%)
ALT change from baseline, mean±SD, 10 ³ /µL	12±29.9	6±22.2	2±13.0	6±19.7
G3 or G4 increase	18 (4%)	7 (3%)	1 (1%)	4 (1%)
AST change from baseline, mean±SD, 10 ³ /µL	9±20.3	7±18.4	5±9.1	4±12.5
G3 or G4 increase	5 (1%)	3 (2%)	2 (1%)	1 (<1%)
Creatinine change from baseline, mean±SD, 10 ³ /µL	0.1±0.1	0.04±0.1	0.1±0.2	0.03±0.1
G3 or G4 increase	0	0	0	1 (<1%)
CK change from baseline, mean±SD, 10 ³ /µL	70±395.1	45±79.3	73±97.2	12±59.7
G3 or G4 increase	7 (2%)	3 (2%)	3 (1%)	2 (1%)
Fasting LDL cholesterol, change from baseline, mean±SD, mg/dL	17±27.6	12±27.8	14±28.7	2±24.4
% change, mean±SD	22±32.1	16±29.6	20±33.5	12±23.0
Fasting HDL cholesterol, change from baseline, mean±SD, mg/dL	11±14.5	6±13.6	12±15.3	1±11.0
% change, mean±SD	21±30.9	12±25.0	21±27.9	6±23.2
Fasting LDL/HDL ratio, mg/dL, change from baseline, mean±SD, mg/dL	-0.01±0.63	0.05±0.62	-0.1±0.75	0.001±0.54

Data are shown as n, (%) unless otherwise indicated.

*Oesophageal candida.

†*Pneumocystis jirovecii* pneumonia and cryptococcal pneumonia.

‡Breast cancer.

§Breast cancer, malignant melanoma, prostate cancer, and small cell lung cancer.

¶Basal cell carcinoma.

**Squamous cell carcinoma.

††Diverticular perforation.

‡‡Two adjudicated events of pulmonary embolism.

§§Two adjudicated events of non-fatal stroke, one adjudicated event each of non-fatal MI and CV death (lupus myocarditis).

¶¶Adjudicated CV death (intracranial aneurysm).

***Adjudicated non-fatal MI and non-fatal stroke.

†††Two adjudicated events of non-fatal stroke.

AE, adverse event; ALT, alanine aminotransferase; AST, aspartate aminotransferase; CK, creatine kinase; CV, cardiovascular; FIL, filgotinib; G2, grade 2; G3, grade 3; G4, grade 4; HDL, high-density lipoprotein; LDL, low-density lipoprotein; MACE, major adverse cardiovascular event; MI, myocardial infarction; MTX, methotrexate; NMSC, non-melanoma skin cancer; SAE, serious AE; TB, tuberculosis; TE, treatment-emergent; TEAE, treatment-emergent AE; VTE, venous thromboembolism.

(1%) in FIL200+MTX, 1 (1%) in FIL100+MTX, 2 (1%) in FIL200, and 2 (1%) in MTX (table 4). All positively adjudicated MACE occurred in patients with cardiovascular risk factors. No venous thromboembolism (VTE) occurred with filgotinib; two

positively adjudicated VTEs (pulmonary emboli) occurred with MTX treatment.

Malignancies, excluding non-melanoma skin cancer (NMSC) occurred in 4 (1%) patients receiving MTX (breast cancer,

malignant melanoma, prostate cancer, and small cell lung cancer) and 1 (<1%) receiving FIL200+MTX (breast cancer). NMSC occurred in 2 (1%) patients receiving FIL200+MTX and 1 (<1%) receiving MTX. Diverticular gastrointestinal perforation occurred in 1 (<1%) patient receiving FIL200+MTX, non-steroidal anti-inflammatory drugs, and corticosteroids.

Laboratory abnormalities and TEAEs through 52 weeks are presented in table 4.

Mean haemoglobin increased slightly from baseline at week 52 with filgotinib (online supplemental figure S3). Mean decreases in platelets, neutrophils, and lymphocytes remained within normal range through week 52 for all treatments. There were no grade ≥ 3 increases in platelets. There was no temporal association between low lymphocytes and infection.

Grade 3 liver enzyme elevations were more frequent versus MTX with FIL200+MTX and FIL100+MTX, but comparable for FIL200 and MTX (table 4). However, no case satisfied Hy's law to suggest drug-induced hepatocellular injury. Grade 3 creatinine increase was reported with MTX; none occurred with filgotinib. Grade 3 creatine kinase (CK) elevation incidence was similar with filgotinib versus MTX; grade 4 elevation occurred only with filgotinib. These events were transient, without symptoms of muscle toxicity or rhabdomyolysis. One patient receiving FIL200 discontinued due to asymptomatic grade 3 CK elevation. Cholesterols increased by a mean (SD) of 17 (28), 12 (28), and 14 (29) mg/dL for low-density lipoprotein (LDL) cholesterol and 11 (15), 6 (14), and 12 (15) mg/dL for high-density lipoprotein (HDL) cholesterol with FIL200+MTX, FIL100+MTX, and FIL200, respectively; however, LDL/HDL ratios remained stable (table 4).

DISCUSSION

Early diagnosis and treatment are desirable to achieve RA treatment goals: induction of remission, maintenance of physical function, and maximisation of patient QoL.^{2–6} Although treatment with all filgotinib regimens and MTX in the current study were effective in improving disease activity, physical function, and patient reported outcomes, patients who received FIL200+MTX or FIL100+MTX achieved a superior ACR20 response and improvements in HAQ-DI and DAS28(CRP) <2.6 at week 24 compared with MTX. However, the proportion of patients achieving ACR20 at week 24 treated with FIL200 monotherapy did not attain statistical significance versus MTX in the hierarchical testing scheme.

The clinical benefits achieved in the study were considered alongside the potential risks of all treatment regimens. Over 52 weeks, rates of serious AEs, infections, serious infections, opportunistic infections, herpes zoster, MACE and malignancies were similar between filgotinib and MTX arms. No VTEs were observed in patients receiving filgotinib. Three deaths occurred in patients receiving filgotinib and an additional death occurred more than 2 months after cessation of filgotinib. There was no pattern in specific cause of death, and events were consistent with common causes of mortality in RA apart from the event of lupus myocardopathy.²⁰

Liver enzyme elevations were more commonly observed with filgotinib in combination with MTX than with either filgotinib monotherapy or MTX. However, no reported case satisfied Hy's law to suggest drug-induced liver injury. Filgotinib, either as a monotherapy or with MTX, was associated with decreases in neutrophil, lymphocyte, and platelet counts, and increases in lipids and CK. These results were similar to prior filgotinib trials.^{11–13} MTX monotherapy was also associated with decreases

in neutrophil, lymphocyte, and platelet counts; such decreases are an expected feature of successful reduction in RA disease activity. The longer term safety of filgotinib is being evaluated in two ongoing LTE trials (NCT02065700; NCT03025308).

Limitations of this study include that the design precluded adjusting the MTX dose following the initial 8-week period, increasing the dose >20 mg/week, or switching to an injectable formulation. Additionally, patients receiving concomitant glucocorticoids were required to receive a stable dose, precluding use as short-term bridging therapy. The lack of a placebo group might have increased the response in all treatment groups due to expectation bias. Nevertheless, the responses observed with filgotinib are consistent with other studies of filgotinib.^{11–13} The inability to demonstrate superiority of FIL200 monotherapy versus MTX for ACR20 at week 24 precluded further claims of statistical significance for other clinically important endpoints, such as physical function and remission, for which FIL200 appeared to have benefit over MTX. Finally, the low progression rate of structural damage compromised the ability to demonstrate a benefit between filgotinib arms versus MTX.

In early RA, separation between two active medications can be observed based on the proportion of patients achieving the clinically meaningful threshold such as the ACR20 but also by the depth of response seen by those on treatment. Thus, two medications can show similar proportions of ACR20 responses, and their true difference in efficacy is only revealed when assessing ACR50 and ACR70 responses.²¹ Although ACR20 was chosen as the primary endpoint, other endpoints of clinical interest were also evaluated. All filgotinib treatments achieved numerically better disease control versus MTX alone for higher hurdle endpoints such as ACR50/70 and remission.

Early intensive treatment aims to limit both disease activity—ideally inducing disease remission—and progression of structural damage that could lead to loss of function and disability in the long term. Despite aiming to enrich the study with patients at risk for structural progression, the proportion of patients in whom structural damage progressed was low. While longer duration of follow-up may be necessary to demonstrate the impact of filgotinib on irreversible joint damage, overall, there was less progression of structural damage with all filgotinib treatments versus MTX alone at week 52 and with FIL 200 mg at week 24. These comparisons were not adjusted for multiplicity, and thus no final conclusion can be drawn.

As current guidelines recommend early initiation of DMARDs after RA diagnosis, it is important to note that 34% of the patients enrolled in the study had disease duration >1 year with no DMARD therapy prior to study enrolment, which may limit the generalisability of our findings. However, in sensitivity analyses in which patients were stratified by disease duration of ≤ 1 or >1 year (data not shown), results were similar regardless of disease duration for all endpoints evaluated.

In patients with active RA who had limited or no prior MTX exposure, filgotinib with MTX reduced signs and symptoms of RA and improved physical function, and these effects were sustained through 52 weeks. Both filgotinib doses were well tolerated with an acceptable safety profile. Given the high-hurdle outcomes at week 52, an initial dose of filgotinib 200 mg eventually tapering to 100 mg in patients with good disease control at 1 year may be considered in clinical practice. An additional study evaluating early, temporary use of JAK-inhibitors or bDMARDs in patients with a suboptimal early response to initial MTX and tapering glucocorticoids is needed to assess potential benefits of this strategy.

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Data availability statement Anonymised individual patient data will be shared upon request for research purposes dependent upon the nature of the request, the merit of the proposed research, the availability of the data, and its intended use. The full data sharing policy for Gilead Sciences can be found at <https://www.gilead.com/science-and-medicine/research/clinical-trials-transparency-and-data-sharing-policy>.

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