



Telehealth and Hospital Readmission Rates



For discharged patients, does the use of telehealth reduce the risk of acute care readmission rates compared with in-hospital discharge teaching?

Major reasons for hospital readmissions in U.S.

1 Poor follow-up care

3 Patient non-compliance

2 Inadequate transition of care & discharge

4 Misinterpretation of discharge instructions



Overall 30 Day Readmission Rates



Access to Care



Overall quality of life



Patient Satisfaction



Receiving care in home

Limitations :

- Health literacy
- Cognitive Abilities
- Adaptability of technology
- Self-Efficacy
- Language barriers

Example

ValCrónico Study Self Monitoring Tablet Screen

