# An Adaptive Teachable Robot For Encouraging Teamwork

by

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#### Author's Declaration

I hereby declare that I am the sole author of this thesis. This is a true copy of the thesis, including any required final revisions, as accepted by my examiners.

I understand that my thesis may be made electronically available to the public.

#### Abstract

Social robots used in education can take different roles, including tutor robots and peer robots. Peer robots (also called teachable robots) take the role of a novice in a teaching interaction while the students take the role of the teacher. Teachable robots leverage learning by teaching, which has been shown in prior research to increase the students' learning effort and time spent on the learning activity, leading to enhanced student learning. The concept of teachable robots has previously been applied for one-to-one interaction, however, to date, few studies use teachable robots in a group setting.

In this thesis, we developed an adaptive learning algorithm for a teachable robot that encourages a group of students to discuss their thoughts and teaching decisions during the tutoring session. We hypothesize that the robot's encouragement of group discussion can enhance the social engagement of group members, leading to improved task engagement, learning and enjoyment. The robot adapts to the students' talking activity and adjusts the frequency and type of encouragement. The robot uses reinforcement learning to maximise interaction between the students.

The proposed approach was validated through a series of studies. The first pilot study was performed in an elementary school and observed the interactions between groups of students and teachable robots. The main study investigated the feasibility of an adaptive encouraging robot in a remote setting. We recruited 68 adults, who worked together in pairs online on a web application called Curiosity Notebook to teach a humanoid robot about the classification of rocks and minerals. We measured social engagement based on the communication between group-mates, while the metric for task engagement was generated based on the users' activities in the Curiosity Notebook.

The results show that the adaptive robot was successful in creating more dialogue between group members and in increasing task engagement, but did not affect learning or enjoyment. Over time, the adaptive robot was also able to encourage both members to contribute more equally to the conversation.

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#### Dedication

This work is dedicated to my grandmother, I have always felt her love and support from miles away and my parents who believed in me when I found it hard to do. I wouldn't be where I am if it wasn't for you.

# **Table of Contents**

Li	st of	Tables	ix
Li	st of	Figures	x
1	Intr	oduction	1
	1.1	Contributions	2
	1.2	Thesis Outline	2
2	Lite	rature Review	4
	2.1	Social Robots in Education	4
	2.2	Teachable Robots	5
	2.3	Adaptive Teachable Robots	5
	2.4	Group Interaction	6
	2.5	Summary	11
3	$\mathbf{Exp}$	erimental Setup	12
	3.1	Curiosity Notebook	12
		3.1.1 Curiosity Notebook, Early Version	14
	3.2	User Audio Input	16
	3.3	The Humanoid Robot	18
		3.3.1 The Humanoid Robot for the In-Person Pilot	19

4	Ada	aptive	Encouragement	<b>21</b>
	4.1	Q-Lea	rning Background	21
	4.2	Q-Lea	rning for Encouragement	22
	4.3	Rewar	d Calculation	22
	4.4	Encou	raging Statements	23
	4.5	Resea	rch Questions	25
5	Pilo	ots and	l Simulations	26
	5.1	Eleme	entary School Pilot	26
		5.1.1	Study Design	27
		5.1.2	Lessons Learned	27
	5.2	Simula	ations	29
		5.2.1	Lessons Learned	36
6	Ada	aptive	Teachable Robot User Study	40
	6.1	Exper	imental Design	40
	6.2	Partic	ipants	41
	6.3	Proce	dure	41
	6.4	Measu	<b>Ires</b>	43
	6.5	Result	ts	44
		651	Telling Duration	44
		0.0.1		44
		6.5.2	Talking Trend   Talking Trend	44 45
		6.5.2 6.5.3	Talking Duration    Talking Trend      Relative Participation    Talking	44 45 45
		<ul><li>6.5.2</li><li>6.5.3</li><li>6.5.4</li></ul>	Talking Duration       Talking Trend         Talking Trend       Relative Participation         Other Effects of the Experimental Condition       Condition	44 45 45 46
		<ul> <li>6.5.2</li> <li>6.5.3</li> <li>6.5.4</li> <li>6.5.5</li> </ul>	Talking Duration       Talking Trend         Talking Trend       Relative Participation         Relative Participation       Other Effects of the Experimental Condition         Other Effects of the Experimental Condition       Participants' Perception of the Robot and Qualitative Data	44 45 45 46 48
		<ul> <li>6.5.2</li> <li>6.5.3</li> <li>6.5.4</li> <li>6.5.5</li> <li>6.5.6</li> </ul>	Talking Duration       Talking Trend         Talking Trend       Relative Participation         Relative Participation       Other Effects of the Experimental Condition         Other Effects of the Experimental Condition       Participants' Perception of the Robot and Qualitative Data         Q-Learning Results       Second	44 45 45 46 48 52

7	7 Conclusions			
	7.1	Limitations and Future Work	55	
Re	e <b>fere</b> r	nces	58	
A	PPEI	NDICES	68	
A	Deta	ailed User Study Results	69	
	A.1	Demographics and Pre-study Survey Results	69	
	A.2	Curiosity Notebook Engagement and Post-study Survey Results	69	

# List of Tables

2.1	Summary of Controlled Studies for Peer Robots	8
2.2	Summary of Controlled Studies for Novice Robots	9
2.3	Summary of Case Studies	10
3.1	Example of Question Types in the task of Animal Classification	18
3.2	Robot's Movements	20
4.1	Encouraging Sentences	23
6.1	Dyad-wise Demographics and Measurements	42
6.2	Mean demographics and measurements between conditions $\ . \ . \ . \ .$	42
6.3	Teaching Session Audio Coding	53

# List of Figures

3.1	Curiosity Notebook with Zoom, 1: Robot's Notes, 2: Repeat Request 3: End Teaching, 4: Online Users, 5: Categories, 6: Example Articles, 7: Teach Buttons, 8: Check Buttons, 9: Chat Window, 10: Zoom window of Gamma's video	13
3.2	The state machine that is executed after the Describe Button is clicked	15
3.3	Flowchart of interaction between a robot and a group of students for learning a feature. The stages in the green box are the focus for reinforcement learning.	17
3.4	The humanoid robot during a Zoom call	19
5.1	The experiment setup, NAO and Laptops (Source: "Curiosity Notebook: A Platform for Learning by Teaching Conversational Agents" [44])	28
5.2	Simulation Results of Grid Search for The Learning Rate $(\lambda)$ , using Simple Dyad Model	31
5.3	Simulation Results of Grid Search for The Discount Rate $(\gamma)$ , using Simple Dyad Model	32
5.4	Simulation Results of Grid Search for The Exploration Rate $(\epsilon)$ with Q-table initialized at 0, using Simple Dyad Model	33
5.5	Simulation Results of Grid Search for The Exploration Rate $(\epsilon)$ with Q-table initialized at random, using Simple Dyad Model	34
5.6	Simulation Results: Cost of Adaptive Learning Algorithm, using Indepen- dent Dyad Model	36
5.7	Simulation Results: Sum of Talking Time of Participant 1 and Participant 2, using Independent Dyad Model	38

5.8	Simulation Results: Ratio for Talking Time of Participant 1 to Talking Time of Participant 2, using Independent Dyad Model	39
6.1	Zoom Call Interface, with two participants and Gamma	43
6.2	Average Normalized Overall Talking Time	45
6.3	Slope of Talking Time	46
6.4	Distance (6.1) of Participants' Speaking Percentage from $50\%$	47
6.5	Knowledge Test Improvement in Both Conditions	48
6.6	Participants' Mood Before and After the Experiment	50
6.7	Perception of Robot's Mood Before and After the Experiment	51
A.1	Highest Degree Completed or Currently Pursuing	70
A.2	Interest and prior exposure to the topic, conversational agents and robots .	71
A.3	English Fluency, Familiarity with Co-Participant and Desire to Teach Gamma	72
A.4	Pre-study and Post-Study Godspeed Scores: Likeability	73
A.5	Pre-study and Post-Study Godspeed Scores: Likeability and Perceived In- telligence	74
A.6	Pre-study and Post-Study Godspeed Scores: Perceived Intelligence	75
A.7	Perception, Enjoyment and Contribution	76
A.8	Interest in Repeated Participation	77
A.9	Intrinsic Motivation Inventory Results shown in 3 Subscales on 7 Point Scale Likert	78
A.10	Intrinsic Motivation (IM), Extrinsic Motivation (EM) and Amotivation Ques- tionnaire Besult on 7 Point Scale Likert	79

## Chapter 1

## Introduction

Robots in education have demonstrated great potential for improving learning, enabling students to improve their self-esteem [7] motivation [31], and engagement [46]. While robots can take a variety of roles [7], teachable robots—robots that take the role of a novice taught by students—leverage learning by teaching to further enhance student learning. The idea is that teaching an agent can induce the so-called Protégé Effect [14], i.e., students learn better by teaching others due to increased effort, spending more time on the teaching activity and an increased sense of responsibility [14, 76].

While pedagogical research highlights the importance of group interaction and engagement on students' learning and overall performance in school [1, 24] and group interaction is frequent in classrooms, many of the research experiments involving teachable robots are based on one-to-one interaction with the robot [5, 11, 31, 41, 46, 49]. Even in studies occurring in group settings (e.g. studies in classrooms), only one student teaches the robot during each teaching session and there is a general lack of discussion of group dynamics and its effects on the students' experience [29, 66, 87]. In order to address this gap, we examine group interactions in social robotics and study the effect of social engagement on the learning experience.

In this thesis, we developed a teachable robot that dynamically adjusts its behaviour to the communicative activity of a pair of users. The robot encourages social engagement by inviting the users to discuss their thoughts and decisions with their group-mate. The frequency and style of the robot's encouragement are decided by a reinforcement learning (RL) algorithm based on a reward signal that encourages group communication, measured from the users' real-time audio input. We hypothesized that the adaptive robot will increase users' social engagement, improve their communication, and allow for equal contribution from each group mate. The feasibility of the teachable robot system and different characteristics of the robot (curious and fast learner) were tested in multiple pilots and simulations prior to the user study.

#### **1.1 Contributions**

We introduced an adaptive algorithm for encouraging social (group) engagement to analyze group interactions in a learning context with adaptive teachable robots. Our work is one of the few studies in the teachable robots domain that observes social interactions and is distinguished from the previous work because users not only work in dyads but social engagement is adaptively encouraged.

This work also provides an approach for physical teachable robots to be integrated with a web-based learning platform. The system was examined in a case study (pilot) and the results of users' interaction with the physical robot could be used to improve the design of future physical robots.

We performed a user study (N=68) to assess the effects of adaptive encouragement on increasing group (social) engagement and its effects on learning. We analyse the impact of encouragement on a range of factors, including social engagement, task engagement, knowl-edge gain (measured immediately after the experiment), as well as participant-reported measures such as enjoyment, group work dynamic, perception of the robot, mood and motivation.

### 1.2 Thesis Outline

This thesis is organized into the following chapters:

Chapter 2 presents a review of the literature relevant to this thesis.

Chapter 3 introduces the experimental setup, the humanoid robot and the web application used for the pilots and user studies.

Chapter 4 defines the adaptive learning algorithm used in creating the adaptive teachable robot.

Chapter 5 presents the pilots and simulations conducted to test the performance and feasibility of the system and the experimental setup.

Chapter 6 includes the details, the measures and the results of the online user study.

Chapter 7 discusses the limitations, a few possible directions for future work and conclusions.

## Chapter 2

### Literature Review

Robots in education have demonstrated great potential to assist the student learning process [7] and improve social skills [58]. Robots used in education can take on different roles during the learning process, which could be a tutor, a peer, or a novice peer [7]. When the robot takes the role of a novice, it can be teachable, in this case, the robot can also be called a teachable robot. In this chapter, we first summarise the literature on social robots used in education. Afterwards, we focus on teachable (novice) robots and their characteristics. Teachable robots are less knowledgeable robots and require the student user's help in learning. Moreover, we discuss the literature around adaptive robots and the benefits of adaptability. Lastly, we discuss the use of robots in groups of users to influence group dynamics. The experimental studies discussed in this chapter are summarised in three tables. For studies using robots as a peer (same level of knowledge as students) refer to Table 2.1, for studies with teachable robots, refer to Table 2.2 and for case studies refer to Table 2.3.

### 2.1 Social Robots in Education

According to research on social robots in education, incorporating social behaviours in robots, such as expressiveness, can improve the learning gain for students [60]. The benefits of the human-robot interaction for the students are affected by the social attributes of the interaction, such as gaze, spatial arrangement, expression of emotions and voice tone [34, 36, 49, 87] and robots should show a degree of adaptability to be considered social [25]. Using social robots has the potential to increase accessibility for students because learning can happen outside of the classroom [41].

The social aspects of the robot are enhanced by its physical embodiment. Physical robots can be used in lessons that need physical interaction with the world, such as pushing or touching [7]. Comparing virtual agents and physical robots revealed that embodied robots get more attention from the students which could increase their engagement [48] and students had a more positive perception (e.g. likability and trustworthiness) of physical robots [77].

Initially, most of the focus was on designing robots to tutor students or being a teaching assistant in the classroom. Recently, more researchers have studied the relationship between robots and students [7]. There are additional benefits of increased engagement from making the robot take a peer role, rather than a tutor [87]. Furthermore, some researchers aim to increase the benefits of social robots in education by relying on the Protégé Effect [32].

#### 2.2 Teachable Robots

Studies in education and human-computer interaction (HCI) have already shown teaching boosts learning, understanding, and recall of the material [14], also known as the Protégé Effect. Teachable robots are novices that allow the users to take on the teaching role [7] and elicit the protégé effect, which increases students' effort [14] and improves learning [68]. Teachable robots can keep students engaged for longer periods [31, 46] and a study shows that students were motivated by taking the role of the teacher [31].

Teachable robots need to show their learning progress and improvements to increase students' task performance and learning. A study comparing robots in two conditions, "learning" and "non-learning" illustrates the importance of the robot's demonstration of learning [12]. In the study, the students corrected a humanoid robot's handwriting over the span of 4 weeks. The results indicated that the robot showing learning positively influenced the student tutor's writing ability and performance compared to the "non-learning" robot.

#### 2.3 Adaptive Teachable Robots

Characteristics of the teachable robot can be designed to be adaptive [7, 8, 25]. Robots that adapt to the educational level and performance of the students led to greater learning gains [7, 41] and task performance [73] in comparison to robots that do not adapt. Robots with adaptive characteristics (e.g. dynamically changing voice, knowledge progression, verbal and non-verbal social behaviour) increase social presence [49], and learning gains [5].

To investigate the effects of adaptive social responsiveness and voice on learning, Lubold et. al. [49] performed a study with a peer robot that conveyed emotional information with its manner of speaking. The robot, Quinn, was designed to adapt its tone, intensity and speaking rate to that of the students. The results showed participants had the highest social presence (defined as the perceptual illusion of non-mediation) when the robot used both social dialogue and an adaptive voice. However, there was no significant effect on learning gains. The experiment was conducted with three conditions: (1) a social robot condition (social) with social dialogue content in addition to the educational content, (2) the addition of voice adaptation (social + voice), and (3) the (control condition) was a robot with neither social dialogue nor voice adaptation. They observed a correlation between the number of retaught attempts and learning, as well as social presence and learning.

A study on personalization [5] compared a personalized and non-personalized robot in two different classrooms. The learning task was administered through a tablet. The personalized robot differed in non-verbal behaviour (gaze and movement), friendliness (e.g. calling the children by their name), and adapted its progression (responsiveness) to the students. The students showed significantly increased learning when using the personalized robot. However, despite the robot being in a classroom, the robot only supported one-onone interaction and the turn-taking was moderated by the teacher.

#### 2.4 Group Interaction

Group interactions are rare in studies of teachable robots in education [29,66,87], and such studies do not tend to discuss the effects of group interaction on the experiment results. Zaga et. al. [87] show additional benefits (e.g. increased engagement) from the robot taking a peer role, rather than a tutor, their participants included 10 pairs of students, however, there is no discussion about the group aspects. Tanaka et. al. [66] worked on developing an educational application for the humanoid robot Pepper. They defined three games which were designed to take advantage of care-receiving robots (CRR) and total physical response (TPR), the children play the games in groups but no more information is provided. Hood et. al. [29] observed group-mates giving each other advice while teaching a humanoid robot handwriting. This collaboration occurred naturally without the researchers' or robot suggestions.

Outside of educational HRI research, there have been studies attempting to manipulate human team dynamics, performance, and perception of group cohesion during human-robot interaction [64, 69, 80].

A study by Werry et. al. [80] uses a robot as a mediator for autism therapy. The children work with the robot in groups of 2 and they observed shared attention and social interaction in one trial. They concluded social robots have the potential for changing non-social plays (a child playing alone), to non-interactive (both children playing with the robot without any social interaction) and eventually to interactive and social play. They suggested the need for further two-children-one-robot interaction.

Micbot [69] is a microphone robot that was used to shape the group dynamics and team performance in a game context. Micbot was a non-participant in the team and influenced the team either by back-channelling or encouraging the least active member to join the discussion. Micbot also incorporated movements to turn toward the speaker when they talked. The results showed that the robot with encouraging behaviour and matching movements (instead of random movements or no movements) balanced participation, and improved group task performance.

Outside of the context of social robots, adaptability has been used to increase engagement in group settings. Meng et al. [52] explored the idea of a robotic "Living Architecture System" (LAS) [6] automatically adapting to a group's preferences in an experiment conducted within a museum exhibition. The reward for the reinforcement learning (RL) algorithm was user engagement, which was measured with ambient sensors. The results of the experiment showed that the RL-selected robot actions could increase engagement.

In contrast to these prior works, our teachable robot adaptively encourages group engagement to shape group dynamics and is personalized to the groups' social engagement behaviours during the course of interaction.

Study	Task	Robot	Independent Variable	Dependent Variable(s)	Measurement
Kory et al. [41]	language learning	Dragon- Bot	Adapting story level vs. Not adapting story level	<ol> <li>New words learned</li> <li>Complexity &amp; style of stories</li> <li>Similarity</li> </ol>	<ol> <li>Vocabulary test</li> <li>Story length, Flesch-Kincaid grade level</li> <li>CohMetrix</li> </ol>
Wainer et al. [75]	video game	Kaspar	Interaction with human before interacting with the robot vs. After the robot <sup>*</sup>	collaboration in the context of a cooperative video game	<ol> <li>In-game actions: choosing (expressing desire), successful shape selection (simultaneously choosing), unsuccessful shape selection</li> <li>Coding videos: prompting, positive affect, gaze and gaze shift, choosing (verbally)</li> </ol>
Kory et al. [42]	language learning	Dragon- Bot	Easy robot stories vs. Hard stories <sup>*</sup>	Language improvement in stories	Story length Vocabulary test
Zaga et al. [87]	puzzle game	Nao	Peer vs. Tutor	<ul><li>Task Engagement in 3 categories</li><li>1) Cognitive: focus.</li><li>2) Behavioral: task performance</li><li>3) Affective: enjoyment</li></ul>	<ol> <li>Behavioral &amp; Gaze observations</li> <li>Task completion percentage &amp; duration</li> <li>Enjoyment questionnaire (IMI)</li> </ol>
Lubold et al. [49]	math	Quinn	Social + voice-adaptation, Social Behaviours, Control Condition (3 conditions × 2 genders)	<ol> <li>Rapport and Social presence</li> <li>Persistence</li> <li>Learning Gain</li> </ol>	<ol> <li>Likert-scale questions, Networked Minds Social Presence Inventory</li> <li>Re-taught attempts.</li> <li>Pre and Post-Study knowledge test</li> </ol>
Baxter et al. [5]	math & classifi- cation	Nao	Personalized vs. Non-personalized	<ol> <li>Learning gains</li> <li>Perception</li> </ol>	<ol> <li>Pre- and post knowledge test, within-interaction performance data, class exams</li> <li>Intrinsic Motivation Inventory (IMI), Perceived Social Support, Networked Minds Social Presence</li> </ol>

#### Table 2.1: Summary of Controlled Studies for Peer Robots

\* within-subject (all other studies are between-subject)

Study	Task	Robot	Independent Variable	Dependent Variable(s)	Measurement
Tanaka et al. [68]	verb learning	Nao	Care-receiver robot vs. No robot <sup>*</sup>	<ol> <li>Learning</li> <li>Teaching forms</li> </ol>	<ol> <li>Pre &amp; post-study knowledge test</li> <li>Coding videos</li> </ol>
Johal et al. [36]	hand- writing	Nao	Spatial arrangement <sup>*</sup>	<ol> <li>Performance</li> <li>Robot's score</li> <li>Engagement</li> <li>Perception of robot's learning</li> <li>Persistence</li> </ol>	<ol> <li>Response time, writing time</li> <li>Euclidean distance between letters</li> <li>With-me-ness</li> <li>Total student feedback (+1 or -1)</li> <li>Number of demos per word</li> </ol>
Walker et al. [77]	math	Quinn	Embodied Robot vs. Virtual agent	<ol> <li>Learning gains</li> <li>Perception</li> </ol>	<ol> <li>Pre &amp; post-study knowledge test</li> <li>Godspeed Questionnaire</li> </ol>
Lindberg et al. [48]	math	Epi	Virtual agent vs. Physical robot *	1) Engagement 2) Perception	<ol> <li>1) Observational protocol</li> <li>2) Godspeed questionnaire</li> </ol>
Chandra et al. [12]	hand- writing	Nao	Learning robot vs. Non-learning robot	<ol> <li>Awareness of robot's Grades</li> <li>Perceived robot's performance</li> <li>Impression of the robot</li> <li>Perceived robot's role</li> <li>Self-efficacy in tutoring</li> <li>Learning gains</li> </ol>	<ul><li>1,2,4,5) Interviews</li><li>3) Godspeed questionnaire (modified)</li><li>6)Pre, post-study tests</li></ul>
Yadollahi et al. [85]	reading	Nao	Deictic gestures (2) $\times$ Types of mistakes (3) $\times$ Level of reading (2) <sup>*</sup>	Correction percentage	Correction count percentage (True Positive + False Positive)
Chaffey et al. [10]	math	Nao	Side-by-side vs. Face-to-face F-formations	Comfort, Attention Engagement, Motivation Physical Proximity	Post-study Survey

#### Table 2.2: Summary of Controlled Studies for Novice Robots

\* within-subject (all other studies are between-subject)

Study	Task	Role	Robot	Study Goal	Measurement
Kanda et al. [38]	language learning	peer	Robovie	Investigate the effects of the robot on encouraging learning	English test score Duration Time spent in interaction vs. friends Pre and post study test
Tanaka et al. [68]	verb learning	novice	Nao	Will the number of mistakes the robot makes invoke care-giving be- haviours in children	Coding videos
Hood et al. [29]	hand- writing	novice	Nao	Observe the children's interaction with the robot	Duration of interaction Number of demonstrations
Tanaka et al. [66]	language learning	novice	Pepper	Validate the system	Observations
Lemaignan et al. [46]	hand- writing	novice	Nao	Study the engagement and performance of during the interaction	Experiment duration Number of demonstrations Correlation between student's feedback and robot's mistakes Interviews and follow-up updates With-me-ness
Jacq et al. [31]	hand- writing	novice	Nao	Validate the system. In addition, one case study investigated the effects of the robot's progress on student's feedback and progress	Number of demonstrations Experiment duration Demo writing time Parent's interview

Table 2.3: Summary of Case Studies

#### 2.5 Summary

Robots in education with the ability to adapt and provide personalised interaction can provide additional benefits for their users in comparison to non-adaptive robots. The studies reviewed showed positive feedback and greater learning in the case of adaptive robots. The adaptive algorithm we employ adapts the robot's group engagement encouraging actions.

For the robots to be more social and utilize the embodiment of the robot and its potential to outperform virtual agents, they can be designed to express emotions through body movements. The results of experiments on robots' behaviours show that curiosity, interest and deictic gestures increase the students' motivation, engagement and result in an overall more positive teaching experience. Our humanoid robot accompanies its dialogue with appropriate movements that could be neutral, happy, sad, curious and bored.

Most of the literature on social teachable robots focuses on individual student's interaction with the robot in contrast to the natural classroom setting in which the student is not in isolation. The education literature also points out the benefits of social engagement and collaboration on learning while robots have demonstrated some potential for being a moderator for collaboration. Therefore, teachable robots used in group settings demonstrate a potential for increasing engagement, sense of group inclusion and learning.

## Chapter 3

### **Experimental Setup**

To evaluate the idea of a teachable adaptive robot and investigate the effects of adaptive social engagement encouragement on learning, we developed an experimental setup for a group human-robot teaching interaction. The proposed experimental setup consists of three main components detailed in the sections of this chapter. The first component is a web application called Curiosity Notebook [44, 45], which we adapted for this study. The second component is an adaptive encouragement algorithm with audio data as the reward signal, the algorithm is detailed in Chapter 4. The last component is a NAO V6<sup>1</sup> Humanoid robot (as seen in Figure 3.4) from Softbank Robotics, which is connected to the Curiosity Notebook.

### 3.1 Curiosity Notebook

The Curiosity Notebook [44,45] enables users to read articles on various topics, structured as taxonomies, and teach the robot about them. Figure 3.1 shows the Curiosity Notebook interface during the task of rock classification. The users start the conversation by clicking one of the interactive buttons. There are two categories of buttons to interact with the robot: the *teaching* buttons and the *checking* buttons. Amongst the teaching buttons, users can use the *describe* button to teach the agent about an object's features, the *explain* button to explain the feature and the *compare* button to discuss similarities or differences between rocks. After the user clicks any of the three teaching buttons, the robot guides the interaction by asking different types of questions to learn about the features of a sample

<sup>&</sup>lt;sup>1</sup>https://www.softbankrobotics.com/emea/en/nao



Figure 3.1: Curiosity Notebook with Zoom, 1: Robot's Notes, 2: Repeat Request 3: End Teaching, 4: Online Users, 5: Categories, 6: Example Articles, 7: Teach Buttons, 8: Check Buttons, 9: Chat Window, 10: Zoom window of Gamma's video

rock in a specific category. The conversations initiated by each button are associated with a state machine. A detailed diagram of the *Describe* button state machine is shown in Figure 3.2. The yellow states indicate where the encouragement of collaboration was added with an adaptive algorithm. The robot first starts the conversation and asks for the user to pick a rock and introduce it. If the rock is new for the robot, it will ask for the rock's category, and then move on to ask questions about features of the selected rock. If the rock is already known, the robot immediately moves on to asking for more features about the rock. The robot only proceeds to the next state after each user input if the state is valid, otherwise, the robot gives the user a second chance to respond. At the end, the robot communicates its feelings and excitement about learning. No other interactive buttons can be clicked until the state machine for the current button has reached the termination state. The *checking* buttons are for testing the robot's learning. The users can choose to either quiz the robot by asking it to categorize an object or *correct* a previously learned concept in the robot's notes. The users can read and move between the categories and articles of each category at any time.

There are also three special-function buttons. Unlike the interactive buttons, the special-function buttons are all single action with no states and can be clicked at any time. The first button is the *Robot's Notes* button. Clicking on the Robot's Notes button brings up a notebook containing notes of all the knowledge that the robot has learned so far. The *Repeat* button can be used by users in case they misheard or did not hear the robot. The *End Teaching* button allows the users to indicate that they have finished the teaching process. Users can choose to stop teaching at any time.

The Curiosity Notebook supports group or one-on-one interaction. In our work, the group mode (for a pair of users) was used, in which case the Curiosity Notebook uses automated turn-talking to facilitate social interactions. In the turn-taking mechanism, one user will be the active teacher; only the active teacher can chat with the robot. The second user can click on different articles or use any of the special-function buttons. The turn-taking was shown to be effective in moderating the conversation during our initial pilot (discussed in Chapter 5, Section 5.1). The Curiosity Notebook can be used on its own or connect to a physical robot. For our study, we used the Curiosity Notebook with a humanoid robot. The connection to the robot is described in section 3.3.

#### 3.1.1 Curiosity Notebook, Early Version

An early version of the Curiosity Notebook was used in the first in-person pilot detailed in Chapter 5. In this early version, the teaching task started by the user choosing a



Figure 3.2: The state machine that is executed after the Describe Button is clicked

topic (choice between Arts, Animals, and Rocks), then picking an object for the robot to learn about. The flowchart of the chat interaction is available in Fig. 3.3. After the user registered an object, the robot would ask them to select a sentence from the available articles, to teach the robot about a feature of a category. Then the robot proceeded to ask questions about the sentence (immediate questions) and/or deeper questions about the category. Examples of the questions are given in Table 3.1. The first three are immediate types and the last three are deeper questions. There was no adaptive element in this pilot, the maximum number of questions the robot could ask was 4 and the type of question was chosen randomly. After the robot asked the questions, the robot proceeded to either ask for a fun fact about the category/object, tell a joke or ask how well it's performing (validation question). The list of validation questions is also provided in Table 3.1. In the final step, the robot indicated that it has learned the targeted feature, and one of the progress bubbles on the notebook interface would be filled. The cycle was repeated for all the subsequent features. Each topic has between 8 to 10 features before the robot can classify all the objects of that topic into the three categories covered in the lesson. The robot also responded to each of the answers the students provide to its question. The emotional tone of the response depends on the robot's understanding and personality. The emotion is also conveyed through NAO animations as discussed in Section 3.3. The robot's personality had two variables, curiosity level (low or high), and learning speed (slow or fast).

#### 3.2 User Audio Input

Capturing the audio input of the users requires either two different channels (for in-person studies), or the use of speaker diarization (the process of partitioning audio based on speaker identity). For our system, we developed both techniques but found that using different microphones for two users showed better performance. The voice activity of each microphone was set to the noise level of the room and a Voice Activity Detection (VAD) algorithm was used to capture the duration of voice activity. The Python interface for WebRTC<sup>2</sup> VAD was used in our system. During the remote experiments (as described in Chapter 6), the voice activity was coded manually in real-time as we couldn't develop a reliable Zoom audio speaker diarization technique. The VAD algorithm however was still used for data analysis after the experiment.

<sup>&</sup>lt;sup>2</sup>https://webrtc.org/



Figure 3.3: Flowchart of interaction between a robot and a group of students for learning a feature. The stages in the green box are the focus for reinforcement learning.

Clarifying Question	What does cold-blooded mean?	
Example Question	What is an example of an insect?	
Why Question	Why are dogs mammals?	
Meaning Question	Can you give me more examples of reptiles?	
Feature Question	Do dogs have fur covering them?	
Generalization Questions	Do all mammals have four legs?	
	Am I smart?	
	Am I a good student?	
	Am I learning?	
	Do you think I learned well?	
Validation Questions	Will I do well in a test?	
	Am I still good at learning?	
	How do you think I am doing? Good or bad?	
	Do you think I will ace the test?	
	Do you think I know more now than before?	

Table 3.1: Example of Question Types in the task of Animal Classification

### 3.3 The Humanoid Robot

The robot connects to the Curiosity Notebook via a Postgres database provisioned on the Heroku platform, such that each robot utterance is sent to the database and then to the robot. In addition to the text of the dialogue, each sentence is coded with an emotion: happy, sad, baseline, bored or curious. Most of the robot's sentences are neutral. The emotion code is happy if the robot just learned something (e.g. "I love learning about rocks"). Sentences are coded as sad if the robot makes a mistake during the quiz. The emotion is *curious* with a 50% probability if the robot is asking a question, and a sentence is coded *bored* if the notebook was idle for more than 2.5 minutes, in which case the robot asks participants to continue teaching. The emotion coding was also used to select the appropriate movement for the robot. The majority of the motions were predefined in naoqi, the operating system of NAO V6 robot, with a few additional nod motions, developed manually by joint manipulation for the neutral category. The movements are summarized in Table 3.2. The utterances are spoken out by the robot while it is acting the corresponding movement.



Figure 3.4: The humanoid robot during a Zoom call

#### 3.3.1 The Humanoid Robot for the In-Person Pilot

During the in-person studies, the robot also had some physical capabilities that we couldn't utilize in the online user study. The Nao robot has cameras that we used for reading barcodes of objects. However, in one of our pilots, we noticed the robot head movements interfered with its ability to read barcodes, therefore, we added the option for users to type the name of the object they picked or to click on the object in the web interface. The robot also has speech recognition that wasn't performing as expected and we didn't use it for the pilots. We also developed a way to communicate with the robot outside of the web interface using touch. The robot was able to receive feedback by touching, a pat on the head was used as an encouragement signal (when the robot was correct or was doing a good job) and a tap on the hands was a signal to let the robot know it made a mistake. The foot sensors were used to activate vision and speech recognition explained above.

Table 3.2: Robot's Movements

Emotion	Sample Movements
sad	Scared, frustrated, hurt, sad, crying, and getting shy, looking down
happy	Laughs, giggles, excited noises such as "Yoohoo", clapping sounds,
neutral Hands and head movements while talking. Sneezing, Eye	
	and turning its head to indicate listening,
curious	Recalling and Thinking motions, for example scratching its head,
	putting a hand under its chin.

## Chapter 4

## Adaptive Encouragement

This chapter starts with a brief background on Reinforcement Learning and specifically Q-Learning. The background is followed by details of our Q-Learning algorithm designed to encourage group collaboration, how the algorithm is rewarded and how the users are encouraged. The chapter ends with our proposed research questions and hypothesis.

### 4.1 Q-Learning Background<sup>1</sup>

Reinforcement learning (RL) algorithms map each state (defined as the representation of the environment at a given time) to an action that changes the environment based on the rewards associated with each state and action. The goal is to learn the most rewarding action for each state and maximize the total reward received. The value function of an RL algorithm keeps track of the long-term desirability of states, calculated by predicting future rewards. The mapping learned by the RL algorithm is called a policy. Q-Learning is an offpolicy and model-free reinforcement learning algorithm [65]. Model-free RL is used when we don't have an accurate model of the environment therefore we can't predict the state that each action will lead to. Off-policy learning methods don't follow the learned policy while generating training data. Q-Learning keeps track of the best actions by updating a Q-table. The Q-table summarizes the rewards received for selecting each action at a particular state and is used for making future decisions (selecting actions). After each action, the appropriate value in the Q-table is updated based on the reward received according to the Q-function defined in Equation (4.1). Here,  $S_t$  indicates the state at the

<sup>&</sup>lt;sup>1</sup>Based on Sutton, 2018 [65]

time t and  $A_t$  represents the action. The learning rate  $\lambda$  controls how fast the algorithm adapts the Q-table values. The discount rate  $\gamma$  controls how much the new reward matters versus the previous rewards when updating the Q-table value. The exploration rate ( $\epsilon$ ) is the probability  $\epsilon$  with which the algorithm disregards its Q-table values for picking the best action and picks a random action instead.

$$Q(S_t, A_t) = Q(S_t, A_t) + \lambda [R_{t+1} + \gamma \max_{a} Q(S_{t+1}, a) - Q(S_t, A_t)]$$
(4.1)

### 4.2 Q-Learning for Encouragement

Our goal is to increase group/social engagement between the team members using RL, hence, we modified the robot to deliver encouraging statements during the teaching conversation, specifically, after posing a question to the user and waiting for their answer. The states where encouragement can be provided are highlighted in Figure 3.2 in yellow. For creating an adaptive encouraging system, we use the Q-learning algorithm [79] to selectively choose if and how to encourage group engagement based on the users' talking activity. The reinforcement learning framework is defined as follows:

- 1. **States**: At each time step, the interaction can be in one of four states: a) there is not enough conversation, b) user A is dominating the conversation, c) user B is dominating the conversation, d) both users are equally and fully contributing.
- 2. Actions: There are five possible actions: encourage the active user, encourage the inactive user, encourage both users, pick a non-encouraging sentence, or say nothing.
- 3. **Rewards**: A weighted sum of the total time spent talking and the ratio of talking time of two users. The total reward is calculated as shown in Equation (4.5).

### 4.3 Reward Calculation

To calculate the reward of the Q-learning at each step, the algorithm reads the voice activity duration of both users  $(spk_1, spk_2)$  since the last reward calculation. The reward has two parts. The first part rewards more talking between both users  $(r_{talk})$ , which is calculated using the ratio of the total duration that both users spoke  $(t_{talking})$  and the total time spent interacting with the robot  $(t_{total})$ . The second part rewards the ratio of

Table 4.1: Encouraging Sentences

Encouragement Type	Sentence
oncourage the active user	"Make sure you let your partner know what you are thinking."
encourage the active user	"Try to explain your answer to your partner before telling me."
oncourage the other user	"Why don't you ask if your partner agrees with you?"
encourage the other user	"Why don't you ask what your partner thinks?"
	"Why don't you two discuss this?"
	"Can you two talk amongst yourselves first?"
	"Let's do this together team!"
encourage-both	"You can discuss it together first."
	"We can discuss it as a team!"
	"Do you want to discuss if you both agree?"

how much the first user talks to how much the second user talks  $(r_{ratio})$ . Both parts of the reward (4.3) and (4.4) are calculated as their distance from the ideal value of 1 (i.e., the users spoke the full duration of the experiment and they spoke equally). The total is calculated by summing the two partial rewards and combining them as a cost  $(c_{overall})$ by negation (4.5). The full algorithm is described in Algorithm 1. The state at time t is indicated with *state*<sub>t</sub> and the notation is consistent for actions and costs.

$$ratio = \frac{spk_1}{spk_2}$$
 and  $t_{talking} = spk_1 + spk_2$  (4.2)

$$r_{talk} = \left(1 - \frac{t_{talking}}{t_{total}}\right)^2 \tag{4.3}$$

$$r_{ratio} = (1 - ratio)^2 \tag{4.4}$$

$$c_{total} = -(r_{talk} + r_{ratio}) \tag{4.5}$$

#### 4.4 Encouraging Statements

There are three different types of encouraging statements, in addition to baseline nonencouraging statements, summarized in Table 4.1. The robot utterances were created following the techniques teachers use in their classrooms to promote class participation [62] and encourage cooperative learning and group discussions in the class [26]. Some utterances were targeted to individual users by calling their name to specifically engage them [51], or to ask them to engage their partner, while others were aimed at the group as a whole [57].

#### Algorithm 1 Q-Learning: returns an action

**Require:** states [], actions [],  $\gamma$ ,  $\lambda$ ,  $\epsilon$ ,  $Q_{table}$ **Ensure:** size(actions) > 0, size(states) > 0 $spk_1, spk_2 \leftarrow read audio()$  $ratio \leftarrow \frac{spk_1}{spk_2}$  $t_{talking} \leftarrow spk_1 + spk_2$  $t_{total} \leftarrow 10$ {Calculate the reward of last action}  $\begin{aligned} r_{talk} &\leftarrow (1 - \frac{t_{talking}}{t_{total}})^2 \\ r_{ratio} &\leftarrow (1 - ratio)^2 \\ cost_{t-1} &\leftarrow -(r_p^2 + r_k^2) \end{aligned}$ {Updating the Q-table} if t > 0 then  $Q_{table}[state_{t-1}, action_{t-1}] = Q_{table}[state_{t-1}, action_{t-1}] +$  $\lambda \times (cost_{t-1} + \gamma \times max(Q_{table}[state_t]) - Q_{table}[state_{t-1}, action_{t-1}])$  $sstate_{t-1} \leftarrow state_t$ end if {*Pick Future Action*} if random number  $< \epsilon$  then  $action_t \leftarrow pick random(actions[])$ else  $action_t \leftarrow max(Q_{table}[state_t])$ end if return  $action_t$ 

### 4.5 Research Questions

In this work, we seek to investigate whether we can design an adaptive robot that can increase users' social engagement as measured by their communication. We also seek to understand how the adaptive robot affects the learning outcomes and the learning experience of the users. Our first hypothesis (H1) is that the robot encouraging teamwork will increase users' social engagement during the study, therefore increasing their communication. The second hypothesis (H2) is that the adaptive robot will have greater effects on (H2a) task engagement, (H2b) enjoyment and (H2c) learning in comparison to the baseline robot. Our third hypothesis (H3) is that adaptively encouraging teamwork will ensure both users contribute to the conversation more equally, without any user dominating the conversation.
# Chapter 5

# **Pilots and Simulations**

The experimental setup (the curiosity notebook and the humanoid robot) was first piloted in a classroom setting. In the pilot, we observed children interact with the robot and the curiosity notebook while updating the system. The pilot was reviewed and received ethics clearance through the University of Waterloo Research Ethics Committee (ORE#40392). In addition to the pilot, simulations were used to test the adaptive learning algorithm. The pilot and the simulation results are documented in this chapter.

# 5.1 Elementary School Pilot<sup>1</sup>

The goal of the elementary school pilot study was to validate the basic learning-by-teaching system, which includes the earlier version of the Curiosity Notebook connected to the humanoid robot. We chose to use the NAO humanoid robot (discussed in section 3.3) for the study following previous research that demonstrates the physical embodiment of the social robot carries additional benefits for the social interaction (as discussed in section 2.1). The system used in the pilot didn't record user audio as the robot wasn't designed to be adaptive or to encourage social interaction.

<sup>&</sup>lt;sup>1</sup>Some results discussed in this section have been published. Law, Baghaei Ravari, Chhibber, Kulic, Lin, Pantasdo, Ceha, Suh, and Dillen. *Curiosity Notebook: A Platform for Learning by Teaching Conversational Agents* [44]

#### 5.1.1 Study Design

The pilot study was carried out as an observational study in a local primary school from May to June 2019, one day a week, for a duration of 5 weeks. Participants included 7 females, and 9 males, with 11 students from the 4th grade and 5 from the 5th grade. The students were divided into 4 groups of three students, a group of two and 2 groups of one student. Each student was provided with a Chromebook to access the curiosity notebook. Each group was teaching one NAO robot. The NAO robot connected to the Curiosity Notebook as explained in Chapter 3. The sessions lasted 90 minutes. The pilot used the measures introduced in section 6.4, except it excluded measures regarding group work enjoyment and the familiarity with the group members.

In the first 4 weeks of the experiment, 4 groups of students (triads) were asked to teach the robot rock classification, animal classification and painting classification. In the first week, students were given a short introduction on the task, did the pre-study survey and proceeded to teach the robot animal classification. Researchers sat with each group to observe the students and answer questions during the interaction about the system, however, the children learned how to operate the notebook within the first 15 minutes of the interaction. Researchers also helped the students answer the pre-study and poststudy surveys and knowledge tests. In the surveys, the students were asked about their familiarity with computers and robots, their perception of the robot and at the end, they were interviewed about their teaching experience. All the interactions with the Curiosity Notebook were logged in the notebook database. After finishing each topic (e.g. finishing animal classification) the students did the post-study survey. In the 5th week, the new students were also given a brief introduction of the task, except their interaction was only a single session. The results of this pilot are published in [44].

#### 5.1.2 Lessons Learned

Students generally enjoyed the teaching experience. The post-study survey showed that students liked the robots and thought that it was fun teaching the robots.

In the first week of the pilot, the free-form interaction caused some students to be left out of the conversation, which led to the implementation of a fixed turn-taking structure. The students in groups of more than one had to take turns, the turns switched after a single interaction block. An interaction block is defined as one robot request, one student response and finally one acknowledgment of the response from the robot. Another downside to freeform interaction was that without the robot leads and questions, the students were not



Figure 5.1: The experiment setup, NAO and Laptops (Source: "Curiosity Notebook: A Platform for Learning by Teaching Conversational Agents" [44])

sure how to proceed with teaching. We decided to change the structure of the Curiosity Notebook so the robot always starts the conversation by giving some hint as to what questions should students answer next. However, in the post-study survey, the students expressed that they wished they had more choice in how they teach the robot, the latest version of the Curiosity Notebook includes multiple teaching options to give the users this freedom.

We also observed some group collaboration, some students took the initiative to offer help to their teammates during the teaching session, without any explicit robot encouragement of teamwork. This behaviour might also be motivated by students' eagerness to get their own turn. Groups progressed through the task at different speeds and they also had different approaches to when they wanted to quiz the robot. Some groups only quizzed the robot after they finished teaching, while others quizzed the robot multiple times throughout the teaching session. Additionally, it was observed that in a group setting, the amount of attention the robot gave each student affected students' perception of their own teaching ability. The students also noticed the teachable robot's social characteristics such as calling the students by their names and looking in the student's direction.

After analyzing the responses to the validation questions, we concluded they are positively biased (37 positives vs 7 negatives and 3 mildly negatives e.g. "not good enough yet"). This phenomenon has been discussed in other literature [70], students might have felt bad if they didn't reward the robot, even when the performance was not great. However, one group constantly gave negative feedback to the robot. This might be due to curiosity for observing the reaction of the robot to feeling sad or hurt. The question combinations generated by the robot were limited to a maximum of 4 questions and they were generated at random. Answers to the validation question depended on the group rather than the robot's actions (e.g types of questions the robot asked, as detailed in Table 3.1 in Chapter 3) and they remained similar regardless of the robot's characteristics (e.g. asked different questions, learned faster or slower, showed more or less curiosity). Considering the results, the final version of the Curiosity Notebook didn't include validation questions.

Additionally, over time we saw children focused more on the Curiosity Notebook and less on the robot, reducing the outside-notebook interactions with the robot, such as talking directly to the robot, giving the robot touch feedback and showing objects to the robot. This observation led to changes in the system such as removing spoken sentences of the robot from the chat log (adding a repeat button instead) and improving the synchronization of the Curiosity Notebook and the robot (the Curiosity Notebook only updates after the robot is done speaking or moving). The students also rarely used the tactile touch feedback.

## 5.2 Simulations

Simulations to test the adaptive learning algorithm were conducted by assuming a simplified model of a pair of participants. The simulations were used to validate the learning code and select learning hyper-parameters. Two models of the participants were tested and the results are explained in this section.

Simple Dyad Model: The model (also described in Algorithm 2) generated values for voice activity for both hypothetical participants that start from a random value between 0 to 1 second in the 10-second measurement interval. The simulated participant's voice activity in the next measurement interval is generated based on the action of the adaptive learning algorithm. If the algorithm picks the action of encouraging participant #1, the voice activity of that participant would be increased between .5 to 2 seconds, we call this the growth rate. Likewise, if participant #2 is selected, the corresponding voice activity increases. If the algorithm chooses to encourage both participants, the voice activity of both participants will grow with different random growth rates. Any other action results in a growth rate of 0. Random noise was also added to the participants' voice activity, ranging between -1 to 1 second in each measurement interval. The interaction consists of 40 measurement interval. The upper-bound for the growth rate has a natural decay, given

that the participants might talk less as the time passes, the decay 0.01 second for each measurement interval (e.g. participants' voice activity growth rate can only be between 0.5 and 1.99 seconds after the first round). The model also makes sure the generated values for each participant are within acceptable limits of time, no generated voice activity value can be less than 0, or more than 5 seconds for each participant. This dyad model favours the action of encouraging both participants and then the action of encouraging any of them, as expected the algorithm trained with this model converges to picking one of these actions over and over again.

Algorithm 2 Simple Dyad Model

```
\begin{array}{l} \textbf{Require: } speaker1_{t-1}, speaker2_{t-1}, action_{t-1}, round \\ noise_1 \leftarrow random(-1 \ to \ 1) \\ noise_2 \leftarrow random(-1 \ to \ 1) \\ decay \leftarrow 0.01 * round \\ growth_1 \leftarrow random(0.5 \ to \ 2 - decay) \\ growth_2 \leftarrow random(0.5 \ to \ 2 - decay) \\ \textbf{if } action_{t-1} = encouraging \ speaker \ 1 \ \textbf{then} \\ speaker1_t \leftarrow speaker1_{t-1} + growth_1 + noise_1 \\ \textbf{else if } action_{t-1} = encouraging \ speaker \ 2 \ \textbf{then} \\ speaker2_t \leftarrow speaker2_{t-1} + growth_2 + noise_2 \\ \textbf{else if } action_{t-1} = encouraging \ both \ speakers \ \textbf{then} \\ speaker1_t \leftarrow speaker1_{t-1} + growth_1 + noise_1 \\ speaker2_t \leftarrow speaker2_{t-1} + growth_2 + noise_2 \\ \textbf{end if } \\ \textbf{return } \ speaker1_t, speaker2_t \end{aligned}
```

As explained in Chapter 4, Equation (4.5), the desired value for the cost (reward) in our adaptive learning algorithm is 0. The value of the cost (total reward) is plotted based on an average of 100 trials. To tune the adaptive learning algorithm, we ran 100 trials for each value of the learning rate ( $\lambda$ ), the discount rate ( $\gamma$ ), and the exploration rate ( $\epsilon$ ) between 0.1 and 0.9, in 0.1 increments. The results of the grid search for ( $\lambda$ ), ( $\gamma$ ) and ( $\epsilon$ ) are shown in Figure 5.2, Figure 5.3 and Figure 5.4 respectively.

As we see in the simulation results, the highest exploration rate performed the best, because when the interaction is short (40 intervals) and the costs are always negative, the algorithm won't explore the Q-Table at all if the Q-Table is initialized with values less than the highest possible cost (-2 in our algorithm) as they will appear to be worse choices than the already explored actions. When the Q-Table is initialized with values that



Figure 5.2: Simulation Results of Grid Search for The Learning Rate  $(\lambda)$ , using Simple Dyad Model



Figure 5.3: Simulation Results of Grid Search for The Discount Rate ( $\gamma$ ), using Simple Dyad Model



Figure 5.4: Simulation Results of Grid Search for The Exploration Rate ( $\epsilon$ ) with Q-table initialized at 0, using Simple Dyad Model



Figure 5.5: Simulation Results of Grid Search for The Exploration Rate ( $\epsilon$ ) with Q-table initialized at random, using Simple Dyad Model

encourage exploration, the performance improves and the exploration rate doesn't affect the performance of the algorithm as much. This can be seen by comparing Figure 5.4 (Q-Table is initialized with -100) and Figure 5.5. Similar to Figure 5.5, in the user study, the Q-table was initialized by positive values between 0 and 0.5 at random while the best possible value for the cost is 0.

The simple dyad model assumes that the voice activity of participants monotonically increases except when the noise has a negative value or decays after each round. This creates a dependency between the voice activity at different time intervals. Based on the real experiments, how much the participants talked in a 10-second interval was not dependent on how much they talked in the last one and the voice activity of a participant could go to 0 suddenly, for example, if they were typing in that 10-second interval. The second limitation of this model is the 5-seconds upper limit for each participant. This limit is not realistic, one participant could spend 0 seconds talking in an interval while the other participant will talk all of the 10 seconds in the measurement interval.

**Independent Dyad Model:** To address the limitations of the simple dyad model, we can assume participants' voice activity is unrelated to how much each participant talked previously, therefore the voice activity of the first participant is a random value between 0 and 10 seconds (which we call the initial estimate), and the second participant is 0 to 10 minus the initial estimate of the first participant, which also addresses the second limitation of the simple dyad model. The model is described in Algorithm 3. After the initial estimate value is generated, voice activity will either be equal to the initial estimate or 0 based on the action selected by the adaptive learning algorithm. If the algorithm only encouraged participant #1 then the value of voice activity for participant #2 is set to 0. To make the voice activity response to each action more realistic, we added a few possible scenarios in response to each. If the algorithm does nothing or says something that is not encouraging group work, there is a probability of 0.1 that the voice activity for both participants is equal to their initial estimate instead of 0. If the algorithm encourages participant #1 to speak, there is a 0.1 probability participant #2 also speaks, therefore their voice activity equal to their initial estimate instead of 0. If the robot encourages both participants, with a probability of 0.8 both of their voice activity is equal to their initial estimate, otherwise, with 0.2 probability only one of the participants has a voice activity equal to their initial estimate (0.1 probability participant #1 is 0, 0.1 probability participant #2 is 0). Figure 5.6 shows the performance of the algorithm is stable using this model. As expected, there is significant noise due to the randomness of the user model, however on average, the cost lowers overtime. Figure 5.7 and Figure 5.8 also show the talking time of both participants and their ratio, which we see mostly remain unchanged, with the ratio slightly improving



Figure 5.6: Simulation Results: Cost of Adaptive Learning Algorithm, using Independent Dyad Model

over time.

#### 5.2.1 Lessons Learned

The simulation results show that the adaptive algorithm is not sensitive to the hyperparameters when the Q-table is initialized at random. For the final user study, the learning rate for Q-Learning ( $\lambda$ ) was set to 0.6 based on simulation results (Figure 5.2). The values of the discount rate ( $\gamma$ ) and exploration rate ( $\epsilon$ ) were also selected based on simulation results. The value of the discount rate controls how much current audio input matters versus how much the next audio inputs will matter, set to 0.2 (Figure 5.3). The exploration rate,  $\epsilon$ , was chosen to be 0.5 (Figure 5.4).

Algorithm 3 Independent Dyad Model

```
Require: action_{t-1}, round
  decay \leftarrow 0.01 * round
  estimate_1 \leftarrow random(0 \text{ to } 10 - decay)
  estimate_2 \leftarrow random(0 \text{ to } 10 - decay)
  noise_1 \leftarrow random(-1 \ to \ 1)
  noise_2 \leftarrow random(-1 \text{ to } 1)
  probability \leftarrow random(0 \ to \ 1)
  if action_{t-1} = encouraging speaker 1 then
     speaker1_t \leftarrow estimate_1 + noise_1
     if probability < 0.1 then
        speaker2_t \leftarrow estimate_2 + noise_2
     end if
  else if action_{t-1} = encouraging speaker 2 then
     speaker2_t \leftarrow estimate_2 + noise_2
     if probability < 0.1 then
        speaker1_t \leftarrow estimate_1 + noise_1
     end if
  else if action_{t-1} = encouraging both speakers then
     if probability < 0.8 then
        speaker1_t \leftarrow estimate_1 + noise_1
        speaker2_t \leftarrow estimate_2 + noise_2
     else if probability < 0.9 then
        speaker1_t \leftarrow estimate_1 + noise_1
     else if probability > 0.9 then
        speaker2_t \leftarrow estimate_2 + noise_2
     end if
  else if action_{t-1} = encouraging none OR action_{t-1} = nothing then
     if probability < 0.1 then
        speaker1_t \leftarrow estimate_1 + noise_1
        speaker2_t \leftarrow estimate_2 + noise_2
     end if
  end if
  return speaker1_t, speaker2_t
```



Figure 5.7: Simulation Results: Sum of Talking Time of Participant 1 and Participant 2, using Independent Dyad Model



Figure 5.8: Simulation Results: Ratio for Talking Time of Participant 1 to Talking Time of Participant 2, using Independent Dyad Model

# Chapter 6

# Adaptive Teachable Robot User Study<sup>1</sup>

The goal of the experiment is to study the effect of adaptive social engagement encouragement on social engagement, task engagement, enjoyment and learning. This chapter discusses the experimental design, the recruitment and demographics of participants, the metrics and measures used, and finally the results of the user study.

# 6.1 Experimental Design

To study the effects of teamwork and how the robot can encourage teamwork, our user studies are done in dyads (two participants). A dyad is a special form of a group, research in psychology highlights the difference between the relationships formed in a dyad versus in a group [15, 53]. However, there is also research in psychology showing the results from dyadic studies could be scaled to larger groups [74, 81]. The curiosity of the robot, its learning speed, emotions and the questions it asked were kept constant across all the studies. The experiments were carried out between subject and in two conditions, baseline or adaptive. In the baseline condition, the robot does not encourage teamwork. In the adaptive condition, the robot encourages teamwork based on the audio input from the users. The user study was initially scheduled to be run in a physical school setting; however, due

<sup>&</sup>lt;sup>1</sup>Results discussed in this Chapter have been submitted to the IEEE Conference on Robotics and Automation (*Effects of an Adaptive Teachable Robot Encouraging Teamwork on Students' Learning Process*, Baghaei Ravari, Lee, Law, Kulić)

to Covid-19 restrictions, the study was modified to be conducted remotely with 34 pairs of adult participants. The teaching/learning material was unmodified as the task of rock classification and the twelve rock articles were unfamiliar to most adults. A geologist at the University of Waterloo provided consulting during the material development phase. However, in the future, the material should be more carefully adjusted to different age groups [9, 47].

## 6.2 Participants

The user study was reviewed and received ethics clearance through the University of Waterloo Research Ethics Committee (ORE#40392). The participants were recruited through emails from the University of Waterloo and the social networks of the researchers. They were asked to sign up for a time slot, so they were randomly matched with other participants that signed up for the same time slot, except three pairs who knew each other and chose to sign up for the same time slot. After signing up, the participants received instructions to join a Zoom call. A total of 68 participants were recruited for this study, forming 34 dyads. However, two dyads were excluded from analysis due to system lags and errors, whereas two more dyads were excluded due to one of the participants arriving significantly later than the scheduled time. Two more dyads were excluded after analyzing the data for technical issues and missing data. Of the remaining dyads, 15 dyads were randomly assigned to the adaptive condition, and 13 dyads were assigned to the baseline (non-encouraging) condition. The participants were all adults between ages 20 to 35. Table 6.1 summarizes the dyad-wise demographics. The individual demographics are not relevant to our analysis as they are done with dyad units (a pair of participants), however, Table 6.2 summarizes the individual statistics of participants to give you a general overview of our participants. Additional information about the participants was capture through pre-study surveys (explained in Section 6.4) are stated in Appendix A and are similar for the participants in both conditions.

### 6.3 Procedure

On the scheduled date and time, Gamma (the humanoid robot) and the researcher were both in the Zoom call (Figure 6.1) waiting for the participants. The experimental condition was assigned beforehand, and the participants were not aware of the condition assigned. Participants were given their login credentials for the Curiosity Notebook after they joined

	Adaptive	Baseline	n velue
	(n = 15)	(n = 13)	p-value
gender combinations	MM=2, FF=5 Mix = 8	MM=2, $FF=4$ $Mix = 7$	$\chi^2 \approx 0.14 \text{ p}{=}0.98$
age difference (years)	$4.13(\pm 3.38)$	$3.46(\pm 3.13)$	t = 0.54, p = 0.6
dyad age sum (years)	$51.47(\pm 4.6)$	$52.23(\pm 5.33)$	t = -0.40, p = 0.69
started speaking English	$11.8(\pm 9.21)$	$12.92(\pm 10.2)$	t=-0.31 p=0.76
prior knowledge on topic	4.27, SD=1.22	6, SD=2	t=-2.81, p=0.01

Table 6.1: Dyad-wise Demographics and Measurements

Table 6.2: Mean demographics and measurements between conditions

	$\begin{array}{l} \text{Adaptive} \\ (n = 30) \end{array}$	Baseline $(n = 26)$	p-value
age (years)	$25.73(\pm 3.50)$	$26.12(\pm 3.50)$	t=-0.25 p=0.8
gender $(m/f)$	W=18, M=12	W=15, M=11	$\chi^2 \approx 10^{-31} \text{ p}{=}1$
major	4 non-stem	4-non-stem	$\chi^2 \approx 0 \text{ p}{=}1$
native English-speaker	No=15, Yes=15	No= $18$ , Yes= $8$	$\chi^2 = 1.41 \text{ p} = 0.24$
started speaking English	$5.9(\pm 7.76)$	$6.46(\pm 6.09)$	t = -0.3, p = 0.77
prior knowledge on topic	2.13, SD=0.9	3, SD=1.5	t = -2.67, p = 0.01

the call. All usernames were the preferred first name of the participants and it was the name Gamma used to address them. Upon logging-in, they had to sign the consent form, after which they proceeded to fill in the pre-study surveys (described in the next section 6.4 Measures). After the pre-study survey, the participants watched a three-minute instruction video, in which they learned about the Curiosity Notebook buttons and how to teach Gamma. After the video, participants arrived at the teaching interface, they were asked to wait for their partners to also finish all the previous steps. Before they started teaching, they were offered the chance to ask clarification questions from the researcher, as no questions would be answered during the teaching period. The participants' audio was recorded throughout the experiment. The duration of the experiment was up to the participants and it varied between 25 minutes and 69 minutes. After deciding to stop teaching Gamma, the participants were taken to the post-study questionnaires.



Figure 6.1: Zoom Call Interface, with two participants and Gamma

## 6.4 Measures

The pre-study surveys included demographics, familiarity and interest in robots, conversational agents and the topic of rock classification. They also included questions regarding the participant's interest in group work, and whether they knew their co-participant (group familiarity). The group familiarity survey was designed to measure some of the group characteristics that influence group work [33,37]. In this study, the task was identical for all the participants, with no roles assigned, and no participant having prior experience with the system, therefore the focus was on group familiarity. We asked about the participants' familiarity with their co-participants in the study, both at an in-class and outside-class interaction level, and their interest in group work, both measured on a 4-point Likert scale to be consistent with the scale of the other questions in the familiarity survey. The 4-point Likert scales (odd-scaled) eliminate the neutral option, forcing the participants to lean toward either positive or negative responses [16], therefore it was deemed appropriate for this survey. Participants also answered a questionnaire on their feelings towards, and perception of Gamma (Godspeed Questionnaire [4]), in addition to their mood (Pick-A-Mood survey [21]). The last pre-study questionnaire was a knowledge test on rocks.

Post-study surveys included a questionnaire on the participants' experience. The participants answered questions on how much they enjoyed their experience, their interest in participating again, learning more about the topic they taught, and how much they enjoyed working with their partner. They were asked if they thought the robot was giving both of the participants a fair chance and encouraging group work. Other post-study surveys include another questionnaire on participants' perception of Gamma, another knowledge test, their motivation behind task completion (Intrinsic Motivation Inventory (IMI) [20] and Types of Motivation [27]).

## 6.5 Results

The results directly related to our hypothesis (as stated in Section 4.5), such as the time participants spent talking and the comparison between each participant's activity are elaborated upon in this section. Furthermore, we discuss the effects of group engagement on task engagement, enjoyment and learning gains. All the other data was captured prior to the experiment and after the study with surveys were examined, and we report no significant difference between the two conditions. All supplementary results from surveys are detailed in Appendix A.

#### 6.5.1 Talking Duration

As the participants decided themselves when to end the experiment, talking time is normalised by the experiment's overall duration. Figure 6.2 shows the normalised talking time for both conditions. The average ratio of talking time to total experiment time was significantly larger for dyads in the adaptive condition, confirming H1 (t(26) = 2.24, p = 0.03). There was no statistically significant difference in overall experiment duration between the two conditions ( $M_{adapt} = 2539(s)$ , SD = 511.8,  $M_{base} = 2684.39(s)$ , SD = 622.69, t(26) = -0.66, p = 0.51).

The ratio of talking time to total time also depended on the gender (highest when both group members were female  $\beta = 0.13$ , t(17) = 2.46, p = 0.03), and the group's interest in conversational agents ( $\beta = 0.03$ , t(17) = 2.2, p = 0.04), which are both stronger than the correlation with the experimental condition ( $\beta_{base} = -0.1$ , t(17) = -2.09, p = 0.05).

The dyads in the adaptive condition also spend more time talking between 20 to 30 minutes into the teaching interaction, which could show that the adaptive encouragement of group collaboration helped in maintaining higher levels of communications in compassion to the baseline condition ( $M_{adapt} = 163.7, SD = 91.12$  and  $M_{base} = 148.27, SD = 62.59, t(26) = 2.88, p = 0.008$ ).



Figure 6.2: Average Normalized Overall Talking Time

#### 6.5.2 Talking Trend

To analyze the effect of the encouragement over time, we can compare the trends of talking time between two conditions, shown in Figure 6.3. The adaptive condition results in higher talking time on average for the duration, but the trend is downward for both conditions and the slopes are not significantly different ( $M_{adapt} = -0.81, SD = 0.75$  and  $M_{base} = -0.72, SD = 1.27, t(26) = -0.23, p = 0.82$ ). Qualitatively, the initial conversations were mostly questions on how the system works or wondering about the functionality of different buttons, regardless of the condition. Those types of conversations faded as the participants learned how to use the system.

#### 6.5.3 Relative Participation

We hypothesized that the adaptive condition would result in a more equal division of speaking between participants (H3). To investigate our hypothesis, we define the speaking percentage of each user at any given period by the ratio of their speaking activity duration to the overall speaking activity in that period. The ideal value of speaking percentage is 50%, which means both group members contributed equally to the conversation. Figure 6.4 illustrates how much the speaking percentage of one participant (in each dyad)



Figure 6.3: Slope of Talking Time

deviates from the 50% (calculated in (6.1)), where a lower deviation indicates more equal contribution. As shown in Figure 6.4, the average percentage difference is higher in the adaptive condition at the start, but it moves toward 0. In the baseline condition, however, the difference starts at a more desirable value but remains nearly constant, showing that the robot does not influence the balance between the two participants in the baseline condition. In the adaptive condition the slope is M = -0.13, SD = 0.25 while in the baseline condition slope is M = -0.002, SD = 0.17. The difference in slope is not statistically significant with t(26) = -1.55, p = 0.13.

$$\|100 \times \frac{(spk_1)}{(spk_1 + spk2)} - 0.5\|$$
(6.1)

#### 6.5.4 Other Effects of the Experimental Condition

Task engagement, defined as the number of interactions participants had with the Curiosity Notebook, was higher in the adaptive condition. The number of buttons participants clicked (F(1, 20) = 4.79, p = 0.04), how many times they taught something (F(1, 26) = 3.09, p = 0.06), and how many articles they clicked (F(1, 25) = 8.15, p = 0.01) all are greater in the adaptive condition. The number of articles clicked was also correlated to participants' self-declared desire to teach (from the pre-study questionnaire) (F(1, 25) = 6.29, p = 0.02).



Figure 6.4: Distance (6.1) of Participants' Speaking Percentage from 50%

To compare learning gains, we have to consider that despite the random assignment, the participants in the baseline condition reported higher knowledge about rocks (refer to Table 6.1). To evaluate if there was any learning gain, we compared the score improvement (pre-score - post-score). The difference in learning gain between conditions was not significant, shown in Figure 6.5 ( $M_{adapt} = 1.74$ , SD = 3.47,  $M_{base} = 2.38$ , SD = 2.53, t(23) = -0.56, p = 0.58). The improvement in the score was highly and negatively correlated with the pre-study test score( $\beta = -0.76$ , t(23) = -6.29, p = 0), which means the participants with less knowledge showed higher learning gains. Secondly, as expected, the improvement was positively correlated with participants' interest in rocks ( $\beta = 0.37$ , t(23) = 2.62, p = 0.02). There was a weaker negative correlation between how much the participants thought they knew about rocks and their score improvement ( $\beta = -0.4$ , t(23) = -1.71, p = 0.1). Regardless of condition, the average knowledge test score improved after the study by 1 point.

Examining our second hypothesis (H2b) on increased dyad enjoyment (how much the participants enjoyed working with their partner), we report no significant difference between the conditions.



Figure 6.5: Knowledge Test Improvement in Both Conditions

#### 6.5.5 Participants' Perception of the Robot and Qualitative Data

Qualitative results are captured through 2 different methods, survey and audio coding. Survey questions were the same for all participants, however, some questions were open ended, for example, a yes/no question such as "Do you think the robot was encouraging teamwork?" was followed by "Please explain why". The survey also included open ended questions on what the participants would like to change or any other feedback/comment they have. The second part of the qualitative data comes from the participants' conversation through the study, for example, "Gamma's laugh is funny".

#### Post-Study Survey

From the post-study Godspeed questionnaire, one characteristic of the robot differed significantly between the two conditions. The participants in the adaptive condition found Gamma less pleasant (sum of the dyad's perception on a 5-point Likert scale), and this is affected by both the experimental condition and their interest in rocks ( $M_{adapt} = 7.47$ , SD = 1.36 and  $M_{base} = 8.46$ , SD = 0.88, p = 0.03). For the other Godspeed measures, despite the online user study and users only observing a video of the physical robot, they reacted positively to the humanoid robot. The users also anthropomorphised the robot during the teaching by commenting on its laugh, looks and intelligence. The rest of the results from the Godspeed questionnaire are documented in Appendix A. From the post-study experience survey (section 6.4), most participants in both conditions considered the robot to be fair, in the baseline condition this was due to the turntaking mechanism, and how the robot gave both participants their turns ( $M_{adapt} = 1.93$ , SD = 0.26 and  $M_{base} = 1.58$ , SD = 0.79, t(25) = 3.13, p = 0.11). In the adaptive condition, prompts for discussion among group members were considered a sign of fairness in 8 instances. For example, one participant wrote "it was fair because he told my partner to explain himself more". In the adaptive condition, there was one instance of the robot being deemed as unfair, because it kept interrupting the participant's ongoing discussion with its next prompts. In the baseline condition, 5 participants thought the robot was not fair, 2 of which were due to the robot interrupting them. Turn-taking and instance of the robot talking over participants are some of the current challenges of human-robot-collaboration and many of the cues used in face-to-face interaction were not applicable in the virtual setting of our experiment [2].

When it comes to participants' perception of whether the robot was encouraging of teamwork, the participants in the adaptive condition found the robot more encouraging  $(M_{adapt} = 1.93, SD = 0.28 \text{ and } M_{base} = 1.33, SD = 0.65, t(24) = 3.13, p = 0.004)$  in the survey. Students in the adaptive condition found the statements robots said to be encouraging of teamwork in 27 instances. Only 2 students in the adaptive condition perceived the robot as not encouraging, the participants knew each other well before the experiment, they could have collaborated without any encouragement from the robot and hence didn't recognize the encouragement. Participants in the baseline condition interpreted forced turn-taking as encouragement of teamwork in 6 instances, while others cited unrelated reasons, such as the experiment being fun, or the need to figure out how the system works initially. 9 participants in the baseline condition stated the robot was not encouraging teamwork.

Results from the survey about the teaching experience and mood show that the majority (37) of participants in both conditions enjoyed their teaching experience ( $M_{adapt} = 2.9$ , SD = 0.9 and  $M_{base} = 2.8$ , SD = 1, on a 4 point Likert scale). In both conditions, the most frequently mentioned reason for enjoyment was that it was an "exciting experience". Some characteristics of voice and appearance of the humanoid robot (Gamma) were mentioned in the participants' elaboration, such as "enthusiastic robot", "fun movements", "sense of wonder in Gamma's face", in addition to some non-physical characteristics such as "good notes" and "fast learner". In both conditions, "slow" and "repetitive prompts" were the most common reason behind participants' dissatisfaction.

There is little difference between the two conditions in terms of the participants' perception of their teaching level, or whether they thought of Gamma as a good student. The encouragement of collaboration was mentioned as a characteristic by one participant in



Figure 6.6: Participants' Mood Before and After the Experiment

the adaptive condition. A participant in the baseline condition called the robot socially unaware and "as if there were no humans in the interaction".

The results from the Pick-A-Mood scale [21] shows the 20% of participants in the adaptive condition felt tense before the experiment (as seen in Figure 6.6), and the numbers dropped to 10% after the experiment. However, in the baseline condition feeling tense increased from 8% before the experiment to 19% afterward. Feeling excited went from 0% to 33% in the adaptive condition and 8 to 23% in the baseline condition. Lastly, more participants in the adaptive condition thought Gamma was excited (83%) in comparison to the baseline (53%) as seen in Figure 6.7.

In participants' general feedback on what they wanted to change, recurring requests were to make the interaction faster, make the Curiosity Notebook easier to interact with, and allow participants more freedom or give them more options. Feedback related to changes in the robot were similar in both conditions, mostly to tone down the excitement, especially laughing. There were also a few reports of Gamma being hard to hear over the call or the voice getting interrupted.



Figure 6.7: Perception of Robot's Mood Before and After the Experiment

#### Participants' Audio Recordings

The conversations between the participants were coded in 10 different categories, 12 sessions were randomly selected to be coded. The categories are summarized in Table 6.3. Short term plans for teaching can happen in every step of the teaching and included letting the other participant know of the chosen rock or sentence or the immediate next action. Short term plans only happened in the adaptive condition as they were reactions to encouraging statements by the robot. However, in the adaptive condition, participants showed the habit of discussing short term plans after a few times of being encouraged to do so, even when the robot didn't use an encouraging statement. Despite the lack of robot encouragement in the baseline condition, there was still some planning and collaboration between the participants (in 5 out of 6 sessions). Some participants (2 sessions) in the baseline condition chose to discuss long term plans on how they will approach teaching before they start, for example, "You can teach first", "I think we should first teach all igneous rocks", or "We should describe all of them first and then compare". One dyad in the baseline condition asked before the study if they are allowed to talk to each other before they start so they can come up with a strategy. Long-term plans involved general statements, as opposed to short-term plans, which include the immediate action the user is intending to take. In the baseline condition, sometimes one participant would ask a question (e.g. "What rock did you pick") that would be similar to a short term plan, or a participant would suggest an action for the other (e.g. "You should teach Garbbro now") but these scenarios didn't present the same opportunity for discussion or collaboration as the robot's explicit encouragement did. In 2 instances in the adaptive condition, one participant's comment or question was ignored by the other participant, resulting in termination of all further communications. In 2 instances (in the baseline condition), one user dominated the conversation and made most of the teaching decisions. Three dyads in the adaptive condition showed curiosity about what if they teach something wrong or spell wrong. In 2 of the dyads that didn't create any conversation, all four participants struggled to learn how to work with the Curiosity Notebook but that wasn't enough for them to start talking to their group-mate. Generally, for the participants who had a hard time figuring out how to work with the Curiosity Notebook (3 instances, 1 in the adaptive condition) their experience was negatively affected and one participant of a dyad in the adaptive condition expressed signs of frustration during the experiment such saying "I hate this robot". It appears that students who communicated for longer (most of them in the adaptive condition) felt more comfortable sharing their opinions such as comments on Gamma ("It's such a cute robot"), comments on articles ("didn't know this about slate") and the experience with their group-mates. All but one of the dyads discussed when it came to ending the experiment.

#### 6.5.6 Q-Learning Results

As discussed in Chapter 4, the exploration rate of the algorithm was set to 0.5, this means that 50% of the time the robot would select a response according to the maximum value of the Q-table and the other 50% of the time, it would select a random response. In 12 of the 15 groups in the adaptive condition, on average, the adaptive choice performed better (led to better reward) in comparison to the random choice. However, the difference between the average reward resulting from the two types of choice was not significantly different. To further study the significance of the adaptive condition, the experiment should include an additional condition (besides adaptive and baseline) in which the robot randomly encourages the participants to collaborate. Additionally, the adaptive condition and the random condition could become more distinct if the robot is given more freedom in its behaviour, and has a bigger action repertoire. The action repertoire limitations are discussed in more detail in the next chapter (Chapter 7).

Category	Meaning	Example	
teaching plans - long term	Overall plans for how to proceed with	"I think we're not teaching enough sen-	
	the teaching	tences"	
teaching plans - short term	Discussions around the next action	"obsidian, I wanted to describe obsidian"	
Questions about Interface	How and why questions about the in-	"Oh is it my turn now?"	
	terface		
Discussion on articles	Discussing the information read in any	"It says Quartz can have different colours	
	of articles	depending on the beach location"	
Comments on Gamma	Comments about robot's behaviour	"why is he sneezing? bless you"	
Comments on teaching	Giving feedback on teaching action of	"I think he wanted a different sentence	
	their teammate after the action	from the one you selected"	
Unrelated	Comments that are not about the ex-	– didn't happen in any of the sessions –	
	periment or teaching		
Unanswered	Any of the above that goes unanswered	– no acknowledgement or answer from	
	by the other participant	their partner –	
Ending	Conversations around when to end the	"should we finish now?"	
	teaching session		

Table 6.3: Teaching Session Audio Coding

## 6.6 Summary

We ran a user study (n = 68), where a pair of participants work together to teach a humanoid robot about rocks and minerals. The experiment was between subjects consisted of two conditions. In the adaptive condition, the robot uses reinforcement learning to maximise interaction between the students. In the baseline (control) condition the robot does not encourage group/social engagement. The studies were conducted online and on a Zoom call, with two participants, the humanoid robot Gamma, and the researcher.

The results of our user study confirmed our first hypothesis (H1), robot encouraging teamwork increased team communication. The results also show the potential for an adaptive encouraging robot to create more balanced participation between the group members however we can't confirm (H3) as the result is not statistically significant. The results were aligned with (H2a) as the participants in adaptive condition clicked on more articles, and thought more to the robot. The results, however, were not consistent with (H2b) and (H2c), as there was no significant difference in enjoyment and learning gain between the participants in the two conditions.

The participants in the adaptive condition also perceived the robot as more excited and reported feeling less tense after the experiment. They also recognized the robot was encouraging of teamwork. The participants of both conditions reported similar levels of enjoyment from the experiment and considered the robot to be fair. The most common feedback for improvement of the system was related to making the interaction faster and give users more flexibility in how they go teaching the robot.

# Chapter 7

# Conclusions

The results of our user study showed that encouraging group engagement increased communication as well as participants' task engagement and exploration. The results also show the potential for an adaptive encouraging robot to create more balanced participation between the group members. However, we were not able to show any effect of increased communication on learning outcomes. When it comes to participants' perception, they noticed the encouragement by the robot to collaborate (no significant difference between conditions) and they perceived the interaction as more fair in the adaptive condition.

## 7.1 Limitations and Future Work

Our study has several limitations. First, participants' group engagement was only measured through their verbal communication and didn't include factors such as emotions and non-verbal behaviour that could be measured in an in-person study. The communication was also not categorized based on the subject of discussion to differentiate between on-task and off-task communication. Work by Sinha et. al. [63] defined social engagement in groups involving two concepts, the first one was group cohesion, and the understanding that the task was a shared activity, and the second was equitable participation. In their study, social group engagement was measured from videotapes and offline. Some behaviours were marked as positive socio-emotional, such as respectfulness, cohesiveness, responsiveness, and some as negative socio-emotional behaviour such as attempts to dominate or ignoring and excluding other group members which resulted in lower social engagement scores. Future systems equipped with online speech recognition, facial expression recognition or audiovisual emotion recognition could categorize the group conversations and user's emotions as positive or negative socio-emotional behaviour. Including other measures of engagement will improve the adaptive learning algorithm by providing it with more accuracy and feedback (reward).

Secondly, the robot's action repertoire could be expanded by including other forms of encouragement, for example, non-verbal behaviours such as eye contact, or other verbal and non-verbal behaviours such as back-channelling. Back-channeling includes active listening techniques such as a glimpse, using expressions such as "hmm" or Chameleon effect which is when one interaction partner mimics the other [69].' Supporting the participants' answers and ideas has also been shown to increase group cohesion which could increase engagement [64]. The reinforcement learning algorithm used for adaptation could also be improved by using a dynamic/decaying learning rate [86], discount rate [55] and exploration rate [23,78].

There is a lack of long-term studies when it comes to social robots in education, even though they are necessary to show the feasibility of integrating robots into everyday life [18]. Performing a long-term study will allow for more accurate measurements of the learning gain, fosters stronger social bonds and interactions, and studies show it is possible to maintain long-term engagement [7, 18, 46]. At the same time, one of the challenges of introducing robots in education is the novelty effect (the initial high response to new technology). This issue could be addressed with long-term studies, which successfully maintained interest and engagement over long-term interaction [73] and some of the longterm studies have shown promising result despite the drop in interest [11, 12].

The suitability of the system for the tested age-group also needs to be further validated. It is not yet clear if the systems that are appropriate for children can be used for adults and most of the research in social robots for education involves children [7]. The existing studies with adults use different approaches from studies with children, making it difficult to compare the performance of teachable robots between age-groups [73]. Additionally, as discussed in Chapter 6, the learning materials themselves could be changed to more appropriate levels for different age groups.

Additionally, due to Covid-19 restrictions, our study was performed remotely, introducing the possibility of delays and poor quality audio/video that could have affected the engagement negatively. The experience of the users could be improved by integrating strong video streaming services into the Curiosity Notebook, reducing the probability of the users missing out on the humanoid robot's actions and behaviours. The results might differ for an in-person study. The participants also couldn't get the full benefits of physical robots such as their capability to display more social behaviours during the interaction and additional learning gains from interacting with robots with a physical embodiment [7]. However, the remote study approach could be deployed more broadly in future studies, given the emergence of online learning platforms.

One possible direction for feature work that could improve the results and study the effects of adaptability separate from the effects of group engagement, is to include a third experimental condition, in which the robot encourages group engagement but does so randomly without considerations for the current group engagement levels. Further, the adaptive algorithm could be expanded to include other forms of rewards such as task engagement. In that case, the robot will learn the best encouragement techniques for group engagement that lead to the highest task engagement (such as user responsiveness, completion time).

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# APPENDICES

## Appendix A

## **Detailed User Study Results**

#### A.1 Demographics and Pre-study Survey Results

The results reported from surveys before the start of the teaching interaction are shown in this section. Figure A.1 shows the distribution of various degrees is similar between the participants of the adaptive and the baseline condition. Figure A.2 compares the participants' prior knowledge and exposure to rocks, robots and conversational agents (CA) and their interest in each. As previously discussed, the only statistically different measure is Figure A.2b. The participants' fluency in English, their familiarity with their co-participants and their desire to teach Gamma is presented in Figure A.3.

### A.2 Curiosity Notebook Engagement and Post-study Survey Results

The participants' perception of Gamma surveyed by Godspeed questionnaire is shown in Figure A.4, Figure A.5 and Figure A.6. The rest of the post-study survey measures such as how much they enjoyed working in a team, how much they enjoyed teaching, and their desire for participating in a similar study is demonstrated in Figure A.7 and Figure A.8. The score from both IMI and Motivation Questionnaire in the respective subclasses are shown in Figure A.9 and Figure A.10



Figure A.1: Highest Degree Completed or Currently Pursuing



Figure A.2: Interest and prior exposure to the topic, conversational agents and robots



(a) Starting Age of Speaking English as a Second Language



(b) Time Spent with coparticipant in classroom and in school





(c) Time Spent with co-participant outside of school

Figure A.3: English Fluency, Familiarity with Co-Participant and Desire to Teach Gamma



Figure A.4: Pre-study and Post-Study Godspeed Scores: Likeability



Figure A.5: Pre-study and Post-Study Godspeed Scores: Likeability and Perceived Intelligence



Figure A.6: Pre-study and Post-Study Godspeed Scores: Perceived Intelligence



Figure A.7: Perception, Enjoyment and Contribution



Figure A.8: Interest in Repeated Participation



Figure A.9: Intrinsic Motivation Inventory Results shown in 3 Subscales on 7 Point Scale Likert



Figure A.10: Intrinsic Motivation (IM), Extrinsic Motivation (EM) and Amotivation Questionnaire Result on 7 Point Scale Likert