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Outreach dental service for institutionalized elderly in Hong Kong.

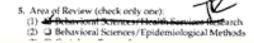
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There are more than 70,000 institutionalized elderly in Hong Kong but there is no organized dental care service for these persons. In 1998, a charitable trust (S.K. Yee Medical Foundation) funded to establish an outreach dental service to care for the special needs groups in Hong Kong. The purpose of this presentation was to describe the oral health conditions of the institutionalized elderly in Hong Kong and how the outreach service could improve their situation. The core staff of the outreach dental team comprised two half-time dentists, a chairside assistant and a secretary. Elderly homes registered with the government were asked to apply for the service. Portable equipment was transported to the elderly homes where a room was used as a temporary dental clinic. The elderly were interviewed and clinically examined. Basic dental care including prevention, scaling, filling, extraction and denture repair was provided as necessary to the elderly free of charge. It was found that the team could serve about 2,000 elderly in a year. Close to 90% of the patients were over 70 years of age. More than 1/3 of them had dental pain or sensitivity and 2/3 had not seen a dentist for at least 3 years, 20% of the elderly were edentulous, 61% had decayed teeth and 11% had deep periodontal pockets. Over 95% of the elderly's treatment need could be met by the outreach team. Feedback from the patients showed that about 90% of them were very satisfied or satisfied with the service. It was concluded that the oral health of institutionalized elderly in Hong Kong could be greatly improved by outreach dental teams and that the cost needed not be high, (Supported by the S.K. Yee Medical Foundation).

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