



A photograph by Nick Chaldakov (www.chaldakov.com)

*Sometimes our best efforts do not go
amiss; sometimes we do as we meant to.
The sun will sometimes melt a field of sorrow
that seemed hard frozen: may it happen for you.*
Sheenagh Pugh, From *Sometimes* (1)

Dear Colleagues,

In 1992, Editor's Foreword of *Biomedical Reviews (BMR)*, volume 1, started with the above cited poetry of Sheenagh Pugh, a British poet, novelist and translator, who taught creative writing at the University of Glamorgan in Wales until retiring in 2008. Then, from London, I wrote: "After 45 years of sorrow, the "sometimes" melting point reached Bulgaria too. The Journal is a part of such a sometime-ness that has become possible through collaborative work with my friends, Dr P. Ghenev, Dr K. Dikranian and Mr K. Kralev – executive director of the Bulgarian-American Center in Varna."

The first volume of *BMR* was published on behalf of the Bulgarian-American Center (2). Its publication was materialized with the cheque of Mrs Ruth Rudovsky "pay to the order of Bulgarian-American Center" (the copy of the cheque is shown below). In 1990 in Varna, Bulgaria, we personally met Mrs Rudovsky, a retired teacher from USA, on her tour in East European countries welcoming the democracy since 1989.

In 2011, we, Bulgarians, celebrate 22 years of democratic changes in our country. Coincidentally, we are releasing *BMR*, volume 22. Now we wish to express our cordial appreciation to the collaborative spirit and action of generous Mrs Ruth Rudovsky! Reminding us of a part of Robert Frost's *Mowing*:

*The fact is the sweetest dream that labour knows.
My long scythe whispered and left the hay to make.*

George N. Chaldakov
Editor-in-Chief, *BMR*

1. In: G. Benson, J. Chernaik, C. Herbert, editors. *100 Poems on the Underground*. Cassel Publishers Ltd, London, UK. 1991; p 124.
2. In 2006 the Bulgarian Society for Cell Biology (BGSCB), a professional society serving the cell biology community of colleagues devoted to the excellence of research, education, and friendship, was launched.

On behalf of the Society the following main activities are developing:

- (i) Publication of two international journals
 - (a) *Biomedical Reviews*, and
 - (b) *Adipobiology*, since 2009 presenting state-of-the-science reviews and research articles on adipose tissue in health and disease
- (ii) Organization of Biomedical Forum, since 1990 an university program of CME (continuing medical education)
- (iii) Organization of International Symposia on Adipobiology and Adipopharmacology (ISAA).

NOTE: The 3rd ISAA will be held 25-27 October 2012 in Burgas, Bulgaria.

Welcome message, Preliminary Program and related information are published on pages 91-94.

RUTH RUDOVSKY

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Pay to the order of *Bulgaria - American Center* \$ *1,000*^{00/100}

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