

Phenotypic characteristics, virulence profile and genetic relatedness of O157 Shiga toxin-producing *Escherichia coli* isolated in Brazil and other Latin American countries

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Abstract

Thirty-eight Shiga toxin-producing Escherichia coli (STEC) O157:H7/H⁻ strains isolated from human infections, cattle and foods in Brazil and in some other Latin American countries were compared with regard to several phenotypic and genotypic characteristics. The genetic relatedness of the strains was also determined by pulsed-field gel electrophoresis (PFGE). Similar biochemical behaviour was identified, regardless of the origin and country of the strains. Most (89.5%) strains were sensitive to the antimicrobial agents tested, but resistance to at least one drug was observed among bovine strains. Although a diversity of stx genotypes was identified, most (77.8%) of the human strains harboured stx_2 or $stx_2stx_{2c(2yha)}$, whereas $stx_{2c(2vha)}$ prevailed (64.2%) among strains isolated from cattle. stx_1 and stx1stx2c(2vha) were the genotypes identified less frequently, and occurred exclusively among strains isolated from food and cattle, respectively. Despite differences in the stx genotypes, all strains carried eae- γ , efa1, ehx, iha, lpf_{O157} and toxB sequences. Many closely related subgroups (more than 80% of similarity) were identified by PFGE, and the presence of a particular O157:H7 STEC clone more related to human infections in Brazil, as well as a common origin for some strains isolated from different sources and countries in Latin America can be suggested.

Introduction

Shiga toxin-producing Escherichia coli (STEC) strains are foodborne pathogens that have emerged worldwide, associated with a broad spectrum of human diseases, including diarrhoea, haemorrhagic colitis (HC) and Hemolytic Uremic Syndrome (HUS) (Griffin & Tauxe, 1991). STEC strains belong to a large number of O:H types, but O157:H7 was the first associated with bloody diarrhea, and is by far the most prevalent serotype associated with large outbreaks and sporadic cases of HC and HUS in several countries (Nataro & Kaper, 1998). Domestic ruminants, especially cattle, have been implicated as the principal reservoir. Therefore, STEC strains are mainly transmitted to humans through the consumption of undercooked meat, unpasteurized dairy products and by any other food contaminated with bovine feces (Meng & Doyle, 1998). However, transmission by water and from person-to-person, although less common, has also been documented (Nataro & Kaper, 1998).

Recognition of *E. coli* O157:H7 has initially been facilitated by its inability to ferment sorbitol after overnight incubation (March & Ratnam, 1986), but sorbitol-fermenting nonmotile O157 STEC strains (O157:H⁻) have also emerged as important causes of human diseases in several European countries (Karch & Bielaszewska, 2001).

Although the most important STEC virulence characteristic is the production of one or more types of Stx toxins (Stx₁, Stx₂ or variants), several other virulence factors may contribute to the pathogenicity of these bacteria. A protein called intimin, encoded by the eae gene, which is located within the locus for the enterocyte effacement (LEE) pathogenicity island, is responsible for the intimate attachment to intestinal cells and causes attaching-and-effacing lesions in the intestinal mucosa (McDaniel & Kaper, 1997). Different types of intimin have already been described based on the heterogeneity of its aminoacid sequence in the C-terminal end, but a correlation between intimin types and STEC serotypes has been observed (Adu-Bobie et al., 1998). Moreover, a plasmid-encoded enterohemolysin (Ehx), which acts as a pore-forming cytolysin on eukaryotic cells, may play a role in pathogenesis (Nataro & Kaper, 1998).

The search for additional virulence markers in these pathogens revealed several other proteins that were proposed to be novel adhesion factors, such as a protein called ToxB that is required for full expression of adherence of O157:H7 strain Sakai, (Tatsuno *et al.*, 2001); Iha, a protein that confers adherence similar to *Vibrio cholerae* IrgA (Tarr *et al.*, 2000); enterohemorrhagic *E. coli* factor for adherence, called Efa1 (Nicholls *et al.*, 2000); and Saa, an autoagglutinating adhesin identified in LEE-negative strains (Paton *et al.*, 2001), and a long polar fimbriae (LPF) closely related to LPF of *Salmonella enterica* serovar Typhimurium (Doughty *et al.*, 2002; Torres *et al.*, 2002).

Currently, molecular methods are used for epidemiological investigation of outbreaks and for control and monitoring of the spread of potential pathogens. Pulsed-field gel electrophoresis (PFGE) is the most common molecular method used in the subtyping of STEC strains, and due to its high power of discrimination and reproducibility has proved to be very important for epidemiologic typing of O157 STEC strains all over the world (Izumiya *et al.*, 1997; Breuer *et al.*, 2001; Giammanco *et al.*, 2002).

Most outbreaks and sporadic cases of HC and HUS caused by O157 STEC have been reported from industrialized nations of the northern hemisphere, but its incidence in countries of the southern hemisphere, such as Argentina, Chile and Australia, has also been described (Nataro & Kaper, 1998).

In Brazil, O157:H7 STEC was first identified in cattle from Rio de Janeiro (Cerqueira *et al.*, 1999), and only in recent years has its occurrence in human diseases and in cattle from different Brazilian regions been reported (Irino *et al.*, 2002, 2005; Farah *et al.*, 2003; Gonzalez, 2003). Thus, there are no other reports analyzing the phenotypic and genotypic characteristics of O157 STEC strains isolated in Brazil from diverse sources and regions. Moreover, comparisons with several O157 STEC strains that had been isolated in other Latin American countries were also carried out.

Materials and methods

Bacterial strains

A total of 38 O157 STEC strains isolated from human infections (n = 18), cattle (n = 14), food (n = 5) and water (n = 1) were studied. The 18 Brazilian strains were isolated during different surveys conducted in our country (Cerqueira *et al.*, 1999; Irino *et al.*, 2002, 2005; Farah *et al.*, 2003; Guth *et al.*, 2003; unpublished data), and five of them, isolated from cattle in Rio de Janeiro, were kindly supplied by Dr J.R.C. Ramos, Universidade Estadual do Rio de Janeiro, Brazil (Gonzalez, 2003). Sixteen strains isolated in Argentina (n = 8), Chile (n = 3), Colombia (n = 1) and Uruguay (n = 4) were kindly provided by M. Rivas (Servicio Fisiopatogenia, Instituto Nacional de Enfermedades Infecciosas Dr Carlos G. Malbrán, Buenos Aires, Argentina),

V. Prado (Instituto de Ciências Biomédicas, Universidad de Chile), D. Urbina (Laboratório de Posgrado de Microbiologia, Facultad de Medicina, Cartajena, Colômbia) and F. Schelotto (Departamento de Bacteriologia y Virologia, Facultad de Medicina, Montevideo, Uruguay), respectively. The isolation and identification of most of these strains had been previously described (Chinen *et al.*, 2001, 2003; Urbina *et al.*, 2003; Gadea *et al.*, 2004; Toma *et al.*, 2004). Two strains from the United States of America were kindly provided by Dr L.R. Trabulsi (Instituto Butantan, São Paulo, Brazil), and *E. coli* strains EDL932 and G5244 were also included as controls (Centers for Disease Control and Prevention reference strains).

Phenotypic characterization of the strains

The biochemical properties of the strains were determined by standard methods (Ewing, 1986). Fermentation of sorbitol within 24 h was tested as described previously (Guth *et al.*, 2003). The β -D-glucoronidase activity was investigated on fluorocult laurylsulfat–bouillon broth (Merck, Darmstadt, Germany) added with 2% of agar (Nagano *et al.*, 2002). Enterohemolysin production (Ehx) and expression of cytotoxicity activity on Vero cells were assayed as described by Beutin *et al.* (1989) and Gentry & Dalrymple (1980), respectively. The antimicrobial susceptibility to ampicillin, cefoxitin, ciprofloxacin, chloramphenicol, gentamicin, kanamycin, streptomycin, sulfonamide, tetracycline and trimethoprim was determined by the standard disk diffusion method (NCCLS, 2000).

Virulence profile

The primers and conditions used in the PCR assays for identification of gene sequences related to stx_1 and stx_2 (Pollard et al., 1990), eae (Karch et al., 1999), eaey(Adu-Bobie et al., 1998), ehxA (Schmidt et al., 1994), efal (Nicholls et al., 2000), iha (Tarr et al., 2000), saa (Paton et al., 2001), lpf_{O113} (Doughty et al., 2002), lpf_{O157} (Torres et al., 2002) and toxB (Tatsuno et al., 2001) were as those reported. The differentiation of Stx1 and Stx2 variants was carried out as previously described (Cergole-Novella et al., 2006). Nonmotile (H⁻) strains were investigated for the flagellar antigen H7 (fliC) genes by RFLP-PCR (Machado et al., 2000) using a motile O157:H7 strain as a standard. Escherichia coli strain EDL932 was used as a positive control for stx_1 , stx_2 , fliC, eae, intimin γ , ehx, iha, efa1, lpf_{O157} and toxB; E. coli O113:H21 as a positive control for saa and lpf_{O113} , and *E. coli* DH5 α as a negative control.

Genetic relatedness

PFGE was used to analyze the genetic relatedness of the strains studied. The method described by Gautom (1997)

was followed with some modifications. Cleavage of the agarose-embedded DNA was achieved with XbaI (Invitrogen) at 37 $^{\circ}$ C for 16 h, and pulse and run times were 5–50 s for 18 h and 50 min, performed in a CHEF-DR III System (Bio-Rad) apparatus. The PFGE patterns were analyzed using the GelCompar II program, and similarity between PFGE patterns was evaluated using the Dice coefficent similarity (tolerance, 1%).

Results

The phenotypic and genotypic characteristics identified among the O157 STEC strains are shown in Table 1. A similar biochemical behavior was observed in most of the strains, regardless of their source and country. β -D-Glucoronidase activity was not observed among the strains analyzed, but enterohemolysin production was detected in all of

								Virulence profile	Antimicrobial
Country*	Strain	Origin [†]	H type	Urease	LCD^\ddagger	Sorbitol	<i>stx</i> genotype [§]	eae-γ, ehx,efa1,iha,lpf _{O157} ,toxB	resistance [¶]
ARG	179/03	HUS	H7	_	+	_	stx ₂ stx _{2c}	+	_
	724/01	HUS	H7	_	+	_	stx ₂ stx _{2c}	+	STR
	790/01	D	H7	+	+	_	stx ₂ stx _{2c}	+	_
	145/98	С	H7	_	+	_	stx ₂ stx _{2c}	+	_
	146N/99	С	H7	_	+	_	stx ₁ stx _{2c}	+	STR
	438/99	С	H7	_	+	_	stx _{2c}	+	_
	109/96	F	H7	_	+	_	stx ₂ stx _{2c}	+	_
	148/97	F	H7	_	+	_	stx ₂	+	_
BR	EC156/90	D	H7	_	+	_	stx ₂ stx _{2c}	+	_
	EC255/03	BD	H7	_	+	_	stx ₂ stx _{2c}	+	_
	EC622/03	BD	H7	_	+	_	stx ₂ stx _{2c}	+	_
	337/01	BD	H7	_	+	_	stx ₂ stx ₂ c	+	_
	385/01	BD	H7	_	+	_	stx ₂ stx _{2c}	+	_
	143/05	HUS	H7	_	+	_	stx ₂	+	_
	B1/1	С	H7	_	+	_	stx _{2c}	+	_
	B18/1	С	H7	_	+	_	stx _{2c}	+	_
	EC393/01	С	H7	_	+	_	stx _{2c}	+	TRI
	GC148	С	H7	_	+	+	stx ₂	+	_
	EC339/02	С	H7	_	+	_	stx ₂ stx ₂ c	+	_
	YB20	С	H^{-}	_	+	_	stx1stx2c	+	STR, SUL
	EC102/97	F ^{II}	H7	_	+	_	stx ₂	+	_
	581/1	С	H7	_	+	_	stx _{2c}	+	_
	691/1	C	H7	_	_	_	stx _{2c}	+	_
	1728/1	C	H7	_	+	_	stxac	+	_
	1770/1	C	H7	_	+	_	stxac	+	_
	2004/1	C	H7	_	+	_	stxac	+	_
СН	GB2001	HC	H7	+	+	_	stx ₂	+	_
	HUS 28	HUS	H7	_	+	_	stx ₂	+	_
	HUS 32	HUS	H7	_	+	_	stx ₂	+	_
COL	558	BD	H ⁻	_	+	_	stx1stx2	+	_
URU	C 195	F	H7	_	+	_	stx1	+	_
	C 363	F	H7	_	+	_	stx1stx2	+	_
	M1 Col5	F	H7	_	+	_	stx_1stx_2	+	_
	HUS 56	' HUS	Н7	+	+	_	stra	+	_
USA	FDI 932	HUS	H7	_	+	_	stx_stx_	+	_
	G5244	HUS	H7	_	+	_	stx	+	_
	0157/14	HUS	н-	_	+	_	stx	· +	_
	0157/16	HUS	н7	_	+	_	stx ₂	· +	_
	0157/16	HUS	H7	_	+	_	stx _{2c}	+	—

*ARG, Argentina; BR, Brazil; CH, Chile; COL, Colombia; URU, Uruguay; USA, United States of America.

[†]D, human diarrhea; BD, bloody diarrhea; HC, hemorrhagic colitis; HUS, hemolytic uremic syndrome; C, cattle; F, food (ground meat).

[‡]LCD, lysine descarboxylase.

 stx_{2c} corresponds to stx_{2-vha} subtype.

[¶] – , sensitive to all 10 antimicrobials tested; STR, streptomycin; TRI, trimethoprim; SUL, sulfonamide.

^{||}Strain isolated from water.

them. Most of the O157 STEC strains neither fermented sorbitol in 24 h (97.4%) nor presented urease activity (92%). Moreover, except for one strain isolated from cattle in Brazil, all the others were able to decarboxylate lysine. Three strains were nonmotile, but an *fli*C gene coding for flagellar type H7 was detected in all of them. Six O157 STEC strains did not express cytotoxic activity, and all of them were isolated from cattle in Brazil. Sensitivity to all the antimicrobial agents tested was observed in 34 (89.5%) of the O157 STEC strains. Considering the origin of the strains, susceptibility was found in 94% (17/18), 78.5% (11/14) and 100% of human, bovine and food strains, respectively. Two resistant strains were isolated from cattle in Brazil, and the other strains were isolated in Argentina from human and bovine. The antimicrobials, in which resistance was observed, were streptomycin, trimethoprim and sulfonamide.

Thirthy-seven of the 38 (97.4%) O157 strains harbored stx_2 toxin genes, either alone or combined with some stx_2 variant or with stx_1 . The *eae* gene encoding intimin type γ was identified in all O157 STEC strains that were also positive for efa1, ehx, iha, lpf_{O157} and toxB genes, regardless of their source and country (Table 1). Restriction fragment analysis of stx-specific PCR products showed that none of the strains presented stx_{1c} , whereas all the strains, in which stx_{2c} was identified, presented only the 2vha subtype. The frequency and distribution of the stx genotypes identified in the O157 STEC strains isolated from different origins are presented in Table 2. Among the 18 human strains studied, 14 (77.8%) carried stx_2 or stx_2stx_{2c} , whereas 9 of 14 (64.2%) strains from cattle carried only the stx_{2c} genotype, and the stx_2 and stx_1stx_2 genotypes occurred at higher frequencies (33.3% each) among the strains isolated from ground meat.

Thirty-two different patterns were obtained by XbaI-PFGE, but most of the strains were grouped in the same cluster (A), which presented six subgroups (A1–A6) with 75–100% similarity (Fig. 1). Only three strains from human sources isolated in Brazil, Chile and Uruguay, and one cattle strain isolated in Brazil were more distantly related to the others (60% of similarity). Among the O157 STEC strains that showed 100% similarity, some were isolated from different sources and different countries. Strains C195, M1.col5 and C363, isolated from ground meat in Uruguay, showed the same PFGE pattern as strains 558, 790/01 and

724/01, isolated from human sources in Colombia and Argentina, respectively. Identical PFGE patterns were also identified among Brazilian strains isolated from cattle (strains 1728 and 1770) and from human infections (strains 385, 337 and 143/05). Moreover, it was interesting to observe that a Brazilian strain from human origin (156/90) was more closely related to O157 STEC strains from other Latin American countries, corresponding to a subgroup with more than 80% similarity (Fig. 1).

Discussion

Infections with O157:H7 STEC strains are a major public health concern, and studies on the characteristics of strains isolated from humans and the environment have helped to understand their epidemiology and ensure the establishment of efficient control measures.

In Brazil, such studies have not been carried out before because despite the first isolation of O157:H7 STEC from cattle in the late 1990s (Cerqueira *et al.*, 1999); only in recent years has it been identified as the cause of bloody diarrhea (Irino *et al.*, 2002) and HUS (Guth BEC, pers. commun.), as well as being isolated from bovines in different regions. Thus, in contrast to studies conducted so far the phenotypic and genotypic characteristics of O157:H7 STEC strains isolated in different Brazilian regions and from diverse sources were analyzed, and also compared for the first time with O157:H7 STEC strains isolated in other Latin American countries. Moreover, the genetic relatedness of the strains was also determined by PFGE.

Several similarities related to biochemical properties, susceptibility to antimicrobial agents and virulence profile were identified among the O157:H7 STEC strains studied. However, some differences especially related to *stx* genotypes were also identified in strains isolated in different countries and sources.

Nakano *et al.* (2001) suggested that the presence of urease gene (*ure*C) could be a useful genetic marker for the detection of O26, O111 and O157 STEC strains, which belong to the enterohemorrhagic *E. coli* (EHEC) group. Friedrich *et al.* (2005) also observed that except for one strain, all the O157:H7 EHEC strains they had analyzed have the *ure* gene. However, in both of these studies, urease

Table 2. Frequency and distribution of stx genotypes according to the origin of the O157 STEC strains

Origin	Total No	No (%) of strains with									
		stx ₁	stx ₂	stx ₁ stx ₂	stx _{2c(2vha)}	stx ₁ stx _{2c(2vha)}	stx ₂ stx _{2c(2vha)}				
Human	18	_	6 (33.3)	2 (11.2)	2 (11.2)	-	8 (44.5)				
Cattle	14	_	1 (7.2)	-	9 (64.2)	2 (14.3)	2 (14.3)				
Food	6	1 (16.7)	2 (33.3)	2 (33.3)	-	_	1 (16.7)				
Total	38	1 (2.6)	9 (23.7)	4 (10.5)	11 (28.9)	2 (5.3)	11 (28.9)				

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Fig. 1. Dendrogram outlining the relationship of O157:H7 STEC strains isolated in Brazil and other Latin American countries.

production could not be detected in most of the strains, despite their possession of the *ure*C gene. In the present study, the urease gene was not searched for, and although all strains isolated in Brazil and most of the O157 strains studied from other Latin American countries did not present urease activity, this property was identified in three human strains, each one isolated in Argentina, Chile and Uruguay. These results are similar to those previously

reported (Nakano *et al.*, 2001; Friedrich *et al.*, 2005), where only a few O157 STEC strains showed urease activity.

Curiously, one O157:H7 STEC strain isolated from cattle in Brazil failed to decarboxylate lysine. Some other studies have documented the nondecarboxylation of lysine only in STEC strains belonging to the O111 serogroup (Vaz *et al.*, 2004; Torres *et al.*, 2005). On the other hand, all O157 STEC strains, regardless of the origin and country, were β -glucoronidase negative, confirming the observations of Doyle & Schoeni (1984), but differing from the ones described by Hayes *et al.* (1995) and Nagano *et al.* (2002).

In the past years sorbitol-fermenting O157 strains have emerged as important causes of human diseases in several countries (Karch & Bielaszewska, 2001; Bettelheim *et al.*, 2002), and it is worth mentioning that all these strains were nonmotile (O157:H⁻). In this study, fermentation of sorbitol was detected in only one O157 strain isolated from cattle in Brazil, but different from the previous observations this strain was O157:H7 as determined by standard seroagglutiantion assays (Ewing, 1986).

Recent studies have documented antimicrobial resistance among O157 STEC strains (Zhao *et al.*, 2001; Mora *et al.*, 2005). In contrast to these reports, a higher percentage of O157:H7 strains susceptible to antimicrobials was identified in the present study, and resistance to at least one drug occurred only among four of the 38 (10.5%) strains analyzed. Among these strains, three were from cattle source, isolated in Brazil (two strains) and in Argentina, and the other one was isolated in Argentina from humans. Other studies also showed that higher frequencies of resistance among O157:H7 STEC strains were recovered from bovine (Meng & Doyle, 1998; Zhao *et al.*, 2001).

In this study, besides the three bovine Brazilian O157:H7 STEC strains previously reported as unable to express Stx (Cerqueira *et al.*, 1999; Irino *et al.*, 2005), three other strains also isolated from cattle in Brazil showed no cytotoxic activity on Vero and HeLa cells' culture assays. On the other hand, this characteristic was neither observed among the human O157:H7 Brazilian STEC strains nor among the other O157 strains analyzed. No Stx expression in O157:H7 STEC strains isolated from cattle was also reported by Nielsen & Scheutz (2002).

Although a diversity of stx genotypes was presently identified, more than 80% of the O157:H7 STEC strains showed stx_2 and/or $stx_{2c(2vha)}$ genotypes, regardless of their source and country. Most (77.8%) of the human strains carried stx_2 or stx_2stx_{2c} , in agreement with several data described in literature that correlate stx_2 and/or stx_{2c} with more severe human diseases (Eklund et al., 2002; Friedrich et al., 2002). In addition, $stx_{2c(2vha)}$ prevailed (64.2%) among strains isolated from cattle, whereas stx_1 and stx_1stx_{2c} were the genotypes identified less frequently, and occurred exclusively among strains isolated from food and cattle, respectively. These data are in contrast to those obtained by Nielsen & Scheutz (2002), in which $stx_1 stx_{2c}$ predominated among O157:H7 STEC strains isolated from cattle, but similar to the results described by Zheng et al. (2005), who found stx_{2vha} as the dominant genotype among O157:H7 strains isolated from domestic animals in China.

All O157:H7 STEC strains analyzed in this study carried *eae*- γ , *efa*1, *ehx*, *iha*, *lpf*_{O157} and *toxB* sequences. This same

virulence profile was identified in all O157:H7 STEC strains isolated from diverse origins in Argentina (Toma *et al.*, 2004) and Belgium (Tatarczak *et al.*, 2005). Therefore, despite differences in *stx* genotypes, a homogeneous distribution of other virulence factors could be observed in O157:H7 STEC strains isolated from diverse geographic regions and sources.

PFGE analysis grouped most of the O157:H7 strains studied into a same cluster, which was subdivided into several related groups (A1-A6, 75-100% similarity). Curiously, distinct strains isolated in Uruguay from ground meat samples presented identical PFGE patterns of human strains isolated in Argentina and Colombia, suggesting a common origin. Identical PFGE profiles were also observed among three human strains isolated in Brazil. Two of these three strains (strain 337 and 385) had recently been studied by Vaz et al. (2006), who proposed the first occurrence of an O157:H7 outbreak in Brazil. The other human strain (143/ 05), which presented the same PFGE pattern as those previously reported, was isolated from a child with HUS in São Paulo in 2005. Thus, all these data could probably indicate the maintenance of an O157 clone associated with human infections in our settings. A high degree of similarity (85-90%) between these three Brazilian human strains and two O157 STEC strains isolated from cattle and food in Argentina should also be highlighted. In addition, it was also interesting to observe that another Brazilian strain from human origin (156/90) was more closely related to O157 STEC strains from other Latin American countries, corresponding to a subgroup with more than 80% similarity. Guth et al. (2003) had previously analyzed by PFGE a few O157 STEC strains only isolated from animals and food samples in Argentina and Brazil, and observed that one Brazilian strain of animal origin was possibly related to some Argentinean bovine strains (80% similarity).

In summary, O157:H7 STEC isolates from Brazil and other Latin American countries share several similar phenotypic and genotypic characteristics. Moreover, analysis of the genetic relatedness of the O157 STEC strains suggested the presence of a particular clone more related to human infections in Brazil, as well as a common origin for some strains isolated from different sources and countries.

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