

1           **Longterm variation of trochid populations in an Irish sea lough**

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14   Running Head: Longterm population dynamics of Irish trochids

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## ABSTRACT

Snapshot assessments of species, which live for a number of years, are often misleading if they are conducted at an inappropriately short temporal scale. Densities of the trochid gastropods *Steromphala umbilicalis* (da Costa, 1778) and *S. cineraria* (Linnaeus, 1758) fluctuated widely between 1996 and 2014 at 10 rocky-shore sites within Lough Hyne, southwest Ireland. Between 2014 and 2019, the abundance of *S. cineraria* decreased to levels not seen in the previous two decades. This significant reduction was possibly in response to extreme dissolved oxygen fluctuations related to eutrophication of the semi-enclosed lough. *Steromphala umbilicalis* showed low density in 2018 and 2019, but this was within the limits of interannual fluctuations. The Lusitanian trochid *Phorcus lineatus* (da Costa, 1778) was first recorded by us in the lough in the early 2000s, just as it was establishing a flourishing population with densities of *c.* 6 snails/0.25 m<sup>2</sup>. Although this native trochid survived the cold winters of 2009–2012, the population suffered high adult mortality and little recruitment. Between 2013 and 2019, the population increased and the population density stabilized. The increase in *P. lineatus* reflects its position high on the shore, where air temperatures have risen over the last two decades. It may therefore be a sentinel species to detect the effects of climate change. By contrast, the decrease in *S. cineraria* was related to its shallow subtidal habitat where hypoxia and superoxia have recently become marked in the lough. This trochid, therefore, offers potential as an indicator of eutrophication-associated stress. These temporal variations in trochid species emphasize the need for longer-term assessments when estimating the importance of any one species to the ecosystem.

## INTRODUCTION

Trochid gastropods (*sensu* Williams & Ozawa, 2006; Williams *et al.*, 2010) are prominent members of the guilds of microphagous grazers or detritivores on rocky shores, and play important roles in intertidal food webs (Hickman & McLean, 1990; Herbert, 1992). Although the genera *Tegula*, *Chlorostoma*, and *Calliostoma* no longer belong to the Trochidae (Williams *et al.*, 2010 and references therein), the remaining members of this family have radiated to occupy shores worldwide, including the *Austrocochlea constricta* species complex in Australia (Colgan & Schreiter, 2011), the genus *Diloma*, which occupies a wide range of tidal heights in New Zealand (Mitchell, 1980), the genus *Oxystele* in South Africa (McQuaid 1982, 1983; Lasiak 1987) and *Monodonta labio*, a common species on boulder shores in Hong Kong (Chin, 2003; Hutchinson *et al.*, 2007), China and Japan (Takada, 1995, 1996; Iijima, 2001). In Europe, *Steromphala* spp. (formerly *Gibbula*) and *Phorcus lineatus* (formerly *Osilinus lineatus* and *Monodonta lineata*) are common on sheltered shores, particularly in southern regions (Fretter & Graham, 1977; Graham, 1988).

Although some species of *Steromphala* do graze on epiphytic microalgae from seagrass leaves (Mazzella & Russo, 1989), the grazing of trochids appears to be mainly restricted to sweeping particles into the mouth with a radula composed of numerous delicate teeth (see e.g. Little *et al.*, 2009). Using detritus and benthic microalgae as food sources (Zeldis & Boyden, 1979), trochid snails can be some of the most numerous molluscan grazers on rocky shores (Crothers, 2001), and can be important in controlling epifaunal assemblages (Turner & Todd, 1991; Hily *et al.*, 2004). In addition to being ecologically important, some intertidal trochids have a long history of use as a human food source. In the Mediterranean, for example, *Phorcus turbinatus* is abundant in Palaeolithic and Mesolithic shell middens (Colonese *et al.*, 2011), together with other species of *Steromphala*, and *P. turbinatus* is still widely consumed in Italy (Davidson, 1981). Studies on oxygen isotopes in the shell of this species from archaeological sites (Mannino *et al.*, 2003, 2008; Yanes *et al.*, 2018) have allowed estimation of past temperatures, and even of the seasons at which *P. turbinatus* was collected for food.

In the Caribbean, *Cittarium pica* is commercially harvested (Diaz-Ferguson *et al.*, 2010), while in the Pacific, *Trochus* spp. are widely harvested for food and for their shells (e.g. Foale, 1998; Dumas *et al.*, 2013). Despite their artisanal and ecological importance, longterm records of trochid populations are sparse, although studies of the changes in community composition at several sites have allowed some interpretation of possible latitudinal range shifts of species. In Europe, for example, monitoring studies have shown that between the 1980s and early 2000s species' range margins, including those of *S. umbilicalis*, shifted polewards by as much as 50 km (Helmuth *et al.*, 2006; Mieszkowska *et al.*, 2006). The recent study by Noke (2016) has shown that between 2000 and 2015 *S. umbilicalis* has extended its range eastwards by 140 km along the south coast of Britain. A broader-scale investigation of the changing distribution of species assemblages on European shores, which compared differences between the 1950s and 2001–3, showed that some species had north and north-eastern range extensions, suggesting a potential relationship with changing climate (Mieszkowska *et al.*, 2006). One particular trochid, *Phorcus lineatus*, showed significant movement east along the southern coast of Britain (Mieszkowska *et al.*, 2007). This species has recently expanded its distribution into Lough Hyne, in southwest Ireland (Nunn, 2005; Little *et al.*, 2012), although it has not apparently increased its general abundance around the Irish coast (Simkanin *et al.*, 2005).

Historically, the three common trochid species in Lough Hyne are *Steromphala umbilicalis*, *S. cineraria* and *Phorcus lineatus*. Generally found on the midshore (between limits of mean low water spring (MLWS) and mean high water neap (MHWN)), *S. umbilicalis* has a relatively warm-temperate distribution, being absent from the east coast of Britain, but present on the west, where it occurs as far north as Orkney and throughout Ireland (Graham, 1988). It breeds in summer or early autumn, when the eggs are laid singly and fertilized externally (Underwood, 1972a; Garwood & Kendall, 1985); and the eggs hatch into free-swimming trochophore larvae that settle low on the shore, with juveniles later migrating

99 upshore (Graham, 1988). In contrast, *S. cineraria* is generally found on the lowshore and  
100 subtidally (at or below mean low water neaps (MLWN)). It is a more boreal species, ranging  
101 from Iceland in the north to Gibraltar in the south, and breeds in spring (Underwood, 1972b),  
102 the eggs being planktonic and hatching into trochophore larvae that settle randomly on the  
103 shore (Graham, 1988). Finally, *P. lineatus* is a warm-temperate Lusitanian species, found  
104 relatively high on the shore (between MLWN and MHWN). It occurs only in the south and  
105 west of Britain, and on the south and west coasts of Ireland. Spawning occurs in summer or  
106 early autumn (Underwood, 1972a; Garwood & Kendall, 1985), eggs being laid on the shore.  
107 After hatching, a veliger larva swims for 4–5 days and then settles low on the shore; juveniles  
108 migrate up the shore with age (Graham, 1988).

109 While much of the research devoted to trochids has been relatively short-term involving,  
110 for example, experimental approaches to grazing, population biology, behaviour and  
111 physiological tolerance (e.g. Thain, 1971; McQuaid, 1982; 1983; Thain *et al.*, 1985;  
112 McMahon, 1990; Takada, 1995, 1996; Hutchinson *et al.*, 2007). extensive surveys have  
113 suggested their possible use as biomonitors (Atalah & Crowe, 2012). While these short-term  
114 studies have elucidated much about trochid biology, longterm monitoring studies have a  
115 different focus. Bishop (2003) revealed gradual population increases in *S. umbilicalis* at one  
116 site on Sherkin Island, Ireland, but erratic fluctuations at another, with the latter population  
117 apparently disappearing in some years during the 20-year survey. Kendall (1987) followed the  
118 population structure of *P. lineatus* for 9 years at a number of sites and concluded that this  
119 species recruited regularly, even at the edge of its range. Kendall *et al.* (1987) followed the  
120 population structure and recruitment of *S. umbilicalis* and *P. lineatus* in mid Wales for 9 years  
121 and showed that the cold winter of 1978/9 reduced numbers of *P. lineatus* by 42%, with little  
122 recovery of the population in subsequent years. The same authors concluded, however, that  
123 there must have been substantial adult mortality, as well as a lack of recruitment, to account  
124 for the population decline. Using abundance data gathered from many sites in Britain and  
125 northwest France between 2002 and 2010, and making year-to-year comparisons,  
126 Mieszkowska *et al.* (2013) produced predictive models for the distributions of *S. umbilicalis*  
127 and *P. lineatus*. These models showed that although populations of *P. lineatus* were rare in  
128 areas with low winter sea-surface temperatures and high wave fetch, they were expected to  
129 persist for longer there than *S. umbilicalis* because of longer lifespans. Whilst the status of  
130 current populations is often assessed by comparing present-day snapshots with past records,  
131 the purpose of the present paper was to establish the extremes of natural variation over a long  
132 period so that the validity of using such snapshots could be assessed. We therefore  
133 documented changes in trochid abundance over two decades (1994–2014) in Lough Hyne,  
134 southwest Ireland, which allowed us to assess the validity of making comparisons with  
135 records from 1955 (by Ebling *et al.*, 1960), as well as those from 2018 and 2019 (this study).

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## 138 MATERIAL AND METHODS

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### 140 *Study area*

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142 Lough Hyne is a semi-enclosed sea-lough in southwest Ireland (Fig. 1A), which is  
143 approximately 1 km<sup>2</sup> and is connected to the sea by narrow ‘Rapids’ (Bassindale *et al.*, 1948).  
144 Consequent upon the small fetch, all its shores are relatively sheltered and, because of the  
145 restricted inflow at the Rapids, the tidal cycle is asymmetrical, with a *c.* 1m range, so the  
146 intertidal zone is compressed (Rees, 1931, 1935; Little, 1991). Much of the intertidal zone is  
147 either bedrock or shingle, and varies from nearly vertical to shallow slopes (Williams *et al.*,  
148 1999). There are several areas where small freshwater flows enter the lough and locally  
149 dilute the surface water (Rees, 1935). However, there is almost no dilution of the main water  
150 column below a salinity of *c.* 34 (Kitching, 1987). At times of exceptionally high rainfall, a  
151 localized thin freshwater lens may form at the surface (C. Little, personal observation).

152 The shoreline consists of several different habitat types that were delineated as sectors by  
153 Renouf (1931) (Fig. 1B). Two areas inside the lough (above the Rapids) were investigated.  
154 Renouf sectors E1/E2 consisted of shallow sloping gravel with ridges of hard rock running  
155 down to low water. Sector E10 was a shallow sloping beach consisting of angular shingle  
156 varying from 2–35 cm in length, resting on finer gravel and sand. This facilitated analysis of  
157 trochid population density using quadrats—a method not usually possible in the boulder  
158 habitats more typical for *Phorcus lineatus*. There were occasional larger boulders, and  
159 occasional patches of the furoid alga *Fucus vesiculosus* Linnaeus. The sites in Southern’s Bay  
160 (Fig. 1B) were below the Rapids, so were subject to symmetrical, open-coast, semi-diurnal  
161 tides with a much larger range than inside the lough, but with very similar (low) wave  
162 exposure. *Phorcus lineatus* was monitored on smooth bare rock ridges running downshore  
163 from high water to low water. At Schull in Roaringwater Bay (Fig. 1A), *P. lineatus* was  
164 monitored on a rocky outcrop that had deep crevices running down towards low water.

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#### 167 *Survey sites and monitoring*

168 Ten monitoring sites within Lough Hyne were selected (Fig. 1B), out of the 20 initially  
169 surveyed by Ebling *et al.* (1960) above the Tidal Rapids, to cover as wide a range of the  
170 lough’s rocky shores as possible within a logistical time constraint of 2 weeks. Each site  
171 consisted of a 10-m length of rocky shore that was marked at each end with a stainless-steel  
172 plate to enable exact recognition at future times. For the monitoring surveys, each site was  
173 subdivided into five, 2 m-long sections, giving a total of 50 sections monitored from 1994 to  
174 2014. In 2018, all 20 monitoring sites were surveyed to allow direct comparison with the  
175 results of Ebling *et al.* (1960), and in 2019 the ten annual sites were monitored in the same  
176 way.

177 Surveys were carried out in the last week of August and first week of September every  
178 year to ensure temporal consistency. Two observers examined the shore at low tide, from the  
179 top of the high-shore furoid *Pelvetia canaliculata* zone to the bottom of the *Fucus serratus*  
180 zone and down to a depth of *c.* 0.5m below low water level, while two assistants recorded  
181 results.

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#### 183 *Sampling and analysis of trochid abundance*

184 The relative abundances of *Steromphala umbilicalis* and *S. cineraria* were assessed using  
185 abundance scales. Although quantitative abundances would have been preferable to relative  
186 ones, the longterm project with the same core team of researchers necessitated this semi-  
187 quantitative approach. In 1994, 1995, 2018 and 2019, to coincide with the recordings of  
188 Ebling *et al.* (1960), we used a four-point abundance scale: 0, <1, <10 and >10 snails/m<sup>2</sup>. For  
189 plotting and analysis, these points were converted to numbers approximately in the mid-point  
190 of each level on the scale, represented as 0, 0.75, 7.5, and 30. In the intervening years, from  
191 1996 to 2014, to give finer detail, we used a five-point scale: 0, <5, <10, <50 and >50  
192 snails/m<sup>2</sup>. For plotting and analysis, these points were converted to numbers approximately in  
193 the mid-point of each level on the scale, represented as 0, 2.5, 7.5, 30 and 50 snails/m<sup>2</sup>. Data  
194 were expressed as the average of the five 2-m sectors at each site. Kruskal–Wallis tests were  
195 also conducted to determine the extent of spatial and temporal variation in trochid abundance  
196 as the data did not meet the normality and homogeneity assumptions of parametric statistics.

197 The percent cover of the furoids, *Fucus vesiculosus* and *F. serratus*, was also estimated  
198 visually (Little *et al.*, 2017). Non-parametric Spearman rank correlations were determined to  
199 evaluate if snail abundance (from 1996 to 2014) was associated with furoid cover.

200 The numbers of the top shell *P. lineatus* were recorded when the species appeared at the  
201 monitoring sites (Little *et al.*, 2012), and were also monitored on the east shore in Renouf  
202 sector E10. Here we recorded density by counting snails in 50 quadrats (50 cm x 50 cm)  
203 randomly positioned within the area inhabited by *P. lineatus*: a 40-m line was stretched along  
204 the top of the area and, at randomly determined distances along this transect, quadrats were  
205 positioned at randomly determined distances down the beach; random locations were selected,  
206 using the random number generator in Microsoft Excel. To estimate population structure, the

207 shell height of 200 individuals from a section of beach at the north end of E10 was measured  
208 using calipers ( $\pm 0.1\text{mm}$ ). Similar measurements of population structure were made in Renouf  
209 sector E1/E2, just below the Rapids in Southern's Bay, and at Schull on the coast of  
210 Roaringwater Bay (Fig. 1A) (Little *et al.*, 2012). Juveniles were defined as having a shell  
211 height of  $< 15\text{mm}$ , following Crothers (2001) and Little *et al.* (2012), who found this was the  
212 maximum size of snails in their second year of growth.

213 In order to investigate possible interactive effects of the coexisting snail *Littorina littorea*  
214 and *P. lineatus*, the density of *L. littorea* was also recorded in the same 50 quadrats on the  
215 east shore in 2015. Parametric Pearson correlations were determined for the two gastropod  
216 species; data were normally distributed and were discrete values (not rank values as with  
217 monitoring-site data).

## 220 RESULTS

### 221 *Abundance of Steromphala species*

222 *Steromphala umbilicalis* was most commonly attached to rocky intertidal substrata, often  
223 underneath seaweed cover, predominantly within the midshore fucooid zones. *Steromphala*  
224 *cineraria* was, by contrast, recorded in the low intertidal zone, often on the brown alga *Fucus*  
225 *serratus*, and in the shallow subtidal zone on the underside of boulders and smaller mobile  
226 rocks. Surveys in 1994 and 1995 showed that both *S. umbilicalis* and *S. cineraria* were  
227 widespread and abundant at most sites, at densities of 2–10 or  $>10$  snails/ $\text{m}^2$  (Fig. 2 for 1994  
228 results; 1995 patterns were similar). By contrast, the survey of 2018 revealed a significant  
229 decline in both species (Fig. 3; Kruskal–Wallis test for *S. umbilicalis*:  $H = 18.4$ , 2 df,  $P <$   
230  $0.001$ ; Kruskal–Wallis test for *S. cineraria*:  $H = 15.7$ , 2 df,  $P < 0.001$ ). There were then only  
231 30% of sites where *S. umbilicalis* showed an abundance greater than 1 snails/ $\text{m}^2$ , including  
232 absence from two sites, while for *S. cineraria*, only 13 individuals were found in total. Similar  
233 results (not presented here) were found in 2019.

234 The year-to-year surveys of 1996–2014 (Figs 4, 5) showed irregular fluctuations for both  
235 species. The finer resolution of the five-point scales also demonstrated that abundances of the  
236 lowshore *S. cineraria* were rarely above 10 snails/ $\text{m}^2$ , the exception being Codium Bay (Fig.  
237 5); whereas in contrast, abundances of the midshore *S. umbilicalis* were often 20 snails/ $\text{m}^2$   
238 and sometimes, as at Graveyard, up to 40 snails/ $\text{m}^2$  (Fig. 4).

239 There was no indication that abundance of *S. umbilicalis* was related to cover of the  
240 brown alga *Fucus vesiculosus* (Spearman rank correlation:  $r_s = 0.060$ ,  $n = 950$ ,  $P > 0.050$ )  
241 across all ten sites and two decades. There was, however, a highly significant between-site  
242 variation in snail abundance (Kruskal–Wallis test:  $H = 291.4$ , 9 df,  $P < 0.001$ ) and between-  
243 year variation ( $H = 87.0$ , 18 df,  $P < 0.001$ ). Given the necessary use of non-parametric  
244 statistics, the spatio-temporal interaction effect could not be evaluated; inspection of the main  
245 effects indicated that spatial variation was greater than temporal variation for this species. In  
246 contrast, *S. cineraria* abundance was significantly larger in areas with greater *F. serratus*  
247 cover (Spearman rank correlation:  $r_s = 0.396$ ,  $n = 950$ ,  $P < 0.001$ ), and also varied  
248 significantly with site and year (Kruskal–Wallis test:  $H = 339.7$ ,  $P < 0.001$  and  $H = 44.0$ ,  $P <$   
249  $0.001$ , respectively).

### 251 *Abundance of Phorcus lineatus*

252 Apart from one isolated individual recorded in 1996, *Phorcus lineatus* was first recorded by  
253 our research group in 2003, and then rapidly spread to other sites (Fig. 6). Densities at Renouf  
254 sector E10 (Fig. 7) on the east shore plateaued from 2008 to 2012, but then fell in 2013. A  
255 one-way ANOVA on logarithm-transformed density data indicated that there was significant  
256 interannual variation ( $F_{12,637} = 16.1$ ,  $n = 650$ ,  $P < 0.001$ ); Tukey HSD comparisons indicated  
257 that 2013 densities were significantly lower than 2012 ones ( $P = 0.046$ ) and that 2014  
258 densities were significantly greater than 2013 ( $P = 0.011$ ). Size-frequency distributions of this  
259 population showed that there was almost no recruitment in 2011, 2012 or 2013 (Fig. 8).  
260 Recruitment did occur in 2014 (Fig. 8), when the population abundance returned to former  
261 levels and increased to peak in 2016/7 (Fig. 7).

262 The recruitment at Renouf sector E10 in 2017 was paralleled by recruitment in sector  
263 E1/2 (Fig. 9). In E10, three cohorts were visible with most snails in the 14–21 mm size range,  
264 and a small proportion of recruits. Cohorts were less discernible below the Rapids and in  
265 Roaringwater Bay, although populations were very similar in composition to those inside the  
266 lough. Kolmogorov–Smirnov tests showed no significant differences between any of the  
267 populations monitored in 2017. In Southern’s Bay and at Schull, the population also showed  
268 recruitment. Both these sites, subject to ‘normal’ tides, had larger snails (25–29 mm) that were  
269 notably absent inside the lough (Fig. 9).

270 The coexisting littorinid, *Littorina littorea*, was abundant on the east shore of the lough.  
271 Density in 2015 at sector E10 varied from 0 to 96 snails/0.25 m<sup>2</sup>. There was no significant  
272 correlation between the abundance of this species and the trochid *P. lineatus* (Pearson  
273 correlation:  $r = -0.191$ ,  $n = 50$  quadrats,  $P = 0.185$ ).

## 274 275 276 DISCUSSION

277  
278 The three species of trochid monitored in this survey showed very different fluctuations in  
279 their populations over a period of 25 years. Both the lowshore *Steromphala cineraria* and the  
280 midshore *S. umbilicalis* exhibited wide variations in population density, while the upper-shore  
281 *Phorcus lineatus* increased from zero to very dense and widespread populations. The causes  
282 of these varied fluctuations are discussed below. The high degree of year-to-year variation  
283 emphasizes the need for regular monitoring when assessing the health of populations.

### 284 285 *Steromphala umbilicalis*

286 *Steromphala umbilicalis* was present at almost all sites throughout 1996–2014, and this  
287 distribution was similar to that in 1955 (Ebling *et al.*, 1960) and in 1990/91 (Little *et al.*,  
288 1992), suggesting that there had been little change in the populations over a period of almost  
289 60 years.

290 In contrast, the survey of 2018 (63 years after the initial 1955 survey) showed a  
291 significant decline from 1994. This decline, however, must be seen in the context of the  
292 fluctuations seen in the year-to-year records from 1996 to 2014, which varied by a factor of  
293 ten, but showed no spatial or temporal trend. In some years, such as 1998, the mean density  
294 approached 5 snails/m<sup>2</sup>—very similar to the density recorded in 2018, suggesting that the  
295 decline in 2018 may be part of a natural cycle. This variability emphasizes the importance of  
296 carrying out longterm surveys in order to provide a baseline with which recordings for  
297 individual years can be compared (Hawkins *et al.*, 2013). However, in the surveys of Atalah  
298 & Crowe (2012), *S. umbilicalis* was less abundant at sites contaminated with high levels of  
299 nutrients (nitrate, nitrite, phosphate and ammonia) than at control (= uncontaminated) sites, so  
300 it is possible that some part of the population reduction seen in 2018 in Lough Hyne could be  
301 related to environmental deterioration (Trowbridge *et al.*, 2011, 2013, 2017, 2019; Little *et al.*,  
302 2018).

303 One source of variability in populations could be related to the temporal effects of  
304 dinoflagellate blooms, which are known to kill trochids (Cross & Southgate, 1980; Southgate  
305 *et al.*, 1984). The ecological role of red tides within Lough Hyne has not been well studied,  
306 although they are regularly seen in summer and early autumn (C. Little & C.D. Trowbridge,  
307 personal observation). Furthermore, the predatory starfish *Marthasterias glacialis* has  
308 significantly increased in abundance in recent years (Trowbridge *et al.*, 2018, 2019). This  
309 may have contributed to the decline of trochid snails, since *M. glacialis* is an established  
310 predator of trochids (Ebling *et al.*, 1966; Frid, 1992).

### 311 312 *Steromphala cineraria*

313 *Steromphala cineraria* was present at almost all sites in both 1955 (Ebling *et al.*, 1960) and  
314 1994–2014, suggesting that there was no major change in the populations over the 60-year  
315 period (1955 to 2014). From 1996 to 2014, relative abundances fluctuated greatly, as seen for  
316 *S. umbilicalis*, but with no obvious trend. Three other studies (Muntz *et al.*, 1965; Ebling *et*

317 *al.*, 1966; Thain, 1971; V. M. Thain, personal communication) reported high numbers of *S.*  
318 *cineraria*: > 60 snails/m<sup>2</sup> on the north shore stone wall and > 100 snails/m<sup>2</sup> on the north shore  
319 of Castle Island in the 1960s–70s.

320 Our survey of 2018, however, showed an even greater decline for *S. cineraria* than for *S.*  
321 *umbilicalis*. Out of 20 monitoring sites, *S. cineraria* was not recorded from 11 sites, and had  
322 an overall mean density of only *c.* 0.2 snails/m<sup>2</sup>. In contrast, the species exhibited relatively  
323 high abundance at all 20 sites in 1955, at all 10 sites surveyed in 1994, and a minimum mean  
324 density between 1996 and 2014 of *c.* 2 snails/m<sup>2</sup>. It seems likely that such a large decrease in  
325 abundance is not part of a natural cycle. This hypothesis was further supported by the marked  
326 contrast between abundances within the lough, and at the one site surveyed directly below the  
327 tidal Rapids (North Nita, at Southern's Bay in Barloge Creek), where *S. cineraria* remained  
328 abundant (Fig. 2). The reduction in snail density has, thus, been limited to the lough, implying  
329 a response to a change of conditions there.

330 Conditions in the shallow sublittoral zone in the lough have deteriorated in recent years  
331 (Trowbridge *et al.*, 2011, 2017, 2019; Little *et al.*, 2018; Plowman *et al.*, unpublished data),  
332 with increased areas of anoxia and superoxia (i.e. extreme dissolved oxygen fluctuations), and  
333 these spatio-temporally variable changes in physical conditions could have significantly  
334 affected the larval survival, metamorphosis and settlement of trochids. *Steromphala cineraria*,  
335 in particular, lives at a lower tidal level than *S. umbilicalis*, and so is subject to the conditions  
336 found in the shallow subtidal zone. The sensitivity of *S. cineraria* to environmental change  
337 has been demonstrated on the west coast of Ireland, where reduction in its populations has  
338 occurred at sites with nutrient enrichment associated with outfalls of untreated or partly  
339 treated waste (Atalah & Crowe, 2012). Overall, the recent decrease in *S. cineraria* in the  
340 lough is thus most likely attributable to locally decreased oxygen levels resulting from rising  
341 nutrient levels and subsequent growth of filamentous algae.

342 There are, however, other factors that may have contributed to the snail's decline. At the  
343 north end of the lough, there has been increasing human activity, resulting in destruction of  
344 much of the shallow sublittoral biota (C. Little & C.D. Trowbridge, personal observation).  
345 Between the daily swimmers, summer tourists and groups of kayakers, the north shore is the  
346 primary access to the lough and is severely impacted by recreational activities and,  
347 accordingly, contains few remaining mobile animals. Declines in abundance of *S. cineraria*  
348 here, at the North Island site, have been progressive from 1955 to 1994 and then to 2014,  
349 suggesting the influence of a longterm factor. Anthropogenic disturbance has been noted to  
350 cause the decline of other trochids, such as the critically endangered species *Steromphala*  
351 (*Gibbula*) *nivosa* in Malta (Evans *et al.*, 2011). However, changes in abundance could be due  
352 to many other influences, including predation and variation in food type which have been  
353 implicated in the changing patterns of morphology of *S. cineraria* (Frid & Fordham, 1994).  
354 Although *S. cineraria* declined generally around the coast of Ireland between 1958 and 2003  
355 (Simkanin *et al.*, 2005), it is regarded as a species with wide distribution in relation to climate  
356 (Simkanin *et al.*, 2005), so its decline is unlikely to be related to temperature.

357 As with *S. umbilicalis*, the year-to-year variation (shown in Fig. 5) demonstrates the  
358 problems associated with occasional snapshot measurements of population density. In the first  
359 and last years of our two-decade study, only one site had *S. cineraria* densities above 10  
360 snails/m<sup>2</sup>, but in the intervening years, five sites (but particularly Codium Bay) had densities  
361 of  $\geq 10$  snails/m<sup>2</sup>. Furthermore, the years of abundance did not coincide at the different sites.  
362 Since *Fucus serratus* is often a host for *S. cineraria*, and there is a significant relationship  
363 between percent cover of the alga and abundance of the trochid (see Results), it is possible  
364 that fluctuations in the abundance of this alga led to changes in the abundance of *S. cineraria*.

### 365 *Phorcus lineatus*

366 At the start of the survey, *P. lineatus* was not present in the monitoring sites and had not been  
367 recorded in the detailed surveys of Ebling *et al.* (1960) in 1955. However, by 2014 it had  
368 colonized six sites. Although it was first recorded by our research group in 1996 and had been  
369 occasionally observed in the lough by D. Minchin from 1976 to 1984 (Nunn *et al.*, 2006), it  
370 did not appear regularly at the monitoring sites until 2003 (Little *et al.*, 2012). This top shell  
371



372 is usually referred to as a ‘warm-water’ or ‘southern’ species, with a distribution extending  
373 northwards to the south and west coasts of Ireland, western Wales and the southwestern  
374 coasts of England (Crothers, 2001; Mieszkowska *et al.*, 2007). Its distribution has also moved  
375 west, with the species recently colonizing the Azores (Ávila *et al.*, 2015). In the last decade it  
376 has spread further east along the south coast of Britain, probably in response to increasing  
377 average temperatures in the North Atlantic (Mieszkowska, 2016; Mieszkowska *et al.*, 2005,  
378 2006, 2007). The incursion and proliferation of *P. lineatus* in Lough Hyne up to 2010 has  
379 been described by Little *et al.* (2012). No evidence was found to support the hypothesis that  
380 this spread was due to rising seawater temperatures, but the authors suggested that changing  
381 climate might have acted in other ways. In the present longterm study, there has again been  
382 no observed increase in water temperature of the lough or surrounding areas (Bishop, 2003;  
383 Trowbridge *et al.*, 2019), but the species has continued to spread around the lough and its  
384 population density has continued to rise. One possible explanation for this expansion is that *P.*  
385 *lineatus* has benefited more from rising air temperatures and solar heating than from rising  
386 water temperature (see e.g. Marshall *et al.*, 2010). As the tidal regime of the lough is  
387 asymmetrical, parts of the upper shore are emersed for periods of time > 8 hours in each tidal  
388 cycle. The trochid *P. lineatus* is thus subjected to more warming—or cooling—from aerial  
389 conditions than on ‘normal’ shores (i.e. influenced by symmetrical tides). During the last four  
390 decades, maximum air temperature each month at the nearby Sherkin Island (Fig. 1) has  
391 significantly increased (Supplementary Material Fig. S1).

392 The rapid colonization and population growth of *P. lineatus* may, therefore, be related to  
393 increasing summer air temperatures, which may mitigate the effect of the lower minimum air  
394 temperatures sometimes experienced in winter. Increased summer temperatures might allow  
395 both more rapid development of oocytes and an extended spawning period as seen in more  
396 southerly populations (Crothers, 2001). In addition, enhanced larval retention within the  
397 lough might also be a factor: larvae live for only 4–5 days and therefore have little  
398 opportunity to leave the lough, which has limited water exchange with the external sea  
399 (Johnson *et al.*, 1995; Jessopp & McAllen, 2007). Larval retention has been suggested for  
400 the sacoglossan *Elysia viridis*, which shows high levels of recruitment in the lough  
401 (Trowbridge *et al.*, 2008).

402 The sudden decrease in populations of *P. lineatus* during 2013 was due to a lack of  
403 recruitment over 3 successive years (2011, 2012 and 2013), associated with three unusually  
404 cold winters in 2009/2010, 2010/2011, and 2011/2012 (Supplementary Material Fig. S1).  
405 Each cold winter was followed by a very small number of young juveniles a year later. This  
406 apparent delayed effect of the cold winters was probably because recruitment occurs in  
407 summer, but young snails overwinter as very small individuals (shell height 6–7mm)  
408 (Crothers, 2001) and are seldom observed. As a result, these juveniles are first observed as  
409 recruits only in the following year, when shell height is approximately > 10 mm (Little *et al.*,  
410 2012). The effect of the cold winters demonstrates that two of the factors limiting the spread  
411 of this species are the inability of the first-year cohort to survive cold conditions over the  
412 winter and the increased mortality of older adults under the same cold conditions. Similar  
413 effects were found by Kendall *et al.* (1987) for a mid-Wales population, where the very cold  
414 winter of 1978 resulted in a diminished population size in 1979. Kendall *et al.* (1987) also  
415 assumed that this was a result of mortality of adults as well as recruitment failure. However,  
416 many of the larger adults did survive the cold winters in Lough Hyne, as can be seen from  
417 Figure 8. The median shell height did not change significantly over the period of observation,  
418 but as older cohorts with tall shells died off in 2015 and 2016, younger cohorts came to  
419 dominate the population in 2018 and 2019. Since this was a period of increased density, there  
420 may have been some density-dependent effect, but further monitoring would be necessary to  
421 confirm this.

422 Wethey *et al.* (2011) have drawn attention to the fact that longterm climate change is  
423 punctuated by extreme episodes and that these, as well as the overall change, must be taken  
424 into account when considering temporal changes in species’ distributions. Helmuth *et al.*  
425 (2014) extended this argument, by pointing out that species respond more directly to changing  
426 weather rather than to changes in the average climate. This occurs in particular because,

427 depending on their phenologies, species may need many years to recover from severe  
428 challenges. After the cold winter of 1963, for example, *P. lineatus* died back from its northern  
429 limits and did not regain its former position until decades later (Mieszkowska *et al.*, 2007).  
430 However, the present situation in Lough Hyne does not seem to represent recovery to a  
431 former abundance as only very few individuals were recorded in 1976–1984 (Nunn *et al.*,  
432 2006), and the species was not recorded in the surveys of common animals in 1955 (Ebling *et*  
433 *al.*, 1960), or by Renouf (1931). The incursion into the lough thus appears to represent a  
434 genuine range extension, comparable to the appearance of the snail on Clare Island (western  
435 Ireland) (McGrath & Nunn, 2002) and Strangford Lough (Northern Ireland) (Nunn, 2004).

436 Among the factors determining the distribution and abundance of *P. lineatus*, competition  
437 with other grazing snails may be important. Hawkins *et al.* (1989) found that there were  
438 differences in diet between *P. lineatus* and the littorinid *Littorina littorea*, and suggested that  
439 there was little evidence for competition between such generalist grazers. The lack of  
440 correlation in the lough between densities of *P. lineatus* and *L. littorea*, the other common  
441 grazer at the same sites, suggests that on the shore investigated, food was unlikely to be a  
442 limiting resource in late summer.

443 Another variable may also restrict the distribution of *P. lineatus*. Qualitative observations  
444 revealed that areas covered by fucoids such as *Fucus vesiculosus* and *Ascophyllum nodosum*  
445 supported sparse populations of the trochid snail (C. Little, personal observation). In some  
446 years, on the east shore, a belt of *F. vesiculosus* developed on the midshore, and this was  
447 apparently avoided by *P. lineatus*. There may thus be an interaction between algal cover and  
448 trochid density, although this remains to be quantitatively evaluated.

449 The longterm (two-decade) monitoring of Lough Hyne has allowed us to differentiate  
450 short-term ('natural') fluctuations from longterm trends in response to environmental  
451 changes. The time series data have made possible a clearer interpretation of the notable  
452 changes identified in 2018. The high degree of year-to-year variation identified in this study  
453 clearly emphasizes the need for regular monitoring when assessing the health of populations  
454 and urges caution when evaluating results from studies over short temporal scales.

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## FIGURE CAPTIONS

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**Figure 1.** Map of study area. **A.** Southwest Ireland. **B.** Lough Hyne, showing Renouf sectors on each shore and ten long-term monitoring sites surveyed annually (1994 to 2014) and ten historical sites (above the Tidal Rapids) surveyed in 1955, 1990/1991 and 2018. Site names in the lough abbreviated as follows: BB, Boundary Bay; BH, Bohane Harbour; CB, Codium Bay; EC, East Castle; EG, East Goleen; GQ, Glannafeen Quay; GY, Graveyard; NC, North Castle; NI, North Island; NL, North Labhra; NWC, Northwest Castle; RN, Rookery Nook; SC, South Castle; SEL, Southeast Labhra; SL, South Labhra; WC, West Concrete; WL, West Labhra; WP, Whirlpool Point; WWN, Westwood North; and WWS, Westwood South. Two historical monitoring sites below the Rapids: NN, North Nita (surveyed in 1955, 1990/1991 and 2018); SB, Southern's Bay (surveyed in 2017). Renouf sectors (short lines perpendicular to the shore) are designated by shore (W, west; S, south; E, east, N, north; I, island) and sector number (Renouf, 1931). Arrows indicate the following regions of the lough: Goleen, Tidal Rapids and Barloge Creek. The latter two regions connect the lough to the Atlantic Ocean.

**Figure 2.** Maps showing intertidal distributions and population densities (snails/m<sup>2</sup>) within Lough Hyne of *Steromphala umbilicalis* and *S. cineraria* in 1955 (from Ebling *et al.*, 1960), 1994 and 2018 (this study).

**Figure 3.** Estimated abundances (snails/m<sup>2</sup>) of *Steromphala umbilicalis* and *S. cineraria* in 1994, 1995 and 2018 (mean values from ten monitoring sites; error bars indicate +1 SE). Data were based on four abundance-scale categories, following the methods of Ebling *et al.* (1960).

**Figure 4.** *Steromphala umbilicalis* densities from 1996 to 2014 for the ten monitoring sites in Lough Hyne together with the average densities (bottom panel). Error bars indicate ±1 SE. Data were based on five abundance-scale categories and, thus, differ from those in Figure 3.

**Figure 5.** *Steromphala cineraria* densities from 1996 to 2014 for the ten monitoring sites in Lough Hyne as well as the average densities (bottom panel). Error bars indicate ±1 SE.

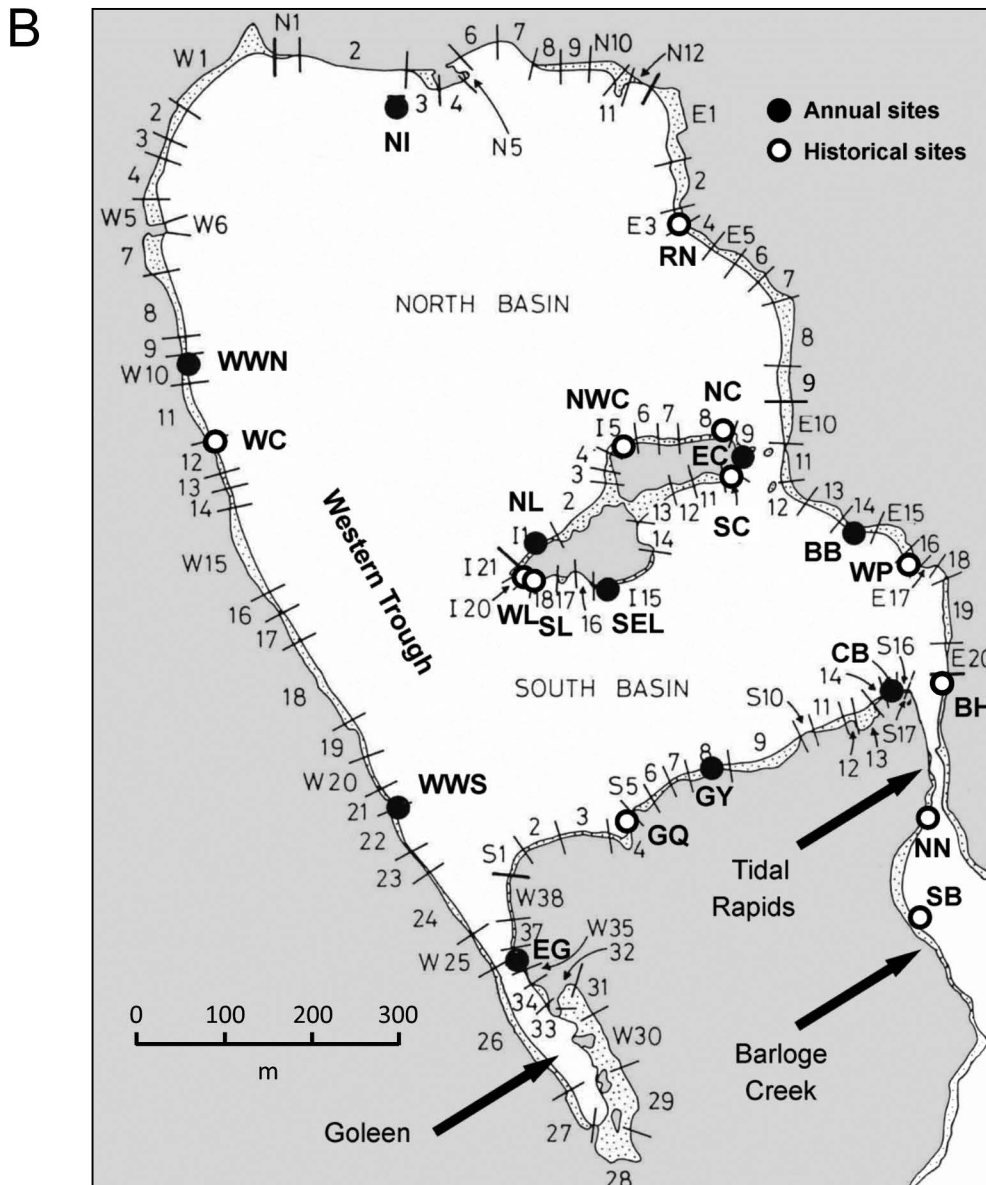
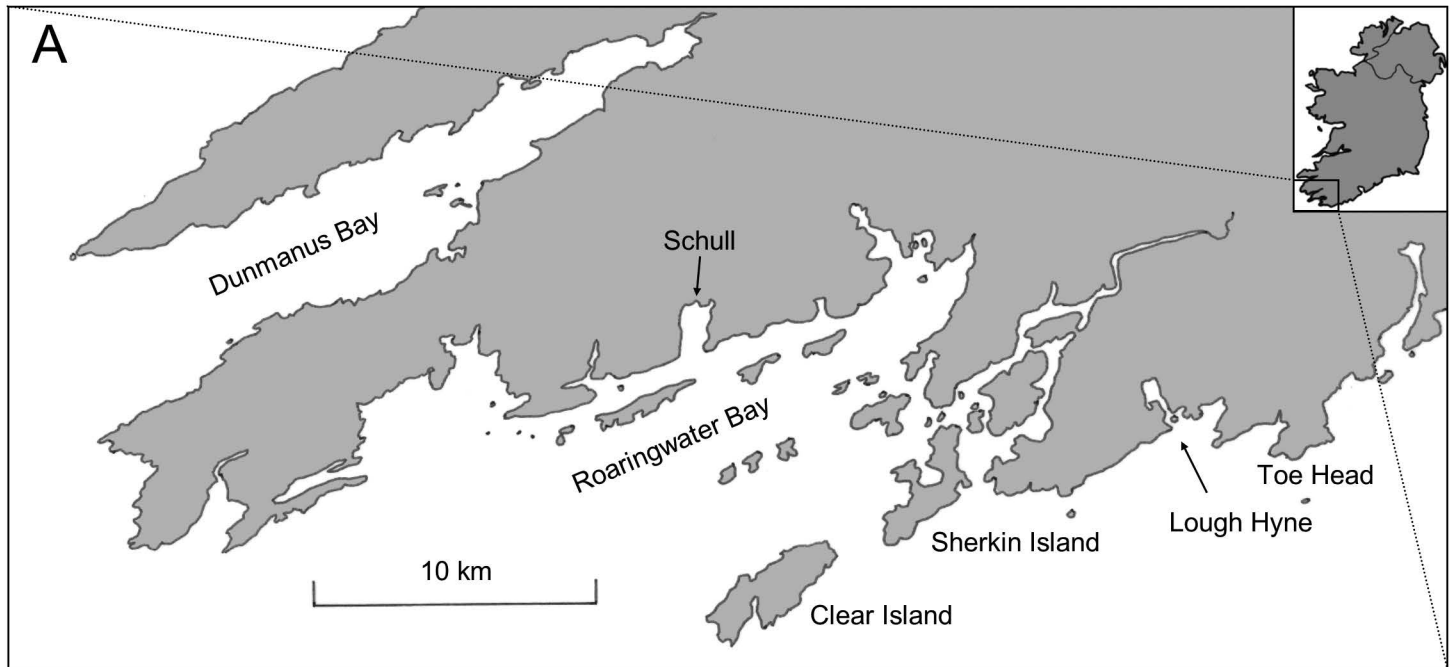
**Figure 6.** Proportion of 10 sites or 50 shoreline divisions (sections) occupied by *Phorcus lineatus* from 1994 to 2018 in Lough Hyne.

**Figure 7.** Densities of *Phorcus lineatus* from 2005 to 2018 at Renouf sector E10, a shingle shore on the east side of Lough Hyne ( $n = 50$  quadrats; error bars denote +1 SE).

**Figure 8.** Size-frequency distributions of 200 specimens of *Phorcus lineatus* measured annually from 2005 to 2018 (note that the population was not sampled in 2009) at Renouf sector E10, a shingle shore on the east side of Lough Hyne. Colour of bars indicate following stages: black, juveniles or young-of-the-year specimens; white, large, old individuals; grey, intermediate sizes.

**Figure 9.** Size-frequency distributions of 200 specimens of *Phorcus lineatus* measured at each of four sites in 2017: Renouf sectors E1 and E10, above the Rapids inside Lough Hyne; Southern's Bay (SB) below the Rapids; and Schull (Sch) outside the marine reserve.

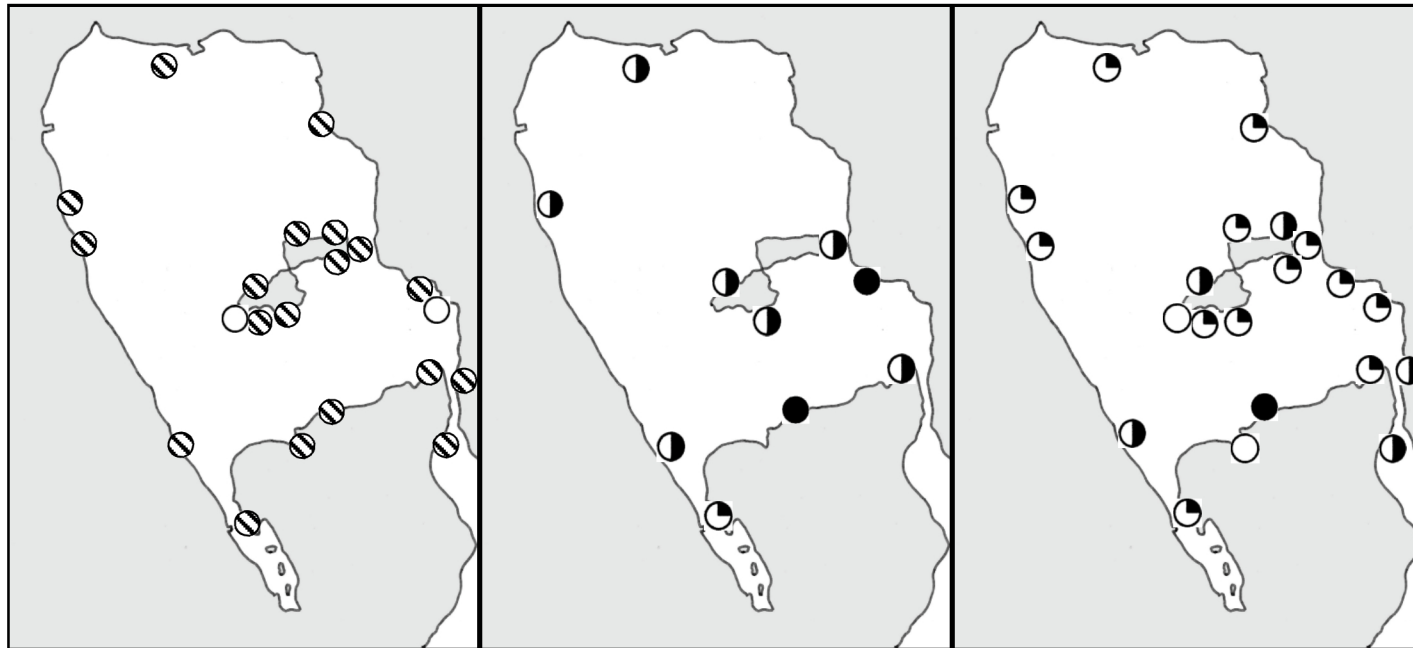
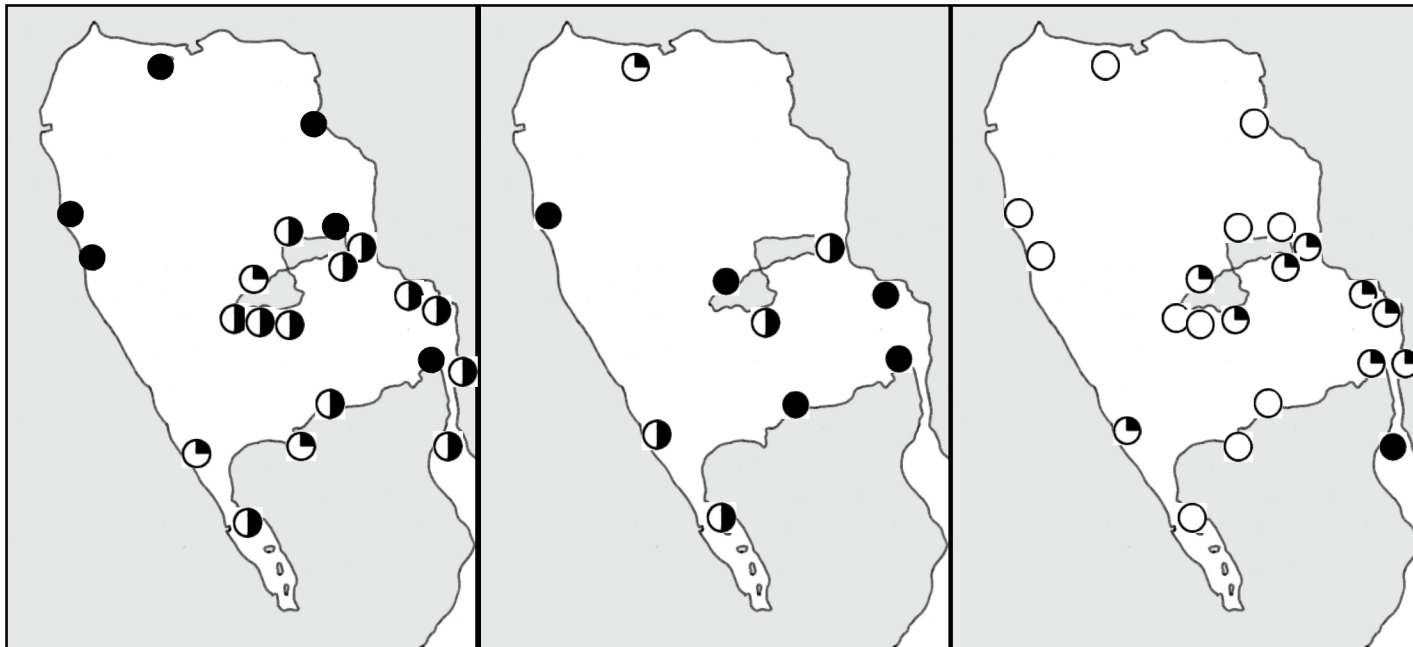




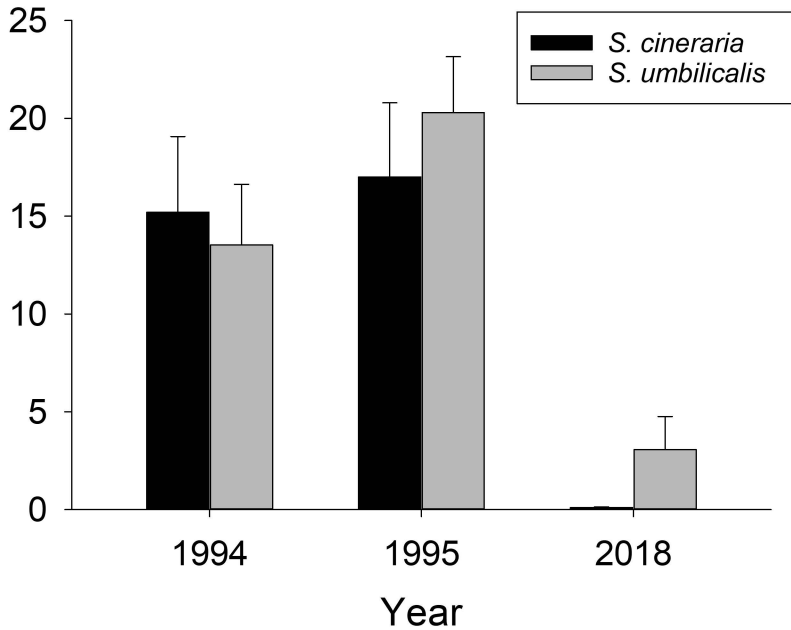
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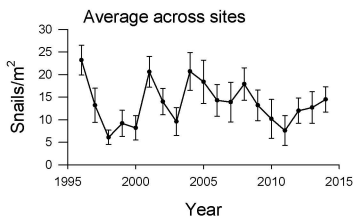
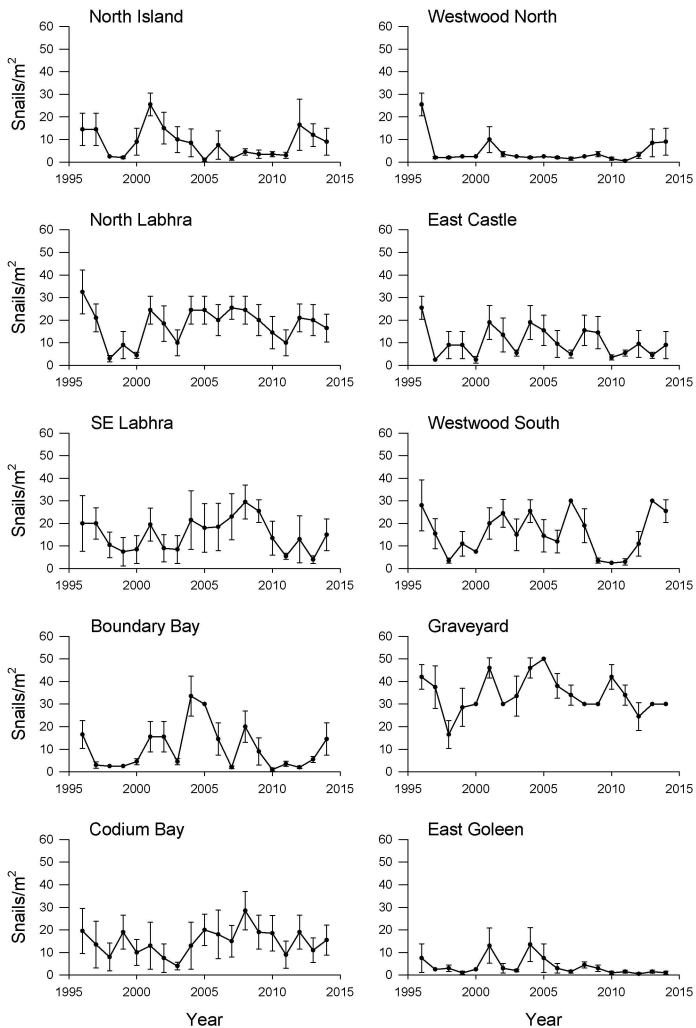
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*S. umbilicalis**S. cineraria*

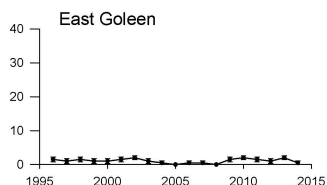
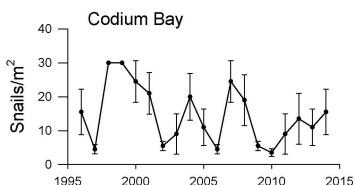
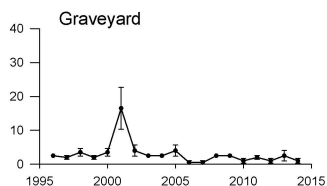
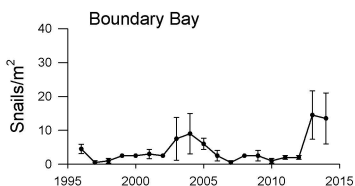
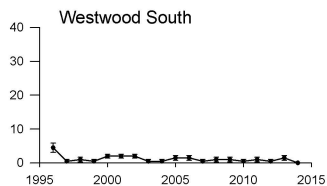
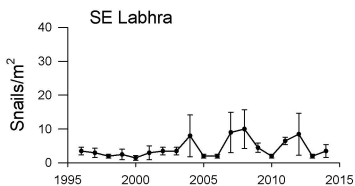
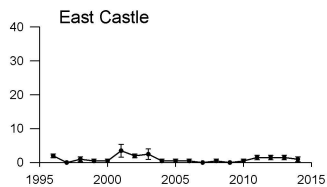
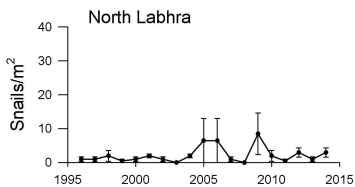
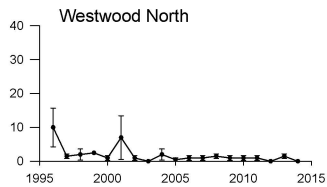
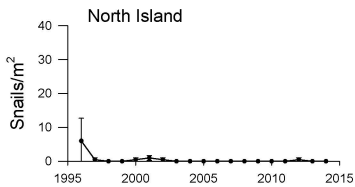
Abundance



# *Steromphala umbilicalis*

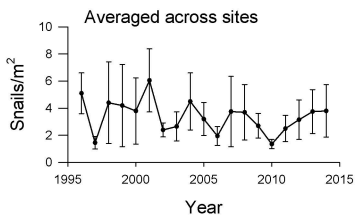


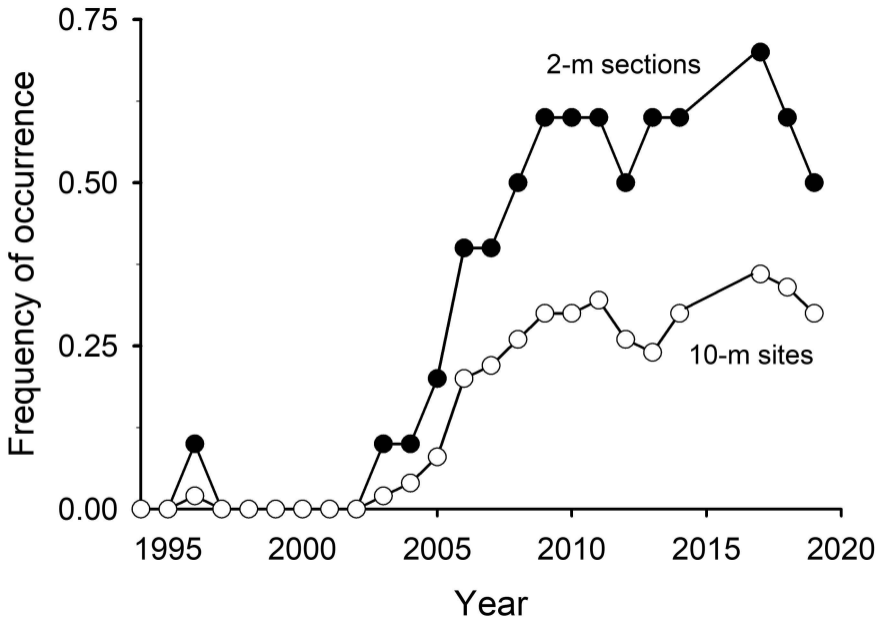
# *Steromphala cineraria*

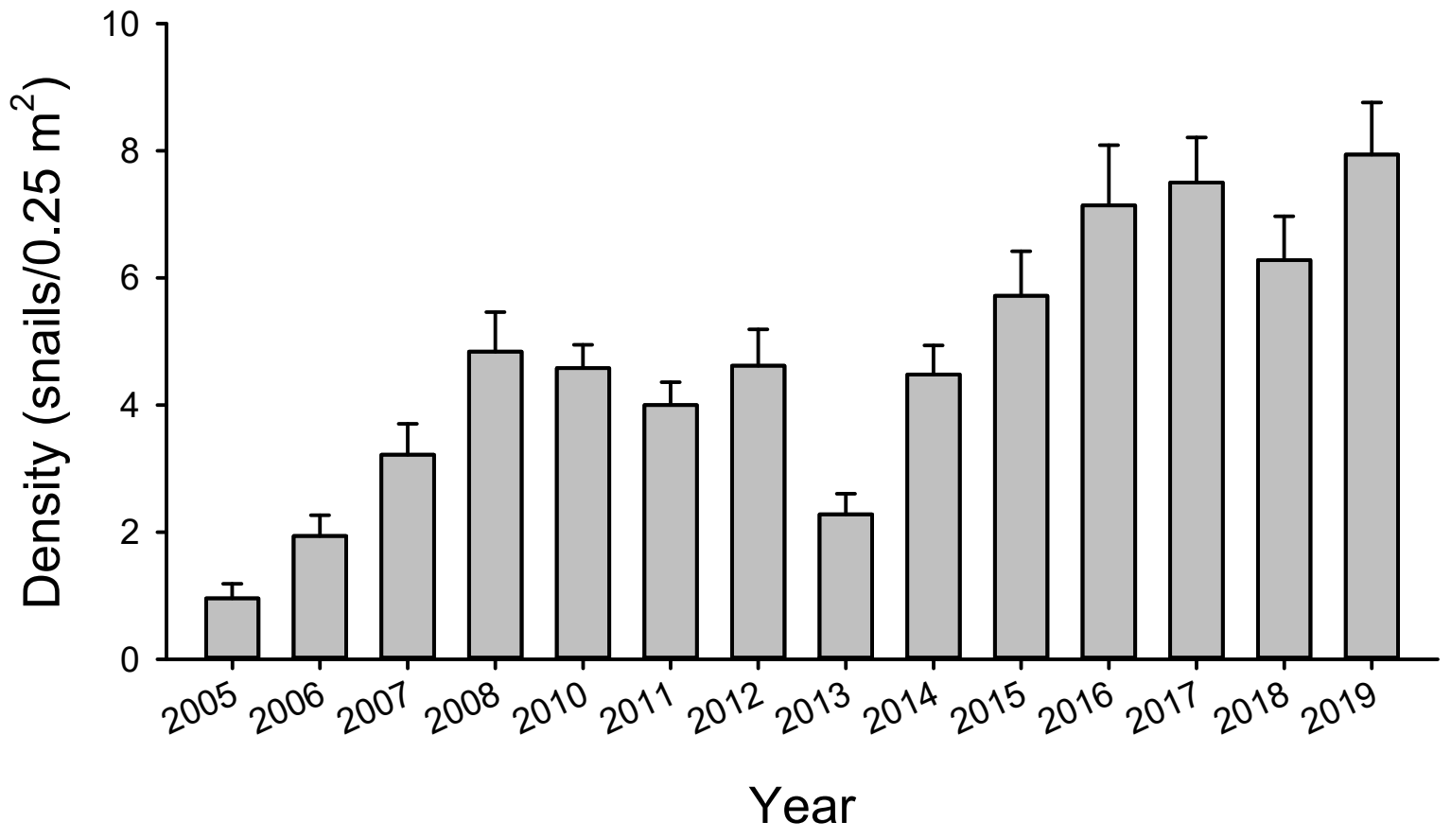


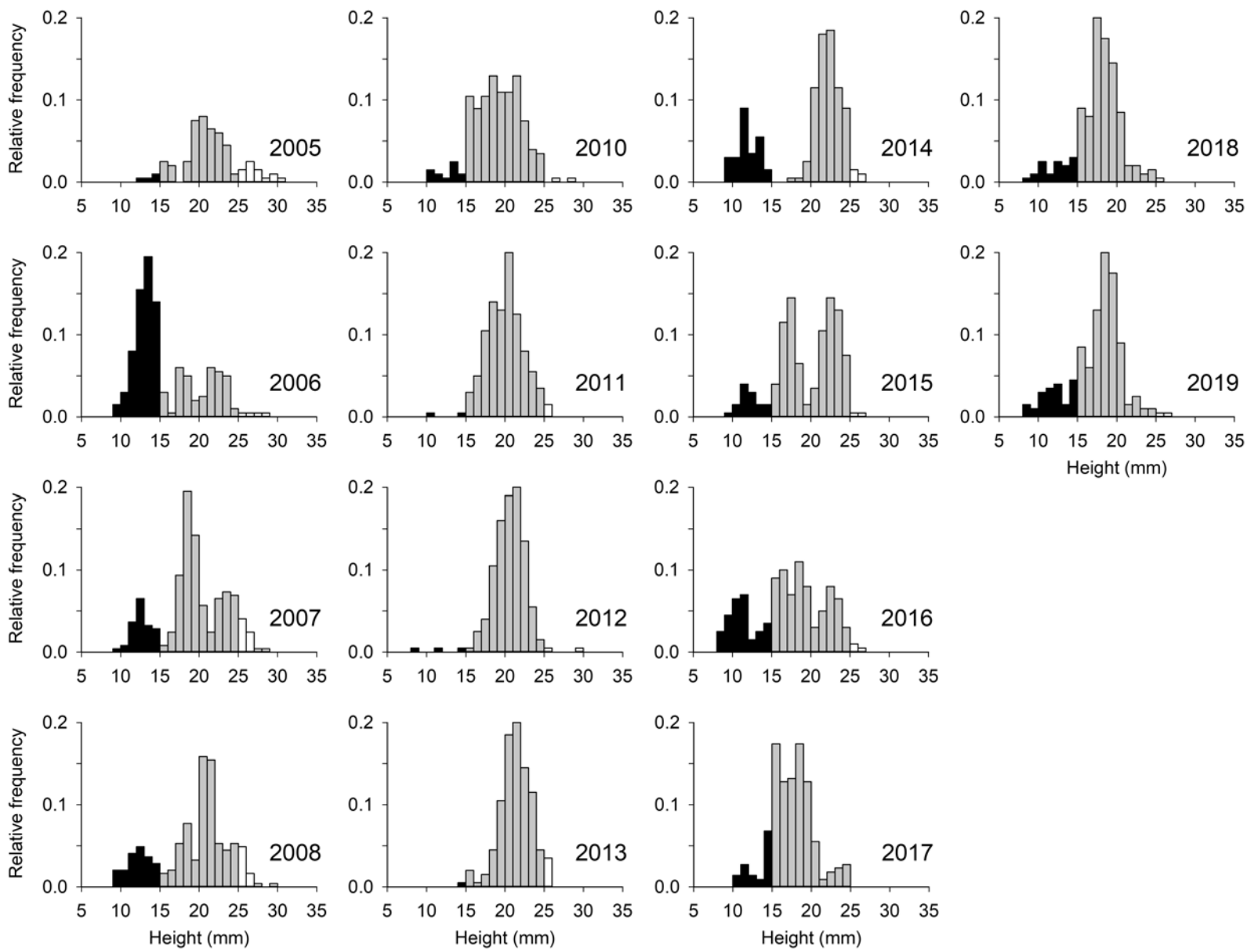
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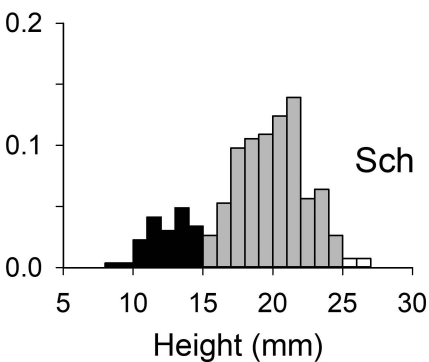
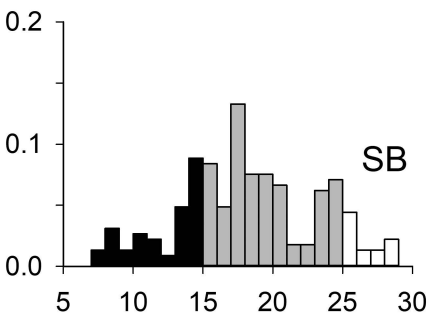
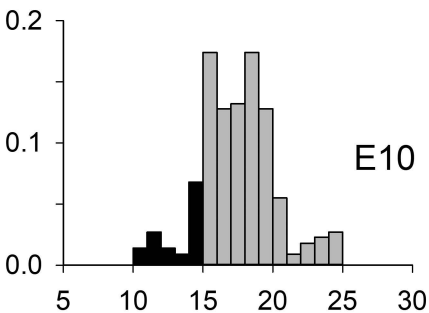
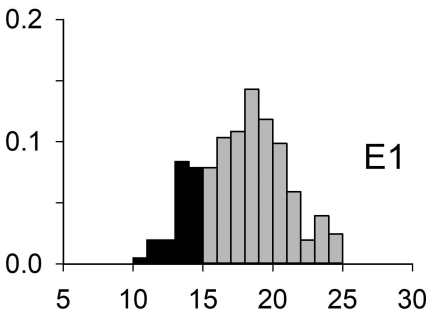












**Supplemental Material Figure 1.** Regressions of maximum and minimum daily air temperatures at the Sherkin Island weather station from 1974 to 2018. Data obtained from the Met Éireann.

