

**a) Title Page**

**Scientists' Warning to Humanity on the Freshwater Biodiversity Crisis**

For: *Ambio* Perspective AMBI-D-19-00340 R1

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1 **d) Abstract**

2 Freshwater ecosystems provide irreplaceable services for both nature and society. The quality  
3 and quantity of freshwater affect biogeochemical processes and ecological dynamics that  
4 determine biodiversity, ecosystem productivity, and human health and welfare at local, regional  
5 and global scales. Freshwater ecosystems and their associated riparian habitats are amongst the  
6 most biologically diverse on Earth, and have inestimable economic, health, cultural, scientific  
7 and educational values. Yet human impacts to lakes, rivers, streams, wetlands and groundwater  
8 are dramatically reducing biodiversity and robbing critical natural resources and services from  
9 current and future generations. Freshwater biodiversity is declining rapidly on every continent  
10 and in every major river basin on Earth, and this degradation is occurring more rapidly than in  
11 terrestrial ecosystems. Currently, about 1/3 of all global freshwater discharges pass through  
12 human agricultural, industrial or urban infrastructure, and this proportion is projected to rise to  
13 about 1/2 of the world's freshwater flow capacity by the middle of the 21<sup>st</sup> century. About 1/5 of  
14 the Earth's arable land is now already equipped for irrigation, including all the most-productive  
15 lands, and this proportion is projected to surpass 1/3 by midcentury to feed the rapidly expanding  
16 populations of humans and commensal species, especially poultry and ruminant livestock. Less  
17 than 1/5 of the worlds preindustrial freshwater wetlands remain, and this proportion is projected  
18 to decline to under 1/10 by midcentury, with imminent threats from water transfer megaprojects  
19 in Brazil and India, and coastal wetland drainage megaprojects in China. The Living Planet  
20 Index for freshwater vertebrate populations has declined to just 1/3 that of 1970, and is projected  
21 to sink below 1/5 by midcentury. A linear model of global economic expansion yields the  
22 chilling prediction that human utilization of critical freshwater resources will approach 1/2 of the  
23 Earth's total capacity by midcentury. Although the magnitude and growth of the human

24 freshwater footprint are greater than is generally understood by policy makers, the news media,  
25 or the general public, slowing and reversing dramatic losses of freshwater species and  
26 ecosystems is still possible. We recommend a set of urgent policy actions that promote clean  
27 water, conserve watershed services, and restore freshwater ecosystems and their vital services.  
28 Effective management of freshwater resources and ecosystems must be ranked amongst  
29 humanity's highest priorities.

30

31 **e) Keywords:**

32 Aquatic biodiversity, conservation, ecosystem services, freshwater, surface water, groundwater,  
33 wetlands.

34 **f) Main text of article**

35 *The human freshwater footprint*

36 Global civilization is reaching important boundaries of what the Earth's biosphere can  
37 support (Steffen et al. 2015). Human activities are altering the distribution and flows of surface,  
38 subsurface and atmospheric waters at regional scales, undermining the resilience of aquatic,  
39 riparian and coastal ecosystems (Rodell et al. 2018). In clarion calls published over the past  
40 quarter century (see Ripple et al. 2017; 2019) the world community of scientists has identified  
41 eight global and overlapping trends of environmental deterioration, all of immediate concern for  
42 human happiness and prosperity (Heino et al. 2009, Vörösmarty et al. 2010). Freshwater  
43 ecosystems are central to five of these trends: declining freshwater availability, forest loss,  
44 dwindling biodiversity, climate change, and human population growth. Although the profound  
45 consequences of anthropogenic activities on the biosphere are widely appreciated, freshwaters  
46 are often missing from the discussion (e.g. Lenton et al., 2019).

47 Freshwater (<500 ppm dissolved salts) is a renewable, but effectively finite, natural  
48 resource. Well-managed watersheds and waterbodies provide critical ecosystem services that  
49 maintain local and regional hydro-climatic regimes, and support human food and energy  
50 production, waste disposal and remediation, transportation, and recreation (Aldaya et al. 2012,  
51 Hoekstra and Mekonnen 2012). Freshwater ecosystems are also among the most diverse per unit  
52 habitat volume on Earth, with more than 140,000 species (i.e. fungi, plants, invertebrates, and  
53 vertebrates; c. 12% of all described species) compressed into just ~2% of the world's surface  
54 area, and a minute ~0.007% of the total planetary water supply (Reid et al. 2019). Freshwater  
55 species and ecosystems are increasingly threatened by many human activities, including habitat  
56 alteration, water pollution, overfishing, exotic species introduction, river diversions,

57 fragmentation and flow regulation, expansion of agricultural and urban landscapes, climate  
58 change, rising sea levels and altered precipitation regimes (Dudgeon 2019, Grill et al. 2019;  
59 IPBES 2019).

60         Withdrawals and diversions (Jaramillo and Destouni 2015) as well as agricultural  
61 expansion and intensification (Destouni et al. 2013) are main threats to freshwater availability  
62 and quality (Destouni and Jarsjö 2018), while fragmentation and flow regulation (Winemiller et  
63 al. 2016) are main threats to freshwater biodiversity by altering rivers, floodplain lakes, wetlands  
64 and estuaries. Dams transform river basins by creating artificial lakes locally, fragmenting river  
65 networks, and greatly distorting natural patterns of sediment transport and seasonal variations in  
66 water temperatures and flows (Latrubesse et al. 2017). Altered flow seasonality in rivers has led  
67 to less diverse fish assemblages, decreased inland fisheries production, less stable bird  
68 populations and lower riparian forest production (Jardine et al. 2015, Kingsford et al. 2017, Sabo  
69 et al. 2017). Sediment retention by dams leads to delta recession (Luo et al. 2017) and degraded  
70 coastal fisheries and tropical mangrove forests, indirectly affecting carbon storage that reduces  
71 greenhouse gas emissions in the latter case (Atwood et al. 2017). Dams also prevent upstream-  
72 downstream movement of freshwater animals, facilitate settlement of non-native species, cause  
73 local species extirpations and replacements and increase risk of water-borne diseases in  
74 reservoirs and highly altered environments by modifying productivity (Fenwick 2006, Poff &  
75 Schmidt 2016). The fragmentation of river corridors also reduces population sizes and gene  
76 flows of aquatic species, increasing species extinction risks (Cohen et al. 2016, Dias et al. 2017).

77         At present humans divert >10,000 km<sup>3</sup> of freshwater per year for agriculture, industry  
78 and domestic uses, an amount that represents about 30% the average flow of all continental  
79 waters discharging to the sea or to recharge aquifers. The proportion of river discharge diverted

80 for human activities exceeds 50% in the most densely populated areas of Eurasia. Water  
81 withdrawals and diversions currently cause about one-quarter of the world's rivers to run dry  
82 before reaching the ocean, and have drained major inland water bodies like the Aral Sea in  
83 Central Asia (Destouni et al. 2013) and Lake Urmia in Iran (Khazaei et al. 2019). Worldwide,  
84 agriculture accounts for about 70% of all freshwater usage, compared to 20% for industry and  
85 10% for domestic uses (FAO 2016). Human-made dams and irrigation canals are associated with  
86 12-16% of global food production and provide 19% of the world's electricity supply. The  
87 volume of water used by the energy sector alone represents about 15% of global freshwater  
88 withdrawals, and extracting and processing freshwater represents about 19% of total usage by the  
89 energy sector (Fricko et al. 2016). The amount of freshwater withdrawal varies substantially  
90 among regions, from <10% of total runoff in some counties at high latitudes with cold climates  
91 or in tropical regions with high rainfall, to >75% in arid areas of northern Africa, the Middle East  
92 and Australia (FAO 2016). Overall, the human freshwater withdrawals and diversions are now  
93 altering the distribution of water in the hydrosphere at regional scales. Damages are seen in the  
94 total area of anthropogenic (urban and agricultural) modified landscapes worldwide, wetlands  
95 reduction, and amount of surface and subsurface flows that have been diminished or degraded  
96 (Gleeson et al. 2016). The changes in water use, distribution and flows are combined with  
97 changes in climate and human population and land use, to impact biodiversity and ecosystem  
98 services (Elmhagen et al. 2015).

99         With regard to agriculture, just over 3 million km<sup>2</sup> are currently under cultivation  
100 worldwide, representing 22% of the total land area that is theoretically available for cultivation,  
101 with the most productive lands already long since under irrigation in most countries. Agricultural  
102 expansion and intensification in the landscapes increase evapotranspiration (Destouni et al. 2013)



103 and thereby decrease the amount of freshwater runoff and aquifer recharge worldwide (Ceballos  
104 et al. 2015). Agricultural practices also degrade the quality and ecological status of the  
105 freshwater ecosystems, with status improvements remaining slow and difficult long after  
106 environmental regulations have been put in place requiring such improvements (Destouni et al.  
107 2017).

108         Due to unprecedented socioeconomic advances and demographic shifts over the past 50  
109 years (Crist et al. 2017), human and livestock population and economic growth are driving an  
110 ever expanding freshwater footprint (Fig. 1). Freshwater withdrawal and diversions for human  
111 uses have more than tripled since the middle of the 20<sup>th</sup> century, reducing the volume of river  
112 flow in more than half of the world's largest rivers. Increased human population and socio-  
113 economic activities also increase the pollutant and nutrient loads that deteriorate water quality  
114 and ecosystem status across different regions and countries around the world (Destouni and  
115 Jarsjö 2018, Levi et al. 2018).

116         Analysis of historical trends globally provided here shows that freshwaters are being  
117 depleted, and ecosystems degraded, even more rapidly than their terrestrial counterparts (Figure  
118 1, Table 1). Measures of global freshwater withdrawals and total land-area equipped for  
119 irrigation are rising faster than the human use of terrestrial ecological productivity (Figure 1A).  
120 Similarly, rates of biodiversity loss are greater in freshwater than terrestrial ecosystems (Turak et  
121 al. 2017), and freshwater vertebrates (fishes and amphibians) are the most threatened group of  
122 vertebrates (Reid et al. 2013). Rates in the decline of both freshwater and terrestrial groups are  
123 also closely associated with extent of wetland loss (Figure 1B). The more rapid increase in  
124 threats to freshwater than terrestrial ecosystems arises from the minute total volume of liquid

125 freshwater on the Earth's surface, and from the critical roles that freshwaters serve in human  
126 economic systems (Barbier et al. 2017).

127         Freshwater biodiversity is in sharp decline at many scales. Since 2000, abundances of  
128 freshwater insect (Sánchez-Bayo and Wyckhuys 2019, Wagner 2019) and fish populations  
129 organisms have become dramatically reduced, at local scales in both temperate (Freyhof and  
130 Brooks 2017) and tropical (Cohen et al. 2017, Pelicice et al. 2017) latitudes, and in different  
131 climate zones (Ngor et al. 2018). From 1970 to 2012 populations of vertebrate freshwater  
132 megafauna (defined as fishes, amphibians, reptiles and mammals  $\geq 30$  kg adult body weight)  
133 declined by 88%, with mega-fishes undergoing the largest declines ( $-94\%$ , Carrizo et al. 2017;  
134 He et al. 2019). The Yangtze basin is among the most impacted of any large river on Earth, with  
135 the last sightings of two species occurring in the 2000s; i.e. the Yangtze river dolphin †*Lipotes*  
136 *voxillifer* (Turvey et al. 2007), and the Yangtze paddlefish †*Psephurus gladius* (Zhang et al.  
137 2009). The Yangtze paddlefish was the last surviving species of a lineage that originated in the  
138 super-greenhouse world of the Mesozoic, with fossils from the Upper Cretaceous about 75  
139 million years ago. Examples of these and several other critically endangered freshwater  
140 megafauna species are illustrated in Fig. 2.

141         The levels of freshwater withdrawal and quality deterioration are well beyond levels that  
142 can support existing biodiversity, requisite ecological processes (Reid et al. 2018) or good  
143 ecological status, e.g. as required by the EU Water Framework Directive (Destouni et al. 2017).  
144 The largest imminent threats come from megaprojects designed to transfer water among river  
145 basins in Brazil and India (Shumilova et al. 2018), and to drain coastal wetlands in China (Cui et  
146 al. 2016). The total volume of water planned for near-future diversion megaprojects is projected  
147 to exceed 1,900 km<sup>3</sup> per year, representing an additional  $\sim 5\%$  of total global surface freshwater

148 flow (Shumilova et al. 2018). As of this writing ~4.0 billion people, or about two-thirds of the  
149 world population, experiences severe water scarcity, during at least part of the year (Mekonnen  
150 and Hoekstra 2016), and more than one-third of major urban areas globally (those with more  
151 than 3 million people) are experiencing high or extremely-high water stress (Sengupta and Cai  
152 2019). Day Zero, the date when a city's water taps go dry, has been narrowly averted recently in  
153 São Paulo (Brazil), Chennai (India), Cape Town (South Africa), and Mexico City (Mexico).

154         The rapid rise of human populations and associated food production (e.g. crops and  
155 livestock) is increasing pressures on freshwater resources in many regions of the world. The total  
156 biomass of all humans alive today constitutes approximately 60 million metric tons of carbon,  
157 which is slightly more than 10 times that of all the remaining wild mammals of the world (Smil  
158 2011). An unsustainable amount of freshwater is used to produce animal livestock. Global  
159 populations of domestic ruminants (cattle, sheep, and goats) (Ripple et al. 2013) poultry, and  
160 pigs (Bennett et al. 2018) used to feed the growing human population now exceed 100 million  
161 tons of carbon (Bar-On et al. 2018), and livestock populations are growing rapidly. Beef  
162 production alone consumes about 10 times more resources than other forms of animal protein.  
163 Domestic ruminant livestock (~4 billion globally) contribute 14.5% of all anthropogenic  
164 greenhouse gas emission, especially through the enteric fermentation by ruminants producing  
165 methane (Ripple et al. 2013). Ruminant livestock grazing is a direct cause of stream and wetland  
166 degradation in many areas (Beschta et al. 2013). Lowering the number of ruminant livestock  
167 would have the co-benefits of improving freshwater conditions and mitigating climate change.

168         The human utilization of both global freshwater and terrestrial resources shows persistent  
169 and linear increases over the past half century. A linear “business-as-usual” model is a  
170 significantly better fit to the historical data than models with curvilinear asymptotic growth (Fig.

171 1, Table 1). Such a linear model of global economic expansion yields the chilling prediction that  
172 human utilization of critical freshwater resources will approach and even exceed 50% of the  
173 Earth's natural supply by midcentury. It is possible for the human freshwater footprint to exceed  
174 the Earth's total freshwater capacity, at least transiently, through new technologically-mediated  
175 supplements; e.g. desalinated sea water for irrigation, transfer of marine productivity to fertilize  
176 terrestrial agroecosystems. Therefore, a linear growth model may be able to persist well into this  
177 century, despite the obvious crises that would follow as we reach or surpass the Earth's  
178 freshwater capacity.

179 Demands on global freshwaters continue to grow rapidly, with efforts to expand global  
180 food production by 50-70% before 2050 (FAO 2011, Molden 2007). In the 20th century, the  
181 human population grew fourfold and human appropriation of energy from the biosphere about  
182 doubled from 13% to 25% (Krausmann et al. 2013). The global human population is projected to  
183 reach 9.6 - 12.3 billion people by the year 2100, and the human appropriation of (terrestrial) net  
184 primary productivity (HANPP) to reach 40-60% (Krausmann et al. 2013). Therefore, by the time  
185 our grandchildren have grown up they must share the Earth's limited freshwater resources with  
186 1.9 – 4.6 billion more people, or 25 – 60% more than the 7.7 billion people who live in the world  
187 today. The world that our grandchildren will inherit will be thirsty.

### 188 ***Recommended actions for freshwater biodiversity***

189 Slowing and reversing the dramatic losses of freshwater species and ecosystems is still  
190 possible. The most effective conservation management coordinates actions at local to regional  
191 and national to international levels of organization (Ceballos et al. 2015), commensurate with the  
192 geographic distributions of species and ecosystems (Magurran 2016). Because many watersheds  
193 and all climate zones cross national boundaries, many environmental actions must be designed

194 within international frameworks, and within the socioeconomic and ecological contexts of  
195 temperate (Allan and Watts 2018, Elmgren et al. 2015, Udall 2017) and tropical (Campos-Silva  
196 and Peres 2016, Cooke et al. 2016, Irvine et al. 2016) climates. Table S1 provides a list of major  
197 wetland and other freshwater management units for which effective conservation, preservation  
198 and restoration actions have been proposed or enacted. These management units represent  
199 freshwater ecosystems on all Earth's continents and climate zones, and most of the major  
200 continental-scale river drainage basins.

201 The following summary of policy recommendations therefore includes actions at the  
202 local and community scales, and also calls for actions at national and international scales (Poff et  
203 al. 2016, Sterner et al. 2019). These actions are critical to maintaining vital global freshwater  
204 ecosystem services, avoid water stress and scarcity, and improve human quality of life metrics.

205 The most effective measures to reduce freshwater degradation and promote watershed  
206 conservation need to motivate stakeholders at the local level, including farmers, consumers,  
207 municipalities and corporations, using a combination of market-based and regulatory incentives  
208 together with technological innovation (Barbier 2017). These actions will require more effective  
209 public education (see examples in Cooke et al. 2013) as well as better documentation of: 1)  
210 changes in species abundances and geographic distributions, 2) how changes in species  
211 composition affect ecosystem processes, and 3) biodiversity in the earth's few remaining  
212 unimpacted ecosystems as references for future restoration (Magurran 2016).

213 At the regional level actions must be prioritized in the interrelated areas of water use,  
214 energy use, and biodiversity conservation (D'Odorico et al. 2018). Regional freshwater priorities  
215 include: 1) setting limits for sustainable freshwater withdrawals and diversions for river basins  
216 and coastal aquifers (Aldaya et al. 2012), 2) halting expansion of water-transfer megaprojects

217 (Shumilova et al. 2018), 3) converting agroecosystems to crops suitable for regional precipitation  
218 regimes, 4) halting peatlands draining to protect their specific biodiversity and to avoid their  
219 transformation from greenhouse gas sinks to sources, 5) requiring environmental impacts of  
220 freshwater appropriations and diversions in regional estimates of human impacts use of net  
221 primary productivity, 6) integrating vegetative land-surface cover with surface water and  
222 groundwater flows into of hydrological assessments on the impacts of freshwater appropriations,  
223 diversions and nutrient/pollutant inputs, 7) reverse osmosis desalination of seawater using new  
224 technologies with reduced carbon and thermal footprints (e.g. Gude 2016), and 8) regulation of  
225 the use of streams and wetlands by livestock.

226 Regional energy sector priorities include: 1) phasing out intensive use of freshwater for  
227 natural gas extraction and processing, once-through cooling freshwater systems for nuclear,  
228 carbon capture and storage, and concentrating solar power technologies, and converting these  
229 systems to air and sea-water cooling, 2) investing in an alternative energy matrix including solar,  
230 tidal and wind energy, 3) evaluating hydroelectric power and biofuel production and their water  
231 impacts across different scales, locally, nationally and globally (Engström et al. 2019), and 4)  
232 requiring regional and basin-wide planning for dam placement to more effectively balance  
233 conflicting energy and biodiversity interests, removing inefficient dams near the end of their  
234 “lifespans” or that were ill-conceived in the first place, and systematically designing technical  
235 solutions to maintain the fluvial system connectivity for dams of all sizes (Winemiller 2016).

236 Regional biodiversity priorities include: 1) designing protected areas for the particular  
237 spatial and temporal complexities of freshwater ecosystems (Juffe-Bignoli et al. 2016, Finlayson  
238 et al. 2019), 2) improving adaptive management practices to rural economies in developing  
239 countries with proactive strategies involving local communities for managing inland fisheries

240 (Fluet-Chouinard et al. 2018), 3) enhancing long-term biodiversity and water quality monitoring  
241 programs (Destouni et al. 2017), 4) promoting restoration practices that increase the extent of  
242 protected freshwater wetlands and headwater streams, 6) adapting management design to  
243 continental aquatic ecosystems (Petts 2018) implementing conservation agriculture policies that  
244 increase the proportion of plant products relative to animal products in human food production  
245 chains (Hobbs et al. 2011), and 8) accelerating research into water treatment technologies that  
246 improve water quality and reduce pollution from domestic and industrial point sources and from  
247 diffuse agricultural (Brack et al. 2015) and legacy sources (Destouni and Jarsjö 2018).

248         Research agencies must increase investments to document freshwater biodiversity  
249 through field inventories and long-term support for natural history museums. We must improve  
250 incentives for biodiversity assessment and monitoring, coordinate data into searchable online  
251 databases, quantify biodiversity trends across space and time, and document the distribution and  
252 abundance of invasive taxa. We must establish standardized criteria for assessing freshwater  
253 ecosystem health and sustainability, the taxonomic, functional, phylogenetic and population  
254 genetic aspects of biodiversity, preventing introductions of non-native aquatic species and  
255 infectious diseases. Finally, we must document shifting baselines in conservation management  
256 and develop reliable metrics to assess community perceptions of what constitutes healthy  
257 freshwater ecosystems.

258         Swift action is needed at every level to limit further expansion of freshwater withdrawals  
259 and pollution, and river fragmentation and flow regulation. First and foremost, we must stabilize  
260 the global climate and human population growth (Steffen et al. 2015). The international  
261 community must work together to limit 21st century global warming to  $< 2^{\circ}\text{C}$ , and further return  
262 the global temperature anomaly to  $< 1.5^{\circ}\text{C}$  above pre-industrial levels (UNFCCC 2015, Rogelj et

263 al. 2018, Schleussner et al. 2016). Slowing and reversing global climate change will require an  
264 historical transition to a post-carbon global economy through a combination of regulatory and  
265 market-based mechanisms. Among the most effective methods for stabilizing human population  
266 growth are to provide primary and secondary education for girls, and voluntary family planning  
267 education for women in developing countries (Leigh and Blakely. 2017).

268 International actions with the greatest potential for rapidly reducing freshwater  
269 withdrawals and pollution include developing trans-boundary water-sharing and pollution  
270 mitigation agreements, and transferring efficient irrigation and water treatment technologies to  
271 developing countries in tropical regions. These countries expect the greatest increases in human  
272 density and per-capita water consumption in the next 50 years. However, we must not relocate  
273 agricultural and bioenergy production from high-income to low-income tropical regions, which  
274 will further threaten species-rich tropical aquatic ecosystems.

## 275 ***Conclusion***

276 Conservation actions are most effective when they are implemented with full recognition  
277 of the genuine fragility of ecosystems. An ounce of conservation prevention is worth a pound of  
278 technological cures (Damania et al. 2019). We must realize that some changes are irreversible,  
279 such as species extinctions and ecosystem regime shifts (Hughes et al. 2013). We currently have  
280 technologies to manage and ameliorate many aspects of the freshwater biodiversity crisis —  
281 what we lack is political will. Political will by our policy makers, which in democratic societies  
282 means political will by the people who elect the policy makers; i.e. the citizens. A world with  
283 diminished freshwaters will impoverish many aspects of human welfare, and we risk further  
284 damaging these essential life-support systems at our peril. The time to act is now.

285



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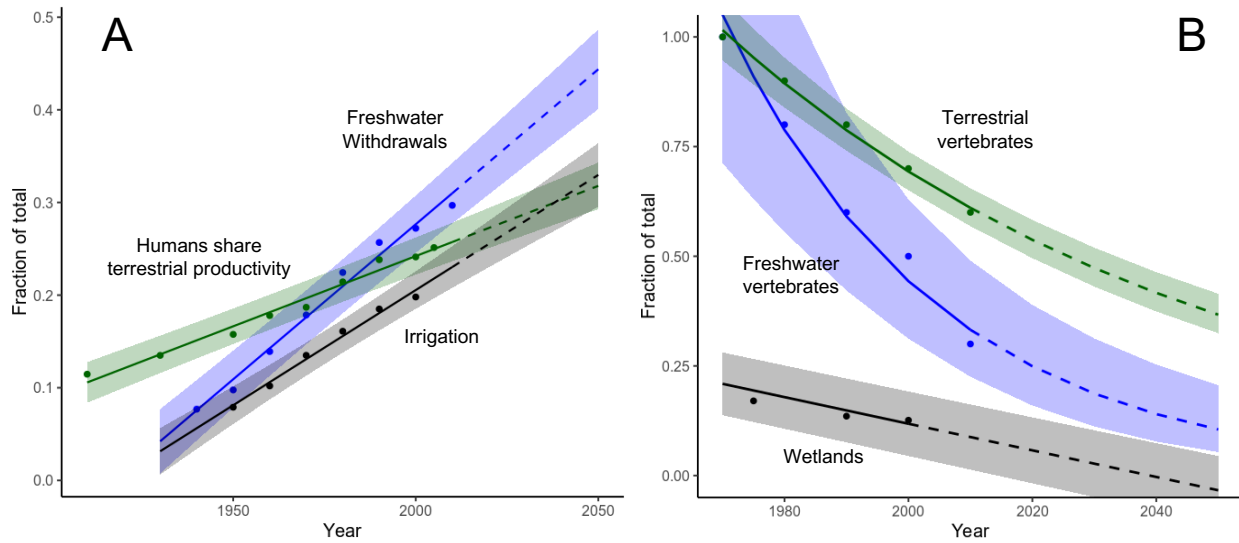
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549 **h) Figures. Tables**



550

551 **Figure 1. The expanding human freshwater footprint.** **A.** Trends in global freshwater resources,  
552 assessed as Global Freshwater Withdrawals (blue) and Global Area Equipped for Irrigation (gray).  
553 Trend in terrestrial resources assessed as Human Appropriation of Terrestrial Net Primary  
554 Productivity (green). Note freshwater utilization is now a stronger limiting factor on human  
555 populations than terrestrial utilization. **B.** Trends in global biodiversity from a 1970 baseline.  
556 Living Planet Index for freshwater vertebrate populations (blue), for terrestrial vertebrate  
557 populations (green), and Global Wetland Loss (gray). Global Wetland Loss model fitted to data  
558 from 1700 to 2000 and plotted from 1970 to 2050 for compatibility with Living Planet Index  
559 datasets. Note rate of biodiversity decline is faster in freshwater than terrestrial systems, and  
560 occurring alongside reductions in Global Wetland Loss. The linear model projects global wetlands  
561 to disappear entirely by mid-century. Historical estimates as solid curves with 95% prediction  
562 intervals. Data as cumulative proportions of global totals. See footnote for methods.

563

564

565 **Footnote to Figure 1:** Methods for model specifications used to generate future projections  
566 (dashed curves) and literature references. Global Freshwater Withdrawals for human use as  
567 percentage of total annual river discharge to the sea (*c.* 36,000 km<sup>3</sup>) (Milliman and Farnsworth  
568 2013, van Vliet et al. 2013). Historical estimates from (Scanlon et al. 2007, Shiklomanov and  
569 Rodda 2004) adjusted to match the revised human-withdrawal estimate for 2010 of 10,688 km<sup>3</sup>  
570 yr<sup>-1</sup> (Jaramillo and Destouni 2015). Irrigation as global area equipped for irrigation or land ready  
571 for cultivation as a percentage of total global arable land (*c.* 14 million km<sup>2</sup>). Historical estimates  
572 from (Ellis et al. 2010, Scanlon et al. 2007, Siebert et al. 2015). Historical estimates of human  
573 share of terrestrial net primary productivity from (Krausmann et al. 2013). Population trends as  
574 estimated from the Living Planet Index (LPI from Loh et al. 2005, WWF 2016) evaluated  
575 against a 1970 baseline. LPI measures trends in the geometric mean of population abundances.  
576 LPI-FW estimates from 3,324 monitored freshwater populations representing 881 species (darker  
577 curve with circles), and LPI-T for 4,658 terrestrial populations of 1,678 species (lighter curve  
578 with triangles). Note freshwater populations declined an estimated 81% from 1970 to 2012.  
579 Wetlands as percentage of pre-industrial total global wetland area at 1700. Historical estimates  
580 from (Davidson 2014.).

581 **Table 1.** Summary of models used to generate curves in Figure 1. Note that the historical data  
582 abstracted from literature reports used to fit these models do not include estimates of the variability  
583 for values at each data point. Therefore, the  $R^2$  and p-values have limited utility as estimates of the  
584 fit between the models and the data used to generate the models, and the prediction intervals  
585 underestimate the true values of future uncertainty. Abbreviations: GWW, Global water  
586 withdrawals; HANPP, Human Appropriation of (terrestrial) Net Primary Productivity; GAEI,  
587 Global Area Equipped for Irrigation; LPI-FW, Living Planet Index-Freshwater; LPI-T, Living  
588 Planet Index-Terrestrial; GWL, Global Wetland Loss.

589

<b>Trend</b>	<b>Model</b>	<b>R<sup>2</sup></b>	<b>p</b>
GWW <sup>a</sup>	= -6.41 + 0.0033 Year	0.98	1.20E-06
HANPP <sup>b</sup>	= -2.78 + 0.0015 Year	0.98	3.90E-07
GAEI <sup>c</sup>	= -4.77 + 0.0025 Year	0.98	6.20E-05
ln(LPI-FW) <sup>d</sup>	= 56.7 - 0.029 Year	0.97	0.0025
LPI-FW <sup>d</sup>	= 4.2e24 e-0.029 Year	0.97	0.0025
ln(LPI-T) <sup>e</sup>	= 25.1 - 0.013 Year	0.99	0.00018
LPI-FW <sup>e</sup>	= 8.0e10 e-0.013 Year	0.99	0.00018
GWL <sup>f</sup>	= 6.19 - 0.003 Year	0.99	4.90E-07

590

591

592 **Footnotes to Table 1:**

593 <sup>a</sup> Global Water Withdrawals (GWW) for human use as percentage of total annual river discharge  
594 to the sea (*c.* 36,000 km<sup>3</sup>) (Milliman and Farnsworth 2013, van Vliet et al. 2013). Historical  
595 estimates from (Scanlon et al. 2007, Shiklomanov and Rodda 2004) adjusted to match the  
596 revised human-withdrawal estimate for 2010 of 10,688 km<sup>3</sup> yr<sup>1</sup> (Jaramillo and Destouni 2015).

597 <sup>b</sup> Historical estimates of Human Appropriation of (terrestrial) Net Primary Productivity  
598 (HANPP) from (Krausmann et al. 2013). Population trends as estimated from the Living Planet  
599 Index (Loh et al. 2005, WWF 2016) evaluated against a 1970 baseline.

600 <sup>c</sup> Global Area Equipped for Irrigation or land ready for cultivation as a percentage of total global  
601 arable land (*c.* 14 million km<sup>2</sup>). Historical estimates from (Ellis et al. 2010, Scanlon et al. 2007,  
602 Siebert et al. 2015).

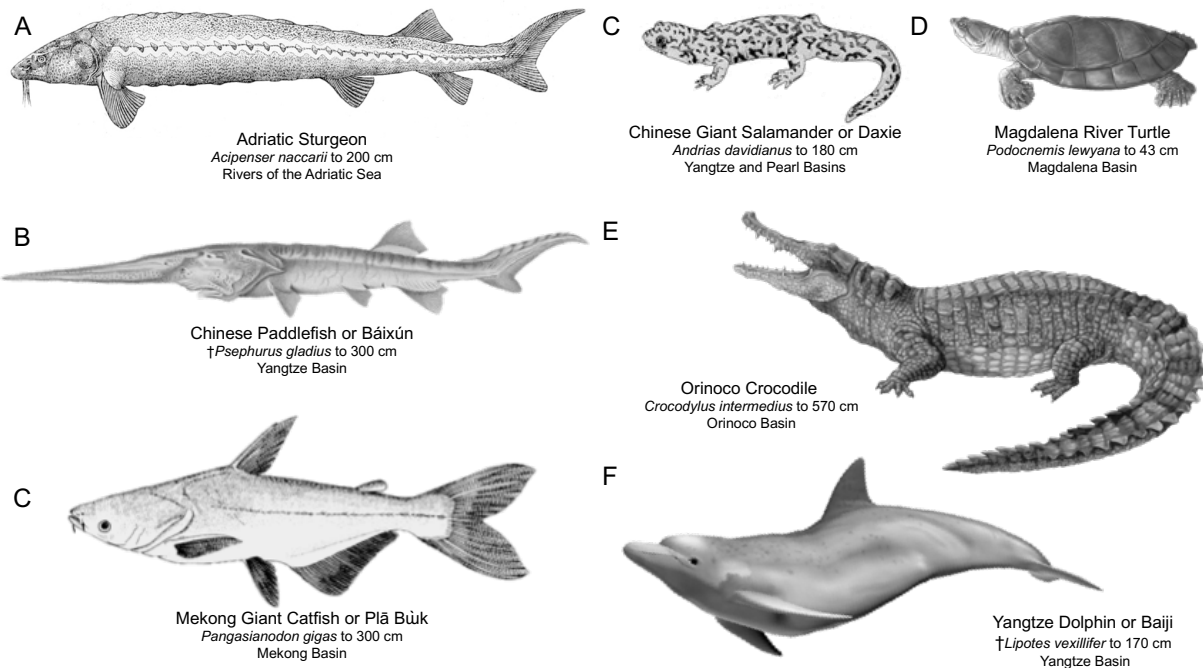
603 <sup>d</sup> LPI measures trends in the geometric mean of population abundances. LPI-FW estimates from  
604 3,324 monitored freshwater populations representing 881 species. Note freshwater populations  
605 declined an estimated 81% from 1970 to 2012.

606 <sup>e</sup> LPI-T estimates 4,658 terrestrial populations of 1,678 species.

607 <sup>f</sup> Global Wetland Loss (GWL) as percentage of pre-industrial total global wetland area at 1700.  
608 Historical estimates from (Davidson 2014.).

609





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611

612 **Fig. 2. Examples of critically endangered or recently extinct (†) freshwater megafauna ( $\geq 30$**

613 **kg).** Freshwater animals with large adult body sizes have higher extinction risk due to complex

614 habitat requirements and slow life-history strategies (e.g. long life span and late maturity). The

615 main conservation threats to these species come from human activities, including overharvesting,

616 pollution, introducing invasive species, and habitat modifications (e.g. water diversions, land-use

617 changes, climate change). The species illustrated roughly represent the proportions of

618 endangered freshwater vertebrates, with greater threats to fishes (A-C) than to tetrapods (C-F),

619 and to Eurasian (A-C, F) than non-Eurasian (D-E) species. Image sources: *Acipenser naccarii*,

620 †*Psephurus gladius*, *Andrias davidianus* from Wikimedia Commons; *Crocodylus intermedius*

621 and *Podocnemis lewyana* from Threatened Reptiles of Colombia

622 (<http://reporte.humboldt.org.co/biodiversidad/>); *Pangasianodon gigas* from Fishbase

623 (<https://www.pngguru.com/>), †*Lipotes vexillifer* from pngguru (<https://www.pngguru.com/>).

624 **Table S1.** Major wetland and other freshwater management units for which effective  
625 conservation, preservation and restoration actions have been proposed or enacted. Biota = Plants,  
626 Crustaceans, Mollusks, Fishes, Amphibians, Reptiles, Mammals.

<b>Continent</b>	<b>Area focus</b>	<b>Country/State</b>	<b>Management focus</b>	<b>Reference</b>
Global	Urban ponds	Several	Biota, hydrology	Oertli & Parris, 2019
	Wetlands and rivers	Several	Invertebrates	Boix, 2018
	Wetlands and rivers	Several	Fisheries	McIntyre et al. 2016
	Wetlands and rivers	Several	Water resource management	Pittock et al. 2015
	Apex predators	Several	Fishes	Winemiller et al. 2016
	Protected areas	Several	Fishes	Pittock et al. 2018
	Rivers	Several	Water resource management	Schmutz & Sendzimir, 2018
Africa	Several areas	Africa	Biota	Fouchy et al. 2019
	Okavango	Botswana	Biota	Ioris, 2016b
	Okavango	Botswana	Fishes	Mosepele et al. 2017
	Congo River Basin	Cameroon	Water resource management	Ako et al. 2010
	Lake Chad basin	Chad	Fishes	Lemoalle et al. 2012
	Lake Chad basin	Chad	Remote sensing	Onamuti et al. 2017
	Lake Malawi	Malawi	Fishes	Kafumbata et al. 2014
	Nile	NE Africa	Fishes	Allan et al. 2019
Lake Victoria	Tanzania	Fisheries	Eggert & Lokina, 2010	
Asia	Coastal wetlands	China	Vegetation, hydrology	Cui et al. 2016
	Peatlands	India	Vegetation, hydrology	Cheyne & Macdonald, 2011
	Peatlands	Indonesia	Vegetation, hydrology	Uda et al. 2017
	Natural lakes & reservoirs	Indonesia	Fishes	Kurniawan & Subehi, 2016
	Peatlands	Indonesia	Vegetation, hydrology	Wösten et al. 2006
	Lake Urmia	Iran	Hydrology, land-use	Khazaei et al. 2019
	Japan	Japan	Fisheries	Rahel & Taniguchi, 2019
	Aral Sea	Kazakhstan, Uzbekistan	Climate models	Destouni et al. 2013
	Aral Sea	Kazakhstan, Uzbekistan	Biota, hydrology	Micklin, 2016
	West Siberia Peatland	Russia	Ecosystem services	Keddy et al. 2009
	Endorheic basins	Several	Hydrology	Yapiyev et al. 2017
	Nee Soon forest	Singapore	Macroinvertebrates	Ho et al. 2018
South Korea	South Korea	Fishes	Kwon et al. 2015	
Australia	South East Queensland	Australia	Water resource management	Mantyka-Pringle et al. 2016

Europe	Australian rivers	Australia	Land-use policy	Hermoso et al. 2016
	Loire basin	France	Fishes	Bergerot et al. 2008
	Mediterranean	Several	Biota, hydrology	Céréghino et al. 2007
	Danube river	Several	Water resource management	Hein et al. 2016
	Iberian rivers	Spain, Portugal	Fishes	Hermoso et al. 2018
	Iberian rivers	Spain, Portugal	Fishes	Maceda-Veiga, 2013
New Zealand	Swedish rivers	Sweden	Water resource management	Malm-Renöfält et al. 2010
	New Zealand rivers	New Zealand	Water resource management	West et al. 2019
	California river and wetlands	California	Water resource management	Howard et al. 2018
North America	Sacramento Delta	California	Plants	Sloey & Hester, 2019
	Mackenzie River Basin	Canada	Water resource management	Saunders, 2014
	Hudson Bay Lowland	Canada	Biota, hydrology	Abraham & Keddy, 2005
	Mackenzie River Basin	Canada	Fisheries	Poesch et al. 2106
	Arctic rivers & wetlands	Canada	Fishes	Culp et al. 2012
	Everglades	Florida	Vegetation, hydrology	D'odorico et al. 2013
	Tennessee & Cumberland rivers	Kentucky, Tennessee	Water resource management	Thieme et al. 2012
	Louisiana coastal wetlands	Louisiana	Plants	Yando et al. 2019
	Gulf Coastal Plain	USA	Birds	Nyhus et al. 2018
	Mississippi river	USA	Water resource management	Gore, 2018
South America	Magellanic moorland	Argentina, Chile	Plants, Birds, Mammals	Arroyo et al. 2005
	Mamirauá Reserve	Brazil	Fisheries	Campos-Silva & Peres, 2016
	Mamirauá Reserve	Brazil	Birds	Costa, 2016
	Several areas	Brazil	Fishes	Alho et al. 2015
	Amazon	Brazil	Plants, Fishes	Reis et al. 2019
	Pantanal	Brazil, Paraguay	Water resource management	Ioris, 2016a
	Pantanal	Brazil, Paraguay	Biota	Tomas et al. 2019
	Andean rivers	Colombia, Ecuador, Peru	Fishes	Tognelli et al. 2019
	Pacaya-Samiria Reserve	Peru	Turtles	Harju et al. 2018
	Amazon rivers	Several	Energy resource management	Anderson et al. 2018
Amazon rivers	Several	Land-use policy	Leitão et al. 2018	
Amazon rivers	Several	Vegetation, hydrology	Arantes et al. 2019	
Several areas	Several	Biota	Goulding et al. 2019	

628 **References for Table S1.**

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