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# Characterization of Mutations Linked with Second Line Anti-TB Drug Resistance in Pakistan

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## Abstract

**B**ackground: The incidence of multiple drug resistance tuberculosis is on the rise worldwide and Pakistan is one of 30 high TB burden countries. Resistance to second line drugs especially fluoroquinolones is being reported by many laboratories. This is increasing the gravity of the situation resulting in extensively drug resistant cases, which is difficult to treat, and has more side effects.

**Methods:** One hundred and thirty-three (133) clinical isolates of *M. tuberculosis*, collected by convenience sampling, were characterized for mutations in *eth-A*, *gyrA*, *msh-A*, *rrs* genes, and the promoter region of *inh-A* gene that confer resistance to second line anti-TB drugs. The mutations were detected by allele-specific-PCR and PCR amplification followed by SSCP and DNA sequencing.

**Results:** Mutations in *gyrA* gene at codon 91, 94 and 95 were found in 4 (3.0%) *M. tuberculosis* isolates. Mutations in *rrs* gene were found in 17 (12.8%) isolates, ten (7.5%) isolates had mutation at A1401G position, 5 (3.76%) isolates at C1402T position and 3 (2.25%) isolates had G1484T mutation. For resistance to ethionamide, none of the isolates showed mutation in *eth-A* gene. In promoter region of *inh-A* gene, mutations were detected at -C15T, -A112G, -C110T in two samples. Two mutations, A312T and A332G, were found in *msh-A* gene in one sample. Collectively, 24 (18%) isolates were found to harbor mutations associated with second line anti TB drug resistance.

**Conclusion:** Our work revealed high frequency of mutations (18%) associated with resistance against second line anti-TB drugs. This situation can lead to increase in XDR-TB cases. We, therefore, recommend improved diagnostic and drug sensitivity testing, better prescription, and development of superior drugs to control tuberculosis.



## Introduction

Tuberculosis (TB) is an air born disease caused by *Mycobacterium tuberculosis* (*M. tuberculosis*). Mostly, it affects lungs (pulmonary TB) but other sites of the body could also get affected causing extrapulmonary TB. It is one of the top 10 causes of death worldwide with an estimated 10.0 million incident cases and 1.2 million deaths. According to World Health Organization report of 2020, drug resistant tuberculosis is continuously a public health threat and is obstacle to TB care and prevention. The incident of rifampicin-resistant TB (RR-TB) in 2019 is reported to be half a million people, of which 78% had multidrug resistant TB (MDR-TB) [1]. MDR-TB is defined as resistance to rifampicin (RIF) and isoniazid (INH) with or without resistance to the other first-line anti-TB drugs. On the other hand, incident of extensively drug resistant TB (XDR-TB) accounts 7.4% of MDR-TB globally [2]. XDR-TB is defined as MDR-TB with resistance to any fluoroquinolones and at least one of the second-line injectable – amikacin, capreomycin or kanamycin anti-TB drugs. The actual incidence may be higher than the reported cases because many low and lower middle-income countries do not have adequate capability to test for resistance to second-line drugs and thus to detect XDR-TB.

Pakistan ranks 5<sup>th</sup> among 8 “high TB burden” countries having two third of all estimated incident cases worldwide. According to National TB Control Program, 580,000 new cases of all forms of TB are reported annually with 50,000 deaths. Moreover, there are estimated 28,000 reported cases of MDR-TB where only 11% of them were diagnosed and treated [3]. These patients will receive second line anti-TB drug therapy including fluoroquinolones (FQ), a vital component of drug regimen for MDR cases. Treatment of MDR-TB is more challenging as it relies on prolonged use of second line anti-TB drugs while XDR-TB treatment is further hampered by use of more toxic, less effective and expensive anti-TB drugs including use of longer duration of injectable drugs. Recently, van der Heijden *et.al.*, [4] has reported an increase in FQ resistance in anti TB treatment-naive TB patients that lead to increased mortality.

Fluoroquinolones disrupt the function of *gyrA* and *gyrB* genes that consequently ceases bacterial growth. Mutations in these genes make these drugs ineffective against bacteria. The most commonly found missense mutations are at position 90, 91 and 94 in *gyrA* gene [5]. The second-line anti-TB drugs apart from FQ and streptomycin are aminoglycosides (capreomycin (CM), amikacin (AK), kanamycin (KM)) and ethionamide (ETA). Capreomycin is peptide in nature and inhibits protein synthesis by binding with 50S or 30S ribosomal RNA. Mutations in *rrs* gene and *tly-A* gene are associated with resistance against aminoglycosides. Ethionamide is a pro-drug which becomes active with the help of an enzyme, monooxygenase [6,7]. This enzyme is coded by the gene *eth-A* which is regulated by *eth-R* [8]. After activation, these drugs target the activity of *ndh-A*, *inh-A* and *msh-A* genes which are involved in the synthesis of bacterial cell wall.

Drug susceptibility in *M. tuberculosis* strains is conventionally based on culture in liquid or solid media. Though it adequately detects RIF or INH resistance but is less reliable and complicated for second line anti-TB drugs [9]. Moreover, many developing countries do not have the resources to establish the facility for drug susceptibility testing for second line anti-TB drugs. These growth-based methods require weeks to months and the patients resistant to these drugs remain contagious and may die before they are treated with right medicines. Further, these infected and uncured patients remain a potent source of transmission of drug resistant form of disease in the community. The advent of molecular biology techniques that do not require culturing these slow-growing pathogens are helpful in the management of M/XDR-TB.

We, hereby, report mutations associated with second line anti-TB drug resistance in *M. tuberculosis* isolates from Pakistan.

## Methods

### Sample Collection

In total, 133 *M. tuberculosis* isolates were collected by convenience sampling from TB patients belonging to different cities of Pakistan. Twenty-five culture isolates were collected from Armed Forces Institute of Pathology, seven from Mayo Hospital Lahore and six from TB hospital Faisalabad. DNA from ninety-five *M. tuberculosis* isolates was provided by Holy Family Hospital, Rawalpindi. Clinical specimens were cultured on Lowenstein Jenson (LJ) media. DNA extraction was performed using CTAB method [10].

### PCR Amplification

The primers were designed for the promoter region of *inh-A* gene and for the hot spot regions of *msh-A* and *eth-A* gene. The primers for the *gyrA* gene were retrieved from a previous study [11]. The primers for ASO-PCR of three most common mutations (A1401G, C1402T, G1484T) in *rrs* gene were also designed. Primers for all these targeted regions were synthesized based on NCBI reference sequence NC\_000962.3 of *M. tuberculosis* H37Rv. The PCR primer sequences, annealing temperatures and the size of the amplification products are listed in table 1. PCR products were analyzed by agarose gel electrophoresis.

### Single stranded conformational polymorphism (SSCP) analysis

PCR products of hotspot regions of *gyrA*, *mshA*, *inhA*, and *eth-A* genes were resolved on 7% polyacrylamide gel for single strand confirmation polymorphism (SSCP) analysis. The amplified hotspot regions of the isolates that showed mobility shift in SSCP analysis were sequenced commercially.

### Allele specific oligonucleotide (ASO) PCR analysis

For the detection of most common mutations (A1401G, C1402T, G1484T) in *rrs* gene, ASO-PCR analysis was done. ASO-PCR amplification products were resolved by agarose gel electrophoresis. The relative absence or presence of the amplification with corresponding primers

suggested presence of wild type or mutant allele. The PCR primer sequences, annealing temperature and the size of the amplification products are listed in table 1.

Primer	Type of Primer	Sequence (5' to 3')	Size of PCR product (bp)	Annealing temp (°C)
<i>GyrA</i>	Forward	cagctacatcgactatgcga	320	45
	Reverse	Atgaggtacaccgaagccc		
<i>InhA-P</i>	Forward	ctcgcgtcccagaaaggga	248	60
	Reverse	Atccccggtttctccgggt		
<i>Msh-A</i>	Forward	gcggcatgaacgtctacatgct	346	60
	Reverse	gccagcgtgtgtgcggtgt		
<i>Eta-A</i>	Forward	Tcatcgtcgtctgactatgg	418	55
	Reverse	gcctacaaggccatgatgc		
<i>rrs(1401)</i>	Forward wild type	ctgttacacaccgccgtca	302	68
	Forward mutant	Cttgttacacaccgccgtcg		
	Reverse	Cttgttacacaccgccgtca		
<i>rrs(1402)</i>	Forward wild type	ttgttacacaccgccgtcac	301	68
	Forward mutant	Ttgttacacaccgccgtcat		
	Reverse	Cttgttacacaccgccgtca		
<i>rrs(1484)</i>	Forward wild type	tgggatcggcgattgggacg	219	68
	Forward mutant	Tgggatcggcgattgggact		
	Reverse	Cttgttacacaccgccgtca		

**Table 1:** Primer Sequences used to amplify the targeted regions of selected genes.

### Ethical use statement

Sample collection, experiments and data use were performed under institutional ethical guidelines. No personal details of the patients were disclosed.

## Results

### Fluoroquinolones

Out of 133 isolates, 4 isolates showed mobility shift in SSCP analysis. Sequencing of these isolates revealed mutations, either singly or in combination, at codon 91, 94 and 95 of *gyrA* gene. Hence, the frequency of mutations that confer fluoroquinolone resistance was found to be 3.0%. One isolate showed mutations in codons 94 and 95; at codon 94 nucleotide A is changed into G, which results in the replacement of aspartate with glycine, and at codon 95 where G is replaced by C, amino acid serine is replaced by threonine. One isolate harbored mutations at two different codons 91 and 95; at codon 91 nucleotide T is replaced by C and consequently serine is changed into proline and at codon 95 G is replaced by C, amino acid serine is changed into threonine. Two other isolates revealed mutation singly in codon 95 or in codon 94 (table 2).

### Ethionamide

For resistance to ETA, the genes *eth-A*, *msh-A*, and complete promoter region of *inh-A* were characterized. Sequencing results of PCR products revealed no mutation in targeted fragment (418 bp) of *eth-A* gene. In promoter region of *inhA* gene -C15T, the most commonly reported mutation, was found in two isolates while two novel mutations (-A112G, -C110T) were observed in one isolate. Thus, collectively, 2.26% isolates showed mutation in promoter region of *inh-A*. DNA sequencing of

346 bp region of *msh-A* gene revealed two mutations (A312T, A332G) in one (0.75%) isolate, and among these mutations A312T is a novel mutation (table 3). Collectively, we found 4/133 (3.0%) mutant isolates against ethionamide in *inh-A* and *msh-A* genes (Table 3).

### Aminoglycosides

For amikacin, kanamycin and capreomycin drug resistance, three nucleotide positions were targeted by designing ASO primers. PCR and agarose gel electrophoresis results confirmed mutations in *rrs* gene. These mutations conferring resistance to aminoglycosides, were found in 12.8% (17/133) *M. tuberculosis* isolates. Ten isolates (7.5%) had mutation at A1401G, 5 isolates (3.76%) at C1402T position, and 3 isolates (2.25%) had mutation at G1484T position. Among these, one sample showed mutations in two codons (A1401G and G1484T). We report the overall mutation frequency of 9.77% against amikacin and kanamycin and 13.53% against capreomycin in *M. tuberculosis* isolates (Table 4).

### Summary of results

In total, we found 24 (18%) mutant isolates in *msh-A*, promoter region of *inh-A*, *gyrA*, and *rrs* gene, known to confer resistance against second line anti-TB drugs. This is an alarmingly high frequency of mutations in *M. tuberculosis* strains circulating presently among TB patients in Pakistan. This high frequency of mutations is leading to a disquieting increase in XDR-TB in Pakistan. In this study, four isolates were mutated in *gyrA*, two were mutated in *inh-A*, one in *msh-A* and 17 samples were found mutated in *rrs* gene (Table 5).

## Discussion

Bio-plastic production has faced many setbacks due to Fluoroquinolones are an integral component of second-line therapy for multidrug-resistant strains and its resistance is increasing in MDR-TB strains [11]. In the present study, the frequency of mutations in *gyrA* gene was 3.0%. All these mutations are missense and have already been reported [12]. Our results are in agreement to a previous report from Pakistan where 3.1% of isolates, susceptible to all first-line agents, were reported to be fluoroquinolone resistant [13]. The reason for this may be the extensive use of fluoroquinolones. The fluoroquinolones, being broad spectrum antibiotics, are used for treating several infectious diseases. Their easy administration and excellent gastrointestinal absorption, tissue penetration and lack of unwanted side effects [14] make them the drug of choice for many health practitioners. In Pakistan, fluoroquinolones are available to the general population as over-the-counter medicine and hence its misuse can lead to drug resistance. Moreover, in the absence of strict guidelines for treatment, the physicians overprescribe these drugs. Acquisition of *de novo* mutations in its target may have a selective pressure to develop FQ resistant bacteria and if this selective pressure extends beyond the targeted etiological agent, it may result in FQ resistant *M. tuberculosis* strains. Increase in FQ resistant *M.*

Gene	Number of mutants	Sample ID	Change in nucleotide	Codon number	Change in codon	Change in Amino Acids
<i>gyrA</i>	4	TB-80	T271C	S91P	TCG → CCG	Ser to Pro
			G284C	S95T	AGC → ACC	Ser to Thr
		TB-82	A281G	D94G	GAC → GGC	Asp to Gly
			G284C	S95T	AGC → ACC	Ser to Thr
		TB-108	G284C	S95T	AGC → ACC	Ser to Thr
		TB-135	A281G	D94G	GAC → GGC	Asp to Gly

**Table 2:** Mutations found in *gyrA* gene. The mutations were detected by allele-specific-PCR and PCR amplification followed by SSCP and DNA sequencing.

Genes	Number of mutated samples	Sample ID	Change in nucleotide	Codon number	Change in Codon	Change in amino acids
<i>eth-A</i> <i>msh-A</i>	1	TB-36	A312T	A104A	GCA → GCT	Ala → Ala
			A332G	N111S	AAC → AGC	Asx → Ser
<i>inh-A</i> (Promoter region)	3	TB-60	-A112G			
			-C110T			
		TB-152	-C15T			
		TB-75	-C15T			

**Table 3:** Mutations found in *eth-A*, *msh-A* and promoter region of *inh-A* gene. The mutations were detected by allele-specific-PCR and PCR amplification followed by SSCP and DNA sequencing.

Gene	Sample ID	Targeted nucleotide positions		
		A1401G <i>rrs-1</i>	C1402T <i>rrs-2</i>	G1484T <i>rrs-3</i>
<i>Rrs</i>	TB-132	-	C1402T	-
	TB-140	A1401G	-	-
	TB-168	A1401G	-	-
	TB-200	A1401G	-	-
	TB-87	-	C1402T	-
	TB-90	-	C1402T	-
	TB-95	-	-	G1484T
	TB-96	A1401G	-	-
	TB-102	-	-	G1484T
	TB-116	A1401G	-	-
	TB-108	A1401G	-	G1484T
	TB-110	A1401G	-	-
	TB-122	-	C1402T	-
	TB-113	-	C1402T	-
	TB-117	A1401G	-	-
	TB-139	A1401G	-	-
TB-141	A1401G	-	-	

**Table 4:** Mutations found in *rrs* gene. The mutations were detected by allele-specific-PCR and PCR amplification followed by SSCP and DNA sequencing. “-”: This sign shows that this particular mutations is not present in corresponding isolate.

Drug	%age of mutated samples	Gene	%age for each gene	Number of mutants	Change in nucleotide		
Ethionamide	3/133 (2.25%)	<i>eth-A</i> <i>inhA-P</i>	1.5%	2	-A112G,C		
					-C110T		
		<i>msh-A</i>	0.75%	1	-C15T		
					A312T		
Fluoroquinolones	4/133 (3%)	<i>gyrA</i>	3%	4	A332G		
					T271C		
					A281G		
					G284C		
Aminoglycoside	17/133 (12.7%)	<i>rrs</i>	7.5%	10	A1401G		
					3.76%	5	C1402T
					2.25%	3	G1484T

**Table 5:** Drug-wise Summary of results. The mutations were detected by allele-specific-PCR and PCR amplification followed by SSCP and DNA sequencing.

*tuberculosis* strains has also been reported from India (from 3% to 35%) [15] and Taiwan (from 7.7% to 20%) [16].

Mutations in *inh-A* promoter region were found at three distinct positions where two mutations, -A112G, -C110T are novel. Similarly, DNA sequencing of *msh-A* revealed novel mutation at A312T. The role of these mutations in drug resistance needs to be elucidated by further studies. Similar mutations within the *ethA* and *inhA* structural genes that confer ethionamide resistance have

mutation in *rrs* gene at targeted positions (A1401G, C1402T and G1484T). Mutations in *rrs* gene have been reported, in literature, at different nucleotide positions such as, T16G, T16A, C491T, C512T, A513C, C904A, G1302A [19] and 514, 517, 1401, 1402, 1443, 1473, 1484, 152 [20]. A strong correlation has been reported between a mutation at position A1401G and the resistance to amikacin and kanamycin [21-23]. It is reported that the C1402T mutation in the *rrs* gene is associated with capreomycin resistance and the



mutation at G1484T is associated with amikacin, kanamycin and capreomycin resistance [24]. Based on our results, we can deduce that 9.77% isolates harbored mutations associated with amikacin and kanamycin resistance, and 13.53 % with capreomycin resistance. This high frequency of mutations emphasizes the need to design the personalized drug regimen for TB patients carefully, depending upon the drug sensitivity data. Molecular genotypic methods of drug sensitivity testing may be a better option and can complement the phenotypic DST results.

At least 23 countries in Africa and Asia introduced shorter MDR-TB regimens, which have achieved high treatment success rates (87–90%) under operational research conditions. Based on these studies, WHO now recommends a standardized shorter MDR-TB regimen for selected MDR/RR-TB patients who do not have resistance to fluoroquinolones or second-line injectable agents. In this scenario, it is important to detect the FQ sensitivity of individual patients before starting this more effective and shorter MDR-TB regimen. Genotypic detection of drug sensitivity may help prescribe the appropriate drug regimen for individual patients before the availability of phenotypic DST results. This may contribute in controlling transmission of drug-resistant TB.

Our data shows high frequency of mutations in *M. tuberculosis* isolates circulating presently among TB patients in Pakistan. We are of the view that the MDR-TB strains in patients starting second-line drug treatment are first tested for sensitivity to these drugs for timely and effective treatment of these patients and to ensure that resistance is not further amplified. This will decrease the incidence and spread of XDR-TB. If the sources allow, we recommend that at least drug sensitivity testing of fluoroquinolones and aminoglycosides should be included when the drug sensitivity against first line anti-TB drugs is being done. Furthermore, genotypic drug sensitivity testing could be a better choice before starting therapy.

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## Author Contributions

Riffat Jabeen: Sample preparation, DNA extraction, PCR, experiment and write up  
 Memona Yasmin: Sample collection, SSCP analysis, data analysis, write up, editing  
 Hafiza Rabia Dar: Write up and review  
 Inaam Ullah: Data analyses, manuscript editing and submission

Rubina Tabassum Siddiqui: Idea, supervision, data analyses, editing

## Competing Interest

Authors declare no conflict of interest in this work. This work was performed under the institutional ethical and biosafety guidelines.

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