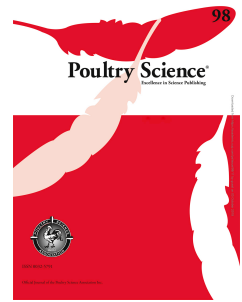


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HISTIDINE DIPEPTIDES AND MUSCLE METABOLISM

**The role of histidine dipeptides on post-mortem acidification of broiler muscles with different energy metabolism**

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26 **ABSTRACT**

27 It is generally held that the content of several free amino acids and dipeptides is closely related to  
28 the energy-supplying metabolism of skeletal muscles. Metabolic characteristics of muscles are  
29 involved in the variability of meat quality due to their ability to influence the patterns of energy  
30 metabolism not only in living animal but also during post-mortem time. Within this context, this  
31 study aimed at establishing whether the concentration of histidine dipeptides can affect muscle post-  
32 mortem metabolism, examining the glycolytic pathway of three chicken muscles (*Pectoralis major*,  
33 *extensor iliotibialis lateralis* and *gastrocnemius internus* as glycolytic, intermediate and oxidative-  
34 type, respectively) selected based on their histidine dipeptides content and ultimate pH. Thus, a total  
35 of 8 carcasses were obtained from the same flock of broiler chickens (Ross 308 strain, females, 49  
36 days of age, 2.8 kg body weight at slaughter) and selected immediately after evisceration from the  
37 line of a commercial processing plant. Meat samples of about 1 cm<sup>3</sup> were excised from bone-in  
38 muscles at 15, 60, 120 and 1,440 min post-mortem, instantly frozen in liquid nitrogen and used for  
39 the determination of pH, glycolytic metabolites, buffering capacity as well as histidine dipeptides  
40 content through <sup>1</sup>H-NMR. Overall results suggest that glycolysis in leg muscles ceased already after  
41 2 h post-mortem, while in breast muscle continued until 24 h, when it exhibited significantly lower  
42 pH values (P<0.05). However, considering its remarkable glycolytic potential, *Pectoralis major*  
43 muscle should have exhibited a greater and faster acidification, suggesting that its higher (P<0.05)  
44 histidine dipeptides' content might have prevented a potentially stronger acidification process.  
45 Accordingly, breast muscle also showed greater (P<0.05) buffering ability in the pH range 6.0-7.0.  
46 Therefore, anserine and carnosine, being highly positively correlated with muscle's buffering  
47 capacity (P<0.001), might play a role in regulating post-mortem pH decline, thus exerting an effect  
48 on muscle metabolism during pre-rigor phase and the quality of the forthcoming meat. Overall  
49 results also suggest that total histidine dipeptides content along with muscular ultimate pH represent  
50 good indicators for the energy-supplying metabolism of chicken muscles.

51 **Key words:** histidine dipeptides; broiler; post-mortem metabolism; glycolysis; buffering capacity.

**INTRODUCTION**52  
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Skeletal muscles have to withstand a large range of activities, from supporting the body weight during periods of standing, to perform rapid movements following sudden threats. To deal with a huge variety of activities, muscles are composed by various types of fibers, which differ in their contractility, metabolic activity as well physiological, morphological and other distinctive characteristics (Ryu and Kim, 2005; Westerblad et al., 2010; Lee et al., 2010). Two major metabolic pathways are used to produce energy (i.e. ATP) in skeletal muscles: the first is the oxidative pathway, through which carbohydrates, lipids and amino acids are oxidized in the mitochondria with a high oxygen requirement, while the second is the glycolytic pathway, through which glycogen stores are rapidly converted into lactate without any oxygen requirement (Scheffler and Gerrard, 2007; Aberle et al., 2012). These two metabolic pathways have been used to generally type myofibers as oxidative, glycolytic or oxido-glycolytic (i.e. intermediate). According to their fiber composition, muscles possess different abilities to release and seize  $Ca^{2+}$ , activate ATPases, stimulate glycolysis, produce lactate, and decrease post-mortem muscular pH (Lefaucheur, 2010; Zhang et al., 2017). Both in mammals and birds, metabolic characteristics of skeletal muscles are one of the focal factors associated to the variability of meat quality due to their ability to influence the pattern of energy-supplying metabolism in living animal, as well as during the conversion of muscle to meat occurring during post-mortem time (Lee et al., 2016; Petracci et al., 2017; Chauhan and England, 2018). In the past decades, several authors have suggested myoglobin concentration and lactate dehydrogenase activity to rapidly distinguish the oxidative or glycolytic muscle's patterns of energy generation, respectively (Flores et al., 1996; Hernández et al., 1998). More recently, based on the assumption that the content of several dipeptides and free amino acids is tightly linked to the muscle's metabolic type (Cornet and Bousset, 1999), Mora et al. (2008) have proposed carnosine content as a good indicator of muscle glycolytic metabolism, since it has been widely reported that its muscular concentration increases with the glycolytic activity of the muscle (Boldyrev and Severin, 1990; Aristoy and Toldra, 1991; Intarapichet and Maikhunthod, 2005).

78 Carnosine ( $\beta$ -alanyl-L-histidine), along with anserine ( $\beta$ -alanyl-L-N-methylhistidine), are histidine-  
79 containing dipeptides widely abundant in skeletal muscles of mammals and other vertebrates,  
80 exploiting several biological functions (Barbaresi et al., 2019). Their amount greatly varies  
81 depending on the specie and the muscle considered (Gil-Agustí et al., 2008). However, since  
82 poultry meat is particularly rich of histidine-containing dipeptides (Tinbergen and Slump, 1976),  
83 both carnosine and anserine have been the object of several poultry science-based studies because  
84 of their biological importance (Kai et al., 2015; Kim et al., 2018; Barbaresi et al., 2019). Indeed,  
85 being highly involved in the homeostasis of muscles, a reduction of their concentrations has been  
86 recently found to be associated with the occurrence of emerging muscle abnormalities in chickens  
87 (Sundekilde et al., 2017; Soglia et al., 2019; Baldi et al., 2020a). These compounds act as metal ion  
88 chelators, free radical scavengers and natural buffers to contrast the acidic end-products (e.g. lactic  
89 acid and hydrogen ions) generated during the anaerobic metabolism in vivo, since their  $pK_a$  is close  
90 to the physiological pH of animal tissues (Castellini and Somero, 1981; Decker, 2001; Wu et al.,  
91 2003). It is believed that, as in vivo, also during post-mortem anserine and carnosine regulate  
92 muscular pH (Puolanne and Kivikari, 2000). With this in mind, it is reasonable to hypothesize that  
93 the muscular concentration of histidine dipeptides might provide a sort of resistance to pH drop  
94 after the death of the animal, thus having consequences on muscle metabolism during the pre-rigor  
95 phase. Within this scenario, the main objective of the study was establishing the relation between  
96 the content of histidine dipeptides and muscle post-mortem metabolism, examining the metabolic  
97 pathways of chicken muscles selected on the basis of their amount of anserine and carnosine to  
98 represent the main metabolic types (glycolytic, intermediate and oxidative).

## 99 MATERIALS AND METHODS

### 100 *Muscle Sampling*

101 For the purpose of the study, three different chicken muscles were needed to represent the main  
102 energy-yielding patterns (oxidative, glycolytic and intermediate), in order to investigate the relation  
103 between the amount of histidine-containing compounds and muscle post-mortem metabolism.

104 Muscles needed to meet the following criteria: first, they must be supposedly characterized by a  
105 different in vivo energy metabolism, they must be of interest for human consumption, and, lastly, be  
106 readily available for easy sampling post-mortem. Thus, considering that both the amount of  
107 histidine dipeptides and the  $\text{pH}_u$  of a muscle are somehow related to its energy-generating pathway  
108 (Mora et al., 2008; Westerblad et al., 2010) a preliminary study has been carried out in order to  
109 select three muscles chosen on the basis of both their histidine dipeptides content and  $\text{pH}_u$  to  
110 represent the best compromise among the aforementioned criteria (see supplementary material S1).  
111 On a batch of ten chicken muscles belonging to different anatomical regions, those selected for the  
112 experiment to represent the three main metabolic types were: *Pectoralis major* (PM; breast) as the  
113 glycolytic-type muscle ( $\text{pH}_u$ : 5.84; histidine dipeptides: 521.9 mg/100g meat); *extensor iliotibialis*  
114 *lateralis* (EIL; thigh) as the intermediate-type muscle ( $\text{pH}_u$ : 6.38; histidine dipeptides: 269.3  
115 mg/100g meat) and *gastrocnemius internus* (GI; drumstick) chosen to represent a predominantly  
116 oxidative-type of muscle ( $\text{pH}_u$ : 6.57; histidine dipeptides: 196.2 mg/100g meat) (Figure 1).  
117 A total of eight carcasses were obtained from the same flock of broiler chickens (Ross 308 strain,  
118 females, 49 days of age, 2.8 kg body weight at slaughter) farmed and harvested under standard  
119 commercial conditions. Before slaughter, animals were subjected to a total feed withdrawal of 8 h,  
120 including a 2 h lairage time at the processing plant. Birds were electrically stunned (150 mA/bird,  
121 400 Hz), killed by severing the jugular vein and carotid artery with an automatic device and bled for  
122 180 s. Subsequently, birds were scalded 51 to 52°C for 215 s, plucked and eviscerated. Carcasses  
123 were selected immediately after evisceration from the line of the processing plant and meat samples  
124 of about 1 cm<sup>3</sup> were excised from bone-in PM, EIL and GI muscles at 15, 60, 120 and 1,440 min  
125 post-mortem, instantly frozen in liquid nitrogen and stored at -80°C until analyses. Carcasses were  
126 stored at 4 ± 1°C for the whole duration of the trial and muscle internal temperature was monitored  
127 in the cranial part of the left *Pectoralis major* muscle through a digital temperature thermal probe  
128 sensor (Hanna Instruments, Italy). Birds were housed, handled, transported from farm to

129 slaughterhouse and slaughtered according to the principles stated in EU Legislation regarding the  
130 protection of farmed animals (European Commission, 2005, 2007, 2009).

### 131 *pH Measurements and Metabolite Analysis*

132 Samples were processed as described by Matarneh et al. (2018) with slight modifications. Briefly,  
133 frozen meat samples (n=8/muscle/sampling time) were powdered under liquid nitrogen using a  
134 mortar and pestle. For pH analysis, powdered samples (0.1 g) were homogenized for 3 min using a  
135 Multi-Vortexer (Thomas Scientific, USA) in 0.8 mL of ice-cold 5 mM sodium iodoacetate and 150  
136 mM KCl solution (pH = 7.0). Following centrifugation at  $17,000 \times g$  for 5 min and equilibration to  
137  $25^{\circ}\text{C}$ , pH of supernatants was directly measured using a pH glass electrode (Jenway, UK). Aliquots  
138 of 0.1 g of frozen powdered samples designated for glucose, glucose-6-phosphate (G6P) and lactate  
139 analysis were homogenized for 3 min using a Multi-Vortexer (Thomas Scientific, USA) in 1 mL of  
140 ice-cold 0.5 M perchloric acid and incubated on ice for 20 min. Homogenates were centrifuged at  
141  $17,000 \times g$  for 5 min, then supernatants were transferred into new tubes and neutralized with 2M  
142 KOH. As for muscle glycogen analysis, another aliquot of powdered sample was homogenized for  
143 3 min using a Multi-Vortexer (Thomas Scientific, USA) in 1 mL of 1.25M HCl, heated at  $90^{\circ}\text{C}$  for  
144 2 h and centrifuged at  $17,000 \times g$  for 5 min. Supernatants were transferred into new tubes and  
145 neutralized with 1.25M KOH. Glycogen, glucose, G6P and lactate concentrations (expressed as  
146  $\mu\text{mol/g}$ ) were determined using enzymatic methods modified for a 96-well plate as described by  
147 Hammelman et al. (2003). In addition, glycolytic potential (GP) was calculated following the  
148 equation:  $\text{GP } (\mu\text{mol lactate/g muscle}) = 2 * (\text{glucose} + \text{G6P} + \text{glycogen}) + \text{lactate}$ , as proposed by  
149 Scheffler et al. (2013).

### 150 *Buffering Capacity*

151 Buffering capacity of meat samples was determined according to the method proposed by Matarneh  
152 et al. (2015) with slight modifications. About 2.5 g of the 1,440min post-mortem meat (n=8/muscle)  
153 was homogenized with an Ultra-Turrax T-25 (IKA-Werke, Germany) in 25 ml of ice-cold 5mM  
154 sodium iodoacetate and 150 mM KCl solution (pH = 7.0). After equilibration to  $25^{\circ}\text{C}$ , the

155 homogenate was transferred into a beaker and the initial pH (pH<sub>i</sub>) was measured while stirring. The  
156 pH of homogenate was adjusted to 6.0 by adding HCl or NaOH and then titrated to 7.0 using 0.5 M  
157 NaOH. Samples pH was measured using a pH glass electrode (Jenway, UK) and buffering capacity  
158 was calculated as follows: buffering capacity =  $\Delta B / \Delta pH$ , where  $\Delta B$  is the increment of base  
159 expressed as  $\mu\text{mol NaOH/g}$  of tissue and  $\Delta pH$  is the corresponding pH variation following the  
160 addition of NaOH.

### 161 *Histidine Dipeptides*

162 The concentration of anserine and carnosine in chicken meat samples was assessed through proton  
163 nuclear magnetic resonance spectroscopy ( $^1\text{H-NMR}$ ), as previously described by Marcolini et al.  
164 (2015) with slight modifications. Briefly, about 0.5 g of the 1,440 min post-mortem meat  
165 (n=8/muscle) were homogenized in 3 ml of distilled water by Ultra-Turrax T25 basic (IKA-Werke,  
166 Germany) (20 s at 11,000 rpm). Then, 1 ml of homogenate was transferred into a new tube and  
167 centrifuged at 14,000 rpm for 10 min at 4°C. An aliquot (700  $\mu\text{L}$ ) of supernatant was added into a  
168 new tube with 800  $\mu\text{L}$  of chloroform, vortexed and centrifuged as before. Subsequently, 500  $\mu\text{L}$  of  
169 the supernatant were added to 200  $\mu\text{L}$  of potassium phosphate buffer (1M, 2mM sodium azide; pH  
170 7.0) in  $\text{D}_2\text{O}$  and 10 mM 3-(Trimethylsilyl) propionic-2,2,3,3-d<sub>4</sub> acid sodium salt (TSP). Samples  
171 were centrifuged at 14,000 rpm for 10 min and 700  $\mu\text{L}$  of the supernatant were transferred into  
172 NMR tube.  $^1\text{H-NMR}$  spectra were then recorded at 25°C with a Bruker Avance III spectrometer  
173 operating at 600 MHz, equipped with a BBI-z probe and a B-ACS 60 sampler for automation  
174 (Bruker BioSpin, Germany). Spectra were collected with a 90° pulse of 14  $\mu\text{s}$  with a power of 10  
175 W, a relaxation delay of 5 s, and an acquisition time of 2.28 s.

### 176 *Statistical Analysis*

177 Data concerning pH and glycolytic metabolites were analyzed using the ANOVA for repeated  
178 measurements by employing the GLM procedure of SAS software (SAS Institute Inc., USA),  
179 testing the effect of the sampling time (15, 60, 120 and 1,440 min). The same dataset was also  
180 processed with the one-way ANOVA to test the main effect of the muscle type (PM-glycolytic,



181 EIL-intermediate and GI-oxidative) on pH and glycolytic metabolites for each sampling time. Data  
182 concerning buffering capacity and histidine dipeptides were analyzed using one-way ANOVA,  
183 considering the muscle type as a main effect. Differences among mean values were then  
184 investigated by Tukey's HSD test, by considering a significance level of  $P < 0.05$ . Furthermore, to  
185 investigate the relationship between histidine dipeptides concentration, buffering capacity and  
186 muscles glycolytic potential, correlation coefficients between the variables were generated using the  
187 Pearson's correlation option present in SAS software (SAS Institute Inc., USA).

## 188 RESULTS AND DISCUSSION

### 189 *pH decline*

190 The rate and the extent of muscular acidification occurring post-mortem can exert profound effects  
191 on meat quality and depend on several aspects, such as environmental factors, the specie  
192 considered, the physiological state of the muscle as well as its energy-supplying metabolism (Eskin  
193 et al., 2013; Lonergan et al., 2019). The patterns of pH decline of selected muscles during post-  
194 mortem time are shown in Figure 2. Intriguingly, within the first 120 min post-mortem, PM and GI  
195 muscles showed the same acidification onset, while EIL outpaced showing significantly lower pH  
196 values in the same post-mortem time frame ( $P < 0.05$ ). However, both GI and EIL muscles did not  
197 show any further significant decrease in pH value between 120 and 1,440 min post-mortem,  
198 meaning that the acidification process of these muscles reached a plateau already at 2 h post-  
199 mortem, while PM muscle's pH continued to drop until 24 h post-mortem. Indeed, at 1,440 min,  
200 PM exhibited significantly lower pH values if compared to both thigh and drumstick muscles (5.88  
201 vs. 6.12 and 6.35, respectively;  $P < 0.05$ ). The overall extent of muscle acidification was greatly  
202 different between muscles, with PM showing a  $\Delta\text{pH}$  of 1.02 units, EIL of 0.37 and, lastly, GI  
203 muscle of 0.26. These divergences in the acidification extent are ascribable to several factors,  
204 among which we found the different type of fibers composing the muscles themselves and,  
205 consequently, the amount of substrates available at death to enter into the glycolytic pathway (i.e.  
206 glycolytic potential) (Pearson and Young, 1989; Schreurs, 2000; Young et al., 2004; Pösö and

207 Puolanne, 2005). The majority of skeletal muscles are composed by a mixture of fiber types  
208 (Pollard et al., 2017). It is generally held that locomotor muscle, designated for low intensity  
209 exercise, are mainly made up by a combination of type I and IIa fibers (i.e. oxidative and  
210 intermediate, respectively) in most farmed animals (Valberg, 2008; Zhang et al., 2017). On the  
211 contrary, muscle that must withstand maximal exercise intensity are mainly composed by glycolytic  
212 fibers, such in the case of *Pectoralis major* in broilers (Schreurs, 2000; Branciari et al., 2009). Thus,  
213 from an energy metabolism perspective, glycolytic muscles such as chicken breast usually exhibit  
214 higher glycolytic potential and contraction speed that lead to great and fast acidification patterns  
215 post-mortem, while leg muscles usually display slow acidification rates and  $\text{pH}_u$  values higher than  
216 6.0 (Valberg, 2008; Petracci et al., 2017). Having this in mind, PM should have exhibited a faster  
217 and greater pH decline, especially in the first 2 h post-mortem when, unexpectedly, PM and GI  
218 showed an analogous acidification process despite their different in vivo energy-yielding pathways.

### 219 ***Glycolytic metabolites***

220 For better understanding of post-mortem metabolism and tracking the progression of anaerobic  
221 glycolysis, the concentrations of glycolytic metabolites were measured in chicken PM, EIL and GI  
222 muscles (Figure 3). Patterns of lactate formation followed pH decline and confirmed the differences  
223 in both acidification rate and extent detected among the muscles of different energy-yielding  
224 metabolism (Figure 3a). Accordingly to pH results, at 24 h post-mortem PM showed significantly  
225 higher ( $P<0.05$ ) lactate concentrations if compared to both leg muscles, in agreement with what  
226 previously found by Berri et al. (2005). However, it is noteworthy to highlight that, considering the  
227 average lactate levels detected in PM at 15 min post-mortem ( $19 \mu\text{mol/g}$ ), breast muscle should  
228 have exhibited a lower pH at the same time point. Indeed, EIL muscle, showing analogous lactate  
229 concentration ( $18.9 \mu\text{mol/g}$ ), exhibited a significantly ( $P<0.05$ ) lower pH at 15 min if compared to  
230 breast (6.49 vs. 6.62, respectively; Figure 2).

231 Mobilization of muscle glycogen during post-mortem glycolysis likely drives pH decline and might  
232 provide useful information concerning substrate utilization in muscles of different energy-supplying

233 metabolism (Matarneh et al., 2018). Patterns of glycogen depletion during post-mortem time are  
234 shown in Figure 3b. If compared to thigh and drumstick, breast muscles showed significantly higher  
235 content of glycogen at 15, 60 and 120 min post-mortem ( $P < 0.05$ ) and the fastest glycogen depletion  
236 rates (i.e. greater glycogenolytic activities) confirming what observed by Villa Moruzzi et al. (1981)  
237 in glycolytic and oxidative muscles from rats. Fast-twitch, glycolytic fibers generally have great  
238 glycogen storages since they need to quickly take it up to sustain brief and intense movements (i.e.  
239 wing flapping in flightless birds such as chickens and turkeys), while slow-twitch, oxidative fibers  
240 are highly efficient in ATP synthesis, thus needing less glycogen and glucose to provide energy  
241 through glycolysis (Schreurs, 2000; Shen et al., 2015; Zhang et al., 2017). Accordingly, chicken PM  
242 possessed a greater carbohydrate flux entering the post-mortem glycolysis, justifying the  
243 significantly lower ultimate pH and higher lactate concentration at 1,440 min post-mortem if  
244 compared to leg muscles (see Figure 2 and 3a, respectively). Glycogen was almost depleted within  
245 120 min post-mortem in GI and EIL muscles, which did not show any further decrease between 2  
246 and 24 h post-mortem, corroborating the achievement of their  $pH_u$  (i.e. cessation of post-mortem  
247 glycolysis) after 2 hours from the death of the animal. On the contrary, glycogenolysis proceeded in  
248 PM muscle until 1,440 min post-mortem, where residual glycogen ( $2.30 \mu\text{mol/g}$ ) found in meat  
249 samples suggest that glycolysis could have further continued. Indeed, glycogen is not usually a  
250 glycolysis rate-limiting factor in chicken breast muscles (Baldi et al., 2020b).

251 Glycogen degradation yields non-phosphorylated glucose molecules and glucose 1-phosphate,  
252 which is isomerized to G6P and enters the glycolytic pathway, while free glucose molecules are  
253 either converted by hexokinase to G6P or accumulated in post-mortem muscle (England et al.,  
254 2017; Matarneh et al., 2018). Patterns of glucose utilization and G6P generation (figure 3c and 3d,  
255 respectively) reflect the balance between glycogen depletion and lactate production as glycolysis  
256 proceeds (Aliani et al., 2013). At 15 min post-mortem, GI muscles showed significantly lower  
257 glucose and G6P concentrations ( $P < 0.05$ ), supporting once again the reduced flux of substrates  
258 entering the post-mortem glycolysis that led to higher  $pH_u$  values. As previously found for cattle

259 (Koutsidis et al., 2008) and chicken muscles (Matarneh et al., 2018), a reduction in both glucose  
260 and G6P concentrations was observed in the first hours post-mortem. While from 120 min post-  
261 mortem onwards glucose levels in both EIL and GI remain stable ( $P>0.05$ ), PM muscles showed a  
262 significant increase in glucose concentration, showing the highest values at 1,440 min post-mortem.  
263 This remarkable build-up of glucose in PM muscle from 120 min post-mortem onwards might be  
264 explained with a possible expanded activity of glucose 6-phosphatase, an enzyme that hydrolyzes  
265 G6P into free glucose and a phosphate group (Van Schaftingen and Gerin, 2002). Albeit few  
266 information is available for avian species, the activity of this enzyme was found to be increased in  
267 glycolytic rather than oxidative fibers of mice during early post-mortem period (Watanabe et al.,  
268 1986). Apart from the muscle type, from 120 min post-mortem onwards G6P accumulates in the  
269 muscles thus corroborating what has been previously found for porcine, cattle and chicken muscles  
270 (England et al., 2014; Scheffler et al., 2015; Matarneh et al., 2018). Intriguingly, overall reduced  
271 G6P concentrations detected in GI muscle during post-mortem might suggest that G6P is generated  
272 at a rate comparable to its consumption, since hexokinase (i.e. the enzyme that catalyzes the  
273 conversion of glucose into G6P) activity is greater in muscle mainly composed by oxidative fibers  
274 (Lefaucheur, 2010).

275 Muscle glycolytic metabolites can be combined into a single measure termed as glycolytic  
276 potential, a sum of all the compounds that can be potentially converted into lactate, useful to  
277 indicate the muscle's capacity to extend post-mortem glycolysis (Monin and Sellier, 1985; Laack et  
278 al., 2001; Scheffler and Gerrard, 2007). As shown in Figure 4, the type of muscle significantly  
279 affected the glycolytic potential. Breast muscle showed significantly higher ( $P<0.05$ ) glycolytic  
280 potential rather than leg muscles, among which GI showed the lowest value ( $35.3 \mu\text{mol lactate/g}$ ).  
281 In more detail, glycolytic potential was found to be 2-fold higher in PM if compared to GI, while  
282 EIL muscle showed intermediate values. In the living animal, glycolytic potential is closely related  
283 to the myosin heavy chain isoforms expressed by the muscle fiber types, i.e. to their speed  
284 contraction (Shen et al., 2015). Fast-twitch fibers are characterized by a higher rate of ATP

285 consumption as well as a greater glycolytic potential than slow-twitch ones (Zhang et al., 2017). As  
286 a consequence, a higher glycolytic potential will lead to a greater production of lactate and the  
287 achievement of a lower ultimate pH (Berri et al., 2005; Choe et al., 2008), such in the case of PM  
288 muscle. In this regard, the strong relationship between glycolytic potential, meat pH<sub>u</sub> and muscle  
289 metabolism has been widely proved (Monin et al., 1987; Berri et al., 2005). Thus, glycolytic  
290 potential outcomes further support our initial hypothesis that PM, EIL and GI muscles, chosen on  
291 the basis of their histidine dipeptides content, are presumably characterized by a different in vivo  
292 energy-supplying metabolism.

### 293 ***Buffering capacity***

294 The onset of post-mortem metabolism can also be affected by muscle buffering capacity, that is the  
295 ability of intracellular fluids to buffer the acidic end-products formed during periods of anaerobic  
296 metabolism (Castellini and Somero, 1981). The majority of biological tissues is adapted to operate  
297 at pH near to 7.0. In vivo, if skeletal muscle has no buffers, the simultaneous production of lactate  
298 and protons during short-term bursts of anaerobic glycolysis will result in a fast pH drop, that may  
299 inhibit the effective function of some regulatory and vital enzymes (Hand and Somero, 1982;  
300 Robergs et al., 2004). As a general rule, buffering capacity is higher in muscle mainly composed by  
301 fast-twitch, glycolytic fibers since in vivo they generate ATP through anaerobic glycolysis by  
302 producing great amounts of lactate, and for this reason they are accustomed to prevent excessive  
303 drops in pH (Pösö and Puolanne, 2005). Accordingly, in the pH range of 6.0-7.0, PM exhibited  
304 significantly higher ( $P < 0.05$ ) buffering capacity values compared to leg muscles, among which GI  
305 showed the lowest ones (Figure 5). It is widely reported that the buffering ability of a muscle is due  
306 by half to myofibrillar proteins, while compounds such as lactate, phosphate as well as histidine  
307 dipeptides contributed to the other half (Matarneh et al., 2017). Since poultry meat is known to  
308 possess high amounts of histidine-containing compounds (Barbaresi et al., 2019), the variations in  
309 buffering capacity between selected chicken muscles might be ascribable to the concentration of  
310 histidine dipeptides, which are believed to be accountable for the differences in buffering capacity

311 both within and between animal species (Castellini and Somero, 1981; Rao and Gault, 1989;  
312 Decker, 2001; Jung et al., 2013). It is essential to mention that the distribution of histidine  
313 dipeptides is species specific. Indeed, anserine was found to be plentiful in lamb and chicken meat  
314 but scarce in beef, pork, and turkey, that in turn usually exhibit higher amounts of carnosine (Chan  
315 and Decker, 1994). Therefore, while carnosine could be the major discriminating factor for  
316 dissimilarities in buffering capacity among porcine and bovine muscles, anserine can help to better  
317 explain differences detected within chicken meats.

### 318 *Histidine dipeptides*

319 The concentration of anserine and carnosine in chicken meat greatly varies depending on the breed,  
320 the gender, the age of the animals as well as the muscle considered (Peiretti and Meineri, 2015;  
321 Barbaresi et al., 2019; Cheol Kim et al., 2020). In agreement with what previously observed by  
322 several authors (Chan and Decker, 1994; Barbaresi et al., 2019), beside the muscle type, chicken  
323 meat was found to be characterized by higher amounts of anserine rather than carnosine (Figure 6).  
324 Furthermore, the concentration of histidine-containing dipeptides significantly differed depending  
325 on the energy-supplying metabolism of muscles, confirming the outcomes of previous studies  
326 (Intarapichet and Maikhunthod, 2005; Jung et al., 2013). PM muscle, being totally composed by  
327 fast-twitch, glycolytic fibers (Branciari et al., 2009), accordingly showed the highest amount of both  
328 anserine and carnosine, which resulted to be correspondingly 3.4- and 3.0-fold higher than GI  
329 muscles (409.0 vs 118.1 and 136.5 vs 45.6 mg/g meat, respectively;  $P < 0.05$ ), that in turn exhibited  
330 the lowest glycolytic rates (Figure 4). On the other hand, EIL supposedly having an intermediate  
331 metabolism, exhibited also intermediate amounts of these compounds. The remarkably higher level  
332 of anserine and carnosine in chicken breast meat is ascribable to its in vivo metabolic behavior that  
333 makes the muscle more needy of endogenous buffers able to contrast the protons produced through  
334 anaerobic glycolysis, resulting in a buildup of histidine compounds in the muscle (Puolanne and  
335 Kivikari, 2000). According to this hypothesis, both thigh and drumstick muscles exhibited reduced  
336 concentrations of histidine dipeptides because they do not necessitate to contrast large amount of

337 acidic end-products in vivo. These results seem to corroborate the strong relationship existing  
338 between the amounts of histidine dipeptides and the energy metabolism of muscle, as already  
339 suggested by previous studies conducted on porcine muscles (Cornet and Bousset, 1999; Mora et  
340 al., 2008). In this regard, Pearson correlation coefficients showed that both anserine and carnosine  
341 were highly positively correlated ( $P < 0.001$ ) with overall buffering capacity and glycolytic potential  
342 of chicken muscles (Table 1; see supplementary material S2 for Pearson correlation matrixes  
343 calculated for each muscle). Considering these aspects, it might be reasonable to assume that the  
344 content of histidine dipeptides might be one of the key factors regulating muscle post-mortem  
345 metabolism. Indeed, in virtue of its glycolytic potential (Figure 4) as well as the high contraction  
346 speed of its fast-twitch, glycolytic fibers, PM should have exhibited a faster and greater  
347 acidification within the first 120 min post-mortem (i.e. when muscle pH drops from 6.60 to 6.30),  
348 suggesting that the remarkable concentration of histidine dipeptides might have buffered a  
349 potentially stronger acidification in the first hour post-mortem. This hypothesis is further supported  
350 by anserine and carnosine's  $pK_a$  values that, being respectively 6.38 and 7.04, guarantee the  
351 maximal buffering capacity at pH ranges included from 6.4 to 7.0 (Boldyrev and Severin, 1990;  
352 Pösö and Puolanne, 2005) This scenario would confirm that histidine compounds exert their  
353 buffering activity not only in vivo, but also during post-mortem period, at least in the first hour after  
354 the death of the birds where muscle's pH is still close to its physiological value. Furthermore, it  
355 should be emphasized that, considering its glycogen content at 15 min, PM should have also  
356 exhibited lower  $pH_u$  values in absolute terms ( $< 5.7-5.8$ ). This trend further supports the hypothesis  
357 that histidine dipeptides might have limited not only the rate, but also the extent of early post-  
358 mortem acidification of PM muscle by buffering the acidic end-products of anaerobic glycolysis.  
359 Within this context, it is reasonable to speculate that the muscular concentration of histidine-  
360 containing compounds, having great outcomes on muscle buffering ability, might provide resistance  
361 to post-mortem pH decline, thus exerting an effect on muscle metabolism during pre-rigor phase  
362 and the quality of the forthcoming meat.

363

364

## CONCLUSION

365 This study establishes the solid relationship existing between the content of anserine and carnosine  
366 and muscle post-mortem metabolism, indicating that the selection of PM, EIL and GI chicken  
367 muscles based on their histidine dipeptides thoroughly reflects their predominant energy-supplying  
368 metabolism. Being remarkably responsible for the buffering capacity of skeletal muscles, histidine  
369 dipeptides provide a resistance to post-mortem pH decline, thus explaining the slower and reduced  
370 extent of muscular acidification of PM muscle that, being markedly glycolytic, should have  
371 exhibited a lower  $\text{pH}_u$  in absolute terms. Thus, it could be hypothesized that the concentration of  
372 anserine and carnosine might also account for differences in  $\text{pH}_u$  values existing both within and  
373 between different mammalian and poultry muscles characterized by the similar energy metabolism.

374

375

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381

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383

384

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- 567

568

**TABLE**

569 **Table 1.** Pearson correlation coefficients between the overall concentration of histidine dipeptides,  
 570 buffering capacity and glycolytic potential assessed in chicken *Pectoralis major* (PM), *extensor*  
 571 *iliotibialis lateralis* (EIL) and *gastrocnemius internus* (GI) muscles (n=24). \*\*\*= P < 0.001

	Buffering capacity*	Glycolytic Potential
Anserine	+ 0.86***	+ 0.91***
Carnosine	+ 0.79***	+ 0.87***

572 \* overall buffering capacity of PM, EIL and GI muscles calculated as the average of buffering capacity values detected in the pH  
 573 range 6.0-7.0.

574



575

**FIGURE CAPTIONS**

576 **Figure 1.** Muscles selected for the experiment and relative anatomic location.

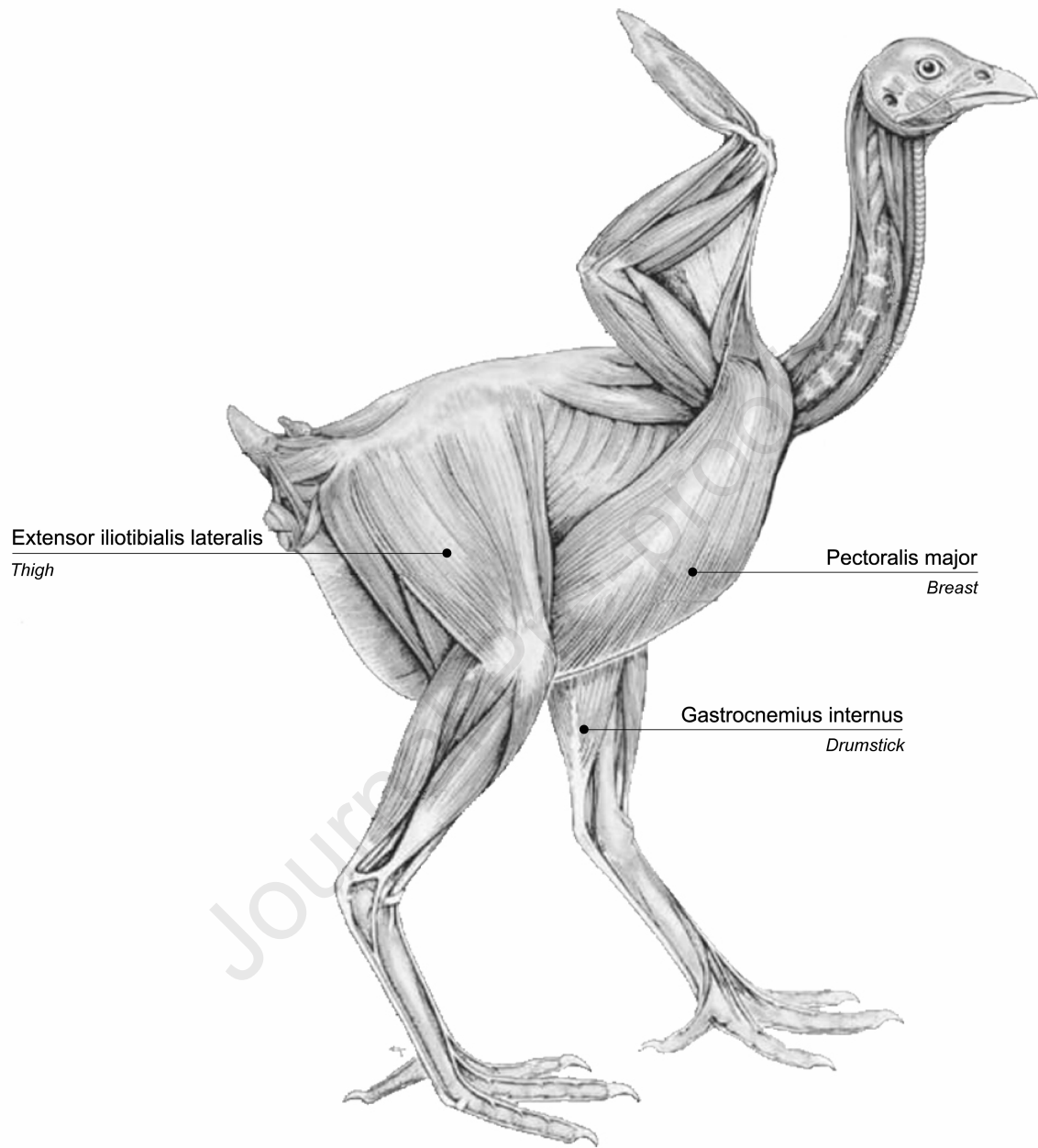
577 **Figure 2.** Average pH values of chicken *Pectoralis major* (PM), *extensor iliobtibialis lateralis* (EIL)  
578 and *gastrocnemius internus* (GI) muscles at 15, 60, 120 and 1,440 min post-mortem (n=8/group). a-  
579 d: means lacking a common letter significantly differ among the time points within the same muscle  
580 (P<0.05). x-z= means lacking a common letter significantly differ among the muscles within the  
581 same time point (P<0.05). Error bars indicate standard error of means.

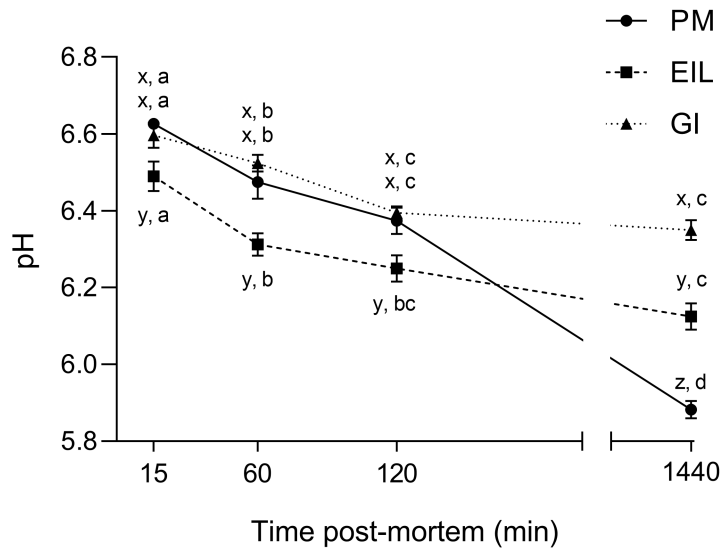
582 **Figure 3.** Average lactate (a,  $\mu\text{mol/g}$ ), glycogen (b,  $\mu\text{mol/g}$ ), glucose (c,  $\mu\text{mol/g}$ ) and glucose-6-  
583 phosphate (d,  $\mu\text{mol/g}$ ) of chicken *Pectoralis major* (PM), *extensor iliobtibialis lateralis* (EIL) and  
584 *gastrocnemius internus* (GI) muscles (n=8/group) at 15, 60, 120 and 1,440 min post-mortem. a-c:  
585 means lacking a common letter significantly differ among the time points within the same muscle  
586 (P<0.05). x-z= means lacking a common letter significantly differ among the muscles within the  
587 same time point (P<0.05). Error bars indicate standard error of means.

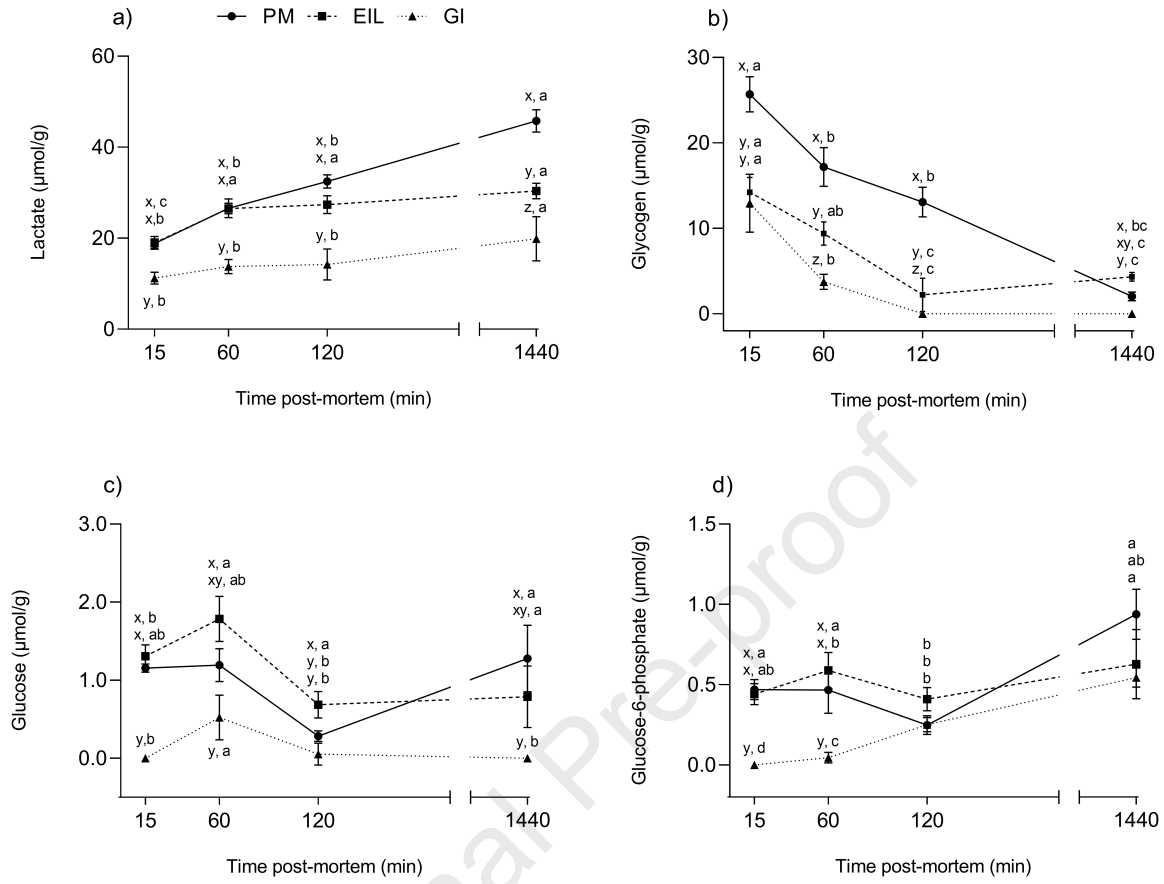
588 **Figure 4.** Average glycolytic potential ( $\mu\text{mol lactate/g muscle}$ ) of chicken *Pectoralis major* (PM),  
589 *extensor iliobtibialis lateralis* (EIL) and *gastrocnemius internus* (GI) muscles (n=8/group). a-c:  
590 means lacking a common letter significantly differ (P<0.05). Error bars indicate standard error of  
591 means.

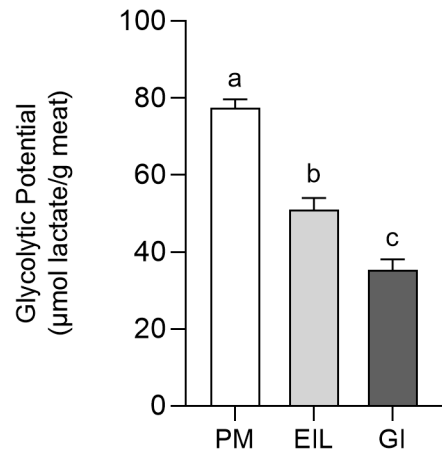
592 **Figure 5.** Buffering capacity ( $\mu\text{mol H}^+\cdot\text{pH}^{-1}\cdot\text{g}^{-1}$ ) (pH range 6.0-7.0) in chicken *Pectoralis major*  
593 (PM), *extensor iliobtibialis lateralis* (EIL) and *gastrocnemius internus* (GI) muscles (n=8/group). a-  
594 c: means lacking a common letter significantly differ among the same pH range (P<0.05). Error  
595 bars indicate standard error of means.

596 **Figure 6.** Average values of anserine and carnosine concentrations (mg/100g meat) in chicken  
597 *Pectoralis major* (PM), *extensor iliobtibialis lateralis* (EIL) and *gastrocnemius internus* (GI)  
598 muscles (n=8/group). a-c: means lacking a common letter significantly differ among muscles  
599 (P<0.05). Error bars indicate standard error of means.

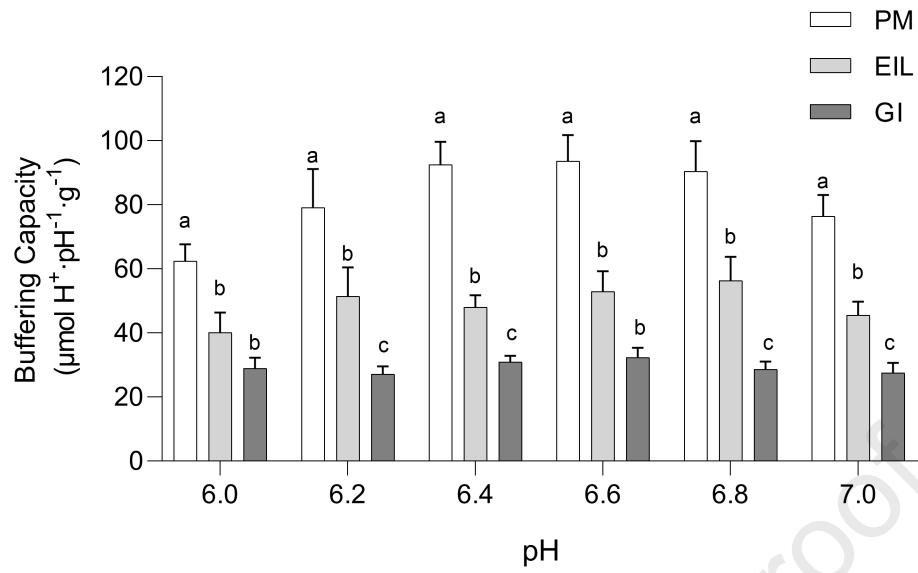


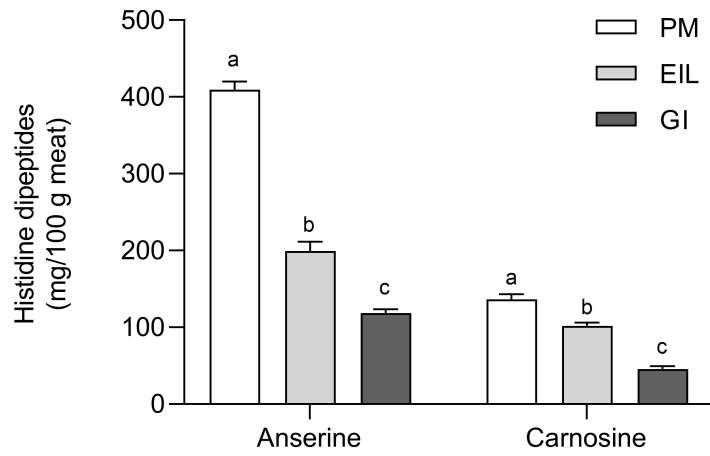






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Dear Editorial Office,

We have no conflict of interest to declare.

Sincerely yours,

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