

## Effects of combined exposures of fluoranthene and polyethylene or polyhydroxybutyrate microplastics on oxidative stress biomarkers in the blue mussel (*Mytilus edulis*)

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**Effects of combined exposures of fluoranthene and polyethylene or polyhydroxybutyrate microplastics on oxidative stress biomarkers in the blue mussel (*Mytilus edulis*)**

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2 **1 Effects of combined exposures of fluoranthene and polyethylene or**  
3  
4 **2 polyhydroxybutyrate microplastics on oxidative stress biomarkers in the blue**  
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6 **3 mussel (*Mytilus edulis*)**

8  
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**ABSTRACT**

A growing interest in developing and commercialization of new ecofriendly plastic polymers is occurring attributed to the impact of marine plastics debris and microplastics that result from the degradation of oil-based polymers as these substances adversely affect ecosystem health. Recently, polyhydroxybutyrate (PHB) has become of interest due its biodegradability and physicochemical properties. However, biological consequences resulting from bioplastics exposure remains to be determined. Further, few data are apparently available regarding the potential for bioplastics to act as a vector for exogenous chemicals in the environment. The aim of the study was to compare the effects of polyethylene (PE MPs) and polyhydroxybutyrate (PHB MPs) microplastics administered alone or in combination with fluoranthene (Flu) on detoxifying enzymes in digestive glands and gills of *Mytilus edulis*. Blue mussels were exposed for 96hr to 8 experimental groups: control, Flu-only, PE MPs-only, PHB MPs-only, PE MPs-Flu co-exposure, PHB MPs-Flu co-exposure, Flu-incubated PE MPs and Flu-incubated PHB MPs. Superoxide dismutase (SOD), catalase (CAT), glutathione peroxidases (GPx), glutathione S-transferase (GST) and glutathione reductase (GR) were found to be significantly susceptible to Flu and plastics in both tissues. Interestingly, single exposure to PHB MPs led to decreased levels of CAT and GST in gills, SOD in digestive glands and SeGPx in both tissues. In co-exposure and incubation treatments, biochemical responses were generally comparable with those exerted by PE MPs or PHB MPs only, suggesting an apparent absence of combined effects with pollutant. Data demonstrate the ecotoxicological impact of bioplastics materials on digestive glands and gills of *Mytilus edulis*.

**Keywords:** biodegradable polymer, biomarker profile, bioplastics, blue mussels, microplastic

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## 48 **Introduction**

Oil-based plastic debris and subsequently the microplastics (MPs) formed by their degradation are one of the current major environmental concerns. These plastics are defined chemically as organic or semi-organic materials with long chains (macromolecules) and high molecular weight, generated by the polymerization of monomers extracted from oil or gases (Cole et al., 2011). Once in seawater, microplastics were shown to be ingested by aquatic species which resulted in a number of deleterious effects (Guzzetti et al., 2018; Alimba and Faggio, 2019). The color, density, shape and size of MPs often leads marine organisms to mistake MPs for food items and the consequences of this includes blockage of the digestive system and false feeling of satiation (Wright et al., 2013). In addition, MPs may act as a vehicle for transport of several contaminants dissolved in the aquatic environment (Andrady, 2011). This ‘vector effect’ (Syberg et al., 2015), suggests that oil-based MPs may trap and transport environmental pollutants including persistent organic pollutants (POPs) or metals (Oliveira et al., 2013; Avio et al., 2015; Khan et al., 2015; Magara et al., 2018). The possibility that plastics might then transport the adhered contaminants into aquatic biota is currently being debated (Koelmans et al., 2016), and lab investigations into the vector effect remain ongoing.

There is a mounting interest in “green materials” and a focus on development and production of biodegradable polymers (Mohanty et al., 2002). In contrast to oil-based polymers, these biopolymers are derived from bioprocesses, using renewable resource in bio-refineries. Due to their mechanical and physicochemical characteristics, these biodegradable polymers may be considered as an eco-friendly substitutes to plastic (Anjum et al., 2016). In recent years, polyhydroxybutyrate (PHB) has received growing interest for its characteristics similar to oil-based plastic (Dacosta et al., 2016). Polyhydroxybutyrate is water insoluble, but highly biodegradable biopolymer, relatively resistant to hydrolytic degradation which is extracted with chloroform from bacterial cultures grown on carbohydrates. PHB (1) displays low oxygen permeability and reliable thermoplasticity with poor mechanical properties, (2) high crystallinity degree and (3) is optically active with a mass about

1  
2 73 approximately  $0.5 \times 10^6$  Da (Anjum et al., 2016). However, although PHB is currently available  
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4 74 commercially, especially as main component of biodegradable market bags, to the best of our  
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6 75 knowledge little is known regarding the environmental impact or effects on aquatic organisms. By  
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8 76 sharing many characteristics with oil-based plastics, it is feasible that in the aquatic environment,  
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10 77 bioplastic undergoes modifications, resulting in generation of MPs as is the case for oil-based  
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12 78 polymers (Andrady, 2011). If due to environmental and societal pressures a move is made towards use  
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14 79 of bioplastics, then it is vital to gather information on the influence of these bioplastics on the  
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16 80 ecosystem health.  
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20 81 Oxidative stress results from an imbalance between pro-oxidants such as reactive oxygen species  
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22 82 (ROS), and the protective antioxidant system. Mechanisms that involve glutathione (GSH), and the  
23  
24 83 related antioxidant enzymes superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidases  
25  
26 84 (SeGPx and GPx) represent important protective metabolic pathways which are used as biomarkers  
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28 85 related to pollutant induced oxidative stress. Glutathione (GSH) in its reduced form is an important  
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30 86 non-enzymatic scavenger of oxyradicals, involved in the metabolism of toxic compounds and  
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32 87 endogenous substances (Meister and Anderson, 1983). Both SOD and CAT enzymes catalyze the  
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34 88 breakdown of ROS-generating  $O_2^-$  and  $H_2O_2$ , respectively and are key components within the primary  
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36 89 defense system against oxidative stress-induced damage. SeGPx enzyme reduces either hydrogen  
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38 90 peroxide or organic peroxides and GPx enzyme affects organic hydroperoxides. Polycyclic aromatic  
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40 91 hydrocarbons (PAHs), of which fluoranthene (Flu) is often used as a model contaminant (and in  
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42 92 addition a priority aquatic pollutant (Directive 2008/105/EC)), are known to initiate oxidative stress  
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44 93 which was assessed by these aforementioned biomarkers (Cheung et al., 2001). The oxidative stress  
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46 94 biomarkers employed in the present study were utilized to determine the impact of a range of  
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48 95 xenobiotics on aquatic organisms (Al kaddissi et al., 2012; 2016; Cozzari et al., 2015; Elia et al.,  
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50 2017a; 2017 b; 2018; Magara et al., 2018). Previous studies utilizing these biomarkers to elucidate the  
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2 97 MP vector effect demonstrated a perturbation of intracellular antioxidant defenses (Oliveira et al.,  
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4 98 2013; Avio et al., 2015; Magara et al., 2018).

6  
7 99 Previously Magara et al. (2018) investigated the influence of polyethylene microplastic beads  
8  
9 100 (PE MPs) on the accumulation and associated oxidative stress responses attributed to Flu in blue  
10  
11 101 mussels, *Mytilus edulis*. The mussels were exposed to 4 treatment groups: Flu-only, MP-only, Flu and  
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13 102 MP co-exposure, and Flu-incubated MP. Individual contaminant exposures to Flu or MP resulted in  
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16 103 varying responses, but co-exposures and incubated treatments (i.e. Flu was sorbed to plastic surfaces  
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18 104 prior to exposure) did not induce additive or synergistic responses. Further, MP-only exposure  
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20 105 appeared to be capable of eliciting direct effects on the oxidative stress system as evidenced by  
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22  
23 106 enhanced activities of CAT and GPx (Magara et al., 2018).

25 107 Thus, the present study was designed to investigate the potential impact of PHB microplastics as a  
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27 108 single contaminant and in combination with Flu on the oxidative stress system of blue mussel (*Mytilus*  
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30 109 *edulis*), a well-regarded test species for MPs (Avio et al., 2015; Paul-Pont et al., 2016; Sahlmann et al.  
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32 110 2017; Von Moos, 2012). PE MPs, as an example of oil-based MPs, were employed as a comparison to  
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34 111 PHB MPs. The aim of the study was to examine the comparative changes on oxidative stress  
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36 112 biomarkers levels induced by oil based (PE) MPs and 'new' bioplastic PHB MPs as both single  
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39 113 contaminants and as potential vectors for PAHs.

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## 43 115 **Materials and methods**

### 46 116 *Mussels collection and maintenance*

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49 117 Blue mussel (*Mytilus edulis*) were collected in June, 2016, in Vellerup Vig – Isefjord, N 55°40.6'; E  
50  
51 118 11°48.7', in an non-polluted deep inlet of Baltic Sea near Roskilde (Denmark). The mussels were  
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53 119 maintained in a temperature-controlled room (10 ± 1°C). All specimens were placed in tanks (size 39 x  
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56 120 21 x 25 cm), filled with 10 L of field water. Field water was gradually replaced with lab water

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2 121 maintaining similar salinity (20 salinity). Mussels were fed for the following three weeks twice weekly.  
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4 122 A 16:8 hr light/dark photoperiod was maintained throughout.  
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### 7 123 *Chemicals and preparation*

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10 124 A primary stock solution of Flu (Fluka Chemika, Steinheim, Switzerland) was prepared at 1 mg/ml  
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12 125 in acetone. PE MPs were purchased from Cospheric LLC (Santa, Barbra, CA, USA) and PHB beads  
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14 126 provided by Prodotti Gianni S.R.L. (Milano, Italy). Both polymers were white in color and similar in  
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17 127 size (10–90  $\mu\text{m}$ ). Both MPs were treated with 0.1% Tween80 to enable dispersion in water column  
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19 128 (Khan et al., 2015).  
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21 129 To prepare each exposure treatment accurately a weight to MP number ratio was determined for  
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24 130 both PE and PHB particles. The weight associated to  $1 \times 10^6$  MPs was weighed out for each treatment  
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26 131 group containing MPs. The MPs were dispersed in 5 ml of 0.1% Tween80 solution and shaken at 150  
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28 132 rpm overnight. The MPs were filtered through 1  $\mu\text{m}$  nylon mesh and resuspended in 200 ml 20 salinity  
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30  
31 133 water and kept shaking until the start of the experiment (150 rpm). MPs that required incubation with  
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33 134 Flu were resuspended into 20 ml acetone to which the appropriate amount of Flu stock was added to  
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35 135 yield the correct final concentration of 100  $\mu\text{g/L}$  when made up to the final exposure solution. After an  
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38 136 initial mixing, dispersions were left under a fume hood for the acetone to evaporate and the Flu sorb to  
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40 137 the PE MPs. This method was adopted from use with other particulate contaminants (Al-Subiai et al.,  
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42 138 2012). When complete dryness was achieved overnight the Flu-incubated MPs were resuspended in  
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44 139 200 ml 20 salinity water and placed with the other dispersions on the shaking table overnight.  
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### 47 140 *Mussels exposure*

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50 141 Mussels were exposed for 96 hr to 8 treatment groups as follows, (A) Control (no added  
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52 142 contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F)  
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54 143 PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs (n=4 per  
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57 144 treatment). The Flu and MP concentrations across all treatments were 100  $\mu\text{g/L}$  and 1000 MPs/ml,  
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1  
2 145 respectively. Although the concentrations exceeded environmental realistic conditions , the aim of this  
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4 146 study was to understand mechanistic responses that are more easily captured at higher exposure levels.  
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7 147 The concentrations used are consistent with previous studies (Al-Subiai et al.,2012; Cole et al., 2016;  
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9 148 Magara et al., 2018). Acetone and Tween80 were consistently added across treatments to prevent the  
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11 149 confounding influence of solvent and detergent. Ninety-six hr mussel exposures were conducted at  
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13 150  $10\pm 1^{\circ}\text{C}$  and a 16/8 hr light/dark photoperiod. Mussels were individually exposed in aerated beakers  
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16 151 (250 ml) filled with 200 ml treatment solution. Four samples of two pooled mussels were exposed per  
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18 152 treatment group.

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20 153 To start the experiment, each 200 ml dispersion was made up to 1 L with 20 salinity water and  
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23 154 vigorously stirred to ensure homogenous distribution of MPs in the water column. The 1 L dispersion  
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25 155 was then divided into 5 200 ml units again ensuring a homogenous distribution of MPs between  
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27 156 beakers. The appropriate amount of Flu stock was added to the Flu-only and co-exposures groups prior  
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30 157 to the start of the experiment. Post exposure (96 hr), mussels were removed and rinsed thoroughly  
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32 158 under 20 salinity water. Gill and digestive gland tissues were extracted from each individual and  
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34 159 placed in separate pre-weighed and pre-labelled vials. Tissues for biomarkers and Flu concentration  
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36 160 analysis were stored at  $-80^{\circ}\text{C}$  and  $-20^{\circ}\text{C}$ , respectively. No mortalities were recorded during the  
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39 161 experiments. .

### 40 41 42 162 ***Biochemical analysis***

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44 163 The analysis of biomarkers is described in detail elsewhere (Cozzari et al., 2015; Magara et al.,  
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46 164 2018). Briefly, total GSH levels as well as activities of SOD, CAT, GPx and SeGPx were measured in  
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49 165 cytosolic fraction of gills and digestive gland spectrophotometrically (Varian Cary 50  
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51 166 spectrophotometer at  $25^{\circ}\text{C}$ ). Protein concentrations in the cytosol were determined according to Lowry  
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53 167 et al. (1951) and used to normalize enzyme levels. All analyses were performed in triplicate along with  
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56 168 blank samples (buffer and reagents only). These absorbance values were subtracted from those of the  
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2 169 sample. SOD activity was determined according to an established method (McCord and Fridovich,  
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4 170 1969). Catalase levels were measured following the decrease in absorbance due to H<sub>2</sub>O<sub>2</sub> consumption  
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6 171 at 240 nm (Greenwald, 1985). GPx activities (SeGPx and total GPx) were determined following the  
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9 172 oxidation of nicotinamide adenine dinucleotide phosphate reduced form (NADPH) at 340 nm  
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11 173 (Lawrence and Burk, 1976). GR activity was measured in 100 mM NaH<sub>2</sub>PO<sub>4</sub> + Na<sub>2</sub>HPO<sub>4</sub> buffer, pH  
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13 174 7, 1 mM oxidized glutathione (GSSG), and 60 μM NADPH; the decrease in absorbance due to the  
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16 175 oxidation of NADPH was measured at 340 nm (Chung et al. 1991). GST activity was determined in  
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18 176 100 mM NaH<sub>2</sub>PO<sub>4</sub> + Na<sub>2</sub>HPO<sub>4</sub> buffer, pH 6.5, 1 mM GSH, 1 mM 1-chloro-2,4 dinitrobenzene  
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20 177 (CDNB) as substrates and sample. Formation of the conjugate with GSH was read at 340 nm (Habig et  
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22  
23 178 al. 1974). Total glutathione (GSH+2GSSG) was measured following homogenization in 5%  
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25 179 sulphosalicylic acid with 4mM EDTA by the GR recycling assay at 412 nm (Akerboom and Sies,  
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27 180 1981).  
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### 30 181 *Statistical analysis*

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33 182 Data are reported as mean values ± the standard deviation (SD). Levene's test for normal distribution  
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35 183 was performed on datasets prior to statistical analysis. A one-way ANOVA with Bonferroni's multiple  
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37 184 comparison test was used to investigate differences between treatment groups (GraphPad Prism  
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40 185 software). Statistical significance was set at P < 0.05.  
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### 43 186 **Results**

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46 187 In the gills, CAT activity levels significantly decreased in all treatment groups (up to 80%), except  
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48 188 for PE MPs only exposure compared to control (Figure 1C). The activity of SeGPx was markedly  
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51 189 lower (up to 90%) through the treatments (Figure 2C). GST levels in the treated groups were  
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53 190 significantly lower than control (up to 50%), except for Flu-incubated PHB MPs (Figure 3A). No  
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2 191 marked changes of SOD, GPx and GR activities were noted for all treatment compared to respective  
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4 192 controls (Figures 1A, 2A, 3C).  
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7 193 In the digestive glands, SOD activity was significantly reduced (up to 50%) in all treatments when  
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9 compared to control with the exception of the group incubated with to PE MPs only (Figure 1B). CAT  
10 194 activity was markedly decreased similar to SOD (up to 60%)., However, no significant differences  
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12 195 were found in mussels exposed to PHB MPs only and Flu-incubated PHB MPs (Figure 1D). Total GPx  
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14 196 markedly fell (60%) following Flu exposure (Figure 2B). Levels of SeGPx activity were significantly  
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16 197 reduced compared to control (up to 50%), except for PE MPs only and Flu-incubated PHB MPs groups  
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18 198 (Figure 2D). GST activity peaked (1.5 fold higher) in Flu exposed group (Figure 3B), whereas GR  
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20 199 activity levels showed increasing trends in all treated groups. The GR activity was markedly higher  
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22 200 following PE MPs only exposure (1 fold), PE MPs-Flu co-exposure (1.2 fold) and Flu-incubated PHB  
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24 201 MPs treatment (1 fold, Figure 3D).  
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## 32 203 **Discussion**

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34 204 The present study provides the first experimental evidence of stress-related effects initiated by  
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36 205 novel bio-microplastic exposure, either as a single contaminant or in combination with Flu, in the blue  
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38 206 mussel *Mytilus edulis*. The comparison was conducted with the more traditional oil-based plastic  
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40 207 polyethylene. Flu and both PE and PHB MPs modified the antioxidant responses in both gills and  
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42 208 digestive glands. The present results are largely in agreement with those previously reported for Flu  
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44 209 and PE MPs, both in single or combined exposures (Magara et al., 2018).  
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48 210 PE MPs altered the levels of several of the tested biomarkers. Although previous studies showed  
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50 211 that oil-based plastic led to enhanced antioxidant activities in copepods (Jeong et al., 2017) and fish  
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52 212 (Barboza et al., 2018), our results are in agreement with studies on mussels, showing a significant  
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54 213 inhibition of CAT, SeGPx and GST activity following oil-based MPs mussel exposure (Avio et al.,  
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2015; Paul-Pont et al., 2016). A decrease of CAT and GPx activities in digestive glands and of SeGPx and GST in gills exposed to PE MPs may be related to the size and shape of microplastics, that play a key role in initiation of biological changes (Browne et al., 2008; Von Moos, 2012; Avio et al., 2015). Small polystyrene plastic particles may be translocated from the gut to the circulatory system of *Mytilus edulis* and subsequently retained suggesting that these substances might reach crucial organs such as the heart or hepatic tissues to produce adverse effects (Browne et al., 2008). It is well known that oil-based microplastics may accumulate within organisms and induce tissue abrasions, as evidenced by histological changes in digestive cells and triggered inflammatory responses, formation of granulocytomas and lysosomal destabilization (Avio et al., 2015; Von Moos, 2012). Therefore, in this scenario, the imbalance of antioxidant defense markers might be expected and might be attributed to physical damage induced by MPs enabling further accumulation of reactive products. Further, in the present study increased GR activity in digestive glands might reflect the demand for GSH as defense mechanism against oxidative stress induced by oil-based MPs (Jeong et al., 2016).

The present study also carried out a co-exposure and incubation scenario of both PE and PHB MPs with Flu and reported information on oxidative stress related to the simultaneous exposure to compounds. In this scenario, a mussel experimental group exposed to Flu-only was used as positive control. Previously Pan et al (2005) found that at high benzo(k)fluoranthene, a PAH, concentrations the activity of antioxidant enzymes was diminished in the scallop *Chlamys farreri* in a time-dependent manner. Our findings that the marked decrease of SOD activity levels and both GPx in digestive glands, as well as SeGPx in gills and CAT activity in both tissues indicate that this Flu may exert detrimental effects when administered alone resulting in a severe oxidative stress in *Mytilus edulis*. The impairment of antioxidant biomarkers levels may be attributed to a chemical-mediated damage. Indeed, the enhanced GST activity measured in digestive glands might represent an important outcome, since this indicates elevated phase-II biotransformation metabolism. The significant induction of GST activity in mussels exposed to Flu-only may be attributed to production of specific

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2 239 substrates for GST by phase I enzymes, representing an effective defense line against Flu. Babson et al  
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4 240 (1986) showed that rat liver microsomes converted Flu to trans-2,3-dihydrodiol as the major  
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6 241 metabolite. Although data regarding Flu metabolites in blue mussels are lacking, it is suggested that  
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9 242 GST induction may be related to production of this intermediate.

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11 243 Biomarkers responses in digestive glands and gills of mussels exposed to both Flu and PE or PHB  
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13 244 MPs (co-exposure and incubated treatment) generally followed a trend similar to PAH alone or the  
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16 245 new plastic alone and no combined effects of these agents was apparent. The absence of combined  
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18 246 effects in *Mytilus edulis* exposed to PE MPs and Flu is in agreement with our previous results  
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20 247 (Magara et al., 2018), suggesting that MPs may act as a “sink” of environmental pollutants (Chua et al.  
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22  
23 248 2014; Khan et al. 2015). Chua et al. (2014), showed that the concentration of polybrominated diphenyl  
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25 249 ethers (PBDE) was lower in *Allorchestes compressa* co-exposed to microplastics than specimens  
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27 250 treated with PBDE alone. Chua et al (2014) concluded that the presence of MPs may inhibit the  
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29  
30 251 uptake of PBDE, perhaps because this contaminant is strongly absorbed onto microplastics surface  
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32 252 making it less bioavailable. It is already known that oil-based micropolymers have the propensity to  
33  
34 253 aggregate in water (Alimi et al., 2018) . Previously Khan et al (2015) found in zebrafish a decrease in  
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36 254 silver (Ag) uptake by fish attributed to diminished contact between Ag and tissues following oil-based  
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39 255 MP aggregation. Further, Magara et al. (2018) reported that Flu tissue concentrations were lower in  
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41 256 *Mytilus edulis* exposed to both co-exposure with polyethylene and PAH compared to specimens  
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43 257 treated with Flu alone. The absence of combined effects of PE MPs and Flu in *Mytilus edulis* and  
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46 258 previous results on Flu uptake in blue mussel (Magara et al., 2018), suggests that the interaction of  
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48 259 tissues with Flu might be delayed by this aggregation mechanism exerted by microplastics.  
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52 261 Bioplastics are currently becoming the leading material for replacing oil-based polymers since it is  
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55 262 more desirable than traditional plastic due to a propensity to biodegrade in the environment (Anjum et  
56  
57 263 al., 2016). Recently Napper and Thompson (2019) demonstrated that biodegradable polymers may  
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1  
2 264 not undergo any substantial deterioration over a 3 year period in marine environment, but may be  
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4 265 reduced in small fragments similar to oil-based plastics. Our data suggest that PHB MPs results  
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6 266 in altered levels of some oxidative stress biomarkers similar to oil-based MPs. The fact that bio-  
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9 267 microplastics may exert stress effects and the potential low biodegradability rate indicate a novel  
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11 268 threat for the marine environment. Therefore, it is crucial to understand degradation processes of  
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13 269 bioplastics in the environment, but also gathering knowledge regarding potential ecotoxicological  
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16 270 impacts. Although the damage exerted by oil-based polymers is becoming increasingly understood, it  
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18 271 is still necessary to investigate the possible consequences of bioplastics exposure both alone and in  
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20 272 combination with other environmental pollutants present in the aquatic ecosystem.  
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## 24 25 274 **Conclusions**

26  
27 275 The results of the present study demonstrated that PHB MPs modify the baseline levels of  
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30 276 biomarkers related to oxidative stress in *Mytilus edulis*. These alterations were similar to those exerted  
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32 277 by PE MPs treatments for some of the antioxidant biomarkers. Further, the responses measured in  
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34 278 both co-treatments were similar to those noted with MP-alone exposures. Data indicated the absence  
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36 279 of any combined effects produced by oil-based MPs or bioplastics MPs and Flu.  
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## 40 41 281 **Acknowledgements**

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## Legend of Figures

**Figure 1.** SOD (A and B) and CAT (C and D) activity in gills (A and C) and digestive gland (B and D) of *Mytilus edulis* exposed to different treatment groups A-H as follows: (A) Control (no added contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F) PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs. Bars show mean values  $\pm$  S.D. Different letters (a, b, c) indicate statistical significant differences ( $P < 0.05$ , one-way ANOVA with post-hoc Bonferroni test). Note different scales on different x-axes.

**Figure 2.** GPx (A and B) and SeGPx (C and D) activity in gills (A and C) and digestive gland (B and D) of *Mytilus edulis* exposed to different treatment groups A-H as follows: (A) Control (no added contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F) PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs. Bars show mean values  $\pm$  S.D. Different letters (a, b, c) indicate statistical significant differences ( $P < 0.05$ , one-way ANOVA with post-hoc Bonferroni test). Note different scales on different x-axes.

**Figure 3.** GST (A and B) and GR (C and D) activity in gills (A and C) and digestive gland (B and D) of *Mytilus edulis* exposed to different treatment groups A-H as follows: (A) Control (no added contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F) PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs. Bars show mean values  $\pm$  S.D. Different letters (a, b, c) indicate statistical significant differences ( $P < 0.05$ , one-way ANOVA with post-hoc Bonferroni test).

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3 1 ~~Declarations of interest: none.~~

4 2 **Effects of combined exposures of fluoranthene and polyethylene or**  
5 3 **polyhydroxybutyrate microplastics on oxidative stress biomarkers in the blue**  
6 4 **mussel (*Mytilus edulis*)**

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13 11 [Running title: Bioplastics as a vector for environmental pollutants](#)

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**ABSTRACT**

A growing interest in developing and commercialization of new ecofriendly plastic polymers is occurring ~~attributed owing~~ to the impact of marine plastics debris and microplastics that result from the degradation of oil-based polymers ~~as these substances adversely affect ecosystem health~~. Recently, polyhydroxybutyrate (PHB) has become of interest due its biodegradability and physico-chemical properties. However, biological ~~consequences~~ ~~impacts~~ resulting from bioplastics exposure ~~remains to be determined~~ ~~is yet unknown~~. ~~Moreover~~ ~~Further~~, ~~few data are apparently available regarding nothing is known about~~ the potential for bioplastics to act as a vector for exogenous chemicals in the environment. The aim of the study was to compare the effects of polyethylene (PE MPs) and polyhydroxybutyrate (PHB MPs) microplastics administered ~~alonesingularly~~ or in combination with fluoranthene (Flu) on detoxifying enzymes in digestive glands and gills of *Mytilus edulis*. Blue mussels were exposed for 96hr to ~~8 eight~~ experimental groups: control, Flu-only, PE MPs-only, PHB MPs-only, PE MPs-Flu co-exposure, PHB MPs-Flu co-exposure, Flu-incubated PE MPs and Flu-incubated PHB MPs. Superoxide dismutase (~~SOD~~), catalase (~~CAT~~), glutathione peroxidases (~~GPx~~), glutathione S-transferase (~~GST~~) and glutathione reductase (~~GR~~) ~~were found~~ ~~have proved~~ to be ~~significantly~~ susceptible to Flu and plastics in both tissues. Interestingly, ~~single exposure to~~ PHB MPs ~~single exposure~~ led to ~~decreased levels of~~ CAT and GST in gills, SOD in digestive glands and SeGPx in both ~~tissues~~ ~~biomarkers~~ ~~biomarkers~~ ~~STATE INCREASE OR DECREASE?~~ ~~in~~ SOD, CAT, etc. ~~impairments~~. In co-exposure and incubation treatments, biochemical responses were generally comparable with those exerted by PE MPs or PHB MPs only, suggesting ~~an apparent absence of no~~ combined effects with pollutant. ~~The present findings are amongst the first to describe~~ ~~Data demonstrate~~ the ecotoxicological ~~potential~~ impact of bioplastics materials ~~on digestive glands and gills of Mytilus edulis~~.

1  
2 48 **Keywords:** biodegradable polymer, biomarker profile, -bioplastics, [blue mussels](#), microplastic  
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## 10 51 **Introduction**

11 52 \_\_\_ Oil-based plastic debris and subsequently the microplastics (MPs) formed by their degradation are  
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14 53 one of the ~~current major biggest~~ environmental ~~concerns. issues of the day.~~ These plastics are defined  
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16 54 ~~chemically~~ as organic or semi-organic materials with long chains (macromolecules) and high molecular  
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18 55 weight, generated by the polymerization of monomers extracted from oil or gases (Cole et al., 2011).  
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21 56 Once in seawater, microplastics ~~were have been~~ shown to be ingested by aquatic species which ~~resulted~~  
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23 57 ~~in can lead to~~ a number of deleterious effects ([Guzzetti et al., 2018](#); [Alimba and Faggio, 2019](#)) (~~NEED~~  
24  
25 58 ~~REF??~~). The color, density, shape and size of MPs often leads marine organisms to mistake MPs for  
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27  
28 59 food items and the consequences of this includes, blockage of the digestive system and false feeling of  
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30 60 satiation (Wright et al., 2013). ~~In addition, ,and also~~ MPs may act as a vehicle for ~~the~~ transport of  
31  
32 61 several contaminants dissolved in ~~the aquatic~~ environment (Andrady, 2011). This ‘vector effect’  
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34 62 (Syberg et al., 2015), suggests that oil-based MPs may trap and transport environmental pollutants  
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36 63 ~~including, such as~~ persistent organic pollutants (POPs) or metals (Oliveira et al., 2013; Avio et al.,  
37  
38 64 2015; Khan et al., 2015; Magara et al., 2018). The possibility that plastics ~~might can~~ then transport the  
39  
40 65 adhered contaminants into aquatic biota is ~~currently being still~~ debated (Koelmans et al., 2016), ~~and but~~  
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42 66 ~~laboratory~~ investigations into the vector effect remain ongoing.  
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46 67 \_\_\_ There is a mounting interest in “green materials” and a focus on ~~the~~ development and production of  
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48 68 biodegradable polymers (Mohanty et al., 2002). ~~In contrast to Unlike~~ oil-based polymers, these  
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50 69 biopolymers ~~are derived~~ from bioprocesses, using renewable resource in bio-refineries, ~~and d~~Due to  
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52 70 their mechanical and ~~physicochemical, -physieal~~ characteristics, ~~these biodegradable polymers~~ may be  
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55 71 considered as an eco-friendly substitutes to plastic (Anjum et al., 2016). In recent years,  
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polyhydroxybutyrate (PHB) has received ~~ing~~ growing interest for its characteristics similar to oil-based plastic ~~(NEED REF??)~~(Dacosta et al., 2016). ~~It~~ Polyhydroxybutyrate is a water insoluble, but highly biodegradable biopolymer, relatively resistant to hydrolytic degradation ~~which~~ ~~It~~ is extracted with chloroform from bacterial cultures ~~which is~~ grown on carbohydrates. PHB (1) displays ~~has~~ low oxygen permeability and ~~reliable good~~ thermoplasticity with poor mechanical properties, (2) high crystallinity degree and (3) is optically active, with a mass about approximately  $0.5 \times 10^6$  Da (Anjum et al., 2016). However, although PHB is currently available commercially, especially as main component of biodegradable market bags, to ~~the our~~ best ~~of our~~ knowledge little is known ~~regarding about it is the~~ environmental impact or effects on aquatic organisms. By sharing many characteristics with oil-based plastics, it is feasible that in the aquatic environment, bioplastic undergoes modifications, ~~resulting in~~ ~~leading to~~ generation of MPs as is the case for oil-based polymers (Andrady, 2011). ~~If due to~~ ~~environmental and societal pressures a move is made towards use of bioplastics, then it is vital to~~ ~~gather information on the influence of these bioplastics on the ecosystem health.~~

Oxidative stress results from an imbalance between pro-oxidants, such as reactive oxygen species (ROS), and the protective antioxidant system. Mechanisms that involve glutathione (GSH), and the related antioxidant ~~enzymes s~~ superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidases (SeGPx and GPx) represent important protective metabolic pathways ~~which and~~ are used as biomarkers related to pollutant induced oxidative stress. Glutathione (GSH) in its reduced form is an important non-enzymatic scavenger of oxyradicals, ~~and is~~ involved in the metabolism of toxic compounds and endogenous substances (Meister and Anderson, 1983). Both SOD and CAT enzymes catalyze the breakdown of ROS-~~generatingcausing~~  $O_2^-$  and  $H_2O_2$ , respectively and are key components within the primary defense system against oxidative stress-induced damage. SeGPx enzyme ~~can~~ reduces either hydrogen peroxide or organic peroxides and GPx enzyme affects organic hydroperoxides. ~~Polycyclic aromatic hydrocarbons (PAHs)~~, of which fluoranthene (Flu) is often used as a model contaminant ~~(and in addition a priority aquatic pollutant (Directive 2008/105/EC))~~, are

1  
2 97 known to ~~initiate~~~~generate~~ oxidative stress which ~~was~~ ~~has been~~ assessed by these aforementioned  
3  
4 98 biomarkers (Cheung et al., 2001). The oxidative stress biomarkers ~~employed~~ ~~used~~ in the present study;  
5  
6 99 ~~were~~~~have been~~ utilized to ~~determine~~ ~~assess~~ the impact of a range of xenobiotics on aquatic organisms  
7  
8  
9 100 (Al kaddissi et al., 2012;~~;~~ 2016; Cozzari et al., 2015; Elia et al., 2017a;~~;~~ 2017 b;~~;~~ 2018; Magara et al.,  
10  
11 101 2018). Previous studies utilizing these biomarkers to elucidate the MP vector effect ~~have~~ demonstrated  
12  
13 102 a perturbation of intracellular antioxidant defenses (Oliveira et al., 2013; Avio et al., 2015; Magara et  
14  
15  
16 103 al., 2018).

17  
18 104 ~~Our p~~ ~~Previously~~ ~~study~~ (Magara et al., (2018) investigated the influence of polyethylene microplastic  
19  
20 105 beads (PE MPs) on the accumulation and associated oxidative stress responses attributed to  
21  
22 106 ~~fluoranthene~~ (Flu) in blue mussels, *Mytilus edulis*. The mussels were exposed to ~~4~~ ~~four~~ treatment  
23  
24  
25 107 groups: Flu-only, MP-only, Flu and MP co-exposure, and Flu-incubated MP. Individual contaminant  
26  
27 108 exposures to Flu or MP ~~resulted~~ ~~in~~ ~~to~~ varying responses, but co-exposures and

28  
29 109 WHAT IS THIS incubated ???DO YOU MEAN IN VITRO? treatments (i.e. Flu was sorbed to plastic  
30  
31 surfaces prior to exposure) ~~exposures~~ did not ~~induce~~ ~~result in~~ additive or synergistic ~~responses~~ ~~effects~~.  
32 110  
33  
34 111 ~~Moreover~~ ~~Further~~, MP-only exposure appeared to be capable of eliciting direct effects on the oxidative  
35  
36 112 stress system as ~~evidenced~~ ~~demonstrated~~ by ~~the~~ ~~enhanced~~ activities of CAT and GPx (Magara et al.,  
37  
38  
39 113 2018).

40  
41 114 ~~If due to environmental and societal concerns a move is made towards bioplastics, then it is vital to~~  
42  
43 115 ~~gather information on the impacts of the bioplastics. This includes the possibility of bioplastics as~~  
44  
45 116 ~~vectors of other pollutants.~~

46  
47  
48 117 \_\_\_\_ Thus, the present study was designed to investigate the potential impact of PHB microplastics as a  
49  
50 118 single contaminant and in combination with ~~fluoranthene~~ (Flu), ~~a representative PAH~~, on the oxidative  
51  
52 119 stress system of blue mussel (*Mytilus edulis*), a well-regarded test species for MPs (Avio et al., 2015;  
53  
54  
55 120 Paul-Pont et al., 2016; Sahlmann et al 2017; Von Moos, 2012). PE MPs, as an example of oil-based  
56  
57 121 MPs, were ~~employed~~ ~~as~~ used a comparison to ~~the~~ PHB MPs. The aim of the study was to examine the

comparative changes on oxidative stress biomarkers levels induced by oil based (PE) MPs and ‘new’ bioplastic PHB MPs as both single contaminants and as potential vectors for PAHs.

~~SHIFT TO METHODS~~ ~~Mussels were exposed for 96 h to seven treatment groups; Control (no added contaminants), Flu only, PE MPs only, PHB MPs only, PE MPs-Flu co-exposure, PHB MPs-Flu co-exposure, Flu-incubated PE MPs and Flu-incubated PHB MPs. !!~~

~~The aim of the study was to investigate the comparative changes on oxidative stress biomarkers levels induced by oil based (PE) MPs and ‘new’ bioplastic PHB MPs as both single contaminants and as potential vectors for PAHs.~~

## Materials and methods

### *Mussels collection and maintenance*

Blue mussel (*Mytilus edulis*) were collected in June, 2016, in Vellerup Vig – Isefjord, N 55°40.6'; E 11°48.7', in an ~~un~~ non-polluted deep inlet of Baltic Sea near Roskilde (Denmark). The mussels were ~~maintained~~ located in a temperature-controlled room ( $10 \pm 1^\circ\text{C}$ ). All specimens were placed in tanks (size 39 x 21 x 25 cm), filled with 10 L of field water. Field water was gradually replaced with ~~laboratory~~ water maintaining similar salinity (20 salinity). Mussels were fed for the following three weeks twice weekly. A 16:8 h light/dark photoperiod was maintained throughout.

### *Chemicals and preparation*

~~\_\_~~ A primary stock solution of Flu (Fluka Chemika, Steinheim, Switzerland) was prepared at 1 mg/ml ~~l~~ in acetone. PE MPs were purchased from Cospheric LLC (Santa, Barbra, CA, USA) and PHB beads ~~were~~ provided by Prodotti Gianni S.R.L. (Milano, Italy). Both polymers were white in color and similar in size (10–90  $\mu\text{m}$ ). Both MPs were treated with 0.1% Tween80 to enable ~~allow~~ dispersion in water column (Khan et al., 2015).

To prepare each exposure treatment ~~correct~~ accurately a weight to MP number ratio was determined for both PE and PHB particles. The weight associated to  $1 \times 10^6$  MPs was weighed out for each treatment group containing MPs. The MPs were dispersed in 5 ml of 0.1% Tween80 solution and shaken at 150 rpm overnight. The MPs were filtered through 1  $\mu$ m nylon mesh and resuspended in 200 ml ~~L-of~~ 20 salinity water and kept shaking until the start of the experiment (150 rpm). MPs that required incubation with Flu were resuspended into 20 ml ~~L-of~~ acetone to which the appropriate amount of Flu stock was added to ~~yield~~ give the correct final concentration of  $100 \mu\text{g}/\text{L}^{-1}$  when made up to the final exposure solution. After an initial mixing, dispersions were left under a fume hood for the acetone to evaporate and the Flu sorb to the PE MPs. This method was adopted from use with other particulate contaminants (Al-Subiai et al., 2012). ~~Having achieved-When~~ complete dryness ~~was achieved~~ overnight the Flu-incubated MPs were resuspended in 200 ml ~~L-of~~ 20 salinity water and ~~were~~ placed with the other dispersions on the shaking table overnight.

### *Mussels exposure*

Mussels were exposed for 96 hr to ~~8 eight~~ treatment groups as follows, (A) Control (no added contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F) PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs (n=4 per treatment).~~(1) Control (no added contaminants), (2) Flu only, (3) PE MPs only, (4) PHB MPs only, (5) PE MPs-Flu co-exposure, (6) PHB MPs-Flu co-exposure, (7) Flu-incubated PE MPs and (8) Flu-incubated PHB MPs.~~ The Flu and MP concentrations across all treatments ~~were as~~  $100 \mu\text{g}/\text{L}^{-1}$  and  $1000 \text{ MPs}/\text{mL}^{-1}$ , respectively. Although the concentrations ~~exceeded~~ environmental realistic ~~conditions~~ ~~m~~, the aim of this study was to understand mechanistic responses that are more easily captured at higher exposure ~~concentration~~ levels. The concentrations used are consistent with previous studies (Al-Subiai et al., 2012; Cole et al., 2016; Magara et al., 2018). Acetone and ~~T~~ Tween80 were consistently added across treatments to prevent the confounding ~~influence~~ ~~mpaet~~ of solvent and

1  
2 170 detergent. Ninety-six ~~hr~~ mussel exposures were conducted at  $10\pm 1^\circ\text{C}$  and a 16/8 hr light/dark  
3  
4 171 photoperiod. Mussels were individually exposed in aerated beakers (250 mL) filled with 200 mL of  
5  
6 172 ~~exposure~~ solution. ~~Five~~ Four samples of two pooled mussels were exposed per treatment  
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8  
9 173 group.

10  
11 174 To start the experiment, each 200 mL dispersion was made up to 1 L with 20 salinity water and  
12  
13 175 vigorously stirred to ensure ~~the~~ homogenous distribution of MPs in the water column. The 1 L  
14  
15 176 dispersion was then ~~divided~~ split into ~~5~~ five 200 mL ~~units~~ exposures, again ensuring a homogenous  
16  
17  
18 177 distribution of MPs between beakers. The appropriate amount of Flu stock was added to the Flu-only  
19  
20 178 and co-exposures ~~groups prior to~~ before the start of the experiment. Post exposure (96 hr), mussels  
21  
22  
23 179 were removed and rinsed thoroughly under 20 salinity water. Gill and digestive gland tissues were  
24  
25 180 ~~extracted~~ dissected from each individual and placed in separate pre-weighed and pre-labelled vials.  
26  
27 181 Tissues for biomarkers and Flu concentration analysis were stored at  $-80^\circ\text{C}$  and  $-20^\circ\text{C}$ , respectively.  
28  
29  
30 182 No mortalities were recorded during the ~~experiments~~ exposure.

### 31 32 33 183 **Biochemical analysis**

34  
35 184 The analysis of biomarkers is described in detail elsewhere (Cozzari et al., 2015; Magara et al.,  
36  
37 185 2018). Briefly, total ~~GSH levels~~ glutathione, as well as activities of SOD, CAT, GPx and SeGPx were  
38  
39 186 measured in cytosolic fraction of gills and digestive gland ~~by~~ spectrophotometrically analysis (Varian  
40  
41  
42 187 Cary 50 spectrophotometer at  $25^\circ\text{C}$ ). Protein concentrations in the cytosol were determined according  
43  
44 188 to Lowry et al. (1951) and ~~were~~ used to normalize enzyme levels. All analyses were performed in  
45  
46  
47 189 triplicate along with blank samples (buffer and reagents only). These absorbance values were  
48  
49 190 subtracted from those of the sample. SOD activity was determined according to an established method  
50  
51 191 (McCord and Fridovich, 1969). Catalase levels were measured following the decrease in absorbance  
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53  
54 192 due to  $\text{H}_2\text{O}_2$  consumption at 240 nm (Greenwald, 1985). GPx activities (SeGPx and total GPx) were  
55  
56 193 determined following the oxidation of nicotinamide adenine dinucleotide phosphate reduced form  
57  
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(NADPH) at 340 nm (Lawrence and Burk, 1976). GR activity was measured in 100 mM NaH<sub>2</sub>PO<sub>4</sub> + Na<sub>2</sub>HPO<sub>4</sub> buffer, pH 7, 1 mM oxidized glutathione (GSSG), and 60 μM NADPH; the decrease in absorbance due to the oxidation of NADPH was measured at 340 nm (Chung et al. 1991). GST activity was determined in 100 mM NaH<sub>2</sub>PO<sub>4</sub> + Na<sub>2</sub>HPO<sub>4</sub> buffer, pH 6.5, 1 mM GSH, 1 mM 1-chloro-2,4-dinitrobenzene (CDNB) as substrates and sample. Formation of the conjugate with GSH was read at 340 nm (Habig et al. 1974). Total glutathione (GSH+2GSSG) was measured following homogenization in 5% sulphosalicylic acid with 4mM EDTA by the GR recycling assay at 412 nm (Akerboom and Sies, 1981).

### **Statistical analysis**

Data are reported as mean values ± the standard deviation (SD). Levene's test for normal distribution was performed on datasets prior to statistical analysis. A one-way ANOVA with Bonferroni's multiple comparison test was used to investigate differences between treatment groups ([GraphPad Prism software](#)). Statistical significance was set at P < 0.05.

### **Results**

In the gills, CAT activity levels significantly decreased in all treatment groups (up to 80%), except for PE MPs only exposure ~~when~~ compared to control (Figure 1C). The activity of SeGPx was markedly consistently lower (up to 90%) through the treatments (Figure 2C). GST levels in the treated groups were significantly lower than control (up to 50%), ~~unless exposed to~~ except for -Flu-incubated PHB MPs (Figure 3A). No marked changes of SOD, GPx and GR activities ~~y~~ were ~~noted~~ recorded for all ~~the~~ treatment compared to ~~respective~~ the own controls (Figures 1A, 2A, 3C).

In the digestive glands, SOD ~~activity concentrations~~ were ~~was~~ significantly reduced consistently ~~lowered~~ (up to 50%) in all treatments when compared to control with the exception of the group incubated with ~~exposed~~ to PE MPs only (Figure 1B). CAT activity was markedly decreased ~~lowered~~

1  
2 217 similar ~~ly~~ to SOD (up to 60%), ~~but no statistically~~ However, no significant differences were found  
3  
4 218 ~~recorded~~ in mussels exposed to PHB MPs only and Flu-incubated PHB MPs (Figure 1D). Total GPx  
5  
6 219 markedly fell dropped (60%) following Flu exposure (Figure 2B). Levels of SeGPx activity were  
7  
8  
9 220 ~~reliably lower~~ significantly reduced compared to ~~than~~ control (up to 50%), except unless for PE MPs  
10  
11 221 only and Flu-incubated PHB MPs groups (Figure 2D). GST activity peaked (1.5 fold higher) in Flu  
12  
13 222 exposed group (Figure 3B), whereas GR activity levels showed increasing trends in all treated groups. ~~;~~  
14  
15  
16 223 ~~†~~The GR activity was markedly higher following PE MPs only exposure (1 fold), PE MPs-Flu co-  
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18 224 exposure (1.2 fold) and Flu-incubated PHB MPs treatment (1 fold, Figure 3D).  
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21

## 22 225 Discussion

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24  
25 226 The present study provides the first experimental evidences of ~~the~~ stress-related effects  
26  
27 227 initiated~~caused~~ by novel bio-microplastic exposure, either as a single contaminant or in combination  
28  
29 228 with Flu, in ~~to~~ the blue mussel *Mytilus edulis*. The comparison was conducted~~made~~ with the more  
30  
31 229 traditional oil-based plastic polyethylene. Flu and both PE and PHB MPs modified the antioxidant  
32  
33  
34 230 responses in both gills and digestive glands. The present results are largely in agreement ~~line~~ with those  
35  
36 231 previously reported for Flu and PE MPs, both in single or combined exposures (Magara et al., 2018).  
37

38  
39 232 PE MPs altered the levels of several of the tested biomarkers. Although previous studies showed  
40  
41 233 that oil-based plastic led to enhanced antioxidant activities in copepods (Jeong et al., 2017) and fish  
42  
43 234 (Barboza et al., 2018), our results are in agreement with studies on mussels~~This outcome is in~~  
44  
45 235 agreement line with previous studies, showing a significant inhibition of CAT, SeGPx and GST activity  
46  
47  
48 236 following oil-based MPs mussel exposure (Avio et al., 2015; Paul-Pont et al., 2016). A ~~D~~ d decrease of  
49  
50 237 CAT and GPx activities -in digestive glands and of SeGPx and GST in gills exposed to PE MPs may be  
51  
52 238 related to the size and shape of microplastics, that ~~can~~ play a key role in initiation of ~~on promote~~  
53  
54  
55 239 biological changes (Browne et al., 2008; Von Moos, 2012; Avio et al., 2015). Small polystyrene plastic  
56  
57 240 particles may ~~can~~ be translocated from the gut to the circulatory system of *Mytilus edulis* and  
58  
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60

1  
2 241 ~~subsequently be~~ retained, suggesting that ~~these substances~~ y ~~might can~~ reach crucial organs such as the  
3  
4 242 heart or ~~the~~ hepatic tissues ~~to produce adverse effects and then hurt~~ (Browne et al., 2008). It is well  
5  
6 243 known that oil-based microplastics may accumulate within organisms and ~~induce cause~~ tissue  
7  
8 244 abrasions, as ~~evidenced~~ by histological changes in digestive cells and triggered inflammatory  
9  
10 245 responses, formation of granulocytomas and lysosomal destabilization (Avio et al., 2015; Von Moos,  
11  
12 246 2012). Therefore, in this scenario, the imbalance of antioxidant defense markers ~~might be expected is~~  
13  
14 247 ~~not surprising~~ and ~~can~~ ~~might perhaps~~ be attributed to ~~the~~ physical damage induced by MPs ~~enabling~~  
15  
16 248 ~~further accumulation of reactive products.~~ ~~—leading to a slight accumulation of reactive products.~~  
17  
18 249 Furthermore, in the present study ~~the~~ increased GR activity in digestive glands ~~might reflect the can~~  
19  
20 250 ~~sustenance the rising~~ demand ~~for of~~ GSH as defense mechanism against oxidative stress ~~induced~~  
21  
22 251 ~~caused~~ by oil-based MPs (Jeong et al., 2016).

23  
24  
25  
26  
27 252 ~~—THIS IS RESULTS! DELETE~~ Results from this study described, for the first time, that exposure to  
28  
29 253 bioplastic PHB MPs also showed impairment of antioxidant biomarkers. Activity of SOD decreased  
30  
31 254 only in digestive glands, CAT in gills and Se-GPx in both tissues.

32  
33  
34 255 ~~NO EVIDENCE FOR INFLAMMATION DELETE~~ As for PE MPs, we may hypothesize a mechanic  
35  
36 256 ~~hurt, following inflammatory response. However, because of the biodegradability potential of PHB,~~  
37  
38 257 ~~chemical damages cannot be excluded. Indeed, it is feasible that potential toxic compounds have been~~  
39  
40 258 ~~generated during biopolymer degradation process. At our best knowledge, no studies have been carried~~  
41  
42 259 ~~out on the metabolism of PHB in marine mussels. METABOLISM NOT MEASURED~~ Though, it is  
43  
44 260 ~~known that the PHB degradation rate is in the order of few months in anaerobic environment, and years~~  
45  
46 261 ~~in seawater (Madison and Huisman, 1999; Verlinden et al., 2007). Within the organisms, PHB has a~~  
47  
48 262 ~~degradation rate, albeit low, due to its physical-chemical characteristics, such as the high crystallinity~~  
49  
50 263 ~~(Zinn et al., 2001; Anjum et al., 2016). Therefore, we may suppose that during the 96h trial, *Mytilus*~~  
51  
52 264 ~~*edulis* has start to degraded PHB MPs and a higher hydroxybutyrate tissue concentration occurred,~~  
53  
54  
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1  
2 255 ~~leading to a triggered ROS production in combination with physical damage.~~YOU DID NOT  
3  
4 256 MEASURE THIS ~~DELETE~~  
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7 257  
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9 258  
10  
11 259 \_\_\_The present study also carried out a co-exposure and incubation scenario of both PE and PHB MPs  
12  
13 270 with Flu and ~~reported the results have provided~~ information on oxidative stress related to the  
14  
15  
16 271 simultaneous exposure to compounds. In this scenario, a mussel experimental group exposed to Flu-  
17  
18 272 only was used as positive control. Previously Pan et al (2005) found that at high benzo(k)fluoranthene,  
19  
20 273 a PAH, concentrations the activity of antioxidant enzymes ~~WHICH STATE??~~ was diminished in the  
21  
22 274 scallop *Chlamys farreri* in a ~~The time--dependent manner.~~ course tendency of antioxidant enzymes to  
23  
24  
25 275 restrain activities at high benzo(k)fluoranthene concentrations was already reported on scallop *Chlamys*  
26  
27 276 *farreri* (Pan et al., 2005). Accordingly, Our findings that the marked decrease of SOD activity levels  
28  
29 277 and both GPx<sup>2</sup>s in digestive glands, as well as of SeGPx also in gills and CAT catalase activity in both  
30  
31  
32 278 tissues indicate suggests that this Flu PAH may exert detrimental effects when singularly administered  
33  
34 279 alone resulting in, causing a severe oxidative stress in *Mytilus edulis*. The impairment of antioxidant  
35  
36 280 biomarkers levels may be attributed to a chemical-mediated damage. Indeed, the enhanced triggered  
37  
38  
39 281 GST activity measured in digestive glands might represent an important outcome, since this may  
40  
41 282 indicate elevated a strengthening of phase-II biotransformation metabolism. The significant induction of  
42  
43 283 GST activity in mussels exposed to Flu-only may can be attributed explained due to ~~the~~ production of  
44  
45  
46 284 specific substrates for GST by phase I enzymes, representing an effective defense line against  
47  
48 285 Flu.fluoranthene. Babson et al (1986) showed that rat liver microsomes converted Flu to trans-2,3-  
49  
50 286 dihydrodiol as the major metabolite. ~~Metabolism study on rat liver microsomes showed that Flu is~~  
51  
52 287 ~~converted to trans 2,3-dihydrodiol as the major metabolite (Babson et al., 1986).~~ Although data  
53  
54  
55 288 regarding about Flu metabolites in blue mussels are is lacking, ~~we can~~ it is suggested that GST  
56  
57 289 induction may be related to ~~the~~ production of this intermediate.

1  
2 290 ~~However, b~~ Biomarkers responses in digestive glands and gills of mussels exposed to both Flu and  
3  
4 291 PE or PHB MPs (co-exposure and incubated treatment) generally followed a trend similar to ~~the PAH~~  
5  
6 292 ~~alone own traditional and or the new plastic alone~~ and no combined effects ~~of these agents was~~  
7  
8 293 apparent. The absence of combined effects in *Mytilus edulis* exposed to PE MPs and Flu is in  
9  
10 294 agreement ~~consistent~~ with ~~the results of our previous study~~ our previous results (Magara et al., 2018).  
11  
12 295 ~~This particular outcome may could be related to a MAKES NO SENSE retention mechanism?? of Flu~~  
13  
14 296 ~~exerted by PE MPs, due to MAKES NO SENSE specific physical properties, suggesting that MPs may~~  
15  
16 297 ~~act as a “sink” of environmental pollutants (Chua et al. 2014; Khan et al. 2015).~~ Chua et al. (2014),  
17  
18 298 showed that the concentration of ~~P~~ polybrominated ~~D~~ diphenyl ~~E~~ ethers (PBDE) was lower in  
19  
20 299 *Allorchestes compressa* co-exposed to microplastics than specimens treated with ~~single~~ PBDE alone.  
21  
22 300 ~~The authors Chua et al (2014)~~ concluded that the presence of MPs may inhibit the uptake of PBDE,  
23  
24 301 perhaps because this contaminant is strongly absorbed onto microplastics surface, making it less  
25  
26 302 bioavailable. ~~(Chua et al., 2014)~~. It is already known that oil-based micropolymers have the propensity  
27  
28 303 to aggregate in water (Alimi et al., 2018) ~~(NEED REF??)~~. ~~A p~~ Previously study Khan et al (2015) found  
29  
30 304 ~~o~~ in zebrafish ~~showed~~ a decrease in silver (Ag) uptake by fish attributed to, ~~probably due to~~ diminished  
31  
32 305 a minimization of the contacts between ~~the~~ Ag and tissues following oil-based MP aggregation. ~~(Khan~~  
33  
34 306 ~~et al., 2015)~~. Furthermore, Magara et al. (2018) reported that Flu tissues concentrations were as lower  
35  
36 307 in *Mytilus edulis* exposed to both co-exposure with and incubated polyethylene and PAH compared to  
37  
38 308 specimens treated with Flu alone. fluoranthene only. The absence of combined effects of PE MPs and  
39  
40 309 Flu in Mytilus edulis ~~exposed to PE MPs, either in co-exposure or incubated treatment~~, and previous  
41  
42 310 results on Flu uptake in ~~B~~ blue mussel (Magara et al., 2018), suggests that the interaction of tissues with  
43  
44 311 Flu might could be delayed by this aggregation mechanism exerted by microplastics.  
45  
46 312 ~~THIS WAS NOT MEASURED, DELETE~~ ~~Concerning the biodegradable PHB polymer, biomarkers~~  
47  
48 313 ~~responses surprisingly allow to suppose characteristics similar to polyethylene, although knowledge on~~

~~PHB retention or aggregation properties are not available. However, due to its ability to degrade in tissues, further studies are needed to gather knowledge on the pro-oxidant role of bio-microplastic.~~

~~The results of the present research show for the first time a role of bioplastics in affecting antioxidant and THIS WAS NOT DONE detoxifying pathways.~~

Bioplastics are currently becoming the leading material for replacing oil-based polymers since it is more desirable than traditional plastic due to a its propensity to biodegrade in the environment (Anjum et al., 2016). A Recently Napper and Thompson (2019) study demonstrated that biodegradable polymers may could not undergo any substantial deterioration over a 3 year period in marine environment, but may be reduced in small fragments, as is similar to for oil-based plastics ~~(Napper and Thompson, 2019)~~. Our data suggest that PHB MPs results in may lead to altered levels of some oxidative stress biomarkers, again which is similar to oil-based MPs. The fact that bio-microplastics may exert stress effects and the potential low biodegradability rate may indicate a novel threat for the marine environment. Therefore, it is crucial to understand the degradation processes of bioplastics in the environment, but whilst also gathering knowledge regarding about their potential ecotoxicological impacts. Whilst Although the damage exerted by oil-based polymers is becoming increasingly understood, it is still now necessary to investigate the possible consequences impacts of bioplastics exposure, both alone and in combination with other environmental pollutants present in the aquatic ecosystem.

## Conclusions

The results of the present study demonstrated suggest that PHB MPs may modify the baseline levels of biomarkers related to oxidative stress in *Mytilus edulis*. These levels of alterations were similar to those exerted by PE MPs treatments for somefew of the antioxidant detoxifying biomarkers. Furthermore, the responses measured in both co-treatments were similar to those noted with of MP-aloneonly exposures. Data indicated This suggests the absence of any no combined effects produced

1  
2 339 ~~caused~~ by oil-based MPs or bioplastics MPs and ~~Flu. fluoranthene. Further studies are required to~~  
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4 340 ~~gather information on the potential consequences of new and innovative bioplastic polymer in the~~  
5  
6 341 ~~environment.~~  
7  
8  
9 342

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12  
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14  
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16 345  
17 (Milano, Italy) company kindly providing the PHB beads.  
18 346  
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## 31 Legend of Figures

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36 503 **Figure 1.** SOD (A and B) and CAT (C and D) activity in gills (A and C) and digestive gland (B and D)  
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38 of *Mytilus edulis* exposed to different treatment groups A-H as follows: (A) Control (no added  
39 504 contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F)  
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41 505 PHB MPs-Flu co-exposure, (G) Flu-incubated PE MPs and (H) Flu-incubated PHB MPs. Bars show  
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43 506 mean values  $\pm$  S.D. Different letters (a, b, c) indicate statistical significant differences ( $P < 0.05$ , one-  
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45 507 way ANOVA with post-hoc Bonferroni test). Note different scales on different x-axes.  
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52 510 **Figure 2.** GPx (A and B) and SeGPx (C and D) activity in gills (A and C) and digestive gland (B and  
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54 D) of *Mytilus edulis* exposed to different treatment groups A-H as follows: (A) Control (no added  
55 511 contaminants), (B) Flu only, (C) PE MPs only, (D) PHB MPs only, (E) PE MPs-Flu co-exposure, (F)  
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12 517 **Figure 3.** GST (A and B) and GR (C and D) activity in gills (A and C) and digestive gland (B and D)  
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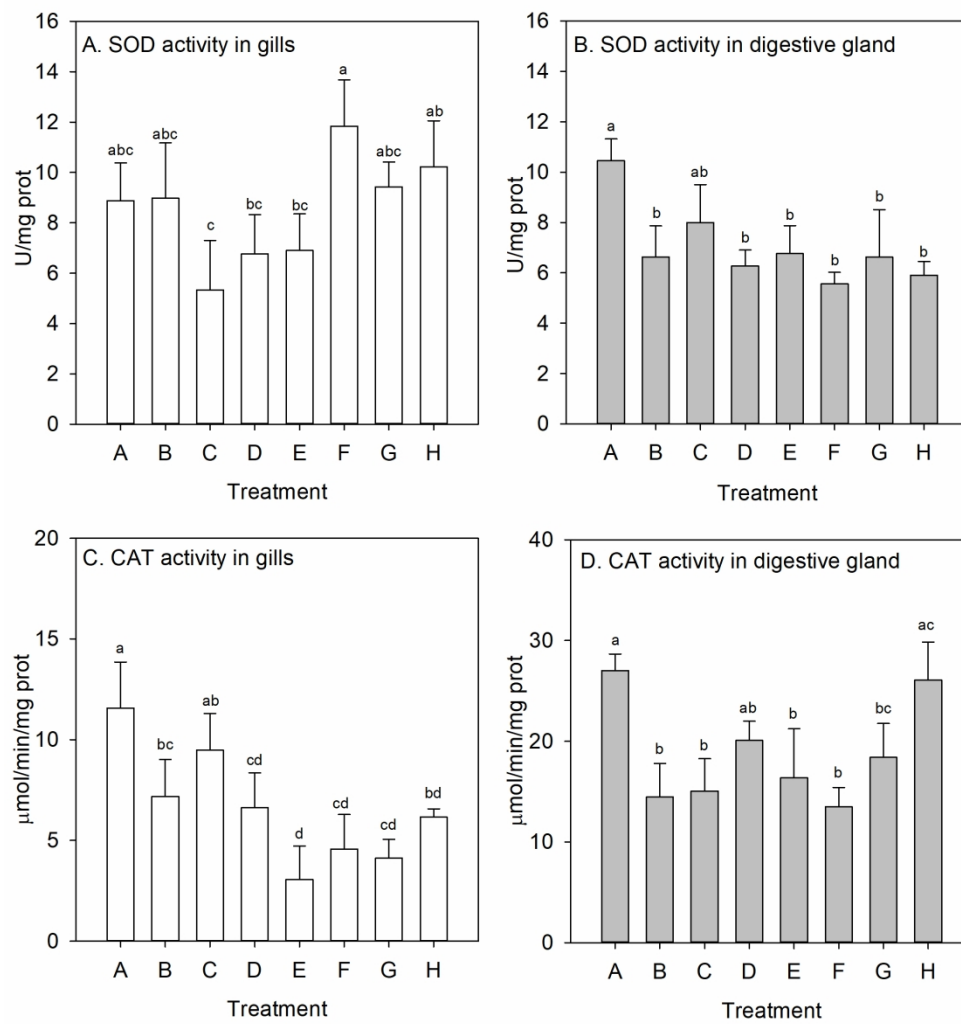


Figure 1

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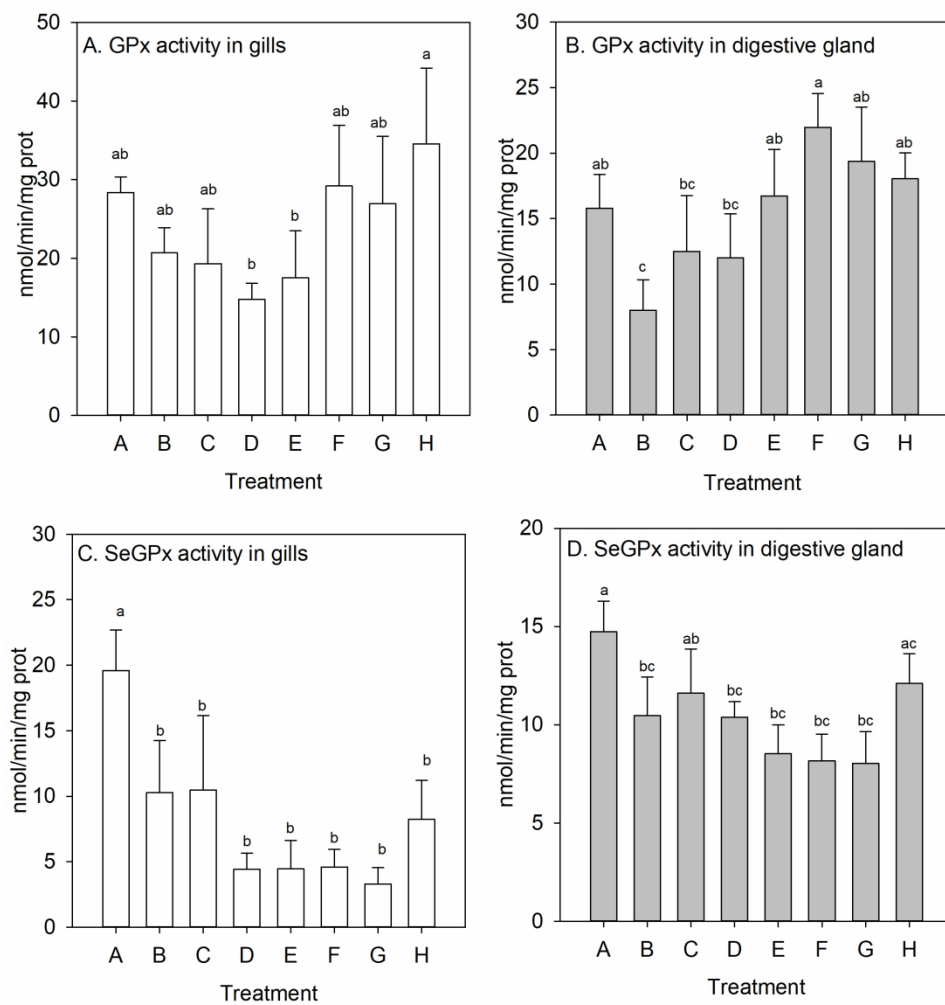


Figure 2

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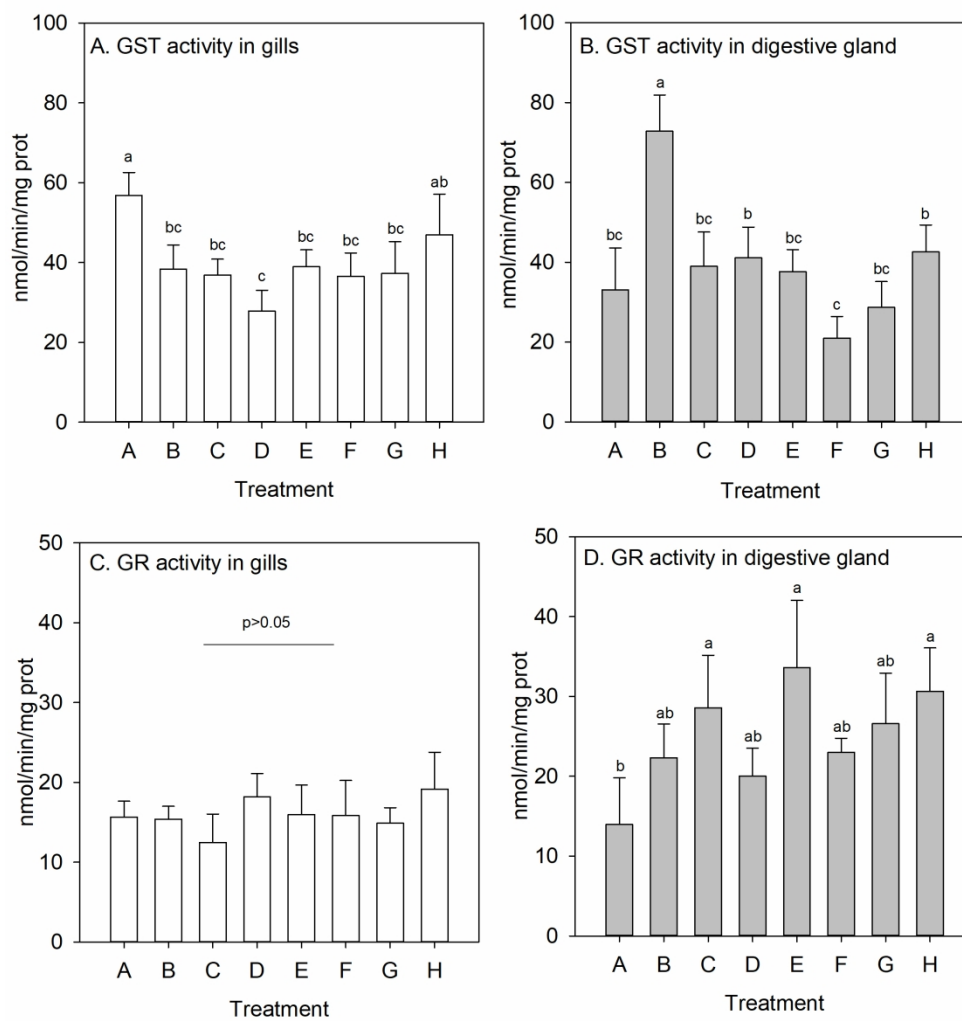


Figure 3

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