

This is a peer-reviewed, accepted author manuscript of the following research article, Shah, S., Dhawan, V., Holm, R., Nagarsenker, M. S., & Perrie, Y. (2020). Liposomes: advancements and innovation in the manufacturing process. *Advanced Drug Delivery Reviews*, 154-155, 102-122. <https://doi.org/10.1016/j.addr.2020.07.002>

1 **Liposomes: Advancements and innovation in the manufacturing process**

2

3 Sanket Shah^{a,b}, Vivek Dhawan^{b,c}, René Holm^{a,d}, Mangal S. Nagarsenker^{c,e}, Yvonne Perrie^{f,*}

4

5

6

7 *Author for correspondence

8 Yvonne Perrie

9 Strathclyde Institute of Pharmacy and Biomedical Sciences,

10 161 Cathedral St, University of Strathclyde, Glasgow, Scotland. G4 0RE.

11 Email: yvonne.perrie@strath.ac.uk

^a Drug product development, Janssen R&D, Johnson & Johnson, Turnhoutseweg 30, 2340 Beerse, Belgium

^b These authors contributed equally

^c Department of Pharmaceutics, Bombay College of Pharmacy, Kalina, Santacruz, Mumbai, India - 400098.

^d Department of Science and Environment, Roskilde University, 4000 Roskilde, Denmark.

^e Department of Pharmaceutics, VES College of Pharmacy, Chembur, Mumbai, India 400074

^f Strathclyde Institute of Pharmacy and Biomedical Sciences, 161 Cathedral St, The University of Strathclyde, Glasgow, Scotland. G4 0RE

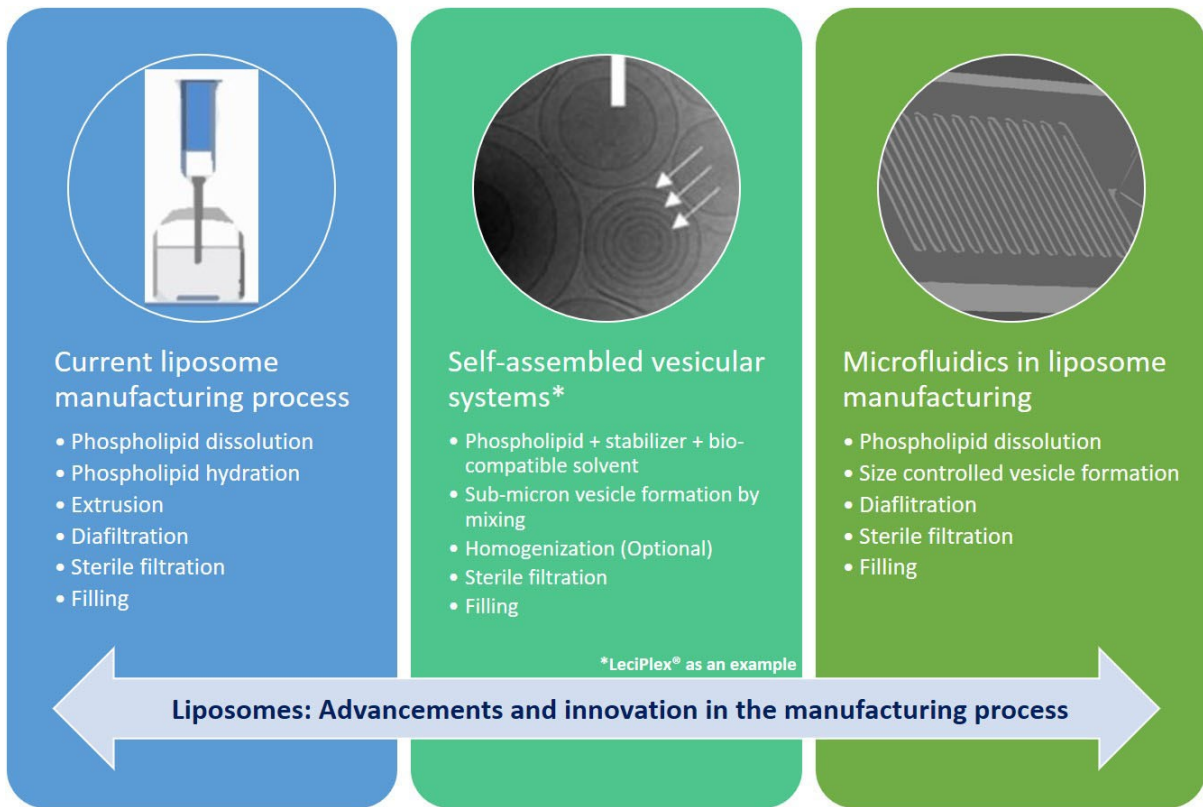
1 **Highlights**

- 2 • Liposomes and their related constructs offer unique advantages in terms of drug and
3 vaccine delivery.
- 4 • However, current processes used for the manufacture of liposomes present a range of
5 challenges, driving up cost, and limiting production.
- 6 • New production methods can address these issues and support the cost-effective
7 manufacture of current liposomal systems and facilitate the development of new
8 liposomal products.

1 **Abstract**

2 Liposomes are well recognised as effective drug delivery systems, with a range of products
3 approved, including follow on generic products. Current manufacturing processes used to
4 produce liposomes are generally complex multi-batch processes. Furthermore, liposome
5 preparation processes adopted in the laboratory setting do not offer easy translation to large
6 scale production, which may delay the development and adoption of new liposomal systems.
7 To promote advancement and innovation in liposome manufacturing processes this review
8 considers the range of manufacturing processes available for liposomes, from laboratory scale
9 and scale up, through to large-scale manufacture and evaluates their advantages and
10 limitations. The regulatory considerations associated with the manufacture of liposomes is
11 also discussed. New innovations that support leaner scalable technologies for liposome
12 fabrication are outlined including self-assembling liposome systems and microfluidic
13 production. The critical process attributes that impact on the liposome product attributes are
14 outlined to support potential wider adoption of these innovations.

1 Graphical abstract



2

1 **Keywords**

2 Liposomes; Lipid nanoparticulate; Microfluidics; Leciplex; Phospholipids; cationic liposomes;
3 nanomedicine; monoclonal antibody; oligonucleotide; targeted delivery

4

1 **Abbreviations**

2 Chol: Cholesterol

3 cryoTEM: cryo transmission electron microscopy

4 Da: Daltons

5 DLin-MC3-DMA: (6Z,9Z,28Z,31Z)-heptatriaconta-6,9,28,31-tetraen-19-yl-4-
6 (dimethylamino)butanoate

7 DMG-PEG2000: (R)-2,3-bis(tetradecyloxy)propyl 1-(methoxypoly(ethylene
8 glycol)20000)propyl carbamate

9 DOPE: 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine

10 DOTAP: 1,2-dioleoyl-3-trimethylammonium-propane (chloride salt)

11 DPPC: 1,2-Dipalmitoyl-3-sn-phosphatidylcholine

12 DSPC: 1,2-distearoyl-sn-glycero-3-phosphocholine

13 EMA: European medicines agency

14 FDA: Food and drug administration

15 FRR: flow rate ratio

16 FVR: flow velocity ratio

17 GMP: Good manufacturing practice

18 GUVs: Giant unilamellar vesicles

19 HGL: High gravity level

20 ICH: International Council for Harmonisation

21 IPA: iso-propyl alcohol

22 IPQC: In-process quality control

23 LFH: Lipid film hydration

24 LNPs: Lipid nanoparticles

- 1 Log P: Partition co-efficient
- 2 LUVs: Large Unilamellar vesicles
- 3 MC: microchannel
- 4 MLVs: Multilamellar vesicles
- 5 MVVs: Multivesicular vesicles
- 6 OLVs: Oligo lamellar vesicles
- 7 PBS: Phosphate buffer saline
- 8 PC: Phosphatidyl choline
- 9 PDI: Polydispersity index
- 10 PTFE: polytetrafluoroethylene
- 11 PVA: polyvinyl alcohol
- 12 RNAi: Ribose nucleic acid interference
- 13 siRNA: small interfering ribose nucleic acid
- 14 SUVs: Small unilamellar vesicles
- 15 TBA: tert-butyl alcohol
- 16 TFF: tangential flow filtration
- 17 ULVs: unilamellar vesicles
- 18 w/o/w emulsion: Water-in-oil-in-water emulsion
- 19 w/o: water-in-oil
- 20

1	Contents	
2	Highlights	2
3	Abstract.....	3
4	Graphical abstract.....	4
5	Keywords.....	5
6	Abbreviations.....	6
7	1. Introduction and overview of application of liposomes.....	9
8	2. Manufacturing of liposomes.....	13
9	2.1. Laboratory scale manufacturing	13
10	2.1.1. Solvent evaporation.....	15
11	2.1.2. Solvent dispersion.....	16
12	2.1.3. Reverse phase evaporation.....	16
13	2.1.4. Size manipulation.....	17
14	2.1.5. Final liposomal drug product	17
15	2.2. Industrial manufacturing and scale up considerations.....	19
16	2.3. Potential for innovation in large scale liposome manufacturing.....	23
17	3. Regulatory overview of liposomes.....	25
18	4. Advances in scalable technologies for liposome fabrication.....	30
19	4.1. Self-assembled vesicular drug delivery system	31
20	4.1.1. Heating methods.....	31
21	4.1.2. Nanoprecipitation and Ionic interaction.....	32
22	4.1.3. Solvent exchange	33
23	4.1.4. High Shear	34
24	4.1.5. Emulsification and solvent evaporation	35
25	4.1.6. Packed bed-based reactors.....	36
26	4.1.7. Gel assisted self-assembly	38
27	4.1.8. Spray drying and fluid bed drying	39
28	4.1.10. Freeze drying.....	40
29	4.1.11. Supercritical fluid techniques.....	41
30	4.2. Microfluidics.....	45
31	4.2.1. Microfluidic cartridge design	46
32	4.2.2. Microfluidic material and production parameter considerations	49
33	5. Conclusion	56
34	6. References	58

35

36

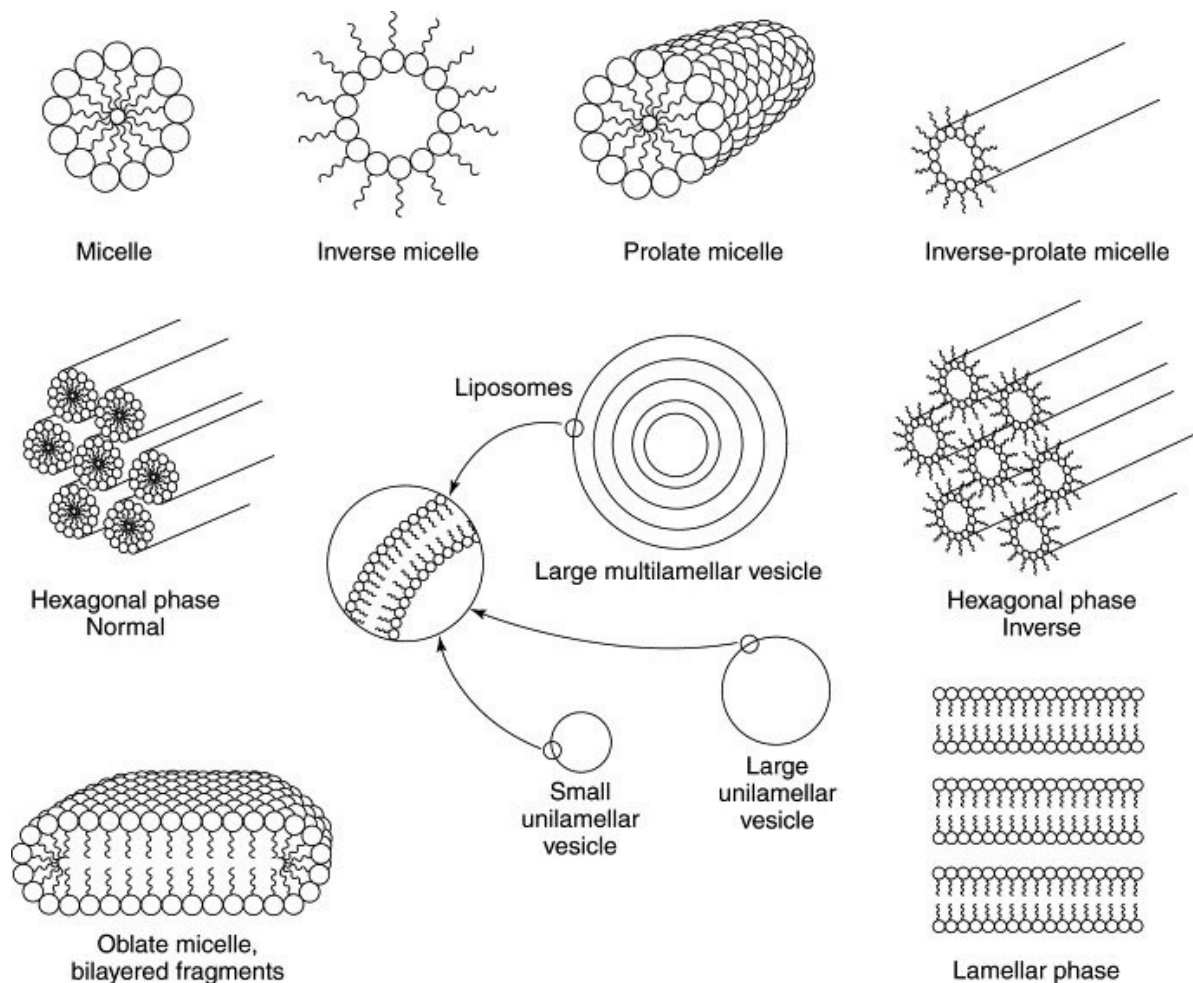
1. Introduction and overview of application of liposomes

Lipid-based nanomedicines are used to 1) protect drugs from degradation *in vivo*, 2) control drug release, 3) modify biodistribution, 4) target drug delivery to the site of disease and 5) enhance solubility and bioavailability. Lipid based delivery systems are also effective as vaccine adjuvants through their ability to protect and deliver antigens (peptide, protein and nucleic acid systems) to the antigen presenting cells and stimulating protective immune responses. Suitable engineering of nanomedicines in terms of their composition, particle size, and surface charge can aid in achieving spatial and temporal delivery of drugs. This applies to the delivery of traditional small molecules and to lipid-based nanoparticles used to deliver nucleic acid-based drugs; patisiran (Onpattro[®]; Alnylam), approved by the FDA and the EMA in 2018, is the first siRNA-based drug approval. Patisiran is indicated for polyneuropathy of hereditary transthyretin-mediated amyloidosis. Onpattro[®] contains 2.0 mg/mL of patisiran (a double stranded siRNA which is the active substance) incorporated into lipid nanoparticles. The nanoparticles are 60 – 100 nm in size with a near neutral surface charge at biological pH. The nanoparticles are formed during production as a result of the lipids associating with the siRNA. The nanoparticles are built from four lipids. DSPC is used with cholesterol to support the formation and stability of the lipid nanoparticles. An ionisable lipid (DLin-MC3-DMA) is incorporated which electrostatically interacts with the siRNA and promotes high drug loading and a pegylated lipid DMG-PEG2000 is incorporated to improve the stability of the formed LNPs [1]. Of these lipid-based nanomedicines, liposomes are generally the most well-established systems.

Liposomes are lipid based spherical shaped vesicular systems, in which a lipophilic bilayer is sandwiched between two hydrophilic layers. The versatility and advantages of liposomes as a drug delivery system for small molecules, peptides, gene, and monoclonal antibodies is well studied and acknowledged in the peer-reviewed scientific literature [2-6]. Liposomes fall into the general category of nanomedicines and play a key role in many diverse areas of health and have found an application in the treatment of patients suffering from cardiovascular disease, neurodegenerative disease, diabetes, cancer and inflammation. Parenteral delivery offers the advantage of bypassing first pass metabolism, poor gastrointestinal permeability and gastrointestinal side effects (a problem common to oral delivery of drugs) and parenteral

1 administration provides an opportunity for targeted delivery of drugs resulting in higher
2 bioavailability and reduced off target side effects.

3 A myriad of reports exist in the literature on application of liposomes to deliver drugs
4 [7-10] and genes [11-14] parenterally. Phospholipids being biodegradable and biocompatible
5 and bearing resemblance to the lipids present in cellular membranes, are widely explored for
6 their drug delivery potential associated with their assemblies to organise structure (**Fig. 1**).
7 Liposomes on account of being formed due to self-assembly possess a thermodynamic
8 advantage. They have been used for cancer treatment to improve tumour targeting and
9 reduce off-target toxicity (e.g. Doxil[®]) and to treat patients with severe infections or
10 immunocompromised conditions (e.g. AmBisome[®]). Whilst access to these advanced
11 treatments can be limited (mainly due to their cost), in 2015, the global liposomal doxorubicin
12 market alone was valued at USD 814.6 million [15]. Furthermore, there are many other
13 marketed oncology nanomedicines using lipid-based nanotechnology (e.g. DaunoXome[®],
14 Myocet[®], DepoCyt[®], Marqibo[®] and Onivyde[®]) and more recently Onpattro[®], the first FDA-
15 approved RNAi therapeutic. Indeed, the nanomedicines market is recognised as a high risk,
16 high return market and has enjoyed unprecedented growth over the last five years.



1

2 *Fig. 1. Schematic showing the different phases of a phospholipid molecule. The phospholipid molecules in an*
 3 *aqueous environment, under right conditions, forms a bilayered lamella spherical in shape called liposomes.*
 4 *Depending on the types and forms, liposomes can be called a LUVs, SUVs, and MLVs. Reprinted from Trends in*
 5 *Biotechnology, 16/7, Dan D Lasic, Novel applications of liposomes, 307-321, Copyright (2020), with permission*
 6 *from Elsevier [16].*

7 The global nanomedicine market was valued at USD 135 billion in 2015 and it is
 8 anticipated that this will reach USD 350.8 billion by 2025 [17]. However, using traditional
 9 manufacturing methods, the scale-up production of nanomedicines presents a significant
 10 challenge to their clinical development and the cost of commercial manufacture is a
 11 recognised barrier to their translation from bench to bedside. Despite their widespread
 12 research, it is well recognised that the current processes used for manufacturing of liposomes
 13 suffers from many severe problems, including: i) multi-step batch processes; ii) the need for
 14 particle size reduction (often involving specialized tools and equipment such as extrusion and
 15 high-pressure homogenization) and iii) limited batch sizes. This drive cost upwards, limits
 16 production and hinders development of liposomes. This was exemplified by the global
 17 shortage of Doxil® due to closure of a sterile injectables production site due to manufacturing

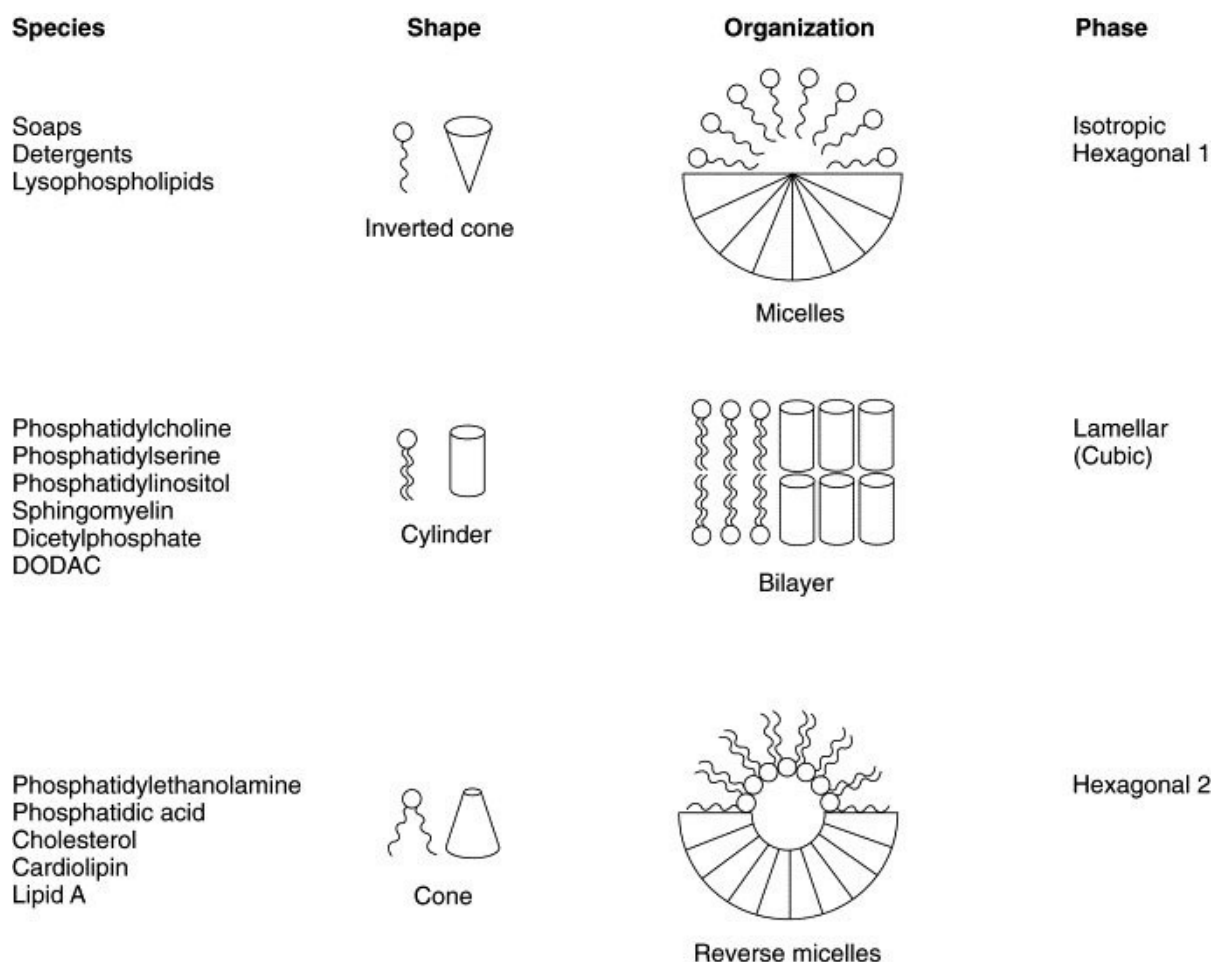
1 challenges as the principle reason. Global shortages of this anti-cancer treatment lasted for
2 more than two years [18]. Hence, it is important to identify ways of making the liposomal
3 manufacture process leaner and identifying ways to make this drug delivery option more
4 attractive from an industrial point of view.

1 **2. Manufacturing of liposomes**

2 2.1. Laboratory scale manufacturing

3 Numerous reviews and research articles have been published elsewhere on the
4 composition, preparation, and characterization of liposomes and readers are requested to
5 refer them for more in-depth understanding [19-30]. Almost all the techniques involve
6 dissolution of phospholipids in an organic solvent followed by removal of the organic solvent,
7 later in the process. This prior dissolution followed by removal of organic solvent is important
8 for the formation of liposomes. The building blocks of liposomes are phospholipids and/or
9 cholesterol. The critical micelle concentration of most commonly used phospholipids is in the
10 nanomolar range and the concentration of phospholipids used for liposomes manufacturing
11 is much above the critical micelle concentration. This along with the three-dimensional
12 cylinder like shape of each phospholipid (**Fig. 2**) leads to formation of liposomes along with
13 lipid aggregates when phospholipids, as such, are exposed to an aqueous environment. In
14 order to make uniform liposomal dispersions, it is important to make thin lipid sheets before
15 exposing it to an aqueous phase or introduce the organic phospholipid solution in a controlled
16 manner in an aqueous environment for the formation of liposomes. This is why all the
17 reported techniques of liposome manufacturing i.e. solvent evaporation, solvent
18 dispersion/antisolvent addition, or detergent removal focus on first disaggregating the
19 phospholipids into individual phospholipid molecules followed by exposure to aqueous
20 environment to enable formation of different types of liposomes viz. MLVs, SUVs, GUVs, OLVs,
21 MVVs (**Table 1**) [31, 32]. The detergent removal technique is not discussed in this , but
22 interested reader can be referred to other literature sources [33, 34]. A special mention of
23 the reverse phase evaporation method is discussed as it is the preferred laboratory technique
24 for obtaining high entrapment efficiency of hydrophilic drugs [35].

25



1

2 *Fig. 2. Different molecular shapes of a surfactant/phospholipid like molecules. Most of the commonly used*
3 *phospholipids have a cylinder like shape and form a bilayered lamellae when exposed to aqueous medium. By*
4 *addition of cone shape or inverted cone shape species, the properties of the bilayered lamellae can be altered to*
5 *make it more rigid/leaky. Reprinted from Publication Trends in Biotechnology, 16/7, Dan D Lasic, Novel*
6 *applications of liposomes, 307-321, Copyright (2020), with permission from Elsevier [16].*

7 *Table 1. Classification of different liposome formations.*

Types of liposome formations	Commonly used abbreviations	Particle size	Number of lamellae
Small unilamellar vesicles	SUVs	20-100 nm	1
Large unilamellar vesicles	LUVs	>100 nm	1
Giant unilamellar vesicles	GUVs	>1000 nm	1
Multilamellar vesicles	MLVs	>500 nm ^a	>5
Oligolamellar vesicles	OLVs	100-1000 nm	2-5
Multivesicular liposomes	MVVs	>1000 nm	1 (Vesicle inside a vesicle)

8

^a This is a typical particle size, however, MLVs with a particle size of 100 nm have been reported [36] J.A. Kulkarni, M.M. Darjuan, J.E. Mercer, S. Chen, R. van der Meel, J.L. Thewalt, Y.Y.C. Tam, P.R. Cullis, On the Formation and Morphology of Lipid Nanoparticles Containing Ionizable Cationic Lipids and siRNA, ACS Nano, 12 (2018) 4787-4795.

1 2.1.1. Solvent evaporation

2 In this technique, also known as lipid film hydration, phospholipids are dissolved in an organic
3 solvent (more often an equimolar mixture of chloroform and methanol, others could be ether,
4 ethanol, or dichloromethane) [37, 38]. The drug, if lipophilic, is also added to the organic
5 solvent to form a one-phase solution. The organic solvent is subsequently removed slowly
6 under vacuum to form thin sheets of lipid films in which the drug is uniformly dispersed. The
7 thin sheets of lipids are hydrated with an aqueous buffer phase above the glass transition
8 phase of the lipid. If the drug is hydrophilic, it should be dissolved in the aqueous buffer
9 solution. The resulting dispersion gives MLVs with particle size in the micrometer range. This
10 technique is more suitable for lipophilic drugs as a high entrapment efficiency (>90%) can be
11 obtained. For hydrophilic drugs, depending on the physicochemical properties, the
12 entrapment efficiency would routinely around 10-30 % by this passive process. Low
13 entrapment efficiency values have been reported for cytarabine, streptomycin sulphate,
14 chloramphenicol, oxytetracycline, and sulfamerazine [39, 40]. The entrapment efficiency can
15 be increased further for hydrophilic drugs by use of active loading technique. Active loading
16 technique involves transmembrane gradient (like pH or ionic) of unionized species to effect
17 higher entrapment of the drug. A classic example of the active loading technique being used
18 is in manufacture of doxorubicin liposomes. Liposomes are manufactured either by solvent
19 evaporation, solvent dispersion (**Section 2.1.2**) or reverse phase evaporation technique
20 (**Section 2.1.3**) using ammonium sulphate solution as the aqueous phase. The MLVs are
21 further manipulated for size (**Section 2.1.4**) using suitable technique followed by removal of
22 un-entrapped ammonium sulphate using dialysis/diafiltration. The pH of external phase is
23 adjusted (using dialysis/diafiltration) to 7.4 to create a transmembrane pH gradient and a
24 solution of doxorubicin hydrochloride is added that results in entrapment of high amounts of
25 doxorubicin in the aqueous core as precipitates of doxorubicin sulphate [41-43]. Hydrophilic
26 drugs that have been developed into liposomes with high entrapment efficiency using the
27 active loading technique are bupivacaine [44], kanamycin [45], ciprofloxacin [46], chloroquine
28 diphosphate [47], primaquine [48], topotecan [49, 50], and vincristine [51]. For a more
29 detailed theoretical basis readers can refer an excellent book chapter by Boris Čeh [52] and
30 for a more comprehensive preparation techniques for liposomes a review by Has and Sunthar
31 is recommended [53].

1 2.1.2. Solvent dispersion

2 In this technique the phospholipids are dissolved in an organic solvent that is often miscible
3 with water, ethanol being the preferred solvent [20, 54, 55]. A lipophilic drug would be
4 dissolved in the ethanolic solution together with the phospholipids (other water miscible
5 solvents could be used if the lipophilic drug is not soluble in ethanol). The ethanolic
6 phospholipid/drug solution is added to an aqueous buffer solution, which leads to dilution of
7 the ethanol into the water and thereby spontaneous formation of MLVs. The particle size
8 MLVs is in the micrometer range. This technique is most suited for lipophilic drugs, which can
9 yield high entrapment efficiency. For hydrophilic drugs the entrapment efficiency is normally
10 in the sub 20%. However, as described in **Section 2.1.1**, the entrapment efficiency can be
11 increased significantly reaching >90%.

12

13 2.1.3. Reverse phase evaporation

14 This technique is the most preferred techniques for loading a hydrophilic drug in liposomes.
15 For hydrophilic drugs, the internal aqueous core is the only region where the drug can be
16 loaded. Hence, a technique, that can entrap a large amount of aqueous core during formation
17 of liposome will yield a high entrapment efficiency and hence a high drug load. In the reverse
18 phase evaporation method, a w/o emulsion is prepared by dissolving the hydrophilic drug in
19 water and dissolving the phospholipid in water-immiscible solvent (usually chloroform). The
20 organic solvent is then slowly removed, under vacuum, and a gel phase is formed. Further
21 evaporation of the organic solvent yields liposomal dispersion with high entrapment of the
22 aqueous core in the internal core of liposomes. This technique can yield up to 30-50%
23 entrapment of a hydrophilic drug passively [56, 57] and can be increased to >90% using the
24 active loading technique described in **Section 2.1.1**. This technique is discussed extensively
25 by Szoka and Papahadjopoulos [35]. This method and is suited for making small volume
26 parenterals. However, its use on an industrial scale is limited due to the complex
27 manufacturing process.

28

29

1 2.1.4. Size manipulation

2 Both, solvent evaporation and solvent dispersion, produce MLVs which are in the micrometer
3 range. For drug delivery application, it is important to further reduce the particle size of these
4 liposomes in the submicron range, more specifically in the 50-200 nm, as the particle size of
5 liposomes has a huge impact on the pharmacokinetic and pharmacodynamic profile *in vivo*
6 and hence can have an impact on the therapeutic efficacy of the final formulation [58-60]. On
7 the laboratory scale, there are numerous techniques available that can reduce the particle
8 size of liposomes viz. sonication [8], freeze thaw [61], homogenization [62, 63], and extrusion
9 [64, 65]. All the techniques have their merits and demerits. Sonication is a rather fast
10 technique of reducing the particle size with a high amount of energy dissipated in a small
11 volume. During sonication there is generation of heat, which may lead to degradation of
12 phospholipids and heat labile drugs. Freeze thaw can also be used to convert the MLVs into
13 smaller vesicles as SUVs or LUVs, however, in many cases the it can only reduce the particle
14 size to a certain extent with a rather high particle size distribution, i.e. polydispersity index.
15 Homogenization can also be used for particle size reduction and is a batch process. Liposomes
16 are soft matters that can be reduced in particle size by application of a high-pressure
17 homogenizer. The liposomes obtained by high pressure homogenizer have a higher
18 polydispersity index (~0.2) compared to liposomes prepared using extrusion [66, 67] and at
19 high lipid loads (>100 mg/mL) the size reduction efficiency may also be reduced [63].
20 Extrusion of liposomes through a polycarbonate membrane can produce liposomes of a
21 defined pore size and acceptable PDI (≤ 0.1). The extrusion process is a laborious and time-
22 consuming process; however, it is the most acceptable and reproducible process for making
23 liposomes with known defined characteristics.

24

25 2.1.5. Final liposomal drug product

26 The final dosage form, for parenteral administration, of the liposomal drug product can vary
27 depending on the change in physical and chemical properties of liposomes over its storage. It
28 is important to bring the conversation around stability, earlier in the development, as it is
29 leaner to develop all the target product profile early during the development, rather than
30 doing it in late phase development. The factors that one should consider while determining

1 the final dosage form for liposomes apart from physical and chemical stability is the preferred
2 storage for the commercial product. It is a given that, room temperature storage is preferred
3 over a cold storage for logistical and economic reasons. More often than not the liposomal
4 dispersion stability at room temperature is a challenge and hence most of the marketed
5 products that are presented as a liquid dosage form are required to be stored between 2-8
6 °C. The particle size, drug loading, and chemical stability are the three important liposomal
7 critical to quality attributes that can get affected during storage of liposomal dispersion as a
8 liquid at room temperature. Another way, to improve the chemical and/or physical stability,
9 at room temperature, is by converting the liposomal dispersion into a dried powder/freeze
10 dried cake for reconstitution. Because of the reduced interaction of the drug product
11 components in the solid state as compared to the liquid state, there is a general trend towards
12 a better chemical and/or physical stability. However, it might not be always possible to have
13 dry liposomal powder for reconstitution due to various reasons. One reason being that often
14 the liposomes do not have the same particle size before and after reconstitution and for these
15 reasons freeze drying/spray drying of liposomes into powders/cake might not be always
16 possible. The second reason being that if the drug is not lipophilic, then it would be inside the
17 liposomal aqueous core and the process of spray drying/freeze drying can change the
18 entrapment efficiency of hydrophilic drugs and the amount of liposome entrapped drug will
19 change after reconstitution. This phenomenon also holds true for drugs which have been
20 loaded in the interior aqueous core of liposomes using active loading technique as in case of
21 doxorubicin loaded liposomes. Hence, in such scenarios, a liposomal dispersion as a liquid
22 that is stored between 2-8 °C is the preferred dosage form. Even, with a better chemical and
23 physical stability profile of a freeze dried/spray dried liposomal product at room temperature,
24 it might still be commercialized as a liquid dosage form to be stored at 2-8 °C. The reason
25 being, that, converting a liposomal dispersion from a liquid dosage form to a solid freeze-
26 dried cake or spray dried powder requires an additional step (along with other in process
27 quality control tests) in the liposome manufacturing under aseptic conditions. Hence, this
28 decision is more driven by the product needs, target product profile, target climatic zones of
29 the marketed product, and the organizational preference of having a cold chain storage or a
30 freeze drying/spray drying capability.

31

1 2.2. Industrial manufacturing and scale up considerations

2 Given that the majority of liposomal formulations are designed to improve drug delivery and
3 reduce off-target toxicity associated with the incorporated cytotoxic drug, the manufacturing
4 process employed must control liposomes' critical quality attributes. These includes particle
5 size (generally < 100 nm), high drug loading and retention (which can be achieved by including
6 high transition temperature lipids and cholesterol) and a near neutral surface charge and/or
7 PEGylation [68].

8 Despite several methods available for producing liposomes at laboratory scale, there
9 are only a few methods that are used for commercial manufacture that can deliver liposomes
10 with the required critical quality attributes. Of all the methods previously described, ethanol
11 injection followed by extrusion is the most commonly used method of manufacture of large-
12 scale parenteral liposomes. The reason is the reproducibility of liposome particle size and
13 polydispersity index compared to other small-scale manufacturing techniques and the
14 preference of using ethanol (Solvent diffusion) over chloroform (Solvent evaporation) [69].
15 The particle size and the associated polydispersity index has an influence on the
16 biodistribution and pharmacokinetics of liposomes and hence an impact on the efficacy of
17 liposomes [23]. Hence, a strict control on the particle size is needed, and this is why the
18 extrusion process is critical.

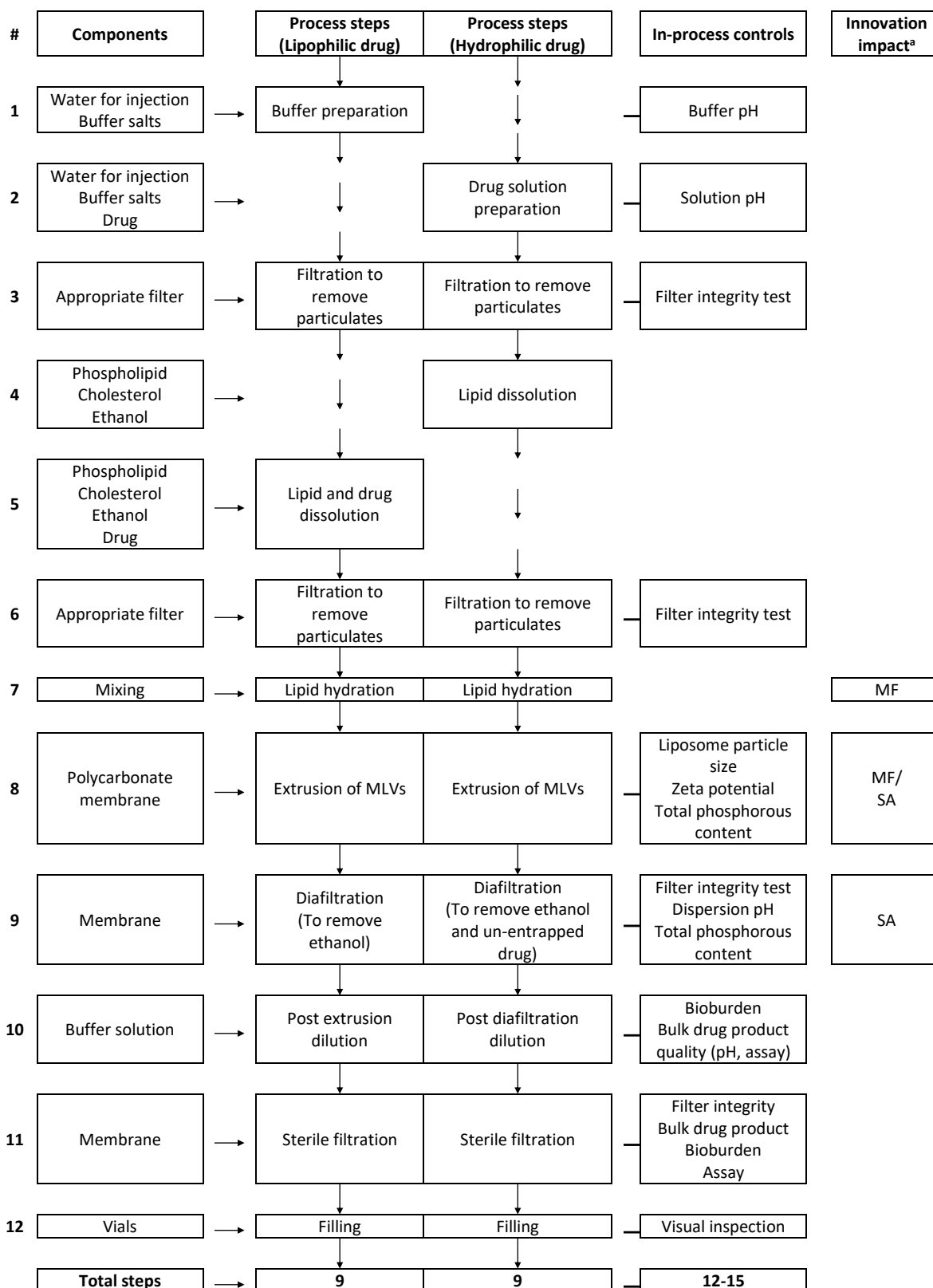
19 Large-scale manufacturing of liposomes is a long and laborious process and the
20 number of unit operations and associated tests are quite exhaustive (**Fig. 3**). A typical process
21 would involve; buffer preparation, filtration, phospholipid solution preparation, filtration,
22 lipid hydration, extrusion, diafiltration, dilution, sterile filtration, and finally filling. The
23 associated in-process controls for every step increases the complexity of the overall process.
24 A typical quality control would involve pH control at critical steps, filter integrity test, particle
25 size and zeta potential measurements, phospholipid content, bioburden testing bulk drug
26 product assay/pH/related substances, and visual inspection at critical steps. This is a basic
27 large-scale liposome manufacturing process that considers no other additional complexity
28 like active loading as in case of doxorubicin liposomes [70] or freeze drying at the end of
29 manufacturing [71, 72]. Every such step will add to this already complex manufacturing
30 process. If one looks at a typical large-scale manufacturing process of making liposomes (**Fig.**
31 **3**) using the ethanol injection method followed by extrusion process, for a model lipophilic or

1 hydrophilic drug, it involves approximately 9-unit operations. And further, the complexity is
2 increased as every unit operation requires an in-process quality control which makes it a long
3 and labour-intensive process.

4 Apart from the complex large-scale manufacturing of liposomes, there are numerous
5 critical to quality attributes of a liposomal drug product that requires careful consideration as
6 it can affect the end drug product during manufacturing, storage, or its clinical performance
7 **(Table 2)**.

8

9



1 Fig. 3. A typical large-scale liposomal manufacturing process.

^a MF is microfluidics technology and SA is self-assembled vesicular drug delivery systems. Innovation in liposome manufacturing is expected to impact these traditional liposomal manufacturing steps leading to, hopefully, a lean way of liposome production.

1 Table 2. Some critical to quality attributes of a liposomal drug product [1, 73-76].

Drug Product Quality Attributes	Rationale
Appearance	The appearance of liposomal product is affected by free drug and liposomal entrapped drug. The particle size and charge can also affect the appearance of the drug product. Regulatory expectations require appearance testing as a release criterion.
Identification of drug	Identification of the drug is required to ensure patient safety. Administering a drug product with a wrong drug may result in harm to the patient. Regulatory expectations require identification testing as a release criterion. Identification of drug is not affected by any process parameter.
Identification Cholesterol (if added)	Cholesterol prevents leakage of liposomes <i>in vivo</i> as it imparts rigidity of the liposomal membrane. Hence it is critical for the performance of the liposomal drug product <i>in vivo</i> . Identification of cholesterol is not affected by any process parameter.
Identification	Phospholipid is the basic ingredient of liposomes. Identification of phospholipid is not affected by any process parameter.
Assay of drug	In the treatment, adequate plasma levels of drug are essential for an effective engagement of the pharmacological target. In case a lower dose would be administered, the potential for lack of efficacy exists and the impact for the patient would be dependent on the time the patient is not getting the medication. In case of a higher dose, patient safety might be impacted. Regulatory expectations require assay testing as a release criterion.
Drug encapsulation	In some instances, free drug (drug that is not entrapped in liposomes) can show adverse/toxic effects <i>in vivo</i> and in such scenarios, it is important to define and test the drug encapsulation of the liposomal system.
Mean particle diameter	Mean particle diameter impacts the circulation properties of the liposomes. These have consequently an impact on patient safety.
Content uniformity	Content uniformity may impact the dose that the patient is receiving and therefore efficacy of the drug product.
Average pH	pH also impacts the stability of the lipids and hence the release of the drug from the liposomes. Deviating pH values may also cause irritation at the injection site.
Extractable volume	The volume filled in a vial should be such that a complete unit dose can be withdrawn in the clinical setting.
Average osmolality	Deviating osmolality may cause irritation at the injection site. Changes in average osmolality are considered an unlikely cause for irritation to occur.
<i>In Vitro</i> Release	To ascertain the <i>in vitro</i> release performance of the drug product and confirm a lack of uncontrolled leakages under a range of physiological conditions. This should be within the acceptable criteria.
Specific turbidity	Turbidity is controlled by concentration of the lipids and the size of the liposomes. It is linked with the particle size, however, might be more effective in capturing the impact of the bulk properties (including the presence of larger particles) compared to dynamic light scattering (particle size).
Total phosphorous	Total phosphorous is the sum of all the phospholipids. This impacts the liposome properties and drug encapsulation. Free drug, in some instances, can cause severe side effects.
Residual solvents	Residual solvents may cause leakage of drug out of the liposomes. Free drug can cause severe side effects.
Rabbit pyrogen dose	Pyrogens, if parenterally delivered, may lead to significant adverse events including death or multisystem organ failure.
Sterility	Parenteral drug application. Microbial contamination may lead to serious infections

1 2.3. Potential for innovation in large scale liposome manufacturing

2 Liposomes were first reported in 1960s, and the first liposomal approved product in the
3 market was approved in 1990. Since, then in US and Europe approximately a range of
4 products been approved which use vesicular system as the basis for drug delivery. It seems
5 that, despite the numerous advantages, academic research, and innumerable peer-reviewed
6 publications on liposomes, the total number of liposome/vesicular based products in the
7 highly regulated pharmaceutical space are scarce. Despite the many advantages of liposomes
8 as a versatile drug delivery system, one of the major roadblocks for their commercialization
9 is the difficulty to have a simpler method of making liposomes at laboratory scale as well as
10 commercial scale (as discussed in **Section 2.2**). The current preferred method of liposome
11 manufacture is the ethanol injection method followed by extrusion of the preformed vesicles.
12 The total number of unit operations using the present method of liposome manufacturing is
13 a barrier to a robust formulation and process development. The complexity is immense and
14 hence scale up and/or technology transfer becomes a challenge. Over the years, thousands
15 of research publications have reported different methods of making liposomes which
16 includes, but are not limited to, lipid film hydration, ethanol injection and detergent removal,
17 and a technique that can reduce the overall complexity of liposomes is something that has
18 kept the formulation scientists busy. A lean way of making liposomes will make this drug
19 delivery technology a more attractive prospect in development of new chemical entities as
20 the advantages it offers can make a druggable candidate more druggable and potent, and
21 eventually benefit the patients with reduced total drug load and associated side effects.

22 As shown in **Fig. 3**, there are numerous steps that are executed during liposome
23 manufacturing. From, an industrial viewpoint, lipid hydration; membrane extrusion; and
24 diafiltration steps are very energy and time intensive as it requires a lot of expertise and allied
25 in process controls. Any technology that can address this problem, either by elimination or
26 modification of the extrusion process can make this a more lean and robust process. The
27 nanoprecipitation/antisolvent technique (of which LeciPlex[®] is an example), in which the
28 phospholipids and a stabilizer dissolved in a bio-compatible solvent spontaneously forms sub-
29 micron vesicular system when exposed to aqueous environment. These are self-assembled
30 technologies that give a specific particle size and PDI for a given lipid and stabilizer
31 composition. This technology if optimized further could eliminate the extrusion and/or the

1 diafiltration step as the need for solvent removal is not needed and avoids altogether the use
2 of organic solvents. A different technology that can make liposomes by controlled
3 precipitation (as in microfluidics) with desired particle size. Microfluidics can eliminate the
4 need for lipid hydration and extrusion as the vesicles are formed and hydrated in the
5 microfluidic chamber itself eliminating the need for a separate extrusion step.

6

1 3. Regulatory overview of liposomes

2 The academical research in liposomes has been very extensive and continues to represent
3 an exciting field of science. Crommelin *et al.* [77] recently made an overview of commercial
4 liposomal drug product marketed in US in the EMA region and reported that 19 products
5 based upon liposome was approved for pharmaceutical purposes, of which 2 have been
6 discontinued, i.e. there is currently 17 marketed products in US and EMA region. Liposomes
7 is used mostly within oncology, but also for fungal infections, pain management, and as
8 carrier systems in vaccine products. Safety is one of the main drivers for the use of liposomes
9 in these cases [77].

10 Bangham *et al.* first described liposomes in 1961 [78], while the first pharmaceutical
11 product with a liposome-based formulation was approved in 1990, i.e. 30 years later. Doxil,
12 being the first stealth liposome, was approved in 1995, and of the 4 approved stealth
13 liposomes three contains doxorubicin, i.e. conventional liposomes seem to be the preferred
14 formulation strategy for liposomes. Six of the 19 products are freeze dried, hence most is
15 presented as an aqueous dispersion, while stability do not seem to be a general issue. Vyxeos
16 was the first and only liposomal drug product to contain two active compounds, an approach
17 that could be very interesting also for other compounds with synergistic effects.

18 Of the 19 products that are or have been approved by FDA and/or EMA four contained
19 doxorubicin and two bupivacaine and 3 was three had vaccines, see **Table 3**, while in total 12
20 small molecules (~70%) are included in a liposome drug product. Doxorubicin liposome
21 formulations is the only generic version approved by FDA/EMA. Worldwide there is a higher
22 amount of generic liposomal products containing doxorubicin or amphotericin B outside the
23 FDA/EMA regions, see **Table 4**. In total 10 and 5 generic liposomal product have been
24 registered for doxorubicin and amphotericin B, respectively. Generic versions of liposomes is
25 still a debated topic in the scientific literature [79, 80], despite the many approvals.

26 The molecules included in the liposomes had a mean molecular weight on 559 ± 271 g/mol
27 spanning from 243 to 1278 g/mol, so overall aligned with the molecular range for orally
28 administered compounds, though with a shift towards the higher molecular weight range
29 often seen for orally administered compounds [81]. The average log P of the compounds is
30 1.3 spanning from -3.2 to 5.5, the average melting point is 215 °C ranging from 108 to 255 °C,
31 i.e. compounds formulated in liposomes spans very widely on these two parameters. Hence,

- 1 the versatility of liposomes for drug molecules with varied physicochemical properties is also
- 2 validated by commercially approved products.

1 Table 3. List of commercial liposomal drug products approved in US and/or EMA region. Table modified based upon data from [77].

Product name	Active ingredient	Indication	year ^a	Lipids in formulation ^b	Liposome type	PSD	Finished product	MW (g/mol) ^c	Log P ^c	MP (°C) ^c	AS (mg/L) ^c
AmBisome	Amphotericin	Fungal infections	1990	HSPC:DSPG, chol 2: 0.8 : 1 M	Conventional	< 100 nm	Freeze dried	924.08	0.8	170	750
Doxil/ Caelyx	Doxorubicin	Breast neoplasms; multiple myeloma; ovarian neoplasms; Kaposi's sarcoma	1995	HSPC:chol:DSPE-PEG 56:39:5 M	Stealth	100 nm	Aqueous dispersion	543.52	1.3	229-231	Soluble
DaunoXome	Daunorubicin	Cancer advanced HIV- associated Kaposi's sarcoma	1996	DSPC: chol 2 : 1 M	Conventional	40–80 nm	Aqueous dispersion	527.52	1.8	208-209	39.2
DepoCyt	Cytarabine	Neoplastic meningitis	1999 ^d	DOPC:DPPG	Conventional	20 µm	Aqueous dispersion	243.22	-2.8	186-188	Freely soluble
Epaxal	Inactivated hepatitis A virus	Hepatitis A	1999	DOPC:DOPE 75:25M	Conventional	150 nm	Aqueous dispersion	na	na	na	na
Myocet	Doxorubicin	Breast neoplasms	2000	EPC:chol 55:45 M	Conventional	80-90 nm	Freeze dried	543.52	1.3	229-231	Soluble
Visudyne	Verteporfin	Sub foveal choroidal neovascularization	2000	EPG:DMPC 3:5 M	Conventional	18-104 nm	Freeze dried	718.79	2.1	No data	0.013
DepoDur	Morphine	Pain relief	2004 ^e	DOPC:DPPG	Conventional	17-23 µm	Aqueous dispersion	285.34	0.9	255	149

^a Year of first approval

^b Abbreviations used in table: chol: cholesterol; EPC: egg phosphatidylcholine; EPG: egg phosphatidylglycerol; DEPC: 1,2-dierucoylphosphatidylcholine; DOPC: dioleoylphosphatidylcholine; DOPE: dioleoyl-sn-glycero-phosphoethanolamine; DOPS: dioleoylphosphatidylserine; DPPC: dipalmitoyl phosphatidylcholine; DPPG: dipalmitoylphosphatidylcholine; DMPC: dimyristoylphosphatidylcholine; DSPC: distearoylphosphatidylcoline; DSPE-PEG: distearoylphosphatidylcholine polyethylene glycol; DSPG; distearoylphosphatidylglycerol; HSPC: hydrogenated soy bean phosphatidylcholine; SPH: sphingomyelin; PSD: Particle size distribution; MW: Molecular weight; MP: Melting point; AS: Aqueous solubility.

^c Data from <https://www.drugbank.ca/drugs/>

^d Product discontinued 2017

^e Product discontinued 2014

Marqibo	Vincristine	Philadelphia chromosome-negative acute lymphoblastic leukemia	2009	SPH:chol 6:4 M	Conventional	100 nm	Freeze dried	824.97	2.8	220	3 g/L
Mepact	Mifamurtide	Osteosarcoma	2009	DOPC:DOPS 3:7 M	Conventional	1-5 µm	Freeze dried	1277.52	5.5	No data	0.0013
Exparel	Bupivacaine	Anesthetic	2011	DEPC:DPPG:chol:tric aprylin	Conventional	24-31 µm	Aqueous dispersion	288.43	3.1	107-108	2400
Lipodox	Doxorubicin	Breast neoplasms	2013	HSPC:chol:DSPE-PEG 56:39:5 M	Stealth	100 nm	Aqueous dispersion	543.52	1.3	229-231	Soluble
Onivyde	Irinotecan	Metastatic Pancreatic Cancer SHARE	2015	DSPC:chol:DSPE-PEG 3:2:0.015	Stealth	110 nm	Aqueous dispersion	586.68	3.2	222-223	Soluble
Mosquirix	RTS, S antigen-based vaccine	Vaccination to help against malaria caused by the parasite Plasmodium falciparum	2015	DOPC:chol	Conventional	50-100 nm	Aqueous dispersion	na	na	na	na
Doxorubicin	Doxorubicin	Breast neoplasms	2017	HSPC:chol:DSPE-PEG	Stealth	100 nm	Aqueous dispersion	543.52	1.3	229-231	Soluble
Nocita	Bupivacaine	Anesthetic	2017	DEPC:DPPG:chol:tric aprylin	Conventional	25-31 µm	Aqueous dispersion	288.43	3.1	107-108	2400
Vyxeos	Daunorubicin Cytarabine	Acute myeloid leukemia	2017	DSPC:DSPG:chol 7:2:1	Conventional	107 nm	Freeze dried	527.52 243.22	1.8 -2.8	208-209 186-188	39.2 Freely soluble
Shingrix	Glycoprotein E based vaccine	vaccine for prevention of herpes zoster	2017	DOPC:chol	Conventional	50-100 nm	Aqueous dispersion	na	na	na	na
Arikayce	Amikacin	Mycobacterium avium complex lung disease	2018	DPPC:chol	Conventional	300 nm	Aqueous dispersion	585.60	-3.2	214	50000

1
2

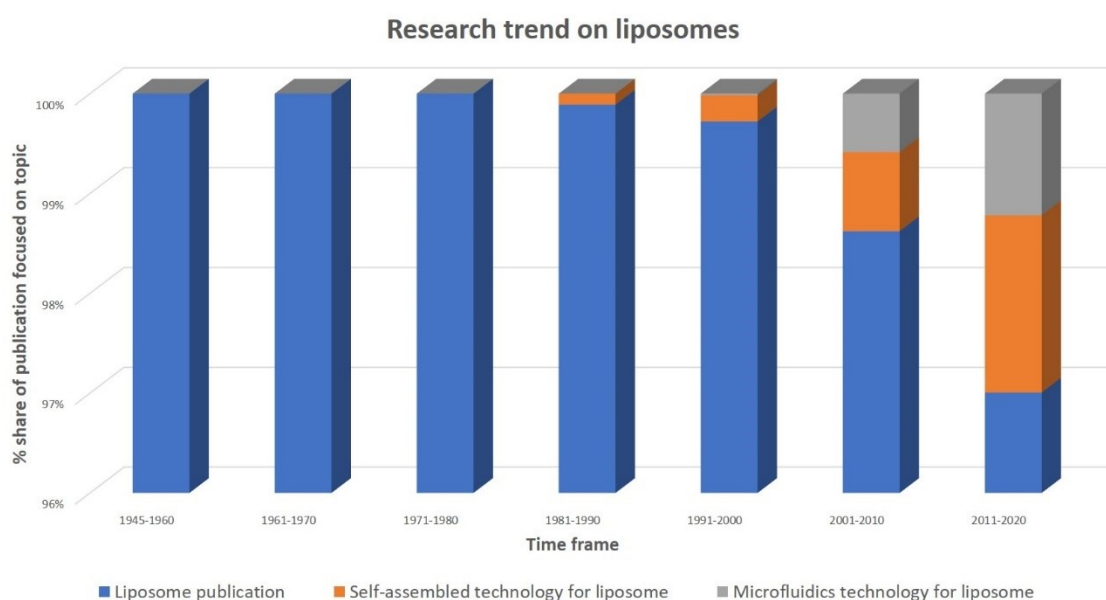
1 Table 4. Generic doxorubicin and amphotericin B liposomal products and their manufacturer.

Drug	Original product	Generic version	Manufacturer
Doxorubicin hydrochloride	Doxil®	Adropeg 20®	Axiommax Oncology Pvt. Ltd
		DOXOrubicin®	Dr. Reddy's
		Doxulip®	United Biotech
		i-dox®	Getwell
		Lipodox®	Sun Pharma
		Lippod™	Celon Labs
		Natdox-LP®	Natco Pharma Ltd.
		Pegadria 50®	Intas pharmaceutical Ltd.
		Rubilong™	Zuventus Healthcare Ltd.
		SinaDoxosome®	Exir Nano Sina Co
Amphotericin B	AmBisome®	Abhope®	Abbott
		Ambilip®	United Biotech
		Amflight™	Celon Labs
		Amphonex®	Bharat serums and vaccines Ltd.
		Phosome 10®	Cipla

2

1 4. Advances in scalable technologies for liposome fabrication

2 As discussed in **section 2.2 and section 2.3**, the current manufacturing of liposomes on a
3 large-scale is a challenge as it involves a multi-step multi-test process and that the innovation
4 in this space is much needed. Before, a technology gets explored at the large/commercial
5 scale, it is important to see what has been done in the academic or basic research space to
6 understand the potential solutions and potential pitfalls before larger scale considerations is
7 initiated. A search of self-assembled technology for liposomes and microfluidics for liposomes
8 on PubMed was conducted to understand the trend in the interest of the academia and basic
9 research around liposomes. As seen in **Fig. 4**, basic liposomes research still forms the core of
10 liposomes research (up to 96% publications are focused on basic/traditional liposomes).
11 However, if one looks at the remaining research on liposomes, there has been a steady and
12 increased interest in the non-traditional liposome manufacturing research, and in the last two
13 decades there has been a significant increase in this space. The published literature has
14 indeed focused on alternative ways of making liposomes. In the next sections, we discuss
15 about the liposomes manufacturing technologies that have the potential to simplify the large-
16 scale manufacturing of liposomes and how we can leverage from the literature.



17

18 *Fig. 4. Academic and basic research interest in lean liposome manufacturing technique over the years (Ordinate has been*
19 *adjusted to reflect the microtrend).*

20

1 4.1. Self-assembled vesicular drug delivery system

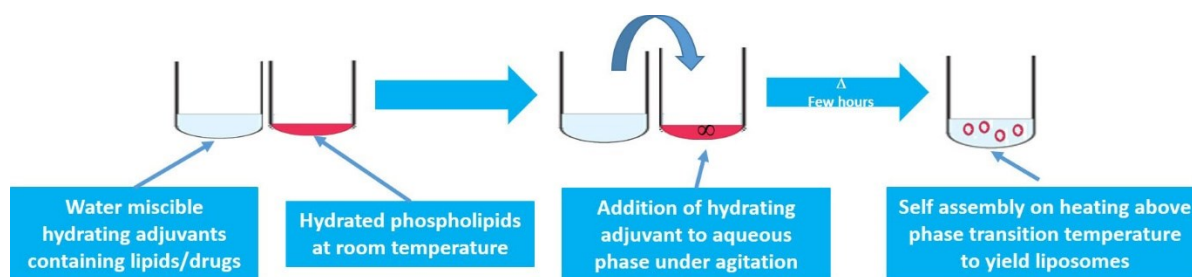
2 There have been several advancements in the manufacturing techniques of liposomes since
3 their advent in therapeutics. Conventional methods of liposome fabrication involve hydration
4 of a thin film of phospholipids (**Section 2.1.1. and Table 2**) with buffer/aqueous phase to
5 render self-assembly to form vesicular structures [78]. It is necessary that the hydration
6 occurs above the phase transition temperature above which lipids exist in fluid state for self-
7 assembly to take place. Other parameters include concentration of lipids, nature of lipids,
8 volume, type and ionic strength of buffer, temperature of hydration and curing, and agitation
9 time. This section deals with some recently reported novel approaches to render self-
10 assembly yielding vesicular structures.

11

12 4.1.1. Heating methods

13 Nkanga and Krause *et al.* have recently reported liposomes encapsulating cyclodextrin
14 complexes of isoniazid conjugated phthalocyanin prepared by solvent free, easy to scale up
15 heating method [82]. The method involves the use of ethylene glycol, propylene glycol, or
16 glycerol as hydrating adjuvant. Phospholipid and the cyclodextrin-drug complex were
17 hydrated for 60 mins at room temperature with water followed by addition of adjuvant and
18 further stirring for an hour at 70°C during which phospholipids self-assembled to form
19 liposomes encapsulating the complex. Authors reported 58-70% entrapment efficiency of the
20 cyclodextrin-drug complex in liposomes with a particle size of 150 – 650 nm. Entrapment
21 efficiency was observed to be independent of the hydrating adjuvant used. Authors, on the
22 contrary observed a greater entrapment (71%) when liposomes were prepared without the
23 hydrating adjuvant. Liposomes prepared by heating method without hydrating adjuvant
24 exhibited higher entrapment efficiency and also greater size as compared to liposomes
25 fabricated by film hydration method. Surfactant vesicles encapsulating alpha tocopherol have
26 also been recently reported by Basiri *et al.* employing a modification of the heating method
27 proposed by Mozaffari *et al.* [83, 84]. The procedure (**Fig. 5**) involved hydration of surfactants
28 by an aqueous phase at room temperature for 1 h followed by its addition to a preheated
29 (60°C, 5 min) mixture of tocopherol and glycerol. The mixture was further heated at 60°C with
30 stirring (approx.1000 rpm) for a period of 45–60 min under nitrogen atmosphere followed by

1 sonication as a size reduction step [83]. Authors prepared niosomes with different ratios of
2 Span 60, Tween 60, cholesterol, and dicetyl phosphate. They observed an increase in size with
3 decreasing hydrophilicity of lipid mixture. Around 80% tocopherol could be encapsulated in
4 the niosomes using higher ratios of Span 60: Tween 60 that increased the hydrophobicity of
5 the system. Incorporation of cholesterol to impart rigidity and dicetyl phosphate as charge
6 imparting agent was also thought to contribute to high entrapment. The method utilizes
7 principles of green chemistry, is amenable to scale up, and can be applied to encapsulate both
8 hydrophilic and lipophilic drugs.



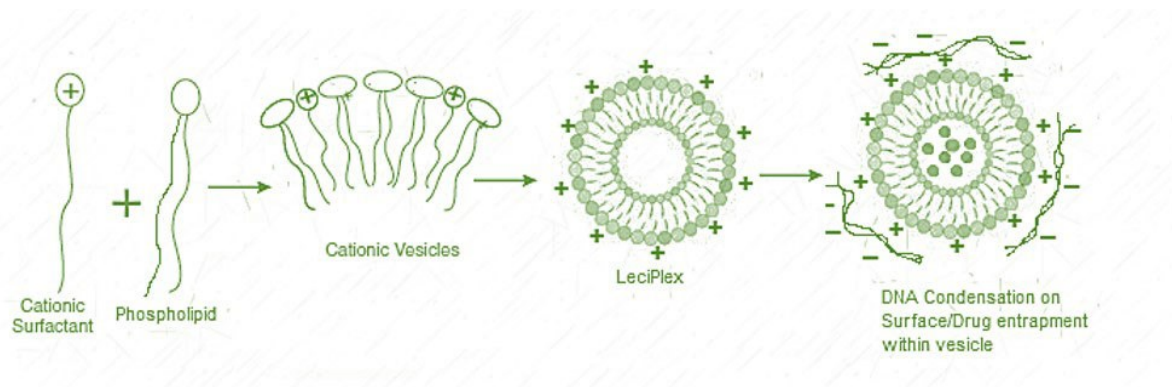
12 *Fig. 5. Schematic representation of heating process to fabricate liposomes.*

13 4.1.2. Nanoprecipitation and Ionic interaction

14 Recently, Nagarsenker *et al.* fabricated a vesicular system termed LeciPlex® (**Fig. 6**) on the
15 basis of charged interaction leading to enhanced thermodynamic stability using a single step
16 fabrication procedure amenable to scale up. The procedure, a form of solvent dispersion
17 method/anti-solvent method, (**Fig. 7**) involved dissolution of phospholipids in a
18 biocompatible solvent like transcutool HP, that also included a charge imparting agent. The
19 biocompatible solvent phase was heated above the phase transition temperature of the lipids
20 followed by hydration with an aqueous medium at the same temperature. The resultant
21 dispersion contained self-assembled vesicular structures (**Fig. 7**) in the nano range with
22 excellent shelf stability [85]. The system has successfully been explored for encapsulating
23 various drugs like azelaic acid [86], carvedilol [87], idebenone [86], nelfinavir mesylate [88],
24 quercetin [89, 90], silibinin [91], and spironolactone [92]. Authors have also explored various
25 biocompatible solvents such as transcutool, ethanol, glycofurol [93]. Further, depending on the
26 hydrophilicity of the cationic/charge imparting agent, the drug was solubilized either in
27 aqueous phase or organic phase. Authors have reported the system to be very versatile since
it has been explored to encapsulate small molecule drugs with molecular weight ranging from

1 300 Da to 600 Da and with log P value from -2 to 4. Authors have also reported studies with
2 encapsulation of genetic materials like DNA [85].

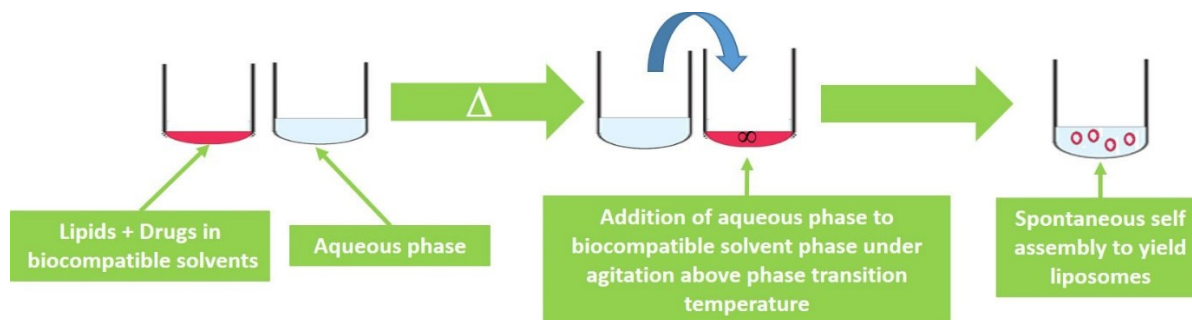
3



4

5 *Fig. 6. Schematic representation of LeciPlex® system depicting its possible applications in drug delivery systems.*

6



7

8 *Fig. 7. LeciPlex® fabrication using a single step scalable procedure.*

9

10 4.1.3. Solvent exchange

11 Buboltz *et al.* have devised a novel apparatus to fabricate liposomes based on rapid solvent
12 exchange [94]. The apparatus was made up of a tube containing buffer mounted on a vortexer
13 which on actuation formed the buffer into a cylindrical shell. A solution of lipids in an organic
14 solvent was injected under vacuum into an aqueous buffer so that vaporization of the solvent
15 began, along with some evaporative cooling. The vortexing buffer served as a heat reservoir,
16 transferring heat to the droplets to allow vaporization to proceed to completion [94]. Rieder
17 *et al.* have further optimized the protocol for DPPC MLVs by equipping the apparatus with
18 additional controls in regulating temperature, as well as pumping speed, and vortex velocity
19 [95]. Authors conclude that the mechanical forces during vortex mixing and evacuation
20 speeds have greatest effect on formation of liposomes. Rapid evaporation with high vortex
21 speeds resulted in formation of ULVs rather than MLVs. Authors inferred that rapid

1 evaporation resulted in rupture of lipid membranes, thereby, leading to formation of ULVs.
2 Furthermore, they also observed reducing the vortex speed from 2500 rpm to 600 rpm
3 resulted in formation of concave meniscus at the bottom instead of thin films on the surface.
4 This resulted in foaming which further reduced the evaporation rate leading to formation of
5 MLVs. The overall time for sample preparation was reported to be ~4 mins. Authors also
6 observed that reducing the amount of lipids and the ratio of organic solvent to water resulted
7 in formation of ULVs over MLVs. These factors were more significant contributors when
8 samples were prepared in buffers than water. Authors have explained the formation of ULVs
9 over MLVs on basis of microscopic instabilities present in aqueous phase during liposome
10 formation. These turbulences were thought to provide nucleation points for formation of lipid
11 vesicles where self-assembly takes place. Greater microturbulences resulted in more
12 nucleation points and hence amount of lipid present per unit point reduced resulting in
13 formation of ULVs over MLVs.

14

15 4.1.4. High Shear

16 Recently, Anderson *et al.* have patented a protocol to prepare liposomes using high shear
17 method [96, 97]. Briefly, the process involved dispersing dried powder of lipids in a suitable
18 buffer. Using an equipment that provides high shear, the dispersion was heated to a
19 temperature above the phase transition temperature. Initially a low shear was applied to
20 avoid foaming. After the phase transition temperature was reached, mixture was stirred at
21 high shear until a desired size distribution was reached which was followed by cooling to room
22 temperature. Authors reported an average size of liposomes to be 163.2 ± 0.493 nm with a
23 PDI of 0.258. The method has been patented for fabrication of immunogenic liposomes
24 containing vaccine adjuvants [96, 97]. Shen *et al.* have also studied the effect of high shear to
25 a surfactant solution containing MLVs to produce ULVs. They observed the surfactant system
26 without shearing to contain ULVs and MLVs with a size range of 300 – 500 nm.
27 Homogenization of the system at 200 bar resulted in conversion of MLVs to ULVs of the size
28 range of 50 – 75 nm. Authors, however, observed an increase in size of this ULVs over 9 days
29 of storage. Cryo-TEM images revealed the ULVs to be potato shaped rather than spherical in
30 nature. Authors attributed this observation to emulsification at high pressure which caused
31 ULVs to be in a unstable state leading to increase in size after storage in a bid to reach low
32 energy state [98].

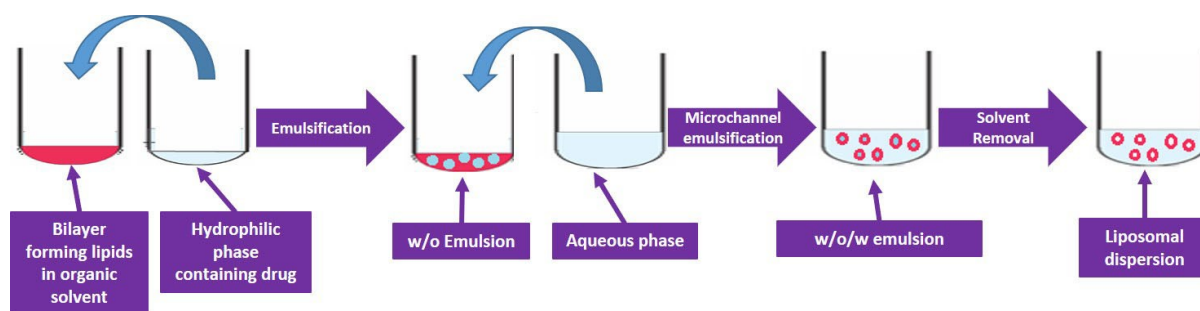
1 Wang *et al.* have reported glass beads to produce shear to reduce size of liposomes in
2 nanoscale as opposed to conventional methods, where glass beads were only used to
3 increase the surface area for film formation. The method comprised of dissolving lipids in
4 chloroform followed by solvent evaporation by rotary evaporation to yield a thin film to which
5 aqueous solution of drug was added along with glass beads followed by prolonged shaking to
6 yield vesicles [99, 100]. Wang *et.al* developed liposomes in nano range (60 to 550 nm) by
7 employing glass beads of different sizes to yield shear. The size of liposomes was observed to
8 increase with the increase in diameter of glass beads used during preparation. The smaller
9 glass beads (2 mm) possessed less density and therefore did not provide adequate shear
10 forces resulting in small fraction of large vesicles (800 nm) along with small sized vesicles (100
11 nm). Increasing the time of shear to 24 h, however resulted in further lowering of size (67 nm)
12 with good PDI. Further, use of large glass beads (5 mm) lead to formation of liposomes of
13 greater size with good PDI. With increased time of shear, a reduction in size of liposomes to
14 100 nm was observed. Authors reported 3 mm and 4 mm beads to produce liposomes of 100
15 nm size with 1 h of shearing, however PDI values remained high. The authors also observed 2
16 mm and 5 mm glass beads to yield best entrapment efficiencies of amphotericin B (Up to 92%)
17 [99].

18

19 4.1.5. Emulsification and solvent evaporation

20 Suzuki *et al.* have recently reported a multiple emulsification-solvent evaporation method to
21 prepare liposomes that can yield higher entrapment efficiency for hydrophilic moieties [101].
22 The process (**Fig. 8**) comprised of primary emulsification to formulate a water in-oil (w/o)
23 emulsion that contained the drug and a volatile organic solvent containing a mixture of
24 bilayer-forming lipids. This was followed by a secondary emulsification step to obtain w/o/w
25 emulsions effected by means of microchannel emulsification technique. The primary
26 emulsion was forced through channels in an aqueous phase to form the w/o/w emulsion
27 followed by evaporation of solvent to yield self-assembled lipid vesicles entrapping the
28 hydrophilic drug moieties. Authors reported the method to possess a wide control over
29 particle size range of vesicles with 0.2 μm to several micron size particles being obtained. The
30 size of the liposomes obtained was observed to be dependent upon the globule sizes of
31 primary emulsion and the technique used to effect emulsification. The mean diameters of
32 water droplets in the primary w/o emulsions was 0.2 μm with probe sonication, 1.2 μm with

1 an ultrasonic bath sonication, and 4.4 μm via extrusion through PTFE membrane. The vesicle
 2 size remained unchanged during the microchannel emulsification step and in the final drug
 3 product. The type of surfactant did not affect the size of vesicles. Authors therefore concluded
 4 size of the primary emulsion droplets to be a determinant of final vesicle diameters.
 5 Entrapment efficiency was observed to be a function of droplet size and type of surfactant. A
 6 larger w/o emulsion droplet size lead to a reduction in entrapment of drug. [101]. Kuroiwa *et*
 7 *al.* have employed similar technique to produce MLVs wherein the primary emulsion was
 8 obtained by sonication followed by multichannel emulsification to yield the double emulsion
 9 [102, 103]. Kuroiwa *et.al.* have also observed size of vesicles to be directly related to size of
 10 primary w/o emulsion droplets. To investigate the importance of secondary emulsification,
 11 vesicles without second emulsification step were fabricated. The final dispersion contained
 12 particles larger than 1 μm size with entrapment efficiencies as low as 55%. Using
 13 microchannel emulsification and sodium caseinate as emulsifier up to 82% entrapment of
 14 calcein was obtained. A high entrapment efficiency was observed with sodium caseinate as
 15 compared to Tween 80. The authors attributed these high entrapment values to
 16 microchannel emulsification technique which offers advantages of forming multiple emulsion
 17 droplets under low shear and without heating reducing the leakage of hydrophilic materials
 18 from internal aqueous compartment to external aqueous phase [103].



19
 20 *Fig. 8. Schematic representation of emulsification solvent evaporation method for entrapment of hydrophilic drugs.*

21

22 4.1.6. Packed bed-based reactors

23 Liu *et al.* have designed a rotating packed bed reactor for continuous manufacturing of
 24 liposomes [104]. The apparatus consisted of a rotor, a mesh packing, two liquid inlets, and a
 25 liquid outlet. High centrifugal force was created on the packing by the rotor. Solvent phase
 26 and aqueous phase were pumped into the reactor through the liquid inlets and sprayed on
 27 the inner edge of the rotor by using several holes in the liquid distributor at the centre of the

1 reactor. Liposomes were manufactured by injecting methanolic solution containing lipids and
2 aqueous phase into separate inlets of the reactor at increasing temperatures maintained by
3 circulating water in the jacket of the tanks. Liposome suspension was collected from the
4 reactor outlet and then dialyzed against PBS (pH at 7.4) to remove residual organic solvent.
5 Authors observed flow rate ratio (FRR) of solvent phase to aqueous phase to be one of major
6 factors determining particle size. The flow rate of organic solvent was maintained at 20
7 mL/min and aqueous phase flow rate was increased from 20 mL/min to 300 mL/min. An
8 increase in the FRR intensified the two-phase velocity difference, thereby, enhancing mass
9 transfer and nucleation leading to formation of small size liposomes. The high gravity level
10 (HGL), a parameter, calculated by the authors as a measure of centrifugal force generated by
11 the rotor was another critical process parameter affecting liposome size. Increasing HGL also
12 resulted in enhanced micromixing and greater mass transfer as the fluids were split into thin
13 streams and tinier droplets. The temperature did not seem to affect the size of the liposomes.
14 In contrast, a slight increase in the particle size was observed from 208 nm to 232 nm when
15 the temperature was increased from 20 °C to 50 °C. A further increase in temperature to 60
16 °C did not affect the particle size. The authors attributed this particle size increase to fusion
17 of liposomes at higher temperature. An increase in entrapment efficiency of sorafenib was
18 observed on increasing the temperature from 20 °C to 40 °C after which a decrease in
19 entrapment efficiency was observed when temperature reached 60 °C. Authors attributed
20 the reduction in entrapment efficiency to hydrolysis of phosphatidylcholine at higher
21 temperature thereby disrupting lipid bilayers and causing leakage of drug. Authors also report
22 a similar trend of FRR on entrapment efficiency. A lower FRR resulted in reduced contact
23 between the two phases with drug being retained in organic phase due to higher solubility
24 leading to low entrapment efficiency. An increase of FRR above an optimum value resulted in
25 decreased contact between lipids and drug resulting in low entrapment efficiency. Using
26 optimal conditions, authors could obtain liposomes with mean particle size of 200 nm and
27 entrapment efficiency of 89%. The authors also report an output of 33.6 kg/day of drug loaded
28 liposomes under optimum conditions thereby suggesting this technique to demonstrate high
29 potential for liposome production in large scale [104].

30
31
32

1 4.1.7. Gel assisted self-assembly

2 Weinberger *et al.* have devised a novel method of liposome formation in solid state assisted
3 using PVA [105]. Authors prepared a 5% (w/w) PVA solution and coated microscope coverslips
4 by spreading 100–300 μL of PVA solution onto it followed by oven drying. Lipids solubilized in
5 chloroform were spread on the dried PVA film and placed under vacuum for 30 min for
6 evaporation of the solvent. Buffer was placed in a Vitrex chamber formed on cover slip and
7 GUV formation was tracked using phase contrast microscopy. Authors have utilized the
8 fabrication method to encapsulate proteins in liposomes [105].

9

10 4.1.8. Spray drying and fluid bed drying

11 Conventional spray drying has been used by many researchers to prepare liposomal
12 dispersions. Maniyar *et al.* prepared liposomes using a onestep spray drying process as
13 previously reported in the literature [106]. Briefly, lipids were dissolved in methanol:
14 chloroform (1:1) solvent system to which drug was added and finally lactose was added as a
15 carrier to yield the dispersion for spray drying. The dispersion was then subjected to spray-
16 drying with the inlet and outlet temperatures set to 80 °C and 50 °C respectively and feed
17 rate of 5 mL/min. The spray flow rate was set to 1.5 kg/cm². Authors reported the liposomes
18 to be of 270 nm size with a PDI of 0.239 and an entrapment efficiency of 56.38% [106].

19 Gala *et al.* have reported a novel approach utilizing methods that are industrially
20 feasible such as fluid bed coating, high pressure homogenization, and freeze-drying [107].
21 Briefly, authors prepared pro-liposomes by spraying the ethanolic solution of
22 phosphatidylcholine onto sucrose particles in a fluid bed coater. Authors performed the
23 coating and drying at temperature as low as 30 °C to avoid lipid melting and thereby particle
24 agglomeration and to ensure proper spreading of wet phospholipid on the sucrose carrier
25 particles. The process was completed in two hours and yields was reported as high as 20%
26 w/w from the original weight of sucrose. The pro-liposomes were further hydrated for two
27 hours at 60 °C and freeze dried to yield the final product. Sucrose is thought to be
28 advantageous in its dual role which it plays as a carrier in the formulation of proliposomes
29 and as a cryoprotectant during freeze-drying. Pro-liposomes and liposomes generated after
30 hydration were nanosize which were further size reduced to the range of 70 – 125 nm using
31 high pressure homogenization and freeze dried. Authors report that the freeze-drying of the
32 nano-liposomes retained the size below 155 nm post reconstitution. An increase in

1 entrapment efficiency of beclomethasone dipropionate was also observed, probably, due to
2 an increased interaction between drug and lipids on removal of water. Presence of residual
3 ethanol was stated to cause interdigitations in liposome bilayers resulting in very poor
4 entrapment efficiencies and hence authors also suggest the drying time to be at least 2 hours
5 to evaporate all the ethanol [107].

6 Nirale and Nagarsenker have also explored the possibility of preparation of liposomes
7 by spray drying a methanolic solution containing phospholipids and lactose dissolved in it.
8 Spray dried powder on hydration with saline yielded giant vesicles of size ranging from 800
9 nm to 6 μm while hydration with saline yielded liposomes of mean size of 3 μm [108].

10

11 4.1.9. Solvent diffusion-based methods

12 Many researchers have attempted to advance the traditional solvent based method to render
13 it a single step process to yield the final product. In this regard, Costa *et al.* have reported a
14 modification of the conventional ethanol injection method [109]. The equipment consisted of
15 three pressurized tanks containing lipid solutions in ethanol, which were pumped under a
16 controlled rate to a static mixer, which ensured proper mixing of all lipids prior to it reaching
17 the injection port where the organic and aqueous streams converged. Authors reported flow
18 rate of 5 to 40 mL/min for organic phase and 60 to 400 mL/min for the aqueous phase. The
19 entire process was automated using computer algorithms where the user has to define final
20 lipid concentration and molar ratios of lipids. Liposomes that were formed were unilamellar,
21 monodispersed and possessed a size of ~ 25 nm to >465 nm depending on the lipid type and
22 flow rate [109]. Pulseless flow rates, Reynolds number of mixed ethanol/aqueous flow stream
23 and FVR were three parameters that determined the formation of jet and governed the PDI
24 of liposomes. Low FVR and low Reynolds number resulted in a stratified stream and limited
25 mixing leading to formation of polydisperse liposomes. High Reynolds number along with low
26 FVR lead to formation of weak jet thereby yielding polydisperse liposomes. Maintaining a high
27 FVR results in monodisperse liposomes, with size being governed by Reynolds number.
28 Further, the size was also observed to be more dependent on flow rate of aqueous phase
29 rather than lipid concentration.

30 Another novel inline method that integrates all processes involved in liposome
31 preparation has been developed by Araki *et al.* [110]. The equipment consists of the in-line

1 thermal mixing device with modified counterflow dialysis to yield in-line closed liposome
2 production system. The process comprised of dissolving lipids with aid of heat and drugs in
3 isopropanol followed by dilution with maltose and a sodium phosphate solution. This
4 dispersion was delivered to the in-line thermal mixing device. The solution during heating was
5 passed through 0.22 μm filter thereby achieving sterilization followed by cooling which
6 resulted in self-assembly of lipids to form liposomes. The heating and cooling temperatures
7 were set at 80 °C and 20 °C respectively. The dispersion was then subjected to a counterflow
8 dialysis against buffer solution to remove the organic solvent and concentrate the dispersion.
9 The liposomes were further freeze dried using polysorbate 80 as the cryo-protectant. Authors
10 obtained a monodisperse liposomal vesicles of 100 nm size using this process without an
11 additional homogenization step. Decreasing the amount of organic solvent was shown to
12 reduce the size of the liposomes due to increased hydrophobic interactions between
13 phospholipid molecules. Authors state that solubility of the lipids determines the amount of
14 organic solvent to be used which bears an influence on the size of the liposomes. Authors
15 reported the process to be scalable with a scale-up production that can be set up with a simple
16 parallel processing. Authors further reported that the process bears an aseptic production
17 capability which is amenable to complete automation without additional human intervention
18 [110].

19

20 4.1.10. Freeze drying.

21 Recently, Liu *et al.* have prepared liposome using a lyophilization monophasic solution
22 technique [111]. The technique as reported involves dissolving the lipids, drug, and
23 lyoprotectants in a TBA/water system followed by freeze-drying to yield the pro-liposomes.
24 On hydration, these give the liposomal dispersion. This method is a one-step process and is
25 amenable for large-scale liposome preparation. Using this technique, Liu *et al.* prepared
26 liposomes encapsulating glycyrrhetic acid. Briefly, authors dissolved drug and lipids in TBA
27 at 45 °C, and lyoprotectant was dissolved in 45 °C water. When mixed at appropriate ratios,
28 these two solutions produced a third clear isotropic monophasic solution. This solution was
29 sterilized by filtration and lyophilized. Prefreezing was performed for 12 h at – 40 °C followed
30 by primary drying at temperature of – 50 °C for 24 h with a chamber pressure of 1–20 Pa.
31 Authors report the entrapment efficiency and particle size of the reconstituted liposome to
32 be 72.82% and 198 nm respectively. The dispersion was stable for 6 months at 25 °C. Authors

1 observed that entrapment efficiency was affected by amount of phosphatidylcholine, amount
2 of cholesterol, and volume percentage of TBA; while particle size was observed to be more
3 dependent on volume percentage of TBA. Further, sublimation rate during lyophilisation was
4 observed to increase with increasing volume percentage of TBA [111].

5

6 4.1.11. Supercritical fluid techniques

7 Recently, researchers have also employed supercritical fluids to assist in liposome preparation
8 [112]. The process is called as Supercritical assisted Liposome formation (SuperLip) [113].
9 Lipids were dissolved in ethanol which were then mixed with pure carbon dioxide in a
10 saturator to obtain an expanded fluid. The saturator was filled with baffles, maintained under
11 high pressure and thermally heated by thin bands to produce the supercritical fluid. The
12 mixture was fed to a high-pressure formation vessel to which an aqueous solution in an
13 atomized form containing the drug was also introduced. The working temperature of the
14 saturator and the formation vessel was set to 40 °C and pressure to 100 bar. The liposome
15 suspension was recovered from the bottom of the vessel; a decompression step was used to
16 separate carbon dioxide and ethanol using a stainless-steel separator which was maintained
17 at 30 °C and 10 bar. The technique has been explored to encapsulate hydrophilic drugs like
18 theophylline where up to 98% entrapment efficiency has been reported. Multilamellar
19 liposomes of ~200 nm size with >90% entrapment efficiencies for lipophilic drugs have been
20 reported by this technique. The encapsulation efficiency was observed to depend on flow rate
21 of the aqueous solution with reduced flow rates resulting in higher values of entrapment.
22 Higher flow rates of aqueous phase caused greater velocity of droplets after atomization, and
23 thereby, impacted the disruption of the droplets on the receiving container at the bottom.
24 This resulted in lower entrapment efficiencies of theophylline. Lower flow rates in contrast
25 produced bigger droplets resulting in dispersion with smaller mean size but larger size
26 distribution. Trucillo *et al.* have also investigated this technique to prepare liposomes with
27 three antioxidants, Farnesol, Linalool, and limonene [114]. Lipid soluble antioxidants were
28 loaded in a stabilized emulsion which was atomized and introduced in the formation vessel
29 containing the ternary mixture viz. CO₂/ethanol/Lipids to obtain the formation of liposomes.
30 Farnesol, linalool, and limonene were the anti-oxidants investigated for encapsulation. Two
31 approaches were used for encapsulating these molecules in liposomes. In the first approach,
32 the lipids along with anti-oxidants were dissolved in ethanol while in second approach, lipid

1 soluble antioxidants were dissolved in isopropyl myristate and loaded in a stabilized emulsion.
2 The aqueous phase/emulsion phase was atomized and introduced in the formation vessel
3 containing the ternary mixture viz. CO₂/ethanol/Lipids to obtain the formation of liposomes.
4 Authors attribute various parameters such as atomization in a high-pressure environment,
5 turbulent shear forces, and viscosity of the medium to affect liposome formation and the size.
6 Authors report liposomes to be smooth, homogenous with a size range of 300 – 600 nm and
7 entrapment efficiency of >90% prepared using this technique [114]. **Table 5** list array of/
8 number of all the techniques that involve self-assembly of liposomes.

1 Table 5. Comparison of different methods based on self-assembly with respect to manufacturing and scalability.

Method	Process Parameters to be controlled	Size Range	Drug type	Liposome type	Scalability	Comments
Conventional Thin film hydration	<ul style="list-style-type: none"> Hydration time Hydration temperature Sonication time. 	>1 μm	Lipophilic	GUVs	Presently used commercially	<ul style="list-style-type: none"> Multi step process. Homogenization/Extrusion is required post fabrication for size reduction Sterilization operation post fabrication/aseptic processing is required. Can be “tens of” to “hundreds of” litres on large scale
Conventional Ethanol injection	<ul style="list-style-type: none"> Rate of injection Volume of solvent/aqueous phase Agitation rate 	>100 nm [54]	Lipophilic & hydrophilic [20]	SUVs, MLVs	Presently used commercially	<ul style="list-style-type: none"> Pilot plant scale design using this method has been reported with liposomes [54]. Removal of ethanol using rotary evaporator is an added step. Up to 3L batch has been prepared [54]. Can be “tens of” to “hundreds of” litres on large scale
Heating methods	<ul style="list-style-type: none"> Temperature Time of hydration and self-assembly 	>1 μm	Lipophilic	GUVs	+++	<ul style="list-style-type: none"> Multiple step process. Size reduction is needed post fabrication to attain desired size.
Nanoprecipitation	<ul style="list-style-type: none"> Volume of aqueous and organic phase Agitation rate and time Rate of addition Temperature of operation 	200 to 500 nm [85]	Lipophilic	GUVs, OLVs	+++++	<ul style="list-style-type: none"> Simple fabrication procedure. Use of biocompatible solvent is an advantage Size reduction operation may be required subsequently Sterilization operation post fabrication/aseptic processing is required.
Solvent exchange method	<ul style="list-style-type: none"> Temperature and pressure during operation Pumping and vortexing speed Volume of solvent 	>1 μm	Lipophilic	MLVs	+	<ul style="list-style-type: none"> Rapid process Polydispersity of product is high. Size reduction techniques are needed post fabrication to attain desired size.
High Shear method	<ul style="list-style-type: none"> Temperature Time of heating Shear force (e.g. speed of rotor) 	~200 nm (good PDI) [98]	Charged drugs	SUVs	+++++	<ul style="list-style-type: none"> Simple easy to scale up technique Avoids use of organic solvents.
Emulsification evaporation	<ul style="list-style-type: none"> Homogenization technique to prepare primary emulsion Microchannel emulsification equipment dimensions 	>1 μm	Lipophilic & hydrophilic	MLVs, GUVs [71]	+++	<ul style="list-style-type: none"> Multi step process. Leakage of hydrophilic drug during fabrication may result in less entrapment. Size reduction/sterilization operation is required post fabrication.

	<ul style="list-style-type: none"> Flow rates of primary emulsion and aqueous phase to yield secondary emulsion 					
Packed Bed Reactors using high gravity technology	<ul style="list-style-type: none"> Flow rate of aqueous and organic phases Temperature Type of packing Rotational speed of the reactor 	~100 nm (good PDI) [115]	Lipophilic	SUVs	+++	<ul style="list-style-type: none"> Reduced number of unit operations Provides liposomes of desired size Removal of residual solvent is necessary before further processing.
Gel assisted methods	<ul style="list-style-type: none"> Surface of gel formed Temperature set during process 	>1 µm [105]	gene/peptide /monoclonal antibodies?	GUVs	+	<ul style="list-style-type: none"> Easy process yields rapid formation of GUVs without need for special equipment Scale up may be challenging
Spray drying/Fluid bed coating	<ul style="list-style-type: none"> Inlet and outlet temperature Spray flow rate 	100 nm to >1 µm [106-108]	Lipophilic	MLVs	+++	<ul style="list-style-type: none"> Process yields pro-liposomes; Yields are however low.
Freeze drying	<ul style="list-style-type: none"> Pre-freezing time and temperature Primary drying conditions Secondary drying conditions 	~200 nm (good PDI) [111]	Lipophilic	SUVs	+++	<ul style="list-style-type: none"> Pre-filtration of solution followed by lyophilisation can result in sterile final product with reduced operations.
Modified solvent-based methods	<ul style="list-style-type: none"> Feed rates of organic and aqueous phase Temperature during operation. 	50 to 500 nm [109, 110]	Lipophilic	SUVs	+++++	<ul style="list-style-type: none"> Process has a smaller number of unit operations to yield desired liposomal size Ease of sterilization is advantage. Removal of residual solvents is necessary from final product. Up to 4L batches have been attempted [110].
Supercritical fluid assisted fabrication	<ul style="list-style-type: none"> Temperature and Pressure of formation cell and separator chambers Feed rates of carbon dioxide and aqueous solutions Dimensions of nozzle to produce atomization. 	100 to 200 nm (good PDI) [114]	Lipophilic & hydrophilic	MLVs	+++	<ul style="list-style-type: none"> Process can be used to encapsulate hydrophilic and lipophilic drugs Process has a smaller number of unit operations but is complex as compared to other techniques Sterilization may be achieved by pre-filtration of solutions.

1 4.2. Microfluidics

2 The application of microfluidics for the manufacture of liposomes has gained considerable
3 academic interest over recent years, as shown in **Fig. 4**. Microfluidics offers the ability to
4 consistently produce optimised, uniform nanoparticles [116]. The production can be scale-
5 independent [117], allowing translation of formulations from laboratory to GMP [118],
6 addressing many of the limitations of traditional bulk production methods. In liposome
7 production, microfluidics can replace the lipid hydration and extrusion steps during liposome
8 production and replace it with a single-step process for liposome production where particle
9 size is process controlled (**Fig. 3**). The ability to achieve this is related to the process offering
10 the miniaturisation of the fluidic mixing environment; by using intersecting microchannels,
11 nanolitre volumes of fluids are mixed in a highly controlled format [119, 120]. A key feature
12 of many of the microfluidics systems is the generation of laminar flow, which is challenging to
13 produce in macroscale systems. Using laminar flow, nanoprecipitation can be easily
14 controlled. Single phase mixing systems are the most commonly adopted due to process
15 simplicity. These systems control the mixing of two or more miscible solvents (commonly an
16 aqueous phase mixed with a water miscible alcohol such as methanol, ethanol or
17 isopropanol). During the mixing, the change in polarity promotes nanoprecipitation and the
18 formation of liposomes [121] (**Fig. 9**). This process can also be referred to an 'anti-solvent
19 approach' [122]. A hypothesis for self-assembly of liposomes resulting from this process was
20 proposed by Zook and Vreeland [123]. Within their model, as the alcohol and aqueous phase
21 mix, the polarity of the mixture increases. With this increase in polarity, the lipids become
22 progressively less soluble and the lipid monomers self-associate into planar bilayer discs. As
23 these discs increase in size, this increases the surface area of the hydrophobic chains around
24 the edge of the discs that is in contact with the polar solvent. To reduce this hydrophobic
25 surface area, the discs bend and form spherical liposomes [123]. By incorporating water
26 soluble drugs in the aqueous phase and/or lipid soluble drugs in the solvent phase the drug
27 can be simultaneously incorporated into the liposomes. Using this method, the ability to
28 entrap small molecules [124, 125], nucleic acids, [126] and proteins [17] within liposomes
29 have been demonstrated. Further, it has been demonstrated that the method is a scale-
30 independent production of liposomal adjuvants [15, 127, 128].

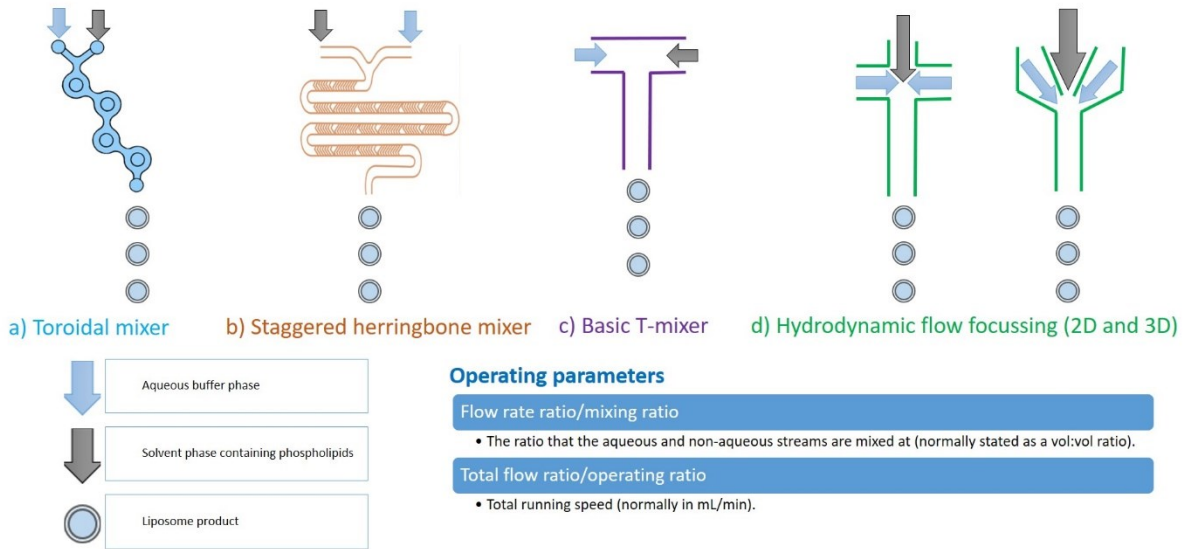
31

1 4.2.1. Microfluidic cartridge design

2 Fluid flow can occur in two different ways: laminar flow or turbulent flow. The type of flow
3 produced depends on the velocity and viscosity of the fluid and mixing in macroscopic flow is
4 generally turbulent [129]. However, microflows are more commonly laminar, and mixing
5 under standard conditions involves molecular diffusion processes only, which is inefficient
6 [129-131]. Therefore, to address this and enhance mixing efficiency, micromixers have been
7 optimised with regard to channel geometry and architecture such that effective mixing can
8 be achieved within short mixing channels and with high throughput [132]. Indeed, a key factor
9 in the formation of liposomes using microfluidics is the residence time within the mixing
10 chamber as well as the geometry of the microfluidic mixer as this controls the rate of
11 nanoprecipitation and vesicle formation.

12 A wide range of micromixers have been developed and tested for liposome
13 production, including toroidal mixers, staggered herringbone mixers, T-mixers and
14 hydrodynamic flow focusing (See **Fig. 9** and **Table 6**). For example, hydrodynamic flow
15 focusing can be achieved in 2D or 3D. With the 2D device, fluid is injected concurrently
16 through three inlets. A central stream of a water-miscible solvent containing lipids is focused
17 horizontally by aqueous fluid streams introduced perpendicular to the central stream [133,
18 134]. With this system, lipid aggregation and liposome formation can occur at the wall of the
19 microfluidic channel [134]. This can present issues in particle size control and micromixer
20 fouling/blocking [133, 135]. To address this, 3D hydrodynamic flow focus mixing has been
21 developed. Within this system, the alcohol solvent stream is introduced by a capillary
22 surrounded by the aqueous stream. This avoids aggregation of the nanoparticle components
23 at the walls of the mixer [134, 136]. Hood *et al.*, demonstrated the use of hydrodynamic flow
24 focusing to produce liposomes and within their microfluidic cartridge they also included
25 microdialysis for buffer exchange and establishment of a pH gradient which supported drug
26 loading of doxorubicin to give complete on-chip production [137].

Few types of microfluidic mixers



1
2
3
4
5
6

Fig. 9. Schematic representations of example micromixer cartridge designs that can be used. A) a toroidal mixer with planar geometry employing centrifugal forces to encourage uniform mixing, b) the staggered herringbone micromixer with embossed chevrons, c) a basic T-mixer with two inlets where fluids are forced into a T junction and d) hydrodynamic flow focussing with three inlets where a central stream of solvent is focused by aqueous fluid streams either in 2D or 3D.

1 *Table 6. Examples of microfluidic mixers used to produce liposomes. Table modified based upon data from [117].*

Microfluidic architecture	Formulation ^a	Entrapped material	Loading	Particle size	Reference
Toroidal mixer	DSPC:Chol	OVA	26 - 36 %	50-60	[117]
	DSPC:Chol:PS	OVA	15 – 25 %	100-120	
	DOPE:DOTAP	PolyA	95 – 100 %	40-60	
Staggered herringbone mixer	POPC:cholesterol	Doxorubicin	60 to 100 % depending on formulation	20 – 30	[138]
	DLinkE2-DMA:DSPC:Chol:PEG-DMA	si-RNA	95 – 100 %	30 - 55	[139]
	DSPC:Chol	Metformin and Glipizide	20 – 25 % 38 – 44 %	50 - 60	[124]
	DMPC:Chol / DSPC:Chol	Atenolol and quinine	100% 50 – 80 %	200 – 360	[140]
	Tween85:Chol:DDA	siRNA	Not determined	70 – 230	[141]
	ATX:DSPC:Chol:DMG-PEG:PEG2000	si-RNA	Not determined	40 – 50	[142]
T-mixer	Triolein:POPC:DSPE-PEG2000	Iron oxide	0.43 w/w	35 - 140	[143]
Hydrodynamic flow focussing	DMPC:Chol:DPPE-PEG2000	Doxorubicin	Up to 72%	80 - 190	[137]

2
3 To increase the efficiency of mixing, the contact area between the aqueous and
4 solvent phases can be increased through appropriate microchannel configuration [132].
5 Passive mixers, such as the staggered herringbone mixer, have been developed to achieve
6 this and have been used to manufacture a range of liposome formulations (**Table 6**). The
7 staggered herringbone design has an in-groove pattern in the microchannel with an
8 asymmetric herringbone shape [144, 145]. As a result of this structure, the fluid streams are
9 passed over a series of protruding herringbone structures causing chaotic flow. This creates
10 transverse vortices that are repeatedly changed because of the asymmetric geometry [146].
11 This micromixer construct can be used to produce size-controlled liposomes with their size
12 being tightly defined by process parameters [138]. However, the complex structure of this
13 micromixer present practical limitations in terms of fabrication costs, and throughput speeds
14 [117]. To address this, an alternative design based on a toroidal mixer design has been
15 developed. This micromixer promotes laminar flow at high fluid speeds by using circular

^a Abbreviations. DSPC: 1,2-distearoyl-sn-glycero-3-phosphocholine; Chol: Cholesterol; PS: phosphatidylserine; DOPE: 1,2-dioleoyl-sn-glycerol-3-phosphoethanolamine; DOTAP: 1,2-dioleoyl-3-trimethylammonium-propane; POPC: 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine; DLinkE2-DMA and ATX: proprietary lipids; PEG-DMA: N-[(methoxy poly(ethylene glycol)2000)carbonyl]-1,2-dimyristoylpropyl-3-amine; DMPC: 1,2-dimyristoyl-sn-glycero-3-phosphocholine; DMG-PEG2000: 1,2-Dimyristoyl-sn-glycerol, methoxypolyethylene glycol-2000; DSPE-PEG: 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[methoxy-(polyethylene glycol)-2000]; DPPE-PEG2000: 1,2-Dimyristoyl-sn-glycerol methoxypolyethylene glycol -200.

1 structures within the flow path. This induces chaotic advection through increasing the
2 number of vortices and centrifugal forces created between the columns within the cartridge,
3 allowing for improved mixing and higher throughput [131]. Using this new toroidal
4 micromixer design, the production of liposomes from laboratory-scale to GMP scale was
5 demonstrated [117].

6 In addition to reduced complexity and time for manufacture, the use of microfluidics
7 offers further advantages. For example, size-tuned production of liposomes (from 40 to 500
8 nm depending on the formulation and process parameters e.g. [17, 138, 148]) with low
9 polydispersity (often below <0.1 PDI) can be achieved through the control of process
10 parameters. The use of microfluidics has also been shown to promotes higher loading within
11 liposomes compared to other commonly used methods; for example, a forty-fold increase in
12 iron oxide loading was achieved using a T mixer compared to other methods [143]. A five to
13 ten-fold increase in protein loading was also achieved when microfluidics was adopted as the
14 manufacturing process compared to liposomes produced by lipid hydration and sonication or
15 extrusion [17]. This was achieved with small homogenous (50 – 60 nm; <0.2 PDI) liposome
16 formulations that could be scaled from bench scale to GMP production rates [117]. An
17 additional advantage of this microfluidic production method is that it can be conducted at
18 ambient temperture negating the need to work above lipid transition temperatures, as is
19 normally needed for lipid hydration based methods [17]. In the case of complexation of
20 nucleic acids within lipid nanoparticles, whilst loading is generally 100% irrespective of the
21 production method used, microfluidics offers controlled complexation and size tuned
22 production (e.g. [139]). With liposomes where high drug loading is achieved using active
23 loading (e.g. doxorubicin loading), microfluidics offer the opportunity to support liposomal
24 drug formulations in a reduced time, with minimal reagent waste [137].

25

26 4.2.2. Microfluidic material and production parameter considerations

27 During the production process, the focus is on optimising the key driving forces of vesicle
28 assembly including the component solubilities, concentrations and process parameters. As
29 with the other manufacturing methods discussed, the selected process parameters can
30 impact on the end product attributes which includes size, size distribution, lipid composition,
31 and drug loading/release characteristics (**Table 7**).

1 *Table 7. Material and process considerations to consider in microfluidic production of liposomes and LNPs.*

Considerations when developing microfluidic production processes			
Materials considerations		Process parameters	
a) Buffer	Aqueous buffer strength; buffer strength can be used to control particle size [128]	a) Production flow rates	Flow rate can be used to control particle size [140]
b) Solvent selection	<ul style="list-style-type: none"> a. Suitability for large scale production [69]. b. Lipid(s) solubility; lipid concentration can also impact on particle size and drug loading [124]. c. Solvent polarity; polarity can impact on particle size and drug loading [147]. 	b) Aqueous to alcohol mixing ratio	Mixing ratio can be used to control particle size. Mixing ratio can also impact on drug loading and drug release [17, 138, 148, 149]
		c) Operating temperature	<ul style="list-style-type: none"> a. Microfluidic production of liposomes does not need to be conducted above the transition temperature of lipids [17] b. Heat can improve lipid solubility in solvents [150]

2

3

1 4.2.2.1. Aqueous buffer selection

2 When considering the initial fluid attributes, the choice of aqueous phase, alcohol phase and
3 lipid concentration all impact on the liposome product attributes. For example, recent work
4 [128] has shown that by controlling the aqueous buffer concentration, the particle size of
5 cationic and anionic liposomes could be controlled. Through controlling the buffer
6 concentration of Tris in the aqueous phase, highly monodisperse, cationic liposomes at
7 selected size between 40 nm and 500 nm were produced. *In vivo* biodistribution studies in
8 mice also showed that by using this method to creating small (<50 nm) liposomes, the
9 clearance rates of these liposomes from the injection site was increased and increased
10 accumulation to the draining lymphatics promoted.

11

12 4.2.2.2. Alcohol solvent selection

13 The alcohol selection in the production process is a key factor to consider as the suitability for
14 scale-up manufacturing and the solubility of the selected lipids in the solvent must be
15 considered. Working with solvents that have low toxicity potential and defined as class 3 in
16 the ICH Q3C (R6) [69] (e.g. ethanol and IPA) is preferable followed by those in class 2 (e.g.
17 methanol). However, the choice of solvent can have an impact upon liposome attributes
18 [147]. Results show that in general, reducing the polarity of the solvent (e.g. by replacing
19 methanol with isopropanol) increased the liposome particle size and reduced drug loading.
20 However, the choice of solvent did not impact on liposome short-term stability or drug release
21 characteristics. By using solvent combinations such as methanol/isopropanol mixtures to
22 modify solvent polarity, the resultant liposome particle size was also similarly modified.
23 However, not all liposome formulations were sensitive to the impact of solvent choice;
24 liposomes containing charged lipids and formulations containing increased concentrations of
25 cholesterol or pegylated-lipids were less sensitive to solvent choice [147]. In the proposed
26 model of liposome self-assembly during microfluidics [123], vesicle size is determined by two
27 factors: the growth rate of planar bilayer discs and 2) the rate the discs close into spherical
28 vesicles. As the alcohol and buffer mix, polarity of the mixture increases and lipid discs form.
29 Thus, depending on the polarity of the alcohol adopted, the overall polarity of the mixture
30 running through the micromixer can be reduced. Thus, if the solvent is switched from
31 methanol to isopropanol, this may result in larger lipid discs forming (**Fig. 9**) and subsequently
32 larger liposomes form. In terms of lipid concentration, some studies suggest that low initial

1 lipid concentrations tend to promote larger and more heterogeneous liposome suspensions
2 and generally, at higher initial lipid concentrations there is no impact (e.g. [17, 127]).
3 However, the relationship between lipid concentration and particle size is not clear and it
4 maybe formulation and microfluidic cartridge design dependent. For example, in studies
5 using single hydrodynamic focusing, increasing lipid concentrations increased particle size
6 [151, 152]. This trend was also shown with the production of LNPs using a chaotic mixer [153].
7 Within this study [153], that authors note the size of lipid discs formed (and the subsequent
8 size of vesicles) is controlled by the rate of mixing, which controls the ethanol concentration
9 and mixture polarity. With a more rapid reduction in ethanol concentration, smaller vesicles
10 formed [153]. The authors also propose that at high lipid concentrations, larger lipid discs
11 form at the saline-ethanol interface promoting larger LNP formation [153].

12

13 4.2.2.3. Process parameters – aqueous to alcohol mixing ratio

14 Like the impact of solvent selection, the rate of mixing of the aqueous and alcohol during the
15 production of liposomes impacts on liposome attributes. Generally, low mixing ratios tend to
16 form larger vesicles; for example studies by Kastner *et al.* using liposomal formulation
17 DOPE:DOTAP and PC:Chol on a staggered herringbone micromixer chip demonstrated a
18 reduction in average liposome size (from 200 nm to 50 nm) as the alcohol content in the
19 mixture reduced from 50% to 17% [125, 126]. Jahn *et al.* also showed that as the flow rate
20 ratio increased (and the alcohol content in the mixture reduced), the resulting particle size
21 decreased [121]. Zizzari *et al.* also demonstrated this size-control effect for the liposomal
22 formulation HSPC:Chol:DSPE-PEG-2000 produced over a range of flow rate ratios [154]. There
23 are two possible rationales why the polarity gradient produced can be used to control
24 liposome particle size. Jahn *et al.* [155] propose that during microfluidic mixing, the initially
25 formed liposomes may take-up alcohol within the bilayer. This can promote in some partial
26 disassembly of the liposomes. As the solvent phases continue to mix, then the alcohol
27 concentration in the liposomes will decrease, resulting in re-assembly. When the flow rate
28 ratio is such that the overall alcohol concentration is low, this may limit the assembly / re-
29 assembly cycle and reduce liposome size [155]. Alternatively, Zizzari *et al.* note that at higher
30 flow rate ratios, a smaller solvent stream results and as the lipid discs formed at the liquid
31 interface, they may bend and forming liposomes more rapidly in the presence of decreasing
32 solvent concentration. The length of time these lipid discs can grow will directly impact upon

1 the final resulting particle size, with shorter times leading to smaller liposomes. Thus at high
2 alcohol content flow rate ratios (e.g. 1:1) the longer the time available for lipid discs to expand
3 and for larger vesicles to form [156]. Interestingly the mixing flow rates was also shown to
4 impact on drug loading and drug release properties, with lower alcohol concentrations in the
5 flow mix producing smaller liposomes, with lower protein loading and higher release rates
6 [17].

7

8 4.2.2.4. Process parameters – flow rate

9 The operating flow rate adopted in microfluidics is an important consideration as it will dictate
10 production speeds. The flow rate though the micromixer can have an impact on liposome
11 size; however, this tends to be micromixer and formulation dependent. For example, Sedighi
12 *et al.* [157], use design of experiments to rapidly screen and optimise various liposomes
13 formulations. They tested the impact of both flow rate ratio and total flow rate. From their
14 studies using a staggered herringbone mixer, they reported that the flow rate ratio had a
15 significant impact on particle size and size distribution (as covered in section 4.2.1.3), whilst
16 liposome characteristics remained constant at flow rates above 8 mL/min. We have also
17 recently shown the ability to produce liposomes with mapped characteristics (size,
18 polydispersity and drug loading) with flow rates from 12 to 200 mL/min using a toroidal mixer
19 [117]. However, with cationic liposomes prepared from dimethyldioctadecylammonium
20 bromide (DDAB) and trehalose 6,6'-dibehenate (TDB), their vesicle size was shown to be
21 controlled by both the flow rate ratio and total flow rate [127]. With these systems, increasing
22 the flow rate and flow rate ratio was shown to reduce sizes from around 1000 nm (1:1 flow
23 rate ratio and 5 mL/min flow rate) down to 160 nm (5:1 flow rate ratio, 20 mL/min flow rate).
24 However, due to their cationic nature the different liposome sizes showed similar protein
25 loading and clearance from the injection site after intramuscular injection [127].

26

27 4.2.2.5. Process parameters – operating temperature

28 In many liposome production methods, liposome manufacture is undertaken at temperatures
29 above the transition temperature of the lipid bilayer [158]; for example, DSPC liposomes are
30 commonly prepared above 55°C. This can present issues for thermos-labile drugs, particularly
31 proteins. However, when microfluidics is employed, liposomes can be produced at ambient
32 temperature irrespective of their lipid composition [17, 117]; studies have shown that using

1 microfluidic production, liposomes produced at room temperatures or at temperatures above
2 the main lipid transition temperature are similar in size with DSPC:Cholesterol liposomes of
3 the same size being produced at operating temperatures from 20 to 60°C. This demonstrates
4 there is no requirement to work above the lipid transition temperature during the microfluidic
5 manufacturing process [17]. This may be a result of alcohol being present within the liposomal
6 membranes during the initial production stage. When interacting with membranes, ethanol
7 and other short chain alcohols can locate in the headgroup region where the hydrogen bonds
8 between the alcohols and the phosphate and carbonyl groups of the lipids can form [159,
9 160]. This changes the packing in the lipid membrane and can increase membrane fluidity
10 [161]. Fatty alcohols have also been used as an alternative to cholesterol in the formulation
11 of liposomes and can reduce the transition temperature of liposome bilayers in a similar
12 manner to cholesterol [162]. However, it can be useful to use elevated temperatures to
13 improve the solubility of some lipids in solvents during the processes irrespective of their T_c
14 (e.g. [127]).

15

16 4.2.2.6. Scale-independent production, continuous manufacturing using microfluidics and
17 down-stream processing considerations.

18 Microfluidics offers the advantage of being scale-independent. This allows rapid optimisation
19 of liposomes characteristics to be undertaken using a design-of-experiment approach [156],
20 followed by translation of the formulation and production parameters from laboratory
21 production through to continuous manufacturing (which can be described as a processing
22 concept whereby product constantly flows out). Continuous manufacturing has a long history
23 in the non-pharmaceutical industries and has been adopted for active pharmaceutical
24 ingredients and solid oral dosage forms such as ORKAMBI™, PREZISTA®, VERZENIO™ and
25 SYMDEKO®. The advantage of continuous manufacturing includes, lower capital expenditure,
26 smaller factory footprint and lower Cost of Goods. For lower volume production, semi-
27 continuous can also be adopted. Continuous manufacturing has evolved from bulk drug, to
28 solid dosage forms through to more complex biologicals. Therefore, the transition of this to
29 complex formulations is the next step. The development of down-stream processing can also
30 support this and selected relevant processing techniques and principles can be applied to the
31 production of liposomes. Liposome manufacturing has some inherent aspects that make
32 scalable manufacture and continuous production appropriate. Liposomes have some

1 elements of solid oral products (drug manufacturing/sourcing/supply chain) and some from
2 biopharma (mixing vessels, tangential flow filtration, filtration etc) and some unique elements
3 (particle size, size distribution and drug loading) [163]. For example, the application of TFF
4 can be applied to liposomal manufacture. TFF offers two key processing steps for liposomes
5 1) purification (removal of solvent and/or free drug) and 2) concentration adjustment. TFF
6 processes can be run in a recirculating loop or as a single pass format, where multiple TFF
7 cassettes are run in series. This can offer lower system hold-up volumes. After purification of
8 the system, sterilisation can be achieved by incorporating in-line sterile filtration as part of
9 the process train.

10 As part of a continuous or semi-continuous production process, process analytical
11 technology should be included to analyse and control the manufacturing process and to
12 monitor the liposome critical quality attributes. Microfluidics offers opportunities in terms of
13 design flexibility, process control and parameter predictability. It also offers ample
14 opportunities for modular production setup, process feedback and process control [164]. This
15 requires rapid in-line or at-line methods to monitor product attributes such as particle size
16 analysis and drug loading. However, currently there is no process analytical methods available
17 for microbial contamination, so sterility assurance would need to be assured through the
18 design and validation of the system. For batch production, this can be achieved by testing a
19 single bulk sample prior to filling and capping. If continuous filling is used, then a
20 representative bulk is not applicable. Therefore, further developments are needed in these
21 areas to allow fully continuous production to be adopted.

22

1 **5. Conclusion**

2 Liposomes, and lipid-based nanomedicines play a key role in healthcare. Their ability
3 to protect, deliver and target drugs provides enhanced efficacy and reduced toxicity, which
4 have been explored for both classical small molecules as well as for RNA delivery. However,
5 as a complex drug product their manufacture presents challenges with multi-batch processes
6 commonly used. This limits their wider application and challenge their general applicability as
7 it complicates the development of a robust, scalable and affordable process, that may
8 challenge the value proposition of the product in some diseases and regions. With the
9 development of new manufacturing processes, which offer leaner manufacturing and scale-
10 independent manufacture, the application of liposomes and other lipid-based nanomedicines
11 can be more readily translated from the pre-clinical research through to production and
12 clinical use. To support this, rapid on-line and at-line analytical tools are required that can
13 support the characterisation and quality assurance of the drug product.

1 **Acknowledgements**

2 This research did not receive any specific grant from funding agencies in the public,
3 commercial, or not-for-profit sectors.

4

5 **CRedit**

6 All authors (SS, VD, RH, MSN, YP) contributed to the conceptualisation, visualization, writing
7 – original draft, writing – reviewing and editing of this manuscript.

1 6. References

- 2 [1] E.m. agency, Assessment report: Onpattro, in, European medicines agency, 30 Churchill
3 Place, Canary Wharf, London E14 5EU, United Kingdom, 2018, pp. 188.
- 4 [2] R. Dutta, R.I. Mahato, Recent advances in hepatocellular carcinoma therapy,
5 *Pharmacology and Therapeutics*, 173 (2017) 106-117.
- 6 [3] B. Yu, X. Zhao, J.L. Lee, R.J. Lee, Targeted delivery systems for oligonucleotide therapeutics,
7 *AAPS Journal*, 11 (2009) 195-203.
- 8 [4] H.B. Newton, Advances in strategies to improve drug delivery to brain tumors, *Expert*
9 *Review of Neurotherapeutics*, 6 (2006) 1495-1509.
- 10 [5] J.O. Eloy, R. Petrilli, L.N.F. Trevizan, M. Chorilli, Immunoliposomes: A review on
11 functionalization strategies and targets for drug delivery, *Colloids and surfaces. B,*
12 *Biointerfaces*, 159 (2017) 454-467.
- 13 [6] V. Agrahari, V. Agrahari, A.K. Mitra, Nanocarrier fabrication and macromolecule drug
14 delivery: challenges and opportunities, *Therapeutic delivery*, 7 (2016) 257-278.
- 15 [7] A.S. Jain, P.N. Goel, S.M. Shah, V.V. Dhawan, Y. Nikam, R.P. Gude, M.S. Nagarsenker,
16 Tamoxifen guided liposomes for targeting encapsulated anticancer agent to estrogen
17 receptor positive breast cancer cells: In vitro and in vivo evaluation, *Biomedicine &*
18 *Pharmacotherapy*, 68 (2014) 429-438.
- 19 [8] S.M. Shah, P.N. Goel, A.S. Jain, P.O. Pathak, S.G. Padhye, S. Govindarajan, S.S. Ghosh, P.R.
20 Chaudhari, R.P. Gude, V. Gopal, M.S. Nagarsenker, Liposomes for targeting hepatocellular
21 carcinoma: Use of conjugated arabinogalactan as targeting ligand, *International Journal of*
22 *Pharmaceutics*, 477 (2014) 128-139.
- 23 [9] S.M. Shah, P.O. Pathak, A.S. Jain, C.R. Barhate, M.S. Nagarsenker, Synthesis,
24 characterization, and in vitro evaluation of palmitoylated arabinogalactan with potential for
25 liver targeting, *Carbohydrate Research*, 367 (2013) 41-47.
- 26 [10] M.S. Nagarsenker, A.S. Jain, S.M. Shah, Functionalized Lipid Particulates in Targeted Drug
27 Delivery, in: P.V. Devarajan, S. Jain (Eds.) *Targeted Drug Delivery : Concepts and Design*,
28 Springer International Publishing, Cham, 2015, pp. 411-431.
- 29 [11] N.S. Templeton, D.D. Lasic, New directions in liposome gene delivery, *Molecular*
30 *Biotechnology*, 11 (1999) 175-180.
- 31 [12] N.S. Templeton, D.D. Lasic, P.M. Frederik, H.H. Strey, D.D. Roberts, G.N. Pavlakis,
32 Improved DNA: liposome complexes for increased systemic delivery and gene expression,
33 *Nature Biotechnology*, 15 (1997) 647-652.
- 34 [13] Y. Liu, D. Liggitt, W. Zhong, G. Tu, K. Gaensler, R. Debs, Cationic liposome-mediated
35 intravenous gene delivery, *The Journal of biological chemistry*, 270 (1995) 24864-24870.
- 36 [14] S.-L. Huang, Liposomes in ultrasonic drug and gene delivery, *Advanced drug delivery*
37 *reviews*, 60 (2008) 1167-1176.
- 38 [15] S. Khadke, C.B. Roces, A. Cameron, A. Devitt, Y. Perrie, Formulation and manufacturing
39 of lymphatic targeting liposomes using microfluidics, *Journal of Controlled Release*, 307
40 (2019) 211-220.
- 41 [16] D.D. Lasic, Novel applications of liposomes, *Trends in Biotechnology*, 16 (1998) 307-321.
- 42 [17] N. Forbes, M.T. Hussain, M.L. Briuglia, D.P. Edwards, J.H.t. Horst, N. Szita, Y. Perrie, Rapid
43 and scale-independent microfluidic manufacture of liposomes entrapping protein
44 incorporating in-line purification and at-line size monitoring, *International Journal of*
45 *Pharmaceutics*, 556 (2019) 68-81.

- 1 [18] A. Wilkinson, E. Lattmann, C.B. Roces, G.K. Pedersen, D. Christensen, Y. Perrie, Lipid
2 conjugation of TLR7 agonist Resiquimod ensures co-delivery with the liposomal Cationic
3 Adjuvant Formulation 01 (CAF01) but does not enhance immunopotentiality compared to
4 non-conjugated Resiquimod+CAF01, *Journal of Controlled Release*, 291 (2018) 1-10.
- 5 [19] K.S. Ahmed, S.A. Hussein, A.H. Ali, S.A. Korma, Q. Lipeng, C. Jinghua, Liposome:
6 composition, characterisation, preparation, and recent innovation in clinical applications,
7 *Journal of Drug Targeting*, 27 (2019) 742-761.
- 8 [20] C. Jaafar-Maalej, R. Diab, V. Andrieu, A. Elaissari, H. Fessi, Ethanol injection method for
9 hydrophilic and lipophilic drug-loaded liposome preparation, *Journal of Liposome Research*,
10 20 (2010) 228-243.
- 11 [21] A.S. Domazou, P. Luigi Luisi, SIZE DISTRIBUTION OF SPONTANEOUSLY FORMED
12 LIPOSOMES BY THE ALCOHOL INJECTION METHOD, *Journal of Liposome Research*, 12 (2002)
13 205-220.
- 14 [22] H. Daraee, A. Etemadi, M. Kouhi, S. Alimirzalu, A. Akbarzadeh, Application of liposomes
15 in medicine and drug delivery, *Artificial Cells, Nanomedicine, and Biotechnology*, 44 (2016)
16 381-391.
- 17 [23] M. Anderson, A. Omri, The Effect of Different Lipid Components on the In Vitro Stability
18 and Release Kinetics of Liposome Formulations, *Drug Delivery*, 11 (2004) 33-39.
- 19 [24] C. Zylberberg, S. Matosevic, Pharmaceutical liposomal drug delivery: a review of new
20 delivery systems and a look at the regulatory landscape, *Drug Delivery*, 23 (2016) 3319-3329.
- 21 [25] Y.-D. Dong, E. Tchung, C. Nowell, S. Kaga, N. Leong, D. Mehta, L.M. Kaminskas, B.J. Boyd,
22 Microfluidic preparation of drug-loaded PEGylated liposomes, and the impact of liposome size
23 on tumour retention and penetration, *Journal of Liposome Research*, 29 (2019) 1-9.
- 24 [26] S. Garg, G. Heuck, S. Ip, E. Ramsay, Microfluidics: a transformational tool for
25 nanomedicine development and production, *Journal of Drug Targeting*, 24 (2016) 821-835.
- 26 [27] J. Gubernator, Active methods of drug loading into liposomes: recent strategies for stable
27 drug entrapment and increased in vivo activity, *Expert Opinion on Drug Delivery*, 8 (2011)
28 565-580.
- 29 [28] K. Kogure, R. Moriguchi, K. Sasaki, M. Ueno, S. Futaki, H. Harashima, Development of a
30 non-viral multifunctional envelope-type nano device by a novel lipid film hydration method,
31 *Journal of Controlled Release*, 98 (2004) 317-323.
- 32 [29] K. Yang, J.T. Delaney, U.S. Schubert, A. Fahr, Fast high-throughput screening of
33 temoporfin-loaded liposomal formulations prepared by ethanol injection method, *Journal of*
34 *Liposome Research*, 22 (2012) 31-41.
- 35 [30] K. Yachi, H. Harashima, H. Kikuchi, R. Sudo, H. Yamauchi, K. Ebihara, H. Matsuo, K. Funato,
36 H. Kiwada, BIOPHARMACEUTICAL EVALUATION OF THE LIPOSOMES PREPARED BY
37 REHYDRATION OF FREEZE-DRIED EMPTY LIPOSOMES (FDELS) WITH AN AQUEOUS SOLUTION
38 OF A DRUG, *Biopharmaceutics & Drug Disposition*, 17 (1996) 589-605.
- 39 [31] R.N. Assil Kk Fau - Weinreb, R.N. Weinreb, Multivesicular liposomes. Sustained release of
40 the antimetabolite cytarabine in the eye.
- 41 [32] M. Salim, H. Minamikawa, A. Sugimura, R. Hashim, Amphiphilic designer nano-carriers
42 for controlled release: from drug delivery to diagnostics, *MedChemComm*, 5 (2014) 1602-
43 1618.
- 44 [33] W. Jiskoot, T. Teerlink, E.C. Beuvery, D.J.A. Crommelin, Preparation of liposomes via
45 detergent removal from mixed micelles by dilution, *Pharmaceutisch Weekblad*, 8 (1986) 259-
46 265.

- 1 [34] J. Lehtinen, Z. Hyvönen, A. Subrizi, H. Bunjes, A. Urtti, Glycosaminoglycan-resistant and
2 pH-sensitive lipid-coated DNA complexes produced by detergent removal method, *Journal of*
3 *Controlled Release*, 131 (2008) 145-149.
- 4 [35] F. Szoka, Jr., D. Papahadjopoulos, Procedure for preparation of liposomes with large
5 internal aqueous space and high capture by reverse-phase evaporation, *Proc Natl Acad Sci U*
6 *S A*, 75 (1978) 4194-4198.
- 7 [36] J.A. Kulkarni, M.M. Darjuan, J.E. Mercer, S. Chen, R. van der Meel, J.L. Thewalt, Y.Y.C.
8 Tam, P.R. Cullis, On the Formation and Morphology of Lipid Nanoparticles Containing
9 Ionizable Cationic Lipids and siRNA, *ACS Nano*, 12 (2018) 4787-4795.
- 10 [37] H. Zhang, Thin-Film Hydration Followed by Extrusion Method for Liposome Preparation,
11 in: G.G.M. D'Souza (Ed.) *Liposomes: Methods and Protocols*, Springer New York, New York,
12 NY, 2017, pp. 17-22.
- 13 [38] J.L.V.W.M. Brandl, Preparation of liposomes, in: V.P.T.a.V. Weissig (Ed.) *Liposomes: A*
14 *practical approach*, Oxford university press, New York, 2007, pp. 396.
- 15 [39] L.D. Mayer, M.B. Bally, M.J. Hope, P.R. Cullis, Techniques for encapsulating bioactive
16 agents into liposomes, *Chem Phys Lipids*, 40 (1986) 333-345.
- 17 [40] S.M. Gruner, R.P. Lenk, A.S. Janoff, N.J. Ostro, Novel multilayered lipid vesicles:
18 comparison of physical characteristics of multilamellar liposomes and stable plurilamellar
19 vesicles, *Biochemistry*, 24 (1985) 2833-2842.
- 20 [41] S. Clerc, Y. Barenholz, Loading of amphipathic weak acids into liposomes in response to
21 transmembrane calcium acetate gradients, *Biochimica et biophysica acta*, 1240 (1995) 257-
22 265.
- 23 [42] G. Haran, R. Cohen, L.K. Bar, Y. Barenholz, Transmembrane ammonium sulfate gradients
24 in liposomes produce efficient and stable entrapment of amphipathic weak bases, *Biochimica*
25 *et biophysica acta*, 1151 (1993) 201-215.
- 26 [43] D. Zucker, D. Marcus, Y. Barenholz, A. Goldblum, Liposome drugs' loading efficiency: A
27 working model based on loading conditions and drug's physicochemical properties, *Journal*
28 *of Controlled Release*, 139 (2009) 73-80.
- 29 [44] G.J. Grant, Y. Barenholz, E.M. Bolotin, M. Bansinath, H. Turndorf, B. Piskoun, E.M.
30 Davidson, A novel liposomal bupivacaine formulation to produce ultralong-acting analgesia,
31 *Anesthesiology*, 101 (2004) 133-137.
- 32 [45] O.R. Justo, A.M. Moraes, Kanamycin incorporation in lipid vesicles prepared by ethanol
33 injection designed for tuberculosis treatment, *The Journal of pharmacy and pharmacology*,
34 57 (2005) 23-30.
- 35 [46] J.P. Wong, H. Yang, K.L. Blasetti, G. Schnell, J. Conley, L.N. Schofield, Liposome delivery of
36 ciprofloxacin against intracellular *Francisella tularensis* infection, *Journal of Controlled*
37 *Release*, 92 (2003) 265-273.
- 38 [47] L. Qiu, N. Jing, Y. Jin, Preparation and in vitro evaluation of liposomal chloroquine
39 diphosphate loaded by a transmembrane pH-gradient method, *International Journal of*
40 *Pharmaceutics*, 361 (2008) 56-63.
- 41 [48] G. Stensrud, S.A. Sande, S. Kristensen, G. Smistad, Formulation and characterisation of
42 primaquine loaded liposomes prepared by a pH gradient using experimental design,
43 *International Journal of Pharmaceutics*, 198 (2000) 213-228.
- 44 [49] S.A. Abraham, K. Edwards, G. Karlsson, N. Hudon, L.D. Mayer, M.B. Bally, An evaluation
45 of transmembrane ion gradient-mediated encapsulation of topotecan within liposomes,
46 *Journal of Controlled Release*, 96 (2004) 449-461.

- 1 [50] D. Zucker, A.V. Andriyanov, A. Steiner, U. Raviv, Y. Barenholz, Characterization of
2 PEGylated nanoliposomes co-remotely loaded with topotecan and vincristine: relating
3 structure and pharmacokinetics to therapeutic efficacy, *Journal of Controlled Release*, 160
4 (2012) 281-289.
- 5 [51] Y. Tokudome, N. Oku, K. Doi, Y. Namba, S. Okada, Antitumor activity of vincristine
6 encapsulated in glucuronide-modified long-circulating liposomes in mice bearing Meth A
7 sarcoma, *Biochimica et Biophysica Acta (BBA) - Biomembranes*, 1279 (1996) 70-74.
- 8 [52] B. Čeh, Theory of Loading of Agents into Liposomes, in: Y. Barenholz (Ed.) *Handbook of*
9 *Nonmedical Applications of Liposomes*, CRC Press, Boca Raton, 1996, pp. 28.
- 10 [53] C. Has, P. Sunthar, A comprehensive review on recent preparation techniques of
11 liposomes, *Journal of Liposome Research*, (2019) 1-30.
- 12 [54] C. Charcosset, A. Juban, J.-P. Valour, S. Urbaniak, H. Fessi, Preparation of liposomes at
13 large scale using the ethanol injection method: Effect of scale-up and injection devices,
14 *Chemical Engineering Research and Design*, 94 (2015) 508-515.
- 15 [55] M. Pons, M. Foradada, J. Estelrich, Liposomes obtained by the ethanol injection method,
16 *International Journal of Pharmaceutics*, 95 (1993) 51-56.
- 17 [56] C. Pidgeon, S. McNeely, T. Schmidt, J.E. Johnson, Multilayered vesicles prepared by
18 reverse-phase evaporation: liposome structure and optimum solute entrapment,
19 *Biochemistry*, 26 (1987) 17-29.
- 20 [57] G. Chen, D. Li, Y. Jin, W. Zhang, L. Teng, C. Bunt, J. Wen, Deformable liposomes by reverse-
21 phase evaporation method for an enhanced skin delivery of (+)-catechin, *Drug Development*
22 *and Industrial Pharmacy*, 40 (2014) 260-265.
- 23 [58] U. Isele, K. Schieweck, P. van Hoogevest, H.-G. Capraro, R. Kessler, Pharmacokinetics and
24 body distribution of liposomal zinc phthalocyanine in tumor-bearing mice: Influence of
25 aggregation state, particle size, and composition, *Journal of Pharmaceutical Sciences*, 84
26 (1995) 166-173.
- 27 [59] R. Janknegt, S. de Marie, I.A.J.M. Bakker-Woudenberg, D.J.A. Crommelin, Liposomal and
28 Lipid Formulations of Amphotericin B, *Clinical Pharmacokinetics*, 23 (1992) 279-291.
- 29 [60] A. Gabizon, H. Shmeeda, Y. Barenholz, Pharmacokinetics of Pegylated Liposomal
30 Doxorubicin, *Clinical Pharmacokinetics*, 42 (2003) 419-436.
- 31 [61] J.D. Castile, K.M.G. Taylor, Factors affecting the size distribution of liposomes produced
32 by freeze-thaw extrusion, *International Journal of Pharmaceutics*, 188 (1999) 87-95.
- 33 [62] R. Barnadas-Rodríguez, M. Sabés, Factors involved in the production of liposomes with a
34 high-pressure homogenizer, *International Journal of Pharmaceutics*, 213 (2001) 175-186.
- 35 [63] D. Bachmann, M. Brandl, G. Gregoriadis, Preparation of liposomes using a Mini-Lab 8.30
36 H high-pressure homogenizer, *International Journal of Pharmaceutics*, 91 (1993) 69-74.
- 37 [64] F. Olson, C.A. Hunt, F.C. Szoka, W.J. Vail, D. Papahadjopoulos, Preparation of liposomes
38 of defined size distribution by extrusion through polycarbonate membranes, *Biochimica et*
39 *Biophysica Acta (BBA) - Biomembranes*, 557 (1979) 9-23.
- 40 [65] F. Szoka, F. Olson, T. Heath, W. Vail, E. Mayhew, D. Papahadjopoulos, Preparation of
41 unilamellar liposomes of intermediate size (0.1–0.2 μm) by a combination of reverse phase
42 evaporation and extrusion through polycarbonate membranes, *Biochimica et Biophysica Acta*
43 *(BBA) - Biomembranes*, 601 (1980) 559-571.
- 44 [66] S.K. Chung, G.H. Shin, M.K. Jung, I.C. Hwang, H.J. Park, Factors influencing the
45 physicochemical characteristics of cationic polymer-coated liposomes prepared by high-
46 pressure homogenization, *Colloids and Surfaces A: Physicochemical and Engineering Aspects*,
47 454 (2014) 8-15.

1 [67] M. Brandl, D. Bachmann, M. Drechsler, K.H. Bauer, Liposome Preparation by a New High
2 Pressure Homogenizer Gaulin Micron Lab 40, Drug Development and Industrial Pharmacy, 16
3 (1990) 2167-2191.

4 [68] T.M. Allen, P.R. Cullis, Liposomal drug delivery systems: from concept to clinical
5 applications, *Advanced drug delivery reviews*, 65 (2013) 36-48.

6 [69] E.m. agency, ICH guideline Q3C (R6) on impurities: guideline for residual solvents, step 5,
7 in, Spark building, Orlyplein 24, 1043 DP Amsterdam, The Netherlands, 2019, pp. 39.

8 [70] S.A. Abraham, D.N. Waterhouse, L.D. Mayer, P.R. Cullis, T.D. Madden, M.B. Bally, The
9 Liposomal Formulation of Doxorubicin, in: *Methods in Enzymology*, Academic Press, 2005,
10 pp. 71-97.

11 [71] G.M. Jensen, The care and feeding of a commercial liposomal product: liposomal
12 amphotericin B (AmBisome®), *Journal of Liposome Research*, 27 (2017) 173-179.

13 [72] B. Rivnay, J. Wakim, K. Avery, P. Petrochenko, J.H. Myung, D. Kozak, S. Yoon, N. Landrau,
14 A. Nivorozhkin, Critical process parameters in manufacturing of liposomal formulations of
15 amphotericin B, *International Journal of Pharmaceutics*, 565 (2019) 447-457.

16 [73] E.m. agency, Reflection paper on the data requirements for intravenous liposomal
17 products developed with reference to an innovator liposomal product, in, 2013, pp. 13.

18 [74] FDA, Draft guidance on doxorubicin hydrochloride, in, 2018, pp. 5.

19 [75] FDA, Liposome Drug Products: Chemistry, Manufacturing, and Controls; Human
20 Pharmacokinetics and Bioavailability; and Labeling Documentation, Guidance for Industry, in,
21 2018, pp. 15.

22 [76] J. MHLW, Guideline for the Development of Liposome Drug Products, (2016) 30.

23 [77] D.J.A. Crommelin, P. van Hoogevest, G. Storm, The role of liposomes in clinical
24 nanomedicine development. What now? Now what?, *Journal of Controlled Release*, 318
25 (2020) 256-263.

26 [78] A.D. Bangham, M.M. Standish, J.C. Watkins, Diffusion of univalent ions across the
27 lamellae of swollen phospholipids, *Journal of Molecular Biology*, 13 (1965) 238-IN227.

28 [79] L.F. Hsu, J.D. Huang, A statistical analysis to assess the most critical bioequivalence
29 parameters for generic liposomal products, *International journal of clinical pharmacology and*
30 *therapeutics*, 52 (2014) 1071-1082.

31 [80] R.N. Mamidi, S. Weng, S. Stellar, C. Wang, N. Yu, T. Huang, A.P. Tonelli, M.F. Kelley, A.
32 Angiuoli, M.C. Fung, Pharmacokinetics, efficacy and toxicity of different pegylated liposomal
33 doxorubicin formulations in preclinical models: is a conventional bioequivalence approach
34 sufficient to ensure therapeutic equivalence of pegylated liposomal doxorubicin products?,
35 *Cancer chemotherapy and pharmacology*, 66 (2010) 1173-1184.

36 [81] F. Ditzinger, D.J. Price, A.R. Ilie, N.J. Kohl, S. Jankovic, G. Tsakiridou, S. Aleandri, L. Kalantzi,
37 R. Holm, A. Nair, C. Saal, B. Griffin, M. Kuentz, Lipophilicity and hydrophobicity considerations
38 in bio-enabling oral formulations approaches - a PEARRL review, *The Journal of pharmacy and*
39 *pharmacology*, 71 (2019) 464-482.

40 [82] C.I. Nkanga, R.W.M. Krause, Encapsulation of Isoniazid-conjugated Phthalocyanine-In-
41 Cyclodextrin-In-Liposomes Using Heating Method, *Scientific Reports*, 9 (2019) 11485.

42 [83] L. Basiri, G. Rajabzadeh, A. Bostan, α -Tocopherol-loaded niosome prepared by heating
43 method and its release behavior, *Food Chemistry*, 221 (2017) 620-628.

44 [84] M.R. Mozafari, Nanoliposomes: Preparation and Analysis, in: V. Weissig (Ed.) *Liposomes:*
45 *Methods and Protocols*, Volume 1: Pharmaceutical Nanocarriers, Humana Press, Totowa, NJ,
46 2010, pp. 29-50.

1 [85] A.A. Date, D. Srivastava, M.S. Nagarsenker, R. Mulherkar, L. Panicker, V. Aswal, P.A.
2 Hassan, F. Steiniger, J. Thamm, A. Fahr, Lecithin-based novel cationic nanocarriers (LeciPlex)
3 I: fabrication, characterization and evaluation, *Nanomedicine (Lond)*, 6 (2011) 1309-1325.
4 [86] S.M. Shah, M. Ashtikar, A.S. Jain, D.T. Makhija, Y. Nikam, R.P. Gude, F. Steiniger, A.A.
5 Jagtap, M.S. Nagarsenker, A. Fahr, LeciPlex, invasomes, and liposomes: A skin penetration
6 study, *International Journal of Pharmaceutics*, 490 (2015) 391-403.
7 [87] D.H. Hassan, R. Abdelmonem, M.M. Abdellatif, Formulation and Characterization of
8 Carvedilol LeciPlex for Glaucoma Treatment: In-Vitro, Ex-Vivo and In-Vivo Study,
9 *Pharmaceutics*, 10 (2018) 197.
10 [88] T. Belubbi, S. Shevade, V. Dhawan, V. Sridhar, A. Majumdar, R. Nunes, F. Araújo, B.
11 Sarmiento, K. Nagarsenker, F. Steiniger, A. Fahr, A. Magarkar, A. Bunker, M. Nagarsenker, Lipid
12 Architectonics for Superior Oral Bioavailability of Nelfinavir Mesylate: Comparative in vitro
13 and in vivo Assessment, *AAPS PharmSciTech*, 19 (2018) 3584-3598.
14 [89] A.A. Date, M.S. Nagarsenker, S. Patere, V. Dhawan, R.P. Gude, P.A. Hassan, V. Aswal, F.
15 Steiniger, J. Thamm, A. Fahr, Lecithin-Based Novel Cationic Nanocarriers (LeciPlex) II:
16 Improving Therapeutic Efficacy of Quercetin on Oral Administration, *Molecular*
17 *Pharmaceutics*, 8 (2011) 716-726.
18 [90] V.V. Dhawan, G.V. Joshi, A.S. Jain, Y.P. Nikam, R.P. Gude, R. Mulherkar, M.S. Nagarsenker,
19 Apoptosis induction and anti-cancer activity of LeciPlex formulations, *Cellular Oncology*, 37
20 (2014) 339-351.
21 [91] V. Dhawan, B. Sutariya, A. Lokras, J. Thamm, M. Saraf, U. Warawdekar, A. Fahr, M.
22 Nagarsenker, Lipid nanoconstructs for superior hepatoprotection: In vitro assessments as
23 predictive tool for in vivo translation, *International Journal of Pharmaceutics*, 579 (2020)
24 119176.
25 [92] A. Salama, M. Badran, M. Elmowafy, M.G. Soliman, Spironolactone-Loaded LeciPlexes as
26 Potential Topical Delivery Systems for Female Acne: In Vitro Appraisal and Ex Vivo Skin
27 Permeability Studies, *Pharmaceutics*, 12 (2019).
28 [93] S.M. Shah, A.S. Jain, R. Kaushik, M.S. Nagarsenker, M.J. Nerurkar, Preclinical
29 Formulations: Insight, Strategies, and Practical Considerations, *AAPS PharmSciTech*, 15 (2014)
30 1307-1323.
31 [94] J.T. Buboltz, G.W. Feigenson, A novel strategy for the preparation of liposomes: rapid
32 solvent exchange, *Biochimica et Biophysica Acta (BBA) - Biomembranes*, 1417 (1999) 232-245.
33 [95] A.A. Rieder, D. Koller, K. Lohner, G. Pabst, Optimizing rapid solvent exchange preparation
34 of multilamellar vesicles, *Chemistry and Physics of Lipids*, 186 (2015) 39-44.
35 [96] L.V. Andreasen, G. Wood, D. Christensen, METHODS FOR PRODUCING LIPOSOMES, in:
36 USPTO (Ed.), Statens Serum Institut, Copenhagen S USA, 2014, US 2014/0112979 A1, pp. 27.
37 [97] L.V. Andreasen, G. Wood, D. Christensen, METHODS FOR PRODUCING LIPOSOMES, in:
38 USPTO (Ed.), USA, 2019, US2019/0201340A1, pp. 27.
39 [98] Y. Shen, H. Hoffmann, Formation of Unique Unilamellar Vesicles from Multilamellar
40 Vesicles under High-Pressure Shear Flow, *The Journal of Physical Chemistry B*, 122 (2018)
41 8706-8711.
42 [99] A. Wang, A. Ahmad, S. Ullah, L. Cheng, L. Ke, Q. Yuan, A Cheap and Convenient Method
43 of Liposome Preparation Using Glass Beads as a Source of Shear Force, *AAPS PharmSciTech*,
44 18 (2017) 3227-3235.
45 [100] R. Tanasescu, U. Mettal, A. Colom, A. Roux, A. Zumbuehl, Facile and Rapid Formation of
46 Giant Vesicles from Glass Beads, in: *Polymers (Basel)*, 2018.

1 [101] A. Suzuki, T. Kuroiwa, K. Horikoshi, A. Kanazawa, S. Ichikawa, Freeze-dryable lipid
2 vesicles with size tunability and high encapsulation efficiency prepared by the multiple
3 emulsification-solvent evaporation method, *Colloids and Surfaces B: Biointerfaces*, 159 (2017)
4 412-418.

5 [102] T. Kuroiwa, K. Horikoshi, A. Suzuki, M.A. Neves, I. Kobayashi, K. Uemura, M. Nakajima,
6 A. Kanazawa, S. Ichikawa, Efficient Encapsulation of a Water-Soluble Molecule into Lipid
7 Vesicles Using W/O/W Multiple Emulsions via Solvent Evaporation, *Journal of the American
8 Oil Chemists' Society*, 93 (2016) 421-430.

9 [103] E.C. Ossai, T. Kuroiwa, K. Horikoshi, Y. Otsuka, J. Terasawa, A. Kanazawa, S. Sato, S.
10 Ichikawa, Lipid Vesicle Preparation Using W/O/W Multiple Emulsions Via Solvent Evaporation:
11 The Effect of Emulsifiers on the Entrapment Yield of Hydrophilic Materials, *Journal of the
12 American Oil Chemists' Society*, 96 (2019) 1405-1416.

13 [104] Y. Liu, K. Wu, J. Wang, Y. Le, L. Zhang, Continuous production of antioxidant liposome
14 for synergistic cancer treatment using high-gravity rotating packed bed, *Chemical Engineering
15 Journal*, 334 (2018) 1766-1774.

16 [105] A. Weinberger, F.-C. Tsai, Gijssje H. Koenderink, Thais F. Schmidt, R. Itri, W. Meier, T.
17 Schmatko, A. Schröder, C. Marques, Gel-Assisted Formation of Giant Unilamellar Vesicles,
18 *Biophysical Journal*, 105 (2013) 154-164.

19 [106] M.G. Maniyar, C.R. Kokare, Formulation and evaluation of spray dried liposomes of
20 lopinavir for topical application, *Journal of Pharmaceutical Investigation*, 49 (2019) 259-270.

21 [107] R.P. Gala, I. Khan, A.M.A. Elhissi, M.A. Alhnan, A comprehensive production method of
22 self-cryoprotected nano-liposome powders, *International journal of pharmaceutics*, 486
23 (2015) 153-158.

24 [108] N.M. Nirale N, Design and optimization of particulate systems for pulmonary delivery,
25 in: *Department of Pharmaceutics, Bombay college of pharmacy, University of Mumbai,*
26 *Mumbai, 2013, pp. 256.*

27 [109] A.P. Costa, X. Xu, M.A. Khan, D.J. Burgess, Liposome Formation Using a Coaxial Turbulent
28 Jet in Co-Flow, *Pharmaceutical Research*, 33 (2016) 404-416.

29 [110] R. Araki, T. Matsuzaki, A. Nakamura, D. Nakatani, S. Sanada, H.Y. Fu, K. Okuda, M.
30 Yamato, S. Tsuchida, Y. Sakata, T. Minamino, Development of a novel one-step production
31 system for injectable liposomes under GMP, *Pharmaceutical Development and Technology*,
32 23 (2018) 602-607.

33 [111] T. Liu, W. Zhu, C. Han, X. Sui, C. Liu, X. Ma, Y. Dong, Preparation of Glycyrrhetic Acid
34 Liposomes Using Lyophilization Monophase Solution Method: Preformulation, Optimization,
35 and In Vitro Evaluation, *Nanoscale Research Letters*, 13 (2018) 324.

36 [112] P. Trucillo, R. Campardelli, E. Reverchon, Supercritical CO₂ assisted liposomes
37 formation: Optimization of the lipidic layer for an efficient hydrophilic drug loading, *Journal
38 of CO₂ Utilization*, 18 (2017) 181-188.

39 [113] L. Lesoin, C. Crampon, O. Boutin, E. Badens, Development of a continuous dense gas
40 process for the production of liposomes, *The Journal of Supercritical Fluids*, 60 (2011) 51-62.

41 [114] P. Trucillo, R. Campardelli, E. Reverchon, Antioxidant loaded emulsions entrapped in
42 liposomes produced using a supercritical assisted technique, *The Journal of Supercritical
43 Fluids*, 154 (2019) 104626.

44 [115] S.K. Sundar, M.S. Tirumkudulu, Synthesis of Sub-100-nm Liposomes via Hydration in a
45 Packed Bed of Colloidal Particles, *Industrial & Engineering Chemistry Research*, 53 (2014) 198-
46 205.

1 [116] L. Capretto, D. Carugo, S. Mazzitelli, C. Nastruzzi, X. Zhang, Microfluidic and lab-on-a-
2 chip preparation routes for organic nanoparticles and vesicular systems for nanomedicine
3 applications, *Advanced drug delivery reviews*, 65 (2013) 1496-1532.

4 [117] C. Webb, N. Forbes, C.B. Roces, G. Anderluzzi, G. Lou, S. Abraham, L. Ingalls, L. Ingalls,
5 K. Marshall, T.J. Leaver, J.A. Watts, J.W. Aylott, Y. Perrie, Using microfluidics for scalable
6 manufacturing of nanomedicines from bench to GMP: A case study using protein-loaded
7 liposomes, *International Journal of Pharmaceutics*, (2020) 119266.

8 [118] P.M. Valencia, O.C. Farokhzad, R. Karnik, R. Langer, Microfluidic technologies for
9 accelerating the clinical translation of nanoparticles, *Nature Nanotechnology*, 7 (2012) 623-
10 629.

11 [119] I.U. Khan, C.A. Serra, N. Anton, T.F. Vandamme, Production of nanoparticle drug delivery
12 systems with microfluidics tools, *Expert Opinion on Drug Delivery*, 12 (2015) 547-562.

13 [120] G.M. Whitesides, The origins and the future of microfluidics, *Nature*, 442 (2006) 368-
14 373.

15 [121] A. Jahn, W.N. Vreeland, D.L. DeVoe, L.E. Locascio, M. Gaitan, Microfluidic directed
16 formation of liposomes of controlled size, *Langmuir : the ACS journal of surfaces and colloids*,
17 23 (2007) 6289-6293.

18 [122] S. Streck, L. Hong, B.J. Boyd, A. McDowell, Microfluidics for the Production of
19 Nanomedicines: Considerations for Polymer and Lipid-based Systems, *Pharmaceutical
20 nanotechnology*, 7 (2019) 423-443.

21 [123] J.M. Zook, W.N. Vreeland, Effects of temperature, acyl chain length, and flow-rate ratio
22 on liposome formation and size in a microfluidic hydrodynamic focusing device, *Soft Matter*,
23 6 (2010) 1352-1360.

24 [124] S. Joshi, M.T. Hussain, C.B. Roces, G. Anderluzzi, E. Kastner, S. Salmaso, D.J. Kirby, Y.
25 Perrie, Microfluidics based manufacture of liposomes simultaneously entrapping hydrophilic
26 and lipophilic drugs, *Int J Pharm*, 514 (2016) 160-168.

27 [125] E. Kastner, V. Verma, D. Lowry, Y. Perrie, Microfluidic-controlled manufacture of
28 liposomes for the solubilisation of a poorly water soluble drug, *Int J Pharm*, 485 (2015) 122-
29 130.

30 [126] E. Kastner, R. Kaur, D. Lowry, B. Moghaddam, A. Wilkinson, Y. Perrie, High-throughput
31 manufacturing of size-tuned liposomes by a new microfluidics method using enhanced
32 statistical tools for characterization, *International Journal of Pharmaceutics*, 477 (2014) 361-
33 368.

34 [127] C.B. Roces, S. Khadke, D. Christensen, Y. Perrie, Scale-Independent Microfluidic
35 Production of Cationic Liposomal Adjuvants and Development of Enhanced Lymphatic
36 Targeting Strategies, *Molecular Pharmaceutics*, 16 (2019) 4372-4386.

37 [128] G. Lou, G. Anderluzzi, S. Woods, C.W. Roberts, Y. Perrie, A novel microfluidic-based
38 approach to formulate size-tuneable large unilamellar cationic liposomes: Formulation,
39 cellular uptake and biodistribution investigations, *European journal of pharmaceutics and
40 biopharmaceutics : official journal of Arbeitsgemeinschaft fur Pharmazeutische
41 Verfahrenstechnik e.V*, 143 (2019) 51-60.

42 [129] V. Rudyak, A. Minakov, Modeling and Optimization of Y-Type Micromixers,
43 *Micromachines*, 5 (2014) 886-912.

44 [130] A.E. Kamholz, P. Yager, Theoretical Analysis of Molecular Diffusion in Pressure-Driven
45 Laminar Flow in Microfluidic Channels, *Biophysical Journal*, 80 (2001) 155-160.

46 [131] C.-Y. Lee, W.-T. Wang, C.-C. Liu, L.-M. Fu, Passive mixers in microfluidic systems: A
47 review, *Chemical Engineering Journal*, 288 (2016) 146-160.

1 [132] C.-Y. Lee, C.-L. Chang, Y.-N. Wang, L.-M. Fu, Microfluidic mixing: a review, *Int J Mol Sci*,
2 12 (2011) 3263-3287.

3 [133] X. Kang, C. Luo, Q. Wei, C. Xiong, Q. Chen, Y. Chen, Q. Ouyang, Mass production of highly
4 monodisperse polymeric nanoparticles by parallel flow focusing system, *Microfluidics and*
5 *Nanofluidics*, 15 (2013) 337-345.

6 [134] S. Streck, L. Hong, B. J. Boyd, A. McDowell, Microfluidics for the Production of
7 Nanomedicines: Considerations for Polymer and Lipid-based Systems, *Pharmaceutical*
8 *nanotechnology*, 7 (2019) 423-443.

9 [135] R. Othman, G.T. Vladislavljević, H.C. Hemaka Bandulasena, Z.K. Nagy, Production of
10 polymeric nanoparticles by micromixing in a co-flow microfluidic glass capillary device,
11 *Chemical Engineering Journal*, 280 (2015) 316-329.

12 [136] J.-M. Lim, N. Bertrand, P.M. Valencia, M. Rhee, R. Langer, S. Jon, O.C. Farokhzad, R.
13 Karnik, Parallel microfluidic synthesis of size-tunable polymeric nanoparticles using 3D flow
14 focusing towards in vivo study, *Nanomedicine: Nanotechnology, Biology and Medicine*, 10
15 (2014) 401-409.

16 [137] R.R. Hood, W.N. Vreeland, D.L. DeVoe, Microfluidic remote loading for rapid single-step
17 liposomal drug preparation, *Lab on a chip*, 14 (2014) 3359-3367.

18 [138] I.V. Zhigaltsev, N. Belliveau, I. Hafez, A.K. Leung, J. Huft, C. Hansen, P.R. Cullis, Bottom-
19 up design and synthesis of limit size lipid nanoparticle systems with aqueous and triglyceride
20 cores using millisecond microfluidic mixing, *Langmuir : the ACS journal of surfaces and*
21 *colloids*, 28 (2012) 3633-3640.

22 [139] N.M. Belliveau, J. Huft, P.J. Lin, S. Chen, A.K. Leung, T.J. Leaver, A.W. Wild, J.B. Lee, R.J.
23 Taylor, Y.K. Tam, C.L. Hansen, P.R. Cullis, Microfluidic Synthesis of Highly Potent Limit-size
24 Lipid Nanoparticles for In Vivo Delivery of siRNA, *Molecular therapy. Nucleic acids*, 1 (2012)
25 e37.

26 [140] M. Guimaraes Sa Correia, M.L. Briuglia, F. Niosi, D.A. Lamprou, Microfluidic
27 manufacturing of phospholipid nanoparticles: Stability, encapsulation efficacy, and drug
28 release, *Int J Pharm*, 516 (2017) 91-99.

29 [141] M.A. Obeid, C. Dufes, S. Somani, A.B. Mullen, R.J. Tate, V.A. Ferro, Proof of concept
30 studies for siRNA delivery by nonionic surfactant vesicles: in vitro and in vivo evaluation of
31 protein knockdown, *J Liposome Res*, 29 (2019) 229-238.

32 [142] T. Yanagi, K. Tachikawa, R. Wilkie-Grantham, A. Hishiki, K. Nagai, E. Toyonaga, P.
33 Chivukula, S. Matsuzawa, Lipid Nanoparticle-mediated siRNA Transfer Against
34 PCTAIRE1/PCTK1/Cdk16 Inhibits In Vivo Cancer Growth, *Molecular therapy. Nucleic acids*, 5
35 (2016) e327.

36 [143] J.A. Kulkarni, Y.Y.C. Tam, S. Chen, Y.K. Tam, J. Zaifman, P.R. Cullis, S. Biswas, Rapid
37 synthesis of lipid nanoparticles containing hydrophobic inorganic nanoparticles, *Nanoscale*, 9
38 (2017) 13600-13609.

39 [144] Y. Du, Z. Zhang, C. Yim, M. Lin, X. Cao, A simplified design of the staggered herringbone
40 micromixer for practical applications, *Biomicrofluidics*, 4 (2010) 024105.

41 [145] A.D. Stroock, S.K.W. Dertinger, A. Ajdari, I. Mezić, H.A. Stone, G.M. Whitesides, Chaotic
42 Mixer for Microchannels, *Science*, 295 (2002) 647-651.

43 [146] E.L. Tóth, E.G. Holczer, K. Iván, P. Fürjes, Optimized Simulation and Validation of Particle
44 Advection in Asymmetric Staggered Herringbone Type Micromixers, *Micromachines*, 6 (2015)
45 136-150.

1 [147] C. Webb, S. Khadke, S.T. Schmidt, C.B. Roces, N. Forbes, G. Berrie, Y. Perrie, The Impact
2 of Solvent Selection: Strategies to Guide the Manufacturing of Liposomes Using Microfluidics,
3 *Pharmaceutics*, 11 (2019).

4 [148] C. van Ballegooye, A. Man, I. Andreu, B.D. Gates, D. Yapp, Using a Microfluidics System
5 to Reproducibly Synthesize Protein Nanoparticles: Factors Contributing to Size, Homogeneity,
6 and Stability, *Processes*, 7 (2019) 290.

7 [149] W.S. Lin, N. Malmstadt, Liposome production and concurrent loading of drug simulants
8 by microfluidic hydrodynamic focusing, *European biophysics journal : EBJ*, 48 (2019) 549-558.

9 [150] C.B. Roces, S. Khadke, D. Christensen, Y. Perrie, Scale-Independent Microfluidic
10 Production of Cationic Liposomal Adjuvants and Development of Enhanced Lymphatic
11 Targeting Strategies, *Mol Pharm*, 16 (2019) 4372-4386.

12 [151] P. Pradhan, J. Guan, D. Lu, P.G. Wang, L.J. Lee, R.J. Lee, A facile microfluidic method for
13 production of liposomes, *Anticancer Research*, 28 (2008) 943-947.

14 [152] T.A. Balbino, N.T. Aoki, A.A.M. Gasperini, C.L.P. Oliveira, A.R. Azzoni, L.P. Cavalcanti, L.G.
15 de la Torre, Continuous flow production of cationic liposomes at high lipid concentration in
16 microfluidic devices for gene delivery applications, *Chemical Engineering Journal*, 226 (2013)
17 423-433.

18 [153] M Maeki, Y Fujishima, Y Sato, T Yasui, N Kaji, A Ishida, H Tani, Y Baba, H Harashima, M
19 Tokeshi, Understanding the formation mechanism of lipid nanoparticles in microfluidic
20 devices with chaotic micromixers, *PLoS ONE* 12(11) (2017):e0187962.[https://doi.org/](https://doi.org/10.1371/journal.pone.0187962)
21 [10.1371/journal.pone.0187962](https://doi.org/10.1371/journal.pone.0187962)

22 [154] A. Zizzari, M. Bianco, L. Carbone, E. Perrone, F. Amato, G. Maruccio, F. Rendina, V. Arima,
23 Continuous-Flow Production of Injectable Liposomes via a Microfluidic Approach, *Materials*
24 (Basel, Switzerland), 10 (2017).

25 [155] A. Jahn, S.M. Stavis, J.S. Hong, W.N. Vreeland, D.L. DeVoe, M. Gaitan, Microfluidic
26 Mixing and the Formation of Nanoscale Lipid Vesicles, *ACS Nano*, 4 (2010) 2077-2087.

27 [156] A. Zizzari, M. Bianco, L. Carbone, E. Perrone, F. Amato, G. Maruccio, F. Rendina, V. Arima,
28 Continuous-Flow Production of Injectable Liposomes via a Microfluidic Approach, *Materials*,
29 10 (2017) 1411.

30 [157] M. Sedighi, S. Sieber, F. Rahimi, M.A. Shahbazi, A.H. Rezayan, J. Huwyler, D. Witzigmann,
31 Rapid optimization of liposome characteristics using a combined microfluidics and design-of-
32 experiment approach, *Drug delivery and translational research*, 9 (2019) 404-413.

33 [158] F. Szoka, Jr., D. Papahadjopoulos, Comparative properties and methods of preparation
34 of lipid vesicles (liposomes), *Annual review of biophysics and bioengineering*, 9 (1980) 467-
35 508.

36 [159] S.E. Feller, C.A. Brown, D.T. Nizza, K. Gawrisch, Nuclear Overhauser enhancement
37 spectroscopy cross-relaxation rates and ethanol distribution across membranes, *Biophysical*
38 *journal*, 82 (2002) 1396-1404.

39 [160] H. Rottenberg, Probing the interactions of alcohols with biological membranes with the
40 fluorescent probe Prodan, *Biochemistry*, 31 (1992) 9473-9481.

41 [161] F.W. Stetter, T. Hugel, The nanomechanical properties of lipid membranes are
42 significantly influenced by the presence of ethanol, *Biophys J*, 104 (2013) 1049-1055.

43 [162] M.H. Ali, D.J. Kirby, A.R. Mohammed, Y. Perrie, Solubilisation of drugs within liposomal
44 bilayers: alternatives to cholesterol as a membrane stabilising agent, *Journal of Pharmacy and*
45 *Pharmacology*, 62 (2010) 1646-1655.

46 [163] R.D. Worsham, V. Thomas, S.S. Farid, Potential of Continuous Manufacturing for
47 Liposomal Drug Products, *Biotechnology journal*, 14 (2019) e1700740.

1 [164] S. Colombo, M. Beck-Broichsitter, J.P. Bøtker, M. Malmsten, J. Rantanen, A. Bohr,
2 Transforming nanomedicine manufacturing toward Quality by Design and microfluidics,
3 Advanced drug delivery reviews, 128 (2018) 115-131.

4

5