



Title	Can the colour of per-rectal bleeding estimate the risk of lower gastrointestinal bleeding caused by malignant lesion?
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Can the colour of per-rectal bleeding estimate the risk of lower gastrointestinal bleeding caused by malignant lesion?

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1
2 **Abstract**
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5 **Purpose:** To estimate the risk of lower gastro-intestinal bleeding (LGIB) caused by
6 malignant lesion in patients presenting with per-rectal bleeding (PRB), by using visual
7 aid as an objective measurement of PRB colour.
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11 **Methods:** This was a prospective observational study on patients presented with PRB
12 to Family Medicine Specialty Clinic, who undergo flexible sigmoidoscopy (FS) or
13 colonoscopy (CLN) from December 2012 to September 2013. Patients aged 40 years
14 old or above, haemodynamically stable, with normal haemoglobin level were included.
15 Patients with history of previous colonic surgery, refused to have FS or CLN, with
16 ophthalmologic diseases such as colour blindness were excluded. Parameters
17 including subjective description of PRB colour, number of chosen red colour by
18 patients, source and distance of bleeding from anal verge were recorded for analysis.
19 Receiver operating characteristic (ROC) curve was used to identify the optimal cutoff
20 level of colour for diagnosing colonic lesion. Diagnostic accuracy was assessed by
21 area under the ROC curve (AUC). Accountability of this model was assessed by
22 logistic regression.
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31 **Results:** The dark PRB colour was associated with diagnosis of tumour ($p < 0.001$) and
32 advanced neoplastic polyp ($p < 0.001$). The light PRB colour was associated with the
33 diagnosis of piles ($p < 0.001$). The performance of our model to predict tumour or
34 advanced neoplastic polyps by colour (AUC: 0.798) had a better discriminative power
35 than that to predict colonic lesion alone (AUC: 0.610) by ROC curve analysis.
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41 **Conclusion:** Objective measurement of PRB colour accurately estimated the risk of
42 LGIB caused by malignant lesion in patients presenting with PRB.
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46 **Keywords:** lower gastro-intestinal bleeding; per rectal bleeding; colour cards;
47 colonoscopy; sigmoidoscopy.
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51 **What does this paper add to the literature?**

52 Objective measurement of per-rectal bleeding colour is a valid and non-invasive tool
53 for estimating the risk of lower gastro-intestinal bleeding caused by malignant lesion.
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Introduction

Per-rectal bleeding (PRB) is a common presentation in primary care. (1) Although most cases of PRB are due to local conditions like haemorrhoids and many other non-malignant conditions, this symptom is a major sign of colorectal cancer and is frequently the first presenting symptom. (2-5)

The physician's interrogation of the patient for a description of PRB is the standard initial approach to diagnosing lower gastro-intestinal bleeding (LGIB). (6, 7) And yet, this subjective clinical approach had not been tested or validated in primary care. There are variability and inconsistency in subjective colour reporting by patients. It is worthy to verify patients' subjective description by an objective visual aid.

From the literature review, the appearance of the passed blood could be dependent on two factors. The first is the length of time in the intestine. (7) It shows that the darkness of the red colour of PRB is related to the distance from the anal verge. The second is the proportion of oxygenated blood: deoxygenated blood. It is because arterial blood contains oxygenated blood which is lighter in colour while venous blood contains deoxygenated blood which is darker in colour. (8,9) Therefore, the objective PRB colour can help to correlate the cause and site of LGIB.

As PRB is a common clinical problem, there is a large and increasing demand of both flexible sigmoidoscopy (FS) and colonoscopy (CLN). Due to limitation in health resources, the waiting list of FS and CLN in public health sector is quite long. It is important to decide which patients with PRB need either FS or CLN most so that we can pick up those high risk cases of colorectal cancer for early investigation. (10-14)

This study aimed at estimating the risk of LGIB caused by malignant lesion in patients presenting with PRB by an objective measurement of the colour of PRB so that we can identify which patient with PRB needs flexible sigmoidoscopy or colonoscopy earlier. Another aim was to use visual aid to assist in history taking for the description of colour of PRB, so that we can have a more objective assessment of the colour of PRB.

Method

1 This was a prospective observational study on patients presented with PRB to the
2 Family Medicine Specialty Clinic (FMSC) in Hong Kong and those who underwent
3 flexible sigmoidoscopy or colonoscopy subsequently during the period from
4 December 2012 to September 2013.
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8 Patients who were aged 40 or older, haemodynamically stable, with normal
9 haemoglobin level were included. Patients were excluded if they had history of
10 previous colonic resections or surgical alterations, refused to have FS or CLN, had
11 blindness or ophthalmologic diseases such as colour blindness which affect the
12 differentiation of colour.
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16 17 **Procedure**

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19 Before FS or CLN, complete blood pictures were done to make sure that they were
20 not anaemic due to massive blood loss. It was because massive bleeding may affect
21 the transit time of the blood in the intestine and then affect the colour of the blood in
22 the stool. Blood pressure and pulse were checked to ensure that the patients were
23 haemodynamically stable. All subjects were asked to describe in words the colour of
24 PRB. Patients were free to use their own terms without any direction from the
25 physician. After that, the patients were shown by the physician a colour card (Figure 1)
26 composing of four numbered colours from the left of brightest red to the right of
27 darkest red and were invited to point to a specific colour that was best approximate to
28 the colour of the PRB. The choices were recorded as a colour number ranging from
29 1 to 4. Either FS or CLN would be performed by endoscopist to find out the site and
30 source of LGIB.
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41 The parameters including the subjective description of PRB colour, the number of the
42 chosen red colour from the card by the patient, the source of bleeding and the distance
43 from the anal verge to the causative lesion found in FS or CLN, were all recorded for
44 outcome analysis. Research ethics of this study was approved by the Kowloon West
45 Cluster Research Ethics Committee, Hong Kong.
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50 51 **Data Analysis**

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53 Descriptive statistics were presented with median and interquartile range for
54 continuous variables, and frequency and proportion for categorical variables
55 Differences in patients' characteristics between the PRB colour were tested using
56 Chi-square test or Mann-Whitney U-test, where appropriate.
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1 Accuracy in terms of the sensitivity, specificity, positive predictive value (PPV) and
2 negative predictive value (NPV) of the use of PRB colour in diagnosing colonic
3 lesions (polyp or tumour), or diagnosing ominous colonic lesion (tumour or advanced
4 neoplastic polyps), as well as tumour alone, were compared to diagnosis confirmed by
5 FS or CLN as the diagnostic standard. The receiver operating characteristic (ROC)
6 curve would be obtained by plotting sensitivity against (1-specificity) for each cutoff
7 value for identification of the optimal cutoff level of PRB colour for diagnosing
8 colonic lesion or tumour among this population compared to diagnosis confirmed by
9 FS or CLN. Diagnostic accuracy was assessed by the area under the ROC curve
10 (AUC). The accountability of this model was assessed by logistic regression analysis,
11 accounting for all other clinical and socio-demographic characteristics. Finally,
12 predicted probabilities of diagnosing colonic lesion outcomes were estimated with
13 respect to the PRB colour.
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24 All data analyses were conducting SPSS Version 21.0. P-value of <0.05 was
25 considered as statistical significance.
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28 **Sample Size**

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31 The sample size required was estimated by two parameters: prevalence of PRB and
32 odds ratio. The prevalence of PRB was estimated as 14.7% in Turkish population.
33 Since there was no literature showing the prevalence of PRB in Hong Kong, and
34 Turkish as an Asian population, we used it to calculate our study sample size. Given
35 an estimate of prevalence rate in Turkey from previous study, sample size of 283
36 subjects was large enough to detect an odds ratio of 1.6 with 80% power at the 0.05
37 significance level with a two-sided test. By assuming 87.3% of colonoscopy
38 attendance rate we needed 325 subjects in total. (15-17)
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46 **Results**

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49 A total of 325 eligible patients were consented to join the study. Amongst them, 293
50 patients were completed with either FS or CLN. 32 patients were lost to follow up due
51 to the default of endoscopy appointment. In this study, the majority of patients
52 presented with PRB were male. The gender, smoking status, complaints of change of
53 the bowel habit, change of the stool and procedure were more frequently associated
54 with change of colour in PRB. (Table 1) The other demographic and clinical
55 characteristics of our patients did not vary significantly between different colour
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1 groups. The dark colour change of the PRB was statistically significant associated
2 with diagnosis of tumour ($p<0.001$) and advanced neoplastic polyp ($p<0.001$) in our
3 study. (Table 2) On the other hand, the light colour change of PRB was statistically
4 significant associated with the diagnosis of piles ($p<0.001$). The other benign lesions
5 like colonitis, proctitis, anal fissure did not vary significantly between different colour
6 groups. The colour change of the PRB was also significantly associated with the
7 distance of the lesion from the anal verge. The light red colour was significantly
8 associated with the site of rectum and the dark red colour was associated significantly
9 with the transverse colon, but not the other sites of the colon. (Table 2)
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16 **When the demographic, clinical and diagnostic factors were further adjusted in the**
17 **logistic regression model,** the diagnosis of polyps or tumour were more significantly
18 associated with the darker colour change of PRB (Colour ≥ 2), and diagnosis of
19 malignant lesions like tumour or advanced neoplastic polyps were more significantly
20 with a trend towards the darkest colour change of PRB (Colour 3 & 4). In other words,
21 the light PRB colour (Colour 1) had higher likelihood of neither polyp nor tumour.
22 The performance of our model to predict tumour or advanced neoplastic polyps by the
23 change of colour of PRB had a better discriminative power than **that to predict** colonic
24 lesion alone by ROC curve analysis (Table 3 & 4, figure 2-4).
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32 Predicted probability of colonic lesion was gradually increased with the darker colour
33 of PRB (Figure 1). **Colour 4** indicated the predicted probability of 86.6% for any
34 colonic lesion, 60.9% for ominous colonic lesion, and 34.5% for tumour.
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38 **Discussion**

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41 PRB is a common presenting symptom of colorectal cancer, though most cases of
42 PRB encountered in primary care are due to local benign causes, such as piles.
43 However, a useful tool is still lacking for the family physician to predict the benign
44 causes from the malignant causes and to prioritize the patients for further invasive
45 investigations like enemas or endoscopies.
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51 In clinical practice, it is common to perform FS or CLN in patients with bowel
52 symptoms because of the concern about colorectal cancer. (10,18) Change of bowel
53 habit and PRB are significantly associated with left-sided cancers. (10,12) In Choi
54 et al, it reported that FS was a valuable initial investigation for patients older than 40
55 years presenting with bright red PRB without other bowel symptoms instead of
56 colonoscopy. (10)
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2 Since PRB is a very common clinical problem in Hong Kong, the demand of both FS
3 and CLN is ever increasing. The waiting lists of both FS and CLN in the public
4 hospitals become longer and longer due to the limited health resources. It is important
5 to differentiate those patients with PRB at high risks of colorectal cancer for early
6 investigations. (10-14)
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11 PRB represents a diverse range of bleeding sources and severities, ranging from
12 haemorrhoidal bleeding to blood loss from colorectal tumours.(19) The described
13 colouration of PRB by patients is frequently transposed to medical terminology by
14 physicians. (7) Various terms are used to describe blood emanating from the lower
15 gastrointestinal tract, including hematochezia, rectal bleeding and bright red blood
16 per-rectum. These terms, even when defined, are somewhat non-specific and do not
17 indicate the acuity or severity of bleeding and do not always localize the bleeding
18 sources. (19) When PRB is not witnessed by the physicians, they usually rely on the
19 patients' description of the blood colour (7) e.g. 'bright red', 'light red', 'dark-red',
20 'brown', etc. Again, these subjective descriptions of colour had not been tested in
21 any systemic fashion in our locality and in primary care. (6,7)
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31 In a study done by Zuckerman GR et al (6), evaluated prospectively if an objective
32 test of stool colour would correlate with or improve upon subjective descriptions in
33 predicting bleeding locations. The objective test employed was a simple pocket sized
34 card containing five numbered colours that typify the spectrum of stool colours.
35 This study revealed marked variability and surprisingly inconsistency in subjective
36 colour reporting for both patients and physicians and the superiority of several card
37 colours for separating upper from lower bleeding sources. (7)
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44 Choi et al reported that flexible sigmoidoscopy was a valuable initial investigation for
45 patients older than 40 years presenting with bright red PRB without other bowel
46 symptoms. (10) However, the description of 'bright red' PRB was not standardized
47 either. Patients' description may not be accurate but the darkness of the red colour of
48 PRB may actually give us a clue on the site and source of bleeding in the distal lower
49 intestinal tract. The darkness of the colour of PRB may be helpful in the general
50 evaluation of the level of bleeding, i.e. the distance of bleeding site from the anus. (6)
51 Moreover, it may be related to the pathology of the bleeding. For example,
52 haemorrhoidal bleeding may have a lighter red colour as haemorrhoids are
53 arterio-venous shunts. (20) The arterial component made the red colour lighter as it
54 contains oxygenated blood. (8) The mucus from malignant tumour may make the
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1 PRB darker in colour. Therefore, light red PRB may point to benign and distal
2 lesion while dark red PRB may point to malignant and proximal lesion.
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5 Therefore, we would like to verify the validity of patient's history on the PRB colour
6 with an objective confirmation and try to find out the relationship between colour of
7 PRB and the site and source of LGIB. In our study, a colour card (Figure 1)
8 containing four numbered colours (from bright red to dark red with RGB colour
9 coding) was used. These colours had been determined in a pilot study to
10 approximate the spectrum of PRB colour most commonly reported by patients with
11 PRB.
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17 Most of the previous studies focus on the acute LGIB in hospitalized patients. The
18 area is grossly under-explored in primary care, and yet it is very important in our daily
19 practice. We need to identify the prediction of outcome of our patients with PRB upon
20 their presentation with objective assessment so that we can decide which patients with
21 PRB need FS or CLN most.
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27 In this study, we used the visual aid to assist in history taking for the description of
28 colour of PRB, so that we could have a more objective assessment of the colour of the
29 PRB. It was found to have a marked variability and inconsistency of the colour
30 chosen from the card by patients in responding to their subjective description of the
31 colour of the PRB. Despite most patients complained of "fresh PRB" chose colour 1
32 & 2, some patients still chose colour 3 & 4 from the card. On the other hand, a few
33 patients complained of dark coloured PRB, they chose colour 1 from the cards finally.
34 (Table 6) These all reflect the facts that inconsistency between subjective and
35 objective assessment in history taking and a more accurate objective method is needed
36 for a better and more consistent communication between the patient and the physician.
37 Accurate and good history taking is certainly the first step in making the right
38 diagnosis.
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48 Furthermore, the objective measurement of the colour of the PRB can help estimating
49 the risk of LGIB caused by malignant lesion in patients presenting with PRB, after
50 adjusting for demographic, clinical and diagnostic factors. In this study, it is shown
51 that the darker coloured PRB had higher likelihood of predicting colonic polyp or
52 tumour. On the other hand, the lighter coloured PRB like colour 1 had higher
53 likelihood of predicting neither polyp nor tumour. This result is very helpful in our
54 clinical practice, not only for the family physicians, but also for the surgeons. We can
55 use this assessment model to identify which patient with PRB needs endoscopy earlier,
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1 so that we can make better use of our limited health resources in the public health
2 sector. In addition, the colour change of the PRB is also significantly associated with
3 the distance of the colonic lesion from the anal verge. Therefore, the visual aid colour
4 scheme can be a useful tool for triaging those high risk patients with PRB for either
5 flexible sigmoidoscopy or colonoscopy, in order to make economic use of the
6 endoscopic investigations.
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10 Hence, a suggested treatment algorithm is formulated (figure 5). Patients presented
11 with PRB are instructed to choose a colour from the colour card that is best
12 approximate to the colour of the PRB. If colour 3 or 4 is chosen, early CLN should be
13 arranged as soon as possible. On the other hand, if colour 1 or 2 is chosen, routine
14 CLN can be arranged. However, for patients with previous CLN and have been
15 diagnosed to have benign conditions, e.g. haemorrhoids, they could be observed with
16 regular follow up. During each follow up, they are instructed to choose a colour from
17 the colour card again, according to the colour of the PRB. The choice of colour should
18 be monitored closely during each visit. Early CLN should be arranged promptly if the
19 patients choose colour 3 or 4.
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28 **Conclusion**

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31 The objective measurement of the colour of PRB can help estimating the risk of LGIB
32 caused by malignant lesion in patients presenting with PRB, so that we can prioritize
33 those high risk patients with PRB to have flexible sigmoidoscopy or colonoscopy
34 earlier, especially in those units with long waiting list of endoscopy. Furthermore, the
35 use of a standard objective visual aid can assist in history taking for the subjective
36 description of the colour of PRB, facilitating decision making for the choice of
37 endoscopic investigations.
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45 **Acknowledgement**

46 I would like to thank the whole surgical team of Family Medicine Specialty Clinic for
47 identifying and recruiting patients and the patients who participated.
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50 **Competing interest**

51 None declared.
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Table 1. Demographic and Clinical Characteristics of Subjects

	Colour of PRB					P-value*
	Total (N=293)	1 (N=178)	2 (N=73)	3 (N=26)	4 (N=16)	
<i>Demographic</i>						
Age (median, IQR)	58 (51-66)	56 (51-65)	58 (50-64)	61 (52-69)	60.5 (55-69.5)	0.275
Male	153 (52.2%)	81 (45.5%)	40 (54.8%)	18 (69.2%)	14 (87.5%)	0.002
Smoking Status						0.022
Smoker	39 (13.3%)	18 (10.1%)	12 (16.4%)	6 (23.1%)	3 (18.8%)	
Non-smoker	203 (69.3%)	137 (77.0%)	45 (61.6%)	12 (46.2%)	9 (56.3%)	
Ex-smoker	51 (17.4%)	23 (12.9%)	16 (21.9%)	8 (30.8%)	4 (25.0%)	
<i>Clinical</i>						
BMI (median, IQR)	23.6 (22.0-26.1)	23.6 (22.0-26.1)	24.0 (22.3-26.7)	22.0 (26.0-24.3)	23.2 (22.5-26.1)	0.752
History of colorectal neoplasia	8 (2.7%)	4 (2.2%)	2 (2.7%)	0 (0.0%)	2 (12.5%)	0.084
Family History of CRC	40 (13.7%)	25 (14.0%)	9 (12.3%)	5 (19.2%)	1 (6.3%)	0.668
Change of bowel habit						0.001
No change	253 (86.3%)	155 (87.1%)	67 (91.8%)	22 (84.6%)	9 (56.3%)	
Less frequent	22 (7.5%)	15 (8.4%)	4 (5.5%)	1 (3.8%)	2 (12.5%)	
More frequent	18 (6.1%)	8 (4.5%)	2 (2.7%)	3 (11.5%)	5 (31.3%)	
Change of stool						<0.001
No change	250 (85.3%)	157 (88.2%)	64 (87.7%)	21 (80.8%)	8 (50.0%)	
Harder stool	16 (5.5%)	11 (6.2%)	5 (6.8%)	0 (0.0%)	0 (0.0%)	

Looser stool	27 (9.2%)	10 (5.6%)	4 (5.5%)	5 (19.2%)	8 (50.0%)	
Significant weight loss	8 (2.7%)	5 (2.8%)	3 (4.1%)	0 (0.0%)	0 (0.0%)	0.636
Hb level (median, IQR)	14.0 (13.0-15.0)	14.0 (13.0-15.0)	14.0 (13.0-15.0)	13.0 (15.0-13.5)	14.0 (12.5-15.0)	0.296
Procedure						<0.001
Colonoscopy	206 (70.3%)	129 (72.5%)	60 (82.2%)	12 (46.2%)	5 (31.3%)	
Flexible sigmoidoscopy	87 (29.7%)	49 (27.5%)	13 (17.8%)	14 (53.8%)	11 (68.8%)	

Note:

PRB=Per Rectal Bleeding; IQR=Interquartile Range; BMI=Body Mass Index; CRC=Colorectal Cancer

* Significant difference by Chi-square test or Mann-Whitney U-test, where appropriate

Table 2. Diagnosis of Subjects

	Total (N=293)	Colour of PRB				P-value*
		1 (N=178)	2 (N=73)	3 (N=26)	4 (N=16)	
Diagnosis						
Tumour	17 (5.8%)	4 (2.2%)	2 (2.7%)	7 (26.9%)	4 (25.0%)	<0.001
Advanced neoplastic polyp	11 (3.8%)	2 (1.1%)	2 (2.7%)	3 (11.5%)	4 (25.0%)	<0.001
Polyp size <1cm	78 (26.6%)	46 (25.8%)	20 (27.4%)	5 (19.2%)	7 (43.8%)	0.361
Colonic / Proctitis	5 (1.7%)	3 (1.7%)	2 (2.7%)	0 (0.0%)	0 (0.0%)	NA
Pile	188 (64.2%)	125 (70.2%)	48 (65.8%)	12 (46.2%)	3 (18.8%)	<0.001
Others	2 (0.7%)	1 (0.6%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	NA
Distance						
<=10cm	197 (67.2%)	127 (71.3%)	50 (68.5%)	15 (57.7%)	5 (31.3%)	0.008
>10-20cm	28 (9.6%)	13 (7.3%)	6 (8.2%)	4 (15.4%)	5 (31.3%)	0.012
>20-60cm	23 (7.8%)	8 (4.5%)	6 (8.2%)	1 (3.8%)	8 (50.0%)	<0.001
>=60cm	4 (1.4%)	3 (1.7%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	NA
Site						
Rectum	214 (73.0%)	136 (76.4%)	52 (71.2%)	19 (73.1%)	7 (43.8%)	0.044
Rectosigmoid	3 (1.0%)	2 (1.1%)	1 (1.4%)	0 (0.0%)	0 (0.0%)	NA

junction

Sigmoid colon	48 (16.4%)	25 (14.0%)	12 (16.4%)	6 (23.1%)	5 (31.3%)	0.246
Descending colon	16 (5.5%)	7 (3.9%)	4 (5.5%)	2 (7.7%)	3 (18.8%)	0.089
Splenic flexure	1 (0.3%)	1 (0.6%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	NA
Transverse colon	8 (2.7%)	4 (2.2%)	1 (1.4%)	0 (0.0%)	3 (18.8%)	<0.001
Hepatic flexure	1 (0.3%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (6.3%)	NA
Ascending colon	15 (5.1%)	11 (6.2%)	4 (5.5%)	0 (0.0%)	0 (0.0%)	0.441
Caecum	9 (3.1%)	5 (2.8%)	2 (2.7%)	0 (0.0%)	2 (12.5%)	0.129

Note:

PRB=Per Rectal Bleeding

* Significant difference by Chi-square test

Table 3. Performance Characteristics of PRB colour at various cutoff level for diagnosis

PRB colour cutoff level	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Positive likelihood ratio	Negative likelihood ratio	AUC (95%CI)
<i>Diagnosis of Tumour or Polyps (n+=102 vs n-=191)</i>							0.610 (0.540-0.681)
≥2	50.00%	66.49%	44.35%	71.35%	1.492	0.752	
≥3	26.47%	92.15%	64.29%	70.12%	3.371	0.798	
≥4	12.75%	98.43%	81.25%	67.87%	8.114	0.886	
<i>Diagnosis of Tumour or Advanced Neoplastic Polyps (n+=28 vs n-=265)</i>							0.798 (0.695-0.901)
≥2	78.57%	64.91%	19.13%	96.63%	2.239	0.330	
≥3	64.29%	90.94%	42.86%	96.02%	7.098	0.393	
≥4	28.57%	96.98%	50.00%	92.78%	9.464	0.737	
<i>Diagnosis of Tumour (n+=17 vs n-=276)</i>							0.773 (0.639-0.908)
≥2	76.47%	63.04%	11.30%	97.75%	2.069	0.373	
≥3	64.71%	88.77%	26.19%	97.61%	5.761	0.398	
≥4	23.53%	95.65%	25.00%	95.31%	5.412	0.799	

Note

PRB=Per Rectal Bleeding; PPV=Positive predictive value; NPV=Negative predictive value; AUC=Area under ROC curve

Table 4. Association between the diagnosis of colonic lesions and colour of PRB

	Logistic Regression			
	Crude OR	P-value	Adjusted OR*	P-value
<i>Diagnosis of Tumour or Polyps</i>				
≥2	1.984 (1.215-3.242)	0.006	18.661 (1.994-174.634)	0.010
≥3	4.224 (2.126-8.393)	<0.001	4.749 (0.510-44.252)	0.171
≥4	9.154 (2.544-32.937)	0.001	0.956 (0.042-21.890)	0.978
<i>Diagnosis of Tumour or Advanced Neoplastic Polyps</i>				
≥2	6.781 (2.656-17.313)	<0.001	6.600 (1.934-22.523)	0.003
≥3	18.075 (7.501-43.556)	<0.001	20.941 (4.726-92.799)	<0.001
≥4	12.850 (4.362-37.856)	<0.001	3.408 (0.782-14.848)	0.102
<i>Diagnosis of Tumour</i>				
≥2	5.544 (1.761-17.457)	0.003	5.362 (1.050-27.387)	0.044
≥3	14.489 (5.007-41.929)	<0.001	17.651 (2.355-132.319)	0.005
≥4	6.769 (1.918-23.892)	0.003	1.173 (0.150-9.154)	0.879

Note:

OR=Odds Ratio

* Adjusted for demographic, clinical and diagnosis variables in logistic regression

Table 5. Consistency of the colour of PRB reported verbally and by colour plate

Verbal \ Colour plate number	1 (N=166)	2 (N=68)	3 (N=22)	4 (N=15)
Light Red (N=9)	6	3	0	0
Fresh Red (N=241)	157	65	13	6
Dark Red (N=18)	3	0	9	6
Old Red (N=3)	0	0	0	3

Figure 1.

Per-rectal bleeding colour card and predicted probabilities of colonic lesion with respect to colour



	1	2	3	4
Tumour or Polyps	0.294	0.304	0.524	0.866
Tumour or Advanced Neoplastic Polyps	0.035	0.074	0.257	0.609
Tumour	0.025	0.036	0.169	0.345

Note: RGB coding of colour 1 / 2 / 3 / 4 = 24033 / 2141818 / 15600 / 9700.

Figure 2.

Receiver operating characteristics curve of PRB colour at various cutoff level for detecting diagnosis of tumour or polyps

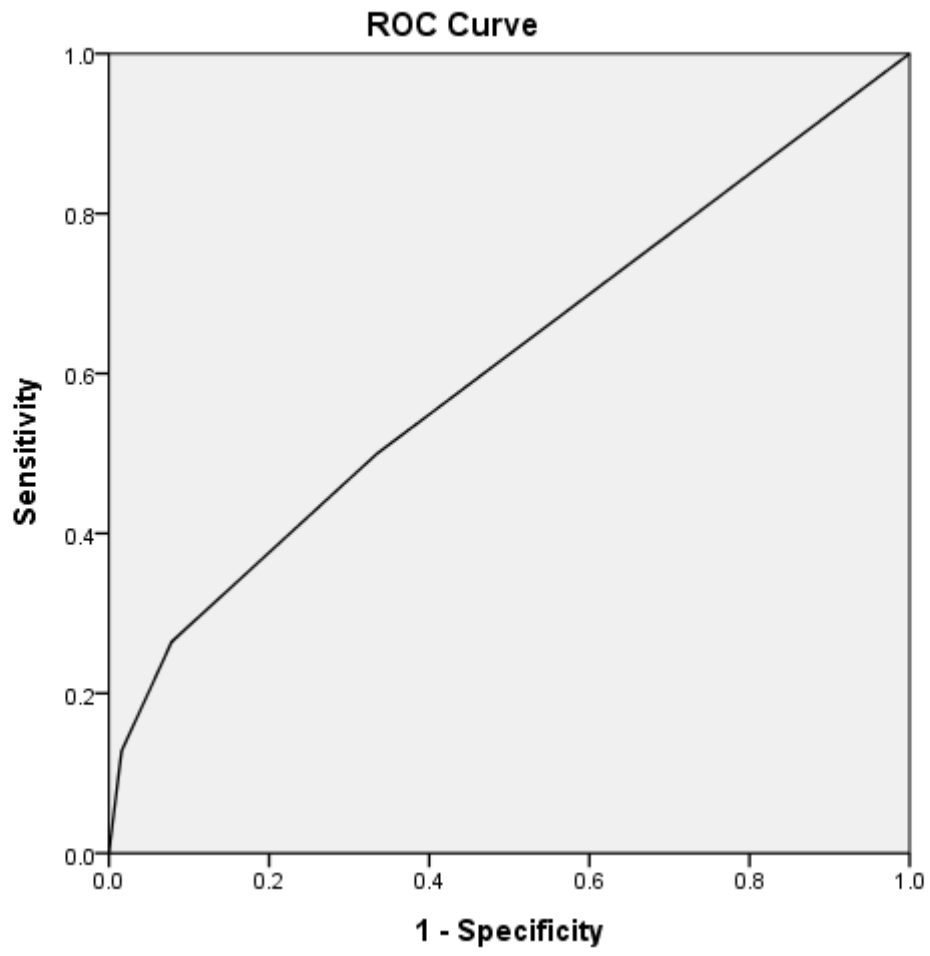


Figure 3.

Receiver operating characteristics curve of PRB colour at various cutoff level for detecting diagnosis of tumour or advanced neoplastic polyps

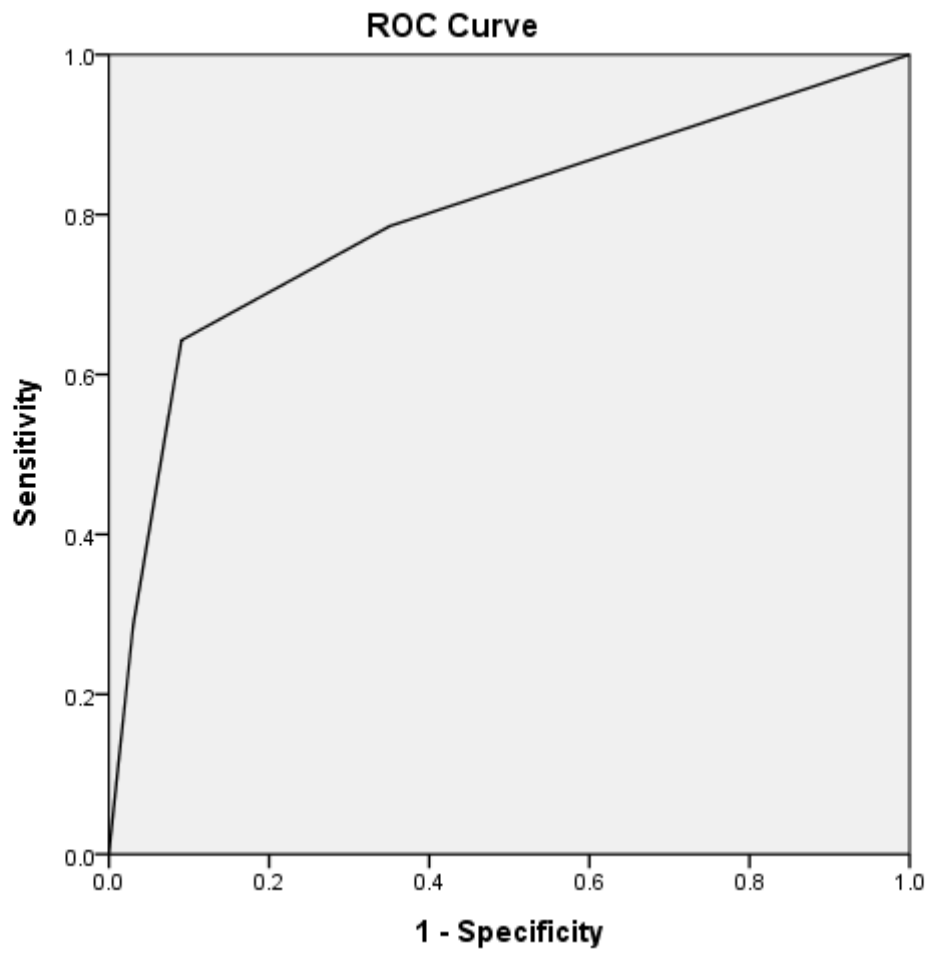


Figure 4.

Receiver operating characteristics curve of PRB colour at various cutoff level for detecting diagnosis of tumour

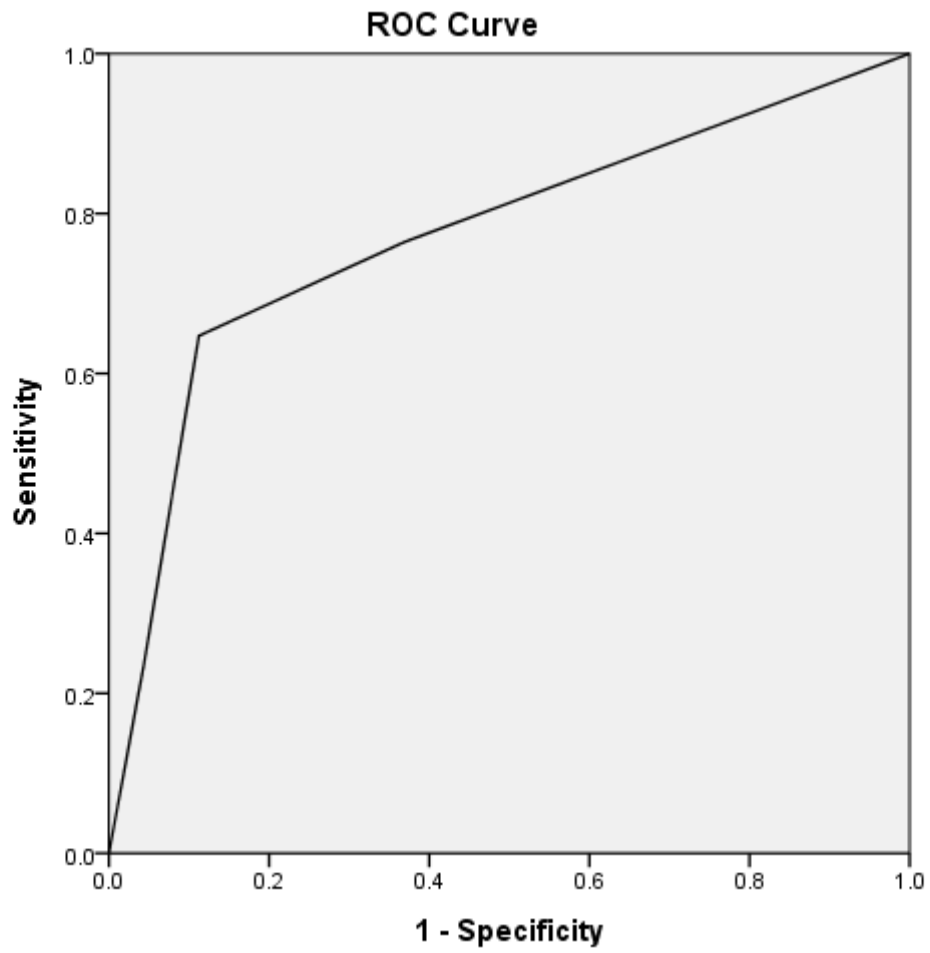


Figure 5.
Treatment Algorithm

