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# Why conservation biology can benefit from sensory ecology

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37

## 38 **Abstract**

39 Global expansion of human activities is associated with the introduction of novel stimuli, such  
40 as anthropogenic noise, artificial lights, and chemical agents. Progress in documenting the  
41 ecological effects of sensory pollutants is weakened by sparse knowledge of the mechanisms  
42 underlying these effects. This severely limits our capacity to devise mitigation measures.  
43 Here, we integrate knowledge of animal sensory ecology, physiology, and life history to  
44 articulate three perceptual mechanisms – masking, distracting, and misleading – that clearly  
45 explain how and why anthropogenic sensory pollutants impact organisms. We then link these  
46 three mechanisms to ecological consequences, and discuss their implications for conservation.  
47 We argue that this framework can reveal the presence of ‘sensory danger zones’, hotspots of  
48 conservation concern where sensory pollutants overlap in space and time with an organism’s  
49 activity, and foster development of strategic interventions to mitigate the impact of sensory  
50 pollutants. Future research that applies this framework will provide critical insight to preserve  
51 the natural sensory world.

52

53 **Main text**

54 Human activities are affecting life on our planet at an unprecedented rate <sup>1</sup>. In the last century  
55 there has been tremendous growth in transportation networks, urban land cover and intensive  
56 farming <sup>2</sup>. This spectacular level of expansion has relied heavily on technological  
57 advancements in engineering, physics and biochemistry <sup>1</sup>, but has brought along ecological  
58 consequences, such as habitat destruction, biodiversity loss and climate change <sup>3</sup>. An often  
59 overlooked, yet important, consequence of global human expansion is the negative impact on  
60 the sensory systems of many organisms, a phenomenon known as sensory pollution <sup>4</sup>.  
61 Animals rely on sensory systems (e.g. their hearing, vision, smell, or electro-perception) to  
62 process (a)biotic information on the physical and temporal structure of their environment. The  
63 ability to use such environmental information is critical to many ecological processes such as  
64 habitat selection, species recognition, foraging efficiency and risk assessment. Human  
65 activities interfere with these sensory systems by introducing novel chemical and physical  
66 stimuli in the environment. Among known anthropogenic sensory pollutants, acoustic noise,  
67 night lighting, and chemical agents are globally pervasive, yet still rapidly growing in extent  
68 and intensity<sup>5-9</sup>. These pollutants can fundamentally impact ecological processes by altering  
69 how animals process information in their environment <sup>5,6,10</sup>. Sensory pollution has, therefore,  
70 been suggested to have led to population-level declines of several species, including locally  
71 and globally threatened species <sup>11-14</sup>, and thus poses a substantial threat to the long-term  
72 persistence of animal populations and functioning of natural ecosystems.

73 Ecologists have historically used environmental factors such as vegetation cover,  
74 temperature, and rainfall to conceptualize and enumerate the conditions necessary for species  
75 survival and reproduction, while often ignoring sensory elements of the environment <sup>15</sup>. Even  
76 when sensory stimuli have been used to quantify species-specific ecological niches, they have  
77 been biased by human perception (e.g., greenness of vegetation), often failing to account for

78 how different organisms sense the environment <sup>15</sup>. For example, bats use ultrasonic  
79 frequencies to image their world with sonar <sup>16</sup> and bees use both ultraviolet visual <sup>17</sup> and  
80 electromagnetic <sup>18</sup> signals to learn the location of flowers that provide the highest nectar  
81 rewards. We argue that by overlooking the sensory world, we are ignoring an entire  
82 dimension of species' niches. As a result, conservation policies and actions are deprived of  
83 crucial information about animal-environment relationships across gradients of anthropogenic  
84 landscapes. For example, songbird distributions are often defined by vegetation density and  
85 type. Yet recent work found that variation in the acoustic environment better explained  
86 breeding distributions of two species than did gradients in vegetation <sup>19</sup>, emphasizing the  
87 benefits of examining existing dogma with a sensory lens. Reimagining conservation to  
88 include sensory perspectives conveys pragmatic benefits. Sensory pollutants can be efficiently  
89 reduced at their sources, and such reductions offer underutilized opportunities for immediate  
90 habitat restoration and improved ecosystem resilience.

91         Although a growing body of literature demonstrates the widespread impact of  
92 anthropogenic sensory pollutants <sup>4-6,10,20-22</sup>, a considerable theoretical gap still exists  
93 regarding the underlying processes by which sensory pollutants influence species'  
94 distributions and fitness. Specifically, we lack a framework that explains species' responses to  
95 stimuli across sensory systems. Here, we review and synthesize knowledge of animal  
96 physiology, life history and sensory ecology, to outline three mechanisms that explain how  
97 anthropogenic sensory pollutants alter information processing across organisms and pollutant  
98 types. We then describe how these mechanisms link sensory pollutants to a range of  
99 ecological consequences. Our ultimate aim is to promote targeted mitigation of sensory  
100 pollutants and to guide future sensory ecology research to fill outstanding knowledge gaps.

101

## 102 **Impact of sensory pollution on behaviour and physiology**

103 Sensory pollutants can lead to a wide range of behavioural and physiological responses.  
104 Behavioural changes have been demonstrated for processes such as migration <sup>23</sup>, biological  
105 timing <sup>24,25</sup>, intraspecific communication <sup>26</sup>, prey detection <sup>27,28</sup> and predator avoidance <sup>29</sup>. A  
106 very common behavioural response to light pollution is the attraction to light sources. For  
107 example, every September, millions of birds migrate south from the temperate regions of the  
108 Northern Hemisphere to wintering grounds in Central and South America. For many of these  
109 birds, this migration event coincides with New York City's annual 9/11 memorial tribute,  
110 consisting of 44 spotlights positioned to form two pillars of high-intensity light pointed  
111 skyward. As many bird species use celestial cues to navigate during nocturnal migration,  
112 these lights can attract up to 15,000 birds in a single night that will fly in circles inside the  
113 beams until morning, often dying from exhaustion and collisions with artificially lit structures  
114 <sup>23</sup>. Another well-known example is anthropogenic noise produced by traffic and heavy  
115 machinery, which is known to impair prey detection or anti-predator behaviour in taxa as  
116 diverse as bats, birds and midges <sup>30,31</sup>. Furthermore, an example of chemical pollution  
117 originating from food factories can interfere with mate choice and species recognition in fish  
118 <sup>32</sup>. Some of these examples are listed in Table 1, while a much more extensive list is presented  
119 in the Supplementary Table 1.

120 Most observed behavioural responses to sensory pollutants are driven by underlying  
121 physiological changes <sup>33</sup>. For instance, many organisms show altered activity patterns in  
122 response to artificial light at night. Studies in fish and birds have shown that these altered diel  
123 behaviours are mediated by changes in the temporal expression of clock genes as well as by  
124 altered diel melatonin rhythms <sup>34-36</sup>. Similarly, the effects of noise on several physiological  
125 systems are well documented <sup>30,37,38</sup>, such as the disruption of glucocorticoid signaling and  
126 increased metabolic costs <sup>37-40</sup>, which have been recently linked to changes in breeding  
127 behaviour in birds <sup>37</sup>. Finally, chemical pesticides can disrupt chemical signaling, such as

128 pheromone production, in many insects <sup>6</sup>, which is likely to be the physiological pathway  
129 underlying the effects of chemical pollution on mate choice reported in several insect groups  
130 <sup>6</sup>. However, distinguishing between behavioural and physiological impacts may not provide  
131 clear insight into the impact of sensory pollutants on animals, as these two processes are  
132 tightly interwoven via various feedback systems. Instead, we propose a higher-level  
133 distinction between possible impacts of sensory pollution, one that is based on *why* and *how*  
134 behavioural and physiological responses are produced.

135

### 136 **Mechanisms by which sensory pollutants interfere with sensory systems**

137 Sensory pollutants must be first detected by peripheral sensory receptors (e.g. the eyes, ears or  
138 chemical receptors of animals) and then processed by higher-level cognitive areas (see <sup>4</sup> for a  
139 general description of the perceptual mechanisms involved in sensory pollution). Importantly,  
140 this first detection step depends on the species-specific perceptual sensitivities (e.g. some  
141 moths are much more sensitive to artificial light that contains energy in the UV range). We  
142 argue that sensory pollutants can impact behavioural and physiological responses via three  
143 main mechanisms. Specifically, sensory pollutants can mask environmental information,  
144 distract from the natural processing of information, or introduce erroneous information that  
145 misleads animals toward the wrong response. We emphasize that we are not addressing direct  
146 physiological effects of high doses of pollutants, which may lead to physical damage, (e.g.  
147 permanent hearing loss) or chemical intoxication. Rather, we contend that most animals are  
148 exposed to low levels of pollutants, which they process through their sensory systems and  
149 which have large ecological impacts through our proposed sensory mechanisms.

150

151 *Masking* is the process by which the capacity of an organism to detect or discriminate a target  
152 stimulus is decreased by the interference from a non-target sensory pollutant. By definition,

153 masking occurs within a single sensory modality, when a pollutant is similar in intensity and  
154 spectrum to the natural environmental stimulus. That is, the natural stimulus is obscured by  
155 the sensory pollutant. For example, masking occurs when the sky glow caused by high levels  
156 of artificial light at night impairs detection and discrimination of light from the moon (Fig. 1).  
157 Masking affects diverse ecological processes, including the synchronization of tidal rhythms  
158 in intertidal organisms<sup>41</sup> or acoustic communication in birds . Another common example of  
159 masking is the effect of anthropogenic noise on the detection of acoustic signals and cues.  
160 Traffic noise often overlaps in spectral frequency with the songs of several bird species,  
161 thereby masking acoustic communication<sup>31</sup>. Chemical pollution can also mask signals and  
162 cues, for example, humic acid from industrial waste water binds to receptors in the olfactory  
163 bulb of swordtail fish, blocking the detection of species-specific odours and thereby reducing  
164 species recognition<sup>32</sup>.

165  
166 *Distraction* is the process by which a sensory pollutant interferes with information processing  
167 by occupying part of an animal's finite attentional capacity<sup>42</sup>. In other words, distraction  
168 occurs when a sensory pollutant removes all or part of the attention of an animal from the task  
169 it is currently performing, even if only temporarily. Distraction does not depend on the  
170 overlap in physical properties (e.g. light spectrum or sound frequency) between the sensory  
171 pollutant and the relevant stimulus; therefore, it can occur within and across sensory  
172 modalities (thereby differing from masking). Distracting stimuli can also affect higher-level  
173 cognitive processes, such as spatial orientation<sup>29</sup> and memory retrieval<sup>43</sup>. Many examples of  
174 distracting stimuli come from studies on humans, showing reduced learning and problem-  
175 solving capacity in the presence of high anthropogenic noise levels<sup>44</sup>. Similarly, noise has  
176 been found to distract animals during foraging and vigilance for predators<sup>20,42</sup>. Light  
177 pollution may also distract animals. For instance, flickering laboratory lights can impact



178 chickens' (*G. domesticus*) attention <sup>45</sup>, which is not the case in humans because we perceive  
179 these lights as non-flickering. Consequently, without understanding the sensory abilities of  
180 chickens, we would not be able to explain the chickens' response to lighting. Chemical  
181 pollution can lead to overstimulation of olfactory lobe in insects, which may potentially  
182 interfere with higher level processing of chemical signals and cues. For example, moths have  
183 decreased ability to locate nectar via flower scents when tested together with a novel,  
184 structurally dissimilar chemical compounds <sup>46</sup>.

185

186 *Misleading* is the process by which a sensory pollutant is detected as a natural cue or signal  
187 and provokes an inappropriate, and often maladaptive, response (Fig. 1). In other words, the  
188 sensory pollutant guides animals in the wrong direction towards the wrong target, often  
189 leading to increased mortality via collisions, exhaustion or predation <sup>47-49</sup>. Because of this, we  
190 propose that when misleading sensory cues lead to maladaptive responses they result in  
191 ecological traps <sup>50,51</sup>. A common example of a misleading cue is artificial light at night  
192 mimicking celestial cues and thereby attracting animals during dispersal or migration.  
193 Anthropogenic noise has also been suggested to act as a misleading cue <sup>52</sup>. For instance,  
194 beaked whales might perceive military sonar as killer whale vocalizations, and alter their  
195 distributions to avoid the supposed presence of an apex predator <sup>53</sup>. However, misleading cues  
196 might also turn unnatural behaviours into opportunities, by opening new ecological niches  
197 that organisms can exploit. For instance, several diurnal bird species are known to increase  
198 nocturnal activity when living in areas subjected to light pollution <sup>54</sup>. This behaviour might be  
199 adaptive as it can increase fecundity (via more extra-pair mating opportunities<sup>55</sup>) and food  
200 intake <sup>56</sup>. However, potential downsides of nocturnal activity in diurnal animals, such as  
201 increased predation <sup>57</sup> or metabolic disorders associated with disrupted circadian clocks <sup>24</sup>, are  
202 largely overlooked. Chemicals produced by human activities can mislead animals in two

203 different ways, either by altering levels of naturally present compounds, such as organic  
204 volatiles that are used by many species to communicate, or by non-specific binding to  
205 olfactory receptors <sup>6</sup>. Naturally occurring compounds can be degraded via chemical  
206 interaction with anthropogenic compounds, such as NO<sub>x</sub> from diesel fumes degrading floral  
207 scent compounds and thus leading to reduced attraction of pollinators <sup>58</sup> (although we do not  
208 consider this a case of sensory pollution *sensu stricto*). Human activities can also lead to  
209 increased levels of organic volatiles, either produced on purpose, for instance when using  
210 pheromone-based insect traps, or as a by-product. Many blood-feeding insects rely on CO<sub>2</sub> to  
211 locate their host and can be easily attracted to anthropogenic sources of CO<sub>2</sub> found in industry  
212 and traffic <sup>59</sup>.

213

214 We contend that these three mechanisms provide substantial inferential power. Below we  
215 outline how these mechanisms effectively link animal sensory systems with ecological  
216 consequences, including effects on fitness, opening new avenues of research and novel  
217 mitigations for conservation.

218

## 219 **Linking sensory pollutants to ecological consequences**

220 Sensory pollutants can either directly or indirectly influence an organism's fitness and both  
221 pathways can have important population- or community-level consequences. Organisms are  
222 directly affected through an impact on their sensory systems (either via masking, distracting,  
223 or misleading mechanisms) or indirectly affected through changes in the presence and  
224 functioning of other species with which they interact. Below we will review these direct  
225 versus indirect effects of sensory pollutants in more detail.

226

227 *Direct fitness consequences of sensory pollution*

228 The behavioural and physiological impacts of light, sound, and chemical pollutants mentioned  
229 above can translate to reduced survival and reproduction for many organisms, who bear the  
230 cost of lost information, reduced processing time and maladaptive decisions. Some of these  
231 effects lead to increased mortality, as in the case of misleading birds, insects and turtles to  
232 artificial lights <sup>23,60</sup>. In this situation, the sensory pollutant is effectively creating an ecological  
233 trap. Although this can lead to mortalities (i.e., entrapment of insects and birds in lights),  
234 many effects of sensory pollutants may have less obvious fitness consequences through an  
235 impact on health and reproductive output. Indeed, noise generated from road traffic, energy  
236 development, and military sonar has been related to reduced reproductive success in songbirds  
237 and beaked whales <sup>37,61</sup>. Male newts exposed to low (non-toxic) doses of insecticides  
238 demonstrated a delayed response to female odors (i.e., masking), which led to a reduction in  
239 mating success <sup>62</sup>. Artificial light at night, through circadian disruption, has been shown to  
240 affect sleep <sup>63</sup> and consequently lead to poor physiological health <sup>24</sup>.

241       Examples of direct fitness costs of sensory pollutants are quickly accumulating. Yet,  
242 some animals can cope with intense exposure to sensory pollution. For example, individuals  
243 can mitigate masking effects by shifting the frequency, intensity or timing of their  
244 vocalizations <sup>64</sup>, or by switching to other sensory modalities to detect their prey <sup>27</sup>. Individuals  
245 may also be able to avoid negative effects of distracting stimuli by switching to less difficult  
246 tasks to circumvent the costs of divided attention. Perhaps surprisingly, some animals may  
247 even benefit from sensory polluted environments, as these may open novel ecological niches  
248 to exploit. For instance, a predator may profit from having the sound of its wingbeats or  
249 footsteps masked by loud noise, and although artificial light at night can mislead animals to  
250 novel habitats, these might provide safety from predation <sup>65</sup>, expanded foraging time <sup>66</sup> or  
251 increased extra-pair mating opportunities <sup>55</sup>.

252            Depending on the balance of costs and benefits resulting from sensory pollution,  
253 animals may stay in the polluted environment or leave in the search of a new area with less  
254 sensory degradation. In fact, the sensory environment is a fundamental component of habitat  
255 selection, influencing an animal's decision about where to settle and whether to stay (see Box  
256 1 for a detail explanation of this process). For example, pelagic fish <sup>67</sup> and crab <sup>68</sup> larvae find  
257 their preferred habitat by homing in on the soundscape produced by biotic and abiotic sources  
258 in coral reef habitat. Crucially, sensory environments also provide information on habitats to  
259 avoid: crustaceans avoid the same reef noise, likely to steer clear of reef predators <sup>29</sup>. Thus,  
260 animals leaving or avoiding sensory-polluted areas might be an important step in a process  
261 that eradicates sensitive species and, along with a lack of alternative suitable habitats,  
262 ultimately leads to biodiversity decline <sup>69</sup>. For instance, a field experiment using a “phantom  
263 road” has linked traffic noise to a reduction in the occurrence of migrating songbirds at a  
264 known stopover site <sup>70</sup>. The decision to stay or leave, to cope or adjust can also affect other  
265 species in sensory polluted areas, which we will review in the next section.

266

#### 267 *Indirect effects through changes in species interactions*

268 The direct effects of sensory pollutants may cause species to change their behavior or  
269 physiology, thereby affecting their performances, which may ultimately lead to the attraction  
270 or avoidance of certain areas. Sensory pollution can thereby indirectly alter important  
271 ecological processes, in particular species interactions. For instance, as many species use  
272 moonlight to time activity patterns, masking by light pollution can affect the encounter rates  
273 of predators and prey animals <sup>71</sup>. This might also occur in cases where a species expands its  
274 activity into the night as a result of increased visibility due to light pollution. Recent reports  
275 have for example suggested that peregrine falcons might learn to prey upon songbirds  
276 migrating at night over light-polluted areas <sup>72</sup>. Pollination is another example of interaction

277 between species that can be disrupted by sensory pollution. A recent study showed that, in  
278 artificially illuminated plant–pollinator communities, nocturnal visits to plants were greatly  
279 reduced compared to dark areas. In turn, this resulted in decreased fruiting and impacted not  
280 only nocturnal pollinator networks, but also cascaded to diurnal networks<sup>22</sup>. It is likely that  
281 these effects came about because pollinators were misled to artificial light sources, and  
282 therefore spent less time visiting flowers.

283 Indirect effects can even impact processes across trophic levels, as primary producers such as  
284 plants may benefit (e.g., reduced herbivory), or suffer (e.g., reduced pollination) from the  
285 direct impact of pollutants on primary or secondary consumers. For instance, noise pollution  
286 altered the community of animals that prey upon and disperse *Pinus edulis* seeds, potentially  
287 explaining reduced seedling recruitment in noisy areas<sup>73</sup>.

288 For mitigation measures it is important to distinguish between direct and indirect effects. For  
289 example, many bats are attracted to streetlights, likely because of increased insect abundance  
290<sup>74</sup>, and unlikely because of a direct effect of artificial light on bats' sensory systems.

291 Mitigation measures should in this case be targeted to the effect of light on insect attraction.

292

### 293 *Population-level consequences*

294 Studies that explicitly link sensory pollutants to population decline are rare. One of the best  
295 examples for these population-level effects of sensory pollutants is that of artificial lights and  
296 insects<sup>14</sup>. Within insects, declines in moth populations in the last few decades have been  
297 dramatic, but much more evident for nocturnal than diurnal species, which points to the loss  
298 of the night due to light pollution as a likely culprit<sup>12</sup>. We contend that understanding the  
299 mechanisms altering sensory perception in polluted environments can be considered the first  
300 step into developing strategies to mitigate the negative organismal effects of these sensory  
301 pollutants, which may also underlie population decline<sup>12</sup>. In particular, our conceptual model

302 points to some ‘sensory danger zones’ in space and time, which are of both ecological and  
303 conservation relevance (Box 2). In the next section, we highlight how adopting a mechanistic  
304 sensory lens can reveal potentially different mitigation strategies depending on whether  
305 impacts are predominately driven by masking, distracting or misleading effects.

306

## 307 **Solution to pollution: Opportunities for mitigating the effects of sensory** 308 **pollutants**

309 A mechanistic assessment of animal responses to sensory pollution will facilitate establishing  
310 when, where and to which species sensory pollution poses the highest risks. However, it is  
311 imperative to consider that not all species are necessarily equally affected by sensory  
312 pollution. Organisms are directly affected by sensory pollutants only if such pollutants can be  
313 detected by their sensory systems. For example, if the intensity and spectra of the artificial  
314 light source does not overlap with the sensitivity of the photoreceptors, an organism is  
315 unlikely to be directly affected (but may indirectly so, see above). Likewise, anthropogenic  
316 noise can only directly impact organisms when it overlaps with a species’ hearing range  
317 (other than species that respond to vibrations due to noise)<sup>31</sup>. Thus, we expect that trait-based  
318 approaches<sup>75</sup> that formally combine knowledge of (i) species sensory systems, (ii) the  
319 specific polluting mechanisms that such species may be vulnerable to, and (iii) detailed  
320 information on exposure from sensory pollutants (such as night light data collected by  
321 NASA’s satellite-based sensor), will help to formulate specific mitigation measures that better  
322 address the underlying causes of the risks (Fig. 2). This could enable forecasting which  
323 species might be at higher risk in certain geographic areas and thereby also what geographic  
324 areas are hotspots of risk, ultimately serving to prioritize conservation strategies. Below we  
325 briefly review how our mechanistic framework may help to design mitigation measures,  
326 assuming perceptual or behavioural traits are known for target species or ecosystems.

327 Species that are at risk of masking pollution will benefit most by reducing the overlap  
328 in frequency, wavelength or concentration (for chemical compounds) between the relevant  
329 signal or cue and the polluting stimulus (Fig. 2). For instance, noise abatement such as  
330 constructing berms or paving roads with quieter pavement can substantially reduce masking,  
331 especially when the spectrum of noise reduced is similar to the relevant stimulus. For  
332 example, measures that attenuate noise above 2 kHz may be especially effective at reducing  
333 the effect of masking on communication of most songbirds. In the case of light pollution,  
334 using light sources of wavelengths outside of the peak photoreceptor sensitivity of most  
335 animals will ensure that masking effects are greatly mitigated. For chemical pollution,  
336 switching to agents that do not bind to the species-specific receptor cells would reduce  
337 masking.

338 Sensory pollutants that distract animals are perhaps the hardest to mitigate. In these  
339 cases, changing spectral or frequency properties of the pollutants will likely have a limited  
340 mitigating effect unless the changes move the stimulus outside of the organism's perceptual  
341 abilities. When this is not possible, the polluting stimuli must be altered in either the temporal  
342 or spatial overlap with relevant (natural) cues or signals. For example, light pollution from  
343 headlights that might distract animals near roads could be minimized by designing roadside  
344 vegetation and walls to limit the cast of headlights into adjacent habitat, or from temporary  
345 road closures, for example during a short, but predictable, peak breeding or, migration period.  
346 Overpasses with noise and light attenuating barriers could also improve use of such corridors  
347 and maintain connectivity by reducing distracting. Mitigation measures to reduce distracting  
348 will clearly also benefit masking impacts, but may also be more economically costly, so they  
349 could be proposed as a last resort, when masking or misleading mechanisms are unlikely, or  
350 their mitigation has proven unsuccessful.

351 Changing the spectral profile or the temporal pattern of a pollutant may greatly reduce  
352 any potential misleading effects. Species that rely on celestial cues for navigation may benefit  
353 from the use of artificial lights with specific spectra, such as streetlights that are biased more  
354 towards longer wavelengths, which seems to be less disruptive <sup>76</sup>. Importantly, misleading  
355 effects may be difficult to mitigate by reducing the intensity of the stimulus, which sets it  
356 apart from measures to reduce masking and distracting impacts.

357 To summarise, in ideal situations solutions to sensory pollution may mitigate two or  
358 three mechanisms simultaneously. Indeed, the most straightforward solution is to minimize  
359 exposure to pollutants, especially for danger zones (Box 1). However, there will be species-  
360 specific problems and settings where focusing on the most outstanding threat relative to the  
361 species' sensory system will be the best use of limited conservation resources. In fact, sensory  
362 pollutants are unlikely to disappear in the near future: there will be a need for artificial lights,  
363 and human activities will probably always emit noise and chemicals in the environment. Our  
364 main message is that there are opportunities for clear conservation strategies based on our  
365 proposed sensory mechanisms, which will minimize the impact of sensory pollutants as much  
366 as possible.

367

## 368 **Conclusions and future directions**

369 The last decade has seen an explosion of studies that have investigated the impacts of light,  
370 noise, chemicals and other pollutants on species and ecosystems, but our understanding of the  
371 processes that link sensory pollutant impacts across organisms and modalities has been  
372 limited by the lack of frameworks to guide studies and the sheer diversity of sensory  
373 capabilities across organisms. We highlight below three outstanding questions that we believe  
374 are the most important to advance this field.

375



376       1) *Is there a direct link between sensory pollutants and population declines?*  
377   Despite widespread recognition of the impacts of sensory pollutants on organisms' behaviour,  
378   physiology and fitness, for much of these effects we still lack clear evidence that they lead to  
379   population decline and increased extinction risk. This is a clear research gap that future  
380   studies should aim to address, especially for species of conservation concern. Studies that  
381   monitor population responses before and after sensory pollutants are introduced in an area,  
382   while controlling for population trends in nearby areas without sensory pollutants, would be  
383   particularly welcome. Comparative analyses that exploit large-scale, long-term time series of  
384   population change and spatio-temporal distribution of pollutants would also be helpful (see  
385   Box 1). Moreover, although one of the most obvious outcomes of sensory pollutants is the  
386   avoidance of polluted habitats by sensitive species, we do not know what happens to those  
387   “avoiders”. Taken across a large region with considerable sensory pollution and strong  
388   avoidance by many species, this likely results in population declines, but more effort is  
389   needed to establish such a link.

390

391       2) *How do different sensory pollutants interact?*  
392   Although rapidly accumulating evidence demonstrates that sensory pollutants affect  
393   behaviour and physiology and consequently fitness, we still understand little as to how such  
394   pollutants may interact with each other. Most of these stimuli co-occur in anthropogenic  
395   landscapes and waterscapes, and therefore form a complex and relatively novel sensory  
396   mosaic that animals must navigate (see also Box 2). Studying each pollutant individually has  
397   and will continue to reveal whether a stimulus is responsible for an observed behavioural or  
398   physiological response. However, such an approach overlooks the possibility that organisms'  
399   responses may change, often in unpredictable and complex ways<sup>77</sup>, when confronted with  
400   more than one sensory stimuli. This has profound implications for conservation. If the effect

401 of a pollutant is tested in isolation, but conservation measures are then applied in  
402 environments where this pollutant co-occurs with others, these measures may be ineffective or  
403 counter-productive. In the worst-case scenario, the mitigation effort might be counter-  
404 productive, especially if two pollutants have antagonistic effects.

405 Thus far, most of the studies on the interactions of different sensory pollutants have been  
406 correlational. The combined effects of light and noise on timing of dawn song in birds, for  
407 instance, have been assessed in several studies in the field, with conflicting results <sup>26,54,78,79</sup>.  
408 These studies, however, were not specifically designed to experimentally test the interaction  
409 between the two stimuli, and thus the interpretation of their outcomes remains challenging. To  
410 elucidate the complex interactions that these pollutants may have, robust experimental  
411 designs, preferably conducted in the field, are needed. The outcome of such experiments  
412 should be assessed using clear guidelines for distinguishing among additive, synergistic or  
413 antagonistic effects <sup>80</sup>. A recent experimental field study on host-parasite dynamics used such  
414 an approach and was able to reveal an interaction between light and noise intensity on the  
415 occurrence of biting midges on Tungara frog hosts <sup>21</sup>.

416

### 417 3) *What determines species vulnerability to sensory pollutants?*

418 As highlighted above, species vary in the degree to which they perceive and respond to a  
419 stimulus. For instance, a comparative analysis on the sensitivity of birds to noise highlighted  
420 that species with low-frequency vocalizations were negatively associated with noisy areas,  
421 suggesting that the masking effects of noise are likely to exert a strong pressure on habitat  
422 selection particularly in those species <sup>81</sup>. A trait-based analysis of songbirds has shown that  
423 species that possess large eyes relative to body size usually wake up and sing earlier in the  
424 morning compared to species with comparatively smaller eyes <sup>82</sup>, which may explain why the  
425 latter are less affected by light pollution <sup>55</sup>. In bats, the agile and opportunistic feeding species

426 are abundant around street lights, while slow-flying species avoid these lights, which is likely  
427 related to predation risk by owls<sup>74</sup>. Importantly, such effects are wavelength-dependent:  
428 green and white light have a strong effect on bat abundance, whereas red light minimizes the  
429 effects of light pollution<sup>74</sup>. Similarly, short-wavelengths affect moth abundance more than  
430 long-wavelengths<sup>12</sup>, but such effects are mostly found for nocturnal species, while they are  
431 absent or limited in diurnal species<sup>12</sup>. Dose-dependent impact of sensory pollutants might  
432 also be common, as revealed by captive studies of light pollution in birds<sup>83,84</sup> and fish<sup>85</sup>, as  
433 well by field studies on noise pollution and marine mammals<sup>86</sup>. However, such dose-response  
434 relationships are not well established for most species affected by sensory pollutants, and this  
435 is a critical gap.

436         The evidence of species-specific responses suggests that a trait-based approach<sup>75</sup>  
437 might enable broad comparisons of key organismal traits that transcend taxa to reveal patterns  
438 in community processes and ultimately formulate predictions about impacts of novel  
439 environmental pressures such as sensory pollutants. Future useful efforts include *i*) identifying  
440 specific traits (i.e. sensory, physiological, and natural history) that increase susceptibility to  
441 sensory pollutants and define their distribution within a population or species, *ii*) providing a  
442 set of predictions that tie specific traits to the underlying sensory mechanisms that we  
443 describe in this paper (Fig. 1), and *iii*) projecting the performance of these traits along a  
444 gradient of sensory pollutants.

445

446 To address these and other questions, future studies should focus on evaluating the benefits of  
447 reduced sensory pollution on a wide range of species simultaneously, to identify specific  
448 vulnerabilities and the sensory mechanisms that lead to them. Such studies should be as large-  
449 scale as possible, to enhance our ability to generalize their results and hence design strategic  
450 interventions that will have the highest probability to lead to effective solutions. We anticipate

451 that the next decade of research in this field will bring together mechanism and function to  
452 fundamentally advance our understanding of how sensory pollutants impact ecosystems,  
453 ultimately ensuring that the best conservation practices will be adopted.

454

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699

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705

706 **Authors contributions**

707 All authors participated at the workshop in Colorado and actively contributed to round-table  
708 discussions. DMD, WH, CDF, NHC and JRB laid out the ideas for this manuscript and  
709 discussed its content and structure. DMD and WH contributed equally to write the initial draft  
710 of the paper. CDF, NHC and JRB contributed equally to provide feedback and editing on this  
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712 AW contributed to this paper intellectually and by providing examples and editing. All  
713 authors agreed on the final version of the manuscript.

714

715 **Competing interests**

716 We declare no competing interests.

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721 **Figure legends**

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724 **Figure 1. The three different mechanisms underlie ecological effects of sensory**  
725 **pollutants.** Top-row depicts the perceptual processes of masking (a), distracting (b) and  
726 misleading (c). The y-axes depict either general properties of the signal or cue and the sensory  
727 pollutant, or examples of different stimulus dimensions. Masking depends on the overlap in  
728 physical properties such as spectrum (e.g., hue) and intensity between sensory pollutant and  
729 target stimulus (depicted by square and diamond polygon having similar colors). Distracting  
730 does not depend on spectral overlap and can even occur between modalities (e.g., pollutant  
731 being a sound and target being a visual cue, hence the different colors for the two polygons).  
732 Misleading does not depend on the overlap in time and space between pollutant and target  
733 stimulus (the two polygons do not overlap in time or space, but are similar in shape and  
734 coloration). Bottom-row depicts example consequences of the different mechanisms. Traffic  
735 noise can mask bird song through spectral-temporal overlap (d); sensory pollutants can  
736 distract animals, which is particularly important in predator-prey interactions (e); artificial  
737 light at night can attract migratory birds who mistake high intensity lights for environmental  
738 cues that usually guide their movements (f).

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740 **Figure 2: Different sensory mechanisms ask for different solutions.** Illustrations of the  
741 different perceptual problems and associated solutions that may inform cost-effective  
742 mitigation measures. Note the different labels to describe the different stimulus dimensions  
743 that could be used for mitigation depending on the sensory mechanism. Masking pollution  
744 occurs when the detection or discrimination of a relevant cue is compromised by the overlap  
745 in cue parameters with an anthropogenic stimulus (a). In this example, the natural cue (e.g. a  
746 birdsong, green diamond) is overlapped in both intensity and spectral frequency with the  
747 masking cue (e.g. traffic noise, green square). The solution to the problem is to reduce the  
748 overlap by either altering the spectral properties, or the intensity of the polluting  
749 stimulus. Distracting pollution occurs when a relevant cue is processed less efficiently due to  
750 the presence of a sensory pollutant that takes up some processing capacity by an animal's  
751 finite attention (b). In this example, distracting depends on the overlap in time and space  
752 between relevant cue (green diamond) and sensory pollutant (purple square). Reducing the  
753 spatio-temporal overlap is likely to be the best solution. Reducing the intensity of the  
754 pollutant may also reduce the distracting effect, a feature that is shared with masking

755 pollution. Misleading pollution occurs when an animal cannot reliably distinguish between a  
756 relevant cue (green diamond) and anthropogenic stimulus (light-green diamond) (c). In this  
757 example, the cue (e.g. lunar light) shares similar spectral and temporal features with the  
758 pollutant stimulus (e.g. skyglow). The solution is to reduce the similarity in one or more  
759 stimulus properties between the cue and misleading pollutant. Examples of mitigation  
760 measures associated with the different mechanisms of sensory pollution are depicted in the  
761 bottom panels. A sound-attenuating wall can reduce both the intensity as well as frequency  
762 content of traffic noise and thereby mitigate both masking and distracting (d). Closing of a  
763 road during short periods of critical breeding or migration behaviour can reduce spatial-  
764 temporal overlap with sensory pollutants, thereby mitigating both masking and distracting €.   
765 Shifting the spectrum and timing of artificial light at night can reduce the similarity with cues  
766 associated with sunset and sunrise and therefore mitigate misleading pollution (f).

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783 **Table 1. Three different mechanisms describe the impact of sensory pollution across**  
784 **modalities.** Here we provide examples of how sensory pollutants across the visual, acoustic  
785 and chemical domain can lead to masking, distracting or misleading. For more details on  
786 examples, as well as a more extensive list of examples, see Supplementary Table 1.

787 References: 1. <sup>87</sup>, 2.<sup>29</sup>, 3. <sup>32</sup>, 4. <sup>88</sup>, 5. <sup>20</sup>; 6. <sup>46</sup>, 7. <sup>12</sup>; 8. <sup>53</sup>; 9. <sup>89</sup>.

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	Sensory modality	Mechanism	Effect	Ref.
<b>MASKING</b>	Light pollution	Masking of lunar cues	Desynchronization of coral reef spawning	[1]
	Noise pollution	Masking of prey cues	Reduced foraging efficiency in bats	[2]
	Chemical pollution	Masking of sexual signals	Hybridization between two river fish species	[3]
<b>DISTRACTION</b>	Light pollution	Impact on cognition/memory	Flicker-fusion light impact on chickens	[4]
	Noise pollution	Reduced attention for predator, prey or mating cues	Reduced anti-predator behaviour in dwarf mongooses	[5]
	Chemical pollution	Reduced localization of food source	Reduced localization of nectar source by moths	[6]
<b>MISLEADING</b>	Light pollution	Misidentification of celestial cues	Attraction of nocturnal insects to artificially lit structures	[7]
	Noise pollution	Misidentification of predator sounds	Avoidance of naval sonar by cetaceans	[8]
	Chemical pollution	Misidentification of predator smells	Defence grouping by green algae in response to surfactants	[9]

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## 803 **Box legends**

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805 **Box 1.** Proposed model of how sensory pollutants may affect habitat quality, habitat choice  
806 and ultimately, fitness. Naïve organisms initially select habitats (HABITAT SELECTION  
807 box) based on the match between the sensory environment and perceptual sensitivities that  
808 have been shaped by evolutionary and developmental processes. Natural sensory cues may be  
809 disrupted or corrupted by sensory pollution, which can therefore affect habitat quality and  
810 lead to maladaptive habitat selection or avoidance. Sensory pollutants can interfere with  
811 decision making (DECISION box) of initial habitat selection via masking, distracting or  
812 misleading, which can cause animals to avoid otherwise suitable habitat (MOVE ON box) or  
813 to settle in suboptimal habitat (MOVE INTO box). For instance, boat noise reduces the  
814 attraction of larval fish to playbacks of coral reef sounds, likely via masking <sup>90</sup>. Yet, boat  
815 noise can also act as a misleading cue and increase settlement of vessel hulls, because several  
816 invertebrate species appear to mistake engine noise for coral reef soundscapes <sup>91</sup>.  
817 Once settled, animals may incur additional costs or benefits associated with sensory polluted  
818 environments, which are going to define the intrinsic habitat quality of a location (HABITAT  
819 QUALITY box). The three different mechanisms come with distinct costs and in some cases  
820 distinct benefits, which we summarise in the bottom panel of the figure (see also main text:  
821 “Linking Sensory Pollutants to Ecological Consequences”). In the case of benefits, such as  
822 increased foraging opportunities in light polluted areas, animals may decide to stay (red  
823 arrow) and even actively exploit sensory polluted environments, leading to an increase in  
824 fitness (IMPACT ON FITNESS box). In the case of costs, animals may decide to stay and  
825 cope via behavioural or physiological adjustments, leading to maintenance of or a reduction in  
826 fitness. Alternatively, if the habitat is too degraded by sensory pollutants, animals may decide  
827 to leave (red arrow) and search for more favorable habitats.  
828 Previous experience with sensory polluted environments likely informs future habitat  
829 selection and other life history stages and can thus lead to a cyclic pattern of habitat selection,  
830 as shown in the figure. However, for many animals, habitat selection occurs without direct  
831 experience in the optimal habitat – instead is driven by the evolutionary history of selection  
832 on innate preferences and the refinement of these preferences via developmental plasticity <sup>92</sup>.  
833 For example, naïve bats use the echo-acoustic signature of water to select drinking habitat <sup>93</sup>  
834 and this built-in perceptual bias attracts them to artificial structures with smooth surfaces.  
835 Indeed, the bias is so strong that they are even attracted to vertical surfaces, such as large

836 glass windows of office buildings <sup>94</sup>. Polarized light is another hard-wired cue for selecting  
837 oviposition sites in myriad aquatic insects and smooth anthropogenic surfaces such as  
838 pavement can mislead these animals to lay their water-adapted eggs where they will soon  
839 perish <sup>95</sup>. Understanding the mechanisms underlying animals' selection of sensory  
840 environments is an important research frontier. This conceptual model is based on direct  
841 effects only for sake of simplicity, although indirect effects, albeit complex, are also crucial to  
842 understand <sup>96</sup>. Such indirect effects may often arise through changes in species interactions  
843 (see main text: "Linking Sensory Pollutants to Ecological Consequences").

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## 846 **Box 2: Sensory danger zones**

847 The impact of a sensory pollutant may depend on its spatio-temporal overlap with the  
848 distribution and activity of potentially vulnerable species. We thus define 'sensory danger  
849 zones' as specific temporal windows or spatial areas in which such overlaps occur.  
850 Crucial to this concept is the evidence that sensory pollutants vary in space and time.  
851 We illustrate the concept of sensory danger zones in space and time with two examples: (a)  
852 birdsong and the masking effect of noise, and (b & c) temporal overlap of noise and light with  
853 animal activity at different latitudes. In the first example, songbirds are known to sing  
854 predominantly at dawn. In temperate regions, dawn singing occurs mostly in early spring.  
855 Depending on the latitude where a species occurs, the peak of dawn song may overlap with  
856 the daily peak in traffic noise, the "rush hour", resulting in noise masking acoustic  
857 communication between individual birds <sup>61</sup>. In this case the rush hour is the danger zone, but  
858 only for birds that live close enough to roads to be subjected to the masking effect of noise <sup>61</sup>.  
859 However, in our example, such a danger zone disappears during the weekends, when the daily  
860 peak in traffic noise occurs later and is not as intense as during the working days. In this case,  
861 temporal speed restrictions might alleviate the effects of road noise on nearby ecological  
862 communities. For our second example, the peak noise levels during the day never overlap  
863 with light at night during the summer at high latitudes, as the days are long, and sunrise and  
864 sunset occur much earlier and later than rush hour. In winter, however, there is a strong  
865 overlap between light at night and traffic noise, because days are shorter and rush hour can  
866 occur before and after sunrise and sunset, respectively. Thus, from a co-exposure perspective,  
867 the danger zone is larger in winter than summer (b). In tropical regions, such a danger zone  
868 might be present throughout the year, because there is little variation in photoperiod in

869 different seasons and peak traffic noise may occur during dark hours in the presence of light  
870 pollution, especially in the evening (c).

871 Sensory pollutant levels also show strong spatial variation. Lower panels in the figure show  
872 estimated anthropogenic noise levels (d), artificial light at night levels (e) as well as combined  
873 levels of both pollutants (f). Most areas that receive high levels of artificial light at night also  
874 receive high levels of anthropogenic noise. However, there is also considerable spatial  
875 heterogeneity in exposure to noise, light or both. By taking advantage of existing variation in  
876 co-exposure, as well as via experimental manipulations of these stimuli, future research can  
877 begin to disentangle the effects of single sensory pollutants as well as to assess their combined  
878 effects (additive, synergistic, antagonistic) <sup>80</sup>.

879 Just as pollutants differ in their spatio-temporal distribution, species likewise differ in their  
880 spatial and temporal activity. Indeed, most species can be classified as diurnal, nocturnal or  
881 crepuscular. However, many others show considerable flexibility, often depending on external  
882 environmental conditions, interspecific relationships or social factors <sup>97,98</sup>. For instance, a  
883 recent meta-analysis highlighted how several mammalian species restrict their activity to  
884 night in the face of intense anthropogenic activity, whereas in natural areas the same species  
885 may be active during the day <sup>99</sup>. Species also differ in annual activity patterns <sup>100</sup>. For  
886 instance, some species hibernate, while others are active throughout the winter. Such seasonal  
887 changes in the activity of organisms are highly dependent on latitude, or on the environmental  
888 gradients that are strongly correlated with latitude. Thus, species will differ in the exposure to  
889 sensory pollutants they experience over the course of the day and year, based on their ecology  
890 and geographic origin, leading to interspecific variability in sensory danger zones in time and  
891 space.

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