

1 Polychlorinated biphenyls are associated with
2 reduced testes weights in harbour porpoises
3 (*Phocoena phocoena*)

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18 **Abstract**

19 Polychlorinated biphenyls (PCBs) are highly toxic and persistent aquatic pollutants that are
20 known to bioaccumulate in a variety of marine mammals. They have been associated with
21 reduced recruitment rates and population declines in multiple species. Evidence to date
22 documents effects of PCB exposures on female reproduction, but few studies have investigated
23 whether PCB exposure impacts male fertility. Using blubber tissue samples of 99 adult and
24 168 juvenile UK-stranded harbour porpoises (*Phocoena phocoena*) collected between 1991
25 and 2017, here we show that PCBs exposures are associated with reduced testes weights in
26 adults with good body condition. In animals with poor body condition, however, the impact of
27 PCBs on testes weights was reduced, conceivably due to testes weights being limited by
28 nutritional stress. This is the first study to investigate the relationship between PCB
29 contaminant burden and testes weights in cetaceans and represents a substantial advance in our
30 understanding of the relationship between PCB exposures and male reproductive biology in
31 cetaceans. As testes weight is a strong indicator of male fertility in seasonally breeding
32 mammals, we suggest the inclusion of such effects in population level impact assessments
33 involving PCB exposures. Given the re-emergent PCB threat our findings are globally
34 significant, with potentially serious implications for long-lived mammals. We show that more
35 effective PCB controls could have a substantial impact on the reproductive health of coastal
36 cetacean species and that management actions may need to be escalated to ensure adequate
37 protection of the most vulnerable cetacean populations.

38 Keywords: *Phocoena phocoena*; Polychlorinated biphenyls; testes weights; male
39 reproduction; marine mammals; fertility

40 **1. Introduction**

41 Polychlorinated biphenyls (PCBs) are a group of toxic chemicals compounds that were
42 banned in the EU in the mid-1980s and have been linked to numerous health effects in humans
43 and wildlife (Folland et al., 2016; Liu et al., 2010). PCBs continue to enter the marine
44 environment from diffuse sources and those still in ‘open application’, such as in paints and
45 sealants, are thought to contribute most to contemporary environmental releases (Defra, 2013;
46 Jartun, 2011; Stuart-Smith and Jepson, 2017). Several wildlife populations in Europe, both
47 terrestrial and marine, have experienced decreases in PCB tissue concentrations (e.g Williams
48 et al., 2020b), which in some instances have coincided with population recoveries (Roos et al.,
49 2012). However, PCB concentrations in European cetaceans still pose a toxicological threat
50 and are associated with suppression of the immune and reproductive systems (Jepson et al.,
51 2016; Murphy et al., 2015; Williams et al., 2020b).

52 Numerous studies have found associations between PCB exposure and reduced reproductive
53 output through reduced fertility in females, increased embryonic loss and increased calf
54 mortality (Murphy et al., 2015; Schwacke et al., 2002). The possible impacts of PCB exposure
55 on male fertility have yet to be investigated and remain largely unknown. Studies on other
56 mammals have, however, shown that PCB exposure inhibits the male reproductive system. For
57 example, human epidemiological studies have found negative associations between PCB
58 exposure, sperm motility and circulating testosterone levels in men (Goncharov et al., 2009;
59 Meeker and Hauser, 2010). In other mammals, PCB exposure has been shown to cause: smaller
60 seminal vesicles, epididymides and testes; decreased sperm levels and spermatid counts; and
61 reduced plasma testosterone levels (Ahmad et al., 2003; Kuriyama and Chahoud, 2004).

62 Determining the effect of PCB exposure on measures of male fertility is a challenging task
63 in cetaceans. Measuring sperm quality parameters and circulating hormones would require live
64 capture, which is ethically and logistically unfeasible. However, testes weights, of harbour
65 porpoises (*Phocoena phocoena*) and other marine mammals, have been shown to correlate with
66 sperm production, which is a widely used measure of male fertility (Neimanis et al., 2000;
67 Stewardson et al., 1998). Therefore, testes weights, measured in stranded animals examined
68 post-mortem, may provide a valid proxy for reproductive fitness and provide useful insights
69 into the relationship between PCB exposure and male fertility.

70 Testes weights in harbour porpoises vary greatly between breeding and non-breeding seasons
71 as a consequence of changes in spermatogenic activity (Neimanis et al., 2000; Orbach et al.,
72 2019). Harbour porpoises are referred to as sperm competitors whereby their only known form
73 of competition is the process by which the spermatozoa of two or more males compete to
74 fertilise a given set of ova (Fontaine and Barrette, 1997). Selective forces for sperm competition
75 in mammals are thought to have caused increased relative testes sizes, to sustain the greater
76 rates of spermatogenesis required, to maximise ejaculate volume and number of inseminations
77 (Dixson and Anderson, 2004). Greater testes weights have also been associated with increased
78 sperm motility in primates as a consequence of gamete level changes (Anderson and Dixson,
79 2002). Therefore, in mammals that are sperm competitors, a reduction in relative testes weights
80 may reduce an individual's chances of successful reproduction, which could have wider
81 impacts on the fitness of the entire population (Fontaine and Barrette, 1997). If PCB burdens
82 can impact both male and female fertility this could have serious consequences on the long-
83 term population viability of marine apex predator populations that are highly-exposed to PCBs.

84 Here, we have used the largest cetacean toxicology strandings dataset globally available to
85 investigate, for the first time, the relationship between PCB blubber concentrations and testes
86 weights in harbour porpoises. It has been shown previously, in this population, that the
87 reproductive output of healthy females is almost half that of other, less contaminated,
88 populations and it has been hypothesised that reproductive dysfunction in these individuals
89 may be related to PCB exposure (Murphy et al., 2015; Ólafsdóttir et al., 2003). Our work is an
90 essential first step towards improving our understanding of the possible effects of PCBs on
91 male reproduction. This will help determine whether current risk assessments, which do not
92 account for the possible compounding impacts of reduced male fertility, are appropriate or
93 whether they potentially underestimate the risk posed to populations.

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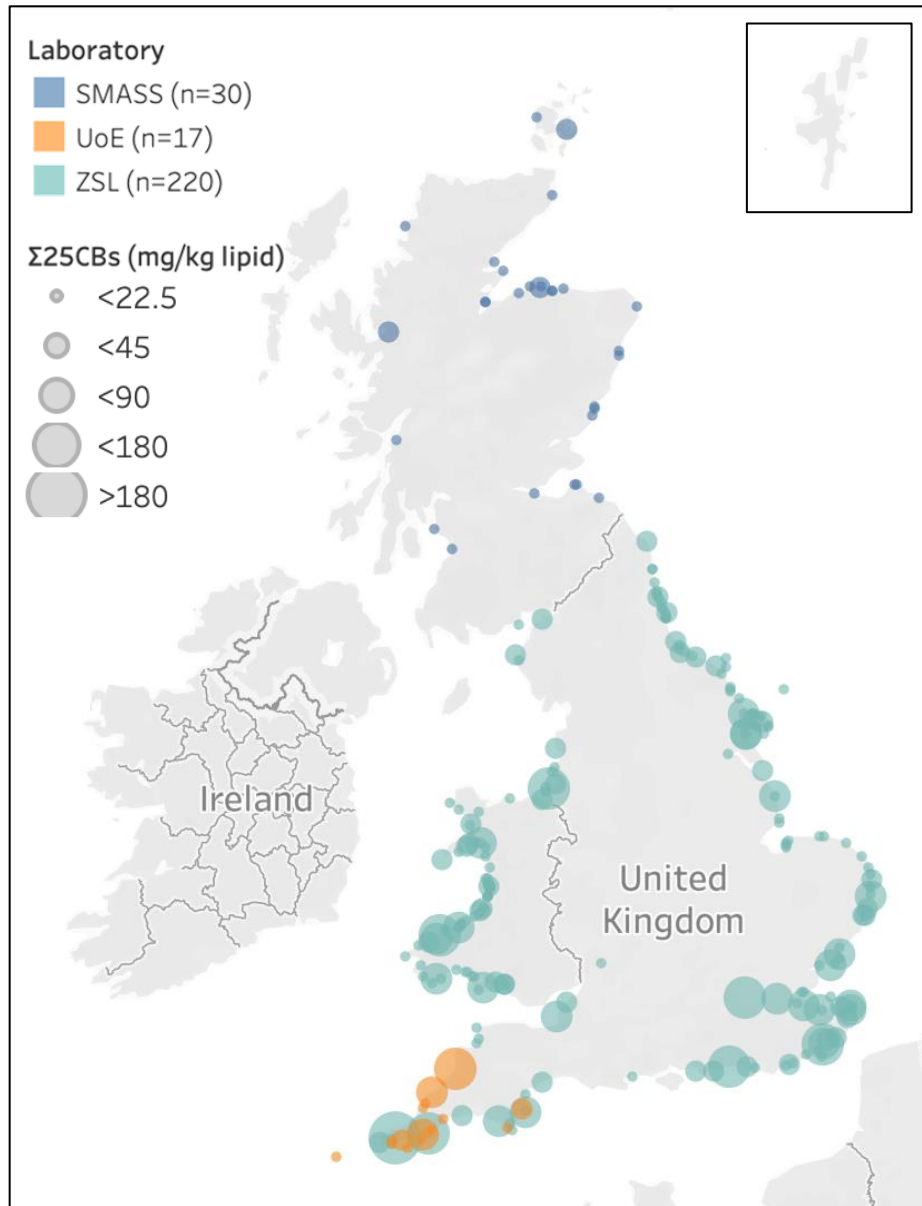
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2. Materials and Methods



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105 *Figure 1: Geographic locations of the adult male individuals that stranded and were analysed to obtain blubber*
 106 *concentrations for the sum of 25 selected congeners of polychlorinated biphenyls ($\Sigma 25\text{CBs}$). The colours of the*
 107 *dots represent the laboratories where the animals were necropsied: Scottish Marine Animal Stranding Scheme*
 108 *(SMASS), University of Exeter (UoE), Zoological Society of London (ZSL). The size of the dots represent the*
 109 *concentration of $\Sigma 25\text{CBs}$ (mg/kg lipid) measured in the blubber. The scaling sizes were chosen to reflect the*

110 findings of Hall et al., (2006) whereby $\Sigma 25$ CBs concentrations of 45 mg/kg lipid equate to a doubling of risk of
111 infectious disease mortality.

112 **2.1 Sampling**

113 We determined the blubber PCB concentrations and testes weights of 99 adult and 168
114 juvenile male harbour porpoises that stranded in the UK between 1991 and 2017, from
115 necropsies carried out according to standard post-mortem procedures for cetaceans (Law et al.,
116 2006). The post-mortems were carried out at the following three institutes: the Scottish Marine
117 Animal Stranding Scheme (n=30); the University of Exeter (n=17); the Zoological Society of
118 London (n=220) (Figure 1). The individuals selected for PCB analysis were prioritised
119 according to their state of decomposition using the scoring system set out by (Law et al., 2006).
120 Ninety-two percent of the carcasses were classified as extremely fresh (“as if just died, no
121 bloating”) or slightly decomposed (“slight bloating, blood imbibition visible”). Fresher carcasses
122 were prioritised to minimise the impact of changes in pollutant tissue concentrations and
123 dispersion that are associated with decomposition (Law et al., 2006). The individuals analysed
124 were otherwise a representative sample of the strandings that occurred over the period.

125 **2.2 PCB Analysis**

126 We used a standardised methodology to extract and preserve the blubber samples for PCB
127 analysis (Law, 1994). Briefly, blubber samples were taken from the left side of the body, at the
128 caudal insertion of the dorsal fin and preserved at -20°C (Law, 1994). The CEFAS laboratory
129 (Lowestoft) determined the concentrations of the sum of 25 individual chlorobiphenyl (CB)
130 congeners ($\Sigma 25$ CBs) (on a mg kg^{-1} wet weight basis) using a method that was validated

131 following participation in the QUASIMEME (Quality Assurance of Information for Marine
132 Environmental Monitoring in Europe) laboratory proficiency scheme and followed the
133 recommendations of the International Council for the Exploration of the Sea (ICES) (de Boer
134 and Law, 2003; de Boer and Wells, 1997; ICES, 1998; Webster et al., 2013). In cases where
135 the congener concentrations were below the limit of quantification (<0.0003 or <0.0004 mg
136 kg^{-1} wet weight), we set the concentration at half the limit (Law et al., 2012). The numbers of
137 the International Union of Pure and Applied Chemistry CBs congeners analysed were: 18, 28,
138 31, 44, 47, 49, 52, 66, 101, 105, 110, 118, 128, 138, 141, 149, 151, 153, 156, 158, 170, 180,
139 183, 187, 194. This selection was chosen to ensure incorporation of the seven PCBs prioritised
140 for international monitoring by ICES (ΣICES7) and included those that are relatively abundant
141 in commercial PCB mixtures with a broad range of chlorination. The sum of the 25 individual
142 CB congener concentrations was calculated and normalized to a lipid basis (mg kg^{-1} lipid) by
143 extracting hexane from the blubber and calculating the hexane extractable lipid content
144 (Webster et al., 2013).

145 The CEFAS laboratory (Lowestoft) participates biannually in the QUASIMEME proficiency
146 testing scheme for quality assurance and quality control. All the analyses were conducted under
147 full analytical quality control procedures, including the analysis of a blank sample and certified
148 reference material with each batch of 10 samples to assess performance of the methods. In
149 every case the blanks were always below the limit of quantification. When target analytes were
150 beyond the range of instrumentation calibration, the extracts were diluted and re-analysed. The
151 reference material BCR349 (cod liver oil; European Bureau of Community reference) was used
152 and the reference material results were plotted as Shewhard quality control charts for each
153 compound. The charts were previously created from repeated analysis of the reference material

154 using the North West Analytical Quality Analyst software™ (Northwest Analytical Inc., USA).
155 All certified reference materials for each of the samples analysed were within the control and
156 warning limits for each compound, defined as 2σ and $3\sigma - 2x$ and $3x$ the standard deviation
157 from the mean.

158 **2.3 Pathological and Statistical Analyses**

159 As part of the pathological investigations, certain attributes were determined for each animal
160 in the study. We determined sexual maturity using gonadal appearance and, where undertaken,
161 looking for histological evidence of spermatogenesis in male testes (Murphy, 2008). We
162 validated this classification by looking at the differences in testes weights between mature and
163 immature individuals. In cases where immature individuals had testes weights that were greater
164 than the minimum testes weight for mature individuals (n=4) we used age data to further
165 validate the classification. Exact age was determined by quantification of growth layer groups
166 from analyses of decalcified tooth sections using the methods outlined by (Rogan et al., 2004)
167 and (Lockyer, 1995).

168 Testes were removed from the animal and weighed as per standard post mortem protocols
169 (Law et al., 2006). For each individual, the arithmetic mean of the right and left testes weights
170 was calculated. In some cases (n=33/267) only one testis was weighed, either as result of
171 protocol variations and time constraints (n=32) or due to the absence of the testis as a result of
172 scavenger damage (n=1). In these cases, the weights of the single testes were used, as we found
173 there was no statistical difference between left and right testes weights (two sample t-test ,
174 p=0.77). Date of stranding was used to categorise strandings into breeding and non-breeding
175 seasons and we assumed death occurred during the same season that the animal stranded. We

176 defined the breeding season as the 1st May to the 31st of July (Kesselring et al., 2019) and
177 compared mean testes weights across all months of the year (Figure 2). For smaller cetaceans
178 like the harbour porpoise, a basic index of weight to length ratio is thought to be the most
179 appropriate metric of body condition and is widely acknowledged as a good predictor of fitness
180 in marine mammals (Beauplet and Guinet, 2007; Christiansen et al., 2014; Kershaw et al.,
181 2017). Body weight and length followed a power relationship therefore, we fitted a power
182 regression model and extracted the residuals to obtain a metric that could be used as a proxy
183 for body condition (see Appendix A).

184 We excluded immature individuals from further statistical analysis because sperm
185 production, which is associated with testes weights and fertility, only occurs in mature
186 individuals (Kesselring et al., 2019). We did not expect to observe any effect of PCBs on testes
187 weights in immature individuals because they are not sexually active so there is no known
188 mechanism by which PCBs could affect testes weight. We validated this approach by
189 modelling testes weights against selected covariates for immature individuals and this analysis
190 is shown in Appendix A.

191 We carried out all of the analyses using the statistical software R (version 3.4.3) (R Core
192 Team, 2016). Prior to model fitting we carried out extensive data exploration to test for
193 collinearity between variables and remove individuals with missing body weight, length or
194 testes weights (Appendix B Table 6). We investigated the relationship between the mean testes
195 weight (g) and PCB blubber concentrations (mg kg^{-1} lipid wt.) by fitting linear mixed models
196 (LMMs) to selected variables that could explain the variability in the data (Chambers and
197 Hastie, 1992; Venables et al., 2002). Mean testes weights and PCB blubber concentration were
198 natural logarithm transformed prior to statistical analysis so that the assumptions of

199 homoscedasticity and normality were met. Mean testes weight was the response variable. The
200 potential predictor variables included in the full model were selected according to biological
201 rationale that they could impact testes weights. These were nutritional condition, breeding
202 season and log of PCB blubber concentration, with a three-way interaction. We included
203 laboratory as a random effect (Figure 1) in the model to account for any sources of variation
204 between laboratories, including whether testes were weighed with or without the epididymis.
205 We assumed that the inclusion or exclusion of the epididymis would only impact the intercepts
206 and would have no effects on the coefficient estimates. We validated this approach by ensuring
207 that the relationship between length and mean testes weight was consistent across the
208 laboratories (Appendix B Figure 3). We did not include the longitude and latitude of the
209 stranding location in the model as we did not observe any spatial variation in testes weights
210 (see Appendix B Tables 3 & 4). Furthermore the inclusion of latitude and longitude in the
211 model was likely to confound any effect from PCB exposure as PCB blubber concentrations
212 have been shown to vary spatially in UK harbour porpoises (Williams et al., 2020b). The log
213 of body length was included as an offset term to scale testes weights. We used body length as
214 opposed to body weight because body weight included testes weights and was correlated with
215 nutritional condition (Pearson's correlation, $r=0.92$, $p<0.01$).

216 We tested all possible variable combinations to obtain several candidate models, which were
217 ranked according to their AIC (Akaike's Information Criterion) values (Akaike, 1973; Barton,
218 2015). Our final prediction was obtained by averaging the set of plausible models ($\Delta AIC < 4$)
219 from the candidate models. We validated the models by checking the distribution of the
220 residuals and plotting them against selected variables and assessing the variance (see Appendix
221 B Figure 1).

222 3. Results

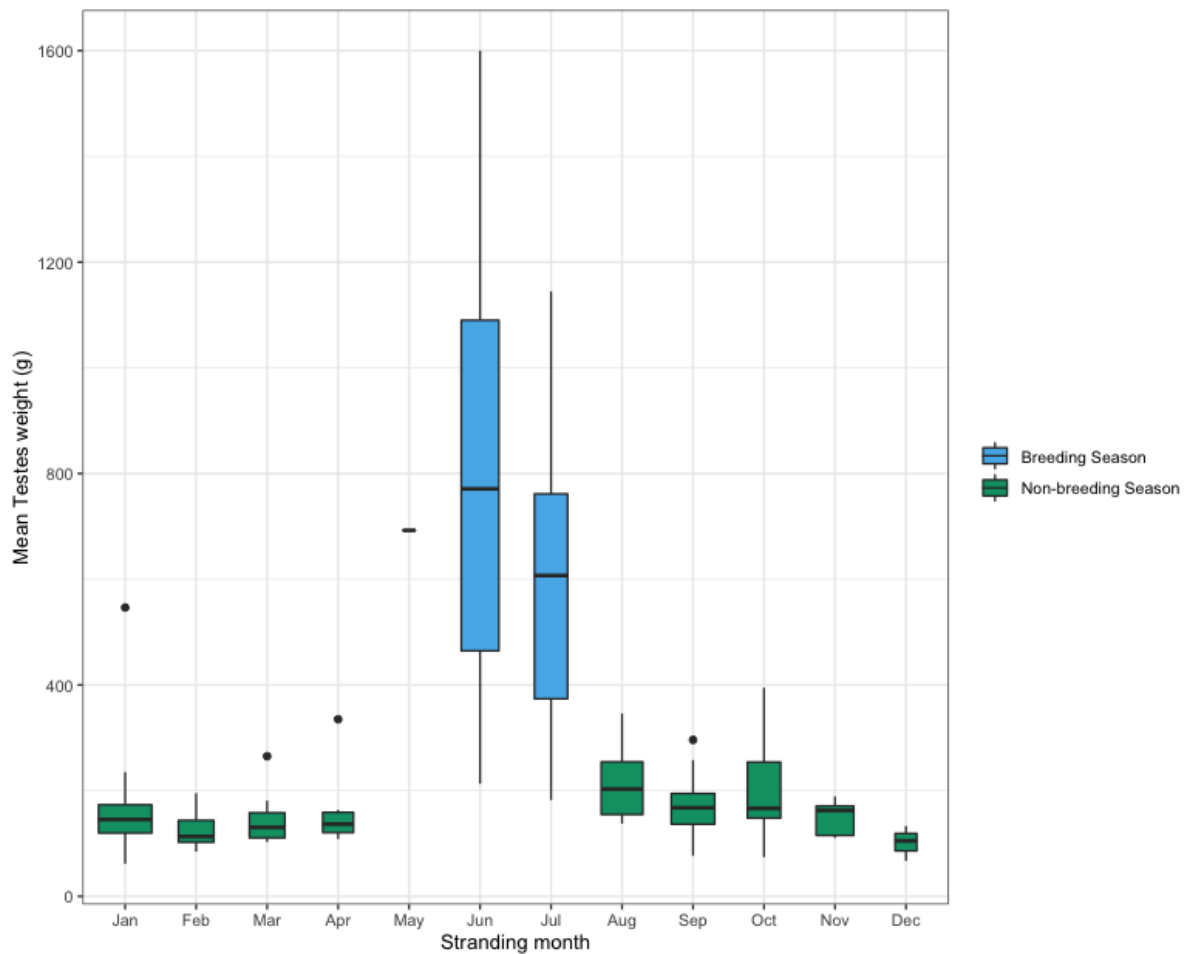
223 The final form of the model, obtained by averaging the set of plausible candidate models,
224 included breeding season, nutritional condition, PCB blubber concentrations and two-way
225 interaction terms between breeding season, PCB concentrations and nutritional condition
226 (Equation 1).

227

$$\begin{aligned} 228 \quad \log \sum \text{Mean testes weight} &\sim \beta_0 + \beta_1 \text{Breeding Season} + \beta_2 \text{Nutritional condition} \\ 229 &+ \beta_3 \Sigma 25\text{CBs} + \beta_4 \text{Breeding Season} * \text{Nutritional Condition} \\ 230 &+ \beta_5 \text{Nutritional Condition} * \log(\Sigma 25\text{CBs}) + \text{offset}(\log(\text{Length})) \\ 231 &+ | \text{Laboratory} \end{aligned}$$

232 *Equation 1: The final form of the model obtained by averaging the set of plausible candidate models. The*
233 *coefficients are weighted according to the frequency of their presence in the plausible candidate models as per the*
234 *model selection table available in the Appendix B Table 7.*

235 From the averaged model, we found that the relationship between PCB blubber
236 concentrations and testes weights is dependent on nutritional condition, whereby PCBs have a
237 greater influence on testes weights in animals that are in good body condition (Figure 3, Figure
238 4, Table 1). We found that animals in poor nutritive condition were predicted to have the lowest
239 testes weights (Figure 4). Animals in good nutritional condition with relatively high PCB
240 concentrations also had suppressed testes weights, while animals with good nutritional
241 condition and low PCB blubber concentrations had the highest testes weights. The mean
242 concentrations of each congener and the PCB Toxic Equivalencies (TEQs) for mature and
243 immature individuals are shown in Appendix B Table 3.



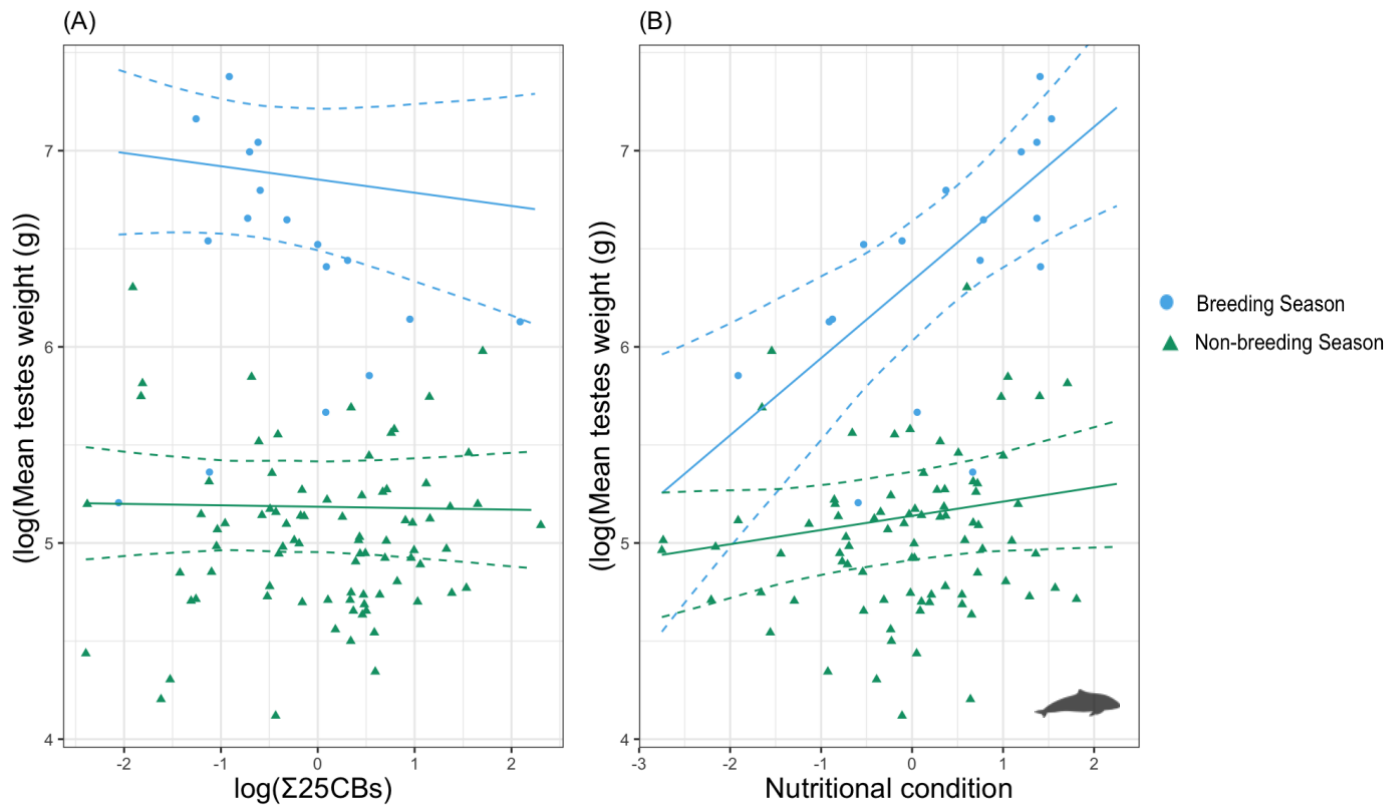
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246 Figure 2: Mean testes weights (g) of harbour porpoises (*Phocoena phocoena*) stranded in the UK between 1991
 247 and 2017 by month of stranding for mature individuals (n=99). The width of the boxes is proportional to the sample
 248 size. In months that do not contain more than one data point a dash is displayed. The boxes are coloured by the
 249 breeding season classification, green for non-breeding season, blue for breeding season. The horizontal lines
 250 represent the median value. The lower and upper hinges correspond to the first and third quartiles. The upper
 251 whisker extends from the upper hinge to the largest value unless the largest value is greater than 1.5 times the
 252 interquartile range (IQR) in which case the upper whisker is limited at $1.5 \times \text{IQR}$. The lower whisker extends from
 253 the lower hinge to the smallest value unless the smallest value is greater than 1.5 times the interquartile range
 254 (IQR) in which case the lower whisker is limited at $1.5 \times \text{IQR}$. Data beyond the end of the whiskers are plotted
 255 individually as points.

256

257 Predictably, season of stranding had the largest effect on adult testes weights whereby
 258 individuals that stranded during the breeding season had significantly higher testes weights
 259 than animals that stranded in the non-breeding season (Table 1, Figure 2). Nutritional condition
 260 also heavily influenced testes weights such that individuals with better body condition had

261 higher mean testes weights (Figure 3). The effect of nutritional condition on testes weights was
 262 greater during the breeding season than during the non-breeding season.



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 266 *Figure 3: Individual mean testes weights (g) of 99 adult harbour porpoises (Phocoena phocoena) stranded in the*
 267 *UK between 1991 and 2017 plotted against (A) the log of blubber concentrations of the sum of 25 chlorobiphenyl*
 268 *congeners ($\Sigma 25CBs$) ($mg\ kg^{-1}$ lipid) with nutritional condition at the third quadrant value (B) Nutritional condition at*
 269 *the mean concentration of $\Sigma 25CBs$. The solid lines represent the model predictions for each season and the*
 270 *dashed lines represent 95% confidence intervals (twice the standard error).*

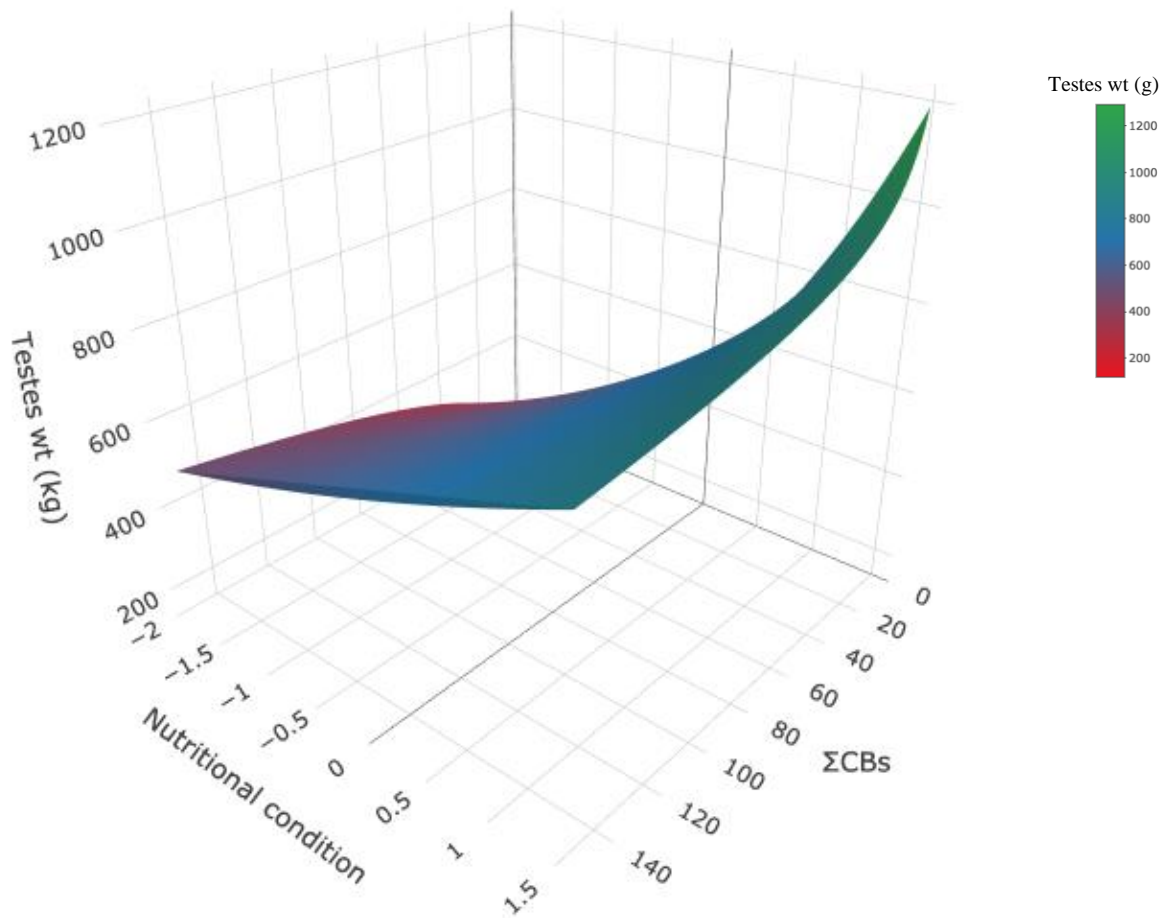
271 *Table 1: Summary statistics of the averaged linear mixed model fitted to the strandings data for mature harbour*
 272 *porpoises (Phocoena phocoena). Natural log transformed mean testes weight (g) was the response variable. The*
 273 *continuous variables were zero centred and scaled. Coefficient estimates were calculated based on an animal that*
 274 *stranded during the breeding season. *indicates statistical significance ($p < 0.01$)*

Variable	Estimate	Std. Error	Adjusted SE	z value	Pr(> z)
Intercept	1.389	0.146	0.148	9.377	0.000*

Season:Non-breeding	-1.222	0.110	0.111	11.013	0.000*
Nutritional Condition	0.364	0.109	0.110	3.299	0.001*
Log(Σ 25CBs)	0.093	0.063	0.064	1.450	0.147
Non-breeding:Nutritional Condition	-0.306	0.103	0.104	2.949	0.003*
Nutritional Condition:log(Σ 25CBs)	-0.147	0.041	0.042	3.494	0.000*

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278 *Figure 4: Surface plot of predicted testes weights (kg) against nutritional condition and PCB blubber*

279 *concentrations, (Σ CBs) (mg kg⁻¹ lipid), for mature individuals during the breeding season. The surface plot is*

280 *colour graded according to predicted testes weights (kg). Red indicates the lowest weights; green indicates the*
281 *highest weights.*

282 **4. Discussion**

283 Here we have shown, that PCB concentrations found in the blubber of mature harbour
284 porpoises in good nutritional condition, are negatively associated with testes weights. The
285 available scientific literature clearly documents that mammalian testes weights are likely to be
286 a good indicator of reproductive potential (Fontaine and Barrette, 1997) in a great number of
287 species as they correlate with sperm production rates (Moller, 1989), which are associated with
288 fertility and reproductive health. Moreover, reduced testes weights, either associated with or as
289 a consequence of PCB exposures, have been widely reported along with other indicators of
290 reproductive toxicity (reduced sperm counts and motility, semen volume and serum
291 testosterone concentrations) in humans, rats and other vertebrates (Kuriyama and Chahoud,
292 2004; Meeker and Hauser, 2010). If lower testes weights are indicative of reduced fertility in
293 cetaceans, then our findings are extremely concerning as they suggest that the reproductive
294 abilities of animals in good nutritional health, exposed to high levels of PCBs, are reduced.
295 These ‘healthy’ individuals are, arguably, the individuals that are most likely to reproduce in
296 the population therefore, exposure to PCBs may cause individuals that would have successfully
297 reproduced to be outcompeted. If a sufficient number of males were impacted in this region,
298 this may have a direct impact of fecundity and reduce population fitness, as a consequence of
299 lower genetic diversity through reduced competition.

300 Despite the global ban on PCB use and manufacture over three decades ago, blubber
301 concentrations in cetaceans are still associated with low recruitment and increased infectious

302 disease mortality, which have been linked to population declines (Desforbes et al., 2018;
303 Jepson et al., 2016; Williams et al., 2020b). Our results suggest the impacts of PCB exposure
304 on male fertility may offer a partial explanation as to why pregnancy rates, in this population
305 of harbour porpoises, are less than half of those observed in other less contaminated
306 populations (Murphy et al., 2015; Ólafsdóttir et al., 2003) . Similarly, impacts on male fertility
307 may be an additional driver for reduced birth rates that are associated with PCB exposure in
308 bottlenose dolphins (Schwacke et al., 2002). This is important in the context of other higher
309 trophic level species, such as killer whales, that accumulate the highest concentrations of PCBs
310 and therefore, face the greatest toxicological threat (Jepson et al., 2016). The impacts of PCB
311 exposure in killer whales are compounded by their low birth rates, as a consequence of their
312 protracted periods of maternal care, which make it difficult for populations to respond rapidly
313 to increases in mortality rates (Evans and Stirling, 2002). Consequently, several populations
314 that live close to industrialised areas face an immediate threat from exposure (Desforbes et al.,
315 2018).

316 Nutritional condition and breeding season were significant predictors of testes weights.
317 Testes weights were significantly higher during the breeding season, which is reflective of the
318 increase in spermatogenic activity known to occur during this period (Neimanis et al., 2000).
319 Individuals with poorer nutritional condition were predicted to have lower testes weights than
320 individuals in good nutritional condition. Investing in reproduction is only possible when
321 energy demands are met and chronic nutritional stress, in marine mammals, has been linked
322 to population declines and pregnancy success rates (Trites and Donnelly, 2003; Wasser et al.,
323 2017). Prolonged fasting has similarly been shown to reduce sperm count and decrease testes
324 weights in rodents (Eliza et al., 1997; Samuel et al., 2015). This is likely to be because of a

325 lack of availability of nutritional elements that are vital for spermatogenesis (Cheah and Yang,
326 2011). While we have shown that poor body condition is the predominant driver of reduced
327 testes weights, previous work, using the same dataset, has shown that PCB concentrations are
328 higher in nutritionally compromised individuals (Williams et al., 2020b). Hence the effect of
329 PCBs is unlikely to be directly observed in animals with reduced body condition but may still
330 contribute to reduced reproductive output within the population.

331 We have shown that in animals with good nutritional condition, adult testes weights are
332 negatively associated with PCB concentrations. However, there are some biases associated
333 with strandings data that are important to consider. Strandings data may be overrepresented by
334 older animals with naturally lower fertility and reduced testes weights as a consequence of
335 reduced spermatogenic activity. This could confound our results because PCB levels in
336 cetaceans accumulate with age therefore, older animals tend to have higher PCB
337 concentrations. However, although senescence has not been well documented in harbour
338 porpoises, pregnancies have been documented in animals older than 15 (Learmonth et al.,
339 2014). Thus, given that (where age data was available $n = 45$) our sample of mature individuals
340 had very few individuals above the age of 15 ($n = 2$), our sample should represent a fertile
341 portion of the population (Appendix B Table 2). To ensure our findings were not affected by
342 individual variation in timing of the breeding season, our classification was based on the
343 consensus of a number of sources (Fontaine and Barrette, 1997; Kesselring et al., 2019;
344 Learmonth et al., 2014; Neimanis et al., 2000), which was consistent with the seasonal variation
345 in testes weights we observed in the data. Strandings data can also be overrepresented by
346 individuals in poor nutritional condition or ill health. This can influence results as animals
347 suffering from disease have higher PCB concentrations as a consequence of blubber loss (Hall

348 et al., 2006; Kajiwara et al., 2008). An important strength of this study is that we have included
349 infectious disease and trauma cases in our analysis. This has allowed us to compare animals in
350 poor and good nutritive condition and reveal the complex relationship between nutrition, PCB
351 exposure and testes weights. The sample size for each cause of death category is comparable
352 and shown in the Appendix B Table 1.

353 The timing of exposure to contaminants can have a profound impact on the overall effects
354 throughout an individual's lifetime. There is a weight of evidence suggesting that *in utero*
355 exposure to endocrine disrupting chemicals, in humans, for example, can cause permanent
356 reproductive suppression by disrupting development of the male reproductive organs
357 (Bergman et al., 2013). Therefore, the impact of PCB exposure on testes weights in male
358 cetaceans could be partially driven by the level of exposure of their mothers to PCBs during
359 pregnancy and lactation (Borrell et al., 1995; Williams et al., 2020). Exposure in adults can be
360 considered to cause transient effects, yet foetal or neonatal exposure can result in permanent
361 effects because contaminants impact development of the endocrine and physiological systems
362 (Bergman et al., 2013). These effects can also be transgenerational as chromosomal damage
363 will often be inherited (Skinner et al., 2011). This means exposure to PCBs may cause long
364 term damage to the reproductive health of a population that will persist regardless of current
365 exposure levels.

366 Despite being banned over 35 years ago (*Control of Pollution (Supply and Use of Injurious*
367 *Substances) Regulations 1986*) PCBs continue to enter the marine environment and remain at
368 levels still associated with reduced recruitment rates in several cetacean populations. It is
369 imperative that more is done to reduce the input of legacy PCBs into the environment. Strict
370 international compliance with the Stockholm Convention on Persistent Organic Pollutants

371 (UNEP, 2017) and EU legislation (*Regulation (EU) 2019/1021 of the European Parliament*
372 *and of the Council, 2019*) would help to minimise the risk of contamination from secondary
373 sources and ensure stockpiled PCBs and PCBs in ‘open application’ are destroyed. Thereby,
374 preventing further discharge into the environment. At present many parties are falling short of
375 their commitments to the Convention and many European nations are unlikely to achieve their
376 2025 and 2028 targets. Harbour porpoises are a coastal species and therefore UK-managed
377 effective PCB controls could have a substantial impact on their population health and should
378 be prioritised accordingly. Further research is urgently required to identify the potential
379 mechanisms by which PCBs may reduce testes weights and explore other possible PCB
380 mediated impacts on male reproductive health. Future research can build on our findings to
381 answer these questions perhaps through the use of histopathological examination or other
382 markers of reproductive fitness (Holt et al., 2004; Kesselring et al., 2019). This would help to
383 establish whether current risk assessments, which do not account for impacts on male fertility,
384 are underestimating the risk of PCBs, and provide vital information to improve the
385 management of cetacean populations both in the UK, and around the globe.

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398 **SUPPLEMENTARY MATERIALS**

399 **Appendix A: Supplementary Methodology Materials**

- 400 1. Methods for the derivation of the body condition metric
- 401 2. Methodology and results for testes weights modelled against selected covariates for
402 immature harbour porpoises

403 **Appendix B: Supplementary Tables & Figures**

404 Figure B-1: (A) QQ Plot of model residuals; (B) Residuals plotted against $\Sigma 25CBs$; (C)
405 Residuals plotted against Latitude; (D) Residuals plotted against Longitude Figure 2: (A) QQ
406 Plot of model residuals; (B) Residuals plotted against $\Sigma 25CBs$; (C) Residuals plotted against
407 Latitude; (D) Residuals plotted against Longitude

408 Figure B-2: Body length (cm) against mean testes weight (kg) for the 3 UK laboratories

409 Table B-1: Count of individuals in each cause of death category and sexual maturity status
410 in the strandings sample

411 Table B-2: Count of individuals in each age class and sexual maturity group

412 Table B-3: Mean concentrations of each polychlorinated biphenyl congener for immature
413 and mature individuals.

414 Table B-4: Results from analysis of variance testing of average testes weight against
415 longitude for all individuals that had available testes weights and stranding location date
416 (n=1091).

417 Table B-5: Results from analysis of variance testing of average testes weight against
418 longitude for all individuals that had available testes weights and stranding location date
419 (n=1091).

420 Table B-6: Results for Kruskal-Wallis rank sum tests for Length and Breeding Season on
421 immature and mature individuals

422 Table B-7: Results for Pearson's product-moment correlation tests

423 Table B-8: Model selection table for sexually mature individuals

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