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# Evaluation of the performance of three serological tests for diagnosis of *Leishmania infantum* infection in dogs using latent class analysis

Avaliação da realização de três testes sorológicos para diagnóstico de infecção por *Leishmania infantum* em cães utilizando análise de classe latente

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## Abstract

Canine leishmaniasis (CanL) is a disease caused by *Leishmania infantum*. Serological methods are the most common diagnostic techniques used for the diagnosis of the CanL. The objective of our study was to estimate the sensitivity and specificity of one in-house ELISA kit (ELISA UNIZAR) and three commercially available serological tests (MEGACOR Diagnostik GmbH) including an immunochromatographic rapid test (*FASTest* LEISH®), an immunofluorescent antibody test (MegaFLUO LEISH®) and an enzyme-linked immunosorbent assay (MegaELISA LEISH®), using latent class models in a Bayesian analysis. Two hundred fifteen serum samples were included. The highest sensitivity was achieved for *FASTest* LEISH® (99.38%), ELISA UNIZAR (99.37%), MegaFLUO LEISH® (99.36%) followed by MegaELISA LEISH® (98.49%). The best specificity was obtained by *FAST*est LEISH® (98.43%), followed by ELISA UNIZAR (97.50%), whilst MegaFLUO LEISH® and MegaELISA LEISH® obtained the lower specificity (91.94% and 91.93%, respectively). The results of present study indicate that the immunochromatographic rapid test evaluated *FAST*est LEISH® show similar levels of sensitivity and specificity to the quantitative commercial tests. Among quantitative serological tests, sensitivity and specificity were similar considering ELISA or IFAT techniques.

**Keywords:** Bayesian analysis, canine leishmaniasis, diagnostic techniques and procedures, gold standard, immunoglobulins.

#### Resumo

A leishmaniose canina (Lcan) é uma doença causada pela *Leishmania infantum*. Os métodos sorológicos são as técnicas diagnósticas mais utilizadas para o diagnóstico da leishmaniose canina. O objetivo do nosso estudo foi estimar a sensibilidade e a especificidade de um kit ELISA interno (ELISA UNIZAR) e de três testes sorológicos disponíveis comercialmente, feitos pelo mesmo fabricante (MEGACOR Diagnostik GmbH), incluindo um teste rápido imunocromatográfico (*FASTest* LEISH®), um teste de anticorpos imunofluorescentes (Megafluo LEISH®) e um ensaio de imunoabsorção enzimática (Megaelisa LEISH®), utilizando-se modelos de classe latentes numa análise bayesiana. Foram incluídas duzentas e quinze amostras de soro. A maior sensibilidade foi alcançada para Fastest LEISH® (99,38%), ELISA UNIZAR (99,37%), Megafluo LEISH® (99,36%) seguida por Megaelisa LEISH® (98,49%). A melhor especificidade foi obtida por *FASTest* LEISH® (98,43%), seguida por ELISA UNIZAR (97,50%), enquanto Megafluo LEISH® e Megaelisa LEISH® obtiveram a menor especificidade (91,94% e 91,93%, respectivamente). Os resultados do presente estudo indicam que o teste rápido imunocromatográfico, avaliado por *FAST*est LEISH® mostra níveis similares de sensibilidade e a especificidade foram semelhantes, considerando-se as técnicas de ELISA ou IFI.

**Palavras-chave:** Análise bayesiana, leishmaniose canina, técnicas e procedimentos diagnósticos, padrão ouro, imunoglobulinas.

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## Introduction

CanL is a vector-borne disease caused by Leishmania infantum, which dogs are considered the main domestic reservoir for human infection (Dantas-Torres, 2007). This infection is transmitted by the bite of infected female sand flies from the genera Phlebotomus in the Old World or Lutzomyia in the New World (Moreno & Alvar, 2002). In the Mediterranean basin, an estimation of 2.5 million dogs are infected by the parasite including subclinically infected dogs and sick dogs exhibiting clinical signs and/or clinicopathological abnormalities (Solano-Gallego et al., 2009). Cases of subclinical infections, defined as a situation in which Leishmania infection is confirmed but clinical signs and/or clinicopathological abnormalities are not present have been documented in all areas where CanL is endemic. It is no longer believed that absolutely every infected dog will inevitably develop clinical leishmaniasis (Solano-Gallego et al., 2009). In fact, a small proportion (prevalence of the disease ranges between 3 and 10%) of the dogs infected with L. infantum in endemic regions will develop the disease following infection (Baneth et al., 2008). The evolution of this chronic infection depends on the cell-mediated immune response from the host against the parasite, cellular protective immunity is associated with activation of the macrophages by different cytokines, particularly interferon-gamma, tumor necrosis factor-alpha and interleukin-2. By contrast, disease susceptibility, by releasing a mixed T helper (Th1 and Th2) lymphocyte cytokines, tend to promote non-protective antibody formation and correlate with a diminution or absent cell-mediated immunity (Hosein et al., 2017). In this sense, the number of circulating CD4+ cells and the CD4+/CD8+ ratio drop during the disease (Esch et al., 2013). In the case of CD8+, these T cells are responsible for lysis of the macrophages infected with L. infantum and their activation increases the synthesis of INF-y and TNF-α (Barbiéri, 2006).

Different techniques to confirm *L. infantum* infection are available including parasitological methods with the direct identification and observation of the parasite such as cytology, histology, specific immunohistochemistry and the parasite culture; molecular methods to detect parasitic nucleic acids (DNA and RNA) by polymerase chain reaction (PCR) such as conventional PCR, nested PCR and quantitative PCR; and serological methods based on detecting specific antibodies response against *L. infantum* (Maia & Campino, 2018). Serology is the preferred diagnostic method for CanL considering information provided by the World Organisation for Animal Health (OIE, 2016). Among serological methods, enzyme-linked immunosorbent assay (ELISA), indirect immunofluorescence antibody test (IFAT), and the immunochromatographic rapid test (ICT) represent the most frequent methods used for the detection of infection in dogs (Maia & Campino, 2008; Bourdeau et al., 2014).

For *L. infantum* infection there is no perfect diagnosis but the diagnosis must be appropriate for each situation. The gold standard test does not necessarily have 100% sensitivity (Se) and 100% specificity (Sp) but it is the most sensitive and specific test for diagnosing that infectious agent. In absence of a reference test, the Latent Class Analysis (LCA) allows the estimation of sensitivity and specificity of two or more tests without assuming the true antibody status of the population under study, avoiding the bias connected to the use of an imperfect test (Branscum et al., 2005). The aim of this study was the statistically evaluation of the Se and Sp of one in-house ELISA test in comparison with three different commercial serologic tests in two groups of canine serum samples, one from non-endemic areas, the other from endemic areas, assuming significant different epidemiological conditions and seroprevalences between the two groups by a latent class models in a Bayesian analysis.

# **Material and Methods**

#### Study population and serum samples

A total of 215 serum samples from dogs admitted to the Veterinary Teaching Hospital of the University of Zaragoza (Spain) and from three different clinics from United Kingdom were used in this study. Serum samples were collected during the period from January 2017 to December 2018 and conserved at –25 °C until analyzed.

With the aim to evaluate the performances of the tests by means of Bayesian analysis, samples were stratified into two populations with different levels of prevalence: canine sera from a non-endemic area (group 1) and from an endemic area (group 2).

One hundred and ninety-five serum samples (group 2) came from The Ebro´s Valley, a Spanish region where CanL is endemic, and the remaining serum samples (group 1) were residual samples taken from dogs during a routine annual health check-up in the United Kingdom, a non-endemic area. Within group 2, each dog was classified in different subgroups (non-infected dogs, healthy seronegative dogs, infected seropositive dogs, clinically sick dogs

and finally dogs with serological positive result to other pathogens) according to the clinical information sent with the sample to the laboratory for diagnostic purpose. The subgroups were not considered for the statistical evaluation.

Serum samples selection have reflected different clinical settings in veterinary practice from diagnosis of *L. infantum* infection in healthy dogs to clinically sick dogs, based on clinical evaluation, routine red blood cell count, clinical chemistry, urinalysis and serum protein electrophoresis. The serology status was also routinely recorded by means of an in-house ELISA (Solano-Gallego et al., 2009), but this test had the only goal to assure the selection of a heterogeneous population and did not influence the statistical analysis.

In the case of dogs with serological positive result to other pathogens (cross-reaction group), serology was used together with a molecular test to detect *L. infantum* infection performed in a private laboratory. None of the samples used in the study came from dogs previously vaccinated with any of the two vaccines available in Spain to prevent CanL (Solano-Gallego et al., 2017).

Clinical and epidemiological data were considered for the selection and samples were collected for the sole intention of determining a diagnosis. Ethical approval was not needed, but owners were requested to sign an informed consent. The study was reported to the Bioethical Committee of the University of Zaragoza and conducted in accordance with the European (2010/63/UE) and national (RD1201/2005) directives on animal experimentation. This study did not require official or institutional ethical approval.

#### Non-endemic canine sera (group 1)

Twenty serum samples obtained from The United Kingdom were included. These dogs had never traveled to an endemic area and they had neither clinical signs nor laboratory abnormalities detected by routine red blood cell count, clinical chemistry, urinalysis and a serum protein electrophoresis.

#### Endemic canine sera (group 2)

A total of 195 sera were collected from dogs living in a leishmaniasis endemic area. To obtain a heterogeneous group of samples, some subgroups were considered: clinically-ill infected dogs, dogs infected by some other pathogens and seemingly healthy dogs that resulted seropositive or seronegative. The heterogeneity was based mainly on clinical evaluation and routine red blood cell count, clinical chemistry, urinalysis and serum protein electrophoresis. The serology status was also recorded, based on ELISA UNIZAR, but this classification did not have any influence on statistical evaluation, based only on the two groups 1 (non-endemic) and 2 (endemic).

Sixty-five serum samples from seronegative healthy dogs were obtained from the Veterinary Teaching Hospital - Zaragoza Veterinary Faculty (University of Zaragoza, Spain). These samples came from dogs that were taken to Hospital for a screening *L. infantum* infection purpose by quantitative serology. Clinical information showed absence of clinical signs during physical examination and no laboratory findings based on routine red blood cell count and clinical chemistry, serum protein electrophoresis and urine analysis.

Eighty-seven sera from naturally infected dogs presenting variable clinical manifestations and/or laboratory alterations were included. Among clinical signs detected compatible with CanL, these were lymphadenomegaly (n=74), skin lesions (n=65), weight loss (n=44), anorexia (n=36), ocular lesions (n=19), pale mucous membranes (n=15), lameness (n=10), fever (n=8), gastrointestinal signs (n=7), epistaxis (n=4) and muscular atrophy (n=2). On the other hand, laboratory abnormalities detected compatible with CanL were non-regenerative anemia (n=50), neutrophilia (n=9), lymphopenia (n=17), lymphocytosis (n=2), thrombocytopenia (n=11), renal azotemia (n=6), hyperproteinemia (n=52), dysproteinemia with hypoalbuminemia and inverted albumin: globulin ratio (n=63), serum protein electrophoresis alteration with hypergammaglobulinemia detected (n=70), proteinuria (n=29) and low urinary specific gravity (n=21). In all 87 sick dogs, *L. infantum* disease was confirmed by a positive serology to the ELISA UNIZAR with moderate (n=44) to high (n=43) concentrations of serum anti-*Leishmania* antibodies.

Twenty-four sera samples from dogs evaluated out of seasonal activity of sand flies with a low positive result to the ELISA UNIZAR were included. Clinical information showed absence of clinical signs during physical examination and no laboratory findings being classified as seropositive asymptomatic infected dogs. All dogs were negative to *L. infantum* infection using a quantitative PCR in blood.

Nineteen samples from dogs with a serological positive result to other pathogens were analyzed to evaluate any possible cross-reaction: *Dirofilaria immitis* (n=3, positive result to heartworm antigen test and modified Knott's test), *Neospora caninum* (n=1, IFAT antibody titer of 1:100), *Toxoplasma gondii* (n=1, IFAT antibody titer of 1:80),

*Rickettsia conorii* (n=1, IFAT antibody titer of 1:20), *Ehrlichia canis* (n=1, IFAT antibody titer 1:40), *Anaplasma platys* (n=11, IFAT antibody titers ranging from 1:20 to 1:160) and finally a sample with two co-infections *T. gondii* (IFAT antibody titer of 1:160) and *N. caninum* (IFAT antibody titer of 1:100). All dogs were negative to *L. infantum* infection using a quantitative PCR in blood.

# ELISA UNIZAR technique

Prior to performing the in-house ELISA, L. infantum antigen (strain MHOM/FR/78/LEM 75 belonging to L. infantum zimodeme MON-1) was obtained from parasite culture. For the ELISA UNIZAR, the crude antigen was adjusted to a concentration of 20 µg/mL with sterile phosphate buffered saline (PBS). Each plate was coated lightly with 100 µL/well of the 20 µg/mL antigen solution in 0.1 M carbonate/bicarbonate buffer (pH 9.6) and incubated overnight at 4 °C. Plates were then frozen and stored at -20 °C. One hundred microliters of dog serum, diluted 1:800 in phosphate buffered saline containing 0.05% Tween 20 (PBST) and 1% dry skimmed milk (PBST-M) were added to each well. The plates were incubated for 1 hour (h) at 37 °C in a moist chamber. After washing the plates three times with PBST for 3 minutes (min) followed by one wash with PBS for 1 min, 100 µL of Protein A conjugated to horseradish peroxidase (Thermo Fisher Scientific, Waltham, Massachusetts, USA) diluted 1:20000 in PBST-M was added to each well. The plates were incubated for 1 h at 37 °C in a moist chamber, followed by washes with PBST and PBS as described above. The substrate solution (ortho-phenylene-diamine) and stable peroxide substrate buffer (Thermo Fisher Scientific, Waltham, Massachusetts, USA) were added (100 µL per well) and developed for 20±5 min at room temperature in the dark. The reaction was terminated by adding 100 µL of 2.5 M H2SO4 to each well. Absorbance values were read at 492 nm (reference wavelength) in an automatic microELISA reader (ELISA Reader Labsystems Multiskan, Midland, Canada). Each plate included serum samples from a dog infected with L. infantum as confirmed by cytological examination as a positive control (calibrator) and serum samples from a healthy, non infected dog from the blood donor program as a negative control. The same calibrator serum sample was used for all assays, and the plates with an interassay variation greater than 10% were tested again. All samples and controls were analyzed in duplicate. The ELISA UNIZAR test was performed by a different researcher who had no knowledge of the rapid test, MegaFLUO LEISH® results and MegaELISA LEISH® results. The results were quantified as ELISA UNIT (EU) compared to a positive control serum sample used as a calibrator that was arbitrarily set to 100 EU. The cutoff value was set to 30 EU (mean+4 standard deviations of values from 70 apparently healthy dogs from a non-endemic area and that were not included in this study). Sera with an EU  $\geq$  200 were classified as high positive, with an EU  $\geq$  100 and < 200 as moderate positive, and with an EU > 30 and < 100 as low positive.

# MegaFLUO LEISH®

The commercial IFAT test (MegaFLUO LEISH®, MEGACOR Diagnostik GmbH, Hörbranz, Austria) was performed as described in the instructions supplied with the test kit. Slides were examined under a fluorescence microscope (Leica DM750 RH; Leica Microsystems, Wetzlar, Germany) at 400× magnification and each well was compared to the fluorescence pattern observed in the positive and negative controls. All samples were examined by two different investigators. If discrepancies arose between results, a third observer participated. They were blinded to the results of the other serological tests.

# MegaELISA LEISH®

The MegaELISA LEISH® test (MEGACOR Diagnostik GmbH, Hörbranz, Austria) is a quantitative indirect ELISA for the detection of anti-*Leishmania infantum* antibodies in the canine serum sample following instructions supplied with the test kit. The MegaELISA LEISH® test was performed by a different researcher without knowledge of the *FAST*est LEISH® test, the commercial MegaFLUO LEISH® and the ELISA UNIZAR results.

# FASTest LEISH®

The ICT *FAST*est LEISH® test (MEGACOR Diagnostik GmbH, Hörbranz, Austria) is a qualitative serological test developed to detect canine antibodies against *L. infantum* based on immunochromatographic technology. All tests were stored at room temperature and were performed as described in the instructions supplied with the test kit. The examiner was blinded to the results of the quantitative serological tests.

# Statistical analysis

The Bayesian version (Branscum et al., 2005) of the LCA introduced by Hui & Walter (1980) was adopted for evaluate the accuracy of the four diagnostic tests, given the absence of a gold standard. A four tests - two populations model was built in order to estimate the Se and Sp of each diagnostic test. The model assumptions in the Hui & Walter (1980) version were (1) the different true prevalences of the two populations, (2) the Se and Sp of the tests were constant across subpopulations and (3) the tests were conditionally independent given the true infection status. Accounting for the first assumption, the model was run using endemic versus non-endemic area as subgroups. Additionally, different hypotheses about the dependence among tests were considered in the model building: (Toft et al., 2005) the conditional independence among all the tests, given the infection status (i.e. presence of antibodies against L. infantum), MOD 1 in Table 1; the conditional covariance between the ELISA UNIZAR and MegaELISA LEISH® tests and conditional independence among FASTest LEISH® and MegaFLUO LEISH® compared to ELISA UNIZAR and MegaELISA LEISH<sup>®</sup>, given the disease status (MOD 2). For both models, uninformative priors for the test accuracy and prevalences were used. All analyses were carried out using Markov chain Monte Carlo techniques and implemented in WinBUGS software. Posterior inferences were based on 50,000 iterations, after a burn-in of 10,000 iterations. Convergence was assessed by running multiple chains from dispersed starting values, observing autocorrelation among samplings and investigating the Brooks–Gelman–Rubin convergence statistic (Brooks & Gelman, 1998). The Deviance Information Criterion (DIC) was used as measure of the model fitting (smaller value is better). The median of the posterior distributions was used as an estimate for the parameters of interest; the 2.5 and 97.5% points were used as estimates of the 95% credibility intervals (95% Posterior credibility interval, 95% PCI). To test Se and Sp between tests, the Bayesian posterior probabilities (POPR) were calculated and used as hypothesis testing, like in traditional statistical methods.

		MOD 1	MOD 2		
DIC	50.01	- 95% PCI	51.6		
	median		median	95% PCI	
Prev endemic area	55.85	[48.87;62.70]	55.87	[48.84;62.75]	
Prev non-endemic area	3.25	[0.12;16.12]	3.24	[0.12;16.08]	
Se ELISA UNIZAR	99.37	[96.75;99.98]	99.31	[96.34;99.97]	
Se MegaFLUO LEISH®	99.36	[96.67;99.98]	98.14	[94.50;99.70]	
Se <i>FAST</i> est LEISH®	99.38	[96.73;99.98]	99.36	[96.67;99.98]	
Se MegaELISA LEISH®	98.49	[95.06;99.79]	99.36	[96.69;99.98]	
Sp ELISA UNIZAR	97.50	[93.38;99.42]	97.51	[93.33;99.42]	
Sp MegaFLUO LEISH®	91.94	[85.79;96.06]	91.33	[85.05;95.67]	
Sp <i>FAST</i> est LEISH®	98.43	[94.87;99.77]	98.45	[94.92;99.78]	
Sp MegaELISA LEISH®	91.93	[85.84;96.06]	91.93	[85.79;96.10]	
covSe			0.002	[0.000;0.020]	
covSp			0.002	[-0.003;0.022]	

 Table 1. Deviance Information Criterion (DIC), posterior median and 95% Posterior credibility interval (95% PCI) of population specific-prevalence (Prev), sensitivity (Se), specificity (Sp) and conditional covariances (covSe, covSp), assuming conditional independence among the four tests (MOD 1), conditional covariance between ELISA UNIZAR and MegaELISA LEISH® (MOD 2).

Agreement between the results for all serological diagnostic techniques was determined using kappa statistic (measure of agreement between categorical variables), carried out with the SPSS software Version 22 (IBM Inc., Chicago, IL, USA). This parameter was determined as follows: no agreement (k < 0), slight agreement (0 < k < 0.2), fair agreement (0.2 < k < 0.4), moderate agreement (0.4 < k < 0.6), substantial agreement (0.6 < k < 0.8) and almost perfect agreement (k > 0.8).

# Results

The cross-tabulated counts of the raw test results are reported in the Table 2 for endemic area and non-endemic area including one of the 16 different test patterns (e.g. combination of results of the four serological tests detected in each group of dogs). 195 samples out of 215 (90.7%) showed concordant results for all tests included.

	Serological	Endemic area	Non-endemic		
ELISA UNIZAR	MegaFLUO LEISH®	FASTest LEISH®	MegaELISA LEISH®	(n=195)	(n=20)
+	+	+	+	108	0
+	+	+	-	1	0
+	+	-	+	0	0
+	-	+	+	0	0
+	+	-	-	0	0
+	-	-	+	0	0
+	-	-	-	2	0
-	+	+	+	0	0
-	-	+	+	0	0
-	+	-	+	0	0
-	+	-	-	8	0
-	+	+	-	0	0
-	-	-	+	8	0
-	-	+	-	1	0
-	-	-	-	67	20

**Table 2.** Combination of results of the four serological tests detected in each group of dogs considering endemic and non-endemic areas.

Abbreviations: - negative, + positive.

The posterior estimates (median and 95% PCI) are presented in Table 1. Looking at Deviance Information Criterion (DIC) (smaller is better), it seems that the model with conditional independence among all tests (MOD 1) would be the preferable one between the two models under evaluation. However, there were no detectable differences in posterior estimates from the two models. The results highlighted a very low prevalence for non-endemic area (3.25%) compared to the medium/high in the endemic area (55.85%). All tests showed high values of Se, near to 100% for *FAST*est LEISH® (99.38%), ELISA UNIZAR (99.37%) and MegaFLUO LEISH® (99.36%), followed by MegaELISA LEISH® (98.49%). With regard to the Sp, *FAST*est LEISH® (98.43%) and ELISA UNIZAR (97.50%) showed significantly better performances (POPR < 0.05) compared to MegaFLUO LEISH® (91.94%) and MegaELISA LEISH® (91.93%).

Agreement between tests was almost perfect (k>0.80) for the all combination techniques from a maximum k value (k=0.972) obtained between *FAST*est LEISH® and ELISA UNIZAR and the minimum k value (k=0.841) obtained between MegaELISA LEISH® and MegaFLUO LEISH®, being the global results included in Table 3.

**Table 3.** Agreement between serological techniques included in the study including Kappa statistic, Standard Error and 95% confidence intervals (CI).

Agreement between techniques	Kappa statistic	Standard Error	95% CI	Result
FASTest LEISH®-ELISA UNIZAR	0.972	0.016	(0.941-1.000)	Almost perfect agreement
FASTest LEISH®- MegaFLUO LEISH®	0.916	0.027	(0.862-0.970)	Almost perfect agreement
MegaFLUO LEISH <sup>®</sup> – ELISA UNIZAR	0.907	0.029	(0.850-0.963)	Almost perfect agreement
MegaELISA LEISH® - <i>FAST</i> est LEISH®	0.907	0.029	(0.850-0.963)	Almost perfect agreement
MegaELISA LEISH® - ELISA UNIZAR	0.897	0.030	(0.838-0.956)	Almost perfect agreement
MegaELISA LEISH <sup>®</sup> – MegaFLUO LEISH <sup>®</sup>	0.841	0.037	(0.768-0.913)	Almost perfect agreement

Concerning the ability of each test to detect anti-Leishmania infantum antibody (immunoglobulin G) depending on the dog population, some differences were observed among the group of dogs from endemic areas, especially if seemingly healthy (see Materials and Methods). In the case of seronegative healthy dogs, one sample (1/65, 1.5%) was classified as seropositive by FASTest LEISH®, 6 samples (6/65, 9.2%) were classified as seropositive by MegaFLUO LEISH® (antibody titer ranging from 1:100 (n=5) to 1:200 (n=1)) and finally MegaELISA LEISH® classified 7 samples (7/65, 10.8%) as seropositive and 4 samples (4/65, 6.2%) as inconclusive result. For samples included in clinicallyill infected dogs, all commercial tests analyzed classified all samples as seropositive: antibody titers ranging from 1:800 to 1:102,400 by MegaFLUO LEISH® and in the case of MegaELISA LEISH® from 12 to 84 Megacor EU. In the case of samples from seropositive asymptomatic infected dogs, two samples (2/24, 8.3%) (90 and 56 EU) were classified as seronegative by the three commercial tests: MegaFLUO LEISH® (antibody titer 1:20), FASTest LEISH® and MegaELISA LEISH® (1 and 4 Megacor EU). The MegaELISA LEISH® also classified a third sample (1/24, 4.2%) (90 EU by ELISA UNIZAR) as inconclusive. In non-endemic samples antibodies to *Leishmania* were not detected by any of the three commercial tests. Finally, in the group of dogs with a serological positive result to other pathogens, only FASTest LEISH® was totally specific and no positive results were detected. In contrast, MegaFLUO LEISH® test gave a positive result in two samples (2/19, 10.5%) for A. platys (antibody titer of 1:20 and 1:40), MegaELISA LEISH® test gave positive result in one sample (1/19, 5.3%) for *D. immitis* and an inconclusive result in other 6 samples (6/19, 31.6%), including 4 samples (4/19, 21.1%) for A. platys (antibody titer of 1:20 (n=1), 1:80 (n=2), 1:160 (n=1)), 1 sample for E. canis (antibody titer of 1:40) and 1 sample with two co-infections T. gondii (IFAT antibody titer of 1:160) and *N. caninum* (IFAT antibody titer of 1:100).

## Discussion

The absence of a gold standard technique is a recurrent situation in clinical practice and diagnostic research studies including confirmatory techniques for *L. infantum* infection in dogs (Rodríguez-Cortés et al., 2010), cats (Persichetti et al., 2017), ferrets (Giner et al., 2020) and humans (Galluzzi et al., 2018). Although it is usual, the application of two or more tests combination based on different principles such as molecular, serological or other parasitological techniques when there is no reference standard. Nevertheless, classical validation is based on the use of a reference test such as IFAT technique to evaluate the other index test (OIE, 2016). The estimates of Se and Sp of the index test are biased because the reference test could have high Se and high Sp but not necessarily equal to 100%. This latter bias could be resolved using statistical validation based on latent class models in a Bayesian analysis. Despite the large number of articles focused on confirmatory techniques validation for diagnosis of leishmaniasis, very few studies using a Bayesian statistical approach have been published in dogs (Adel et al., 2016), cats (Persichetti et al., 2017) and other animals such as lagomorphs (De la Cruz et al., 2016).

In the study, Se value was equal for MegaFLUO LEISH®, *FAST*est LEISH® and the ELISA UNIZAR, obtaining a Se approximately equal to 99.40%, whilst MegaELISA LEISH® was the commercial test with less sensitivity in comparison to the others but its sensitivity was high (98.49%). In contrast, the highest Sp was obtained by the *FAST*est LEISH® (98.43%), in comparison to the quantitative tests: ELISA UNIZAR (97.50%), followed by MegaELISA LEISH® and MegaFLUO LEISH® (91.9%).

Various confirmatory methods for evaluating *L. infantum* infection exist, but their performances differ significantly. *In vitro* parasite cultures are laborious, require special facilities, and are limited to research. In contrast, histology, immunohistochemistry, molecular methods and quantitative serological methods are frequently applied in clinical practice, but samples often need to be sent to a specialized laboratory to perform these techniques (Miró et al., 2008).

The group of dogs coming from the endemic area was heterogeneously composed by clinically-ill dogs and apparently healthy dogs, as it is well known that the diagnosis in clinically-ill subjects is easy to obtain with perfect performances by means of any diagnostic test. Among the seropositive asymptomatic infected dogs, some had a previous serological diagnosis of positivity for *Leishmania*, some other did not. In any case, the classification into subgroups did not have any weight in the Bayesian evaluation. The apparently healthy seropositive dogs and clinically-ill infected dogs had different antibody levels ranging from 30 to 372 EU, according to the ELISA UNIZAR and in the case of MegaELISA LEISH® antibody levels ranging from 1 to 84 MEGACOR EU. In both ELISAs the antigen used is sonicated promastigote protein. However, small differences between the same serological ELISA technique were detected between ELISA UNIZAR and MegaELISA LEISH®. Conversely, antibody titers detected by MegaFLUO LEISH® ranged from 1:20 to > 1:12800. The main differences between the ELISA and IFAT techniques are the type of antigen used and the technical method performed to obtain the results. For IFAT, the entire parasite is present

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on the slide, and the evaluation is performed with a fluorescence microscope. In contrast, the ELISA technique uses different types of antigens, and the results are obtained by measuring the absorbance with an ELISA plate reader. In terms of interpreting the results, IFAT is subjective and depends on the operator's experience, even when two different experienced observers examine the samples. Intrinsic analytical variability of each quantitative serological technique may explain the differences between results obtained in the present study. In comparison to other studies where ELISA techniques showed better performances compared with in-house IFAT technique, in our case the Se and Sp of the MegaFLUO LEISH®, were similar to the other tests analyzed in the present study.

In-clinic tests, cytological examinations and rapid serological tests are the most rapid and cheap methods for detecting *Leishmania* infection in dogs. Microscopic examinations of samples, including bone marrow, lymph nodes, skin lesions and body fluids, have been used. Bone marrow and lymph nodes are considered the best samples to confirm an infection, but microscopy may not be as sensitive and is also time consuming due to the low numbers and randomly distributed parasites (Saridomichelakis et al., 2005; Moreira et al., 2007).

In Europe, there are a limited number of commercially available ICTs for CanL with diagnostic performance published such as SNAP® Canine *Leishmania* Antibody Test, Speed Leish K®, INGEZIM® LEISHMACROM and WITNESS® *Leishmania* (Rodríguez-Cortés et al., 2010). Diagnostic performance of ICTs shows high specificity and variable sensitivity from low to moderate degree depending on the test evaluated. In our study, the Sp of *FAST*est LEISH® was slightly lower (98.4%) compared to the Sp (100.0%) of other ICTs. On the other hand, the Se of *FAST*est LEISH® was clearly higher in comparison to other tests such as WITNESS® *Leishmania* with a low Se (58.0%) or INGEZIM® LEISHMACROM with a moderate Se (75.0%). Nevertheless, the absence of a common framework makes a correct comparison difficult in relation to the standardization of performance between ICTs.

When a test is available to use in a clinical setting, scientific information that is not obtained from the manufacturer should be collected. A recent study provided additional information about diagnostic measures of other rapid tests that was not included in the technical details (Solano-Gallego et al., 2014). The study (Solano-Gallego et al., 2014) showed important variations in the Se parameter between the technical set up and the rapid test results. A Se of 63.6% was obtained for the Speed Leish K® test, which was not consistent with the higher Se indicated in the manufacturer's instructions. However, the test performance of *FAST*est LEISH® obtained in the present study was similar to previously reported diagnostic performance results supplied with the kit.

Differences in diagnostic performance are described between quantitative serological tests and ICTs evaluated simultaneously with a better performance in favour of quantitative serological tests. In this study, Se and Sp were similar between *FAST*est LEISH® and the ELISA UNIZAR used but this situation was not similar in comparison to the Sp value detected between *FAST*est LEISH® (0.984) and the two quantitative commercial tests (0.919). This *FAST*est LEISH® may be a valid alternative in the absence of a quantitative test as a screening test.

One of the great difficulties in the evaluation of diagnostic tests is the lack of standardization of the clinical classification of the animal with respect to *L. infantum* infection. Different classifications and stages of disease have been proposed in CanL. However, there are notable differences when it comes to how a dog is classified following one or another clinical classification. This added difficulty still complicates the definition of sample selection and the possible bias can be established (Meléndez-Lazo et al., 2018). In the present study the Bayesian method, based on groups selected only on the basis of endemic/not endemic area, avoided this possible bias.

Sample selection should be included representative and different stage of infection status regarding *Leishmania* infection that can be found when serological tests are evaluated for detecting *L. infantum* infection. In our study, all three serological tests discriminate samples provided from clinically-ill infected dogs and samples from nonendemic areas. The main problem from the point of view of the application of serological techniques in a clinical context is the Se of the serology is lowest early in *Leishmania* infection but high with progressive infection, and this situation is not always included in the evaluation of serological techniques making it crucial that this type of samples should be tested. In our study, for a better characterization of this type of dog, an additional confirmatory technique including a quantitative PCR in blood was performed. Although blood is not the best samples selection for detecting parasitic DNA in comparison to bone marrow or lymph node samples, the procedure to obtain these two different samples is painful and difficult to be accepted by the owner when the dog is apparently healthy without clinical signs and laboratory alterations.

A potential limitation of similar studies could be associated with the evaluation of the cross reactivity phenomenon that it is described commonly in serological techniques (Krawczak et al., 2015). We have evaluated an entire gamma of serum samples with a serological positive result to most frequent pathogens present in our geographical area. The inclusion of serum samples positive to other type of *Leishmania* species or *Trypanosoma cruzi* would be desirable Antibodies to Leishmania in dogs and LCA

but our region like other regions of the European Mediterranean basin, *L. infantum* is the common parasite and these geographical regions are free of *T. cruzi*. The analysis of serum samples from different regions where other pathogens are present can confirm the potential use of these commercial in other regions aside from Europe. In any case, as above clarified, in this study the Bayesian approach overtakes the meaning of the real status of every single sample, having the only goal to estimate the performances of the tests.

# Conclusions

Latent class analysis provides a useable alternative to traditional test evaluations for serological tests for *L. infantum* infection in dogs, overtaking the needing of a gold standard test or samples with a known serological status. Using LCA we have estimated the sensitivity and specificity of the three different serological tests used in the European Mediterranean area to detect anti-*Leishmania* antibodies. The results of present study indicate that the immunochromatographic rapid test evaluated *FAST*est LEISH® shows similar levels of sensitivity and specificity to the quantitative commercial tests included.

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