# Detecting emotions through non-invasive wearables

J. A. Rincon, V. Julian, C. Carrascosa

Universitat Politècnica de València. D. Sistemas Informáticos y Computación {jrincon, vinglada, carrasco@dsic.upv.es}

A. Costa, P. Novais

Centro ALGORITMI, Escola de Engenharia, Universidade do Minho, Guimarães {acosta, pjon@di.uminho.pt}

## Abstract

Current research on computational intelligence is being conducted in order to emulate and/or detect emotional states using specific devices such as wristbands or similar wearables. In this sense, this paper proposes the use of intelligent wristbands for the automatic detection of emotional states in order to develop an application which allows to extract, analyze, represent and manage the social emotion of a group of entities. Nowadays, most of the existing approaches are centered in the emotion detection and management of a single entity. The designed system has been developed as a multi-agent system where each agent controls a wearable device and is in charge of detecting individual emotions based on bio-signals. *Keywords:* Multi-agent Systems; Wearables ; Emotion detection

#### 1. Introduction

The emulation of emotional states allow machines to represent some human emotions. Current research on computational intelligence is being conducted in order to emulate and/or detect those emotional states [1]. This artificial representation of emotions is being used by machines to improve the interaction process with humans. In order to create a fluid emotional communication between human and machines, the machines need first to detect the emotion of the human with the final purpose of enhancing decison-making processes while improving humancomputer interactions [2]. In order to accomplish with these tasks, it is necessary to use different techniques such as: speech recognition, artificial vision, written text, body gestures, and biosignals.

Human beings perceive and analyse a wide range of stimuli in different environments. These stimuli interfere in our commodity levels modifying our emotional states. Before each one of these stimuli, humans generate several type of responses,

- like varying our face gestures, body movement or bio-electrical impulses. These variations in our emotional states could be used as a very useful information for machines. To do this, machines will require the capability of interpreting correctly such variations. This is the reason for the design of emotional models that interpret and represent the different emotions in a computational way. In this case,
- emotional models such as Ortony, Clore & Collins model [3] and the PAD (Pleasure-Arousal-Dominance) model [4] are the most used ones to detect or simulate emotional states. With the emergence of new smart devices, in areas such as ubiquitous computation and ambient intelligent, emotional states are now a very valuable information, which allows the development of new applications that help to improve
- the human being life quality in a more accurate and reliable way.

Nevertheless, for the time being the detection of the joined emotion of an heterogeneous group of people is still an open issue. Most of the existing approaches are centered in the emotion detection and management of a single entity. In this work we propose to detect the social emotion of groups of people in an Ambient

- <sup>30</sup> Intelligence (AmI) application with the help of smart wearables. Specifically, we propose a system that controls automatically the detection of the emotions of the people with the use of individual wristbands. Thus, the main goal of the proposed system is to obtain the social emotion of this group of people in order to try to improve the well-being of that people (as an example, play some kind of music to
- increase happiness of the people). Each one of the individuals will have a, possibly different, emotional response. This response will be detected and transmitted by the wristbands in order to calculate a social emotion of the set of individuals. This social emotion will be used to predict the most appropriated action according to the domain where the application is used. In this way, the designed system has been
- 40 developed as a multi-agent system where each agent controls a wearable device

and is in charge of detecting individual emotions based on bio-signals.

The rest of the paper is structured as follows: section 2 gives an overview of the related state of the art; section 3 describes the system focusing on the description of the wristband agent; finally, section 4 presents some conclusions.

# 45 2. State of the Art

The social issues that affect society strongly push the interest in solutions that aim to solve those issues. AmI is gaining traction due to its usage in complex environments to help elderly people sustain an independent and active life. AmI projects help in providing day-care through monitoring fragile people (like elderly or men-

- tally/physically challenged) and acting through traditional interfaces (sound, screens, etc.) or changing environment conditions and objects (through actuators or smart objects). This means that a home equipped with these devices and services would improve the people lives and, at the same time, be cost-effective. These systems require an initial significant investment (the cost of the devices and the installation),
- <sup>55</sup> but they have a low maintenance cost, thus improving their cost on the long term. Despite the several aims AmI projects have, they can be clustered in five clusters of operational areas [5]: Daily living activities, Fall and movement detection, Location tracking, Medication control, Medical status monitoring.

The clustering is important as it classifies the contained projects and provide focus to an extensive area. Some are contained in an cluster and some spread across various, but most are cantered in a cluster. Next we present a project for each of these areas, providing a sample of the numerous existing projects. This representation is important as we are able to classify our project and show the common and uncommon features that it shares with the represented projects.

**Daily living activities:** [6] presents a platform to identify the users actions (moving around and interacting with objects) with RFID technology. They have a database with pre-trained values that correlate to the RFID signals, and a fast inference mechanism that allows the identifications of the actions within a given space. One of the issues of this platform is the limited range of the RFID beacons,

<sup>70</sup> which require that the people that use the tags to be close to them, resulting in an unnatural interaction with the platform.

**Fall and movement detection**: in terms of hardware, the projects in this area resort to the following (one or a mixture of them): cameras, accelerometers and pressure sensors. [7] presents a platform that uses cameras (to register the visual

- <sup>75</sup> information) and then process that data to provide accurate results. This platform does not requires direct interaction from the users but are very invasive in terms of privacy. The cameras have to be placed at critical places, like the bathroom, a place where privacy is of the uttermost importance and the law impedes the placement of cameras. Thus, this platform (and similar ones) are very limited in terms of for the utermost in the similar ones) are very limited in terms of for the utermost in the similar ones.
- <sup>80</sup> functionality (by being limited to some areas of the house).

**Location tracking**: [8] presents a location tracking system that uses a smartphone sensors to provide information about the current location of the system users to other AmI systems. This information can then be proceeded to informal and formal caregivers and medical personnel. These type of systems require the constant

- monitoring of the localization, thus there is no guarantee of privacy. This intrusion is not done directly but by allowing 3rd party users to constantly know the location of another person the system becomes very intrusive [9]. Moreover, the drainage of battery is still an important drawback, and localization consumes a large amount of battery and carry more batteries is not always feasible.
- Medication control: these projects consist in systems that help the users to remind the medications that they have to take [10, 11]. They play an important role on the users life, as a large number of elderly people have trouble in remembering to take their medication. These systems are mostly recommenders and can only provide simple information. These type of applications are commonly available for
- mobile devices and desktop computers.

**Medical status monitoring**: [12, 13, 14] present platforms that are constituted by sensor systems that are in direct contact with the human body. These sensor systems create a body area network and provide information about the users vital sign and bodily functions. For instance, all three works presented capture electrocardiograms. [13] uses the electrocardiogram information and ballistocardiogram information to assert if vehicle drivers are calm and concentrated or if they are stressed or having some kind of medical issue (the project is directed to elderly people). [14] presents a system that manages home lights (brightness and colour) according to the users physical state. The users carry a biosignal reading glove that sends the readouts to the server and according to their pulse/heart-rate the lights are dimmed or colour changed. The glove has to be worn constantly and is limited to a confined range of actions (it cannot be wetted or used to manage heavy objects). The problem with these systems is that they require users to attach sensors on their

own body (the case of [12]) or that the users are in a very controlled environment like [13].

One common problem revealed of these projects is that they are interested in developing their components but do not reveal any particular interest on the users opinion about those components. Only recently the topic of invasiveness has been studied due to the high reluctance of the users using clumsy and complex apparatus [15]. Our goal is to produce a system that increases the comfort level of the users through the use of a non-invasive wearable bracelet that performs body monitoring to attain the users' emotional status.

## 3. System Proposal

This section explains the different elements that compose the multi-agent system, which describe a way to detect emotions based on bio-signals. One of the main problems to detect human emotions is the information capture, existing different ways to get this information. Normally, this information is acquired using image processing, but we can find other ways such as capturing and processing speech, body gesture and bio-signals. The emotion detection using bio-signals is focused in our body signals as skin resistance (GSR), photoplethysmogram, heart rate and electroencephalography. This paper only takes into account three of these signals, since acquiring electroencephalography signals needs a big amount of sensors connected to the user, so it could bother to him more than wearing a wristband.

In current years, the use of wearable devices has been growing, devices such as

- Samsung<sup>1</sup> with the Gear Fit, Gear S2 or Apple<sup>2</sup> with the Apple Watch are only some examples. These devices can measure heart rate beat or hand movement using the IMU (Inertial Measurement Unit). Based on these devices and using the current technology in embedded systems, it is possible to create new smart bracelets. These bracelets include different sensors that allow the acquisition of bio-signals that can
- help for the detection of the human's emotions. Using signals of this kind along with
   the incorporation of complex algorithms based on machine learning techniques, it
   is possible to recognise how humans change their emotional states.

The proposed multi-agent system is formed by three types of agents. These agents are: the *Wristband agent*, the *Social Emotion Agent*, and the *Manager agent*. The Wristband agent is mainly in charge of: (i) capture some emotional information from the environment and specifically from a specific individual, this is done by interacting with the real world through the employed wristband. The agent captures the different bio-signals, that will be used to detect the emotion of a human being; and (ii) predict the emotional state of the individual from the processed biosignals.

- In order to analyze these changes and predict emotional states, the Wristband agent employs a classifier algorithm that will be later explained. Once the emotion has been obtained, it is sent to the agent which is in charge of calculating the social emotion of the agent group. This agent is called *Social Emotion Agent* or *SEtA*. The main goal of this agent is to receive the calculated emotions from all the *Wristband*
- agents and, using this information, generate a social emotional state for the agent's group (details of how this social emotion is calculated can be seen in [16]). Once this social emotion is obtained, the *SEtA* can calculate the distance between the social emotion and a possible target emotion (for instance the target emotion can be happiness). This allows to know how far is the agent's group of the target emo-
- tion. This can be used by the system to try to reduce that distance modifying the environment. This modification of the environment is made by the *Manager agent*, which will have the know-how of the specific domain. This agent uses this social

<sup>&</sup>lt;sup>1</sup>http://www.samsung.com

<sup>&</sup>lt;sup>2</sup>http://www.apple.com

emotional value to calculate what is the next action to be done. After different executions, the Manager agent can evaluate the effect that the actions has had over

the audience. This will help the manager to decide whether to continue with the

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same actions or not in order to improve the emotional state of the group of people. Due to the limits of the paper, we only describe in detail the processes made by the *Wristband agent* which are the model design, the data acquisition process and the emotion recognition. Moreover, the physical components of the wristband prototype are also described.

3.1. Model Design

For the recognition process of human emotions, the first step is to train the appropriated models. Nevertheless, to train these models, it is necessary to have a dataset that normally it is impossible to found. This is mainly due to the fact that humans respond differently to the environment stimuli. For this reason, we propose a tool that uses images as a visual stimulus. These images were obtained from the *International Affective Picture System (IAPS)* [17]<sup>3</sup>. Using them, we design a graphical user interface (see Figure 2) that connects with the wristband and at the same time shows the different images.

- Figure 1 shows the different steps that follows the application used to build the machine learning module. At step 1 the user watches images in 10 seconds intervals. During these 10 seconds the step 2 is activated and takes three images at the beginning, one in the middle and another at the end of each interval. At step 3 the captured images are sent to Microsoft cognitive service to detect the emotions.
- At the same time that step 1 and step 2, the step 4 acquires the bio-signals through the wristband and sent them to the system to be processed. Once the 10 seconds have finished, the user performs the *SELF-ASSESSMENT MANIKIN (SAM)* test [18] (step 5) in order to qualify qualitatively his emotional experience in front of the image. The different responses obtained by the user are stored in a database (step
- 185 6), that is composed by the image name, the emotion delivered by the cognitive

<sup>&</sup>lt;sup>3</sup>http://www.csea.phhp.ufl.edu/Media.html

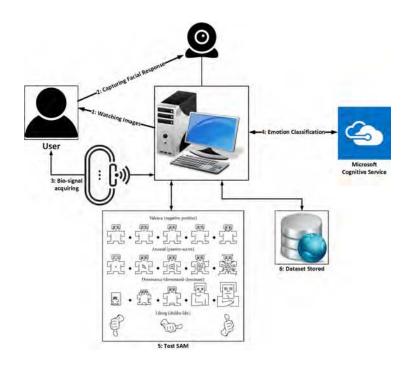


Figure 1: Graphical view of the proposed process.

service, the bio-signals acquired through the wristband and the SAM test result. This dataset is used to train the machine learning model that will be integrated into the wristband. The GUI (Figure 2) was divided in three sections one to show the image with which we want stimulate the emotional change. The second is the image captured using the web cam and the third is the SAM test.

The Figure 3 shows the wave form of a GSR signal (red line) and photoplethysmogram signal (blue line), acquired through the wristband.

# 3.2. Data Acquisition Process

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This process made by the *Wristband agent* is responsible to capture the different needed bio-signals. To do this, the *Wristband agent* uses different sensors. The sensors used are: *GSR and Photoplethysmogram* (Figure 4). The GSR measures the galvanic skin response. The measurement is performed by passing through the skin a very low current, and storing small variations in voltage. On the other hand,

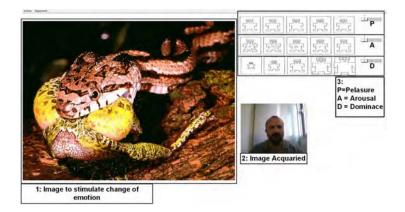


Figure 2: Graphical interface used to get the data.

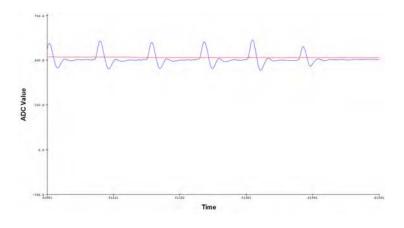


Figure 3: GSR Raw data.

the Photoplethysmogram is a process of applying a light source measuring the light
reflected by the skin. The received signal consists of pulses that reflect the change in vascular blood volume with each cardiac beat. The information captured by each one of these sensors is subsequently preprocessed. This last process allows to convert the measure captured for each sensor in the corresponding units. The GSR sensor converts the measurement of the skin conductance in Ohm and the
Photoplethysmogram returns raw data that can be easily processed.

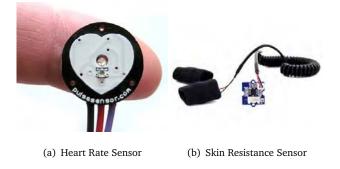


Figure 4: View of the employed sensors.

## 3.3. Emotion Classification

In this section we describe the method to do the emotion recognition using the bio-signals acquired with the wristband. As commented in the previous section, we have made a dataset to train an ANN to be able to classify the user emotion from bio-signals captured by the wristband. This dataset has as inputs the three features corresponding to the three captured bio-signals: GSR, photoplethysmogram, and temperature as input. The dataset output is composed of the emotion detected using Microsoft cognitive service and the SAM test. Each input channel of the wristband is formed for 256 samples, each one of them is an input of our neural network. The neural network has also five hidden neurons and seven outputs (each output

corresponds to an specific emotion). The architecture of our neural network is shown in Figure 5.

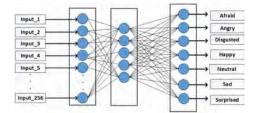


Figure 5: Neural Network Architecture.

The ANN has a background propagation architecture and was trained using a supervised methodology, since the objective of the network is to classify the human

emotion. As commented before, this information was extracted from our dataset. To make this training, we used 80% of the data to train the network and 20% as a test. Figure 6 shows the mean square error (MSE) of the neural network.

As a result, the wristband obtains the current emotional state of the individual. This value will be sent to the *SEtA* agent in order to calculate the emotional state of the group.

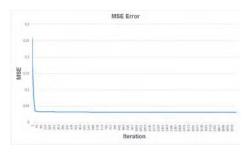


Figure 6: Mean square error of the neural network.

# 3.4. Wristband Prototype

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This section describes the design of the physical wristband. This device was developed using an Arduino mini <sup>4</sup> and is responsible for acquiring the GSR, PPG, Temperature and Acceleration, likewise it handles the communication with the interface.

As before commented, the prototype has been designed as a wristband in which the Wristband Agent is deployed. Figure 7 shows the different components of our wristband prototype which are the following: (1) Power Supply and Battery Charger (3.7 volt battery); (2) Sensors: for acquisition of GSR and Photoplethysmogram signals; and (3) Arduino mini processor. The bio-signals captured in the wristband are passed by an *Analog to Digital Conversion* or *ADC* allowing the discretization of the analogue signals.

<sup>&</sup>lt;sup>4</sup>https://store.arduino.cc/arduino-mini-05

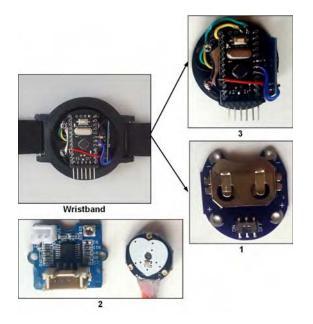


Figure 7: Components of the Smart Wristband Prototype.

# 4. Conclusions and future work

- This paper presents how to integrate non-invasive biosignals for the detection of human emotional states through an agent-based application. The identification and detection of human emotional states allow the enhancement of the decision-making process of intelligent agents. The proposed application allows extracting (in a noninvasive way) the social emotion of a group of persons by means of wearables facilitating the decision-making in order to change the emotional state of the individuals.
- As commented before, the application incorporates automatic emotion recognition using biosignals and machine learning techniques, which are easily included in the proposed system. The flexibility and dynamism of the proposed application allow the integration of new sensors or signals in future stages of the project. Moreover, as future work, we want to apply this system to other application domains, specifi-
- cally the proposed framework fits with the industrial one, for instance representing production lines including the individuals and their emotional states as yet another elements to be considered in the production line.

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