



 **Opin vísindi**

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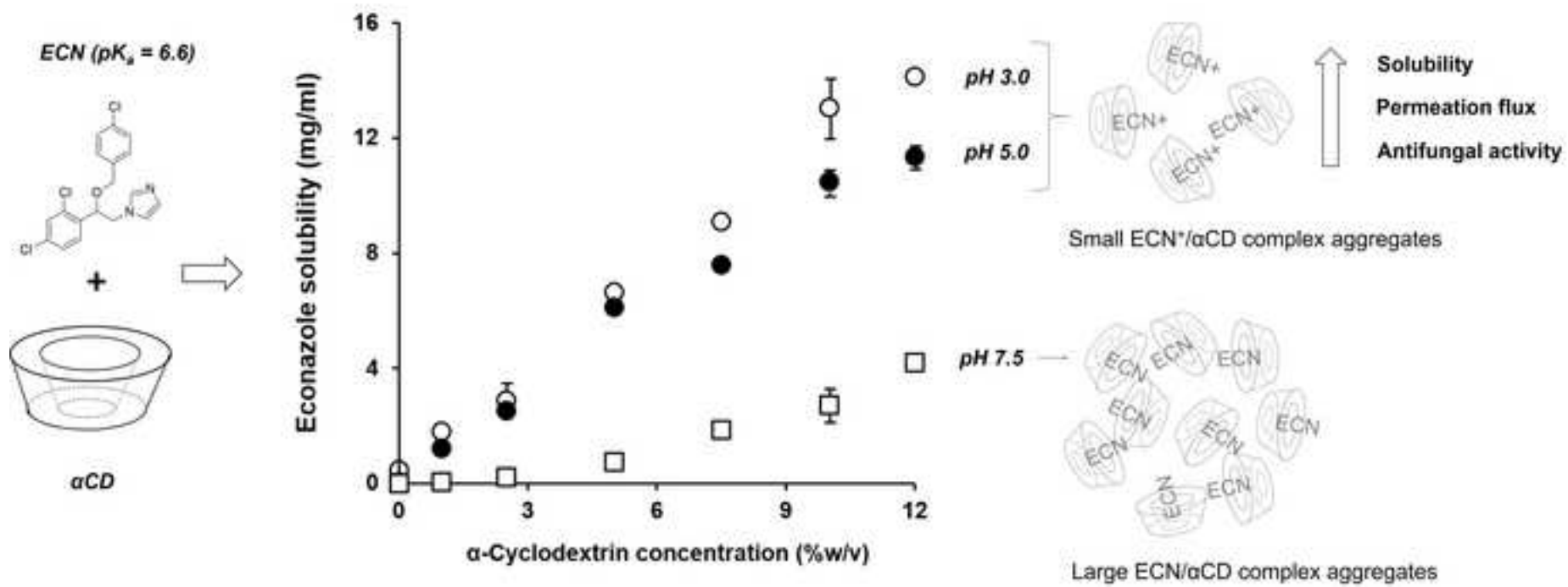
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Abstract: Econazole nitrate (ECN) is a weakly basic drug with very low aqueous solubility that hampers its permeation through biological membranes and results in low ECN bioavailability. Formation of drug/cyclodextrin (drug/CD) inclusion complexes is a formulation technology that can be applied to enhance drug solubility in aqueous media. The aim of this study was to determine the effect of CD complexation and pH adjustments on the ECN solubility. The ECN pH-solubility and ECN/CD phase-solubility profiles were determined. The solubility of ECN in aqueous acidic solutions containing  $\alpha$ -cyclodextrin ( $\alpha$ CD) was relatively high and much higher than in aqueous  $\gamma$ -cyclodextrin ( $\gamma$ CD) solutions under same conditions. The complexation efficiency of the ECN/CD complex was relatively low for the unionized drug. Formation of ECN/CD inclusion complex was verified by proton nuclear magnetic resonance spectroscopy. Formation of ECN/CD complexes enhanced the drug stability during autoclaving.  $\gamma$ CD complexes self-assembled to form nano- and microparticles whereas  $\alpha$ CD complexes had negligible tendency to self-assemble. Formation of CD complex nano- and microparticles was investigated by dynamic light scattering and by drug permeation through semipermeable membranes of different molecular weight cut-off. The largest aggregate fraction was observed for the unionized ECN in aqueous pH 7.5 solution containing high CD concentration, that is 10% (w/v) CD. It was shown that in acidic solutions ECN/ $\alpha$ CD can enhance the antifungal activity to filamentous fungi. This was associated with the increased ECN solubility and increase of readily available ECN molecules in aqueous  $\alpha$ CD solutions.



Phase-solubility profiles of ECN in aqueous solutions containing  $\alpha$ CD

1 **Antifungal Activity of Econazole Nitrate/Cyclodextrin Complex: Effect of pH**  
2 **and Formation of Complex Aggregates**

3

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16

17 **Abstract**

18 Econazole nitrate (ECN) is a weakly basic drug with very low aqueous  
19 solubility that hampers its permeation through biological membranes and results in  
20 low ECN bioavailability. Formation of drug/cyclodextrin (drug/CD) inclusion  
21 complexes is a formulation technology that can be applied to enhance drug solubility  
22 in aqueous media. The aim of this study was to determine the effect of CD  
23 complexation and pH adjustments on the ECN solubility. The ECN pH-solubility and  
24 ECN/CD phase-solubility profiles were determined. The solubility of ECN in aqueous  
25 acidic solutions containing  $\alpha$ -cyclodextrin ( $\alpha$ CD) was relatively high and much higher

26 than in aqueous  $\gamma$ -cyclodextrin ( $\gamma$ CD) solutions under same conditions. The  
27 complexation efficiency of the ECN/CD complex was relatively low for the unionized  
28 drug. Formation of ECN/CD inclusion complex was verified by proton nuclear  
29 magnetic resonance spectroscopy. Formation of ECN/CD complexes enhanced the  
30 drug stability during autoclaving.  $\gamma$ CD complexes self-assembled to form nano- and  
31 microparticles whereas  $\alpha$ CD complexes had negligible tendency to self-assemble.  
32 Formation of CD complex nano- and microparticles was investigated by dynamic  
33 light scattering and by drug permeation through semipermeable membranes of  
34 different molecular weight cut-off. The largest aggregate fraction was observed for  
35 the unionized ECN in aqueous pH 7.5 solution containing high CD concentration,  
36 that is 10% (w/v) CD. It was shown that in acidic solutions ECN/ $\alpha$ CD can enhance  
37 the antifungal activity to filamentous fungi. This was associated with the increased  
38 ECN solubility and increase of readily available ECN molecules in aqueous  $\alpha$ CD  
39 solutions.

40

41 *Keywords:*

42

43 Cyclodextrins

44 Econazole

45 Solubility

46 Complexation

47 Antifungal

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49

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51

## 52 **1. Introduction**

53

54 Various pharmaceutical techniques can be applied to enhance solubility and  
55 permeability of poorly water-soluble drugs, such as pH adjustments, use of  
56 cosolvents, size reduction (e.g. micronization), complexation and formation of solid  
57 dispersions (Kawabata et al., 2011; Khadka et al., 2014). One of the more promising  
58 technologies is drug - cyclodextrin (CD) complexation. CDs are cyclic  
59 oligosaccharides consisting of  $\alpha$ -D-glucopyranose units with hydrophilic outer  
60 surface and somewhat lipophilic central cavity. They increase the aqueous solubility  
61 of hydrophobic drugs through formation of water-soluble inclusion complexes. In  
62 general, uncharged hydrophobic molecules or their moieties, that is molecules that  
63 generally have poor aqueous solubility, have affinity for the CD cavity (Brewster and  
64 Loftsson, 2007; Jansook et al., 2018).

65 Saturated aqueous drug/CD complex solutions frequently contain mixtures of  
66 inclusion and non-inclusion complexes (Loftsson et al., 2004). Both the natural CDs  
67 and their derivatives form CD aggregates. The diameter of the parent CD aggregates  
68 (i.e. of  $\alpha$ CD,  $\beta$ CD and  $\gamma$ CD) have been reported to be between about 200 and 300  
69 nm by dynamic light scattering (DLS) (González-Gaitano et al., 2002). Various  
70 analytical techniques, such as DLS, nuclear magnetic resonance (NMR)  
71 spectroscopy, transmission electron microscopy (TEM) and permeation through  
72 different molecular weight cut-off (MWCO) semipermeable membranes, are  
73 commonly used to detect and characterize the aggregates (Duan et al., 2005;  
74 Jansook et al., 2010a; Messner et al., 2010; Witte and Hoffmann, 1996).

75 Econazole nitrate (ECN) is an imidazole antifungal drug. Its antifungal activity  
76 appears to be associated with disruption of cell membranes (Dyas and Delargy,  
77 1994). Less than 1% of applied dose is absorbed into the general blood circulation  
78 after topical administration and, thus, currently ECN is mainly used to treat skin  
79 infections (Heel et al., 1978; Kalus, 2017). The low aqueous solubility of ECN (<1  
80 mg/ml at 20°C) limits ECN permeation through biological membranes and results in,  
81 for example, low oral bioavailability (Al-Marzouqi et al., 2009; Dyas and Delargy,  
82 1994). Among natural CDs,  $\alpha$ CD has the highest solubilizing effect on ECN whereas  
83  $\gamma$ CD has almost negligible effect (Díaz-Tomé et al., 2018; Mura et al., 1999). Various  
84 methods to enhance the complexing efficacy (CE) have been reviewed (Loftsson  
85 and Brewster, 2012; Loftsson and Duchêne, 2007). For example, ternary drug/CD  
86 complexes with hydroxyl-acids as third component enhanced ECN solubility with  
87 consequent improved drug dissolution (Jug et al., 2014; Mura et al., 2001; Mura et  
88 al., 1999). The entrapment of ECN in chitosan/SBE $\beta$ CD nanoparticles provided  
89 mucoadhesive effect and sustained antifungal activity (Mahmoud et al., 2011).  
90 However, pH adjustments or drug ionization that increases the drug solubility can  
91 result in enhanced CE of ECN/CD complex. The aim of this study was to determine  
92 the effect of pH on the CD solubilization of ECN and thermal stability of ECN, and to  
93 investigate the influence of pH on formation of ECN/CD complex aggregates. The  
94 antifungal activity of the ECN/CD complexes was also evaluated.

95

## 96 **2. Materials and methods**

### 97 *2.1 Materials*

98 Econazole nitrate (ECN) was purchased from Fagron Group (Amsterdam,  
99 Netherlands).  $\alpha$ -Cyclodextrin ( $\alpha$ CD) and  $\gamma$ -cyclodextrin ( $\gamma$ CD) were purchased from

100 Wacker Chemie (Burghausen, Germany), and semi-permeable cellophane  
101 membranes (SpectaPor®, molecular weight cut-off (MWCO) 3500, 6-8000 and 12-  
102 14000 Da) from Spectrum Europe (Breda, Netherlands). All other chemicals used  
103 were of analytical reagent grade purity. Milli-Q (Millipore, USA) water was used for  
104 preparation of all solutions.

105

## 106 *2.2 pH solubility profiles*

107 Excess amount of ECN was added to the unbuffered aqueous pH medium  
108 (pH from 2 to 9) without and with CD (5% w/v  $\alpha$ CD or  $\gamma$ CD). This pH range covered  
109 the ionized and unionized forms of ECN molecules. The desired pH was obtained by  
110 dropwise titration of the medium with concentrated aqueous sodium hydroxide or  
111 hydrochloric acid solutions. The suspension formed was agitated at room  
112 temperature (22-23°C) for 7 days and the pH was readjusted, if necessary. After  
113 equilibration the samples were removed and filtered through 0.45  $\mu$ m nylon  
114 membrane filter. Finally, the filtrate was diluted with a mixture of acetonitrile and  
115 water (30:70 v/v) and the amount of dissolved drug determined by a high-  
116 performance liquid chromatographic (HPLC) method.

117

## 118 *2.3 Thermal stability of econazole*

119 The stability of ECN in aqueous solutions containing 5% (w/v)  $\alpha$ CD or  $\gamma$ CD, as  
120 well as in purified water, was determined by heating in an autoclave (Loftsson et al.,  
121 2005). Heating of an aqueous drug suspension can promote complex formation and  
122 enhance the complexation efficiency (CE) (Loftsson and Brewster, 2012). Excess  
123 amount of ECN was dissolved in the aqueous complexation media and the pH  
124 adjusted with concentrated hydrochloric acid or sodium hydroxide to 3.0, 5.0 or 7.5.



125 The samples were equilibrated at 22-23°C for 24 h under constant agitation. The  
126 supernatant was filtered through 0.45 µm nylon membrane filter. The clear filtrate  
127 was then divided into three sealed vials that were heated in an autoclave for one,  
128 two and three heating cycles, each cycle consisted of heating to 121°C for 20 min.  
129 Then the ECN concentration in the vials was determined by HPLC.

130

#### 131 *2.4 Solubility determinations*

132 Excess amount of ECN was added to aqueous solutions containing from 0 to  
133 12% (w/v) αCD or 0 to 15% (w/v) γCD. The pH of the saturated drug suspensions  
134 formed was adjusted with concentrated hydrochloric acid and sodium hydroxide to  
135 3.0±0.2, 5.0±0.2 or 7.5±0.2 and then heated in an autoclave (121°C for 20 min)  
136 followed by cooling to room temperature (Loftsson et al., 2005). Then a small  
137 amount of solid drug was added to the suspensions to promote drug precipitation.  
138 The suspensions were equilibrated at 22-23°C for 7 days under constant agitation.  
139 The pH was monitored and readjusted if necessary. After equilibrium was attained,  
140 the suspensions were filtered through 0.45 µm syringe filter, the filtrates were diluted  
141 with mixture of acetonitrile and water (70:30 v/v) and analyzed by HPLC. The  
142 determinations were done in triplicate. The apparent stability constants for the  
143 ECN/CD complexes ( $K_{1:1}$  and/or  $K_{1:2}$ ), the CE and the ECN:CD molar ratio were  
144 determined by Eqs.1-3 (Loftsson et al., 2007).

145

$$146 \quad CE = S_0 \cdot K_{1:1} = \frac{\text{Slope}}{1 - \text{Slope}} \quad \text{Eq. 1}$$

147

$$148 \quad [S_t] - [S_o] = K_{1:1}[S_o][CD] + K_{1:1}K_{1:2} [S_o] \quad \text{Eq. 2}$$

149

150 ECN: CD molar ratio =  $\frac{1+CE}{CE}$  Eq. 3

151

152 where  $S_0$  is the ECN solubility in the aqueous complexation media when no CD is  
153 present,  $S_t$  is the total amount of dissolved ECN, slope means the corresponding  
154 slope of the phase-solubility diagrams,  $K_{1:1}$  and  $K_{1:2}$  are the stability constants of the  
155 1:1 and 1:2 inclusion complexes.

## 156 2.5 Quantitative determinations

### 157 2.5.1 Econazole analysis

158 ECN content analysis was performed on an ultra HPLC (UHPLC) component  
159 system Ultimate 3000 Series from Dionex Softron GmbH (Germering, Germany)  
160 consisting of a DGP-3600A pump with a degasser, WPS-3000TLS well plate  
161 sampler, TCC-3100 column compartment, photodiode array detector with  
162 Chromeloen software version 7.2.8 and Phenomenex Luna C18(2) 5  $\mu$ m column  
163 (4.6x150 mm) with C18 security guard cartridge. The HPLC condition was as follows:

164 Mobile phase: 50 mM aqueous ammonium acetate:acetonitrile  
165 (35:65% v/v)

166 Flow rate: 1.0 ml/min

167 Oven temperature: ambient

168 UV detector wavelength: 220 nm

169 Injection volume: 20  $\mu$ l

170 ECN retention: 6 min

171

### 172 2.5.2 $\alpha$ CD and $\gamma$ CD analysis

173 Quantitative determinations of  $\alpha$ CD and  $\gamma$ CD in the samples obtained from  
174 phase solubility studies were performed on a reverse-phase UHPLC. Ultimate 3000

175 series system from Dionex Softron GmbH (Germering, Germany) consisting of LPG-  
176 3400SD pump with a degasser, a WPS-3000 autosampler, a TCC-3100 column  
177 compartment operated at 30°C, and a Corona<sup>TM</sup> ultraRS<sup>TM</sup> CAD. Phenomenex Luna  
178 C18 (150x4.60 mm) 5 μm column with Security Guard (Phenomenex, Cheshire, UK)  
179 were used. Chromeleon<sup>TM</sup>, version 7.2 SR4 chromatography data system (CDS)  
180 software (ThermoScientific) was used to analysis. The mobile phase consisted of  
181 acetonitrile and water (25:75 %v/v), the flow rate was 1.0 ml/min, and the injection  
182 volume was 10 μl.

183

## 184 2.6 <sup>1</sup>H-NMR spectroscopy

185 Solutions of the pure compounds (i.e. ECN, αCD, γCD) and the CD  
186 complexes of 1:1 stoichiometry ( i.e., ECN/αCD and ECN/γCD) were prepared by  
187 dissolving in DMSO-d<sub>6</sub>:D<sub>2</sub>O (90:10 v/v) and equilibrated at 22-23°C under constant  
188 agitation for 24 h. Their spectrum and chemical shift values were recorded by using  
189 a 400 MHz <sup>1</sup>H-NMR spectrometer (BRUKER<sup>TM</sup> model AVANCE III HD, Bruker  
190 Biospin GmbH, Karlsruhe, Germany). The resonance at 2.5000 ppm, due to residual  
191 solvent (DMSO-d<sub>6</sub>), was used as internal reference. <sup>1</sup>H-NMR chemical shift change  
192 ( $\Delta\delta$ ) was calculated as  $\Delta\delta = \delta_{\text{complex}} - \delta_{\text{free}}$ .

193

## 194 2.7 Determinations of ECN/CD complexes aggregates

### 195 2.7.1 Dynamic light scattering (DLS) measurement

196 The particle size of ECN/CD based aggregates in solution was measured by  
197 DLS technique using Nanotracs Wave particle size analyzer (Microtrac Inc.,  
198 Philadelphia, PA). The samples, that is ECN saturated aqueous αCD or γCD  
199 solutions (CD conc. 1, 5 and 10% w/v) of various pH, were placed in the cell holder.

200 The wavelength of the laser beam was set at 780 nm with the scattering angle of  
201 180°. The particle size and percentage of volume were recorded. Each  
202 measurement was conducted at 25 ± 0.5°C and carried out in triplicate. The mass  
203 distribution was calculated, assuming that the particle of the complexes and complex  
204 aggregates are spherical, according to Eq. 4:

$$206 \quad M_i = \frac{A_i / R_i^a}{\sum A_i / R_i^a} \times 100 \quad \text{Eq. 4}$$

207  
208 where  $M_i$  is the mass distribution percentage,  $A_i$  is the intensity area,  $R_i$  is the  
209 hydrodynamic radius of the size population  $i$  and  $a$  is the shape parameter which  
210 equals to 3, assuming the spherical particles (Bonini et al., 2006; González-Gaitano  
211 et al., 2002).

212

### 213 2.7.2 Permeation studies

214 To investigate the effect of pH and CD concentration on the size of ECN/CD  
215 complex aggregates, the *in vitro* ECN permeation from ECN saturated 1, 5 and 10%  
216 (w/v)  $\alpha$ CD and  $\gamma$ CD solutions at pH of 3, 5 and 7.5 through semi-permeable  
217 membranes was studied in a Franz diffusion cell apparatus consisting of a donor  
218 compartment and a receptor compartment (12 ml). The donor and receptor  
219 compartments were separated by the semi-permeable membrane with MWCO 3500,  
220 6-8000 or 12–14,000 Da. The receptor phase consists of 2.5% (w/v)  $\alpha$ CD or  $\gamma$ CD in  
221 pure water. CD was added in the receptor phase to allow for sink condition. Two  
222 milliliters of each sample were placed in the donor compartment. The receptor phase  
223 was kept at ambient temperature (22-23°C) and stirred continuously (300 rpm)  
224 during the experiment. A 150- $\mu$ l aliquot of the receptor medium was withdrawn at 1,

225 2, 3, 4 and 6 h for analysis and replaced immediately by an equal volume of fresh  
226 receptor medium. The ECN content was determined by HPLC and the amount of  
227 drug permeation was calculated. Each sample was done in triplicate. The steady  
228 state flux ( $J$ ) was calculated as the slope of linear plots of the amount of drug in the  
229 receptor chamber ( $q$ ) versus time and the apparent permeation coefficient ( $P_{app}$ )  
230 determined from Eq. 5:

231

$$232 \quad J = \frac{dq}{A \cdot dt} = P_{app} \cdot Cd \quad \text{Eq. 5}$$

233

234 where  $A$  is the surface area of the mounted membrane ( $1.77 \text{ cm}^2$ ) and  $Cd$  is the  
235 concentration of dissolved drug in the donor chamber.

236

### 237 2.8 Antifungal susceptibility test

238 The methods for antifungal susceptibility testing were modified according to  
239 Clinical and Laboratory Standards Institute (CLSI), formerly the National Committee  
240 for Clinical Laboratory Standards (NCCLS) document M27-A3 and M38-A2 of yeasts  
241 and filamentous fungi, respectively (CLSI, 2008a; 2008b). Three isolates fungal  
242 organisms i.e., *Candida albicans* (DMST 15317), *Aspergillus flavus* (13-56-29897)  
243 and *Fusarium solani* (13-61-03470) were tested by broth microdilution assay. Briefly,  
244 the isolated organisms were subcultured onto sabouraud dextrose agar (SDA) slants  
245 and stored as suspensions at 2-8 °C. The suspensions of tested organisms were  
246 diluted with 0.85% saline to the density of  $1 \times 10^6$  -  $5 \times 10^6$  cells/ml. The turbidity of the  
247 supernatant was determined by UV-VIS spectroscopy (Model UV-1601, Shimadzu,  
248 Japan) at a wavelength of 530 nm. The tests were conducted in 96-well culture  
249 plates. Each well was inoculated with 50  $\mu$ l of two-fold dilution inoculum suspension.

250 An aliquot of 50  $\mu$ l of test samples was placed in separate wells in triplicate after  
251 appropriate dilution with the tested media. DMSO and the ECN-free medium were  
252 included as growth control. The plates were incubated at 35 °C for 24 h (*C. albicans*)  
253 and for 96-120 h (*A. flavus* and *F. solani*).

254 Minimum inhibitory concentrations (MICs) were read and defined as the  
255 lowest ECN concentration at which no growth could be observed. After MIC  
256 readings, 10  $\mu$ l aliquots were removed from each growth-negative well and were  
257 spread on SDA petri dishes. The plates were incubated in 35°C, and the fungal  
258 colonies grown were counted after 2 days and approximately 4-7 days of incubation  
259 for yeast and filamentous fungi, respectively. The minimum fungicidal concentrations  
260 (MFCs) were defined as the lowest drug concentration from which no colonies were  
261 visible on the agar plate.

262

### 263 **3. Results and discussion**

264

#### 265 *3.1 pH solubility profiles*

266 The pH solubility profiles of ECN in aqueous solutions without and with CD  
267 (5% w/v  $\alpha$ CD or  $\gamma$ CD) are shown in Fig. 1. The desired pH of the aqueous solutions  
268 was adjusted with diluted hydrochloric acid or sodium hydroxide. The aqueous  
269 solubility of ECN is less than 1 mg/ml (Abd El-Gawad et al., 2017; Pedersen et al.,  
270 1993). ECN has  $pK_a$  of 6.6. At pH ranging from 2 to 5, ECN molecules are  
271 protonated and somewhat soluble in water. In contrast, at pH above 7.5 the ECN  
272 molecules are mainly in their unionized form and very poorly soluble in water (Fig. 2).  
273 Addition of CD increases the ECN solubility.  $\alpha$ CD is a better solubilizer of ECN than  
274  $\gamma$ CD. ECN had affinity to  $\alpha$ CD resulting in significantly enhanced ECN solubility

275 through formation of water-soluble ECN/ $\alpha$ CD complex. It has been reported that  $\alpha$ CD  
276 is the best CD solubilizer for ECN of all CDs tested (Díaz-Tomé et al., 2018; Mura et  
277 al., 2001). To evaluate the effect of pH on CD complexation with ECN, the pH of  
278 solutions i.e., 3.0, 5.0 and 7.5 were selected for further studies. Of these the pH,  
279 ECN molecules exhibit fully ionized, partially ionized and unionized forms,  
280 respectively.

281

### 282 *3.2 Thermal stability of econazole on cycles of autoclaving*

283

284 The thermal stability of ECN in aqueous solutions without and with CD ( $\alpha$ CD  
285 or  $\gamma$ CD, 5% w/v) at the pH 3, 5 and 7.5 was determined by heating in an autoclave  
286 (each heating cycle: 121°C for 20 min). Table 1 shows the drug remaining in the  
287 complexation media after zero to three cycles of autoclaving. The drug content at pH  
288 3 with and without CD did not decrease upon heating for up to 3 cycles. At pH 5, the  
289 drug concentration in pure water or aqueous solution containing 5% w/v  $\gamma$ CD  
290 decreased after heating for 2 cycles while it was stable in aqueous solutions  
291 containing  $\alpha$ CD. However, upon increasing the pH to 7.5 the drug degraded rapidly  
292 in the  $\alpha$ CD solution or from 5% to 18% after 1 to 3 cycles of autoclaving. The ECN  
293 content after heating for 3 cycles was significantly decreased when compared to that  
294 of no autoclaving ( $P<0.05$ ). The protonated drug is thermally stable while the  
295 unionized drug is somewhat unstable. The degradation products of ECN would be  
296 produced by hydrolysis of the ether linkage in parent ECN molecule (Dyas and  
297 Delargy, 1994). Baker et al. (2016) have found the degradation product of ECN after  
298 heating with 5% hydrogen peroxide at 90 °C for 2 h. CD can insulate labile  
299 compounds from the environment to prevent drug hydrolysis and oxidation; for

300 examples, doxorubicin, aspirin and  $\beta$ -lactam antibiotics (Loftsson and Brewster,  
301 1996; Popielec et al., 2016). The stabilizing effect of CD depends on the type and  
302 concentration of CD, the degree of the complex formation and the rate of  
303 degradation within the complex (Loftsson et al., 2005). In this case, addition of  $\alpha$ CD  
304 may shield the ECN molecules by encapsulating them against the hydrolysis  
305 degradation process.

306

### 307 3.3 Solubility determinations

308 The phase solubility diagrams of ECN in  $\alpha$ CD solutions were of type A (Fig.  
309 3a) while their diagrams in  $\gamma$ CD solutions were of  $B_s$ -type (Fig. 3b) according to  
310 Higuchi-Connor classification system (Higuchi and Connors, 1965). At the pH lower  
311 than the  $pK_a$  value (i.e., pH 3.0 and 5.0), the ECN/ $\alpha$ CD phase solubility diagram is of  
312  $A_N$ -type. However, the stoichiometry of the ECN/ $\alpha$ CD complex formed is 1:1. In  
313 other words, one ECN molecule forms a complex with one  $\alpha$ CD molecule. At pH  
314 higher than the  $pK_a$ , the unionized form of ECN forms second or higher order  
315 complexes with  $\alpha$ CD and  $A_P$ -type phase solubility diagram is observed. In case of  
316  $\gamma$ CD, the drug solubility was increased with increasing  $\gamma$ CD concentration with a  
317 maximum solubility at 3% (w/v)  $\gamma$ CD at pH 3 and 1% w/v  $\gamma$ CD at pH 5, with a  
318 following decreased solubility at higher  $\gamma$ CD concentrations. It indicates that the ECN  
319 forms complexes and complex aggregates with  $\gamma$ CD which have limited solubility in  
320 aqueous solutions. At pH 7.5 the solubility of the ECN/ $\gamma$ CD complex was below the  
321 limit of quantitation (LOQ). Table 2 shows the apparent stability constants ( $K_{1:1}$  and  
322  $K_{1:2}$ ), the complexation efficiency (CE) which was calculated from the slopes of the  
323 initial linear sections of the diagrams, and the molar ratio (ECN:CD). The determined  
324 intrinsic solubilities of ECN at the pH of 3 were 10 and 1000 times higher than at pH



325 of 5 and 7.5, respectively. ECN is a weak base and, thus the protonized form is  
326 somewhat more soluble in water than the unionized form. Regarding to apparent  
327 stability constant (K), ECN had stronger binding affinity to  $\alpha$ CD. The strong  
328 association is probably due to fit of ECN molecule into CD cavity. The number of  
329  $\alpha$ CD and  $\gamma$ CD molecules needed to solubilize one ECN molecule (i.e. the molar  
330 ratio) was calculated from the CE values. The commercial 1% (w/w) econazole  
331 cream contains 10 mg of econazole nitrate per one gram. The results show that it is  
332 possible to develop aqueous econazole hydrogel containing CD at low pH (pH 3 or  
333 5) by including 80-100 mg of  $\alpha$ CD or 140-280 mg of  $\gamma$ CD per one gram hydrogel but  
334 at pH 7.5 about 550 mg  $\alpha$ CD/gram will be needed to solubilize ECN which is not  
335 practical.

336

### 337 *3.4 Quantitative analysis of $\alpha$ CD and $\gamma$ CD*

338 The presence of ECN decreased the aqueous solubility of  $\gamma$ CD while ECN  
339 has negligible effect on the  $\alpha$ CD solubility (Fig. 4). According to the phase-solubility  
340 profiles, precipitation of the ECN/ $\gamma$ CD complexes resulted in limited ECN solubility at  
341 elevated  $\gamma$ CD concentrations. If formation of 1:1 ECN/ $\gamma$ CD complex is assumed, the  
342 number of  $\gamma$ CD molecules in the saturated aqueous ECN solutions should be  
343 proportional to the ECN solubility profiles. However, it was found that the observed  
344  $\gamma$ CD solubility did slightly deviated from the theoretical values (Fig. 4b). This might  
345 indicate that  $\gamma$ CD self-aggregates at elevated  $\gamma$ CD concentrations. This self-  
346 aggregation strongly affected the ECN solubility. The observations were in  
347 accordance with previous reports (Jansook et al., 2010b; Messner et al., 2011). The  
348 media pH did not have any significant effect on the CD solubility in saturated ECN  
349 solutions.

350

### 351 3.5 <sup>1</sup>H-NMR analysis

352 <sup>1</sup>H-NMR chemical shifts of αCD and γCD are summarized in Table 3. The H3  
353 and H5 protons of the glucose units are facing the interior of the lipophilic CD cavity.  
354 The changes in <sup>1</sup>H-chemical shifts ( $\Delta\delta$ ) of the H3 proton of αCD and γCD in the  
355 presence of ECN were -0.176 and -0.064, respectively, displaying significant upfield  
356 shift, while the H5 proton of both CDs exhibited insignificant chemical shift (i.e.  
357 +0.028 and -0.027 for αCD and γCD, respectively). The  $\Delta\delta^*$  of the H3 proton was  
358 higher than that of the H5 proton indicating the partial inclusion of ECN into the CD  
359 cavity (Greatbanks and Pickford, 1987). In comparison, the lipophilic moiety of ECN  
360 was more efficiently **inserted** into αCD cavity than **into** that of γCD. This observation  
361 supported the obtained phase solubility data and the fact that αCD is **better**  
362 solubilizer of ECN than γCD. The results are consistent with the 1D and 2D NMR  
363 data obtained by Díaz-Tomé et al. (Díaz-Tomé et al., 2018). They suggested that the  
364 imidazole ring of ECN was included into the CD cavity.

365

### 366 3.6 Determinations of ECN/CD complexes aggregates

367 Table 4 shows the size and size distribution data of ECN/CD complexes in  
368 aqueous solutions at different pH. The particle size distributions varied, ranging from  
369 mono-, bi- to trimodal distribution. In most cases, no complex aggregates were seen  
370 in the saturated ECN aqueous solutions containing 1% w/v CD. In most cases, small  
371 and large aggregates were observed when the CD concentration was increased to  
372 5% and 10% w/v. The influence of pH on the ECN/CD complex aggregation was also  
373 examined. It was noticed that the aggregate size and the size distribution increased  
374 with increasing pH. This was probably due to ECN protonation at low pH and the

375 consequent charge-charge repulsion. Especially, at the pH 3 there was insignificant  
376 difference among CD concentrations in the tendency to form aggregates. In other  
377 words, the unionized ECN/CD complex present at high pH has greater tendency to  
378 self-association to form complex aggregates than complexes of the ionized drug.

379 Permeation of drug through semi-permeable membranes of different MWCO  
380 can be used to observe aggregation of drug/CD complexes (Messner et al., 2010).  
381 According to the phase solubility profiles, the stoichiometry of ECN/CD complex can  
382 be assumed to be 1:1. Thus, the ECN/ $\alpha$ CD 1:1 complex dimers, tetramers and  
383 octamers can pass through semipermeable membranes of MWCO 3500, 6-8000 and  
384 12-14000 Da, respectively.  $\gamma$ CD has higher MW and hence, the 1:1 ECN/ $\gamma$ CD  
385 complex monomers, trimers and hexamers able to permeate these membranes,  
386 respectively. Figure 5 displays the flux and the  $P_{app}$  of ECN from ECN saturated  
387 aqueous CD solutions at various pH. As expected, both ECN permeation flux and  
388  $P_{app}$  increased with increasing membrane MWCO. Also, the aggregate formation and  
389 their size increase with increasing CD concentration. The ECN flux from aqueous  
390 ECN saturated  $\alpha$ CD solutions was higher in all cases than from comparable  $\gamma$ CD  
391 solutions due to the higher ECN  $C_d$  in the  $\alpha$ CD complexing medium. In case of ECN  
392 in saturated aqueous  $\alpha$ CD solutions, the flux of ECN from ECN saturated  $\alpha$ CD  
393 solutions did not increase proportionally with increasing  $\alpha$ CD concentrations as  
394 would be expected from the observed A-type phase solubility profile. This shows that  
395 at higher  $\alpha$ CD concentrations the solubilized ECN was partly present in soluble  
396 aggregates that could not permeate the membrane. The ratio of the flux of ECN  
397 permeated through the incremental MWCO values (i.e., 6-8 kDa/3.5 kDa and 12-14  
398 kDa/3.5 kDa) are shown in Table 5. The fraction of small ECN/CD complex  
399 aggregates (i.e., tetramers to dimers and trimers to monomers in case of  $\alpha$ CD and

400  $\gamma$ CD, respectively) increased with increasing CD concentrations. At pH 7.5 the small  
401 aggregates were predominant. Especially, the highest fraction of small aggregates  
402 (3-times higher) was observed in 10%  $\alpha$ CD solution saturated with ECN (Table 5). In  
403 other words, the decreased ability to form ECN/CD complex aggregates at low pH  
404 (i.e. pH 3 and 5) was most probably due to the repulsion force between positively  
405 charged protonated ECN. This result was confirmed by the DLS data. In all cases,  
406 formation of ECN/ $\gamma$ CD complex aggregates was less than in the case of  $\alpha$ CD.  
407 Normally, in aqueous solutions  $\gamma$ CD tends to self-aggregate at high  $\gamma$ CD  
408 concentrations (Jansook et al., 2010b; Saokham and Loftsson, 2017). This  
409 phenomenon may hamper formation of ECN/ $\gamma$ CD complexes and solubilization of  
410 ECN through formation of water-soluble complex aggregates. Thus, the saturated  
411 aqueous solutions containing complexes aggregates of ECN/ $\alpha$ CD were selected to  
412 evaluate the antifungal activity.

413

### 414 *3.7 Antifungal susceptibility test*

415 The MICs and MFCs of ECN in saturated aqueous  $\alpha$ CD solutions at pH 3 and  
416 5 against *C. albicans*, *A. flavus* and *F. solani* were obtained by broth microdilution  
417 technique (Table 6). ECN solubilized in aqueous  $\alpha$ CD solutions had MIC and MFC  
418 ranging between 5-45  $\mu$ g/ml and 0.7-11  $\mu$ g/ml against *C. albicans* and filamentous  
419 fungi i.e., *A. flavus* and *F. solani*, respectively. Aqueous 10% w/v  $\alpha$ CD solution  
420 saturated with ECN inhibited the growth of tested pathogenic fungi at the same ECN  
421 concentration or less than solutions without  $\alpha$ CD. ECN/ $\alpha$ CD solutions at pH 3 and 5  
422 did not display significantly different antimycolytic activity. In comparison to the  
423 uncomplexed ECN, the ECN/ $\alpha$ CD inclusion complex showed higher fungicidal  
424 activity especially against *A. flavus* (MFC 0.7  $\mu$ g/ml) followed by *F. solani* (MFC 11.0

425 µg/ml) while the CD complex did not enhance the antifungal activity of ECN against  
426 *C. albicans* (MFC ~44 µg/ml). The effect of pH on *in vitro* susceptibility of *C. glabrata*  
427 and *C. albicans* was investigated by Danby et al. (2012). It was found that *C.*  
428 *albicans* strains had reduced susceptibility to azole antifungal agents at pH 4.  
429 However, the exact mechanism of the pH induced reduction of the antifungal activity  
430 has not been established.

431 Schär et al. (1976) reported that ECN was more active against filamentous  
432 fungi such as *Aspergillus* and *Rhizopus spp.* The results indicated that the CD  
433 complexation could improve antifungal activity in terms of both MIC and MFC to  
434 filamentous fungi. Gao et al. (2019) summarized that the inclusion complex of CD  
435 and chlorothalonil had better fungicidal activity than original chlorothalonil. Thus,  
436 ECN/αCD complex is a potential therapeutic alternative that can be further  
437 developed to pharmaceutical preparation for the treatment of infectious diseases  
438 (Díaz-Tomé et al., 2018; Jacobsen et al., 1999).

439 In general, the ECN concentration must exceed the MIC in the epidermis and  
440 as deep as the middle region of the dermis for dermatophytes. Due to their size and  
441 hydrophilicity, CDs are not able to penetrate biological membranes. CDs enhance  
442 topical drug delivery by increasing the drug availability at the barrier surface and can  
443 only enhance topical drug delivery in the presence of water (Loftsson and Masson,  
444 2001). In addition, the CD complex aggregates may hamper the drug permeability  
445 through the lipophilic membrane. To overcome the difficulties, ECN/CD can be  
446 incorporated into hydrogel contained water-rich structure or lipid nanoparticles; for  
447 example, liposome is possible to enhance the topical drug permeation (Chen et al.,  
448 2014).

449

#### 450 **4. Conclusions**

451           The very low aqueous solubility of ECN is the main obstacle in ECN product  
452 development. CD complexation with pH adjustments can improve the ECN solubility.  
453 ECN has relatively high affinity to the  $\alpha$ CD cavity, especially in acidic solutions.  $\alpha$ CD  
454 can enhance the ECN solubility in aqueous solutions and increase the thermal  
455 stability of ECN.  $\gamma$ CD cavity is too large to give a good fit with ENC molecule and  
456  $\gamma$ CD and its complexes have higher tendency to self-associate to form aggregates  
457 that limits the ECN solubility. The enhanced ECN solubility might be due to CD  
458 complex aggregates formation which was observed by DLS and permeation studies.  
459 At pH 3 and 5 the ECN saturated aqueous  $\alpha$ CD solutions had antifungal activity  
460 against the tested filamentous fungi. The results show that  $\alpha$ CD complexation can  
461 improve antifungal activity of ECN.

462

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464

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632

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

### Authors' contributions

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Name	Location	Role	Contribution
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### CRedit author statement

**Phatsawee Jansook:** Conceptualization, Methodology, Investigation, Writing-Original draft preparation.; **Manisha Prajapati:** Resources; Investigation.; **Patamaporn Pruksakorn:** Resources; Investigation.; **Thorsteinn Loftsson:** Supervision; Writing - Review & Editing; Funding acquisition.

## TABLE LEGENDS

- Table 1.** Econazole content in aqueous solution with and without 5% w/v CD at different pH after zero to three cycles of autoclaving.
- Table 2.** The values of the apparent stability constants (i.e.  $K_{1:1}$  and  $K_{1:2}$ ) and the complexation efficiency (CE) of econazole/CD complexes in aqueous CD solutions with different pH at 22-23°C.
- Table 3.** The  $^1\text{H}$ -chemical shifts of  $\alpha\text{CD}$  or  $\gamma\text{CD}$  alone and in the presence of econazole.
- Table 4.** The DLS results of aqueous solution of ECN saturated in aqueous CD solutions at  $25^\circ\text{C}\pm 0.5^\circ\text{C}$ . Data reported as the means of three determinations, the hydrodynamic diameter ( $d$ ), intensity area (%A) and, mass distribution (%M). The samples were filtered through 0.45  $\mu\text{m}$  membrane filter prior to analysis.
- Table 5.** The fraction of size population at different cyclodextrin solutions containing saturated econazole which pass through the various MWCO of semipermeable membranes.
- Table 6.** *In vitro* activities of saturated aqueous ECN/ $\alpha\text{CD}$  solutions in different pH against important medical fungi (Mean, n=3).



**Table 1** Econazole content in aqueous solution with and without 5% w/v CD at different pH after zero to three cycles of autoclaving.<sup>a</sup>

Sample	ECN content (mg/ml) (Mean $\pm$ S.D.)			
	0 cycle	1 cycle	2 cycles	3 cycles
<i>No CD</i>				
pH 3	0.402 $\pm$ 0.039	0.395 $\pm$ 0.039	0.396 $\pm$ 0.039	0.402 $\pm$ 0.042
pH 5	0.160 $\pm$ 0.034	0.159 $\pm$ 0.046	0.136 $\pm$ 0.041	0.127 $\pm$ 0.042
pH 7.5	<sub>-b</sub>	<sub>-b</sub>	<sub>-b</sub>	<sub>-b</sub>
<i>5% w/v <math>\alpha</math>CD</i>				
pH 3	2.824 $\pm$ 0.120	2.933 $\pm$ 0.108	3.019 $\pm$ 0.064	3.000 $\pm$ 0.057
pH 5	2.072 $\pm$ 0.080	2.036 $\pm$ 0.099	2.101 $\pm$ 0.056	2.099 $\pm$ 0.063
pH 7.5	0.342 $\pm$ 0.009 <sup>c</sup>	0.325 $\pm$ 0.016	0.285 $\pm$ 0.035	0.279 $\pm$ 0.024 <sup>c</sup>
<i>5% w/v <math>\gamma</math>CD</i>				
pH 3	0.759 $\pm$ 0.021	0.761 $\pm$ 0.015	0.761 $\pm$ 0.033	0.772 $\pm$ 0.022
pH 5	0.108 $\pm$ 0.008	0.106 $\pm$ 0.011	0.094 $\pm$ 0.064	0.089 $\pm$ 0.018
pH 7.5	<sub>-b</sub>	<sub>-b</sub>	<sub>-b</sub>	<sub>-b</sub>

<sup>a</sup>Each cycle consisted of heating to 121°C for 20 minutes.

<sup>b</sup>Could not determined (ECN conc. below LOQ).

<sup>c</sup> $P < 0.05$ .  $P < 0.05$  was considered statistically significant between 3 cycles of autoclaving and no cycle of autoclaving.

**Table 2** The values of the apparent stability constants (i.e.  $K_{1:1}$  and  $K_{1:2}$ ) and the complexation efficiency (CE) of econazole/CD complexes in aqueous CD solutions with different pH at 22-23°C.

Cyclodextrin	pH	$S_0$ (mM)	Type	$K_{1:1}$ ( $M^{-1}$ )	$K_{1:2}$ ( $M^{-1}$ )	CE	Molar ratio
$\alpha$ CD	3	1.05	$A_L$	354.5	-	0.371	1:4
	5	$1.13 \times 10^{-1}$	$A_L$	2597.5	-	0.293	1:5
	7.5	$1.11 \times 10^{-3}$	$A_p$	870.2	15.0	0.041 <sup>a</sup>	1:25
$\gamma$ CD	3	1.05	$B_s$	246.7	-	0.258 <sup>a</sup>	1:5
	5	$1.13 \times 10^{-1}$	$B_s$	1032.8	-	0.117 <sup>a</sup>	1:10
	7.5	$1.11 \times 10^{-3}$	- <sup>b</sup>	- <sup>b</sup>	- <sup>b</sup>	- <sup>b</sup>	- <sup>b</sup>

<sup>a</sup>Obtained from the initial linear part of the phase-solubility diagram.

<sup>b</sup>Could not determined (ECN conc. below LOQ).

**Table 3.** The <sup>1</sup>H-chemical shifts of αCD or γCD alone and in the presence of econazole

Protons	CD	ECN/CD	Δδ*
<i>αCD</i>			
H1	4.984	4.955	- 0.029
H2	3.563	3.546	- 0.017
H3	3.895	3.719	- 0.176
H4	3.515	3.496	- 0.019
H5	3.794	3.822	+0.028
<i>γCD</i>			
H1	5.043	5.016	- 0.027
H2	3.572	3.581	+0.009
H3	3.835	3.771	- 0.064
H4	3.491	3.504	+0.013
H5	3.781	3.745	- 0.027

$$\Delta\bar{\delta}^* = \bar{\delta}_{\text{complex}} - \bar{\delta}_{\text{free}}$$

**Table 4.** The DLS results of aqueous solution of ECN saturated in aqueous CD solutions at 25°C±0.5°C. Data reported as the means of three determinations, the hydrodynamic diameter (*d*), intensity area (%A) and, mass distribution (%M). The samples were filtered through 0.45 μm membrane filter prior to analysis.

Sample	pH	Peak summary		
		<i>d</i> (nm)	%A	%M
<i>α</i> CD(%w/v)				
1	3	1.07±0.04	100	100
5		1.07±0.08	100	100
10		1.05±0.12	79.93	97.78
		2.35±0.97	20.07	2.22
1	5	1.00±0.01	100	100
5		0.97±0.01	100	95.99
		1.64±1.43	78.47	4.01
		334.03±6.13	15.77	-
10		0.97±0.02	81.00	98.37
		2.04±0.41	12.40	1.63
		464.37±157.83	6.60	-
1	7.5	1.05±0.01	100	100
5		0.96±0.02	67.37	100
		239.70±47.23	3.20	-
		518.33±87.65	29.43	-
10		0.96±0.01	51.20	96.14
		1.83±0.79	13.57	3.66
		4.83±1.49	13.67	0.20
		303.90±55.18	21.57	-
<i>γ</i> CD (%w/v)				
1	3	1.28±0.07	100	100
5		1.15±0.11	100	100
10		1.00±0.03	97.03	100
		390.93±111.97	2.97	-
1	5	1.01±0.02	98.53	99.66
		1.66±0.63	1.48	0.34
5		1.15±0.06	91.97	98.64
		2.13±0.38	8.03	1.36
10		1.20±0.02	47.71	95.38
		2.24±0.67	14.97	4.62
		335.63±42.25	37.32	-

**Table 5.** The fraction of size population at different cyclodextrin solutions containing saturated econazole which pass through the various MWCO of semipermeable membranes.

MWCO (kDa)	αCD conc. (%w/v)			γCD conc. (%w/v)		
	1	5	10	1	5	10
<i>pH 3</i>						
(6-8)/3.5	1.37	1.45	1.75	1.19	1.34	1.38
(12-14)/3.5	1.86	2.90	2.61	1.47	1.62	1.93
<i>pH 5</i>						
(6-8)/3.5	1.37	1.41	1.51	1.01	1.06	1.10
(12-14)/3.5	1.55	2.56	2.64	0.53	0.16	0.28
<i>pH 7.5</i>						
(6-8)/3.5	1.54	1.70	1.98	-	-	-
(12-14)/3.5	2.03	2.14	3.05	-	-	-

**Table 6.** *In vitro* activities of saturated aqueous ECN/ $\alpha$ CD solutions in different pH against important medical fungi (Mean, n=3).

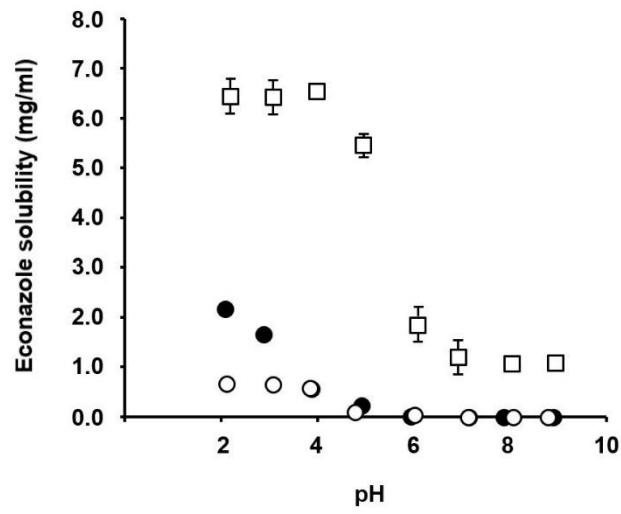
Samples	<i>C. albicans</i>		<i>A. flavus</i>		<i>F. solani</i>	
	MIC	MFC	MIC	MFC	MIC	MFC
ECN	5.0	20.0	1.25	1.25	5.0	20.0
ECN/ $\alpha$ CD, pH 3	5.5	43.8	0.7*	0.7*	5.5	11.0*
ECN/ $\alpha$ CD, pH 5	5.7	45.5	0.7*	0.7*	5.7	11.0*

<sup>a</sup> ECN: econazole nitrate; ECN/ $\alpha$ CD: saturated ECN in aqueous solution containing 10% w/v  $\alpha$ CD

<sup>b</sup> MIC, MFC ( $\mu$ g/ml); \* more effective than ECN itself when half strength was given.

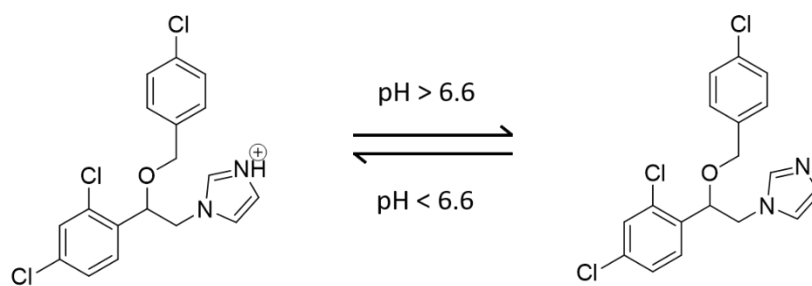
## LIST OF FIGURES

- Fig. 1.** The pH-solubility profiles of econazole in pure water and in aqueous solutions containing 5% w/v  $\alpha$ CD or  $\gamma$ CD at 22-23°C; pure water ( $\circ$ ),  $\alpha$ CD ( $\square$ ),  $\gamma$ CD ( $\bullet$ ).
- Fig. 2.** The unionized and ionized form of econazole,  $pK_a = 6.6$ .
- Fig. 3.** Phase-solubility profiles of econazole in aqueous solutions containing  $\alpha$ CD (a) or  $\gamma$ CD (b) at different pH (22-23°C); pH 3 ( $\circ$ ), pH 5 ( $\bullet$ ), pH 7.5 ( $\square$ ).
- Fig. 4.** The theoretical and observed CD solubility in aqueous solution saturated with ECN at different pH. The theoretical CD concentrations means the amount of CD added to the aqueous media while the observed CD concentrations were derived from HPLC determination. Theoretical (----); observed (—); pH 3 ( $\circ$ ); pH 5 ( $\bullet$ ); pH 7.5 ( $\square$ ).
- Fig. 5.** Permeation flux and apparent permeability coefficient ( $P_{app}$ ) of econazole saturated 1, 5 and 10% w/v CD solutions at different pH through semipermeable membranes of various molecular weight cut-off (MWCO). ECN flux against CD concentrations;  $\alpha$ CD (a);  $\gamma$ CD (b), ECN  $P_{app}$  against CD concentrations;  $\alpha$ CD (c);  $\gamma$ CD (d); MWCO 3500 Da ( $\blacksquare$ ); MWCO 6-8,000 Da ( $\square$ ) MWCO 12-14,000 Da ( $\blacksquare$ ).

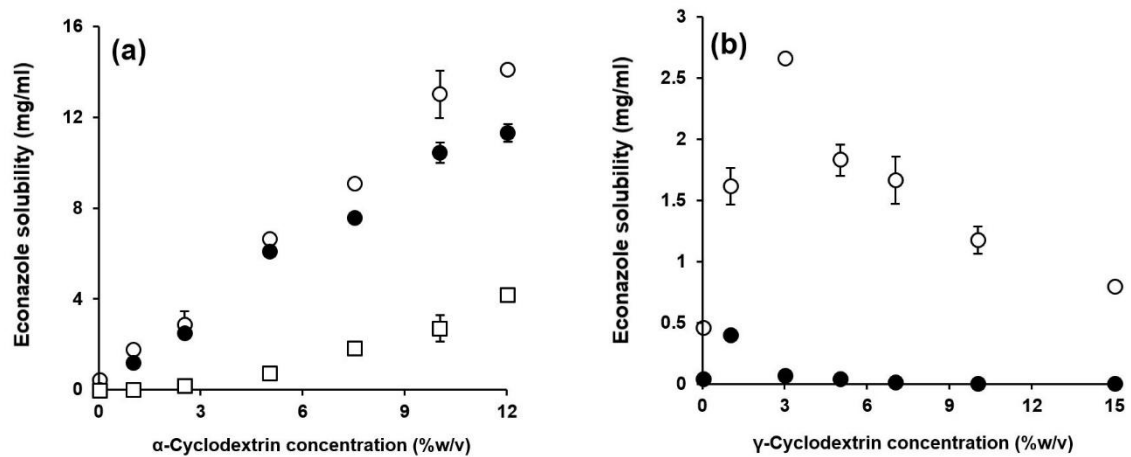


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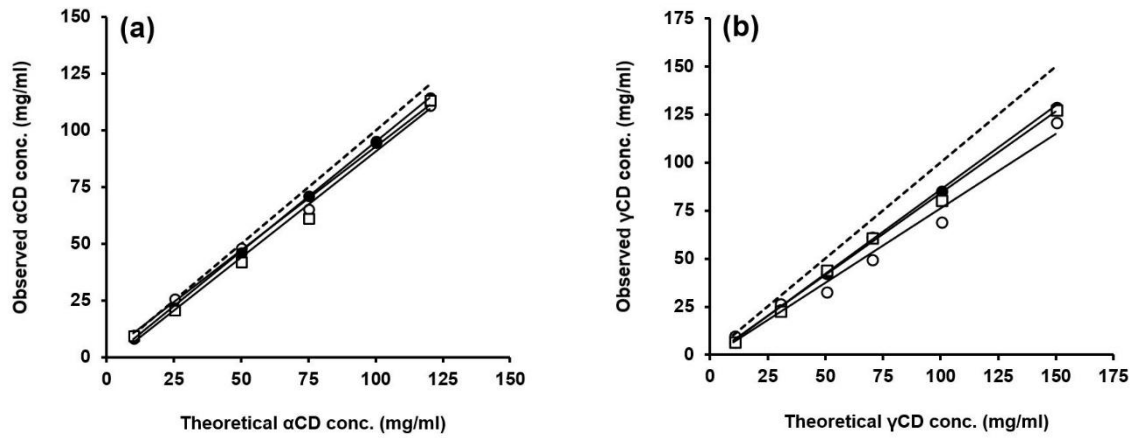




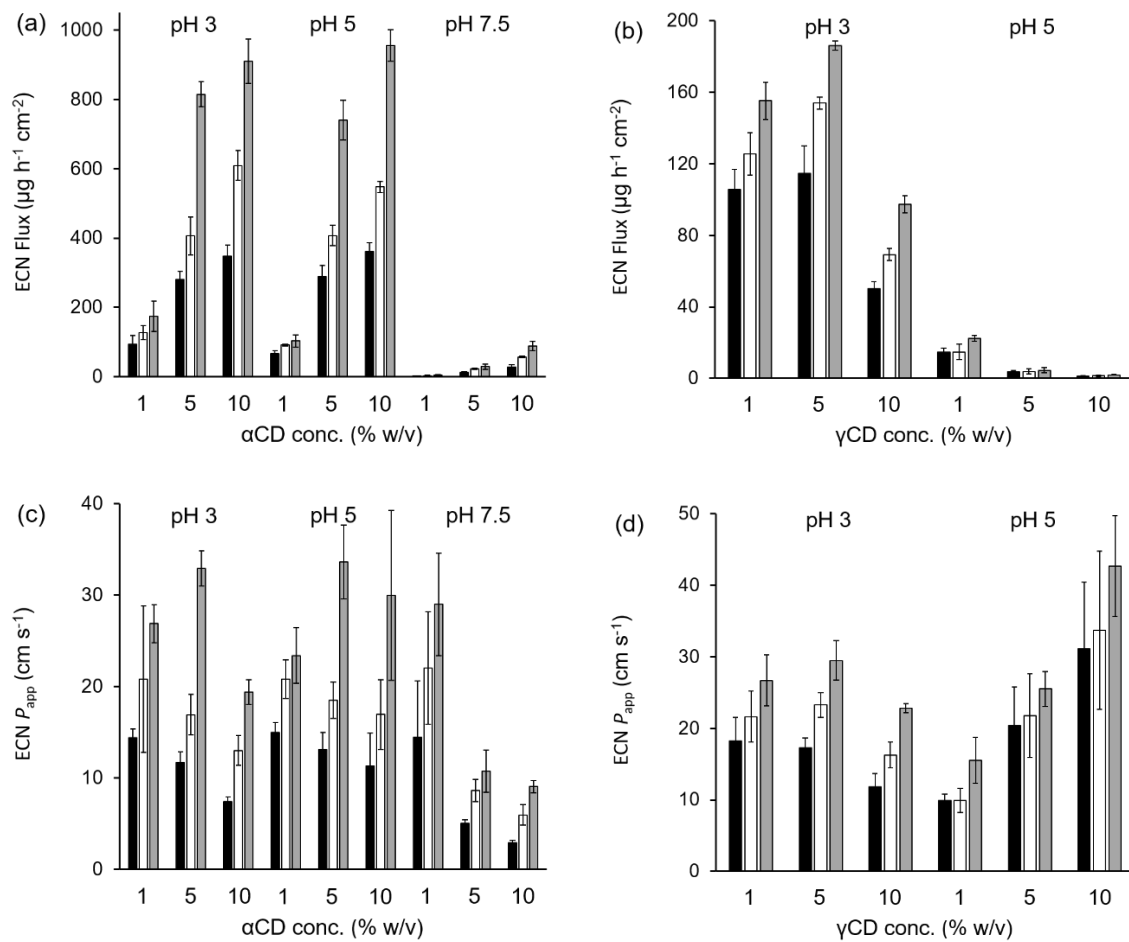
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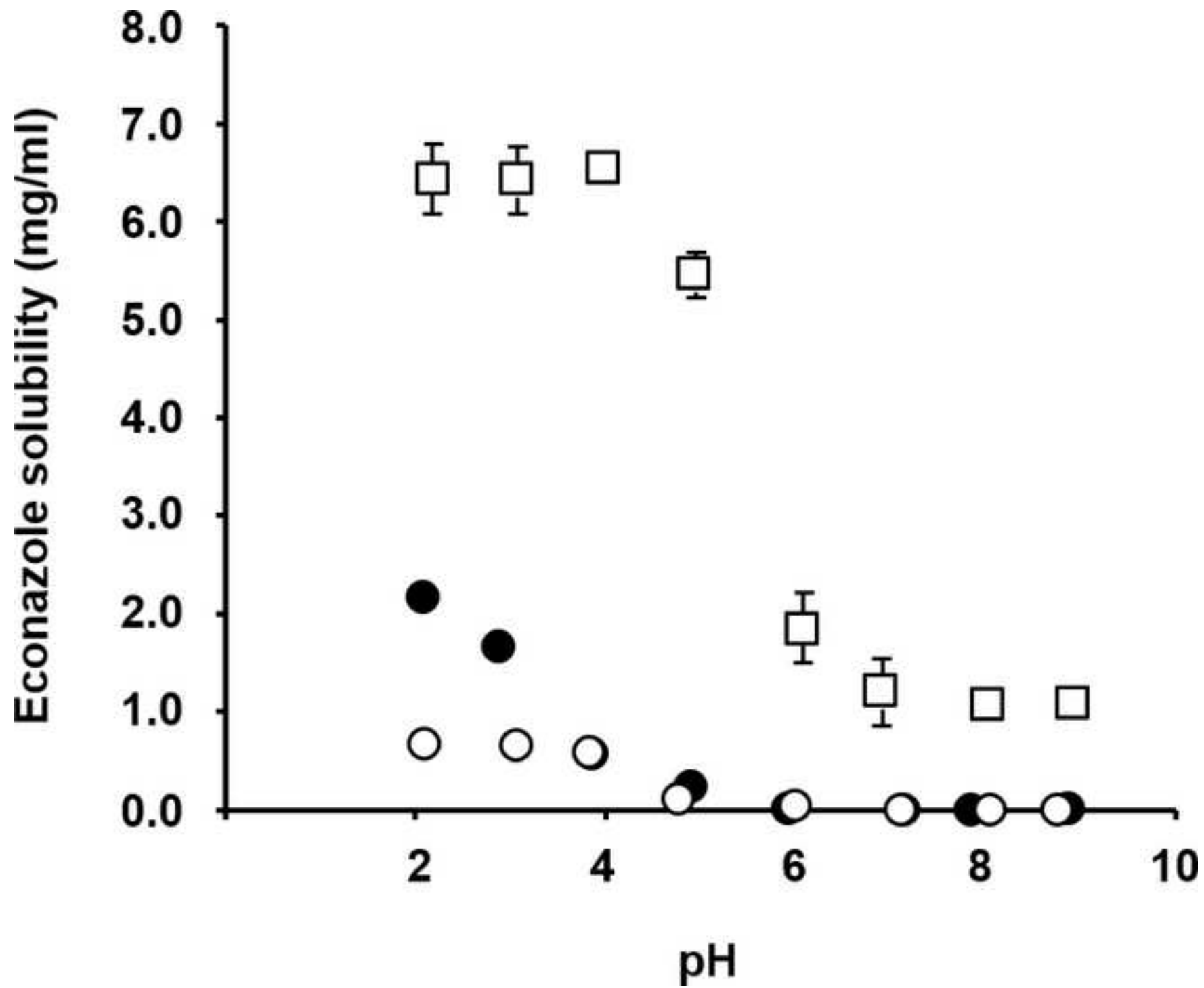


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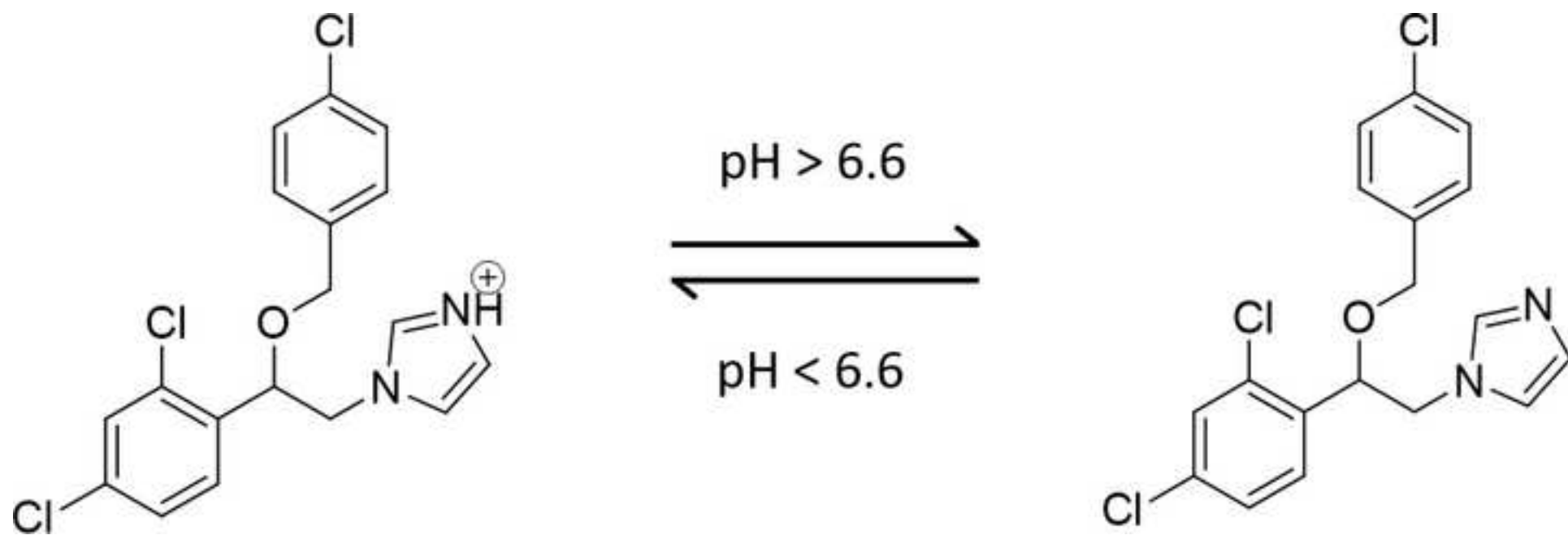


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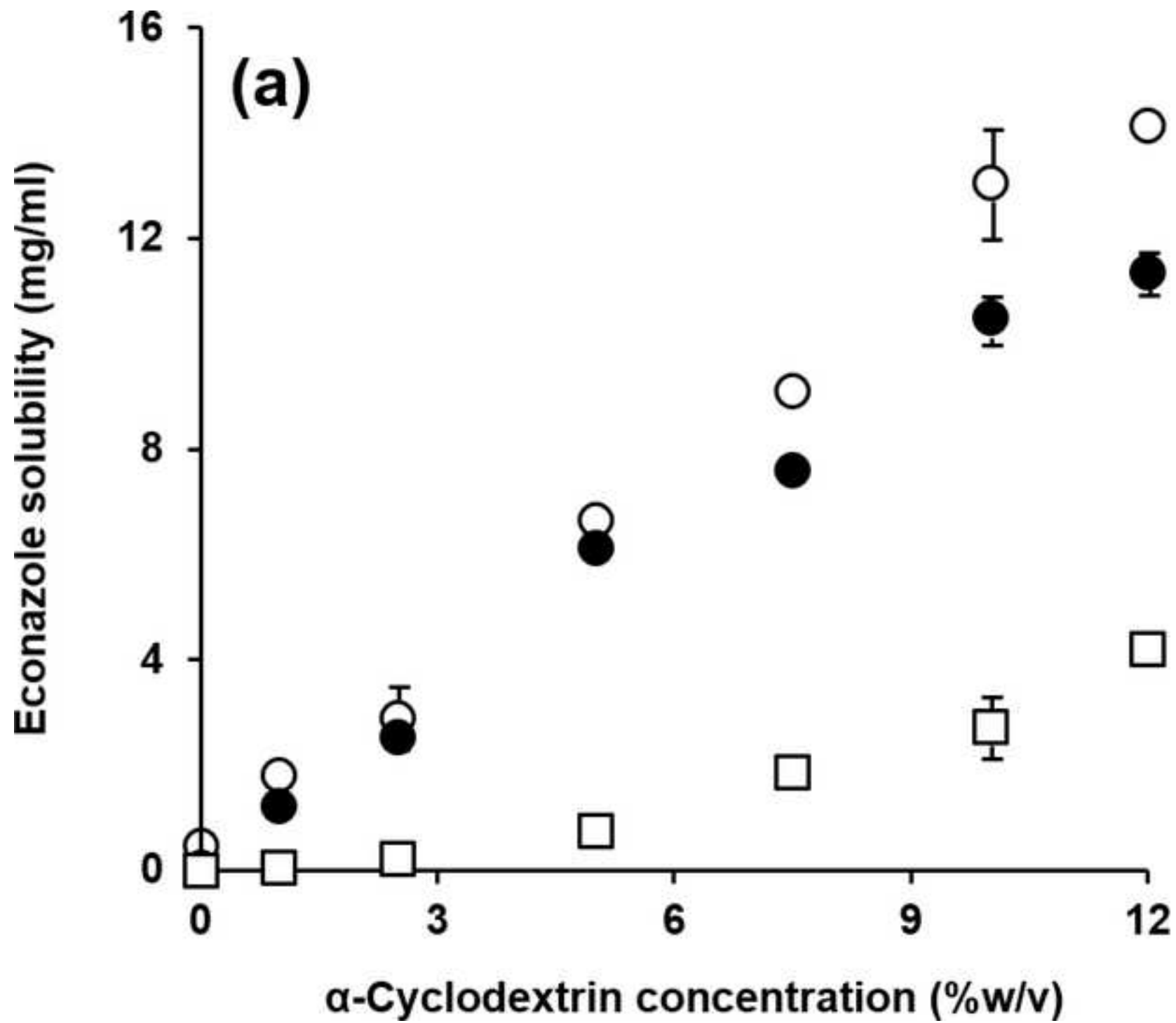
Figure(s)



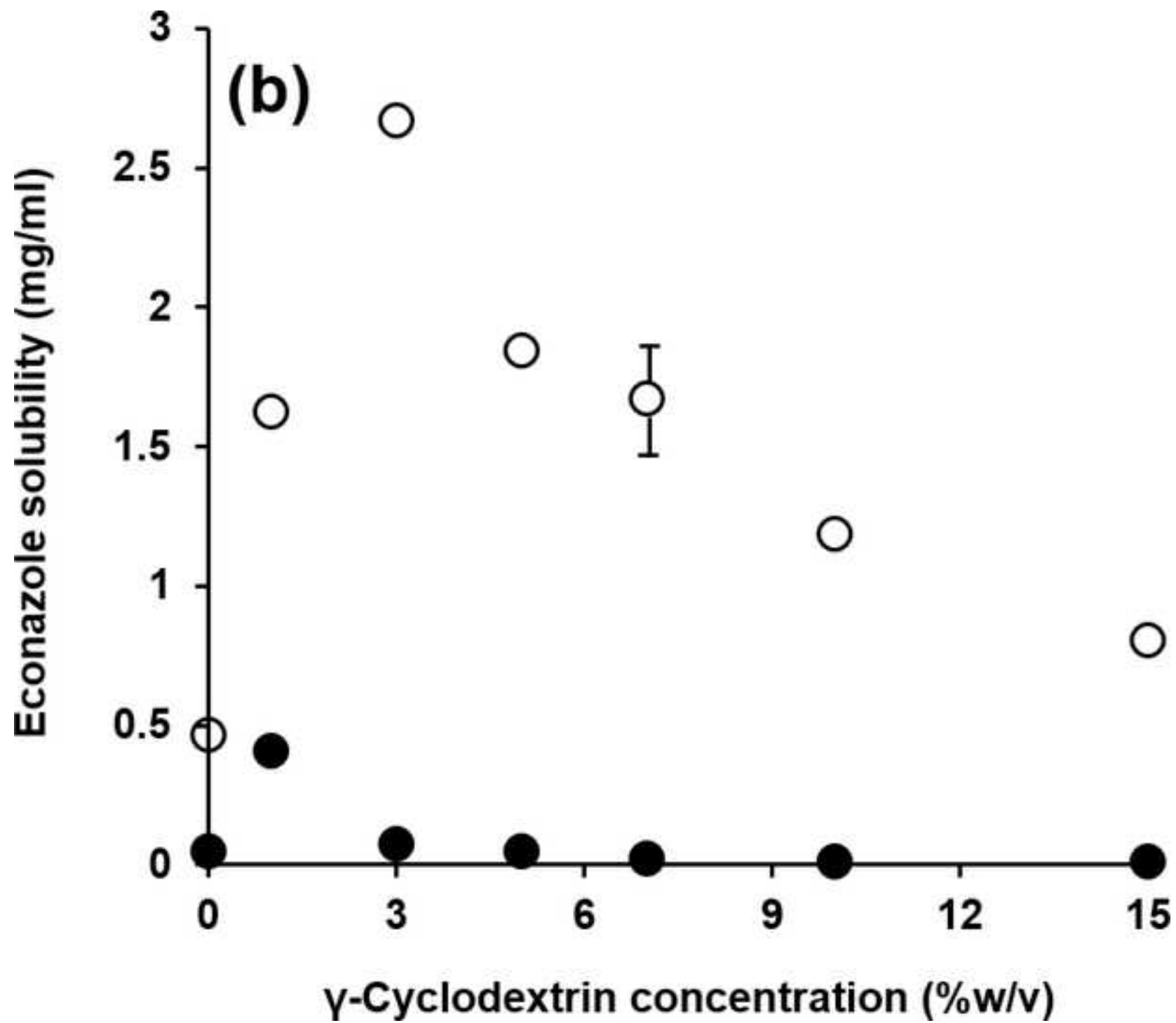
Figure(s)



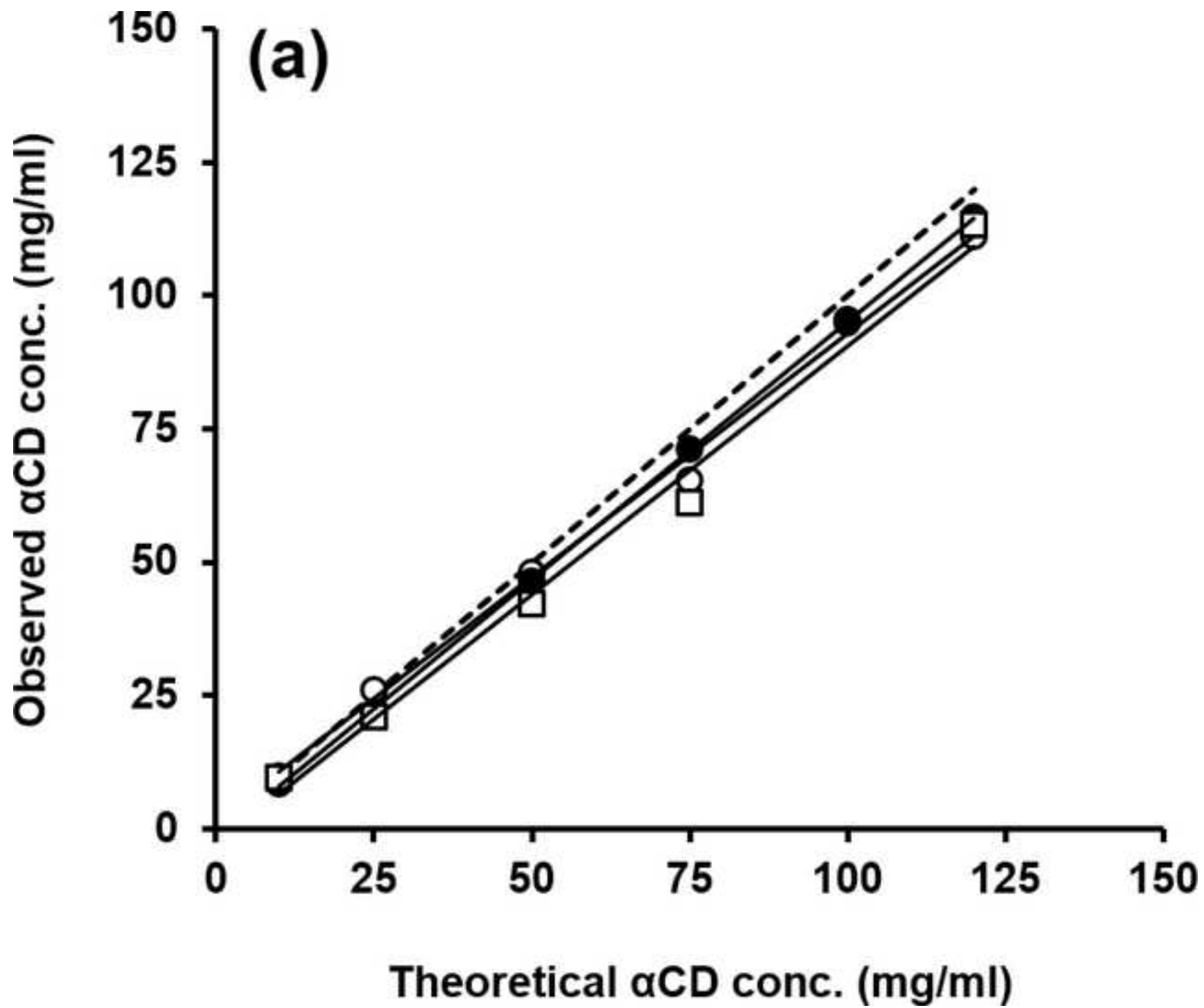
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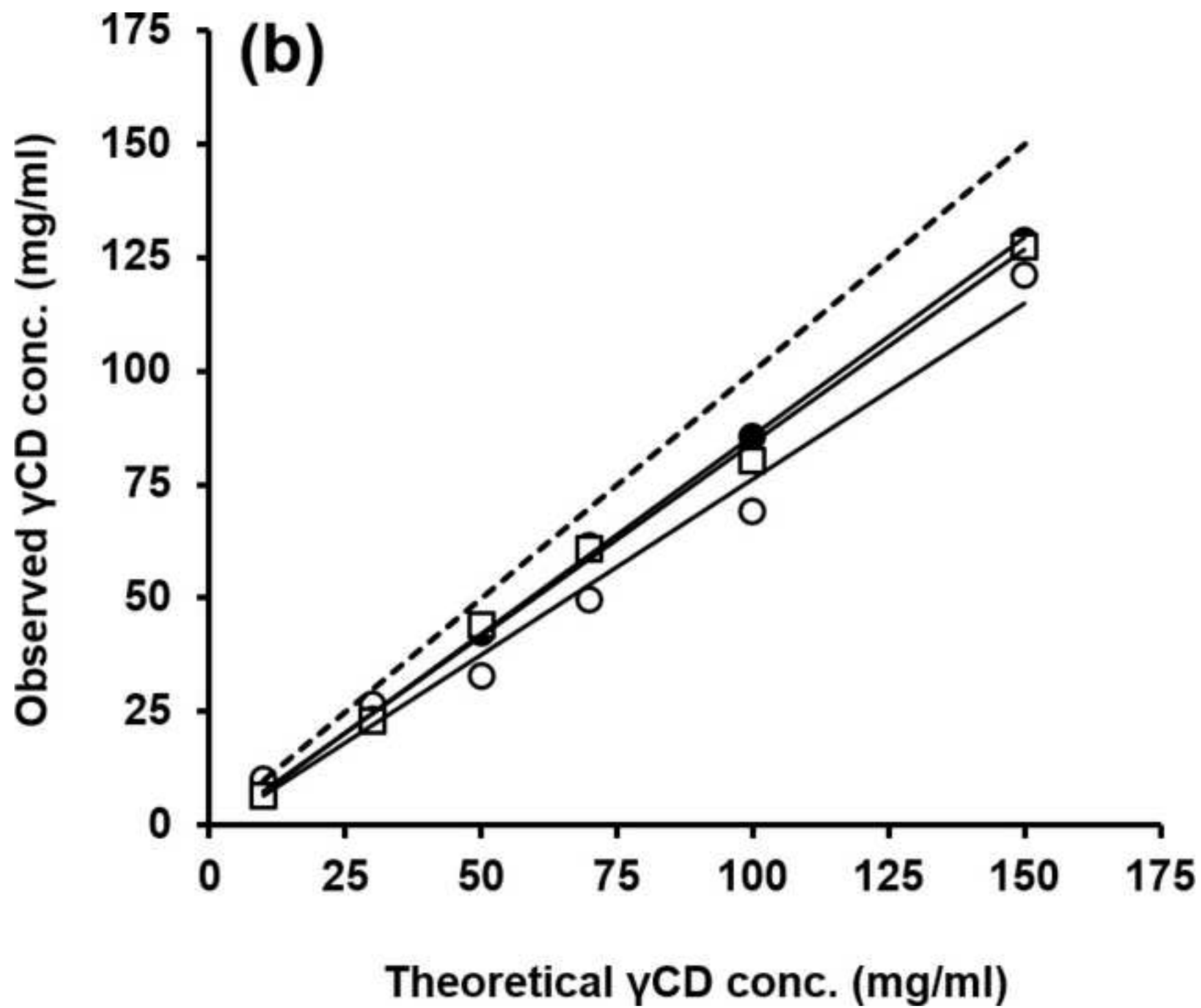


Figure(s)









Figure(s)

