# <sup>1</sup> Organs-on-chips: into the next decade

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## 10 Abstract

Organs-on-chips (OoCs), also known as microphysiological systems or "tissue chips" (the terms 11 12 are synonymous), have garnered substantial interest in recent years owing to their potential to 13 be informative at multiple stages of the drug discovery and development process. These 14 innovative devices could provide insights into normal human organ function and disease 15 pathophysiology, as well as more accurately predict the safety and efficacy of investigational 16 drugs in humans. Therefore, they are likely to become useful additions to traditional preclinical 17 cell culture methods and in vivo animal studies in the near term, and in some cases, 18 replacements for them in the longer term. In the last decade, the OoC field has seen dramatic 19 advances in the sophistication of biology and engineering, in the demonstration of physiological 20 relevance, and in the range of applications. These advances have also revealed new challenges 21 and opportunities, and expertise from multiple biomedical and engineering fields will be 22 needed to fully realize the promise of OoCs for fundamental and translational applications. This 23 Review provides a snapshot of this fast-evolving technology, discusses current applications and 24 caveats for their implementation, and offers suggestions for directions in the next decade.

## 26 [H1] Introduction

27 Drug development is slow and costly, driven mainly by high attrition rates in clinical trials<sup>1</sup>. 28 Although remarkable increases in our understanding of the molecular underpinnings of human 29 diseases and our ability to model *in vivo* cell, tissue and organ-level biology have been made 30 over the past three decades, the number of US Food and Drug Administration (FDA)-approved 31 drugs per billion US\$ spent on research and development has actually decreased monotonically 32 since 1950<sup>2</sup>. Drug development needs new approaches, paradigms and tools to reverse these 33 trends and thus deliver on the promise of science for patients<sup>2</sup>.

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Although animal models have contributed enormously both to our understanding of physiology 35 36 and disease, and to the development of new medicines, researchers have long been aware of 37 the frequent discordance between animal and human studies and therefore the need for modeling and testing platforms that would be more predictive of human responses<sup>3,4</sup>. Indeed, 38 drug candidates may be terminated for lack of efficacy in animals, or discovery of hazards or 39 40 toxicity in animals that might not be human-relevant. Despite significant developments in 41 computational and in vitro biology and toxicology in the last two decades, currently over 80% of 42 investigational drugs fail in clinical testing, with 60% of those failures due to lack of efficacy and 43 another 30% due to toxicity<sup>5</sup>.

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45 To address some of these issues and offer alternative tools for preclinical stages, early "cell culture analogs"<sup>6,7</sup> were explicitly designed to culture mammalian cells in linked chambers 46 47 perfused with a recirculating tissue medium, or "blood surrogate". Following on from these models came a "heart-lung micromachine", integrating a lung cell culture model with a cardiac 48 49 device to assess the effects of drugs and therapeutics delivered to the human lung by aerosol 50 on cardiac function and toxicity in vitro. This first "lung-on-a-chip" research was published in 2010<sup>8</sup> and set the stage for organs-on-chips (OoCs, synonymously known as "tissue chips" or 51 52 microphysiological systems (MPS)) - microdevices engineered to contain (human) cells and 53 tissues and to model or mimic organ structures, functions, and reactions to biological 54 conditions, stressors or compounds.

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56 The dramatic expansion of the OoC field in the past decade has been made possible by the 57 convergence of multiple previously disparate technologies, including induced pluripotent stem 58 cells (iPSCs) and mixed cell culture capabilities, genome editing, 3D printing, sophisticated cell 59 sensors, microfluidics, and microfabrication engineering, which led to the demonstration that 60 dynamic culture conditions significantly influence the physiological maturation and function of 61 in vitro systems. Tissue chips offer promise in, for example, modeling multiple organs and 62 tissues from individual donors of both healthy and disease dispositions, and investigating the 63 responses of these tissues to environmental perturbations and therapeutics with known or 64 unknown mechanisms of action. Worldwide investment from scientific funding bodies (Box 1) has enabled the development of a multitude of 3D tissue models, from relatively simple single 65 cell type organoids to complex multi-cell type, multi-organ microfluidically-integrated systems 66 67 (Table 1). Consortia, committees and workshops have emerged in Europe, the US and Asia to discuss state-of-the-science aspects of OoCs (Box 1). 68

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70 In this Review, we will cover how OoCs have evolved over the last decade into a potentially 71 transformational translational science paradigm. OoCs could impact drug discovery and 72 development by offering novel tools for disease modeling and understanding, as well as 73 providing alternative – and potentially more predictive – methods for assessment of toxicity 74 and efficacy of promising new compounds and therapeutics. There are clear opportunities for 75 this technology to provide more rapid, cost-effective, and accurate information on human 76 diseases and drugs being developed to treat them, providing insights for academic, 77 biopharmaceutical, and regulatory scientists that were previously not possible. We will explain 78 how OoCs can model healthy and diseased phenotypes and discuss the promise of linked 79 platforms for the creation of "body on chip" systems. Importantly, we will cover the limitations 80 of OoCs and discuss how defining the context of use of OoC platforms is critical for their continued development. Current considerations and challenges will be detailed, and our 81 82 predictions for the ongoing era of tissue chip research presented.

# 84 [H1] Key features of organs-on-chips

OoCs are bioengineered microdevices that recapitulate key functional aspects of organs and 85 tissues. While there is wide diversity in the specific designs of each platform, OoCs range from 86 87 devices the size of a USB thumb drive to larger systems that reflect multiple linked organs 88 within the footprint of a standard 96-well laboratory plate. All OoC platforms have three critical 89 and defining characteristics: the three-dimensional nature and arrangements of the tissues on 90 the platforms; the presence and integration of multiple cell types to reflect a more 91 physiological balance of cells (such as parenchymal, stromal, vascular and immune cells); and 92 the presence of biomechanical forces relevant to the tissue being modeled (such as stretch 93 forces for lung tissues or hemodynamic shear forces for vascular tissues). One way that 94 biomechanical forces can be introduced to model fluid flow across the tissues is to include 95 microfluidic channels in the systems to deliver and remove cell culture media, and remove 96 associated cell metabolites and detritus. Organoids - another type of multi-cellular 3D tissue 97 model replicating some aspects of in vivo organ structure and function - are not classified as 98 OoCs due to their production through stochastic self-organization (rather than specific cell 99 seeding and growth protocols) and lack of cytoarchitectural structure (rather than provision of 100 scaffolding or specially-shaped culture chambers)<sup>9</sup>.

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 Table 1 highlights some specifics of how OoCs differ from two-dimensional cell cultures. Each
 103 platform design, from 2D plates to complex 3D engineered systems, has advantages and 104 disadvantages. Therefore, the selection of a particular platform will depend on the context of 105 its use, such as the characteristics of the assays and their readouts. One key advantage for OoC 106 platforms is the ability to control cellular and specific tissue architecture to emulate chemical 107 gradients and biomechanical forces. This allows precision control over the biochemical and 108 cellular milieu to model in vivo-like environments and responses. Other advantages include the 109 ability to vascularize or perfuse tissues, either with inclusion of self-assembling endothelial cells 110 that form perfusable lumens, or by use of microfluidic channels that act as engineered 111 vasculature, bringing nutrients and fluidic flow to cells within culture chambers. Also, the ability 112 to incorporate real-time tissue function sensors such as microelectrodes or optical microscopy

113 markers (for example fluorescent biomarkers) allows for monitoring cell health and activity.

114 Figure 2 illustrates some of the diversity of OoC systems and shows how they can provide a

115 wide range of data outcomes that can be employed during drug development.

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# 117 [H3] Common considerations and challenges

Before OoC platforms are implemented, careful consideration of a large number of variables and challenges is needed to create and validate systems that reflect the context of use and desired outcomes. Although not mututally exclusive, these challenges can be categorised as either biological and technical.

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## 123 [H2] Biological considerations and challenges

[H3] Defining context of use: When creating OoC systems, bioengineers are essentially reverse-124 125 engineering human cellular systems; that is, taking apart and analyzing the components of the 126 biological system, identifying the key aspects and components needed for function, and using these findings to reconstitute the functional system<sup>10</sup>. Reverse-engineering human tissues and 127 128 physiological systems is complicated due to an often-incomplete understanding of the 129 composition and interplay of any given tissue and system. Therefore, rather than attempt to 130 comprehensively model a complex system, it may be more useful to engineer simple tissues 131 that can still give relevant and useful answers for the specific field of study. For example, it may be more beneficial to use discrete vascularized brain organoids<sup>11-13</sup> when modeling 132 133 glioblastoma, psychiatric disorders or developmental neurotoxicity than to create a complex multi-organ system with cardiovascular, lymphatic and glymphatic components. However, a 134 135 multi-organ system could provide novel pathological insights into disease mechanisms for 136 disorders or toxicities that require interactions of more than one organ.

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Currently, OoCs can model certain aspects of a tissue but no single system completely recapitulates a fully functional and integrated human tissue, let alone an organ. Rather, systems are designed to model key aspects of a tissue – or its most characteristic features – to mimic the morphological and functional phenotype of interest; where the phenotype being evaluated depends on the question being asked. Despite the emerging diversity of OoC platforms (see <sup>14</sup>
 for a recent review), identifying the base platform choice that can provide answers to the
 research problem(s) in question remains challenging for end-users.

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146 [H3] Cell sourcing: Regardless of system complexity, one universal issue faced by OoC 147 developers and users is renewable cell sourcing (Box 2). Choosing the appropriate cells for a system is partly based on the context-of-use of the platform but also often based on the 148 149 availability of a particular cell source from commercial entities or from primary donors, which 150 each have advantages and disadvantages. Increasingly, iPSCs or adult stem cells sourced from 151 mass production of tissue organoids are seen as the answer to the lack of available primary cells<sup>15</sup>, and iPSCs have some compelling advantages. For example, iPSCs offer an almost 152 153 unlimited source of cells, and generating isogenic cell lines from them means that all tissues in multi-OoC platforms could be from the same donor<sup>16,17</sup>, thereby addressing a key source of 154 155 variability. However, to date, the phenotype of many iPSC-derived differentiated cells such as 156 cardiomyocytes is immature, and protocols for differentiation and maturation are non-157 standardized and can be difficult to reproduce (Box 2).

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[H3] Cell scaffolds: In addition to understanding a tissue's composition, engineering a tissue 159 requires understanding the functional interplay of cell types and the effect of the scaffold or 160 extracellular matrix [G] (ECM) on the function of the cellular architecture<sup>18</sup>. OoCs may use 161 162 decellularized scaffolds or seed cells within natural or synthetic hydrogels [G] to create an 163 environment conducive to cell growth, but the ECM composition and three-dimensional arrangement affect cell survival, morphology and polarity<sup>19-21</sup> and so must be carefully chosen 164 165 and engineered to promote the formation of appropriate tissue characteristics. The choice of 166 the ECM material must be considered – hydrogels (networks of polymers that swell with water 167 application) are a widely used material due to their biocompatibility, support for cell adhesion, 168 and similarities to many soft tissues and *in vivo* ECM, but may be difficult to engineer and lack 169 standardized protocols for creation. The complexities of modeling even relatively simple tissues 170 with few cell types can be exponentially magnified when including vascularization, innate or

adaptive immune responses, and the frequent and often large variability in tissue sources between donors/suppliers/batches. Recent advances in bioengineering allow new possibilities for incorporation of biosensors into systems via the ECM. For example, incorporation of fluorescent microgels containing peptides that are cleaved in the presence of specific enzymes<sup>22</sup> offers the opportunity to use ECM for real-time readouts of OoC assays.

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[H3] Linking multiple platforms: Linking multiple OoCs into multi-organ systems is not trivial and 177 requires consideration of aspects such as biological (allometric) scaling, maintenance of sterility 178 179 when building or connecting tissue modules, use of a common medium, incorporation of bubble traps, and control of varying flow rates<sup>23,24</sup>. Additionally, a number of organs and tissues 180 181 are necessarily missing from even the most complex series of linked OoCs, necessitating the 182 need to account for missing organs. For example, how can a linked platform model important diurnal or endocrine fluctuations – which affect cell and drug metabolism<sup>25,26</sup> – if tissues 183 184 producing or responding to those cues are absent? One solution has been the creation of complex engineered 'microformulators' to formulate, deliver and remove culture medium at 185 defined time intervals, simulating the function of missing organ(s)<sup>27</sup>. However, this remains an 186 187 ongoing challenge.

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189 [H3] Universal medium: Each tissue requires an adequate supply of specific nutrients and 190 growth factors relevant for that tissue, so for linked OoC tissue systems, a key challenge is 191 providing this kind of universal cell culture medium or "blood mimetic". So far, approaches to 192 address this issue have included scaling mixtures of culture media and engineering endothelial 193 barriers. For example, circulating a 50:50 mix of liver-specific and kidney-specific media in a linked liver-kidney system recently enabled the nephrotoxic metabolites of aristolochic acid to 194 be determined<sup>28</sup>. However, as the number of linked systems increases, the success of the 195 196 scaling solution decreases, as every tissue ends up with a suboptimal culture medium, which 197 will impact the function and therefore physiological relevance of the system. Approaches for 198 linking systems may involve: creating single-pass or recirculating systems of culture medium that can be replenished or modified over time<sup>29,30</sup>; or engineering platforms that allow culture 199

of tissues in individual modules but provide access to a circulating 'blood surrogate' medium by inclusion of synthetic or endothelial barriers between tissue modules and the circulating medium<sup>31-33</sup>. Some researchers have approached the universal medium problem by providing tissues with appropriate individual support through variation of the surface chemistry of the platform or scaffold on which cells are cultured (e.g. by silanes), while circulating a general serum-free medium to introduce fluidic flow to the system<sup>34,35</sup>.

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#### **207** [H2] Technical considerations and challenges

208 [H3] Platform design: The characteristics of the assays that are intended to be run on an OoC 209 must be considered early in the design phase or when choosing a particular platform. Many 210 chips incorporate microfluidics, which can supply tissues with the nutrients and factors needed 211 for function and introduce important biomechanical forces such as the shear forces 212 experienced by cells adjacent to vasculature. However, microfluidic designs must carefully 213 model the resulting forces on the tissues because channel diameters, corners, and input/output ports can influence flow rate and therefore tissue performance<sup>36</sup>. Ports for inflow and outflow 214 215 must be designed to maintain the sterility needed for cell culture while still allowing for culture 216 changes. Also, 'bubble traps' may need to be incorporated, as a bubble in a microfluidic channel can completely block all flow<sup>37</sup>. 217

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219 Modeling biomechanical forces is appropriate in certain tissues; for example, stretch forces for lung alveolar tissues<sup>38</sup>. An elegant solution from an early lung-on-a-chip introduced vacuum 220 221 channels running alongside a porous membrane onto which lung alveolar cells were seeded on 222 one side and lung endothelial cells on the other. Rhythmic application of the vacuum caused 223 stretching and relaxation of the cell-lined membrane and mimicked the biomechanical forces associated with breathing<sup>8</sup>. This design has been adapted for many other tissues including 224 gut<sup>39</sup>, heart<sup>40</sup>, blood-brain barrier<sup>41</sup> and kidney glomerulus<sup>42</sup>, highlighting how a simple design 225 226 concept can be useful for multiple applications.

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The assays of interest for each platform will ultimately dictate platform design. For example, chips replicating cardiac function likely need to allow access by a microscope and be fabricated

of optically clear materials to allow imaging of cardiac twitching <sup>43,44</sup>. Liver chips modeling 230 231 oxygen zonation may make use of microfluidic flow rates to create differing zones of oxygen saturation<sup>45</sup>. Neural or muscular (cardiac or skeletal) platforms should incorporate multi-232 electrode arrays [G], or more microscale assays such as patch clamping or voltage clamping to 233 provide readouts of cell activity<sup>40</sup>. Inclusion of biosensors such as fluorophores can allow real-234 time readouts of cell function; for example, metabolism, activity, or activation of certain 235 molecular pathways<sup>46</sup>. A recent automated multi-tissue organ system integrated an impressive 236 237 array of on-chip sensors including electrochemically activated immunobiosensors attached to 238 physical microelectrodes, mini-microscopes, in addition to optical pH, oxygen and temperature monitors<sup>47</sup>. This technical feat highlights the ongoing engineering advances that are enabling 239 240 real-time non-invasive monitoring of OoC microenvironments.

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242 [H3] Platform fabrication: Although hydrogels and other scaffolds can help structure the 243 internal cellular architecture of an OoC, the fabrication materials for the chip itself must be 244 carefully considered. Every material for platform fabrication has a surface chemistry that affects 245 how cells, fluids and compounds bind or absorb into the material. For example, 246 polydimethylsiloxane (PDMS) is a silicon-based organic polymer that is widely used for platform 247 fabrication because it is affordable and easy to work with via soft lithography methods, 248 allowing for fast prototyping and easy iterative design change, and it creates flexible, 249 biocompatible, optically clear platforms that allow modeling of biomechanical forces and realtime tissue imaging. However, PDMS is gas permeable (which can be an advantage or 250 otherwise) and has a high absorbance for small hydrophobic molecules<sup>48</sup>. Therefore, PDMS 251 252 becomes problematic for drug studies as the PDMS-based platform itself can absorb a large 253 amount of the drug, or the resulting factors released from the cells may be leached from the 254 effluent. There is also a risk of cross-contamination for chambers or channels adjacent to each 255 other. So, mitigatory approaches for PDMS OoCs include treatment or coating of the polymerbased surfaces of the device to prevent cell adhesion or drug loss<sup>49-52</sup>. Alternative materials for 256 chip fabrication include glass, silicon, and thermoplastics such as cyclic olefin coplastic (COC) 257 258 and poly(methyl) methacrolate (PMMA), with the material choice often being a trade-off

between the needs of the platform versus the availability, affordability or fabrication feasibilityof the materials.

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Regardless of fabrication material choice, all OoC platforms require careful characterization of adsorption/absorption profiles. Additionally, the biocompatibility of the materials to be used must be considered and profiled, as unexpected toxicities could appear when repurposing materials for platform fabrication<sup>53</sup>.

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## **267** [H1] Organs-on-chips for toxicity assessment

Toxicity and unknown safety of exposure to human tissues are large sources of failures of 268 potential drug candidates, and accounted for 40% of losses based on failure data from four 269 large pharmaceutical companies<sup>5</sup>. Traditionally, key individual tissues that are targeted for 270 271 toxicity assessments include liver, heart, kidney, vasculature, and brain. Methods of assessing 272 toxicity in these organs often use high-throughput but simple cell culture assays, which cannot 273 replicate a complex systemic response to a compound, or animals, which can model complex 274 responses but may not provide an accurate prediction of effects in humans. 275 Pharmacokinetic/pharmacodynamic (PK/PD) modelling [G] and physiologically-based 276 pharmacokinetic (PBPK) modeling [G] can be used to predict the absorption, distribution, 277 metabolism and excretion (ADME) of chemical substances in the body. However, these 278 modeling methods rely on data from other model systems and detailed anatomical and 279 physiological information where it is available. Animal studies are crucial for studying systemic 280 and longer-term effects in full biological systems, but the similarities and differences in 281 comparative physiology to humans can be anywhere on the spectrum between directly 282 translational to confounding or even completely unknown. Indeed, extreme and sometimes 283 tragic examples of the difficulty in translating from animals to humans can be seen in high 284 profile phase I clinical trial failures, although these events are thankfully rare <sup>54,55</sup>. These failures were seen either during the 'first-in-human' phase<sup>54</sup> or during the dose escalation phase. The 285 286 drawbacks of current toxicity profiling highlight the intricacies of the translational process from 287 cell culture, to animals, and ultimately to humans, which can place clinical trial volunteers at

high-risk however carefully planned and executed a trial is. Additionally, there is a growing need to predict the toxicity of novel modalities such as biologics, oligonucleotides and large molecules (MW > ~900 Da) that are challenging or impossible to assess in standard animal models. OoCs may have advantages for these modality-specific assessments by allowing modeling of complex human responses in tightly-controlled *in vitro* systems that may be linked to model organ crosstalk <sup>56</sup> and can be designed for specific contexts of use <sup>57</sup>.

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295 Single-tissue OoCs offer an alternative way to approach toxicity assessments of potential compounds in various complex human 3D tissues<sup>58</sup>. In 2D liver cultures, hepatic cell line 296 cultures poorly represent primary human hepatocytes<sup>59</sup>, and the latter cells rapidly de-297 differentiate over 24 hours<sup>60</sup>, limiting their usefulness in evaluating either subacute or chronic 298 299 exposure effects and systemic toxicities. An example of how OoCs could address such issues is a 300 recently developed 3D liver OoC system that can maintain healthy cell cultures for over 28 days 301 (Table 2) and mimic the *in vivo* environment of the liver (to include hemodynamic flow, oxygen zonation and inclusion of immune components)<sup>61,62</sup>, which opens new pathways for 302 303 ADME/toxicity studies. Oxygen zonation in this liver platform was achieved by controlling the 304 flow rate of medium through the platform to create zones of differing oxygen tension, and 305 coupling computational modeling of this tension to direct temporal and spatial monitoring of oxygen-sensitive dyes in the system<sup>45</sup>. This highlights how use of biomechanical forces and 306 307 direct experimental assays from real-time biosensor readouts can be combined to provide 308 powerful tools for accurate replication of clinically-relevant toxicity profiles. Separation of the 309 sinusoid (vascular channel) and hepatic compartment by a porous membrane allows physiologically-relevant addition of drugs, immune cells and other factors to the model <sup>62</sup>. 310 311 Another recent study comparing a liver on a chip from rat, dog and human cell sources 312 elegantly showed species-specific differences in hepatotoxicity, highlighting the importance of 313 using human-specific cells for certain assays, while confirming the validity of the use of nonhuman models for others<sup>63</sup> (**Table 2**). 314

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316 For the heart, which is another important target organ of toxicity, a number of heart-on-a-chip 317 systems have been developed that model the complex matrices of cardiomyocytes, (cardiac) 318 fibroblasts, endothelial cells and vasculature that interact in vivo in a highly ordered manner, 319 which can be easily perturbed by drugs, drug-drug interactions, or off-target side effects. Since 320 in vitro screens are now an integral part of drug development to characterize cardiac safety 321 liabilities, the current heart-on-a-chip systems are useful as they model human responses to injury (Table 2), and show appropriately aligned sarcomeres, rhythmically synchronized beating 322 patterns, and physiologically relevant resting membrane potentials<sup>44,64-67</sup>. Other structures in 323 324 the heart, such as cardiac valves, have been bioengineered to assess the off-target cardiac side 325 effects of dopamine/serotonin production/reuptake influencing-drugs, such as pergolide, which are used in clinical treatment for psychiatric disorders such as Parkinson's disease<sup>68</sup>. However, a 326 327 large problem with all cardiac OoC systems currently using iPSC-derived tissues is the fetal phenotype of most resulting cardiomyocytes<sup>69,70</sup>. Despite this, recent advances using electrical 328 329 and mechanical stimulation to 'train' the developing cells or cardiac "organoid" growth in fatty 330 acid-based culture medium and inclusion of other relevant cell types seems to encourage a significantly more mature phenotype<sup>71-74</sup>, further expanding the potential use for OoC in the 331 332 cardiotoxicity field.

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334 Other important tissues for toxicity profiling include those from the kidney, gut, and lung. 335 Developmental toxicity assays, including neurotoxicity, are also relevant for many exposure 336 studies. OoC models of the kidney (nephron and proximal tubules) can be used to model 337 readouts relevant for nephrotoxicity profiling such as filtration, reabsorption, transport of various molecules, and action of protein transporters<sup>75-78</sup>. Indeed, a kidney-on-a-chip system 338 339 was used to elucidate that polymyxin-B nephrotoxicity may be caused by the cholesterol biosynthesis pathway, highlighting how OoCs could not only be used to test the safety of novel 340 chemical molecules but also shed light on toxicological pathways of FDA-approved molecules<sup>78</sup> 341 342 (Table 2). Gut-on-chip systems can model certain aspects of the bioavailability and activity of drugs, by creating in vitro intestinal epithelia and exposing these tissues to relevant 343 biomechanical forces, such as flow and peristalsis<sup>79,80</sup>. Inclusion of immune and microbiome 344

345 factors become critical for true human relevance, both of which by themselves are huge areas of research, although there is progress being made in inclusion of these in both organoid<sup>81</sup> and 346 microfluidic systems<sup>82-85</sup>. For example, the "HuMix" model to recreate human-microbial 347 348 crosstalk allows researchers to investigate the causal relationships between the gastrointestinal 349 microbiota and certain human diseases, but could also be used in toxicology and pharmacokinetic studies<sup>82</sup>. Toxicity profiling of inhaled substances can benefit from lung-on-a-350 chip models that can recapitulate the air-liquid interface of the lung alveoli<sup>8,86</sup> and model 351 effects such as exposure to bacteria, drug-induced pulmonary edema and cigarette smoke<sup>87</sup>. 352 353 Developmental neurotoxicity can be modeled in platforms containing 3D neural tissues. For 354 example, in a study that used RNA-Seg readouts from neural constructs exposed to 60 drugs of 355 known toxicity, a predictive model based on linear support vector machines had over 90% accuracy in predicting the toxicological impact of 'blinded unknown' compounds<sup>13</sup>, highlighting 356 357 the potential power of these types of 3D models for predictive toxicology. Other developmental 358 toxicological vulnerabilities have been assessed using placenta-on-a-chip models that can recapitulate the ability of compounds to cross or affect the maternal-fetal barrier <sup>88,89</sup>. 359 360 Readouts of vascular-related toxicity may be critical for therapeutics, and vascular networks on OoCs have been used to investigate vascular toxicity with chemotherapeutics<sup>29,90</sup>, and risk 361 factors for complications such as thrombosis from monoclonal antibody treatments <sup>91</sup>. 362

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Finally, linked multi-organ systems could expand OoC applications into organ interactions and
 systemic toxicity profiling, and these are discussed further in section 6.

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## 367 [H1] Disease modeling on a chip

In addition to being useful as tools for understanding toxicity in human tissues, OoCs also offer ways to model disease states *in vitro*, thereby allowing mechanistic investigation not only of disease pathologies but also of the efficacy and potential off-target effects of therapeutic interventions. The potential enhanced understanding of human disease physiology from modeling diseases on OoCs could help address the high attrition rates of promising compounds seen during both lead optimization and clinical development stages due to lack of efficacy <sup>5,92</sup>. 374

#### **375** [H2] Stem cells and tissue chips – powerful partners

376 While many OoCs have been developed to model disease phenotypes using primary or cell line 377 sources, the increasing use of iPSCs, plus the novel option of using the mass production of 378 organoid technology as a way to source adult stem cells in biomedical research, has also led to 379 the increased development of an array of diseases-on-chips including: cardiac (atrial and ventricular) myopathies<sup>72,93,94</sup>; asthma<sup>95</sup>; vascular abnormalities<sup>96</sup>; polycystic kidney disorders<sup>97</sup>; 380 as well as neural disorders - including ones mimicking aspects of neurodegenerative and 381 psychiatric disorder phenotypes<sup>98,99</sup> – and rare pediatric diseases such as Hutchinson-Gilford 382 Progeria Syndrome <sup>100</sup>. However, a limitation associated with using stem cell-derived cells in 383 384 OoCs include difficulties in producing an adequate number of mature, differentiated cells with 385 the necessary purity for many tissues (for more see **Box 2**).

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387 Despite these current limitations, one early example of the power of iPSCs' use in OoCs, 388 coupled with genome editing technologies, investigated the rare childhood pediatric 389 cardiomyopathy Barth Syndrome. Stem cell derived-cardiac tissues from patient donors were created and modeled on 'muscular thin films', which replicated the disordered sarcomeric 390 organization and weak contraction properties seen in the disease<sup>101</sup>. Using genome editing 391 392 techniques to 'correct' the faulty TAZ gene in the iPSC-derived cardiomyocytes, mitochondrial 393 abnormalities underlying the disease were identified. These results highlight the potential use 394 of OoCs as models for the critical stages of target validation where the creation of multiple 395 tissue types from the same patient, and the generation of isogenic control tissues by genetic 396 editing methods for any number of genetically-based diseases, can enable detailed and specific mechanistic studies for these disorders<sup>102</sup>. 397

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## **399** [H2] "You-on-a-chip" for common and rare diseases

Disease modeling on OoCs could contribute to the development of precision medicine. OoCs modeling angiogenesis<sup>103</sup>, tumor growth<sup>104</sup>, and intra- and extravasation<sup>105,106</sup>, have all contributed to the development of vascularized and metastatic breast cancer models<sup>107-110</sup>. The treatment of patient-derived tumors on chips with chemotherapeutics enabled treatment 404 comparison and optimization<sup>108</sup>, which is a step towards using this technology for precision 405 medicine. Tumor-on-a-chip platforms have also helped parse out the mechanistic effects of 406 different chemotherapeutic agents on the resulting 'microtumors'<sup>90</sup>. Other tumor-on-a-chip 407 models include neural glioblastoma<sup>111</sup>, renal cell carcinoma<sup>112</sup>, as well as lung<sup>113</sup>, pancreatic<sup>114</sup>, 408 colorectal<sup>115</sup>, ovarian<sup>116</sup>, prostate<sup>117</sup>, and cervical<sup>118</sup> cancer, among many other types.

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410 While many of these models were created with cancer cell lines, an obvious and powerful 411 opportunity arises when patient-derived primary or iPSC-derivatives are seeded onto OoC 412 models, creating "patient-on-a-chip" models. This could inform the stratification of cancer 413 patient populations into subpopulations that respond optimally to different chemotherapeutic 414 regimens or cocktails, but could also lead to development of "you-on-a-chip" for rare cancer 415 patients or those with unusual etiologies. Communities with rare diseases could benefit tremendously from the opportunity to recreate these pathologies on chips (see <sup>119</sup> for a 416 417 review). For example, patient-derived pancreatic ductal epithelial cells can be used to create a 418 pancreas-on-a-chip to potentially understand the cystic fibrosis transmembrane conductance regulator protein and its role in insulin secretion<sup>120</sup>. If iPSC protocols become available for 419 pancreatic cell creation – a current challenge with promising progress in the field  $^{121}$  – then 420 421 modeling of an individual with cystic fibrosis on a chip becomes possible, which could prove 422 useful to understand the high risk of diabetes and glucose imbalance in this population.

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#### **424** [H2] Synergistic engineering to combine 3D models

Both OoC and organoid 3D models have strengths and limitations (Table 1), but innovative ways 425 to combine the technologies and introduce related ones such as 3D bioprinting - so-called 426 'synergistic engineering'<sup>122</sup> – adopts strengths from multiple 3D bioengineering fields to create 427 reliable predictive tissue models with the opportunities for higher throughput screening (see <sup>123</sup> 428 429 for a comprehensive review). For example, both organoids (which self-organize into three 430 dimensions) and bioprinted tissues (where cells are deposited in a specific manner) can be 431 seeded or printed in multi-well plates with media flow and inclusion of other biomechanical 432 forces, creating platforms with multi-tissue components that are amenable to larger scale 433 commercial production. An example of these combined technologies includes vascularized

organ 'buds' that can be perfused by a common medium<sup>124</sup> and bioprinting of endothelialized 434 myocardium in a microfluidic perfusion bioreactor<sup>125</sup>. In the case of the latter, multiple 435 bioengineering techniques were combined to create an innovative tool for predicting 436 437 cardiovascular toxicity. First, endothelial cells were encapsulated into bioprinted microlattices 438 to allow formation of an endothelial vascular bed, after which cardiomyocytes were introduced 439 forming a myocardial tissue with good alignment to the bioprinted vascular bed. Finally, 440 inclusion of the tissue construct into a microfluidic bioreactor allowed continuous vascular 441 perfusion and real-time monitoring of cardiac contraction phenotypes for up to 2 weeks.

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As with all disease models, the demonstration that these 3D tissue models effectively mimic the behaviors of the disease, as well as the responses to therapeutic drugs, *in vivo* is critical for their validation.

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# 447 [H1] 6. Creating a "Body on a Chip"

448 Linkage of multi-organ tissue systems is of clear benefit to model complex organ-organ 449 interactions and inform PK/PD and PBPK modeling, ADME profiling, and quantitative systems 450 pharmacology (QSP) and other computational modeling. Over the last decade, many efforts have been undertaken to integrate multiple systems and overcome the challenges associated 451 452 with this (see <sup>126</sup> for a review). Indeed, US governmental funding from the Defense Advanced 453 Research Project Agency (DARPA) was specifically allocated to create and link 10 organ systems 454 (see Related links) that were viable for 28 days into a single 'body on a chip' as part of broader 455 efforts by the US National Institutes of Health (NIH), FDA and DARPA to fund the development of tissue chips to advance regulatory sciences (see Related links). From this funding, two recent 456 457 publications showed how a 10-organ "physiome on a chip" combined with QSP computational 458 approaches could model distribution of *in vitro* pharmacokinetics and endogenously produced 459 molecules<sup>127</sup>; and how a robotic 'interrogator' maintained the viability and organ-specific 460 functions of eight vascularized, two-channel organ chips (intestine, liver, kidney, heart, lung, skin, blood–brain barrier and brain) for 3 weeks in culture <sup>128</sup>. 461

The study of prodrugs<sup>129</sup>, which are metabolized by the body from inactive to active 463 464 compounds, could benefit, as could the development of novel compounds which that rely on (or cause) bioactivation<sup>130</sup>. Slow release mechanisms (e.g. slow-release painkillers and 465 contraceptive injections or implants), or compounds produced by non-traditional methods such 466 467 as synthetic biology or genetic engineering, could also be extensively assayed for unexpected 468 side effects. Coupling these types of new molecular technologies with powerful computational modeling tools, including quantitative systems pharmacology (QSP)<sup>131</sup>, machine learning<sup>13</sup>, and 469 artificial intelligence (AI)<sup>132</sup>, could offer novel and helpful insights for current toxicological 470 471 assessment. For example, capecitabine and tegafur (anticancer prodrugs) have been shown to be effective in a multi-organ pneumatic pressure-driven platform<sup>133</sup>, and recently Boos et al<sup>134</sup> 472 473 used a hanging-drop organoid system to test how products metabolized by human liver microtissues affect embryoid bodies. The prodrug cyclophosphamide (activated by cytochrome 474 475 P450) was added to the system and a 50% drop of embryoid differentiation seen, 476 demonstrating how powerful synergistically engineered microfluidic systems can be not only 477 for prodrug investigation, but also embryotoxicity in this case.

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479 Challenges with linking systems include how to: scale the organs of interest (e.g. allometrically, based on body size, or metabolically<sup>24</sup>); model fluid flow dynamically through the system and 480 scale flow appropriately for each tissue<sup>23</sup>; supply all tissues with adequate growth factors and 481 culture medium support (for example via a blood surrogate culture medium<sup>7</sup> or by separation 482 of cultures by endothelial barriers<sup>135</sup>); and design and fabricate these complex systems. One 483 484 approach to linking systems that avoids many challenges faced with physically linking organ 485 cultures involves functional coupling such as running media through physically separate systems sequentially to model multi-organ ADME. In the case of Vernetti et al<sup>136</sup>, this approach 486 487 showed that organ-specific processing of the tested compounds was consistent with clinical 488 data, and additionally uncovered that a liver-bioactivated microbiome metabolite crosses the blood-brain barrier using a neurovascular unit OoC<sup>137,138</sup>. 489

491 A number of physically linked systems via microfluidics and pneumatic or peristaltic pump 492 mechanisms have been published (Figure 3) and include systems that have revealed, for example, novel mechanisms of aristolochic acid nephrotoxicity<sup>28</sup>, the metabolic coupling of 493 endothelial and neuronal cells in the neurovascular unit<sup>139</sup>, and inflammatory crosstalk between 494 the gut and liver<sup>140</sup>. For example, Chen et al<sup>140</sup> examined an integrated gut-liver transwell OoC 495 496 and showed that modulation of bile acid metabolism was seen in the linked system. 497 Meanwhile, in an inflammatory state (modeling endotoxemia by increasing circulating 498 lipopolysaccharide levels), hepatic biotransformation and detoxification pathways showed 499 changes, highlighting that even relatively simple OoC models can give valuable information on 500 organ interactions.

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502 Additionally, a number of multi-organ systems demonstrating utility in toxicology and disease 503 modeling applications are appearing in the literature, including systems modeling homeostatic mechanisms<sup>32,141</sup>, hepatic metabolism and off-target cardiotoxicity<sup>34,142</sup>, and the female 504 reproductive tract and menstrual cycle<sup>143</sup> that reproduced a 28 day hormonal cycle in a 505 506 platform including ovarian tissue, fallopian tube, uterus and cervix, but also included a liver 507 module for reproductive toxicology utility (Figure 3A). Synergistically engineered multi-tissue organoid-based platforms linked by microfluidics are also joining the expanding cadre of multi-508 organ OoC tools<sup>47,133,144,145</sup>. Importantly, many of these systems incorporate a variety of real-509 510 time assays and biosensors for ongoing cell health and function readouts and can support 511 extended cell culture (<28 days), allowing chronic and repeated testing of compounds for systemic toxicity evaluation<sup>35,146</sup>. Some of these linked systems are becoming more broadly 512 513 available to researchers either through contract research organization (CRO)-based services or 514 purchase of off-the-shelf systems, although the latter are generally simpler organoid-based 515 higher throughput multi-well plate systems. Manufacturing the more complex OoC systems 516 designed by engineering labs is still an obstacle to widespread implementation in biomedical 517 labs.

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## 519 [H1] Replication, validation and commercialization

520 As OoCs become increasingly commercially available, reproducibility of the technology at 521 multiple sites is becoming critically important. Negotiating legal frameworks to facilitate sharing 522 of proprietary information and technologies between organizations can can be lengthy. 523 Meanwhile, sometimes critical exchange of reagents and trained personnel can become costly, 524 and unexpected obstacles can emerge from simple processes such as shipping cells and 525 resources. Some questions that arise from these obstacles include: should cells be shipped in 526 differentiated or undifferentiated forms? Should platforms be seeded with cells, or should the 527 recipient fabricate the systems from shared molds instead? Can cells be shipped in OoC plates 528 in a frozen state and simply thawed prior to use by end-users? Thorough consideration of the 529 most straightforward processes can become complex and expensive.

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#### 531 [H2] Robust, reproducible, reliable platforms

532 The US government has provided almost a decade of support for OoC development, and 533 although the DARPA 'body-on-a-chip' program has now ended other federal agencies continue 534 to support US-based OoC development, and agencies in Europe and elsewhere are also 535 supporting OoCs (Box 1). In particular, the National Center for Advancing Translational Sciences 536 (NCATS) has created two new programs since 2016 that focus on creation of reproducible, 537 reliable, and automated systems that are accessible to the wider community. The Tissue Chip 538 Testing Centers (see Related links) initiative began in 2016 to support two independent centres 539 charged with onboarding developers' tissue chips, monitoring reproducibility of assays and 540 outcomes, and investigating additional parameters that are of use to the community. The first 541 publication addressing independent validation of a kidney proximal tubule model was recently published<sup>147</sup> and a number more are forthcoming. To encourage the development of robust 542 543 automated systems with smaller laboratory benchtop footprints, the NCATS Tissue Chips in 544 Space program also promises advances for the technical development in the field (**Box 1**). These 545 programs, plus commercial pressures, are pushing the move towards more 'turn-key' OoCs to 546 help reduce or remove the need for the specialized infrastructure and highly-skilled personnel, 547 which is currently often required for OoC implementation.

#### 549 [H2] Commercial considerations and hurdles

550 [H3] Increasing throughput: Most complex non-organoid tissue chips are currently very low throughput, where only dozens of replicates (at most) can be performed at any one time. 551 552 Consequently, during the early stages of drug discovery, at which many thousands of potential 553 hits can be identified in a short time-frame through standard high-throughput screening assays, 554 the use of such chips is likely to be considered cost- and time-prohibitive for pharmaceutical 555 companies at present. Technological advances to create more automated, miniaturized OoC 556 systems that can become 'turn-key' technologies for facile use will be crucial to increasing 557 throughput and the number of replicates per platform.

558

559 [H3] Scaling up of reliable manufacturing processes: One difficulty with many OoCs is how to 560 scale-up system manufacturing to an industrial pace. Most early OoC designs are bespoke and fabricated in-house at the developers' institutions, where fabrication is limited by cost and 561 562 availability of both manufacturing equipment and personnel. Therefore, academic laboratories 563 should focus on early quality control of the chips produced in-house, to ensure reliability and 564 reproducibility before scale-up can occur. This means careful compilation of standard operating 565 procedures for chip design and creation, and designing clear quality control procedures that can 566 be easily followed at other laboratories or manufacturers. Since most academic laboratories are 567 not equipped for scale-up of production, the creation of spin-off or start-up companies, or 568 formation of partnerships with manufacturing firms to mass-produce chips, becomes 569 necessary. At this stage, it would be extremely useful for all manufacturers to conform to Good 570 Manufacturing Practice guidelines (see Related links) such as those set forth by the US FDA, 571 which cover issues including equipment verification, process validation, sanitation and 572 cleanliness of manufacturing facilities, and appropriate training of personnel. While this 573 guidance is to ensure the safety and reliability of manufacturing processes for foods, drugs, and 574 devices for medical use, and is therefore not necessary for OoC manufacturing, it would still 575 provide excellent standards for reliability of chip production across all fields and help to broadly 576 increase confidence in the systems. In order to increase end-user confidence in the reliability 577 and fidelity of mass-produced platforms, additional considerations should be taken that all 578 biological assays are created on chips under Good Laboratory Practices, as this is critical for

preclinical toxicology testing and has been identified as a major reason for drug development attrition rates<sup>148</sup>. In addition, there is a need for independent "qualification" labs to test OoCs and their usage with available cell types, much like the NCATS Tissue Chip Testing Centers (see Creating a "Body on a Chip") or the European Union Reference Laboratory for Alternatives to Animal Testing European Centre for the Validation of Alternative - <u>EURL ECVAM (see Related</u> <u>links).</u>

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586 [H3] Onboarding versus outsourcing: Due to the expense and complication of technology 587 transfer for some OoCs, developers may face the decision between supplying a commercial 588 product for purchase to be used independently in a customer's laboratory, or offering services 589 through a CRO to OoC consumers. If researchers decide to commercialize their OoC platforms, 590 technology transfer and onboarding processes should become seamless, reliable and 591 standardized for every customer. Meanwhile, retaining the personnel, infrastructure and 592 resources necessary for OoC use within a CRO-based service means customers should expect 593 high standards of the research produced. However, the flexibility and adaptation of the chips 594 for specific contexts of use may be limited because CROs may not offer particular assays or 595 services. As this burgeoning field is still young, many developers and companies are choosing to 596 adopt aspects of both business models. Some offer OoC devices that can be onboarded 597 relatively easily but may need specialized equipment and/or extensive technical support. Other 598 CROs perform experiments in-house in collaboration with academic or industry researchers to 599 help advance continuing R&D on the system.

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601 [H3] Managing expectations: While the potential of OoCs is exciting, the technology is at an 602 early stage, so providing realistic caveats and limitations to potential consumers is critical to 603 avoid overselling its current capabilities. Some challenges faced within the field may be 604 resolved over the next decade or so – issues with cell sourcing will continue to be addressed as 605 the stem cell field matures, for example. Other limitations may take longer to resolve – for 606 example, reduction and refinement of animal use are laudable and achievable aims and are

within the realm of possibility already, but full replacement of animals in drug development isgenerally seen as unlikely in the near future.

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610 One approach to managing expectations has been employed by government funding agencies 611 in the US where creating partnerships between research and regulatory agencies, such as the 612 NIH and FDA, over the last decade has allowed regulators access to OoC developers and their 613 unpublished data to help inform system development. Conversely, it has enabled researchers 614 to design useful platforms to provide data for regulatory assessment. This has led to familiarity 615 of the technology among the regulatory community in the US, which ultimately can help pave 616 the way for OoC data inclusion in IND (Investigational New Drug) [G] and NDA (New Drug 617 Application) [G] packages in the future.

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#### 619 [H2] Validating organs-on-chips

620 As OoCs continue along a path towards widespread commercialization, validation must be 621 considered. Importantly, the term 'validation' means different things to various stakeholders, but could be considered as involving three stages or principles<sup>149</sup>. First, physiological validation 622 623 could be defined in the context of 'analytical performance', including addressing features such 624 as sensitivity, specificity and precision (essentially reproducibility). This validation step is 625 necessary to create a tissue chip that appropriately and reliably mimics the tissue of interest 626 and responds in relevant ways to compounds of known action or toxicity, and it should be 627 performed by OoC developers. Second, qualification or validation to show biological in vivo 628 relevance should come next, although there is debate in the field as to whether animal or 629 human responses should be used for this stage. Animal responses are broadly used in current 630 drug development, which supports the argument that they should be the 'gold standard' for OoC responses to be compared against. Conversely, predicting human responses is the aim for 631 632 the field, which supports the focus on generation of human responses on OoCs. Reproducibility 633 and setting the standards for qualification currently fall under the remit of, for example, the 634 NCATS Tissue Chip Testing Centers. The third stage, industrial validation, or OoC adoption by 635 industry and regulatory agencies, will involve the generation of data from proprietary 636 compounds and submission of that data to regulatory agencies. All of these stages of validation are currently underway. In the US, the FDA has also partnered with a number of OoC
companies to get hands-on experience with OoC data, as they expect this type of data to be
submitted to them in the near future.

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641 Taken together, the three stages/principles of validation/qualification described above will help 642 address international guidelines for novel methods, for example the Organisation for Economic 643 Co-operation and Development (OECD) Guidance Document on the Validation and International 644 Acceptance of New or Updated Test Methods for Hazard Assessment (see Related links) These 645 guidelines describe necessary assay details for validation such as the rationale, the endpoints 646 and limitations, protocols, variability, performance with reference and known chemicals, and 647 comparisons to existing assays. Importantly, the OECD guidelines also state that data 648 supporting the validity of the method must be available for review. To address this need for all 649 stakeholders, the NIH's NCATS also funds an MPS Database, which is tasked with integrating all 650 the data from the Testing Centers, as well as data from a number of other NIH-funded 651 developers, FDA users, and commercial OoC suppliers. This centralized database acts as a public 652 repository for a broad range of OoC data and will prove useful for developers, industry and 653 regulatory bodies over the coming years, with a recent report highlighting functionality for data visualization, inter- and intra-study reproducibilities and power analyses calculations<sup>150</sup>. 654

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656 Additionally, underpinning the needs of the above validatory steps, the accurate 657 standardization of methodologies used for generating empirical data should be considered. The 658 term 'standardization' brings on new challenges with respect to what 'standardization' means 659 for either technical, analytical or biological aspects of OoCs. So, 'performance standards' should 660 be established for the analytical validation and biological qualification of OoCs. To this end, the 661 deposition of technical, analytical and biological data into the MPS-Database will help set some 662 of the standards, reducing the need for each user to develop their own methodologies, assays and analytical methods. At the same time, many US government-funded researchers are 663 664 working with regulatory and industrial end-users to evaluate what should be considered 665 accepted metrics that are translatable to other laboratories and applications.

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# 667 [H1] Emerging opportunities and prospects

668 There are multiple stages at which OoC platforms could be implemented in drug discovery and 669 development, and the platform type may differ depending on the stage (see Figure 1). High-670 throughput plate-based OoCs with relatively simplistic (but cheap and fast to produce) tissue 671 constructs could prove useful for target identification, lead selection and lead optimization. 672 Low- to medium-throughput OoC platforms that model more complex tissue-tissue or organ-673 organ interactions could be more useful for preclinical single or double organ toxicity and efficacy studies. Multi-organ systems - while perhaps the most complex and expensive to 674 675 develop – offer promise for reducing the need for animal studies and for use in parallel with 676 phase I and II clinical trials. Finally, OoC platforms from patient stem-cell-derived sources could 677 be used during later clinical trial phases (III and IV) as well, for in vitro therapeutic testing 678 before in vivo administration, or for concurrent monitoring of approved therapeutics. 679 Ultimately, the potential safety and efficacy of a drug or drug candidate could be evaluated 680 using OoCs in generic, or even individualized, human platforms, giving "first-in-human" testing 681 a new connotation.

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Coupling OoC technology with techniques such as gene editing<sup>151</sup> (particularly when a series of 683 684 disease-relevant mutations are introduced onto a single genetic background) offers powerful 685 ways to increase the predictive power of these tools further in disease modeling and toxicology. 686 We also see opportunities to discover and validate clinically-translatable biomarkers by creating 687 datasets to correlate in vitro OoC readouts with clinical outcome measures. For example, using 688 OoCs to produce 'omics'-based (and even real-time) readouts could promote the identification and evaluation of appropriate endpoints surrogate to those in the clinic, which could provide 689 690 valid and reliable measures of change in human subjects. These endpoints and readouts could 691 be quantified and assessed for clinical benefit and compared to traditional enzymatic, 692 biochemical or histopathological assays, as well as offer ways to assess both short- and long-693 term clinical changes. Ultimately, the use of OoC readouts detailing changes in molecular 694 signatures that have been validated against traditional methods and demonstrated clinical 695 relevance could become a common practice in drug development.

696

697 In order to help smooth the adoption and implementation of OoCs in the drug development 698 process, continued engagement and discussions with OoC developers and end-users is critical, 699 as is engaging with regulatory bodies. A 2017 report predicted that the global OoC market could 700 grow by 38% per year to become a US\$117M/year industry in 2022 (based on market analysis 701 by Yole Développement) – with the potential to become a multi-billion dollar industry. In 702 support of this predicted growth and the utility of OoCs at various stages of drug development, 703 a recent analysis predicted up to a 26% reduction in R&D costs in the pharmaceutical industry by adopting OoC technology<sup>152</sup>, and it is anticipated that OoC data will be included in IND and 704 705 NDA submissions to the US FDA in the near future.

706

707 There is optimism that OoC systems may one day outperform traditional models, making the 708 understanding of human diseases and development of drugs to treat them more rapid, 709 efficient, and cost-effective, and in so doing replace, reduce and refine (the "3Rs") the use of 710 laboratory animals. Nevertheless, much work remains to address the challenges discussed in 711 this article, and thereby determine and realize the potential of this technology. According to 712 the 2018 Gartner report (see Related links) on the hype cycle of emerging technologies, OoCs 713 (referred to as 'biochips' in this report) are now in the 'Peak of Inflated Expectations' phase. 714 Disillusionment and a stall in progress often occurs after this phase because the technology fails 715 to live up to the preliminary, and often inflated, expectations, before the field recovers and 716 productivity resumes, with more modest expectations. Therefore, the aim for emerging 717 technologies is to reach this productive plateau as quickly as possible, when 20-30% of the 718 potential audience has adopted the innovation. Right now, this is estimated to be 5-10 years for 719 OoCs. It will take the coordinated global efforts of the OoC community to help this technology 720 reach that potential global audience and ultimately, help transform science, medicine, and 721 patients' lives.

#### 722 [bH1] Box 1: Collaborative tissue chip development efforts

723 In 2010, the US Food and Drug Administration (FDA) and the US National Institutes of Health 724 (NIH) created a Joint Leadership Council to help speed the translation of biomedical discoveries 725 at the laboratory bench to commercial availability of new therapeutics. Under this mandate, 726 the Advancing Regulatory Science program was initiated, with awards issued to address 727 distinct, high priority areas of regulatory science. Based on the promise from these funded projects, from which the seminal lung-on-a-chip work was published<sup>8</sup>, the NIH and FDA 728 partnered with the Defense Advanced Research Projects Agency (DARPA) to fund two 5-year 729 730 programs for the development of OoCs. The NIH program, called "Tissue Chips for Drug 731 Screening" (see Related links), awarded funding to develop 3D microsystems to represent 732 multiple tissue types and also concurrently funded a program to explore the use of stem cells 733 and progenitor cells to differentiate into the multiple cell types that would be needed to 734 populate the microsystems. DARPA's MPS program (see Related links) focused on developing a 735 reconfigurable platform of at least 10 human organs or tissues in an integrated system that 736 could mimic and replicate biological crosstalk between tissues. While both initial programs 737 ended in 2017, the NIH continues to offer funding for further development of OoCs in an 738 expanding array of programs, including for disease modeling, inclusion of immune factors, 739 modeling of Alzheimer's Disease, use in the context of clinical trials, and as part of the NIH Help 740 End Addiction Long-term (HEAL) initiative (see Related links) to address the US opioid epidemic.

741

742 The FDA has offered advice and guidance from a regulatory standpoint for the past decade, and 743 recently signed Memorandums of Understanding with a number of commercial tissue chip 744 companies to on-board the technology to FDA laboratories. Additionally, the IQ Consortium 745 (see Related links), a non-profit organization consisting of pharmaceutical and biotechnology 746 company representatives, partnered with US government funding agencies in 2016 to add end-747 user stakeholder perspectives to the field. The IQ Consortium recently published a series of 748 manuscripts on the characterization and use of OoC sytems in safety and toxicity profiling applications <sup>56,153</sup> and for modeling skin<sup>154</sup>, lung<sup>155</sup>, the GI tract<sup>156</sup>, kidney<sup>157</sup> and liver <sup>158</sup>. 749

751 In Europe, the Institute for human Organ and Disease Model Technologies (hDMT, see Related 752 links), headquartered in the Netherlands, leads the way on integrating state-of-the-art human 753 stem cell technologies with biotechnical fields to support the development and validation of 754 human organs and disease models-on-chip. The hDMT consortium helped co-ordinate one of 755 the European Union's Horizon 2020 research and innovation programs termed Organ-on-Chip 756 Development (ORCHID, see Related links), and in late 2018 launched the new European Organon-Chip Society (EUROoCS, see Related links) that will encourage development and 757 758 coordination of tissue chip research in Europe. Other countries are following the hDMT 759 example and are establishing similar organ-on-chip networks in Israel, UK, the Scandinavian 760 countries and Switzerland.

761

One key tenet of collaborative partnerships for tissue chip development has been the involvement of different stakeholders to help advance each of their missions. For example, partnership of tissue chip developers with the Comprehensive *in vitro* Proarrhythmia Assay (<u>CiPA</u>, see Related links) initiative helps provide tools to fulfill CiPA's mission of engineering assays for assessment of the proarrhythmic potential of new drugs with improved specificity compared with current assays, while demonstrating the utility of tissue chips for toxicity screening.

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770 Another collaboration between the NIH and the Center for Advancement of Science in Space 771 (CASIS, see Related links) allows researchers to use the microgravity environment on the 772 International Space Station (ISS) to conduct biomedical research. The program, which partners 773 with the International Space Station National Laboratory (ISS-NL), is using microgravity as a tool 774 to investigate Earth-based disease pathologies such as formation of kidney stones that would 775 otherwise be difficult or take too long to model on Earth. Moreover, researchers and space 776 payload developers work collaboratively to adapt OoC platforms and make them robust enough 777 for rocket launch, spaceflight, integration into ISS facilities, and splash-down. This is leading to 778 advances in the technical engineering of robust platforms capable of higher throughput (>24 779 replicates running concurrently) with a much smaller footprint. The systems are turn-key

enough to be "astronaut-proof", meaning that non-scientist workers (in this case astronauts,
most of whom are not trained in laboratory techniques) can perform the necessary
interventions – both in space and in the future on Earth in a variety of applications<sup>159</sup>.

#### 784 [bH1] Box 2: Cell sourcing for 3D tissue engineering

The common aphorism of "all models are wrong but some are useful" is apt when considering cell sourcing for microphysiological systems (or any bioengineered tissue models). No cell source is perfect; many have serious caveats; but even the most problematic cell source can provide useful information if used appropriately based on the question being asked. Cells seeded in tissue chips come from three main sources: commercially available cell lines; primary cells from human donors; and induced pluripotent stem cell (iPSC)-derived sources.

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792 [bH2] Commercially available cell lines: Cell lines should have extensive validation of purity and 793 viability when received from reliable sources (such as the American Type Culture Collection) 794 and are often proliferative as well as easy to culture and transfect. These cells have clear and 795 reliable culture protocols, generally respond in stable and predictable ways and will likely 796 contribute to high reproducibility. Commercially available cells can be excellent sources of hard-797 to-find cell types, or when primary and iPSC sources are unavailable. However, these cell lines 798 are approximations for the primary cell types found *in vivo* and should be periodically evaluated 799 to see how far from the primary cell phenotype the new generations are straying. 800

801 [bH2] Primary cells: The clear advantage of using cells from human donors is that the cells 802 capture the phenotype (presumably genetically and functionally) of the mature adult state. 803 Primary cells can model disease pathologies when sourced from donors with certain diseases 804 and can accurately reflect clinical population variance in their phenotypes. However, because 805 genetic and epigenetic differences arise during a donor's lifetime, variability between donors or 806 batches can be hard to identify and track. For some primary tissues (for example: neural cells), 807 access from donors may not even be possible. In many cases, primary cells are available 808 because the tissue has been removed or biopsied for diagnostic purposes and can be displaying 809 pathological phenotypes. Primary cells also require specialized culture and media to retain their 810 phenotypes, which can be problematic in linked tissue chip systems, as a common media could 811 prove suboptimal for the different tissues. Finally, adult stem cells grown as organoids (for later

seeding in OoCs) only represent the epithelial component of the tissue, not the stroma orvasculature, limiting their application.

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815 [bH2] iPSCs: Stem cell-derived sources are a potential solution to cell sourcing difficulties for 816 tissue chips because they are potentially infinitely renewable and can be from either healthy or 817 diseased populations. These iPSCs provide huge potential for populating tissue chips because 818 individuals could have platforms created that model their tissues and disease phenotypes. This 819 also allows creation of isogenic cell lines for genetic disorders, in which the resulting iPSCs can 820 be genetically engineered to either harbor the disease-specific mutation or not, allowing 821 opportunities to study the genetic impact of a disorder with unparalleled specificity. 822 823 Drawbacks of iPSC-derived tissues include the immature or fetal phenotypes (for example: 824 cardiomyocytes; kidney; and liver) of the cells, which can limit their utility. The time and 825 resources needed for creation and passaging of cell lines, and later differentiation, is long (nine 826 months or more for some neural tissues) and expensive compared to the ease of buying 827 commercially available cells. Also, cells may retain an 'epigenetic memory' of their donor

tissues<sup>160</sup> depending on the number of passages, which can limit directed differentiation for

829 specific tissues.

#### 831 Figure legends

#### 832 Figure 1 | Utility of OoCs in a variety of stages of drug development

833 Drug development is a dynamic environment for data feedforward and feedback between multiple stages and processes, being described as a 'dynamic map'<sup>161</sup>. These dynamic maps 834 835 provide a framework for understanding modern drug development and include activities and 836 processes such as Lead Identification, Clinical Research and Development and Regulatory 837 Review. OoCs can be informative in a number of these neighborhoods. On this schematic of an 838 OoC surrounded by the multiple stages and processes of drug development, green components 839 represent the known current or shortly predicted use of OoCs and blue components represent 840 the possible and predicted utility. Many OoCs are currently at the 'Basic science research stage'. 841 Use of OoCs in the 'Medical landscape' stage includes use for precision medicine and patient-842 specific treatments. 'Clinical research and development' use would include patient subgroup 843 stratification and projects under the NIH "Clinical Trials on a Chip" program, as an example. 844 'Regulatory review' refers to IND and NDA data. 'Post marketing' refers to adverse drug 845 reaction reporting and drug repurposing efforts. References are included for examples of OoC 846 use in these areas. [PR: permissions for need to be included].

#### 848 Figure 2 | Examples of features and platform designs for organs on chips

Diverse platform design and key design features for organs on chips allow a broad range of data
readouts which can be used for computational modeling as part of the drug discovery process.
A broad diversity of tissue platforms highlights key common features – the 3-dimensions for
tissue culture, inclusion of multiple cell types, and modeling of biomechanical forces that
recreate the in vivo environment.

a) Transwell systems allow barrier modeling and fluid flow across a permeable membrane for
 media exchange and cell-cell interaction. In this example, Caco2 and mucus-

856 secreting HT29-MTX intestinal cells create the gut apical side, with immature dendritic cells

seeded on the basal side and left to mature, creating a barrier model of the gut. On the

right, barrier function of transwells can be measured by trans-epithelial electrical

- resistance (TEER) or secretion of e.g. mucin from cells in both single and linked OoCs.
   Adapted with permission from <sup>140</sup>.
- 861 b) Platforms with diamond-shaped cell chambers (2mm wide by 1mm high) allow for seeding 862 with human endothelial colony-forming cell-derived endothelial cells (ECFC-EC, in green) 863 which self-organize into perfusable microvasculature, with cell media supplied via 864 microfluidic channels flowing from bottom to top. Seeding with colorectal cancer cells 865 (HCT116 cells, in blue) forms vascularized microtumors which can be used to screen 866 chemotherapeutics for safety and efficacy. Histology allows clear localization and 867 visualization of cell interactions, such as the vascularization of microtumors and the 868 perfusion of media through the system (rhodamine B dextran, in red). Adapted with permission from <sup>29</sup>. 869

c) A vascularized liver acinus model (vLAMPS – left) consisting of cells in collagen sandwiched
between three glass layers allows 3D layering of multiple liver cell types representing the
liver acinus. (Right) Oxygen zonation can be computationally modeled by calculating the
rate of media flow in the microfluidic channels, creating 3 distinct zones (oxygen rich;
intermediate; and oxygen-poor) on the platform which recreate the liver sinusoid and
establish a metabolic gradient similar to that seen *in vivo*. LECM; liver extracellular matrix.

- 876 PET; polyethylene terephthalate. LSECs; liver sinusoidal endothelial cells. Adapted with
- 877 permission from <sup>62</sup>.
- 878 [PR: permissions for panels a, b, and c need to be included].

Figure 3 | Examples of linked multi-organ systems, which can help understand systemic or offtarget drug effects and create "body-on-a-chip" systems. The modules and media can be
linked by (A) pneumatic or electromagnetic pumps, (B and C) peristaltic flow, or (D) media
circulated by hydrostatic flow driven by gravity.

a) (Left) This female reproductive system MPS contains 5 tissue modules (ovary, cervix,
 uterus, fallopian tube and liver) and models the hormonal profile of the female
 menstrual cycle and pregnancy which can be useful for assessing female reproductive
 toxicity. (Right) The modules are linked by a complex series of internal valves and pumps
 under the tissue construct inserts and flow of tissue-specific media and hormones are
 driven by pneumatic pumps powered by electromagnets. Adapted from <sup>143</sup>.

b) (Left) A simplified schematic of a linked multi-organ system for investigating

891 doxorubicin-induced toxicity on liver, heart, bone, and various other tissues e.g. brain.

892 The platform consists of individual tissue constructs cultured in multiple modular

893 'inserts', set into a platform with the same footprint as a standard 6-well laboratory

894 plate. In this example, 4 tissue types can be replicated in triplicate on a single plate.

895 (Right) Schematic of the side view of the platform. Underneath each tissue insert lies a

896 permeable membrane lined with endothelial cells, perfused by a recirculating vascular

897 medium driven by peristaltic pump. The system allows for optimal cell culture for each

tissue type as well as inclusion of common circulating factors such as immune cells,
 hormones and exosomes. Adapted with permission from <sup>162</sup>.

900 c) A robotic system with inbuilt microscope, peristaltic pump, and automatic fluid handling
 901 named the 'Interrogator' can house up to 10 OoCs for PK/PD and PBMK modeling.
 902 Reproduced with permission from <sup>128</sup>.

903d) This commercially available multi-organ system from Hesperos Inc. cultures liver, cardiac904and skeletal muscle and neurons on a microfluidic chip. Each tissue module is cultured905on a plate modified by proprietary surface chemistries to help cells adhere to the906surface and act as ECM, and media reservoirs contain a serum-free common medium

- 907 which is gravity-fed by placing the chip on a laboratory rocker. Cardiac, skeletal and
- 908 neuronal modules contain microelectrode arrays (MEA) to stimulate and record activity

- 909 in tissue subtypes. Adapted with permission from Schaffer C (November 30 2017) "3D-
- 910 Bioprinting Conference Showcases Versatility" Genetic Engineering and Biotechnology
- 911 News magazine Vol 37, No 21. Published by Mary Ann Liebert Inc. publishers.
- 912 https://www.genengnews.com/magazine/305/3d-bioprinting-conference-showcases-
- 913 versatility/

•

- 914 [PR: permissions for panels a, b, c, and d need to be included].
- 915

- 916 Glossary
- 917

918 extracellular matrix (ECM) – supporting network of macromolecules providing structural and
919 biochemical support to surrounding cells. Promotes cell adhesion and cell-cell communication
920 and produces biochemical cues for tissue growth and maintenance. The ECM is tissue-specific
921 and in animal tissues consists of fibrous elements (collagen, elastin), and links proteins (laminin,
922 fibronectin) and other molecules.

923

924 **hydrogels** - highly absorbent and hydrophilic biocompatible 3D polymer networks used to

925 contain cells or drugs for tissue engineering applications. Can consist of natural (collagen,

gelatin, agarose) or synthetic components and respond to environmental conditions such as pH.

- 927 May have both liquid and solid properties. Other uses include wound dressings, contact lenses.
- 928

multi-electrode arrays (MEAs) – arrays of 10-1000s of tightly spaced microelectrical sensors
designed to record from single cells to networks of cells at sub-millisecond timescales. Can also
be used to stimulate cells with precise spatial and temporal characteristics. Used in electricallyexcitable tissues such as cardiac, muscular, neural.

933

934 pharmacokinetic/pharmacodynamic (PK/PD) modeling – integration of pharmacokinetics (PK –
935 movement of drugs through the body) and pharmacodynamics (PD – body's biological response
936 to drugs) into a mathematical model describing dose-concentration-response relationships. Can
937 be used to predict effect and efficacy of drug dosing over time.

938

939 **physiologically-based pharmacokinetic (PBPK) modeling** – mathematical modeling of body

- 940 compartments (predefined organs or tissues) combined with known parameters of
- 941 concentrations, quantities and transport between compartments used to predict absorption,
- 942 distribution, metabolism and excretion (ADME) of synthetic or natural chemical substances
- 943 within the body.
- 944

- 945 **IND (Investigational New Drug)** – An application submitted to the US Food and Drug 946 Administration (FDA) to administer novel drug to humans. The first step in the drug review 947 process, which includes information on animal studies, manufacturing protocols, and clinical 948 and personnel protocols. Data gathered becomes part of the New Drug Application (NDA). 949 950 NDA (New Drug Application) – An application submitted to the US FDA requesting permission 951 to sell and market a drug in the US. Information submitted includes data from the IND and is 952 reviewed for safety and efficacy, benefit versus risks, appropriate labelling information, and 953 manufacturing and processing methods.
- 954

955	Related Links
956	Defense Advanced Research Project Agency (DARPA) funded linked 10 organ system:
957	https://www.darpa.mil/program/microphysiological-systems
958	
959	US National Institutes of Health (NIH), FDA and DARPA funded development of tissue chips to
960	advance regulatory sciences: <u>https://www.nih.gov/news-events/news-releases/nih-fda-</u>
961	announce-collaborative-initiative-fast-track-innovations-public
962	
963	Tissue Chip Testing Centers: https://ncats.nih.gov/tissuechip/projects/centers
964	National Center for Advancing Translational Sciences (NCATS) Tissue Chips in Space:
965	https://ncats.nih.gov/tissuechip/projects/space
966	
967	Good Manufacturing Practice guidelines: <u>https://www.ecfr.gov/cgi-bin/text-</u>
968	idx?SID=cb7c830642b365274d824a432e118e77&mc=true&node=pt21.8.820&rgn=div5
969	
970	European Union Reference Laboratory for Alternatives to Animal Testing European Centre for
971	the Validation of Alternative (EURL ECVAM): <u>https://ec.europa.eu/jrc/en/eurl/ecvam</u>
972	
973	Organisation for Economic Co-operation and Development (OECD) Guidance Document on the
974	Validation and International Acceptance of New or Updated Test Methods for Hazard
975	Assessment: <u>https://ntp.niehs.nih.gov/iccvam/suppdocs/feddocs/oecd/oecd-gd34.pdf</u>
976	
977	Organs on chips - 2017 market overview analysis by Yole Développement:
978	http://www.yole.fr/OrgansOnChips Market.aspx#.XIP6dVNKiV4
979	
980	The Gartner Hype Cycle for Emerging Technologies 2018:
981	https://www.gartner.com/smarterwithgartner/5-trends-emerge-in-gartner-hype-cycle-for-
982	emerging-technologies-2018/
983	

984	IQ Consortium: <u>https://iqconsortium.org/</u>
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985

986 human Organ and Disease Model Technologies (hDMT): <u>https://www.hdmt.technology/</u>

987

- 988 ORCHID: https://h2020-orchid.eu/
- 989
- 990 Comprehensive *in vitro* Proarrhythmia Assay (CiPA): <u>http://cipaproject.org/</u>

991

992 The Center for Advancement of Science in Space (CASIS): <u>https://www.iss-casis.org/</u>

# 994 Table 1. Key features of two-dimensional and three-dimensional engineered tissues.

		3D systems		
	Conventional 2D systems	Organoid	Organ-on-chip	
Production characteristics	Grown on rigid flat surfaces, often as a cellularly homogeneous monolayer	Embedded in hydrogels/suspended in 'hanging drops', and left to self-organize into multiple cell types	Multiple relevant cell types seeded into engineered chambers with perfusion and/or biomechanical forces included	
Production complexity and speed	Generally straightforward and fast (minutes-days)	Generally straightforward, but slower (days-weeks) depending on cell sources	Variable complexity (depends on platform design), slower (days to weeks) depending on cell sources and required tissue maturation metrics	
Level of control over cell architecture	High	Very low	High	
Maturation of iPSC- derived cells allowed by platform*	Immature	Improved but still highly immature	Platform designs can improve and encourage cell maturity <sup>164</sup>	
Resulting cell morphology	Unnatural, with limited ECM composition and contact with cells	Similar size and shape to <i>in vivo,</i> allows relevant ECM interaction during cell proliferation	Similar size and shape to <i>in vivo,</i> allows relevant ECM interaction throughout cell lifetime	
Diffusion of signal factors and nutrients	Short distances possible	Ineffective transport to interior can cause cell death or immaturity	Allows precisely controlled temporal and spatial gradients	
Vascularization or perfusion?	Not possible, generally perfusion via media change	Depends on cell types but likely creates non-functional vessels; externally perfused; can include fluid flow across tissue surfaces	Yes - by microfluidic channels or design which can include/create endothelialized vessels	
High throughput feasibility?	Yes	Possibly, depending on tissue <sup>165,166</sup>	Depends on platform design; generally low to medium throughput	
On-platform assay and analysis difficulty	Low difficulty, easy access to cells and readouts	Tissue function analyses possible; cell separation not possible	Real-time tissue/organ function analyses possible	
Variability and <i>in vivo</i> relevance of resulting tissues in manufactured platform	Low variability and relevance - simple, homogeneous cultures	Can be high variability and low relevance as there is little control over resulting cell subtypes and location	Can be low variability and high relevance - allows high levels of control over cell type and placement	

995 \*immaturity of iPSC-derived cells still a general issue

Tissue/Organ	Platform Characteristics	Challenge	Response	Reference
Liver "SQL-SAL"	Human hepatocytes, stellate, immune and endothelial cells are layered in glass and PDMS microfluidic chip. Fluorescent biosensors included. Survival to 28 days.	<ol> <li>Troglitazone and nimesulide (hepatotoxic)</li> <li>Trovafloxacin + LPS and levofloxacin + LPS (immune- mediated hepatotoxicity)</li> <li>Methotrexate (fibrotic injury)</li> <li>Caffeine (negative control)</li> </ol>	<ol> <li>Time and dose-dependent LDH release, apoptosis, plus decreased albumin and urea secretion</li> <li>Increased LDH release and apoptosis with trovafloxacin + LPS but not levofloxacin + LPS</li> <li>Increased fibrotic markers</li> <li>No effect</li> </ol>	Vernetti et al 2016 <sup>61</sup>
Liver	Primary hepatocytes places across porous membrane from LSECs, +/- Kupffer and stellate cells. Rat, dog, human species comparisons possible.	<ol> <li>Bosentan (cholestatic)</li> <li>Acetaminophen (hepatotoxic)</li> <li>Methotrexate (fibrotic injury)</li> </ol>	<ol> <li>Species-specific albumin decrease; correlated to clinical response in humans; bile salt transport inhibition</li> <li>Glutathione and ATP depletion; formation of ROS; decreased albumin secretion</li> <li>Lipid accumulation (steatosis) and fibrosis</li> </ol>	Jang et al 2019 <sup>63</sup>
Cardiac	Self-organized iPSC-derived cardiomyocytes in 3D microfluidic device	<ol> <li>Isoproterenol (β-adrenergic agonist)</li> <li>E-4031 (hERG blocker)</li> <li>Verapamil (multi-ion channel blocker)</li> <li>Metoprolol (β-adrenergic antagonist)</li> </ol>	Cardiac beat frequencies in line with clinical data including dose-dependent changes and arrhythmias concordant with human cardiotoxicology data	Mathur et al 2015 <sup>64</sup>
Kidney	Primary human kidney proximal tubule epithelial cells seeded to form a lumen in microfluidic platform	Polymyxin B	Increased KIM-1 and injury-associated miRNAs	Weber et al 2018 <sup>78</sup>

#### 996 **Table 2 – Examples of single tissue OoCs for toxicological assessment**

997 ATP, adenosine triphosphate; hERG, Human ether-a-go-go-related potassium channel; KIM-1, kidney injury molecule 1; LSECs, liver sinusoidal

998 endothelial cells; LPS, lipopolysaccharide; LDH, lactate dehydrogenase; PDMS, polydimethylsiloxane; ROS, reactive oxygen species.

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#### 1529 Contributions

- 1530 LAL wrote and edited the manuscript and created the figures; CM, BB, DAT and CA reviewed
- and edited the manuscript.
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#### 1533 Competing Interests

- 1534 There are no competing interests.
- 1535

#### 1536 Table of contents blurb

Organs-on-chips (OoCs) could be useful at various stages of drug discovery and development; providing insight regarding human organ physiology in both normal and disease contexts, as well as accurately predicting developmental drug safety and efficacy. This Review discusses the advances that have enabled OoCs to demonstrate physiological relevance, and the challenges and opportunities that need to be tackled to tap the full potential of OoC utility for translational research.