

I know

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I Know

Liza Kroeschell

I know you need to be told how I feel or you won't know
how I felt after you dropped that cardboard box because you didn't care
to read the yellow label that said BREAKABLE

Like my heart when I pulled the shards
one by one from the newspaper wrappings
that I carried to the garbage without saying anything
to you because I was biting my lip to hold back the shards
of words in my throat that could come out knowing

You wouldn't know how to respond just like you didn't
know how to respond so you stomped upstairs and I could hear
you thumping from my place hovered
over shards and swallowing shards and then my lip was bleeding
and I laughed

Because I knew that you didn't know why I was silent or that crying
means sadness but can mean happiness
like when accompanied by a hug and maybe the reason I don't like hugging
has something to do with not knowing

Like you so I washed
my face and
walked upstairs and
opened the door to tell you my feelings but you didn't look sad or
angry just righteous and you told me I should pretend

To respect you even though I don't so I nodded and
closed the door and
walked downstairs and

unbit my lip and
dug out the shards and
knew I wanted you to know.

Liza Kroeschell is a senior dance major and creative writing minor at Dominican. In addition to pursuing her BFA, Liza teaches dance and writes for an organization called Nagata Dance in San Francisco. She is inspired by the incredible potential of the arts to inform one another, and looks forward to continuing to dance and write after graduation.