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<b>Citation</b>	<b>Biochemistry And Cell Biology, 2000, v. 78 n. 3, p. 329-343</b>
<b>Issued Date</b>	<b>2000</b>
<b>URL</b>	<b><a href="http://hdl.handle.net/10722/45438">http://hdl.handle.net/10722/45438</a></b>
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REVIEW / SYNTHÈSE

## Pituitary adenylate cyclase activating polypeptide as a novel hypophysiotropic factor in fish

Anderson O.L. Wong, Wen Sheng Li, Eric K.Y. Lee, Mei Yee Leung, Lai Yin Tse, Billy K.C. Chow, Hao Ren Lin, and John P. Chang

**Abstract:** Pituitary adenylate cyclase activating polypeptide (PACAP) is a novel member of the secretin-glucagon peptide family. In mammals, this peptide has been located in a wide range of tissues and is involved in a variety of biological functions. In lower vertebrates, especially fish, increasing evidence suggests that PACAP may function as a hypophysiotropic factor regulating pituitary hormone secretion. PACAP has been identified in the brain-pituitary axis of representative fish species. The molecular structure of fish PACAP is highly homologous to mammalian PACAP. The prepro-PACAP in fish, however, is distinct from that of mammals as it also contains the sequence of fish GHRH. In teleosts, the anterior pituitary is under direct innervation of the hypothalamus and PACAP nerve fibers have been identified in the pars distalis. Using the goldfish as a fish model, mRNA transcripts of PACAP receptors, namely the PAC1 and VPAC1 receptors, have been identified in the pituitary as well as in various brain areas. Consistent with the pituitary expression of PACAP receptors, PACAP analogs are effective in stimulating growth hormone (GH) and gonadotropin (GTH)-II secretion in the goldfish both in vivo and in vitro. The GH-releasing action of PACAP is mediated via pituitary PAC1 receptors coupled to the adenylate cyclase-cAMP-protein kinase A and phospholipase C-IP3-protein kinase C pathways. Subsequent stimulation of Ca<sup>2+</sup> entry through voltage-sensitive Ca<sup>2+</sup> channels followed by activation of Ca<sup>2+</sup>-calmodulin protein kinase II is likely the downstream mechanism mediating PACAP-stimulated GH release in goldfish. Although the PACAP receptor subtype(s) and the associated post-receptor signaling events responsible for PACAP-stimulated GTH-II release have not been characterized in goldfish, these findings support the hypothesis that PACAP is produced in the hypothalamus and delivered to the anterior pituitary to regulate GH and GTH-II release in fish.

**Key words:** PACAP, VIP, PAC1 receptor, VPAC1 receptor, VPAC2 receptor, growth hormone, gonadotropin-II, cAMP, protein kinase A, protein kinase C, calcium, pituitary cells, goldfish, and teleost.

**Résumé :** Le polypeptide activant l'adénylate cyclase hypophysaire (PACAP) est un nouveau membre de la famille de peptides sécrétine/glucagon. Chez les mammifères, ce peptide se trouve dans plusieurs tissus et il intervient dans divers processus biologiques. Chez les vertébrés inférieurs, spécialement chez les poissons, plusieurs éléments suggèrent que le PACAP serait un facteur hypophysiotrope réglant la sécrétion d'hormones hypophysaires. Le PACAP a été identifié dans le cerveau et l'hypophyse d'espèces représentatives de poissons. La structure moléculaire du PACAP des poissons est très homologue à celle du PACAP des mammifères. Cependant, le prépro-PACAP des poissons est différent de celui des mammifères, puisqu'il comporte également la séquence de la somatocitrine (GHRH) de poissons. Chez les téléostéens, l'antéhypophyse est innervée directement par l'hypothalamus et des fibres nerveuses à PACAP ont été mises en évidence dans l'antéhypophyse. Des ARNm des récepteurs PAC1 et VPAC1, des récepteurs du PACAP, ont été mis en évidence dans l'hypophyse et diverses régions du cerveau du cyprin doré. En concordance avec l'expression de récepteurs du PACAP dans l'hypophyse, des analogues du PACAP stimulent la sécrétion de l'hormone somatotrope

Received January 13, 2000. Revised March 15, 2000. Accepted March 15, 2000. Published on the NRC Research Press web site on May 2, 2000.

**Abbreviations:** PACAP, pituitary adenylate cyclase activating polypeptide; VIP, vasoactive intestinal polypeptide; GHRH, growth hormone-releasing hormone; GnRH, gonadotropin-releasing hormone; GH, growth hormone; GTH-II, maturational gonadotropin; AC, adenylate cyclase; PLC, phospholipase C; cAMP, cyclic 3',5'-adenosine monophosphate; IP3, inositol 1,4,5-trisphosphate; DAG, diacylglycerol; PKA, protein kinase A; PKC, protein kinase C; CAM kinase II, Ca<sup>2+</sup>-calmodulin-dependent protein kinase II; VSCC, voltage-sensitive Ca<sup>2+</sup> channels.

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(GH) et de la gonadotrophine II (GTH-II) chez le cyprin doré *in vivo* et *in vitro*. Le PACAP stimule la libération de la GH par l'intermédiaire des récepteurs PAC1 hypophysaires couplés à la voie de l'adénylate cyclase, de l'AMPc et de la protéine kinase A et à la voie de la phospholipase C, de l'inositol triphosphate et de la protéine kinase C. La stimulation subséquente de l'entrée du  $Ca^{2+}$  par des canaux calciques voltage-dépendants et l'activation de la protéine kinase  $Ca^{2+}$ -calmoduline-dépendante II est probablement le mécanisme intervenant par la suite dans la stimulation de la libération de la GH par le PACAP chez le cyprin doré. Même si les sous-types de récepteurs du PACAP et les voies de signalisation entraînant la stimulation de la libération de la GTH-II par le PACAP ne sont pas encore connus chez le cyprin doré, ces résultats sont en accord avec l'hypothèse selon laquelle le PACAP est synthétisé dans l'hypothalamus, puis transporté dans l'antéhypophyse afin de régler la sécrétion de la GH et de la GTH-II chez le poisson.

*Mots clés* : PACAP, VIP, récepteur PAC1, récepteur VPAC2, hormone somatotrope, gonadotrophine II, AMPc, protéine kinase A, protéine kinase C, calcium, cellules hypophysaires, cyprin doré, téléostéen.

[Traduit par la Rédaction]

## Introduction

Pituitary adenylate cyclase activating polypeptide (PACAP) is a member of the secretin- glucagon-vasoactive intestinal polypeptide (VIP) family. This peptide was first isolated from ovine hypothalamus by its stimulatory action on adenylate cyclase activity in rat pituitary cells (Miyata et al. 1989). In mammals, two forms of PACAP have been identified, namely PACAP38 and PACAP27; both are biologically active (Miyata et al. 1989, 1990). PACAP38 is a 38 amino acid polypeptide with its N-terminal sequence highly homologous to VIP, whereas PACAP27 is a truncated form of PACAP38 containing only the first 27 amino acids. These two peptides are derived from the same precursor by post-translational proteolysis and alternative  $\alpha$ -amidation through the actions of prohormone convertases (Li et al. 1999). PACAP immunoreactivity is widely distributed in the central nervous system (CNS; Kovacs et al. 1994) and peripheral tissues, including the gut, pancreas, adrenal gland, and gonads (Arimura and Shioda 1995), with PACAP38 being the predominant form (Arimura et al. 1991). Consistent with its wide range of tissue distribution, PACAP is involved in a variety of biological functions. For example, the roles of PACAP as a neurotransmitter (Masuo et al. 1993) and neurotrophic factor (Lindholm et al. 1998) in CNS are well documented. At the peripheral level, PACAP is known to regulate blood flow (Carlsson et al. 1996), gut motility (Lauff et al. 1999), dilation of airways (Linden et al. 1999), insulin secretion from  $\beta$  cells (Filipsson and Ahren 1998), steroidogenesis in the ovary (Zhong and Kasson 1994), and catecholamine release (Isobe et al. 1993) and synthesis (Park et al. 1999) in the adrenal medulla. Some recent studies also suggest that PACAP may play a role in regulating cytokine secretion (Jiang et al. 1998) and fine-tuning of the biological clock (Harrington et al. 1999). (For recent reviews, see Rawlings and Hezareh 1996; Arimura 1998).

Since the demonstration of its stimulatory effect on adenylate cyclase activity in rat pituitary cells (Miyata et al. 1989), extensive studies have been performed to elucidate the role of PACAP in regulating pituitary functions. In mammals, the role of PACAP as a hypophysiotropic factor is supported by the findings that: *i*) PACAP perikarya are located in the hypothalamus (Takahashi et al. 1994); *ii*) PACAP nerve fibers are present in the median eminence (Kovacs et al.

1994); *iii*) PACAP immunoreactivity can be detected in the hypophyseal portal blood (Dow et al. 1994); and *iv*) under certain conditions, PACAP stimulates secretion of pituitary hormones, including gonadotropins (GTH; Tsujii et al. 1994), growth hormone (GH; Goth et al. 1992), prolactin (PRL; Hart et al. 1992), and adrenocorticotrophic hormone (ACTH; Propato-Mussafiri et al. 1992). Since the stimulatory actions of PACAP on pituitary hormone release are in general weak or modest, it has been proposed that this peptide is not a typical hypophysiotropic factor in mammals but rather a modulator of pituitary hormone secretion (Rawlings and Hezareh 1996). It is also worth mentioning that the physiological role of PACAP as a regulator of pituitary hormone release has not been fully established, as suppression of *in vivo* pituitary hormone secretion by blocking the action of endogenous PACAP has not been demonstrated. In recent years, the molecular structure of PACAP has been characterized in non-mammalian species, such as the bird (McRory et al. 1997), amphibian (Chartrel et al. 1991), and fish (McRory et al. 1995; Matsuda et al. 1997b). In particular, in teleost fish significant progress has been made in the understanding of PACAP gene structure (Parker et al. 1997). In this article, the recent advances in the studies of PACAP as a hypophysiotropic factor in fish will be discussed, with emphasis on the molecular cloning of fish PACAP and its receptors, their functional role in regulating GH and GTH-II release, as well as the post-receptor signaling mechanisms mediating PACAP regulation of GH synthesis and secretion.

### PACAP in fish: Molecular structure and evolution

The molecular structure of PACAP is highly conserved among vertebrates. PACAP from mammals, including the rat (Ogi et al. 1990), mouse (Okazaki et al. 1995), sheep (Kimura et al. 1990), and human (Ohkubo et al. 1992), all share the same amino acid sequence. Using CD and NMR spectroscopy, the solution structures of ovine PACAP38 and PACAP27 have been elucidated (Wray et al. 1993). Ovine PACAP38 has three separate domains with the first eight amino acids in the N-terminus forming a disordered structure (position 1–8) followed by an extended central  $\alpha$ -helical region (position 9–26) and a short C-terminal  $\alpha$ -helical tail (position 28–34). A flexible hinge at position 27 has been identified between the central  $\alpha$ -helical domain and C-

terminal tail. The 3-D structure of ovine PACAP27 is similar to that of PACAP38 except that the C-terminal tail is missing (for review, see Wray et al. 1998). The N-terminal triplet His-Ser-Asp (position 1–3), central  $\alpha$ -helical domain (position 11–27), and C-terminal tail (position 28–32) form three anchorage sites for receptor recognition (Gourlet et al. 1995). Any two of these three structural domains can contribute to high affinity receptor binding. The N-terminal triplet His-Ser-Asp, besides its role in receptor binding, is also essential for receptor activation and signal transduction, and its removal results in the production of competitive antagonists (e.g., PACAP6–38). PACAP have been isolated from non-mammalian species, including the frog (Chartrel et al. 1991), chicken (Yasuhara et al. 1992), teleost fish (Matsuda et al. 1997b), and more recently in elasmobranch (Matsuda et al. 1998a). In the frog, the amino acid sequence of PACAP38 is identical to that of mammalian PACAP38 except for a single substitution at position 35 where isoleucine is substituted for valine (Chartrel et al. 1991). PACAPs purified from the chicken (Yasuhara et al. 1992), stingray (Matsuda et al. 1998b), and stargazer (Matsuda et al. 1997a) are also highly homologous to the mammalian counterpart with little sequence variation in the first 27 amino acids and some minor substitutions in the C-terminus. Although NMR analysis has not been performed in non-mammalian PACAPs, it is expected that the 3-D structure of these peptides should be similar to that of mammalian PACAP.

The first non-mammalian PACAP was cloned in the brain of sockeye salmon by Sherwood's group (Parker et al. 1993). The deduced amino acid sequence of this PACAP cDNA reveals that the salmon prepro-PACAP is composed of a signal peptide, a cryptic peptide of unknown function, a 45 amino acid peptide with structural similarity to GHRH, and the amino acid sequence of PACAP38 (Fig. 1A). Given that the monobasic and dibasic cleavage sites are conserved in this fish prepro-PACAP, post-translational processing of this preprohormone is expected to generate mature peptides of PACAP27 and PACAP38, as well as the GHRH-like peptide. In subsequent studies, this GHRH-like peptide has been synthesized and found to stimulate GH release in coho salmon pituitary cells in vitro (Parker et al. 1997), suggesting that the associated peptide encoded in this PACAP cDNA is a salmon GHRH. These findings are different from the case in mammals in which PACAP and GHRH are encoded in two separate genes, and the corresponding region of mammalian PACAP cDNA encodes a peptide called PACAP-related peptide (PRP) with no known biological functions. In teleosts, GHRH has been purified from the common carp and shown to stimulate GH release in the goldfish (Vaughan et al. 1993) and rainbow trout (Luo and McKeown 1991). However, a separate gene for GHRH has not been previously reported in fish. PACAPs have also been cloned in the catfish (McRory et al. 1995), zebrafish (Fradinger et al. 1996), and more recently in the goldfish (Leung et al. 1999b). Similar to salmon PACAP cDNA, the coding sequence of a GHRH-like peptide is consistently located 5' upstream of the PACAP coding region. The amino acid sequences of these fish PACAPs are highly homologous (> 90%) to PACAPs reported in other vertebrates (Fig. 1B). In contrast, the sequences of the putative fish GHRHs are more variable (32–41% homology) except that the amino acids in the central

core (position 11–24) are more conserved and comparable with the corresponding region of the mammalian GHRHs and PRPs (Fig. 1C). The genomic organization of fish PACAP genes has been recently elucidated and was found to consist of five exons and four introns (Parker et al. 1997). The coding sequence of fish PACAP is located in exon-V whereas the bulk of fish GHRH sequence is encoded in exon-IV. In contrast to PACAP genes in mammals which are known to have no CAAT and TATA boxes in the 5' promoter (Hosoya et al. 1992), these *cis*-acting regulatory motifs are present in the fish PACAP gene promoter. In salmons, alternative splicing, in particular in the exon-IV region, has been reported to generate transcripts without the GHRH coding region (Parker et al. 1993). In our recent studies in the goldfish, two populations of PACAP mRNAs, a short form coding for PACAP only and a long form coding for both PACAP and GHRH, have been identified in the brain, pituitary, intestine, liver, and gonads (unpublished results, M.Y. Leung and A.O.L. Wong). These observations raise the possibility that PACAP and GHRH expression in fish can be differentially regulated.

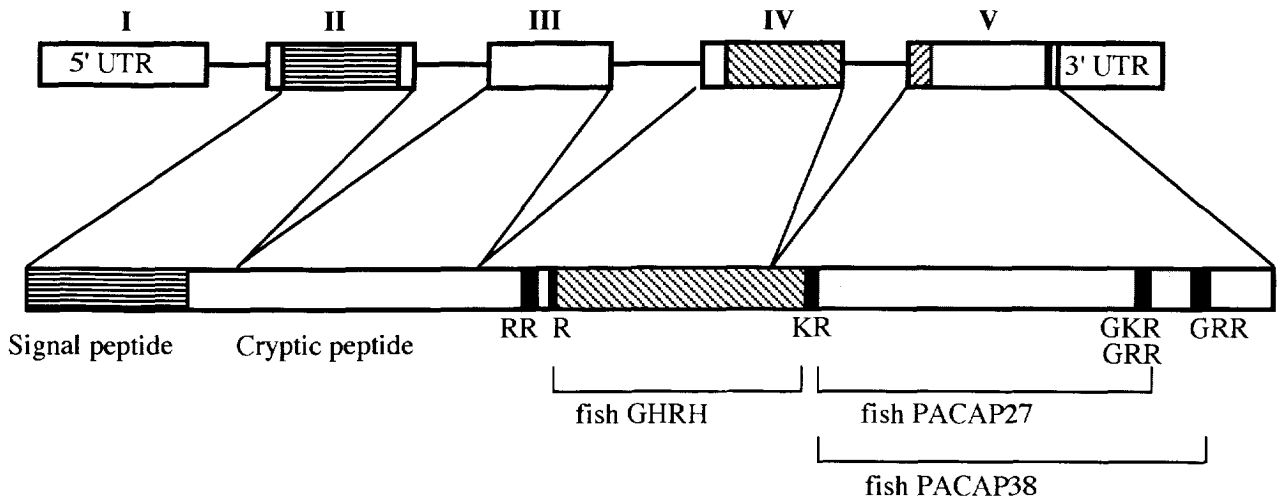
Regarding the evolution of PACAP, it has been suggested that the ancestral gene may have originated from the glucagon gene family via exon duplication followed by gene duplication (Sherwood et al. 1994). More recently, the cDNAs and partial genes of PACAP27 have been cloned in the tunicate (*Chelyosoma productum*), an invertebrate closely related to the primitive chordate amphioxus (McRory and Sherwood 1997). Similar to fish PACAPs, tunicate PACAP27 is highly conserved in molecular structure and a GHRH-like peptide is also identified in the PACAP preprohormone. The expression of PACAP mRNA has been mapped to the neural gland of tunicates, suggesting that PACAP27 may serve as a neuropeptide in protochordates. In the same study, Southern blots of genomic DNA from a range of representative species were performed and PACAP hybridization signals were found in sea urchin, tunicate, reedfish, teleosts, and all tetrapod examples tested, but not in bacteria, yeast, or drosophila. These findings suggest that PACAP genes may have appeared first in echinoderms and evolved along the deuterostome line of evolution. In this case, PACAP genes in teleost fish completed the process of exon duplication, with one of the exons (i.e., the PACAP-coding exon) being highly conserved as a result of stringent selection, whereas the duplicated exon (i.e., the GHRH-coding exon) exhibited structural variability due to a lower selection pressure. Recently, the gene of chicken PACAP has been cloned. Surprisingly, the organization of chicken prepro-PACAP is rather similar to that of teleost fish with PACAP and GHRH being encoded in the same gene (McRory et al. 1997). The splitting of separate PACAP and GHRH genes as a result of gene duplication may have been a recent event occurring immediately before the evolution of mammals.

### Hypophysiotropic actions of PACAP in fish

#### *Tissue distribution of PACAP in fish: Implications of biological functions*

In teleosts, PACAP immunoreactivity has been identified in the nerve fibers of the enteric nervous system (Olsson and

**A**



**B**

Goldfish PACAP38a	HS DG I F T D I Y S R Y R K Q M A V K K Y L A A V L G R R Y R Q R V K N K
Goldfish PACAP38b	HS DG I F T D I Y S R Y R K Q M A V K K Y L A A V L G R R Y R Q R I K N K
Catfish PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G R R Y R Q R F R N K
Stargrazer PACAP38	HS DG I F T D S Y S R Y R K Q M A V Q K Y L A A V L G R R Y R Q R V R N K
Chicken PACAP38	H T D G I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K Q R V K N K
Stingray PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K P K V K N S
Human PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K Q R V K N K
Ovine PACAP38	H S D G I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K Q R V K N K
Rat /Mouse PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K Q R V K N K
Frog PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y K Q R I K N K
Salmon PACAP38	HS DG I F T D S Y S R Y R K Q M A V K K Y L A A V L G K R Y R Q R Y R N K
Zebrafish PACAP38	HS DG V F T D S Y S R Y R K Q M A V K K Y L A T V L G K R Y R Q R Y R S K

**C**

Mouse PRP	D V A H E I L N E A Y R K V L D Q L S A R K Y L Q S V V A R G A G D E P R R H A V D D P A P L T .
Rat PRP	D V A H E I L N E A Y R K V L D Q L S A R K Y L Q S M V A R G M G E N L A A A A V D D R A P I T .
Human PRP	D V A H G I L N E A Y R K V L D Q L S A C K H L Q S I V A R G V G G S L G G G A G D D A E P L S .
Sheep PRP	D V A H G I L D K A Y R K V L D Q L S A R R Y L Q T L M A K G L G G T P G G G A D D S E P L S .
Chicken GHRH1	. H A D G I F S K A Y R K L L G Q L S A R N Y L H S L M A K R V G G A . S S G L G D E A E P L S .
Chicken GHRH2	. H A D G I F S K A Y R K L L G Q L S A R N Y L H S L M A K R V G . . . S G L G D E A E P L S .
Goldfish GHRH	. H A D G L L D R A I R D I L V Q L S A R K Y L H S L M A V R V G G . . G S S E E D E S E P L S .
Catfish GHRH	. H A D G L L D R A I R D I L V Q L S A R K Y L H S L T A V R V G E . . E E E D E E D S E P L S .
Carp GHRH	. H A D G M F N K A Y R K A L G Q L S A R K Y L H T L M A K R V G G . . G S M I E D D N E P L S .
Zebrafish GHRH	. H A D G M F N K A Y R K A L G Q L S A R K Y L H T L M A K R V G G . . G S T T E D D N E P L S .
Salmon GHRH	. H A D G M F N K A Y R K A L G Q L S A R K Y L H S L M A K R V G G . . G S T M E D D T E P L S .
Sturgeon GHRH	. H A D G I F N K A Y R K V L G Q L S A R K Y L H S V M A K R V G G . . V S S M E D D S E P L S .
Goat/Cow GHRH	. Y A D A I F T N S Y R K V L G Q L S A R K L L Q D I M N R Q Q G E . . R N Q . E Q G A K V R L .
Ovine GHRH	. Y A D A I F T N S Y R K I L G Q L S A R K L L Q D I M N R Q Q G E . . R N Q . E Q G A K V R L .
Hamster GHRH	. Y A D A I F T S S Y R K V L G Q L S A R K L L Q D I M S R Q Q G E . . R N Q . E Q G P R V R L .
Pig GHRH	. Y A D A I F T N S Y R K V L G Q L S A R K L L Q D I M S R Q Q G E . . R N Q . E Q G A R V R L .
Human GHRH	. Y A D A I F T N S Y R K V L G Q L S A R K L L Q D I M S R Q Q G E . . S N Q . E R G A R A R L .
Rat GHRH	. H A D A I F T S S Y R R I L G Q L Y A R K L L H E I M N R Q Q G E . . R N Q . E Q R S R F N .
Mouse GHRH	. H V D A I F T T N Y R K L L S Q L Y A R K Y I Q D I M N K Q . G E . . R I Q . E Q R A R L S .

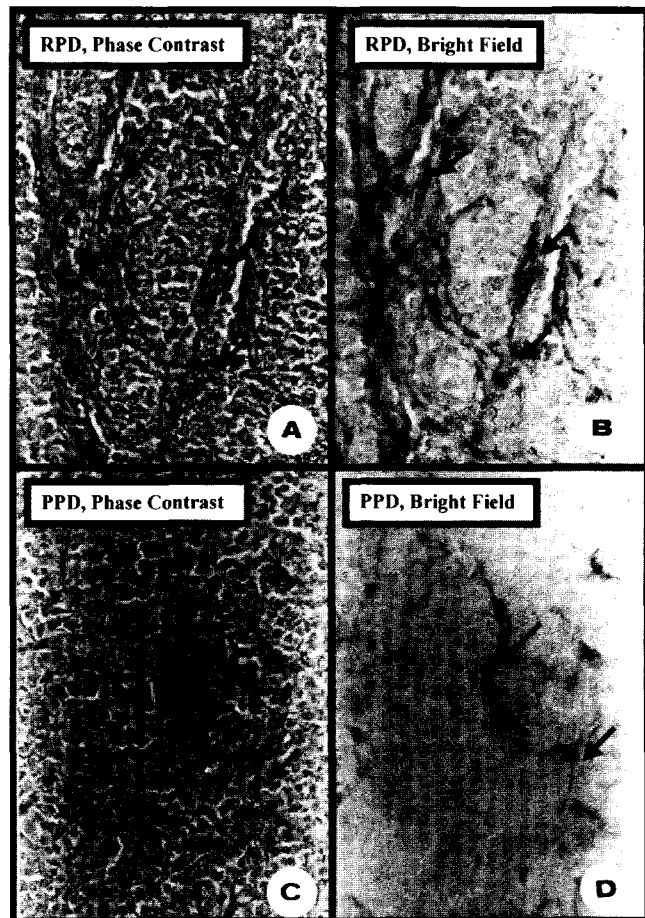
Holmgren 1994) as well as the endocrine component of the fish pancreas (Jonsson 1995). Recently, ovine PACAP27 and PACAP38 were shown to inhibit spontaneous contraction in the gut of Atlantic cod (Olsson and Holmgren 1998),

suggesting that PACAP may be a regulator of gut motility in fish. In the goldfish, PACAP immunoreactivity co-localizes with VIP neurons in the gill arch and may play a role in regulating mucus secretion (De Girolamo et al. 1998). PACAP

**Fig. 1.** A) Schematic representation of the fish PACAP gene and preproPACAP. Similar to mammals, the fish PACAP gene is composed of five exons and four introns. The structure of PACAP preprohormone is shown below the diagram of PACAP gene. The putative monobasic and dibasic cleavage sites in the preproPACAP are indicated by the vertical bars. The single-letter code is used for the amino acid residues signifying the cleavage sites. Legend: R, arginine; K, lysine; and G, glycine. As a result of the cleavage of preproPACAP, mature peptides of fish GHRH, PACA27, and PACAP38 are expected to be generated. B) Alignment of the amino acid sequence of fish PACAP38 with that of other vertebrates. C) Alignment of the amino acid sequence of fish GHRH with that of GHRH and PRP from other vertebrates. The comparison of sequences was based on Waterman algorithm (CLUSTAL 4) using a window width of 20 amino acids. The regions of conserved amino acid residues are marked by black boxes. The symbol • indicates the gap introduced into the sequence to allow for the maximal degree of sequence homology in the alignment.

immunostaining has also been reported in chromaffin cells of the posterior cardinal vein of rainbow trout, dogfish, and hagfish (Reid et al. 1995). However, its functional role in regulating catecholamine release in these fish species remains to be determined. Besides the peripheral tissues, PACAP has also been detected in the CNS of fish. In recent years, PACAP has been purified from the brain of stargazer (Matsuda et al. 1997b) and European eel (Montero et al. 1998). Similar to mammals, the predominant form of PACAP found in the brain of these teleost species is PACAP38. In European eel, most of the PACAP perikarya are located in the preoptic area of the hypothalamus (e.g., nucleus preopticus) with fibers ramified to various parts of the brain (Montero et al. 1998). In elasmobranch, like the stingray, cell bodies and nerve fibers with PACAP immunoreactivity are also identified in similar areas of the hypothalamus (Matsuda et al. 1998a). The presence of a PACAP neuronal system within the fish CNS is consistent with the role of PACAP as a neurotransmitter (Masuo et al. 1993) and neurotrophic factor (Lindholm et al. 1998). In the goldfish (Wong et al. 1998a), European eel (Montero et al. 1998), stargazer (Matsuda et al. 1997a), stingray (Matsuda et al. 1998a), and more recently in grass carp (Leung et al. 1998), nerve fibers with PACAP immunoreactivity are located in different parts of the pituitary. In the stargazer, PACAP nerve fibers can be identified in the anterior neurohypophysis and rostral pars distalis (Matsuda et al. 1997a). In European eel, a dense network of PACAP nerve fibers are found mostly in the pars distalis (Montero et al. 1998). In the goldfish, PACAP fibers are present in the pars distalis and neurointermediate lobe (Fig. 2). Goldfish pituitary cells with PACAP immunoreactivity are also located in the posterior pituitary, especially in areas surrounding some blood vessels (Wong et al. 1998a). These findings suggest that PACAP may serve multiple functions at the pituitary level in fish. First, it may be synthesized in the hypothalamus and delivered to the pituitary to serve as a hypophysiotropic factor. The distribution of PACAP cell bodies and fibers in the hypothalamo-pituitary axis of representative fish species is consistent with the general observation that the anterior pituitary of teleosts is under the direct innervation of hypothalamus (Kah et al. 1993). Second, PACAP may be released from nerve terminals in the posterior pituitary to modulate neurolobe hormone secretion. Alternatively, it may be released directly into systemic circulation, and in this case PACAP itself may serve as a neurohypophysial hormone. The demonstration of pituitary cells in fish with PACAP immunoreactivity also suggests that PACAP may be produced locally within the pituitary and function as an autocrine or paracrine factor. This hy-

**Fig. 2.** Immunostaining of PACAP nerve fibers in the rostral (A and B) and proximal pars distalis (C and D) of the goldfish pituitary. Immunoreactivity of PACAP (indicated by arrows) was identified in the nerve tracks located in the rostral pars distalis (RPD). In the proximal pars distalis (PPD), PACAP immunostaining exhibited a diffused pattern of distribution and was found mainly in nerve fibers of a smaller size. Panels on the left are pituitary sections ( $\times 400$ ) under phase contrast microscopy (A and C), the corresponding bright field pictures are presented on the right (B and D). Comparing the pictures under phase contrast and bright field illumination yields no evidence for the presence of PACAP immunoreactivity in pituitary cells within the pars distalis of the goldfish. The distribution pattern of PACAP nerve fibers in the neurointermediate lobe is similar to that of the proximal pars distalis (not shown).



**Table 1.** Expression of mRNA transcripts for PACAP(GHRH), VIP(PHI), PAC1, VPAC1, PHI (VPAC2), and GHRH receptors in different tissues of the goldfish.<sup>a</sup>

Tissue	PACAP (GHRH)	VIP (PHI)	PAC1	GHRH	VPAC1	PHI (VPAC2)
Brain	++++	+++	+++	++++	+++	++
Olfactory bulbs	++++	-	++	ND	++	++
Telencephalon	++++	-	+++	ND	+++	+++
Hypothalamus	++++	-	+++	ND	+++	+++
Optic tectum & thalamus	++++	-	+++	ND	+++	++
Cerebellum	++++	-	++	ND	++	++
Medulla oblongata	++++	+++	+++	ND	++	++
Spinal Cord	++++	+++	++	ND	++	+
Pituitary	+++	-	+	++	+	++++
Testes	++++	+	-	+++	-	++
Ovary	+	-	-	-	++++	-
Gill	+	ND	-	++	+	ND
Kidney	+++	ND	-	-	+++	ND
Intestine	++++	++++	-	+	+	++++
Liver	+	-	-	+	-	+++
Heart	+	++	+++	++	+	+
Gall bladder	ND	+++	-	-	+++	++++
Spleen	ND	ND	-	++	+	ND
Muscle	ND	ND	-	+	+	ND

<sup>a</sup>Expression of transcripts was tested by RT-PCR using primers specific for mRNAs of goldfish PACAP(GHRH), VIP(PHI), and their respective receptors. +++++, +++, ++, +, and - represent a very high level, high level, medium level, low level, and no expression of target mRNA, respectively. For those tissues in which RT-PCR was not performed, ND indicates that expression of target mRNA was not determined.

pothesis is supported by our recent findings that PACAP mRNA is expressed in the goldfish pituitary (Leung et al. 1999a). It must be stressed that in the fish model these putative functions of PACAP at the pituitary level are not mutually exclusive. In our recent studies using RT-PCR, we have shown that PACAP expression in the goldfish appears to be ubiquitous. PACAP mRNA can be detected in different parts of the brain as well as in other tissues, including the pituitary, spinal cord, kidney, gut, liver, heart, and gonads (Table 1). Such a wide range of tissue distribution of PACAP in goldfish is comparable to the situation in mammals and may indicate that this peptide is involved in a wide array of biological functions in fish.

#### *PACAP receptors and their expression in the brain-pituitary axis: The goldfish model*

The biological actions of PACAP are mediated through three different types of PACAP receptors, named PAC1, VPAC1, and VPAC2 (Harmar et al. 1998). All of them are G protein-coupled receptors with a classical structure of seven transmembrane domains (TMD) and can be distinguished pharmacologically by their relative affinities for PACAP, VIP, and the lizard venom helodermin (for reviews, see Rawlings 1994; Arimura and Shioda 1995). PAC1 receptors exhibit a high affinity binding for PACAP but not for VIP. In mammals, isoforms of PAC1 receptors as a result of alternative splicing of *hip/hop1/hop2* inserts in the third intracellular loop have been reported (Spengler et al. 1993); these receptors are differentially coupled to adenylate cyclase and phospholipase C (Journot et al. 1995). Two additional variants of PAC1 receptors, one with N-terminal truncation (Pantaloni et al. 1996) and the other with structural modifications in TMD4 (Chatterjee et al. 1996), have also been cloned. In contrast with other PAC1 receptors, the

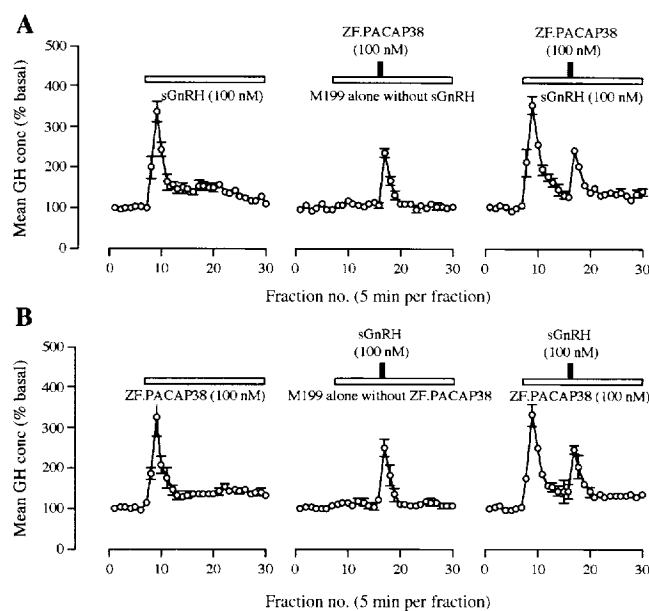
receptor variant with a modified TMD4 does not stimulate cAMP or IP<sub>3</sub> production, but rather induces Ca<sup>2+</sup> influx through activation of L-type Ca<sup>2+</sup> channels. VPAC1 and VPAC2 receptors, unlike PAC1 receptors, can bind both PACAP and VIP with high affinity, and these receptors are also referred to as the VIP receptors in some studies. These two subtypes of VPAC receptors can be differentiated by their binding affinity for helodermin. In this case, VPAC1 receptors represent the classical VIP receptors with low affinity for helodermin (Couvineau et al. 1994), whereas VPAC2 receptors are the helodermin-perfering VIP binding site reported in some cell lines, e.g., SUP-T1 lymphoblasts (Svoboda et al. 1994) and some insulin-secreting cell lines (Inagaki et al. 1994). In general, VPAC1 and VPAC2 receptors do not activate IP turnover and are functionally coupled to the cAMP-dependent pathway (Rawlings and Hezareh 1996).

Recently, PAC1 receptors have been cloned in the zebrafish and found to share ~70% amino acid sequence homology with the human counterpart (Wei et al. 1998). Two isoforms of zebrafish PAC1 receptors, one with and one without the *hop2* insert, have been expressed in Chinese hamster lung (CHL) cells and shown to bind PACAP but not VIP with high affinity. Since tissue distribution and functional studies of these receptors have not been conducted in zebrafish, the biological functions of PACAP in this fish species are unknown. In the goldfish, a PAC1 receptor cDNA has been cloned from a pituitary cDNA library (Wong et al. 1998a). The amino acid sequence of this PAC1 receptor is 85.7% and 85.1% homologous to that of the rat (Pisegna and Wank 1993) and human PAC1 receptors (Ogi et al. 1993), respectively. Expression of this receptor cDNA in COS-7 cells reveals that goldfish PAC1 receptors are functionally coupled to cAMP synthesis. cAMP production in these

COS-7 cells can be stimulated specifically with PACAP38 and PACAP27, but not by VIP, GHRH, secretin, glucagon, or PHM. Furthermore, the expression of these PAC1 receptors in the goldfish is tissue-specific. Transcripts of this receptor can be identified only in the pituitary, brain, and heart, but not in other tissues (Table 1). Two isoforms of VPAC1 receptors have also been cloned in the goldfish (Chow et al. 1997). These goldfish receptors share only 62–68% sequence homology with human VPAC1 receptors (Couvineau et al. 1994). In contrast to the restricted distribution of PAC1 receptors, expression of VPAC1 receptors in goldfish can be detected in a variety of tissues, including the brain, pituitary, kidney, gut, spleen, gill, heart, muscle, and gall bladder (Table 1). Functional expression of goldfish VPAC1 receptors in COS-7 cells has shown that these receptors are also coupled to the cAMP-dependent pathway (Chow et al. 1997) and exhibit binding affinity for both PACAP38 and VIP (Chow 1997). Interestingly, the efficacy of VIP to stimulate cAMP synthesis via activation of these VPAC1 receptors is at least 100-fold higher than that of PACAP38, suggesting that these fish VPAC1 receptors are more sensitive to VIP stimulation. These results are at variance with the properties of VPAC1 receptors reported in mammals, in which PACAP and VIP always induce biological responses with similar potency and efficacy.

Both PACAP (Leung et al. 1999b) and VIP (Tse et al. 1997) have been cloned from a cDNA library prepared from the brain and pituitary of the goldfish. In the prohormone of goldfish VIP, a highly conserved peptide histidine isoleucine (PHI) has been identified 5' upstream of the coding sequence of VIP. The deduced amino acid sequence of this goldfish VIP from the brain-pituitary axis is also identical with the sequence of a VIP preparation purified from the intestine of the same species (Uesaka et al. 1995). Unlike the ubiquitous expression pattern of PACAP, mRNA messages of VIP are expressed in the goldfish in a tissue-specific manner (Table 1). VIP transcripts can be detected at high levels mainly in the brain and intestine, and to a less extent in the heart and testes, but not in the pituitary, ovary, and liver. It is also noted that VIP expression within the CNS is restricted to the brain stem, including the medulla oblongata and spinal cord; it is not found in other brain areas. This is quite different from the expression pattern of PACAP mRNA, which is present at high levels throughout the brain-pituitary axis of the goldfish. In contrast to a high level of PACAP expression in the hypothalamus, VIP mRNA transcripts are not detected in this brain area, suggesting that this peptide may not serve as a hypophysiotropic factor in fish. The absence of VIP expression in the goldfish pituitary is also different than that in mammals in which VIP is produced locally in the pituitary to serve as an autocrine and paracrine factor to mediate TRH-stimulated PRL release (Balsa et al. 1996). In the goldfish, GHRH analogs, such as human (Peter et al. 1984) and carp GHRH (Vaughan et al. 1993), are known to stimulate GH release in vivo and in vitro. In addition, the perikarya with GHRH immunoreactivity are located in the preoptic region of the hypothalamus with nerve fibers extending into the anterior pituitary (Rao et al. 1996). These findings are consistent with the demonstration that full-length PACAP mRNA transcripts with a GHRH-coding region can be detected in the goldfish hypothalamus (Table 1).

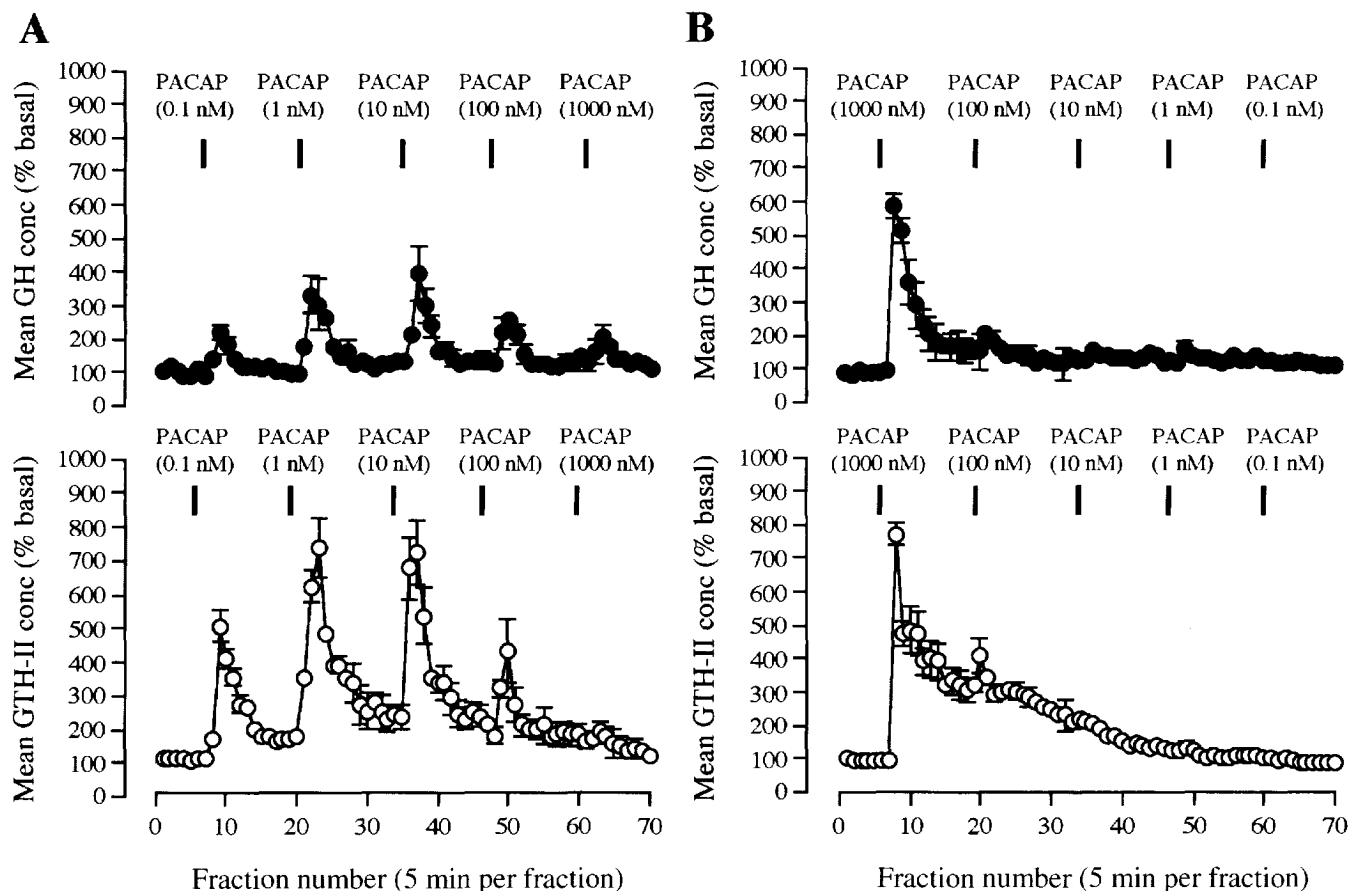
**Fig. 3.** Additivity of the GH-releasing actions of salmon GnRH (sGnRH) and zebrafish PACAP38 (ZF.PACAP38) in perfused goldfish pituitary cells. A) A 5 min pulse of ZF.PACAP38 (100 nM) was given alone or applied during the 2 h continuous perfusion of sGnRH (100 nM). In this study, a 2 h continuous perfusion of sGnRH (100 nM) was used as the control treatment. B) In the reciprocal experiments, a 5 min pulse of sGnRH (100 nM) was given with or without the 2 h continuous perfusion of ZF.PACAP38 (100 nM). In this case, a 2 h perfusion of ZF.PACAP38 (100 nM) was used as the control. GH data presented (mean  $\pm$  SEM) are pooled results from at least four separate perfusion experiments ( $n = 4-6$ ). In our previous in vitro studies, sGnRH and ZF.PACAP38 given at a 100 nM dose are known to trigger their respective maximal GH responses in perfused goldfish pituitary cells.



In the same animal model, the receptor for GHRH has been cloned and its expression in the pituitary has been recently confirmed (Chan et al. 1998). Besides the sensitivity to stimulation by carp GHRH, these goldfish GHRH receptors can also be activated by nano-molar doses of human GHRH and PACAP38. Other structurally related peptides, such as VIP, PHM, PTH, GIP, and secretin, are far less effective in this regard. Since the anterior pituitary of teleost fish is under the direct innervation of the hypothalamus (Kah et al. 1993), a high level of PACAP is expected to be present in the vicinity of nerve terminals of PACAP and (or) GHRH neurons located in the proximal pars distalis. Therefore, we do not exclude the possibility that PACAP may serve as an endogenous ligand to activate GHRH receptors in the goldfish pituitary. More recently, a novel G-protein coupled receptor with structural similarity with mammalian VPAC2 receptors has been cloned in the goldfish (Tse 1999). Functional expression of this receptor cDNA in CHO cells reveals that these goldfish receptors can be activated selectively by goldfish PHI or by the mammalian equivalent peptide histidine methionine (PHM). Helodermin, a selective ligand for mammalian VPAC2 receptors, is also effective in activating these newly cloned goldfish receptors, but surprisingly, these receptors are not sensitive to stimulation with PACAP38 or



**Fig. 4.** Effects of ovine PACAP38 on basal GH release from perfused goldfish pituitary cells. Increasing doses (0.1 nM – 1  $\mu$ M; A) or decreasing doses (1  $\mu$ M – 0.1 nM; B) of ovine PACAP38 were administered as five consecutive 5 min pulses at 1 h intervals as indicated by the vertical bars. GH data presented (mean  $\pm$  SEM) are pooled results from four separate perfusion experiments ( $n = 4$ ).



**Table 2.** Effects of ip injection of goldfish PACAP38a and PACAP38b on plasma GH and GTH-II concentrations (mean  $\pm$  SEM) in the goldfish.

Drug treatment	Plasma hormone level (ng·mL <sup>-1</sup> ) at:			
	2 h postinjection		4 h postinjection	
	GH	GTH	GH	GTH
Goldfish undergoing sexual regression <sup>a</sup>				
Saline (0.7 %)	6.2 $\pm$ 1.0 ( $n = 18$ )	7.7 $\pm$ 0.4 ( $n = 18$ )	6.5 $\pm$ 0.9 ( $n = 18$ )	8.1 $\pm$ 0.6 ( $n = 18$ )
PACAP38a (0.1 $\mu$ g·g <sup>-1</sup> BW, ip)	13.7 $\pm$ 1.3* ( $n = 19$ )	12.2 $\pm$ 1.2* ( $n = 20$ )	10.6 $\pm$ 1.0* ( $n = 19$ )	11.7 $\pm$ 0.9* ( $n = 20$ )
Goldfish undergoing sexual recrudescence <sup>b</sup>				
Saline (0.7 %)	24.5 $\pm$ 2.0 ( $n = 19$ )	14.4 $\pm$ 0.6 ( $n = 18$ )	23.4 $\pm$ 2.1 ( $n = 19$ )	15.3 $\pm$ 1.4 ( $n = 18$ )
PACAP38b (0.1 $\mu$ g·g <sup>-1</sup> BW, ip)	41.3 $\pm$ 3.1* ( $n = 20$ )	19.5 $\pm$ 0.6* ( $n = 17$ )	30.3 $\pm$ 2.6* ( $n = 20$ )	20.9 $\pm$ 0.7* ( $n = 17$ )

<sup>a</sup>Conditions of 18°C, June, 12 h light : dark cycle.

<sup>b</sup>Conditions of 18°C, March, 12 h light : dark cycle.

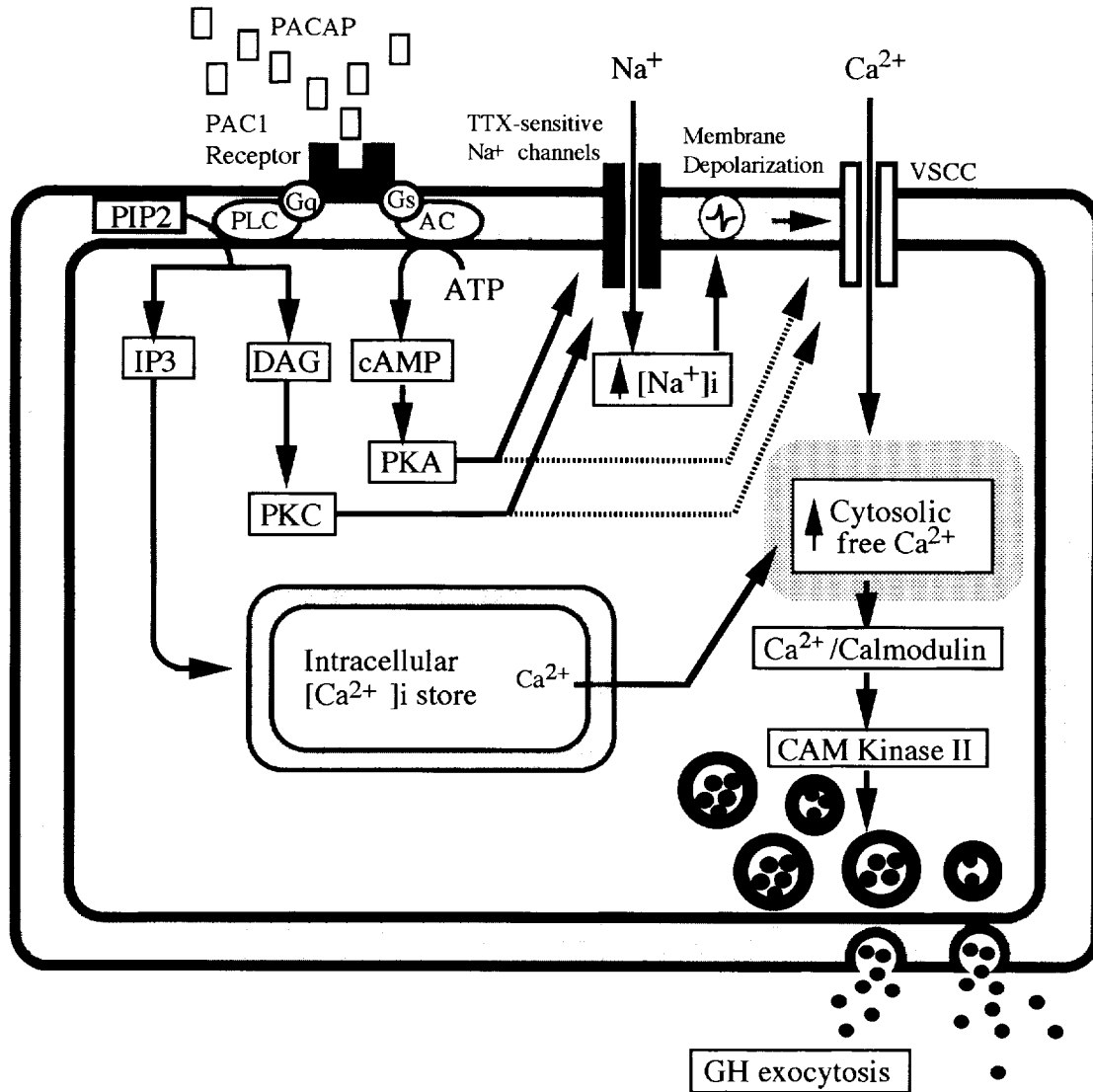
\*Significantly different from the time-matched control (Student's *t*-test,  $P < 0.05$ ).

VIP. In addition, these PHI (VPAC2) receptors are expressed at high levels in the pituitary, hypothalamus, optic tectum, and thalamus of the goldfish (Table 1). The functional role of these receptors in the brain-pituitary axis in fish is unknown and remains to be investigated.

#### PACAP regulation of GH and GTH-II release in fish: Receptor specificity and signal transduction

PACAP regulation of pituitary hormone release in fish was first reported by Sherwood's group (Parker et al. 1997). In this pioneer study, salmon PACAP38 was shown to ele-

**Fig. 5.** A working model on signal transduction mechanisms mediating PACAP-stimulated GH release from goldfish somatotrophs. In this model, PACAP binding with membrane PAC1 receptors activates two post-receptor signaling pathways, namely the AC-cAMP-PKA and PLC-IP<sub>3</sub>-PKC pathways. PKA and PKC can stimulate extracellular Ca<sup>2+</sup> influx either directly through the opening of VSCC or indirectly via activation of TTX-sensitive Na<sup>+</sup> channels. IP<sub>3</sub> produced as a result of PLC activation may also trigger Ca<sup>2+</sup> release from intracellular Ca<sup>2+</sup> stores. The combined actions of extracellular Ca<sup>2+</sup> influx via VSCC and mobilization of intracellular Ca<sup>2+</sup> stores can activate CAM kinase II in a Ca<sup>2+</sup>- and calmodulin-dependent manner to trigger GH exocytosis.



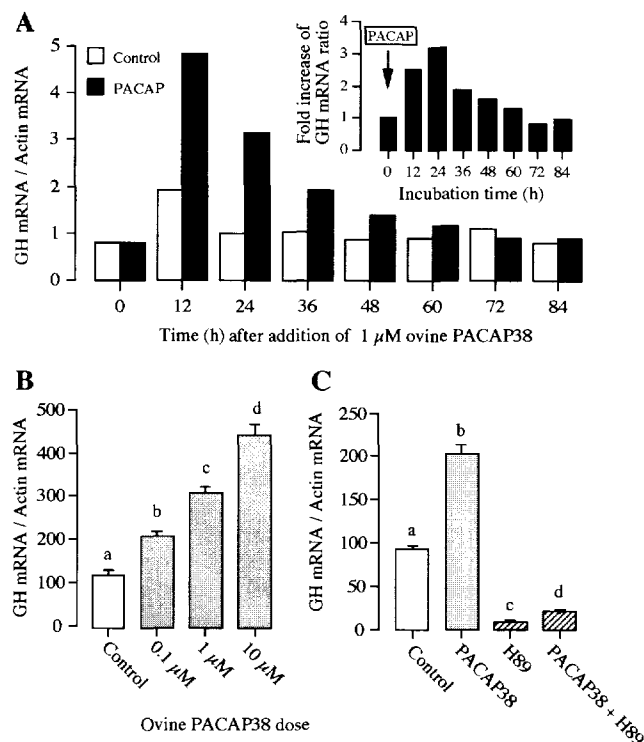
vate basal GH release from trout pituitary cells in a dose-dependent manner. Using mammalian PACAP analogs, similar GH-releasing effects have been demonstrated in pituitary cell cultures of two other teleost species, including the goldfish (Wong et al. 1998a) and European eel (Montero et al. 1998). In the goldfish, a well-known representative of the Cyprinids, two forms of PACAP38, PACAP38a and 38b, have been cloned (Leung et al. 1999b; Fig. 1). These PACAP isoforms are both effective in stimulating GH release from goldfish pituitary cells in the nanomolar dose range (Leung et al. 1999a). In contrast with mammals, in which PACAP is only a weak stimulator of GH release, the magnitude of GH responses induced by goldfish PACAPs is similar, if not higher, than that of other known GH-releasing factors reported in the goldfish (e.g., GnRH, GHRH, dopamine, and neuropeptide Y). These results suggest that

PACAP may serve as a potent GH secretagogue, at least in the Cyprinids. This hypothesis is consistent with our recent findings that ovine PACAP38 is highly effective in stimulating GH release in Chinese grass carp (Leung et al. 1998) and common carp (unpublished results, H.R. Lin and A.O.L. Wong). In the goldfish, GnRH is known to be an important GH-releasing factor, especially during the reproductive season (Marchant et al. 1989). In our *in vitro* perfusion studies, the efficacy of ovine PACAP38 in inducing GH release was highest when using pituitary cells prepared from goldfish during sexual maturation (Leung et al. 1997), and the GH-releasing action of zebrafish PACAP38 is also additive to that of salmon GnRH (Fig. 3). Although PACAP38 has been shown to potentiate GnRH-stimulated LH release in rat pituitary cells (McArdle and Counis 1996), a similar potentiating effect on GnRH-stimulated GH release is not evident in

the fish model. Based on our previous studies, we have demonstrated that basal GH release in the goldfish is under the negative regulation of somatostatin (Wong et al. 1993), norepinephrine (Lee et al. 1999), and serotonin (Wong et al. 1998b). In our recent studies, these GH-release inhibitors are all effective in suppressing the GH responses triggered by PACAP analogs in goldfish pituitary cells (Leung 1999), suggesting that PACAP can interact with these GH regulators at the pituitary level to modulate GH secretion. It was also noted that goldfish PACAP-stimulated GH release *in vitro* can be inhibited by simultaneous treatment with PACAP antagonists. In the same animal model, VIP does not alter basal GH secretion and VIP antagonists are not effective in blocking the GH-releasing action of PACAP (Wong et al. 1998a). Similarly, in European eel, VIP has no effect (at submicromolar doses) in stimulating GH release from cultured eel pituitary cells (Montero et al. 1998). These results indicate that the GH-releasing action of PACAP in fish is mediated via pituitary PAC1 receptors, but not VPAC receptors. Although both PAC1 and VPAC1 receptor mRNAs are expressed in the goldfish pituitary (Table 1), the general lack of VIP responses in terms of GH release argues against the involvement of VPAC receptors in PACAP's action. These observations in fish are also at variance with the studies in rat somatotroph-derived cell lines (e.g., GH3 cells), in which the GH-releasing action of PACAP is mediated via VPAC2 receptors (Murakami et al. 1995). As a matter of fact, PAC1 receptors are not expressed in these cell lines at significant levels (Rawlings et al. 1995).

In the goldfish, PACAP nerve fibers have been identified in the anterior pituitary (Fig. 2) and some of them overlap with the distribution of somatotrophs in the proximal pars distalis (Wong et al. 1998a). Given that goldfish gonadotrophs and somatotrophs are closely intermingled with each other in the anterior pituitary (Ge and Peter 1994), PACAP nerve terminals are also expected to be present, in close proximity with gonadotrophs. Therefore, we speculate that PACAP may also play a role in regulating GTH release in the goldfish. In our preliminary studies, increasing doses of ovine PACAP38 (0.1 nM–1  $\mu$ M, given as 5 min consecutive pulses) were effective in inducing both GH and GTH-II release from goldfish pituitary cells (Fig. 4A). In these perfusion studies, the dose-response curves of PACAP38-stimulated GH and GTH-II release were found to be bell-shaped. A similar bell-shaped curve for PACAP38-stimulated GH release has been previously reported in perfused rat pituitary cells (Miyata et al. 1989). This bell-shaped dose-response curve in the rat model has been attributed to receptor desensitization as a result of repeated stimulation by increasing doses of ovine PACAP38 (Wei et al. 1993). A similar desensitization mechanism seems to be present in the goldfish model. This concept is supported by our parallel experiments with goldfish pituitary cells exposed to decreasing doses of ovine PACAP38 (Fig. 4B). In this case, significant increases of GH and GTH-II release were only observed after the first pulse of PACAP38 given at 1  $\mu$ M. After that, little or no GH or GTH-II responses could be detected in subsequent PACAP38 pulses given at lower doses. At present, the mechanism involved in this desensitization phenomenon is still unknown, although the possibility of downregulation of PACAP receptor number and (or) uncoupling of the associated signal transduction pathways cannot

**Fig. 6.** Effects of PACAP38 on steady-state GH mRNA levels in fish pituitary cells. A) Time-course of ovine PACAP38 on GH mRNA levels in goldfish pituitary cells. In this experiment, pituitary cells were cultured overnight in the presence of 1% horse serum. On the following day, medium with horse serum was discarded and ovine PACAP38 (1  $\mu$ M) was introduced. In the control group, pituitary cells were treated with normal culture medium M199 alone. After that, pituitary cells were harvested for total RNA extraction and subsequent slot-blot analysis at the times as indicated. The small inset summarized the data on fold-increase of GH mRNA levels after PACAP38 treatment with respect to that of the time-matched control. B) Dose-dependence of PACAP38 on GH mRNA levels in grass carp pituitary cells. Grass carp pituitary cells were cultured in the presence of increasing doses of ovine PACAP38 (0.1 – 10  $\mu$ M). The duration of drug treatment was routinely fixed at 48 h in these experiments. C) Effects of protein kinase A inhibition on PACAP38 stimulation of GH mRNA levels in grass carp pituitary cells. The protein kinase A inhibitor H89 (30  $\mu$ M) was given to pituitary cell cultures for 48 h, either alone or together with ovine PACAP38 (0.5  $\mu$ M). Treatment with PACAP38 (0.5  $\mu$ M) alone was used as the positive control in this study. To adjust for the variability of sample loading in slot-blot analysis,  $\beta$  actin mRNA was used as the internal control. The steady-state levels of GH mRNA in fish pituitary cells are expressed as the ratio of GH mRNA over  $\beta$  actin mRNA.



be excluded. In our recent *in vivo* studies, intraperitoneal injection of goldfish PACAP38a and 38b were effective in elevating plasma GH and GTH-II levels in goldfish at different reproductive stages (Table 2). In addition, both basal GH release as well as the GH-releasing actions of goldfish PACAP38a and 38b could be significantly inhibited *in vivo* using a high dose of the PACAP antagonist PACAP6–38 (Leung et al. 1999a). These results indicate that PACAP

functions as a novel hypophysiotropic factor in fish, inducing GH and GTH-II release at the pituitary level, and that these stimulatory actions are highly susceptible to receptor desensitization. At present, the receptor subtype(s) mediating PACAP-stimulated GTH-II release has not been fully elucidated in the goldfish. Nevertheless, the possible involvement of VPAC receptors has been implicated, as submicromolar doses of VIP have been shown to stimulate GTH-II release from goldfish pituitary cells under static incubation conditions (unpublished results, C. Peng and J.P. Chang). In our preliminary studies, however, a significant increase in basal GTH-II release from perfused goldfish pituitary cells could only be demonstrated at micromolar doses of VIP (unpublished results, L.Y. Tse and A.O.L. Wong). We speculate that the GTH response observed in our perfusion studies might have been the result of cross-reactivity of high doses of VIP with PAC1 receptors. Since the reproductive stages of fish used in these experiments were not recorded, we do not exclude the possibility that the observed discrepancy in sensitivity to VIP stimulation may have resulted from differential expression of VPAC receptors at different times of the reproductive cycle. Alternatively, the discrepancy in sensitivity may be due to the involvement of an autocrine or paracrine factor(s) that had accumulated to reach significant levels after prolonged incubation of goldfish pituitary cells. A similar accumulation of secreted products is rather unlikely in the flow-through system used in our perfusion studies.

In mammals, PAC1 receptors are functionally coupled to adenylate cyclase (AC) and phospholipid C (PLC; for review, see Rawlings and Hezareh 1996). Increases in cAMP (Spengler et al. 1993) and IP<sub>3</sub> production (Schomerus et al. 1994), mobilization of intracellular Ca<sup>2+</sup> stores (Tanaka et al. 1998), and extracellular Ca<sup>2+</sup> entry through voltage-sensitive Ca<sup>2+</sup> channels (VSCC; Chatterjee et al. 1996) have been reported in the post-receptor signaling mechanisms after PAC1 receptor activation. In the goldfish, PAC1 receptors are involved in PACAP-stimulated GH release at the pituitary level (Wong et al. 1998a). Mammalian PACAP analogs and goldfish PACAPs are effective in stimulating cAMP synthesis (Leung et al. 1997), intracellular Ca<sup>2+</sup> levels (Leung et al. 1999b), and inositol phosphate production (Wong et al. 1996b) in goldfish pituitary cells. Furthermore, the GH-releasing action of PACAP can be attenuated by the AC inhibitor MDL12330A and the protein kinase A (PKA) inhibitor H89, suggesting that the AC-cAMP-PKA pathway is a part of the signaling mechanisms mediating GH release after PAC1 receptor activation (Leung 1999). These results are consistent with our previous findings that GH exocytosis in goldfish pituitary cells can be induced by the activation of AC using forskolin, or an increase in functional levels of cAMP using 8Br.cAMP (Wong et al. 1994a). PACAP-stimulated GH release from goldfish pituitary cells can also be suppressed by the PLC inhibitor UK73122, protein kinase C (PKC) desensitization, and PKC inhibitors like calphostin C and cherythrine (Leung 1999). These observations indicate that the goldfish PAC1 receptors are functionally coupled to the PLC-IP<sub>3</sub>-PKC pathway. In our recent *in vitro* studies, a Ca<sup>2+</sup>-dependent component was also identified in PACAP-stimulated GH release in the goldfish. In this case, removal of extracellular Ca<sup>2+</sup>, blockade of VSCC using

nifedipine and nicardipine (Leung et al. 1997), and inhibition of Ca<sup>2+</sup>-calmodulin-dependent protein kinase II (CAM kinase II) using KN62 and KN93 (Leung 1999) were all effective in blocking the GH-releasing action of PACAP. In the goldfish, we have previously shown that PKA and PKC activation can induce Ca<sup>2+</sup> influx through VSCC to stimulate GH secretion (Wong et al. 1994b), presumably through phosphorylation of Ca<sup>2+</sup> channels. Therefore, we speculate that the influx of extracellular Ca<sup>2+</sup> through VSCC and subsequent activation of CAM kinase II may be downstream events mediating GH release after PACAP activation of the AC-cAMP-PKA and PLC-IP<sub>3</sub>-PKC pathways. Since PACAP has been reported to stimulate Ca<sup>2+</sup> release from IP<sub>3</sub>-sensitive intracellular Ca<sup>2+</sup> stores in some mammalian cell models (Hezareh et al. 1996), we do not exclude the possibility that mobilization of intracellular Ca<sup>2+</sup> may also contribute to the Ca<sup>2+</sup>-dependent component of PACAP-stimulated GH release in goldfish. In our pilot studies, PACAP-induced GH release from goldfish pituitary cells can be inhibited by the voltage-sensitive Na<sup>+</sup> channel blocker tetrodotoxin (TTX; unpublished results, A.O.L. Wong). These results raise the possibility that VSCC activation in goldfish pituitary cells may occur as a consequence of membrane depolarization caused by the opening of TTX-sensitive Na<sup>+</sup> channels (for a working model of PACAP-stimulated GH release in the goldfish, see Fig. 5). In fish, PACAP cannot only influence GH release at the pituitary level, but can also play a role in regulation of GH synthesis. In the goldfish, ovine PACAP38 (1 μM) increases steady-state GH mRNA levels in pituitary cells in a time-dependent manner (Fig. 6A). In our recent studies in grass carp pituitary cells, dopamine stimulates GH release via activation of pituitary D1 receptors (Wong et al. 1998c). In the same animal model, dopamine and ovine PACAP38 can stimulate GH release through a common cAMP-dependent pathway coupled to Ca<sup>2+</sup> entry via VSCC (Leung et al. 1998). In this case, PACAP38 is also effective in increasing steady-state GH mRNA levels in grass carp pituitary cells in a dose-dependent manner (Fig. 6B). This stimulatory action can be blocked by the PKA inhibitor H89 (Fig. 6C), suggesting that the influence of PACAP on GH synthesis is mediated through the AC-cAMP-PKA pathway. These results are also in accordance with previous findings that *cis*-acting elements responsive to cAMP induction, such as CRE (Wong et al. 1996a) and Pit-1 sites (Sekkali et al. 1999), have been identified in the 5' promoter of fish GH genes.

## Conclusions

First isolated in 1989, PACAP is known to be a novel peptide in mammals with a wide tissue distribution and it is involved in a variety of important biological functions. Although the physiological role of PACAP in lower vertebrates is largely unknown, evidence has accumulated to support the hypothesis that PACAP functions as a hypophysiotropic factor in fish. PACAP is expressed in the brain-pituitary axis of a few representative fish species. The molecular structure of fish PACAP is highly homologous to PACAPs reported in other vertebrates. The organization of PACAP gene in fish is similar to that of the mammalian counterpart, except that the prehormone of fish PACAP

also contains the amino acid sequence of fish GHRH. PACAP nerve fibers and PACAP receptors have been identified in the fish pituitary. In the goldfish, PACAP is stimulatory to GH and GTH-II secretion both in vivo and in vitro. The GH-releasing action of PACAP is mediated through pituitary PAC1 receptors coupled to the AC-cAMP-PKA and PLC-IP3-PKC pathways. These signaling pathways may trigger GH release from goldfish pituitary cells by inducing extracellular  $Ca^{2+}$  entry through VSCC and subsequent CAM kinase II activation. PACAP is probably a physiological GH-releasing factor in fish as plasma GH levels in the goldfish can be reduced by a high dose of PACAP antagonist in vivo. In the same animal model, PACAP can interact with other GH regulators, including somatostatin, serotonin, and norepinephrine, to modulate GH release at the pituitary cell level. As a whole, these findings indicate that PACAP is produced within the hypothalamus of fish species and delivered to the pituitary to function as a regulator of pituitary hormone secretion. Although PACAP was demonstrated in our study to stimulate GTH-II release in fish, the receptor specificity for this stimulatory action has not been fully elucidated. The signal transduction mechanisms mediating this GTH-II releasing action are still unknown and clearly warrant further investigations. It is also worth mentioning that PACAP immunoreactivity has been identified in goldfish pituitary cells, and PACAP mRNA can be detected in the goldfish pituitary. These findings suggest that PACAP may be produced locally at the pituitary cell level to exert its biological functions. The functional role of PACAP as an autocrine and paracrine factor in the fish pituitary is still an unexplored area for future research.

### Acknowledgements

The present study was sponsored by Research Grant Council (Hong Kong) and the Committee on Research and Travel Grants (University of Hong Kong) grants to A.O.L.W. and B.K.C.C. Support from Zoology Department (University of Hong Kong) in the form of postgraduate studentship (to M.Y.L. and L.Y.T.) is also acknowledged. Special thanks are given to Dr. R.E. Peter (University of Alberta, Canada) for the supply of GH standard and antiserum for GH RIA, Dr. W.K.K. Ho (Chinese University of Hong Kong, Hong Kong) for the supply of cDNA probes for GH mRNA quantitation, and Dr. W. Ge (Chinese University of Hong Kong, Hong Kong) for his technical advice in immunohistochemical staining. We are also grateful to Drs. K.L. Yu, D.K.O. Chan, F.C. Leung, W.W.M. Lee, and S.M. Chan for their support throughout the project.

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