

Pu, L. and Unluer, C. (2020) Effect of preconditioning on carbonated reactive MgO-based concrete samples. *Journal of Materials in Civil Engineering*, 32(11), 04020314. (doi: 10.1061/(ASCE)MT.1943-5533.0003416)

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1	Effect of pre-conditioning on carbonated reactive MgO-based concrete samples
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13	Abstract: This study investigated the influence of pre-conditioning on the strength and
14	microstructural development of carbonated reactive MgO cement (RMC)-based concrete mixes.
15	The hydration mechanisms of the prepared formulations were studied via isothermal calorimetry
16	Compressive strength and porosity measurements were conducted to assess sample
17	performance. X-ray diffraction (XRD), thermogravimetric analysis (TGA) and scanning electron
18	microscopy (SEM) were used for the microstructural analysis and quantifications of phases within
19	each sample. Subjecting RMC samples to moderately elevated temperatures (50-60°C) for 1-2
20	days before the start of the curing process enhanced the hydration process. This increase in the
21	degree and rate of the hydration reaction increased the amount of phases available for the
22	subsequent carbonation reaction. The increase in the content and size of hydromagnesite
23	(4MgCO ₃ ·Mg(OH) ₂ ·4H ₂ O) crystals led to denser microstructures, thereby facilitating higher
24	strengths in samples subjected to pre-conditioning. The obtained results showed that the
25	application of this practical approach to the preparation of RMC-based samples can not only
26	present a more efficient use of the binder component, but also enable the increased
27	sequestration of CO ₂ within these samples.
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Keywords: Reactive MgO cement; pre-conditioning; carbonation; strength; microstructure

1. Introduction

The high environmental impact of the production of Portland cement (PC) necessitates the development of more sustainable solutions. One of the initiatives include the use of reactive MgO cement (RMC), which can offer certain sustainability and performance advantages, depending on the production and curing routes used (Aïtcin 2000, Li 2013, Unluer and Al-Tabbaa, 2014).

The hydration product of RMC is brucite (i.e. magnesium hydroxide, Mg(OH)₂), which is not a major strength resource for RMC-based mixes (Vandeperre et al. 2008). However, when carbonated, RMC-based mixes were reported to gain significant strength (Liska and Al-Tabbaa 2009, Liska 2010, Mo et al. 2017, Yi et al. 2013, Dung and Unluer 2018, Dung and Unluer 2019). Hydrated RMC can react with CO₂ to form hydrated magnesium carbonates (HMCs) with different properties. The absorbed CO₂ can be permanently stored in RMC, thereby enabling its long-term sequestration (Dung and Unluer 2016, Unluer 2012, Liska 2010, Unluer and Al-Tabbaa 2011). Some of the main HMCs observed in carbonated MgO systems are nesquehonite (MgCO₃·3H₂O), hydromagnesite (4MgCO₃·Mg(OH)₂·4H₂O), dypingite (4MgCO₃·Mg(OH)₂·5H₂O) and artinite (MgCO₃·Mg(OH)₂·3H₂O). Carbonation is critical for RMC mixes as their strength development mainly depends on the formation of HMCs. The formation of HMCs is correlated with volume expansions, which results in an increase in sample density and a reduction in overall pore volume; and microstructural evolution as the carbonate crystals contribute to the binding strength via the continuous network structure they form.

One challenge presented by RMC formulations is the low dissolution of MgO under ambient conditions (Amaral et al. 2010, Fruhwirth et al. 1985, Vermilyea 1969), which can limit the subsequent hydration and carbonation reactions. This was shown by previous studies (Unluer and Al-Tabbaa 2014, Thomas et al. 2014, Tang et al. 2014), where the maximum hydration of MgO under ambient conditions was reported as ~80%. Furthermore, the precipitation of initial reaction products on the unreacted MgO particles can prevent the continuation of

hydration/carbonation (Dung and Unluer 2018, Dung and Unluer 2017c). These limitations result in low strength development and the inefficient use of RMC as a binder.

The use of moderately elevated temperatures before or as a part of the curing process could present a solution to these limitations. Accordingly, previous studies (Wang et al. 2014, Lin and Meyer 2009) reported an increase in the reaction rates with an increase of 10°C in the reaction temperatures. In PC-based samples, the use of elevated curing temperatures was shown to increase the early-age strength and provide enhanced resistance to aggressive environments via the increased formation of dense hydrate phases (Khatib and Mangat 2002, Lothenbach et al. 2007). While elevated curing temperatures can accelerate the initial hydration process, the increase in density via the rapid precipitation of hydration products can hinder the permeation of free water. This effect can slow down the hydration rate in later ages and result in a non-uniform microstructure (Lin and Meyer 2009, Wang et al. 2012).

Pre-conditioning of cement-based samples is one of the initiatives that involve the use of moderately elevated temperatures ranging from 20°C to 80°C under a relative humidity (RH) of 50-98% (Zhan et al. 2012, Morshed and Shao 2013, Shi and Wu 2008). The reduction in the amount of extra water in the pore space via pre-conditioning can increase the permeability of concrete samples, thereby enabling a higher degree of carbonation and faster strength development in shorter curing durations. However, previous studies reported inconsistent outcomes on the use of pre-conditioning on PC-based samples due to the differing role of high temperature and humidity in influencing the reaction mechanisms. Accordingly, while elevated temperatures lead to increased reaction rates, a reduction in the solubility of CO₂ can also be observed (Vorholz et al. 2000), which can lower the dissolution rate of Ca ions in the high pH of the pore solution. Furthermore, a high humidity can enhance the hydration process, whereas the penetration of CO₂ can slow down under saturated environments. Another undesirable outcome is the formation of cracks under the elevated temperatures used during this process, which can be compensated with high humidity. Therefore, a careful consideration of all the parameters used during pre-conditioning is needed to optimize sample performance.

Although pre-conditioning has been used in accelerating the strength development of PC-based samples, this method has not been applied to RMC-based samples until now. Considering the limitations in the reaction mechanisms of RMC formulations, pre-conditioning can provide the necessary environment to enhance hydration and carbonation reaction kinetics and thereby effectively improve sample performance. Accordingly, this study investigated the influence of pre-conditioning involving the use of different temperatures on the strength and microstructural development of RMC-based concrete samples. The hydration mechanisms of the prepared formulations were studied via isothermal calorimetry, whereas the degree of hydration was quantified via thermogravimetric analysis (TGA). Compressive strength and porosity measurements were conducted to assess sample performance. These results were further supported by a detailed microstructural analysis and phase quantifications via x-ray diffraction (XRD), TGA and scanning electron microscopy (SEM).

2. Materials and Methodology

2.1. Materials and sample preparation

RMC was used as the main cement binder in this study, with a commercial name "calcined magnesite 92/200", obtained from Richard Baker Harrison Ltd (UK). The chemical composition of RMC is shown in Table 1.

The water/cement (w/c) ratios of RMC samples were set at 0.6, in line with the standard consistency of RMC. The mix design used in this study included 40% cement and 60% coarse aggregates (i.e. by mass). The coarse aggregates were composed of granite chippings with a particle size ranging between 4.7 mm and 9.5 mm. No fine aggregates were included in the preparation of concrete samples to avoid the presence of silica in the carbonated paste extracted from concrete samples. While the cement content of the prepared samples was higher than that

of conventional concrete mixes due to the lack of fine aggregates, this approach was purely taken to increase the accuracy of the quantification of hydrate and carbonate phases performed via XRD and TGA, which helped with the understanding of reaction mechanisms. A similar mix design was adopted in previous studies (Pu and Unluer 2018, Ruan and Unluer 2017b, Dung and Unluer 2016). 50x50x50mm concrete samples were cast and consolidated by a vibrating table and trowel finished. After casting, samples were kept in an ambient environment for 24 hours until demolding. Samples subjected to pre-conditioning were placed in an environment chamber, whose temperature was set between 40°C and 60°C at a fixed RH of 90%, for 1 or 2 days. The pre-conditioning process was followed by the curing of samples under a CO₂ concentration of 10%, temperature of 30±2°C and RH of 80±5% for up to 56 days. In addition to the concrete samples, a separate batch of paste samples (i.e. no coarse aggregates) was prepared and cured under the same environment as the concrete samples to study the changes in the hydration mechanism under pre-conditioning.

2.2. Methodology

2.2.1. Isothermal calorimetry

The heat flow and cumulative heat associated with the hydration of each mixture were recorded at 30-60°C by an I-Cal 2000 High Precision Calorimeter, according to ASTM C1702-15a (ASTM 2015). To initiate the analysis, the prepared pastes were immediately placed into the calorimeter channel to record their heat of hydration for up to 48 hours.

2.2.2. Compressive strength

The compressive strength of RMC concrete samples cured for different durations (i.e. up to 56 days) was measured using uni-axial loading, according to ASTM C39/C39M-16 (ASTM 2016). The

equipment used was a Axiomtek compressing machine, which was set at a loading rate of 50 kN/min.

2.2.3. Porosity

The porosities of the samples at different durations of curing were calculated via Equation 1 in line with ASTM C642-06 (ASTM 2006), where m_{sat} is the sample mass saturated in water, m_{dry} is the sample mass dried at 70 °C for 3 days and v is the sample volume.

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$$p = \frac{m_{sat} - m_{dry}}{v} * 100$$
 (1)

2.2.4. Microstructural analysis

Samples for microstructural analysis were extracted from the concrete cubes crushed during compressive strength testing (i.e. the region surrounding the coarse aggregates) and broken down to small fragments with a clean hammer to the specific size required for each microstructural analysis technique (e.g. XRD, TGA and SEM). Coarse aggregates were not included in these selected fragments for an accurate determination of the contents of each phase (e.g. MgO, brucite and HMCs) within each sample. These extracted fragments were stored in acetone for 3 days to stop hydration, followed by vacuum drying for another 7 days. The vacuum dried samples prepared for XRD and TGA were crushed into powder form and sieved through a 125 μ m sieve. The XRD analysis was performed using a Bruker D8 Advance powder diffractometer with Cu K $_{\alpha}$ radiation, operated at 40 kV and 30 mA. The scanning rate was set at 1° 20/step from 10 to 80° 20. Phase contents in each sample were measured by Rietveld analysis with TOPAS 5.0 software based on fundamental parameter approach. TGA was performed using a Perkin Elmer TGA 4000 equipment. Samples were heated from 40°C to 800°C at a heating rate of 10°C /min under nitrogen flow. The hydration degrees (HD) of the prepared samples were also evaluated

by TGA, in line with Equation 2, where L represents the weight loss corresponding to the dehydration of brucite; C represents the MgO content as a percentage of the total cement component; and 40 and 18 are the molecular weights of MgO and H₂O, respectively.

179 HD =
$$[L \times 40/18]/[1 - 0.01L) \times C]$$
 (%)

Finally, the morphologies of the hydration and carbonation products within the prepared samples were investigated via SEM carried out with a Zeiss Evo 50 microscope.

3. Results

3.1. Isothermal calorimetry

The heat flow and cumulative heat of RMC pastes over 48 h of hydration are presented in Fig. 1(a) and (b), respectively. As shown in Fig. 1(a), heat flow increased in the early stages, indicating that dissolution took place a few minutes after mixing. The dissolution of the control sample (30°C) was associated with the lowest heat flow, whereby increasing the temperature increased the pace of this process. When compared to the control sample, the significantly higher and sharper exothermic peaks of samples subjected to 40-60°C confirmed the enhancement of the hydration of MgO under these moderately elevated temperatures. This trend became more obvious as the temperature increased to 50-60°C.

In line with the heat flow results, the cumulative heat curves in Fig. 1(b) clearly indicated that elevated temperatures led to higher hydration degrees, whereas the control sample revealed the lowest heat. The amount of total heat released increased with an increase in temperature, which could be explained by the increased dissolution of MgO and subsequent precipitation of hydrate phases. From the calorimetry results, samples subjected to temperatures of 50°C and 60°C

revealed the highest initial hydration rates, which could contribute to the performance of these binders.

3.2. Compressive strength

Fig. 2 shows the strength development of RMC-based concrete samples at different durations of curing, including the initial 1-2 days of pre-conditioning, followed by carbonation curing for up to 56 days. While all samples continued to develop in strength up until 56 days, strength gain was much faster during the first 28 days of curing.

Before 7 days of curing, all samples revealed similar strength results ranging between 20 MPa and 24 MPa at 7 days. A more obvious difference in strength was observed as the curing duration increased. When compared to the control sample (30°C), samples subjected to pre-conditioning under 40°C did not reveal an improvement in terms of their strength. However, as the pre-conditioning temperature increased to 50°C and 60°C, a notable increase in strength was observed. Accordingly, those subjected to 50°C for 2 days or 60°C for 1 day revealed similar strengths of ~47 MPa at 56 days. Furthermore, samples subjected to 60°C for 2 days achieved higher 56-day strength (50 MPa).

As the main strength development of RMC-based samples is due to the carbonation of Mg-based phases (Dung and Unluer 2016, Dung and Unluer 2018, Ruan and Unluer 2017a, Ruan and Unluer 2017b, Liska 2010, Liska and Al-Tabbaa 2009, Mo et al. 2017), an increase in the hydrate phases available for carbonation was one of the possible reasons for the higher strengths of samples subjected to pre-conditioning. While the isothermal calorimetry results (Section 3.1) demonstrated that the effect of pre-conditioning in accelerating the dissolution of MgO and increasing the subsequent precipitation of hydrate phases was obvious after a few hours of mixing, this did not translate into higher early strengths. Alternatively, the conversion of these hydrate phases into carbonate phases throughout the curing process, which was the main source

of strength, led to ~25% higher strengths in the longer term in those samples subjected to preconditioning under 50°C and 60°C. Samples subjected to longer pre-conditioning durations of 2 days achieved higher strengths when compared to those subjected to 1-day pre-conditioning. This difference in performance was more obvious at longer curing durations (e.g. 56 days). Overall, the strength results highlighted that a notable increase in the strength of RMC samples (i.e. from 40 MPa to 50 MPa) could be obtained by simply subjecting the prepared samples to moderately elevated temperatures (i.e. 50-60°C) for 1-2 days before carbonation curing.

3.3. Porosity

Fig. 3 shows the porosities of RMC-based concrete samples at different durations of curing. Generally, the porosities of all samples decreased with curing duration, which was related to the continuation of hydration and carbonation. The formed hydrate and carbonate phases filled in the initially available pores, which led to a lower overall porosity and increased strength. The initially sharp decline that occurred during the first 28 days of curing was followed with a more gradual decline in porosity up until 56 days, indicating a decrease in the rate of hydration and carbonation with time.

Out of all the samples, the control sample (30°C) revealed the most stable porosity without any major changes over 56 days of curing. These constant porosity levels could explain the lower strengths of this sample when compared to others. Alternatively, samples subjected to preconditioning demonstrated a continuous reduction in porosity over time. Those subjected to 50°C and 60°C had the lowest porosities at all curing durations, which was in line with their highest strengths amongst all samples. The reduction in the porosities of these samples from 4.2% at 7 days to 3.9% at 56 days could be due to the initially increased formation of hydrate phases, and the subsequent conversion of these phases to carbonates over time. Accordingly, the use of moderately elevated temperatures for 1-2 days before curing enhanced the dissolution of MgO and the precipitation of hydrates. This higher degree of hydration increased the carbonation

potential of these samples, thereby translating into lower porosities, denser microstructures and higher strengths over time.

3.4. XRD

Fig. 4 shows XRD patterns of all RMC samples after 56 days of curing. The presence of residual MgO (i.e. PDF #004-0829, main peak at 43.5° 2θ) indicated incomplete hydration in all the samples investigated. Similarly, the brucite (PDF #083-0114) peaks at 18.7° and 38° 2θ revealed the higher carbonation potential of all samples. Other than MgO and brucite, peaks corresponding to the HMC phase hydromagnesite (PDF #025-0513) were observed at ~13.9°, 15.5° and 30.8° 2θ. Although other phases (e.g. nesquehonite and dypingite) could have also existed, the contents of these phases were very limited and therefore the main peaks corresponding to these phases could be hardly observed in the XRD spectrum. The presence of magnesite was also seen in all samples as an impurity due to the incomplete calcination process.

The brucite peaks of samples subjected to pre-conditioning demonstrated higher intensities than those of the control sample, which could be explained by the enhancement of the hydration process in the presence of moderately elevated temperatures (i.e. 50-60°C) during the first 1-2 days of curing. This increase in the hydration degree led to a higher amount of hydrate phases available for carbonation. Accordingly, when compared with the control sample, the use of preconditioning led to an increase in the intensity of the hydromagnesite peak, indicating the higher degree of carbonation observed within the pre-conditioned samples.

Table 2 includes the quantities of major phases within all samples, calculated by Rietveld analysis. One of the most obvious observations was the decline in the MgO (i.e. periclase) content with the use of pre-conditioning under 50-60°C. While the control sample (30°C) revealed an MgO content of ~24%, subjecting the samples to 1-2 days of hydration under moderately elevated temperatures of 50-60°C reduced this content. The MgO content of samples subjected to pre-

conditioning at 60°C for 2 days was as low as ~11%, thereby enabling a higher utilization degree of the main binder. The use of pre-conditioning also led to higher brucite contents, which went up from ~33% (at 30°C) to 38% (at 60°C). Combined with the higher utilization of MgO demonstrated by the lower periclase contents, this was an indication of the enhancement of the hydration process under elevated temperatures, albeit the short duration (i.e. 1-2 days) of pre-conditioning. Furthermore, a systematic increase in hydromagnesite content was observed with an increase in the pre-conditioning temperature or duration from 50°C onwards. The rise in the hydromagnesite content from ~40% (at 30°C) to ~48% (at 60°C) could explain the improved performances of these samples, which revealed higher degrees of carbonation via the increased dissolution of MgO and precipitation of hydrate phases under elevated temperatures.

3.5. TGA

Fig. 5 shows a representative mass loss and heat flow curve of RMC samples after 56 days of curing. The decomposition of hydration and carbonation products in RMC samples was associated with the release of water and CO₂, reflected by the individual endothermic peaks. Based on the mass loss patterns, the decomposition steps of all samples can be divided into 3 main stages, in line with pervious literature (Vágvölgyi et al. 2008, Hollingbery and Hull 2010, Frost and Palmer 2011, Jauffret et al. 2015, Ballirano et al. 2010, Ballirano et al. 2013, Teir 2009): (i) the loss of unbound water and the water of crystallization of hydromagnesite due to its dehydration at 40-300°C; (ii) the decomposition of uncarbonated brucite and dehydroxylation of hydromagnesite at 300-500°C; and (iii) the decarbonation of hydromagnesite and magnesite at 500-800°C.

While a summary of these different stages of thermal decomposition is provided in Table 3, the overlap between these decomposition reactions must be acknowledged, therefore presenting a challenge in defining fixed temperature ranges for each reaction. Keeping this challenge in mind, Table 4 presents the mass loss values observed in all RMC samples after 56 days of curing. Mass

loss within all temperature ranges increased with an increase in the pre-conditioning temperature (i.e. from 30°C to 50-60°C) or duration (i.e. from 1 to 2 days), which was in agreement with the isothermal calorimetry and XRD results. The higher mass loss in samples subjected to pre-conditioning indicated the increased formation of hydration and carbonation products, which was one of the reasons for the higher strengths achieved by these samples.

The TGA results were used to obtain the hydration degrees of all RMC samples at different durations, as shown in Fig. 6. Accordingly, the control sample revealed a limited hydration degree of 52% over 7 days. Subjecting the samples to pre-conditioning at 40°C revealed an increase in the hydration degree from 23% to 29% at as early as 1 days, which reached a value of 61% at the end of 7 days. However, the biggest difference was seen when the pre-conditioning temperature was increased to 50°C, revealing a hydration degree of 45% after only 1 day. This value increased to 52% when the samples were pre-conditioned under 60°C, eventually reaching an overall hydration of 69% at 7 days. The rate of change of the hydration degree was higher during the first 3 days, followed by a gradual increase afterwards, which was an indication of the immediate effect of pre-conditioning temperature on the reaction mechanisms. These outcomes were in line with the isothermal calorimetry, strength, porosity and XRD results, as well as earlier observations (Dung and Unluer 2017a), highlighting the influence of moderately elevated temperatures in enhancing the hydration reaction within RMC-based mixes. Out of all the conditions used in this study, pre-conditioning at 50-60°C was identified as the most effective environment to enhance the hydration of MgO, thereby increasing the potential for subsequent carbonation and associated strength gain.

3.6. Microstructure

Fig. 7 shows the SEM images of selected RMC samples after 56 days of curing. The wide-spread formation of rosette-like hydromagnesite was observed in all samples, which aligned with the XRD results. Strength development of RMC samples is related to microstructural evolution as the

morphology and the binding strength of the carbonate crystals contribute to the network structure (Liska and Al-Tabbaa 2009, Mo et al. 2017, Ruan and Unluer 2017a, Dung and Unluer 2017b, Dung and Unluer 2017a, Dung and Unluer 2018). Accordingly, higher temperatures used in pre-conditioning led to an increase in the crystal size of hydromagnesite in comparison to the control sample (30°C). This increase in the size of these HMC crystals led to denser microstructures, which could contribute to the lower porosity and the improved performance of samples subjected to pre-conditioning under 50-60°C. A similar outcome was also reported in previous studies (Dung and Unluer 2018, Dung and Unluer 2017c), where the effect of carbonate crystal size on the strength of RMC samples was discussed. These results revealed the role of pre-conditioning in not only increasing the reaction rate and degree, but also changing the morphology of the reaction products, which could contribute to the overall performance of RMC samples. Nevertheless, it must be noted that a few SEM images may not provide a sufficient proof of the general distribution of crystal sizes, thereby necessitating further investigation to confirm the changes in crystal size under different temperatures.

4. Conclusions

This study investigated the influence of pre-conditioning on the strength and microstructural development of RMC-based concrete mixes. The obtained results demonstrated the positive influence of subjecting RMC samples to moderately elevated temperatures (50-60°C) for 1-2 days before curing in improving the dissolution of MgO and the precipitation of hydration products. Carbonation was enhanced as a result of an increase in the rate and degree of the hydration reaction. Microstructural analysis revealed that hydromagnesite was the main source of strength in all samples. The amount of hydromagnesite increased in samples subjected to elevated temperatures during pre-conditioning. In addition to the content, the increase in the size of hydromagnesite crystals under higher temperatures could have contributed to improved performance.

Overall, the findings of this study highlighted the correlation between strength and porosity and reaction mechanisms observed within carbonated RMC-based concrete samples. Accordingly, a reduction in the porosity of RMC samples indicated the densification of the sample microstructure along with the increased formation of hydration and carbonation products, which led to a dense binding network of HMC phases. In this respect, the extent of the carbonation reaction as well as the morphology of the carbonate phases observed in each sample controlled the strength development at different durations. This improved formation of carbonate phases resulted in denser microstructures, thereby facilitating higher strengths in the long-term.

Within this context, the role of pre-conditioning in enhancing the reaction mechanisms and the associated strength development of carbonated RMC samples was demonstrated. The application of this practical approach to the preparation of RMC-based samples can not only present a more efficient use of the binder component, but also enable the increased sequestration of CO₂ within these samples, thereby lowering the environmental impacts of RMC mixes.

Acknowledgement

The authors would like to acknowledge the financial support from the Singapore MOE Academic Research Fund Tier 1 (RG 95/16) for the completion of this research project.

Data Availability Statement

e. All data, models, and code generated or used during the study appear in the submitted article.

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