

AUTONOMIC NERVOUS SYSTEM ACTIVITY DURING REFRACTORY RISE IN INTRACRANIAL PRESSURE

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144 ***ABSTRACT***

145 Refractory intracranial hypertension (RIH) is a dramatic increase in intracranial pressure (ICP)
146 which cannot be controlled by treatment. Recent reports suggest that the autonomic nervous
147 system (ANS) activity may be altered during changes in ICP.

148 Our study aimed to assess ANS activity during RIH and the causal relationship between rising
149 in ICP and autonomic activity.

150 We retrospectively reviewed 24 multicentre (Cambridge, Tromso, Berlin) patients who
151 developed RIH as a pre-terminal event after acute brain injury (ABI). They were monitored
152 with ICP, arterial blood pressure (ABP) , and electrocardiography (ECG) using ICM+software.
153 Parameters reflecting autonomic activity were computed in time and frequency domain through
154 the measurement of heart rate variability (HRV) and Baroreflex sensitivity (BRS).

155 Our results demonstrated that a rise in ICP was associated to a significant rise in HRV and BRS
156 with a higher significance level in the high-frequency HRV ($p < 0.001$). This increase was
157 followed by a significant decrease in HRV and BRS above the Upper-Breakpoint of ICP where
158 ICP pulse-amplitude starts to decrease whereas the mean ICP continues to rise. Temporality
159 measured with Granger test suggests a causal relationship from ICP to ANS.

160 The above results suggest that a rise in ICP interact with ANS activity mainly interfacing with
161 the parasympathetic-system. The ANS seems to react to the rise in ICP with a response possibly
162 focused on maintaining the cerebrovascular homeostasis. This happens until the critical
163 threshold of ICP is reached above which the ANS variables collapse, probably due to low
164 perfusion of the brain and the central autonomic network.

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166 Refractory-intracranial-hypertension, autonomic-nervous-system, Upper-Breakpoint, Granger-
167 causality

168

169 **INTRODUCTION**

170 According to Monro-Kellie doctrine, ICP is the result of the craniospinal-system ability to
171 maintain a constant volume of craniospinal components. ¹

172 A rise the ICP above the normal range (intracranial hypertension or ICH) can be attributed to
173 an increase in the one or more of three-volume components of craniospinal space: parenchyma
174 (cytotoxic or vasogenic edema, brain tumor, contusion), blood (hemorrhage, vasodilatation,
175 venous congestion) or cerebrospinal fluid (CSF) (acute hydrocephalus). ^{2,3} During the last few
176 decades different phenomena of ICP elevation have been studied and different
177 pathophysiological pathways have been identified underlying the concept that not all the ICP
178 elevations are the same. ^{4, 5, 6}

179 In the clinical context after ABI, ICH requires medical or surgical interventions in order to
180 avoid low cerebral perfusion and risk of herniation and death.⁷

181 Refractory intracranial hypertension (RIH) is a severe increase in ICP which happens after an
182 ABI and is usually resistant to medical or surgical treatment. RIH commonly leads to brain
183 death or major brain damage. ^{8,9} ICP runs from normal or moderately increased values to a
184 dramatic ICH. Detrimental effects of elevation in ICP per se can be attributed to the
185 development of trans-tentorial pressure gradient with damage on the brainstem also, an increase
186 in cerebral pressure causes the compression of bridging veins and a reduction in cerebral blood
187 flow (CBF). ^{10,11} However the complete pathophysiological picture of this cascade remains
188 unclear at this time.

189 The autonomic nervous system could be one of the potential factors involved in the refractory
190 elevation of ICP. Variability in the beat-by-beat period of heart contraction is an intrinsic
191 characteristic of a healthy neuro-cardiological system. ANS activity has been demonstrated to
192 correlate with outcome in acute brain-injured patients ^{12,13,14,15} with ANS impairment associated
193 with higher mortality and long term outcome. The causal relationship of autonomic changes on

194 ABI sequelae remains hypothetical: ABI-related ANS dysfunction affects crucial organs of our
195 body, specifically the heart.^{16,17}
196 According to guidelines,¹⁸ we can assess the autonomic system through the analysis of heart
197 rate variability and baroreflex sensitivity which has been proposed, as a marker of healthy ANS.
198 A significant number of studies have been conducted since the first studies done by Lowensohn
199 (1977) and Leipzig (1986)^{19,20} exploring the relationship between ANS and ICP. More recent
200 reports showed that ANS activity is altered during changes in ICP.^{21,22,12,23} The mechanisms
201 involved, however, have not been clarified. Different methods have been used during the last
202 decades producing results which have not been always consistent. It follows that more
203 translational research is necessary since understanding the relationships between ANS and ICP
204 and potential therapeutic targets will certainly improve patient outcomes.^{24,25,12,26,27}
205 The primary aim of our study was to assess changes in autonomic activity during the
206 development of RIH and to explore the causal relationship between ICP and autonomic activity
207 in patients with ABI. We focused our analysis on physiological data occurring during RIH as
208 a pre-terminal event. Clinical variables such as medical or surgical interventions, ABI
209 aetiology, different physiopathological brain injury features had not been taken into account.

210

211 **MATERIALS AND METHODS**

212 **Data collection**

213 The study was conducted as a retrospective analysis of a prospectively maintained database
214 cohort (2009-2018) in which physiological monitoring data had been archived in three different
215 hospitals: Department of Neurosurgery Charite Hospital, Berlin, Germany; Department of
216 Intensive Care, University Hospital, Tromso, Norway and Neurocritical Care, Addenbrooke's
217 University Hospital, Cambridge. Monitoring was conducted using ICM+® software
218 (Cambridge Enterprise, ltd, Cambridge, UK, <http://icmplus.neurosurg.cam.ac.uk>).

219 Acute brain-injured patients with a clinical need for ICP monitoring and computerized signal
220 were included. The monitoring was part of standard patient care and archived in an anonymized
221 way. All demographic/clinical data were extracted from the hospital records and were fully
222 anonymized, no data on patient identifiers were available, and therefore formal patient or proxy
223 consent and institutional ethics approval were not obtainable. Institutional reviewing was not
224 required due to the retrospective design of the study which consisted of the analysis of data
225 acquired during routine care.

226 Patients were monitored with at least invasive intraparenchymal ICP, invasive ABP, and ECG.
227 61 patients with Refractory intracranial hypertension (RIH) were initially selected and 37 were
228 excluded due to either the absence of the ECG signal, frequent artefacts, or absence of baseline
229 ICP recording before RIH evolved, which was crucial for dynamic analysis of ANS behavior.
230 24 ABI patients were therefore included in the final analysis. The patients who developed RIH
231 had an initial baseline of ICP (mean ICP<20) followed by a rise to over 40 mmHg and then
232 either fulfilled criteria of brain death or died following the withdrawal of treatment or cardiac
233 arrest.

234 **Data Processing**

235 The signals were acquired digitally with a sampling frequency of at least 100 Hz. The time-
236 averaged values of ICP and ABP were calculated on a 10-second calculation window. PRx was
237 calculated as the moving Pearson correlation between ABP and ICP of a 5 minutes window,
238 updated every minute.²⁸ The amplitude of the cardiac pulse in ICP and ABP were determined
239 as the fundamental harmonic of the Fourier transform of the pulse of ICP. RAP was calculated
240 as the moving correlation coefficient between slow changes in ICP pulse amplitude (AMP) and
241 mean ICP (10 seconds average data) over a period of 5 minutes, updating every minute.²⁹

242 The artefacts were manually cleaned in the raw data: in the ABP and ICP signal, the non-
243 pulsatile chunks were removed. From ECG long, visible arrhythmic events and flat lines were
244 manually removed, single ectopic beats were automatically detected by the software.
245 For each patient the recording was divided into three different segments: the first was called
246 “baseline” or period one (P1) in which ICP mean was lower than 20 mmHg, the second period
247 (P2) was the period during which the ICP started to rise, more or less continuously until
248 elevated value of ICP. The third period (P3) was defined starting from the ICP/AMP “Upper
249 Breakpoint” onwards.^{6,30} The “Upper Breakpoint” is a value of ICP and AMP of ICP above
250 which pulse amplitude started to decrease with an ongoing increase in the mean ICP (figure2)
251 If the “Upper Breakpoint” was not found the second period ended with the end of the recording
252 when dramatic values of ICP were reached and which was followed by patient death.

253 **Autonomic variable calculation**

254 Secondary parameters reflecting autonomic activity were computed in time and frequency
255 domain through the continuous measurements of HRV. According to the guidelines,¹⁸ we
256 analysed HRV both in the time and in the frequency domain.

257 The analysis of oscillatory components of the ECG signal enables the assessment of the
258 autonomic system since it is the primary regulator of cardiac chronotropy.^{31,32}

259 The interval between R waves in ECG is the most commonly used to represent cardiac
260 chronotropy and can be analysed both in the time domain and/or in the frequency domain.

261 In time domain we analysed global indexes of HRV such as standard deviation (SD), the
262 standard deviation of the difference between sequential beats (SDSD) and square root of the
263 mean squared difference between sequential beats (RMSSD).

264 In the frequency domain, we calculated the total power of the HRV spectrum, moreover, we
265 calculated frequency-specific indexes. The High-Frequency component (HF) (0.15-0.4 Hz) is
266 thought to be modulated by the parasympathetic system, whereas the Low Frequency (LF)

267 (0.04-0.15Hz) component is modulated by both the sympathetic and the parasympathetic
268 system. The ratio between the two (LF/HF ratio) seems to mirror the sympathetic activity.^{33 18}
269 The HRV in the time domain was analyzed using a 300-second time series of R-R intervals that
270 were updated every 10-seconds. In the frequency domain, the Lomb-Scargle periodogram was
271 used to calculate the spectral power of the R-R interval time series.¹⁸
272 Baroreflex sensitivity, which can be described as the magnitude of response in the heart-beat
273 interval to a change in blood pressure, was measured using the cross-correlation method which
274 had been shown to have the lowest intra and inter-individual variability in the EUROBAVAR
275 database.³⁴ The x-BRS calculation algorithm was implemented into the ICM+ software using a
276 10-second window moving along the time axis. In order to remove the influence of an unknown
277 time delay of the baroreceptor response, a cross-correlation function was used to maximize the
278 correlation coefficient which meant that the actual total window length used in each calculation
279 was 17 seconds. Valid x-BRS was returned only if the correlation coefficient is significant at p
280 < 0.01 .

281 **Statistical Analysis**

282 R statistical language was used to perform the statistical analysis [R: A language and
283 environment for statistical computing. R Foundation for Statistical Computing, Vienna,
284 Austria. URL <http://www.R-project.org/> version 3.3.3]. Alpha was set at 0.05 for significance.
285 The non-normal distribution of the data was established by the Shapiro-Wilk test.³⁵
286 Wilcoxon test was used for comparisons after having extracted variables as mean value +/- SD
287 during the three different periods.
288 The correlation between physiologic parameters was assessed using the Spearman method.
289 For establishing the direction of potential causal interactions in time series we used the model
290 developed by Granger³⁶ capable of causal inference. Understanding not only functional
291 connectivity but also directional connectivity is becoming more and more important and

292 popular, particularly in neuroscience.³⁷ Granger causality is a statistical method for identifying
293 the significance of directional information flow between a given set of time series. According
294 to Granger, a time series X is called to Granger-cause another time series Y if the past value of
295 X contains information that helps to predict future values of Y. Granger test was applied to
296 stationary time-series between ICP and autonomic variables during period 1 and period 2. The
297 calculation of the Directionality Index (DI) was then applied.

298

299 **RESULTS**

300 We analysed 24 ABI patients who all died during RIH (4 fulfilling brain death criteria, 11 after
301 the withdrawal of intensive care treatment for catastrophic brain injury, while the cause of death
302 is not reported about 9 patients, however, their death occurred during RIH). The mean age was
303 37years (SD +/- 15 years). 21 patients had a TBI, 3 patients had a SAH. 5 patients underwent a
304 decompressive craniectomy before the recorded time series, 17 did not undergo decompressive
305 craniectomy, we do not have information about surgical intervention about 2 patients. 5 patients
306 had a cerebrospinal fluid (CSF) drainage with external ventricular drainage.

307 Mean ICP at baseline (P1) was 15 mmHg (SD +/- 8mmHg) and increased by 25 mmHg (SD +/-
308 14mmHg) during the transition period (P2). The third period (P3), after the “Upper Breakpoint”
309 of ICP/AMP, was visible in 11 patients of 24. The “Upper Breakpoint” was reached at a
310 different level of ICP. This means that the upper breakpoint identified in this population ranged
311 from 21 mmHg to 100 mmHg. The overall mean value of ICP during the third period was 49
312 mmHg but with a high standard deviation of 22 mmHg. With regard to the cerebral perfusion
313 pressure (CPP), the lowest value was 10 mmHg and the higher value of 74 mmHg with the
314 mean value of 49 mmHg during the third period (Table1).

315 The mean values of variables in the three different periods are illustrated in Table1.

316 Comparison of the means values between baseline (P1) vs transition period (P2) of increasing
317 ICP showed that the rise in ICP is associated with a significant rise in the global index of HRV
318 both in time and frequency domain ($p < 0,001$) and BRS ($p < 0,001$). In terms of frequency-
319 specific index, a significant difference was found in the HF and LF of HRV whereas no
320 significant difference was found in the LF/HF ratio. (Figure 1; Table 1)

321 In 13 of 24 patients, an “Upper breakpoint” of ICP-AMP was identified above which ICP pulse
322 AMP starts to decrease whereas ICP mean continues to rise (Figure 2).

323 The increase of autonomic variables during the rise in ICP was followed by a significant
324 decrease of HRV and BRS after the “Upper Breakpoint” (P3) ($p < 0,05$ of the total power of
325 HRV, HF, LF, SDSD) (Figure1). The RAP index, which is the correlation between the
326 amplitude of ICP waveform (AMP) and mean ICP, decreased towards zero or negative level
327 after the Upper Breakpoint of ICP (Figure 2). This seems to occur when the cerebral
328 autoregulatory capacity is exhausted and is consistent with previous descriptions.^{38,29,39}

329 Moreover, in two patients, we observed an unexpected phenomenon: the upper breakpoint of
330 ICP with a decrease in amplitude of ICP and main autonomic variables was then followed by a
331 “recovery” in amplitude which started to increase again together with the ICP mean and
332 sympathetic activity (Figure 4 supplementary material and Table 2 supplementary material).

333 ICP and global indexes of HRV were significantly correlated during the final steep rise in ICP
334 when it was present (20 patients) with a strong correlation between ICP and SDSD ($R > 0,7$) in
335 10 of 21 patients, moderate correlation ($0,4 < R < 0,7$) in 5 of 21 patients and weak correlation
336 ($R < 0,4$) in 5 patients.

337 The Granger test was applied showing a directional connectivity from ICP and autonomic
338 variable in the majority of patients. In 15 patients directionality index was directed from ICP to
339 ANS, in 5 patients was from ANS to ICP, in 4 the test was not significant. This directionality
340 does not change significantly between period 1 (baseline) and period 2 (rise in ICP).

341

342 **DISCUSSION**

343 Our results suggest that there is a relationship with the rise in ICP and the ANS, more precisely
344 this relationship seems to favor predictive causality from ICP to autonomic variables. To our
345 knowledge, this is the first study that explores the causality in this area.

346 Our results showed that the rise in ICP is associated with an increase in HRV (both in time and
347 frequency domain) and in the baroreflex sensitivity with the most significant rise involving the
348 HF range of HRV, which represents the parasympathetic branch of ANS.

349 This relationship has been previously confirmed by Sykora et al.¹² who have shown a positive
350 correlation between ICP and the HF of HRV.

351 Our results are also consistent with the study of Tymko et al.²³ which also demonstrated an
352 increase in the global index of HRV and BRS during high ICP episodes of plateau waves.

353 On the other hand, an increase in the LF/HF ratio after the infusion of saline solution into the
354 cerebrospinal system was found in the experimental studies of Ramchandra et al.²² and Schmidt
355 et al.²¹ It was speculated by these authors that ICP might be a determinant of sympathetic output
356 as a novel intracranial baroreflex. Other findings suggest a sympathetic control of CSF
357 formation in experimental hydrocephalus.⁴⁰

358 Based on this previous evidence, it is highly likely that there are sensitive intracranial receptors
359 which can respond to reduced cerebral blood flow and/or rise in ICP activating ANS.⁴¹ In rat
360 cerebral arteries, mitochondria-rich nerve varicosities were interpreted as sensory in nature.
361 These nerve terminal varicosities have been postulated to represent nerve specializations for
362 pressure or tension reception based on the structural analogy they share with sensory or
363 baroreceptor nerve terminals.^{42,43,44} If these findings were to be reported also in humans, in
364 terms of nature and functionality, we would have the anatomical explanation of the starting
365 point of a “brain driven response” likely involving ANS. In addition, our results reinforce this

366 concept underlying that temporality between ICP and ANS might suggest a causal relationship
367 from ICP to ANS. However we cannot exclude the presence of a third unmeasured or untested
368 cause of change in both ICP and ANS, therefore we did not measure true causality with Granger
369 test.

370 HF of HRV was raised during the development of RIH; we speculate that the parasympathetic
371 system might be triggered by the increase of ICP, or decrease in CPP, via stimulation of sensory
372 nerves of the cerebrovascular system.⁴² It is well known that parasympathetic fibers innervate
373 cerebral blood vessels exerting a vasodilatory action via nerves coming from sphenopalatine
374 and optic ganglia.⁴³ The rise in parasympathetic activity might, therefore, attempt to produce
375 vasodilatation as an attempt to preserve the CBF in the context of CBF deterioration. This
376 vasodilatation produces an increase in arterial brain blood volume and consequently a further
377 increase in ICP. (Figure 3)

378 Moreover, the baroreflex was observed to rise together with the development of RIH and HRV
379 HF, which suggests an intact baroreflex loop.⁴⁵ The rise in both BRS and HRV HF is consistent
380 since vagal activity has been shown to play a major role in BRS.¹³ It is also well known that
381 the relative stability of CBF despite fluctuations in blood pressure is maintained by two
382 regulatory mechanisms: the baroreflex and cerebral autoregulation (CA).¹³

383 Potential interactions between CA and ANS need further investigations.

384 Baroreflex controls blood pressure in the short term by the extent of the stretch of receptors in
385 the walls of carotid arteries and of aorta it discharges differently to the central nervous system.
386 Changes in baroreflex discharge trigger modulation of heart rate (HR), cardiac contractility and
387 vascular tone and venous return through the modulation of the parasympathetic and sympathetic
388 nervous system.^{46,47}

389 Our results suggest the attempt of the autonomic system, specifically the parasympathetic
390 system and the baroreflex, to maintain a constant CBF in response to a CBF impairment. In

391 terms of the potential “protective effect” of the parasympathetic nervous system, activation via
392 vagal nerve stimulation has been proposed as a strategy to reduce the adverse effects of TBI-
393 induced sympathetic hyperactivity.¹⁶ Lopez et al. speculated that stimulating the
394 parasympathetic response may help alleviate the adverse effects on the blood-brain barrier that
395 occur with hyper sympathetic autonomic dysfunction by decreasing its disruption.⁴⁸ Some other
396 studies suggest that vagal nerve stimulation attenuates post-TBI intestinal permeability and
397 intestinal dysfunction after ABI.⁴⁹

398 The assumption that HF of HRV mirrors the parasympathetic branch whereas LF/HF ratio
399 represents the sympathetic branch must be made with caution given the complex nonlinear
400 interactions between the sympathetic and parasympathetic systems. It is likely that brain injury
401 alters the fine balance between the sympathetic and parasympathetic arms of the autonomic
402 nervous system, resulting in an imbalance of the homeostatic mechanisms that maintain normal
403 organ system function and their interactions with each other.¹⁶

404 Another important finding of our study was that the increase in autonomic variable and BRS
405 during ICP rise was followed by a significant decrease after the Upper Breakpoint of ICP. An
406 Upper Breakpoint above which ICP pulse amplitude starts to decrease whereas ICP mean
407 continues to raise has been observed both experimentally⁵⁰ and clinically.²⁹ It has been
408 speculated that this phenomenon is related to the terminal closing of the cerebral arterial bed
409 when the critical closing pressure approaches ABP.⁶ Another hypothesis is that it is strongly
410 related to the state of the cerebrovascular system and point of autoregulation exhaustion at low
411 perfusion pressure.^{51,52} If we assume these concepts are true, the sudden derangement of
412 autonomic functionality after the Upper Breakpoint might be attributed to the cerebrovascular
413 ischemic damage of the central autonomic network. This can occur at a different level of
414 ICP/ CPP depending on the haemodynamic response to acute ICH in different areas. The large

415 variability of ICP breakpoint value in our subjects implies large compliance differences before
416 herniation occurs in the traumatized brain.

417 Even though great extent of literature ^{53,54,55,56} has been focused on cerebral perfusion pressure
418 only as the product rather than the driver of blood pressure dynamics, substantial experiments
419 have been conducted demonstrating the paramount concept about the brain task to protect its
420 own flow first and foremost. This is called “selfish brain theory”. According to Prof. Cushing
421 and other more recent authors the “selfish brain theory” supports the idea that ICP can influence
422 ABP by influencing the autonomic system.^{57,22}

423 Donnelly et al ⁶ described the cerebral haemodynamic in rabbits during artificial CSF infusion
424 showing a response which, at a lower level of ICP, tries to maintain CBF reducing wall tension
425 while at a higher level of ICP increases ABP. In the study of Schmidt et al, conducted in both
426 animals and humans, ICP is described by the authors as a reversible determinant of efferent
427 sympathetic outflow even at relatively low ICP levels.²¹ Rosner et al ⁵⁸ demonstrate in laboratory
428 observations in cats a gradual and sustained increased in ABP directed to restore CPP likely
429 driven by sympathetic activity. (Figure 3)

430 It can be supposed that we could not see any significant increase in sympathetic activity in the
431 majority of the patients assessed in our study given the small number of patients and a possible
432 condition of sympathetic system derangement. ⁵⁸

433 Therefore our observations, supported by the Granger results, might, suggest the presence of
434 sophisticated mechanisms which underpin the concept of a “brain driven” rescue mechanism
435 which involves both parasympathetic and sympathetic system playing a crucial role attempting
436 to increase the CBF.

437 It still remains to be clarified if what we call “the Cushing response” is an acute and terminal
438 pathological reflex to brain ischemia or part of this fine mechanism for ABP regulation, capable
439 of sensing and integrating information possibly involving not only the sympathetic branches.⁵⁹

440 Transduction mechanisms are clearly not fully resolved but may include astrocytic–neuronal,
441 as well as vascular–neuronal and vascular–astrocytic–neuronal signalling pathways, involving
442 mediators such as ATP lactate, NO, shear stress and stretch-activated cation channels.⁶⁰ Recent
443 findings suggest the astrocytes could be potentially classified as baroreceptors responding to
444 change in ICP or CPP.⁶¹

445 Our study suggests that further investigation needs to be performed also to better assess the
446 relationship and the directionality between ICP, autonomic systems and therefore ABP and
447 CBF. Also in order to assess the behavior of autoregulation in this peculiar setting and interpret
448 the autoregulation indexes which have been used during the last decades.

449

450 **LIMITATIONS**

451 Our data are retrospective, with a small patient number, recorded in three different hospitals,
452 having obvious differences in management protocols. Even if all the patients were treated
453 according to the Brain Trauma Foundation Guideline 4th edition.⁶² the physiology described
454 here does not represent refractory intracranial hypertension in its purest form, as each patient
455 was subjected to various treatment which could have influenced ICP, CPP, and ECG data
456 recorded therefore precluding any reliable analysis on CA. Physiologic data could be subject
457 to clinical noise such as sedation, drugs, mechanical ventilation, temperature, changes in body
458 position. Moreover, the small number of patients did not enable us to provide reliable statistical
459 analysis in terms of autonomic behaviours in different clinical subsets such as treatments or
460 physiopathological brain injury features or aetiology.

461 However, despite these potential confounders, we were able to reconfirm findings coming from
462 previous literature.

463 Concerning the two patients with the recovery of ICP amplitude and rise in LF/HF ratio. It
464 could be theoretically hypothesized, that noradrenaline may have been administered in order to

465 raise the ABP and the CPP after the rise in ICP which can influence sympathetic nervous system
466 activity and then LF/HF ratio. To explore this hypothesis, we analysed the same method in a
467 patient in which ICP was stable, but noradrenaline was doubled in a couple of minutes for
468 clinical reasons. It is shown that there is no difference in terms of LF/HF ratio change (Figure
469 5 supplementary material). These are, however, single observations. Dedicated studies are
470 needed to confirm these descriptive results.

471

472 **CONCLUSION**

473 Rises in ICP are associated with changes in autonomic activity: increase in HRV and BRS. This
474 association takes place mainly through the interaction between ICP and the parasympathetic
475 system, which possibly attempts to restore deteriorating CBF. This happens until the Upper
476 breakpoint of the AMP-pressure relationship is reached after which the autonomic system
477 variables collapse possibly due to low brain perfusion of the central autonomic network.
478 Furthermore, temporality between ICP and ANS might suggest a causal relationship from ICP
479 to ANS.

480 The presence of sophisticated mechanisms that underpin the concept of a “brain driven” rescue
481 process involving the ANS needs further investigation in a large multicentric prospective study.

482

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494 **AUTHOR'S DISCLOSURE STATEMENT**

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515 **Table 1** Summary of mean values +/- standard deviation parameters and p-value of Wilcoxon
516 test between mean values of period 1 (baseline) versus period 2 (increasing intra-cranial
517 pressure) and period 2 versus period 3 (above upper breakpoint of Amplitude- mean intra-
518 cranial pressure relationship).

519 CPP(cerebral perfusion pressure);ICP(intracranial pressure);ABP(mean arterial blood
520 pressure);PRX(auto regulation index);AMP(amplitude of ICP waveform);HRbpm (heart rate
521 beat for minute);RAP(correlation between the AMP and ICP mean);HRV HF(heart rate
522 variability high frequency range);HRV LF(heart rate variability low frequency range);HRV
523 RATIO (ratio between Low Frequency and High Frequency of heart rate variability); HRV TOT
524 (total power of heart rate variability);HRV SD (standard deviation of heart rate
525 variability);HRV SDSD (standard deviation of the difference between sequential beats).

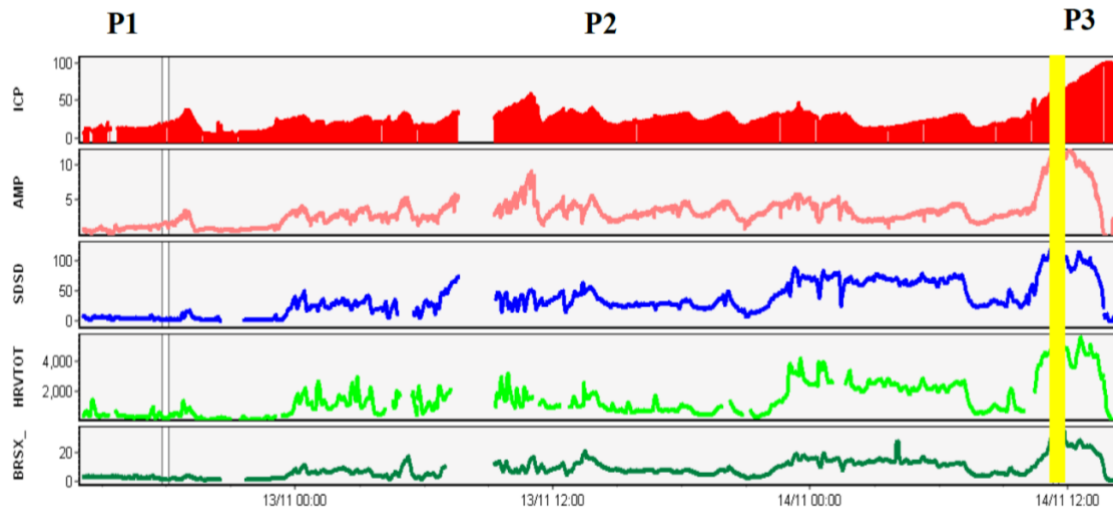
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VARIABLE	PERIOD 1	PERIOD2	PERIOD3	PVALUE	
				P1VSP2	P2VSP3
CPP, MMHG	77 +/-14	70 +/-14	46+/-28	<0.05	<0.01
ICP, MMHG	15 +/-8	25 +/-14	49+/-22	<0.01	<0.01
ABP MMHG	93 +/-13	95 +/-12	95 +/-18	0.06	0.8
PRX	0,2 +/-0,4	0,4 +/-0,4	0,8 +/-0,2	0.1	<0.01
BAROINDEX MS/MMHG	9 +/-8	12 +/-15	7+/-11	<0.01	<0.01
RAP	0.4 +/- 0.3	0,4 +/-0,3	0,3 +/- 0,4	0.18	<0.05
AMP	2,2 +/-1,3	3 +/-2	4 +/-4,1	<0.01	0.1
HR BPM	71 +/-23	66 +/-19	93 +/-30	0.2	< 0.01
HRV HF POWER MS²	152 +/- 295	473+/-1092	99 +/- 202	< 0.01	<0.05

HRV LF	55 +/- 95	163+/-415	149 +/- 300	< 0.01	<0.05
POWER MS²					
HRV RATIO	1,06 +/- 1,2	1,05+/-1,4	1,6 +/- 1,5	0.7	0.6
POWER MS²					
HRV TOT	388+/- 611	1094+/-2290	529 +/- 932	<0.01	<0.05
POWER MS²					
HRV SD	14 +/-11	24+/-18	15 +/-14	<0.01	<0.05
HRV SDSD	15 +/-14	30+/-26	12+/-12	<0.01	<0.01

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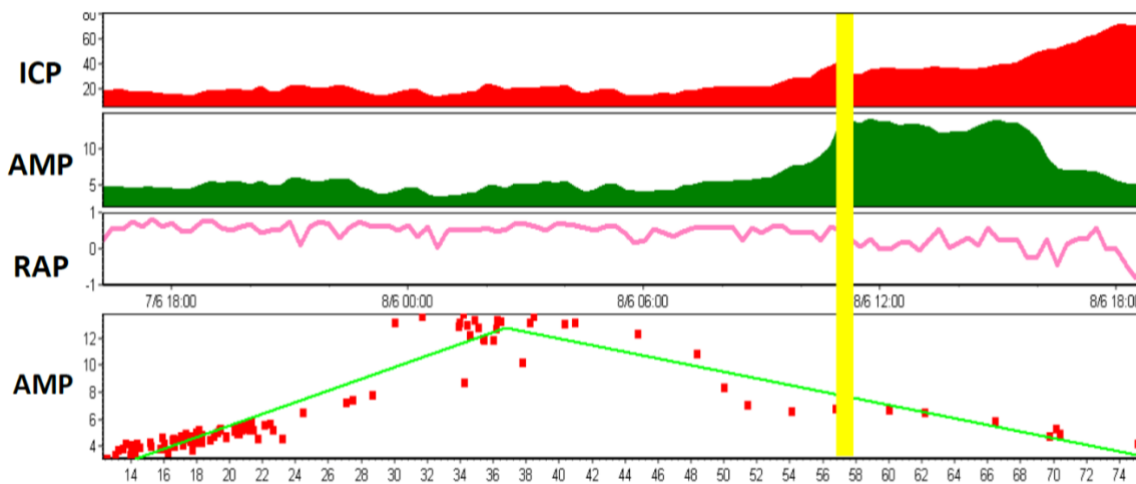
530 **Figure 1** Neuromonitoring showing a time trend of intra-cranial pressure (ICP) rising to
531 refractory values followed by the rise of the main autonomic variables: SDSD (standard
532 deviation of the difference between sequential beats), HRV-TOT (total PSD, power spectral
533 density, of heart rate variability) BRSX (baroindex). The figure also shows an «Upper
534 Breakpoint» (yellow line) above which amplitude of ICP (AMP) starts to decrease together with
535 the autonomic variables, while mean ICP continues to rise. The baseline period in which the
536 ICP is around normal values is defined as P1, transitional period in which ICP starts to
537 increase to high value is P2, the period after the upper breakpoint of ICP amplitude (AMP) is
538 P3.



539

540

541 **Figure 2** Neuromonitoring showing a time trend of ICP, AMP, RAP (which is the correlation
 542 coefficient between amplitude and mean ICP) and scatter plot of AMP and ICP. The figure
 543 illustrates the upper breakpoint of AMP (yellow line) with a reduction of RAP which goes near
 544 zero around the upper breakpoint and below zero after the upper breakpoint when AMP
 545 markedly decrease.



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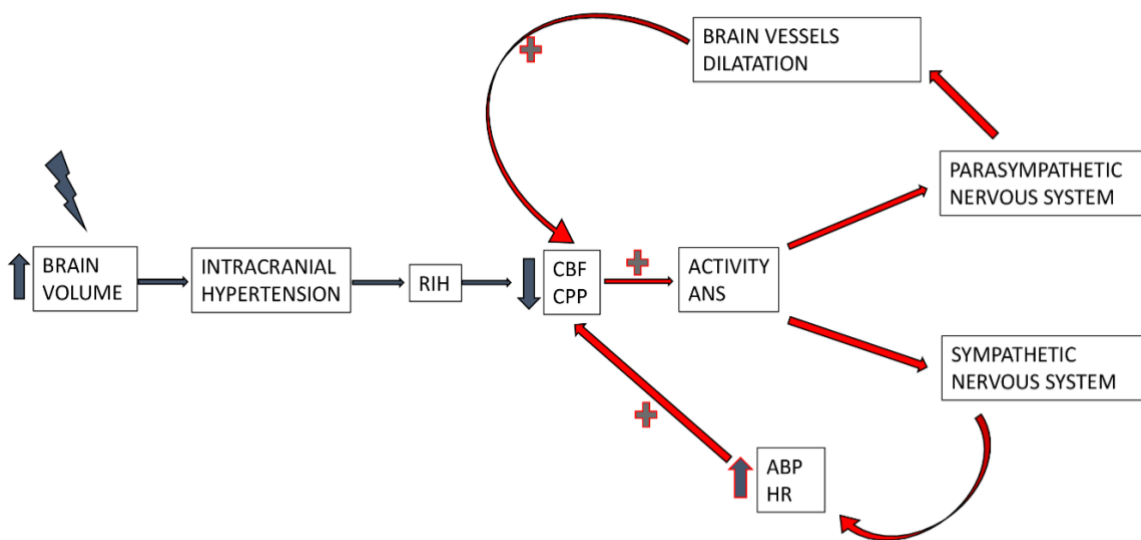
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550 **Figure 3** Potential mechanisms involving the autonomic nervous system which might attempt
551 to restore homeostasis in the context of CBF (cerebral blood flow) and CPP (cerebral perfusion
552 pressure) derangement.

553 A decrease in CPP and/or CBF might activate the two branches of ANS (autonomic nervous
554 system). The parasympathetic system causes brain vessel vasodilatation focused on
555 maintaining brain CBF. At the same time the sympathetic system increases ABP (arterial
556 blood pressure) and therefore CPP.

557 These assumptions could be considered in the context of not deranged ANS.



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567 **SUPPLEMENTARY MATERIAL**

568 **Table 2 Supplementary material**

569 *This table shows the difference in PT8 and PT21 in terms of the mean value of the power of*
570 *heart rate variability low frequency/high frequency ratio (HRV RATIO) between the baseline*
571 *period (P1) and the period (P4) after the “double breakpoint”. The sympathetic drive increased*
572 *from period 1 to period 4 however the results obviously did not reach statistical significance*
573 *for the small number of patients. In the other patients in which we had not observed any*
574 *increase in sympathetic drive, we should consider that the sympathetic response could be absent*
575 *because of the “exhaustion phase” of sympathetic activity which often happens in acute brain*
576 *injury after the hyperdynamic phase*

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PATIENTS	HRV RATIO	HRV RATIO
	P1	P4
PT8	1,5	3,7
PT21	1,4	2,4

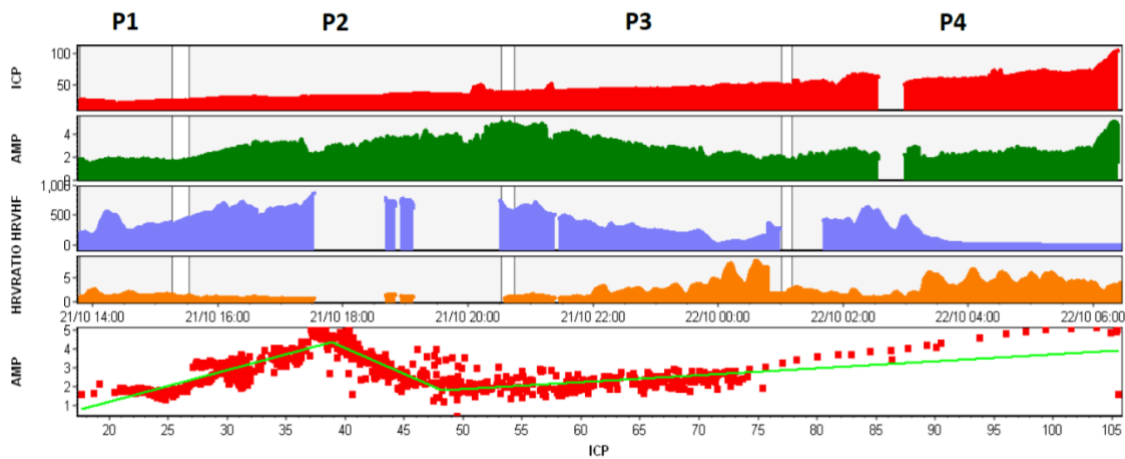
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580 **Figure 4 Supplementary Material:** *“Double breakpoint” observed in two patients PT8 and*
581 *PT21 : after the period followed by the upper breakpoint of intra-cranial pressure (ICP) (P3)*
582 *we can see a recovery of ICP amplitude (AMP) (P4) associated with a rise in HRVratio which*
583 *mirrors the sympathetic activity. This finding could be similar to the one described by Rosner*
584 *JM et all who experimented in cats that brain stem ischemia/low perfusion triggers a*
585 *sympathetic discharge resulting in an increase in ABP and CPP in the context of sympathetic*
586 *system still not deranged.*

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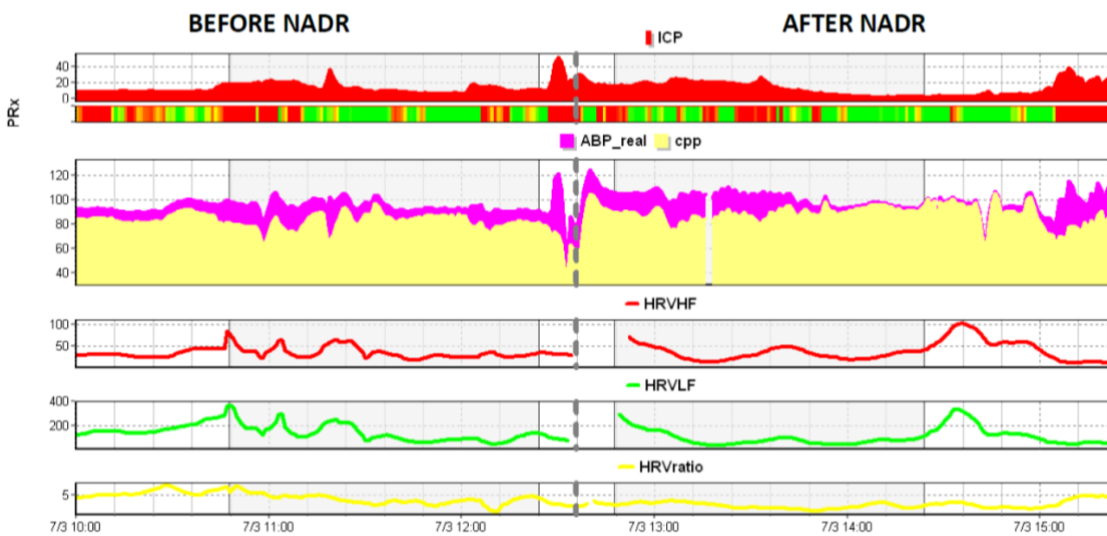
PT 8



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589 **Figure 5 Supplementary Material:** The figure shows a neuromonitoring of a control patient
590 who did not develop RIH. The cursor is positioned when the dose of noradrenaline (nadr) was
591 doubled. The boxplot shows that the rise in noradrenaline seems not followed by a rise in
592 HRVratio if we compare the mean values of the two highlighted periods before and after the
593 rise in noradrenaline.

594 ICP (intracranial pressure) ABP-real (mean arterial blood pressure) PRX (autoregulation index) AMP
595 (amplitude of ICP waveform) HRV HF (heart rate variability high frequency range) HRV LF (heart rate
596 variability low frequency range) HRV RATIO (ratio between Low Frequency and High Frequency of
597 heart rate variability)



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