This excursion guide covers the classic geology of the North-west Highlands between Ullapool and Durness, including the Moine Thrust Zone, the Lewisian gneisses, and the Torridonian and Cambro-Ordovician sedimentary successions. The guide represents a greatly expanded and updated version of the original "Guide to the Assynt District of Sutherland", the last edition of which was published in 1979.

This full-colour guide incorporates an overview of the geology of the area, followed by 16 excursions to such classic localities as Knockan Crag, Loch Assynt shore, Achmelvich and Durness. The excursions are illustrated by full-colour maps based on the latest BGS mapping, and by colour photographs. Each individual excursion represents a full day: some excursions involve long walks in remote mountain country, whilst others are more accessible. The book will interest anyone fascinated by the geology and scenery of the Northwest Highlands.