

ORIGINAL ARTICLE

From Pediatric Covariate Model to Semiphysiological Function for Maturation: Part I—Extrapolation of a Covariate Model From Morphine to Zidovudine

EHJ Krekels^{1,2}, M Neely³, E Panoilia^{1,4}, D Tibboel², E Capparelli⁵, M Danhof¹, M Mirochnick⁶ and CAJ Knibbe^{1,2,7}

New approaches to expedite the development of safe and effective pediatric dosing regimens and first-in-child doses are urgently needed. Model-based approaches require quantitative functions on the maturation of different metabolic pathways. In this study, we directly incorporated a pediatric covariate model for the glucuronidation of morphine into a pediatric population model for zidovudine glucuronidation. This model was compared with a reference model that gave the statistically best description of the data. Both models had adequate goodness-of-fit plots and normalized prediction distribution errors (NPDE), similar population clearance values for each individual, and a Δ objective function value of 13 points (Δ 2df). This supports our hypothesis that pediatric pharmacokinetic covariate models contain system-specific information that can be used as semiphysiological functions in pediatric population models. Further research should explore the validity of the semiphysiological function for other UDP-glucuronosyltransferase 2B7 substrates and patient populations and reveal how this function can be used for pediatric physiologically based pharmacokinetic models.

CPT: Pharmacometrics & Systems Pharmacology (2012) 1, e9; doi:10.1038/psp.2012.11; advance online publication 3 October 2012

Knowledge on the influence of developmental changes on drug pharmacokinetics (PK) and pharmacodynamics is limited. This may cause the high off-label and unlicensed drug prescription observed in the pediatric population,¹ as well as complicate the selection of first-in-child doses during drug development. As it would require a tremendous amount of resources to thoroughly investigate changes in drug PK and pharmacodynamics throughout the entire pediatric age range for each individual drug, new approaches to expedite the development of safe and effective pediatric dosing regimens and first-in-child doses are necessary.

To apply modeling approaches throughout the entire pediatric population, reliable and precise qualitative and quantitative information on developmental changes in various parts of the physiological system that are involved in all the underlying absorption, distribution, metabolism, and elimination processes are required. It is imperative to develop maturation functions that quantify developmental changes in metabolic and elimination pathways, because drug clearance drives drug exposure, and differences in drug exposure are thought to be the major cause of age-dependent differences in pediatric drug dose requirements.² For metabolic pathways, quantitative information on enzyme activity can be obtained from *in vitro* studies; however, for instance, for uridine 5'-diphosphate glucuronosyltransferase-mediated glucuronidation, this type of information is limited for the pediatric population.³ We therefore investigated whether maturation functions for metabolic pathways can be obtained from pediatric population PK covariate models that are based on *in vivo* outcome measures. Population modeling

allows for the simultaneous analysis of sparse, dense, and/or unbalanced data, which may even have been collected for clinical purposes (e.g., therapeutic drug monitoring). In fact, by combining historic data from multiple sources, the burden to individual patients can be significantly reduced, while improving the precision of the parameter estimates in a resulting population model. In population models, the net influence of developmental changes in underlying physiological processes on drug clearance is quantified in covariate models.

In this proof-of-concept study, we test the hypothesis that pediatric population PK covariate models contain quantitative information on the influence of maturational changes in the biological system on drug PK and that these covariate models can therefore be extrapolated between drugs that share elimination pathways.⁴ For this study, an internally and externally validated pediatric covariate relationship for morphine glucuronidation in patients younger than 3 years was directly incorporated into a population model for zidovudine glucuronidation in patients younger than 5 months. As both drugs are primarily eliminated through the UDP-glucuronosyltransferase 2B7-mediated glucuronidation,^{5–7} this model was called the system-specific model. The performance of this model was compared with the performance of a reference model that was based on a comprehensive covariate analysis of the zidovudine data alone.

RESULTS

Patients and data

The current analysis is based on 473 zidovudine concentrations and 173 zidovudine-glucuronide concentrations

¹Division of Pharmacology, Leiden/Amsterdam Center for Drug Research, Leiden, The Netherlands; ²Department of Pediatric Intensive Care and Pediatric Surgery, Erasmus MC-Sophia Children's Hospital, Intensive Care and Department of Pediatric Surgery, Rotterdam, The Netherlands; ³LAC/USC Medical Center, University of Southern California, LAC/USC Medical Center, Los Angeles, California, USA; ⁴Laboratory of Pharmacokinetics, University of Patras, Laboratory of Pharmacokinetics, Patras, Greece; ⁵Department of Pediatrics, UC San Diego, La Jolla, California, USA; ⁶Division of Neonatology, Boston University, Boston, Massachusetts, USA; ⁷Department of Clinical Pharmacy, St. Antonius Hospital, Nieuwegein, The Netherlands. Correspondence: CAJ Knibbe (c.knibbe@antoniusziekenhuis.nl)
Received 10 July 2012; accepted 23 August 2012; advance online publication 3 October 2012. doi:10.1038/psp.2012.11

collected on 68 occasions from 29 individuals varying from term neonates to infants up to 5 months of age (PACTG 049).⁸ For each patient, dense data were available from multiple occasions that were days or weeks apart. Zidovudine was administered both intravenously and orally to each patient. Data were obtained after single-dose administrations on separate occasions and for eight patients, data from administrations that were part of a long-term oral dosing regimen were available as well. This data set was used to develop the two population models in this study. An example of the data records for two patients at the extremes of the age range is provided in the **Supplementary Data** online.

A data set of morphine and its glucuronides in 248 preterm and term neonates to 3-year-old infants was used to obtain the pediatric covariate model used in the system-specific model.⁹ In **Table 1**, study and patient characteristics for the zidovudine data set used for both models in this analysis and the morphine data sets used to obtain the pediatric covariate model are shown for comparison.

System-specific and reference model for zidovudine

Figure 1 shows the structural model for zidovudine, which is the same for both the system-specific model and the reference model, and the covariate equations, which are different between the two models.

For the structural model, a two-compartment model (V_1 and V_2) was found to describe the bimodal decline in zidovudine concentrations in time. Both distribution volumes were set to be equal. A one-compartment model was used to describe the time course of the zidovudine-glucuronide

(V_3) with the distribution volume estimated as a fraction of the central compartment (θ_{v_3}). Zidovudine absorption was described by first-order absorption (k_a) and the oral bioavailability (F) was estimated.

For the error model, significant interindividual variability could be identified in both models for the absorption rate constant (k_a), the formation (Cl_1) and elimination (Cl_2) clearance of zidovudine-glucuronide, the distribution volume of the central compartment (V_1), and the bioavailability (F). The interindividual variability and residual error for both models were best described by a proportional error model.

The covariate model was different for the system-specific model and the reference model (**Figure 1**).

System-specific model. A previously published covariate model for glucuronidation of morphine in patients varying from preterm neonates to children of 3 years^{9,10} was directly incorporated in the model for zidovudine. This covariate model consisted of a body weight-based exponential equation with an exponent of 1.44 for the formation and elimination of zidovudine-glucuronide, with a reduced formation clearance of zidovudine-glucuronide in neonates within 10 days of birth, and linear relationships between body weight and distribution volumes.⁹

Reference model. A comprehensive covariate analysis identified age (either postnatal or postmenstrual age) and body weight as predictive and statistically significant covariates for the formation (Cl_1) and elimination (Cl_2) clearance of zidovudine-glucuronide. Due to the relatively small range in body weight and age of the patients in the current zidovudine data set (**Table 1**), only small differences in objective function and diagnostics between models using either of the three covariates or between models using these covariates in different equations (i.e., linear, exponential, or sigmoidal) were obtained. On the basis of objective function, postnatal age was found to be a slightly superior covariate for both Cl_1 and Cl_2 . The inclusion of this covariate was most optimal in a sigmoidal relationship on Cl_1 and in a linear relationship with estimated y-intercept on Cl_2 . No other statistically significant covariates were identified.

In **Table 2**, the model parameter estimates obtained for the system-specific and reference models are provided, showing similar values for the structural parameters and the parameters of the error model. The table also shows that for both models the coefficients of variation of the fixed effects remain well below 50%, indicating that the parameters can be estimated with acceptable precision. The coefficients of variation of some of the variance estimates of the interindividual variability did exceed 50%, indicating that the information in the data set was uninformative for precise estimation of these parameter values. The NONMEM code for two final models is provided in the **Supplementary Data** online.

Figure 2 shows population-predicted zidovudine clearances (Cl_1) for the reference model vs. the system-specific model. As data were available on different occasions that were days or weeks apart, the covariates (body weight and postnatal age) differed for each child on the different occasions, yielding different clearance predictions per child per occasion. The figure shows that both models estimate similar population clearance values for each individual at each occasion, despite the differences in covariate model as depicted in **Figure 1**.

Table 1 Patient and study characteristics of the zidovudine data set that was analyzed in this study to build the system-specific model and the reference model, and of the morphine data set that was used to build the pediatric covariate model applied in the system-specific model

Characteristic	Zidovudine data set ⁸	Morphine data set ⁹
Number of patients	29	248
Number of samples of parent compound	473	792
Number of samples of glucuronide	173 (G-ZDV)	664 (M3G); 722 (M6G)
Administration route	Oral and bolus i.v.	Short term and continuous i.v.
Duration	Multiple occasions days or weeks apart	Single occasion of up to 5 days
Sampling	Dense	Sparse
Population	Healthy patients	Ventilated and postoperative (noncardiac surgery) patients
Postnatal age (median (range), days)	21 (2–145)	33 (0–1,071)
Postmenstrual age (median (range), weeks)	43 (36–57)	42 (25–193)
Body weight (median (range), kg)	3.8 (1.9–6)	3.6 (0.5–16.8)
Sex (M/F)	18/11 (62%/38%)	144/104 (58%/42%)

G-ZDV, zidovudine-glucuronide; M3G, morphine-3-glucuronide; M6G, morphine-6-glucuronide.

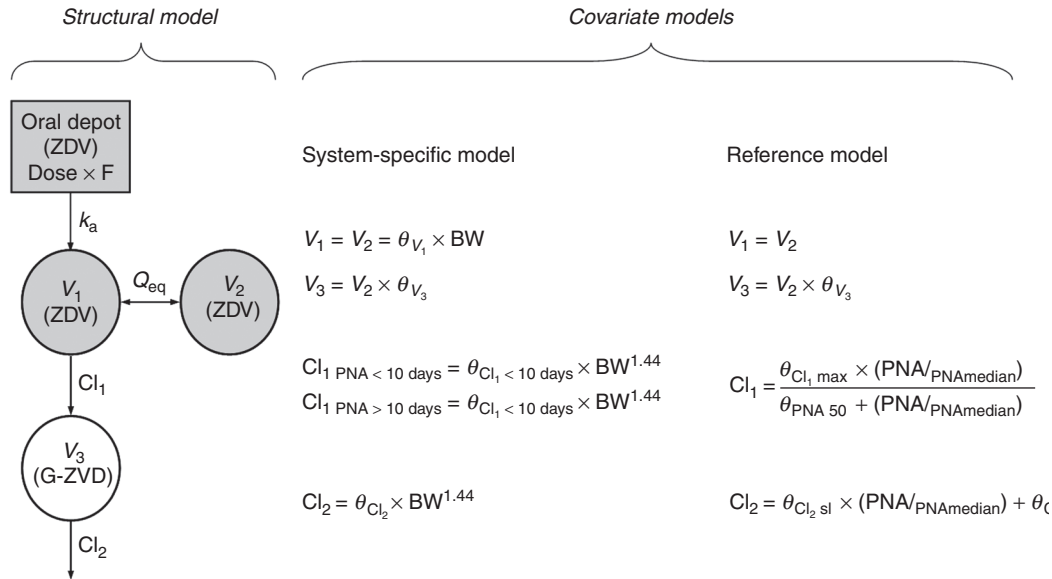


Figure 1 Schematic representation of the structural model for the zidovudine models (left) and equations of the covariate relationships in the reference model (middle) and the system-specific model (right). BW, body weight; Cl, clearance of designated route; F, bioavailability; G-ZDV, zidovudine-glucuronide; k_a , absorption rate constant; PNA, postnatal age with subscript “median” indicating the median value of the individuals at the different occasions; Q_{eq} , intercompartmental clearance; V_i , distribution volume of designated compartment; ZDV, zidovudine; θ_{V_i} , distribution volume of designated compartment as fraction of V_1 ; $\theta_{Cl_{1max}}$, maximum value of the zidovudine glucuronidation clearance; $\theta_{PNA\ 50}$, postnatal age at which half the maximum value of zidovudine glucuronidation clearance is reached; $\theta_{Cl_{2sl}}$, slope of the line describing age-related changes in zidovudine-glucuronide elimination clearance; $\theta_{Cl_{2int}}$, y-intercept of the line describing age-related changes in zidovudine-glucuronide elimination clearance; $\theta_{Cl_{1 < 10\ days}}$, population value of zidovudine glucuronidation clearance value in children within 10 days of birth; $\theta_{Cl_{1 > 10\ days}}$, population value of zidovudine glucuronidation clearance value in children older than 10 days; θ_{Cl_2} , population value of zidovudine-glucuronide elimination clearance value.

Table 2 Final parameter estimates of the system-specific model and the reference model for zidovudine glucuronidation

Pharmacokinetic parameter (unit)	System-specific model		Reference model	
	Model parameter (unit)	Value (CV%)	Model parameter (unit)	Value (CV%)
Fixed effects				
F	θ	1.55 (30.6)	θ	1.56 (21.0)
	F (%)	82.5	F (%)	82.6
k_a (min^{-1})		0.031 (17.7)		0.0307 (0.9)
$V_1 = V_2$	(l/kg)	1.08 (11.4)	(l)	4.02 (1.3)
V_3 (fraction of V_1)		0.211 (18.3)		0.226 (20.4)
Cl_1	$Cl_{1 < 10\ days}$ (l/min/kg ^{1.44})	0.00435 (12.1)	$Cl_{1\ max}$ (l/min)	0.116 (7.6)
	$Cl_{1 > 10\ days}$ (l/min/kg ^{1.44})	0.00853 (11.7)	$Cl_{PNA\ 50}$ (days)	1.63 (17.9)
Cl_2	Cl_2 (l/min/kg ^{1.44})	0.00231 (10.7)	$Cl_{2\ sl}$ (l/min/day)	0.00257 (17.5)
			$Cl_{2\ int}$ (l/min)	0.00911 (11.64)
Q_{eq} (l/min)		0.0289 (11.7)		0.0275 (11.8)
Interindividual variability				
ω^2 (F)		2.82 (45.0)		2.78 (42.5)
ω^2 (k_a)		0.607 (39.9)		0.625 (36.8)
ω^2 (V_i)		0.366 (49.7)		0.443 (56.2)
ω^2 (Cl_1)		0.255 (54.51)		0.328 (38.7)
ω^2 (Cl_2)		0.112 (70.3)		0.142 (46.3)
ω^2 ($V_1 - Cl_1$) interaction		—		0.312 (54.5)
Residual error				
σ^2 (ZDV)		0.11 (11.5)		0.11 (7.2)
σ^2 (G-ZDV)		0.158 (15.5)		0.152 (13.3)

Cl, clearance of designated route; CV, coefficient of variation; G-ZDV, zidovudine-glucuronide; k_a , absorption rate constant; Q_{eq} , intercompartmental clearance; V_i , distribution volume of designated compartment; ZDV, zidovudine; F, bioavailability presented as value of θ in Eq. 2 and population value of F calculated with Eq. 2; ω^2 , variance of the normal distribution that quantifies the interindividual variability on the designated parameter according to Eq. 1 or Eq. 2 for bioavailability; σ^2 , variance of the normal distribution that quantifies the residual error of the designated observation according to Eq. 3.

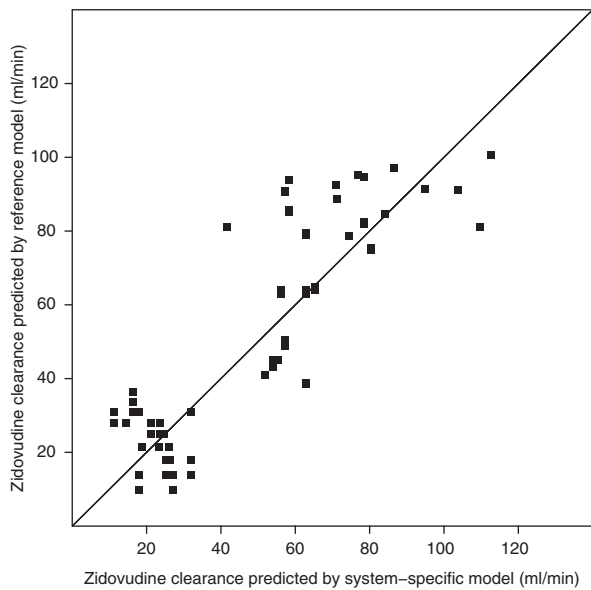


Figure 2 Population-predicted zidovudine clearances (Cl_1) for the reference model vs. the system-specific model for each individual at each separate study occasion.

Model evaluation

The reference model was statistically superior over the system-specific model in describing the zidovudine data, as demonstrated by a difference in objective function value of 13 points at a 2-point difference in degrees of freedom. **Figure 3** shows the goodness-of-fit graphs that are stratified by age into one group that is older than and another group that is younger than 38 days (the median age of the individuals at the different occasions). Visual inspection of these graphs shows that both models can describe the observed zidovudine concentrations in children older and younger than the median age without bias and that the difference between the plots of the two models is negligible.

The plots in **Figure 4** show that the covariate relationships for zidovudine clearance (Cl_1) of both the system-specific and reference model describe individual glucuronidation clearances without bias, despite the use of different covariates (i.e., body weight for the system-specific model and postnatal age for the reference model). Accuracy of the individual zidovudine clearance values compared with the population values described by the covariate relationships was numerically quantified as mean percentage error and was 20.5% for the reference model and 11.3% for the system-specific

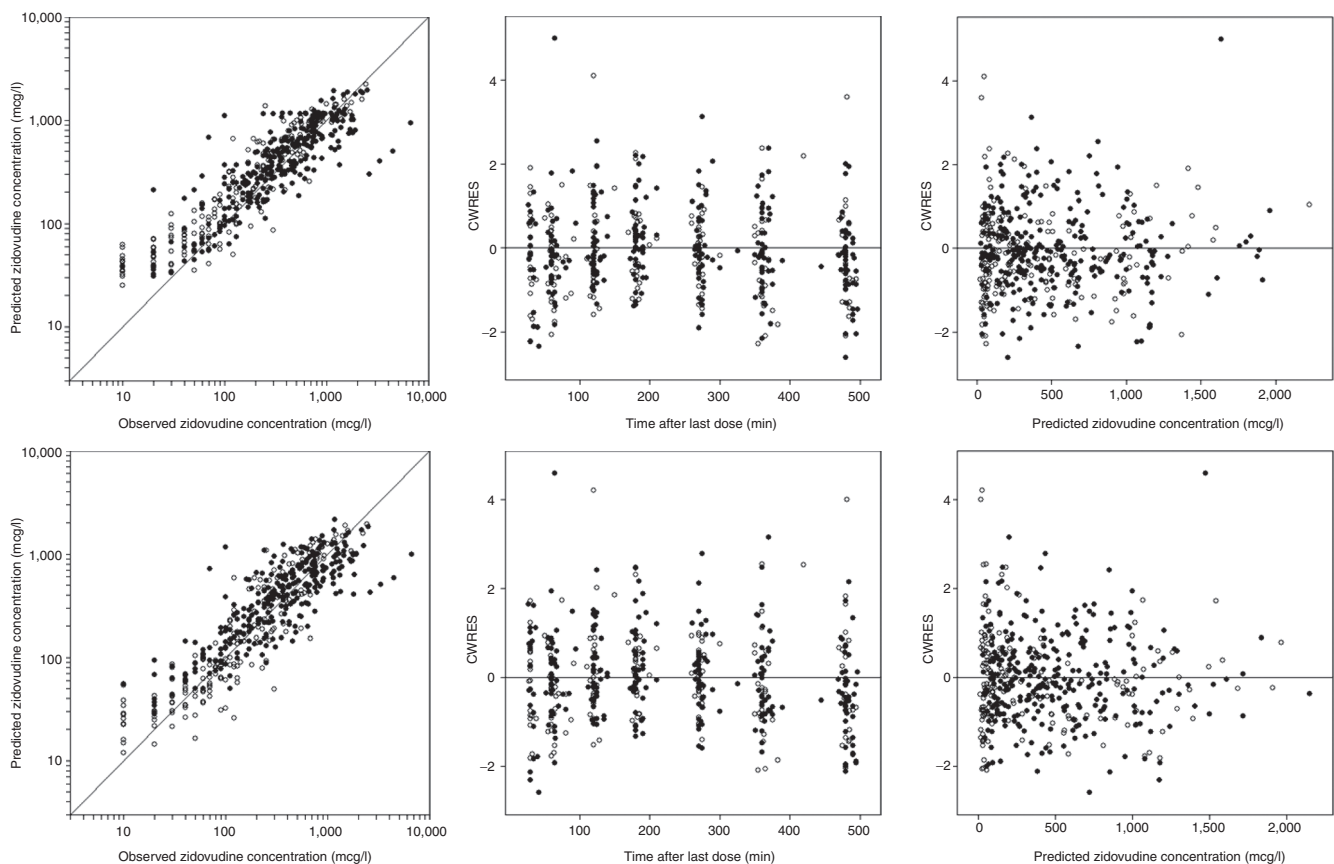


Figure 3 Basic goodness-of-fit plots for zidovudine of the system-specific model (top) and the reference model (bottom). On the left are population-predicted concentrations vs. observed concentrations, in the middle are conditional weighted residuals (CWRES) vs. time after last dose, and on the right are CWRES vs. population-predicted concentrations. The plots are stratified by age, with solid circles indicating observations in children on occasions that they were younger than 38 days, the median age of the individuals at the different occasions, and open circles indicating observations in children on occasions that they were older than 38 days.

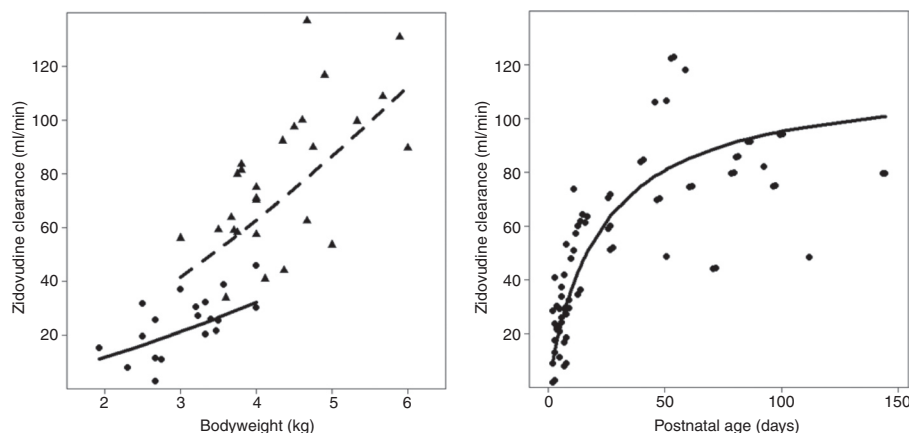


Figure 4 Individual *post hoc* parameter values of the glucuronidation clearance to zidovudine-glucuronide (Cl_r) for each individual at each separate study occasion vs. the most predictive covariate, which is body weight for the system-specific model (left) and postnatal age for the reference model (right). The covariate relationships describing the population clearance values are indicated with lines. For the plot of the system-specific model (left), individual *post hoc* parameter estimates and population estimates of children younger than 10 days are indicated with circles and a solid line, respectively, for children older than 10 days, triangles and a dotted line are used, respectively.

model. The precision, numerically quantified as root mean square error, was 19.2% for both models.

In terms of predictive performance, the two models perform similar as well, as expressed by the results of the normalized prediction distribution error (NPDE) analysis shown in [Figure 5](#). This figure shows that the system-specific model and the reference model can accurately predict the median zidovudine concentrations, but they slightly overestimate the variability in the observations. In addition, there is no bias in NPDEs in time or across the concentration range for any of the models.

DISCUSSION

Our group previously described and defined a distinction between drug-specific and system-specific parameters in population models.¹¹ This investigation is a proof-of-concept study to examine whether the context of system-specific properties can be extended to include not only static descriptors of the physiological system but also temporal changes in the physiological system as a result of developmental changes in the pediatric population. It was shown that a covariate model for the glucuronidation of morphine in preterm and term neonates to children up to the age of 3 years^{9,10} also accurately reflects developmental changes in zidovudine glucuronidation clearance in term neonates and infants. Similar results have been obtained by our group for the glomerular filtration of antibiotics in neonates.¹² These results support the hypothesis that pediatric covariate models for drug clearance may serve as semiphysiological functions in population PK models, although further research should reveal the generalizability of this approach in scenarios with different drug and patient characteristics.

For the maturation of metabolic pathways, functions obtained with population modeling from *in vivo* sources reflect the net effect of maturational changes in multiple underlying physiological systems. This may include changes in expression and function of drug metabolizing enzymes and active transporters, changes in cardiac output and organ perfusion,

changes in acid–base balance, and changes in the amount and composition of drug-binding plasma proteins and other blood components that may influence plasma protein binding.¹³ Unfortunately, quantitative knowledge on all these underlying processes is incomplete especially for the pediatric population, impeding the use of pediatric physiologically based PK (PBPK) models. In addition, data on enzyme activity obtained from *in vitro* data may not accurately reflect the *in vivo* situation, especially for uridine 5'-diphosphate glucuronosyltransferase enzymes.^{3,14,15} Combining information from population PK models with PBPK approaches may therefore be necessary to obtain functions to describe the maturational changes in metabolic and/or elimination pathways. These modeling approaches are crucial for determining evidence-based pediatric dosing algorithms and first-in-child doses.

The proposed semiphysiological modeling approach can be performed using data routinely obtained in pediatric pharmacokinetic trials. In fact, this approach allows for the use of denser information or information from a wider age range than may be available for the analysis of the unstudied drug. This is especially important in the pediatric population where often only limited data are available for ethical and practical reasons. The system-specific model of this analysis was, for instance, based on data from 248 patients ranging from preterm neonates to infants of 3 years, whereas in the current zidovudine analysis, data from only 29 patients ranging from term neonates to infants of 5 months were available ([Table 1](#)). The small range in age and body weight of the patients in the zidovudine data set made it difficult to discriminate model performance between submodels. The covariate relationship identified for morphine glucuronidation was probably not identified as most significant in the comprehensive covariate analysis of the current zidovudine data due to the indistinctive curvature of this relationship in the body weight range of the zidovudine data set. Nonetheless, in the system-specific model, direct incorporation of the pediatric covariate model obtained with morphine did provide a good description of the population and individual zidovudine clearance parameters as shown in [Figure 4](#). In this approach, it is, however, a prerequisite that the covariate

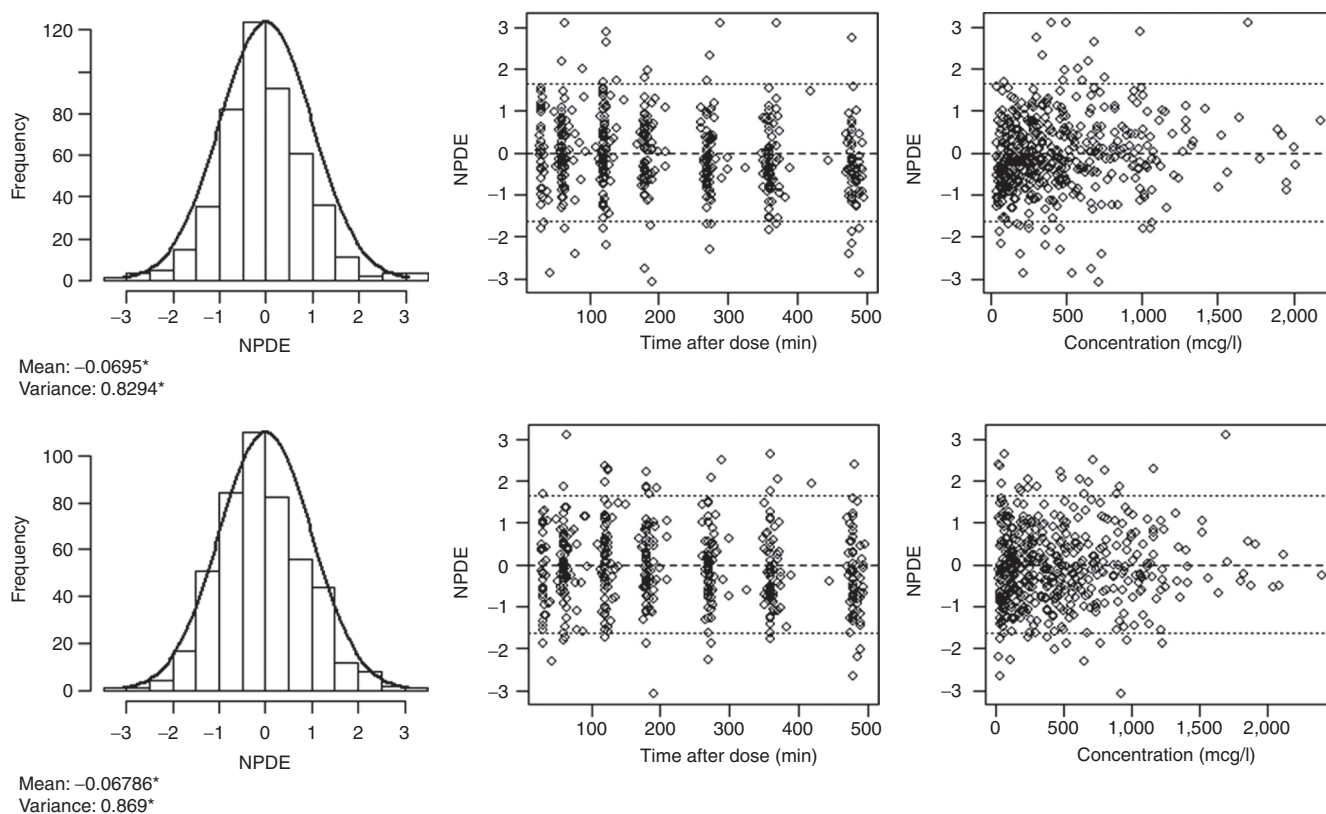


Figure 5 Results of the normalized prediction distribution error (NPDE) analysis for zidovudine from the system-specific model (top) and the reference model (bottom). In the histograms, the distributions of the NPDEs in the overall data set are shown with the solid line depicting a normal distribution and the values below specifying the mean and variance of the NPDE distribution in the histogram. A significant ($P < 0.05$) deviation of the distribution from a mean of 0 and a variance of 1 is indicated with an asterisk (*). The NPDE distribution against time after last dose (middle) and against the observed concentrations (right) are also shown.

models are validated both internally and externally and that the population to which the covariate model applies is well defined in terms of other potentially important covariates, like, for instance, genetics or disease status. In case covariates other than size and/or age are identified in a pediatric covariate model, we envision that the complete covariate model describes the biological system and that therefore this complete covariate model should be extrapolated between drugs.

In contrast to PBPK models, a drawback of population PK modeling is that the analysis has to be repeated for each individual drug for each pediatric age group. This study suggests that the between-drug extrapolation of semiphysiological pediatric covariate functions can be used to develop pediatric population PK models of hitherto unstudied drugs in a more time-efficient manner. However, the use of the semiphysiological glucuronidation function in the population analysis of zidovudine still relied on the availability of at least a limited amount of pediatric data to determine the population value of the clearance, which is mainly determined by the drug-specific parameters K_m and V_{max} . This does not pose a problem for marketed drugs that are already being used off-label in a population, but when in drug development a drug has never been used in a pediatric age range before, a methodology that does not rely on *in vivo* pediatric data of the drug under investigation is required. To date, there is no suitable methodology based on population PK modeling available to extrapolate

pediatric PK parameters from older to younger age ranges in the drug development process.¹⁶ If system-specific profiles on developmental changes in specific metabolic pathways were, however, available over the entire pediatric age range, these profiles could be used in a semiphysiological modeling approach to design successive studies in children of decreasing ages for unstudied drugs. These studies could then be of a confirmative rather than an explorative nature.

Concerning the net observed maturational changes in drug clearance in this study, it is emphasized that the weight that each change in the physiological system has may be different for drugs with different physicochemical and PK properties. Morphine and zidovudine are quite similar with respect to these properties. Their molecular masses are 285 and 267 g/mol, respectively. The acid dissociation constant (pK_a) values for morphine are 7.9 and 9.6¹⁷ and for zidovudine this value is around 9.7^{18,19} and the octanol/water partition coefficient ($\log P$) values for these compounds were reported to be around 0.75¹⁷ and 0.05,^{20,21} respectively. Plasma protein binding in adults ranges between 23 and 38% for both drugs,^{20,22,23} and their hepatic extraction ratios in adults range between 0.5 and 0.65.^{24–26} We cannot exclude that these similarities in drug characteristics have contributed to the good extrapolation potential of the pediatric covariate model for glucuronidation observed in this study, therefore, further studies on the applicability of the semiphysiological function for glucuronidation in

children are required. For this, *in silico* studies using a PBPK modeling approach could be performed to reveal whether, how, and to what extent differences in physicochemical drug properties influence the between-drug extrapolation potential of the semiphysiological glucuronidation function. This can be done by simulating *in vivo* pediatric drug clearance of hypothetical drugs with various physicochemical drug properties that are all eliminated through the same pathway (see Part II of this article, ref. 27). Investigation of maturation patterns in individual physiological parameters and PBPK simulations of scenarios in which values of these parameters are altered may reveal whether the changes in drug clearance quantified by a pediatric semiphysiological function mainly result from changes in a single or multiple parameters (see Part II of this article, ref. 27). This can be used to determine whether a population covariate relationship can be directly incorporated in PBPK models or whether further deconvolution of the covariate relationship is necessary. The advantage of PBPK model in drug development would be that it may aid in determining the absolute value of drug clearance without prior pediatric *in vivo* data.

In conclusion, this proof-of-concept study supports our hypothesis that pediatric population covariate models that describe the developmental changes in drug elimination pathways constitute system-specific rather than drug-specific information. This system-specific information can be used in a semiphysiological manner in the development of pediatric population PK models of drugs that share clearance pathways. Further analysis of the physicochemical and physiological basis of the pediatric semiphysiological glucuronidation function should reveal whether this function can be directly incorporated in PBPK models for all substrates or whether it is necessary to separate the covariate relationship further into components to describe the influence of the various physiological changes.

METHODS

Study design. Two population PK models were developed for a single data set of zidovudine and its glucuronide.

System-specific model: In this model, a covariate model for morphine glucuronidation in patients younger than 3 years that was validated both internally and externally using various tools^{9,10} was directly incorporated.

Reference model: For this model, a comprehensive covariate analysis was performed yielding a PK model with a set of covariate relationships that best described the current zidovudine data according to predefined statistical criteria. The performance of both models was evaluated according to a previously published framework for the validation of pediatric population models,²⁸ and the results of this evaluation for the system-specific model (A) were compared with the results obtained for the reference model (B).

Patients and data. Data were obtained from a multicenter study to evaluate the safety, tolerability, and PK of zidovudine as a prophylaxis to prevent mother-to-child HIV transmission in healthy neonates and infants born to HIV-infected women. The study protocol was approved by institutional review boards of the participating institutions and written informed consent was obtained from the parents or legal guardians of each patient.

Model development. NONMEM VI (ICON, Ellicott City, MD) was used to perform the data analysis, with PLT Tools version 3.0.0.²⁹ in combination with R version 2.10.0 for the visualization of the data. All parameter estimates were obtained with the first-order conditional estimation method with interaction. Model development for the reference model and the system-specific model was performed in three steps: choice of structural model; choice of error model; and choice of the covariate model.

For both models, the first two steps in the model development process (i.e., the choice of the structural and error model) were the same. One- and two-compartment models were tested for the structural model. For the error model, interindividual variability on the model parameters was tested assuming a log-normal distribution described by an exponential distribution model depicted in Eq. 1. For bioavailability (F), interindividual variability was described using Eq. 2 to avoid individual bioavailability estimates of more than 100%

$$P_i = \theta \times \exp(\eta_i) \quad (1)$$

$$P_i = \frac{e^{\theta + \eta}}{1 + e^{\theta + \eta}} \quad (2)$$

In these equations, P_i is the individual parameter estimate for the i th individual, θ represents the population parameter estimate for parameter P , and η_i is a random variable for the i th individual from a normal distribution with a mean of zero and estimated variance of ω^2 . For the intraindividual variability and residual error in the observed zidovudine and zidovudine-glucuronide concentrations, proportional, additive, and combination error models were tested.

The likelihood ratio (assumed to be χ^2 distributed) was used to assess whether the difference between (sub)models was statistically significant. A decrease in the objective function corresponding to $P < 0.01$ was considered to be significant. In addition, the following basic goodness-of-fit plots were used for diagnostic purposes (i) observed vs. individually predicted concentrations, (ii) observed vs. population-predicted concentrations, (iii) conditional weighted residuals vs. time, and (iv) conditional weighted residuals vs. population-predicted concentrations. Furthermore, the 95% confidence intervals of the model parameters and the correlation matrix were assessed.

The third and final step of the model development process (i.e., choice of the covariate model) was different for the reference model and the system-specific model:

System-specific model: The previously obtained and validated covariate model for morphine glucuronidation in children within 3 years^{9,10} was directly incorporated into the model for zidovudine. Specifically, a body weight-based exponential equation with an exponent of 1.44 for the formation and elimination of zidovudine-glucuronide with a reduced formation clearance of zidovudine-glucuronide in neonates within 10 days of birth was included, as was a linear correlation for distribution volume of the parent compound and metabolite. Although this pediatric covariate model describes the rate of developmental changes in clearance and distribution volume, the population values of these parameters for zidovudine were estimated by NONMEM.

Reference model: A comprehensive covariate analysis with forward inclusion and backward deletion of covariates was performed to obtain a covariate model with the best description of the current zidovudine data according to statistical criteria. The following covariates were tested for significance: post-natal age, postmenstrual age, gestational age at birth, body weight, sex, and creatinine clearance. The continuous covariates were tested in linear equations, exponential equations with estimated exponents, or sigmoidal equations. A decrease in the objective function corresponding to $P < 0.01$ for the forward inclusion of covariates was considered to be significant. In addition, the aforementioned diagnostic criteria were used. When more than one significant covariate was identified, the most significant covariate was included in the model and the resulting model served as the basis for the subsequent exploration of additional covariate effects. For the backward deletion of covariates, an increase in objective function corresponding to $P < 0.001$ was considered to be significant.

Model evaluation. Although the system-specific and reference models are not nested, they are based on the same patients and data, and therefore, the $-2 \log$ likelihood, by means of the NONMEM objective function, was used to statistically compare the description of the zidovudine data by the system-specific model with the description of the zidovudine data by the reference model. To directly compare clearance predictions between the two models, population clearance predictions from the reference model were plotted vs. population clearance predictions from the system-specific model. For each patient, data were obtained at multiple occasions, as age and bodyweight change rapidly in this young population one population prediction was obtained per patient per occasion.

According to the framework for the validation of pediatric population models,²⁸ the basic goodness-of-fit plots of the models were inspected. These plots were stratified by age into a group that was younger and a group that was older than 38 days (the median age of the individuals at the different occasions) to ascertain that the entire age range was described equally well. In addition, the covariate relationships describing the population-predicted zidovudine clearance (Cl_i) and the individual *post hoc* clearance estimates of each individual at each separate study occasion were plotted in one graph for each model to visually assess the description of the individual zidovudine glucuronidation clearances (Cl_i) by the covariate relationships. Finally, bias and precision of the individual zidovudine glucuronidation clearance values compared with the population-predicted clearances described by the covariate relationships were quantified by calculating the percentage mean prediction error (%MPE, Eq. 3) and the root mean square error (RMSE, Eq. 4), respectively.

$$\%MPE = \frac{\sum (\text{population } Cl_i - \text{individual } Cl_i)}{n \times \text{individual } Cl_i} \times 100 \quad (3)$$

$$RMSE = \sqrt{\frac{\sum (\text{population } Cl_i - \text{individual } Cl_i)^2}{n}} \quad (4)$$

To compare the predictive properties of both models, an NPDE analysis,³⁰ which is a simulation-based diagnostic,

was used. The entire data set was simulated 1,000 times in NONMEM and subsequently each observed concentration was compared with the reference distribution of the simulated data points using the NPDE add-on package in R.³¹

Acknowledgments. This study was performed within the framework of Top Institute Pharma project number D2-104. The work of C.A.J.K. is supported by the Innovational Research Incentives Scheme (Veni grant, July 2006) of the Dutch Organization for Scientific Research (NWO). Overall support for the International Maternal Pediatric Adolescent AIDS Clinical Trials Group (IMPAACT) was provided by the National Institute of Allergy and Infectious Diseases (NIAID) (U01 AI068632), the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), and the National Institute of Mental Health (AI068632). The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health. This work was supported by the Statistical and Data Analysis Center at Harvard School of Public Health, under the NIAID cooperative agreement no. 5 U01 AI41110 with the Pediatric AIDS Clinical Trials Group (PACTG) and no. 1 U01 AI068616 with the IMPAACT Group. Support of the sites was provided by the NIAID and the NICHD International and Domestic Pediatric and Maternal HIV Clinical Trials Network funded by NICHD (contract number N01-DK-9-001/HHSN267200800001C). We thank Gregory Sivolapenko from the Laboratory of Pharmacokinetics of the University of Patras for his support.

Author Contributions. E.H.J.K., M.N., D.T., E.C., M.M., and C.A.J.K. designed the research. M.N., E.C., and M.M. performed the research. E.H.J.K., E.P., M.D., and C.A.J.K. analyzed the research. E.H.J.K., M.N., E.P., D.T., E.C., M.D., M.M., and C.A.J.K. wrote the manuscript.

Conflict of Interest. All authors declared no conflict of interest.

Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?

Drug clearance differs between adults and children and between children of different ages, which is believed to be the major cause of age-dependent differences in pediatric drug dosing requirements.

WHAT QUESTION DID THIS STUDY ADDRESS?

To improve the availability of maturation functions for specific elimination pathways that can be used for modeling and simulation, this study tests whether biological system-specific information can be obtained from pediatric population PK covariate models.

WHAT THIS STUDY ADDS TO OUR KNOWLEDGE

Using two drugs with similar physicochemical properties in a pediatric population younger than 3 years, this proof-of-principle study supports the hypothesis that pediatric population covariate models for drug clearance contain biological system-specific information and can be extrapolated between drugs that share elimination pathways in a semiphysiological modeling approach.

HOW THIS MIGHT CHANGE CLINICAL PHARMACOLOGY AND THERAPEUTICS

A semiphysiological modeling approach will expedite the development of pediatric population models and physiologically based models that are crucial for the development of evidence-based and first-in-child dosing regimen.

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