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Characterization of increased persistence and intensity of precipitation in the northeastern United States

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Abstract We present evidence of increasing persistence in daily precipitation in the northeastern United States that suggests that global circulation changes are affecting regional precipitation patterns. Meteorological data from 222 stations in 10 northeastern states are analyzed using Markov chain parameter estimates to demonstrate that a significant mode of precipitation variability is the persistence of precipitation events. We find that the largest region-wide trend in wet persistence (i.e., the probability of precipitation in 1 day and given precipitation in the preceding day) occurs in June (+0.9% probability per decade over all stations). We also find that the study region is experiencing an increase in the magnitude of high-intensity precipitation events. The largest increases in the 95th percentile of daily precipitation occurred in April with a trend of +0.7 mm/d/decade. We discuss the implications of the observed precipitation signals for watershed hydrology and flood risk.

1. Introduction

Concurrent with the global increase of temperature is a change in precipitation, which varies widely in magnitude and direction depending on the region considered. In general, dry areas have become drier and wet areas have become wetter [*Dore*, 2005]. Warming temperatures increase the potential intensity of precipitation, as saturation vapor pressure increases steeply with temperature [*Durack et al.*, 2012; *Berg et al.*, 2013]. Changing global circulation patterns may also have pronounced local impacts on the distribution of precipitation, influencing watershed hydrology as well as humans and natural systems. However, spatial and temporal variability in precipitation is very high, and for many regions, including the northeastern United States (NE U.S.), the connection of local-scale precipitation changes to global climate change remains elusive.

Recent research on global circulation changes suggests that arctic amplification and sea surface temperatures are drivers of changes in jet stream wave amplitude and propagation speed [e.g., *Francis and Vavrus*, 2012; *Petoukhov et al.*, 2013; *Screen and Simmonds*, 2013; *Tang et al.*, 2013]. One hypothesis [*Francis and Vavrus*, 2012] is that changing meridional temperature differences reduce jet stream intensity, resulting in higher-amplitude waves and slower velocities, both of which can affect storm tracks and result in local weather impacts. However, the proposed role of arctic amplification in regulating weather patterns resulting from jet stream meanders has been criticized [*Kintisch*, 2014]. Other hypotheses suggest that changing sea surface temperature [*Muller*, 2013; *Palmer*, 2014] plays a similar role. *Palmer* [2014] proposes a mechanism that links increased sea surface temperatures (SSTs) to larger-amplitude planetary waves. In this mechanism, increased SSTs generate more powerful storms in the western tropical Pacific, and the release of latent energy excites propagating wave trains that interact with and amplify the midlatitude planetary waves. *Muller* [2013] suggests that warming SSTs may also contribute to the organization of squall lines in convective systems that can lead to increases in extreme precipitation.

The NE U.S. has experienced an increase in precipitation of approximately 10 mm/decade and the greatest increases in extreme precipitation in the United States [*Horton et al.*, 2014]. For example, the return period of daily rainfall intensity greater than 101.6 mm (10.16 cm) has decreased in the last century from 26 to 11 years in the NE U.S., and the frequency of the upper 10% of rainy days has increased in the NE U.S. [*Groisman et al.*, 2001, 2005]. Under the recently proposed mechanisms that yield slower-moving planetary waves, storms are expected to propagate more slowly resulting in more persistent weather patterns. Changes in the persistence of precipitation in the NE U.S. have not been studied in detail. However, NE U.S. precipitation magnitudes show little dependence on large-scale climate variability [*Brown et al.*, 2010; *Dai*, 2013]. *Brown et al.* [2010] considered six teleconnection patterns, while *Dai* [2013] looked only at the interdecadal Pacific oscillation.

Table 1. Statistical Analysis of Regional Trends in the Probability of a Wet Day Following a Wet Day, P_{11}

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann
Positive trends	139	146	156	157	179	178	159	160	168	166	157	150	168
Significant positive trends	109	117	112	121	145	146	131	126	128	137	118	115	141
Negative trends	83	76	66	65	43	44	63	62	54	56	65	72	54
Significant negative trends	57	50	50	39	32	28	44	43	42	39	46	55	36

Understanding the nature of precipitation variability in the NE U.S. is critical especially with respect to severe flooding, which has become more frequent with time in this region [*Collins*, 2009]. In this study, we provide a statistical analysis of regional trends in the median and 95th percentile of daily precipitation and trends in wet and dry persistence. We focus on these metrics because as global temperatures continue to increase, shifts in these metrics are expected due to the dynamics of the jet stream and increasing vapor pressure of water in the atmosphere. Also, if there are continued positive trends in these metrics, we expect significant hydrologic implications including the magnitude and return intervals of severe flooding and problematic nonstationarity [*Milly et al.*, 2008] in precipitation and river discharge.

2. Methods

We characterized statistical trends in regional precipitation believed to have the greatest hydrological implications: the median and 95th percentile of daily precipitation and wet and dry persistence. We used the daily data from the Global Historical Climatology Network (GHCN), retrieved from the National Climatic Data Center and covering the entire NE U.S. as defined by the National Climate Assessment. The NE U.S. as defined for this study thus includes the states of Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New York, Pennsylvania, Vermont, West Virginia, and the District of Columbia. However, no climate stations from the District of Columbia or Maryland satisfied our selection criteria. Daily precipitation from 222 stations was analyzed with record lengths varying between 51 and 174 years and a mean record length of approximately 84 years. Stations were selected such that each had over 50 years of data, and the last data point was recorded after 1 January 1990. We removed any station that was missing 10 continuous years of data; and daily precipitation values were rounded to the nearest 1 mm. Station names and locations are included as supplemental information.

2.1. Characterization of Changes in Precipitation Extremes

For each station, the depths of daily precipitation were subdivided and modeled using two distributions to better represent the extreme events of the distribution, that is, to better account for rare but important events. The first distribution was best fit to all daily precipitation depth values up to the 75th percentile, and the second distribution was fit to the remaining upper tail. The lower values were fit utilizing an exponential distribution, while the upper values were fit with a generalized Pareto distribution. Both distributions were fit using the method of maximum likelihood estimation. The two distributions were fit for moving 30 year windows by month and annually. A 30 year window was chosen because it was found to generate enough samples within the upper 25% of the distribution to minimize noise in the Pareto fitting parameters without overly smoothing the signals. For each window, the 95th percentile and median of daily precipitation were calculated from the two distributions. This was completed for each month and annually. The 95th percentile and median of daily precipitation were selected to represent heavy and average daily precipitations, respectively. A linear model was fit to determine the trends of these metrics over time. Trend magnitudes were calculated using the slope of the best fit linear model. Interquartile ranges were calculated for the trend

Table 2. Statistical Analysis of Regional Trends in the Probability of a Dry Day Following a Dry Day, P_{00}

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann
Positive trends	128	132	151	125	105	108	112	106	71	70	95	108	110
Significant positive trends	98	108	117	101	85	83	84	73	48	45	60	81	83
Negative trends	94	90	71	97	117	114	110	116	151	152	127	114	112
Significant negative trends	71	60	40	64	84	80	78	89	121	120	101	84	82

Table 3. Statistical Analysis of Regional Trends in Median Daily Precipitation

|	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann
Positive trends	114	113	128	129	126	129	129	141	135	161	148	136	136
Significant positive trends	71	58	79	75	72	78	86	97	87	120	101	88	93
Negative trends	108	109	94	93	96	93	93	81	87	61	74	86	86
Significant negative trends	76	74	66	69	71	65	59	48	55	46	41	61	66

magnitudes of each metric for the whole region by combining all 222 stations. Comparisons were performed between the number of positive trends and negative trends and significant ($p < 0.01$) positive and negative trends using the Mann-Kendall test (Table 1).

### 2.2. Characterization of Changes in Wet and Dry Persistence

The Markov chain parameters in this study represent the probability of transition from dry day to dry day (P_{00}) and the probability of transition from wet day to wet day (P_{11}) (Tables 1 and 2). P_{00} is used as an analogue for dry persistence, while P_{11} is used as the analogue for wet persistence. Wet days are defined as days that record ≥0.5 mm of precipitation. For each station, a moving average of P_{00} and P_{11} was calculated by month and annually using a 30 year window. A 30 year window was used to be consistent with the window size used to characterize the precipitation extremes. Again, the slope of a best fit linear model was used to calculate the trend magnitudes in the metrics, and comparisons were performed on the trends in P_{00} and P_{11} across the study region as described in the previous section.

3. Results and Discussion

The observation records show precipitation to be nonstationary in time. Of the four statistics computed, only the median daily precipitation (Table 3) remained largely unchanged. The 95th percentile of daily precipitation for the study region generally increases over the observed record (Figure 1). More than 148 (two thirds) of the 222 stations show positive trends for the 95th percentile of daily precipitation in the months of October through May, and at least half of the stations display significant ($p < 0.01$) positive trends during every month except July and September. The strongest regional trend in the 95th percentile of daily precipitation was observed in April when the average trend was +0.7 mm/d/decade. It should also be noted that the interquartile
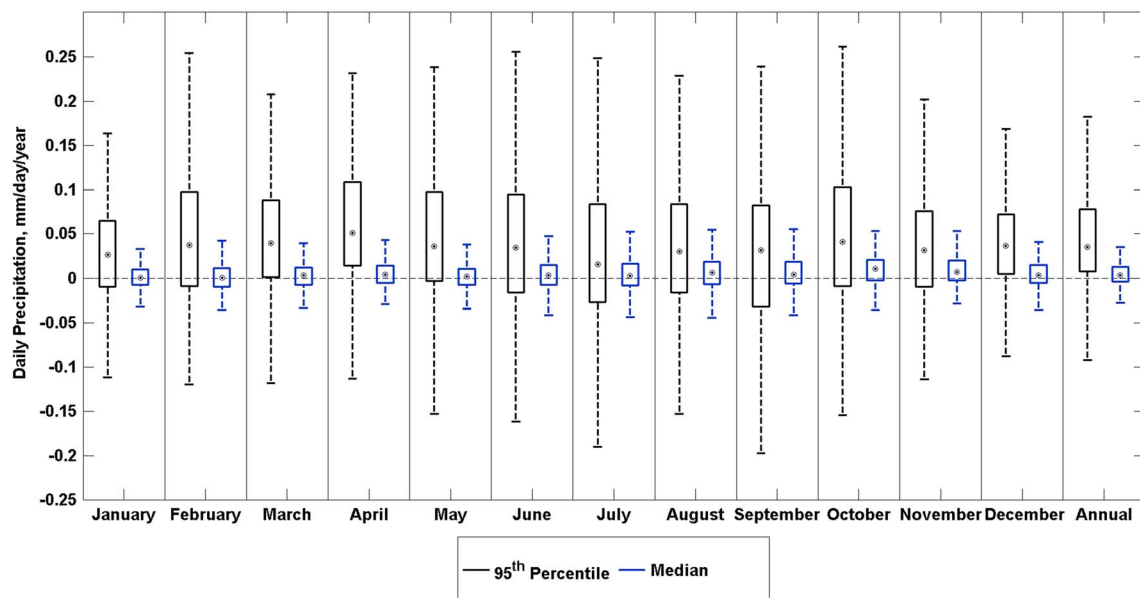
Figure 1. Regional trends in the median and 95th percentile of daily precipitation over the period of record for 222 Global Historical Climate Network stations. The dots represent the monthly or annual mean trend, the rectangle represents the interquartile range of the trend, and the whiskers represent the full range. Outliers are not shown for viewing purposes. This figure shows that the trends in the 95th percentile of daily precipitation are most significant during December, March, and April and are generally increasing at a greater rate than the median. However, there is much greater variability in the trends of the 95th percentile.
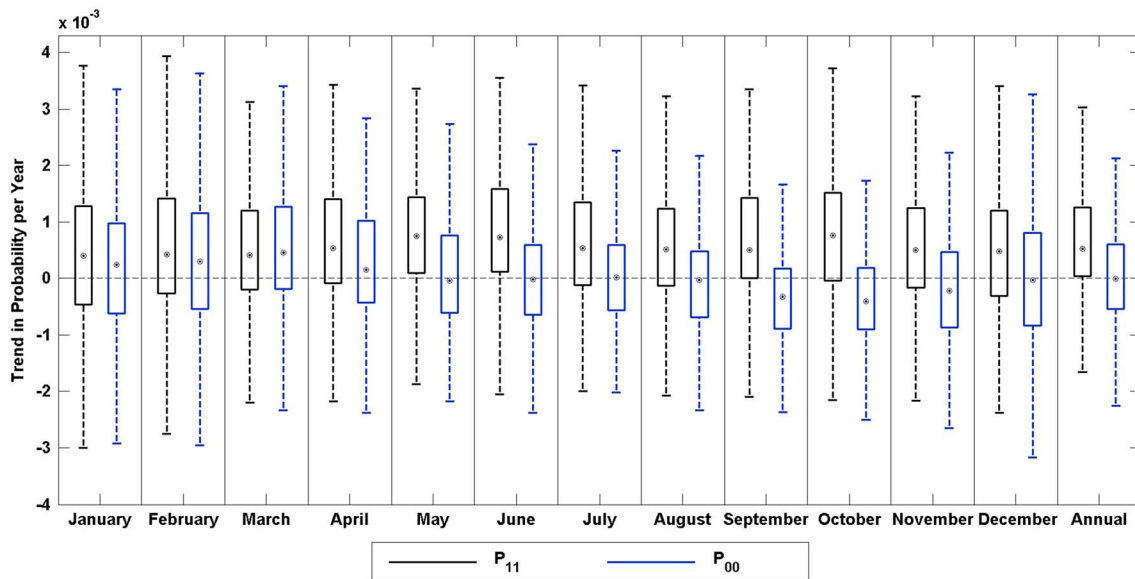
Figure 2. Regional trends in the Markov chain parameters of daily precipitation over the period of record for 222 Global Historical Climate Network stations. The dots represent the monthly or annual mean trend, the rectangle represents the interquartile range of the trend, and the whiskers represent the full range. Outliers are not shown for viewing purposes. This figure displays the trends in P_{11}; the greatest increases in wet persistence occurred during the months of May and June, while the trends in P_{00} show decreasing dry persistence during September and October and increasing dry persistence in March.

range of the observed trends for the 95th percentile of daily precipitation is largest in September. The trends in the median of daily precipitation are much less pronounced with October being the only month with more than half of the stations showing significant ($p < 0.01$) positive trends; and there are no months in which more than half of the stations show significant negative trends for the median of daily precipitation. These results are representative of the 10 NE U.S. states. However, these trends are not spatially uniform. The entire region experienced an average trend of +0.5 mm/decade in the annual 95th percentile daily precipitation, while Connecticut was found to have the greatest increase with a trend of +1.1 mm/d/decade in the annual 95th percentile daily precipitation. No trend was found for West Virginia in the annual 95th percentile daily precipitation.

Figure 2 shows the trends in both Markov chain parameters, wet persistence (P_{11}), and dry persistence (P_{00}). However, the trends in dry persistence are generally smaller in magnitude with some seasonal variation, small increases in spring, and small decreases in fall. For trends in dry persistence, the most positive trends (151) and significant ($p < 0.01$) positive trends (117) occur in March, the most negative trends (152) occur in October, and the highest number of significant ($p < 0.01$) negative trends (121) occur in September. The wet persistence of events increases throughout the entire year with the greatest number of increasing trends occurring in May and June with 179 and 178 stations displaying positive trends, respectively, and 145 and 146 significant ($p < 0.01$) positive trends, respectively. May and June show the strongest trends with an average regional trend in the probability of a wet day following a wet day of +0.8 and +0.9%/decade, respectively. The trends in Markov chain parameters vary spatially. Vermont and Massachusetts displayed the greatest trends in wet persistence with the annual average probability of a wet day following a wet day increasing by 0.013/decade, while Pennsylvania and Connecticut showed the smallest trend in the annual wet persistence with increases of 0.003/decade.

For daily precipitation events, the warmer months show the greatest increase in wet persistence, the colder months show larger increases in the magnitude of extremes, and dry persistence increases in early spring and decreases in early fall. Annually, the interquartile ranges of the trends in both P_{11} and the 95th percentile of daily precipitation are above zero. Therefore, on an annual basis, it is likely that the study region will experience increasingly persistent and intense precipitation events.

Our results are largely consistent with previous work on precipitation trends in the NE U.S. Wet and dry persistence, however, have not been studied in detail for the NE U.S.. Studies of precipitation persistence have been performed in areas such as Europe where it has been observed that precipitation is trending

Table 4. Statistical Analysis of Regional Trends in the 95th Percentile Daily Precipitation

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Ann
Positive trends	150	155	168	181	162	150	137	147	143	156	152	177	179
Significant positive trends	113	125	137	148	127	115	92	113	97	116	113	136	150
Negative trends	72	67	54	41	60	72	85	75	79	66	70	45	43
Significant negative trends	41	40	31	20	38	38	54	45	56	44	37	31	28

toward longer wet spells with higher intensities [*Zolina et al.*, 2010]. Intense precipitation has been studied in the NE U.S. [*Douglas and Fairbank*, 2011; *Walsh et al.*, 2014]. The National Climate Assessment reported that in the NE U.S., more precipitation is falling annually and a higher percentage of rainfall is occurring in the upper 1% of daily events with time [*Walsh et al.*, 2014]. Our results are consistent with increases in total annual precipitation because with increases in wet persistence and the 95th percentile of daily precipitation, and minimal trends in dry persistence and median daily precipitation, there would be more annual precipitation. Also, our results are consistent with an increased amount of precipitation occurring in the upper 1% of the events. Our results are consistent because we found that the 95th percentile of daily precipitation was increasing, which can be translated as a greater percentage of daily precipitation events falling above a stationary threshold in time.

Increases in the 95th percentile of daily precipitation (Table 4) indicate that the upper tail of the distribution of daily precipitation is increasing in magnitude, thus higher probability density in the upper percentiles of the distribution. If the probability of persistent precipitation is increasing along with the probability of observing a given high-intensity event, then the probability of an intense event following a persistent pattern is likely increasing with time, which has significant flooding implications. High-magnitude flooding can result even when long periods of time pass between a persistently wet regime and an intense precipitation event due to hysteresis within soils and watershed memory. All of this is consistent with an intensification of the water cycle and large-amplitude, slow-moving planetary waves. Another possible explanation for the observed increases in wet persistence during the spring months is that more moisture may be available earlier for evaporation as a result of earlier spring thaws. Similarly, if arctic regions that had previously stayed frozen are now thawing during summer months, this could increase moisture fluxes into the northeastern U.S. These linkages would need further study, but it is possible that long-term satellite imagery of the Northern Hemisphere could be used for this.

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