1	New soil carbon sequestration with nitrogen enrichment: a meta-analysis						
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23 Abstract

24 Background and aims

Through agriculture and industry, humans are increasing the deposition and availability of
nitrogen (N) in ecosystems worldwide. Carbon isotope tracers provide useful insights into soil
C dynamics, as they allow to study soil C pools of different ages. We evaluated to what extent
N enrichment affects soil C dynamics in experiments that applied C isotope tracers.

29 *Methods*

30 Using meta-analysis, we synthesized data from 35 published papers. We made a distinction

- between "new C" and "old C" stocks, *i.e.*, soil C derived from plant C input since the start of
 the isotopic enrichment, or unlabeled, pre-existing soil C.
- 33 *Results*
- Averaged across studies, N addition increased new soil C stocks (+30.3%), total soil C stocks
- 35 (+6.1%) and soil C input proxies (+30.7%). Although N addition had no overall, average, effect
- on old soil C stocks and old soil C respiration, old soil C stocks increased with the amount of
- N added and respiration of old soil C declined. Nitrogen-induced effects on new soil C and soil

C input both decreased with the amount of extraneous N added in control treatments.

39 *Conclusion*

Although our findings require additional confirmation from long-term field experiments, our
analysis provides isotopic evidence that N addition stimulates soil C storage both by increasing
soil C input and (at high N rates) by decreasing decomposition of old soil C. Furthermore, we
demonstrate that the widely reported saturating response of plant growth to N enrichment also
applies to new soil C storage.

46 Introduction

47 By burning fossil fuel and applying artificial fertilizer to cropland, humans have increased atmospheric N deposition three- to five-fold over the last century (IPCC, 2007; Bouwman et 48 al. 2013; Lamarque et al. 2013). Global N deposition rates are projected to increase by 2.5 49 times or more by the end of this century (Reay et al. 2008), and much of this N will be deposited 50 in terrestrial ecosystems. Because plant growth is typically limited by N availability (LeBauer 51 and Treseder 2008; Bai et al. 2010; Wright 2019) and N limits the CO₂ fertilization on plant 52 53 biomass (Terrer et al. 2019), increasing N deposition rates are widely expected to stimulate ecosystem C storage (Reay et al. 2008; Janssens et al. 2010; Chen et al. 2018). However, it is 54 still unclear to what extent N additions affect soil C stocks. Soils store about twice as much C 55 56 as the atmosphere and form a large natural source of CO₂ (Eswaran et al. 1993). Thus, soil C responses to N enrichment could play a key role in determining future trajectories of 57 atmospheric CO₂ concentrations (Dijkstra et al. 2004; Loisel et al. 2019). 58

59 The size of the soil C pool is determined by the balance between soil C input – mostly from plant litter and roots (e.g., exudates and allocation to mycorrhizal fungi) – and soil C 60 61 output through the decomposition of soil organic matter (Trumbore 1997; Jastrow et al. 2007). By stimulating plant growth and litter production, N input from anthropogenic sources can 62 increase soil C stocks through the enhancement of C inputs (e.g., Gong et al. 2012; Tian and 63 Niu 2015). However, in some cases N enrichment stimulates soil C input without increasing 64 soil C stocks (Mack et al. 2004; Allison et al. 2010) and vice versa (Pregitzer et al. 2008), 65 suggesting that N-induced changes in decomposition (*i.e.*, soil C output) affect soil C storage 66

as well (Janssens et al. 2010). Indeed, N additions can decrease the activity of lignin-modifying
enzymes (Chen et al. 2018) and N-induced decreases in soil pH can decrease decomposition
rates (e.g. Zhou et al. 2017); both these responses would stimulate soil C storage.

Because most N enrichment experiments do not directly measure the fate of newly added 70 plant litter vs. native soil organic matter, they provide limited mechanistic insight in the 71 processes underlying soil C sequestration (Cardon et al. 2001). However, the dynamics of these 72 two different C pools can be studied through isotopic labeling, in which the isotopic signature 73 of soil C inputs differ from pre-existing soil C (from now on referred to as "old soil C"). This 74 approach enables us to determine the amount of soil C derived from old soil C versus "new soil 75 C" (*i.e.*, cumulative plant inputs since labeling began) (Keith et al. 1986; Balesdent et al. 1987). 76 Similarly, by analysing the isotopic composition of total soil CO₂ respiration in labeling 77 78 experiments, we can quantify the decomposition of old soil C (Rochette et al. 1999).

The response of soil C storage to N addition varies with environmental conditions and 79 between ecosystems. For instance, field experiments suggest that N enrichment generally does 80 81 not alter soil C stocks in grasslands (Lu et al. 2011), but stimulates soil C sequestration in temperate, tropical, subtropical and boreal forests (Janssens et al. 2010; Cusack et al. 2011; 82 Maaroufi et al. 2019). Furthermore, N enrichment reduced litter decomposition in N-rich 83 ecosystems, but not in N-limited ecosystems (Chen et al. 2015). Effects of N also depend on 84 litter quality; whereas N addition typically stimulates the decomposition of labile C, it slows 85 down the decomposition of recalcitrant C (Fog 1988; Talbot and Treseder 2012; Chen et al. 86 2018). 87

Because N enrichment studies cover a wide range of ecosystem types and environmental 88 conditions, deriving a global response to N enrichment from individual experiments is 89 challenging. Moreover, high spatial variability in soil C stocks and low replication mean that 90 individual experiments often lack the statistical power to detect changes in soil C dynamics 91 92 (Hungate et al. 1995). A quantitative synthesis of results across multiple studies can overcome both these problems. Thus, we used meta-analysis to synthesize studies that applied isotopic 93 labeling to evaluate the impacts of N enrichment on new and old soil C. By synthesizing these 94 data, we aimed to identify the main factors determining new and old soil C stocks with N 95 96 enrichment, thereby increasing mechanistic insight into the processes underlying soil C storage. We hypothesized that N addition stimulates soil C storage both by increasing plant growth and 97 new soil C storage, and by reducing the decomposition of old soil C. 98

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100 Methods

101 Data collection

We used Web of Science (Thompson Reuters) to search for studies published before March
2019 that employed an isotopic C tracer to study the effect of N enrichment on soil C dynamics.
We used the search terms "nitrogen", "soil AND carbon" and "isotop* OR label*" for article
topic.

To be included in our dataset, studies had to meet the following criteria. First, studies had
to include at least two N treatments ("control" & "high N"), with N addition rates (kg N ha⁻¹
yr⁻¹) for both treatments clearly indicated. Second, to distinguish "new soil C" and "old soil C",
C labeling should be applied to create a difference in the isotopic composition of plants and

soils. There are two ways to achieve this goal: (1) growing plants under isotopically labeled 110 CO_2 (*i.e.*, ¹³ CO_2 or ¹⁴ CO_2); (2) growing C_3 plants on soils that developed under C_4 vegetation, 111 or vice versa. C₃ plants discriminate more strongly against ¹³C than C₄ plants because of 112 differences in the photosynthetic pathway, thereby creating differences in the ¹³C isotopic 113 composition of plant biomass and soil organic matter input (Farquhar et al. 1989). Thus, in 114 both approaches, new soil C derived from plants will differ from native (*i.e.*, unlabeled) soil C. 115 Third, we only considered studies that applied continuous labeling, usually from the first leaf 116 emergence to sampling time, to ensure that the total amount of new soil C could be determined 117 118 (Kuzyakov and Domanski 2000). We included both pot- and field- experiments in our analysis. In total we found 35 studies that met our requirements (Table 1). 119

From each study we extracted data on new, old, and total soil C, and old soil C respiration 120 121 when these were reported, for both control and high N treatments (Data S1-S5). For studies reporting new soil C stocks, we also extracted data on soil C input proxies (root biomass, or 122 yield data if root biomass was unavailable), following the approach of van Groenigen et al. 123 124 (2017). To avoid pseudoreplication, we only included the most recent observations from each study in our dataset. We tabulated means, standard deviation and the number of replicates for 125 both control and high N treatments. Missing standard deviations were estimated from the mean 126 coefficient of variation across the dataset (e.g., van Groenigen et al. 2017). 127

Previous studies suggest that plant growth and total soil C storage with N addition depend
on ΔN (*i.e.*, the difference in N addition between the control and high N treatments; *e.g.*,
Maaroufi et al. 2015), plant type (*e.g.*, Yue et al. 2016), atmospheric CO₂ concentration (van
Groenigen et al. 2006), soil N availability (Chen et al. 2015) and soil pH (Nottingham et al.

2015). Similarly, several studies suggest that N fertilizer stimulates plant growth more strongly 132 when it is applied in combination with other nutrients (e.g., Crowther et al. 2019; Elser et al. 133 134 2007). Thus, we categorized studies based on these experimental conditions. To account for plant type, we made a distinction between studies on woody species and studies on herbaceous 135 species. We made a distinction between studies that added other nutrients together with N, and 136 studies that did not. Atmospheric CO₂ concentration, soil pH and ΔN were included in our 137 analysis as continuous factors. Our dataset included only 5 studies on woody species, limiting 138 the representativeness of the overall treatment effects for this category. 139

140 We used soil C:N ratios as an indicator of initial soil N availability (e.g., Terrer et al. 2019). Because plant growth responses to N addition show a saturating response (Aber et al. 1998), 141 we also included N addition levels in control treatments as a predictor variable. Some pot 142 143 studies in our dataset applied N fertilizer homogenously throughout the entire soil column by mixing (e.g., Heath et al. 2005). In these cases, we tabulated N addition levels equivalent to the 144 amount of N added to the 0-20 cm layer. Finally, we tabulated information about labeling type 145 (*i.e.*, C₃-C₄, ¹³C, or ¹⁴C), study method (*i.e.*, pot vs. field), clay content (%) and experimental 146 duration (*i.e.*, the natural log of the number of days since the isotopic label was introduced in 147 the experiment). 148

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151 Meta-analysis

For each study in our dataset, we calculated the response of new soil C stocks, old soil C
stocks, total soil C stocks, C input proxies and old C respiration to N enrichment. We expressed

treatment effects as the natural log of the response ratio (lnR), a metric commonly used in meta-

analysis (Hedges et al. 1999; Osenberg et al. 1999):

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$$\ln R = ln \left(\frac{V_h}{V_c}\right)$$

with V_h and V_c as the arithmetic mean values of new soil C, old soil C, total soil C, soil C input, and old C respiration in the high N and control treatments, respectively. The variance (var) of lnR was calculated as:

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$$\operatorname{var} = \frac{SD_h^2}{N_h V_h^2} + \frac{SD_c^2}{N_c V_c^2}$$

with N_h and N_c as the replicate numbers for high N and control treatments, respectively.

Our meta-analytical approach was adopted from van Groenigen et al. (2017). Briefly, we 162 analysed our data using a mixed-effects model with the *rma.mv* function in the R package 163 "metafor" (Viechtbauer 2010). Because several studies contributed more than one effect size 164 (e.g. in multifactorial experiments), we included "study" as a random effect. We weighted lnR 165 by the inverse of its variance. Models were fitted according to Knapp and Hartung (2003); 95% 166 confidence intervals (CI) of treatment effects were based on critical values from a t-distribution. 167 Effect sizes were considered significant if their 95% CI did not include zero. We used a Wald 168 test to statistically evaluate differences in treatment effects among categories. The "glmulti" 169 package was used to identify which of the factors described above best predicted treatment 170 effects of N enrichment, following the same approach as Terrer et al. (2016) and van Groenigen 171 et al. (2017). In short, we analysed our data with all possible models that could be constructed 172 using combinations of the experimental factors. Model selection was based on Akaike 173 Information Criterion corrected for small samples (AICc) as criterion. The relative importance 174

value for a particular predictor was equal to the sum of the Akaike weights (probability that a
model is the most plausible model) for the models in which the predictor appears. A cut-off of
0.8 was set to differentiate between important and redundant predictors, so that predictors with
relative importance near or less than 0.8 are considered unimportant.

179

180 **Results**

Averaged across the entire dataset, N addition significantly stimulated soil C input proxies (+30.7%, p < 0.001), new soil C stocks (+30.3%, p < 0.001), and total soil C stocks (+6.1%, p</br/> < 0.001) (Fig. 1). In contrast, N addition did not significantly affect the respiration of old soil C (+0.2%, p = 0.98) or old soil C stocks (+1.2%, p = 0.60). When we limited our analysis to long-term (i.e., >5 year) studies conducted under field conditions, we found quantitatively similar results for all variables (Fig. S1). Unfortunately, no long-term data were available for old C respiration.

Our model selection approach indicated that "Control N" (i.e., N addition level in control 188 189 treatments) was the most important predictor for N-induced effects on both new soil C stocks and soil C input proxy (Fig. 2ab). Among all the potential models for the response of new soil 190 C stocks to N additions ("lnR_N"), the model lnR_N ~ Control N had the lowest AIC value (Table 191 S1). Of all the potential models for the response of C input to N additions ("lnR_I"), the model 192 lnR_I ~ Control N was the most parsimonious within 2 AIC units (Table S2). Across the entire 193 dataset, $\ln R_N$ and $\ln R_I$ both decreased with increasing control N levels (p < 0.05, Fig. 3ab). 194 Nitrogen-induced changes in soil C input and new soil C stocks were significantly correlated 195 (*p* < 0.05; Fig. S2). 196

197 The dataset of N effects on old soil C respiration ($\ln R_{OR}$) only contained pot studies on 198 herbaceous species. Therefore, the model selection approach for this dataset did not include 199 plant type or study method as possible predictors. Model selection indicated that " ΔN " was the 200 most important predictor for $\ln R_{OR}$ (Fig. 4a). The model $\ln R_{OR} \sim \Delta N$ was the most 201 parsimonious model within 2 AIC units (Table S3); $\ln R_{OR}$ decreased by 0.125 units per 100 kg 202 N ha⁻¹ yr⁻¹ change in ΔN (p < 0.05; Fig. 5).

The response of old soil C stocks to N addition ("lnR₀") was best predicted by Control N, Δ N and CO₂ concentration Fig. 4b). Among all the potential models, the model lnR₀ ~ Control N level + Δ N + CO₂ concentration was the most parsimonious model within 2 AIC units (Table S4). Analysing our dataset with this model, the effect of N addition on old soil C stocks increased with Δ N (p < 0.001) and atmospheric CO₂ concentrations (p < 0.001), but it decreased with control N levels (*p* < 0.01; Fig. 6).

The response of total C stocks to N addition (" $\ln R_T$ ") was best explained by atmospheric CO₂ concentrations (Fig. 4c). Among all the potential models, " $\ln R_T \sim CO_2$ concentration" had the lowest AIC value (Table S5). As with old soil C stocks, the effect of N addition increased with atmospheric CO₂; $\ln R_T$ increased by 0.012 units per 100 ppm change in atmospheric CO₂ concentrations (95% CI: 0.003 - 0.021; *p* < 0.01).

214

215 Discussion

New soil C plays a key role in soil C dynamics, since its quantity and quality influence soil
C decomposition rates (*e.g.*, De Graaff et al. 2010). The positive correlation between N-effects
on new soil C stocks and soil C input proxy suggests that, N-induced changes in new soil C

stocks are at least partly driven by changes in soil C input. N-effects on soil C input and new 219 soil C stocks both decreased with increasing control N levels. These findings can probably be 220 221 explained by saturation of the N enrichment effect (Aber et al. 1998). Adding N to N-rich soils often induces shifts in nutrient limitations of plant growth from N to phosphorus (Vitousek et 222 223 al. 2010; Penuelas et al. 2013; Deng et al. 2017). Under these conditions, further N addition no 224 longer increases plant growth and may even decrease plant growth when competition dominates plant-microbe relationships (Čapek et al. 2018). Furthermore, high N addition rates 225 tend to decrease soil pH (Tian and Niu 2015), thereby causing a loss of base cations and 226 227 increasing soluble aluminium concentration, both of which negatively affect plant production (Bowman et al. 2008). 228

Because N addition promotes plant growth more strongly in N-poor ecosystems (e.g., Chen 229 230 et al. 2015), we expected N additions to increase new C stocks and plant growth more strongly in experiments with high soil C:N ratios. Yet, treatment effects did not depend on soil C:N ratio 231 for studies in our dataset. One possible explanation for this result is that soil disturbance 232 distorted the relation between soil C:N ratio and soil N availability. Experiments in our analysis 233 inherently involve some level of soil disturbance, such as replacing vegetation (*i.e.*, by using 234 soil that developed under vegetation with a different photosynthetic pathway than that of the 235 experimental vegetation) and transferring soil from the field to pots. Furthermore, some 236 experiments in agricultural systems applied disturbance during the experiment in the form of 237 tillage operations. When soil disturbance breaks up aggregates, physically protected soil 238 organic matter becomes available to microbes, stimulating organic matter decomposition and 239 increasing nutrient availability (e.g., Kristensen et al. 2000). Thus, soil disturbance may have 240

contributed to the relatively high variation in treatment effects on new soil C and soil C inputin our dataset.

243 The central role of control N levels in determining the potential of N-induced new soil C storage has important implications for soils both in agricultural and natural ecosystems. Soil C 244 sequestration in agricultural systems has been widely suggested as a main mechanism to reduce 245 anthropogenic CO₂ emissions and slow down climate change (e.g., Minasny et al. 2017). Our 246 results suggest that N additions to agricultural soils that previously received little or no 247 additional N could contribute to these efforts. In contrast, further N additions to agricultural 248 249 systems that already receive substantial amounts of fertilizer N are unlikely to stimulate soil C storage. Soil emissions of N₂O strongly increase when fertilizer N rates exceed crop N uptake 250 (e.g., van Groenigen et al. 2010), suggesting that further N additions in these systems might 251 252 even work counterproductive in terms of greenhouse gas mitigation. Less intensively managed ecosystems on the other hand typically receive low amounts of N input, mostly through 253 atmospheric N deposition. Thus, our results suggest that future increases in atmospheric N 254 255 deposition will lead to net soil C sequestration in these systems.

Although N addition on average did not affect old soil C contents or old C respiration, InR₀ increased and InR_{0R} decreased with Δ N. We speculate that these results reflect the various mechanisms through which N additions can affect old C respiration. N additions can stimulate decomposition of native SOM indirectly by increasing plant growth and labile C inputs which act as substrate for soil microbes (e.g. Paterson et al. 2008). On the other hand, N additions can have direct negative effects on lignin-modifying enzymes (Chen et al. 2018), and N-induced decreases in soil pH may decrease decomposition rates (e.g. Zhou et al. 2017). In the absence of plants, N additions typically decrease microbial respiration (Fog, 1988; Janssens et al. 2010), suggesting that negative effects of N additions on soil microbial activity dominate when N rates exceed plant N uptake, i.e. at high Δ N. This interpretation is consistent with several studies indicating that N additions decrease soil respiration more strongly at high N addition rates (e.g. Janssens et al. 2010).

The positive relation between atmospheric CO₂ concentration and lnR₀ corroborates 268 studies suggesting that N enrichment reduces old soil C decomposition under elevated CO₂ 269 (e.g. Cardon et al. 2001; Cheng and Johnson, 1998). It is also consistent with a recent meta-270 271 analysis showing that N additions tend to increase old C stocks under elevated CO₂ (van Groenigen et al. 2017). This result might be explained by N additions reducing CO₂-induced 272 priming of soil organic matter by alleviating N limitation of plant growth. Indeed, several 273 274 studies show that elevated CO₂ stimulates decomposition of old soil organic matter, thereby releasing N to support plant productivity (e.g. Cheng et al. 1999; Langley et al. 2009). CO2-275 induced priming occurs mostly in N limited ecosystems (Dijkstra et al. 2013; Terrer et al. 2018), 276 possibly explaining why N addition reduces CO₂-induced decomposition of old C. 277

Three limitations of our analysis must be noted. Most importantly, our dataset includes relatively few long-term studies under field conditions. For instance, the longest experiment on woody species lasted 6 years, a relatively short period to measure treatment effects on longliving plants. Unfortunately, the subset of long-term field studies is too small for our model selection approach. However, the few long-term field studies that directly tested the impact of important model predictors largely support our findings. For instance, Wilts et al. (2004) found that in a 29 yr old experiment, average new soil C stocks increased with N addition, and lnR_N

decreased with increased control N levels. In a study with relatively high control N levels (140 285 kg N ha⁻¹yr⁻¹) and high Δ N values (420 kg N ha⁻¹ yr⁻¹), van Groenigen et al. (2003) found that 286 287 N addition tended to decrease new soil C stocks and increase old C stocks. However, individual studies are limited by high spatial variability in soil C stocks and the effects described above 288 289 were not significant. Clearly, more long-term studies are needed to determine whether the factors affecting N-induced soil C storage change over time. Spatial variability in soil C stocks 290 can be reduced by planting communities on homogenized soils (e.g. Cardon et al. 2001; van 291 Kessel et al. 2000), and statistical sensitivity to detect treatment effects might also be improved 292 by increasing the difference in isotopic signature between newly fixed and old C pools (Ogle 293 and Pendall 2015), or by combining isotopic labeling with physical soil fractionation 294 techniques (e.g., Dijkstra et al. 2004). 295

Second, our dataset only includes studies evaluating the effect of N enrichment as a single factor. However, terrestrial ecosystems are currently exposed to multiple types of environmental change, and these changes are likely to interact. For instance, rising levels of atmospheric CO_2 stimulate plant growth and soil C storage, especially when combined with N additions (van Groenigen et al. 2006; Terrer et al. 2018). Thus, under future atmospheric CO_2 concentrations, N saturation of plant growth and soil C storage may occur at higher N rates than under current CO_2 levels.

Finally, our analysis does not include any studies conducted in the tropics. Because plant productivity in the tropics is usually limited by both N and P, plants growth responses to N enrichment may saturate at relatively low levels (Wright 2019). Thus, the potential for Ninduced C sequestration might be smaller in tropical soils than in temperate soils. Together, these three limitations underline the need for more long-term, multi-factor global changeexperiments on a wider range of ecosystems to study the fate of future soil C stocks.

In summary, our analysis indicates that the response of soil C dynamics to N addition 309 depends on numerous environmental factors and varies strongly between experiments. 310 However, our results suggest that N enrichment increases new soil C stocks substantially. 311 Nitrogen-induced increases in new soil C sequestration are strongest in ecosystems receiving 312 low amounts of N, indicating that the positive effect of N deposition on soil C storage likely 313 diminishes with continuous N enrichment. Furthermore, we found that decomposition of old 314 315 soil C decreased at high N addition levels. Thus, we provide isotopic evidence that N addition stimulates soil C storage both by increasing soil C input and by decreasing decomposition rates. 316 These results suggest that to improve prediction of future soil C storage with N enrichment, 317 318 changes in soil C input and decomposition should both be considered, along with temporal changes in soil N status. 319

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578 Figures







Fig. 1 Results of a meta-analysis on the responses of new soil C stocks, old soil C stocks, total soil C stocks, soil C input proxies and old C respiration to N addition. The number of observations (n) and total number of independent studies included in each analysis are displayed below each bar. Error bars indicate 95% confidence intervals. ** and *** indicate significance at p < 0.01 and p < 0.001, respectively.

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Fig. 2 Model-averaged importance of the predictors of the N-effect on new soil C stocks (a)
and soil C input proxies (b). The importance is based on the sum of Akaike weights derived
from model selection using AICc (Akaike's Information Criteria corrected for small samples)
See Fig. 1 for the number of observations and independent studies used in each analysis.



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Fig. 3 The relationship between control N levels and treatment effects (lnR_N) on new soil C
stocks (a) and the relationship between control N levels and treatment effects (lnR_I) on soil C
input (b). Symbol size represents the weight of each observation in our meta-analysis. See Fig.
1 for the number of observations and independent studies used in each analysis.



Fig. 4 Model-averaged importance of the predictors of the N-effect on old soil C respiration (a)
old soil C stocks (b) and total soil C stocks (c). The importance is based on the sum of Akaike
weights derived from model selection using AICc (Akaike's Information Criteria corrected for
small samples). See Fig. 1 for the number of observations and independent studies used in each
analysis.





Fig. 5 The relationship between N addition levels (ΔN) and treatment effects on old soil C
respiration (lnR_{OR}). Symbol size represents the weight of each observation in our meta-analysis.
The analysis is based on 30 observations, derived from 13 independent studies.





Fig. 6 Results of a meta-analysis on the response of old soil C to N addition (lnR₀), based on a model that includes Control N levels, Δ N and atmospheric CO₂ level as moderators. Intercept represents the lnR₀ for Control N and Δ N at 0 kg N ha⁻¹ yr⁻¹ and atmospheric CO₂ level at 400 ppm. The analysis is based on 92 observations, derived from 17 independent studies. Error bars indicate 95% confidence intervals. **,*** indicate significance at *p* < 0.01 and *p* < 0.001, respectively.

Reference	System/species	Plant type	Duration	Label ^b	New C	C input	Old C	Old C
			in years ^a			proxy ^c	resp.	
Allmaras et al. 2004	Zea mays	Herbaceous	13	C ₃ -C ₄	٠	• (Y)		•
Bicharanloo et al. 2019	Triticum aestivum	Herbaceous	0.33	¹³ C	٠	• (RB)		•
Billes et al. 1993	Triticum aestivum	Herbaceous	0.08	¹⁴ C	٠	• (RB)		
Bushby et al. 1992	Panicurn maximum	Herbaceous	0.24	¹⁴ C	٠	• (RB)		
Butterly et al. 2015	Triticum aestivum / Pisum sativum	Herbaceous	0.46	¹³ C	٠	• (RB)		
Cardon et al. 2001	California grassland	Herbaceous	1.84	C ₃ -C ₄	٠	• (RB)	•	•
Carrillo et al. 2014	Bouteloua gracilis	Herbaceous	0.08	¹³ C			•	
Cheng and Johnson 1998	Triticum aestivum	Herbaceous	0.08	C ₃ -C ₄			•	
Cotrufo and Gorissen 1997	Lolium perenne / Agrostis capillaris/	Herbaceous	0.15	¹⁴ C	•	• (RB)		
	Festuca ovina	101000000		Ŭ	-	()		
Dijkstra et al. 2004	Agropyron repens / Bromus inermis / Koeleria cristata / Poa pratensis / Achillea millefolium / Anemone cylindrica / Asclepias tuberosa/ Solidago rigida /Amorpha canescens / Lespedeza capitata / Lupinus perennis / Petalostemum villosum	Herbaceous	5	¹³ C	•	• (RL)		•
Ge et al. 2015	Oryza sativa	Herbaceous	0.09	¹³ C	•	• (RB)		
Ge et al. 2017	Oryza sativa	Herbaceous	0.05	¹³ C	•	• (RB)		
Gong et al. 2012	Zea mays	Herbaceous	0.24	C ₃ -C ₄	•	• (RB)	•	•
Hagedorn et al. 2003	Fagus sylvatica / Picea abies	Woody	4	¹³ C	•	• (RB)		•
Haile-Mariam et al. 2000	Pinus ponderosa	Woody	0.51	¹³ C	•	• (RB)		

Table 1 Overview of N enrichment experiments included in our meta-analysis; responses that were reported in each study are indicated by '•'.

	Fagus sylvatica / Quercus rober							
Heath et al. 2005	Carpinus betulus /Betual pendula	Woody	1.23	C ₃ -C ₄	•	• (RB)		•
	Abies alba / Pinus Sylvestris							
Hofmann et al. 2009	Zea mays	Herbaceous	36	C ₃ -C ₄	•	• (Y)		•
Hungate et al. 1997	California grassland	Herbaceous	1.51	¹³ C			•	
Kazanski 2017	Bromus inermus / Agropyron repens	Herbaceous	0.29	C ₃ -C ₄	•	• (RB)	•	•
Liljeroth et al. 1990	Triticum aestivum	Herbaceous	0.15	¹⁴ C	•	• (RB)	•	
Liljeroth et al. 1994	Triticum aestivum / Zea mays	Herbaceous	0.16	¹⁴ C	•	• (RB)	•	
Paterson et al. 2008	Lolium perenne	Herbaceous	0.18	¹³ C			•	
Philips et al. 2012	Pinus taeda	Woody	1	¹³ C	•	• (RG)		•
Silveira et al. 2013	Pasnalum notatum / Cunodon dactulon	Herbaceous	2	CarCa	•	• (PB)		
Liu et al. 2017	Paspaium notatum / Cynodon dactylon	Herbaceous	2	03-04	•	• (IVD)		•
Van der Krift et al. 2001	Festuca ovina / Anthoxanthum odoratum /	Herbaceous	0.19	¹⁴ C	•	● (RB)		
	Festuca rubra / Holcus lanatus		0.10	-	-	()		
Van Ginkel et al. 1997	Lolium perenne	Herbaceous	0.21	¹⁴ C	•	• (RB)	•	
Van Kessel et al. 2000	Lolium perenne	Herbaceous	4	C ₃ -C ₄	•	• (RB)		•
Van Groenigen et al. 2003	Lolium perenne / Trifolium repens	Herbaceous	q	¹³ C	•	• (RB)		
Hebeisen et al. 1997	Lonam perenne / mionam repens	Tierbaceous	5	Ũ	•	• (I(D)		•
Ventura et al. 2019	Populus × canadensis Mönch	Woody	2	C ₃ -C ₄	•	• (BNPP)		
Wilts et al. 2004	Zea mays	Herbaceous	30	C ₃ -C ₄	•	• (S)		•
Xu et al. 2018	Triticum aestivum / Lupinus albus	Herbaceous	0.14	C_3-C_4 / ^{13}C			•	
Zhang et al. 2012	Zea mays	Herbaceous	49	C ₃ -C ₄	•	• (Y)		•
Zhou et al. 2020	Lycopersicon esculentum	Herbaceous	0.31	¹³ C	•	• (RB)	•	•

^a Number of years during which the soil in the study received isotopically labeled C input.

 $b^{14}C$ = isotopic labeling by ${}^{14}C$ -CO₂; ${}^{13}C$ = isotopic labeling by ${}^{13}C$ -CO₂; C_3 -C₄ = isotopic labeling by using a shift in C₃ vs. C₄ vegetation.

629 ° RB= root biomass, RG = root growth, RL= root litter, Y = yield, BNPP = belowground net primary productivity, S= stover.