

**LEMBAR**  
**HASIL PENILAIAN SEJAWAT SEBIDANG ATAU PEER REVIEW**  
**KARYA ILMIAH : JURNAL ILMIAH INTERNASIONAL**

Judul Jurnal Ilmiah (Artikel) : *Insomnia Status of Middle School Students in Indonesia and Its Association with Playing Games before Sleep: Gender Difference*  
 Jumlah penulis : 1) Septian Arief Gandaputra 2) Imam Waluyo 3) Ferry Efendi 4) Jiun-Yi Wang  
 4 ( empat ) orang  
 Status Pengusul : Penulis Ke.3 dari 4 penulis..  
 Identitas Jurnal Ilmiah : a. Nama Jurnal : *Environ Res Public Health*  
 b. Nomor ISSN: 16617827, 16604601  
 c. Volume, Nomor, bulan, tahun : Vol.; 18(2): 691. Jan .2021  
 d. Penerbit : [MDPI Multidisciplinary Digital Publishing Institute](http://MDPI Multidisciplinary Digital Publishing Institute)  
 e. DOI artikel : doi: [10.3390/ijerph18020691](https://doi.org/10.3390/ijerph18020691)  
 f. Alamat web Jurnal :  
<https://europepmc.org/backend/ptpmcrender.fcgi?accid=PMC7831026&blobtype=pdf>  
 g. Terindek di Scimagojr/Thomson Reuter ISI Knowledge atau di : ...

Kategori Publikasi Jurnal Ilmiah :  Jurnal Ilmiah Internasional Bereputasi (SJR > 0,10)  
 Jurnal Ilmiah Internasional Bereputasi (SJR < 0,10)  
 (beri ✓ pada kategori yang tepat)  Jurnal Ilmiah International terindeks di Web of science clarivate analytics /  
 kelompok emerging sources citation indeks (tidak terindeks SJR)

Hasil Penilaian *Peer Review* :

Komponen Yang Dinilai	Nilai Maksimal Jurnal Ilmiah			Nilai Akhir yang Diperoleh
	Internasional Bereputasi (SJR > 0,10)	Internasional Bereputasi (SJR < 0,10)	Internasional (tidak terindeks SJR)	
	Nilai Maks: 40	Nilai Maks: 30	Nilai Maks: 20	
a. Kelengkapan unsur isi jurnal ilmiah (10%)	4	3	2	3,9
b. Ruang lingkup dan kedalaman pembahasan (30%)	12	9	6	11,7
c. Kecukupan dan kemutakhiran data/informasi dan metodologi (30%)	12	9	6	11,7
d. Kelengkapan unsur dan kualitas terbitan (30%)	12	9	6	11,7
<b>Total = (100%)</b>	<b>40</b>	<b>30</b>	<b>20</b>	<b>39</b>
<b>Nilai Pengusul =</b>				

Surabaya, 1  
 Review I  
 Reviewer, 1



Prof. H. Nursalam, M.Nurs (Hons)  
 NIP. 196612251989031004

Unit Kerja : Fakultas Keperawatan  
 Universitas Airlangga

Catatan Peer Reviewer :

1. Tentang Kelengkapan Unsur isi

kelengkapan artikel ini sangat baik, sesuai dengan kaidah ilmiah. (komponen artikel ini terdiri dari abstrak, pendahuluan, metode penelitian, hasil & pembahasan serta kesimpulan dan referensi).

2. Ruang lingkup dan kedalaman pembahasan

Ruang lingkup penelitian ini menganalisis mengenai status insomnia pada siswa setelah bermain game sebelum tidur yang berfokus pada perbedaan gender. Pembahasan mengenai karakteristik status insomnia pada laki-laki dan perempuan dituliskan dengan detail serta dibahas dengan ~~terstruktur dan baku~~ menggunakan referensi terbaru.

3. Kecukupan dan Kemutakhiran data / informasi dan metodologi

Analisis dalam penelitian ini dilakukan dengan analisis chi-square dan dilanjutkan dengan logistik regresi. Metode yang digunakan sudah tepat untuk menganalisis permasalahan penelitian serta menggunakan kuisioner terstruktur yang baku.

4. Kelengkapan unsur dan kualitas terbitan

Kualitas & kelengkapan unsur penerbit buku serta terindeks Latrobe International bereputasi Scopus Q2 SJR 0.7399 & h-index 92 yang disertai DOI pada setiap terbitan artikelnya. Diterbitkan oleh penerbit MDPI (Multidisciplinary Digital Publishing Institute). ~~Indeks~~ Index similarity melalui penerbit menunjukkan kemiripan 17%. Penerbit jurnal juga telah masuk dalam Beal's list.

Surabaya,  
Review 1



Prof. Dr. H. Nursalam, M.Nurs (Hons)  
NIP. 196612251989031004

Unit Kerja : Fakultas Keperawatan  
Universitas Airlangga



**LEMBAR**  
**HASIL PENILAIAN SEJAWAT SEBIDANG ATAU PEER REVIEW**  
**KARYA ILMIAH : JURNAL ILMIAH INTERNASIONAL**

Judul Jurnal Ilmiah (Artikel) : **Insomnia Status of Middle School Students in Indonesia and Its Association with Playing Games before Sleep: Gender Difference**

Jumlah penulis : 1) Septian Arief Gandaputra 2) Imam Waluyo 3) Ferry Efendi 4) Jiun-Yi Wang  
4 ( empat ) orang

Status Pengusul : Penulis Ke.3 dari 4 penulis..

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<https://europepmc.org/backend/ptpmcrender.fcgi?accid=PMC7831026&biobtype=pdf>  
g. Terindek di Scimagojr/Thomson Reuter ISI Knowledge atau di : ...

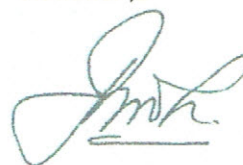
Kategori Publikasi Jurnal Ilmiah :  Jurnal Ilmiah Internasional Bereputasi (SJR > 0,10)  
 Jurnal Ilmiah Internasional Bereputasi (SJR < 0,10)

(beri ✓ pada kategori yang tepat)  Jurnal Ilmiah International terindeks di Web of science clarivate analytics / kelompok emerging sources citation indeks (tidak terindeks SJR)

Hasil Penilaian Peer Review :

Komponen Yang Dinilai	Nilai Maksimal Jurnal Ilmiah			Nilai Akhir yang Diperoleh
	Internasional Bereputasi (SJR > 0,10)	Internasional Bereputasi (SJR < 0,10)	Internasional (tidak terindek SJR)	
	Nilai Maks: 40	Nilai Maks: 30	Nilai Maks: 20	
a. Kelengkapan unsur isi jurnal ilmiah (10%)	4	3	2	3,8
b. Ruang lingkup dan kedalaman pembahasan (30%)	12	9	6	11,40
c. Kecukupan dan kemutahiran data/informasi dan metodologi (30%)	12	9	6	11,40
d. Kelengkapan unsur dan kualitas terbitan (30%)	12	9	6	11,40
<b>Total = (100%)</b>	<b>40</b>	<b>30</b>	<b>20</b>	<b>38</b>
<b>Nilai Pengusul =</b>				

Surabaya,  
Reviewer ,2



Dr.Tintin Sukartini, S.Kp., M.Kes  
NIP. 197212172000032001

Unit Kerja : Fakultas Keperawatan  
Universitas Airlangga

## Catatan Peer Reviewer :

## 1. Tentang Kelengkapan Unsur isi

Kelengkapan artikel ini sangat baik, sesuai dengan kaidah ilmiah. Artikel ini memiliki komponen yaitu abstrak, pendahuluan, metode penelitian, hasil dan pembahasan serta kesimpulan. Daftar referensi yang digunakan sudah memenuhi aspek-aspek relevansi, proporsionalitas dan kebaruan.

## 2. Ruang lingkup dan kedalaman pembahasan

Studi dari empat sekolah menengah di Indonesia ini menunjukkan bahwa bermain game online sebelum tidur merupakan faktor risiko terjadinya insomnia. Studi ini menarik dengan membahas perbedaan karakteristik demografi sipandang dan sisi jenis kelamin laki-laki dan perempuan.

## 3. Kecukupan dan Kemutakhiran data / informasi dan metodologi

Data yang digunakan dalam studi ini cukup mutakhir dengan merujuk pada konsep fenomena game online serta insomnia yang kerap terjadi pada remaja. Metodologi yang digunakan sudah sesuai dengan pertanyaan penelitian dengan melakukan studi cross-sectional pada empat sekolah menengah atas wilayah Jakarta.

## 4. Kelengkapan unsur dan kualitas terbitan

Artikel hasil penelitian ini dipublikasikan di jurnal internasional bereputasi Scopus Q2 dan menyertakan DOI pada setiap terbitan artikelnya. Penerbit adalah penerbit MDPI Multidisciplinary Digital Publishing Institute dan nilai SJR 0.739 dan tidak masuk dalam Beall's list. Index similarity melalui Turnitin menunjukkan kemiripan sebesar 17%.

Surabaya,  
Reviewer, 2



Dr. Tintin Sukartini, S.Kp., M.Kes.  
NIP. 197212172000032001

Unit Kerja : Fakultas Keperawatan  
Universitas Airlangga



**HASIL VALIDASI DAN PENILAIAN  
KARYA ILMIAH DOSEN UNIVERSITAS AIRLANGGA  
(MEDIA PUBLIKASI KARYA ILMIAH: JURNAL ILMIAH INTERNASIONAL)**

## A. Identitas Karya Ilmiah

Judul Jurnal Ilmiah (Artikel) : Insomnia Status of Middle School Students in Indonesia and Its Association with Playing Games before Sleep: Gender Difference

Jumlah penulis : 1) Septian Arief Gandaputra 2) Imam Waluyo 3) Ferry Efendi 4) Jiun-Yi Wang  
4 ( empat ) orang

Status Pengusul : Penulis Ke 3 dari 4 penulis

Identitas Jurnal Ilmiah : a. Nama Jurnal : Environ Res Public Health  
b. Nomor ISSN: 16617827, 16604601  
c. Volume, Nomor, bulan, tahun : 18(2): 691. Jan .2021  
d. Penerbit : MDPI Multidisciplinary Digital Publishing Institute  
e. DOI artikel : <http://dx.doi.org/10.20473/jn.v15i2.18996>  
f. Alamat web Jurnal :  
<https://europepmc.org/backend/ptpmcrender.fcgi?accid=PMC7831026&blobtype=pdf>  
g. Terindek di Scimagojr/Thomson Reuter ISI Knowledge atau di : ...

- B. Kategori Publikasi Jurnal Ilmiah :  Jurnal Ilmiah Internasional Bereputasi (SJR > 0,10)
- (beri ✓ pada kategori yang tepat) :  Jurnal Ilmiah Internasional Bereputasi (SJR < 0,10)
- Jurnal Ilmiah Internasional terindeks di Web of science clarivate analytics / kelompok emerging sources citation indeks (tidak terindeks SJR)

## C. Rekapitulasi hasil penilaian angka kredit

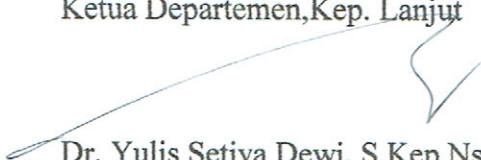
Komponen yang dinilai		Reviewer I	Reviewer II	Nilai Rata-rata
a.	Kelengkapan unsur isi Jurnal Ilmiah (10%)	3,9	3,8	3,85
b.	Ruang lingkup dan kedalaman pembahasan (30%)	11,7	11,40	11,55
c.	Kecukupan dan kemutakhiran data/informasi dan metodologi (30%)	11,7	11,40	11,55
d.	Kelengkapan unsur dan kualitas terbitan (30%)	11,7	11,40	11,55
<b>Total = (100%)</b>		<b>39</b>	<b>38</b>	<b>38,5</b>

## D. Hasil Validasi Ketua Departemen

Telah diperiksa dan divalidasi dengan baik, dan sampai pernyataan ini dibuat sebagai karya ilmiah **original / plagiat\***, sehingga kami turut bertanggung jawab bahwa karya ilmiah tersebut telah memenuhi syarat kaidah ilmiah, norma akademik, dan norma hukum, sesuai dengan Peraturan Menteri Pendidikan Nasional Nomor 17 Tahun 2010 tanggal 16 Agustus 2010 tentang Pencegahan dan Pananggulangan Plagiat di Perguruan Tinggi. Namun demikian, apabila di kemudian hari ternyata terbukti bahwa karya ilmiah tersebut merupakan karya Ilmiah Plagiat, maka akan menjadi tanggung jawab mutlak penulis tersebut di atas, baik secara perdata maupun pidana.

Demikian surat pernyataan ini saya buat untuk dipergunakan sebagaimana mestinya

Surabaya,  
Ketua Departemen, Kep. Lanjut

  
Dr. Yulis Setiya Dewi, S.Kep.Ns., M.Ng.  
NIP. 197507092005012001 Unit Kerja :

Unit Kerja : Fakultas Keperawatan  
Universitas Airlangga

# [IJERPH] Manuscript ID: ijerph-1053793 - Submission Received

External

Inbox



Editorial Office <ijerph@mdpi.com>

Fri, Dec 11,  
2020, 7:52  
PM

to Jiun-Yi, Septian, Imam, me

Dear Dr. Wang,

Thank you very much for uploading the following manuscript to the MDPI submission system. One of our editors will be in touch with you soon.

Journal name: International Journal of Environmental Research and Public Health

Manuscript ID: ijerph-1053793

Type of manuscript: Article

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra, Imam Waluyo, Ferry Efendi, Jiun-Yi Wang \*

Received: 11 December 2020

E-mails: [septian@binawan.ac.id](mailto:septian@binawan.ac.id), [scientist.com\\_antoniwa@mail.com](mailto:scientist.com_antoniwa@mail.com), [ferry-e@fkp.unair.ac.id](mailto:ferry-e@fkp.unair.ac.id), [jjwang@asia.edu.tw](mailto:jjwang@asia.edu.tw)

Submitted to section: Adolescents,

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The following points were confirmed during submission:

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If you have any questions, please do not hesitate to contact the IJERPH editorial office at [ijerph@mdpi.com](mailto:ijerph@mdpi.com)

Kind regards,

IJERPH Editorial Office  
St. Alban-Anlage 66, 4052 Basel, Switzerland  
E-Mail: [ijerph@mdpi.com](mailto:ijerph@mdpi.com)  
Tel. +41 61 683 77 34  
Fax: +41 61 302 89 18

\*\*\* This is an automatically generated email \*\*\*

**[IJERPH] Manuscript ID: ijerph-1053793 - Assistant Editor Assigned**

External  
Inbox



Pavle Janic <janic@mdpi.com>

Tue, Dec 15,  
2020, 1:19  
AM

to Jiun-Yi, Pavle, Septian, Imam, me, IJERPH

Dear Dr. Wang,

Your manuscript has been assigned to Pavle Janic for further processing who will act as a point of contact for any questions related to your paper.

Journal: International Journal of Environmental Research and Public Health

Manuscript ID: ijerph-1053793

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra , Imam Waluyo , Ferry Efendi , Jiun-Yi Wang

\*

Received: 11 December 2020

E-mails: [septian@binawan.ac.id](mailto:septian@binawan.ac.id), [scientist.com\\_antoniwa@mail.com](mailto:scientist.com_antoniwa@mail.com),  
[ferry-e@fkp.unair.ac.id](mailto:ferry-e@fkp.unair.ac.id), [jjwang@asia.edu.tw](mailto:jjwang@asia.edu.tw)

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Best regards,

Pavle Janic/MDPI

Assistant Editor, MDPI AG

E-Mail: [janic@mdpi.com](mailto:janic@mdpi.com)

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## [IJERPH] Manuscript ID: ijerph-1053793 - Major Revisions - Due Date 4 January

External

Inbox



IJERPH Editorial Office <ijerph@mdpi.com>

Fri, Dec 25,  
2020, 3:06  
PM

to Jiun-Yi, Septian, Imam, me, IJERPH

Dear Dr. Wang,

Thank you for submitting the following manuscript to IJERPH:

Manuscript ID: ijerph-1053793

Type of manuscript: Article

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra, Imam Waluyo, Ferry Efendi, Jiun-Yi Wang \*

Received: 11 December 2020

E-mails: [septian@binawan.ac.id](mailto:septian@binawan.ac.id), [scientist.com](mailto:scientist.com), [antoniwa@mail.com](mailto:antoniwa@mail.com),

[ferry-e@fkp.unair.ac.id](mailto:ferry-e@fkp.unair.ac.id), [jiwang@asia.edu.tw](mailto:jiwang@asia.edu.tw)

Submitted to section: Adolescents,

<https://www.mdpi.com/journal/ijerph/sections/adolescents>

It has been reviewed by experts in the field and we request that you make major revisions before it is processed further. Please find your manuscript and the review reports at the following link:

<https://susy.mdpi.com/user/manuscripts/resubmit/37cbe2246577afad527edf3a09de8d86>

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Meanwhile, please reconfirm your author list and the corresponding email addresses and affiliations. Authors' names and email addresses in the manuscript should be consistent with that in the system. If the manuscript is accepted for publication, we would not accept any further modification on these issues.

Please revise the manuscript according to the reviewers' comments and upload the revised file within 10 days (by 4 January). Use the version of your manuscript found at the above link for your revisions, as the editorial office may have made formatting changes to your original submission. Any revisions should be clearly highlighted, for example using the "Track Changes" function in Microsoft Word, so that changes are easily visible to the editors and reviewers. Please provide a cover letter to explain point-by-point the details of the revisions in the manuscript and your responses to the reviewers' comments. Please include in your rebuttal if you found it impossible to address certain comments. The revised version will be inspected by the editors and reviewers. Please detail the revisions that have been made, citing the line number and exact change, so that the editor can check the changes expeditiously. Simple statements like 'done' or 'revised as requested' will not be accepted unless the change is simply a typographical error.

Please carefully read the guidelines outlined in the 'Instructions for Authors' on the journal website <https://www.mdpi.com/journal/ijerph/instructions> and ensure that your manuscript resubmission adheres to these guidelines. In particular, please ensure that abbreviations have been defined in parentheses the first time they appear in the abstract, main text, and in figure or table captions; citations within the text are in the correct format; references at the end of the text are in the correct format; figures and/or tables are placed at appropriate positions within the text and are of suitable quality; tables are prepared in MS Word table format, not as images; and permission has been obtained and there are no copyright issues.

If the reviewers have suggested that your manuscript should undergo extensive English editing, please have the English in the manuscript thoroughly checked and edited for language and form.

Do not hesitate to contact us if you have any questions regarding the revision of your manuscript or if you need more time. We look forward to hearing from you soon.

Kind regards,  
Pavle Janic/MDPI  
Assistant Editor, MDPI AG

E-Mail: [janic@mdpi.com](mailto:janic@mdpi.com)

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Rev 1

Comments and Suggestions for Authors

The manuscript entitled "Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference" deals with a study, carried out in Indonesia, with students within a certain age range (13-17 years), gathered on 8 – 9<sup>th</sup> grade of school, and regarding the use of online games before sleep and what is its influence on the study group insomnia. Results show that males have more gaming hours, but females are more likely to suffer insomnia for playing these games. Therefore, the authors conclude to state two different solutions for reducing the gaming time depending on the gender.

My general comments:

- What is the reason of choosing the range of 13-17 years? A review of how young people acquires the gaming addiction in earlier years must be presented showing the level of increase/decrease of gaming hours according to the age. In my opinion, this would bring more strength to the reason of choosing the age range.
- 
- What is the difference between online and offline games? Do the adolescents play more or less with respect of this feature? Maybe there is a hidden solution regarding this characteristic.
- Results should displayed in a graphical manner in order to have a more visualized approach.
- Please mention the social status of the participating schools and how influences in the study.
- Line 35: What is the time period of the 34.9% increase?

Submission Date



11 December 2020

Date of this review

19 Dec 2020 02:05:00

Rev 2

## Comments and Suggestions for Authors

Reviewer comments on:

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference (MS ID: ijerph – 1053793)

First, I would like to thank the authors for their work in this important area of research. Technology use, including before bedtime, can have many negative outcomes. This paper conducted a survey on a non-random sample of 315 Indonesian youth to investigate the impact of online gaming on sleep quality while investigating any possible gender differences. Not surprisingly, males were found to play online games (50.3% vs. 21.7%) more than their female counterparts. What was surprising, however, was that the influence of nighttime game playing and sleep problems was only significant for females, not males. What follows are my comments on the paper.

1. The paper needs a careful editing for grammar. I have provided an example of such problems in a separate file from page 2 of the manuscript.
2. Theory as to why gender differences were expected should be explained in the Introduction of the paper.
3. The sample was non-random. Taking a random sample from a pool of possible respondents who were selected non-randomly does not make this a random sample.
4. Why did you choose one hour of game playing as the cut-off for game playing before sleep?
5. I suggest that you control for over-all smartphone use when investigating the impact of online gaming on sleep quality since females were found to use their phones more than males.
6. It would have been interesting to see which facets of sleep (e.g., duration, delayed onset, etc.) were most closely associated with online game playing before bedtime.
7. Why do you think there was no significant difference between male heavy nighttime gamers and those males who don't play or play less before bedtime?
8. My biggest concern with this manuscript is its incremental contribution to the literature. In Line 184 the authors state that it is well accepted that males play more online games than females. The same comment holds for the finding that game playing at night leads to lower sleep quality (lines 170-171).

In closing, I think the paper was interesting but did not add significantly to the current research on gaming and sleep quality among adolescents. I think the paper by Mei et al. cited below provides a nice summary of research on the topic of adolescent gaming and sleep quality. Good luck with your future research efforts.

Mei, X., Zhou, Q., Li, X. *et al.* Sleep problems in excessive technology use among adolescent: a systemic review and meta-analysis. *Sleep Science Practice* **2**, 9 (2018). <https://doi.org/10.1186/s41606-018-0028-9>.

Rev 3

This is straightforward and thoughtfully presented research about a significant public health concern: Insomnia traceable to online games. The division of the sample between male and female students makes sense. Indeed, the substantive differences between boys and girls and, even more, the lack of significance for boys' results reinforce the validity of this division.

Many studies of this sort reduce the complexity of independent variables by sorting a range of discrete or continuous values into as few as two bins. You follow this practice by dividing the smartphone use and sleep duration variables at 3 and 8 hours, respectively. Though this is common practice, I do wish that researchers give a little more thought before committing to it. You are effectively reducing a variable on an interval basis to a binary variable. Aside from the subjective Likert scale describing frequency of playing games before sleep, you now rely on a battery of dummy variables.

Perhaps some descriptive statistics showing us *why* you divided smartphone use at 3 hours and sleep at 8 would be helpful. Sleep at 8 hours has ample support in the underlying medical literature; smartphone use at 3 hours, perhaps less.

On the whole, this was sound and persuasive research. I appreciate the opportunity to have gotten to review it.

11 December 2020

Submission Date

21 Dec 2020 17:25:02

Date of this review

## [IJERPH] Manuscript ID: ijerph-1053793 - Manuscript Resubmitted

Inbox



**Submission System** <submission@mdpi.com>

Tue, Jan  
5, 11:10  
PM

to Jiun-Yi, Septian, Imam, me

Dear Dr. Wang,

Thank you very much for resubmitting the modified version of the following manuscript:

Manuscript ID: ijerph-1053793

Type of manuscript: Article

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra, Imam Waluyo, Ferry Efendi, Jiun-Yi Wang \*

Received: 11 December 2020

E-mails: [septian@binawan.ac.id](mailto:septian@binawan.ac.id), [scientist.com\\_antoniwa@mail.com](mailto:scientist.com_antoniwa@mail.com),  
[ferry-e@fkp.unair.ac.id](mailto:ferry-e@fkp.unair.ac.id), [jjwang@asia.edu.tw](mailto:jjwang@asia.edu.tw)

Submitted to section: Adolescents,

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A member of the editorial office will be in touch with you soon regarding progress of the manuscript.

Kind regards,

MDPI

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## [IJERPH] Manuscript ID: ijerph-1053793 - Revised Version Received

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IJERPH Editorial Office <[ijerph@mdpi.com](mailto:ijerph@mdpi.com)>

Tue, Jan  
5, 11:45  
PM

to Jiun-Yi, Septian, Imam, me, IJERPH

Dear Dr. Wang,



Thank you very much for providing the revised version of your paper:

Manuscript ID: ijerph-1053793

Type of manuscript: Article

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra, Imam Waluyo, Ferry Efendi, Jiun-Yi Wang \*

Received: 11 December 2020

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We will continue processing your paper and will keep you informed about the submission status.

Kind regards,

Pavle Janic/MDPI

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# [IJERPH] Manuscript ID: ijerph-1053793 - Accepted for Publication

Inbox



IJERPH Editorial Office <ijerph@mdpi.com>

Mon, Jan  
11, 10:42  
AM

to Jiun-Yi, Septian, Imam, me, IJERPH

Dear Dr. Wang,

We are pleased to inform you that the following paper has been officially accepted for publication:

Manuscript ID: ijerph-1053793

Type of manuscript: Article

Title: Insomnia status of middle school students in Indonesia and its association with playing games before sleep: gender difference

Authors: Septian Arief Gandaputra, Imam Waluyo, Ferry Efendi, Jiun-Yi Wang \*

Received: 11 December 2020

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We will now make the final preparations for publication, then return the manuscript to you for your approval.

If, however, extensive English edits are required to your manuscript, we will need to return the paper requesting improvements throughout.

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We also invite you to contribute to Encyclopedia (<https://encyclopedia.pub>), a scholarly platform providing accurate information about the latest research results. You can adapt parts of your paper to provide valuable reference

information for others in the field.

Kind regards,  
Ada Wang  
Assistant Editor  
Email: [ada.wang@mdpi.com](mailto:ada.wang@mdpi.com)

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