# INCREASING DETECTION SENSITIVITY OF LOW COPY NUMBER TRANSCRIPTS THROUGH PREAMPLIFICATION OF CDNA MOLECULES

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#### ABSTRACT

With the advances in the field of molecular biology and its applications in the clinical practice during the recent years, it has become crucial to perform molecular analyses on limited amount of tissue obtained through biopsies. Additionally, tissue is fixed in formalin and further embedded in paraffin (FFPE), a procedure which causes extensive degradation of nucleic acids, mainly RNAs. Furthermore, when studying gene expression profiles of a set of genes, which present physiologically low expression, the number of transcripts is low and cannot be detected. In this study we focus on amplifying effectively cDNA molecules synthesized from small amounts of initial RNA before analyzing the expression levels through quantitative polymerase chain reaction (qPCR). By introducing the preamplification step in the procedure, we achieved highly efficacious detection and quantification of expression levels of low-expression genes.

Keywords: cDNA preamplification, qPCR, gene expression

#### **INTRODUCTION**

As a part of many standard diagnostic procedures, the implication of a tissue biopsy is mandatory for detection and confirmation of the right diagnosis. Tissue sampling is performed quite often by minimally invasive procedures such as punch biopsies or needle aspiration biopsies (1). The quantity of the biological material is in most of the cases satisfactory for histological and cytological studies. However, with the advances in the field of molecular diagnostics and research possibilities, it is requested

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to perform molecular analyses on already limited amount of tissue (2). In addition, most of the times the tissue is fixed in formalin and embedded in paraffin (FFPE) to present the morphological features of the tissue. The disadvantage of this procedure is the extensive degradation of nucleic acids mostly of RNA and the formation of nucleoprotein complexes, which limit greatly the amount of molecules suitable for detection and analysis (3). An effective method for increasing detection sensitivity is the addition of a preamplification step before gene expression analysis through qPCR (4). Many studies confirm the accuracy of the preamplification step, which is applied on cDNA template synthesized by reverse transcription (5–8). Furthermore, the preamplification procedure is a modified version of conventional PCR. It consists of a small number of cycles, as well as increased annealing temperature and low primer concentration in order to ensure high specificity of amplification of target cDNAs (9). The reduced number of cycles reduces the risk of modifying expression levels leading to altered results (4).

The aim of this study was to assess the efficiency of preamplification of cDNA molecules synthesized from low quantity and degraded RNA samples from FFPE tissue biopsies.

# MATERIALS AND METHODS RNA isolation

Tissue sections from FFPE were placed in 1.5 ml microcentrifuge tube and concomitantly deparaffinization was performed. A volume of 1ml xylene was added, followed by a brief vortex and spin at maximum speed for 2 min at room temperature. Xylene was then removed by pipetting. The pelleted tissue was then washed from residual xylene by adding 1ml of 100% ethanol. Samples were briefly mixed by vortex followed by spin for 2 min at room temperature. Deparaffinized tissue was left to air dry with open tubes. A volume of 100µl of Quickextract FFPE RNA extraction Lysis buffer (Epicentre, Illumina, USA) was added to the tissue sample. Samples were incubated at 56°C for 30 min and further heated to 80°C for 10 min. Then, 1mL of Accuzol (Bioneer, Republic of Korea) solution was added. Samples were mixed by vortex and incubated at room temperature for 8 min. Then 200µl of chloroform were added. Samples were mixed by vortex and allowed to sit for 2 min and centrifuged for phase separation at 12.000g at 4°C for 15 min. The aqueous phase was transferred to a new clear 1.5ml microcentrifuge tube and an equal volume of absolute ethanol was added and mixed. Samples were transferred to RNA Clean and Concentrator 5 spin columns (Zymo Research, USA) and RNA was purified according to manufacturers' protocol and finally eluted to 15µl volume HPLC grade H<sub>2</sub>O.

# RNA quantification through spectrophotometry

RNA sample yield and purity were calculated by spectrophotometry measuring absorptions at 260, 280 and 320nm using Take3 plate of Synergy 2 instrument (Biotek, USA). At 260nm wavelength nucleic acids readily absorb the emitted light energy and at 280 nm the proteins. The 320nm absorption value is measured as an internal blank.

#### **Reverse transcription**

In order to synthesize cDNA molecules, 500ng total RNA template and water were added to a final volume of 10µl. To this volume 1µl containing 15 pmol of gene specific reverse primer for genes SIRT6, FOXO4 and HIF3A (Table 1) was added. Samples were heated to 65°C for 5 min and then cooled down to 4°C for 5 min in a thermal cycler GeneAmp PCR System 9700 (Applied Biosystems, USA). Then 4 µl Reaction buffer (250mM Tris-HCl, 250mM KCl, 20mM MgCl<sub>2</sub>, 10mM DTT) were added to each sample, 1 µl RNase inhibitor (20U), 2 µl dNTPs (10mM) and 1µl Revertaid reverse transcriptase (200U) (Thermo Scientific, USA) to a final volume of 20µl according to manufacturers' instructions. Samples were incubated at 45°C for 60 min followed by inactivation at 70°C for 5 min and stored at -20°C.

#### Preamplification

Samples were preamplified in a final 50µl PCR reaction volume for each sample. Template cDNA of 5µl volume was used per reaction. 5µl of Taq DNA polymerase buffer containing MgCl<sub>2</sub>, 2µl dNTPs (2.5mM), mix of forward and reverse primers for genes of interest to a final concentration of 50nM each (Table 1), 2U of Taq DNA polymerase (New England Biolabs, USA) and water were added to the reaction. Samples were amplified in a thermal cycler GeneAmp PCR System 9700 (Applied Biosystems, USA). Initial denaturation was performed at 95°C for 5 min, followed by 95°C for 15 sec and 60°C for 4 min

Table 1. Primer sequences targeting transcript of SIRT6, FOXO4 and HIF3A genes

Primers	Forward	Reverse	Primer bank ID
SIRT6- 194bp	CCCACGGAGTCTGGACCAT	CTCTGCCAGTTTGTCCCTG	300797596c1
FOXO4- 113bp	CCGGAGAAGCGACTGACAC	CGGATCGAGTTCTTCCATCCTG	283436081c2
HIF3A- 156bp	GGGAAGGTGTCTCTGTGTTTC	CCTCGTTGTGCTCAATGCAG	326807023c2

for 5 cycles. Samples were finally cooled down to 4°C and stored at -20°C.

#### Quantitative PCR

Samples were analyzed with the assistance of real-time quantitative PCR. Per reaction 4µl of 20X diluted in water preamplified or non-preamplified cDNA product was added. Then, 5µl of Maxima SYBR Green qPCR Master Mix (Thermo Scientific, USA) were added, containing ROX passive reference dye and primers to a final concentration of 0.25µM in total 10 µl reaction. Amplification was performed with initial denaturation step at 95°C for 10 min followed by 95°C for 15 sec denaturation and 63°C annealing-extension step for 1 min for 40 cycles. Melting curve analysis was also performed from 60°C to 95°C gradually by 0.5°C increments on an instrument ABI7500 (Applied Biosystems, USA). Analyses were performed in triplicates.

#### Statistical analysis

All data presented have been processed using GraphPad Prism V6 and Microsoft Excel 2013 software. For the estimation of statistical significance, Student's *t*-test as performed with p<0.05 was considered as significant.

#### RESULTS

By calculating the  $\Delta$ Ct values between non-preamplified and preamplified cDNA templates for each gene, we evaluated the efficiency of preamplification (Table 2).

For SIRT6 gene we calculated a significantly lower Ct value for two of the preamplified samples (-0.795; p=0.0060, -1.20; p=0.0004). Similarly, for FOXO4 gene the Ct values for all three samples were significantly lower (-1.24; p=0.0009, -2.49; p=0.0002, -1.96; p=0.0052). Additionally, for HIF3A gene the Ct values were significantly lower in two samples (-1.43; p=0.0011, -0.90; p=0.00002). The standard deviation value indicates the differences in Ct values between repetitions for each sample during qPCR analyses.

#### DISCUSSION

The addition of a preamplification step is applied to cDNA templates for genes of interest. The cDNA samples are synthesized utilizing the reverse priming strategy during reverse transcription and thus contain only gene specific sequences (10). Targeted preamplification consists of a specialized PCR

*Table 2.* Mean  $\Delta$ Ct values from three samples obtained through two-step Real-Time qPCR between non-preamplified and preamplified cDNA samples. Data are presented as mean ±SD.

SIRT6				
sample	Ct non-preamplified	Ct preamplified	$\frac{\Delta Ct}{(Ct_{preA} - Ct_{non-preA})}$	<i>p</i> -value
1	16.82±0.09	16.03±0.02	-0.795	0.0060
2	$18.29 \pm 0.06$	$17.09 \pm 0.04$	-1.20	0.0004
3	19.86±0.35	$18.52 \pm 0.44$	-1.34	0.0539
FOXO4				
sample	Ct non-preamplified	Ct preamplified	$\Delta Ct$ (Ct <sub>preA</sub> -Ct <sub>non-preA</sub> )	<i>p</i> -value
1	17.62±0.06	16.39±0.06	-1.24	0.0009
2	19.77±0.15	17.28±0.10	-2.49	0.0002
3	21.76±0.36	19.80±0.19	-1.96	0.0052
HIF3A				
sample	Ct non-preamplified	Ct preamplified	ΔCt (Ct <sub>preA</sub> -Ct <sub>non-preA</sub> )	<i>p</i> -value
1	$16.54 \pm 0.14$	15.93±0.13	-0.61	0.0591
2	$18.58 \pm 0.06$	17.15±0.05	-1.43	0.0011
3	21.07±0.13	20.17±0.12	-0.90	0.00002

reaction to enhance selectively amplicons of low copy number gene transcripts.

According to our study, preamplification results in significantly lower Ct values for genes presenting limited expression. Taking into consideration the 10X dilution of the initial cDNA template for amplification and 5 cycles of preamplification, we would expect ideally a  $\Delta$ Ct value of 2. However, the values lower or higher than 2 indicate that the preamplification efficiency is lower or higher than 100%, respectively.

Preamplification provides an effective and efficient way to increase the sensitivity of detection. All  $\Delta$ Ct values were close to the expected 2 values. This procedure can be applied with confidence to samples from which tissue specimen is limited. The major advantage is that preamplification eliminates the need of additional discomforting biopsy procedures for the patients for genetic studies, since it increases sample capacity for additional analyses from the already obtained biologic material.

## CONCLUSION

Preamplification increases the time for sample preparation before analysis through quantitative PCR. However, it proves to be an effective and accurate method to increase detection sensitivity in limited sample size and quantity.

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