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2	Driving laboratory standardisation of bacterial culture and antimicrobial

- susceptibility testing in veterinary clinical microbiology in Europe and beyond 3
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## **Abstract**

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Globally, antimicrobial resistance is one of the most important public health challenges in which the clinical microbiology laboratory plays a critical role by providing guidance for antimicrobial treatment. Despite the recognition of its importance, there is still a real need for standardized training of clinical microbiologists and harmonisation of diagnostic procedures. This is particularly true for veterinary clinical microbiology where additional challenges exist when microbiologists are trying to fulfil a professional role very similar to their colleagues working in human microbiology laboratories. The specific points that need addressing to improve the outputs of veterinary microbiology laboratories discussed here include 1) harmonisation of methodologies used by veterinary laboratories for antimicrobial susceptibility testing (AST); 2) specific guidelines for interpretation and reporting of AST results for animal pathogens; 3) guidelines for detection of antimicrobial resistance mechanisms in animal isolates; 4) standardisation of diagnostic procedures for animal clinical specimens and 5) the need to train more veterinary clinical microbiology specialists. However, there is now a plan to address these issues led by the European Network for Optimisation of Veterinary Antimicrobial Treatment (ENOVAT) which is bringing together experts in veterinary microbiology, pharmacology, epidemiology and antimicrobial stewardship from Europe and wider afield. ENOVAT is aiming to work with project partners towards standardisation and harmonisation of laboratory methodologies and optimisation of veterinary antimicrobial treatment. Ultimately, the project may provide a mechanism for standardisation and harmonisation of veterinary clinical microbiology methodologies, which could then be used as a template for implementation at a wider international level.

## Introduction

laboratories.

Antimicrobial resistance (AMR) is a global multifactorial issue, which endangers the ability		
to treat bacterial infections and hinders the implementation of important medical advances		
(i.e. complex surgeries, chemotherapy) in both human and veterinary medicine. The		
emergence of AMR has highlighted the key role that clinical microbiology laboratories play		
in driving antimicrobial stewardship and appropriate antimicrobial use (1).		
Underuse or suboptimal use of microbiological culture and antimicrobial susceptibility		
testing (AST) and overreliance on empirical antimicrobial therapy can exacerbate AMR in		
both human and veterinary settings; therefore, in order to overcome these obstacles a closer		
partnership between diagnostic laboratories and clinicians is required for successful		
antimicrobial stewardship (1, 2). In addition, there have been calls for standardized training		
of clinical microbiologists, and a better understanding of the professional identity of clinical		
microbiologists in line with the recognition received by other specialities (3, 4). If calls for a		
greater professional recognition are warranted in human clinical microbiology where the field		
is already seen as an integral element of antimicrobial stewardship, a similar need exists for		
both closer laboratory-clinic collaboration and improved recognition of the role of clinical		
microbiologists in veterinary settings. To facilitate these needs, standardized training of		
veterinary clinical microbiologists, a better recognition of the clinical microbiologist's role in		
patient care and harmonization of professional standards is needed in veterinary clinical		
microbiology. In addition, several major challenges exist for veterinary microbiology		
laboratories, which we discuss here.		
Harmonizing methodologies of antimicrobial suscentibility testing (AST) in veterinary		

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pathogens

Although international antimicrobial susceptibility testing (AST) standards for microbiology laboratories exist and are largely applicable to veterinary settings (https://www.iso.org/standard/70464.html), their implementation is dependent on local factors. Furthermore, currently there is no worldwide consensus for usage of a common methodology in veterinary laboratories. When performing culture and AST, veterinary laboratories generally follow methodologies developed for processing human clinical isolates. In that regard, laboratories adhere to either the European Committee on Antimicrobial Susceptibility Testing (EUCAST) or the American Clinical and Laboratory Standards Institute (CLSI) guidelines or, less commonly, guidelines issued by various national committees. This approach serves the immediate needs of clinicians and the data can be useful for detecting shifts in local antimicrobial susceptibility patterns. However, the use of multiple standards is a major limitation when comparing susceptibility data between laboratories or countries, thereby compromising global AMR surveillance in animal pathogens. Hence, early detection of emergent resistant pathogens or meaningful comparison of resistance rates within or between countries is hampered, as shown in a study comparing antimicrobial susceptibility data in canine urinary tract infections isolates from across Europe (5). Similarly, human studies have shown that the usefulness of AMR surveillance is often jeopardised by variability in laboratory procedures or non-compliance with international reporting standards (6). In addition, the quality management guidance provided by CLSI for monitoring antimicrobial resistance trends using cumulative susceptibility data provided by human epidemiologic studies (7) also needs to be followed in veterinary surveillance programmes. Lack of specific guidelines for interpretation and reporting of AST results for animal

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Although Veterinary Antimicrobial Susceptibility Testing subcommittees have been established within both the CLSI (-VAST) and EUCAST (VetCAST), there is still a shortage of animal-, infection- and pathogen-specific clinical breakpoints (CBPs) for antimicrobial drugs used in veterinary medicine. Both subcommittees are actively developing more clinical breakpoints for veterinary antimicrobial agents; however, this is a slow process due to the complexity of the tasks for various pathogen-antimicrobial combinations in different infections and animal hosts. In the meantime, the lack of specific interpretative criteria for animal pathogens represents a great difficulty for laboratory staff. Thus, developing best practice guidelines for interpreting and reporting AST results for animal pathogens for which CBPs are not yet available must be regarded as a priority for the veterinary profession. Lack of guidelines for detection of AMR mechanisms in clinical companion animal isolates AMR is widespread in companion and livestock animals (8, 9), and accurate detection and identification of resistant organisms is paramount for infection control and preventing zoonotic transmission. Although harmonisation of methods and interpretative criteria for monitoring AMR in zoonotic and commensal bacteria from healthy food-producing animals has been established through the EU-Commission Decision 2013/652/EU (https://www.eumonitor.eu/9353000/1/j9vvik7m1c3gyxp/vk0vn25n5e9o), AMR surveillance in companion animals, primarily cats, dogs and horses, has not been included. Veterinary laboratories, which actively perform AMR surveillance, often follow either the CLSI (10) or **EUCAST** procedures (https://www.eucast.org/fileadmin/src/media/PDFs/EUCAST\_files/Resistance\_mechanisms/ EUCAST detection of resistance mechanisms 170711.pdf) for specific detection of resistance mechanisms; however, these are not entirely applicable for veterinary clinical

isolates. For instance, consensus on detection methods for methicillin-resistance in important

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animal pathogens such as methicillin-resistant Staphylococcus pseudintermedius (MRSP) or S. schleiferi (MRSS), is still lacking (10, 11). In addition, detection of these and other multidrug resistant (MDR) organisms emerging in companion animals [e.g. carbapenemresistant Escherichia coli and Acinetobacter baumannii (12, 13)] are often restricted to specialised research laboratories, raising the question of whether many AMR issues remain undetected. All of this points to a clear need for guidance for veterinary laboratories on screening and reporting policies, including when to refer emerging multidrug resistant (MDR) organisms to specialist laboratories. Standardisation of diagnostic procedures for animal clinical specimens The absence of specific guidelines and methodologies for processing animal clinical specimens for microbiology testing is a well-recognised and serious challenge to the profession (14). Consequently, there is an urgent need for standardisation of the diagnostic process from sample collection, processing, pathogen identification, selection of isolates for AST and reporting, in veterinary laboratories across all veterinary services providers. Such a lack of specific guidelines for common procedures in veterinary laboratories has multiple implications that influence the appropriate diagnosis and clinical management of infections, directly impacting on antimicrobial stewardship. Thus, AMR surveillance programs may become ineffectual, therapeutic interventions inappropriate and significant zoonoses may go undetected. A comprehensive set of recommended clinical microbiology procedures, covering all stages of microbiological investigations, is necessary to ensure common standards across microbiology laboratories processing veterinary specimens. These should include guidelines for (i) clinical specimen collection and laboratory management specific to the clinical condition/animal species, (ii) specimen-specific culture, (iii) organism isolation

and identification, (iv) selection of relevant bacterial pathogens for AST, and (v) the

interpretation and reporting of culture and susceptibility results. A widely available resource

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for such protocols, similar to what is available for human microbiology laboratories in the UK [Standards for Microbiology Investigations (UK SMIs); https://www.gov.uk/guidance/uk-standards-for-microbiology-investigations-smi-quality-andconsistency-in-clinical-laboratories] should be created through a similar consultation process involving all partners and organisations active in this field. Ideally, these laboratory procedures should be standardised at a European level and made available to all veterinary microbiology laboratories. In addition, a new framework for Microbiology Investigation Criteria for Reporting Objectively (MICRO) to ensure accurate and comparable microbiology laboratory results are produced among human laboratories, has been recently published and could be adopted by veterinary laboratories (15). Although the points highlighted here are long-held goals, there is now a plan for action which is being led by the European Network for Optimisation of Veterinary Antimicrobial Treatment (ENOVAT). ENOVAT is an EU COST Action project bringing together experts in veterinary microbiology, pharmacology, epidemiology and antimicrobial stewardship throughout Europe and wider afield via collaborations with Near Neighbour Countries and International Partner Countries. Amongst other important objectives (https://enovat.eu/about/), ENOVAT is aiming to use online surveys to critically review the current methodologies and interpretive criteria used by veterinary microbiology diagnostic laboratories and identify gaps and challenges of microbiological diagnostic procedures. The survey outcome will provide an invaluable data source which can be used to draw a roadmap outlining how ENOVAT can work with project partners towards standardisation and harmonisation of veterinary microbiology methodologies. The role of veterinary clinical microbiologists in the context of emerging molecular

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Similar to humans, animal infections are often caused by opportunistic pathogens residing in the commensal bacterial population, making interpretation of culture results and pathogen selection for AST challenging (16). Optimisation of this process requires the expertise of a clinical microbiologist, ideally with a veterinary background to guide the laboratory technical staff, to give advice at all analytical stages, and to facilitate the dialogue between the laboratory and clinicians. Such dialogue is increasingly important due to the advent and uptake of new laboratory diagnostic technologies. For example, matrix-assisted laser desorption ionization-time of flight mass (MALDI-TOF) spectrometry is increasingly adopted as the gold standard for bacterial and fungal identification in the veterinary microbiology laboratories (17-19). MALDI-TOF has revolutionised clinical microbiology by introducing an easy to perform, rapid, low-cost method of identification; however, veterinary microbiologists need also to be aware of the new challenges arising as the low-cost of testing per isolate can lead to more isolates being identified to species level compared to the pre-MALDI-TOF era. To reduce the risks of "over identification", a very careful process of "clinical microbiology reasoning" needs to be undertaken by the bench microbiologist to ensure that only isolates which are clinically relevant are selected for AST (20, 21). Although the occurrence of technical errors in laboratory testing is reduced by following quality control programs, interpretation of culture results should integrate multiple clinical and laboratory factors to identify and pursue clinically significant bacterial isolates. The wealth of knowledge built up in human clinical microbiology studies shows that underestimation of the value of this process can lead to testing and reporting of organisms not associated with infection and hence contributing to inappropriate or ineffective antimicrobial therapy (22). Furthermore, new molecular tools aiming to improve diagnostic quality or speed up result

turnaround time, have emerged in clinical microbiology. These molecular diagnostic

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technologies are designed to detect single or multiple pathogen(s) (bacterial, viral or fungal) associated with clinical syndromes. These molecular tools include point of care tests (POCTs), gene-based resistance detection platforms, single or multiplex PCR assays, immune-chromatographic tests, peptide nucleic acid fluorescent in situ hybridization (FISH) technologies, loop-mediated isothermal assays (LAMP), mass spectrometry and nextgeneration sequencing (21, 23). POCTs, also known as "rapid diagnostic tests" or "near patient tests", are used in both human and animal settings; these, are designed to be used outside the laboratory and to generate results under an hour allowing timely interventions. A recent study which has sought to identify POCTs currently available for diagnosing animal disease in developing countries, has found that many POCTs target a small number of key zoonotic animal diseases, while few exist for other important animal diseases (24). This study also highlighted that the lack of validation regulations for veterinary POCTs has allowed tests which have been improperly validated to enter the market, presenting challenges for customers and undermining their true potential on disease control (24). Multiplex PCR assays have the advantage of simultaneously detecting multiple bacterial, viral and/or fungal pathogens likely to be associated with a particular clinical syndrome (e.g., respiratory, gastrointestinal (GI), sepsis or central nervous system (CNS) infections); however, the disadvantage is that novel unsuspected pathogens may be missed (21). These multiplex detection platforms have gained a place in human and veterinary clinical practice as they support timely detection and clinical management decisions but have also introduced challenges in the clinical microbiology laboratory. These include evaluation of cost-value analysis, integration of molecular platforms in the laboratory workflow and the need for experienced specialists for results interpretation and monitoring results accuracy (21). Not last, these molecular advances include next generation sequencing (NGS) and bioinformatics, which are increasingly used for high resolution typing of pathogens or

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plasmids during hospital outbreaks, detection of genes associated with antimicrobial resistance or pathogenicity, although they are more commonly undertaken as part of research investigation (25). The role of whole genome sequencing (WGS) in predicting AST was reviewed by Ellington M. J. et al., and concluded that currently, for most bacterial species there is insufficient evidence to support the use of WGS-inferred AST to guide clinical decision-making (26). Furthermore, direct pathogen detection in clinical specimens (metagenomics NGS) via Nanopore MinION sequencing is gaining popularity due to the advantages provided by its novel features (compact portable device providing real-time sequencing and analysis) allowing easier integration in the microbiology laboratory workflow (27). However, the transition of NGS from research to the clinical human and veterinary clinical laboratory setting seems to be a distant prospect due to its complexity and the need for expert input, especially bioinformatics knowledge required for interpretation of results, as well as validation and quality assurance (28). The issue around availability and integration of molecular diagnostics in the human and veterinary routine microbiology laboratory workflow are even more profound in developing countries due to poor infrastructures, financial inequities and lack of training. In addition, there is a lack of effective AMR surveillance networks and diagnostic capacity in both human and animal populations in developing countries, leading to an increase use of broad-spectrum antimicrobials by health professionals (29).As the technical advances continue to emerge in clinical microbiology, careful integration of what is technically possible with what is clinically relevant, will require regular appropriate training of staff to keep pace with the developments in the field (23, 27). This highlights the importance of the veterinary clinical microbiology training and specialisation, which has a longstanding history in America where the American College of Veterinary Microbiology

was formed in 1968 (https://www.acvm.us/about-acvm/). . In Europe, the formation of the

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European College of Veterinary Microbiology (ECVM) became reality in 2016 (https://ebvs.eu/colleges/ECVM). In addition, the Study Group of Veterinary Microbiology (ESGVM), established within the European Society for Clinical Microbiology and Infectious Diseases, also promotes the need for training and specialisation in veterinary microbiology in Europe (https://www.escmid.org/research projects/study groups/study groups o z/veterinary micr obiology/). Furthermore, the European Association for Veterinary Diagnosticians (EAVLD, https://www.eavld.org/eavld/) provides a platform for networking and communication among veterinary laboratories. Ultimately, the increasing threat from AMR and zoonotic emerging infectious diseases is underlying the need to improve and integrate veterinary microbiology services with public health services worldwide, to provide the backbone of a global One Health approach. Ensuring that veterinary microbiology laboratory have the technical facilities and the expertise of veterinary microbiology specialists, provides the necessary infrastructure to change and adapt to new challenges such as the one represented by the SARS-Cov-2 pandemic. This major public health issue has created unprecedented pressure on the global health services and provided an opportunity for veterinary microbiology services to rise to the challenge and show their adaptability by joining the global effort of controlling the pandemic through PCR testing when it most needed it (30). **Summary** Within the ENOVAT project, we are developing united complementary approaches within the veterinary microbiology profession to help achieve the long-held goals of harmonisation of AST methods and standardisation of diagnostic procedures across veterinary microbiology

laboratories in Europe and beyond. We are also lobbying for more training of clinical

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veterinary microbiologists to enable the roll out of high quality diagnostic and treatment protocols for animals. This would ensure the implementation of common strategies and a level playing field across all laboratories, which will positively reduce the AMR burden and ultimately improve animal and public health. The outcomes may well bring benefits to veterinary diagnosticians worldwide. Acknowledgements We thank all participants supporting the COST Action CA18217 – ENOVAT, in particular members of Working group 1 (Mapping microbiological diagnostics and treatment guidelines, https://enovat.eu/wg1/). **Transparency declaration** The authors have no conflicts of interest to declare. **Funding** This article is based upon work from COST Action 18217, supported by COST (European Cooperation in Science and Technology; www.cost.eu), a funding agency for research and innovation networks.

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