

# STEROID HORMONE RECEPTORS IN THE DEVELOPING BRAIN

*Robert J. Handa, Richard H. Price Jr, and Melinda E. Wilson*

*Department of Cell Biology, Neurobiology and Anatomy, Stritch School of Medicine, Loyola University Chicago, Maywood, Illinois, USA*

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## SUMMARY

• *Sex differences exist in the behavioral patterns of adult vertebrate species. Many of these behavioral differences arise as a result of the developmental imprinting of sex specific patterns in the anatomical, biochemical and molecular substrates of the brain. It is well established that steroid hormones play an important role during critical periods of development to organize the brain to a male or female specific pattern. In order to demonstrate that these hormones can act directly on brain tissue, ligand specific receptors for estrogen and androgen have been demonstrated in the developing brain, using a variety of techniques. Each class of steroid hormone receptor exhibits a unique distribution in the brain. Furthermore, each receptor undergoes a unique and tissue specific ontogenetic pattern of expression. A careful examination of the distribution and ontogeny of expression allows one to formulate specific hypotheses regarding the role of each of these receptors in the development and maturation of the brain. (Biomed Rev 1997; 7: 51-66)*

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Correspondence and reprint requests to Dr Robert J. Handa,  
Department Cell Biology, Neurobiology and Anatomy, Loyola  
University Medical Center, 2160 South First Ave., Maywood, 11  
60153, USA. Tel: 1 (708) 216 3349, Fax: 1 (708)216391,  
E-mail: rhanda@wpo.it.luc.edu

## INTRODUCTION

• It is known that gonadal steroid hormones can act during development to organize the brain in a male or female direction (reviewed in 1). The consequences of gonadal steroid hormone induced brain differentiation ultimately affect adult physiology including many aspects of reproductive behavior (2), neuroendocrine function (2), cognitive function (3-5) and other (6, 7). To determine the mechanisms by which estrogen and androgen can influence the development of the brain, studies have examined the receptors for gonadal steroid hormones in the brains of adult and neonatal animals. These studies have led to the generation of multiple hypotheses regarding the role played by these-hormones in the Cellular processes of sexual differentiation of the brain. Underlying these hypotheses are the observations that steroid hormone receptors are present in sexually differentiated brain areas during the period of time which the tissue is undergoing organization and maturation. This survey briefly reviews the localization, ontogeny and regulation of estrogen receptors (ER) and androgen receptors (AR) in the developing brain.

### • Mechanisms of steroid hormone action

The ER and AR belong to the superfamily of ligand-activated nuclear transcription factors which include receptors for other steroid hormones such as glucocorticoids and mineralocorticoids, as well as vitamin D, retinoic acid, thyroid hormone, and a variety of intracellular factors (reviewed in 8-10). Steroid hor-

hormone receptors are soluble, high molecular weight intracellular proteins which bind their ligands, 17- $\beta$  estradiol for estrogen receptor (ER), testosterone or dihydrotestosterone for androgen receptor (AR), with high affinity,  $K_d$  approximately  $1-2 \times 10^{-11}$  M. In the presence of ligand, the receptor is rapidly transformed from an inactive to an active state (9). Transformation results in the transcriptional regulation of steroid hormone responsive genes (10).

It is now well established that the untransformed steroid receptor exists as a multiprotein complex associated with heat shock protein (hsp). It is thought that unbound receptors are unable to bind DNA due to the masking of a DNA-binding domain in the receptor by hsp90 (11). Following ligand binding, hsp90 is dissociated from the complex leaving an active form with a high affinity for DNA (12). Untransformed receptor is also thought to complex with a variety of other receptor-associated proteins including hsp70 and hsp56 (13). The function of these additional proteins is not yet known, however some, such as the recently described ER-associated protein (ERAP) (14), and an androgen receptor-associated protein (ARAP) may function to modulate the receptor's ability to induce transcription (15).

Ligand binding to the receptor also induces the formation of receptor dimers which are important for recognition and tight binding of the receptor to the response element on DNA (16). The response elements on DNA are comprised of inverted repeats with the two half sites separated by a three nucleotide gap. The palindromic sequence of the DNA response element and the two fold rotational symmetry suggest that the nuclear receptors bind DNA as dimer (17, 18). DNA-binding specificity for the nuclear hormone receptors is determined, in part, by three residues in the first finger of a zinc region in the DNA-binding domain of the receptor (19).

Target gene specificity may also be conferred by variations between different hormone response elements on DNA, by cell- or tissue-specific regulation of receptor levels, by additional transcription factors which may be necessary for full receptor activity (20), or by tissue-specific hormone metabolism (21). Additional factors in forming a "complex response element" may be involved in directing target gene specificity and in dictating whether the receptor upregulates or downregulates transcription. Examples of these have been demonstrated for glucocorticoid, mineralocorticoid, estrogen and androgen responsive promoter (22-26).

## ESTROGEN RECEPTORS

- Typical of all member of the steroid hormone receptor superfamily, the ER is composed of six distinct cassettes or functional domains (Fig. 1; 27-29). The amino terminus (A/B) is hypervariable and is probably important for regulation and

specificity of transcription by the ER. Antibodies against ER are generally directed against this region. Region C is the DNA-binding domain and is important in determining target gene specificity (27). The general structure of this region is highly conserved among member of the steroid hormone superfamily and suggests that it performs functions common to all of the receptors (30). Region D is a poorly conserved, hydrophilic domain which can be altered by amino acid deletions without affecting ER function (29, 31). The steroid-binding domain (region E) is believed to bind the ligand by forming a hydrophobic pocket (27). Region E also contains a region for dimerization of the receptor (32) and for ligand-dependent transcriptional activation (33,34). The poorly conserved C-terminal region (F) can be deleted without affecting hormone binding or transcriptional activation (29).

A single form of ER was originally cloned and described for multiple species including the human (27) and rat (28). Recent studies have shown that, in fact, two forms of ER exist. Thus, the originally cloned receptor has been designated ER $\alpha$ , whereas the newly cloned receptor has been designated ER $\beta$  (35, 36). Both forms of ER exist in the brain (37, 38) possess a high affinity for estradiol and maintain a common domain structure characteristic of steroid hormone receptors. Consequently, although the original studies examining ER binding probably detected both receptor forms, studies using antibodies generated against ER $\beta$  or probes hybridizing to mRNA<sup>HR $\beta$</sup>  may not necessarily include the P form of receptor. This may help explain some of the reported inconsistencies in the distribution of ER using binding or *in situ* hybridization techniques (37, 39).

mRNA<sup>HR</sup> isoforms have also been described. An isoform of mRNA<sup>HR $\alpha$</sup>  lacking exon four, encoding a portion of the ligand-binding domain, has been demonstrated in the hypothalamus (40). Similarly, a smaller form of mRNA<sup>HR $\alpha$</sup>  has been shown by Northern blot analysis in anterior pituitary (41, 42). Recently, it has been shown that mRNA<sup>HR $\alpha$ \*</sup> possesses multiple 5'-untranslated regions (5'-UTR), which are variably spliced onto the first coding exon of the mRNA. These are found at high levels in brain but each with region selectivity. This suggests a differential regulation of the translation of mRNA<sup>HR $\alpha$</sup>  in various brain areas (43). The functional significance of these ER $\alpha$  isoforms remains to be determined. The possibility exists that changes in these mRNA<sup>HR $\beta$</sup>  isoforms may occur during development and differentially regulate the sensitivity of developing brain regions to estrogen.

### • Distribution of estrogen receptors in the brain

ER were initially localized in the adult CNS by *in vivo* autoradiography (44-46). This anatomical distribution coincides with the regions known to mediate many gonadal steroid dependent reproductive behaviors and functions (47,48). Similar anatomical

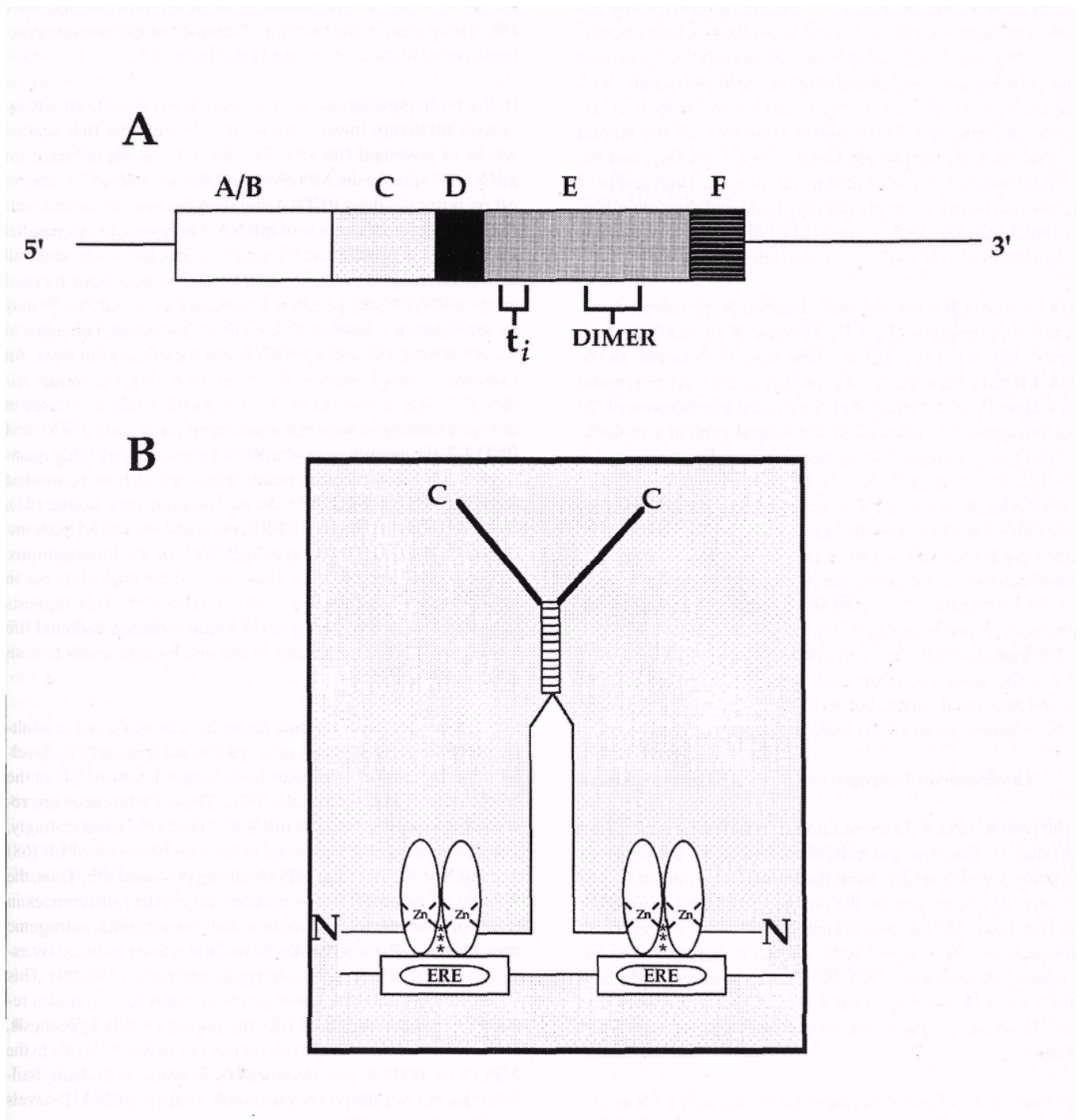


Figure 1. Schematic diagram showing the domain structure of the estrogen receptor (ER) (A). The box represents the protein coding region. Region A/B is the hypervariable, amino terminal domain; C is the DNA-binding domain; D is the hydrophilic domain; E is the ligand-binding domain which contains subdomains for hormone-relieved transcriptional inactivation (Ti) and receptor dimerization (dimer); F is the poorly conserved carboxy terminal domain. The single line represents the 5'- and 3'-untranslated regions of the mRNA<sup>ER</sup>. A dimer of two estrogen receptors each bound to an estrogen response element (ERE) half site (B). The DNA-binding domain of each ER is represented by the two zinc finger motifs (Zn). C, carboxy terminus; N, amino terminus.

distributions for ER and mRNA<sup>hRa</sup> have been shown using immunocytochemistry (49) and *in situ* hybridization histochemistry (37). In general, in the adult brain, ER and mRNA<sup>KR</sup> are found in the periventricular and medial zones of the hypothalamus, with greatest levels in the anteroventral periventricular nucleus, the arcuate nucleus, the central and medial parts of the medial preoptic nucleus, the posterodorsal preoptic nucleus, and the ventrolateral part of the ventromedial nucleus. High levels of ER are also found in the medial amygdala and amygdalo-hippocampal area, the cortical amygdala, parts of the bed nucleus of stria terminalis (BNST) and ventral lateral septum.

High levels of ER have also been detected in the neonatal cortex and hippocampus (50, 51), whereas, in the adult hippocampus, only low ER concentrations have been found. In the adult, ER have been localized primarily to the CA1 pyramidal layer, layer IV of the entorhinal cortex, and interneurons of the hilar infragranular zone and of the ventral subicular molecular layer using immunocytochemistry, autoradiography, and *in vitro* binding assays (45, 52-55). In contrast to the rat, a substantial concentration of ER-containing neurons has been reported throughout the rostrocaudal extent of the adult female guinea pig hippocampus (56) with greatest levels of ER-immunoreactivity in the amygdalo-hippocampal transition zone and the infragranular zone of the dentate gyrus and in the subiculum. A potential sex difference in entorhinal and cortical ER-immunoreactivity is suggested by the finding of labeled cells in the diestrous, virgin and pregnant mouse hippocampus and entorhinal cortex, but no ER-immunoreactivity is seen in these same regions of the male mouse (49).

- **Development of estrogen receptors in the hypothalamus**

In the rodent, sexual differentiation of brain areas controlling reproductive function and behaviors depend on the presence of estrogen which results from the intracellular conversion of testosterone to estrogen by the enzyme aromatase (see Beyer and Hutchison [57] in this volume of *Biomedical Reviews*). Aromatase has been shown to be present in hypothalamic nuclei during development (58). Presumably, aromatase derived estrogen acts by binding to ER which are present in hypothalamic brain nuclei during the critical period of sexual differentiation.

Previous studies have described the ontogeny of ER in the hypothalamus of the rat (50,59), monkey (60), and mouse (61). In general, ER are first found in rat hypothalamus during prenatal development. ER have been detected by at least embryonic day 17-20 (59, 62). In the opossum, a marsupial which is born in a sexually undifferentiated state, ER-immunoreactivity has been shown in the periventricular hypothalamus, medial preoptic area (MPOA), lateral septum, BNST, amygdala, arcuate nucleus and ventromedial nucleus (VMN) of the hypothalamus by postna-

tal day 15 which is approximately the developmental age when ER first appears in the rat brain. Increases in ER-immunoreactivity occur in these areas until adulthood (63).

In the rat hypothalamus, it appears that the density of ER increases relatively linearly from birth through the first several weeks of postnatal life (50, 51, 59). This is not the case for mRNA<sup>HRp</sup>, since in the MPOA of female rats, mRNA<sup>hRa</sup> is highest on postnatal day (PND) 4 and then declines to adult levels (64). Changes in the levels of mRNA<sup>HR</sup> may not always parallel the changes in protein and binding (37, 39). However, since all studies examining mRNA<sup>KR</sup> in the brain to date have focused on the mRNA<sup>hRa</sup>, the possibility remains that the mRNA<sup>KR5</sup> may be regulated in a fashion which allows for parallel changes to occur between ER and its mRNA when examined in total. An example of this is seen in the developing hippocampus. Although O'Keefe and Handa (51) report 2-3 fold increases in estrogen binding in neonatal hippocampus between PND 0 and PND 4-7, the examination of mRNA levels using a highly quantitative RNase protection assay shows a much more modest increase (60%) in mRNA<sup>KRct</sup> during the same time period (41). However, with the cloning of ERp, Price and Handa (65) reexamine the transient expression of mRNA<sup>HR</sup> in the hippocampus. Their results demonstrate that coincident with the rise in mRNA<sup>RRa</sup> at PND 4, there is a rise in mRNA<sup>RRp</sup>. This suggests that increases in hippocampal ER binding during neonatal life may actually reflect increases in the steady-state levels of both ERa and ERp genes.

Sex differences in ER binding levels have been shown in adulthood (66) and these differences may be present early in development. In adult rats, females have higher levels of ER in the MPOA and VMN than males (66). These differences are reflected by sex differences in mRNA<sup>HRfi</sup> levels (67). Interestingly, females have also been reported to have higher levels of ER (68) and mRNA<sup>HRp</sup> (64) in the MPOA during postnatal life. Thus, the high levels of mRNA<sup>KRa</sup> in females may reflect differences in levels of aromatizable androgens, and consequently, estrogenic metabolites. ERoc mRNA has been shown to be reduced by estrogen in the MPOA of the adult male and female (67, 69). This would suggest that the lower levels of mRNA<sup>hRa</sup> in males reflect *in vivo* activation of ER. In support of this hypothesis, neonatal castration of male rats increases mRNA<sup>hRa</sup> levels in the MPOA on PND 4, and treatment of females with diethylstilbestrol, but not dihydrotestosterone, reduce mRNA<sup>hRa</sup> levels to that of the male (70).

- **Development of estrogen receptors in extrahypothalamic brain areas**

Studies have implicated estrogen in the physiology of extrahypothalamic brain areas of the adult. Evidence that ER and mRNA<sup>HR</sup> are expressed in the hippocampus and cortex of the

adult rat (37, 52, 54, 71) and guinea pig (56), suggests a direct mode of action by which estrogen can influence cortical and hippocampal function. Interestingly, in almost every case, ER are found in relatively low levels in adult rat hippocampus and cortex. On the other hand, studies have demonstrated that ER are found at high levels in the cortex (72) and hippocampus (51) of the neonatal rat. The high levels of expression of ER in these tissues is transient and exists only during development. The transient expression of ER in these tissues may be useful for defining a critical period of development where certain tissues are most sensitive to the actions of estrogen.

In cortical tissues it has been shown that ER is found at high levels during the first 2-3 weeks of postnatal life (50, 51). Furthermore, it has been shown that ER are present in migrating cells during differentiation and the establishment of connections. This suggests that ER may play a role in these processes (72). This finding supplements the previous reports that treatment of cortical organotypic cultures of cingulate/frontal cortex with estrogen enhances neurite outgrowth (73) and increases protein synthesis. In contrast, MacLusky *et al* (50) have questioned whether these cortical ER are functional since they were unable to demonstrate receptor occupation by endogenous levels of estrogen.

Studies in the hippocampus have shown that parallel changes occur with those seen in cortical tissues. However, the transient increase in ER in hippocampus occurs earlier than that of cortex, with peak levels at about PND 4-7 (51; see Fig.2). This increase is accompanied by increases in mRNA<sup>HR</sup> (41,65). Unlike the distribution of ER in the adult hippocampus, the distribution of mRNA<sup>HR</sup> in the neonate appears to be more uniform throughout the pyramidal cell layer, with slightly higher levels in CA3 and lower ones in the dentate gyrus granule cells (41).

Transient increases in ER and mRNA<sup>HR</sup> have also been shown in the auditory cortex (74) and the facial nucleus (75-77). It is suggested that they may be involved in the maturation of the auditory system since the ER-containing cells in the facial nucleus project to the posterior auricular muscles (75).

#### • Regulation of estrogen receptors during development

Few studies have examined the factors which cause ER to be expressed or not expressed in various tissues during development. Using *in vitro* autoradiography, Kuhnemann *et al* (78) have demonstrated that castration of male rats at birth increase ER levels in the preoptic area and ventromedial and arcuate nucleus, whereas injection of female rats at birth with testosterone propionate decreases ER binding. Consistent with these observations, DonCarlos *et al* (70) have demonstrated that miRNA<sup>11-q</sup> can be autologously regulated by estrogen in the neonate. In these studies, castration of male rats increases mRNA<sup>HR,3</sup>

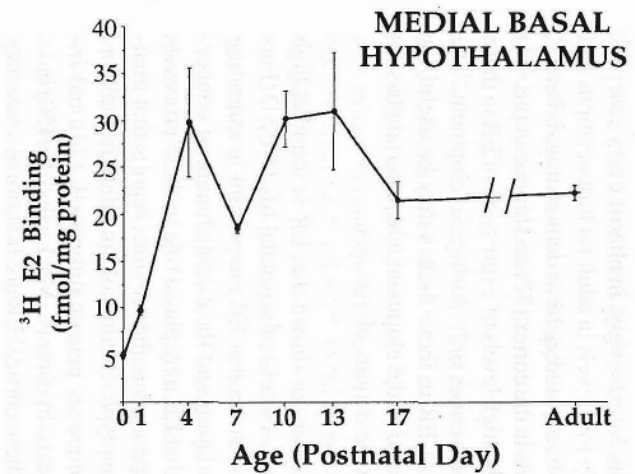
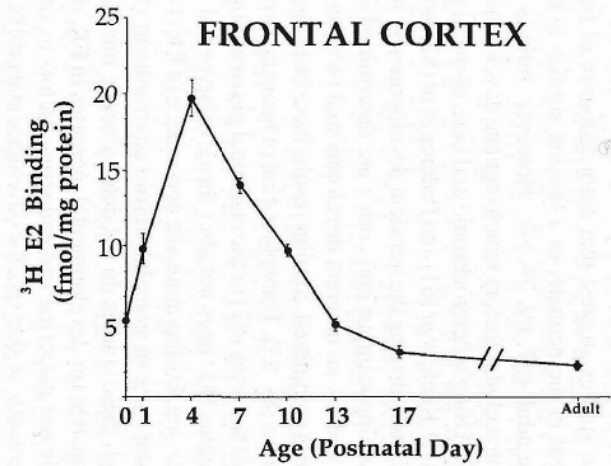
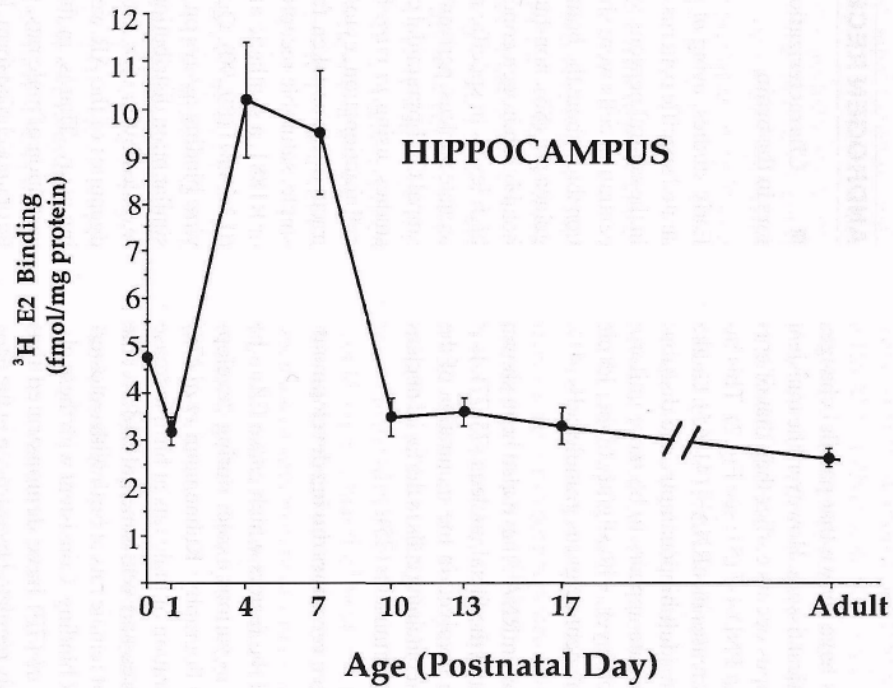
whereas treatment of female neonates with diethylstilbestrol reduces mRNA<sup>KRIS</sup> to the level of the male.

These studies suggest that autoregulation of transcription is present in the neonate, in a fashion similar to that described in the adult (67, 69, 79, 80). However, little is known about the intracellular factors which regulate developmental increases in ER. Using a heterochronic and heterotopic transplant paradigm, O'Keefe *et al* (81) and Pederen *et al* (82) have determined that factors driving the transient developmental increases in ER in the hippocampus and cortex are determined early in gestation, and are an inherent developmental program to which the tissue is committed. Similar results have been shown for hypothalamus (81, 83). Transplantation of neonatal hypothalamic tissue to the cortex (81) or the choroidal pia overlying the superior colliculus (83) does not alter the developmental pattern of ER expression. Furthermore, the appearance of ER is not dependent on donor sex or gonadal steroid environment (83). Thus, although these studies do not determine the intracellular factors responsible for developmental increases in ER, they do appear to rule out paracrine and endocrine factors as influencing the autonomous, region specific developmental profile of ER expression.

## ANDROGEN RECEPTORS

#### • Characterization and distribution of androgen receptors in the brain

Early studies, using *in vivo* receptor autoradiography, demonstrated specific patterns of radiolabeled hormone uptake by cells in the central nervous system of the adult (84). Androgen concentrating cells were shown to have a relatively wide distribution throughout the brain of many species including the rat (85), guinea pig (86), non-human primate (87) and sheep (88). Most notably, androgen concentrating cells were found at relatively high levels in specific nuclei of the brain including the VMN, arcuate nucleus, periventricular nucleus, MPOA, BNST, hippocampal CA1 pyramidal cells, and medial amygdala. Subsequent studies, using *in vitro* binding assays, showed that following cell fractionation, cytosolic preparations, and nuclear salt extracts of tissue taken from specific brain regions contained a single, saturable receptor for radiolabeled dihydrotestosterone or R1 881, a synthetic androgen, with a high affinity for ligand (0.2-2 nM) (89, 90). Quantitation of the levels of AR, using *in vitro* binding assays on microdissected brain tissue, revealed a similar brain distribution and relative amount of AR (90) as that revealed by *in vivo* autoradiographic techniques. Finally, the dynamics of the AR were revealed by the use of *in vitro* binding assay. That is, in the absence of ligand, such as following castration of male rats, most receptors are found in the cytosolic or unoccupied form. Following treatment of animals with hormone, the receptors become occupied and are measurable fol-



**Figure 2.** Developmental profile of estrogen receptors in the hippocampus, frontal cortex and hypothalamus/preoptic area of the rat. Each point represents the mean  $\pm$  SEM. Postnatal day 0, day of birth. No significant sex differences are detected and thus, data from males and females are combined for this figure. From Ref. 51, with permission

lowing extraction from nuclei by high salt buffer (91,92).

Recent studies have used immunocytochemical and molecular techniques to accurately map the distribution of the AR and their mRNA in the brain. In most cases, the distribution of AR-immunoreactivity and mRNA<sup>AK</sup> match that described for AR using autoradiography (37, 93, 69). An example of the distribution of mRNA<sup>Al</sup> is shown in Fig.3. In this study, *in situ* hybridization was performed using a probe detecting both known forms of mRNA<sup>Al</sup> and thus, represents the distribution of total mRNA<sup>AR</sup>.

Early studies, examining the differential effects of testosterone and dihydrotestosterone on a variety of end points, suggested the possibility that two specific AR existed, one for testosterone and another for dihydrotestosterone (94). It now appears that AR are transcribed from a single gene of approximately 75-90 Kb (95). However, differences in the functional capacity of testosterone and dihydrotestosterone to activate gene expression appear to be related to their relative differences in interacting with a single AR. Dihydrotestosterone possesses a stronger affinity for the AR, stabilizes the receptor to a greater extent than testosterone, and may cause conformational changes in the AR which allows it to interact with the androgen response element on DNA more efficiently (96).

Studies have also shown that the mRNA<sup>AK</sup> exists in several forms in the rat brain. Although the predominant form of mRNA<sup>AR</sup> in peripheral tissues is one of approximately 10-11 Kb, a second smaller form of mRNA<sup>AR</sup> (approximately 9.0-9.5 Kb) exists in brain at relatively high levels (97, 98). In some tissues, such as the cortex, this smaller form of mRNA<sup>AK</sup> predominates (97). Using 5'-RACE to amplify the untranslated region of the small form of mRNA<sup>AR</sup>, Price and Handa (99) demonstrate that the smaller form of mRNA<sup>AK</sup> is due, in part, to the presence of a truncated 5'-UTR. Studies examining the 5'-UTR of AR have shown that removal of the 5'-UTR results in a decreased translational efficacy (100), thus suggesting that the presence of the smaller form of mRNA<sup>AR</sup> in brain tissue may represent an additional mechanism used by neural tissues to regulate AR translation.

#### • Ontogeny of androgen receptors in the brain

A role for AR in the sexual differentiation of the brain has been suggested by studies showing that androgen treatment of gonadectomized males or females can result in the masculinization or defeminization of behaviors expressed in adulthood (101). In rats, for example, rough and tumble play is differentiated in the masculine direction by dihydrotestosterone but not estrogen (reviewed in 102). Androgens acting through the AR also appear to be particularly important in the sexual differentiation of the primate brain. In the rodent, some behaviors, such as aggression and infanticide, may be differentiated in the male direction by androgens acting in concert with estrogen (103).

These studies suggest that AR should be found in the brain areas which are important for these behaviors during the time period in which they are differentiating.

Several studies have examined the ontogeny of AR in various brain regions. Using *in vitro* binding assays, Vito and Fox (59) and Lieberburg *et al* (104) have demonstrated that AR are present in the developing rat brain as early as embryonic day 20. The concentration of AR in the hypothalamus rises during the first four weeks of life to eventually achieve adult levels. Fig.4 demonstrates a typical developmental profile for AR in the rat hypothalamus-preoptic area in the absence of modulation by circulating steroid. In this study, male and female rats were gonadectomized on the day of birth (PND 0). AR levels were measured by *in vitro* binding assay using <sup>3</sup>H-R188I as the radioligand. Binding was determined at PND 1, 12, 20, 30 and adulthood (3 months of age, males only). Gonadectomy was performed in order to reduce circulating hormones which might interfere with the assay and to allow examination of the development of AR in the absence of influence by endogenous gonadal steroid hormones. Significant increases in unoccupied receptor are noted during the first 30 days of life and there were no sex differences. Highest levels were found on PND 30 and slight decreases occurred afterward to adult levels. Thus, these data suggest that the development of AR in the hypothalamus is delayed relative to that of ER.

The development of AR in the brain has also been examined using immunocytochemical techniques (105). Consistent with binding data, it appears that AR-immunoreactivity increases during postnatal life but initially appears at various times during postnatal development depending on the brain region. Some areas (ventral premammillary nucleus) show staining as early as PND 1 whereas other (posterior dorsal medial amygdala) do not exhibit staining until later in development. Similar to the results of studies using rat model, in the ferret, increases in AR-immunoreactivity also occur during postnatal development (106). Peaks in AR-immunoreactivity occur at the time of puberty in the MPOA, VMN of the hypothalamus, arcuate nucleus, and medial amygdala, but not in the septum or BNST (106). Interestingly, AR-immunoreactivity can be further increased by exposure to long day lengths, a paradigm which hastens the onset of puberty in male ferrets (106).

Recently, molecular techniques have been used to determine if mRNA<sup>AR</sup> is being expressed during perinatal development. Using Northern blot analysis, mRNA<sup>AR</sup> has been detected in the hypothalamus as early as PND 7 (107, Fig.5). Unfortunately, this study only used probes which detected the larger form of mRNA<sup>AR</sup>, thus, whether the smaller form of mRNA<sup>AR</sup> is present during development, or the ratio of large to small form of mRNA<sup>AR</sup> undergoes developmental alterations remains to be determined. In this study, distinct bands at earlier ages were not always con-

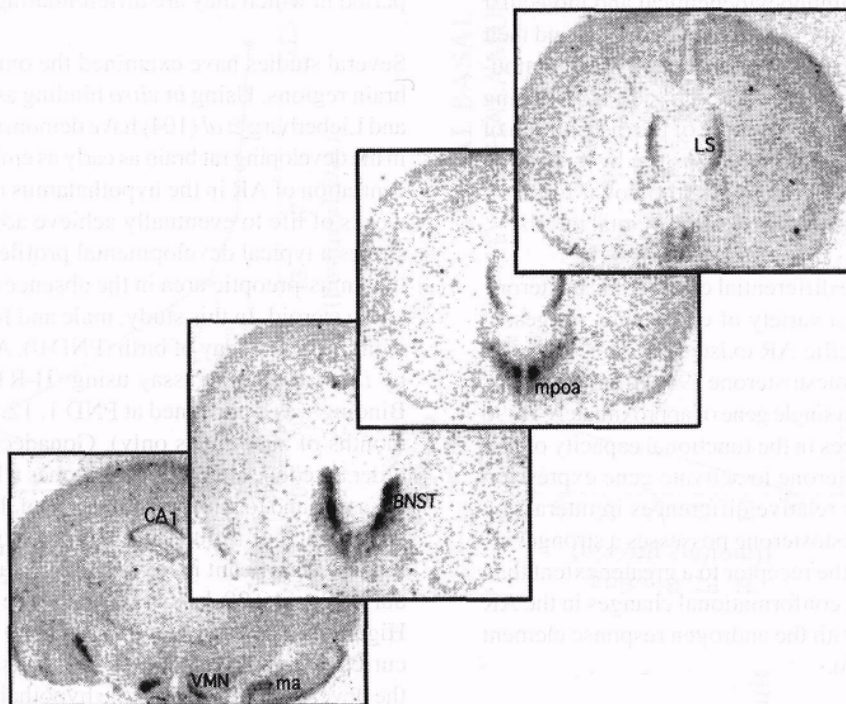


Figure 3. Film auto radio grams showing the distribution of  $ofmRNA^{AR}$  in the brain of the adult male rat as detected using *in situ* hybridization analysis. The probe used in this study recognizes both the small and large forms of  $ofmRNA^{AR}$ . CA1, CA1 pyramidal layer of hippocampus; VMN, ventromedial nucleus; ma, medial amygdala; mpoa, medial preoptic area, BNST, bed nucleus of the stria terminalis; LS, lateral septal nucleus.

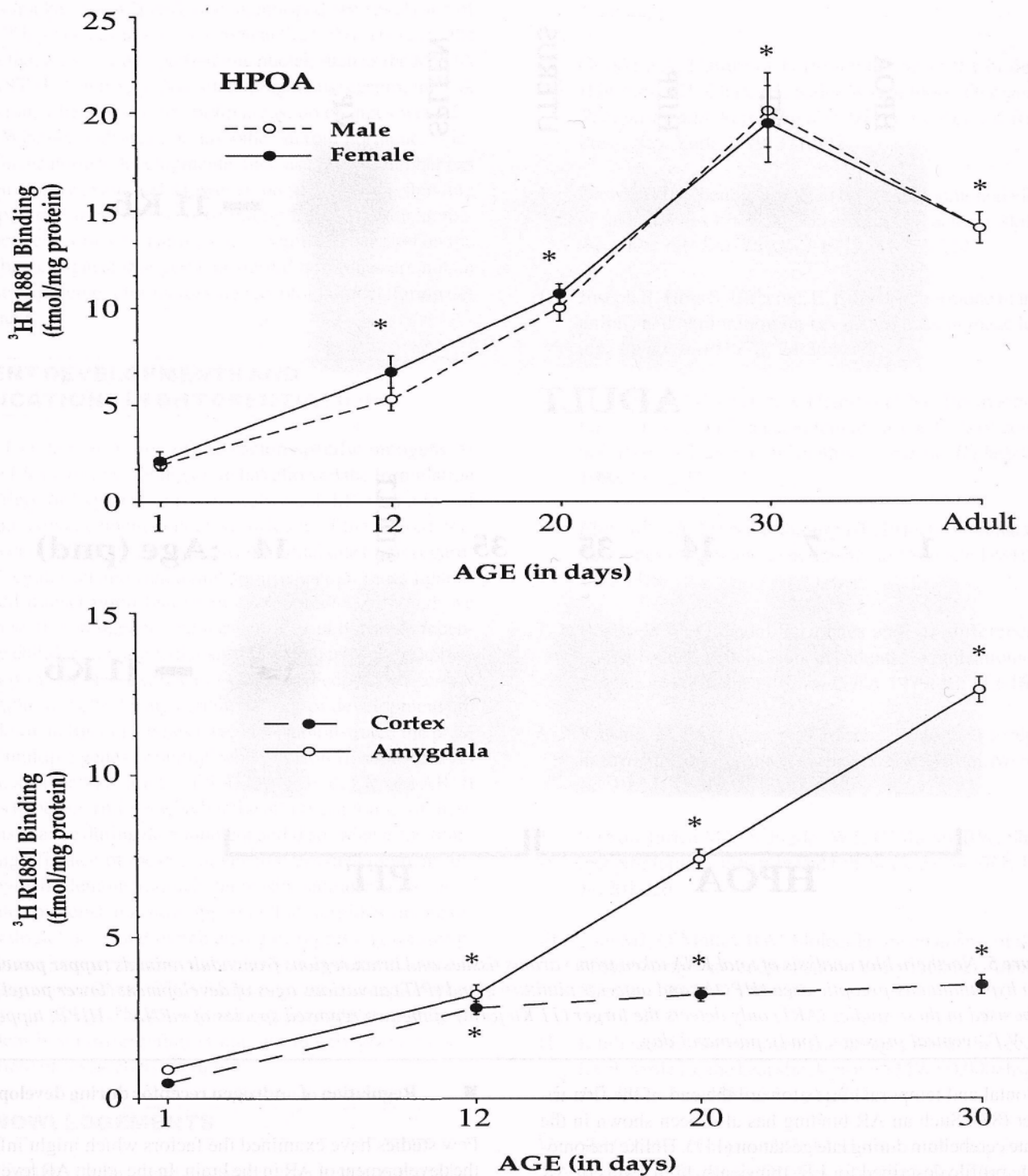
sistently found, however, studies using *in situ* hybridization have shown that  $mRNA^{AK}$  is present in specific brain nuclei as early as PND 0 (108). Interestingly, McAbeeef *al* (108) also demonstrated a sex difference in  $mRNA^{AK}$  in the MPOA and BNST, but not the VMN, with males having greater levels of receptor mRNA than females. The developmental profile of  $mRNA^{AR}$  roughly parallels that of AR binding. The demonstration of sex differences in  $mRNA^{AK}$  as early as PND 4 may be the result of regulation of the AR gene by the neonatal steroid hormone milieu. Neonatal castration of males reduces  $mRNA^{AR}$  levels measured in PND 10 animals and treatment of neonatally castrated males with androgen increases the levels of  $mRNA^{AR}$  (109) in the MPOA and BNST of the PND 10 rat. How these findings concerning  $mRNA^{AR}$  levels relate to AR binding or protein levels, and whether they represent early organizational events in the differentiation of the AR system or transient activational effects of hormone on AR gene expression remains to be determined.

The monkey and guinea pig are two species in which sexual

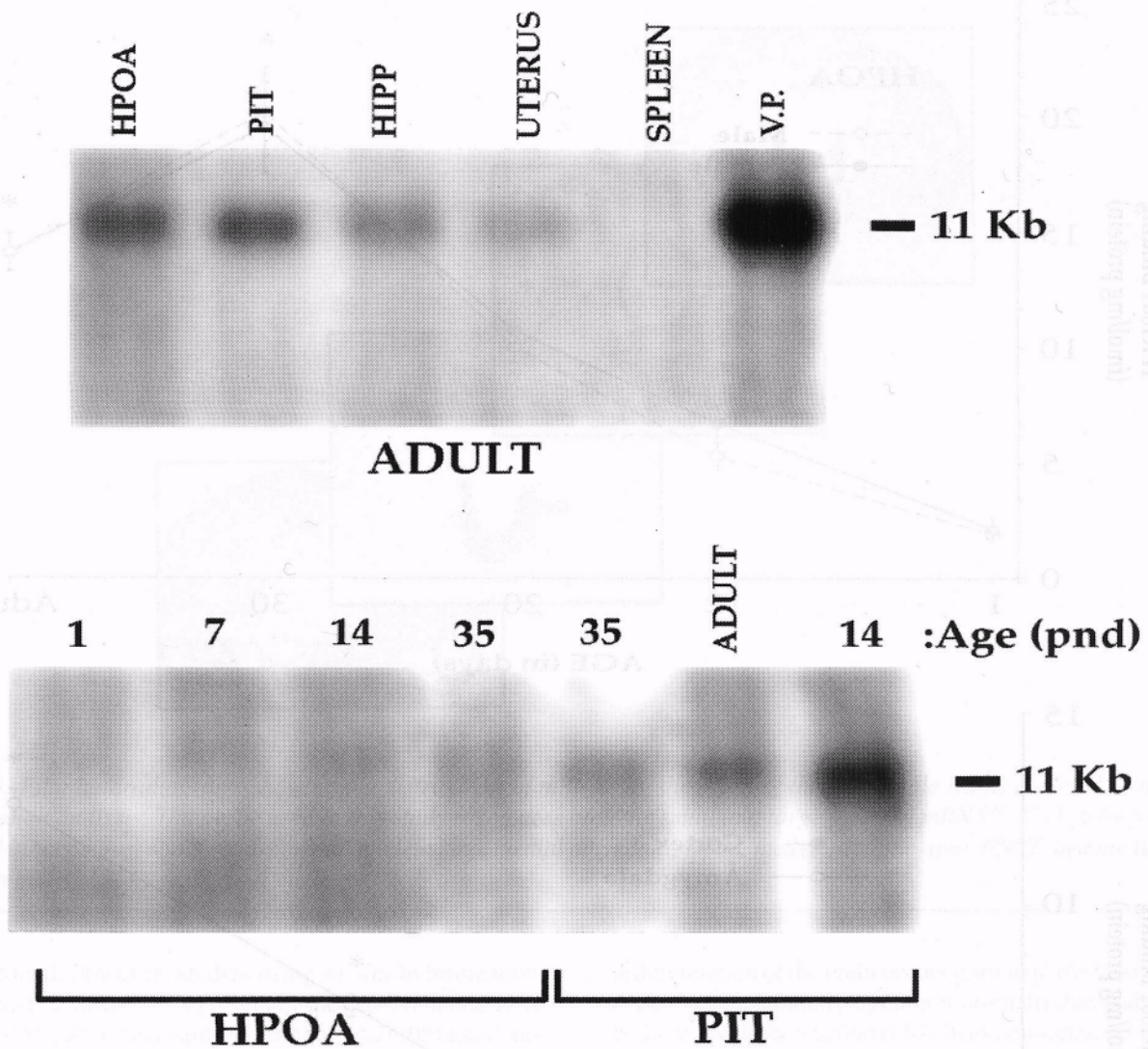
differentiation of the brain occurs prior to parturition and which depend predominantly upon non-aromatizable androgens for brain sexual differentiation (110). In these species, developmental increases in AR occur during gestation. Using *in vitro* binding assay, Handa *et al* (87) demonstrated that AR could be detected as early as day 50 of gestation (the end of the first trimester of pregnancy) in the fetal rhesus monkey. The greatest increases in AR occur throughout primate gestation (approximately 160 days) with high levels of AR found in fetal monkey hypothalamus during late gestation and further, but less substantial increases to adult levels. In the guinea pig, AR binding increases during the last half of gestation (E 30-60), at a time when sexual differentiation of the brain has been occurring (110).

AR have also been identified in areas outside the hypothalamus such as the cortex, amygdala and hippocampus (37, 90). Similarly to that demonstrated for ER, these areas may show developmental changes in receptors which are different from that of the hypothalamic nuclei. In the rhesus monkey fetus, for example, a transient increase in AR ligation was demonstrated in





**Figure 4.** Ontogeny of androgen receptor in various brain areas as determined using *in vitro* binding assay. HPOA, hypothalamus-preoptic area. Animals were gonadectomized on postnatal day 0 (day of birth) and sacrificed at the indicated ages. Each point represents the mean  $\pm$ SEM of 8 - 20 determinations. There are no sex differences detected and thus, in the lower panel, data from males and females are pooled for graphic presentation. \* represents those points significantly different ( $p < 0.05$ ) from the PND 0 group.



**Figure 5,** Northern blot analysis of total RNA taken from various tissues and brain regions from adult animals (**upper panel**) and from hypot.halamus-preoptic area (HPOA) and anterior pituitary gland (PIT) at various ages of development, (**lower panel**). The probe used in these studies (ART) only detects the larger (11 Kb form) of the two reported species of mRNA<sup>AR</sup>. HIPP, hippocampus; V.P., ventral prostate; (pnd), postnatal day.

the frontal and temporal cortex toward the end of the first trimester (87). Such an AR binding has also been shown in the primate cerebellum during late gestation (111). Unlike the ontogenetic profile described for ER, transiently high levels of AR binding do not occur during the development of the rat cortex (Fig.4). Whether these increases in AR binding reflect an increase in sensitivity of these tissues to androgen remains to be determined. However, the possibility exists that transient changes in receptor number could define a critical period for the organizational actions of androgen on certain brain structures.

#### • Regulation of androgen receptor during development

Few studies have examined the factors which might influence the development of AR in the brain. In the adult, AR levels have been reported to be upregulated in some brain regions by castration or estrogen treatment (90, 91), and downregulated following progesterone treatment (112). In contrast, mRNA<sup>AR</sup> has been shown to increase (69, 98, 113), decrease (69, 114), or not change (115), depending on the brain region, time after castration or hormone replacement, or method of detection. Whether

these same regulatory processes occur during development remains not known. As previously mentioned, the regulation of mRNA<sup>AR</sup> has been examined in neonatal life (109). These results suggest that for several hypothalamic nuclei, such as the MPOA and BNST, that androgen exposure upregulates receptor mRNA expression, whereas in other brain areas, no changes were detected. Whether androgen, or any other steroid hormone, is involved in the normal developmental increases in AR number has not been closely examined. However, our data (Fig.4), showing developmental increases in AR binding in the hypothalamus-prosopoc area, cortex and amygdala of animals castrated on the day of birth, suggest that gonadal steroid hormones are not an absolute requirement for increasing receptor number during development.

## RECENT DEVELOPMENTS AND IMPLICATIONS IN DIFFERENTIATION

- The demonstration of the region-specific ontogeny of AR and ER in the developing brain has allowed the formulation of a variety of hypotheses regarding sexual differentiation of the brain. Advancements in our knowledge of the steroid hormone receptor biology have raised additional questions regarding the regulation and functional significance of these ligand-activated transcription factors in development. Although we now know the ontogenetic patterns of steroid hormone receptors, the cellular and molecular signals which trigger the apparent pre-programmed expression of these receptors in certain populations of cells during certain periods of development are still unknown. Recent studies have also demonstrated the presence of multiple genes or multiple mRNA isoforms for some receptors, such as the variety of 5'-UTR for both ER and AR. It remains to be determined whether the relative amounts of these isoforms change during development and if so, what is the functional significance of these changes in brain development. Finally, with the demonstration of increasing number of receptor-associated proteins, it is now apparent that steroid hormone receptors do not act alone in enhancing or repressing transcription, but are just one part of a complex intracellular machinery regulating transcription. The ontogeny of these receptor-associated-proteins in the brain and their role in modulating steroid-dependent brain differentiation may ultimately prove to be a fertile field of research in the future.

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