

1 **Non-invasive Suppression of Essential Tremor via Phase-Locked Disruption of its**
2 **Temporal Coherence**

3
4
5
6
7

Sebastian R. Schreglmann^{1,20}, David Wang^{2,3,20}, Robert Peach^{4,5,6,20}, Junheng Li^{5,6}, Xu Zhang^{7,8}, Anna Latorre¹, Edward Rhodes^{5,6}, Emanuele Panella⁹, Antonino M. Cassara¹⁰, Edward S. Boyden¹¹⁻¹⁷, Mauricio Barahona⁴, Sabato Santaniello^{7,8}, John Rothwell¹, Kailash P. Bhatia^{1*}, Nir Grossman^{5,6,11,12,18,19*}

8
9

Abstract

10 Aberrant neural oscillations hallmark numerous brain disorders. Here, we first report a
11 method to track the phase of neural oscillations in real-time via endpoint-corrected Hilbert
12 transform (ecHT) that mitigates the characteristic Gibbs distortion. We then used ecHT to
13 show that the aberrant neural oscillation that hallmarks essential tremor (ET) syndrome, the
14 most common adult movement disorder, can be transiently suppressed via transcranial
15 electrical stimulation of the cerebellum phase-locked to the tremor. The tremor suppression
16 is sustained shortly after the end of the stimulation and can be phenomenologically
17 predicted. Finally, we use feature-based statistical-learning and neurophysiological-
18 modelling to show that the suppression of ET is mechanistically attributed to a disruption of
19 the temporal coherence of the aberrant oscillations in the olivocerebellar loop, thus
20 establishing its causal role. The suppression of aberrant neural oscillation via phase-locked
21 driven disruption of temporal coherence may in the future represent a powerful
22 neuromodulatory strategy to treat brain disorders.
23

24 **Introduction**

25 Synchronous oscillatory firing in large populations of neurons has diverse functional roles in
26 the central nervous system (CNS), including regulation of global functional states, endowing
27 connectivity during development, and providing spatiotemporal reference frames for
28 processing of sensory input^{1,2}. Aberrant synchronous oscillations have been associated with
29 numerous brain disorders^{3,4}. A palpable manifestation of such aberrant oscillation is
30 pathological tremor in essential tremor (ET) syndrome, the most prevalent movement
31 disorder affecting 0.4% of the general population⁵. While the biomolecular origin of ET
32 remains elusive, rendering pharmacological interventions unspecific and often inefficient⁶, its
33 systems-level origin, i.e., oscillatory activity in the cortico-cerebello-thalamo-cortical (CCTC)
34 network, is well established⁷. Invasive systems-level interventions such as lesioning and
35 high-frequency deep brain stimulation (DBS) can successfully treat medication refractory
36 ET^{6,8}, but their wide-scale application is limited due to the need for brain surgery. However,
37 such aberrant oscillations fundamentally require a delicate cascade of coherent activities
38 across the network components. We here explored whether such a cascade of coherent
39 activities in the CCTC under ET can be disrupted non-invasively by perturbing the
40 synchronous activity of the cerebellum via stimulation that is phase-locked to the tremor
41 oscillation. To phase-lock the stimulation to the tremor oscillation, we first present a strategy
42 to mitigate the Gibbs phenomenon distortion⁹ from the Hilbert transformation¹⁰ to compute
43 the instantaneous phase of an oscillatory signal in real-time, a strategy that we called
44 endpoint corrected Hilbert transform (ecHT). We then demonstrate that if transcranial
45 alternating current stimulation (tACS) of the cerebellum is phase-locked to ET movement it

46 can suppress its amplitude. Finally, we show that the suppression of ET amplitude is
47 attributed to a disruption of the cascade of coherent activities in the olivocerebellar loop.

48 **Results**

49 Real-time computation of instantaneous phase via endpoint corrected Hilbert transform

50 To enable phase-locking of stimulation to oscillatory activity, we first developed a strategy to
51 compute in real-time the instantaneous phase of oscillatory signals. Traditionally, the
52 instantaneous phase and envelope amplitude, of a band-limited, time-varying oscillatory
53 signal are computed from a complexified version of the signal, known as the analytic signal,
54 in which the real part is the unmodified signal and the imaginary part is the signal's Hilbert
55 transform¹⁰. The discrete analytic signal is most accurately and efficiently computed in the
56 frequency domain¹¹. However, the Gibbs phenomenon⁹ has made it impossible to accurately
57 compute the instantaneous phase and amplitude at the ends of finite-length analytic
58 signals¹². We hypothesized that by applying a causal bandpass filter to the frequency
59 domain representation of the analytic signal we would mitigate the Gibbs phenomenon by
60 establishing a continuity between the two ends of the signal and remove the distortion
61 selectively from the end part of the signal – aka endpoint corrected Hilbert transform (ecHT).
62 See Methods for a detailed description of the ecHT.

63 To assess whether the ecHT strategy could effectively mitigate the Gibbs phenomenon at
64 the endpoint of the analytic signal, we computed the Hilbert transform of a test signal, i.e., a
65 finite-length discrete cosine waveform, and quantified the error at the endpoint. Fig. 1a and
66 Fig. 1b show the Fourier spectra and the Hilbert transforms without the endpoint correction
67 when the signal completed and did not complete full cycles within the sampled time interval,
68 respectively. At the endpoint of the signal without ecHT, the maximal phase error was 179°
69 (mean error 47° ±50° standard deviation, st.d.), and the maximal amplitude error was 191%
70 (76% ±69%. Fig. 1c. Fig. 1d shows the same as Fig. 1b but with the endpoint correction. At
71 the endpoint, the ecHT strategy reduced the phase error by at least an order of magnitude
72 (maximal error 12°; mean error 9° ±2° st.d.) and the amplitude error by at least two orders of
73 magnitude (8%; 4% ±2%). The effects of the filter bandwidth and filter order are shown in
74 Fig. 1f and Fig. 1g, respectively.

75

76 Cerebellar stimulation phase-locked to essential tremor movement

77 Next, we deployed the ecHT to test whether stimulation of the cerebellum phase-locked to
78 the tremor movement can perturb ET in a cohort of 11 human participants with ET (see
79 Supplementary Table 1 for demographic details). We measured the tremor movement of the
80 hand, computed its instantaneous phase in real-time, generated eight different stimulating
81 currents – sinusoidal at six different phase lags (0°, 60°, 120°, 180°, 240°, 300°), a control
82 sinusoidal at the tremor frequency without phase-locking, and a sham, and applied them
83 transcranially to the ipsilateral cerebellum via scalp electrodes (mean current amplitude 2.7
84 ±1 st.d. mA). Fig. 2a shows a schematic of the phase-locked stimulation concept, Fig. 2b
85 shows a schematic of the electrode configuration and the theoretical distribution of the
86 electric fields in the brain, computed using finite element method (FEM) modelling.
87 Supplementary Movie 1 shows a representative video. We applied each stimulation
88 condition in a block of 60s during which the participants maintained a tremor evoking
89 posture. Each block consisted of a 30s stimulation period (including 5s of ramp-up and 5s of
90 ramp-down) and 15s stimulation-free periods before and after. We repeated the stimulation

91 conditions four times in a double-blinded random order with a 30s rest interval between
92 conditions and 5-10min rest interval between sessions of eight stimulation conditions (see
93 Fig. 2c for a schematic of the study design and Methods).

94 To assess whether the stimulating currents were delivered at accurate phase-lag, we
95 computed, offline using Hilbert transform, the lag between the instantaneous phase of the
96 stimulation waveforms and the instantaneous phase of the tremor movement waveforms.
97 We found that during the phase-locked stimulation, the phase-lag distribution of each
98 condition was narrow and different from the other conditions throughout the stimulation
99 period (Fig. 2d(i)) and during the first and second halve periods (Fig. 2d(ii)), ($p < 10^{-8}$ for all
100 periods; Fisher test; see Supplementary Table 2 for full statistics). The difference between
101 the measured phase-lag and the set phase-lag was small, i.e., $3^\circ \pm 11^\circ$ (mean \pm st.d), across
102 all the phase-locked conditions. The mean resultant vector length (quantifying the circular
103 spread)¹³, was close to one, i.e., 0.98 ± 0.01 , across all the conditions, and did not differ
104 between conditions throughout the stimulation period (Fig. 2e(i)), and during the first and
105 second halve periods (Fig. 2e(ii); $p > 0.95$ for all periods; one-way ANOVA, see
106 Supplementary Table 3 for full statistics). The mean resultant vector length was slightly
107 larger at stimulation blocks with higher tremor amplitude (Fig. 2f(i)) and was slightly smaller
108 at stimulation blocks with higher tremor amplitude st.d. (Fig. 2f(ii)) higher tremor frequency
109 (Fig. 2g(i)) and higher tremor frequency st.d. (Fig. 2g(ii)). In contrast, during the sinusoidal
110 stimulation without phase-locking, the phase-lag distribution was not different from a uniform
111 distribution (Fig. 2d(i-ii); $p > 0.4$ for all periods; Omnibus test). The mean resultant vector
112 length was small, i.e., 0.19 ± 0.071 , and did not differ from sham stimulation ($p = 0.37$, paired
113 Wilcoxon signed-rank test), indicating that the stimulation did not entrain the tremor phase
114 (Fig. 2d-e and Supplementary Table 3). Across all stimulation conditions, the mean resultant
115 vector length was not different in trials in which participants reported sensation underneath
116 the electrodes and trials in which no sensation was reported ($p = 0.3$, Paired sign-rank test).

117

118 Phase-dependent suppression of essential tremor amplitude

119 After establishing that the stimulating currents were delivered at the desired phase lags, we
120 assessed whether they affected the tremor amplitude. To quantify the stimulation effect
121 relative to the baseline period and relative to the effect of sham stimulation, we computed,
122 for each participant, the z-score of the tremor amplitude relative to the mean and the st.d. of
123 the tremor amplitude during baseline in each stimulation condition, and then subtracted the
124 median z-score of the tremor amplitude during sham stimulation (there was no significant
125 difference in the tremor frequency and amplitude during baseline between conditions, see
126 Supplementary Table 1 for full statistical details). To examine the temporal dynamics of the
127 effect we quantified the z-score values during the first half and second half of the stimulation
128 period, as well as during the post-stimulation period.

129 We found that the stimulation at the tremor frequency without phase-locking resulted in a
130 tremor amplitude reduction, yet not statistically significant (Fig. 3a). A significant tremor
131 amplitude change (reduction or increase) occurred in only a small number of participants
132 (Fig. 3b and Supplementary Table 4). Across these subsets of participants, the change was
133 statistically significant only in those showing a reduction and only during the first half of the
134 stimulation (Fig. 3c-d). The corresponding percentage reduction during the first half period of
135 the stimulation was $-10.8 \pm 3.0\%$ (mean \pm st.d.) relative to baseline. In contrast, stimulation
136 that was phase-locked to the tremor movement resulted in a significant reduction in the

137 tremor amplitude, that increased throughout the stimulation period and sustained during the
138 post stimulation period (Fig. 3e; see Supplementary Fig. 1 for z-score values expressed
139 relative to stimulation without phase-locking). The number of participants who showed a
140 significant reduction in the tremor amplitude was significant during the second half of the
141 stimulation and the post-stimulation period, while the number of participants who showed a
142 significant increase in the tremor amplitude was not significant throughout (Fig. 3f and
143 Supplementary Table 4; p-value threshold of amplitude change was Bonferroni corrected for
144 six phase-locked conditions). Across these subsets of participants, the reduction/increase in
145 the tremor amplitude was statistically significant throughout (Fig. 3g-h). The corresponding
146 percentage reduction (and increase) in tremor amplitude during the first half period of the
147 stimulation, second half period of the stimulation, and after the stimulation period, was -18.1
148 $\pm 2.5\%$ ($8.3 \pm 4.5\%$), $-15.2 \pm 2.2\%$ ($1.6 \pm 2.0\%$), and $-12.0 \pm 2.3\%$ ($6.5 \pm 3.3\%$), respectively,
149 relative to baseline. The change in tremor amplitude was not different between sessions
150 ($p=0.64$, ANOVA; $p=0.32$, linear mixed effect model with sessions as a predictor variable).
151 Across all stimulation conditions, the z-score tremor amplitude was not different in trials in
152 which participants reported sensation underneath the electrodes and trials in which no
153 sensation was reported ($p=0.54$, paired t-test).

154 Comparing the phase-locked conditions, we found that the reduction in tremor amplitude
155 was close to significance (not corrected) only at a phase-lag of 0° (Fig. 4a) but the number of
156 participants who showed a significant reduction in tremor amplitude was not significant (Fig.
157 4b). However, if the phase lags of individual participants were expressed relative to the
158 phase lag that resulted in the largest reduction of their tremor amplitude, the reduction in
159 tremor amplitude and the number of participants who showed a significant reduction, were
160 statistically significant—indicating a narrow range of efficacious phase that can vary between
161 participants (Fig. 4b-c, see Supplementary Table 5 for complete statistical details). The
162 corresponding percentage reduction during the second half period of the stimulation at 0°
163 phase-lag was $-21.5 \pm 4.2\%$ relative to baseline.

164 To test whether the effect of the stimulation on the tremor amplitude is reproducible, we
165 repeated the experiment in a subset of participants ($n=6$, including participants 1,2,3,6, and
166 11 who showed a reduction in the tremor amplitude and participant 9 who did not; see
167 Supplementary Table 1 for demographic and clinical details during the repeated experiment)
168 and analysed the data in the same way as in the original experiment. We found that in the
169 repetition experiment the stimulation currents were delivered at the same phase-lag
170 accuracy as in the original experiment (Supplementary Table 6). As before, stimulation at the
171 tremor frequency without phase-locking resulted in a tremor amplitude reduction, yet not
172 statistically significant (Fig. 4e), however stimulation currents that were phase-locked to the
173 tremor movement resulted in a significant reduction in the tremor amplitude that was
174 sustained during the post-stimulation period (Fig. 4f). The participants who showed a
175 significant reduction in the tremor amplitude during the stimulation period in the original
176 experiment also showed a significant reduction in the tremor amplitude in the repetition
177 experiment (see Supplementary Table 7 for full statistics). The z-score reduction in the
178 tremor amplitude across those participants was not different from the original experiment
179 (Fig. 4g). Comparing the phase-locked conditions, we found that across the cohort the
180 reduction in the tremor amplitude was smaller at phase-lag of 0° and larger at phase-lag of
181 300° (Fig. 4h, see also Supplementary Table 8 for full statistics). Within individual
182 participants the phase-lag values that reduced the tremor amplitude were consistent in only
183 20% of the cases.

184

185 Prediction of participants' response from distinct features of the tremor movement

186 Next, we sought to explore whether the variability in the participants' response to the
187 stimulation can be attributed to certain characteristics of their ET condition. We divided the
188 participants into two groups, i.e., a 'responder' group (n=7, including participants 1,2,3,6,8,9,
189 and 11) and a 'non-responder' group (n=4, participants 4,5,7, and 10). A participant was
190 defined a 'responder' if his/her tremor amplitude decreased in at least one of the tested
191 stimulation phases relative to sham and did not increase in any of the tested stimulation
192 phases relative to sham, and a 'non-responders' if his/her tremor amplitude increased in at
193 least one of the tested stimulation phases relative to sham or did not change in any of the
194 tested stimulation phases relative to sham. We first assessed whether certain clinical or
195 demographic characteristics can distinguish between responder and non-responder groups
196 but found only non-significant trends of younger age ($p=0.07$, Wilcoxon rank-sum test) and
197 higher tremor frequency ($p=0.08$) in responders (see Supplementary Table 1 for full
198 statistical details). In addition, we did not find a difference between the groups in the
199 amplitude of the applied currents ($p = 0.8$).

200 We then explored whether certain characteristics of the tremor movement can distinguish
201 between the two groups. We deployed a feature-based statistical learning strategy¹⁴ to
202 extract 7873 different time-series features from a 10s segment of the tremor movement
203 before the onset of the stimulation in all the trials with phase-locked stimulation (301 trials in
204 total, including 28 trials per participant except participant 3 in which only 21 trials were
205 recorded); exemplary tremor traces are shown in Fig. 5a. We then used the features and a
206 support vector machine (SVM) with a linear kernel to classify the tremor trials according to
207 the subjects' responsiveness to a phase-locked stimulation. We found that using all the
208 features, the tremor trials could be classified according to the participants' response with an
209 accuracy of 97% (F-score of 96). However, even a small number of features was sufficient
210 for high accuracy classification, using the top 1, 5, 10, and 40 features with highest single-
211 feature classification accuracy, the tremor trials could be classified with an accuracy of 83%,
212 81%, 86%, and 92% (F-score of 82, 80, 85, and 91), respectively (Fig. 5b).

213 We then used a hierarchical cluster tree approach to search for the most informative
214 features among the 40 features with the highest classification accuracy (Fig. 5c; feature
215 values of individual participants did not differ between trials, $p>0.5$; ANOVA). We identified
216 14 clusters of correlated features and extracted the corresponding features at the centre of
217 those clusters – the list of the most informative features is given in Supplementary Table 9
218 and the magnitude probability density plots of exemplary features are shown in Fig. 5d (the
219 classification accuracy plateaued at approximately 14 features, Fig. 5e). The extracted
220 features revealed that the tremor movement in responders was smaller (Fig. 5dii), had a
221 more sinusoidal like regularity (Fig. 5diii and Fig. 5div), and had a higher amplitude
222 symmetry relative to zero (Fig. 5di). The Euclidean distance between feature centroids of the
223 responders class and non-responders class was 0.55 (feature centroid of a class was
224 computed by averaging the features across the corresponding samples). The feature
225 centroids of individual participants who responded to the stimulation located at a distance
226 <0.5 to the feature centroid of the responders class and had a longer distance to the feature
227 centroid of the non-responders class (exception was participant 8; Fig. 5f; distance of
228 responders to responders' class, mean 0.35 ± 0.2 st.d.; responders to non-responders class,
229 0.6 ± 0.25 ; non-responders and responders class, 0.65 ± 0.15 ; non-responders and non-
230 responders class, 0.35 ± 0.15).

231 To test whether these features of the tremor movement can potentially help to predict the
232 response of participants to the stimulation, we repeated the experiment in a new cohort of
233 seven human participants with ET. We analysed the data in the same way as in the original
234 cohort and extracted the same 14 features from the 10s tremor movement before the
235 stimulation onset (see Supplementary Table 10 for demographic details, see Supplementary
236 Table 11 for phase-locking and Supplementary Table 12 tremor amplitude statistics). We
237 found that three participants (i.e., participants 2,3, and 7) responded to the stimulation based
238 on the aforementioned responding criterion. The feature centroids of these participants, but
239 not the rest of the cohort, were located at ≤ 0.5 distance to the feature centroid of the
240 responders class from the original cohort and had a longer distance to the feature centroid of
241 the non-responders class from that cohort (Fig. 5g) indicating a consistency in the
242 relationship between the features of the tremor movement and the response to the
243 stimulation.

244

245 Suppression of essential tremor amplitude is underpinned by disruption of temporal
246 coherence of movement

247 After establishing that participants who responded to stimulation had distinct characteristics
248 of tremor movement during baseline, we next sought to explore whether the change in
249 tremor amplitude during stimulation was associated with a change in other characteristics of
250 tremor movement. We divided all the tremor trials with phase-locked stimulation (again 301
251 trials in total) into three datasets according to the change in tremor amplitude during
252 stimulation relative to sham, i.e., trials with a decrease in tremor amplitude ('decrease'; 58
253 trials from 11 subjects), trials with an increase in tremor amplitude ('increase'; 51 trials from
254 10 subjects; participant 6, did not show an increase in tremor amplitude in any phase-locked
255 condition), and trials without a change in tremor amplitude ('no-change'; 192 trials from 11
256 subjects).

257 We then deployed the same feature-based statistical learning strategy¹⁴ to test whether the
258 characteristics of the tremor movement can distinguish between the stimulation and baseline
259 periods in these three datasets. We extracted the same 7873 features as before from a 10s
260 segment of the tremor movement before the onset of the stimulation and from a
261 corresponding 10s segment during the middle of the stimulation; exemplary tremor traces
262 with tremor amplitude 'decrease' and 'increase' are shown in Fig. 6a and Fig. 6b,
263 respectively. We then used the features and the same SVM as before to classify the tremor
264 trials according to the period class, i.e., 'baseline', or 'stimulation'. We found that the
265 'decrease' dataset had a higher probability of classification with high accuracy compared to
266 the 'increase' and the 'no-change' datasets (Fig. 6c; 'decrease' vs. 'increase', $p=0.01$;
267 'decrease' vs. 'no-change', $p=0.008$; 'increase' vs. 'no-change', $p=0.45$; and against a null
268 distribution, generated by assigning random values to the feature), 'decrease', $p=0.005$;
269 'increase', $p=0.34$; 'no-change', $p=0.58$; pairwise Kolmogorov-Smirnov test).

270 Focusing on the 'decrease' dataset, we found that using all the features, the tremor trials
271 during stimulation and baseline could be classified with an accuracy of 79% (F-score of 79).
272 However, the classification accuracy was dominated by only a few features, using the top 1,
273 5, 10, and 40 features with highest single-feature classification accuracy, the tremor trials
274 could be classified with an accuracy of 78%, 79%, 79%, and 80% (F-score of 78, 81, 81, and
275 81, respectively; Fig. 6d). We then used, as before, the hierarchical cluster tree approach
276 with a between-feature correlation threshold of 0.2 to search for the most informative
277 features among the 40 features with the highest classification accuracy (Fig. 6e). We
278 identified 9 clusters of correlated features and extracted the corresponding features at the

279 centre of those clusters – the list of the most informative features is given in Supplementary
280 Table 13 and the magnitude probability density plots of the central features with the highest
281 probability are shown in Fig. 6f. We found that the classification was dominated by two time-
282 series features, i.e., the ‘information gain’ feature, which estimates how easy it is to predict a
283 data point in the time series from the preceding data points, and the ‘quadratic fit of power
284 spectrum cumulative sum’ feature, which characterizes the power spectrum of the time
285 series. The increase in ‘quadratic fit of power spectrum cumulative sum’ during stimulation
286 can be simply attributed to the drop in the spectral peak at the tremor’s frequency. In
287 contrast, the increase in ‘information gain’ during stimulation revealed a loss of linear
288 dependency between consecutive datapoints of the tremor movement, i.e., a loss of
289 temporal coherence.

290 To specifically test whether the change in the tremor amplitude was associated with a
291 change in temporal coherence, we computed the change in the magnitude-squared
292 coherence during the stimulation period relative to the baseline period in the ‘decrease’ and
293 the ‘increase’ datasets as well as in a dataset consisting of all the trials with sham
294 stimulation (‘sham’). We found that the temporal coherence in the tremor frequency-band
295 decreased in the ‘decrease’ dataset and increased in the ‘increase’ dataset during the
296 stimulation, however, it did not change in the ‘sham’ dataset (Fig. 6g). The change in the
297 tremor amplitude in the ‘decrease’ dataset, but not in the ‘increase’ dataset, was correlated
298 with the change in the tremor temporal coherence. The change in the tremor amplitude in
299 the ‘sham’ dataset was also positively correlated with the change in the tremor temporal
300 coherence, however, with a smaller slope of the linear regression (Fig. 6h; combined
301 dataset, line y-intercept $c=0.2$, line slope $m=1.2$, $R^2=0.32$; ‘decrease’ dataset, $c=-1.4$,
302 $m=1.35$, $R^2=0.49$; ‘increase’ dataset, $c=0.94$, $m=0.58$, $R^2=0.004$; ‘sham’ dataset, $c=-0.3$,
303 $m=0.78$, $R^2=0.32$; Pearson correlation; see Supplementary Fig. 2 for a correlation analysis
304 of trials during stimulation without phase-locking). The change in temporal coherence in the
305 ‘decrease’ dataset was correlated with the onset of the stimulation and was maintained
306 during the duration of the stimulation (Fig. 6i).

307 To explore the possible mechanism by which the disruption of the temporal coherence could
308 result in a suppression of the tremor amplitude, we simulated the CCTC network under ET
309 condition¹⁵ and phase-locked cerebellar stimulation. We found that the mechanism might be
310 related to the suppression of the aberrant complex spikes in the Purkinje cells of the
311 cerebellum due to synchronization of the hyperpolarizing phase of the stimulating with the
312 onset of the complex spikes. See ‘Neurophysiological model’ in Supplementary Information.

313

314

315 Discussion

316 In this paper we presented the ecHT strategy to compute the instantaneous phase of
317 oscillatory signals in real-time and validated it using both simulation and measurements with
318 pathologic oscillatory brain activity, i.e., ET. The ecHT strategy is based on the application of
319 a causal bandpass filter to the DFT of the analytic signal to mitigate the distortion, known as
320 the Gibbs phenomenon, from its end. Other frequency-domain and time-domain filters have
321 been previously proposed to mitigate the Gibbs phenomenon from finite signals with a
322 discontinuity¹⁶ but these filters restore the DFT only away from the discontinuity itself¹⁷.
323 There have also been reports of restoring the endpoint of the analytic signal using recursive
324 models, such as autoregression¹⁸ or polynomial fitting¹⁹ to forward predict the physiological
325 signal so that the last acquired datapoints are shifted from the window edge before the

326 computation of the Hilbert transform. Recursive models have been recently tested for phase-
327 locking brain stimulation^{20–22}, showing in some cases large st.d. (e.g., $\sim 55^\circ$)²¹ and
328 dependency on the coherence of the signal²². Ultimately, the high runtime complexity of
329 recursive models (e.g., autoregression has a runtime complexity of $O(n^3)$ for n samples,
330 governed by the parameter estimation operation²³) limit their use in applications that require
331 real-time computation using conventional, and/or portable digital hardware.

332 In comparison, the ecHT is a simple, yet powerful method to accurately compute the Hilbert
333 transform in real-time to track the instantaneous phase and envelope amplitude of an
334 oscillatory signal. The ecHT maintains the same runtime complexity as the original Hilbert
335 transform (i.e., $O(n \log(n))$ for n samples), allowing implementation in simple and portable
336 hardware. Future studies may be able to improve the accuracy of the ecHT by adjusting,
337 online, the central frequency of the bandpass filter to the instantaneous frequency of the
338 signal, computed e.g., via a time derivative of the instantaneous phase. Given the
339 widespread use of the Hilbert transform to compute the instantaneous attributes of
340 oscillatory signals¹⁰, the possibility for real-time computation using ecHT opens exciting
341 opportunities in neuroscience and beyond (e.g., to monitor rotating engines and structural
342 defects²⁴, speech analysis²⁵, and geophysics²⁶).

343 We then used the ecHT to demonstrate the causal role of synchronous cerebellar activity in
344 human participants with ET. By deploying for the first-time phase-locking stimulation to the
345 cerebellum, we showed, in a double-blinded, sham and active controlled experiment, that ET
346 amplitude can be efficiently suppressed within a few seconds. The range of phases that were
347 efficacious in suppressing the tremor in our stimulation was small but varied between
348 participants and within participants between days of experiments perhaps due to differences
349 in the electrode-skin capacitance. Future studies may be able to adjust the target stimulation
350 phase online using similar closed-loop strategies currently deployed to adjust the target
351 amplitude or frequency of DBS²⁷. Our results exemplify the importance of accurate phase-
352 locking to successfully induce a reduction in tremor amplitude. The fact that the tremor
353 amplitude continued to drop during the stimulation period suggests that a longer stimulation
354 period may yield an even larger suppression. The sustained drop in tremor amplitude after
355 the end of the stimulation period may hold potential for a therapeutic effect via neural
356 plasticity. To start testing the reproducibility of the stimulation effect, we validated the effect
357 in a subset of participants a few years after the initial experiment and share the phase-
358 locking methodology to allow other researchers to easily reproduce the experiment.

359 The rationale of targeting the cerebellum in ET has been motivated by the recent discoveries
360 of cerebellar abnormalities in ET patients and its strong connectivity to the basal ganglia (via
361 the thalamic nuclei)²⁸. Invasive phase-locked DBS of the thalamic Vim near the region
362 receiving input from the cerebellum showed benefit in ET²⁹. Nevertheless, numerous non-
363 invasive cerebellar stimulation studies have failed to demonstrate a clear effect on ET
364 severity even after multiple days of stimulation (see recent reviews^{28,30,31}). For example, a
365 prior study applying tACS to the cerebellum, but without phase-locking, found only a phase
366 entrainment of the tremor with no effect on its amplitude³². There has been an original report
367 that showed that non-invasive phase-locked stimulation of the motor cortex can ameliorate
368 tremor in Parkinson's disease (PD) patients³³. Although both ET and PD are caused by
369 aberrant oscillations in the motor system, their anatomical origins and degree of coupling
370 between the central oscillators are very distinct³⁴. Of course, the effect of stimulation on the
371 activity of a brain circuit is complex, involving mixtures of local activation and inactivation
372 pathways and interactions with downstream and upstream brain regions³⁵, and hence cannot
373 be extrapolated across brain locations, brain states and diseases²⁸. In fact, even a small
374 change in stimulation parameters was shown to result in different and sometimes opposite

375 effects^{36,37} which may be particularly true in the case of the cerebellum given its both
376 inhibitory and excitatory effects on the motor cortex^{38,39}. There has also been a report that a
377 periodic stimulation of the motor cortex at the tremor frequency without phase-locking, can
378 entrain the phase of ET in patients undergoing DBS with an efficiency that was correlated to
379 the somatosensory sensation underneath the electrodes⁴⁰. In our study, the changes in the
380 circular phase distribution and amplitude of the tremor were not dependent on the subjective
381 sensation of the patients.

382 Finally, we showed, using data-driven statistical learning approach, that ET severity is linked
383 to the temporal coherence of the movement, and that stimulation that disrupts the temporal
384 coherence can reduce its severity. Hitherto investigations of the tremor coherence have
385 focused on the correlation between two different tremor signals, such as the bilateral hand
386 movement⁴¹, intermuscular electromyography (EMG)⁴², and cortico-muscular⁴³. These
387 studies have elucidated important differences between diseases (e.g., ET vs. PD) however
388 have not found a relationship to the severity of the tremor. The causal relationship between
389 the amplitude of ET and its temporal coherence provides an important insight into the
390 dynamics of the central oscillator underlying the disease. This is particularly interesting given
391 the distinct relationship between the instantaneous frequency of ET and its fluctuation⁴⁴.

392 With almost a third of ET patients discontinuing medications due to insufficient benefit,
393 medical contraindications, or the emergence of adverse effects⁴⁵, there is a pressing need
394 for a novel treatment strategies for ET. Invasive DBS of the Vim nucleus is an alternative
395 treatment for drug-refractory ET patients however, it is limited by the need for a brain surgery
396 and the development of adverse side effects such as dysarthria and dysphagia^{6,46,47}. Our
397 results may provide the foundation for a new interventional strategy for ET. The mechanism
398 of action of such an interventional strategy will be based on an active disruption of the
399 cascade of coherent activities that generate the tremor oscillation in the olivocerebellar loop.
400 Our computational modelling suggests that it may be attributed to a timely perturbation of the
401 generation of complex spikes in the PCs. Future computational studies may be able to
402 explain the underlying mechanisms of those features predicting the stimulation outcome.
403 Such a mechanism of action differs from the existing Vim DBS therapy for ET that masks the
404 tremor oscillation in the thalamocortical loop but does not mitigate its generation in the
405 olivocerebellar loop¹⁵. Future studies with larger patient cohorts and longer stimulation
406 periods, are needed to better pinpoint the magnitude and duration of the tremor reduction
407 and to assess the safety profile. In the future, neuromodulatory strategies that target the
408 temporal coherence of the pathology may offer new opportunities to treat a wide range of
409 brain disorders underpinned by aberrant synchronous oscillations.

410

411 **Methods**

412 Endpoint corrected Hilbert transform (ecHT)

413 A discrete analytic signal is most accurately and efficiently computed by deriving the discrete
414 Fourier transform (DFT) of the signal, zeroing the Fourier components of the negative
415 frequencies and doubling the ones of the positive frequencies, and constructing the analytic
416 signal using the inverse discrete Fourier transform (IDFT)¹¹. However, Gibbs phenomenon
417 distortion⁹ in the derivation of the analytic signal at the ends of finite-length signals has
418 rendered an accurate computation of the instantaneous phase and envelope amplitude at
419 the last data point impossible¹². Since the Gibbs phenomenon stems from a nonuniform
420 convergence of the DFT at a discontinuity between the beginning and the end of the analytic

421 signal⁴⁸, we hypothesized that by applying a causal bandpass filter to the DFT of the analytic
 422 signal we would establish a continuity between the two ends of the signal and remove the
 423 distortion selectively from the end part of the signal. The bandpass feature of the filter
 424 reduces extraneous DFT coefficients, limiting the oscillatory properties to the target
 425 frequency-band, while balancing the phase-lag introduced by the low-pass component of the
 426 filter with the phase-lead introduced by the high-pass component of the filter. The causality
 427 feature of the filter restores the linear increment of the phase at the end of the analytic signal
 428 by projecting the oscillatory properties from the adjacent, non-distorted data points. Since
 429 the DFT treats finite sampled signals as if they were replicated periodically, the projection of
 430 the oscillatory properties would continue through the beginning of the signal, thus forcing a
 431 continued increment of the phase from the restored signal end to its beginning. The runtime
 432 complexity of the filtering is $O(n/2)$, where n is the number of frequency points, is lower than
 433 $O(n \cdot \log(n))$ of the fast Fourier transform (FFT) and inverse fast Fourier transform (IFFT)
 434 that dominates the computation of the analytical signal.

435 Simulation of ecHT

436 Simulation of ecHT was done in MATLAB (MathWorks Inc). A discrete oscillatory test signal

$$(1) \quad y_i[n] = A_i \cos(2\pi f_i n - \phi_i)$$

437 was generated (i being the signal number) over a finite time interval T , where $0 < n < N - 1$
 438 was the time point number and N was the total number of time samples, A_i was the
 439 envelope amplitude of the signal, f_i was the frequency of the signal, and ϕ_i was the phase
 440 delay of the signal. The analytic signal was computed by first computing the Fourier
 441 representation $Y_i[k]$ of the signal using MATLAB's fast FFT function ('fft'), where $0 < k <$
 442 $K - 1$ was the frequency bin number and K was the total number of frequency samples.
 443 Then, generating the Fourier representation $Z_i[k]$ of the analytic signal by zeroing the
 444 Fourier components of the negative frequencies and doubling the Fourier components of the
 445 positive frequencies, i.e.,

$$(2) \quad Z_i[k] = \begin{cases} Y_i[k] & \text{for } k = 0, \quad k = \frac{K}{2}, \\ 2Y_i[k] & \text{for } 1 \leq k \leq \frac{K}{2} - 1 \\ 0 & \text{for } \frac{K}{2} + 1 \leq k \leq K - 1 \end{cases}$$

446 If ecHT was applied, the Fourier representation of the analytic signal $Z_i[k]$ was multiplied with
 447 the response function $a[k]$ of a Butterworth bandpass filter that was obtained using
 448 MATLAB's frequency response of digital filter function ('freqz') from the filter's impulse
 449 response coefficients generated using MATLAB's Butterworth filter design function ('butter').
 450 Finally, the analytic signal $z_i[n]$ was computed from its Fourier representation $Z_i[k]$ using
 451 MATLAB's IFFT function ('ifft'). The phase of the signal at the last data point was computed
 452 via $\text{atan} \left(\frac{\text{INag}\{z_i[N]\}}{y_i[N]} \right)$, where $\text{INag}\{z_i[N]\}$ is the imaginary part of the analytic signal, i.e., the
 453 Hilbert transform of the original signal, and was compared to the actual phase of the signal
 454 at the last data point, i.e., $2\pi f_i N - \phi_i$. The amplitude of the signal at the last data point was
 455 computed via $\sqrt{\text{INag}\{z_i[N]\}^2 + y_i[N]^2}$ and was compared to the actual amplitude of the
 456 signal at the last data point, i.e., A_i .

457

458 Feasibility study of cerebellar electrical stimulation phase-locked to ET

459

460 Ethics

461 The study was approved by the local research ethics committee in accordance with the
462 declaration of Helsinki. All participants provided written informed consent prior to study
463 participation. Specifically, the study was approved by the Health Research Authority (HRA;
464 REC 03/N018, principal investigator John Rothwell, UCL). The approval included the
465 assessment of governance and legal compliance, undertaken by HRA, with the independent
466 Research Ethics Committee (REC) opinion provided by the National Hospital for Neurology
467 and Neurosurgery (NHNN) and the UCL Institute of Neurology (ION) Joint Research Ethics
468 Committee (REC). The overarching aim of the research project was to use transcranial brain
469 stimulation paradigms to discover mechanisms of cortical excitability and their impact on
470 motor behaviour. The research project was not classified as clinical trial or interventional trial
471 by the HRA and hence did not require registration (which is mandatory for all clinical trials
472 in the UK).

473 Participants

474 Eleven human participants with ET (3 females) were recruited from the outpatient
475 department of the UK National Hospital of Neurology and Neurosurgery, London. All
476 participants fulfilled the diagnostic criteria for ET according to the Tremor Investigation
477 Group and consensus statement of the Movement Disorder Society⁴⁹ and were on a stable
478 treatment regime for their tremor for at least 30 days prior to the experiment. See
479 Supplementary Table 1 for demographic and clinical information. Experiments were
480 performed after overnight withdrawal of tremor medication during a single study visit in the
481 dominant hand, or in case of slight asymmetry in the hand with the larger tremor amplitude.
482 There were no drop-outs or adverse events noted.

483 Participants (second cohort)

484 Seven human participants with ET (4 females) were recruited as in the original to test
485 whether their response can be predicted via the feature-based approach developed in the
486 original study. See Supplementary Table 10 for demographic and clinical information.
487 Experiments were performed as in the original cohort.

488 Experiment design

489 The experiment consisted of eight stimulation conditions, i.e., six sinusoidal stimulating
490 currents that are phase-locked to the tremor movement at different phase lags (i.e., 0°, 60°,
491 120°, 180°, 240° and 300°), a control sinusoidal current at the tremor frequency but without
492 phase-locking, and a sham stimulation condition. Each stimulation condition was applied in a
493 block (i.e., trial) of 60s during which the participants sat in an armchair and were instructed
494 to maintain a tremor evoking posture, i.e., stretched, elevated arm with fingers parted, while
495 their tremor movement was measured (see details below). The 60s block included a 15s of a
496 baseline period, a 30s of a stimulation period (including 5s of ramp-up and 5s of ramp-down
497 at the beginning and end of the stimulation, respectively) and a 15s of post-stimulation
498 period. In sham stimulation blocks, the current was set to zero after the 5s of ramp-up. Each
499 60s block was preceded by a short (~4s, 2048 data samples) calibration recording also in a
500 tremor evoking posture to compute the tremor frequency and amplitude at the onset of the
501 block (see details below). The eight stimulation conditions were applied consecutively with a
502 30s rest interval between conditions. The sequence of eight stimulation conditions was

503 repeated four times (apart from one participant in which they were applied three times due to
504 fatigue) in a random order with 10min rest period between sequences. The rest interval
505 between conditions and the rest period between sequences were occasionally extended
506 slightly if the participants requested.

507 Measurement and real-time computation of instantaneous tremor phase via ecHT

508 Tremor movements were measured using a 3-axis analog microelectromechanical system
509 (MEMs) accelerometer (MMA7361, Freescale Semiconductor, Inc.; operated at a sensitivity
510 range of $\pm 1.5G$) that was attached to the proximal phalangeal segment of the middle finger
511 using a custom-made adapter. The 3-axis acceleration measurements were sampled using
512 three analog-to-digital converters (ADCs) of a microcontroller (Arduino Due with an Atmel
513 AT91SAM3X8E processor and a single ARM Cortex M3 core; operated at a clock rate of 84
514 MHz) at a rate of $\sim 500\text{Hz}$ and an amplitude resolution of 12-bit, and the vector amplitude
515 sum of the three axes was computed and stored in a running window of 128 samples. The
516 instantaneous phase and amplitude of the tremor movement, i.e., at the last sample of the
517 running window, were computed in real-time and at the same rate, using ecHT that was
518 implemented on the microcontroller. The ecHT implementation had a 2nd order Butterworth
519 bandpass filter (2nd order low pass, 2nd order high pass) with a bandwidth that was equal to
520 half the frequency of the tremor and was centred at the frequency of the tremor. The
521 frequency of the tremor was computed using FFT from a short calibration measurement of
522 2048 samples (i.e., frequency resolution of $\sim 0.25\text{Hz}$) before each 60s stimulation block. The
523 sampled tremor movement measurement was logged to a laptop, together with the ecHT
524 setting and the tremor frequency and amplitude computed during calibration, using a
525 Processing script that was also used to interface with the microcontroller.

526 Transcranial stimulation of ipsilateral cerebellum

527 Sinusoidal stimulating currents were generated by first producing voltage waveforms,
528 pseudo-differentially via two digital-to-analog converters (DACs) of the microcontroller (with
529 an amplitude range of $\pm 1V$ and an amplitude resolution of 12-bit) and then feeding them to
530 an isolated bi-phasic current source (DS4, Digitimer Ltd; operated at an input range of $\pm 1V$
531 and an output range of $\pm 1\text{mA}$ or $\pm 10\text{mA}$). The frequency of each voltage waveform was
532 equal to the frequency of the tremor computed before each 60 s stimulation block as
533 mentioned above. To phase-lock a stimulating current to the ongoing tremor movement, the
534 phase of the voltage waveform was adjusted, at the same rate of 500Hz , to maintain a fixed
535 phase lag to the computed phase of the last acceleration sample. The amplitude of the
536 stimulating currents was $2.7 \pm 1 \text{ mA}$ (mean $\pm \text{s.d.}$) across the participants, (the amplitude was
537 individually adjusted for each participant below any discomfort level due to extraneous
538 somatosensory stimulation underneath the electrodes). To reduce risk of extraneous high-
539 frequency stimulation due to low signal-to-noise (SNR) level, the amplitude of the voltage
540 waveform was set to zero when the amplitude of the last acceleration sample was $< 1\%$ of
541 the amplitude during the short calibration measurement before each 60s stimulation block.
542 The generated stimulating voltage waveforms were logged to a laptop together with the
543 tremor movement measurements using the same Processing script.

544 The stimulating currents were applied transcranially to the ipsilateral cerebellum via a 2×2
545 cm^2 skin electrode (Santamedical, 2" X 2" carbon electrode pad with Tyco gel that was cut to
546 the specified dimensions) that was placed 10% nasion-inion distance lateral to inion (i.e.,
547 above the cerebellar lobule VIII) and was paired with a $5.08 \times 5.08 \text{ cm}^2$ skin electrode (the
548 same carbon electrode pad but was not cut) that was placed over the contralateral frontal
549 cortex between F3-F7 or F4-F8 of the international 10-20 system. Before the placement of
550 the electrodes, the scalp skin was prepared using 80% Isopropyl alcohol and an abrasive

551 skin gel (NuPrep, Weaver and Company Inc), and a conductive paste (Ten20, Weaver and
552 Company Inc) and/or a conductive gel (CG04 Saline base Signa gel, Parker Laboratories
553 Inc) was deposited at the target locations. The resistance between the electrodes was
554 maintained below 8 kOhm.

555 Analysis of stimulation phase lag

556 Analysis of the stimulation phase lag was done in MATLAB. The tremor movement trace of
557 each 60 s block was filtered with the same filter settings that were used in the real-time
558 computation, i.e., a 2nd order Butterworth bandpass filter with a bandwidth that was equal to
559 half the frequency of the tremor and centered at the frequency of the tremor computed and
560 logged at the short calibration period preceding each block. The instantaneous phase of the
561 stimulating waveform trace and the instantaneous phase of the filtered tremor movement
562 trace were computed using MATLAB's 'hilbert' function, and the instantaneous phase lag
563 between the two traces was calculated and then epoched in intervals of 1s. The stimulating
564 trace in the sham condition was a virtual sinusoidal waveform at the tremor frequency.

565 The statistics and statistical tests of the phase lag values were computed, using MATLAB's
566 CircStat toolbox¹³, in the following periods – the whole stimulation period (20s since 5s
567 ramp-up time and the 5s ramp-down time at the beginning and the end were excluded,
568 respectively), the first half of the stimulation period (10s since 5s ramp-up time was
569 excluded), the second half of the stimulation period (10s since 5s ramp-down time was
570 excluded). First, the unimodality of the phase distribution of each stimulation condition was
571 validated using Watson's test against a von Mises distribution (set phase 0°, $p < 10^{-5}$; 60°,
572 $p < 10^{-5}$; 120°, $p < 10^{-5}$; 180°, $p < 10^{-5}$; 240°, $p < 10^{-5}$; 300°, $p < 10^{-5}$; no phase-lock, $p = 0.6$). The
573 phase distribution during stimulation with phase-locking was not different from von Mises
574 distribution but since the phase distribution during stimulation without phase-locking was
575 different from von Mises distribution, we used non-parametric statistical tests. Next, the
576 circular spread of the phase distribution of each stimulation condition was quantified by
577 computing the length of the mean resultant vector R and its uniformity was assessed using
578 the Omnibus test. Then, the difference between the mean phase of the stimulation
579 conditions was assessed using Fisher test and the difference between the mean resultant
580 vector length R of the stimulation conditions was assessed using ANOVA with post-hoc
581 analysis using Wilcoxon signed-rank test. Finally, the effect of the tremor parameters, i.e.,
582 amplitude and frequency, on the length of the mean resultant vector R was assessed via
583 Pearson correlation.

584 Analysis of change in tremor amplitude

585 Analysis of the tremor amplitude was done in MATLAB. The tremor trace of each 60s block
586 was filtered as in the 'Analysis of stimulation phase lag'. The instantaneous amplitude was
587 computed using MATLAB's 'hilbert' function and was epoched in intervals of 1s. To express
588 the tremor amplitude relative to the amplitude of the baseline period, the amplitude value of
589 each epoch was z-scored by subtracting the mean value during the baseline period and then
590 dividing by the st.d. of the value during the baseline period. The statistics and statistical tests
591 of the tremor amplitude values were computed in the following periods – the baseline period
592 (10s between 3s and 13s from block onset), the whole stimulation period (as in 'Analysis of
593 the stimulation phase lag'), the first half of the stimulation period (as in 'Analysis of the
594 stimulation phase lag'), the second half of the stimulation period (as in 'Analysis of the
595 stimulation phase lag'), and the post-stimulation period (10s between 3s and 13s from
596 stimulation offset). To assess the change in the tremor amplitude relative to the change in
597 the tremor amplitude during the sham stimulation condition, the z-score amplitude values

598 during stimulation and during post-stimulation periods of each stimulation condition were
599 subtracted by the corresponding median z-score values of the sham stimulation condition.

600 To assess the effect of phase-locking the stimulation to the tremor movement, the change in
601 the tremor amplitude due to stimulation with phase-locking and without phase-locking was
602 analysed. First, the change in the tremor amplitude due to each type of stimulation, i.e.,
603 without phase-locking and with phase-locking (data from all six phase-lags of stimulation
604 was combined) was assessed across the participants in each epoch using unpaired t-test.
605 Next, the change in tremor amplitude of individual participant due to each stimulation
606 condition was assessed (i.e., data including four repetition trials from each phase-lag of
607 stimulation was treated separately) during stimulation and post-stimulation periods using
608 unpaired t-test as well as using surrogate distributions (i.e., 1000 z-scores values with the
609 same st.d. but zero mean value), where the p-value threshold of the stimulation conditions
610 with phase-locking (but not without phase-locking) were Bonferroni corrected for the six
611 phase lag conditions. Then, the number of participants that showed statistically significant
612 increase/ decrease of z-score amplitude was assessed using Fisher's exact test against the
613 number of participants who did not show a change in the z-score tremor amplitude
614 (participants could have a significant increase of z-score in one phase-lag and a significant
615 decrease of z-score in another phase-lag). Finally, the z-score amplitude of the sub-group of
616 subjects that showed a statistically significant increase/decrease of z-score amplitude was
617 assessed using unpaired t-test.

618 To assess the effect of the phase lag value during stimulation, the change in the tremor
619 amplitude due to stimulation with different phase lags was analysed. First, the change in the
620 tremor amplitude due to each phase-lag of stimulation was assessed across the participants
621 during the stimulation period using unpaired t-test. Next, the change in tremor amplitude of
622 individual participant was assessed during stimulation again using unpaired t-test. Then, the
623 number of participants that showed a statistically significant increase/ decrease of z-score
624 amplitude was assessed using Fisher's exact test. Finally, to account for differences in
625 phase response across participants, the phase lags were expressed relative to the phase lag
626 that resulted in the largest reduction in the tremor amplitude, and the change in tremor
627 amplitude of individual participant and the number of participants with statistically significant
628 change were reanalysed.

629

630 Prediction of participants' response to stimulation from features of tremor movement

631 Dataset

632 Time-series of tremor movement during the baseline period, i.e., 10s (5000 data points) from
633 5s after the onset of tremor posture till 5s before the onset of the phase-locked stimulation,
634 were extracted from all the recorded trials with phase-locked stimulation, resulting in a
635 dataset of 301 time-series trials (28 trials per participants except participant 3 in which only
636 21 time-series trials were recorded). The time-series were assigned a 'responder' or a 'non-
637 responder' label if the participant responded or did not respond to the stimulation,
638 respectively. A participant was conservatively labelled as a 'responder' if his/her tremor
639 amplitude significantly decreased in at least one of the tested stimulation phases relative to
640 sham and did not significantly increase in any of the tested stimulation phases relative to
641 sham, and was labelled a 'non-responders' if his/her tremor amplitude significantly increased
642 in at least one of the tested stimulation phases relative to sham or did not significantly
643 change in any of the tested stimulation phases relative to sham.

644 Extraction of time-series features

645 For each time-series trace, 7873 features were computed using the highly comparative time-
646 series analysis (*hctsa*)¹⁴, resulting in a 301 x 7873 feature matrix. The computed features 647
included autocorrelations, power spectra, wavelet decompositions, distributions, time-series 648
models (e.g. Gaussian Processes, Hidden Markov model, autoregressive models), 649
information-theoretic quantities (e.g. Sample Entropy, permutation entropy), non-linear 650
measures (e.g. fractal scaling properties, nonlinear prediction errors) etc. All features with 651
infinity or not a number (NaN) values and features with zero variance across the dataset 652
were removed from the feature matrix, resulting in a reduced feature matrix of 301 x 6196. 653 The
value of each feature was individually normalized to the interval [0,1].

654 Classification

655 The feature space was partitioned, i.e., classified, using a linear Support Vector Machine 656
(SVM) classifier, implemented with the *classify* function of MATLAB's *Statistics Toolbox*, 657
which returned a threshold that optimally separated the two classes, i.e., 'responders' and 658 'non-
responders' time-series. The accuracy of the classification was quantified by first

65 computing the balanced classification accuracy $a = \frac{\text{precision} + \text{recall}}{2}$, and then computing the
9

660 harmonic mean of precision and recall, i.e., F_1 score, $F_1 = \frac{2 \cdot \text{precision} \cdot \text{recall}}{\text{precision} + \text{recall}}$, where precision is 661
the fraction of true positive classified samples over the total of positively classified samples 662 and
recall is the fraction of true positive classified samples over the total true positive and 663 false
negative classified samples. The classification was performed using a 10-fold cross- 664 validation
to reduce bias and variance.

665 Performance-based feature selection

666 The univariate classification performance of each feature was evaluated against the class
667 labels. A subset of 40 features with the highest single-feature classification accuracy was
668 selected. To reduce the redundancy within the subset of features, the Pearson correlation
669 distance, $d_{ij} = 1 - q_{ij}$ was computed for each pair of features, where q_{ij} is the Pearson 670
correlation coefficient between feature i and feature j , and a hierarchical clustering was 671
performed using a complete linkage threshold of 0.2, resulting in clusters of features that 672
were inter-correlated by $q_{ij} > 0.8$. The clusters of highly correlated features were then 673
represented by the feature that was located most centrally within the cluster (i.e., at the 674
cluster's centre).

675 Feature-based prediction of participant response

676 The centroid of individual participants in the feature space (including the extracted 14 most 677
informative features) was computed by averaging the feature values across the 678
corresponding trials. The centroid of the participant class (i.e., 'responders' or 'non- 679
responders') in the same feature space was computed by averaging the features values 680
across the corresponding trial dataset. The Euclidean distance between feature centroids 681
was computed with *pdist* function of MATLAB.

682 Visualization using principal component analysis

683 To facilitate visualisation of the feature space, principal component analysis (PCA) was 684
performed. In this case, a covariance matrix was computed for the normalized set of features 685
from which the eigenvectors and eigenvalues were extracted. Each principal component was 686
constructed as a linear combination of the initial features. The first two principal components 687
were then used to display 2D scatter plots of the features.

688

689 Change in features of tremor movement due to stimulation

690 Dataset

691 Time-series of tremor movement during stimulation (10s; 5000 data points; from 10s after 692 the onset of stimulation till 10s before the offset of stimulation) and during baseline (10s; 693 5000 data points; same as in 'Classification and prediction of participants' response to 694 stimulation') from all trials with phase-locked stimulation (301 traces of stimulation and 695 baseline each) were extracted and assigned a 'stimulation' class label or a 'baseline' class 696 label, respectively. The 'stimulation' and 'baseline' time-series were then divided into three 697 datasets according to the change in the tremor amplitude during stimulation, i.e., 'decrease', 698 traces in which the tremor amplitude decreased during stimulation relative to sham (58 time- 699 series of stimulation and baseline each, 11 subjects); 'increase', time-series in which the 700 tremor amplitude increased during stimulation relative to sham (51 time-series of stimulation 701 and baseline each, 10 subjects); 'no-change', traces in which the tremor amplitude did not 702 change during stimulation relative to sham (192 time-series of stimulation and baseline each, 703 11 subjects). In addition, in a subset of the analysis, the same 'stimulation' and 'baseline' 704 tremor traces were extracted from all the blocks with sham stimulation ('sham'; 43 time- 705 series of stimulation and baseline each, 11 subjects).

706 Extraction of time-series features, classification, and performance-based feature selection

707 Same as in 'Classification and prediction of participants' response to stimulation'.

708 Temporal coherence analysis

709 The tremor temporal coherence versus frequency of each tremor trace was quantified by 710 computing the magnitude squared coherence across 1s epochs during 'stimulation' period 711 and 'baseline' period using MATLAB's *mscohere* function with a frequency range of 0 to 31 712 Hz and a 1Hz frequency resolution. The computed values during 'stimulation' were then z- 713 scored relative to the mean and st.d. of the values during 'baseline'. The tremor temporal 714 coherence at the tremor frequency band was quantified by computing the mean z-score 715 across the 4 – 8 Hz frequency bins. The tremor temporal coherence versus time of each 716 tremor trace was quantified by computing the magnitude squared coherence between 1s 717 epoch and its preceding one during 'stimulation' period and 'baseline' period using the same 718 MATLAB's *mscohere* function, z-score the 'stimulation' values relative to 'baseline' in the 719 same way, and then computing the mean z-score across the 4 – 8 Hz frequency bins. 720 Statistical significance of magnitude squared coherence at a frequency bin was 721 characterized for each dataset (i.e., decrease', 'increase', and 'sham') using unpaired t-test 722 with Bonferroni corrections for multiple comparisons of frequency bins and datasets.

723

724 Neurophysiological modelling

725 Model description

726 The CCTC network model under ET condition was simulated as in Zhang et al.¹⁵. The model 727 is available on ModelDB (<http://modeldb.yale.edu/266842>). It consisted of 425 single- 728 compartment, biophysics-based neurons from the olivocerebellar and thalamocortical loops, 729 including 40 inferior olivary nucleus (ION) neurons in the brainstem, 200 Purkinje cells (PCs) 730 and 20 granular layer clusters (GrL; 3 distinct neurons per cluster, 60 neurons altogether) in

731 the cerebellar cortex, 5 glutamatergic deep cerebellar projection neurons (DCNs) and 5 732
nucleoolivary (NO) neurons in the dentate nucleus, 5 ventral intermediate thalamus (Vim) 733
thalamocortical (TC) neurons, 100 pyramidal neurons (PYN), and 10 fast-spiking 734
interneurons (FSI). As in our previous study¹⁵, the ET condition was simulated by reducing 735
the conductivity and increasing the decay time of the PCs' GABAergic currents to the DCN, 736
which mimics the loss of GABA_A α_1 -receptor subunits and an up-regulation of α_2/α_3 -receptor 737
subunits in the cerebellum. Five instances of the model were considered and for each 738
instance, simulations were repeated under normal condition, ET condition with no 739
stimulation, and ET condition with stimulation of the cerebellum. Each simulation lasted 740
11,500ms (integration step, 0.0125ms). ET condition was initiated after 1000ms and 741
stimulation started after 1,500ms and lasted till the end of the simulation.

742 Hitherto computational studies of the effect of electrical stimulation on tremor activity have 743
used a range of models ranging from a single cell with detailed biophysical and 744
morphological representations⁵⁰ to thousands of cells in which their activity is represented by 745
a simplified point-mass function⁵¹, revealing complimentary insights. Neural network 746
modelling has an inevitable trade-off between the scale and biological complexity of 747
representation with both the size of the network and the biological complexity of individual 748
cells affect the dynamics⁵². We chose to use a middle-ground approach with detailed 749
biophysical representation but reduced morphological representation – an approach proven 750
to be successful in the past by us⁵³ and others^{54,55}. This approach may be particularly suited 751
for ET since neural mass or mean-field models cannot represent the complex change in 752
spiking pattern (rather than mean firing rate) observed in ET patients^{56,57}. Furthermore, by 753
maintaining a detailed biophysical representation of the cells, we could explore the effect of 754
the stimulation on the interaction between the high-frequency simple spiking and low- 755
frequency complex spiking of Purkinje cells that has been causally linked to ET⁵⁸.

756 To simulate the cerebellar stimulation, a current I_{stim} was added to all the PCs in the model. 757
 I_{stim} was sinusoidal with a frequency that is equal to the frequency of the ET and amplitudes 758
between 1-5pA evoking small subthreshold depolarizations expected in our experiment. 759
Specifically, I_{stim} with an amplitude of 1pA induced a periodic depolarization of ~ 0.5 mV 760
amplitude in the single-compartment PC model which is similar to the depolarization that 761
was induced by an extracellular electric field with an amplitude of 2V/m, predicted from our 762
FEM modelling of the experiment (Fig. 2b), in the multi-compartment PC model 763
(Supplementary Fig. 4a-b).

764 To validate that the direct response of the cerebellar cortex to the stimulating electric fields is
765 dominated by the PCs, we simulated the response of the most abundant cell types in this 766
region, i.e., PC and granule cell (GrC) to extracellular electric fields. To best capture the 767
spatiotemporal dynamics, we used multi-compartmental models with detailed 3D geometrical 768
reconstruction of the PC⁵⁹ and GrC⁶⁰. We exposed the cells to homogenous extracellular 769
electric fields that were aligned with the dendrite-somatic axes of the cells and quantified the 770
induced depolarization. As in the original study with the PC model⁵⁹, we removed the sodium 771
and calcium channels from the axonal initial segment (AIS) of this cell to reduce its 772
spontaneous pacemaker activity (see Supplementary Fig. 4a-b).

773 The amplitude of I_{stim} was normalized to the average amplitude of the endogenous synaptic 774
current to PCs, measured under ET state over 4000ms (see also Perkel et al.⁶¹), with I_{stim} of 775
1pA equals 4% of the average endogenous synaptic current to PCs. To phase lock the 776
sinusoidal current to the ET oscillation, first the spike count trace of the TC neurons of the

777 Vim was computed with a temporal resolution of 1ms and then filtered using a 2nd order 778
Butterworth bandpass filter with cut-off frequencies of 6Hz and 10Hz). Then, the 779
instantaneous phase of the spike count trace was computed online every 10ms using ecHT 780
on a running window of 1000ms, and the phase of the stimulating current was adjusted at 781
those time points to maintain the target phase lag.

782 Computation of PCs phase-locking value

783 The spike count trace of the PCs was computed with a temporal resolution of 1ms (spikes 784
were summed across PCs) and low pass filtered using a 2nd order Butterworth filter with a 785
cut-off frequency of 30 Hz. Then, the instantaneous phases of the spike count trace and the 786
stimulating current were computed offline using MATLAB's 'hilbert' function, and the 787
instantaneous phase lag between the two was calculated every 1ms. The phase-locking 788
value (PLV) of each PC was computed as in Lachaux et al.⁶² and then averaged across the 789
PCs.

790 Computation of Vim power spectrum density

791 First, the spike count trace of the TC neurons in the Vim was computed with a temporal 792
resolution of 1ms (spikes were summed across TC neurons). Then, the power spectral 793
density (PSD) of the spike count trace was computed using Welch's method with 2,000ms 794
Hanning window and 1,000ms overlap, and normalized to the total power between 0Hz and 795
25Hz. Tremor PSD was estimated as the peak PSD at the tremor frequency band, i.e., 796
between 4 -12 Hz.

797 Computation of DCN and Vim temporal coherence

798 The spike trains of the DCN and TC neurons of the Vim were low pass filtered using a 2nd 799
order Butterworth filter with a cut-off frequency of 30 Hz, and the magnitudes squared 800
coherence were computed using MATLAB's *miscohere* function with a frequency range of 0 801
to 30 Hz. Then the magnitude squared coherence in DCN and Vim during stimulation was 802
expressed relative to baseline by subtracting the mean value during baseline and dividing by 803
the st.d. value during baseline, i.e., z-score.

804 Sensitivity analysis to the model size

805 To explore the effect of the model size on the simulation outcome, we first repeated the 806
simulation with a 5-fold increase in the number of cells in the olivocerebellar circuit while 807
keeping the other parts of the model unchanged, i.e., 'Model expansion 1'. Model expansion 808
1 consisted of 1425 cells, including 200 ION neurons, 1000 PCs and 20 GrL clusters (60
809 neurons altogether), 25 DCNs, 25 NO neurons, 5 Vim TC neurons, 100 PYN, and 10 FSI. 810
We randomized the synaptic connections between the TC neurons and the DCNs with 811
adjusted weights (20% of the original value) due to model expansion. Then, we repeated the 812
simulation with a 5-fold increase in the number of all cells in the model i.e., 'Model expansion 813
2'. Model expansion 2 consisted of 2125 cells, including 200 ION neurons, 1000 PCs and
814 100 GrL clusters (300 neurons altogether), 25 DCNs, 25 NO neurons, 25 Vim TC neurons, 815
500 PYN, and 50 FSI. We randomized the synaptic connections between the different 816
neuron types along the olivocerebellar circuit, and between TC neurons and DCNs, with 817
adjusted weights (20% of the original value) due to model expansion.

818

819 Transcranial electric field modelling

820 Finite element method (FEM) electromagnetic simulations were performed in Sim4Life V.4 821 (ZMT ZurichMedTech AG, Zurich), using a quasi-static ohmic-current solver. Electrodes 822 were created within the platform using Sim4Life's CAD functionalities and applied to the 823 scalp of the MIDA anatomical head model⁶³. Dirichlet (voltage) boundary conditions were 824 assigned to the electrodes, and tissues electrical conductivities were assigned according to 825 the IT'IS LF database⁶⁴. A uniform rectilinear grid of 0.6 mm was used. The current between 826 the electrodes was calculated integrating the current flux density on a closed surface 827 surrounding one electrode and field magnitude were normalized to 2mA input current.

828

829

830 **Figure captions**

83 852

1 853

83 854

2 855

83 856

3 857

83 858

4 859

83

5 860

83

6 861

83 862

7

83

8

83

9

84

0

84

1

84

2

84

3

84

4

84

5

84

6

84

7

84

8

84

9

85

0

85

1

F
i
g
.
1
C
o
n
c
e
p
t
a
n
d
s
i
m
u
l
a
t
i
o
n
o
f
r
e
a
l-
t
i
m
e
c
o
m
p
u
t
a
t
i
o
n
o
f
i
n
s
t
a
n
t
a

neous phase and amplitude via ecHT. a Hilbert transform (HT) of a finite, discrete, oscillatory signal completing full cycles. (i) Test signal y_1 in this example a cosine waveform with normalized amplitude, frequency $f_1 = 2\text{Hz}$, and phase delay $\phi_1 = 0$, sampled at 256 equidistant time-points over 1s. First and last datapoints are marked with black and blue circles, respectively. (ii) Fourier spectrum (FS) Y_1 , grey trace, of y_1 , obtained via fast Fourier transform (FFT) of y_1 (in this example using 256 equidistant frequency-points), and FS Z_1 , black trace, of the analytic signal, obtained from Y_1 by deleting the negative frequencies and doubling the amplitude of the positive frequencies; y-axis in log-scale. Y_1 trace at positive frequencies is overlaid by the Z_1 trace. (iii) HT h_1 obtained via inverse FFT of Z_1 . Filled blue circle, computed endpoint; non-filled blue circle, actual endpoint (in this case, overlaid by the filled circle). **b** HT of a finite, discrete, oscillatory signal not completing full cycles. Test signal y_2 similar to y_1 but with $f_2 = 2.25\text{Hz}$. Showing the same as in (a), but with FS sampled using 2048 points to illustrate the formation of the sinc waveform; red ellipse, outlines the Gibb phenomenon at the end of the signal. **c** Computation error of (i) phase and (ii) amplitude at the signal's endpoint for different end phases, simulated by varying f_2 between 2Hz and 3Hz. **d** Endpoint corrected Hilbert transformation (ecHT) of the same signal in (b), i.e., $f_3 = f_2$. Showing the same as in (b), but with the FS of the analytic signal multiplied by a response function of a causal bandpass (CBP) filter, in this example, 2nd-order Butterworth bandpass filter with centre frequency f_3 and bandwidth $\frac{B}{2}$; green ellipse, outlines the mitigation of the Gibb phenomenon at the end of the signal. **e** Computation error of (i) phase and (ii) amplitude at the signal's endpoint obtained via ecHT. Showing the same as in (c). **f** Effect of filter's bandwidth on ecHT computation error of (i) phase and (ii) amplitude at the endpoint. Shown values are mean \pm st.d.; $n=180$ phase intervals between 0 and 2π ; filled black markers, error computed as in (e) for different filter bandwidths normalized to the filter centre frequency (in this example f_3); non-filled markers, error at the same data-point introduced by the filter, obtained by simulating a signal with a twice time-interval to shift the Gibbs phenomenon from the original endpoint. **g** Effect of filter's order on ecHT computation error at the endpoint. Showing the same as in (f).

Fig. 2 Stimulation of the cerebellum phase-locked to ET movement. a Neuromodulation concept. ET is suppressed by perturbing its pathologic synchrony via cerebellar stimulation

863 phase-locked to hand tremor oscillation. ET oscillation is measured via a motion sensor, 864 instantaneous attributes of the oscillation (i.e., amplitude $A(t)$, phase $\theta(t)$), are computed in 865 real-time using ecHT, and electric currents are delivered, transcranially, to the cerebellum at 866 a fixed phase lag. **b** Electrode configuration and cerebral electric fields distribution. (i) 867 Stimulating currents were applied via a small skin electrode placed over the cerebellar 868 hemisphere ipsilateral to measured hand tremor (10% axial nasion-inion distance lateral to 869 inion) and a larger electrode placed over the contralateral frontal cortex (between F3-F7 or 870 F4-F8 of the international 10-20 system). (ii) Finite element method (FEM) modelling of 871 induced electric field for current amplitude of 2 mA. **c** Experimental design. **d** Phase lag 872 between stimulating currents and tremor movement versus set phase lag during (i) whole 873 stimulation period and (ii) 1st half (light blue) and 2nd half (dark blue) of the stimulation 874 period. 'No', control sinusoidal current at the tremor frequency but without phase-locking; 875 shown are box, 25% and 75% percentile values; horizontal red line, median value; horizontal 876 black lines, data range; black markers, participants' values; 'No', stimulation with no phase 877 locking; * $p < 0.05$, two-sided Omnibus test; n.s., non-significant; $n=11$ participants. See 878 Supplementary Table 2 for between conditions statistics. **e** Mean phase resultant vector 879 length versus set phase lag during the same periods as in (**d**); shown are mean \pm st.d.; 880 markers show participants' values; 'No', stimulation with no phase locking; 'Sh', sham 881 stimulation. two-sided ANOVA with post-hoc analysis using Wilcoxon signed-rank test; $n=11$ 882 participants; See Supplementary Table 3 for full statistics. **f** Mean phase resultant vector 883 length versus (i) tremor amplitude, (ii) st.d. tremor amplitude; shown black markers are trials' 884 mean values. Red line, linear regression, (i) line slope $m=0.59$, $p<10^{-5}$, Pearson correlation 885 test, (ii) $m=-0.49$, $p<10^{-16}$. **g** Same as (**f**) but (i) tremor frequency, $m=-0.33$, $p<10^{-7}$; (ii) st.d. 886 tremor frequency, $m=-0.66$, $p<10^{-32}$. Source data are provided as a Source Data file.

887

888 **Fig. 3 Characterization of change in tremor amplitude induced by stimulation.** **a-d** 889 Stimulating currents were applied at the tremor frequency but without phase-locking. **a** 890 Change in tremor amplitude over time, shown are mean \pm s.e.m. z-score computed using 10s 891 window every 1s between 5s and 55s ; horizontal black bar outlines stimulation period. **b** 892 Number of participants with significant reduction (turquoise bars) and increase (red bars) in 893 tremor amplitude during the first-half of stimulation period ('1st stim half'), second-half of 894 stimulation period ('2nd stim half'), and post-stimulation period ('post stim'); see 895 Supplementary Table 4. **c** Change in tremor amplitude over time across participants with 896 significant reduction (turquoise) and increase (red) in tremor amplitude during 2nd stim half 897 in (**b**), shown are mean \pm s.e.m. z-score; horizontal turquoise and red lines show 898 corresponding epochs with significant z-score amplitude; horizontal black bar outlines 899 stimulation period. **d** Change in tremor amplitude across the participants with significant 900 reduction (turquoise) and increase (red) in tremor amplitude in (**b**), box plot shows 25% and 901 75% percentile values; horizontal red line, median value; horizontal black lines, data range, 902 throughout the figure; from left-to-right $n=5,3,4,2,5,3$ participants. **e-l** Stimulating currents 903 were phase-locked to the tremor movement. **e** Change in tremor amplitude over time, 904 showing the same as in (**a**); horizontal black lines show epochs with significant z-score 905 amplitude. **f** Number of participants with statistically significant reduction and increase in 906 tremor amplitude in (**e**), showing the same as in (**b**); *, from left-to-right $p=0.0019$, $p=3.4 \cdot 10^{-5}$. 907 **g** Change in tremor amplitude over time across participants with decreased and increased 908 tremor amplitude during 2nd stim half in (**f**), showing the same as (**c**). **h** Change in tremor 909 amplitude in (**f**), showing the same as in (**d**); from left-to-right $n=5,5,9,4,10,3$ participants. 910 Significance of z-score amplitude was analysed using unpaired two-sided t-test; Significance

911 of number of participants was analysed using two-sided Fisher exact test against the number
912 of participants who did not show a significant change; * indicates $p < 0.05$, ** $p < 0.005$, ***
 $p < 0.0005$, n.s. non-significant throughout the figure. Source data are provided as a Source
914 Data file.

915

916 **Fig. 4 Characterization of phasic dependency and reproducibility of induced change** 917
in tremor amplitude. a-d Effect of the phase lag of stimulation. Shown values are for 2nd 918
stim half. See Supplementary Table 5 for complete statistical data including 1st stim half and 919
post-stimulation period. **a** Change in tremor amplitude versus stimulation phase lag; $n = 11$ 920
participants. **b** Number of participants with significant reduced (turquoise bars) and 921
increased (red bars) tremor amplitude during 2nd stim half versus stimulation phase lag. **c** 922
Same as (**a**) but phase lags of each participant are expressed relative to the phase lag 923
showing the largest reduction in tremor amplitude and wrap to $\pm 180^\circ$. **d** Same as (**b**) but 924
phase lags of each participant are expressed as in (**c**). **e-h** Characterization of tremor 925
amplitude during a repeated experiment in a subset of participants (participants 1,2,3,6, 9 926
and 11), see Supplementary Table 6 for statistics. **e** Change in tremor amplitude over time 927
when stimulating currents were applied at the tremor frequency but without phase-locking, 928
showing original experiment (blue) and repeated experiment (red); horizontal blue and red 929
lines show epochs with significant z-score amplitude in original and repeated experiments, 930
respectively; horizontal black lines show epochs with a significant difference in z-score 931
amplitude between original and repeated experiments. **f** Same as (**e**) but stimulating currents 932
were phase-locked to the tremor movement. **g** Change in tremor amplitude across the 933
participants with significant in tremor amplitude in (**f**) in original experiment (light blue) and 934
repeated experiment (dark blue); see Supplementary Table 7 for full statistics. **h** Change in 935
tremor amplitude versus stimulation phase lag, colour scheme as in (**g**); see Supplementary 936
Table 8 for full statistics. Box plots throughout show 25% and 75% percentile values; 937
horizontal red line, median value; horizontal black lines, data range. Significance of z-score 938
amplitude and number of participants was analysed as in **Fig 3**. Significance in (**c**) was also 939
analysed using 2-sample Kolmogorov-Smirnov test. * indicates $p < 0.05$, ** $p < 0.005$, ***
940 $p < 0.0005$, n.s. non-significant throughout the figure. Source data are provided as a Source 941
Data file.

942

943 **Fig. 5 Classification and prediction of participant's response via features extraction** 944
and statistical learning of the tremor movement. a Exemplary recordings of tremor 945
movement from a participant that showed a reduction in tremor amplitude during phase- 946
locked stimulation relative to sham (i-iii) and one that did not (iv-vi). **b** Classification accuracy 947
(blue) and F-score (orange) of participants' response as a function of the number of features. 948
Shown are mean and st.d. values of the 10-fold cross-validation. **c** Most informative features 949
of the class structure. Shown are the 40 top predictive features in (**b**), clustered according to 950
correlation coefficient and re-ordered according to the clustering; green box, outline of a 951
feature cluster; red square, central feature of a cluster. See Supplementary Table 9 for a list 952
of the features at the cluster's centre. **d** Normalized magnitude of exemplary features shown 953
in (**c**) at the center of the clusters of correlated features. Green, 'responders' participants; 954
magenta, 'non-responders' participants. See Supplementary Table 9 for description of the 955
features. **e** Classification accuracy of participants' response using the 14 most informative

956 features, i.e., the features shown in (c) at the centres of the clusters of correlated features,
957 showing (i) mean classification accuracy \pm st.d. vs number of features, each repeated 100
958 times with a random selection of features out of the 14 most informative features, and (ii) 2D
959 principal component analysis (PCA) plots of classification using all 14 features. Acc,
960 classification accuracy; PC, principal component. **f** Euclidean distance between feature
961 centroids of individual participants and the feature centroids of the responders' and non-
962 responders' classes, using the 14 most informative features; *, indicates 'responders'; green
963 bar, distance to responders class < 0.5 & distance to responders class < distance to non-
964 responders class; magenta bar, distance to responders class > distance to non-responders
965 class. **g** Same as (f) but for a new cohort of participants, showing distances to the same
966 centroids of responders' and non-responders' classes in f, i.e., of the original participants;
967 grey bar, distance to responders class < 0.5 but distance to responders class > distance to
968 non-responders class. Source data are provided as a Source Data file.
969

970 **Fig. 6 Change in ET amplitude is linked to change in temporal coherence of the tremor**
971 **movement. a** Exemplary recording of tremor movement during stimulation at a phase that
972 resulted in a reduction of tremor amplitude relative to sham. (i) full 60s recording; black
973 hexagon, stimulation period. (ii) and (iii) magnified view of boxed region in (i); (iv) and (v)
974 magnified view of boxed region in (ii) and (iii), respectively. **b** Exemplary recording of tremor
975 movement from the same participant as in (a) but during stimulation at a phase that resulted
976 in a small increase of tremor amplitude. (i-v) as in (a). **c** Probability distribution histogram of
977 the feature-based classification accuracy according to the period class (i.e., 'baseline' and
978 'stimulation') of the 'decrease' (green), the 'increase' (magenta), and the 'no-change' (grey)
979 datasets. two-sided pairwise Kolmogorov-Smirnov test. **d** Classification accuracy (blue) and
980 F-score (orange) of the time-series traces in the 'decrease' dataset according to the period
981 class (i.e., 'baseline' and 'stimulation') as a function of the number of features. Shown are
982 mean and st.d. values of the 10-fold cross-validation. **e** Most informative features for the
983 class structure in the 'decrease' dataset. Shown are the 40 top predictive features in (d),
984 clustered as in Fig 5c. See Supplementary Table 13 for feature list. **f** Normalized magnitude
985 of features shown in (e) at the centres of the clusters of correlated features. Green,
986 'stimulation' period; blue, 'baseline' period. See Supplementary Table 13 for feature
987 description. **g** Change in tremor's temporal coherence. Shown values are mean \pm st.d. z-
988 score during stimulation relative to baseline period from (i) 'decrease' dataset (*, from left-to-
989 right $p=2.5 \cdot 10^{-6}$, $8.8 \cdot 10^{-8}$, $2.45 \cdot 10^{-8}$, $6.0 \cdot 10^{-7}$, $9.5 \cdot 10^{-6}$, $1.2 \cdot 10^{-5}$, $6.1 \cdot 10^{-6}$, $7.7 \cdot 10^{-6}$, $4.9 \cdot 10^{-5}$,
990 $2.6 \cdot 10^{-4}$; n=49 trials from 11 participants), (ii) 'increase' dataset (* $p=0.0015$; n=41 trials from 11
991 participants), and (iii) dataset of sham stimulation ('sham'; n=43 trials from 11 participants);
992 unpaired two-sided t-test with Bonferroni corrections for multiple comparisons of frequency-
993 bins and datasets; grey markers, recording trails. **h** Correlation between change in tremor's
994 amplitude and change in tremor's temporal coherence at the tremor frequency-band. (i)
995 combined datasets and (ii) individual datasets with 'decrease', green; 'increase', magenta;
996 'sham', grey; each datapoint is a single trial **i** Change in tremor's temporal coherence at the
997 tremor frequency-band over time. Shown values are mean \pm st.d. with the same colour
998 scheme as in (hii); horizontal lines show epochs with significant change; unpaired t-test with
999 Bonferroni corrections for multiple comparisons of datasets; black hexagon, stimulation
1000 period. Source data are provided as a Source Data file.

100
2

100
3

| | |
|-----|------|
| 100 | 0 |
| 4 | 1031 |
| 100 | 1032 |
| 5 | 1033 |
| | 1034 |
| 100 | 1035 |
| 6 | |
| 100 | 1036 |
| 7 | 1037 |
| 100 | 1038 |
| 8 | |
| | 1039 |
| 100 | 1040 |
| 9 | |
| 101 | 1041 |
| 0 | 1042 |
| 101 | 1043 |
| 1 | 1044 |
| 101 | |
| 2 | 1045 |
| 101 | 1046 |
| 3 | |
| 101 | |
| 4 | |
| 101 | |
| 5 | |
| 101 | |
| 6 | |
| 101 | |
| 7 | |
| 101 | |
| 8 | |
| 101 | |
| 9 | |
| 102 | |
| 0 | |
| 102 | |
| 1 | |
| 102 | |
| 2 | |
| 102 | |
| 3 | |
| 102 | |
| 4 | |
| 102 | |
| 5 | |
| 102 | |
| 6 | |
| 102 | |
| 7 | |
| 102 | |
| 8 | |
| 102 | |
| 9 | |
| 103 | |

repository <https://doi.org/10.7910/DVN/Z6EN2I>.

Data Availability Statement: The recording data sets used in this paper are available on the Harvard Dataverse

Code availability

The endpoint corrected Hilbert transform (ecHT) code implemented in Matlab is available as a supplementary file 'Supplementary_Code_1'. The highly comparative time-series analysis (*hctsa*) is available on GitHub <https://github.com/benfulcher/hctsa>. The Matlab code of the most informative features in Figure 4 & Figure 5 is also available as a supplementary file 'Supplementary_Code_2'. The NEURON model of CCTC network under ET condition and phase-locked electrical stimulation is available on the ModelDB repository <http://modeldb.yale.edu/266842>. The FEM model of the transcranial cerebellar electrical stimulation is available on the Harvard Dataverse repository <https://doi.org/10.7910/DVN/H7RHQF>.

References

1. Borst, A. & Theunissen, F. E. Information theory and neural coding. *Nature Neuroscience* (1999). doi:10.1038/14731
2. Llinás, R. R. The intrinsic electrophysiological properties of mammalian neurons: Insights into central nervous system function. *Science* (80-.). (1988). doi:10.1126/science.3059497
3. Vanneste, S., Song, J. J. & De Ridder, D. Thalamocortical dysrhythmia detected by machine learning. *Nat. Commun.* (2018). doi:10.1038/s41467-018-02820-0
4. Llinás, R. R., Ribary, U., Jeanmonod, D., Kronberg, E. & Mitra, P. P. Thalamocortical dysrhythmia: A neurological and neuropsychiatric syndrome characterized by magnetoencephalography. *Proc. Natl. Acad. Sci. U. S. A.* (1999). doi:10.1073/pnas.96.26.15222
5. Louis, E. D. & Ferreira, J. J. How common is the most common adult movement disorder? Update on the worldwide prevalence of essential tremor. *Movement Disorders* (2010). doi:10.1002/mds.22838
6. Deuschl, G., Raethjen, J., Hellriegel, H. & Elble, R. Treatment of patients with essential tremor. *The Lancet Neurology* (2011). doi:10.1016/S1474-4422(10)70322-7
7. Raethjen, J. & Deuschl, G. The oscillating central network of Essential tremor. *Clinical Neurophysiology* **123**, 61–64 (2012).
8. Klein, J. C. *et al.* The tremor network targeted by successful VIM deep brain stimulation in humans. *Neurology* (2012). doi:10.1212/WNL.0b013e318249f702
9. Gibbs, J. W. Fourier Series. *Nature* **59**, 606 (1899).
10. Orfanidis, S. J. *Introduction to Signal Processing*. (Englewood Cliffs, NJ: Prentice-

- 1047 Hall, 1995).
- 1048 11. Lawrence Marple, S. Computing the discrete-time analytic signal via fft. *IEEE Trans.*
1049 *Signal Process.* **47**, 2600–2603 (1999).
- 1050 12. Bracewell, R. The Hilbert Transform. in *The Fourier Transform and Its Applications*
1051 267–272 (New York: McGraw-Hill, 1999).
- 1052 13. Berens, P. CircStat: A MATLAB Toolbox for Circular Statistics . *J. Stat. Softw.* (2009).
1053 doi:10.18637/jss.v031.i10
- 1054 14. Fulcher, B. D. & Jones, N. S. hctsa: A Computational Framework for Automated Time-
1055 Series Phenotyping Using Massive Feature Extraction. *Cell Syst.* (2017).
1056 doi:10.1016/j.cels.2017.10.001
- 1057 15. Zhang, X. & Santaniello, S. Role of cerebellar GABAergic dysfunctions in the origins
1058 of essential tremor. *Proc. Natl. Acad. Sci. U. S. A.* (2019).
1059 doi:10.1073/pnas.1817689116
- 1060 16. Vandeven, H. Family of spectral filters for discontinuous problems. *J. Sci. Comput.*
1061 (1991). doi:10.1007/BF01062118
- 1062 17. Gottlieb, D. & Shu, C.-W. On the Gibbs Phenomenon and Its Resolution. *SIAM Rev.*
1063 (2003). doi:10.1137/s0036144596301390
- 1064 18. Chen, L. L., Madhavan, R., Rapoport, B. I. & Anderson, W. S. Real-time brain
1065 oscillation detection and phase-locked stimulation using autoregressive spectral
1066 estimation and time-series forward prediction. *IEEE Trans. Biomed. Eng.* **60**, 753–762
1067 (2013).
- 1068 19. Riviere, C. N., Rader, R. S. & Thakor, N. V. Adaptive canceling of physiological tremor
1069 for improved precision in microsurgery. *IEEE Trans. Biomed. Eng.* **45**, 839–846
1070 (1998).
- 1071 20. Schaworonkow, N. *et al.* μ -Rhythm Extracted With Personalized EEG Filters
1072 Correlates With Corticospinal Excitability in Real-Time Phase-Triggered EEG-TMS.
1073 *Front. Neurosci.* (2018). doi:10.3389/fnins.2018.00954
- 1074 21. Zrenner, C., Desideri, D., Belardinelli, P. & Ziemann, U. Real-time EEG-defined
1075 excitability states determine efficacy of TMS-induced plasticity in human motor cortex.
1076 *Brain Stimul.* (2018). doi:10.1016/j.brs.2017.11.016
- 1077 22. Chen, L. L., Madhavan, R., Rapoport, B. I. & Anderson, W. S. Real-time brain
1078 oscillation detection and phase-locked stimulation using autoregressive spectral
1079 estimation and time-series forward prediction. *IEEE Trans. Biomed. Eng.* (2013).
1080 doi:10.1109/TBME.2011.2109715
- 1081 23. Schönhage, A. Equation solving in terms of computational complexity. *Proc. Int.*
1082 *Congr. Math.* **3**, (1986).
- 1083 24. Feldman, M. *Hilbert Transform Applications in Mechanical Vibration. Hilbert*
1084 *Transform Applications in Mechanical Vibration* (2011). doi:10.1002/9781119991656
- 1085 25. Smith, Z. M., Delgutte, B. & Oxenham, A. J. Chimaeric sounds reveal dichotomies in
1086 auditory perception. *Nature* (2002). doi:10.1038/416087a
- 1087 26. Huang, N. E. & Wu, Z. A review on Hilbert-Huang transform: Method and its
1088 applications to geophysical studies. *Reviews of Geophysics* (2008).
1089 doi:10.1029/2007RG000228
- 1090 27. Bouthour, W. *et al.* Biomarkers for closed-loop deep brain stimulation in Parkinson

- 1091 disease and beyond. *Nature Reviews Neurology* (2019). doi:10.1038/s41582-019-
1092 0166-4
- 1093 28. Miterko, L. N. *et al.* Consensus Paper: Experimental Neurostimulation of the
1094 Cerebellum. *Cerebellum* (2019). doi:10.1007/s12311-019-01041-5
- 1095 29. Cagnan, H. *et al.* Stimulating at the right time: Phase-specific deep brain stimulation.
1096 *Brain* (2017). doi:10.1093/brain/aww286
- 1097 30. Shih, L. C. & Pascual-Leone, A. Non-invasive brain stimulation for essential tremor.
1098 *Tremor and Other Hyperkinetic Movements* (2017). doi:10.7916/D8G44W01
- 1099 31. Maas, R. P. P. W. M., Helmich, R. C. G. & van de Warrenburg, B. P. C. The role of
1100 the cerebellum in degenerative ataxias and essential tremor: Insights from
1101 noninvasive modulation of cerebellar activity. *Movement Disorders* (2020).
1102 doi:10.1002/mds.27919
- 1103 32. Cagnan, H. *et al.* The nature of tremor circuits in parkinsonian and essential tremor.
1104 *Brain* (2014). doi:10.1093/brain/awu250
- 1105 33. Brittain, J. S., Probert-Smith, P., Aziz, T. Z. & Brown, P. Tremor suppression by
1106 rhythmic transcranial current stimulation. *Curr. Biol.* (2013).
1107 doi:10.1016/j.cub.2013.01.068
- 1108 34. Nieuwhof, F., Panyakaew, P., Van De Warrenburg, B. P., Gallea, C. & Helmich, R. C.
1109 The patchy tremor landscape: Recent advances in pathophysiology. *Current Opinion*
1110 *in Neurology* (2018). doi:10.1097/WCO.0000000000000582
- 1111 35. Chiken, S. & Nambu, A. Mechanism of Deep Brain Stimulation: Inhibition, Excitation,
1112 or Disruption? *Neuroscientist* (2016). doi:10.1177/1073858415581986
- 1113 36. Tse, N. Y. *et al.* The effect of stimulation interval on plasticity following repeated
1114 blocks of intermittent theta burst stimulation. *Sci. Rep.* (2018). doi:10.1038/s41598-
1115 018-26791-w
- 1116 37. Giordano, J. *et al.* Mechanisms and effects of transcranial direct current stimulation.
1117 *Dose-Response* (2017). doi:10.1177/1559325816685467
- 1118 38. Iwata, N. K. *et al.* Facilitatory effect on the motor cortex by electrical stimulation over
1119 the cerebellum in humans. *Exp. Brain Res.* (2004). doi:10.1007/s00221-004-1979-x
- 1120 39. Cooper, I. S. & Upton, A. R. M. Use of chronic cerebellar stimulation for disorders of
1121 disinhibition. *The Lancet* (1978). doi:10.1016/S0140-6736(78)91038-3
- 1122 40. Asamoah, B., Khatoun, A. & Mc Laughlin, M. tACS motor system effects can be
1123 caused by transcutaneous stimulation of peripheral nerves. *Nat. Commun.* (2019).
1124 doi:10.1038/s41467-018-08183-w
- 1125 41. Chakraborty, S. *et al.* Intermittent bilateral coherence in physiological and essential
1126 hand tremor. *Clin. Neurophysiol.* (2017). doi:10.1016/j.clinph.2016.12.027
- 1127 42. Kramer, G., Van der Stouwe, A. M. M., Maurits, N. M., Tijssen, M. A. J. & Elting, J. W.
1128 J. Wavelet coherence analysis: A new approach to distinguish organic and functional
1129 tremor types. *Clin. Neurophysiol.* (2018). doi:10.1016/j.clinph.2017.10.002
- 1130 43. Cao, C. *et al.* Cortico-subthalamic coherence in a patient with dystonia induced by
1131 chorea-acanthocytosis: A case report. *Front. Hum. Neurosci.* (2019).
1132 doi:10.3389/fnhum.2019.00163
- 1133 44. Di Biase, L. *et al.* Tremor stability index: A new tool for differential diagnosis in tremor
1134 syndromes. *Brain* (2017). doi:10.1093/brain/awx104

- 1135 45. Louis, E. D. Treatment of essential tremor: Are there issues we are overlooking?
1136 *Front. Neurol.* **JAN**, (2012).
- 1137 46. Fasano, A. & Deuschl, G. Therapeutic advances in tremor. *Movement Disorders*
1138 (2015). doi:10.1002/mds.26383
- 1139 47. Deuschl, G. New hope for severe essential tremor? *The Lancet Neurology* (2013).
1140 doi:10.1016/S1474-4422(13)70062-0
- 1141 48. Hewitt, E. & Hewitt, R. E. The Gibbs-Wilbraham phenomenon: An episode in fourier
1142 analysis. *Arch. Hist. Exact Sci.* (1979). doi:10.1007/BF00330404
- 1143 49. Deuschl, G., Bain, P. & Brin, M. Consensus statement of the Movement Disorder
1144 Society on Tremor. Ad Hoc Scientific Committee. *Mov. Disord.* (1998).
- 1145 50. McIntyre, C. C., Grill, W. M., Sherman, D. L. & Thakor, N. V. Cellular Effects of Deep
1146 Brain Stimulation: Model-Based Analysis of Activation and Inhibition. *J. Neurophysiol.*
1147 (2004). doi:10.1152/jn.00989.2003
- 1148 51. van Albada, S. J. & Robinson, P. A. Mean-field modeling of the basal ganglia-
1149 thalamocortical system. I. Firing rates in healthy and parkinsonian states. *J. Theor.*
1150 *Biol.* (2009). doi:10.1016/j.jtbi.2008.12.018
- 1151 52. Dayan, P. & Abbott, L. F. *Theoretical Neuroscience: Computational and Mathematical*
1152 *Modeling of Neural Systems. Computational and Mathematical Modeling of Neural ...*
1153 (2001).
- 1154 53. Santaniello, S. *et al.* Therapeutic mechanisms of high-frequency stimulation in
1155 parkinson's disease and neural restoration via loop-based reinforcement. *Proc. Natl.*
1156 *Acad. Sci. U. S. A.* (2015). doi:10.1073/pnas.1406549111
- 1157 54. McCarthy, M. M. *et al.* Striatal origin of the pathologic beta oscillations in Parkinson's
1158 disease. *Proc. Natl. Acad. Sci. U. S. A.* (2011). doi:10.1073/pnas.1107748108
- 1159 55. Ardid, S. *et al.* Biased competition in the absence of input bias revealed through
1160 corticostriatal computation. *Proc. Natl. Acad. Sci. U. S. A.* (2019).
1161 doi:10.1073/pnas.1812535116
- 1162 56. Molnar, G. F., Pilliar, A., Lozano, A. M. & Dostrovsky, J. O. Differences in neuronal
1163 firing rates in pallidal and cerebellar receiving areas of thalamus in patients with
1164 Parkinson's disease, essential tremor, and pain. *J. Neurophysiol.* (2005).
1165 doi:10.1152/jn.00881.2004
- 1166 57. Sedov, A. *et al.* Pallidal Activity in Cervical Dystonia with and Without Head Tremor.
1167 *Cerebellum* (2020). doi:10.1007/s12311-020-01119-5
- 1168 58. Gaffield, M. A., Bonnan, A. & Christie, J. M. Conversion of Graded Presynaptic
1169 Climbing Fiber Activity into Graded Postsynaptic Ca²⁺ Signals by Purkinje Cell
1170 Dendrites. *Neuron* (2019). doi:10.1016/j.neuron.2019.03.010
- 1171 59. Masoli, S., Solinas, S. & D'Angelo, E. Action potential processing in a detailed
1172 Purkinje cell model reveals a critical role for axonal compartmentalization. *Front. Cell.*
1173 *Neurosci.* (2015). doi:10.3389/fncel.2015.00047
- 1174 60. Diwakar, S., Magistretti, J., Goldfarb, M., Naldi, G. & D'Angelo, E. Axonal Na⁺
1175 channels ensure fast spike activation and back-propagation in cerebellar granule
1176 cells. *J. Neurophysiol.* (2009). doi:10.1152/jn.90382.2008
- 1177 61. Perkel, D. J., Hestrin, S., Sah, P. & Nicoll, R. A. Excitatory synaptic currents in
1178 Purkinje cells. *Proc. R. Soc. B Biol. Sci.* (1990). doi:10.1098/rspb.1990.0074

117 5
9 1206
118
0 1207
118 1208
1
1209
118 1210
2
118 1211
3
1212
118 1213
4
118 1214
118 1215
5
1216
118 1217
6
1218
118
7
118
8
118
9
119
0
119
1
119
2
119
3
119
4
119
5
119
6
119
7
119
8
119
9
120
0
120
1
120
2
120
3
120
4
120

62. L a c h a u x , J . P .
 g phase synchrony in brain signals. *Hum. Brain Mapp.* (1999).
 doi:10.1002/(SICI)1097-0193(1999)8:4<194::AID-HBM4>3.0.CO;2-C
63. Iacono, M. I. *et al.* MIDA: A multimodal imaging-based detailed anatomical model of the human head and neck. *PLoS One* (2015). doi:10.1371/journal.pone.0124126
64. Hasgall, P. *et al.* IT'IS Database for thermal and electromagnetic parameters of biological tissues, Version 4.0. *IT'IS* (2018).

Acknowledgments

RSRS was supported by the Swiss National Science Foundation, Swiss Neurological Society and European Academy of Neurology and EMDO Foundation fellowship. **XZ** was supported in part by the CT Institute for the Brain and Cognitive Sciences IBRAiN Fellowship. **SSan** was supported in part by the US NSF CAREER Award 1845348. **KPB**, was supported by Wellcome Trust MRC strategic neurodegenerative disease initiative award (WT089698), the Dystonia Coalition, Parkinson's UK (G-1009). **MB** was supported by EPSRC award EP/N014529/1 funding the EPSRC Centre for Mathematics of Precision Healthcare. **ESB** acknowledges Lisa Yang, John Doerr, NIH R01MH117063, Edward and Kay Poitras. **NG** was funded by the UK Dementia Research Institute (UK DRI) - an initiative funded by the Medical Research Council, Alzheimer's Society and Alzheimer's Research UK, Wellcome Trust fellowship (097443/Z/11/Z), Science & PINS Award for Neuromodulation, and NIHR IBRC Confident in Concept Award. The authors would like to thank Elisabeth Rounis and Tom Foltynie for helping with participant recruitment.

Author information

Affiliations

¹ Institute of Neurology, Department of Clinical and Movement Neuroscience, Queen Square, University College London (UCL), London, WC1N 3BG, UK

² Computer Science and Artificial Intelligence Laboratory, Massachusetts Institute of Technology (MIT), Cambridge, MA 02139, USA.

³ NuVu studio Inc, Cambridge, MA 02139, USA

⁴ Department of Mathematics and EPSRC Centre for Mathematics of Precision Healthcare, Imperial College London, London, SW7 2AZ, UK

⁵ Department of Brain Sciences, Department of Medicine, Imperial College London, London, W12 0NN, UK

⁶ UK Dementia Research Institute (UK DRI) at Imperial College London, London, W12 0NN, UK

⁷ Biomedical Engineering Department, University of Connecticut, Storrs, CT 06269, USA

| | |
|-----|------|
| 121 | 1244 |
| 9 | 1245 |
| 122 | 1246 |
| 0 | 1247 |
| 122 | 1248 |
| 1 | 1249 |
| 122 | 1250 |
| 2 | 1251 |
| 122 | 1252 |
| 3 | 1253 |
| 122 | 1254 |
| 4 | 1255 |
| 122 | 1256 |
| 5 | |
| 122 | |
| 6 | |
| 122 | |
| 7 | |
| 122 | |
| 8 | |
| 122 | |
| 9 | |
| 123 | |
| 0 | |
| 123 | |
| 1 | |
| 123 | |
| 2 | |
| 123 | |
| 3 | |
| 123 | |
| 4 | |
| 123 | |
| 5 | |
| 123 | |
| 6 | |
| 123 | |
| 7 | |
| 123 | |
| 8 | |
| 123 | |
| 9 | |
| 124 | |
| 0 | |
| 124 | |
| 1 | |
| 124 | |
| 2 | |
| 124 | |
| 3 | |

⁸ CT
Institute
for
the
Brain
and
Cognitive
Sciences,
University of
Connecticut,
Storrs,
CT
06269,
USA
⁹
Department
of
Physics,
Imperial
College
London,
London,
SW7
2AZ,
UK
¹⁰
IT'IS
Foundation
for
Research
on
Information

Technologies in Society, 8004 Zurich, Switzerland

¹¹ Media Lab, MIT, Cambridge, MA 02139, USA

¹² McGovern Institute for Brain Research, MIT, Cambridge, MA 02139, USA

¹³ Broad Institute of Harvard University and MIT, Cambridge, MA 02142, USA

¹⁴ Department of Biological Engineering, MIT, Cambridge, MA 02139, USA

¹⁵ Department of Brain and Cognitive Sciences, MIT, Cambridge, MA 02139, USA

¹⁶ Centre for Neurobiological Engineering, MIT, Cambridge, MA 02139, USA

¹⁷ Koch Institute for Integrative Cancer Research, MIT, Cambridge, MA 02139, USA

¹⁸ Centre for Bio-Inspired Technology, Department of Electrical and Electronic Engineering, Imperial College London, London, SW7 2AZ London, UK

¹⁹ Centre for Neurotechnology, Imperial College London, London, SW7 2AZ London, UK

²⁰ These authors contributed equally to this work.

Contributions

S.R.S., designed and conducted clinical study, oversaw phase-locking, tremor amplitude and feature-based statistical learning analyses, wrote the paper. **D.W.**, developed ecHT, design and implemented ecHT-based phase-locking brain stimulator. **R.P.**, designed, developed and conducted feature-based statistical learning analysis. **JL**, developed and conducted phase-locking and tremor amplitude analyses. **E.R. and A.L.**, conducted the repeated clinical study. **E.P.**, helped developing ecHT theory. **A.M.C.**, conducted the FEM simulation. **E.S.B.**, developed ecHT, oversaw experiments. **M.B.**, designed and oversaw feature-based statistical learning analysis. **X.Z. and S.San**, designed, developed and conducted neurophysiological simulation of ET. **K.P.B. and J.R.**, designed and oversaw clinical study. **N.G.**, developed ecHT, designed and conducted clinical study, designed, developed and oversaw phase-locking and tremor amplitude analyses, oversaw feature-based statistical learning analysis and neurophysiological simulation of ET, and wrote paper.

Corresponding authors

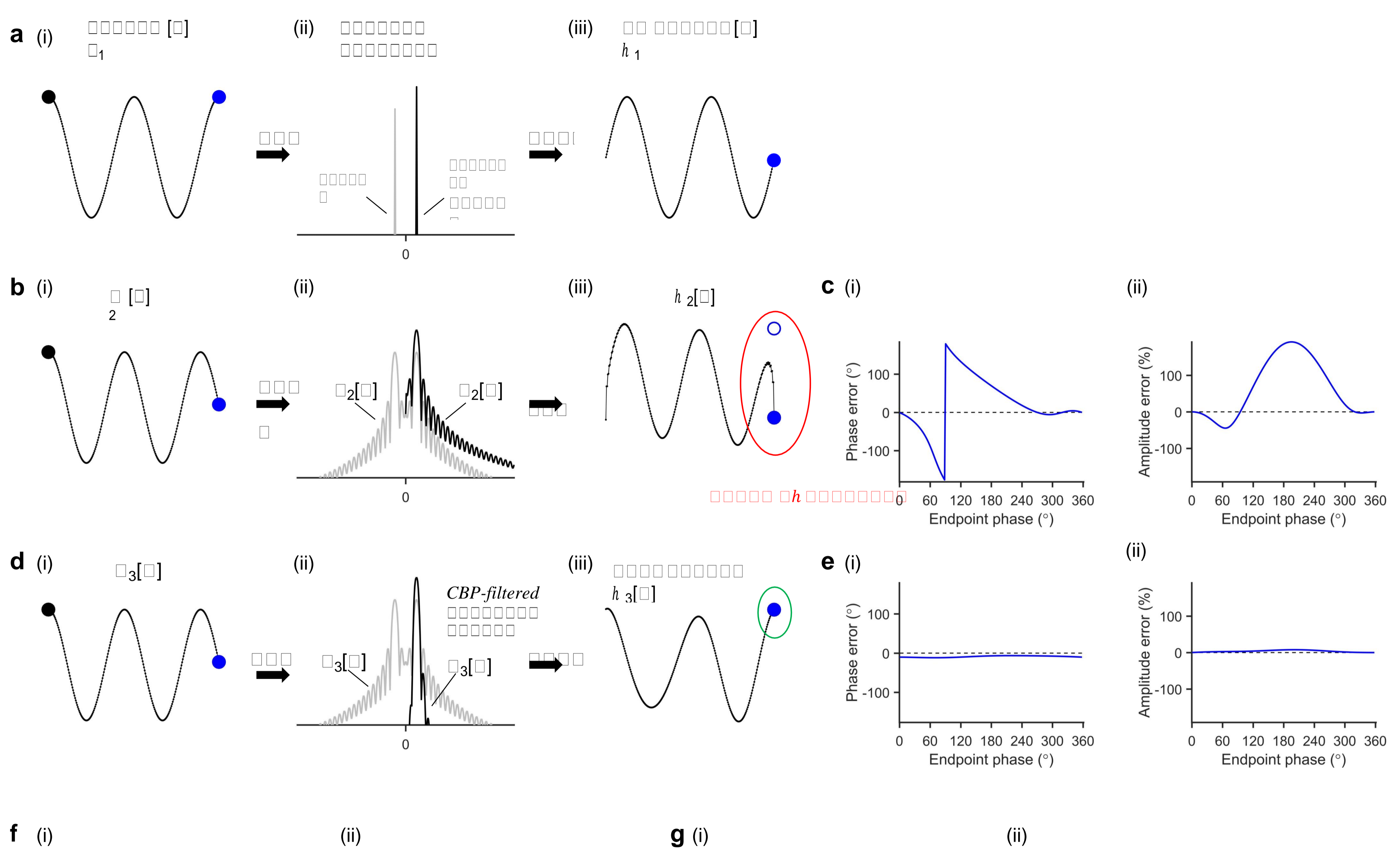
Correspondence to Nir Grossman (nirg@ic.ac.uk) and Kailash P. Bhatia (k.bhatia@ucl.ac.uk).

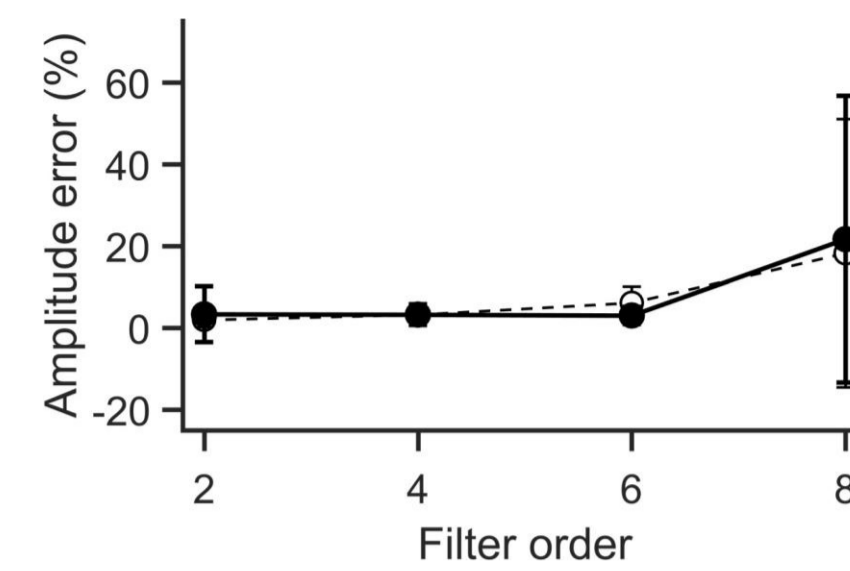
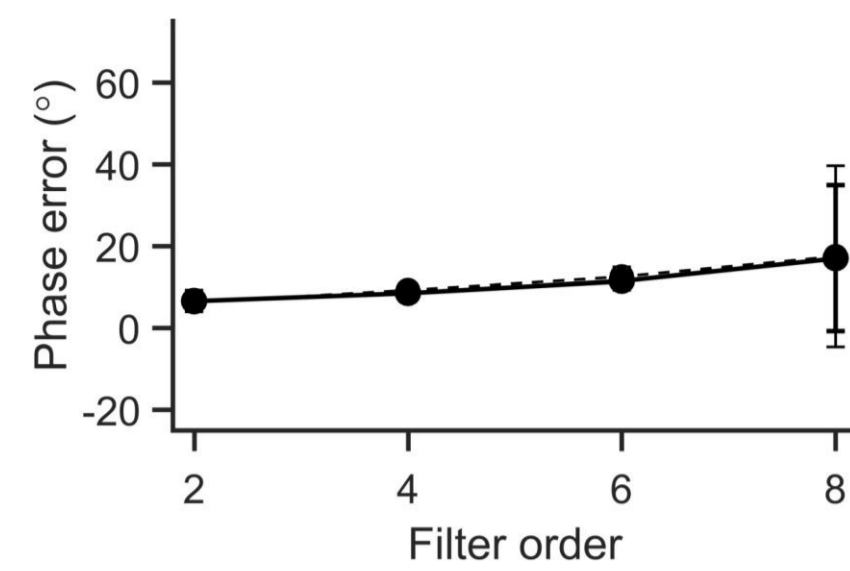
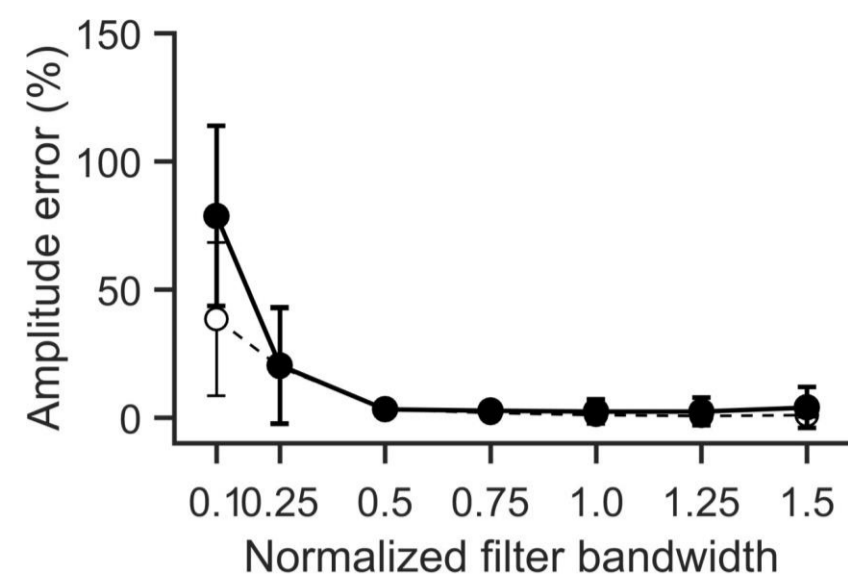
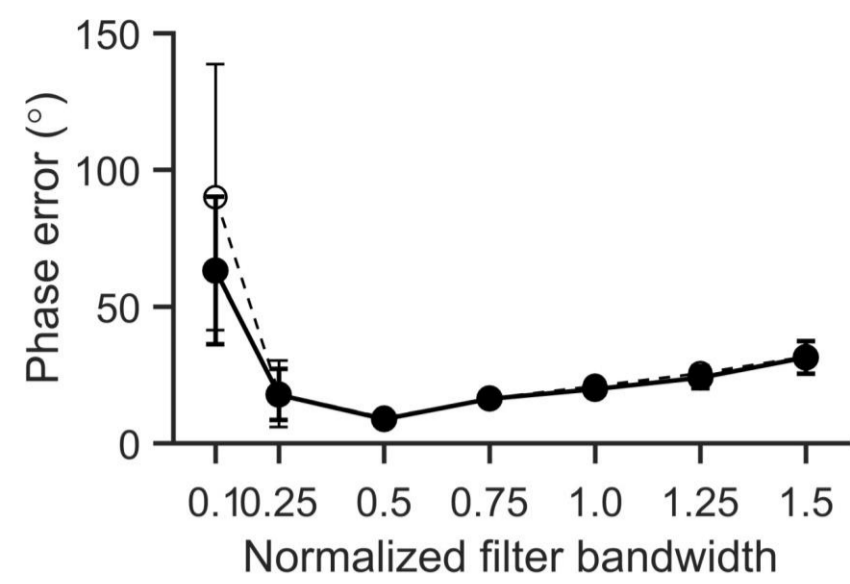
Ethics declarations

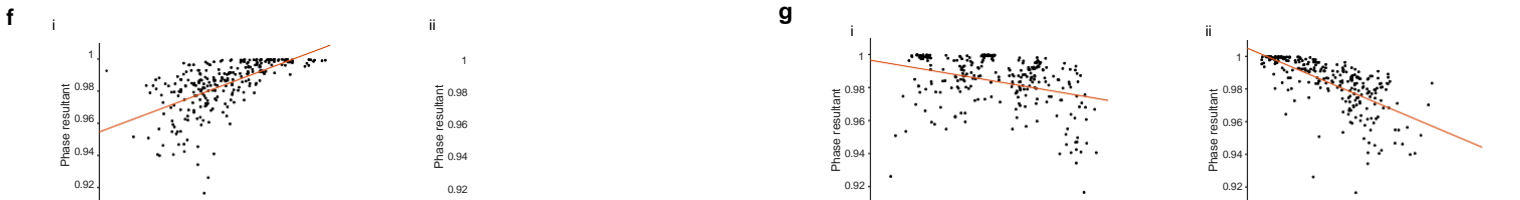
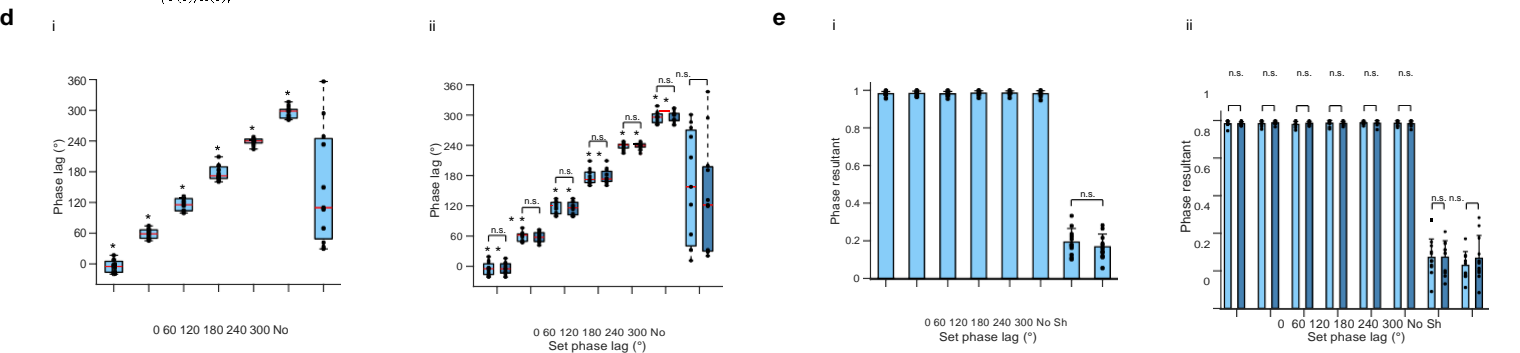
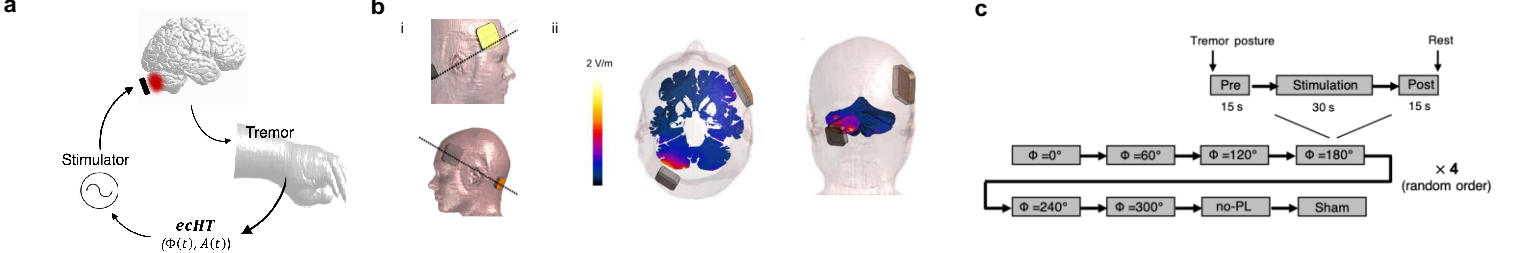
Competing interests

1257 N.G., D.W. and E.S.B. have applied for a patent on the ecHT technology, assigned to MIT,
1258 and founded a company that utilizes it. KPB, received funding for travel from
1259 GlaxoSmithKline, Orion Corporation, Ipsen, and Merz Pharmaceuticals, LLC; serves on the
1260 editorial boards of Movement Disorders and Therapeutic Advances in Neurological
1261 Disorders; receives royalties from the publication of Oxford Specialist Handbook of
1262 Parkinson's Disease and Other Movement Disorders (Oxford University Press, 2008);
1263 received speaker honoraria from GlaxoSmithKline, Ipsen, Merz Pharmaceuticals, LLC, and
1264 Sun Pharmaceutical Industries Ltd.; personal compensation for scientific advisory board for
1265 GSK and Boehringer Ingelheim; received research support from Ipsen and from the Halley
1266 Stewart Trust through Dystonia Society UK. The rest of the authors declare no competing
1267 interests.

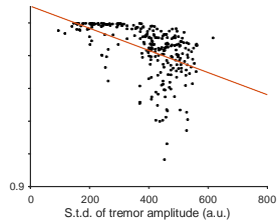
1268





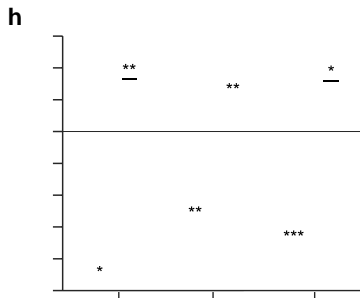
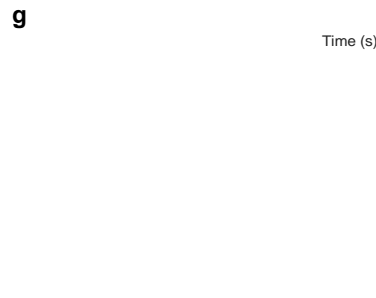
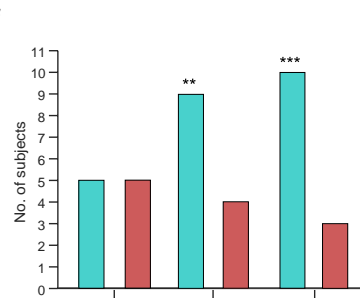
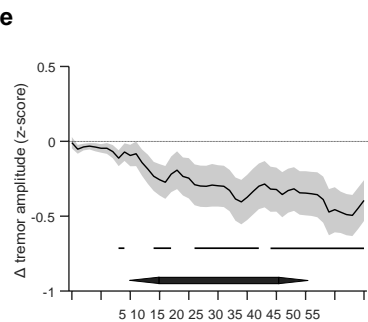
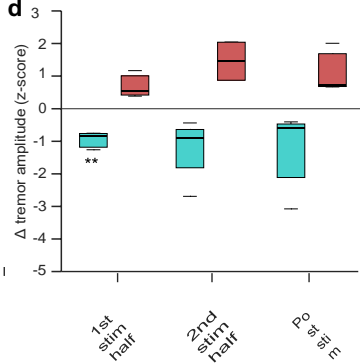
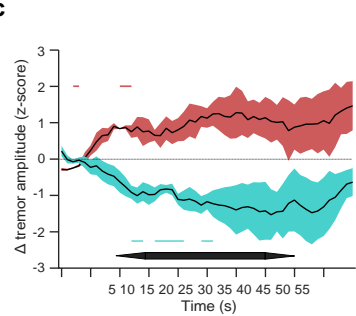
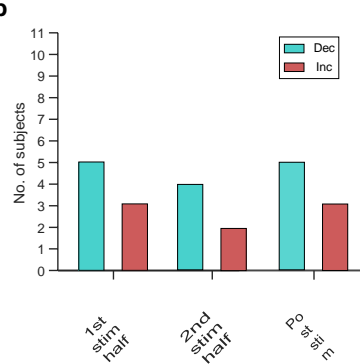
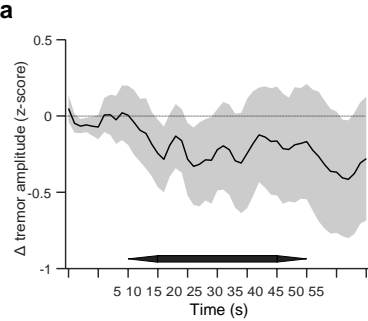


0.9
500 1000 1500 2000
Mean tremor amplitude (a.u.)



0.9
2 3 4 5 6 7 8
Mean tremor frequency (Hz)

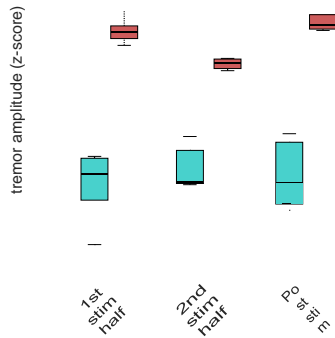
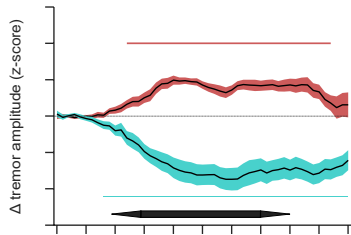
0.9
0 1 2 3 4
S.t.d. of tremor frequency (Hz)

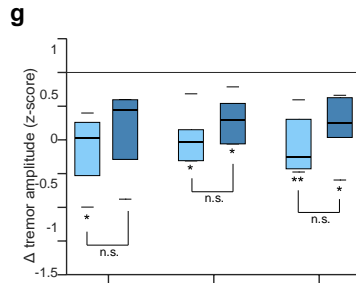
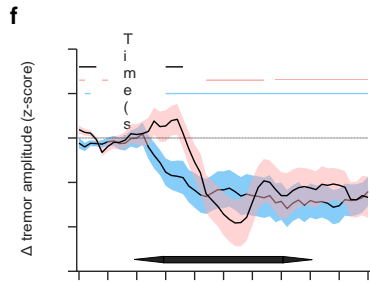
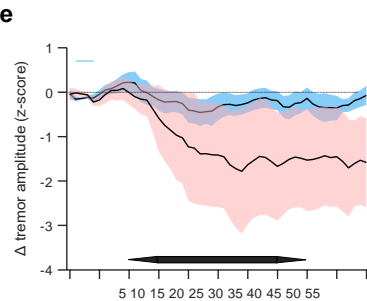
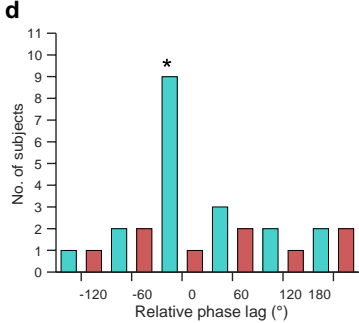
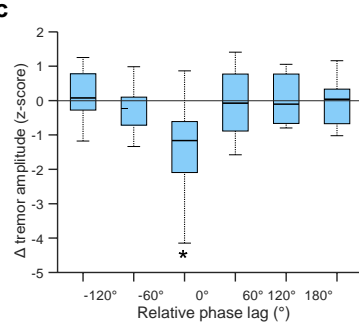
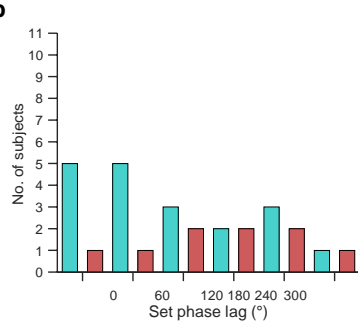
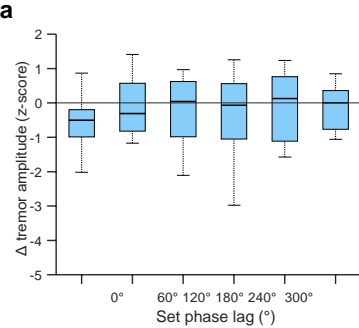


3
3
2
2
1
1
0
-1
-1
-2
-4
-3
-5
5

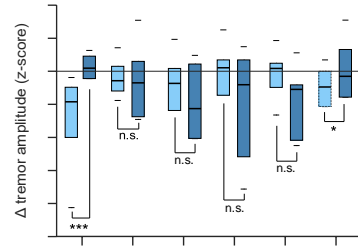
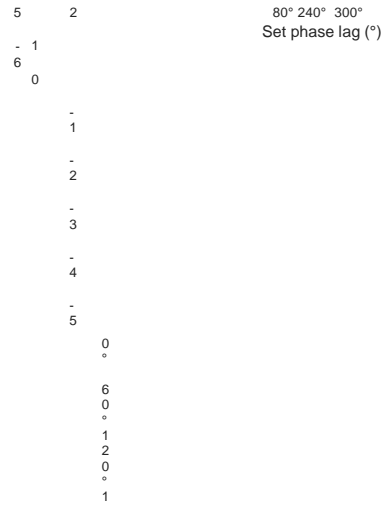
1
0
1
5
2
0
5
3
0
3
5
4
0
4
5
0
5
5
3
5

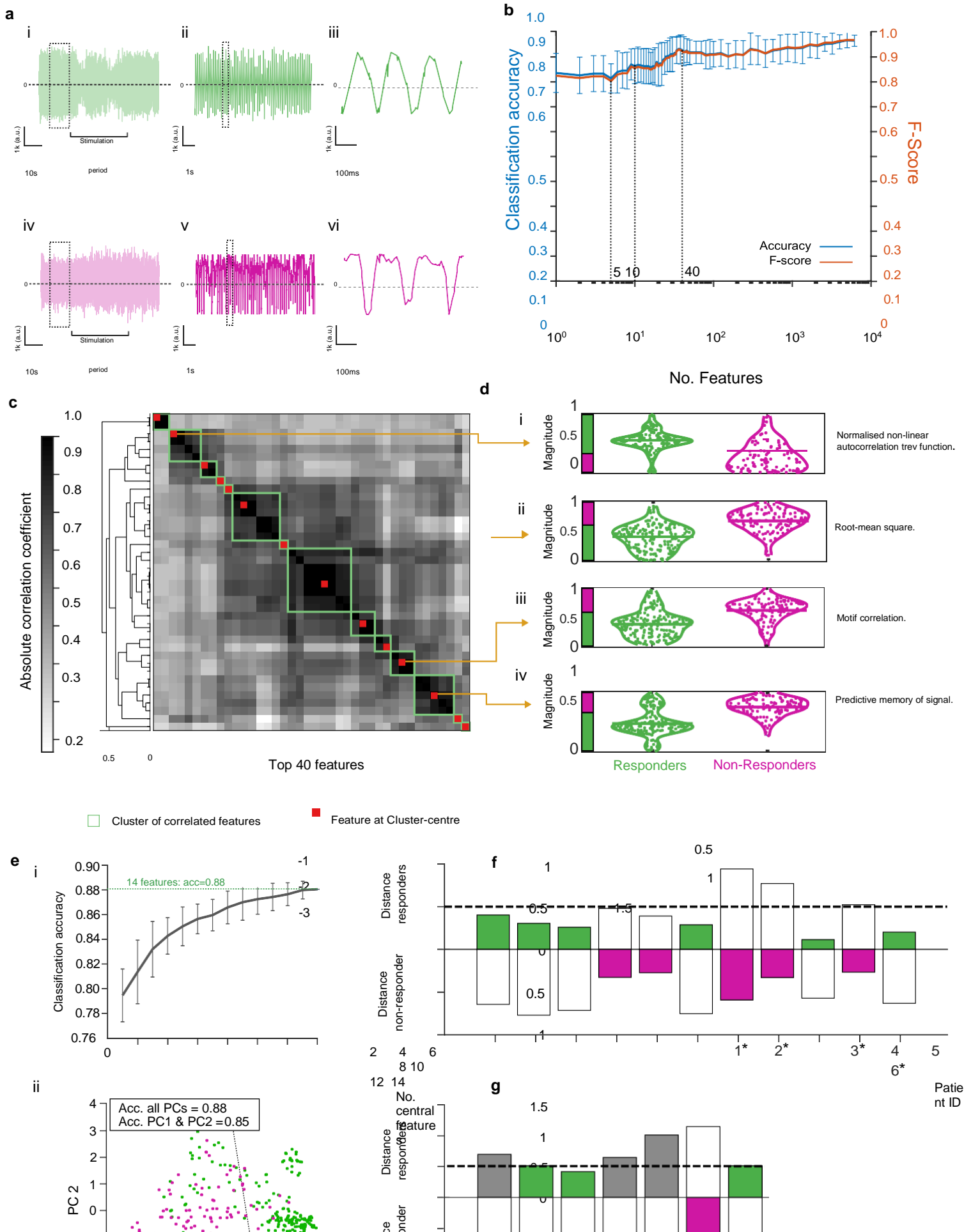
T
i
m
e
(
s
)





5 10 15 20 25 30 35 40 45 50
55
Time (s)





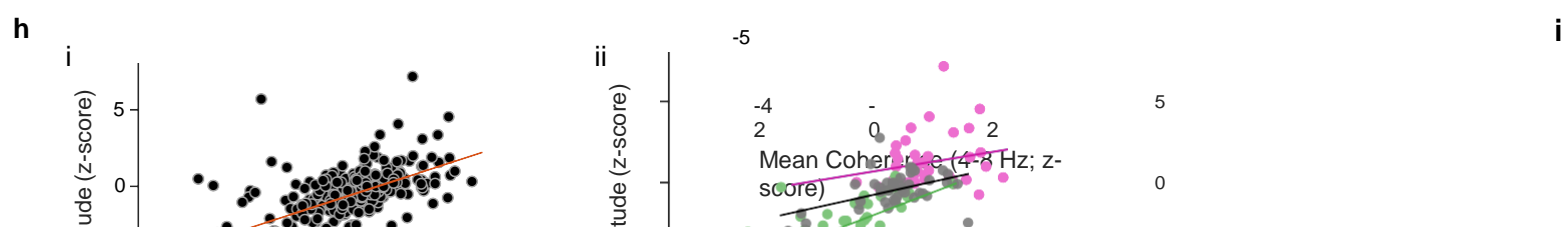
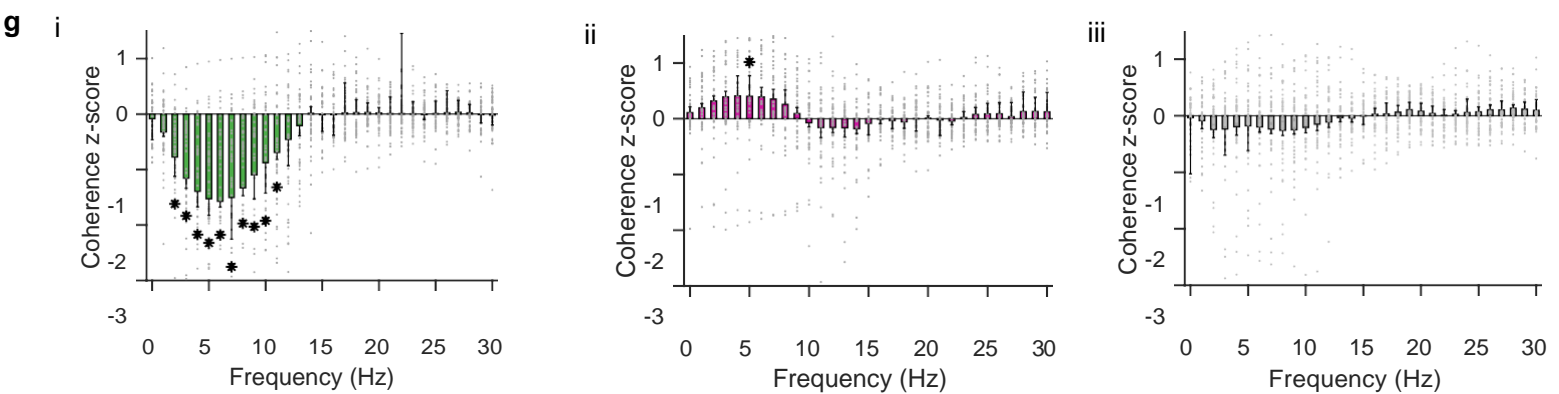
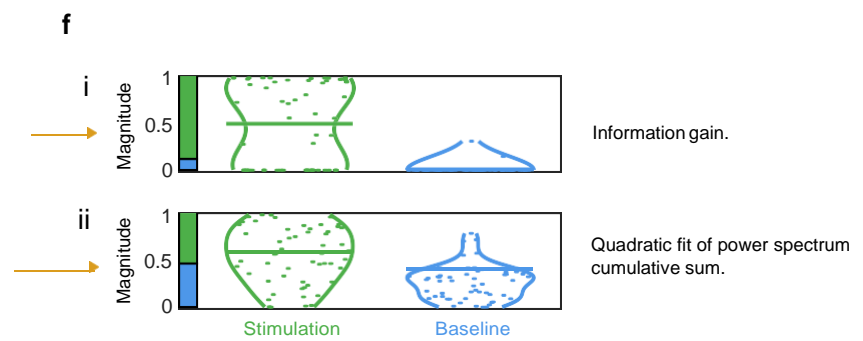
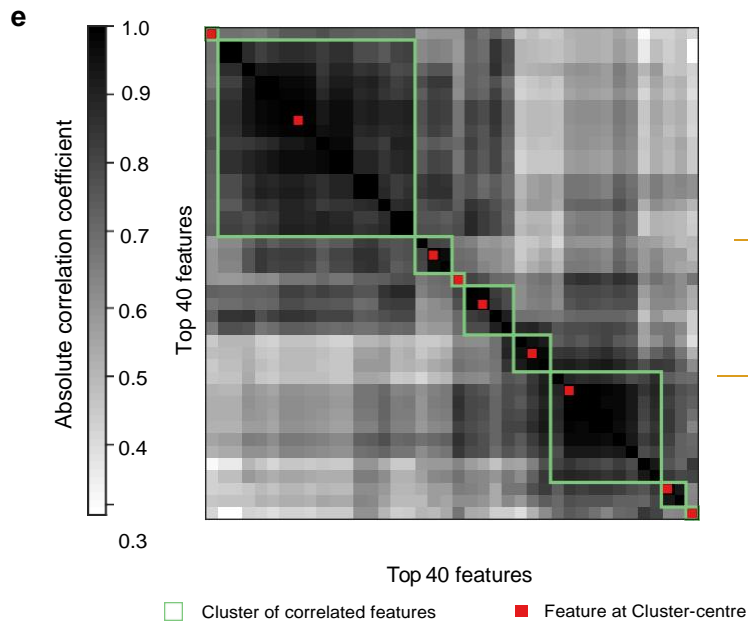
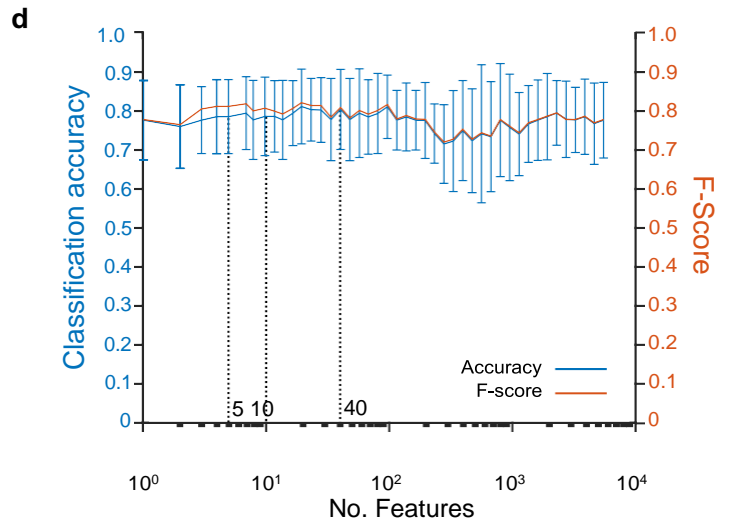
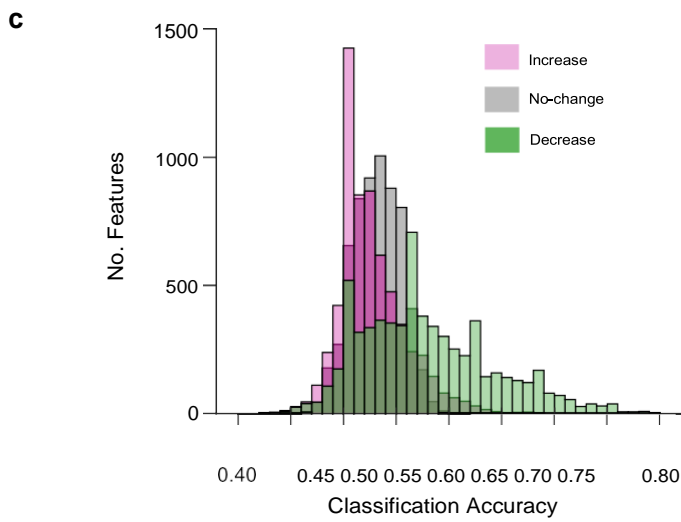
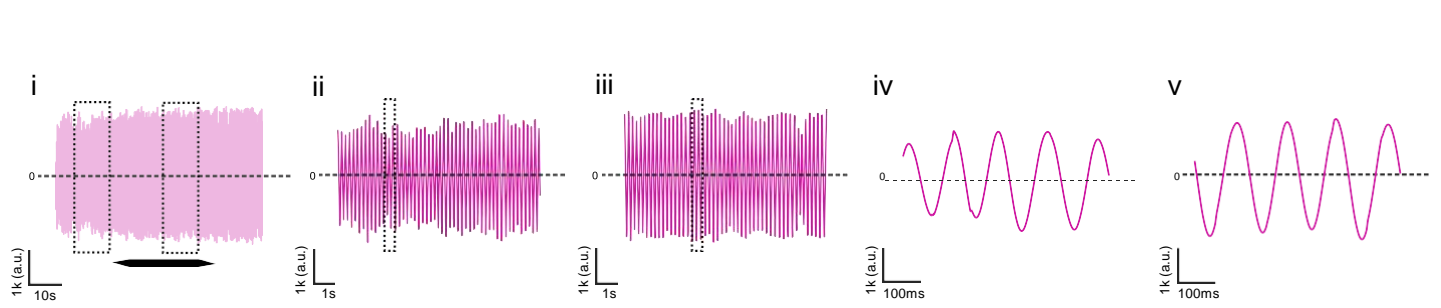
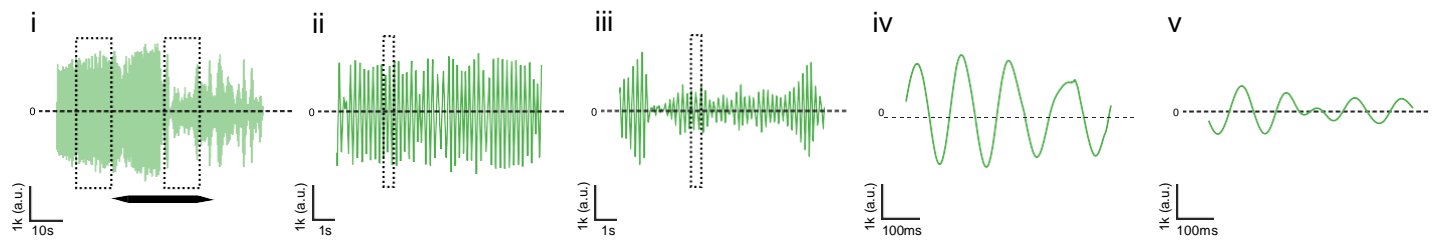
7 8 9* 10 11*

-8 -6 -4 -2 0 2 4

PC 1

1 2* 3* 4 5 6 7*

Patient ID



-5
-4 -2 0 2
Mean Coherence (4-8 Hz; z-score)

1
0
-1
-2
0 10 20 30 40 50 60
Time (s)

