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Persistent hypogammaglobulinemia in CVID secondary to protein losing enteropathy

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Persistent hypogammaglobulinemia in CVID secondary to protein losing enteropathy Sunjay Modi MD, Alex Horbal DO, Jasmine Fares Alsukhon MD, Haejin Kim MD Henry Ford Health System, Detroit, Michigan

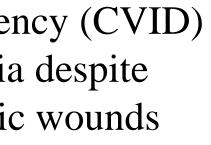
Introduction

- We report a case of a patient with Common Variable Immunodeficiency (CVID) presenting with septic shock and persistent hypogammaglobulinemia despite adequate replacement due to protein loosing enteropathy and chronic wounds causing protein loss.
- CVID should be suspected in individuals with reduced levels of serum IgG in combination with low levels of IgA and/or IgM, reduced response to immunizations and an absence of any other immunodeficiency state [1]. Figure 1 demonstrates pathogenesis of CVID.
- CVID is treated with monthly IVIG infusions, which is the treatment regimen our patient was receiving.

Case Presentation

- Patient is a 40 year old male with PMH of B cell Lymphoma s/p R-CHOP and radiation in remission, Common Variable Immunodeficiency (CVID) diagnosed prior to the hospital admission after IgG levels were found to be <75 g/dL (reference range of 700-1600 mg/dL) and recurrent *Clostridium difficile* (*C*. *difficile*) colitis admitted to the ICU for left hip abscess and Acinetobacter pneumonia causing septic shock requiring ICU admission.
- Patient had a history of non-healing joint infections requiring multiple antibiotics and surgeries leading to persistent wounds causing serosanginous drainage.
- Patient was found to have IgG level was 142 mg/dL (reference range of 700-1600 mg/dL) upon admission and he received 30g of IVIG.
- One day post-IVIG infusion, IgG levels were 565 mg/dL.
- Fourteen days after the infusion his IgG dropped down to 272 mg/dL.
- There was high suspicion patient had a disease process leading to acute protein loss, UA did not demonstrate nephrotic syndrome, therefore it was likely patient had protein loosing enteropathy from recurrent C. *difficile* colitis which lead to persistent diarrhea.
- Patient's hypogammaglobulinemia persisted due to chronic wounds from surgical sites causing protein loss (Figure 2) superimposed with protein loosing enteropathy.
- Due to overwhelming multifocal infections, per family wishes, patient was transitioned to comfort care and passed away peacefully.

Diagrams and Clinical Imaging



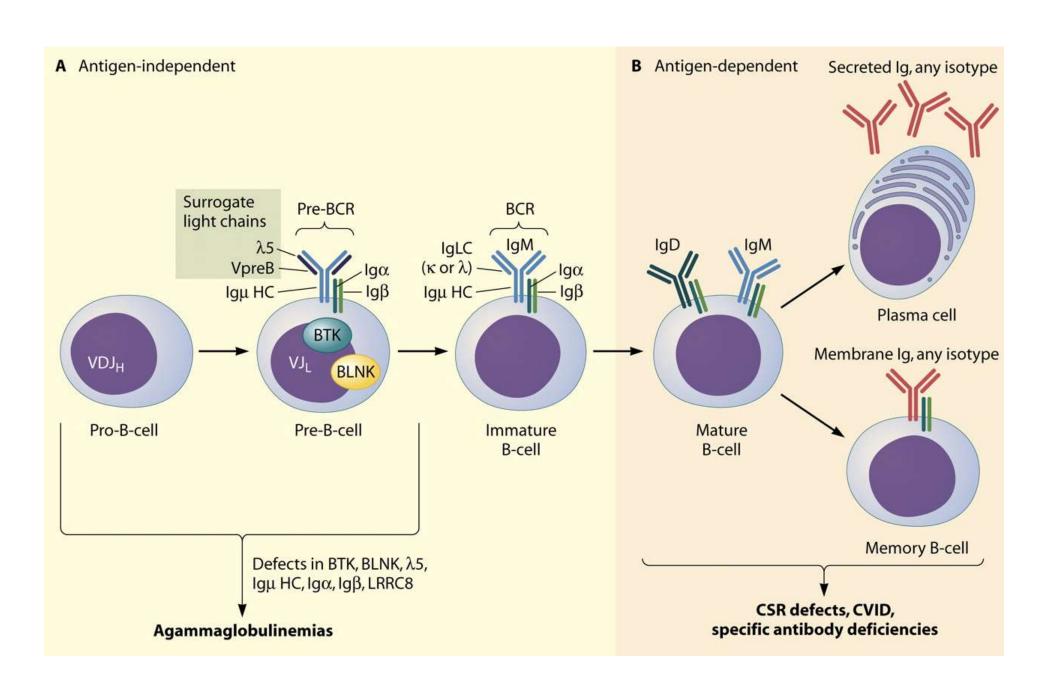


Figure 1: Pathogenesis of CVID [6]



Figure 2: Left hip s/p surgical intervention with serosanginous drainage

Discussion

- We present a case of a patient with known history of CVID who presented with septic shock and lack of normal IgG levels after recent IVIG infusion due to protein loosing enteropathy and protein loss from chronic wounds.
- Our patient was tested for an immunoglobulin deficiency prior to hospital admission as patient had multiple courses of failure of antibiotics for joint infections.
- This individual was diagnosed with CVID in 2019 as IgG<75 mg/dL (L) with concurrent IgA <10 mg/dL (L) and IgM < 20 mg/dL (L). It was thought the immunoglobulin deficiency was a secondary hypogammaglobulinemia due to Rituximab [2], but there was strong clinical suspicion for true CVID given the severity of his infections.

- nephrotic syndrome.
- from chronic wounds [4,5].

- Rituximab therapy.
- leading to septic shock.

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• When this patient's persistent hypogammaglobulinemia was discovered even after IgG infusions, reversible causes were looked into such as

• There have been notable cases of protein loosing enteropathies, such as Celiac Disease causing secondary hypogammaglobulinemia or exacerbating the primary disease process, such as CVID [3].

• It is likely that patient's acute drop in IgG 14 days after IgG infusions was due to protein loosing enteropathy secondary to recurrent C. *difficile* diarrhea and protein loss from significant serosanginous drainage

Conclusions

• Secondary hypogammaglobulinemia may occur after Rituximab therapy.

• This case presentation demonstrates the utility in checking IgG levels prior to Rituximab therapy as there may be worsening of immunoglobulin levels post-

• Acute protein loss can exacerbate CVID and cause overwhelming infections

• It is important to determine the etiology of acute protein loss early on in the disease process with underlying CVID as reversible causes that are identified may improve patient outcomes or higher dosing of IVIG may be indicated in such settings where there is a rapid decline of immunoglobulin.

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