

# The Lumberjack

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## Associated Students lose core-programs and student-wages

by Dakota Cox

The Associated Students Board finalized their proposed budget for the upcoming academic year, during the April 24 board meeting. The budget includes cutting the entire budgets of the Asian, Desi, Pacific Islander Center, the Eric Rofes Multicultural Queer Resource Center or ERC and the Women's Resource Center, among other programs.

Jeremiah Finley was elected the incoming AS President for the 2020-21 academic year. He wants to assure students they won't be losing their programs.

"The reality is that we want to support y'all so bad," Finley said. "That we're willing to go into our reserves almost \$100,000 to be able to still support in some type of way."

Budget Administrator of the Campus Center for Appropriate Technology Justin Hawkins was baffled by the budget decisions and spoke out during the meeting.

"It's just tragic, honestly, to see these massive cuts to the ERC and the Women's Resource Center," Hawkins said. "I'm a male body person, I identify that way, but that doesn't mean that I don't empathize and really appreciate the services that are provided."

Hawkins questioned the justification for the AS budget increase after having several thousand dollars of his own program cut.

"It's really troubling what I see going on," Hawkins said. "How does the budget increase \$14,000 and it's going directly to the AS government in-between these recommended budgets, and yet, all of us are getting cut."

Despite losing one of their three staff positions, the AS general operations budget has increased over \$15,000 for the upcoming academic-year. This comes as a result of general operations losing miscellaneous revenue, largely made up of compensation for the oversight of Instructionally Related Activities. Without the \$35,000 miscellaneous revenue provided for the 2019-20 year, the general operations budget requires additional funds to function.

As a result of budget reductions, AS was forced to downsize their office administrator

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## From hands-on to online

Professors' approach to transitioning to online schooling

by Jen Kelly

Science is supposed to work everywhere. Whether a student is in the classroom or at home, a pen will fall to the ground if dropped. But learning about why the pen falls can be more of a social endeavor than some ever thought, and the struggle to quickly move classes online may need work.

Physics Professor Ruth Saunders said the scramble to put classes online after the COVID-19 pandemic began left a lot to be desired. Although Saunders thinks online physics classes are doable, they are hurting her ability to teach and her students' ability to learn.

"What we're doing is definitely triage rather than perfect pedagogy," Saunders said. "There's just no comparison. It just can't compare to being in class and being with your classmates. Being able to ask questions right there."

The fact that students and professors are trying to adjust during the middle of a pandemic isn't helping smooth out the transition.

"It almost feels like a cruelty sometimes to be loading on work onto them," Saunders said. "I know people are in really financially precarious situations or people have family members who are sick or suddenly they're taking care of kids and siblings."

Even though learning environments are becoming somewhat unstable, some professors are finding ways to do labs at home.

"I think a lot of people are being really creative with what they're doing," Saunders said. "People are getting people to do labs at home with making a pendulum in your house and stuff."

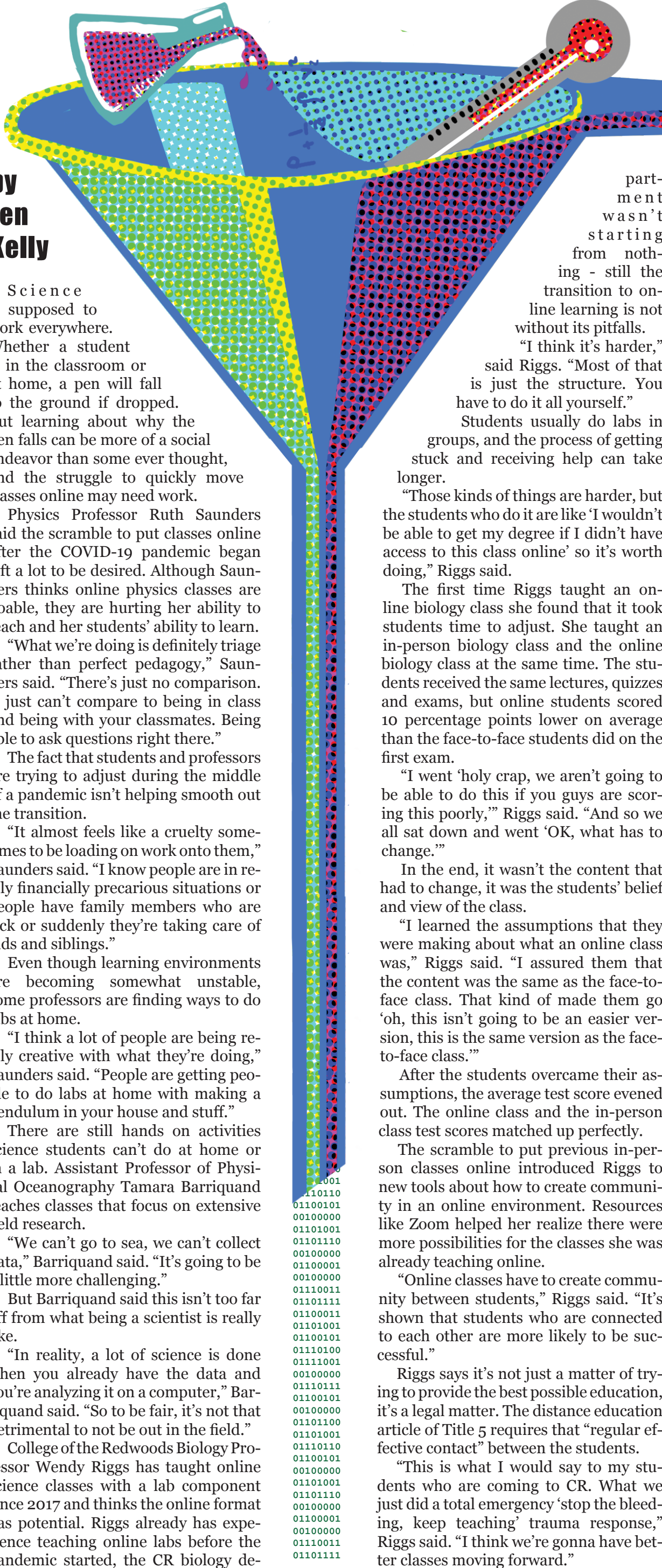
There are still hands on activities science students can't do at home or in a lab. Assistant Professor of Physical Oceanography Tamara Barriquand teaches classes that focus on extensive field research.

"We can't go to sea, we can't collect data," Barriquand said. "It's going to be a little more challenging."

But Barriquand said this isn't too far off from what being a scientist is really like.

"In reality, a lot of science is done when you already have the data and you're analyzing it on a computer," Barriquand said. "So to be fair, it's not that detrimental to not be out in the field."

College of the Redwoods Biology Professor Wendy Riggs has taught online science classes with a lab component since 2017 and thinks the online format has potential. Riggs already has experience teaching online labs before the pandemic started, the CR biology de-



partment wasn't starting from nothing - still the transition to online learning is not without its pitfalls.

"I think it's harder," said Riggs. "Most of that is just the structure. You have to do it all yourself."

Students usually do labs in groups, and the process of getting stuck and receiving help can take longer.

"Those kinds of things are harder, but the students who do it are like 'I wouldn't be able to get my degree if I didn't have access to this class online' so it's worth doing," Riggs said.

The first time Riggs taught an online biology class she found that it took students time to adjust. She taught an in-person biology class and the online biology class at the same time. The students received the same lectures, quizzes and exams, but online students scored 10 percentage points lower on average than the face-to-face students did on the first exam.

"I went 'holy crap, we aren't going to be able to do this if you guys are scoring this poorly,'" Riggs said. "And so we all sat down and went 'OK, what has to change.'"

In the end, it wasn't the content that had to change, it was the students' belief and view of the class.

"I learned the assumptions that they were making about what an online class was," Riggs said. "I assured them that the content was the same as the face-to-face class. That kind of made them go 'oh, this isn't going to be an easier version, this is the same version as the face-to-face class.'"

After the students overcame their assumptions, the average test score evened out. The online class and the in-person class test scores matched up perfectly.

The scramble to put previous in-person classes online introduced Riggs to new tools about how to create community in an online environment. Resources like Zoom helped her realize there were more possibilities for the classes she was already teaching online.

"Online classes have to create community between students," Riggs said. "It's shown that students who are connected to each other are more likely to be successful."

Riggs says it's not just a matter of trying to provide the best possible education, it's a legal matter. The distance education article of Title 5 requires that "regular effective contact" between the students.

"This is what I would say to my students who are coming to CR. What we just did a total emergency 'stop the bleeding, keep teaching' trauma response," Riggs said. "I think we're gonna have better classes moving forward."

## COVID-19 cancels fall 2020 face-to-face instruction

by Grace Caswell

Face-to-face instruction for Humboldt State's fall 2020 semester has been canceled due to COVID-19. California State University Chancellor Timothy White announced Tues. May 12 that instruction will primarily be offered online. A virtual plan is expected to be implemented into the entire CSU system as the possibility of a second COVID-19 wave of cases is predicted.

Academics that can not make the direct translation to an online format, such as artistry and laboratory classes, will be conducted through a hybrid approach which limits in-person contact as much as possible and continues to emphasize online instruction.

HSU, along with other CSU systems, are subjected to differing class standards based on the level of necessity placed behind face-to-face instruction. The fall semester is projected to primarily remain online, however, updates and further information will be announced later in the week.

## COVID-19 Cancels Spring Sports - No Sports to be Seen

by Thomas Lal

Humboldt State's Fall 2020 athletics season has been officially suspended. Following CSU Chancellor Timothy White's announcement on Tues. May 12, the California Collegiate Athletic Association formally made the decision to not hold sporting events for the upcoming fall season. The conference cited concerns for students, coaches, staff and communities wellbeing in the face of COVID-19 in their announcement. The suspended season will directly affect soccer, volleyball and cross country seasons for Humboldt State.

According to the conference's statement, options for holding championships that can accommodate fall athletes in the future are being looked into.

Cross Country runner and Co-President of the Student Athlete Advisory Committee Elliott Portillo heard the news and expressed his feelings on his initial reaction to the announcement.

"This coming as it is, is just really a big punch in the gut," Portillo said. "I understand the reasoning behind it, but that doesn't mean I'm happy with it. And it's hard too because there's so much uncertainty right now with everything. No one knows when everything is really going to be opened back up again."

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**Staff Recipe: Oh no, I bought too many bananas**

A recipe for when you have too many bananas and don't know what to do with them



Photo by Sophia Escudero

by Sophia Escudero

**Ingredients:**

- 4-6 very ripe bananas, mashed
- 2 cups sugar
- 2 eggs
- 1/2 cup vegetable oil
- 3 cups flour
- 2 tablespoons baking soda
- 2 tablespoons salt
- walnuts or chocolate chips, to personal preference (optional)

**Directions:**

1. Preheat the oven to 350 degrees and grease two loaf pans.

2. In a large bowl, combine bananas, sugar, eggs and oil. It will look lumpy, and that's OK. There's bananas in there—there's only so much you can do.

3. In a separate bowl, combine flour and baking soda. Fold into the banana mixture and combine until no dry ingredients remain.

4. Add salt and any additional, optional mix-ins, and combine thoroughly.

5. Bake for an hour or until a toothpick inserted into the bread comes out mostly clean.

With no further ado, here's the "Oh No, I Bought Too Many Bananas—Banana Bread" recipe (this yields 2 loaves):

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# Humboldt State Associated Students elects new student board

## Newly elected Associated Student board prepares from the 2020-21 school year

by Dakota Cox

Former Associated Students, Student Affairs Vice President and AS Legislative Vice President Jeremiah Finley will be returning to Humboldt State University next year as the President of AS.

“We’re here to deliver some genuine change,” Finley said. “We’re in a place where we haven’t been before. But I’m optimistic and we should all be optimistic about the direction we’re about to head in.”

Over the summer Finley will be focusing on creating guidelines for allocation processes and beginning to tackle the four-point approach he campaigned on.

“It’s gonna take more than just one person to advocate that something happens,” Finley said. “My leadership style is not centralized. I’m very much a person who’s gonna take input from everybody.”

Finley acknowledges there are students on campus that didn’t vote for him, and not without reason.

“Ultimately, I know that 258 students voted for the run-



Photo by Dakota Cox

An Associated Students sign urges students to join the AS board May 5.

ner-up. With that being said, I know 258 students still believe that those points that that candidate brought up were valid, so we want to recognize that.”

Unique to this year, the new AS board will be meeting several times through out the summer, to get a much needed head start.

“I think that the work needs to be done,” Finley said. “That way when we move into the actual academic year, we’re able to hit the ground running.”

AS Representative for the College of Art, Humanities and Social Sciences for the 2019-2020 academic year, Montel

Floyd will be returning to the AS board next year to serve as an At-Large Representative. He chose to shift roles to gain access to the entire student body.

“This platform allows me to be a voice for all students,” Floyd said. “I don’t take that for granted.”

Malluli Cuellar, Social Justice Equity Officer for AS 2019-2020, is also moving into a new role as the Legislative Vice President-Elect. Cuellar chose to run for the new position largely due to her interest in chairing the Board of Directors.

“I hope to foster an inclusive and welcoming environment at each Board of Directors meeting,” Cuellar said. “While also making sure that Associated Students is running as best as it can internally, and that our codes and bylaws are setting up Associated Students to be the best it can be.”

Floyd intends to spend his next year with the board focusing on breaking down communication barriers between students and administration and ensuring student safety.

“I love advocating for students,” Floyd said. “Listening to their concerns and finding ways to solve the concerns as a collective is what I do best.”

Cuellar believes in the power of student advocacy and students’ collective ability to promote institutional change on campus.

“The student advocacy that occurs within Associated Students is what inspired me to run for elected office for the very first time,” Cuellar said. “And it is what has kept me involved with Associated Students.”

One of Cuellar’s goals for

the coming year is to build and foster an environment that is inclusive and provide a safe space for collaborative thinking and change.

“I want to push for Associated Students to continue to actively uplift the student voice and encourage our students to become involved in the governance of our campus by joining committees or writing resolutions.”

With only seven students elected to the AS board for 2020-21, there are still plenty of positions open for students interested in joining. Incoming AS President Finley advocates that all students take the opportunity to share their voice.

“I would recommend everybody to do it,” Finley said. “It’s empowering. You get the chance to show who you are and put your twist and your spin on what advocacy is and what it should look like, and you end up creating some really creative solutions to old problems.”

# KRFH works to survive COVID-19 pandemic shutdown

## The student-run radio programs remain on air

by Dakota Cox

Despite in-person instruction coming to a halt in the wake of COVID-19, student-run radio shows are still an option for KRFH students. For students not interested in going to great lengths to produce a weekly show, there is an alternative.

When Humboldt State University first transitioned to online instruction following spring-break, KRFH students were given the option to continue doing shows, as long as they comply with strict CDC regulations. This includes leaving three-hour gaps between shows, having only one student in the booth at a time and wiping down everything inside the booth before and after shows.

The new protocol lasted less than two full weeks before students were no longer allowed back in the booth. Instead, they were given the option to pre-record shows.

Ayrton Flaherty has a show with Debate Team coach, Aaron Donaldson, called “Debate and the News.” It was the first show at HSU to utilize Zoom while broadcasting live over the air-waves having Donaldson contribute from the safety of his home and Flaherty sit

in the booth for their final live shows of the semester.

“It’s hard to do radio if you’re not in the station,” Flaherty said. “I guess cause we do a talk show, we’re able to get away with that. Because, rather than having music and occasionally talking, it’s talking and occasionally having music for us.”

Flaherty has found pre-recorded shows to be far more forgiving, with options to edit and re-take segments. However, they have created hours of post-production time that wouldn’t exist with live shows, in addition to hours they spend on pre-production. But, both Flaherty and Donaldson believe their show is worth the effort.

“This education is as important as ever,” Donaldson said. “The resources, as always, are very vulnerable and threatened, and students should get involved if they think it’s important.”

Shelley Magallanes hosts multiple shows on KRFH and they completely agree with Donaldson. Magallanes only intends to attend the class if it’s offered in-person next semester, although, they still might sign up if the program is in danger.

“I think all the DJs feel a little bit of a responsibility to stay involved, because otherwise there’s the chance that KRFH could get shut down if people aren’t showing interest,” Magallanes said.

They don’t think the course should be offered next semester if students can’t meet in person, unless that would put the future of the program in jeopardy.

“If we’re just doing it the way we’re doing it right now,” Magallanes said. “Then the main reason to hold onto the class is just to ensure that later semesters, it still gets put on.”

Anwaar-Khabir Muhammad is in his first semester with the radio and based on his experience, he doesn’t think the course should be offered next semester unless classes resume in-person and on campus.

“The radio station in and of itself is the learning experience,” Muhammad said. “I understand trying to maintain a sense of familiarity, but if that maintenance comes at the expense of the student’s overall learning experience, don’t do it!”

Alice Peterson won best show at KRFH last year with her program, “Ear Hugs.” The



Photo by Dakota Cox

Students from the TALX program, in the KRFH booth on Feb. 16.

program mixes lighthearted discussion with relaxing tunes.

“Sending out your part and being a storyteller and providing that comfort and that service,” Peterson said. “It just makes you feel good.”

Since live shows have been taken away, Peterson forgets to attend her Zoom classes and turn in her alternative assignments, which are a five-minute weekly update that are aired on KRFH of students describing how they are navigating their lives through these stressful times.

“I kept forgetting to do my

recording,” Peterson said. “Which was weird for me, because with the radio shows I never missed a show.”

As a result of missing classes, Peterson was unaware of the option to produce pre-recorded shows. As a senior without a graduation, she takes solace in the fact that she can at least put on a final show.

With administration still waiting to make an official decision about how classes will be conducted next semester, the future of KRFH remains uncertain and at risk.

# BUDGET

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position. This sharp deadline made it impossible for AS to administer payroll for the upcoming year and as a result student-wages have been removed from AS and most of its funded-programs. Executive Director of AS, Jenessa Lund, said the current system isn’t working.

“Even with three employees,” Lund said. “When we have eight programs spread across campus, the oversight is impossible. It’s a huge liability!”

In order to compensate students for their time, AS has come up with several loopholes to get around the extra paper-

work that comes with administering official wages. These include paid-internships and stipends for students, both of which have been allocated specific funds in the final budget.

These allocations include a \$15,000 committee compensation package that increased the AS government budget. The package is specifically set aside for non-AS board members that are involved in AS committees.

“The optics on the final number of \$111,000 looks bad,” Lund said. “But if you really look at what’s inside of it, it’s support to the students.”

The finalized proposal includes a significant increase to the clubs’ budget, with money that can be used for student-stipends and internships. Programs that didn’t receive

any funding from AS have the option to transition their organization into a club and can apply for funding through AS and the clubs’ office. Programs that weren’t given a budget for the upcoming year have also been allocated specific funds.

Queer Coordinator for the MultiCultural Center, Alexia Siebuhr voiced her concerns about access to AS grants distributed through clubs, at a board meeting on May 8. Siebuhr pointed out a white supremacist club on campus, who promotes hateful behavior towards groups denied an AS budget, is competition for club funding.

“I don’t think that all of the clubs should have an equal opportunity for that funding,” Siebuhr said. “They have the equal opportunity to apply for

those grants. That just rubs me a little bit the wrong way.”

President-Elect Finley addressed Siebuhr’s concerns, explaining the reasoning behind the allocation.

“Every fee-paying student has to be able to have access to these funds,” Finley said. “If we do not allow them to have access to these funds, then we are doing a dis-service to our students.”

Programs with a department and a state employee overseeing paperwork are the only ones able to maintain regular wages because their payroll doesn’t go through AS. For programs that didn’t receive a budget from AS, finding a department to adopt them and re-applying for funding is currently their only option.

AS is already in discussion

with the Student Access Gallery, the Waste-Reduction and Resource Awareness Program, the Campus Center for Appropriate Technology and several departments about the possibility of adoption. Executive Director Lund believes this will be the most beneficial direction for the programs, moving into next year.

“We didn’t have enough time to do that for every program,” Lund said. “That would’ve been ideal.”

AS is prepared for the possibility of refunding fee-paying students for potentially cancelled events and other unspent student-fee funds. Ultimately, if they aren’t providing the services outlined by student-fees, they shouldn’t be charging them.



## ALBUM REVIEW

## Drake, the genre-hopping superstar, does it again

*Drake drops surprise project with a side of controversy, "Dark Lane Demo Tapes"*

by Dakota Cox

Nearly two years following the release of his last commercial project, "Scorpion," Drake is back with more music than ever. Surprising fans April 30, Drake hopped on Instagram to announce his upcoming sixth studio album, set to be released this summer. He also announced a new mixtape, "Dark Lane Demo Tapes," that dropped hours after.

Ashton Pomrehn is a Humboldt State University alumnus from the psychology department. His thoughts on Drake have dramatically changed over the course of Drake's decade and a half long career.

"I love Drake," Pomrehn said. "I tried to hate on Drake early in his career but he's put so much good music out that I'm excited for anything he puts out."

Kathleen Madrid is an environmental resources engineering major at HSU. She's not the biggest Drake fan but she is heavily invested in the hip-hop genre and enjoys watching it evolve.

"I will say that I think he has been really influential," Madrid said. "Drake really brought a different topic of discussion to hip-hop. Males are not traditionally encouraged to express their feelings and I think Drake gave young men that voice."

Despite his undeniable contribution to the industry, Drake has received heavy criticism in the past over cultural appropriation of different regions' music, beginning with his 2016 single "One Dance." Despite featuring one of the genre's prominent artists, Wiz-Kid, Drake's 10-minutes with afrobeats were seen by fans of the genre as a Hollywood ac-



Drake Continues to explore new genres on his seventh mixtape, "Dark Lane Demo Tapes." A full-length studio album is on its way, this summer.

Photo courtesy Republic Records

tor taking the Broadway stage. The song was also a blend of Jamaican dancehall music – a style that Drake sprinkled throughout "Views" and his "More Life" playlist, without ever featuring an artist from the genre. Drake continued to catch flack for appropriation of UK Grime on "More Life," however, the project features several guests from across the pond.

Drake set the tone for a possible new release in late Dec. 2019, with the track, "War," taking the sound of the United Kingdom's take on drill music and running with it. Similarly, on the song "Demons," Drake hops on a New York drill beat, this time providing guest spots for the artists that popularized the genre. Howev-

er, the missing presence of the recently-deceased leader of the movement, Pop Smoke, is heavily felt on the track.

Madrid acknowledges that Drake is in a tough position, but it's ultimately his own decisions that repeatedly put him there.

"Cultural appropriation is a muddy concept," Madrid said. "There is a fine line between appropriation and appreciation. Paying homage or showing love may be necessary, but I think it's more important to educate yourself before you participate in another culture's genre."

In this new release, Drake pays his respects to some of the most prominent cities in modern hip-hop on "Dark Lane Demo Tapes," with

tracks like "From Florida With Love" and "Chicago Freestyle." The later track was originally paired with the song "When To Say When" and released on Leap Day earlier this year as a music video. "When To Say When" samples one of Jay-Z's most-famous tracks, "Song Cry," and some of the footage from the video was shot outside the Marcy Projects where Jay-Z grew up.

Despite mixtapes almost always receiving significantly less care and budget than studio albums, when it comes to top-tier artists like Drake, fans still expect top-tier material. With features from Future, Young Thug and Chris Brown on the track list, fans will be let down to find out Young Thug only receives half a placement

on the chorus of "D4L." Chris Brown only provides a handful of background vocals on "Not You Too" and of Future's two verses on the project, his better performance is significantly shorter. Despite consistently creating a dominant presence on songs where he is featured as the guest, including "Life Is Good," "No Guidance" and "Going Bad," Drake has proven unwilling to provide artists with a fraction of space on his own records.

With an entire album on the horizon, a number one record with "Toosie Slide" and a classic track with "Losses," Drake fans have nothing to complain about – drill fans, however, are a whole other story.

## Humboldt State students advocate for a student hub

*AS student leaders wish to transform Nelson Hall into student hub*

by Sarah Blunt

Clubs and funded programs are currently spread out across campus, with no connections to each other and a lack of space. Two Associated Student leaders took it upon themselves to do something about that.

Lizbeth Cano-Sanchez, a second year student studying business administration with a finance concentration, and Breannah Rueda, a fourth year political science major, decided to take action.

As the Administrative Vice President of AS, Cano-Sanchez was in charge of the funded programs committee in the fall. After learning that the committee was for identifying and suggesting structural changes to elevate each program, she brought it back to life. Cano-Sanchez and Rueda went around campus to see all of the clubs and how they were doing in the spaces they had. After checking out the Multi Cultural Center and Warren house, where most funded programs on campus are, they realized the immediate need for change.

After pitching the idea for a designated area specifically for funded programs and clubs on campus, they were told that the idea has been brought up almost every year.

During the fall semester they worked to get the ball rolling on finding funded programs across campus a new home. As the conversation began, Cano-Sanchez was elected AS president, meaning she was no longer in charge of the committee. That didn't stop her from continuing to push for the funded programs.

"I think for students, having a space and having somewhere you know is yours and you feel 100% comfortable with is the most important thing," Rueda said.

Rueda met with administration to discuss cost, cutting back on wages, serving students better and finding a place for them. Afterwards, a group was put together to start planning the logistics. A meeting was scheduled for Friday before spring break but due to COVID-19, they had to push it back. Early April, Cano-Sanchez and Rueda met with stakeholders to discuss the different possibilities of space for programs and clubs. After realizing they couldn't take over the East wing of Nelson Hall, the idea of moving the student store and utilizing that area was pitched. The idea was immediately shut down by facilities which caused the discussion to shift towards taking over the first floor of Nelson Hall West.



Nelson Hall, as it currently stands un-occupied, on May 6.

Photo by Dakota Cox

Having the first floor of Nelson Hall West would mean eight rooms for funded programs, the Goodwin forum and another big room. The goal of this hub for Cano-Sanchez and Rueda is to have a space where the sustainability programs and gender and sexuality programs could be in one space.

"We would see internship opportunities, professional development opportunities, boost our inclusivity within ourselves, promote collaborations and further push our mission for sustainability," Cano-Sanchez said.

They're looking to turn it

into a space where students feel more comfortable reaching out to resources and a place for students to go after class, do homework and hang out.

"Clubs and programs will have a space now that their members and leaders can go," Rueda said. "Programs can have meetings and I think that for them this is just going to be a space with massive potential that can empower students and that's what the goal is."

Advocating for students is something that both Cano-Sanchez and Rueda value. Rueda is looking to go into pol-

itics in the future and advocate for a better world. Cano-Sanchez continues to advocate to help students feel more comfortable and get the resources they need.

"Advocacy is everywhere, in any part," Cano-Sanchez said. "I've seen it through music and rappers, and all of that. I've seen it through artists and you know it just wowed me. I was very surprised and I'm happy that this is where I'm at. Whether I move or do something else I think I'm always going to find myself advocating for something."



# Humboldt State geologists research fault lines

## Faults give clues to the history of the earth's crust and how it impacts our future

by Collin Slavey

Earthquakes are more than just shaking. Turns out the rumbling is sound vibrations from the massive snap caused by slipping, bending and breaking rock.

Deep below Earth's crust, a mantle of plastic-behaving rock bends and twists under immense pressure. Its mass is 67% of the Earth's mass. Its temperature ranges from 392 degrees Fahrenheit at the upper boundary of the crust to an incendiary 7,230 degrees Fahrenheit at the core-mantle boundary. Sometimes the overlying, thin 50 to 20 kilometer thick crust cracks.

"The earthquake is the sound waves moving through the rock, elastic waves propagating through it," said Dr. Mark Hemphill-Haley, a Humboldt State University neotectonics professor and the co-chair of the geology department. "People who have seen

the ground moving are seeing the surface waves of rock bending back and forth."

According to Hemphill-Haley, imagining the scale of the mantle is challenging both in size and as a metric of time. Some people have compared the movement in the mantle to lava lamps or boiling water, a force called convection, where hot liquid bubbles up through cooler liquid, but Hemphill-Haley said that can be misleading.

"We've had these old models of the mantle convecting but it's probably less like that— we're talking about solid rocks," Hemphill-Haley said. "They're solid but they are plastic too. Tectonic plates, which consist of the crust and the upper mantle are in motion and can move faster than four to five centimeters per year. Mantle convection is likely a more slow process than that."

Giragos Derderian, a fourth year geology student, explained the nuance between

elastic, plastic and brittle rock. Generally, a rock seems solid but if enough force is applied, the rock can change shape. Derderian said the change in a rock is called deformation.

"Plastic deformation is when structures change shape due to a force and the rock stays deformed when the force dissipates," Derderian said. "After elastic deformation, the rock returns to its original shape when the force is removed."

Brittle deformation, Hemphill-Haley said, is when forces are so great, the stress exceeds the rock's elastic limit and snaps it, like a pencil bent too far. An earthquake is when massive bodies of rock experience so much force that they become brittle and break. Like the snap one hears when a pencil breaks, the sound vibrations from the snapping rock shake the ground all around the breaking point, quaking

the earth.

The earth's crust is made up of massive plates that fit together like an ill-constructed puzzle with some plates pushed too hard into each other and some plates pulling away from each other. Force builds up where these plates meet and can deform each other in elastic, plastic and brittle ways.

Hemphill-Haley said the big thing that causes plate motion is the weight of oceanic plates. In this example, oceanic plates have converged with continental plates. The denser oceanic plates are diving below the less dense oceanic or continental plate.

These convergent plates cause a few things to happen on the surface. The leading edge of the less dense plate can crumple into massive mountain ranges like the Klamath Mountains. The oceanic plate descends deep into the mantle at submarine trenches referred

to as subduction zones like off our coast—the Cascadia subduction zone. Geologists research the effects of plate tectonics here on the northern California coast in a variety of ways.

Hemphill-Haley's colleague Dr. Melanie Michalak researches the Klamath Mountains in northern California and Oregon, and the Coast Range closer to HSU. In one research effort, she and her team trench the ground and look at rock layers that have been changed by faults. They seek material that can be used to estimate the age of the rock. Some of her research is also on recently active faults.

"As a geologist I care about all faults, the ancient ones, the active ones, I don't discriminate," Michalak said. "But people though, from a risk perspective, they're more concerned about which ones will cause an earthquake and damage their house."



Photo courtesy of Trevor McBroom



Photo courtesy of Trevor McBroom

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# Humboldt State alum plays professional basketball abroad

## *Justin Everett continues his basketball career in the Republic of Georgia*

by Jazmin Pacheco

Justin Everett was on the Humboldt State University men's basketball team for five years. After graduating with a major in business marketing and a minor in economics, he decided to continue his athletic career as a professional athlete with the BC Cactus Tbilisi out of the Georgian Basketball League in the Republic of Georgia.

During the signing process, teams based in different countries were interested in Everett, but he didn't have a specific place in mind that he wanted to play for. He and his sports agent solely based their decision on which team would be the best fit for him to showcase what he can do and get more exposure.

"My goal was to get my feet in the door in a respected league, where I can perform and establish myself as a high level player to propel my career in years to come," Everett said.

Everett played a total of 15 games during his 2019-20 season with Cactus Tbilisi. He averaged a total of 13.8 points, 7.6 rebounds and 1.3 assists per game. On Dec. 7, 2019, Everett set his season high with 23 points and a season high of three assists in just 35 minutes against BC Titebi. He had a season high of 12 rebounds in 36 minutes against Dinamo Tbilisi on Dec. 22, 2019. Everett also recorded 5 double-doubles, scored in double figures 12 times in 15 games, and had 20 points or more in three games.

Due to COVID-19, his season was cut short. The transition of playing in Georgia to moving back to the States was a big change for Everett. He moved back in with his family,



Photo courtesy Justin Everett

who he hadn't lived with since he moved away for college. The hardest part has been not having the facilities he normally had. Everett hasn't been able to shoot a basketball since he got back to the States.

Everett was first inspired to play basketball when he was only two years old, but he didn't start playing at a competitive level until he was in the second grade. His role models growing up were Kobe Bryant and Shaquille O'Neal, as well as his father, who taught him how to play after he showed an interest.

"I was born in 1996, so Kobe had just gotten into the league," Everett said. "I grew up watching him and Shaq win all those rings in LA and my dad played college basketball so I kind of just got into it. Once I started working out and started playing, it just felt comfortable and I enjoyed it."

Everett was born in Glendale, CA but was raised in Clovis from third grade up until he graduated from Buchanan High School. He started taking his basketball career more serious the summer after his freshman year in high school.

"We put in a lot of work after my freshman year of high school," Everett said.

Looking back on his career as a professional athlete, Everett says he never imagined getting this far. Although he is very passionate about playing basketball and loves the game, he says he had a backup plan of going straight to the workforce if he didn't get any college offers after high school.

"Honestly, I didn't think I would make it to college basketball," Everett said. "I almost didn't make it to Humboldt State and then Steve Kinder ended up giving me an opportunity to go play basket-

ball over at Humboldt on a full ride scholarship."

Kinder was the head coach for HSU men's basketball and was there throughout the entirety of Everett's college basketball career. After Everett's sophomore season, he tore his ACL and redshirted the following year of 2016-2017, he went through the rehab process and fully recovered before playing again the last two years he had left at HSU.

During his last season, Everett led the Jacks with 15.6 average points per game and a 6.6 rebounding average. The 2018-19 All-California Collegiate Athletic Association First Team honoree shot 50% from the field and 76% from the charity stripe during his senior season.

Everett says he really enjoyed the years he played basketball at HSU and all the road trips he took with his team.

"Humboldt County, the Arcata area and just all the fans and the support was tremendous," Everett said. "They always packed the gym and they were loud every night we were in there. I enjoyed the process of it all."

He said the best part was getting to grow and evolve his game and play for a super league.

"I definitely want to try and play, five, ten, 12 years," Everett said. "See where it takes me and try to get to the highest league possible."

For those wishing to follow in Everett's footsteps, he recommends lifting weights, eating right, getting a routine going, stay disciplined and consistent. With that, he says the results will follow.

## Determined and dedicated: Eureka local paves the way to the NFL

### *NFL Green Bay Packers pick up Eureka standout in the 2020 Draft*

by Jasmine Younger

You're watching the 2020 NFL Draft. It's the sixth round and the Green Bay Packers are on their 29th pick. The Packers are about to make a life altering call to a player who will soon have the chance of playing alongside the quarterback legend, Aaron Rodgers. A familiar Humboldt County name flashes across the screen. Former local Eureka high school alumnus and University of Oregon center, Jake Hanson has just been drafted as the 208th overall pick for the Green Bay Packers for this upcoming 2020-21 season.

A key component of Hanson's journey began when he signed to play for the Oregon Ducks in 2015. During his four seasons playing with the Ducks, Hanson started almost every game. During his first three seasons, Hanson didn't allow a single sack with a total of 2,738 snaps. The starting center received a total of two honorable AP second team Pac-12 All Conference recognitions.



Photo courtesy Tyson Miller

Left to right: Jake Hanson and former high school teammate Tyson Miller.

Tyson Miller is a local MMA pro fighter, former high school teammate and good friend of Hanson's. Miller and Hanson initially met in kindergarten but it wasn't until the two went to a football camp together their freshman year when they really hit it off and started hanging out. Miller sees what many fans have noticed on social media since the draft. Hanson comes in at almost 6'5", 303 lbs, his size works to his advantage.

"First of all, his size," Miller said, "He was bigger than most of the other lineman on the field."

Size is not the only key feature that stands out about Hanson. Miller points to Hanson's effort on the field as a big upside.

"Jake is going to give it 100%," Miller said. "If somebody demanded more than 100%, he was more than willing to give more than 100% right back."

The dedication and game mentality that Hanson possesses is one that is truly admired by not only Miller, but by others as well. The ability to turn up the heat in a game is sets athletes apart from one another.

"[He is] going to be a professional athlete," Miller said, "He's going to be a professional football player."

Hanson is going to be a memorable name within the community and make an un-

forgettable mark for the Packers Nation.

In an article by Forbes, Packers General Manager Brian Gutekunst pointed out Hanson's work ethic and personality as a positive for the teams newly acquired offensive lineman.

"Just really a model of consistency and another culture guy," Gutekunst said. "The kind of guys that we like to bring into our offensive line room."

While the Packers have their seven year veteran center Corey Linsley under contract for another year, there is no doubt that Hanson will be Linsley's backup for this upcoming season. Hanson is going to be a great asset to the Packers. His strength, size and quick feet will play a pivotal role in his movement of helping block the defensive line. I am predicting that with time, after the team continues to work with him and his snap consistency, he will be their starting man.

If you're looking to watch some football and don't know what to do without Humboldt State's football program but still want that local spin, be sure to tune into some of the Green Bay Packers match ups. Remember to look for #67 on the field.



Athletics deals with a budget curveball: read the story on athletics' plans at [thelumberjack.org](http://thelumberjack.org)



## OPINION

# Our societal structure is slipping away into the abyss

*With the pressures of the pandemic mounting people are stuck with an impossible choice*

by Jen Kelly and Walker B. True

On Friday, May 1, around 100 people gathered in front of the Humboldt County Courthouse to demand the reopening of businesses deemed non-essential by the government. With signs like “Every Business Is Essential,” it is clear that the protesters are not being properly supported during this time of crisis.

The government’s attempts to mitigate the spread of the virus have been controversial with over a million reported cases so far. Social distancing is the most effective measure we can take to prevent unnecessary deaths since the swab test is inaccurate and limited at the moment. Unfortunately, mandatory lockdowns and halts to employment in order to support social distancing efforts have left many without jobs and a way to earn a steady, livable wage.

Everyone has a wide range of debts, rents and other expenses to pay for during this time. If we want to prevent the spread of the virus we need to support disenfranchised workers, not force them back into unsafe working conditions. With 59% of Americans living paycheck to paycheck, for those keeping track at home, the percentage cuts for units is not reasonable to expect them to be able to handle all of their expenses with a one-time stimulus check of \$1,200. The writer of the book “Capital in

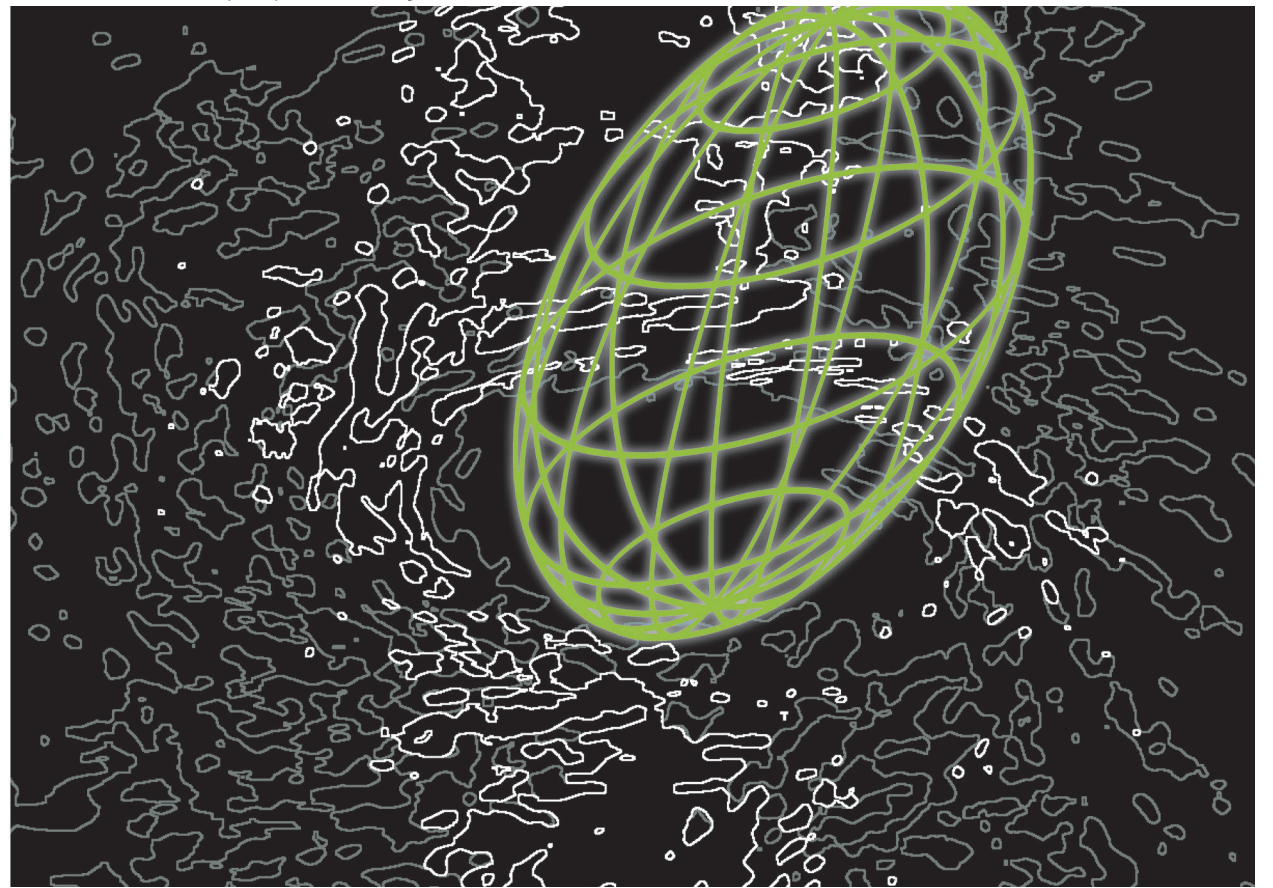
the Twenty-First Century” and economist Thomas Piketty believes that a pandemic like this holds the potential to change dominant narratives about how we should organize our society and build our economy.

“This crisis is really illustrating both the violence of inequality and also the need for another economic system,” said Piketty.

The Americans most impacted by the pandemic are going to be the poorest, most vulnerable members of our society. For as long as our country has existed, so has the divide in quality of life, poverty, and access to government assistance in times of crisis.

Due to our country’s reliance on employer-based healthcare, every company that is forced to lay off its workers in this necessary time of crisis is creating large swaths of vulnerable, uninsured people. The natural response is to want to go back to work and blame the government for taking away your insurance and employment so you can continue to provide for yourself and your loved ones. The only problem is that we have a virus on our hands, so one is forced to either ignore the dangers of returning to work or slowly drain themselves financially as the dues of existing in our society add up. This is not a fair choice nor a choice we should have to make.

This is our societal structure



Graphic by Grace Caswell

functioning as it was designed to. When healthcare is tied to employment and to wealth, we are nudged into believing our right to exist is tied to employment and to wealth. When certain marginalized groups are underemployed or possess less wealth, our system is tacitly stating that those groups are worthless.

We need a societal structure that values every life. That means universal healthcare, education, job guarantees, housing and access to technology. Without universal healthcare, there isn’t a solid system for distributing care during a pandemic, and the right to one’s own life is decided by socioeconomic status. With-

out job guarantees, people are set adrift during emergencies, not knowing if they will be able to get back to work after it’s all over. Without universal housing, a pandemic can leave many unsure if they will have a roof over their head in a month’s time. Without access to technology, some will lose education, jobs, communication with the outside world and entertainment to occupy the time.

But more than all these things, we need a structure that prioritizes us. If everything starts falling apart because of one pandemic, maybe it wasn’t the most stable structure to begin with. An economy that does better when its

workers die is like a car that goes up in value when it kills the passenger. The structure should exist to support you. This pandemic is exposing our economic structure for what it has always been. A burden that crushes the marginalized and the vulnerable. A \$1,200 check, a rent freeze and a free face mask are only small band-aids on a gushing head wound. Normal, everyday life is why everything is falling apart in the first place.

All we can do is build a system that protects every person within it and values life from the ground up. A system that lets numbers of people die will die along with them. It is a system bound to fail.

## OPINION

# Family, relationship and dealing with the pandemic

*The reality of “Going through it” during a pandemic*

by Alexis Parra

Being trapped in your house with your mind feels like the worst thing possible, but right now is the time to allow yourself to heal. It is more than okay to not be okay, all the time and even more so now. Although we wish this was just a vacation for us to sit around and do nothing, sometimes sitting around and doing nothing makes us feel out of control. It feels like we have lost whatever stability we had before.

We have been in quarantine for over a month now and things were not going too bad. Well, that’s what I thought until I was left alone with my mind and as a result, my anxiety started acting up. Since quarantine started I have gone back to Humboldt to pack up my stuff and move back to my hometown. I made a long-distance relationship plan with my partner only for us to break up less than a week later. I came back to a house where I do not have my own space since I share a room with my teenage sister. Everyone is always in everyone’s business. There’s just no privacy and rules to follow. Plus, dealing with family stuff has really taken a toll on half of the household.

Everything was happening all at once, I felt as if I wasn’t getting a chance to catch my breath. With the quarantine,



Illustration by Phoebe Hughes

it’s not like I could get out of the house or go out with my friends to talk things out or distract my mind. Not to mention, in Southern California you can only go outside for so long before the heat is suffocating you and you’re dripping in sweat. With all that being said, I would rather be dealing and healing with all of this right now, where I’m forced to sit in my home and deal with my thoughts.

I cried for three days straight after my breakup and still find myself tearing up from time-to-time, even as I write this. However after eating all the ice cream I wanted and receiving some tough love from my loved ones, I decided that my world was not going to end just because a relationship did. I will always be grateful for the love I had and for the good times.

As far as dealing with the

family drama, all I can really do is take myself out of it. I make some tea and go outside for as long as I can. My sister and I lock ourselves in our room. I FaceTime my friends at least once a day just to have contact with people that live outside the house. For a while, I let my family pull me into each of their own drama, when it really didn’t have anything to do with me since I just got here. I was taking on their issues as if they

were my own and they weren’t. Of course, I will always be there for my family, but I have my own things going on and my own healing to do. My responsibilities right now are my school work and taking care of myself. I mean we’re still in school even though it doesn’t feel like it. That degree is the only thing I have my eyes on right now.

If I was still going to work and face-to-face classes, I would have so many distractions that I would forget what was going on or I was feeling some type of way. This might be ideal for some people but in my experience if I do not deal with or acknowledge my feelings, it builds up. The end result is much worse than what would have happened if I just took the time to heal right then and there. Now, of course, I would love to go get drunk with friends and forget about real life for a second, but we can’t because of quarantine. However, when you’re not drunk or hungover anymore your problems will most likely still be there so you will have to deal with them eventually. This quarantine has allowed me to deal with everything at once which has been hard, but it is reassuring knowing that once we are allowed to roam freely, I’ll have my mental and emotional shit together.

Take the time to focus on your well-being. We will be let out again someday. Also, rest assured that you are not the only one. We would all rather not deal with our feelings alongside a pandemic, but it happens and that’s okay.



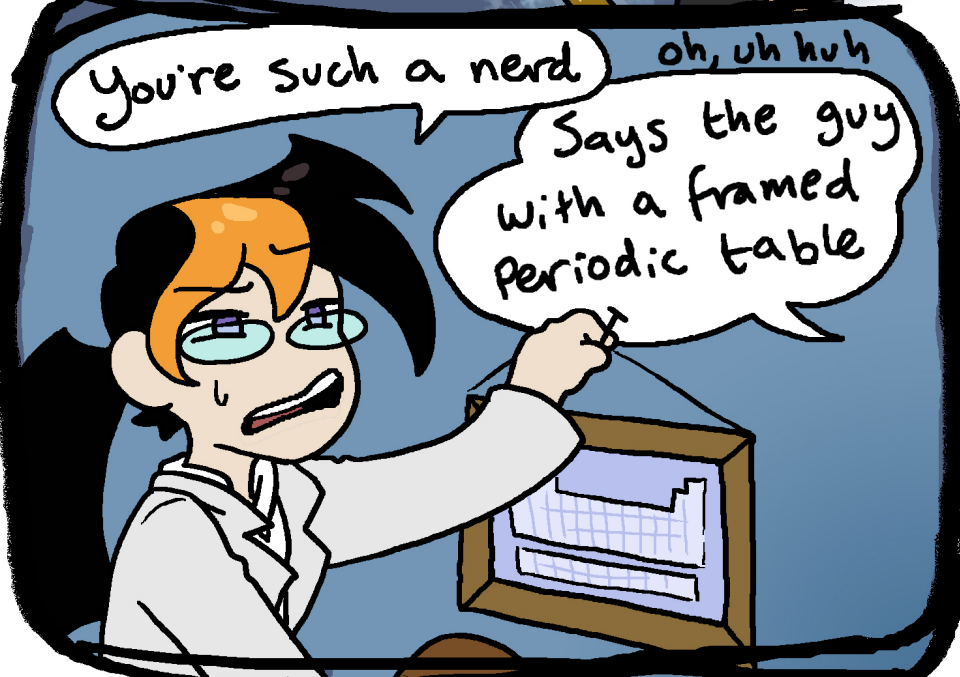
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