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Understanding and addressing the mental health of secondary school students in Can Tho City, Vietnam

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Mental health is defined as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.

-WHO-

UNDERSTANDING AND ADDRESSING THE MENTAL HEALTH
OF SECONDARY SCHOOL STUDENTS IN CAN THO CITY, VIETNAM

Nguyen Tan Dat

Understanding and Addressing **THE MENTAL HEALTH OF SECONDARY SCHOOL STUDENTS** in Can Tho City, Vietnam



Nguyen Tan Dat



Dat Tan Nguyen was born in Vinh Long province in 1980. In 1997, he finished high school and started his medical studies at Can Tho University of Medicine and Pharmacy (CTUMP), from 1997 to 2003. After graduating as a general medical doctor, he started working as a lecturer at the Faculty of Public Health, CTUMP. He participated in an internship program of public health, at Hanoi School of Public Health, from Sept 2004 to Sept 2005 and followed by obtaining a Master degree in public health from Queensland University of Technology, Brisbane, Australia, in 2009.