

# PROGRAMME BOOK

International Seminar (Webinar) on the Roles  
of University in Responding to Psychosocial  
Issues in the Community 2020



## ISRUPIC 2020

**Theme:**

Managing Psychosocial Issues During COVID-19  
Pandemic

**16 DECEMBER 2020**

**Organised by:**

*"Kulliyah of Islamic Revealed Knowledge and Human Sciences & Psikologi  
universitas Islam Riau"*

**MESSAGE FROM THE DEAN**  
**KULLIYAH OF ISLAMIC REVEALED KNOWLEDGE AND HUMAN SCIENCES, IIUM**  
**Prof. Dr. Shukran Abdul Rahman**



On behalf of the International Islamic University Malaysia (IIUM), it is my pleasure to welcome you to the International Seminar on the Roles of University in Responding to Psychosocial Issues in the Community or ISRUPIC 2020. I am delighted that we could continue to gather academics from IIUM and Universitas Islam Riau (UIR) for the second time after the successful 1<sup>st</sup> ISRUPIC held at UIR in August 2019. I am pleased to see the close collaboration between IIUM and UIR which main activities are based on common philosophy, missions and objectives, including the commitment to engage the community. This seminar is one of the activities under the planned strategic way forward in developing, changing, improving or empowering the community through the application of knowledge, and extension of services. The two universities have agreed to focus on initiatives that substantiate their roles as Islamic higher learning institutions towards the community, at individual and institutional levels.

It is expected that this seminar will provide a good platform for academics in the two universities to exchange their experiences as well as aspirations; and in turn strategise to work together in identifying and solving community issues through collaborative research, especially in the areas that require interventions on psychosocial issues. It is hoped that ISRUPIC will continue to be an avenue for us to address our roles as academics and university leaders in dealing with psychosocial issues that require our attention and contribution, such as during COVID-19 pandemic. Let us promote ISRUPIC to other institutions, including in other countries, and learn from their academics' community-engaged activities.

I would like to thank the Rectors of IIUM and UIR for their inspiration and supports towards the University-Community Engagement agenda. I am truly grateful to the committee members of ISRUPIC 2020 in Kulliyah of IRKHS, IIUM and Fakultas Psikologi, UIR for their hard work and heightened commitment in making sure the success of the seminar. I also wish to thank the keynote speaker, and all participants who will share their knowledge and expertise in this seminar. May this seminar serve as a platform to discuss our strategies in nurturing community-orientated holistic scholars and students for sustainable futures.

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**MESSAGE FROM THE DEAN  
FACULTY OF PSYCHOLOGY, UNIVERSITAS ISLAM RIAU  
Yanwar Arief, M. Psi., Psikolog**



Assalamu alaikum Wr. Wb.

Alhamdulillah, all praises are only to Allah SWT, who has given extraordinary blessings to us all. Not to forget, we send prayers and greetings to our Prophet, Muhammad SAW.

Finally, we manage to carry out the 2nd ISRUPIC in December 2020. To conduct ISRUPIC this time feels exceptional because we are amid in Covid 19 pandemic. It is a challenge to adapt to new habits, one of which is that we adapt to technology so that this time ISRUPIC is carried out online.

The next challenge is how Islam contributes to handling the COVID-19 pandemic. We believe that Islam is the perfect religion to provide answers or solutions to all problems, including during this pandemic. Alhamdulillah, for the enthusiasm and hard work between the lecturers from the Islamic University of Riau and the International Islamic University of Malaysia, articles on the themes that Islam can provide answers to pandemic problems have been collected. May the insights from this activity can grow our faith in Allah SWT.

Not only ISRUPIC's activity is an annual event, but also a part of the commitment between UIR and IIUM that Islam is a worldview for all activities in our lives. Islam is rahmatan lil alamin, which is a religion that gives mercy to the entire universe. For this reason, this activity will continue to run more perfectly in the following years and involve many universities so that it can have a more significant impact.

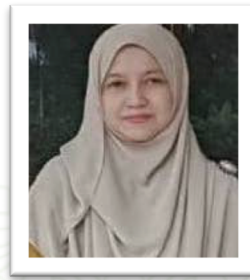
Finally, we from UIR would like to express our deepest gratitude to Prof. Shukron and fellow lecturers from IIUM who have provided encouragement and inspiration for us at UIR. Hopefully, what we do will bring blessings. Amiin.

Hasbunallah Wani'mal Wakil.

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## MESSAGE FROM SEMINAR CHAIR Assoc. Prof. Datin Dr. Aini Maznina A. Manaf



Alhamdulillah, all praise to Allah the Almighty creator of this universe, *salawat* and *salam* upon our beloved Prophet Muhammad S.A.W and His companions. It gives me a great pleasure to welcome you to the second International Seminar on the Roles of University in Responding to Psychosocial Issues in the Community (ISRUPIC 2020).

In March 2020, World Health Organisation (WHO) has officially declared the outbreak of COVID-19 as a global pandemic as the infection rate accelerated in multiple countries concomitantly. As positive cases of COVID-19 have been swiftly increasing, the pandemic has adverse effects on the global socio-economic development especially the developing and least developed countries. The contagious nature of coronavirus pandemic also has rapidly altered people's lifestyle around the world.

The objective of this seminar is twofold. First, to highlight the roles of universities in managing psychosocial issues during COVID-19 pandemic human development among Muslims and their community. Second, to exchange the knowledge and ideas and providing solutions and various approaches taken by the university in dealing with COVID-19.

The first (ISRUPIC 2019) held on 27th August 2019 witnessed a successful collaboration of academics from Malaysia and Indonesia, representing the Kulliyah of Islamic Revealed Knowledge and Human Sciences, International Islamic University Malaysia (IIUM) and the Faculty of Psychology, Riau Islamic University (UIR). This collaborated international seminar becomes a beneficial platform for academics from various disciplines especially behavioural science, social science and Islamic Studies to exchange knowledge and experiences in supporting sustainable social-economic development in the region. The Kulliyah of IRKHS is honoured to be given the mandate to host ISRUPIC 2020 and we would like to welcome you to this international webinar.

This seminar represents the efforts of many people. I would like to express my sincere appreciation and gratitude to all the members of the organising committee from IIUM and UIR who have carried huge responsibility amidst their high workload to ensure the success of this seminar. I hope this seminar would lay a strong foundation for these two higher educational institutions in strengthening the mutually beneficial relationships in academic and research activities. Finally, this seminar would not be possible without the excellent papers contributed by the respective authors. We thank all the authors for their contributions and their participation in ISRUPIC 2020!

Last but not least, the organizing committee hope all of you will have a fruitful discussions and productive time during the webinar.

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## SEMINAR INFORMATION

### Organising Committee

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# INTERNATIONAL WEBINAR ON THE ROLES OF UNIVERSITY IN RESPONDING TO PSYCHOSOCIAL ISSUES IN THE COMMUNITY 2020 ISRUPIC 2020 16 DECEMBER 2020

## “Managing Psychosocial Issues During COVID-19 Pandemic”

### LINKS FOR SEMINAR SESSIONS

Wednesday   16 December 2020		
9:00 – 10:10 a.m.	Opening and keynote address	 <b>YouTube KIRKHS Channel</b> <a href="https://www.youtube.com/channel/UCCYqjOUgVli_oRYA8KzYxRQ">https://www.youtube.com/channel/UCCYqjOUgVli_oRYA8KzYxRQ</a>   <b>Zoom meeting</b> Meeting ID: 998 1646 6157 Passcode: 806684 <a href="https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09">https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09</a>
10:20 – 11:50 a.m.	Parallel Session 1a	 <b>Zoom meeting</b> Meeting ID: 998 1646 6157 Passcode: 806684 <a href="https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09">https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09</a>
10:20 – 11:50 a.m.	Parallel Session 1b	 <b>Zoom meeting</b> Meeting ID: 922 5179 8820 Passcode: 585809 <a href="https://iium.zoom.us/j/92251798820?pwd=cy9QbWRXTStIR1BsUU8wdFhIY1dWZz09">https://iium.zoom.us/j/92251798820?pwd=cy9QbWRXTStIR1BsUU8wdFhIY1dWZz09</a>
12.00 – 1.20 p.m.	Parallel Session 2a	 <b>Zoom meeting</b> Meeting ID: 998 1646 6157 Passcode: 806684 <a href="https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09">https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09</a>
12.00 – 1.20 p.m.	Parallel Session 2b	 <b>Zoom meeting</b> Meeting ID: 922 5179 8820 Passcode: 585809 <a href="https://iium.zoom.us/j/92251798820?pwd=cy9QbWRXTStIR1BsUU8wdFhIY1dWZz09">https://iium.zoom.us/j/92251798820?pwd=cy9QbWRXTStIR1BsUU8wdFhIY1dWZz09</a>
2.30 – 4.00 p.m.	Resolution and closing remarks	 <b>Zoom meeting</b> Meeting ID: 998 1646 6157 Passcode: 806684 <a href="https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09">https://iium.zoom.us/j/99816466157?pwd=aZYa3pJTDhUMG5Tai9iNDFVUFpRZz09</a>

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PSYCHOSOCIAL ISSUES IN THE COMMUNITY 2020  
ISRUPIC 2020  
16 DECEMBER 2020**

**“Managing Psychosocial Issues During COVID-19 Pandemic”**

**PRESENTATIONS**

**PARALLEL SESSION 1a & 1b  
WEDNESDAY | 16 DECEMBER 2020 | 10:20 AM – 11:50 AM**

**PANEL 1a: MANAGING COVID-19 AT THE HIGHER LEARNING INSTITUTION**

**MODERATOR: ZETI AZREEN AHMAD**

A Study on the Role of COVID-19 Task Force in University: Psychological Impact of Pandemic  
Yanwar Arief

Universities Management of Crisis: An Analysis of COVID-19 Pandemic  
Rabi'ah Aminudin

Managing COVID-19 on Campus: What have IIUM learned?  
Zeti Azreen Ahmad

Social Media Use in Managing COVID-19 Pandemic in Higher Educational Institution  
Aini Maznina A.Manaf

**PANEL 1b: THE IMPACT OF COVID-19 ON TEACHING AND LEARNING**

**MODERATOR: HASLINA IBRAHIM**

Managing Teaching and Learning Activities During the Pandemic: The Experience of the  
International Islamic University Malaysia  
Shukran Abdul Rahman

Study of the Effectiveness of E-Learning to Teaching a Students Psychology Undergraduates in  
Universitas Islam Riau Amid COVID-19 Pandemic  
Fikri

The Effectiveness of Dyadic Coping and Reading AlQur'an Overcome Anxieties of Long Distance  
Relationship  
Raihanatu Binqalbi Ruzian, Nilla Listyani, Anisa Salsabilla

Resilience of Foreign Student at Islamic University of Riau During Pandemic COVID-19  
Ahmad Hidayat dan Icha Herawati

COVID-19 Pandemic on Graduates Research progress at the Kulliyah of Islamic Revealed  
Knowledge and Human Sciences  
Haslina Ibrahim

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**PARALLEL SESSION 2a & 2b**  
**WEDNESDAY | DECEMBER 16, 2020 | 12:00 PM – 1:20 PM**

**PANEL 2a: THE EFFECTS OF COVID-19 ON WELLBEING**

**MODERATOR: MOHD NOH ABDUL JALIL**

Positive and Negative Life Span Developmental in Era Digital: Quarterlife Crisis, Mental Health and Life Orientation of Millennials  
Icha Herawati dan Syarifah Farradinna

Occupational Health and Safety for Online Transportation in COVID-19 Pandemic  
Muhammad Rizki Fauji, Robby Fernanda Arifin, Bahril Hidayat

The Psychological Wellbeing of Malaysian Young Adult During COVID-19  
Nazariah Shar'ie bt Janon & Siti Nur Nadiah bt Ahmad Daud

Implementation Overview of Coaching Skill by Managers to Develop Employee's Hard and Soft Skills in Pandemic Era (COVID-19)  
Didik Widianoro dan Wina Diana Sari

Extending Support Services to Students and Community During COVID-19 Pandemic: The Roles of University  
Mohd Noh Abdul Jalil

**PANEL 2b: COVID-19 FROM MULTIPLE PERSPECTIVES**

**MODERATOR: MOHD HELMI MOHD SOBRI**

Historical Perspective on University-Community Relations in Times of Pandemic  
Mohd Helmi Mohd Sobri

Pandemic: Equality, Authority and the Death of Expertise  
Andre dan Sigit Nugroho

Hypnotherapy with Islamic Suggestions to OCD and Depression: The Impact of COVID-19  
Bahril Hidayat dan Yanwar Arief

The Approaches to Deal with COVID-19 Pandemic from the Islamic and Buddhist Perspectives  
Nur Suriya bt Mohd Nor

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3	Raihanatu Binqalbi Ruzian, Nilla Listyani, Anisa Salsabilla	The Effectiveness of Dyadic Coping and Reading AlQur'an Overcome Anxies of Long-Distance Relationship	raihanatu.binqolbi@psy.uir.ac.id
4	Andre dan Sigit Nugroho	Pandemic: Equality, Authority and The Death of Expertise	sigit.nugroho@psy.uir.ac.id
4	Bahril Hidayat dan Yanwar Arief	Hypnotherapy with Islamic Suggestions to OCD and Depression: The Impact of COVID-19	bahrilhidayat@fis.uir.ac.id
6	Muhammad Rizki Fauji, Robby Fernanda Arifin, Bahril Hidayat	Occupational Health and Safety for Online Transportation in COVID-19 Pandemic	bahrilhidayat@fis.uir.ac.id
7	Ahmad Hidayat dan Icha Herawati	Resilience of Foreign Student at Islamic University of Riau During Pandemic COVID-19	ahmadhidayat@psy.uir.ac.id
8	Yanwar Arief	A Study on The Role of COVID-19 Task Force in University: Psychological Impact of Pandemic	yanwar.arief@psy.uir.ac.id
9	Fikri	Study of The Effectiveness of E-Learning to Teaching A Students Psychology Undergraduates in Universitas Islam Riau Amid COVID-19 Pandemic	fikri@psy.uir.ac.id

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11	Zeti Azreen Ahmad	Managing COVID-19 on Campus: What have Iium learned?	azreen@iium.edu.my
12	Aini Maznina A.Manaf	Social Media Use in Managing COVID-19 Pandemic in Higher Educational Institution	maznina@iium.edu.my
13	Shukran Abdul Rahman	Managing Teaching and Learning Activities During the Pandemic: The Experience of the International Islamic University Malaysia	shukran@iium.edu.my
14	Haslina Ibrahim	COVID-19 Pandemic on Graduates Research progress at the Kulliyah of Islamic Revealed Knowledge and Human Sciences	haslina@iium.edu.my
15	Nazariah Shar'ie bt Janon & Siti Nur Nadiyah bt Ahmad Daud	The Psychological Wellbeing of Malaysian Young Adult During COVID-19	nazariah@iium.edu.my
16	Mohd Noh Abdul Jalil	Extending Support Services to Students and Community During COVID-19 Pandemic: The Roles of University	mohdnoh@iium.edu.my
17	Mohd Helmi Mohd Sobri	Historical Perspective on University-Community Relations in Times of Pandemic	mohdhelmi@iium.edu.my
18	Nur Suriya bt Mohd Nor	The Approaches to Deal with COVID-19 Pandemic from the Islamic and Buddhist Perspectives	nursuriya@iium.edu.my

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## POSITIVE AND NEGATIVE LIFE SPAN DEVELOPMENTAL IN ERA DIGITAL: QUARTERLIFE CRISIS, MENTAL HEALTH AND LIFE ORIENTATION OF MILLENNIALS

Icha Herawati<sup>1</sup>, Syarifah Farradina<sup>2</sup>  
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### Abstract

Generation Y or called refers to one generation born from 1980 to 2000. Generation millennials is known as the generation that is influenced by technology and easy life. Ease of access and appropriate development progress makes millennials have certain characteristics that distinguish the intentions and behavioral tendencies with previous generations. Millennials occupy 25.47% of the world's population. This amount is enough to dominate the world population compared to previous generations. The prediction that millennials will take power in all sectors is inevitable. The distinctive characteristic of the millennials generation is in terms of the personality traits formed. There are many positive and negative qualities shared by the Millennials. Millennials are confident, as much of the research supports. This confidence comes from their trust and optimism. Research shows that Millennials rank higher in self-esteem and assertiveness when compared to previous generations at that same age. Millennials have been identified as the most anxious generation in history by new research, including the annual mental health national poll released by the American Psychiatric Association. More than half of millennials are experiencing this period of self-doubt and insecurity that is causing them to question their career paths, relationships, and life choices. In the digital era, millennials showed and posting everything about their life. Social media is the main form of communication and self-expression among Millennials. Millennials are more likely to question everything, have higher expectations of themselves, but are also having trouble fulfilling their career goals. Based on a positive and negative aspect of millennials, researchers are an interesting study about the psychological development of millennials and identify the crisis of life and the positive aspects that are very influential at the stage of development. Participants in this research were Millennials in any sector, culture, country, and gender. The Millennials is someone who born in 1980-2000. This study uses quantitative methods. A booklet containing standardized instructions, Quarterlife Crisis Scale, Mental Health Scale, and Life Orientation Scale tests and demographic profile.

**Keywords:** Mental Health, Life Span, Quarterlife Crisis, Developmental Psychology

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## IMPLEMENTATION OVERVIEW OF COACHING SKILL BY MANAGERS TO DEVELOP EMPLOYEE'S HARD AND SOFT SKILLS

### IN PANDEMIC ERA (COVID – 19)

Didik Widianoro<sup>1</sup>, Wina Diana Sari<sup>2</sup>

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### ABSTRACT

A leader is competent to take coaching as one of the techniques for increasing skills both for the leader itself and the employees. During this pandemic era, every company is required to be able to survive and do strategic things in maintaining their condition. Human resources are one of the issues being special attention for leaders in order to preserve the stability of the company. The appropriate coaching skill in leaders can obtain significant change for the company. Coaching is a tool that will be able to increase employee work motivation and performance. This study was aimed to get an overview of the relationship between coaching, motivation, and performance in the company during the pandemic era (COVID – 19). The method used in this study was a purely descriptive method by conducting interviews with several company leaders (as the main data) and looking for data resources including journals and books related to leadership (as additional data). The leader can use coaching as the main tool for developing leadership skills and also management for helping out employees gain more values and be the potential one, hereafter, developing soft skills and hard skills. It is hoped that leaders are able to provide face to face coaching for creating good employee work skills with the best quality. Coaching can be done in some training to upgrade their skill according to educational development or standardized SOP.

**Keywords:** Employee, Coaching, Manager.

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## THE EFFECTIVENESS OF DYADIC COPING AND READING AL-QURAN OVERCOMING ANXIES OF LONG DISTANCE RELATIONSHIP

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### Abstract

Long distance relationships cause the loss of a partner. This is prone to cause anxiety. anxiety can lead to physical and mental disorders. Dyadic coping, which is an interpersonal coping process that involves both partners in a marriage relationship. Reading al-quran is believed to be able to eliminate mental disorders and has the power to maintain mental health. This research was made to conduct a systematic study of research articles that identify the effectiveness of dyadic coping and reading the holy verses of the Al-Quran in an effort to overcome the anxiety of long distance relationship married couples. This research is a research design used is a literature review with an article analysis research design. The article analysis used in this study was 10 articles. Dyadic coping and reading the holy verses of the Al-Quran were effective in overcoming anxiety of long distance relationship between husband and wife. The result show that Dyadic coping and reading the holy verses of Al-Quran are effective in overcoming anxiety in long distance relationship married couples.

**Keywords:** dyadic coping, reading to the Al-quran, anxiety, long distance relationship.

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## PANDEMIC: EQUALITY, AUTHORITY AND THE DEATH OF EXPERTISE

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This study intends to uncover some hidden realities that exist in modern society, which are revealed along with the emergence of the Covid-19 pandemic. Confusion of information, spreading of hoax; people expressing opinions -even offering solutions- without authority and expertise, have encountered during the outbreak period. Those occur in almost all fields: health, public policy, social, psychology, as well as religion. The pandemic has made us aware that in the era of information overflow, humans are increasingly forgetting, even ignorant of their standing. This is what Tom Nichols (2017) wrote; "how unlimited information is making us dumber". Feeling that they have access to enough information, everyone feels free to speak, free to write anything: about what he knows, what they actually doubts, or even what they doesn't understand at all.

The speed of the internet has also made data misdirection so prevalent. Nichols adopted Sturgeon's law, that 90% of everything (in cyberspace) is trash. In turn, hoaxes, wild assumptions and speculations replace established science. Expertise was denied. The internet also contains emotional games. People can be very violent in debates and differences. It is daily view in todays internet world, to look people defending desperately for an opinion that actually still needs verification. The excessive criticism, flavored ad-hominem and humiliation, have also become daily consumption in our digital world.

But the internet is not the only determinant. Humans have a weakness in their hearts and minds: it is called confirmation bias. Not everyone really likes the truth, most are more interested in justification. People prefer to receive information that confirms exactly what they already believe. So a healthy debate, as well as an argument of data and argument, actually doesn't really work.

Information systems algorithms then provide the fertilizer for these confirmation biases. With certain formulas and calculations, a person will continue to be fed by the internet with homogeneous information that he or she likes, interests and believes. Spilling-over, fanaticism tends to become stregthen. Then, naturally, strong segregation and noisy quarrel that cannot be bridged took place amongst the "netizen".

At the same time, the experts are immersed in the world of their own. They become elite who are so difficult to be socially accessed, and they have crucial problem in form of lack of communication. They use high language which the layman is difficult to understand. Eventually, they are defeated by fake scientists and pseudo-experts. In the end, the original scientific authorities were marginalized and never became a reference. All of their opinions, analyzes and findings become objects of public cynicism.

Korean psychiatrist Heejeong Yoo has an interesting and complementary similar analysis. According to Yoo (2018), political factors also played a role in creating this situation. Cynicism and resentment towards power, especially those adhering to unilateral communication, make people yearn for egalitarianism which led them to the desire to implement "democratization" in all fields.

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Then knowledge and expertise are assessed by indicators of taste. Even scientific truth, if possible, will be determined by voting or by contesting the number of followers. This is the time when the culture of knowledge evaporates. The era in which academic manners disappeared. Humans can no longer measure themselves, instead they feel entitled to respond to all lines and areas of life.

**Keywords:** Pandemic, authority, death of expertise.

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## HYPNOTHERAPY WITH ISLAMIC SUGGESTIONS TO OCD AND DEPRESSION: THE IMPACT OF COVID-19

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### Abstract

The emergence and spread of the COVID-19 pandemic has led to fundamental psychosocial and economic impact through out the world, especially to mental health condition. The pandemic have a significant effect on the mental health of individuals, such as depression and Obsessive–Compulsive Disorder (OCD). This study described the effectivity of hypnotherapy with Islamic suggestion in a strategy that included a client or a subject with Depression and OCD symptoms as the impact from COVID-19 pandemic. A case study was carried out in Pekanbaru, Indonesia. Results showed that Depression and OCD symptoms decrease in different ways and suggested this possible methods for use in future of Islamic Psychotherapy approachment, especially with Hypnotherapy method by using Islamic suggestion in hypnosis process.

**Keywords:** OCD, Depression, Hypnotherapy, Islamic Suggestion, COVID-19, Islamic Psychotherapy, Hypnosis.

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## OCCUPATIONAL HEALTH AND SAFETY FOR ONLINE TRANSPORTATION IN COVID-19 PANDEMIC

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### ABSTRACT

This study was conducted to see the implementation of the Gojek Online Occupational Health and Safety (OHS) online bike during the coronavirus disease (Covid-19) pandemic in Pekanbaru City, and to provide online bike drivers with psychoeducation interventions. Main data collection by observation to see the introduction of occupational health and safety (OHS) of the Gojek online bike and questionnaires to take a look at the results of the interventions. Results from the observations made by 15 drivers indicate that the application of occupational health and safety (OHS) was 59%. The results of the 15-person questionnaire on the benefits of the intervention given are 81%. Therefore, psychoeducation interventions in the form of posters and digital videos are successful and provide advantages in the implementation of online bike occupational health and safety (OHS) Gojek during the pandemic in Pekanbaru City.

**Keywords:** Occupational Health and Safety, Online Bike, Covid-19.

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## RESILIENCE OF FOREIGN STUDENT AT ISLAMIC UNIVERSITY OF RIAU DURING PANDEMIC COVID-19

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The processes and life of Southern Thai (Patani) students at UIR Pekanbaru are limited, lacking, and full of challenges and obstacles in studying in Indonesia. Coupled with the current pandemic period which caused them to be unable to return to their country, and also no new member from Southern Thailand (Patani) who is a new student at the Riau Islamic University This situation made the number of their members drastically reduced. From the initial number of 50 people, now there are only 30 of them. Resilience is the ability to adapt and stand firm in difficult situations. Support from the community is an important factor for Southern Thai (Patani) students in completing their studies at UIR. The study aims to determine how the resilience of Southern Thai (Patani) students during the Covid 19 pandemic. This study uses purposive sampling method and observation and interviews. The results of the study are planned to be a reference for researchers to help Southern Thai (Patani) students survive at the Riau Islamic University during the Covid 19 Pandemic.

**Keywords:** Resilience, social adjustment, foreign student, pandemic Covid 19

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## A STUDY ON THE ROLE OF COVID-19 TASK FORCE IN UNIVERSITY: PSYCHOLOGICAL IMPACT OF PANDEMIC

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Universities formed Task Force to help community deal with COVID-19, including Universitas Islam Riau. Task Force formed by the university has coordinates and oversees the efforts to accelerate the mitigation of coronavirus disease (COVID-19), such as prevent the spread of Covid-19 virus, social assistance and provide systems for identification and solution to users of educational institutions. This study aims to present data by using Library Research method about universities efforts to prevent the spread of COVID-19, the effectivity of social assistance or social aid as the solution for socio-economic impact of COVID-19 on individuals and communities, and the quality of health services within the university. The results of this study show the Task Force in Universitas Islam Riau has carrying out the preventive efforts by providing good sanitation, brochures, spraying disinfectants in the rooms, collecting the number of COVID-19 cases, implementing health protocols, and giving basic needs as social assistance approachment. However, in other aspects, for example aspects of curative strategies for psychological impact still need to be a concern from Universitas Islam Riau to reach the purpose of improving quality of higher education standards.

**Keywords:** Task Force, Psychosocial, Covid-19, Coronavirus, Curative, Psychological Impact, Pandemic.

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## STUDY OF THE EFFECTIVENESS OF E-LEARNING TO TEACHING A STUDENTS PSYCHOLOGY UNDERGRADUATES IN UNIVERSITAS ISLAM RIAU AMID COVID-19 PANDEMIC

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### ABSTRACT

Sudden outbreak of COVID-19 pandemic cause psychological disorders for all people in the world, such as panic, anxiety, stress and depression. Many public sectors have been affected by this pandemic, including the sector of education. One of the impacts of the Covid-19 pandemic is the policy of study from home. The Minister of Education and Culture make a policy for the implementation of online learning start from elementary school to university during the Covid-19 pandemic. this condition was a challenging time for lecturer which was fighting through introduction of e-learning through online classes so as to ensure continuation of teaching-learning process for the psychology students in Universitas Islam Riau. Objectives of this study was to rank the effectiveness and student satisfaction who joint of online classes using psychology e-learning among Psychology students. Methods: this study use online survey study was done on Psychology students. A total of 150 students participated in this study. This online survey was carried out from November 2, 2020, to December 5, 2020, after completion of 5 weeks of e-learning. A set of self-designed questionnaire based on 5-point Likert scale was given to the students, to rank the effectiveness of learning through e-learning and their understanding with the satisfaction level on various parameters. Results: The study result shows that use e-learning were equally effective in five parameters and less effective in the other, such as internet signal, online learning facilities, and the behavior of students. We could make conclusion that basicly students were not much satisfied with this way of teaching but definitely it was the need of the hour.

**Keywords:** e-Learning, COVID-19, Pandemic.

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## SOCIAL MEDIA USE IN MANAGING COVID-19 PANDEMIC IN HIGHER EDUCATIONAL INSTITUTIONS

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### ABSTRACT

It has never in human history that communication travels quickly during pandemic as it hits during coronavirus pandemic. Since its existence in Wuhan, China in December 2019 and later spread to almost all parts of the world, social media play a vital role in disseminating information about it to the public. The rapid spread of misinformation, rumors and fake news via social media and instant messaging creates panic, fear and anxiety among the public. Doubtlessly, a bulk of information about coronavirus disease communicated through this platform has created a great challenge to all parties including higher educational institutions. This situation creates worries among the university staff, students and their parents, hence urging the university's authority to interact with the relevant parties by providing reliable information through appropriate media channels. This study explores how universities use social media in managing and responding to the community including students, staff and their stakeholders during COVID-19 pandemic. Facebook and Twitter of a public university in Malaysia were analysed to identify what and how information is disseminated in response to Covid-19 pandemic.

**Keywords:** Covid-19, Facebook, Social media, Twitter, University

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## THE IMPACT OF COVID19 PANDEMIC ON GRADUATES RESEARCH PROGRESS AT THE KULLIYAH OF ISLAMIC REVEALED KNOWLEDGE AND HUMAN SCIENCES

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### ABSTRACT

Covid19 pandemic had impacted man in many ways beyond the medical setting. The pandemic has trickled into social, political, economic, religion and educational issues when most governments had to resort to ‘state-lockdown’ measure to curb the pandemic from spreading. The measure has proven to be a practical temporary solution. Unfortunately, the lockdown is without its butterfly effect. Many are affected as business trade, administration, education, recreation etc are put at a halt. This paper, therefore, intends to report the findings of a qualitative study conducted on graduate students of the Kulliyah of Islamic Revealed Knowledge and Human Sciences on the effect of Covid19 pandemic to the psychological, cognitive, and behavioural aspect of the graduates and its impact on the graduates’ research progress. The study also intends to unveil the moderating factors that have positively or negatively impacted the graduates’ learning and researching experience during the pandemic. The findings of the study will shed some lights on the needs and the ways of managing graduate studies at the time of crisis.

**Keywords:** Graduate study, research progress, learning and research experience during pandemic, crisis management

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## MANAGING COVID-19 ON CAMPUS: WHAT IIUM LEARNED FROM IT?<sup>1</sup>

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### ABSTRACT

The COVID-19 pandemic has imposed unprecedented impacts to mankind. At the outset, the novel coronavirus has put many countries around the world on lockdown. Since then, the livelihood of the global community has changed 360 degree. The term ‘new norms’ has become a buzz words and touted as a mandatory practice to safeguard life against the pandemic. A severe public health crisis such as COVID-19 has caused a great challenge to life and livelihood. Drawing from a discourse of renewal theory (DRT) this study argues that crisis offers both threat and opportunity. The theory emphasizes on organisational learning from a crisis, thus serves as a turning point for organisation to do better in the future. Managing a public health crisis requires a concerted effort from every layer in society including organisations. The institute of higher learning is not spared in this public health crisis. The university’s crisis management team need to ensure that all preventive measures are in place to keep its internal stakeholders; staffs and students safe. This study aims to examine the response strategy adopted by the International Islamic University Malaysia (IIUM) to protect the internal stakeholders from the lethal virus while continuing with their livelihood. Besides, what the university has learned, ethical communication and future oriented vision of moving beyond the crisis will also sought. This qualitative will provide an evidence-based guideline to the institute of higher learning to develop a better crisis management plan in managing health crisis in the future. The study also hopes to contribute to field of crisis management in dealing with a severe pandemic in the 21<sup>st</sup> century from the discourse of renewal perspective.

**Keywords:** COVID-19, pandemic, institute of higher learning, discourse of renewal, crisis management

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## MANAGING TEACHING AND LEARNING ACTIVITIES DURING COVID 19 PANDEMIC: THE EXPERIENCE OF INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA

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### ABSTRACT

COVID-19 pandemic has severely affected life and livelihood including the activities in education institutions. The paper discusses the measures taken by the Kulliyah of Islamic Revealed Knowledge and Human Sciences in responding to the needs to adjust academic activities among academics and students, namely the teaching and learning related processes. Multiple sources of information, namely memoranda, guidelines, manuals and other related documents issued by the Kulliyah and University on the measures to manage teaching and learning processes during COVID-19 pandemic have been referred. The academic activities have been revised to be conducted in remote teaching and learning processes. A series of training have been conducted to train instructors on the ways to conduct electronically supported digital teaching processes, and the ways to conduct assessment via distance mode. Some of the issues confronting the processes have been identified too. It is expected that the findings will contribute to the literature on scholarship of teaching and learning in certain subject areas; or knowledge of instructional technology at higher learning institution.

**Keywords:** COVID-19 Pandemic, Teaching and Learning Process, remote teaching

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## A HISTORICAL PERSPECTIVE ON UNIVERSITY-COMMUNITY RELATIONS IN TIMES OF PANDEMIC

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### ABSTRACT

In higher education discourse, there is growing emphasis on the need to strengthen university-community relations, and community engagement is increasingly seen as one of the principal roles of university alongside teaching and research. The current Covid-19 pandemic further raises the question of how university could play its role in relation to community in times of crisis and emergency. However, current discussions on this seem to ignore the historical dimension of the problem. Both university and community do not exist in vacuum, rather they reflect the wider historical conditions in which they grow and evolve. Therefore, this paper discusses university-community relations from historical perspective by looking at continuities and changes throughout history in terms of perceptions and expectations between the two parties about each other's roles and responsibilities. It will then explain how far historical changes in the meaning and function of university education had also changed the nature of the relation between university and community. In light of this understanding of university-community relations, this paper further discusses how universities in different times, and in the context of their communities, grappled with and responded to the crisis of epidemics and pandemics.

**Keywords:** university history, pandemic, university roles, town and gown

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## APPROACHES IN DEALING WITH THE IMPACT OF COVID 19: ISLAMIC AND BUDDHIST PERSPECTIVES

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### ABSTRACT

The COVID-19 pandemic has led to a dramatic loss of human life worldwide and presents unexpected challenges to people's livelihood, their health, and their social lives. This pandemic has affected day to day life of thousands of peoples, who are either sick or are being killed due to the spread of this disease. Presently the impacts of COVID-19 in daily life are extensive including healthcare, economic, and social. A study on the Psychological Distress and Coronavirus Fears in the US shows that the COVID-19 pandemic is associated with high levels of psychological distress. Psychological distress is one element of overall mental health status that could be influenced by the pandemic. Other mental health conditions such as depression, anxiety, and grief could also be affected by the pandemic. In dealing with the impacts of the pandemic, both Islam and Buddhism promote several approaches such as acknowledging the fear, understanding our interconnection, accepting grief, and meditation. The aims of this study are (1) to identify the impacts of Covid 19 pandemic on the mental health status and (2) to highlight the Islamic and Buddhist approaches to help people affected by COVID-19 pandemic especially on how to deal with the impacts of the pandemic in their day to day life including the prevention from different psychiatric disorders. A library Research is used as method of this study. The findings indicate that COVID 19 pandemic give impact to mental health conditions such as grief, anxiety, and depression; and there are several approaches to deal with the impacts from both Islamic and Buddhist perspectives.

**Keywords:** Islamic Perspective, Buddhist Perspective, Approaches, Covid-19 pandemic, Psychological distress

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## THE PSYCHOLOGICAL WELL-BEING OF MALAYSIAN YOUNG ADULTS DURING COVID-19

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### ABSTRACT

It is important to maintain our psychological well-being throughout life, especially for young adults. This is a group of individuals that experiences several transitions in life that include entering college, graduating and starting work, from being single to being married, etc. All these changes have created huge challenges for young adults and with the Covid-19 pandemic, it is assumed that the challenges to face the transitions would be harder. However, studies have indicated that young adults who have higher emotional intelligence are more resilient and could maintain their psychological well-being in facing the challenges in their life than those who have lower emotional intelligence. In relation to this, this study attempts to investigate whether young adults' emotional intelligence is associated with their psychological well-being, in particular during the pandemic. A cross-sectional survey design was used and 199 Malaysian young adults were recruited through a convenient sampling method. As the study was carried out during the Covid-19 Movement Control Order (MCO) and Conditional Movement Control Order (CMCO) periods, participants were required to complete a Google survey form that includes measures of emotional intelligence and psychological well-being. The results of Pearson correlation show a significant finding whereby the emotional intelligence negatively correlated with psychological distress,  $r = -0.33$ ,  $N = 199$ ,  $p = .001$ . The findings are discussed in relation to current research in the relevant area and the possible mechanism that has high possibility in increasing adult emotional intelligence and psychological well-being.

**Keywords:** Emotional intelligence, psychological well-being, COVID-19, young adults

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## UNIVERSITIES MANAGEMENT OF CRISIS: AN ANALYSIS OF COVID-19 PANDEMIC

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### ABSTRACT

In December 2019, the World Health Organization (WHO) was alerted with the report on viral pneumonia reported in Wuhan, China. Early January 2020, the Chinese government made an announcement that the viral pneumonia phenomenon reported was caused by a novel coronavirus. The virus has spread globally and has led to more than 63 million cases and almost 2 million deaths around the world. As there is no vaccine to the virus, governments around the world resorted to different approaches in managing the pandemic. Higher learning institutions are not spared from the effects of COVID-19 especially with government policies that lean towards strict borders control, closure of educational institutions, and restriction of public movements around the world including Malaysia. This study explores the effects of government policies in crisis management of COVID-19 and the effects it has on higher learning institutions using a well-defined content analysis. The results show that universities are not well-prepared for a public health crisis that is posed by COVID-19. However, COVID-19 pandemic is a transformation point that pushes universities to adapt to changes posed by COVID-19 such as digitalisation of teaching and learning experiences as well as bureaucratic procedures. The pandemic also shows that universities need to reform their model as higher learning institutions to remain relevant to society.

**Keywords:** Crisis management, higher education, government policies

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## EXTENDING SUPPORT SERVICES TO STUDENTS AND COMMUNITY DURING COVID 19 PANDEMIC: THE ROLES OF UNIVERSITY

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### ABSTRACT

This paper highlights initiatives led by the Office of Student Development and Community Engagement, Kulliyah of Islamic Revealed Knowledge and Human Sciences (KIRKHS), International Islamic University Malaysia (IIUM) in extending support services to students and community during COVID19 pandemic. During the Movement Control Order (MCO) period in Malaysia between March and June 2020, some KIRKHS students at IIUM Gombak campus decided to return to their hometowns while the rest remained at their hostels. Several financial and psycho-social issues involving KIRKHS students have been reported to the Kulliyah management. In response, the Kulliyah has embarked on various initiatives in ensuring the welfare and wellbeing of her students and the community are well-taken care of during such difficult period. This paper analyses measures taken by the Kulliyah management team to address financial and psycho-social issues among KIRKHS students as a result of the period movement control order in Malaysia. Several initiatives have been successfully conducted to assist KIRKHS students who are in campus and at home such as KIRKHS COVID19 donation drive, IIUM Mental Health and Psychosocial Care Team (IMPACT), Online Get-Together session with KIRKHS students and also webinars on the roles of mosque during pandemic times. Some of the initiatives are still going on until today.

**Keywords:** *Students, Community, COVID19, welfare, psycho-social*

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