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GROUP PROTECTION IN HUMAN POPULATION GENETIC RESEARCH IN DEVELOPING COUNTRIES: THE PEOPLE'S REPUBLIC OF CHINA AS AN EXAMPLE

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Abstract

This thesis is concerned with the question of whether developing countries such as the People's Republic of China (PRC) are well prepared for the ethical and legal conduct of human population genetic research (HPGR) with specific regard to vulnerable target group protection. It highlights important issues such as whether the current frameworks of Western developed countries can provide adequate protections for target groups in human population genetic research. One fundamental question is who may suffer harm in this kind of research. Most bioethical scholars focus on individual participants but it is argued here that the interests of target groups are also seriously implicated in this kind of research.

Since the target groups of HPGR are almost always vulnerable groups from isolated and rural areas of developing countries, the ethical and legal frameworks for human subject protection may need to be reconsidered in order to eliminate, or at least reduce, the vulnerability of those groups. Accordingly, given the dominance of the current ideology of Western developed countries, a critical study of vulnerable population protection is necessary to identify whether this ideology is appropriate in this context. This thesis aims to propose recommendations on the ethical and legal frameworks of biomedical research in developing countries with specific consideration of vulnerable group protection and cultural sensitivity. The PRC is used as an example to investigate current regulations for both human subject protection and group protection in developing countries. The thesis argues for an alternative model for group protection in the context of human population genetic research in developing countries.

Translations of titles, authors, and publishers from Chinese works are unofficial, and the laws in this thesis are up to date at April 2011.

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I declare that, except where explicit reference is made to the contribution of others, this dissertation is the result of my own work and has not been submitted for any other degree at the University of Glasgow or any other institution.

Signature _____

Printed Name _____

List of Abbreviations

AI/AN	American Indian and American Native
ASU	Arizona State University
CAMS	Chinese Academy of Medical Science
CHGDP	Chinese Human Genome Diversity Project
CIOMS	Council for International Organisation for Medical Sciences
СРС	Communist Party of China
DNA	Deoxyribonucleic Acid
ECHR	Convention for the Protection of Human Rights and Fundamental Freedoms
ECHRB	European Convention on Human Rights and Biomedicine
EP	Epidemiological Project
GHBGRDs	Guidelines for Human Biobanks and Genetic Research Databases
GINA	Genetic Information Nondiscrimination Act of 2008 of the United States
GMC	General Medical Council of the United Kingdom
HESCR	Human Embryonic Stem Cell Research
HGP	Human Genome Project
HGR	Human Genetic Resources
HGRAC	Human Genetic Resources Administration of China

HPGR	Human Population Genetic Research / Human Population Genomic Research
ICCPR	International Covenant on Civil and Political Rights
ICESCR	United Nations International Covenant on Economic, Social and Cultural Rights
HIS	Indian Health Service
IRBs	Institutional Review Boards
NBAC	National Bioethics Advisory Commission
NHS	National Health Service of the United Kingdom
NIH	National Institutes of Health of the United States
NPC	National People's Congress
OECD	Organisation for Economic Co-operation and Development
PRC	People's Republic of China
RCT	Randomized Clinical Trial
RECs	Research Ethics Committees
RNA	Ribonucleic Acid
UNCLOS	United Nations Convention on the Law of the Sea
UNESCO	United Nations Educational, Scientific and Cultural Organization
WAAHIEC	Western Australian Aboriginal Health Information and Ethics Committee
WHO	World Health Organisation

Chapter 1 – Introduction

The Human Population Genetic Research Project (HPGR) seeks to identify the diversity and variation of the human genome and how human group and individual genetic diversity has developed. Since HPGR targets specific groups to discover variation, it also raises many pressing ethical and legal concerns. This thesis focuses on concerns raised by the application of the current dominant Western ethical and legal frameworks on human research subject protection to HPGR. It discusses target group protection in HPGR and examines it in the context of developing countries, specifically, the People's Republic of China. It argues that the current understanding of universal values on human research subject protection needs to be modified to take account of the particular challenges presented by HPGR in developing countries.

1.1 Introduction to Human Genes and Genetic Information

On 25 April 1953, the article, *Molecular Structure of Nucleic Acids - A Structure of Deoxyribose Nucleic Acid*, was published in the well-known British scientific journal *Nature* by a young pair of scientists, James D. Watson and Francis H. C. Crick.¹ It has been said that their names have 'joined Darwin and Copernicus among the immortals,'² and the new era of biology began. Their discovery of the DNA double helix is thought to be the greatest single scientific achievement of the 20th century and a new milestone of human history.

It has been a dream to explore the secrets of life, to solve the puzzles of death, growing old and sickness; to eradicate disease, to improve living standards and prolong human life. For a long time, people have been seeking to solve these puzzles, but although a great deal of financial and personal effort has been expended, and despite quite significant progress having been made in some

¹ Watson, J. D. & Crick, F. H. C. 1953, "Molecular Structure of Nucleic Acids - A Structure of Deoxyribose Nucleic Acid ", *Nature*, vol. 171, no. 4356, pp. 737-738.

² Hunt-Grubbe, C. *The Elementary DNA of Dr Watson*. Times. 10-14-2007.

areas, until recently no great progress had been made in many others.³ However, the discovery of the importance of genes and the development of genetic technology has enabled human beings to study the secrets of life at the molecular level, and to see glimpses of hope of making greater progress.

Formerly, the understanding of the constitution of human beings was limited largely to what could be seen. However, when science and technology entered the molecular era, the understanding of the constitution of human beings at the level of DNA opened scientific possibilities while at the same time raising some problematic issues.

1.1.1 What is a Human Gene?

At the outset, there are some terms which need to be clarified. The official document of the Human Genome Project (HGP) defined these terms as following:

Cells are the fundamental working units of every living system. All the instructions needed to direct their activities are contained within the chemical DNA (deoxyribonucleic acid).

DNA from all organisms is made up of the same chemical and physical components. The DNA sequence is the particular side-by-side arrangement of bases along the DNA strand (e.g., ATTCCGGA). This order spells out the exact instructions required to create a particular organism with its own unique traits.

The genome is an organism's complete set of DNA. Genomes vary widely in size: the smallest known genome for a free-living organism (a bacterium) contains about 600,000 DNA base pairs, while human and mouse genomes have some 3 billion. Except for mature red blood cells, all human cells contain a complete genome.⁴

As 'Nature' magazine's reporter Helen Pearson said:

³ Although 'Today, global life expectancy at birth is about 67 years; two centuries ago it was 30 years or less.' (Riley, J. C. 2001, Rising Life Expectancy: A Global History, Cambridge University Press, New York), we still cannot say that we have mastered all the secrets of human life.

⁴ Genomics and Its Impact on Science and Society, full text can be seen on the official website of HGP, available on <u>http://www.ornl.gov/sci/techresources/Human_Genome/publicat/primer2001/primer11.pdf</u>, last visit on 2010-04-19.

In classical genetics, a gene was an abstract concept – a unit of inheritance that ferried a characteristic from parent to child. As biochemistry came into its own, those characteristics were associated with enzymes or proteins, one for each gene. And with the advent of molecular biology, genes became real, physical things – sequences of DNA which when converted into strands of so-called messenger RNA could be used as the basis for building their associated protein piece by piece. ⁵

Every cell in a human body containing DNA has the full set of instructions necessary to create that particular individual.⁶ These instructions are encoded in twenty-three pairs of individual DNA strands which are called chromosomes.⁷ These chromosomes carry over 30,000 encoded genes.⁸ Each gene performs a specific function, some may perform several, but the functions of only a small amount of genes are currently understood.⁹

In general terms, a gene is unit of heredity, 'a union of genomic sequences encoding a coherent set of potentially overlapping functional products'.¹⁰ There are three basic features of a gene:

a) It is a relatively independent unit of heredity. As an information unit, a gene can refresh combinations of the genetic make-up of both parents by transferring them to offspring. What is more, a gene can instruct, influence and even decide creatures' traits, such as body structure and living habits.

⁵ Pearson, H. 2006, "What is a Gene?", *Nature*, vol. 441, pp. 399-401, at 399.

⁶ Mehlman, M. J. & Botkin, J. R. 1998, *Access to the Genome: The Challenge to Equality*, Georgetown University Press, Washington, D.C.

⁷ Ibid.

⁸ The International Human Genome Sequencing Consortium has estimated, based on the rough draft of the genome published in February 2001, that there are approximately 30,000 human genes. However, this number may be incorrect, as complex cellular processing of genes and gene products may result in several possible products from a single gene sequence. See International Human Genome Sequencing Consortium 2001, "Initial Sequencing and Analysis of the Human Genome", Nature, vol. 409, no. 6822, pp. 860-921.

⁹ See Online Mendelian Inheritance in Man, the full text can be seen on the official website of the National Center for Biotechnology Information of the US, available on <u>www.ncbi.nlm.nih.gov</u>, last visited on 2008-10-27.

¹⁰ Gerstein, M. B., Bruce, C., Rozowsky, J. S., Zheng, D., Du, J., Korbel, J. O., Emanuelsson, O., Zhang, Z. D., Weissman, S., & Snyder, M. 2007, "What Is a Gene, Post-ENCODE? History and Updated Definition", *Genome Research*, vol. 17, no. 6, pp. 669-681.

- b) At a molecular level, a gene is a segment of a DNA molecule, the sequences of nucleotides (or bases) in genes represent the heredity of human beings and other creatures. The information in a gene is encoded in the sequence of base groups of DNA.
- c) Genes are specific sequences of bases that encode instructions on how to make proteins.¹¹ Gene sequences of DNA, when transferred into strands of messenger RNA, could be used as the basis for building their related protein piece by piece. The gene could not only transmit all of this information through replication, but also could dominate the organism's character by controlling the process of synthesizing protein, which is called 'gene expression'. In other words, a gene exerts its physical function through directing the production of proteins and RNA molecules.

1.1.2 What is Genetic Information?

According to Article 2 (i) of the UNESCO International Declaration on Human Genetic Data, human genetic data is 'the information about heritable characteristics of individuals obtained by analysis of nucleic acids or by other scientific analysis.'¹² Although the intention of this definition is merely to set out the relationship between human genetic information and scientific research, it suggests that the real value of the gene is not its physical substance but the information carried in it.

In general, genetic information is the information for making all of the proteins required by all organisms. These proteins determine, among other things, how the organism looks, how well its body metabolizes food or fights infection, and sometimes even how it behaves.¹³

Genetic information, as Laurie summarized, has the following features and functions: it

¹¹ See supra note 4.

¹² The International Declaration on Human Genetic Data which was adopted unanimously and by acclamation at UNESCO's 32nd General Conference on 16 October 2003.

¹³ 'About the Human Genome Project', it can be seen on the official website of Human Genome Project, available on <u>http://www.ornl.gov/sci/techresources/Human_Genome/project/about.shtml</u>, last visited on 2009-02-19.

...relates to families and not just individuals; can offer a degree of certainty in determining which of those persons is likely to be affected by genetic disease; can provide a measure of predictability in the assessment of likelihood of ill health in particular individuals from an affected group; can reveal secrets about future ill health, even in those who are currently well; can help to determine future risks in future person.¹⁴

In fact, genetic information is the real research target of all genetic research, while the gene is the material carrier of genetic information. Hence, genes and genetic information have a close relationship with each other. Since most human cells contain two sets of chromosomes¹⁵ which come from both father and mother and each chromosome contains an integrated human genome,¹⁶ in theory, almost every human cell is able to express all human genetic information (one example of an exception to the general rule is that of mature red blood cells).

It has been argued that a gene is 'a packet of information encoded within the DNA molecule'. ¹⁷ However, this argument confuses the gene and genetic information. The relationship between genes and genetic information is similar to that of a book and the knowledge it contains. The book is the material carrier of its knowledge. Therefore, while a gene contains genetic information, this does not mean that genetic information is the same thing as the gene itself; the gene is matter, but genetic information is intangible. Matter and information are different concepts, and this is the fundamental difference between these two terms.

1.1.3 Three Types of Human Genetic Information

There is a wide range of debate on whether or not human genetic information should be a special subject of research and needs to be treated separately from

¹⁴ Laurie, G. 2002, *Genetic Privacy: A Challenge to Medico-Legal Norms*, Cambridge University Press, at 104.

¹⁵ Chromosomes are long strands of DNA containing many genes and are packaged in structures. There are approximately 25000 genes in human genome.

¹⁶ A genome is the entire DNA contained in one cell. The hereditary material in nearly all living organisms is deoxyribonucleic acid or DNA. DNA is held in a cellular structure called the nucleus.

¹⁷ Silver, L. M. 1999, "Meaning of Genes and "Genetic Rights"", *Jurimetrics*, vol. 40, pp. 9-20, at 11-12.

other types of medical information.¹⁸ It seems that both sides have their own reasonable points, in favour and against doing so. This debate results from the fact that human genetic information collected from an individual has abundant applications. Different applications would influence the interests of different parties, such as individual participants, certain groups or communities, even all human beings. ¹⁹ It has been argued that the human genetic information carried by an individual can be divided into three different types: non-differential human genetic information, individual human genetic information and community or group/collective human genetic information.²⁰ Each of these three types of human genetic information has its own attributes and merits distinctive treatment.

a) Non-differential human genetic information

Non-differential human genetic information describes the genetic information shared by each human being. It has been shown that nearly 60% of human genes are isogenies with the fruit fly.²¹ In addition, the chimpanzee genome is 95% identical to the human genome. On average, a typical human protein-coding gene differs from its chimpanzee ortholog²² by only two amino acid substitutions; nearly one third of human genes have exactly the same protein translation as their chimpanzee orthologs. A major difference between the two genomes is human chromosome 2, which is equivalent to a fusion product of chimpanzee chromosomes 12 and 13.²³ The working draft of the Human Genome Project (HGP) which was released in 2000 and the complete version published in 2003 reveal that these non-differential genes are present in each human individual. In this sense, non-differential human genetic information could be viewed as a new type of common heritage of mankind.

¹⁸ More details of this debate can be seen in Chapter 2.

¹⁹ Zhou, Q. 2006, "The Legal Status of Human Gene and Genetic Information (Lun Renlei Jiyin ji Jiyinxinxi de Falvdiwei)", *Science-Technology and Law (in Chinese)*, vol. 63, pp. 113-117.

²⁰ See supra note 19.

²¹ 'Fruit Fly Gene Success', it can be seen on BBC News website, available on <u>http://news.bbc.co.uk/1/hi/sci/tech/647139.stm</u>, last visited on 2009-02-19.

²² Orthology describes genes in different species that derive from a common ancestor.

²³ "Human chromosome 2 resulted from a fusion of two ancestral chromosomes that remained separate in the chimpanzee lineage" The Chimpanzee Sequencing and Analysis Consortium 2005, "Initial sequence of the chimpanzee genome and comparison with the human genome", Nature, vol. 437, no. 7055, pp. 69-87.

The view that a resource can be the common heritage of mankind originated from the United Nations Convention on the Law of the Sea and was one of its fundamental principles.²⁴ The tenet was established in Articles 136 and 137:

Article136 Common heritage of mankind: The Area and its resources are the common heritage of mankind.

Article137 Legal status of the Area and its resources:

1. No State shall claim or exercise sovereignty or sovereign rights over any part of the Area or its resources, nor shall any State or natural or juridical person appropriate any part thereof. No such claim or exercise of sovereignty or sovereign rights nor such appropriation shall be recognized.

2. All rights in the resources of the Area are vested in mankind as a whole, on whose behalf the Authority shall act. These resources are not subject to alienation. The minerals recovered from the Area, however, may only be alienated in accordance with this Part and the rules, regulations and procedures of the Authority.

3. No State or natural or juridical person shall claim, acquire or exercise rights with respect to the minerals recovered from the Area except in accordance with this Part. Otherwise, no such claim, acquisition or exercise of such rights shall be recognized.²⁵

At present, the scope of this principle has gone beyond the ocean and extended to particular areas and related natural resources, such as outer space and the Antarctic.²⁶

Each human being only has one genome which contains about 25,000 genes, and 99.8% of human genetic information is entirely uniform. It has been selected and

²⁴ The United Nations Convention on the Law of the Sea (UNCLOS), also called the Law of the Sea Convention or the Law of the Sea Treaty is the international agreement that resulted from the third United Nations Conference on the Law of the Sea (UNCLOS III), which took place from 1973 through 1982. The Law of the Sea Convention defines the rights and responsibilities of nations in their use of the world's oceans, establishing guidelines for businesses, the environment, and the management of marine natural resources. The Convention concluded in 1982 replaced four 1958 treaties. UNCLOS came into force in 1994; a year after Guyana became the 60th state to sign the treaty. To date 157 countries and the European Community have joined in the Convention. However, it is now regarded as a codification of the customary international law on the issue.

²⁵ United Nations Convention on the Law of the Sea, it can be seen on the official website of UN, available on <u>http://www.un.org/Depts/los/convention_agreements/texts/unclos/unclos_e.pdf</u>, Article136 and 137, last visited 2009-03-26.

²⁶ Porras, D. A. 2006, "The "Common Heritage" of Outer Space: Equal Benefits for Most of Mankind", *California Western International Law Journal*, vol. 37, no. 1, pp. 143-176.

evolved for thousands of years; hence, it is a gift from nature, like the natural resources of particular areas, such as outer space and the Antarctic. Thus, it is suggested that non-differential human genetic information should be a new type of common heritage of mankind. Neither states nor individuals could claim a proprietary right or sovereignty over non-differential human genetic information. Although enormous sums of human, financial and material resources have been spent on attempting to understand the 99.8% of non-differential human genetic information, and this research is potentially of great medical and commercial value, all mankind has a right to use it in peace and share benefit from its use.

b) Individual human genetic information

0.2% of human genetic information dominates the diversity of approximately 6 billion human beings, such as height, weight, colour of eyes, hair and skin, appearance, character and even the possibility of suffering from certain diseases. This kind of information is individual in nature. It can be used in forensic databases, relationship testing and genetic research on certain diseases.²⁷ Some biobanks, for example those established in Estonia (Estonian Genome Project)²⁸, Iceland (Iceland Health Centre Database)²⁹ and the UK (U.K. Biobank)³⁰ aim to collect this kind of genetic information.

Individual human genetic information which contains high specificity has one to one correspondence to a specific human being, except identical siblings. Accordingly, except for such siblings, individual human genetic information directly decides each individual's unique existence in the world. Although individual human genetic information has huge economic and social value, since it can be used in genetic diagnosis and therapy as well as to identify individuals, it is a type of crucial personal information. In some countries, such as the US,

²⁷ Richards, M. 2001, "How Distinctive is Genetic Information?", Studies in History and Philosophy of Science Part C: Biological and Biomedical Sciences, vol. 32, no. 4, pp. 663-687, at 674-677.

²⁸ Tzortzis, A., "Estonia Looks to Make Mark with DNA Data," *Boston Globe*, August 19, 2003 at E1.

²⁹ Adalsteinsson, R. 2004, "Human Genetic Databases and Liberty", *The Juridical Review*, no. 1, pp. 65-74.

³⁰ Winikoff, D., "Partnership in U.K. Biobank: A Third Way For Genomic Property?" *Journal of Law, Medicine & Ethics* 35, no. 3 (2007): 440-456.

personal information is undoubtedly the subject of the right of privacy.³¹ Accordingly, the subject has the right to access, collect and obtain the information, keep the information strictly confidential, as well as decide on the use of the information. Identification of individual human genetic information may lead to violations of privacy, especially in the context of the possibility of suffering from certain diseases. For example, if susceptibility becomes known to employers or insurance companies, it may lead to discrimination.³² Thus, the effective protection of individual human genetic information has become a new challenge in the regulation of privacy.

If individual human genetic information is regarded as being subject to the right of privacy, individual human genetic information 'belongs' to the individual who is the source of the information and as a result, access to it should be controlled by that individual.

c) Community or Group/Collective Human Genetic Information

Community or group/collective human genetic information is a useful research tool to explore variations that could lead to knowledge about genetic disorders and possible cures, as well as the origin and migration patterns of peoples.³³ A group of people who live together for a long period of time in a certain area seem more likely to have a similar genetic make-up, especially in isolated areas, because of a number of factors, such as sharing the same habitat, similar life style and inter-marriage. Moreover, the possibility of recessive traits in such groups would be greater than in other populations. For instance,

Laken and colleagues.... used anonymized samples from a Tay-Sachs data bank in their search for the frequency in Ashkenazi Jews of a particular mutation in a gene predisposing to colon cancer (I1307K in the APC gene). They found that the mutation was present in 6.1% of

³¹ Annas, G. J. 1999, "Genetic Privacy: There Ought to be a Law", *Texas Review of Law and Politics*, vol. 4, pp. 7-15.

³² See Spaak, T. 2006, "Genetic Discrimination", *Minnesota Journal of Law, Science & Technology*, vol. 7, pp. 639-655. Also see Hellman, D. 2003, "What Make Genetic Discrimination exceptional?", *American Journal of Law and Medicine*, vol. 29, pp. 77-116. Also see Jungreis, R. 2007, "Fearing the Fear Itself: The Proposed Genetic Information Nondiscrimination Act of 2005 and Public Fears about Genetic Information", *Journal of Law and Policy*, vol. 15, pp. 221-247.

³³ McGregor, J. L. 2007, "Population Genomics and Research Ethics with Socially Identifiable Groups", *Journal of Law, Medicine and Ethics*, vol. 35, pp. 356-370.

the Jews in the sample and none of the non-Jews. The authors noted with understandable excitement that this is the commonest cancerassociated mutation in a specific population yet described.³⁴

Community or group/collective human genetic information reflects the influence of a long period of history, nature and lifestyle. This kind of genetic information, which is common to certain populations, communities or groups of people and contains information about heritability, can be studied and analyzed using a large number of samples from these communities and groups.³⁵ It can be suggested that in the same way that all human beings have collective interests in non-differential human genetic information, although it is carried by individuals, certain communities or groups also could have collective interests in community or group collective human genetic information. Since collective human genetic information is the research target of human population genetic research, I will argue that the interests of groups or communities should be considered carefully in HPGR.

1.2 Human Population Genetic Research (HPGR)

With the development of genetic science and technology, research on the human genome and genetic information is the new 'hotspot' of biomedical research. However, it also leads to ethical and legal concerns concerning human subject protection.

1.2.1 The Significance of Human Population Genetic Research

HPGR focuses on human genetic information at a group level. It is also sometimes called 'population-based genetic research/study' or 'population genomic research/study'. There are two different definitions of HPGR: a general one and a narrow one.

³⁴ Weijer, C. 1999, "Protecting Communities in Research: Philosophical and Pragmatic Challenges", Cambridge Quarterly of Healthcare Ethics, vol. 8, pp. 501-513, at 502.

³⁵ There was an existing example that Harvard's School of Public Health has selected over 6 millions of people and brought back 16400 blood samples of asthma patients in name of therapy. 'Harvard Gene Study in China Is Questioned' can be seen on the website of Los Angeles Times, available on http://articles.latimes.com/2002/mar/30/news/mn-35514, last visited on 2009-02-23.

General HPGR is defined as '....a study which aims at understanding the nature and extent of genetic variation among a population or individuals within a group or between individuals across different groups.'³⁶ To be precise, the research object of general HPGR is the first type of genetic information mentioned above, which is non-differential human genetic information that is shared by all human beings.

At present, the most influential general human population genetic research is the Human Genome Project (HGP), which 'refers to the international 13-year effort, formally begun in October 1990 and completed in 2003, to discover all the estimated 20,000-25,000 human genes and make them accessible for further biological study. Another project goal was to determine the complete sequence of the 3 billion DNA subunits (bases in the human genome).'³⁷ The UK House of Commons Science and Technology Committee Report on Human Genetics outlined the Project's possible outcomes in the following way:

- better understanding of human illness and the role of genetic influences in a great many conditions including psychiatric and neurological disorders;
- quicker and cheaper diagnoses of common diseases;
- better understanding of the biochemical or physiological mechanisms involved in genetic disease: focusing on the mechanism involved may bring;
- improved techniques in the design of drugs to produce chemicals that can fit precisely with molecules implicated in disease (pharmacogenomics);
- gene therapy;
- germ-line therapy.³⁸

³⁶ This definition stems from United Nations Educational, Scientific and Cultural Organization's "Bioethics and Human Population Genetics Research (1995)".

³⁷ See supra note 13.

³⁸ UK House of Commons Science and Technology Committee, *Human Genetics: The Science and its Consequences*, Third Report (London, HMSO, 6 July 1995), pp. 31-51, paras. 65-124. Quoted from Laurie, G. T. 2002, *Genetic Privacy: A Challenge to Medico-Legal Norms*, Cambridge University Press, at 87.

Hence, the potential benefits of the HGP are numerous and significant. Connecting the DNA sequences of individual genes within the human genome to the various diseases and traits for which they encode will require thousands, even millions, of individual research subjects. Therefore, this research relies on the large-scale collection of genetic, genealogical and medical data from many individuals.³⁹ Meanwhile, the research spawned a range of concerns, regarding human dignity,⁴⁰ privacy,⁴¹ autonomy,⁴² patent,⁴³ and discrimination.⁴⁴

The narrow definition of HPGR focuses on community or group/collective human genetic information, such as the Human Genome Diversity Project (HGDP).⁴⁵ According to international consensus, population genetic research aims to understand the nature and extent of genetic variation among a population or individuals within a group or between individuals across different groups.⁴⁶ This is the common understanding of human population genetic research and is the aspect that will be considered in this thesis. This type of HPGR focuses on a certain population, normally an isolated one. Studies such as the Human Genome Diversity Project belong to this type of HPGR. The research object of this kind of

- ⁴¹ See Ginsburg, D. H. 1999, "Genetics and Privacy", *Texas Review of Law and Politics*, vol. 4, pp. 17-23. Also See Laurie, G. T. 2002, *Genetic Privacy: A Challenge to Medico-Legal Norms*, Cambridge University Press.
- ⁴² See Smith, M. J. 2001, "Population-based Genetic Studies: Informed Consent and Confidentiality", *Santa Clara Computer and High Technology Law Journal*, vol. 18, pp. 57-93. Also see Lawton, A. 1997, "Regulating Genetic Destiny: A Comparative Study of Legal Constraints in Europe and the United States", *Emory International Law Review*, vol. 11, pp. 365-418.
- ⁴³ See Gold, E. R. & Caulfield, T. A. 2003, *Human Genetic Inventions, Patenting and Human Rights*, Health Law Institute of University of Alberta.
- ⁴⁴ See Spaak, T. 2006, "Genetic Discrimination", *Minnesota Journal of Law, Science & Technology*, vol. 7, pp. 639-655. Also see Hellman, D. 2003, "What Make Genetic Discrimination exceptional?", *American Journal of Law and Medicine*, vol. 29, pp. 77-116. Also see Jungreis, R. 2007, "Fearing the Fear Itself: The Proposed Genetic Information Nondiscrimination Act of 2005 and Public Fears about Genetic Information", *Journal of Law and Policy*, vol. 15, pp. 221-247.
- ⁴⁵ The Human Genome Diversity Project (HGDP) was started by Stanford University's Morrison Institute and a collaboration of scientists around the world. It is an international project that seeks to understand the diversity and unity of the entire human species. The official website of HDGP is <u>http://hsblogs.stanford.edu/morrison/human-genome-diversity-project/</u>.
- ⁴⁶ This definition stems from United Nations Educational, Scientific and Cultural Organization's "Bioethics and Human Population Genetics Research (1995)". It sometimes also is called 'population-based genetic research/study' or 'population genomic research/study'.

³⁹ Greely, H. T. 1999, "Iceland's Plan for Genomics Research: Facts and Implications", *Jurimetrics*, vol. 40, no. 2, pp. 153-192, at 157.

⁴⁰ See Brownsword, R. 2003, "An Interest in Human Dignity as the Basis for Genomic Torts", *Washburn Law Journal*, vol. 42, pp. 413-487. Also see Caulfield, T. & Brownsword, R. 2006, "Human Dignity: A Guide to Policy Making in the Biotechnology Era?", *Nature Reviews: Genetics*, vol. 7, pp. 72-76.

HPGR is the third type of genetic information referred to above; that is, community or group collective human genetic information that is able to determine variation that could lead to knowledge about genetic disorders and possible cures, as well as the origin and migration patterns of peoples. In other word, unlike general HPGR, which emphasises the basic genetic equality of humans, the narrow HPGR project is directed at discovering DNA polymorphisms, emphasizing the genetic difference between human groups.⁴⁷

For example, the Human Genome Diversity Project, proposed in 1991, is a collaborative research project that is being developed on a global basis under the auspices of the Human Genome Organisation. The 'Summary Document of the Human Genome Diversity Project', which is the official report of the HGDP International Planning Workshop, describes the project as follows:

The overall goal of the project is to arrive at a much more precise definition of the origins of different world populations by integrating genetic knowledge, derived by applying the new techniques for studying genes, with knowledge of history, anthropology and language. More specifically the aims are: To investigate the variation occurring in the human genome by studying samples collected from populations that are representative of all of the world's peoples, and, ultimately, to create a resource for the benefit of all humanity and for the scientific community worldwide. The resource will exist as a collection of biological samples that represents the genetic variation in human populations worldwide and also as an open, long-term, genetic and statistical database on variation in the human species that will accumulate as the biological samples are studied by scientists from around the world. ⁴⁸

The HGDP, which targets genes from certain populations, especially isolated and indigenous ones which are unusually homogenous, made genetic and medical research easier and genes from such populations were considered valuable. In 1991, one of HGDP's initiators, Cavalli-Sforza, highlighted the importance of genetic research on these populations:

⁴⁷ Sleeboom-Faulkner, M. 2006, "How to Define a Population: Cultural Politics and Population Genetics in the People's Republic of China and the Republic of China", *BioSocieties*, vol. 1, pp. 399-419, at 401-402.

⁴⁸ Summary Document of Human Genome Diversity Project, full text can be seen on the official website of HGDP, available on <u>http://www.stanford.edu/group/morrinst/hgdp/summary93.html</u>, last visited on 2010-06-02.

Isolated human populations contain much more informative genetic records than more recent, urban ones. Such isolated human populations are being rapidly merged with their neighbors, however, destroying irrevocably the information needed to reconstruct our evolutionary history. Population growth, famine, war, and improvements in transportation and communication are encroaching on once stable populations. It would be tragically ironic if, during the same decade that biological tools for understanding our species were created, major opportunities for applying them were squandered.⁴⁹

The 'Summary Document of Human Genome Diversity Project' describes the values of the HGDP as follows:

1 The main value of the HGD Project lies in its enormous potential for illuminating our understanding of human history and identity. 2 The resource created by the HGD Project will also provide valuable information on the role played by genetic factors in the predisposition or resistance to disease. 3 The HGD Project will bring together people from many countries and disciplines. The work of geneticists will be linked in an unprecedented way with that of anthropologists, archaeologists, biologists, linguists and historians, creating a unique bridge between science and the humanities. 4 By leading to a greater understanding of the nature of differences between individuals and between human populations, the HGD Project will help to combat the widespread popular fear and ignorance of human genetics and will make a significant contribution to the elimination of racism.⁵⁰

Therefore, the HGDP has become an important type of human genetic research which may result in great benefits.

1.2.2 Concerns about Human Population Genetic Research

HPGR on target groups on the one hand 'can generate valuable knowledge about genetic disorders, possible cures, and the origin and migration patterns of distinctive peoples'.⁵¹ On the other hand, it also may 'pose distinctive risks and

⁴⁹ Cavalli-Sforza, L., Wilson, A. C., Cantor, C. R., Cook-Deegan, R. M., & King, M. C. 1991, "Call for a Worldwide Survey of Human Genetic Diversity: A Vanishing Opportunity for the Human Genome Project", *Genomics*, vol. 11, pp. 490.

⁵⁰ See supra note 48.

⁵¹ Tsosie, R. & McGregor, J. L. 2007, "Genome Justice: Genetics and Group Rights", *Journal of Law, Medicine & Ethics*, vol. 35, no. 3, pp. 352.

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disadvantages for targeted groups and may even resurrect now-discredited "scientific" theories of race and human capacity⁵².

It has therefore inspired a debate between proponents who argue that research on certain groups, especially isolated groups, should be vigorously advocated to gain more knowledge about the origins of human life,⁵³ and opponents of such research, who argue that results of such research could be seen as 'scientific' proof to support several types of discrimination and which may pose significant risks for the target groups.⁵⁴

In the context of human population genetic research, the real research target is not individual human genetic information, but community or group collective human genetic information. Nevertheless, this type of genetic information must be sourced from individual members of a particular group/community. Not only does a member of the group/community have a personal interest in the use of the information resulting from his or her involvement, so too does the group/community as a whole. This is entirely different from the traditional Western approach to the control of information, which generally vests in the person to whom the information belongs, or to whom it relates.⁵⁵ The traditional core value of Western ethics and law has been 'the rights of the individual to determine for herself the course of her life, with minimal interference by others.'⁵⁶ However, community or group collective human genetic information relates not only to the person from whom it is derived, but also to the whole community/group.

As McGregor has said, 'given the public's view about the power of genetics, genetic research has many risks associated with it'.⁵⁷ She argued that the disclosure of negative information or research results of HPGR could lead to risks

⁵² See supra note 51.

⁵³ See supra note 49.

⁵⁴ See supra note 34.

⁵⁵ Laurie, G. 2002, *Genetic Privacy: a Challenge to Medico-Legal Norms*, Cambridge University Press, at 93.

⁵⁶ Ibid.

⁵⁷ See supra note 33, at 362.

of harm to the group as a whole both externally and internally.⁵⁸ While these concepts of external and internal harm will be explored in greater detail later in this work, for the moment it can be noted that external harms may arise where there is the possibility of exposing a community or group to stereotyping and/or stigmatization, including damaging effects on employment and insurance opportunities. It has been argued that HPGR may also lead to potential internal harms to target group, which would include effects upon group members' perceptions of the group. For example, Tsosie identified 'cultural harms' as the violation of groups' rights to their own culture in the context of HPGR.⁵⁹

Genetic research which focuses on population groups in the Western World has raised concerns about protection of group rights or community rights. In 1990s, a research project on the genetics of cancer in Ashkenazi Jews illustrated the problem well:

Streuwing and colleagues reported work on the frequency in Ashkenazi Jews of one particular mutation (185delAG) in the BRCA1 gene associated with a high risk of developing breast and ovarian cancer. Samples for the project were collected from databanks established for Tay-Sachs disease and cystic fibrosis screening. Since identifying information was removed from all samples, the NIH Office of Human Subjects Review did not require individual informed consent. The investigators found that 0.9% of Ashkenazi Jews carry the mutation, a much higher rate than in the general population.⁶⁰

In this project, all of the DNA samples were collected without any personal identifying information, which is to say that the DNA samples were analyzed anonymously. Thus, except for any physical harm which might be caused by the collection procedures, there were no direct risks to individuals who participated in these projects, even in respect of discrimination or stigmatization. However, the community may be put at risk. The results of these studies could generate a substantial negative influence on the whole community of Ashkenazi Jews, and have repercussions not only for individuals whose genetic information was used

⁵⁸ Ibid.

⁵⁹ Tsosie, R. 2007, "Cultural Challenges to Biotechnology: Native American Genetic Resources and the Concept of Cultural Harm", *Journal of Law, Medicine & Ethics*, vol. 35, no. 3, pp. 396-411.

but also for those whose personal information was not used. As Lehrman noted with concern:

Such findings, which have already led to Jewish groups being targeted as a potential market for commercial genetic tests, could create the perception that Jewish people are unusually susceptible to disease. . . . As a result . . . anyone with a Jewish-sounding name could face discrimination in insurance and employment as companies struggle to keep down health-care costs.⁶¹

Due to the possibility of discrimination, US Jewish leaders asked the National Human Genome Research Institute to discuss developing guidelines for the conduct of genetic research on Ashkenazi Jews.⁶² Another example is that the Nuu-chah-nulth people of Vancouver Island, Canada, were shocked to learn that the genetic samples they had given to a researcher in the early 1980s to discover the genetic cause of rheumatoid arthritis were shared with many researchers and used for purposes beyond those to which the tribe had consented.⁶³ The research uncovered the spread of lymphotropic viruses by intravenous drug use. That discovery imposed risks on the group as a whole, stigmatizing the group and altering the perception of the group about itself.

Thus, although human genetic information is not entirely different from other types of information in respect of human beings, in the context of HPGR, community or group/collective human genetic information is arguably unique, and the interests of the community/group require special consideration in bioethics and legal regulation. The uniqueness of community or group collective human genetic information is that it can be gained from individual members, but in conjunction with results obtained from others may reveal information about a particular group/community. The idea of the uniqueness of genetic information, whether it can be regarded as 'exceptional' and requiring special consideration as opposed to other kinds of information that can be acquired from medical history or tests, will be explored in more detail later in the thesis.

⁶¹ Lehrman, S. 1997, "Jewish leaders seek genetic guidelines". *Nature*, vol. 389, at 322.

⁶² See supra note 61, at 322.

⁶³ R. Dalton, "Tribe Blasts 'Exploitation' of Blood Samples," available at <u>http://www.nature.com/nature/journal/v420/n6912/full/420111a.html</u>, last visited on 2007-05-08.

1.2.3 The Inadequacy of Applying Current Western Dominant Research Ethics to Human Population Genetic Research (HPGR)

In general terms, the fundamental aims of ethics are to achieve two objectives: to tell us how we ought to act in a given situation, and to provide us with strong reasons for doing so.⁶⁴ Research ethics is 'basically about means of ensuring that vulnerable people are protected from exploitation and other forms of harm.'⁶⁵ The contemporary focus on ethics in research came about because of the human experiments on prisoners of war and its own citizens conducted by Nazi Germany and Japan during World War II.⁶⁶ Following World War II, the Nuremberg Code required that 'the voluntary consent of the human subject is absolutely essential.'⁶⁷ The World Medical Association's Declaration of Helsinki noted that clinical research could be conducted only when the 'risks involved have been adequately assessed and can be satisfactorily managed. Physicians must immediately stop a study when the risks are found to outweigh the potential benefits or when there is conclusive proof of positive and beneficial results.'⁶⁸ Further, in the US, the Ethical Principles and Guidelines for the Protection of

⁶⁴ Schuklenk, U. 2005, "Module One: Introduction to Research Ethics", *Developing World Bioethics*, vol. 5, no. 1, pp. 3.

⁶⁵ Ibid.

⁶⁶ United States of America v. Karl Brandt et al, which is also known as Doctors', was the first of 12 trials for war crimes that the United States authorities held in their occupation zone in Nuremberg, Germany after the end of World War II. The record of this trail can be seen on the official website of the US, available on http://www.archives.gov/research/captured-german-records/microfilm/m889.pdf, last visited on 2010-10-11. Unit 731 was a covert biological and chemical warfare research and development unit of the Imperial Japanese Army that undertook lethal human experimentation during the Second Sino-Japanese War (1937 – 1945) and World War II. However, because of political reasons, Japan Unit 731 avoided a procedure like the Nuremberg Doctors Trial.

 ⁶⁷ Trials of War Criminals before the Nuremberg Military Tribunals under Control Council Law No.
 10, vol. 2 (Washington, D.C.: US Government Printing Office, 1949): 181-182.

⁶⁸ WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects was adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the: 29th WMA General Assembly, Tokyo, Japan, October 1975, 35th WMA General Assembly, Venice, Italy, October 1983, 41st WMA General Assembly, Hong Kong, September 1989, 48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996 and the 52nd WMA General Assembly, Edinburgh, Scotland, October 2000, 53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added), 55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added), 59th WMA General Assembly, Seoul, October 2008. The full text of Helsinki Declaration can be seen on the official website of World Medical Association (WMA) on http://www.wma.net/en/30publications/10policies/b3/index.html, last visited on 2010-07-27. Article 20.
Human Subjects of Research (Belmont Report)⁶⁹ articulate guidelines for human subject research. The basic principles, such as respect for persons, beneficence, and justice, have been established and widely accepted in Western countries. However, as McGregor has said:

These regulations and codes based their ethical principles on respect for persons, beneficence, and justice. The principle of respect for persons translates into respect for individual autonomy (determining one's life plan in terms of one's own values and beliefs), respect for privacy (access to a person's private sphere), and respect for confidentiality (not divulging such privileged knowledge). The principle of respect also protects persons with diminished autonomy due to age, illness, mental disability, or particular circumstances that affect one's autonomy. The most direct implementation of the principle seeks and secures informed consent to conduct research. The principle of beneficence focuses on whether the benefits of the research outweigh the risks. Questions of risks are traditionally directed to risks to the individual research participant and the benefit for humanity generally. And the principle of justice requires at least that the selection of subjects is equitable, and questions, for example, why a certain group or population is being targeted for research. Questions of justice should also include that the benefits of research flow to those who take the risks of research, that is, that there be equitable benefit sharing.⁷⁰

At a practical level, 'respect for persons' is secured through the requirement for individual informed consent. The most concise definition of informed consent to take part in research is 'a decision to participate in research made by a competent individual who has received the necessary information; has adequately understood the information; and after considering the information, has arrived at a decision without having been subjected to coercion, undue influence, inducement or intimidation.'⁷¹ There are four basic elements of informed consent that have been developed since the Nuremberg trials: a)

⁶⁹ The Belmont Report is a report created by the former United States Department of Health, Education, and Welfare (which was renamed to Health and Human Services) entitled "*Ethical Principles and Guidelines for the Protection of Human Subjects of Research*," authored by Dan Harms, and is an important historical document in the field of medical ethics. The report was created on April 18, 1979 and gets its name from the Belmont Conference Centre where the document was drafted. The full text of this can be seen on the official website of Office of Human Subjects Research of the US, available on http://ohsr.od.nih.gov/guidelines/belmont.html#goc2, last visited on 2010-11-15.

⁷⁰ See supra note 33, at 360-361.

⁷¹ "International Ethical Guidelines for Biomedical Research Involving Human Subjects", the Council for International Organisations of Medical Sciences (CIOMS): Commentary 4. <u>http://www.cioms.ch/frame_guidelines_nov_2002.htm</u>, latest visit 2009-10-04.

Capacity to consent; b) Full disclosure of relevant information; c) Adequate comprehension of the information by the participant; d) A voluntary decision to participate and the right to withdraw from participation at any stage without prejudice to the participant. Participant withdrawal should be accepted and withdrawing participants should not be expected to give any reasons for their decision.⁷²

However, HPGR seems to potentially demand an exception to the common reliance on the sufficiency of individual informed consent. Genetic information not only discloses information about the human subjects concerned, but also discloses genetic information about her/his relatives, and even certain groups and their members. Thus, the impact of genetic research is complicated by the fact that genetic information may be shared among members of families, ethnic or racial communities, and other groups with a distinctive genetic inheritance. This not only creates special risks for individuals but also widens the scope of people who may be exposed to risk and who must be considered as involved in the research. The complication will be more serious in HPGR, because HPGR may also lead to potential risks of harm to specific groups. It seems reasonable to believe that an individualistic autonomy model, focused on direct risks to the subject of research, is ill-suited to the shared nature of group collective genetic information, which is the research target of HPGR. Instead it will be suggested that another approach to the understanding of autonomy: the relational autonomy model is more appropriate. This model highlights the need to recognise that an individual exists in a social context, and his or her choices may thus be affected by concerns other than personal ones. It will be explored in more detail later in the thesis.

Therefore, it is necessary to go on to consider the extent to which the target groups/communities of HPGR and their members are exposed to risks of harm from participation in this type of research, and the kind of risks needs to be identified. There will also be an evaluation of whether the current Western ethical and legal frameworks on research involving human subjects, which are

⁷² Andanda, P. 2005, "Module Two: Informed Consent", *Developing World Bioethics*, vol. 5, no. 1, pp.17.

dominated by individualism, can provide adequate protections for target groups/communities in HPGR.

1.3 HPGR in Developing Countries

HPGR, like the HGDP, is interested in sampling populations to study how human groups and individual genetic diversity have grown and aims to identify the diversity of the human genome. Ethnic minorities and isolated groups in rural areas of developing countries, such as the PRC, would be the ideal target groups in HPGR, for following reasons: (1) members of these groups are relatively homogeneous with respect to ethnic background, environment, and lifestyle; (2) the groups have existed for several thousands of years with a stable resident population; (3) the population is large enough to ensure the availability of a sufficient number of potential research participants.

However, ethnic minorities and isolated rural groups in developing countries also have features which may lead to concerns about protecting their interests in HPGR. For example, On 20 December 2000, Washington Post staff writers John Pomfret and Deborah Nelson published an article 'In Rural China, a Genetic Mother Lode.'⁷³ It was a story that reported that a drug company-supported research program involving Harvard University researchers and six Chinese medical centres were intending to sample the blood and genes of 200 million Chinese people in rural isolated areas to conduct genetic research; in addition, these resources would be incorporated into foreign products without bringing any benefit to the Chinese people who furnished the genetic resources. Harvard Provost Fineberg said that '[w]e were very mindful of having the same [ethical] standards applied to them as in the US every effort was made to assure that was the case.⁷⁴ However, this example highlights a question increasingly asked by legal professionals and medical ethicists as developed countries' academic and corporate researchers turn to developing countries to find large amounts of human research materials to conduct HPGR: do these standards provide adequate protections for participants and groups in HPGR?

 ⁷³ Pomfret, J. & Nelson, D., In rural China, a genetic mother lode. *Washington Post*. 12-20-2000.
⁷⁴ Ibid.

Target groups of HPGR may be vulnerable because of their members' frequently low educational level, lack of economic and social resources, difficulties in correct understanding of the risks of HPGR or the possibility of undue inducement to take part in research. These common characteristics arguably make them more likely to accept risks that are either not understood or appreciated, or that are unjust. Meanwhile, the researchers or research institutions involved in HPGR, who are mostly research institutions or companies from developed countries, have the potential to take unfair advantage of their superior economic and social resources by offering target groups unfair benefits in exchanging for their participation. Furthermore, the absence of effective and adequate legal regulations and ethical guidelines in most developing countries, as well as poor law enforcement, also exacerbates the vulnerability of target groups in HPGR.

Therefore, the vulnerability of target groups in HPGR in developing countries should be addressed in more detail and depth. In particular, it is essential to evaluate whether or not the dominant (Western) underpinnings of the ethics of research are sufficient to eliminate or reasonably reduce the vulnerability of target groups and provide adequate protections for them in HPGR in developing countries, such as the PRC. In addition, some target groups from rural areas of developing countries have their own cultural sensitivities concerning decisionmaking patterns which will also be relevant to this evaluation. This too may mandate a reconsideration of the applicability and practice of HPGR projects and processes.

The People's Republic of China is a good model on which to base an analysis of whether or not target populations in HPGR are adequately protected by contemporary legal and ethical regulations of human subject research. The Chinese population comprises one-fifth of the human species. The Chinese government officially recognizes 56 ethnic groups, one of which is the Han majority (1 billion and 100 million people), and the other 55 are ethnic minorities (totalling about 100 million).⁷⁵ China contains rich genetic resources in isolated areas which have idiographic cultures. At the same time, the PRC is the

⁷⁵ Cavalli-Sforza, L. 1998, "The Chinese Human Genome Diversity Project", *The National Academy of Sciences*, vol. 95, pp. 11501.

only developing country participating in the HGP. Accordingly, a number of developed countries and their research organizations desire to do genomics research in China or undertake collaborative research with Chinese research organizations in this area. In 1996, experts warned that China faces the prospect that the genes of hundreds of millions of its people may become the priceless resources of foreign pharmaceutical companies.⁷⁶

As mentioned above in the reference to the Harvard case, these researchers will generally be expected to have met the ethical and legal requirements for conducting their research in their country of origin (generally developed countries). However, the PRC, has a thoroughly different legal and cultural background from those developed countries, which leads to the need to consider whether or not existing developed world legal and ethical frameworks provide these research participants with adequate levels of protection and are sensitive to cultural concerns. The legal regulation of HPGR in China, such as it is, including 'Interim Measures for the Administration of Human Genetic Resources 1998'⁷⁷ and 'Ethical guidelines for human embryonic stem cell research 2003', ⁷⁸ is - as will be seen - copied almost word for word from Western legal and ethical frameworks, which means that these regulations are neither designed to provide protection to target groups in biomedical research, nor consider the particular position and cultural sensitivities of the populations concerned.

The PRC has a unique cultural and historical tradition. China is a country with a history as long as the history of human beings themselves, and is also a country with strong cultural traditions. The largest group, the Han, make up over 92% of China's vast population, and the Han civilization is the dominant culture in China.

⁷⁶ Sleeboom, M. 2005, "The Harvard case of Xu Xiping: exploitation of the people, scientific advance, or genetic theft?", *New Genetics and Society*, vol. 24, no. 1, pp. 60.

⁷⁷ Ren Lei Yi Chuan Zi Yuan Guan Li Zhan Xing Ban Fa [*Interim Measures for the Administration of Human Genetic Resources 1998*] (in Chinese), available on the official website of the Ministry of Science and Technology of the PRC: http://www.most.gov.cn/fggw/xzfg/200811/t20081106_64877.htm, last visited on 2010-05-06.

⁷⁸ Ren Pei Tai Gan Xi Bao Yan Jiu Lun Li Zhi Dao Yuan Ze [*Guidelines for the Moral Principles in Human Embryonic Stem Cell Research 2003*] (in Chinese), available on the official website of the Ministry of Science and Technology of the PRC: http://www.most.gov.cn/fggw/zfwj/zfwj2003/200512/t20051214_54948.htm, last visited on 2010-05-06.

Meanwhile, the other 55 ethnic minorities maintain their own rich traditions and customs. It has been said that:

From the dawn of time, China's history is a story of an immense land with several diverse tribes. It is also one of migrations and conflict, and separation and fusion of cultures. The product of the intermingling of many tribes, the Han people were among the first to settle down and develop an agrarian society... Over a 2,000 year period, a large number of invaders breached the Great Wall and poured into the Chinese heartland. The Huns, the Mongols, and Manchurians all came -- and unlike the plunder and destruction characterized by the barbarian invasions of Rome, these peoples admired what they saw, leading them to stay and assimilate.⁷⁹

The fact that the PRC has its own range of cultural and ethical traditions makes it more difficult to adopt Western individualised ethical and legal frameworks in HPGR. For example, in China's traditional culture, the notion of respect for an individual's right to self-determination is not prominent. In fact, the Confucian concept of relational personhood challenges the assumption that the patient alone should be given the diagnosis and prognosis and the opportunity to make his or her own medical decisions. Social and moral meaning rests in interdependence, which overrides self-determination. Consequently, many Chinese people may give the family or community the right to receive and disclose information, to make decisions and to co-ordinate patient care, even when they themselves are competent.⁸⁰ In contrast, privacy rights and individual autonomy are the starting points of the protection system of Western countries. In an article on Chinese genetics and ethics by Qiu Ren-zong, one of the most well-known bioethicists in China, it is claimed that in traditional medicine in general, medicine is taken as the art of humaneness (yi ben ren shu). This means that the doctor loves people, cares for people and does well for people. In his view, the essential core relationship between patient and doctor is not the same as in Western countries; rather, it is based in absolute trust. For example, Qiu says:

⁷⁹ See "Ethnic Minorities in China", <u>http://www.c-c-c.org/chineseculture/minority/minority.html</u>, last visited 2009-09-23.

⁸⁰ Fan, R. 2007, "Confucian Familism and Its Bioethical Implications," in *The Family, Medical Decision-Making, and Biotechnology: Critical Reflections On Asian Moral Perspectives*, S. C. Lee, ed., Springer, pp. 15-26, at 15-16.

Doctors who practice medicine in China have the capacity to decide the life or death of a patient, so they bear a very heavy responsibility. Traditional China is a patriarchal society in which paternalism is very strong in social life. ...In the encounter between physician and patient, medical decisions are made by the physician, and the doctor's opinion is directive. Although there has been a great change in modern China, and the paternalism in medicine has been considerably weakened, it still prevails.⁸¹

However, most international conventions and ethical guidelines for human subject research are based on the principles of individual autonomy, beneficence, and justice. Considering the special situation in China, patients' undoubted trust in doctors and the emphasis on family and group/community over individual interests can cause problems in terms of medical research which may extend to HPGR.

In addition, in the PRC, 25% of the population is illiterate or semi-literate. The majority of these people are distributed in the isolated rural areas which are attractive targets of HPGR.⁸² As was reported in the Harvard story, those target people, whose lives were extremely poor and who had scarcely any medical care, were told that if they participated there would be free medical care - so of course most people volunteered to participate.⁸³ Even had there been an introduction to the aims and anticipated achievements of this research, which 'adhered to the principle of informed consent', this would be of arguable value in such cases since 'many couldn't read, and few could have guessed at the tangle of scientific and business dreams that lay behind the project.'⁸⁴

For these reasons, this thesis will use the PRC as an example to analyze how to build new legal and ethical frameworks on biomedical research involving human subjects, with special reference to the protection of vulnerable target groups and consideration of the specific Chinese bioethical background and cultural sensitivities.

⁸⁴ Ibid.

⁸¹ Qiu, R. 2004, "China: Views of a Bioethicist," in *Genetic and Ethics in Global Perspective*, D. C. Wertz & J. C. Fletcher, eds., Kluwer Academic Publisher, at 193.

⁸² See supra note 76, at 69

⁸³ Ibid.

The proposed alternative ethical and legal frameworks for biomedical research will be designed to allow the ethical conduct of human population genetic research which does not harm the interests of vulnerable target groups and individual participants, based on the specific bioethical background and cultural sensitivity of a developing country.

In summary, human genetic research has come a long way, but some aspects of it remain controversial. During the past 20 years, alongside the exploration of human genetic information, debates have focused on how to regulate genetic research and use genetic technology.⁸⁵ Human population genetic research creates additional dilemmas that are also significant and urgent, especially in developing countries.

1.4 Hypothesis of the Thesis

Target groups of HPGR are almost always ethnic minorities or isolated groups in rural areas of developing countries. These groups have not only objective characteristics which distinguish them from other groups, such as history, geography, ethnicity, economics, language and religion, but also may have inherent values which lead to the group and its members having a selfperception of the group's distinctiveness. Further, individual members of the group may strongly identify themselves with the group, and particularly with its common spiritual tradition, historical narratives, or traditional beliefs. They may also have their own well-developed cultural traditions, such as group collective decision-making. Meanwhile, the researchers in HPGR are almost always from Western developed countries, who are outsiders of target groups. The personal and cultural forces that link members of groups to each other and to their traditions, are of great importance to both the individual and to the group itself. These traditions are worthy of respect and protection, yet risk being overlooked, ignored or disrespected by researchers from a different tradition.

This thesis intends to examine current ethical and legal frameworks for research involving human subjects in HPGR, particularly HPGR in developing countries,

⁸⁵ Wilkinson, R. 2010, "The Governance of Genetic Information: Who Decides? (Publication Review)", *Medical Law Review*, vol. 18, no. 2, pp. 267-273, at 267.

specifically in China. Therefore, it will argue that the interests of group in this kind of research should be recognised as being worthy of protection and that this is not available using the Western ethical and legal regulations already in existence. It aims to propose a model that will offer additional protections to groups in HPGR.

This thesis is concerned with two aspects of ethical and legal regulations on HPGR. The first relates to an explanation as to why current ethical and legal regulations on human subject protection cannot provide adequate protection to target groups and their members in HPGR. The second element is the vulnerability of target groups in HPGR in developing countries and the additional protections they need. This will require consideration of how and why HPGR may pose risks of harm to both target groups and their members. Having examined these issues, I will then consider how ethical and legal frameworks can be proposed in developing countries, such as the PRC, in terms of HPGR.

This thesis consists of five chapters, including an Introduction and Conclusion. In Chapter 2 of this thesis, the risks of harm of human population genetic research (HPGR) will be identified and an analysis of the deficiencies of the current ethical and legal approaches to human subject protection for HPGR will be undertaken. This chapter will address the role and general rules of consent in the medical context, as well as the specific rules of consent to medical research involving human subjects, including ethical and professional guidance and legal principles. It will then address the risk-benefit distinctions between therapeutic research and non-therapeutic research, and introduce the legal regulations and cases on the protection of the well-being of human subjects from an international perspective. Subsequently, it will argue that genetic research raises its own concerns in respect of research ethics and explain the uniqueness of the types of harm caused by genetic research. It will clarify that in HPGR it is not only an individual but also a population/group that may be at risk of harm, such as psychological harms including shame or humiliation; loss of opportunities and other economic setbacks or loss of insurance or insurability (possibly resulting from stereotyping or stigmatising a group as a whole). Further, this chapter will point out that group/community members may suffer harm without the opportunity of knowing the risks of harm in advance and being able to make

decisions as to whether or not to accept them. In addition, contemporary Western legal systems and regulations depend on philosophical statements that identify individual rights as the appropriate foundation for the protection of human beings. For instance, in the context of medical law, one prevalent principle is 'respect for persons', which aims to protect an individual's autonomy through practical measures like the requirement for legally valid consent to treatment.⁸⁶ Furthermore, traditional investigators, Institutional Review Boards (IRBs) or Research Ethics Committees (RECs) ordinarily pay attention to the risks of harm to the individual participant. The ethical basis of this framework is concern for the individual rather than for groups or particular populations.⁸⁷ Thus, some scholars suggest that since the current Western legal system is 'rooted in natural rights theories, social contract theories, Kantian notions of the individual, and other philosophical antecedents, it is generally assumed by liberal democratic governments that legally cognizable human rights are individual rights, which stand against the potential tyranny of government'.88 Therefore, it will be argued that at least some of the traditional Western approaches to research are unsuited to this specific kind of research and are particularly inadequate in developing countries, such as China, although some essential rules need to be followed, such as the provision of adequate information when seeking consent.

Chapter 3 will make the case for the protection of groups as potentially vulnerable populations in HPGR. Since HPGR aims to identify specific aspects of the diversity of the human genome, target groups are mostly ethnic minorities or isolated groups in rural areas of developing countries. This chapter will suggest that these groups are vulnerable to three types of vulnerability: consent-based, risk-based, and justice-based. According to these concerns, target groups in HPGR may be vulnerable by virtue of a low education level, lack of economic and social resources, failure to recognise cultural sensitivities and the absence of effective and adequate legal regulations and ethical guidelines in most

⁸⁶ Title 45 CFR (Code of Federal Regulations) Part 46, can be seen on the official website of US Department of Health & Human Services, available on http://www.hhs.gov/ohrp/45CFRpt46fag.html, lat visited on 2010-10-13.

⁸⁷ Underkuffler, L. S. 2007, "Human Genetics Studies: The Case for Group Rights", *Journal of Law, Medicine and Ethics*, vol. 35, pp. 383-395, at. 384.

⁸⁸ Ibid.

developing countries. Although in respect of international law, there has been some discussion of group rights and some attempts to recognise and protect them, such as The Convention on the Prevention and Punishment of the Crime of Genocide,⁸⁹ these declarations are usually aimed at civil and political rights. Group/community protection in the area of biomedical research has not been given much attention in general, beyond the protection of such groups as children and mentally incapacitated adults.⁹⁰ However, it will be argued that the target group and its members need to be protected by specific legal and ethical regulations. Thereafter, it will analyze current regulations on vulnerable group protection and attempt to provide revised guidelines to protect groups in population genetic research.

Chapter 4 will focus on issues specifically in the PRC. It begins with a brief introduction to the Chinese legal system. It will then explore the implementation of the current legal framework in respect of human subject research protections in HPGR. This is critically reviewed since it is necessary to explain the problems of existing Chinese regulation in this area. It will then explain the current practices of HPGR in the PRC, while also exploring the bioethical background of the PRC and identifying its special characteristics. Finally, this chapter will address the specific situation of ethnic minorities and isolated groups in rural areas in the PRC, including their cultural sensitivities and contemporary legal protections. It will be argued that in order to protect target group in HPGR in the PRC, neither can Western standards be merely transplanted into China directly, nor are current Chinese legal regulations adequate. Rather, a new construct which considers both group vulnerability and specific cultural sensitivities is needed.

In Chapter 5, it will be concluded that the only way of adequately protecting target groups in HPGR in developing countries is to construct a tailored ethical

⁸⁹ The Convention on the Prevention and Punishment of the Crime of Genocide, it was adopted by the United Nations General Assembly in December 1948 as General Assembly Resolution 260, the full text can be seen on the official website of the United Nations, available on <u>http://www.hrweb.org/legal/genocide.html</u>, last visited on 2010-10-24.

⁹⁰ Almost all the international declarations and ethical guidelines on research involving human subject have specific regulations on vulnerable population protection, including the Declaration of Helsinki and the International Ethical Guidelines for Biomedical Research Involving Human Subjects (CIOMS Guidelines).

and legal framework. The proposals that will be put forward for regulation of HPGR in the PRC will highlight the issues of group protection, with reference to international ethical guidelines and the legal regulations of other countries, taking into account the specific cultural sensitivities of the PRC. The proposed solution will be helpful in improving the ethical conduct of biomedical research involving human subjects, as well as vulnerable group protection in the PRC. This alternative model could also be a valuable guide as to how to provide adequate protections for target groups in HPGR in other developing countries, which have similar issues to those that will be highlighted in the PRC. Recommendations will be made as how such a construct might be developed. I will suggest that group protection should be highlighted in ethical and legal frameworks on biomedical research, specifically in terms of HPGR. The main bases for this derive from (1) the need to take group interests and cultural sensitivities into account, by adopting a model of relational autonomy, enhancing researchers' responsibilities and requiring ethical review of group interests; (2) the need to respect the role of developing countries and their own legal and ethical regulations which fit into their specific social, economic and cultural context.

2.1 Consent and Human Subject Protection

While most discussions about the ethics of biomedical research involving human subjects agree that there is a need for it to take place, they also accept the significance of protection for human subjects to ensure their well-being and to avoid abuse and exploitation.¹ The requirements of consent, based on the principle of respect for autonomy, have become central measures for the protection of human subjects in Western bioethics and law. These requirements have been developed in the medical treatment context and subsequently applied to medical research, although their application even here is not always straightforward. Their applicability to genetic research, and more specifically HPGR, raises additional problems which will be explored in this and subsequent chapters. However, before turning to this particular situation it is necessary to consider how the role of autonomy and the general rules of consent in the Western medical context have been approached. This chapter will also introduce the concept of relational autonomy as a challenge to a highly individualised concept of autonomy. The significance of this challenge is in its invitation to consider the social context of even individual decision-making. This will become relevant when discussing the potential for collective harm to target groups in HPGR, highlighting the need for an enriched understanding of the requirements for individual decision-making when people are asked to participate in such research.

2.1.1 Individual Autonomy and Relational Autonomy

I wish my life and decisions to depend on myself, not on external forces of whatever kind. I wish to be the instrument of my own, not of other men's acts of will. I wish to be a subject, not an object; to be moved by reasons, by conscious purposes, which are my own, not by causes which affect me, as it were, from outside. I wish to be

¹ Widdows, H. 2011, "Localized Past, Globalized Future: Towards an Effective Bioethical Framework Using Examples from Population Genetics and Medical Tourism", *Bioethics*, vol. 25, no. 2, pp. 83-91.

somebody, not anybody; a doer - deciding not being decided for, selfdirected and not acted upon by external nature or by other men ... I wish, above all, to be conscious of myself as a thinking, willing, active being, bearing responsibility for his choices and able to explain them by reference to his own ideas and purposes.²

Such statements are at the core of Western moral and ethical history, and emphasize and justify the concepts of free choice, self-determination and individual autonomy. For example, Mill argued that the individuality of human beings should be respected by allowing them to make free choices, unless their actions would cause significant harm to others.³ Kant highlighted the significance of free choice and personal autonomy by stating that a person should be an end in himself and should never be used solely as a means to an end.⁴ Dworkin also emphasized the importance of individual autonomy: 'What makes an individual the particular person he is his life-plan, his projects. In pursuing his autonomy, one shapes one's life, one constructs its meaning. The autonomous person gives meaning to his life.'⁵ Of particular interest to this thesis is that in the context of research on human subjects, he further argued for the importance of individual autonomy: 'one's body is irreplaceable and inescapable ... In addition because my body is me, failure to respect my wishes concerning my body is a particularly insulting denial of autonomy.'⁶

Consequently, in both Western medical and research ethics, there exists a strong moral conviction, grounded on notions of human dignity and respect for individual autonomy, that every individual has a *prima facie* right to self-determination with respect to his or her body. Thus, in the context of medical ethics, autonomy and consent are central concepts.⁷

² Berlin, I. 1969, *Two Concepts of Liberty*, Oxford: Clarendon Press, at 123.

³ Mill, J. S. 1989, *On Liberty*, S Collini edn, Cambridge University Press, at 13.

⁴ Sedgwick, S. 2008, Kant's Groundwork of the Metaphysics of Morals: An Introduction, Cambridge University Press.

⁵ Dworkin, G. 1988, *The Theory and Practice of Autonomy*, Cambridge University Press, at 31.

⁶ Ibid., at 113.

⁷ Childress, J. F. & Fletcher, J. C. 1994, "Respect for Autonomy", *Hastings Centre Report*, vol. 24, no. 3, pp. 33-34.

The term 'autonomy', stems from the Greek words autos (self) and nomos (rule), literally meaning is self-rule or self-governance.⁸ The original use of the concept of autonomy was to describe the self-rule or self-governance of independent city-states.⁹ Since then its use has been expanded to cover the individual. There are, however, various definitions of personal autonomy, as well as different senses in which autonomy may be used. For example, autonomy can be seen as 'the capacity to think, decide, and act on the basis of such thought and decision freely and independently and without... let or hindrance,'¹⁰ and be employed to refer to an individual's capacity to 'think, decide and act.'¹¹ Autonomy may further refer to a way of living one's life, with autonomy being seen as a virtue rather than a simple ability.¹² Alternatively, according to two of the main proponents of the dominant conception of autonomy in a medical context, Beauchamp and Childress, autonomy is the 'personal rule of the self that is free from both controlling interferences by others and from personal limitations that prevent meaningful choice.'¹³ On this view, the subject of autonomy is an individual person who 'freely acts in accordance with a self-chosen plan,'¹⁴ and to respect the autonomy of individuals is to 'acknowledge their right to hold views, to make choices, and to take actions based on their personal values and beliefs.¹⁵ This principle has been seen as the moral and ethical basis of the need for consent to medical treatment and is also widely accepted as the dominant rule to prevent harms to human subjects of research.¹⁶

⁸ Beauchamp, T. L. & Childress, J. F. 2009, *Principles of Biomedical Ethics*, Sixth edn, Oxford University Press, at 99.

⁹ Ibid.

¹⁰ Gillon, R. 1985, "Autonomy and the Principle of Respect for Autonomy", *British Medical Journal*, vol. 290, pp. 1806-1808, at 1806.

¹¹ Ibid.

¹² Maclean, A. 2009, *Autonomy, Informed Consent and Medical Law*, Cambridge University Press, at 12.

¹³ See supra note 8, at 99.

¹⁴ Ibid.

¹⁵ Ibid., at 103.

¹⁶ For example, Beasley, A. D. & Graber, G. C. 1984, "The Range of Autonomy: Informed Consent in Medicine", *Theoretical Medicine and Bioethics*, vol. 5, no. 1, pp. 31-41. In this article, the explanation of Beauchamp and Childress has been seen as the working definition of autonomy, as the basis of other research.

However, from the late 1980s, some communitarian philosophers and feminists began to criticize the dominance of an over-individualised concept of autonomy, and especially Beauchamp's and Childress's approach to the principle of respect for personal autonomy in bioethics.

This criticism argues that autonomy described in this way presupposes an individual with no social context. It also overstates the presumption about the way in which the individual makes his or her own decisions, as being uninfluenced by others. For example, communitarian philosophers argued that 'self-determination presupposes the existence of a community from which an individual derives many of his or her values.'¹⁷ They stress that the principle of respect for persons must reflect the fact that the individual is situated within a particular community. Miller summarizes this argument as follows:

First, the socialization process determines, or shapes, the values and preferences of individuals; hence, the idea of autonomously chosen values is factually incorrect. Second, an individual's actions, desires, and objectives are comprehensible only within the context of social conventions and institutions.... Third, the view that an autonomous individual chooses his or her own values, preferences, and desires presupposes a self that does the choosing. This self will have to have a core of values with which to choose, in which case either there are values not autonomously chosen, or it is inexplicable how individuals come to have a set of values.¹⁸

In addition, feminist theorists have challenged the concept of individual autonomy because of its lack of attention to human relationships; to the 'relational nature of human life.'¹⁹ There are two major concerns which are raised by feminists: (1) the conception of persons which is dominant in the theory of autonomy, is typically believed to be false; they charge that the theory overemphasizes people's independence and deference to rationality in decision making. They argue that people sometimes act contrary to their best interests, which undermines the liberal understanding of an autonomous

¹⁷ Weijer, C. 1999, "Protecting Communities in Research: Philosophical and Pragmatic Challenges", *Cambridge Quarterly of Healthcare Ethics*, vol. 8, pp. 501-513, at 504.

¹⁸ Miller, B. 1995, Autonomy. In: Reich WT, ed. *Encyclopedia of Bioethics*, Rev. ed. New York: Simon & Schuster MacMillan, at 215–20.

¹⁹ Keller, J. 1997, "Autonomy, Relationality and Feminist Ethics", *Hypatia*, vol. 12, pp. 152-164.

person.²⁰ (2) The kind of autonomy espoused by the dominant theory has also been questioned, especially since it relies on an ideal of personhood that feminists generally believe to be 'both unrealistic and pernicious.'²¹ They believe that people can be harmed by demands to meet the ideal of independence and the implicit definition of persons in medical practice. For example, Wendell argues that this view of personhood could 'turn against people with disabilities as unrealistic demands that they achieve goals deemed appropriate by others or as excuses for refusing to provide necessary services.'²²

Beauchamp and Childress have responded to this criticism in their most recent edition of *Principle of Biomedical Ethics* as follows:

Some feminists have sought to affirm autonomy but to interpret it through relationship. These conceptions of 'relational autonomy' derive from the conviction that persons' identities are shaped though social relationships and complex intersecting social determinants, such as race, class, gender, ethnicity, and authority structures. These accounts see persons as interdependent, but they also caution that 'oppressive socialization and oppressive social relationships' can impair autonomy... Such a relational conception of autonomy is illuminating and defensible as long as it does not neglect or obscure the main features of autonomy that we analyze in this chapter.²³

Hence, Beauchamp and Childress believe that feminist writers have misunderstood their theory, but arguably they have failed to appreciate the nature of this criticism. Feminists' real criticism focuses on the foundation of their theoretical position, which is the presupposed definition of a person. Ells explained this as follows:

B&C's [Beauchamp and Childress's] feminist critics believe that the liberal view of personhood is unacceptable as an 'ideal' on at least two grounds. First, the factual ground: persons simply are not, and cannot be, the sort of beings that the ideal in the dominant conception of autonomy requires... Second, the consequentialist

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²⁰ Ells, C. 2001, "Shifting the Autonomy Debate to Theory as Ideology", *Journal of Medicine and Philosophy*, vol. 26, no. 4, pp. 417-430, at 422.

²¹ Ibid, at 418.

²² Wendell, S., 1996, *The Rejected Body: Feminist Philosophical Reflections on Disability*, New York: Routledge, at 145.

²³ See supra note 8, at 103.

ground: the imposition of such an ideal by the dominant conception of autonomy can be harmful.²⁴

Thus, the feminists cited believe that persons are always and necessarily socially situated, which means that they are always and necessarily in relationships with others. Their alternative conception of autonomy, which emphasizes the limitations of Beauchamp and Childress's conception, is 'grounded on this relational conception of persons as involving the competent exercising of skills, derived and constrained by social circumstances, that facilitate self-direction.'²⁵

Although the feminists' accounts of relational autonomy are varying,²⁶ these alternative conceptions of autonomy have several advantages. Firstly, they provide a richer and more socially contextualised conception of persons. In some situations of medical treatment it is not likely that people can make independent and autonomous decisions. For example, a patient may suffer from a serious disease which influences her/his capability to make decisions independently. Even if the disease is not so serious as to influence her/his capacity to exercise independent decision making, she/he might also be scared by the disease, and be vulnerable, weak and not in control of the situation. In these situations, individualistic autonomy often leaves the patient in a helpless situation when her/his social relationships are excluded, and as a result the patient often cannot actually make independent and rational decisions and

²⁴ See supra note 21, at 422.

²⁵ Ibid., at 423.

²⁶ For instance, Virginia Held has elaborated a model based on mother-child relations, because mother-child relations are far closer and tighter than ties among friends, and mothering has historically offered women the opportunity to exercise agency more fully than other relationships available to them. Thus, in this relationship, a mother is responsible for assisting a helpless, dependent individual to transform into an independent, autonomous adult. See in Held, V. 1993, Feminist Morality, Chicago: University of Chicago Press. Friedman and Raymond elaborate a model patterned after relations among friends, which is a comparatively loose relationship seldom imbedded in the kinds of goal-oriented activities and institutionalized expectations that characterize such densely ordered practices as medicine or mothering. Raymond emphasizes thoughtfulness, reason and caring, a quality of passion that manifests a thinking heart possessed of a robust sense of self, and a striving for the full use of one's powers; while Friedman stresses the importance of diverse friendships that afford the opportunity to participate in overlapping communities, so that one acquires a plurality of standpoints from which to critically assess one's choices, values, and character, thereby overcoming the tendency to uncritically accept social norms. Friedman, M, 1993, What are Friends For?, New York: Cornell University Press. Also see Raymond, J. 1986, A Passion for Friends, Boston: Beacon Press. Anne Donchin proposed a model based on relations among sisters. As sisters are joined together in a relationship of equality, the relationship between sisters is 'structured by a common family history and shared expectations that generate obligations.' See Donchin, A. 2001, "Understanding Autonomy Relationally: Toward a Reconfiguration of Bioethical Principles", Journal of Medicine and Philosophy, vol. 26, no. 4, pp. 365-386.

would be more likely to 'fall prey to the implicit manipulation of medical professionals.'²⁷ Dodds even argued that individualistic autonomy in medical decisions is inapplicable, since 'many of the important, but by no means unusual, health-care decisions that individuals, friends, and families make are far removed from the cool, reflective, clear-headed decision making that is the paradigm of this view of autonomy.'²⁸

Secondly, they extend the responsibility for choices to society, since society contributes to the development of the necessary skills for choice. Autonomy should be understood on the basis of an institutional and cultural background. So an account of autonomy cannot be totally individualistic but should recognize that the individual is situated in a large number of social practices, commitments and relations to other people. In practice, there may be certain cultural norms that make it likely that individuals would wish to seek or rely on family or even community views in their decision-making process. For example, in traditional Chinese society, 'the family is based on an extended or clan structure and plays a central role in an individual's life... Consequently, many Chinese patients may give the family or community the right to receive and disclose information, to make decisions, and to co-ordinate patient care, even when they themselves are competent.'²⁹ Under a model of individualistic autonomy, reliance on family or community views may be considered to place a person at the mercy of undue influence, which would hamper the exercise of individual autonomy. Under a model of relational autonomy, this seeking or relying on outside opinion is not viewed as undue influence, but as reasonable involvement of relevant parties and also permits consideration of the interests of other people who might be influenced by the decision.

Thirdly, feminists make it clear that a new understanding of respect for autonomy requires 'anticipation by others of what is needed to make the choice

²⁷ Lee, S. C. 2007, "On Relational Autonomy: From Feminist Critique to Confucian Model for Clinical Practice," in *The Family, Medical Decision-Making, and Biotechnology: Critical Reflections On Asian Moral Perspectives*, S. C. Lee, ed., Springer, pp. 83-93, at 84.

²⁸ Dodds, S. 2000, "Choice and Control in Femenist Bioethics," in *Relational Autonomy: Feminist Perspectives on Autonomy, Agency, and the Social Self*, C. Mackenzie & N. Stoljar, eds., Oxford University Press, New Yorks, pp. 213-235, at 217.

²⁹ Bowman, K. W. & Hui, E. C. 2008, "Chinese Bioethics," in *The Cambridge Textbook of Bioethics*,

P. A. Singer & A. M. Viens, eds., Cambridge University Press, pp. 397-402, at 400.

in question and facilitating that choice accordingly.³⁰ Individualistic autonomy is the result of an abstract universalism that does not take into account the daily reality of human life. However, in daily reality, the individual is always situated in a multiplicity of contexts and life situations where dependency on others is very important. The narrative structure of personal identity and of the experiences of the individual, which are based on relational autonomy, show that decision-making should always be regarded as the result of the interactions of the individual with the social context.

Therefore, the critiques made by communitarian philosophers and feminists of individual autonomy are positive challenges to the dominant interpretation of the principle of respect for individual autonomy. No matter what kind of relationship they suggest as a model, they recognize that the individual is not an entirely independent entity, but a person who is grounded in important and close social relationships. In other words, when individuals make decisions, they are not in a vacuum, but are always influenced by interactions between themselves and others, and make decisions not only based on their own interests but also how this decision will affect other people relevant to them. An individual may wish to take into account information on how her/his decision may affect others who are important to her/him. Just as individualistic autonomy cannot account for the interests of other relevant parties, it also cannot adequately take account of context. Indeed, in certain contexts, such as HPGR, simply to ensure that the individual research participant has been able to exercise autonomy based on their own interests would fail to take into account the interests of other group members. The shared nature of group collective genetic information means that HPGR on some members of the group potentially affects other members of the group who did not consent to participating in the research, even the whole target group/community. In addition, in some cultures, when the decision would be relevant to the interests of both the group and the individual, individuals may wish to consider and respect the interests of the group as having priority, rather than making the decision only based on their personal interests. Therefore, I argue that in the context of HPGR, the relational autonomy model would be more appropriate. Before making a decision to

³⁰ See supra note 21, at 423.

participate, an individual would need to be enabled to take into account information on the potential influence of her/his decision on others relevant to him who might be affected by the decision. The exact concerns raised by adopting an individualised informed consent model, rather than the proposed relational autonomy model, will be discussed in more detail in following sections.

2.1.2 The Role of Autonomy and Consent in the Western Medical Context

While there are some challenges to the meaning of the principle of autonomy from the philosophical or ethical perspective, the core concept of respect for individual autonomy is still dominant in the Western medical context. Respect for individual autonomy indicates that an individual who has the capacity to make the decision for him or herself should be permitted to do so without inappropriate external pressure, and that this decision should be respected. Meanwhile, it also implies that no-one has the authority to conduct any intervention upon such people's bodies without their consent. Under this principle, when considered in a medical context, consent can be defined as the 'autonomous authorization of a medical intervention or of participation in research.'³¹ Ideally, patients or research participants have the right to make choices about their medical care or research participation and to be provided with all available information relevant to such decisions. A person must do more than express agreement or comply with a proposal. He or she must authorize it through an act of informed and voluntary consent. Consent occurs if and only if a patient or research subject, with substantial understanding, and in the absence of substantial control by others, intentionally authorizes a physician or researcher to do something.³²

The consent discussed above is being described at the ethical level. There is another way of looking at consent - one that refers to the rules of consent that determine legally or institutionally valid consent. A legally valid consent may not be exactly the same as autonomous authorization within an ethical framework;

³¹ See supra note 8, at 119.

³² Faden, R. & Beauchamp, T. L. 1986, A History and Theory of Informed Consent, Oxford University Press, at 298.

rather, it is a valid authorization within the framework of legal regulations. Sometimes, a morally or ethically valid consent is not a legally valid one. For example, different countries have various legal ages of consent to surgery. If the legal age of consent is twenty in a certain country, although an average individual, aged nineteen is capable of understanding relevant information and making an autonomous choice to agree to it, this choice cannot be seen as a legally valid consent. Nonetheless, it could be argued to be a substantially autonomous authorization. Thus, a legally valid consent is a sufficiently autonomous authorization under the operative legal regulations. Current legal rules and ethical guidelines concerning medical treatment and biomedical research are all based on this meaning of consent; that is, a legally valid autonomous authorization from a patient or a participant to certain medical interventions or research. Consent, when discussed further in this thesis, refers to legally valid consent.

The principles of autonomy and consent are inherent in the civil and political rights and freedoms protected by international human rights law, such as the European Convention for the Protection of Human Rights and Fundamental Freedoms (ECHR)³³ and the International Covenant on Civil and Political Rights (ICCPR),³⁴ domestic law, such as the Human Rights Act 1998³⁵ and pre-existing common law in the UK.

At the level of international human rights law, these principles are expressed in both implicit and explicit ways. The ECHR protects a person's freedom to determine how to live her/his own life through a number of articles including

³³ The Convention for the Protection of Human Rights and Fundamental Freedoms (ECHR) is an international treaty to protect human rights and fundamental freedoms in Europe. Drafted in 1950 by the then newly formed Council of Europe, the convention entered into force on 3 September 1953. The full text of ECHR can be seen on the official website of the European Court of Human Rights, available on <u>http://www.echr.coe.int/NR/rdonlyres/D5CC24A7-DC13-4318-B457-5C9014916D7A/0/ENG_CONV.pdf</u>, last visited on 2010-11-08.

³⁴ International Covenant on Civil and Political Rights (ICCPR) is a multilateral treaty adopted by the United Nations General Assembly on December 16, 1966, and in force from March 23, 1976. The ICCPR is part of the International Bill of Human Rights, along with the International Covenant on Economic, Social and Cultural Rights (ICESCR) and the Universal Declaration of Human Rights (UDHR). The full text of ICCPR can be seen on the official website of United Nations, available on <u>http://www2.ohchr.org/english/law/ccpr.htm</u>, last visited on 2010-11-08.

³⁵ The Human Rights Act 1998 is an Act of Parliament of the United Kingdom which received Royal Assent on 9 November 1998, and mostly came into force on 2 October 2000. The full text of Human Rights Act 1988 can be seen on the official website of UK government, available on <u>http://www.legislation.gov.uk/ukpga/1998/42</u>, last visited on 2010-11-08.

freedom of expression and religion, the right to life and liberty of the person and respect for private life, which all provide for respect for individual autonomy. In addition, although Article 3 of the ECHR which prohibits 'torture or inhuman or degrading treatment or punishment'³⁶ does not directly refer to medical treatment, the European Commission of Human Rights pointed out in X v*Denmark* that 'medical treatment of an experimental character and without the consent of the person involved may under certain circumstances be regarded as prohibited by Article 3.'³⁷ What is more, Article 7 of the ICCPR, which is the equivalent article of Article 3 of the ECHR, noted specifically that 'In particular, no-one shall be subjected without his free consent to medical or scientific experimentation.'³⁸

At the level of UK domestic law, common law also explicitly includes the need for consent in the medical context. For example, in the case of $Re\ T$, all three judges in the Court of Appeal supported patient autonomy. They noted that:

[Lord Donaldson MR]: An adult patient who, like Miss T., suffers from no mental incapacity has an absolute right to choose whether to consent to medical treatment, to refuse it or to choose one rather than another of the treatments being offered.... This right of choice is not limited to decisions which others might regard as sensible. It exists notwithstanding that the reasons for making the choice are rational, irrational, unknown or even non-existent.³⁹

[Butler-Sloss LJ]: A man or woman of full age and sound understanding may choose to reject medical advice and medical or surgical treatment either partially or in its entirety. A decision to refuse medical treatment by a patient capable of making the decision does not have to be sensible, rational or well-considered...⁴⁰

[Staughton LJ]: An adult whose mental capacity is unimpaired has the right to decide for herself whether she will or will not receive medical or surgical treatment, even in circumstances where she is likely or

³⁶ See supra note 33, Article 3 noted that 'Prohibition of torture: No one shall be subjected to torture or to inhuman or degrading treatment or punishment.'

³⁷ X v Denmark (1988) 32 D.R. 282, at 283.

³⁸ The Convention for the Protection of Human Rights and Fundamental Freedoms (ECHR) states in Article 3 that 'No-one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment. In particular, no one shall be subjected without his free consent to medical or scientific experimentation.'

³⁹ *Re T* (adult: refusal of treatment) [1992] 3 W.L.R. 782, at 102.

⁴⁰ Ibid., at 116.

even certain to die in the absence of treatment. Thus far the law is clear. $^{\scriptscriptstyle 41}$

Furthermore, in the case of *Airedale NHS Trust v Bland*, the House of Lords affirmed the principles of autonomy and consent as following:

... it is established that the principle of self-determination requires that respect must be given to the wishes of the patient, so that if an adult patient of sound mind refuses, however unreasonably, to consent to treatment or care by which his life would or might be prolonged, the doctors responsible for his care must give effect to his wishes, even though they do not consider it to be in his best interests to do so...⁴²

In the case of *St George's Healthcare NHS Trust v SR. v Collins Ex p. S*, the Court of Appeal considered and re-stated the principle as follows:

...how can a forced invasion of a competent adult's body against her will even for the most laudable of motives (the preservation of life) be ordered without irremediably damaging the principle of selfdetermination? When human life is at stake the pressure to provide an affirmative answer authorising unwanted medical intervention is very powerful. Nevertheless the autonomy of each individual requires continuing protection even, perhaps particularly, when the motive for interfering with it is readily understandable, and indeed to many would appear commendable...⁴³

These statements clearly addressed the significance of individual autonomy in the medical context and illustrated recognition of the need for consent by English courts. Since the rules of consent in relation to medical research are similar to those regulating medical treatment, in the next section, the general rules of legally valid consent to treatment will be addressed in more detail.

2.1.3 General Rules of Medical Consent

Aside from the ethical need for consent, there is also a need to consider the legal purpose of consent. Generally speaking, most forms of medical treatments involve physical interventions on the patient, even if only an initial examination

⁴¹ Ibid., at 121.

⁴² Airedale NHS Trust v Bland [1993] 2 W.L.R. 316, at 864.

⁴³ St George's Healthcare NHS Trust v SR. v Collins Ex p. S [1998] 3 W.L.R. 936, at 953.

and tests. A legally valid consent relieves healthcare professionals of liability for battery, trespass or assault under the laws of both crime and tort.⁴⁴ However, in the criminal setting, victims generally cannot give a legally valid consent to bodily harm. This was made clear in the case of $R \ v \ Brown$, in which the court held that the consent of men to sado-masochistic sexual activities was not capable of obviating the criminal liability of the actors.⁴⁵ Therefore, if a patient's consent is capable of protecting healthcare professionals from prosecutions for medical interventions involving actual bodily harm, medical interventions must be seen as an exception to the general criminal law. This has been accepted by UK courts. For example, in $R \ v \ Brown$, Lord Templeman noted that '[S]urgery involves intentional violence resulting in actual or sometimes serious bodily harm but surgery is a lawful activity.⁴⁶ In *Airedale NHS Trust v Bland* Lord Mustill said that:

...bodily invasions in the course of proper medical treatment stand completely outside the criminal law. The reason why the consent of the patient is so important is not that it furnishes a defence in itself, but because it is usually essential to the propriety of medical treatment.⁴⁷

These statements point out that appropriate surgery has its own justification as an exception to the general criminal law. This means that normal medical procedures performed to an appropriate standard with the patient's consent will not be criminal offences.

In the non-criminal setting, medical intervention without legally valid consent can be seen as battery (assault in Scotland) or negligence. A battery occurs when there is any touching without a legally valid consent. Early case law in the US, such as *Mohr v. Williams*,⁴⁸ accepted that no matter whether or not the touching is hostile, a battery has been constituted by touching without legally valid consent from the patient. In this case, an ear specialist, Williams, performed

⁴⁴ Jackson, E. 2009, *Medical Law: Text, Cases and Materials,* 2nd edn, Oxford: Oxford University Press, at 173.

⁴⁵ *R v Brown* [1994] 1 A.C. 212.

⁴⁶ Ibid., at 231.

⁴⁷ See supra note 42, at 891.

⁴⁸ Mohr v. Williams, 59 Minn. 261, 265; 104 N.W. 12, 15 (1905).

surgery on Mohr's right ear with her consent. After Williams began performing the operation he decided that Mohr's left ear rather than her right ear required surgery. Although the condition was not life threatening. Williams operated successfully on the left ear without having received permission from Mohr. Mohr sued in battery and was successful. The court held that the physician should have obtained the consent of the patient before operating on the other ear. However, in the case of Wilson v Pringle⁴⁹ in the UK, the Court of Appeal held that in order to constitute a battery, the touching must be 'hostile'. The main consideration is that there is generally acceptable physical touching in ordinary life, such as physical touching in crowded stores. In the medical context, since healthcare professionals' intention in providing medical treatment is almost always to benefit their patients, it could be argued that healthcare professionals' actions cannot be seen as battery under the 'hostile' touching condition, although this point has not been considered by UK courts. In some cases where health care professionals have been successfully sued for battery, they had conducted unnecessary treatment. For example, in the UK case, Appleton v Garrett,⁵⁰ the judge held that the dentist, Garrett, in order to gain personal profit, deliberately conducted unnecessary treatment on Appleton, while deliberately misleading Appleton that the treatment was necessary, since he knew that otherwise Appleton would not have consented to it. The consent Appleton had provided was not, therefore, based on the truth about the need for treatment and was accordingly not a legally valid consent. The court found Garrett liable in battery.

However, there are some medical treatments which do not require physical touching, such as when a doctor prescribes a drug. Given that the essence of battery is physical touching, battery is not an appropriate legal action in these cases if they take place without legally valid consent. In addition, there are some cases where the patient has given her/his consent to a certain medical intervention, but the process of obtaining consent is flawed to some extent, such as where the risks of this medical intervention have not been disclosed completely or adequately. In these cases, negligence would be the only available legal avenue for redress. The differences between the actions of battery and

⁴⁹ Wilson v Pringle [1986] 3 W.L.R. 1.

⁵⁰ Appleton and Others v Garrett [1996] P.I.Q.R. P1.

negligence were stated clearly in the UK case of *Chatterton v Gerson*⁵¹ which will be considered further below. Generally, if a person is competent and consent is given voluntarily, then once a person has given consent in the knowledge of the broad nature of the intervention, they have given a legally valid consent. Thus, if there has been inadequate information disclosure about risks, the consent is still legally valid, so there can be no action for battery, but the person performing the intervention may be able to be sued for negligence.

The essential elements of a legally valid consent that will avoid liability for both battery and negligence on the part of the person performing medical procedures can be summarized as follows: competence, adequate information disclosure and voluntariness.

(1) Competence: this term means the ability to perform a task. In the context of medical decisions, competence is the capacity that a patient must understand both the information presented and its relevance, and the reasonably foreseeable consequences of her/his decision, as well as to make a choice on this decision. Faden and Beauchamp argued that the function of a competence judgement is to 'distinguish persons from whom consent should be solicited from those from whom consent need not or should not be solicited.²⁵²

There are two requirements for competence: 1) the capacity to understand relevant information and the potential risks of harm; 2) the capacity to make the decision as to whether or not to authorize a certain medical intervention. This capacity includes physical, psychological and legal requirements. Thus, consent must be given by a person who is deemed to be legally capable of consenting. The Mental Capacity Act 2005,⁵³ which applies in England and Wales, noted that a person cannot be seen as competent to make decisions for herself/himself if s/he is unable:

⁵¹ Chatterton v Gerson and Another, [1981] Q.B. 432.

⁵² See supra note 32, at 288.

⁵³ The Mental Capacity Act 2005 is an Act to make new provision relating to persons who lack capacity; to establish a superior court of record called the Court of Protection in place of the office of the Supreme Court called by that name; to make provision in connection with the

(a) to understand the information relevant to the decision,

(b) to retain that information,

(c) to use or weigh that information as part of the process of making the decision, or

(d) to communicate his decision (whether by talking, using sign language or any other means). $^{\rm 54}$

Although there is a presumption that an adult is competent,⁵⁵ in practice, most judgements on competence can only be made in specific situations. A person can be capable of performing some tasks at one time, such as making decisions about proposed medical treatment, while not capable of accomplishing the same tasks at another time.⁵⁶ For example, in a UK case, *Re T*, Lord Donaldson MR highlighted the complexity of making a judgement on capacity as follows:

Doctors faced with a refusal of consent have to give very careful and detailed consideration to the patient's capacity to decide at the time when the decision was made. It may not be the simple case of the patient having no capacity because, for example, at that time he had hallucinations. It may be the more difficult case of a temporarily reduced capacity at the time when his decision was made. What matters is that the doctors should consider whether at that time he had a capacity which was commensurate with the gravity of the decision which he purported to make. The more serious the decision, the greater the capacity required.⁵⁷

Thus, competence cannot be evaluated without knowledge of the exact situation. Generally, in respect of medical interventions, the following requirements are essential to competence: capacity to understand the proposed interventions; capacity to weigh its risks and benefits; and

Convention on the International Protection of Adults signed at the Hague on 13th January 2000. It aims to provide a comprehensive framework for decision-making on behalf of adults aged 16 and over who lack capacity to make decisions on their own behalf in England and Wales. The full text of Mental Capacity Act 2005 can be seen on the official website of UK government, available on http://www.legislation.gov.uk/ukpga/2005/9/contents, last visited 2010-11-10.

⁵⁴ Ibid., S 3(1).

⁵⁵ *Re MB (Medical Treatment)* (Court of Appeal) [1997] 2 FLR 426, at 436.

⁵⁶ Ibid., at 289-290.

⁵⁷ See supra note 39, at 113.

capacity to make an autonomous decision based on relevant knowledge and information. $^{\mbox{\tiny 58}}$

(2) Adequate Information Disclosure: this refers to the duty of the clinician to inform the patient of the nature of the proposed procedures and provide information relevant to the medical intervention, before seeking consent. The European Convention on Human Rights and Biomedicine (ECHRB)⁵⁹ highlights that a patient should be given 'appropriate information as to the purpose and nature of the intervention as well as on its consequences and risks.'⁶⁰ The Explanatory Report on the ECHRB⁶¹ emphasized that the information provided:

...must be sufficiently clear and suitably worded for the person who is to undergo the intervention. The patient must be put in a position, through the use of terms he or she can understand, to weigh up the necessity or usefulness of the aim and methods of the intervention against its risks and the discomfort or pain it will cause. 62

The disclosure of relevant information is essential to the rules of consent, because adequate relevant information is the basis for the patient to make autonomous choices.⁶³ Ethically, if patients have a right to make decisions about proposed procedures, they must also have the right to be told what they need to know in order to make an informed assessment before deciding what to do. Thus, if they do not know all of the relevant

⁵⁸ See supra note 52, at 291.

⁵⁹ Convention for the Protection of Human Rights and Dignity of the Human Being with regard to the Application of Biology and Medicine: Convention on Human Rights and Biomedicine was done at Oviedo, Spain, April 4, 1997. The full text can be seen at the official website of the Council of Europe on <u>http://conventions.coe.int/Treaty/en/Treaties/Html/164.htm</u>, last visited on 2010-07-27.

⁶⁰ Ibid., Article 5.

⁶¹ The Explanatory Report on ECHRB was drawn up under the responsibility of the Secretary General of the Council of Europe, on the basis of a draft prepared, at the request of the Steering Committee on Bioethics (CDBI), by Mr Jean MICHAUD (France), Chairman of the CDBI. It takes into account the discussions held in the CDBI and its Working Group entrusted with the drafting of the Convention; it also takes into account the remarks and proposals made by Delegations. The Committee of Ministers has authorised the publication of this Explanatory Report on 17 December 1996.

⁶² Ibid., at

⁶³ See supra note 8, at 121.

information, their decision to give or refuse consent is problematic. Therefore, information disclosure is vital in the medical consent.

Having noted the significance of information disclosure to consent, it is necessary to address the legal standard for information disclosure. The general principle of information disclosure in UK law was set out in *Chatterton v Gerson* by Bristow J who said that

In my judgment once the patient is informed in broad terms of the nature of the procedure which is intended, and gives her consent, that consent is real, and the cause of the action on which to base a claim for failure to go into risks and implications is negligence, not trespass. Of course if information is withheld in bad faith, the consent will be vitiated by fraud. Of course if by some accident, as in a case in the 1940's in the Salford Hundred Court where a boy was hospital for tonsilectomy admitted to and due to administrative error was circumcised instead, trespass would be the appropriate cause of action against the doctor, though he was as much the victim of the error as the boy. But in my judgment it would be very much against the interests of iustice if actions which are really based on a failure by the doctor to perform his duty adequately to inform were pleaded in trespass.⁶⁴

This principle was approved by a further two cases: *Hills v Potter*⁶⁵ and *Sidaway v Bethlem Royal Hospital Governors*.⁶⁶ It creates two different levels of information disclosure one to avoid liability for battery, the other to avoid liability for negligence. This approach has been criticized for several reasons, such as that it 'reduces the role of battery in English law,' ⁶⁷ it 'excludes other relevant information such as alternative treatment, benefits of the proposed treatment and advice on the underlying ailment',⁶⁸ and that there is 'no inherent difference between information as to the nature of a procedure and the information as to its risks and consequences.'⁶⁹ Nevertheless, the current law is that once the

⁶⁴ See supra note 51, at 443.

⁶⁵ Hills v Potter [1984] 1 W.L.R. 641.

⁶⁶ Sidaway v Bethlem Royal Hospital Governors [1985] 1 A.C. 871.

⁶⁷ Wicks, E. 2007, Human Rights and Healthcare, Hart Publishing, at 80.

⁶⁸ Ibid., at 81.

⁶⁹ Ibid.

broad nature of the procedure has been disclosed to the patient, negligence is the only possible legal claim. Thus, the specific level of information disclosure under the current law of negligence needs to be explored. There are several options that could be considered when setting a legal standard.

The subjective standard of disclosure focuses on what is of specific interest to a particular individual. The justification for this standard was provided by Justice Stanley Mosk in the US case *Cobb v Grant*⁷⁰:

A medical doctor, being the expert, appreciates the risks inherent in the procedure he is prescribing, the risks of a decision not to undergo the treatment, and the probability of a successful outcome of the treatment. But once this information has been disclosed, that aspect of the doctor's expert function has been performed. The weighing of these risks against the individual subjective fears and hopes of the patient is not an expert skill. Such evaluation and decision is a non-medical judgment reserved to the patient alone.⁷¹

The subjective standard requires the discovery of the interests of each particular patient and the use of this information as a part of disclosure, so it is potentially time-consuming. Given the limited time in medical practice available to make disclosure, although this approach is probably the standard which can provide a person with the maximum information s/he needs to make an autonomous choice, it would be extremely difficult to meet. Therefore, generally, there are two further alternative standards of information disclosure regarding medical interventions that could be required by law: a prudent patient standard (reasonable patient standard) and a prudent doctor (professional practice) standard.

Under the prudent patient standard, which is applied in some States in the US, the law would require doctors to disclose all of the information which would be considered relevant by a reasonable patient. This was proposed in the US case of Salgo v Leland Stanford Jr. Univ. Bd. of

⁷⁰ Cobb v. Grant, 8 Cal.3d 229, 502 P.2d 1, 104 Cal.Rptr. 505 (1972).

⁷¹ Ibid.

Trustees.⁷² In this case, a patient, Martin Salgo, awoke paralyzed after aortography, having never been informed that such a risk existed. He sued the physician for negligence in performance of the procedure and failing to warn of the risk of paralysis. The court noted that the physician has the duty to disclose 'any facts which are necessary to form the basis of an intelligent consent by the patient to proposed treatment,' but that 'in discussing the element of risk a certain amount of discretion must be employed consistent with the full disclosure of facts necessary to an informed consent.'⁷³ Thereafter, the standard was developed in another influential case, *Canterbury v Spence*.⁷⁴ In this case, the patient underwent a laminectomy for serious back pain. After this operation, he fell off his hospital bed and then suffered major paralysis. He sued the physician claiming that he had not informed him that there was about a 1% risk of paralysis after a laminectomy. The court said as follows:

True consent to what happens to one's self is the informed exercise of a choice, and that entails an opportunity to evaluate knowledgeably the options available and the risks attendant upon each. The average patient has little or no understanding of the medical arts, and ordinarily has only his physician to whom he can look for enlightenment with which to reach an intelligent decision. From these almost axiomatic considerations springs the need, and in turn the requirement, of a reasonable divulgence by physician to make such a decision possible.⁷⁵

This statement made it clear that since the aim of information disclosure is to provide relevant information to patients to enable them to make decisions about their medical treatment, the disclosure should be able to be understood by an average patient who has little or no medical knowledge. After this case, the reasonable patient standard has gradually been accepted by courts in a number of countries.⁷⁶ In the UK, this standard was also accepted by Lord Scarman in the landmark UK case of

75 Ibid.

⁷² Salgo v. Leland Stanford Jr. Univ. Bd. of Trustees, 154 Cal.App.2d 560, 317 P.2d 170 (1957).

⁷³ Ibid.

⁷⁴ Canterbury v. Spence, 464 F.2d 772, 150 USApp.D.C. 263 (1972).

⁷⁶ See supra note 8, at 123.

Sidaway v Bethlem Royal Hospital Governors. In this case, Lord Scarman noted as follows:

The doctor's duty arises from his patient's rights. If one considers the scope of the doctor's duty by beginning with the right of the patient to make his own decision whether he will or will not undergo the treatment proposed, the right to be informed of significant risk and the doctor's corresponding duty are easy to understand: for the proper implementation of the right requires that the doctor be under a duty to inform his patient of the material risks inherent in the treatment.⁷⁷

Despite this, however, the other Law Lords held that the question whether an omission to warn a patient of inherent risks of proposed treatment constituted a breach of a doctor's duty of care was to be determined by applying the *Bolam* principle, which is also known as the prudent doctor, or professional practice, standard. This principle was established in the case of Bolam v Friern Hospital Management Committee.⁷⁸ In this case, the judge set out the principle that a doctor is 'not guilty of negligence if he has acted in accordance with a practice accepted as proper by a responsible body of medical men skilled in that particular art.'⁷⁹ Thus, in *Sidaway* the majority did not share Lord Scarman's view and did not support it. However, it has been considered more favourably in Commonwealth jurisdictions. For example, in an Australian case, *Rogers v Whittaker*,⁸⁰ Whittaker did not disclose to Rogers that an operation to correct the sight of her almost blind right eye had the potential risk to cause her left eye to lose sight, which would lead to total blindness. The High Court of Australia considered both the Sidaway case⁸¹ and Canterbury v. Spence,⁸² then applied the reasonable patient standard and explained the reasons for doing so as follows:

The law should recognise that a doctor has a duty to warn a patient of a material risk inherent in the proposed treatment;

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⁷⁷ See supra note 66, at 888.

⁷⁸ Bolam v Friern Hospital Management Committee [1957] 1 W.L.R. 582.

⁷⁹ Ibid., at 587.

⁸⁰ Rogers v Whittaker (1992) 175 CLR 479.

⁸¹ See supra note 66.

⁸² See supra note 74.

a risk is material if, in the circumstances of the particular case, a reasonable person in the patient's position, if warned of the risk, would be likely to attach significance to it or if the medical practitioner is or should reasonably be aware that the particular patient, if warned of the risk, would be likely to attach significance to it. This duty is subject to the therapeutic privilege.⁸³

In the UK, however, in the *Sidaway* case, Lord Diplock gave the *Bolam* principle a wide application as follows:

...no convincing reason has in my view been advanced before your Lordships that would justify treating the Bolam test as doing anything less than laying down a principle of English law that is comprehensive and applicable to every aspect of the duty of care owed by a doctor to his patient in the exercise of his healing functions as respects that patient.⁸⁴

In addition, Lord Bridge, Lord Keith and Lord Templeman, although accepting that the risks of certain medical interventions should be evaluated with reference to the specific situation of the patient's subjective beliefs, fears and hopes, not expert skill, still held that the level of disclosure should be decided based on medical evidence, unless 'a patient's right to decide whether to consent to the treatment was so obvious that no prudent medical man could fail to warn of the risk save in emergency or some other sound clinical reason for non-disclosure.'⁸⁵ Thus, the English courts applied a medical professional practice principle to information disclosure. This requires disclosure of information that the medical professional, supported by other medical opinion, considers relevant.

However, since Sidaway, the Bolam test has been refined. In the case of Bolitho v City and Hackney HA,⁸⁶ the House of Lords modified the Bolam test, although not in the context of information disclosure. Lord Browne-Wilkinson held:

⁸³ Ibid., at 490.

⁸⁴ See supra note 66, at 893-894.

⁸⁵ Ibid., at 872.

⁸⁶ Bolitho Appellant v City and Hackney Health Authority Respondents [1998] A.C. 232.

...in my view, the court is not bound to hold that a defendant doctor escapes liability for negligent treatment or diagnosis just because he leads evidence from a number of medical experts who are genuinely of opinion that the defendant's treatment or diagnosis accorded with sound medical practice....the court has to be satisfied that the exponents of the body of opinion relied upon can demonstrate that such opinion has a logical basis. In particular in cases involving, as they so often do, the weighing of risks against benefits, the judge before accepting a body of opinion as being responsible, reasonable or respectable, will need to be satisfied that, in forming their views, the experts have directed their minds to the question of comparative risks and benefits and have reached a defensible conclusion on the matter.⁸⁷

This statement showed that the courts still have the right and the duty to critically analyse the basis of the expert witnesses' evidence to ensure that the opinion itself is reasonable, not just that the experts are suitably qualified and credible, although Lord Browne-Wilkinson emphasised that 'it will very seldom be right for a judge to reach the conclusion that views genuinely held by a competent medical expert are unreasonable.'⁸⁸

In addition, in *Pearce v United Bristol Healthcare NHS Trust*, ⁸⁹ the standard of risk disclosure required to enable the patient to decide whether to accept the doctor's advice was considered. The consultant obstetrician in this case suggested to the patient, who was pregnant and had gone past the expected date of delivery and was extremely concerned for the safety of her fetus, that the safest course was to allow labour to begin naturally, but did not disclose that there was a small (0.1-0.2 per cent) risk of stillbirth. The risk unfortunately materialised. The woman sued the doctor for failure to disclose the risk. Although her claim was rejected both at first instance and by the Court of Appeal, Lord Woolf MR's judgment did argue that:

...if there is a significant risk which would affect the judgment of a reasonable patient, then in the normal course it is the responsibility of a doctor to inform the patient of that significant risk, if the information is needed so that the

⁸⁷ Ibid., at 241-242.

⁸⁸ Ibid., at 243.

⁸⁹ Tina Marie Pearce and Another v United Bristol Healthcare NHS Trust [1999] E.C.C. 167.

patient can determine for him or herself as to what course he or she should adopt.⁹⁰

This statement appeared to advance the cause of the prudent patient standard. This more patient-centred trend has been continued in more recent cases. For example, in *Wyatt v Curtis*,⁹¹ Sedley LJ suggested that Lord Woolf's explanation on Lord Bridge's statement in *Sidaway* on whether or not a risk is 'substantial' or 'grave' should be considered from the prospective of the patient not the doctor. He noted that

Lord Woolf's formulation refines Lord Bridge's test by recognising that what is substantial and what is grave are questions on which the doctor's and the patient's perception may differ, and in relation to which the doctor must therefore have regard to what may be the patient's perception. To the doctor, a chance in a hundred that the patient's chickenpox may produce an abnormality in the foetus may well be an insubstantial chance, and an abnormality may in any case not be grave. To the patient, a new risk which (as I read the judge's appraisal of the expert evidence) doubles, or at least enhances, the background risk of a potentially catastrophic abnormality may well be both substantial and grave, or at least sufficiently real for her to want to make an informed decision about it.⁹²

In another case, *Chester v Afshar*,⁹³ Lord Steyn explicitly rejected medical paternalism as follows:

A surgeon owes a legal duty to a patient to warn him or her in general terms of possible serious risks involved in the procedure. The only qualification is that there may be wholly exceptional cases where objectively in the best interests of the patient the surgeon may be excused from giving a warning. This is, however, irrelevant in the present case. In modern law medical paternalism no longer rules and a patient has a prima facie right to be informed by a surgeon of a small, but well established, risk of serious injury as a result of surgery.⁹⁴

⁹⁰ Ibid., at 167.

⁹¹ Wyatt v Curtis [2003] EWCA Civ 1779.

⁹² Ibid.

⁹³ Chester v. Afshar [2005] 1 A.C. 134.

⁹⁴ Ibid., at 143.
Although Lord Steyn's statement did not clearly indicate whether the issue of determining if a risk is significant should be decided by the view of the patient, his rejection of medical paternalism could be viewed as evidence of the trend towards acceptance of a prudent patient standard in the UK. In another more recent case, Birch v University College London Hospital NHS Foundation Trust,⁹⁵ the patient, had been warned of the 1% risk of stroke of undertaking catheter angiography, but was not informed that there was an alternative procedure, a MRI scan, which has no risk of stroke. According to expert witnesses on behalf of the defendants, the doctor's duty was merely to disclose the risks relevant to catheter angiography, which had been done properly. However, Mr Justice Cranston agreed with Mrs Birch that the prudent doctor standard was not logically reasonable in this case. He firmly agreed with Lord Woolf MR's statement that the doctor's duty to inform of 'significant risks' would not be discharged until the patient was made aware that fewer or no risks were associated with another available treatment. He then argued that although expert witnesses insisted the doctor has fulfilled the duty of disclosure, the failure to discuss these comparative risks 'could not be described in law as reasonable, responsible or logical.'⁹⁶ Therefore, although the judgment of Sidaway is still not directly overruled, this (albeit limited) movement towards the acceptance of a prudent patient standard is, therefore, a continuing trend in English law, which may be welcomed in its potentially greater respect for patient autonomy.

(3) Voluntariness: this refers to the patient's right to come to a decision freely, without undue influence, such as force, coercion or manipulation.⁹⁷ In general, coercion means that 'one party intentionally and successfully influences another by presenting a credible threat of unwanted and avoidable harm so severe that the person is unable to resist acting to avoid it.'⁹⁸ Manipulation refers to several forms of undue

⁹⁵ Birch v University College London Hospital NHS Foundation Trust [2008] EWHC 2237 (QB).

⁹⁶ Ibid., at [73].

⁹⁷ See supra note 8, at 133-134.

⁹⁸ See supra note 32, at 339.

influence that are neither coercion nor reasonable persuasion.⁹⁹ At the ethical level, voluntariness indicates that an individual can make decisions regarding his or her treatment free from overwhelming external pressure and is exercising the right to self-determination. However, in medical interventions, external influence by those performing them may be a factor in the person's decision to give consent. For example, a patient may refuse to undergo certain medical procedures for reasons of fear or false belief, but s/he may agree to undergo this medical intervention following persuasion from the physician. In this case, it may well be the case that the patient's consent is given voluntarily, if this influence is not seen as improper, although the physician has externally influenced the patient's decision. Thus, the boundary of 'undue influence' is a significant issue in the evaluation of valid consent and should be considered carefully.

In UK case law, the voluntariness of patient involvement was considered in the case of *Re T (Adult: Refusal of Medical Treatment)*.¹⁰⁰ In this case, Miss T a woman injured in a car accident when 34 weeks pregnant, told medical staff that she refused to consent blood transfusion which might be necessary following a Caesarean section. She refused blood, after being alone with her mother, who was a Jehovah's Witness. This faith does not accept blood transfusions. After Miss T became unconscious, her father and boyfriend applied to the court for assistance. The English Court of Appeal held that Miss T's mother had apparently influenced the decision of the daughter, who was not a Jehovah's Witness. The court denied the effectiveness of the Miss T's refusal of treatment as follows

...although an adult patient was entitled to refuse consent to treatment irrespective of the wisdom of his decision, for such a refusal to be effective his doctors had to be satisfied that at the time of his refusal his capacity to decide had not been diminished by illness or medication or by false assumptions or misinformation, that his will had not been overborne by another's influence and that his decision had been directed to the situation in which it had become relevant; that where a

⁹⁹ See supra note 8, at 133.

patient's refusal was not effective the doctors were free to treat him in accordance with their clinical judgment of his best interests...¹⁰¹

Although the judge in this case failed to define undue influence in any detailed manner, this case illustrates the requirement of voluntariness in medical consent in English law.

In summary, if the decision is made by a patient who meets the requirement of competence, with adequate information disclosure from her/his medical professionals and without any form of undue influence, this consent would be seen as a legally valid consent. If people have difficulties in providing voluntary, informed consent arising from limitations of decision-making capacity (e.g. children), or situational circumstances (e.g. prisoners), or because they are especially at risk of exploitation (e.g. some under-valued ethnic minorities), they should be seen as vulnerable and additional scrutiny of their decisions or other protections would be required. ¹⁰² Generally, the requirements and standards of medical consent discussed above can be applied to human subjects in biomedical research; however, given the existence of some differences between medical treatment and research. In the next section, these rules will be addressed.

2.1.4 General Rules of Consent in Medical Research

It is self-evident that, from the standpoint of promoting the development of biomedical science and technology, as well as contributing to human knowledge, there is a need for research involving human subjects. In order to translate biomedical discoveries into practical medical treatment procedures or products, research involving human subjects is a necessary step, which offers the prospect of better lives for many people.¹⁰³ To take this further, some have argued that it

¹⁰¹ Ibid., at 96.

¹⁰² Iltis, A. S. 2009, "Introduction: Vulnerability in Biomedical Research", *Journal of Law, Medicine and Ethics*, vol. 37, no. 1, pp. 6-11, at 7-8.

¹⁰³ Koski, G. 2000, "Risks, Benefits, and Conflicts of Interest in Human Research: Ethical Evolution in the Changing World of Science", *The Journal of Law, Medicine & Ethics*, vol. 28, pp. 330-331, at 330.

is a moral obligation to undertake, support and even to participate in serious scientific research.¹⁰⁴ For example, Harris proposes that:

The argument concerning the obligation to participate in research should be compelling for anyone who believes there is a moral obligation to help others, and/or a moral obligation to be just and do one's share. Little can be said to those whose morality is so impoverished that they do not accept either of these two obligations.¹⁰⁵

Research involving human subjects is helpful to scientific development, to the benefit of society in general and future patients in particular, so as a member of society, Harris considers that every individual should support and participate in biomedical research, at least if the research is directed toward preventing serious harm or providing significant benefits. Although it is too extreme to argue that research is a bigger priority than concern for the welfare and rights of human subjects, his argument has identified one important distinction between biomedical research and medical treatment. In medical treatment, the healthcare professional has a number of clear obligations: to seek to cure the patient; to alleviate his or her symptoms and to prevent illness or injury. This means that medical treatment is targeted to benefit the patient himself or herself. However, in the research context, promoting the human subject's wellbeing is not the primary focus, which is instead the improvement of the wellbeing of society and future patients by the creation of generalizable knowledge. Research focuses on benefiting the public as a whole, although it may also provide benefits to the research participant. The researcher has an obligation to ensure that the research findings are valid and replicable, and this has implications for the design and execution of the research.

Medical research on human subjects in the UK is currently regulated through a combination of the principles enunciated in international agreements and professional rules and guidance. There is a general assumption that the principles of consent to medical treatment form the foundation of consideration

¹⁰⁴ Harris, J., 2005, "Scientific research is a moral duty", *Journal of Medical Ethics*, vol. 31, no. 4, pp. 242-248.

¹⁰⁵ Ibid., at 247.

of consent to medical research in the UK, but there is little case law on medical research.

There is no legal definition of medical research in the UK,¹⁰⁶ (although there is a definition of a clinical trial).¹⁰⁷ The 'Supplementary Guidance Good Practice in Research and Consent to Research', ¹⁰⁸ the professional guidance provided by the General Medical Council (GMC),¹⁰⁹ defined medical research as follows:

Research... refers to an attempt to derive generalisable new knowledge. Research aims to find out what is best practice by addressing clearly defined questions with systematic and rigorous methods. It includes studies that aim to generate hypotheses as well as those that aim to test them.¹¹⁰

This definition indicates that a medical researcher's primary aim is to benefit a broader population by producing reliable, statistically significant information through their medical research, while medical treatment is designed to benefit a specific individual, aims to restore the patient's health or prevent deterioration. The Helsinki Declaration also does not provide an explicit definition of medical research, but instead describes it by reference to the purpose of the research:

The primary purpose of medical research involving human subjects is to understand the causes, development and effects of diseases and improve preventive, diagnostic and therapeutic interventions (methods, procedures and treatments). Even the best current

http://www.legislation.gov.uk/uksi/2004/1031/contents/made, last visited on 2010-12-05.

¹⁰⁶ In this thesis, the definition of biomedical research excludes experimental treatment which refers to the use of untested innovative treatment on certain individual patients.

¹⁰⁷ The Medicines for Human Use (Clinical Trials) Regulations 2004 Part 1 Regulation 2 noted that "clinical trial" means any investigation in human subjects, other than a non-interventional trial, intended— (a)to discover or verify the clinical, pharmacological or other pharmacodynamic effects of one or more medicinal products, (b)to identify any adverse reactions to one or more such products, or (c)to study absorption, distribution, metabolism and excretion of one or more such products, with the object of ascertaining the safety or efficacy of those products. The full text of The Medicines for Human Use (Clinical Trials) Regulations 2004 can be seen on the official website of UK government, available on

¹⁰⁸ Supplementary Guidance Good Practice in Research and Consent to Research set out the good practice principles that doctors are expected to understand and follow if they are involved in research. It is the professional guidance of GMC. The full text of this can be seen on the official website of GMC, available on http://www.gmcuk.org/static/documents/content/Research guidance FINAL.pdf, last visited on 2010-11-15.

¹⁰⁹ The GMC registers and regulates doctors in the United Kingdom. It has the power to revoke registration, or place restrictions on practise.

¹¹⁰ See supra note 108, Article 1.

interventions must be evaluated continually through research for their safety, effectiveness, efficiency, accessibility and quality.¹¹¹

Similarly, in the US, the Ethical Principles and Guidelines for the Protection of Human Subjects of Research (the Belmont Report)¹¹² also pointed out that medical treatment, which aims to provide diagnosis, preventive treatment or therapy to particular individuals, encompasses 'interventions that are designed solely to enhance the well-being of an individual patient or client and that have a reasonable expectation of success;',¹¹³ while medical research, which is usually described in a formal protocol that sets forth an objective and a set of procedures designed to reach that objective, is 'designed to test a hypothesis, permit conclusions to be drawn, and thereby to develop or contribute to generalizable knowledge (expressed, for example, in theories, principles, and statements of relationships).'¹¹⁴

The main consideration of a biomedical research design must be to include a research question which should be able to be answered reliably and efficiently, sufficient numbers of human subjects must be enrolled in a reasonable period, and human subjects must comply with their allocated treatment. In theory then, the welfare of individual human subjects may be sacrificed to complete these targets when there is conflict. However, if researchers ignore the interests and well-being of human subjects, it may lead to unacceptable results, such as the

http://ohsr.od.nih.gov/guidelines/belmont.html#goc2, last visited on 2010-11-15.

¹¹¹ WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects was adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the: 29th WMA General Assembly, Tokyo, Japan, October 1975, 35th WMA General Assembly, Venice, Italy, October 1983, 41st WMA General Assembly, Hong Kong, September 1989, 48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996 and the 52nd WMA General Assembly, Edinburgh, Scotland, October 2000, 53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added), 55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added), 59th WMA General Assembly, Seoul, October 2008. The full text of Helsinki Declaration can be seen on the official website of World Medical Association (WMA) on <u>http://www.wma.net/en/30publications/10policies/b3/index.html</u>, last visited on 2010-07-27, Article 1.

¹¹² The Belmont Report is a report created by the former United States Department of Health, Education, and Welfare (which was renamed to Health and Human Services) entitled "*Ethical Principles and Guidelines for the Protection of Human Subjects of Research*," authored by Dan Harms, and is an important historical document in the field of medical ethics. The report was created on April 18, 1979 and gets its name from the Belmont Conference Center where the document was drafted. The full text of this can be seen on the official website of Office of Human Subjects Research of the US, available on

¹¹³ Ibid.

medical experiments conducted by Nazi doctors in German concentration camps¹¹⁵ during the Third Reich, and the egregious experimentation undertaken in Unit 713¹¹⁶ in China. Therefore, the first basic principle of the Nuremberg Code¹¹⁷ highlighted the importance of human subjects' voluntariness; '[T]he voluntary consent of the human subject is absolutely essential.'¹¹⁸ The potential research participant 'should be so situated as to be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, over-reaching, or other ulterior form of constraint or coercion'.¹¹⁹ The first principle placed the well-being and protection of the individual at the centre of research ethics, and highlighted that neither the progress of medical science and technology nor potential benefit for society as a whole should be the determining factor of the ethics of research involving human beings.

In addition, compared to medical treatment, biomedical research may expose human subjects to a degree of additional risk to that inherent in proven medical treatment. In the medical treatment setting, the patient takes the treatment for his or her health benefit. In the context of biomedical research, although such research could lead to potential benefits to biomedical science and human knowledge as a whole, as well as potential benefits to future patients, the direct and immediate benefits to participants in biomedical research may be less clearcut. In contrast, human subjects may be exposed to a broad array of risks as a result of research participation.

Moreover, uncertainty is one of the main features of biomedical research. No matter how much animal and laboratory research has been conducted, the

¹¹⁵ After World War II, a trial of the perpetrators of the Nazi experiments was held in Nuremberg, Germany and is reported as United States of America v. Karl Brandt et al, which resulted in what has come to be known as the Nuremberg Code.

¹¹⁶ Unit 731 was a covert biological and chemical warfare research and development unit of the Imperial Japanese Army that undertook lethal human experimentation during the Second Sino-Japanese War (1937 - 1945) and World War II. However, because of some political reasons, Japan Unit 731 avoided a procedure like the Nuremberg Doctor Trial.

¹¹⁷ The Nuremberg Code is a set of research ethics principles for human experimentation set as a result of the Subsequent Nuremberg Trials at the end of the Second World War. The record of this trail can be seen on the official website of the US, available on http://www.archives.gov/research/captured-german-records/microfilm/m889.pdf, last visited on 2010-10-11.

 ¹¹⁸ Trials of War Criminals before the Nuremberg Military Tribunals under Control Council Law No. 10, vol. 2 (Washington, D.C.: US Government Printing Office, 1949), at 181.

¹¹⁹ Ibid.

effect of biomedical research on human subjects cannot be known. Mason and Laurie identify the aim of randomized clinical trials (RCTs) as being 'to decide whether a new drug or other treatment is better than an existing one, or is preferable to none at all, the new treatment is given to a group of patients or healthy volunteers and not given to a group as similar a group as can be obtained.'¹²⁰

Therefore, it may be concluded that since biomedical research involving human subjects is a necessary step which may lead to benefits to society as a whole, even though it may cause uncertain and additional risks of harm to its participants, we should allow it to be conducted. Nevertheless, we also bear responsibility for ensuring that the interests of those who participate in research are understood and protected. In other words, it could be suggested that biomedical research involving human subjects deserves specific rules, distinct from those that apply to medical treatment.

Currently, there are several international declarations and ethical guidelines on research involving human subjects, including: the World Medical Association (WMA) Declaration of Helsinki (Helsinki Declaration)¹²¹ which is the most important statement of the principles guiding medical research; the International Ethical Guidelines for Biomedical Research Involving Human Subjects¹²² (CIOMS Guidelines) drawn up by the Council for International Organisation for Medical Sciences (CIOMS) in collaboration with the World Health Organisation (WHO), which sets general standards for the ethical conduct of research in countries around world; the Universal Declaration on Bioethics and Human Rights¹²³, and the Universal Declaration on the Human Genome and

¹²⁰ Mason, J. K. & Laurie, G. T. 2011, *Mason and McCall Smith's Law and Medical Ethics*, 8th edn, Oxford University Press, at 620.

¹²¹ See supra note 111.

¹²² International Ethical Guidelines for Biomedical Research Involving Human Subjects was prepared by the Council for International Organizations of Medical Sciences (CIOMS) in collaboration with the WHO, Geneva, 2002. The full text of CIOMS Guidelines can be seen on the official website of World Heath Organization (WHO) on <u>http://whqlibdoc.who.int/emro/2004/9290213639_annex2.pdf</u>, last visited on 2010-07-27.

¹²³ The Universal Declaration on the Bioethics and Human Rights was adopted by UNESCO's General Conference on 19 October 2005. The full text of the Universal Declaration on Bioethics and Human Rights can be seen on the official website of UNESCO on <u>http://portal.unesco.org/en/ev.php-</u> URL_ID=31058&URL_DO=DO_TOPIC&URL_SECTION=201.html, last visited on 2010-07-27.

Human Rights, ¹²⁴ both adopted by United Nations Educational, Scientific and Cultural Organization (UNESCO). In addition, the European regional convention, the Convention for the Protection of Human Rights and Dignity of the Human Being with Regard to the Application of Biology and Medicine: Convention on Human Rights and Biomedicine (Convention on Human Rights and Biomedicine)¹²⁵, is also an influential document on research involving human subjects.

According to these international declarations and ethical guidelines, there are two basic values that are central to current ethical and legal frameworks on biomedical research: the autonomy of the human subject and the well-being of the human subject. In order to protect the autonomy and well-being of human subjects, there are two critical steps in determining whether biomedical research involving them can be conducted in an ethical manner: obtaining potential subjects' valid consent and assessing risks and potential benefits to them. These two steps work at two different levels. At one level, individual research subjects should be fully informed about the nature, scope, and risks of the research, and consent to participation should be voluntary. At another level, existing regulations require researchers to submit proposals for research involving human subjects to expert committees, which must judge those proposals based on their adherence to current legal regulations and ethical guidelines for the protection of human subjects, as well as ensuring the validity of the process of information disclosure and consent.

Similar to the rules of consent in medical treatment, in the biomedical research context competence is a precondition of valid consent. However, all of the current international declarations and ethical guidelines provide additional rules designed to provide protection for vulnerable populations, for example, human subjects who are incompetent to give a valid consent. CIOMS Guideline 9 noted that

¹²⁴ The Universal Declaration on the Human Genome and Human Rights was adopted unanimously and by acclamation at UNESCO's 29th General Conference on 11 November 1997. The full text of the Universal Declaration on Human Genome and Human Rights can be seen on the official website of UNESCO on <u>http://portal.unesco.org/en/ev.php-</u> URL_ID=13177&URL_DO=DO_TOPIC&URL_SECTION=201.html, last visited on 2010-07-27.

¹²⁵ See supra note 59.

When there is ethical and scientific justification to conduct research with individuals incapable of giving informed consent, the risk from research interventions that do not hold out the prospect of direct benefit for the individual subject should be no more likely and not greater than the risk attached to routine medical or psychological examination of such persons. Slight or minor increases above such risk may be permitted when there is an overriding scientific or medical rationale for such increases and when an ethical review committee has approved them.¹²⁶

According to the Helsinki Declaration there are three rules that need to be obeyed. Firstly, 'if the research subject is legally incompetent, then the consent has to be given by the legally authorised representative.'¹²⁷ Secondly, there are other special protections for these vulnerable people, which are that minors and incompetents should not be included in research unless the research is necessary to promote the health of the population to which they belong, and the research could not be performed on legally competent persons instead. If the minor is able to understand the research, his or her assent is necessary in addition to the consent of the parents.¹²⁸ Thirdly, if the patient is not able to give consent, for example because s/he is unconscious, and in the absence of proxy consent, the research should be done only if the condition that prevents the obtaining of informed consent is a necessary characteristic of the research population.¹²⁹

In the context of biomedical research on competent human subjects, voluntariness is another fundamental requirement. As has been pointed out above, the first principle of the Nuremberg Code highlighted that the human subjects' voluntary consent is an essential and absolute requirement for biomedical research. It placed the individual human subject as the decisive entity in biomedical research. However, this absolute requirement of individual informed consent would mean that individuals who cannot provide consent would be excluded from participation, which may lead to some negative effects. For example, excluding individuals from participation in biomedical research might result in losing the opportunity to test new drugs and medical treatments which might be relevant to a particular population, such as babies and young

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¹²⁶ See supra note 122, Guidelines 9.

¹²⁷ See supra note 111, Article 27.

¹²⁸ Ibid., Article 27.

¹²⁹ Ibid., Article 29.

children. What is more, these individuals may also be excluded from some clinical research which might benefit them as individuals.¹³⁰ Thus, the absolute requirement of consent has been reconsidered by all other international declarations and ethical guidelines for biomedical research involving human subjects. These declarations all highlight the importance of freedom of choice and personal decision-making in informed consent, while allowing individuals who are not competent to be included in biomedical research under specific strict rules to seek to ensure their well-being is not compromised.

The main distinction between the general rules of consent for medical treatment and medical research is consideration of the extent of necessary information disclosure. In comparison with the legal requirements of information disclosure in medical treatment, ¹³¹ ethical declarations, guidelines and limited case law indicate that in the context of biomedical research involving human subjects, a higher standard of information disclosure is required. Most international declarations and conventions on biomedical research have attempted to describe the information that needs to be disclosed by researchers. For example, the Helsinki Declaration noted that:

In medical research involving competent human subjects, each potential subject must be adequately informed of the aims, methods, sources of funding, any possible conflicts of interest, institutional affiliations of the researcher, the anticipated benefits and potential risks of the study and the discomfort it may entail, and any other relevant aspects of the study.... Special attention should be given to the specific information needs of individual potential subjects as well as to the methods used to deliver the information.¹³²

The UNESCO Universal Declaration on Bioethics and Human Rights noted the duty of disclosure as the following:

Scientific research should only be carried out with the prior, free and informed consent of the person concerned. The information should be

¹³⁰ Noah, B. A. 2003, "The Participation of Underrepresented Minorities in Clinical Research", *American Journal of Law and Medicine*, vol. 29, no. 2-3, pp. 221-245.

¹³¹ In UK, the case of *Sidaway v Bethlem Royal Hospital Governors* [1985] 1 A.C. 871 has showed the legal requirement on information disclosure is based on a professional practice standard, which not requires full disclosure.

¹³² See supra note 111, Article 24.

adequate, provided in a comprehensible form and should include modalities for withdrawal of consent.¹³³

Similarly, the CIOMS Guidelines, which defined informed consent in the biomedical research context as 'a decision to participate in research, taken by a competent individual who has received the necessary information; who has adequately understood the information; and who, after considering the information, has arrived at a decision without having been subjected to coercion, undue influence or inducement, or intimidation,'¹³⁴ listed 27 pieces of essential information that need to be disclosed to inform the research subject 'in language or another form of communication that the individual can understand.'¹³⁵

In addition, the need for a higher standard of information disclosure for medical research involving human subjects has also been pointed out in court judgments in some countries. For example, in the Canadian case of *Halushka v University of Saskatchewan*,¹³⁶ the judge noted the requirement of full information disclosure in biomedical research and explained this as follows

The duty imposed upon those engaged in medical research to those who offer themselves as subjects for experimentation is at least as great as, if not greater than, the duty owed by the ordinary physician or surgeon to his patient. The subject of medical experimentation is entitled to a full and frank disclosure of all the facts, probabilities and opinions which a reasonable man might be expected to consider before giving his consent... Failure to make full disclosure may vitiate any consent whether impliedly or expressly given; the undisclosed or misrepresented facts need not concern matters which directly cause the ultimate damage if they are of a nature which might influence the judgment upon which the consent is based.¹³⁷

Similarly, in another Canadian case, *Weiss v Solomon*, ¹³⁸ the judge of the Superior Court of Quebec noted that 'The court must thus conclude that in a purely experimental research programme, the doctor must disclose all known

¹³³ See supra note 123, Article 6 Consent (2).

¹³⁴ See supra note 122, Commentary on Guideline 4.

¹³⁵ See supra note 122.

¹³⁶ Halushka v. University of Sask. (1965), 52 W.W.R. 608, 53 D.L.R. (2d) 436.

¹³⁷ Ibid., at 616-617.

¹³⁸ Weiss v Solomon [1989] Carswell Que 72.

risks, including those which are very rare or remote and a fortiori those whose consequences would be grave.'¹³⁹ However, in the UK, although medical research involving human subjects has been addressed by law in the Medicines for Human Use (Clinical Trials) Regulations 2004 and the EU Clinical Trials Directive 2001/20/EC¹⁴⁰ through the requirement to inform clinical trial subjects of 'its nature, significance, implications and risks and appropriately documented,'¹⁴¹ there is no specific obligation set out concerning the degree or standard of information disclosure on the part of researchers. Whether a higher standard of information disclosure is required for potential research participants compared with patients is therefore uncertain.

It must also be noted that medical research involving human subjects is a broad term that encompasses a wide variety of research. It has been described as having two categories: therapeutic research and non- therapeutic research. Therapeutic research, which includes most clinical trials, can be distinguished from non-therapeutic research in that the former has a possibility of immediate benefit to the subjects, whereas the latter has no such intended potential.¹⁴² This distinction has an historical basis, emerging after World War II in order to prevent future medical treatment and biomedical research abuses such as those committed during the war, under the assumption that research combined with patient care could be considered more ethical, as the patient benefited and physicians were guided by the patient's interests. Therapeutic research may benefit the participants as it not only aims to provide scientific knowledge, but also aims at healing or improving the participant's condition. Non-therapeutic research, which can be carried out on both patients and healthy subjects, will in all likelihood not be for the benefit of the research participant but for the

¹³⁹ Ibid., at 109.

¹⁴⁰ The Clinical Trials Directive (Officially Directive 2001/20/EC of 4 April 2001, of the European Parliament and of the Council on the approximation of the laws, regulations and administrative provisions of the Member States relating to implementation of good clinical practice in the conduct of clinical trials on medicinal products for human use) is a European Union directive that aimed at facilitating the internal market in medicinal products within the European Union, while at the same time maintaining an appropriate level of protection for public health. The full text of this Directive can be seen on the official website of EU, available on www.eortc.be/Services/Doc/clinical-EU-directive-04-April-01.pdf, last visited on 2010-12-05.

¹⁴¹ Ibid., Article 2 (j).

¹⁴² Liddell, K., Bion, J., Chamberlain, D., Druml, C., Kompanje, E., Lemaire, F., Menon, D., Vrhovac, B., & Wiedermann, C. J. 2006, "Medical Research Involving Incapacitated Adults: Implications of the EU Clinical Trials Directive 2001/20/EC", *Medical Law Review*, vol. 14, no. 3, pp. 367-417.

benefit of others, such as future patients. The participant would need to accept the possibility of adverse effects and health risks, but the potential benefits, such as findings in connection with a new treatment, will be for others. While the Helsinki Declaration dropped the therapeutic/non-therapeutic research distinction in its 2008 version, it nonetheless provided separate principles on 'clinical research combined with professional care.' Section 31 of the Declaration states that 'the physician may combine medical research with medical care only to the extent that the research is justified by its potential preventive, diagnostic or therapeutic value and if the physician has good reason to believe that participation in the research study will not adversely affect the health of the patients who serve as research subjects.'¹⁴³ As has already been pointed out, there may be reasons to require a higher standard of information disclosure for medical research than for medical treatment. However, a distinction may also be made between therapeutic and non -therapeutic research. For example, in the US case of Whitlock v Duke University,¹⁴⁴ the court took the view that the standard of information disclosure in non-therapeutic research is stricter than in therapeutic research. Since the considerations and balance of interests are different, the court concluded that the standard of consent adopted by the Nuremberg Code required a greater degree of disclosure where research is considered non-therapeutic, and found the standard of care required for informed consent relating to medical treatment inapplicable to determine the responsibility for obtaining consent in a non-therapeutic context. In non-therapeutic research, the researcher is under a duty to disclose all risks which may reasonably be anticipated and not just the 'usual and most frequent' risks.¹⁴⁵ The standard of disclosure in non-therapeutic research requires disclosure of 'the possible effects upon the health and person of the subject.'¹⁴⁶

In the current medical ethical and legal frameworks, if these general rules of consent to medical research are met, any consent offered would be seen as valid and respectful of the autonomy of the individual. Apart from the issue of consent to participation, the other main concern of ethical and legal frameworks

¹⁴³ See supra note 111, Article 31.

¹⁴⁴ Whitlock v Duke University, 637 F.Supp.1463 (M.D.N.C. 1986).

¹⁴⁵ See supra note 144, at 1741.

¹⁴⁶ Ibid.

governing medical research is that of an assessment of the risks involved compared with the potential benefits.

2.2 Harms of Research Involving Human Subjects

2.2.1 Risks of Harm in Medical Research

A 'risk-benefit assessment' or 'risk-benefit ratio' is a common expression in biomedical research involving human subjects. ¹⁴⁷ Risk involves both the probability and the magnitude of harms to human research subjects, and cannot be equated simply with the magnitude of negative outcome, such as serious physical injury or death. Under this approach, a proper analysis of risk requires consideration of its probability of harm occurring, since a one-in-a-million risk of death is likely to be regarded differently to a one-in-ten risk of death. However, magnitude of risk is also significant, so that a risk of death would be viewed differently from a risk of minimal physical harm. Human subjects may be exposed to a wide spectrum of risks as a result of participation in medical research. Weijer divided such risks of harm into four categories: physical, psychological, social, and economic.¹⁴⁸ He described each type of risk briefly as follows:

Physical risks: The research subject may suffer bodily harm - minor or serious, temporary or permanent, immediate or delayed - as a result of his or her participation in the study.

Psychological risks: Study participation may affect the research subject's perception of self, cause emotional suffering (e.g., anxiety or shame), or may induce aberrations in thought or behaviour.

Social risks: Research findings, or even study participation itself may expose subjects to the possibility of insurance or employment discrimination, or other forms of social stigmatization.

¹⁴⁷ Weijer, C. 2000, "The Ethical Analysis of Risk", *Journal of Law, Medicine and Ethics*, vol. 28, pp. 344-361.

Economic risks: Research subjects may directly or indirectly bear financial costs related to research participation.¹⁴⁹

More than one type of risk may occur in a single biomedical research protocol involving human subjects. An example provided by Weijer can illustrate this clearly. In research into a new drug for people with acutely symptomatic schizophrenia, although there are effective drugs for this disease at present, patients are randomly assigned to take various types of drug: a new antipsychotic drug, a standard drug or a placebo. These human subjects are treated in a hospital for a period of time, where they are assessed with a variety of psychometric scales.¹⁵⁰ In this medical research, since the new drug may have serious adverse effects, some of which may even be irreversible, human subjects who take the new drug may suffer physical harms, such as continuing hallucinations or paranoia, and they may be at increased risk of suicide. Human subjects who are assigned to the placebo will be deprived of needed treatment for a period of time, which may lead to the deterioration of the disease. Meanwhile, although this is rare, participating in this placebo-controlled research may also lead to psychological harm, such as emotional suffering caused by exacerbation of their disease because of the absence of treatment, since human subjects may sometimes believe that they are taking a placebo, no matter whether they are in fact taking a real medicine. Due to the existence of potential risks of harm caused by randomized trials involving placebos, the Helsinki Declaration (as amended) required that placebos should only be used in very limited circumstances. It noted in Article 32 that:

The benefits, risks, burdens and effectiveness of a new intervention must be tested against those of the best current proven intervention, except in the following circumstances:

The use of placebo, or no treatment, is acceptable in studies where no current proven intervention exists; or

Where for compelling and scientifically sound methodological reasons the use of placebo is necessary to determine the efficacy or safety of an intervention and the patients who receive placebo or no treatment

¹⁴⁹ Ibid., at 346.

¹⁵⁰ Ibid., at 345.

will not be subject to any risk of serious or irreversible harm. Extreme care must be taken to avoid abuse of this option.¹⁵¹

Realizing the risks of harm for human subjects in biomedical research, all international declarations and conventions, without exception, declare that the welfare of human subjects is the first priority. For example, the Helsinki Declaration emphasizes this principle several times in the introduction. Article 3 states that '[I]t is the duty of the physician to promote and safeguard the health of patients, including those who are involved in medical research. The physician's knowledge and conscience are dedicated to the fulfilment of this duty.¹⁵² The Universal Declaration on Bioethics and Human Rights also declares the welfare of human subjects as the first priority, and set it as a basic principle which has to be respected. In Article 3, it states that '[T]he interests and welfare of the individual should have priority over the sole interest of science or society.'¹⁵³ The Convention on Human Rights and Biomedicine in Article 2, similarly declares that '[T]he interests and welfare of the human being shall prevail over the sole interest of society or science.'¹⁵⁴ In order to ensure the welfare of human subjects, these international declarations and conventions require the harm/benefit assessment to weigh the merits of proposed biomedical research and the potential impact on the rights, safety, and welfare of participants. They clearly state that the risk to participants should be justified by the anticipated benefits to them and/or society, through risk/benefit assessments which are concerned with the probabilities and intensity of possible harm balanced against anticipated benefits. The research should be designed so that the researcher or research institution ensures that the potential benefits and risks are reasonably evaluated, and risks are minimised. The assessment of risks and potential benefits requires a careful appraisal of all available relevant data including, in some cases, alternative ways of obtaining the benefits sought in the research. For example, Article 16 of the Convention on Human Rights and Biomedicine, which provides special regulations for the protection of human subjects in scientific research, urges that it should be ensured that:

¹⁵¹ See supra note 111.

¹⁵² Ibid, Article 3.

¹⁵³ See supra note 123.

¹⁵⁴ See supra note 125.

The risks which may be incurred by that person are not disproportionate to the potential benefits of the research; the research project has been approved by the competent body after independent examination of its scientific merit, including assessment of the importance of the aim of the research, and multidisciplinary review of its ethical acceptability.¹⁵⁵

In addition, the first guideline of the CIOMS Guidelines relates to risk-benefit assessment and risk management. It points out that

The ethical justification of biomedical research involving human subjects is the prospect of discovering new ways of benefiting people's health. Such research can be ethically justifiable only if it is carried out in ways that respect and protect, and are fair to, the subjects of that research and are morally acceptable within the communities in which the research is carried out. Moreover, because scientifically invalid research is unethical in that it exposes research subjects to risks without possible benefit, investigators and sponsors must ensure that proposed studies involving human subjects conform to generally accepted scientific principles and are based on adequate knowledge of the pertinent scientific literature.¹⁵⁶

This means that when, and only when, biomedical research involving human subjects provides adequate respect and protection for their welfare, can it be seen as ethically justifiable. Thus, providing adequate respect for, and protection of the welfare of, human subjects is also the first priority of the CIOMS Guidelines. Guideline 8 also refers to risk-benefit assessment and risk management. In general, the guideline requires that the researchers must ensure that potential benefits and risks are reasonably balanced and that risks are minimized.¹⁵⁷ In respect to the different aims of therapeutic research and non-therapeutic research, CIOMS Guideline 8 sets distinctive standards on benefit-risk assessment in therapeutic research and non-therapeutic research, since participants are involved in the expectation that it will be at least as advantageous to the individuals concerned as normal treatment, the risk must be justified 'in relation to expected benefits to the individual subject.' ¹⁵⁹ This means that the risks should be less than, or

- ¹⁵⁷ Ibid.
- 158 Ibid.

¹⁵⁵ See supra note 125.

¹⁵⁶ See supra note 122.

approximately equal to, the risks of existing treatment, while the benefits should be better than existing treatment. On the other hand, in non-therapeutic research, which aims to gain generalizable knowledge expected to benefit society as a whole, risks must be 'reasonable in relation to the importance of the knowledge to be gained.'¹⁶⁰

Risk assessment also has a legal basis in some countries. For example, the US Common Rule¹⁶¹ requires that risks to human subjects should be minimized. Furthermore, risks associated with non-therapeutic research as well as being minimized must be 'reasonable in relation to anticipated benefits, if any, to subjects, and the importance of the knowledge that may reasonably be expected to result.'¹⁶² Risks associated with therapeutic research must be in relation to the 'benefits of therapies subjects would receive even if not participating in the research.'¹⁶³

The example of new drug research for people with acutely symptomatic schizophrenia provided above also indicated another type of risk: these schizophrenic patients may pose risks to third parties, for instance if their behaviour is affected leading them to act violently toward others, such as their family. If this research is conducted while they are living in their homes, more third parties' interests could be exposed to risk of harm, such as neighbours, or people who may have daily contact with them. Despite the possibility that there may be third parties who could be adversely affected by the research, under the current ethical and legal frameworks of biomedical research, only the consent of the human subject is required. The interests of third parties cannot be protected by the rule of consent, which is the core principle in both legal and ethical frameworks on medical research. Another legal and ethical requirement for medical research is protecting the well-being of human subjects, which through the assessment of the risks and potential benefits of certain medical research is the overriding criterion for deciding whether or not certain research

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¹⁶⁰ Ibid.

¹⁶¹ Title 45 CFR (Code of Federal Regulations) Part 46, can be seen on the official website of US Department of Health & Human Services, available on http://www.hhs.gov/ohrp/45CFRpt46fag.html, lat visited on 2010-10-13.

¹⁶² Ibid., 45 CFR § 46. 111.

¹⁶³ Ibid.

should be conducted. Nevertheless, the interests of third parties may not be sufficiently protected by this requirement either.

Kimmelman analyzed the Tuskegee Syphilis case, ¹⁶⁴ in which a study was designed to document the natural history of the disease by preventing about 400 men from obtaining treatment for their late stage syphilis. The men in question were told that they were being treated for 'bad blood'. Kimmelman illustrated that third parties' interests were at risk of harm as follows:

Normally, late-stage syphilis is not contagious. However, two circumstances surrounding this study suggest that family members, children, and the sexual partners of the male subjects may have been at risk of contracting syphilis. First, medical historians have speculated that some of the men in the study might not have been in the late stage of syphilis. If so, they would have been contagious. Second, persons in the early phases of the late stage syphilis are also contagious.¹⁶⁵

In this research, relevant information was not provided to the research subjects, but it was also not provided to their family members or sexual partners, who could have been adversely affected by this research. Under current research guidelines, since this type of research would neither collect any information from or about persons other than the patients, nor would any other persons be asked to undergo any interventions relevant to the research, the researcher does not need to obtain consent from or provide any relevant information to persons other than the research subjects.

Furthermore, Resnik and Sharp also list some examples of research that may expose third parties to risks of harm as follows:

¹⁶⁴ From 1932 to 1972, 399 poor black sharecroppers in Macon County, Alabama were denied treatment for syphilis and deceived by physicians of the United States Public Health Service. In fact, government officials went to extreme lengths to insure that they received no therapy from any source. As reported by the New York Times on 26 July 1972, the Tuskegee Syphilis Study was revealed as 'the longest non-therapeutic experiment on human beings in medical history.' More detail about this case could be seen on "Final Report of the Tuskegee Syphilis Study Legacy Committee". Tuskegee Syphilis Study Legacy Committee, http://www.hsl.virginia.edu/historical/medical_history/bad_blood/report.cfm, lasted visited 2010-01-08.

¹⁶⁵ Kimmelman, J. 2005, "Medical Research, Risk, and Bystanders", *IRB: Ethics and Human Research*, vol. 27, no. 4, pp. 1-6, at 1.

Vaccine research in which subjects are exposed to a biological agent that may pose a health hazard to others who come in contact with research subjects; studies that involve research interventions in settings occupied by multiple individuals such as a home, a school, or a community centre; research in settings in which third-party occupants may assume privacy, such as a home; research on mental illnesses associated with violent behaviour in which changes to ongoing treatment programs may present risks to persons living nearby; research on a localized environmental hazard that may impact all community residents; studies in which lactating women receive experimental medication that may be transmissible through nursing. ¹⁶⁶

In all of these types of research, certain third parties may suffer harm caused by the research, but their opinions would not be sought. Although the risks to third parties might be considered as part of the review of the effects of the study in general, current guidelines and regulations do not explicitly require IRBs/RECs to address such risks, and many IRBs/RECs tend to limit their deliberations to issues and concerns related to the guidelines and regulations.¹⁶⁷ Since IRBs/RECs may not have sufficient time or appropriate expertise to assess risks to third parties in research, especially given the many demands and pressures of ethical review work, without such a requirement, it would be rare to conduct a risk-benefit assessment on the interests of third parties. Thus, the interests of third parties cannot be protected adequately under current research guidelines and legal requirements.

In summary, expanding knowledge on human health and the causes of disease, as well as promoting the development of biomedical science, is important. Obtaining the valid consent of human subjects and the assessment of risks and potential benefits of research are the two main measures that provide protection to human subjects. Nevertheless, some types of biomedical research may lead to new challenges to the legal and ethical frameworks of human subject protection, a problem that is particularly acute in the case of genetic research, which will be considered in the next section.

¹⁶⁶ Resnik, D. B. & Sharp, R. R. 2006, "Protecting Third Parties in Human Subjects Research", *IRB: Ethics and Human Research*, vol. 28, no. 4, pp. 1-7, at 2.

¹⁶⁷ Ibid., at 3.

2.2.2 Concerns Raised by Genetic Research

According to John Harris:

It is [human] genetics that is beginning to create a new generation of acute and subtle dilemmas that will in the new millennium transform the ways in which we think of ourselves and of society. It is genetics, bringing both a new understanding of what we are and almost daily developing new ways of enabling us to influence what we are, that is creating a revolution in thought, and not least in ethics.¹⁶⁸

The main thrust of this statement reflects contrasting thinking on the genetic revolution. On the one hand, there is the possibility of benefits that will arise from the development of genetic technology. For example, the Guidelines for Human Biobanks and Genetic Research Databases (HBGRDs)¹⁶⁹ of the Organisation for Economic Co-operation and Development (OECD) noted that human genetic research 'analysed in conjunction with personal or health data is particularly promising and will be critical to improvements in the prevention, detection, diagnosis, treatment, and cure of disease and for the development of new products and services.'¹⁷⁰ Another example is the Human Genome Project (HGP), which is the most influential genetic research project designed to 'determine the complete sequence of the 3 billion DNA subunits (bases), identify all human genes, and make them accessible for further biological study.'¹⁷¹ The potential benefits of the project have been described as follows:

Technology and resources generated by the Human Genome Project and other genomics research are already having a major impact on research across the life sciences. The potential for commercial development of genomics research presents US industry with a wealth of opportunities, and sales of DNA-based products and technologies in

¹⁶⁸ Harris, J. 2001, "Introduction: the Scope and Importance of Bioethics," in *Bioethics*, J. Harris, ed., Oxford University Press, at 20.

¹⁶⁹ Guidelines for Human Biobanks and Genetic Research Databases (HBGRDs), available on official website of Organisation for Economic Co-operation and Development (OECD): <u>http://www.oecd.org/dataoecd/41/47/44054609.pdf</u>, last visited on 2010-09-14.

¹⁷⁰ Ibid.

¹⁷¹ "What is the Human Genome Project?", available on official website of Human Genome Project: <u>http://www.ornl.gov/sci/techresources/Human_Genome/faq/faqs1.shtml</u>, last visited on 2010-09-14.

the biotechnology industry are projected to exceed \$45 billion by 2009. $^{\scriptscriptstyle 172}$

Given these factors, some public medias asserted that biology has been widely predicted to be the foremost science of the 21st century.¹⁷³ Some current and potential applications of genetic research include molecular medicine, energy sources and environmental applications, risk assessment, bioarchaeology, anthropology, evolution, and human migration, DNA forensics (identification), agriculture, livestock breeding, and bioprocessing.¹⁷⁴ This view of genetics reflects an optimistic and positive view of human genetic research; namely, that it should be promoted and conducted because human genetic research may help to unfold the secrets of many human diseases, discover the cures and therapies for human suffering, and enrich our knowledge of human origins and evolution.

On the other hand, there are challenges that may result from human genetic research. Genetic science and technology have invoked significant debate on ethical and legal concerns. In order to understand the particular concerns raised by genetic research, we need to consider the genetic exceptionalism debate and its application to the alleged uniqueness of genetic research.

(1) The Genetic Exceptionalism Debate

In 1995, Annas, Glantz and Roche published the article 'Drafting the Genetic Privacy Act: Science, Policy and Practical Considerations'. ¹⁷⁵ This article generated a huge debate on what has been described as genetic exceptionalism. Murray, amongst others, has used this term, borrowing from the earlier term 'HIV exceptionalism.'¹⁷⁶ In this debate, the target topic is whether genetic

¹⁷² "Potential Benefits of Human Genome Project Research", on official website of Human Genome Project: <u>http://www.ornl.gov/sci/techresources/Human_Genome/project/benefits.shtml</u>, last visited on 2010-09-14.

¹⁷³ Yang, H. We Will Start to Research the Characteristics of the National/ethnic Disease Gene (in Chinese). Beijing Youth. 10-28-2000.

¹⁷⁴ Ibid.

¹⁷⁵ Annas, G. J., Glantz, L. H., & Roche, P. A. 1995, "Drafting the Genetic Privacy Act: Science, Policy, and Practical Considerations", *Journal of Law, Medicine & Ethics*, vol. 23, no. 4, pp. 360-366.

¹⁷⁶ Murray, T. H. 1997, "Genetic Exceptionalism and 'Future Diaries': Is Genetic Information Different from Other Medical Information?," in *Genetic Secrets: Protecting Privacy and Confidentiality in the Genetic Era*, M. A. Rothstein, ed., Yale University Press, pp. 60-73. HIV

information is different in kind from other medical information; and, if so, whether this means that genetic information deserves special legal protection.

Proponents of the special nature of genetic information provide several arguments to illustrate it. In an article on genetic privacy, for example, Gostin indicated that the analysis of genetic information can identify the most sensitive and personal attributes of an individual's life. ¹⁷⁷ Annas, Glantz and Roche maintained that genetic information is unique, and concluded that '[t]o the extent that we accord special status to our genes and what they reveal, genetic information is uniquely personal, and thus merits unique privacy protection.'¹⁷⁸ They provided three reasons why genetic information is 'uniquely private or personal information':

(1) Human genetic information can be seen as the 'future diary' of human beings.¹⁷⁹ This means that genetic information can predict a human being's probable health future. In addition, they argued that genetic information describes an important proportion of an individual's future and may even affect the individual's view on the possibility of having a future. Moreover, genetic information is written in 'code' and in most situations it remains stable and can be stored for a long period of time. As molecular biological technology advances, more of the code can be uncovered. As a result, sensitive information concerning future health probabilities may be learned from gene fragments and genetic information that were stored in the past, without the permission of the individual who is, or was, its originator. In addition, it has been argued that genetic information not only can predict future disease, but also human behaviour. There is, for example, an existing area of research concerning behavioural genetics which seeks to understand both the genetic and environmental contributions to individual variations in

exceptionalism is the term to describe the specific ethical consideration on the research and treatment of HIV.

¹⁷⁷ Gostin, L. O. 1995, "Genetic Privacy", *Journal of Law, Medicine & Ethics*, vol. 23, pp. 320.

¹⁷⁸ See supra note 175, at 366.

¹⁷⁹ Annas, G. J. 1993, "Privacy Rules for DNA Databanks: Protecting Coded 'Future Diaries'", *The Journal of American Medical Association*, vol. 270, no. 19, pp. 2346-2350.

human behaviours.¹⁸⁰ According to this research, genes may influence the personality and behavioural characteristics of human beings. This may suggest that genetic information is different from other medical information.

- (2) Genetic information 'divulges personal information about one's parents, siblings and children.¹⁸¹ An individual inherits half of his or her genes from each of his or her biological parents, and passes half of these genes to each of his/her biological children. It means that genetic information provides information about others in addition to the individual from whom samples were taken. This does not stop at the door of the family but extends to those larger groups of peoples, such as indigenous people, minority people, or people in isolated areas, who share a specific genetic heritage. Thus, they argued that the 'key feature about genetic information is that it is typically information about a family, or even ... about a larger community not just about an individual patient.'¹⁸² Besides, unlike the use of physical material, information can be used at the same time by a great many people for various purposes without any loss or wastage. The comparison of knowledge contained in a book and genetic information contained in a gene was made previously and is relevant here also. For example, if I send a book to a friend as a gift, I no longer own the book or have any rights to control it again; however, if I have read this book, I can still make use of the knowledge gained from information within it. In addition, my use of this knowledge does not prevent the use of this information by my friend who now owns this book.
- (3) Genetic information could be a new basis for discrimination: '... genetic information and misinformation has been used by governments ... to discriminate viciously against those perceived as genetically unfit to restrict their reproductive decisions.'¹⁸³ Genetic discrimination has been defined as

¹⁸⁰ Views from HGP official website: <u>http://www.ornl.gov/sci/techresources/Human_Genome/elsi/behavior.shtml#where</u>, visited on 2009-03-24.

¹⁸¹ See supra note 175, at.360

¹⁸² Brock, D. W. 2001, "Genetics and Confidentiality", *The American Journal of Bioethics*, vol. 1, no. 3, pp. 34-35, at 34.

¹⁸³ See supra note 175, at 360.

'discrimination against an individual or against members of that individual's family solely because of real or perceived differences from the "normal" genome in the genetic constitution of that individual.¹⁸⁴ It has been argued that individuals and their family members might encounter genetic discrimination during any interaction with other social institution that provides a benefit or a service, especially in two areas: employment and insurance.¹⁸⁵ From the discovery of DNA's double-helix structure in 1951 to the completion of the Human Genome Project in 2003, the development of genetic science and technology has been given wide publicity, and the potentially powerful effects of genetic science and technology have also been predicted, sometimes even overstated. For example, Francis Collins, director of the US National Institutes of Health (NIH) Genome Project, called the Human Genome Project (HGP) the 'Book of Life.' 186 This kind of expression could lead to fears that scientists involved in this area are 'playing God', with all the negative connotations of that phrase.¹⁸⁷ Resulting from the influence of this terminology, and media commentary, the public may be concerned that genetic testing will certainly predict a person's future diseases, even future behaviours, such as criminal behaviour. This may lead to or aggravate the potential risks of harms caused by genetic research, such as discrimination and stigmatization.

From the arguments above, we can summarize that the supporters of genetic exceptionalism rely on two main considerations. Firstly, the ability of genetic information to predict a person's future health status is presumed to be more precise than other forms of health information. Secondly, genetic information is unique when compared with other health information, in the sense that certain types of genetic information can be obtained from any individual, but may reveal the collective information of a certain family, even a group/community. Furthermore, the inappropriate disclosure or misuse of an individual's genetic

¹⁸⁴ Natowicz, M. R., Alper, J. K., & Alper, J. S. 1992, "Genetic Discrimination and the Law", *American Journal of Human Genetics*, vol. 50, pp. 465-475, at 466.

¹⁸⁵ Ibid., at 466-467.

¹⁸⁶ See Collin's statement, "Fiscal Year 2001 President's Budget Request for the National Human Genome Research Institute.", available at <u>http://www.genome.gov/10002083</u>, last visited on 2010-09-06.

¹⁸⁷ Chadwick, R. 1989, "Playing God", *Cogito*, vol. 3, pp. 186-193.

information could violate the interests of his/her family members or group/community members.

Despite this, the opponents of the uniqueness of genetic information argue that this is an over-dramatic view of the significance of genes and genetic information in human life. They suggest that although there is something to be said for each of the above arguments, on reflection they are unpersuasive.

(1) First, they argue, genetic information is 'neither unique nor distinctive in its ability to offer probabilistic peeks into human's future health'.¹⁸⁸ They have explained that some other medical information or family history also could be used to predict the current and future health status of an individual and even his/her kin. For example, Murray argued as follows:

Many other things afford equally interesting predictions ... examples include asymptomatic hepatitis B infections, early HIV infection, and even one's cholesterol level. These have implications for future health that are every bit as cogent and sensitive as genetic predispositions.¹⁸⁹

- (2) Second, Ross has argued that there being a difference between genetic and other medical information should be 'rejected on the grounds that other types of health information also have significant implications for family members.'¹⁹⁰ For example, the fact that a family member or another person with very intimate relationships is HIV+ is certainly relevant to other family members, some of whom are possibly open to infection, as may be those who come into intimate contact with the infected individual.
- (3) Third, Ross concludes that 'threats of discrimination and stigmatization will exist as long as there are differences and that these differences need not have a genetic basis, as current international conflicts illustrate'.¹⁹¹ In addition, Murray argues that the genetic discrimination argument is not a convincing one, because:

¹⁸⁸ Ibid., at 64.

¹⁸⁹ See supra note 176, at 64.

¹⁹⁰ Ross, R. F. 2001, "Genetic Exceptionalism VS. Paradigm Shift: Lessons From HIV", *Journal of Law, Medicine & Ethics*, vol. 29, pp. 141-146.

¹⁹¹ Ibid., at 143.

Institutions and individuals can and have used all sorts of information, both visible and occult, as the basis for discrimination.... But it is difficult to make the argument that it is fair to discriminate on non-genetic factors but unfair to discriminate on genetic ones.¹⁹²

(2) The Concerns that Arise from Genetic Research

Despite the differing arguments discussed above, there are several facts that are accepted by both sides. Firstly, genetic information not only discloses information about a human subject, but also discloses genetic information about her/his relatives, and even certain groups and their members. Secondly, genetic information not only shows the present situation of human subjects, but also, potentially, future information about her/him and her/his relatives, and even group members associated with the individual. Thirdly, this future information may be reasonably predictable, although it discloses possibilities rather than certainties. It could, of course, be argued, as above, that these are not characteristics unique to genetic information, since some types of medical information, such as family histories, also have similar characteristics and potential.¹⁹³ In the clinical context, it can be accepted that there is no essential difference between genetic information and some other medical information, such as family history. This is because, in the clinical context, the analysis of both genetic information and other health information, including family history, aims to contribute to an accurate diagnosis for this specific patient. However, in the context of genetic research, the situation is different. In fact, family history, which refers to the recollections of illness/disease by family members, is abstract knowledge, which is not necessarily accompanied by a confirmed medical diagnosis, thus may be lacking in accurate knowledge about why these members have become ill or died in the absence of a true understanding about the pattern of disease in this family.¹⁹⁴ In contrast, genetic research in clinical care is targeted on identifying the origin and causes of certain diseases. Genetic information, which is the object of genetic research, can offer a high degree of

¹⁹² See supra note 176, at 65.

¹⁹³ Ibid.

¹⁹⁴ Laurie, G. T. 2001, "Challenging Medical-Legal Norms: The Role of Autonomy, Confidentiality, and Privacy in Protecting Individual and Familial Group Rights in Genetic Information", *Journal* of Legal Medicine, vol. 22, pp. 1-54, at 3.

specificity in predicting the likelihood of disease in other family members, even certain group/community members.

Therefore, in the context of research, I would contend that genetic information does have a uniqueness which distinguishes it from other forms of heath information, including family history. Under the current individualistic rules of consent, if an individual decides to participate in genetic research, the potential risks of harm, such as discrimination and stigmatizations based on its negative results, may be suffered by participants, her/his family members, even the fellow group members of the participants. Except for the human subject, the other family members and group/community members have no chance to make a decision about the implications of discoveries about their genetic information, and lack protection for their interests.

Although expressions like 'coded probabilistic future diary' and 'likely medical future' can be seen as overstated, some of the views of Annas, Glantz and Roche are valuable; for example, when they say that compared to other health information, genetic information may have more significant unwanted consequences for families and population groups. In the context of genetic research, compared to other types of biomedical research involving human subjects, the real risk of harm to the subject of research is the inappropriate disclosure or use of negative genetic information, not the risks of harm to the physical body of the human subject. There are two problems which arise from this distinction.

Firstly, in the past any harm that arose in biomedical research would almost certainly be physical harm to the participant and as such would not directly harm third parties' interests or public interests. The samples taken for genetic research usually are blood samples which are no different from the blood samples taken in routine medical examinations, so the physical harms of genetic research are slight. However, the potential harms of genetic research appear to be associated with the use of, and access to, information. The risks associated with the information-rich nature of genetic research have long been apparent, such as anxiety, distress, and other psychological harms to subjects who learn

that they carry genes that may predispose them to serious medical problems.¹⁹⁵ The risks of harm caused by genetic research may also include employment and insurance discrimination, discoveries of mis-attributed paternity, altered relationships between family members, and changes in self-perception. Thus, since these concerns had not been the main ones in traditional ethical frameworks, beginning in the early 1990s there emerged an important new theme in the ethics of biomedical research: namely, that genetic research posed the threat of genetic discrimination.¹⁹⁶

In consideration of the risks of harm that may be caused by the discovery and use of genetic information, since the Human Genome Project began in 1990 a number of national and international regulations and treaties have emerged aiming to prohibit genetic discrimination. These policy documents highlighted the fact that genetic information is in need of specific strict regulation, given its sensitive and distinctive properties which may lead to a high potential for discrimination. For example, in the Universal Declaration on the Human Genome and Human Rights,¹⁹⁷ UNESCO devised special regulations for the human genome and for research subjects participating in research on it. In addition, some countries also have enacted legislation prohibiting genetic discrimination in health insurance. Two-thirds of the states in the US have enacted laws prohibiting genetic discrimination in employment, and other states also have legislation to regulate genetic discrimination in insurance, protect genetic privacy, and govern genetic testing.¹⁹⁸ In 2008, the federal legislation on prohibiting genetic discrimination in the US, the Genetic Information Nondiscrimination Act of 2008 (GINA),¹⁹⁹ was signed. Its aim is to prohibit genetic

¹⁹⁵ Green, R. M. & Thomas, A. M. 1998, "DNA: Five Distinguishing Features for Policy Analysis", Harvard Journal of Law and Technology, vol. 11, pp. 571-591, at 572.

¹⁹⁶ Reilly, P. R. 1998, "Rethinking Risks to Human Subjects in Genetic Research", American Journal of Human Genetics, vol. 63, pp. 682-685, at 683.

¹⁹⁷ See supra note 124.

¹⁹⁸ Rothstein, M. A. 2007, "Genetic Exceptionalism and Legislative Pragmatism", *Journal of Law, Medicine & Ethics*, vol. 35, pp. 59-65, at 59.

¹⁹⁹ The US Public Law 110-1. 233, 122 Stat.881 (2008). It was enacted on May 21, 2008. The Act prohibits group health plans and health insurers from denying coverage to a healthy individual or charging that person higher premiums based solely on a genetic predisposition to developing a disease in the future. The legislation also bars employers from using individuals' genetic information when making hiring, firing, job placement, or promotion decisions. The full text of GINA can be seen on the official website of the US government, available on http://www.gpo.gov/fdsys/pkg/PLAW-110publ233/pdf/PLAW-110publ233.pdf, last visited on 2010-11-20.

discrimination in employment and health insurance. These regulations show that the concerns of legislators have turned to the risks of psychological and social harm in genetic research, in contrast to previous concerns about medical research which concentrated on the physical harms to human subjects.

Secondly, since the genetic information carried by an individual participant is shared by her/his blood family, even groups/communities, these potential harms could be suffered by the whole family, group/community of the subject. Any harm is not, therefore, limited to the participating individuals. This means that the other parties' interests and potentially the public interest could be at risk. Traditionally, the control of information is exercised by the person to whom the information belongs, or to whom it relates. It is widely accepted that health care professionals owe an obligation of confidentiality to their patients and that only rarely should disclosure without a patient's consent be made. While exceptions to the duty exist, in practice no breach should be made lightly or without good cause.²⁰⁰ Similarly, in the context of biomedical research, all of the international declarations and ethical guidelines highlight the significance of maintaining the confidentiality and privacy of human subjects by researchers and research institutions. For example, the Helsinki Declaration noted in its first principle that it is the duty of physicians to protection the privacy and confidentiality of personal information of research subjects.²⁰¹ In addition, Guideline 19 of CIOMS Guidelines is entitled 'Safeguarding Confidentiality'. It notes that

The investigator must establish secure safeguards of the confidentiality of subjects' research data. Subjects should be told the limits, legal or other, to the investigators' ability to safeguard

²⁰⁰ For example, Section 6 of *GMC Guideline Confidentiality Core 2009* noted that 'Confidentiality is central to trust between doctors and patients. Without assurances about confidentiality, patients may be reluctant to seek medical attention or to give doctors the information they need in order to provide good care. But appropriate information sharing is essential to the efficient provision of safe, effective care, both for the individual patient and for the wider community of patients.' Section 8 also highlights that the duty of confidentiality is not absolute and provides examples of situations and procedures to disclose personal medical information. The full text of this document can be seen on the official website of GMC, available on http://www.gmc-uk.org/static/documents/content/Confidentiality_core_2009.pdf, last visited on 2010-12-06.

²⁰¹ See supra note 121, Article 11.

confidentiality and the possible consequences of breaches of confidentiality.²⁰²

Medical records are subject to confidentiality or privacy laws that, save in exceptional circumstances, require permission from the person whose records they are for them to be disseminated. ²⁰³ All of these regulations on confidentiality and privacy are rooted in the protection of the informational security of the individual who provides the information, as traditionally this is the person who would be harmed by unauthorised disclosure. However, in the context of genetic information, control of the information is more complicated because genetic information collected from an individual participant is shared by her/his blood relatives, or sometimes members of a particular group. For example, when one family member decides to participate in genetic research and tests positive for a disease-related gene, that person's parents, siblings and children all have a chance of carrying that same version of the gene. In addition, close community members may also carry this disease-related gene. Because of this, if research results are revealed in a manner enabling the participant or a group to be identified, not only the participant herself/himself, but also her/his family members and members of his or her community might suffer negative effects, such as an insurance company refusing to underwrite a life insurance policy unless they agree to be tested and are found not to have this diseaserelated gene. Nevertheless, as I have mentioned above, 204 under current research guidelines on research involving human subjects, although family members and community/group members may be exposed to risks of harm caused by genetic research, they have no opportunity to be given relevant information about it or to decide whether or not to participate, unless the subject volunteers this information. What is more, current guidelines do not clearly require IRBs/RECs to provide the risk and potential benefits assessment on the interests of family members and community/group members of participants.

²⁰² See supra note 122.

²⁰³ Gilbar, R. 2004, "Medical Confidentiality within the Family: The Doctor's Duty Reconsidered", International Journal of Law, Policy and the Family, vol. 18, no. 2, pp. 195-213.

²⁰⁴ The discussion of the absence of protection on the third parties in research involving human subjects can be seen in 2.2.2(2).

In summary, as distinct from the physical harm oriented traditional assessments of risks, the main risks of harm in genetic research are primarily related to the disclosure of information and research results that could lead to discrimination social stigmatization, familial disruption, or psychological distress to the human subject and her/his family members.²⁰⁵ Other risks of harm that may be caused by genetic research include 'inadvertent disclosure of painful facts about family relationships (such as non-paternity); stigmatization associated with having a genetic abnormality; and intra-familial discord.'²⁰⁶ Although the possibility of the occurrence of these risks might be quite low, these harms can be devastating for individuals and communities if they occur.

2.2.3 Concerns Raised by Human Population Genetic Research (HPGR)

According to the discussion of genetic research above, we can conclude that the real risks of harm caused by genetic research mainly stem from the inappropriate disclosure of negative genetic information, in contrast to the physical harm that may be caused by other biomedical research. In the context of research, compared to other medical information, genetic information can be particularly sensitive. While some countries, such as the US,²⁰⁷ currently have laws prohibiting genetic discrimination in employment or insurance, these regulations have paid specific attention to the protection of the individual. This means that the subjects that these regulations try to protect are still individual human beings. However, human population genetic research (HPGR) focuses on the group/community collective genetic information of specific target groups/communities, not individual human subjects. Thus, some scholars have argued that research on human genetic variation can present collective risks to

²⁰⁵ Beskow, L. M., Burke, W., Merz, J. F., Barr, P. A., Terry, S., Penchaszadeh, V. B., Gostin, L. O., Gwinn, M., & Khoury, M. J. 2001, "Informed Consent for Population-Based Research Involving Genetics", *Journal Of the American Medical Association*, vol. 286, no. 18, pp. 2315-2321, at 2318.

²⁰⁶ See supra note 195, at 573.

²⁰⁷ H.R. 493, *The Genetic Information Nondiscrimination Act of 2008 (GINA)*, signed into law on May 21, 2008. Full text of GINA is available on <u>http://www.govtrack.us/congress/billtext.xpd?bill=h110-493&show-changes=0&pagecommand=print</u>, last visited on 2010-09-06.

all members of a socially identifiable group.²⁰⁸ However, current research guidelines adopt the requirement for individual informed consent. This may provide some protection to human subjects, but the potential interests of a group/community as a whole have not been specifically addressed. This deficiency in current ethical and legal frameworks is more pronounced in HPGR. This section will argue that HPGR may lead to some additional, specific potential risks of harm to human subjects, as well as challenging existing legal regulations and ethical guidelines on research involving human subjects.

(1) Potential Risks of Harm of HPGR

Many of the risks of harm that may be caused by HPGR seem to be similar to those raised by general genetic research, since they are also related to the disclosure of negative information or research results rather than physical harms. However, the issues arising from HPGR have some differences too. HPGR, as with the Human Genome Diversity Project (HGDP), 'provides no information on individual phenotypes - the only information provided about each sample is the population name, its geographical location in degrees of latitude and longitude, and the sex of each individual.²⁰⁹ This means that the information collected by HPGR will not lead to risks of harm to individual participants in exactly the same way as other types of genetic research might, since the information sought in HPGR is not individual, subject-identifiable information. The target genetic information of HPGR is group/community collective genetic information, which is carried by individuals in the target group. However, the collective genetic information of the target group is the result of thousands of years of evolution; thus, the interests affected by research on it cannot be seen as a matter relating solely to individuals, even though it relies on samples taken from individual members. Rather, some scholars have argued that group/community collective genetic information relates to the interests of the whole group. For example, McGregor has pointed out that there are two types of harms that may be caused by research: tangible harms and dignitary harms. Both of them can be suffered

²⁰⁸ Sharp, R. R. & Foster, M. W. 2000, "Involving Study Populations in the Review of Genetic Research", *Journal of Law, Medicine & Ethics*, vol. 28, pp. 41-51.

²⁰⁹ Cavalli-Sforza, L. 2005, "The Human Genome Diversity Project: Past, Present and Future", *Nature Reviews: Genetics*, vol. 6, pp. 333-340, at 335.

by either the individual or the group.²¹⁰ According to her, tangible harms to 'a group include stereotyping or stigmatizing which can result in loss of social, political, or economic opportunities', ²¹¹ while dignitary harms to a group 'undermine the value and worth of the group in the eyes of others and the group itself', ²¹² which may include 'disrespectful or humiliating treatment of the group or community, or treating them as less than or subordinate to others.'²¹³ The disclosure of negative information or research results of HPGR could lead to risks of harm to the group as a whole, both externally and internally. Some examples of external and internal harms were briefly noted in the introduction but this issue will be explored further here.

(1) External harms:

Abuse of group/community genetic information might threaten national security and the survival of certain groups/communities. For example, there was a theory that severe acute respiratory syndrome (SARS), of which there was an outbreak in China in the spring of 2003, might have been a man-made biological weapon, because 'there is no vaccine for this virus, its make-up is unclear, it has not been very widespread and the population is not immune to it.²¹⁴ Although there was no clear evidence to support this view, it raised the issue of concerns about population targeted bio-weapons based on population genetic research. In developing this type of bio-weapon, scientists would try to exploit medical advances by identifying distinctive genes carried by the target population, and then create a genetically modified bacterium or virus. The distinctive genes carried by certain populations is the exact research target of HPGR; thus, the abuse of genetic samples collected by HPGR or the inappropriate disclosure of HPGR results could perhaps lead to this kind of devastating consequence. Imagine that there is a HPGR project involving a Chinese

²¹⁰ McGregor, J. L. 2007, "Population Genomics and Research Ethics with Socially Identifiable Groups", *Journal of Law, Medicine and Ethics*, vol. 35, pp. 356-370, at 363.

²¹¹ Ibid.

²¹² Ibid.

²¹³ Ibid.

²¹⁴ "Sars biological weapon?", News 24 website, available on <u>http://www.news24.com/World/News/Sars-biological-weapon-20030411</u>, last visited on 2010-09-06.

ethnic minority - Miao Nationality - which has a population of more than 7 million currently. The group's collective genetic information is disclosed to scientists who use that information to produce a kind of virus or bacterium which is more likely to infect and harm Miao people. The development of this biological profile is based on HPGR, which revealed the unique predisposition of Miao people. If this kind of virus or bacterium is hard to destroy or protect against and the effects cannot easily be treated, the survival of the Miao Nationality would be seriously threatened. The risk of harm, which might be caused by abuse of the research results of HPGR or inappropriate disclosure of the group's collective genetic information, is relevant to the interests of the whole group, even the security of a whole country. Thus, the concerns about the risk of harms that may be caused by HPGR cannot simply be equated to those that may arise in other biomedical research involving individual human subjects. Although this type of bio-weapon targeted to a certain population is alarming, some would argue that this is an unrealistic scenario. However, there have been reports that this type of bio-weapon may become a reality. For example, in a front-page report in the London Sunday Times, November 15, 1998, the newspaper stated that

Israel is working on a biological weapon that would harm Arabs but not Jews, according to Israeli military and Western intelligence sources. The weapon, targeting victims by ethnic origin, is seen as Israel's response to Iraq's threat of chemical and biological attacks.²¹⁵

According to this article, this secret Israeli program was based on research targeted on a small town southeast of Tel Aviv, conducted by the Institute for Biological Research in Nes Tsiona, which is the main research facility for Israel's clandestine arsenal of chemical and biological weapons.²¹⁶ Despite this, there is no clear evidence to support the existence of genetic based types of bio-weapons at present. However, if they were to be developed, this type of bio-weapon could be a serious

²¹⁵ Mahnaimi, U. & Colvin, M. "Israel Planning 'Ethnic' Bomb as Saddam Caves In". Sunday Times. 1998-11-15.

²¹⁶ Ibid.
threat to national security and national population survival, since it would kill or harm some parts of the population but not others.

Perhaps more likely though is the possibility that HPGR can expose a whole community/group and all of its members to stigmatization. Stigmatization of certain groups could include claims that a certain population is prone to particular diseases, such as schizophrenia, or behavioural problems, such as alcoholism. The public's views of genetic determinism and reductionism could exacerbate this discrimination. If a HPGR result revealed that Miao Nationality people have a genetic disposition for alcoholism, for example, each member of the Miao might face the risk of higher automobile liability insurance premiums than other people, based on the perceived risk of higher numbers of car accidents as a result of the misuse of alcohol. As opposed to genetic testing of an individual in medical research which may have a negative effect on the individual, and possibly her/his family members, the potential risks of harm in HPGR could affect a broader range of people. Further, the discrimination caused by individual genetic research is often relevant to inappropriate disclosure of or access to the individual's and her/his family member's personal information or privacy. These risks of harm in this kind of research can be regulated by personal data protection regulations which protect the confidentiality and privacy of individual genetic information. What is more, some kinds of genetic research can be conducted anonymously and disclosure of genetic research results could also avoid the disclosure of personal identities of human subjects. However, HPGR aims to identify information about a specific human population; thus, it cannot avoid disclosing information about a specific group/community and the HPGR result may lead to negative effects for the target group. This disclosure would be likely to be a part of any report of the scientific research findings, which is the normal outcome of scientific research, even though these research findings could be the basis of discrimination against a whole group.

There are other derivative negative effects on the group as a whole that may be caused by HPGR. For example, negative effects could include economic ones: 'downgrading the group/community's bond rating, making it more expensive to borrow money.'²¹⁷ Legal and political claims can be threatened, too. In the PRC, for example, there are some special benefit policies and special legislation for ethnic minorities, which might be threatened if, for instance, HPGR proves that the target group is not in fact related historically or geographically. One could also imagine claims that ethnic minorities are not really ethnic minorities at all, since their origins can be traced to alternative ancestries than those that had been previously believed to be the case.

(2) Internal harms:

Internal harms are the potential risks of harm which may occur inside the target groups of HPGR. They include the group's self-conception of genetic determinism and self-stigmatization, for example, 'we Jews are defective because our genes make us prone to cancer' and/or 'we American Indians are defective because our genes make us prone to alcoholism.'²¹⁸ Given that psychosocial stress and the disruption of family life are recognized and widely accepted by researchers as harms²¹⁹ and are regarded as legitimate risks to be considered and minimized by IRBs in some countries,²²⁰ consistency dictates that community/group stress and the disruption of a group/community's constitution or core culture should also be treated as significant research-related harms in the context of HPGR, since target groups of HPGR almost always have their own unique cultural sensitivities. The powerful identification of individual members with their group also means that group harms can have significant individual effects.

In order to discuss group internal harms, it is significant at the outset to make clear what a group is. What constitutes a group is not only

²¹⁷ See supra note 210.

²¹⁸ Ibid.

²¹⁹ Laurie, G. T. 2002, Genetic Privacy: A Challenge to Medico-Legal Norms, Cambridge University Press.

²²⁰ NIH Office of Protection from Research Risks (1993) Human Genetic Research. In: Protecting Human Research Subjects: Institutional Review Board Guidebook, US Government Printing Office, Washington, DC.

problematic in the context of HPGR, but also in the recognition of group entities and interests by law. Although conceptually uncertain, it is evident that local, state, and national political entities, religious groups, cultural groups, corporate groups, minority groups, indigenous and tribal groups, and a myriad of others have distinctly recognized and protected interests in law.²²¹

'Group' is a common term that occurs frequently in legal publications. In fact, like the other most common terms, such as dignity and rights, there is no consensus on what constitute a group even in the context of international law, although several studies have attempted to define it and use various terms to describe it, such as 'people', 'community', 'communality', 'social group' and the most prevalent one 'minority.'²²²

There is a related definition of what constitutes a 'people'. The following definition was provided by experts of the United Nation Education, Scientific and Cultural Organization (UNESCO) in 1990:

A group for the rights of peoples in international law, including the right to self-determination, has the following characteristics:

- A group of individual human beings who enjoy some or all of the following common features: (a) a common historical tradition; (b) racial or ethnical identity; (c) cultural homogeneity; (d) linguistic unity; (e) religious or ideological affinity; (f) territorial connection; (g) common economic life.
- 2. The group must be of a certain number who need not be large (e.g., the people of micro state), but must be more than a mere association of individuals within a state.
- 3. The group as a whole must have the will to be identified as a people or the consciousness of being a people—allowing that groups or some members of such group, though sharing the foregoing characteristics, may not have the will or consciousness.

²²¹ Underkuffler, L. S. 2007, "Human Genetics Studies: The Case for Group Rights", Journal of Law, Medicine and Ethics, vol. 35, pp. 383-395, at 386.

²²² Goldman, O. Q. 1994, "Need for an Independent International Mechanism to Protect Group Rights: A Case Study of the Kurds", Tulsa Journal of Comparative and International Law, vol. 2, pp. 45-89, at 47.

4. Possibly, the group must have institutions or other means of expressing its common characteristics and will for identity.²²³

Another related concept is 'minority group'. The most widely accepted definition of a minority group is 'a group which is numerically inferior to the rest of the population of a state and in a non-dominant position, whose members possess ethnic, religious or linguistic characteristics which differ from those of the rest of the population and who, if only implicitly, maintain a sense of solidarity, directed towards preserving their culture, traditions, religion or language.'²²⁴

Although the terms 'people' and 'minority' are closely related to group, 'minority' emphasizes their political situation, while 'people' focuses more on the social situation of a group.

Other theorists also provide explanations as to what is a group in particular contexts. For example, Thomas Pogge argued that an ethnic group has the following three features: the members of this group must identify themselves as descendants of members of a historical society, which is a board concept of society, including tribes, principalities, and others; this group has a unified culture, or partial culture, among which its members can be connected, through a continuous history; and the group must contain most of the persons who, within the relevant state, are taken to share the group's descent and culture.²²⁵ Natan Lerner, in an analysis of group recognition in international law, stressed the purposes and goals of the groups, the history and permanence of the group, the naturalness or spontaneity of the group, and the voluntariness of group membership.²²⁶ There are other definitions of a group, too, which

²²³ UNESCO Meeting of Experts on Future Study of the Rights of Peoples (Paris, Feb. 1990).

²²⁴ This definition is provided by Francesco Capotorti, a Special Rapportreur of the United Nation Sub-Commission on Prevention of Discrimination and Protection of Minorities, available at <u>http://oppenheimer.mcgill.ca/IMG/pdf/definitions_droit_des_minorites_ethniques.pdf</u>, last visited on 2010-03-17.

²²⁵ Pogge, T. 1997, "Group Rights and Ethnicity," in *Ethnicity and Group Rights: Nomos XXXIX*, I. Shapiro & W. Kymlicka, eds., New York University Press, New York, pp. 187-221, at 193-194.

²²⁶ Lerner, N. 2003, *Group Rights and Discrimination in International Law*, Hague: Kluwer Law International, at 36.

focus on shared normative understandings, the importance of the group to personal identity, and whether the well-being of group members is at least in part determined by group well-being.²²⁷

These definitions all reflect some features of a group, but none of them has been universally accepted as an explanation to make it clear what a group is. However, through all those efforts, scholars and legal practitioners have developed two widely accepted criteria for defining a group; one of which is subjective while the other is objective. The subjective criterion is the group and its member's self-perception of the group's distinctiveness, and the desire of the individual members of the group to identify themselves as a group. The objective criterion is the group from the remainder of the population, such as history, geography, ethnicity, economics, language and religion. It is important to keep in mind that neither of these two criteria is sufficient on its own to constitute a group. Only if a group fulfils both of these two criteria can it be seen as an independent group.²²⁸

If something leads to negative effects on members of a group, this could also cause harm to the constitution of the group itself. In this situation, the interest of group as a whole would also be harmed, not only its individual members. Some scholars have argued that 'the most common and damaging risk of harm to communities is community disruption,' and in respect of genetic research, that 'the disruption is usually at the stage of publication and release of the research results or secondary use of existing specimens.'²²⁹ HPGR is just this kind of research which may cause intra-group harms to the target group. For example, HPGR specific to an ethnic minority in China might prove that this group has no genetic difference to other Chinese people. This result may lead the group members to reassess their origins and relationships to one another. This

²²⁷ See supra note 221, at 386.

²²⁸ See supra note 222, at 46-47.

²²⁹ Freeman, W. L. and Romero, F. C., "Community Consultation to Identify Group Risk," in R. J. Amdur and E. A. Bankert, eds., *Institutional Review Board: Management and Function* (Sudbury, MA: Jones and Bartlett Publishers, 2005). Quoted from supra note 217, at 363.

may threaten 'group members' self-identity and the identity of the group as a whole, as well as causing cultural harms to spiritual traditions and to their sense of who they are and where they are from, all of which upset their historical narrative.'²³⁰ Some HPGR, such as that looking into migration pattern research, can also challenge or disrupt a group's cultural or spiritual values. For example, the cultural narratives of Miao Nationality people in China say that they are the descendants of a butterfly and a bubble; thus Miao people believe that they are distinct from other people. The HPGR's result might, however, show that they have no essential biologically based distinction from other people. Under current research guidelines, this type of risk of harm would not even need to be disclosed to the individual human subjects. This means that the target group and its members could suffer risks of harm which they have not consented to; indeed, the risk has not even been disclosed to them.

Since HPGR aims to discover variation that could lead to knowledge about genetic disorders, possible cures, and the origin and migration patterns of target groups, the results of HPGR may challenge or disparage target groups' spiritual traditions, historical narratives, or traditional beliefs, which can be defined as cultural harms. Rebecca Tsosie, as noted earlier, defined 'cultural harms' as the violation of groups' rights to their own culture.²³¹ Her definition was based on the theory of Avishai Margalit and Moshe Halbertal²³² on culture, which defined culture as the 'material, spiritual, and artistic expression of a group that defines itself',²³³ and maintains that 'human beings have a right to culture - not just any culture, but their own.'²³⁴ The target groups of HPGR are almost all ethnic minorities or isolated groups in rural areas of developing countries. Their rights to their own culture, including a comprehensive way of life by which a group defines itself, have been accepted in international human

²³⁰ See supra note 210.

²³¹ Tsosie, R. 2007, "Cultural Challenges to Biotechnology: Native American Genetic Resources and the Concept of Cultural Harm", *Journal of Law, Medicine & Ethics*, vol. 35, no. 3, pp. 396-411.

²³² Margalit, A. & Moshe, H. 1994, "Liberalism and the Right to Culture", Social Research, vol. 61, no. 3, pp. 491-510.

²³³ Ibid., at 497-498.

²³⁴ Ibid., at 499.

rights law. For example, Article 27 of the International Covenant on Civil and Political Rights (ICCPR) reads as follows:

In those States in which ethnic, religious or linguistic minorities exist, persons belonging to such minorities shall not be denied the right, in community with other members of their group, to enjoy their culture, to profess and practice their own religion, or to use their own language.²³⁵

HPGR results, for example, those that provide evidence that an historical spiritual leader of a certain group does not genetically belong to that group, could lead to cultural harms. In addition, the result of HPGR as scientific proof to challenge group identity and group members' self-understanding could also be defined as causing cultural harms. The group members' self-consciousness is crucial to a group's coherence. HPGR results which question the historical narratives of the target group, may decrease group members' belief and pride in the group tradition and culture, which can also lead to negative effects on the group's cultural rights.

Some scholars have argued that cultural harm, such as undermining a group's beliefs about its origins, is not a real risk which needs to be disclosed in the research protocol and when seeking consent; therefore, the risks of cultural harms caused by HPGR should equally not be taken into account. For example, Reilly said that

Should a potential subject be warned that one or more findings may challenge his religious beliefs? This strikes me as beyond the appropriate boundaries of the duty to warn, for it suggests that scientists must censor their inquiries if conducted in the shadow of religion. When Galileo trained his telescope on the heavens and saw four moons orbiting Jupiter, he set in motion forces that would destroy the narratives built

²³⁵ International Covenant on Civil and Political Rights, Adopted and opened for signature, ratification and accession by General Assembly resolution 2200A (XXI),of 16 December,1966, entry into force 23 March, 1976. The full text is available on the official website of the Office of the High Commissioner of Human Rights: <u>http://www2.ohchr.org/english/law/ccpr.htm</u>, last visited on 2010-09-07.

around a geocentric universe – no doubt upsetting the world views of a lot people. $^{\rm ^{236}}$

This example is inappropriate, however, in the context of HPGR. Admittedly, in general, scientific research does not need to take into account existing ideology and public beliefs. However, this argument cannot apply to HPGR, which is specifically conducted on certain groups. HPGR needs the target group and its members to participate voluntarily. If the research results may cause one of the potential risks that could challenge the common group belief, such as the narrative origins of the group, I would argue that the group and its members do have the right to be informed of that risk before deciding on whether or not to participate. If the target group and its members decide not to participate in this research, this potential risk, which is specific to them, would not arise.

In summary, HPGR could lead to additional risks of harm other than those raised by other genetic research. All of the international declarations and ethical guidelines on research involving human subjects have noted that the welfare of the individual research subject must take precedence over all other interests. It needs to be highlighted that the welfare of target groups in HPGR should also be considered.

(2) The Application of Consent to HPGR

In 1914, in the US, Justice Cardozo argued that '[e]very human being of adult years and sound mind has a right to determine what shall be done with his [or her] own body.'²³⁷ This influential statement paved the way for the development of the importance of individual autonomy and consent in the medical setting. As has been discussed,²³⁸ the primary legal and ethical considerations in biomedical research have traditionally revolved around the individual subject, ranging from issues as to how a piece of research will affect a human subject to whether the human subject will have the opportunity to provide voluntary and sufficiently

²³⁶ Reilly, P. R. 1998, "Rethinking Risks to Human Subjects in Genetic Research", American Journal of Human Genetics, vol. 63, pp. 682-685, at 684.

²³⁷ Schloendorff v. Soc'y of N.Y. Hosp., 105 N.E. 92, 93 (N.Y. 1914), abrogated on other grounds by Bing v. Thunig, 143 N.E.2d 3 (N.Y. 1957).

²³⁸ Discussion on requirements of consent on biomedical research can be seen in 2.1.4.

informed consent. In brief, given the competence of human subject to give a valid consent, consent is a two step process in biomedical research: first, researchers present appropriate information to the human subject. Secondly, the human subject is free to either agree or refuse to participate in a given biomedical research project, based upon this information disclosure.

As we have seen, HPGR is research on specific groups which can generate valuable knowledge. As has been discussed above, the acceptability of non-therapeutic research without direct and immediate benefits to participants has historically been based on a requirement that the research subject consents to exposure to risks of harm which may be caused by the research, with full disclosure of relevant information to enable him or her to make a decision on whether or not to participate. Consent is also important in HPGR. However, the application of the current approach to consent to participation in biomedical research to the specific context of HPGR is problematic.

Under the ethical justification of respect for individual autonomy, in nontherapeutic research the subject who may suffer harm caused by the research should make the decision as to whether or not to participate. In most other biomedical research, the potential risks of harm would be posed to the individual human subject, so again the human subject would make the decision on research participation, based on the consideration of her/his own interests. Thus, in these types of research, under current research guidelines, the simple consent of individual human subjects based on the consideration of their own interests is ethically and legally justifiable.

As discussed above,²³⁹ in HPGR, the research objective is obtaining the collective genetic information shared by members of a target group. Therefore, it could be argued that the target group/community of HPGR is the research subject of HPGR, and it is the group which should make the decision on whether or not participate. However, the current dominant ethical principle of 'respect for persons' is secured through individual consent. The moral basis of consent as currently understood in law is an individualised model of autonomy. This means

²³⁹ The discussion on the risks of harm of HPGR can be seen in 2.2.3(1).

that current research protections are not aimed at protecting populations, communities, groups, or other possible third-party victims.

In addition, the uniqueness of genetic information is that the genetic samples obtained from human genetic research subjects contain not only her/his genetic information, but also genetic information about her/his blood relatives, and even potentially genetic information about the group of which s/he is a member. However, HPGR, which targets specific groups, can be conducted with the participation of only some of the members of the group. Nonetheless, the potential risk of harm could be created for every member of the target group, and even the group itself.

Thus, the individual human subject has no overwhelming superior moral justification to give consent to participate in HPGR than any other member of the group who may be affected, other than the fact that s/he must undergo the procedure upon his or her body to allow a blood sample to be taken. Individuals have no superior rights to consider issues concerning the welfare of the group, though they may wish to take them into account for themselves as part of the information process before giving consent to participate. The issue of information disclosure will be returned to later. However, for the moment, current ethical and legal frameworks of consent help support autonomy and self-determination, protect the vulnerable, and promote the welfare and equality of human beings; but this focuses primarily on individual rights and does not always see individuals as part of wider social orders and community.²⁴⁰ The application of current individualistic ethical frameworks of consent for medical research to HPGR is problematic.

This chapter has discussed the concept of relational autonomy as part of a reconsideration of the individualised Western idea of autonomy.²⁴¹ It examined the idea that individual's decision making depended on their position within social networks. It argued that individuals may wish to take account not only of personal interests, but also the welfare of her/his group which could be

²⁴⁰ Gostin, L. 1991, "Ethical Principles for the Conduct of Human Subject Research: Population-Based Research and Ethics", *Journal of Law, Medicine and Ethics*, vol. 19, no. 3-4, pp. 191-201, at 191.

²⁴¹ The discussion on relational autonomy can be seen in 2.1.1.

influenced by the decision. Applying this relational autonomy model to HPGR would provide one means of greater protection of the interests of target group, as well as recognising the need for such issues to be considered as part of an individual's decision-making process. Based on the relational autonomy model, I will suggest that ways to incorporate this model might include two important developments: adding the risks of harm to the target group/community as a whole as one aspect of ethical review of the project, before seeking participants, and adding the risks of harm to the target group as a whole as relevant information that needs to be disclosed to potential participants. One further issue that arises is the need for cultural sensitivity.

(1) Adequacy of Information disclosure

As I have considered above,²⁴² the rule of consent in the medical treatment context has a different purpose than in the biomedical research context. In general, because there might be a greater potential for harm in biomedical research, it may be considered that there must be more relevant information disclosed to the research subject than to a patient. Thus, many international declarations, ethical guidelines and national legislation on biomedical research provide a list of items of information that must be disclosed to the potential human subject. For example, the following are those elements of information considered relevant to the vast majority of research projects in US federal legislation:

(I) A statement that the study involves research, an explanation of the purposes of the research, and the expected duration of the subject's participation, a description of the procedures to be followed, and identification of any procedures which are experimental; (2) A description of any reasonably foreseeable risks or discomforts to the subject; (3) A description of any benefits to the subject or to others which may reasonably be expected from the research; (4) A disclosure of appropriate alternative procedures or courses of treatment, if any, that might be advantageous to the subject; (5)A statement describing the extent, if any, to which confidentiality of records identifying the subject will be maintained; (6) For research involving more than minimal risk, an explanation as to whether any compensation and an explanation as to whether any medical treatments are available if

²⁴² The discussion on the different rules of consent between medical treatment and medical research can be seen in 2.1.4.

injury occurs and, if so, what they may consist of, or where further information may be obtained; (7) An explanation of whom to contact for answers to pertinent questions about the research and the research subject's rights, and whom to contact in the event of a research related injury to the subject; and (8) A statement that participation is voluntary, refusal to participate will involve no penalty or loss of benefits to which the subject is otherwise entitled, and the subject may discontinue participation at any time without penalty or loss of benefits to which the subject is otherwise entitled.²⁴³

From this list of information that needs to be disclosed, it can be shown that existing legal regulations and ethical guidelines concentrate on immediate risks to individual research participants and do not explicitly require researchers to consider potential harms to non-participants.

Nonetheless, HPGR is a good example of the argument that when research involving human subjects places non-participating members of specific groups/communities at risk, these potential harms should be considered by persons conducting, reviewing, and participating in the research. Compared to other types of harm that research may cause, the risks of harm from HPGR are collective and could be suffered by all members of the group, not simply individual participants. For this reason, I would argue that potential researchers should demonstrate respect for the diverse social and cultural traditions of many communities and acknowledge that research findings can disrupt social relationships within and between communities. These considerations suggest that in order to protect certain groups/communities from HPGR related harm, the scope of information disclosure should be expanded to risks at group level, not limited to the immediate risks to individual participants. Thus, the information disclosure requirements in existing legal regulations and ethical guidelines are inadequate in HPGR, since only potential risks of harm to individual participants would normally be disclosed, while risks of harm that may potentially be suffered by the target group as a whole are not required to be disclosed.

In fact, there are rare examples in Western genetic research which indicate that information disclosure concerning wider risks than those to participants

²⁴³ Title 45 CFR § 46. 116, See supra note 161.

themselves, under what might be considered a relational model of autonomy, would be appropriate. For example, a study of 30 women on the breast cancer BRCA1/2 mutation showed that the dilemma relevant to information disclosure on issues which may affect others, in this case female relatives, was not whether or not to inform participants of these kinds of factors, but how to tell them.²⁴⁴ In this study, over 90% of participants' intention to participate was in order to obtain information for their relatives. Hence, the authors concluded that 'we need to ground consent upon an ethic that takes into account the social nature of human beings.²⁴⁵ This example indicated that individual benefits or risks of harm are not the only factors which influence individual decision-making, especially in the context of genetic research. The interests of relatives or families may also be essential. In such cases, the potential interests of their relatives would be the determinative factor influencing their decision on whether or not to participate in certain kinds of genetic research. Although this example related to the issues of families in genetic research, it may be reasonable to require researchers to provide information about potential effects on a group of other people as well as the participants, it would enable potential participants to consider such issues as part of their own risk/benefit analysis before they are asked to consent.

(2) The interests which should be considered in consent

Since the research target groups/populations of HPGR are usually ethnic minorities or isolated groups in rural areas in developing countries, in some of these groups/populations, such as in the PRC, the understanding of the nature of a person may be in line 'with more relational definitions of the person found in other societies ... which stress the embeddedness of the individual within society and define a person by his or her relations to others.'²⁴⁶ In these areas, where the notion of persons as individuals is not dominant, the individual consent process may not be suitable, and there may be a need to widen the focus from

 ²⁴⁴ Hallowell, N., Foster, C., Eeles, R., Ardern-Jones, A., Murday, V., & Watson, M. 2003,
"Balancing Autonomy and Responsibility: The Ethics of Generating and Disclosing Genetic Information ", *Journal of Medical Ethics*, vol. 29, no. 2, pp. 74-79.

²⁴⁵ Ibid., at 78.

²⁴⁶ Christakis, N. A. 1988, "The Ethical Design of an AIDS Vaccine Trial in Africa", *The Hastings Center report*, vol. 18, no. 3, pp. 31-37, at 34.

the individual to the family or to the community, and to accept that their involvement may be a cultural expectation. For example, in India and West Africa, great respect and deference may be given to clinicians, healers and elders.²⁴⁷ Clinton also indicates that:

...Indians and many non-Westerners, often have a very different view of the nature of their rights and legal relationships... human beings are born into a closely linked and integrated network of family, kinship, social and political relations. One's clan, kinship, and family identities are part of one's personal identity and one's rights and responsibilities exist only within the framework of such...networks.²⁴⁸

The model of relational autonomy also concluded that individual decisions might be influenced by external considerations, without such influences necessarily amounting to improper, or undue, influence. In addition, the cultural sensitivities of some developing countries are also conducive to the adoption of relational autonomy. HPGR projects are almost always conducted on target groups from isolated rural areas of developing countries, where cultural ideologies are different from Western ones. For example, in a traditional Chinese group/community, the group/community is the background to personal acts and decisions. When facing decision-making issues relevant to group collective interests, it may be a cultural expectation that individual members of target group for HPGR would wish to rely on the opinion of group/community leaders, or group/community leaders would make the final decision directly. Although it is not argued in this thesis that a group member should be compelled to participate in HPGR if approval of the research was given by a group leader, or that individual consent should not be sought from potential participants, what is at issue here is the need for respect for cultural sensitivity to enable the involvement of others than participants in decision-making and consideration of the welfare of those in the group who are not actively participating. In this respect, HPGR participation would be considered as a group collective affair or a collective interest. Thus, cultural sensitivities would also be an important factor

 ²⁴⁷ Ibid.; Xu, X., Yang, J., Chen, C., Wang, B., Jin, Y., Fang, Z., Wang, X., & Weiss, S. T. 1999,
"Familial Aggregation of Pulmonary Function in a Rural Chinese Community", *American Journal of Respiratory and Critical Care Medicine*, vol. 160, no. 6, pp. 1928-1933.

²⁴⁸ Clinton, R. N. 1990, "Rights of Indigenous Peoples as Collective Group Rights", *Arizona Law Review*, vol. 32, no. 4, pp. 739-748, at 742.

to be considered in HPGR. The issue of cultural sensitivities in HPGR will be discussed in more detail in Chapters 3 and 4.

In HPGR, adopting a relational autonomy model would be even more appropriate. In HPGR, unlike the situation of most medical treatment which primarily has consequences for the individual, since the research target is group collective genetic information, the main risks of harm would be group harms which may affect the group as a whole as well as each group member. A relational autonomy model, as has been discussed above,²⁴⁹ requires that the interests of all relevant parties should be considered in the decision-making process. Applying a relational autonomy model in HPGR would require researchers to disclose information about both about individual risks and potential group harms posed by HPGR, because the interests of the group could be affected by the decision whether to participate, and whether or not target groups and other group members would be negatively affected could be a determinative factor to the decision makers.

Accordingly, the current Western research ethical and legal frameworks of consent have not sufficiently addressed the harms that may be suffered by the target groups of HPGR. The individualistic frameworks can neither fit into the cultural sensitivities of target groups in HPGR from some developing countries, nor properly provide for disclosure of the main risks of harm that may be posed by HPGR. In HPGR, the relational autonomy-based consent model is superior to the highly individualised autonomy based consent model, particularly in developing countries like China where collective decision-making is not uncommon.

Recently, some scholars have discussed group protection measures as supplements to individual informed consent.²⁵⁰ They have argued that a group/community/population ought to have moral status in HPGR, especially in respect of research in developing countries, for the following reasons: (1) people do not view themselves atomistically, but as members of one or more

²⁴⁹ See 2.1.1.

²⁵⁰ Weijer, C. & Anderson, J. A. 2002, "A Critical Appraisal of Protections for Aborginal Communities in Biomedical Research", *Jurimetrics*, vol. 42, pp. 187-198.

communities that constitute their values and self-understanding; (2) a variety of communities are already given the authority to make binding decisions on behalf of individual members on certain issues; (3) the primacy of the individual versus the community varies from one community to the next.²⁵¹ Yet, although there is a clear need for alternative model which include group consideration, it could be argued that there are concerns with models which take the group as the unit of ethical concern. It is arguable that it might be problematic to determine the boundaries of the group/community and to find a mechanism for balancing interests within a group. The most essential ethical issue here is whether or not 'individuals and their claims of right will be crushed beneath the greater weight of groups and their claims of right.²⁵² Other scholars have argued that group consent is hard to obtain in practice. There are three main difficulties: (1) the extent of the affected parties' participation in decision-making; (2) the identification of the parties whose consent should be sought if collective consent procedures were adopted; (3) the veto power problem: the possibility of a group veto power over individual decisions to participate or not would make collective consent extremely difficult to support.²⁵³ The alternative to the ethical principle and rule of individualistic consent, such as 'respect for community' or 'group consent', will be discussed in detail in the next chapter. However, while supporting group and community involvement in reviewing HPGR, it needs to be emphasized that this thesis does not intend to substitute group consent for individual consent, but to supplement individual consent with additional considerations concerning the interests of target group, based on the relational autonomy model.

(3) The Application of Risk- benefit Assessment to HPGR

Compared to clinical research, in most cases genetic research cannot produce direct and immediate benefits to human subjects. This characteristic is even more apparent in HPGR. Thus, in the risk-benefit analysis of HPGR, the risks of harm should be considered more carefully. It should not only consider the risks

²⁵¹ Ibid, at 192-193.

²⁵² Jones, P. 1999, "Human Rights, Group Rights and Peoples' Rights", *Human Rights Quarterly*, vol. 21, no. 1, pp. 80-107, at 92.

²⁵³ Varelius, J. 2008, "On the Prospects of Collective Informed Consent", *Journal of Applied Philosophy*, vol. 25, no. 1, pp. 35-44.

and potential harms to each member of the target group, but also the risks and potential harms to the group/community as a whole and all of its members.

Recognizing that additional protections are needed in the research context, all of the international declarations and conventions, such as the Helsinki Declaration,²⁵⁴ the CIOMS Guidelines,²⁵⁵ as well as some national legislation, such as those in the US, require institutional review boards (IRBs) or research ethics committees (RECs) to ensure that research is conducted ethically and with the fully informed consent of the participants. IRBs or RECs provide the initial approval of the proposed research and then conduct a continuing review of the research to ensure ongoing compliance with institutional policies and procedures. Under the terms of the Helsinki Declaration, ethical review committees must 'take into consideration the laws and regulations of the country or countries in which the research is to be performed as well as applicable international norms and standards but these must not be allowed to reduce or eliminate any of the protections for research subjects set forth in this Declaration.²⁵⁶ Ethical review committees are responsible for reducing unnecessary risks for the participants in research and for guarding against the exploitation of those subjects. US federal common law also notes that the specific role of the IRBs is to assure the protection of research subjects and 'to ascertain the acceptability of proposed research in terms of institutional commitments and regulations, applicable law, and standards of professional conduct and practice.²⁵⁷ Thus, one of the core functions of RECs or IRBs is to review the potential risks of harm that may be caused by research to ensure that the interests of human subjects are protected.

However, considering the criteria for IRB's or REC's approval of biomedical research involving human subjects, the essential risks of harm that may be caused by HPGR may not be identified by them. For example, the US Common Rule noted that IRBs must ensure that:

Risks to subjects are reasonable in relation to anticipated benefits, if any, to subjects, and the importance of the knowledge that may

²⁵⁴ See supra note 121.

²⁵⁵ See supra note 122.

²⁵⁶ See supra note 254.

²⁵⁷ 45 C.F.R. § 46. 107(a) (2005).

reasonably be expected to result. In evaluating risks and benefits, the IRB should consider only those risks and benefits that may result from the research (as distinguished from risks and benefits of therapies subjects would receive even if not participating in the research). The IRB should not consider possible long-range effects of applying knowledge gained in the research (for example, the possible effects of the research on public policy) as among those research risks that fall within the purview of its responsibility.²⁵⁸ (emphasis added)

According to these criteria, IRBs are only requested to consider the risks of harm which can be clearly foreseen, and these are focused on individual participants. These types of risks might befall anyone: physical harms, hurts or injuries and psychological harms including pain and suffering. It might be suggested that IRB members will tend to identify the risks of harm they themselves might expect to experience if they were to take part in the proposed research. However, the target groups of HPGR are ethnic minorities and isolated groups in rural areas of developing countries. IRB members almost always are at a social and cultural distance from them; thus, they are not likely to have a cultural awareness of the target groups. Consequently, they are not likely to recognize the circumstances and traditions of these groups, so they may not be able to appropriately identify the possible and potential harms that may occur to certain groups correctly, especially internal or cultural harms.

Similar to the focus on individual autonomy in current ethical and legal guidelines on informed consent, with regard to welfare, the basic ethical principle of 'respect for persons' results in the concentration of IRBs and ethical review committees on individual human subjects. For example, the human subject in the US Common Rule is defined as 'a living individual about whom an investigator (whether professional or student) conducting research obtains data through intervention or interaction with the individual, or identifiable private information.'²⁵⁹ Thus, according to this definition, the risks of harm IRBs need to consider are the risks of harm that individual participants may suffer. In the context of HPGR, existing ethical guidelines do not require an assessment of risks of group harm in to be addressed in the ethical review process.

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²⁵⁸ 45 C.F.R. § 46,111(a)(2), (2005).

²⁵⁹ 45 C.F.R. § 46, 102(f).

In fact, it is worth noting that a number of scholars have indicated their concerns about the interests of groups and communities in research ethics. For example, as far back as the National Bioethics Advisory Commission's (NBAC) first meeting, Emanuel argued that the three principles, 'respect for persons, beneficence, and justice,' and their related guidelines do not adequately address the interests of communities.²⁶⁰ Levine also argued that the Belmont Report overemphasized individual rights and failed to talk about the community. He noted:

In each of its publications, it [the National Commission] seems to embrace an atomistic view of the person. The person is seen as a highly individualistic bearer of duties and rights; among his or her rights, some of the most important are to be left alone, not to be harmed, and to be treated with fairness. Except, perhaps, in its report on research involving children, there is little or no reference to persons in relationship to others or as members of communities.²⁶¹

On the other hand, the consumerist movement swept America in the early 1970s and concern for individual rights was very much a part of the zeitgeist. The Belmont Report was undoubtedly also influenced by these larger societal forces. Nonetheless, the failure of the Belmont Report to deal adequately with families and communities does not, Levine argues, render it useless: 'Having said this, I do not think the Commission's recommendations are obsolete. . . . [I]t is usually quite appropriate to view investigator-subject relationships as relationships between strangers. Thus, in general an individualistic ethics is appropriate.'²⁶² Along with the development of biomedical science and technology, especially the prevalence of population genetics, the NBAC came to realize the need to protect groups/communities. For example, the NBAC's specific recommendation on stored human biological materials indicated that:

Research using stored human biological materials, even when not potentially harmful to individuals from whom the samples are taken, may be potentially harmful to groups associated with the individual. To the extent such potential harms can be anticipated, investigators

²⁶⁰ Childress, J. F. 2000, "Nuremberg's Legacy: Some Ethical Reflections", *Perspectives in Biology and Medicine*, vol. 43, pp. 347-361, at 356.

²⁶¹ Levine, R. J. 1998, *Ethics and Regulation of Clinical Research*, 2nd edn, Yale University Press, at 13.

²⁶² Weijer, C. 1999, "Protecting Communities in Research: Philosophical and Pragmatic Challenges", *Cambridge Quarterly of Healthcare Ethics*, vol. 8, pp. 501-513, at 503.

should to the extent possible plan their research so as to minimize such harm and should consult, when appropriate, representatives of the relevant groups regarding study design. In addition, when research on unlinked samples that poses a significant risk of group harms is otherwise eligible for exemption from IRB review, the exemption should not be granted if IRB review might help the investigator to design the study in such a way as to avoid those harms.²⁶³

This recommendation seems to indicate the NBAC's awareness of the possibility of specific research protocols posing a risk to a specific group, and its concern that, if this risk can be anticipated it should be disclosed during the informed consent process. However, this has not been reflected in current ethical guidelines, such as the Declaration of Helsinki, nor in legal regulation. Nevertheless, HPGR may pose some risks of internal group harm, which are hard to recognise or identify by people who are outside the group. Thus, under current frameworks, similar risks posed to target groups in HPGR would very probably not be taken into account in the risk-benefit analysis of IRBs/RECs.

In summary, HPGR may lead to specific risks of harm to the target groups/communities. However, existing legal and ethical frameworks on human subject protection, such as consent and risk-benefit assessment, are ill-equipped to provide a comprehensive solution to avoid the potential risks of harm posed by HPGR.

In addition to these concerns, the target groups/communities in HPGR are also distinguished from participants in many other types of biomedical research. They are almost always deliberately selected as target groups because they are in isolated groups/communities in rural areas of developing countries, which may lead to the potential for vulnerability in HPGR participation. Thus, the next chapter will go on to consider the issues of protecting target groups/communities as potentially vulnerable populations in HPGR.

²⁶³ National Bioethics Advisory Commission, Research Involving Human Biological Materials: Ethical Issues and Policy Guidance, Rockville, Maryland, 1999, available on <u>http://bioethics.georgetown.edu/nbac/hbm.pdf</u>, last visited on 2010-03-30.

As discussed in Chapter 2, since HPGR aims to identify specific aspects of the diversity of the human genome, target groups are often ethnic minorities or isolated groups in rural areas of developing countries, whose members are believed to share the same community or group collective human genetic information. This chapter will suggest that these target groups should be considered to be vulnerable in respect of HPGR, and need specific protections.

3.1 The Vulnerability of Target Groups in HPGR

Vulnerability itself is a complex and ambiguous concept. Although several influential national laws and international declarations concern special protection for vulnerable groups, such as racial minorities, ethnic minorities, or groups with disadvantaged economic and social resources,¹ the specific aims of these documents did not focus on HPGR, so the definition and scope of vulnerability of these groups in this context has not been addressed.² Despite the available codes of research ethics and regulations describing certain individuals and groups as vulnerable, little consensus exists on what this actually means, even in the context of human subject protection in medical research.

The World Medical Association's Declaration of Helsinki (Helsinki Declaration),³ for example, noted that '[s]ome research populations are particularly vulnerable and need special protection. These include those who cannot give or refuse

http://www.wma.net/en/30publications/10policies/b3/index.html, last visited on 2010-07-27.

¹ For example, the Helsinki Declaration and CIOMS Guidelines all have specific regulations on vulnerable population protection.

² Iltis, A. S. 2009, "Introduction: Vulnerability in Biomedical Research", *Journal of Law, Medicine* and Ethics, vol. 37, no. 1, pp. 6-11, at 7.

³ WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects was adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the: 29th WMA General Assembly, Tokyo, Japan, October 1975, 35th WMA General Assembly, Venice, Italy, October 1983, 41st WMA General Assembly, Hong Kong, September 1989, 48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996 and the 52nd WMA General Assembly, Edinburgh, Scotland, October 2000, 53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added), 55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added), 59th WMA General Assembly, Seoul, October 2008. The full text of Helsinki Declaration can be seen on the official website of World Medical Association (WMA) on

consent for themselves and those who may be vulnerable to coercion or undue influence.'⁴ It also points out that 'the particular needs of the economically and medically disadvantaged must be recognized.'⁵ According to this explanation, the target groups of HPGR, ethnic minorities and isolated groups in developing countries, which often go hand in hand with limited social resources, poverty, low level of education, little familiarity with genetic research, and lack of access to health care, should be seen as vulnerable.

Guideline 13 of the International Ethical Guidelines published by the Council of International Organizations of Medical Sciences (CIOMS) entitled 'Research Involving Vulnerable Persons' noted that: '[s]pecial justification is required for inviting vulnerable individuals to serve as research subjects and, if they are selected, the means of protecting their rights and welfare must be strictly applied.' ⁶ The meaning of vulnerable people was also addressed in the commentary on this guideline as follows: '[v]ulnerable persons are those who are relatively (or absolutely) incapable of protecting their own interests. More formally, they may have insufficient power, intelligence, education, resources, strength, or other needed attributes to protect their own interests.'⁷ It also listed several types of populations and individuals who could be seen as constituting vulnerable groups, including 'some ethnic and racial minority groups'.⁸ In addition, in the reference and commentary on Guideline 12 it was noted that:

Not only may certain groups within a society be inappropriately overused as research subjects, but also entire communities or societies may be overused. This has been particularly likely to occur in countries or communities with insufficiently well developed systems for the protection of the rights and welfare of human research subjects. Such overuse is especially questionable when the

⁴ Ibid, Article 9.

⁵ Ibid.

⁶ International Ethical Guidelines for Biomedical Research Involving Human Subjects was prepared by the Council for International Organizations of Medical Sciences (CIOMS) in collaboration with the WHO, Geneva, 2002. The full text of CIOMS Guidelines can be seen on the official website of World Health Organization (WHO) on <u>http://www.cioms.ch/publications/guidelines/guidelines_nov_2002_blurb.htm</u>, last visited on 2010-07-27.

⁷ Ibid.

⁸ Ibid.

populations or communities concerned bear the burdens of participation in research but are extremely unlikely ever to enjoy the benefits of new knowledge and products developed as a result of the research.⁹

Article 8 of the Universal Declaration on Bioethics and Human Rights,¹⁰ adopted by the United Nations Educational, Scientific and Cultural Organization (UNESCO), is entitled 'Respect for human vulnerability and personal integrity'. This article noted that:

[I]n applying and advancing scientific knowledge, medical practice and associated technologies, human vulnerability should be taken into account. Individuals and groups of special vulnerability should be protected and the personal integrity of such individuals respected.¹¹

It can be seen from this Article that this declaration made a claim as to the necessity of special protection for vulnerable individuals and groups in biomedical research, but it did not explain the meaning and scope of human vulnerability.

In addition to the international declarations and ethical guidelines above, some national laws or ethical guidelines also mention the vulnerability of certain groups. For example, the US National Commission's Belmont Report¹² includes 'racial minorities, the economically disadvantaged, the very sick, and the institutionalized'¹³ in their list of vulnerable populations. The Common Rule, the core of the US human subject protection regulation, did not define vulnerability, but it mentioned 'economically or educationally disadvantaged persons'¹⁴ as

URL_ID=31058&URL_DO=DO_TOPIC&URL_SECTION=201.html, last visited on 2010-07-27.

⁹ Ibid., at Guideline 12.

¹⁰ The Universal Declaration on the Bioethics and Human Rights was adopted by UNESCO's General Conference on 19 October 2005. The full text of the Universal Declaration on Bioethics and Human Rights can be seen on the official website of UNESCO on <u>http://portal.unesco.org/en/ev.php-</u> UDL UD 200588 URL DO DO TOPICSURI SECTION 201 html lost visited on 2010 07 27

¹¹ Ibid., Article 8.

¹² National Commission for the Protection of Human Subjects of Biomedical and Behavioural Research, The Belmont Report, Ethical Principles and Guidelines for the protection of human subjects of research. The text can be found on the official website of US National Institution of Health, available on <u>http://ohsr.od.nih.gov/guidelines/belmont.html#goc3</u>, last visited on 2010-08-26.

¹³ Ibid.

¹⁴ 45 CFR §46.107.

vulnerable populations, which is a general characteristic of target groups of HPGR in developing countries.

From the above, it can be seen that despite broad agreement that the vulnerable have a claim to special protection, the definition and scope of vulnerable persons or populations are not clear. In addition, the pattern of defining vulnerability in international declarations and ethical guidelines, or national legal regulations and ethical guidelines, is to focus on particular populations, for example prisoners, children, or ethnic minorities. This pattern has been criticized as it may lead to the implication that individuals who are members of these populations are inherently vulnerable in all types of biomedical research. For example, the National Bioethics Advisory Commission (NBAC) argued that 'vulnerability is sensitive to context and individuals may be vulnerable in one situation but not in another.¹⁵ Thus, NBAC suggested that vulnerability should be defined in terms of situations in which individuals might be considered vulnerable, rather than in terms of groups or populations. The situation of the vulnerability of target groups in HPGR is similar. Ethnic minorities or groups which live in poverty or with fewer social resources may be categorized in international declarations and ethical guidelines as 'vulnerable groups', but this does not prove that these groups are necessarily vulnerable in HPGR. The concept of the vulnerability of target groups in HPGR has been defined so broadly and inconsistently¹⁶ that it is tempting to conclude that it is incapable of providing any meaningful ethical guidance.

Coleman has pointed out that the core of fully understanding vulnerability is determining the nature of the human subject's vulnerability – i.e., what are vulnerable human subjects actually vulnerable to?¹⁷ He argued that vulnerability should be linked to the basic principles that underlie society's regulation of human subject research, as reflected in regulatory standards and internationally

¹⁵ National Bioethics Advisory Commission (NBAC), "Assessing Risks and Potential Benefits and Evaluating Vulnerability," Ethical and Policy Issues in Research Involving Human Participants, Vol. I: Reports and Recommendations, Bethesda, Maryland, 2001, at 87.

¹⁶ See supra note 2, at 7-8.

¹⁷ Coleman, C. H. 2009, "Vulnerability as a Regulatory Category in Human Subject Research", *Journal of Law, Medicine and Ethics*, vol. 37, no. 1, pp. 12-18, at 14.

agreed-upon ethical guidelines.¹⁸ According to this framework, a vulnerable person or group can be seen as an individual or a group at risk of being enrolled in research in violation of one or more of the interests defined by regulations and ethical guidelines. Vulnerability should be examined from three distinct perspectives — consent-based, risk-based, and justice-based.¹⁹ Consent-based and risk-based vulnerabilities make more sense when conceptualized as individual issues, but justice-based vulnerabilities are hard to understand as anything other than a population-based concern.²⁰

There are several reasons to agree with this understanding of vulnerability in human subject research. Firstly, avoiding these three kinds of vulnerability is the baseline of permitting researchers and research institutions to invite human subjects to participate in their research, since their research may cause risks of harm to the participants without any compensating benefits, medical or otherwise. According to principles such as 'respect for autonomy', 'beneficence', and 'justice', the following conditions should be fulfilled before conducting research: the IRB's or ethical REC's determination that the risks of the study are reasonable in relation to its total anticipated benefits (both direct benefits to subjects and potential long-term benefits to society), that the risks have been minimized to the extent reasonably possible, and that the subjects will be able to provide voluntary, informed consent. If an individual or a certain group is identified as vulnerable, their interests will be more susceptible to violation than those of other individuals or groups. Thus, in order to clarify the nature of vulnerability of target groups in HPGR, we should explore what are these groups vulnerable to from these three distinct aspects: consent-based, risk-based and justice-based. Secondly, the division of authority and responsibility between IRBs or RECs, research subjects and legislators within this framework is clear. It can be seen that the conditions mentioned above require human subjects to determine whether or not to participate in the research; meanwhile, IRBs or RECs should decide whether or not the risks of the study are reasonable in relation to its total anticipated benefits, as well as whether the risks have been minimized to the extent reasonably possible; then, the legislators stipulate the

¹⁸ Ibid., at 15.

¹⁹ Ibid.

²⁰ Ibid., at 16.

legal requirements for the implementation of research subject's consent and the ethical review conducted by IRBs or RECs. Coleman has argued that the roles of individuals and IRBs or RECs are not well-balanced:

At one extreme, we could let competent adults participate in any type of research, regardless of the study's objective risk-benefit ratio, on the theory that autonomous individuals have the right to take whatever risks they find personally acceptable. We do not have such a system: if the study does not offer a net social benefit, then the IRB is not supposed to approve it, even if a fully informed subject would be willing to participate. At the other extreme, we could require IRBs to determine that participating in research would be in the individual best interests of all the subjects in a study....²¹

Neither of these two extreme situations is acceptable. As Coleman continues: 'we defer to individuals' choices to take research-related risks for idiosyncratic reasons – but only if they are genuinely capable of acting autonomously, and only if the risks are "worth it" from a societal point of view.'²²

As a result, a reasonable division of authority between ethical review agents and research participants should respect competent individual participants' decisions to participate in research, but only if the risks of harm are deemed reasonable in relation to the importance of the knowledge to be gained from a societal point of view.

According to this framework, the risks to vulnerable individuals or groups can arise from different sources. First, consent-based vulnerabilities can create or exacerbate barriers to obtaining sufficiently informed consent to research, potentially violating the requirement that consent to the research risks be voluntary. Second, risk-based vulnerabilities may enhance the level of risks associated with subjects' participation in human subject research, thereby calling into question the study's underlying risk-benefit ratio. Finally, justicebased vulnerabilities can raise concerns about the distribution of the benefits

²¹ Ibid., at 15.

²² Ibid.

and burdens of the research, and these distributional concerns may also be relevant to the risk-benefit analysis.²³

According to these concerns, it can be suggested that target groups of HPGR are vulnerable in respect of consent, benefit-risk assessment or exploitation, because of a low educational level, lack of economic and social resources, cultural sensitivities and an absence of effective and adequate legal regulations and ethical guidelines in most developing countries.

3.1.1 Consent-based Vulnerability of Target Groups in HPGR

Consent-based vulnerability refers to the diminished ability to protect one's own interests, leading to a compromised capacity to give sufficiently informed or voluntary consent. This diminished ability may render a particular individual or group more susceptible to impaired decision making, coercion or undue influence in research.

In the context of HPGR, there are several factors which may lead to the consentbased vulnerability of target groups. Target groups and their members may have difficulty giving valid consent and protecting their own interests and could thus be classed as vulnerable.

HPGR aims to study isolated populations to find out the impact of their history on their genetic makeup, so target groups of HPGR are often located in isolated areas, where transportation is inconvenient; the members of target groups are relatively homogeneous with respect to ethnic group, environment, occupation, and diet, and the groups will have existed for several thousand years with a stable population. For example, Arizona State University (ASU) conducted several research projects on the Havasupai tribe, which is a small tribe numbering in the few hundred living in an isolated community in the Grand Canyon, accessible only by foot, mule, or helicopter.²⁴ The Harvard University research in the Anhui province of the PRC was also conducted on isolated groups

²³ Ibid.

²⁴ Tilousi v. Arizona State University Board of Regents, No. 04-CV-1290-PCT-FJM (2005).

in rural areas.²⁵ It is quite normal that the members of target groups in HPGR are less-educated than the majority population and unfamiliar with the implications and possible consequences of genetic research. For instance, according to the Second National Agricultural Census by the National Bureau of Statistics of the PRC,²⁶ at the end of 2006, the total of the rural labour force numbered 478,520 persons, occupying 90.1 percent of the total labour force resources; however, among these rural labourers, 6.8% had no formal education, 49.5% had junior middle school education level and 32.7% had primary school education.²⁷ It showed that 89% of the population in the rural areas in the PRC have less than 9 years of education. This low-educational situation might have a negative influence on their understanding of information disclosed and their evaluation of the potential risks of harm in HPGR.

These groups or individuals may have limited health literacy and may not appropriately understand the exact meaning of sample collection procedures or the possible outcomes of the research project. For example, in 1984, a US physician, Dr. Arthur Bosley, who conducted medical research in developing countries, told of the dilemma he faced in the application of informed consent.²⁸ According to his report, in most developing countries, 'the germ theory of disease causation is yet to be accepted, particularly among the not so-educated members of the population.'²⁹ What is more, most of the people in these countries thought that a blood test was a good thing, because 'if your blood is good, then you are all right'. Thus, if Dr. Bosley wished to invite patients

²⁵ Pomfret, J. & Nelson, D. In Rural China, a Genetic Mother Lode. *Washington Post.* 12-20-2000.

²⁶ The Second National Agricultural Census by the National Bureau of Statistics of PRC. According to the State Council's decision, China launched the Second National Agricultural Census. The time reference for point items is December 31, 2006. The time reference for period items is January 1 to December 31, 2006. The objects of the Census focused on China rural households, urban agricultural production households, agricultural holdings, villagers' committees, and township and town governments. The main contents include: conditions for agricultural land, rural labour force and employment, rural infrastructures, rural social services, rural households' livelihood, as well as the situation of the township, villagers' committees, community environment and other aspects. The full text and data of this census (in Chinese) can be seen on the official website of National Bureau of Statistics of PR China, available on http://www.stats.gov.cn/tigb/nypcgb/ggnypcgb/index.htm, lat visited 2010-12-12.

²⁷ Ibid.

²⁸ Ekunwe, E. O. & Kessel, R. 1984, "Informed Consent in the Developing World", *Hastings Centre Report*, vol. 14, no. 3, pp. 22-24, at 22.

²⁹ Ibid., at 23.

attending the clinic to undergo a blood test, they would consent readily.³⁰ In addition, information about HPGR, including the risks involved, may be difficult to understand. The majority of members of target groups in HPGR may not be able to read and write. Even those who can read may not understand all the medical terms that such information is bound to contain. If the consent form is in a normal Western style, which often lists possible risks over multiple pages, but does not explain them in common terms or spell out the seriousness, probability, or consequences of each possible risk in simple terms, the difficulty can be exacerbated. If the target groups are in developing countries, whose members are not aware of the potential risks of harm of biomedical research, even if they agree to participate in it,³¹ these difficulties increase even further.

Any decision whether or not to participate in scientific research that is based on incomplete understanding or misunderstanding of research information or on an inaccurate assessment of potential risks of harm is ethically and may be legally problematic. In fact, normal competent people sometimes do participate in research studies without a good understanding of the study purpose and risks, even in non-HPGR projects. Competent individuals may sometimes consent to research without fully understanding each sentence of the consent form; however, these individuals often have background knowledge on research, can realize the scope of risks roughly and are capable of making an appropriate evaluation of potential risks. Thus, they may be deemed capable of understanding the research information sufficiently. It could therefore be argued that understanding may be correlated with educational level³² but the person's social and cultural context will also play an important role.

The members of target groups of HPGR may be less capable of understanding, and hence more vulnerable to impaired decision making, because of their lack of education, cultural orientation, or limited health and medical knowledge. In other words, target groups do not have the experience to weigh up the

³⁰ Ibid.

³¹ Lynoe, N., Sandlund, M., Jacobsson, L., Nordberg, G., & Jin, T. 2004, "Informed Consent in China: Quality of Information Provided to Participants in a Research Project", *Scandinavian Journal of Public Health*, vol. 32, no. 6, pp. 472-475.

³² Grady, C. 2009, "Vulnerability in Research: Individuals with Limited Financial and/or Social Resources", *Journal of Law, Medicine and Ethics*, vol. 37, no. 1, pp. 19-27, at 21.

advantages and disadvantages as they are unused to making these kinds of decisions. Target groups of HPGR and their members who do not understand what the purpose of HPGR is may not know what they are actually consenting to and may misunderstand or not realize the risks of participation. Thus, they are vulnerable when making a decision on whether or not to participate in HPGR. Therefore, explanations with adequate accuracy and articulation, easily understood by people with a low level of education, are essential requirements both for the ethical conduct of this type of biomedical research and for the protection of subjects' interests. In the context of HPGR, as in any other research, the burden is on the researchers and research institutions to inform individuals in a way that ensures that the target groups and their members can appreciate the risks and requirements of participation while minimizing the possible impact of educational or cultural barriers that may distort understanding.

The second possible type of consent-based vulnerability is that if medical services, or other goods are offered in connection with participating in an HPGR, these may be so attractive that members of target groups, especially with limited economic and social resources, will irrationally disregard the risks and requirements of the research. These attractive offers are referred to as 'undue inducements' in biomedical research. According to Emanuel, there are four elements to undue inducement, and each of these four elements is necessary for undue inducement to exist:

(1) An Offered Good-Individuals are offered something that is valuable or desirable in order to do something. (2) Excessive Offer-The offered good must be so large or in excess that it is irresistible in the context. (3) Poor Judgment-The offer leads individuals to exercise poor judgment in an important decision. (4) Risk of Serious Harm-The individual's poor judgment leads to sufficiently high probability that he or she will experience a harm that seriously contravenes his or her interests.³³

According to this account, it could be argued that HPGR may only offer some free common medicine or access to limited primary healthcare treatment, which can be seen as normal compensation for research participation and would not

³³ Emanuel, E. J. 2005, "Undue Inducement: Nonsense on Stilts? ", *The American Journal of Bioethics*, vol. 5, no. 5, pp. 9-13, at 9.

lead to the undue influence of potential participants. In fact, just as happened in the Harvard project in China, in order to recruit participants from rural areas of developing countries, researchers might seek to provide some medical services or standing drugs for free. In 2001, Outlook Weekly published a survey on the Harvard case, describing one of the participants, Chu Mianzhai, whose whole family had twice taken these kind of free 'physical examinations', given blood samples and received a little money as compensation for loss of working time, as well as two packages of instant noodles.³⁴ The first time, on 5 November 1996, the family gave a blood sample for which they were given 10 Yuan each as compensation. The second time, on 10 March 1997, they gave more blood and were given 20 Yuan each. Chu also received a bottle of medicine for his high blood pressure. A similar situation also arose in the case of Havasupai. In this case, taking part in the research would result in access to some free summer school for students from the Tribe.³⁵ Thus, the question arises whether target groups of HPGR should be considered vulnerable to undue inducement if such benefits were offered.

An example, provided by McGregor, of an impecunious mother with a very sick child and a lecherous millionaire can illustrate that whether or not something is an undue inducement should be decided by the specific situation of the subject, although the example is not in the context of research:

The millionaire proposes to the impecunious mother that he will pay for the medical treatment that her child needs if she will become his mistress.³⁶

This hypothetical situation satisfies the first element of undue inducement: an irresistible offer. The offer to fund the treatment of a very sick child is not an excessive one for a millionaire, but it is an irresistible one for the child's mother, given her inability to pay for the treatment. Poor judgement is less obvious, because from the perspective of the child's welfare, accepting the offer is reasonable, but on the other hand, accepting unwanted sexual interactions

³⁴ Xiong, L., Wang, Y., Meiguo Hafei Daxue zai Anhui de jiyin yanjiu xiangmu [Harvard University's genetic research project in Anhui Province] (in Chinese), *Outlook Weekly*, 2001-03-26.

³⁵ See supra note 24.

³⁶ McGregor, J. 2005, " 'Undue Inducement' as Coercive Offers ", *The American Journal of Bioethics*, vol. 5, no. 5, pp. 24-25, at 24.

would generally not be seen as reasonable. To some extent, whether or not this leads to a serious harm would be decided by the subject's circumstances and values (for example, if the mother here was a prostitute, she might think this exchange is not a serious harm).³⁷ Thus, undue inducement would occur where an attractive offer distorts the individual's ability to make rational decisions for himself or herself, according to their own values and preferences. Such offers may be especially irresistible to those individuals who lack economic and social resources. That is to say, the main concern of undue inducement is that individuals are offered some good that, effectively without reference to their better judgement, makes them assume risks of harm that compromise their welfare.³⁸

In the context of HPGR, considering the level of economic development and actual living conditions of most target groups, their members may be vulnerable in the face of what may appear to others to be small and reasonable offers. Indeed, HPGR conducted in some developing countries may offer payments or primary healthcare service to the Western standard as part of research participation, such as free health care or other benefits such as free housing, etc. However, these offers could be enticing enough to impair decision making, such that members of target groups participate in HPGR disregarding risks or not giving risks appropriate weight in the decision-making process. In the Harvard case, an individual participant Chu and his family lived in Toutuo, an impoverished village in Yuexi district with an average yearly wage of less than 2,000 yuan.³⁹ Thus, although 10 Yuan or 20 Yuan can be seen as a small sum and normal compensation in medical research, compared to the low annual wages of target group members in HPGR, the compensation offered might amount to an undue influence.

From the above case, we can appreciate that seemingly simple offers could be a decision-impairing inducement rendering members of target groups in HPGR incapable of appropriately considering research risks. In this situation, they have

³⁷ Ibid.

³⁸ See supra note 33.

³⁹ See supra note 34.

fulfilled the definition of CIOMS that they are 'relatively or absolutely incapable of protecting their own interests.'⁴⁰

In addition, there are also other concerns about the potential vulnerability of target groups of HPGR, especially in developing countries, such as the PRC. In China, medical care in each county is administered through a three-tier (county, township, village) service network, which was established a quarter of a century ago to provide medical services for all residents.⁴¹ It is quite convenient and efficient to conduct biomedical research through collaboration with this medical care service network. Meanwhile, in pursuing a better future for their personal career, some physicians in developing countries like to conduct collaborative HPGR with Western research institutions. In these HPGRs, they may dispatch personnel to be trained in foreign research institutions, experience how foreign researchers conduct HPGR and even publish co-authored journal articles.⁴² However, these physicians are also practitioners in the health service network of the country; thus, they are relied on by the local people. HPGR conducted by these local physicians may provide a misconception to members of target groups of HPGR that the project is risk-free and might be good for their health. This situation would exacerbate the consent-based vulnerability of target groups of HPGR and there might be a risk of undue influence if local doctors encourage participation.

3.1.2 Risk-based Vulnerability of Target Groups in HPGR

Risk-based vulnerability refers to a situation where the risks to subjects are not reasonable, compared to the potential benefits of the research. According to Coleman, risk-based vulnerability may be 'jeopardized if some subjects are at risk of greater than usual harms from participating in research.'⁴³ For example, if the primary risk of an HPGR is the potential disclosure of the genetic evidence of

⁴⁰ See supra note 6.

⁴¹ Xu, X., Yang, J., Chen, C., Wang, B., Jin, Y., Fang, Z., Wang, X., & Weiss, S. T. 1999, "Familial Aggregation of Pulmonary Function in a Rural Chinese Community", *American Journal of Respiratory and Critical Care Medicine*, vol. 160, no. 6, pp. 1928-1933, at 1929.

⁴² Chu, J. 2000, "Chinese Human Genome Diversity Project: A Synopsis," in *Genetic, Linguistic and Archaeological Perspectives on Human Diversity in Southeast Asia*, J. Li, M. Seielstad, & C. Xiao, eds., Singapore: World Scientific Publishing, pp. 95-105.

⁴³ See supra note 17, at 16.

the origin of ethnic or isolated group, the target group can be considered vulnerable if it has its own narrative origin stories which have been believed to be the foundation of its collective identity.

In general, IRBs or RECs should address risk-based vulnerability and require additional safeguards to protect the subjects' interests. In the context of HPGR, however, the situation is more complicated. As discussed in Chapter 2, the potential risks of harm caused by HPGR include external harms, such as group discrimination and group stigmatizations as well as internal harms, such as group self-conception of genetic determinism and self-stigmatization. External harms might perhaps be assessed by IRBs or RECs, although they are not usually required to do so, but internal harms, which are specific to an ethnic or isolated group, are difficult to identify correctly by any agent outside of the specific group. Foster, Sharp *et al* provided an example from the Indian Health Service (IHS) Headquarters IRB, which can illustrate this point.

... the Indian Health Service (IHS) Headquarters IRB has 28 members, 20 of whom are Native Americans (including MD- and PhD-level researchers, health professionals, and laypersons from Native communities). Despite its unique composition, however, the IHS IRB sometimes is unable to predict what a specific Native community views as the primary risks to itself. Two recent examples include worries about the use of genetic research into migration history to attack tribal sovereignty and concerns about the use of mitochondrial DNA and Y chromosome research in claims about who is or is not 'Indian.' These risks were identified only by community review, not by any IRB.⁴⁴

In this case, the HIS IRB included many American Indian and American Native (AI/AN) members, which reflected the IRB's regard for the sensitivity of indigenous communities. However, even here there have been instances where the IHS IRB has failed to identify potential risks of internal group harms that were of concern to members of the target population, such as culturally specific harms. The reason why the IHS IRB, with its unique composition and wide range of experiences with AI/AN communities, failed to identify such potential risks may include following two aspects: firstly, the members from certain target

⁴⁴ Foster, M. W., Sharp, R. R., Freeman, W. L., Chino, M., Bernsten, D., & Carter, T. H. 1999, "The Role of Community Review in Evaluating the Risks of Human Genetic Variation Research", *American Journal of Human Genetics*, vol. 64, pp. 1719-1727, at 1724.

groups often fully understand their socio-cultural traditions, but they may lack sufficient knowledge on biomedical research and sufficient training on the proper conduct of ethical review. Secondly, ordinary IRBs or RECs members, due to deficiency in knowledge of cultural background of target groups, could not correctly identify potential the potential risks of internal group harms or give them sufficient weight. Therefore, unless IRBs include target group representatives with appropriate training on ethical review, and there is sufficient community consultation and investigation of group cultural sensitivity, IRBs may be unable to assess these potential risks correctly.

The absence of sufficient understanding of the cultural sensitivities of target groups by researchers may also lead to a failure to address these risks of harm in their research protocol or not providing adequate information disclosure on these risks. For example, in the Havasupai Indian Tribe case,⁴⁵ ASU researchers collected more than 200 blood samples from tribe members for research on diabetes and genetics in 1990. The consent form described the project as studying 'the causes of behavioural/medical disorders,' ⁴⁶ but in the pre-research communications with tribal leaders, it was agreed that the samples should be used in research focused on diabetes. However, the researchers used the samples in several other research projects unrelated to diabetes, sharing them with other researchers, and publishing several articles based on data from tribal members' blood samples.⁴⁷ Among these research publications, 'some of the papers generated from the blood samples dealt with schizophrenia, inbreeding and theories about ancient human population migrations from Asia to North America.⁴⁸ The focus on schizophrenia raised stigmatization issues for the tribe along with concerns related to a cultural belief that inbreeding brings harm to one's family. Furthermore, evolutionary-genetics research suggested that, contrary to the tribe's own origin story, its ancestors migrated across the Bering Sea, creating the possibility of cultural harms.⁴⁹ Although the core legal question

⁴⁵ See supra note 24.

⁴⁶ Ibid.

⁴⁷ Ibid.

⁴⁸ Ibid., at 5.

⁴⁹ Mello, M. M. & Wolf, L. E. 2010, "The Havasupai Indian Tribe Case — Lessons for Research Involving Stored Biologic Samples", *The New England Journal of Medicine*, vol. 363, no. 3, pp. 204-207, at 204.

of the Havasupai case was whether the downstream uses of the samples fell within the scope of the donors' informed consent, it also illustrates that the unique cultural beliefs of a target group might be a barrier to researchers and IRBs or RECs actually identifying potential risks of harm that may be caused by research to target groups and their members. It also implied the responsibility of researchers to ensure that the study population's perspectives are understood and considered. Thus, isolation and specific cultural sensitivities can increase the risk-based vulnerability of target groups in HPGR.

3.1.3 Justice-based Vulnerability of Target Groups in HPGR

This kind of vulnerability concerns the violation of the principle of justice in research ethics. The concern that target groups of HPGR are particularly vulnerable to exploitation is a consideration of justice-based vulnerability.

Exploitation is a complex concept which has been explained in several different ways. Generally, there are two elements considered to be essential to exploitation: (1) using people as mere means for the ends of others (a Kantian sense of exploitation)⁵⁰ and/or (2) taking unfair advantage of people.⁵¹ Thus, exploitation usually occurs 'when wealthy or powerful individuals or agencies take advantage of the poverty, powerlessness, or dependency of others by using the latter to serve their own ends (those of the wealthy or powerful) without adequate compensating benefits for the less powerful or disadvantaged individuals or groups.'⁵²

In the context of HPGR, target groups who are usually poor, less-educated and lacking social and economic resources, may not understand that they might be used as means to others' ends, or might agree to participate in an exchange without realizing its inherent unfairness. As noted previously, researchers or research institutions may provide some free primary drugs or simple treatment in exchange for the genetic samples and consent forms signed by participants.

 $^{^{50}}$ See supra note 32, at 23.

⁵¹ Ibid.

⁵² Macklin, R. 2003, "Bioethics, Vulnerability, and Protection", *Bioethics*, vol. 17, no. 5-6, pp. 472-486, at 475.
These participants may not even realize that the outcome of the research may not benefit them and will have no (positive) meaning for them. Thus, they are likely to become 'mere means' of HPGR. This could lead to justice-based vulnerability in this situation as they cannot realize they might be exploited by others. Identifying whether or not researchers are in fact taking unfair advantage of target groups in HPGR is more complex. The core issue here is to assess whether the level of benefit which the researchers or research institutions will get is fair or unfair. Exploitation would be identified if benefits are unfair, and would not require the existence of actual harm to have occurred.

In addition, the isolated locations raise another possible source of vulnerability for target groups of HPGR. They have rare opportunities to get the offers provided by HPGR researchers, such as free primary healthcare services, common drugs or trivial amounts of cash. Fewer choices and limited bargaining power may exacerbate the justice-based vulnerability of target groups in HPGR. For example, a research institution affiliated to a university, such as the research organization in the Harvard case in China, could offer several summer course places to students of ethnic minorities or isolated groups in rural areas in developing countries in exchange for 1,000 genetic samples and signed consent forms from these groups. Although this offer costs only a trivial amount for the research institution, it could be immensely attractive to target groups, because without this offer they will have no other such opportunity. Thus, target groups probably feel that they have to take this offer. Meanwhile, compared to the risks of harm, such as the internal and external harms that may be caused by HPGR that I have discussed in Chapter 2, several summer course places may be perceived as an inadequate benefit. Therefore, target groups of HPGR might be considered to have been exploited if they accept this offer.

On the other hand, some might argue that although from the perspective of a neutral observer, this offer is inadequate, nevertheless, for target groups, several summer course places at a top university could be a reasonable recompense for their participation in HPGR. To those target groups, even this arguably unfair benefit is an option that could let several students of these groups gain further education. Thus, they may question whether these target groups are being exploited. The following example can illustrate why to use the

viewpoint of the vulnerable groups as the standard of fairness is problematic. If a rich man from a developed country offers an extremely poor man a substantial payoff to induce this poor man to be her/his slave, this substantial payoff could help the poor man to afford to give his whole family a better life. He has no alternative way to gain a better life for his family. However, this substantial payoff actually is trivial to the rich man; and to be a slave is a violation of primary human rights. Thus, this is obvious exploitation. Therefore, it requires a neutral standard of fairness to be used as a tool for distinguishing between fair and unfair benefits, thereby protecting vulnerable parties from exploitation. In the context of HPGR, the objective baseline of fairness should be drawn by the ethical review committees with the involvement of target group representatives, based on the specific economic and cultural context of certain target groups. Without a neutral standard of fairness, target groups may be vulnerable to exploitation in HPGR.

The justice-based vulnerability of target groups in HPGR is also relevant to the background conditions in the developing countries where the HPGR is conducted. The background conditions include lack of effective legal regulations and ethical guidelines on human subject protection together with poor law enforcement, inadequate experience of or capacity for conducting ethical and scientific review of proposed research; poor local infrastructure; untrained personnel and limited technical capacity for conducting the proposed research itself. Most developing countries have no stringent rules on the basic requirements of research involving human subjects, such as informed consent or the welfare of human subjects, not to mention effective legal regulations and ethical guidelines on human subject research. This situation has led to several troubling examples of research trials in developing countries. For example, the Pfizer incident in Nigeria during an epidemic of meningitis in children in 1996 illustrates these issues, although it involved clinical research, rather than HPGR. Pfizer, an American multinational pharmaceutical company, conducted a trial of an antibiotic at the site of the outbreak of a meningitis epidemic in the northern state of Kano, where 15,000 people were alleged to have died from these epidemics. Kano is a typical poor area in a developing country, so even the Kano Infectious Diseases Hospital, where the trials took place, was reported to be at the time a poor, dirty hospital with few beds, poor power supply, and no clean

water. Pfizer conducted the clinical trials in Kano to investigate whether the oral form of Trovan was more effective and efficient in treating children infected with meningitis than other existing treatments, including Ceftrixacone, the gold standard treatment. Pfizer's Trovan had not been previously tested in children. However, about 200 infected children participated in the Kano trials. 100 of the children took Trovan while another 100 were put on Ceftrixacone. 11 died in the trials, 5 of whom were on the experimental drug, Trovan, given orally, while the other 6 were on injections of Cetrifaxone. There were also other children involved in the trials who suffered seizures, or became paralysed. While there is no evidence that Trovan was responsible for the deaths and injuries to children, the trials were conducted within a period of two weeks and Pfizer left immediately thereafter. ⁵³ This case was first publicised by the Washington Post in an investigative article on the conduct of clinical trials by developed country researchers in developing countries. According to the report, there was no informed consent, no follow-up of the children after conclusion of the trial and no parents of the children had been adequately informed about the trial. What is more, there was no approval of the research protocol by an independent ethics review committee - there was no ethics committee in the hospital at the time of the trial.⁵⁴ There were no legal regulations or ethical guidelines in Nigeria at the time of the trial requiring Pfizer to obtain any such approval. When charges of unethical conduct were made, Pfizer alleged that apart from the goals of obtaining information about the efficacy of the drugs, 'another major reason for conducting the trials was to provide humanitarian services to the infected victims who were obviously in need of medical assistance at the time."55

This case highlights the common situation of lack of effective legislation and regulations on biomedical research governance and human subject protection in developing countries.⁵⁶ It has been suggested that researchers and research

⁵³ Onyemelukwe, C. 2008, "Research Involving Humans in African Countries: A Case for Domestic Legal Frameworks", *African Journal of International and Comparative Law*, vol. 16, no. 2, pp. 152-177, at 155-156.

⁵⁴ Ibid., at 157.

⁵⁵ Ibid., at 156.

⁵⁶ The situation of lack of effective legislation and regulations in PR China would be set as an example to be discussed in more detail in the next chapter.

institutions have all too often defended their apparent double standards of research ethics in research conducted in developing countries. On the one hand, they apply a higher standard of research ethics in their own countries according to the relevant legal regulations and ethical guidelines, as well as undertaking strict implementation of those rules. On the other hand, these researchers and research institutions have proposed and accepted a less demanding standard of research ethics in developing countries, where effective and adequate legal regulations and ethical guidelines on human subject protection is lacking.⁵⁷ They may also argue that they have offered participants free physical tests - even free treatments such as drugs, - which are needed by these participants and would benefit them. However, it can be argued that those researchers and research institutions take unfair advantage of their richness in economic and social terms. Accordingly, Macklin suggests that whole communities or countries may be vulnerable to exploitation, particularly if 'investigators or sponsors are from a powerful industrialized country or a giant pharmaceutical company and the research is conducted in a developing country.⁵⁸ Therefore, the absence of specific regulations and standards for HPGR together with poor law enforcement in most developing countries make target groups of HPGR particularly open to justice-based vulnerability.

Consequently, what is significant to note about HPGR in developing countries, is that even if the relational autonomy model is applied, which lets individual participants take into account the interests of the group and other group members when considering whether to consent to participate, given the vulnerability of target groups stated above, it is possible that this would not be sufficient to take account of the need to protect all of those who had interests at stake. Thus, it is reasonable to suggest that additional protection for target groups in HPGR, such as the involvement of the target group as a whole in some way, is needed. Nevertheless, it also needs to be reiterated that arguing for group involvement in review of HPGR does not mean advocating group consent instead of individual consent. The following section will nevertheless propose

⁵⁷ Kottow, M. H. 2003, "The Vulnerable and the Susceptible", Bioethics, vol. 17, no. 5-6, pp. 460-471, at 466.

⁵⁸ See supra note 52, at 474.

that the target group, or representatives of it, should and could be involved in the protection of the group's interests.

3.2 Justifications for Protection of Groups in HPGR

3.2.1 Critiques of Group Protection in HPGR

The suggestion that the group as a whole should be protected in HPGR has been criticized, since some researchers have doubted that HPGR may lead to potential harms for the group as a whole. They have argued that the actual human groups under study, human demes, are unidentifiable before research begins, since it is only when genetic relationships have been established as a result of the HPGR study that such a group can be said to exist,⁵⁹ thus, there is no group collective interest to be harmed in HPGR. Furthermore, the idea of a group as a rightsholder has been met with scepticism or outright rejection by some researchers, ethicists, and legal scholars. The opponents of group protection in HPGR have argued that it is hollow rhetoric to set up a group as an independent entity to be protected from the risks of harm in HPGR.⁶⁰ Their arguments almost always focus on the argument that groups lack moral standing and that seeking to obtain prior group permission is not possible in HPGR.

To explain these criticisms in more detail, Juengst argues that there are two different understandings of a group in HPGR. Firstly, the term 'target groups' in HPGR refers to genetic populations or human demes: in his opinion, this type of group has no moral standing and cannot be approached for group consent or group permission, since these groups are unidentifiable until the research itself has been conducted.⁶¹ Human demes or genetic populations are groups which are 'picked out, described, and compared in the course of population-genomics research';⁶² thus, they are not identical with named social groups which might

⁵⁹ Juengst, E. T. 1998, "Groups as Gatekeepers to Genomic Research: Conceptually Confusing, Morally Hazardous, and Practically Useless", *Kennedy Institute of Ethics Journal*, vol. 8, no. 2, pp. 183-200, at 183.

⁶⁰ Gostin, L. O. 1991, "Ethical Principles for the Conduct of Human Subject Research: Population-Based Research and Ethics", *Journal of Law, Medicine and Ethics*, vol. 19, pp. 191-201.

⁶¹ Ibid., at 187.

⁶² Ibid., at 196.

perhaps deserve respect as an independent entity. Since they are the nameless demes which are created by researchers of genetic research, as well as 'the results of mixed lineages that make hash of most of our familial origin stories and social groupings,'⁶³ Juengst considers that these human demes are 'not autonomous, self-identified human groups, and it would be dangerous to devise a system that suggested that demes should be invested with special social value or identity.'⁶⁴ Juengst goes on to state that:

.... given our species' long history of using putative genetic relationships as the basis for nepotism, tribalism, racism, and aggression, aspiring to invest human demes with special moral standing seems wrong-headed in the first place. If we are right in our convictions that our biological roots should be irrelevant to the ways in which humans regard each other, promoting our demes as groups with interests of their own makes no more sense than reviving old eugenic attempts to reify the concepts of 'race,' 'genetic stock,' or 'germ plasm.'⁶⁵

He concluded that the genetic concept of a human group should just be a tool that helps in organizing scientific data in HPGR, but not a way of classifying the members of the human species.⁶⁶ Thus, if a human deme does indeed mean the same as the target group of HPGR, there is neither moral standing of group collective interests, nor would seeking group consent or group approval in HPGR be possible or necessary.

Secondly, even if the group refers to self-identified groups, morally authoritative social groups, then in most cases we could approach them for permission; however, Juengst insists that group permission in HPGR has its internal limitations. In the first place, the problem of how to define the group still exists, which has also been described as the 'nesting' of local and larger communities. The example of the Mohawk,⁶⁷ provided by Sharp and Foster, can illustrate this problem well. In the United States and Canada, individuals who consider themselves Mohawk may have distinct understandings on what a Mohawk

66 Ibid.

⁶³ Ibid.

⁶⁴ Ibid.

⁶⁵ Ibid., at 189.

⁶⁷ Sharp, R. R. & Foster, M. W. 2000, "Involving Study Populations in the Review of Genetic Research", *Journal of Law, Medicine and Ethics*, vol. 28, pp. 41-51, at 47.

community consists of. Some may base this understanding on factors such as whether members reside in a discrete local community, located on a single reservation. However, several of these reservation-based communities define themselves collectively, for example as 'a part of the League of Iroquois, a political and religious organization comprised of six culturally related American Indian communities'.⁶⁸ Thus, they argued that nesting all the members of a self-identified group is a hard obstacle. Sharp and Foster warned that 'the nesting problem results from the possibility that the concerns of local communities may fail to correspond with those of communities at broader levels of inclusiveness.'⁶⁹ Juengst argues that the practice of nesting local groups within larger social categories, as well as cross-cultural immigration, would lead to group consent not having the moral reach to decide for potential participants in HPGR.⁷⁰ He also points out that there are resource issues if groups are seen as the right-holders:

Accepting them [groups as right-holders] would significantly complicate the work of population genomicists. If groups have interests that require protections like those of individual subjects, a layer of research arrangements would be necessary that our individually-oriented biomedical research ethic is ill-prepared to define or delimit. What would it mean for a group's collective permission to be 'informed' and 'voluntary'? If group consent is required, are other protections, such as the right to withdraw from research, or to confidentiality, also important for groups? How should the 'researcher-group' relationship be managed administratively? Moreover, if the logic behind the argument for group rights in population-genomics research is accepted, it is likely to be applied to other biomedical spheres as well.⁷¹

Sharp and Foster described the costs and demands on researchers when formal community approval is required to indicate the same point.⁷² They further argued that the practice of group consent is also problematic. They summarized this in terms of 'the dispersion of community':

⁶⁸ Ibid., at 47.

⁶⁹ Ibid.

⁷⁰ See supra note 59, at 196.

⁷¹ Ibid., at 184-185.

⁷² See supra note 67, at 49.

A related objection to group consent, one that also can be extended to other forms of community review, notes how features of a study population's geographical distribution can undermine the effectiveness of involving communities in the review process. It has been argued that the dispersion of individual members and the lack of frequent social interactions between members of a study population combine to limit the effectiveness of community review.⁷³

Using these reasons, the opponents of group protection in HPGR have suggested that there is no group collective interest that needs to be protected from the risks of harm in HPGR, nor could group consent be reasonably obtained and any purported group consent would lack moral and legal validity.

3.2.2 Perspective on Groups as Right-holders

On the other hand, with respect to target groups of HPGR, there are several scholars who consider that a group should be seen as a right-holder in HPGR.

First, in HPGR, the effect on individual's purely private interests, which are the most significant potential risks of harm in other types of genetic research, could be protected by anonymising samples. However, the wider risks of harm that may arise from HPGR, such as stigmatisation of groups, as has been discussed, can only threaten individual participants' welfare through their group identities.⁷⁴ Thus, the advocates of group protection support their argument from the necessity of respect for group identity. For example, Gostin argues that:

The importance of group identity, and of treating social communities with dignity and respect, is increasingly well recognized. Human beings gain security, happiness, and enjoyment by forming networks based upon their special national or sub-national characteristics. Respect and beneficence for populations requires researchers to observe choices made by local communities, and to avoid any activity which stigmatizes, demeans, harms, or disintegrates human populations, intentionally or inadvertently.⁷⁵

In addition, as has been discussed in Chapter 2, members of target groups of HPGR tend to identify themselves through and with certain groups to which they

⁷³ Ibid., at 47-48.

⁷⁴ Foster, M. W., Eisenbraun, A. J., & Carter, T. H. 1997, "Communal discourse as a supplement to informed consent for genetic research", *Nature Genetics*, vol. 17, pp. 277-279.

⁷⁵ See supra note 60, at 192.

belong, and not as isolated existential individuals. Therefore, members of target groups in HPGR are more likely to largely accept their group's values and priorities as their own, and accordingly they tend to be protective of their group's interests as reflective of their own interests. This tendency seems to support the practice of interests of group as a whole should be considered in HPGR by both researchers and ethical review committees.

Secondly, it has been morally and legally accepted that certain human groups can practice collective decision-making. Even those who envision human groups as simply free associations of atomistic contractors have to recognize the moral authority of many kinds of groups to make collective decisions about the best interests of their members.⁷⁶ For example, Sanders points out that:

Group organizations have a particular legitimacy or standing to assert rights on behalf of their members, which gives them certain advantages over individuals seeking redress for rights violations. They are the best bodies to seek affirmative action programs, initiate test-case litigation, handle educational programs, engage with the media, lobby governments, and choose spokespeople for the group.⁷⁷

In fact, as the proponents of group protection further argue, the concept of autonomy, or self-governance, which is widely accepted and adopted by international human rights declarations, such as The United Nations International Covenant on Civil and Political Rights,⁷⁸ in defence of individual freedom, has its roots in efforts to protect the ability of particular human groups to govern themselves.⁷⁹ For example, Michael McDonald supports the community as an independent entity of value in this way:

What the liberal takes as basic and unquestionable is the idea that the individual is the measure of everything; hence, the liberal believes

⁷⁶ Sanders, D. 1991, "Collective Rights", *Human Rights Quarterly*, vol. 13, no. 3, pp. 368-386.

⁷⁷ Ibid., at 369.

⁷⁸ The United Nation International Covenant on Civil and Political Rights (ICCPR) is a multilateral treaty adopted by the United Nations General Assembly on December 16, 1966, and in force from March 23, 1976. It commits its parties to respect the civil and political rights of individuals, including the right to life, freedom of religion, freedom of speech, freedom of assembly, electoral rights and rights to due process and a fair trial. As of October 2009, the Covenant had 72 signatories and 166 parties. The full text of ICCPR can be seen on the official website of the UN, available on http://www.hrweb.org/legal/cpr.html, last visited on 2010-10-27.

⁷⁹ Buchanan, A. E. 1991, "Right to Self-Determination: Analytical and Moral Foundations", Arizona Journal of International and Comparative Law, vol. 8, no. 2, pp. 41-50, at 50.

that correct normative principles treat the individual as the fundamental unit of value....Individuals are regarded as valuable because they are choosers and have interests. But so also do communities make choices and have values. Why not then treat communities as fundamental units of value...?⁸⁰

Many scholars would agree that if we do not let groups be the entity to make decisions on issues related to group identity, it would undermine both the integrity and the autonomy of those groups that enjoy the moral standing to make such decisions.⁸¹ For example, Underkuffler points out that on both a theoretical and a practical level, the assumed anti-group bias in the Western tradition is fraught with weaknesses. She illustrated that all of the negative assertions about group collective interests and rights in Western ethics are based on the proposition that 'all moral value is rooted in the well-being of individual human beings.'⁸² Thus, she argues that if one accepts the moral value of distinctly collective interests, the group collective interests would have their own moral value as well. On this view, it is normal to entitle a group to be an independent right holder to 'protect distinctly collective interests, such as larger societal recognition and respect for the group's decision-making mechanisms, rights, and powers.'⁸³ She further argues that:

From the point of view of what rights do, there is no structural reason why legal rights - which guarantee particular states of affairs in law cannot be afforded to groups as well as to individuals. Indeed, the idea that Western jurisprudence shuns group rights is, itself, an obvious conceptual fallacy. In international law, governments - which recognize and enforce individual rights - are themselves groups with recognized legal status. In addition, groups of all kinds are recognized in a myriad of circumstances. Binding international agreements and non-binding international declarations recognize group rights in the contexts of cultural property, education, religion, and genocide. National, ethnic, religious, and linguistic minorities, as well as indigenous peoples, are afforded group rights.⁸⁴

⁸⁰ McDonald, M. 1991, "Should Communities Have Rights--Reflections on Liberal Individualism", Canadian Journal of Law and Jurisprudence, vol. 4, pp. 217-237, at 237.

⁸¹ Dinstein, Y. 1976, "Collective Human Rights of Peoples and Minorities", *International and Comparative Law Quarterly*, vol. 25, no. 1, pp. 102-120.

⁸² Underkuffler, L. S. 2007, "Human Genetics Studies: The Case for Group Rights", *Journal of Law, Medicine and Ethics*, vol. 35, pp. 383-395, at 384.

⁸³ Ibid.

⁸⁴ See supra note 82, at 384-385.

Using this argument, the justification for group collective rights in international law seems strong.

3.2.3 Justifications for Protection of Groups in HPGR

In the first place, in respect of Juengst's first problem, which is that target groups of HPGR refer either to human demes or social identified groups, it is clear that the target groups will already have been identified by the researchers in the context of HPGR. As has already been said, they are almost always ethnic minorities or isolated groups in rural areas of developing countries, whose members share the same community or group collective human genetic information. Even if the result of a particular research project is that the target group is not in fact a group given their genetic makeup, this in itself could also lead to cultural harms to the target group, as was discussed in Chapter 2. Hence, nesting problems cannot be an argument against offering protection to groups in HPGR.

Indeed, a great many arguments and supporting evidence can be found to provide a justification for group collective rights in international law and human rights law. For example, Article 1 of The United Nation International Covenant on Civil and Political Rights⁸⁵ stated that:

All peoples have the right of self-determination. By virtue of that right they freely determine their political status and freely pursue their economic, social and cultural development.⁸⁶

No matter how 'peoples' are defined, they must be collectives consisting of more than one individual. There are also examples, such as the U.N.'s nationbuilding efforts in East Timor and other countries' recognition of East Timor as a sovereign nation, which can illustrate that the U.N. and other countries regard self-determination as a right belonging to an abstract 'East Timorese people,' which is a group as a whole.⁸⁷ In this case, self-determination is regarded as a

⁸⁵ See supra note 78.

⁸⁶ Ibid., Article 1.

⁸⁷ Fan, H. 2007, "The Missing Link between Self-Determination and Democracy: The Case of East Timor", Northwestern University Journal of International Human Rights, vol. 6, no. 1, pp. 176-195.

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collective right independent of the rights of any individuals who make up this group, so the right of self-determination was implemented in good faith for the benefit of this abstract group. Since the right belonged to an abstract group above and beyond any of its individual members, the implementation of the selfdetermination right was not a matter that was determined by reference to any of the individuals, but rather to the abstract group. Thus, although not each individual of East Timor voted to be part of a sovereign nation, according to the collective ideas of the group, East Timor became a sovereign nation.

Additionally, in the context of medical law, there are also arguments concerning collective human rights to public health which have been used to advance health rights in a globalized world. For example, Meier pointed out that although The United Nations International Covenant on Economic, Social and Cultural Rights (ICESCR)⁸⁸ endorsed the right to health and declared the obligation of states to provide the 'highest attainable standard' of health for all,⁸⁹ this highest attainable standard is for each individual, while the 'right to health has been ineffective in compelling states to address burgeoning inequalities in underlying determinants of health, focusing on individual medical treatments at the expense of public health systems.'⁹⁰ Distinct from individual human rights that need to be enforced by personal action, collective rights operate at a societal level, considering the well-being of the whole public, which can only be enjoyed by the whole society of people and cannot be fulfilled solely through individual rights mechanisms.⁹¹ According to Meier, collective health rights could be a new type of independent human right, which would mean that the abstract society or state, not each individual, would be the right holder.

⁸⁸ The United Nations International Covenant on Economic, Social and Cultural Rights (ICESCR) is a multilateral treaty adopted by the United Nations General Assembly on December 16, 1966, and in force from January 3, 1976. It commits its parties to work toward the granting of economic, social, and cultural rights (ESCR) to individuals, including labour rights and rights to health, education, and an adequate standard of living. The full text of ICESCR can be seen on the official website of the UN, available on http://www2.ohchr.org/english/law/cescr.htm, last visited on 2010-10-27.

⁸⁹ Ibid., Article 12 (1) The States Parties to the present Covenant recognize the right of everyone to the enjoyment of the highest attainable standard of physical and mental health.

⁹⁰ Meier, B. M. 2007, "Advancing Health Rights in a Globalized World: Responding to Globalization through a Collective Human Right to Public Health", Journal of Law, Medicine and Ethics, vol. 35, no. 4, pp. 545-555, at 545.

⁹¹ Ibid., at 551.

Thirdly, proponents of group protection also argue that there are real interests at stake for human groups in HPGR. This issue has already been addressed, but it worth reconsidering here. Edlin has explained that some genetic is epidemiological research may lead to risks of harm to participants and their group members. Such research, aimed at identifying genes associated with disease, for example, may find that a certain group carries a relatively greater genetic propensity for alcoholism. This may be interpreted as universally predictive for the group, which could lead to further harms, such as discrimination, stigmatization and even self-stigmatization.⁹² What is more, Sawyer and Hartl have argued that most HPGR, such as the comparative genealogical efforts of the molecular anthropologists, would pose significant risks to groups. According to them, the genetic differences that most contemporary molecular anthropologists use to assess the relatedness of human groups consist of medically irrelevant molecular variations in the non-coding regions of the DNA, which are then compared to the DNA for functional genes. Single mutations are quick to accumulate and can be used quite precisely to establish ancestries.⁹³ Identifying these genomic hallmarks of particular groups would produce more sensitive gene-based tools for identifying members of target groups, which may raise the risks of the harm of racism or discrimination. Moreover, Tsosie also illustrated this point by the example of the Havasupai Tribe, referred to earlier:

...in a case brought by the Havasupai Tribe and its members over the use of blood samples, handprints, and genealogy information initially taken by researchers at Arizona State University for a diabetes project. These materials were then allegedly used by researchers at ASU and other institutions for a multitude of unauthorized purposes, including research into the frequency of mental health disorders and the origin of human populations. Consequently, the affected members sued for damages under several legal theories. However, underlying all of these claims was the allegation that this unauthorized use of genetic resources and data not only injured the individuals who gave samples,

⁹² Edlin, G. 1987 "Inappropriate Use of Genetic Terminology in Medical Research: A Public Health Issue", *Perspectives in Biology and Medicine*, vol. 31, pp. 47-56.

⁹³ Sawyer, S. A. & Hartl, D. L. 1992 "Population Genetics of Polymorphism and Divergence", Genetics, vol. 132, pp. 1161-76.

but also caused a collective harm to the Havasupai Tribe and the cultural and spiritual beliefs of its members.⁹⁴

She further pointed out that most of the concerns about biotechnology raised by indigenous peoples should be regarded as 'cultural claims' that rest on a concept of 'cultural rights.' Although the standard model used to evaluate cultural claims suggests that 'such rights ought to be adjudicated within pluralistic societies according to a secular model of rights that respects individual claims to autonomy, equality, and liberty,' in certain situations, 'special' rights for particular groups to ensure their equal treatment in society can also be accepted.⁹⁵ According to her, HPGR is one of those special situations that deserve the recognition of group rights.

Nevertheless, there remain significant problems in suggesting that target groups of HPGR should be deemed to be rights holders in a legal sense. In fact, it would be difficult to regard a target group as a rights holder, even if they could be identified for a specific HPGR project. As Hartney noted that

... not all goods (or interest) generate rights ... Goods (or interests) may generate duties (e.g., of protection) but these duties do not correlate with rights, unless there is some specific moral reason for protecting these good. There is an importance deference here between legal and moral rights. In order to determine whether a certain legal rights exists, one determines first whether the law has imposed a legal duty on someone, and then whether that duty can be interpreted as owed to somebody; since the law can create duties for all sorts of reasons, including relatively unimportant, and the importance of this thing or of the reason for the legal duty do not tell us whether there is a right to it. On the other hand, a moral right implies a good (or interest) sufficiently important that it warrants protection by duties on others. Thus, there are no unimportant moral duties, and an estimate of the importance of the good or interest in question is central to the determination of the existence of a moral right. We have all sorts of legal rights which do not correlate with any moral right.⁹⁶

⁹⁴ Tsosie, R. 2007, "Cultural Challenges to Biotechnology: Native American Genetic Resources and the Concept of Cultural Harm", *Journal of Law, Medicine and Ethics*, vol. 35, no. 3, pp. 396-411, at 396.

⁹⁵ Ibid., at 401- 402.

⁹⁶ Hartney, M. 1991, "Some Confusions Concerning Collective Rights", *Canadian Journal of Law and Jurisprudence*, vol. 4, pp. 293-314, at 304.

This statement indicated that there is a difference between recognising a group as a legal entity, such as East Timorese mentioned above, and recognising that a group have interests that can be harmed. In the context of HPGR, undoubtedly a target group may have interests, as they may be harmed, but it does not indicate that target groups should be the right holders. In HPGR, it is difficult to argue how a target group could hold rights or enforce them in the context of HPGR. Therefore, it can only be suggested that the interests of target groups should be taken into account and need protection in HPGR.

Furthermore, the idea, that a group could be the holder of a legally enforceable right to decide whether HPGR can proceed, would not least face the dilemma of creating conflicts between individuals and groups, whether it were to give the group a right of veto to research proceeding, or to allow group consent to override individual refusal of consent. Doing so would challenge the baseline of respect for fundamental individual rights. Despite this, it is reasonable to argue that issues relevant to collective interests should and could be considered in HPGR, even though a group or community approval of HPGR could not be a substitute for the decisions made by individual members. Accordingly it needs to be emphasized that group consent is not the only way to recognise the concept of group/community interests in HPGR. As will be proposed in more detail later, the recognition of the possibility of group harms might be achieved in a number of alternative ways. These would include group involvement in the design and review of research before individuals are asked to participate, taking group collective views into account by IRBs/RECs, asking representatives of target groups to be involved in the ethical review process and subsequent monitoring of the research and providing them with appropriate training and support to enable them to do so effectively.

3.3 Protection of Groups in HPGR

3.3.1 Protection of Groups

At present, most guidelines for the protection of groups/communities in research have been drafted for research involving specific indigenous peoples, such as American Indians, Alaska Natives, Inuit Peoples, Australian Aborigines,

and Maori People. There are three main considerations of these guidelines. First, indigenous peoples are often geographically isolated and have their own unique histories, cultures, beliefs and traditions. The members of these indigenous people often distinguish themselves as a unique and independent group from the dominant ones. Second, it has been accepted as a common political aspiration by several international political declarations that indigenous peoples have their own rights to self-determination and autonomy. There are increasingly arguments that the responsibility for governance should belonged to the groups/communities themselves. For example, Article 3 of the United Nations Declaration on the Rights of Indigenous Peoples⁹⁷ confers on indigenous peoples the right of self-determination and states that 'by virtue of that right they freely determine their political status and freely pursue their economic, social and cultural development'.⁹⁸ Article 4 of the Declaration also provides that 'in exercising their right to self-determination, indigenous peoples have the right to autonomy or self-government in matters relating to their internal and local affairs'.⁹⁹ Third, indigenous peoples are increasingly concerned that research may adversely affect them and their values.

Therefore, there are several guidelines that have been drafted for the protections of indigenous peoples in research. For example, in Australia, the National Health and Medical Research Council drafted the Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Research¹⁰⁰ in 1991; and the Aboriginal Health Research Ethics Committee of South Australia drafted the Ethical Considerations for Health Related Research Involving Aboriginal People¹⁰¹

⁹⁷ The United Nations Declaration on the Rights of Indigenous Peoples was adopted by the United Nations General Assembly during its 62nd session at UN Headquarters in New York City on 13 September 2007. It is worth noting that this declaration is not a legally binding instrument under international law. The full text of this declaration can be seen on the official website of UN, available on <u>http://www.un.org/esa/socdev/unpfii/en/declaration.html</u>, last visited 2010-12-14.

⁹⁸ Ibid., Article 3.

⁹⁹ Ibid., Article 4.

¹⁰⁰ Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Health Research, 1991, the full text of the guideline can be seen on the official website of National Health and Medical Research Council, available on <u>http://www.nhmrc.gov.au/_files_nhmrc/file/publications/synopses/withdrawn/e11.pdf</u>, last visited 2010-12-14.

¹⁰¹ Ethical Considerations for Health Related Research Involving Aboriginal People, 1998, the full text of the guideline can be seen on the official website of Aboriginal Health Research Ethics Committee of South Australia, available on

in 1998. In the US, the American Indian Law Centre published a Model Tribal Research Code¹⁰² in 1999.

In addition, there are also some guidelines to protect communities beyond indigenous peoples, including the CIOMS Guidelines for Epidemiological Research,¹⁰³ and Canada's Tri-Council Working Group on Ethics document, Code of Conduct for Research Involving Humans,¹⁰⁴ which articulate guidelines to protect a variety of collective interests of groups.

According to the reviews of the Australian National Health and Medical Research Council¹⁰⁵ and the American Indian Law Centre,¹⁰⁶ the requirements for the protection of a group/community can be organized into five themes. If they are to provide adequate protection to a target group/community in HPGR, however, there are several shortcomings in each theme, which need to be addressed.

(1) Consultation in protocol development: almost all of the guidelines require that researchers respect the culture of the community, suggesting widespread agreement about the need for consultation early in the research development process.¹⁰⁷ For example, Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Health Research noted that

1. In the preparation of the research proposal, the researcher has sought advice not only from State, Territory and Federal Aboriginal and Torres Strait Islander Health agencies, but also from local community-controlled Aboriginal and Torres Strait Islander health service and agencies.

http://www.research.murdoch.edu.au/ethics/hrec/Policies/WAAHIEC%20guidelines.pdf, last visited 2010-12-14.

¹⁰² American India Law Centre, *Model Tribal Research Code*, available on <u>http://www.ihs.gov/Research/pdf/mdl-code.pdf</u>, last visited on 2010-04-09.

¹⁰³ International Ethical Guidelines for Epidemiological Studies 1991, it can be seen on the official website of CIOMS, available on <u>http://www.cioms.ch/publications/guidelines/1991_texts_of_guidelines.htm</u>, last visited 2010-12-14.

¹⁰⁴ Code of Conduct for Research Involving Humans, can be seen on the website of Tri-Council Working Group, available on http://www.ethics.ubc.ca/code/july97/, last visited on 2010-12-14.

¹⁰⁵ See supra note 100.

¹⁰⁶ See supra note 102

¹⁰⁷ Weijer, C. & Anderson, J. A. 2002, "A Critical Appraisal of Protections for Aboriginal Communities in Biomedical Research", *Jurimetrics*, vol. 42, pp. 187-198, at 195-196.

2. The Aboriginal and Torres Strait Islander community, or appropriate community controlled agency able to represent the Aboriginal and Torres Strait Islander group which is the focus or context of research, has indicated that the research being proposed will be potentially useful to the community in particular or Aboriginal and Torres Strait Islanders in general, and will be conducted in a way that is sensitive to the cultural and political situation of that community.¹⁰⁸

However, none of these guidelines provides guidance on how to cope with circumstances when it may be unclear who represents a particular group/community. In addition, none addresses the problem of oppressed individuals within a group/community.

(2) Consent process and informed consent: most of the research guidelines require that informed consent be obtained from individual research subjects and from community leaders on behalf of the community. For instance, Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Health Research, which regulations on informed consent has also been applied by Ethical Considerations for Health Related Research Involving Aboriginal People noted that

3. The researcher has obtained written documentation of consent from the communities in which it is proposed to conduct research and where this has not been possible, the reasons should be documented.

In such circumstances, informed consent should be shown to have involved: (a) provision of information in a form accessible to community members and able to be readily understood by them. This information should have included details of the collection and analysis of data, and the drafting and publication of reports. It should also list any potential costs to the community as well as potential benefits; (b) face-to-face discussions with community groups and individuals concerned wherever possible and where this has not been possible, the reasons should be documented; (c) the allowance of sufficient time for the community and the individuals concerned to assimilate and respond to the information offered; (d) demonstration of a process for obtaining free consent from individuals as well as written evidence of consent by the community-at-large; (e) provision of information to participants that consent may be withdrawn at any time.¹⁰⁹

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¹⁰⁸ See supra note 100, Article 1 and 2.

¹⁰⁹ See supra note 100, Article 3.

However, there is no guideline considering the situation that the target group has the cultural tradition of collective decision-making, thus no guideline provides for a specific, clear mechanism for obtaining community permission if needed. Besides, these guidelines do not address the issue of consent to changes in research design. If consent is required for the research to proceed, then it would seem logical that major changes in the agreed-upon protocol should also be agreed to by the community.¹¹⁰ The same problem occurs in respect of withdrawal of consent.

(3) Involvement in the conduct of research: some research guidelines suggest that community members be trained to help conduct the research, and some think that they should be employees of the research and receive fair compensation for their work.¹¹¹ For example, Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Health Research stated in relation to community involvement that

4. Members of the Aboriginal and Torres Strait Islander community being studied will be offered the opportunity to assist in the research and will be paid for the assistance, and the funds to support that assistance are included in the research budget proposal. Specifically, Aboriginal and Torres Strait Islander women, as advised by the community, will be involved when research deals with women's and children's issues; and the specific cultural and social needs of Aboriginal and Torres Strait Islander men would be similarly recognised.¹¹²

However, it is rare to see the requirement that group/community representatives be involved in the conduct and ethical review of research.

(4) Access to data and samples: because of the historical exploitation and abuse suffered by aboriginal communities in Australia and the US, the need for group/community consent for future use of data is urgent.¹¹³ However, current guidelines only provide regulations on the secondary use of personal identifiable

¹¹⁰Weijer, C., Goldsan, G., & Emanuel, E. J. 1999, "Protecting Communities in Research: Current Guidelines and Limits of Extrapolation", *Nature Genetics*, vol. 23, pp. 275-280, at 278.

¹¹¹ See supra note 107, at 196.

¹¹² See supra note 100, Article 4.

¹¹³ Ibid.

and sensitive information. For example, Code of Conduct for Research Involving Humans, provided by Tri-Council Working Group in Canada, noted that

Article 3.4 If identifying information is involved, REB approval must be sought for secondary uses of data. REB approval is not required for access to non-identifying data.

Article 3.5 Depending on the sensitivity of the information and on feasibility, the REB may also require that a researcher's access to secondary use of data be dependent on: (a) the informed consent of those who contributed data; or (b) an appropriate strategy for informing the participants; or (c) consultation with a representative group of those who contributed data.¹¹⁴

There are seldom statements on the related requirement of storage of research samples and data. Such requirements would refer to the need for researchers and communities to discuss where data or samples will be stored, whether or not any will be destroyed, and who ultimately controls them after the completion of the research.¹¹⁵ Guidelines are almost all silent on this issue.

(5) Dissemination and publication of research results: most of the guidelines require that a draft report be circulated for comment before publication, that the participation of the community be acknowledged, and that the consent of the community be sought concerning whether the community is identified in the final report.¹¹⁶ For example, Canada's Tri-Council Working Group on Ethics document noted that

... participants have the right to know whether they will be identified directly or indirectly in publications resulting from the research. It is important that prospective participants know whether or not they will be given an opportunity to comment on research findings prior to publication. (Affording participants an opportunity to review and comment on research results is one way of building a stronger trust relationship between researchers and participants.) In some cases (e.g., when there has been a history of alleged misrepresentation), individuals or groups may be unwilling to participate unless they are guaranteed the right to review research results and even have their comments incorporated in resulting publications. Reviewing research results with participants may also improve the quality of research

¹¹⁴ See supra note 104.

¹¹⁵ See supra note 110, at 278.

¹¹⁶ Ibid., note 107, at 197.

(e.g., in terms of correcting mistaken impressions on the part of researchers or by including a more comprehensive perspective) and also help protect the researcher (e.g., against claims of libel).¹¹⁷

These requirements point toward 'a tension between the acknowledgement requirement and protecting the identity of the community in research where confidentiality is a particular concern.'¹¹⁸

While there are therefore, shortcomings in the coverage of individual guidelines, their existence nevertheless illustrates the possibility of taking into account collective risks posed by HPGR. The need for the involvement of target groups or their representatives in identifying issues of concern to them and reducing vulnerability are also highlighted. The question of vulnerability, however, deserves some further consideration.

3.3.2 Protection of Vulnerable Groups

If we accept that target groups of HPGR are vulnerable, as I have argued above,¹¹⁹ several influential national legislation and international declarations advocate special protection for vulnerable groups in biomedical research, such as the Helsinki Declaration, CIOMS Guidelines and Universal Declaration on Bioethics and Human Rights; however, there has not been a specific approach focused on HPGR and group issues. In the US, federal regulations stipulate that institutional review boards (IRBs) are charged with the task of protecting human research subjects from coercion and unreasonable risk, and assessing a variety of scientific and ethical factors in research.¹²⁰ IRBs also must pay attention to the emerging interest in the inclusion of vulnerable minority populations in research, including the trend of biomedical research that focuses exclusively on minority populations. The confluence of this new emphasis on the role of vulnerable ethnic minorities or isolated groups and some increased willingness on the part of these populations to participate in order to obtain healthcare or economic benefits, raises some difficult scientific and ethical questions for IRBs. The

¹¹⁷ See supra note 104.

¹¹⁸ See supra note 107, at 195.

¹¹⁹ The discussion can be seen in 3.1, at 109

¹²⁰ See 45 C.F.R. § 46.101(a).

research community should proceed with caution, focusing primarily on human subject protections and special protection for vulnerable groups, but IRBs also should evaluate questions of protocol design and scientific validity as they affect the inclusion of target groups.

In order to do so it can be proposed that specific regulations to ensure that the interests of vulnerable groups in HPGR are properly considered are essential. Hurst has argued that the 'concept of vulnerability ...serves to identify groups of individuals that do, in fact, need and merit this special care in the application of criteria for ethical research.'¹²¹ He also argued that the actions required for special protection would need to be tailored to the sort of risks to be avoided and to the source of the specific vulnerability as follows:

(1) Breach of confidentiality: as researchers or healthcare providers may be at greater risk, IRBs should share in the duty of protection, and could require specific anonymisation of data to limit colleagues' access to their personal information. (2) Unfavourable risk/benefit ratio: vulnerable populations are, for example, terminally ill patients, so IRBs share in the duty of protection; their risk/benefit ratio should be specifically examined by researchers and IRBs rather than assumed to be the same as for other potential subjects. (3) Being enrolled without valid consent: consent is sought at that time only for those parts of the protocol that are truly urgent; the remaining problems with consent at that time can be compensated by including a requirement that an independent clinician confirm that enrolment is not contrary to the potential subject's interest. (4) Being denied the benefit of research: participants in developing countries who lack access to healthcare are excluded from an important part of the social benefits of research; although IRBs are not alone in bearing some responsibility for this, it is among the points they should examine in general, and thus also for the purposes of protecting the vulnerable; minimization: reasonable availability aims to minimize this problem; compensation: fair benefits aim to compensate it [the benefit of research].¹²²

This approach concentrates on the responsibility of IRBs which have a moral and legal function to protect vulnerable populations. However, the actual situation of HPGR conducted in developing countries is that there are rarely legislation or ethical guidelines which require the existence of IRBs or ethical committee to

¹²¹ Hurst, S. A. 2008, "Vulnerability in Research and Health Care: Describing the Elephant in the Room", *Bioethics*, vol. 22, no. 4, pp. 191-202, at 197.

¹²² Ibid, at 198.

conduct ethical review on research involve human beings. Therefore, it is proposed that developing countries that do not have IRBs or RECs should set them up, governed by appropriate regulations concerning review. Furthermore, members of target groups in HPGR, with proper training on ethical review, should be part of IRBs or RECs in order to provide a level of consideration and protection of group interests. As a result, in order to provide adequate and appropriate protections to vulnerable target groups of HPGR the existing guidance on research involving human beings needs to be reconsidered.

3.3.3 Attempts to Protect Groups in HPGR

There have been several attempts to revise the guidelines to protect groups in genetic research. For example, there has been the suggestion that a fourth principle of 'respect for communities' should be added to 'respect for persons,' 'beneficence' and 'justice' - the three basic ethical principles which were referred to in the Belmont Report.¹²³ In addition, Sharp and Foster have developed an account of 'community review' that includes groups' interests in the research process. Both of these approaches have pointed out some of the unique issues of research with groups or communities and the need to devise strategies to bring communities into the process and provide insight into the risks that the proposed research might pose to communities/groups. The following section will analyse these proposals.

(1) A fourth ethical principle: 'respect for communities'

Since existing ethical frameworks, such as that established by the Belmont Report, ignore the interests of community in research, some scholars have argued that the basic principles need to be reconsidered. For example, Childress has argued that a new meaning of 'person' in the principle of 'respect for persons' is necessary. He noted that:

Any serviceable account of biomedical ethics in a liberal society requires a central place for the principle of respect for autonomy. However, its demands are often unclear because of the complexity of

¹²³ Weijer, C. 1999, "Protecting Communities in Research: Philosophical and Pragmatic Challenges", *Cambridge Quarterly of Healthcare Ethics*, vol. 8, pp. 501-513.

personal actions and values, and because it is not the only source of moral guidance. In fact, the richest resolutions of debates in bioethics presuppose attention to the claims of other ethical principles as well as a fuller interpretation of selves in time and community.¹²⁴

What is more, according to Weijer, the communitarian argument 'has been successful in establishing two claims: first, that self-determination is impossible unless we presuppose an individual located within a community (otherwise choice can never 'get off the ground'); second, that the interests of the individual may include the continuation of certain communal practices.¹²⁵ He argued that according to these two claims and Childress's assertion, it can be concluded that the existing framework of ethical principles needs to be enriched. He then analysed several attempts which were intended to accomplish this. For example, Levine called for a principle of 'respect for culture,' which focused on 'Perhaps instead we should recognize the validity of certain forms of cultural relativism and have each culture decide how it should show respect for its own persons.¹²⁶ McCarthy suggested that attention should be paid to respect for the family and the community of the research subjects, noting that contemporary Western principles stress individual liberty and place less emphasis on the rights and dignity of the community, while many third world countries have much to teach developed nations about community values.¹²⁷

Weijer then argued for the creation of a new ethical principle: respect for communities. He suggested that there are at least three arguments that support the development of this 'fourth principle':

...First, even if the continuation of some communal practices is in the interest of the individual, community interests are separable from individual interests. Indeed, individual and community interests may even conflict.... Second, an ethical principle does not merely serve the purpose of capturing existing moral debate; in other words, principles

¹²⁴ Childress, J. F. & Fletcher, J. C. 1994, "Respect for Autonomy", *Hastings Centre Report*, vol. 24, no. 3, pp. 33-34, at 34.

¹²⁵ See supra note 123, at 505.

¹²⁶ Levine, R. J. 1982, "Validity of Consent Procedures in Technologically Developing Countries," in Human Experimentation and Medical Ethics: Proceedings of the XV CIOMS Round Table Conference, Bankowski Z & N. Howard-Jones, eds., Geneva: Council for International Organizations of Medical Sciences, pp. 16-30.

¹²⁷ McCathy, C. 1993, "A North American Perspective," in *Ethics and Research on Human Subjects: International Guidelines*, Bankowski Z & R. J. Levine, eds., Geneva: Council for International Organizations of Medical Sciences, pp. 208-211.

are not merely descriptive. Ethical principles also serve to acknowledge the moral status of players.... A new ethical principle, respect for communities, would similarly accord moral status to the community and require that the wishes and interests of the community be taken seriously.... Third, the principle of respect for communities can be justified as other ethical principles have been. The sorts of justification required to establish a new principle depend on just what one thinks ethical principles are.... Concerns about the community in research, and ultimately moral rules regarding the proper treatment of the community, may be loosely collected under the placeholder "Be sure and think about the community"—the principle of respect for communities.¹²⁸

According to him, the principle of respect for communities would 'obligate researchers to respect the values and interests of the community in the research and, wherever possible, to protect the community from harms.'¹²⁹

After making his case for the need for this new principle, Weijer went on to discuss how it would be implemented. He found that 'clear guidelines exist for research involving first nations communities, and the guidelines must be respected and ought to be enforced',¹³⁰ through careful observation of existing research guidelines for researchers working in communities, both at the international and the domestic level. The guidelines include the Council for International Organizations of Medical Sciences (CIOMS)'s two sets of guidelines: International Ethical Guidelines for Biomedical Research Involving Human Subjects, and International Guidelines for Ethical Review of Epidemiological Studies; the US Department of Health and Human Services regulations pertaining to standards for international research; as well as other guidelines for research in first nations communities, such as the National Health and Medical Research Council Guidelines on Ethical Matters in Aboriginal and Torres Strait Islander Research in Australia, the American Indian Law Centre published Model Tribal Research Code in the US and Canada's Tri-Council Working Group on Ethics document, Code of Conduct for Research Involving Humans, However, he also

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¹²⁸ See supra note 125, at 505-506.

¹²⁹ Weijer, C. & Anderson, J. A. 2002, "A Critical Appraisal of Protections for Aborginal Communities in Biomedical Research", *Jurimetrics*, vol. 42, pp. 187-198, at 192.

¹³⁰ See supra note 125, at 510.

concluded that 'difficult challenges lay in the way of developing guidelines for research on other sorts of communities.'¹³¹

One advantage of Weijer's proposed fourth principle of respect for communities is that it clarifies the reasons why communities and groups require separate consideration: since the interests and potential risks for communities are separate from those potentially posed for each individual within the community. Thus, in his revision of individualistic research ethics, he highlighted the significance of community interests. This proposal goes further than simply the provision of some special measures to protect a community in through the process of informed consent. Thus, this revision is targeted at challenging the individualism of current research ethics through emphasis the interests of community, not just at making some supplementary adjustments to current requirements for individual informed consent, though his premise on personhood is still stuck at the isolated individual without consideration of her/his other social relationship and context.

There are, however, some disadvantages. Firstly, he was not able to identify a clear pattern of the use of the word 'community'. Having investigated existing research guidelines he found that there were different ways to use the word 'community'. Moreover, these research guidelines only extended to 'aboriginal communities', such as American Indians, Alaska Natives, Inuit Peoples and other indigenous peoples, but did not comment on how to protect other kinds of communities.

Secondly, he failed to establish the relationship between the fourth principle and the other three principles. Thus, if there is conflict between individual and communal choices, for example between the principle of respect for persons and respect for communities, he offers no practical approach to resolve it.

Thirdly, he failed to provide a practical strategy for implementation of the fourth principle in research. Merely, he says:

¹³¹ Ibid.

The protections are arranged chronologically, beginning with the issues pertaining to consultation with the community on research design and ending with issues arising from the dissemination and publication of research findings. The order is as follows: consultation in protocol development, consent process and informed consent, involvement in research conduct, access to data and samples, and dissemination and publication of research results.¹³²

Therefore, having analysed the gaps in research guidelines in respect of the protection of communities, he concluded that the existing protections are incomplete, but failed to provide an effective alternative recommendation.

(2) Community review

Another attempt to revise current ethical framework to protect a community/group in HPGR was put forward by Sharp and Foster. They suggested that the target group/community of HPGR is similar to other vulnerable populations, such as children, pregnant women, and prisoners, which have already been singled out for special protection. Their approach stresses the need for members of study populations to be directly involved in the review process, particularly when the research aims to identify genetic variations that may be unique to, or more prevalent among, members of those populations. This requirement they encapsulated in the principle of 'community review.'¹³³

Sharp and Foster proposed that the term 'community review' was 'a general category describing various approaches to involving populations in the evaluation of genetic research.'¹³⁴ They argued that the goals of community review are: reviewing research protocols considering the cultural sensitivities of specific target group; identifying and minimizing the risks of harm that may be caused by research to all the involved parties, including individual participants, participating communities, and others community members; promoting collaborations and longer partnerships between researchers and target groups, through communicating interests and concerns with each other; establishing

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¹³² Weijer, C., Goldsan, G., & Emanuel, E. J. 1999, "Protecting Communities in Research: Current Guidelines and Limits of Extrapolation", *Nature Genetics*, vol. 23, pp. 275-280, at 277.

¹³³ Sharp, R. R. & Foster, M. W. 2000, "Involving Study Populations in the Review of Genetic Research", *Journal of Law, Medicine & Ethics*, vol. 28, pp. 41-51, at 41.

¹³⁴ Ibid., at 42

trust between researchers and target groups through researchers' respect for the social and cultural structure in place within those communities; helping provide additional protection for individual participants by assisting them in assessing the risks and benefits of the research.¹³⁵

Community review takes four forms; each one attempts to achieve the different goals described above. Sharp and Foster described them as follows:

Community dialogue: this form of review includes both formal and informal discussion of a proposed study and its potential implications for a socially identifiable group. These discussions may be initiated by researchers or arise independently within a community after contact with researchers. Community dialogue is meant to identify collective concerns and consider ways of minimizing research-related risks, but does not provide a comprehensive review of the research in question and often will not engage a representative sample of community members.

Community consultation: in contrast to community dialogue, this type of review is more structured. Community consultation documents and records the concerns of a socially identifiable group by consulting a representative subset of its individual members and organizations. Other reviewers can then incorporate these perspectives in their assessments of the research. How these perspectives are documented will vary, ranging from structured community forums to the creation of an independent community review panel. These forums and review panels may choose to endorse or oppose the research in an explicit way, but with community consultation, these evaluations are not binding on researchers.

Formal community approval (disapproval): an even more structured type of community review is the negotiation of a formal contractual agreement between researchers and a study population. This arrangement can be thought of as roughly analogous to obtaining informed consent from individual research participant. In this form of review, members of a study population (or recognized political representatives) are asked to give their collective permission for a research study. That collective decision, however, is not binding on individual community members, who still may choose to participate in the research (or not to participate).

Community partnership: the most structured way to involve members of a study population in the review process is to make them partners in the research. As partners, members of the study population are involved early in the design of the research project and 'review' the

¹³⁵ Ibid.

study by helping to define its goals and methodology, and implement its experimental design.¹³⁶

It is argued that these different forms of community review could be used at various stages of a HPGR, as there are subtle differences in emphasis between them. For example, community consultation could be a way to identify community concerns in the initial design of a HPGR proposal; while 'subsequent consideration of these concerns could prompt researchers to seek community approval at a later stage in the research, perhaps in connection with the publication of research findings.'¹³⁷ In addition, these four forms of community review are highly dependent on each other. For instance, community dialogue and consultation both help to 'convey respect for members of study populations, seeking formal community approval demonstrates respect for the decision-making authority of the constituent communities.' ¹³⁸ Similarly, community partnership 'goes further and suggests a deeper sense of respect for study populations by taking note of the unique social and cultural arrangements that exist within participating communities.'¹³⁹

Sharp and Foster also argued that the form of community review adopted should be tailored to be appropriate to a given community, or a particular study, and depend on the following factors: (1) the frequency of social interaction among members of the study population; (2) the extent of shared socio-cultural belief and values that are distinctive to the study population.¹⁴⁰ The determination of the most appropriate community review form for a particular HPGR for a given community should take these two features into account. According to them, and as noted before, the risks that may be caused by HPGR are of two distinct types: 'external risks' which refer to the possible discrimination and stigmatization of members of the study population; and 'internal risks' which result from the disruption of interactions among members of the study population. For instance, in a population where interactions between members are infrequent, and their distinctive beliefs few, the main risks of HPGR involve potential misuse of

¹³⁶ See supra note 133, at 43.

¹³⁷ Ibid., at 43.

¹³⁸ Ibid., at 43.

¹³⁹ Ibid., at 43.

¹⁴⁰ Ibid., at 44-45.

genetic information by others outside the community, possibly resulting in discrimination and stigmatization. These risks are not unique to any particular group and often can be identified by individuals who are not themselves members of the population placed at risk. Nevertheless, community dialogue or consultation can still be helpful in identifying research- related risks and assessing how members of the study population view the significance of these risks.¹⁴¹ In contrast, where the frequency of social interaction between members of a population is high, and the distinctive shared socio-cultural beliefs help to distinguish members of the population from other communities, HPGR can cause additional risks, such as that genetic findings could reveal that their shared socio-cultural belief is mistaken. Therefore, in these communities, the full range of community review is essential to identify the risks that may be caused by HPGR.¹⁴² In addition, they also offered a model agreement for genetic research in socially identifiable populations, which 'defined the scope of research, provided options for naming the population in publications (including anonymity), and addressed the distribution of royalties from intellectual property, the future use of archival samples, and specific cultural concerns.¹⁴³

There are several advantages to Sharp and Foster's 'community review' approach to protecting target groups/communities in HPGR. Firstly, they address the unique risks that groups/communities may face in HPGR, especially 'internal risks' which can probably only be recognized within the group; and suggested that these implications should be factored into the risk-benefit evaluation of proposed research. ¹⁴⁴ Although IRBs and other review measures could be instructed to pay special attention to possible intra-community risks, including the disruption of existing social arrangements and relationships between members of a study population, the active involvement of the target group in community review can help identify internal risks in populations whose socio-cultural traditions and structures differ from those of IRB members. Secondly, they illustrated four distinctive forms of community review and their main

¹⁴¹ Ibid., at 45.

¹⁴² Ibid., at 45.

¹⁴³ Foster, M. W., Bernsten, D., & Carter, T. H. 1998, "A Model Agreement for Genetic Research in Socially Identifiable Populations", *American Journal of Human Genetics*, vol. 63, pp. 696-702, at 696.

¹⁴⁴ See supra note 133, at 46.

features, and proposed a means to choose the most appropriate forms of community review for the target group in a specific HPGR. Thirdly, they established a model agreement for obtaining community consensus for HPGR in an Apache tribe in Oklahoma. The essence of the model is that research should be preceded by careful efforts to understand how decisions are made in the particular community. This process of reaching communal consensus provides a feasible approach to generating a general model which may be suitable as a standard for evaluation of the collective risks for target groups in HPGR.

There are, however, also disadvantages to community review. Firstly, its feasibility is problematic for two reasons: (1) the nesting of community - there are difficulties resulting from the fact that individuals are members of multiple communities, many of which are nested within each other. The complexity of human population structure poses more than practical difficulties for the notion of community review. For example, as has been discussed, Juengst has argued that the nesting problem results from the concerns of local communities that may fail to correspond with those of communities at broader levels of inclusiveness; hence, consulting with larger communities may fail to identify the unique cultural concerns of local communities, and correspondingly, the concerns of local communities may fail to reflect those of larger communities.¹⁴⁵ (2) The extent of dispersion within communities: it has been argued that the dispersion of individual members and the lack of frequent social interactions between members of a study population combine to limit the effectiveness of community review.¹⁴⁶ In widely dispersed populations, individuals may be viewed by outsiders as members of the same community, though they rarely interact with each other socially.

Secondly, community review is only one element of protecting members of a community/group if an individualistic approach is taken to consent in research. The community collective interests would be considered by researchers and ethical review committees through group involvement. Nevertheless, the final decision of an individual on HPGR participation might still be based on the

¹⁴⁵ See supra note 59, at 196.

¹⁴⁶ Reilly, P. R. 1998, "Rethinking Risks to Human Subjects in Genetic Research", *American Journal of Human Genetics*, vol. 63, pp. 682-685.

information on potential effects on him or her, rather than taking into account the need for information disclosure to include potential group harms.

Thirdly, the inappropriate use of community review may harm the target group/community in HPGR. As Juengst noted, 'acting as if social groups were the groups under study suggests that they are reducible to the demes we construct around them, setting the stage for new forms of scientific racism and providing new tools for discrimination; moreover, geneticists expect that the biological populations they pick out will ultimately "correct," rather than respect, the indigenous beliefs that they were ostensibly commissioned to celebrate.'¹⁴⁷ Hence, researchers implementing a community review approach to socially identified groups without fully cultural sensitivity consultation might harm them by reifying race, ethnicity, and other socially constructed categories, since it might reinforce the idea that biological differences underlie social differences between communities.

Therefore, although the application of both 'respect for community' and 'community review' would offer some help for group protection in HPGR, since both of them have some weaknesses, neither of them alone would provide sufficient protection to the interests of target groups in HPGR.

In summary, a target group may be vulnerable in the context of HPGR, especially where the HPGR is conducted in developing countries. Target groups, are vulnerable to all three types of vulnerability: consent-based, risk-based, and justice-based because of low education levels, difficulties in correct understanding of the risks of HPGR, or undue inducement. These common characteristics of target groups all make them more likely to accept risks that are either not understood or appreciated, or that are unfair. Target groups of HPGR are thought to be vulnerable to exploitation, because the researchers or research institutions of HPGR, who are mostly research institutions or companies from developed countries, may be more likely to take unfair advantage of their inadequate economic and social resources by offering target groups unfair 'benefits' in exchange for their participation. If HPGR relies on individual consent to enrol participants who are vulnerable, target groups may not be able

¹⁴⁷ See supra note 59, at 196.

to protect their own interests properly. Furthermore, the absence of effective and adequate legal regulations and ethical guidelines in most developing countries, as well as poor law enforcement, also exacerbate the vulnerability of target groups in HPGR. Therefore, the target group and its members need to be protected as vulnerable groups in HPGR by specific legal and ethical regulations, regarding the specific situations and cultural sensitivities of target groups. In addition to information disclosure on group harms to potential participants to enable individuals to consider such issues as part of their own risk-benefit assessment before they are asked to consent, the collective ideas of target groups on issues relevant to group collective interests should also be considered. It can be suggested the target group involvement in HPGR is needed. An alternative model of group protection in HPGR, with the consideration of both appropriate information disclosure and group involvement, will be offered in Chapter 5 in the context of the PRC. In order to explain the particular context of HPGR in the PRC, the next chapter will consider the social and legal factors relevant to such research.

Chapter 4 – People's Republic of China: A Mother Lode of Genes?

4.1 Current Legal Regulations and Ethical Guidelines on HPGR in the People's Republic of China

It has been indicated that, in this thesis, the People's Republic of China will be used as a model to demonstrate the difficulties associated with HPGR in developing countries. For that reason, this chapter will provide a description of the current legal system in China and will evaluate the relevant law/guidelines currently in place in respect of human subject research, with particular consideration of their relevance and adequacy in respect of HPGR.

4.1.1 Brief Introduction of Chinese Legal System

The People's Republic of China (PRC) is a socialist State. Since the Third Plenary Session of the Eleventh Central Committee of the Communist Party of China (CPC) in 1978, China has attached more importance to the role of law in State administration and social life by strengthening the legislative framework. It has sought to steadily improve legislative procedures, laying stress on legislative techniques and the quality of legislation. At present, 'ruling the country by law' is the fundamental guideline to administer the state and manage society under the leadership of the CPC, and this was written into the Constitution of the PRC¹ in 1999. The PRC has been actively building and seeking to improve its legal system since its foundation. As a result, a socialist legal system, with the Constitution as its core and with Chinese characteristics, has taken shape.²

¹ Constitution of the People's Republic of China hereinafter referred to as the Constitution. The full text of the Constitution can be seen on the official website of Chinese government (in Chinese), available on <u>http://www.gov.cn/ziliao/flfg/2005-06/14/content_6310_4.htm</u>, last visited on 2011-01-26.

² The introduction of China's legal system and legal structure is based on the information provided by official website of Ministry of Justice of the PRC, available on <u>http://www.legalinfo.gov.cn/</u>, last visited on 2010-05-05.

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The Chinese legal system is similar to the civil law systems of Japan, France and Germany.³ The primary sources of law in PRC are written legislation. The PRC's legal system contains branches as follows: constitutional and related law, civil and commercial law, economic law, administrative law, social law, criminal law, litigation and non-litigation procedural law.⁴ Cases cannot be cited as legal sources in Chinese courts.

According to the Constitution, China implements a unified legislative system, which is to say that there is only one legislative system, albeit of multiple levels, in the country. The Constitution stipulates that the National People's Congress (NPC) and its Standing Committees exercise the legislative power of the State to enact laws. The State Council formulates administrative regulations according to the Constitution and laws. The National People's Congress and its Standing Committee of each province, autonomous region or municipality directly under the Central Government formulate local regulations, which must not contravene the Constitution, laws or administrative regulations. The People's Congress of each national autonomous area has the power to enact regulations on the exercise of autonomy⁵ and separate regulations in the light of the political, economic and cultural characteristics of the nationality or nationalities in the area concerned. Departments of, and agencies with, administrative functions directly under the State Council formulate rules according to the laws and administrative regulations of the State Council. In addition, the people's government of each province, autonomous region or municipality, as well as the people's government of the city where a province or autonomous region is located, and of the city where a special economic zone is located or larger cities designated by the State Council, may formulate rules. As to a special administrative region, which refers to Hong Kong and Macao, according to the principle of 'one country, two systems'⁶ and the provisions of Article 31 of the

³ For China's legal system, see, Chow, D. 2003, The Legal System of the People's Republic of China in A Nutshell St. Paul, MN: West Group. See also, Hsu, C. 2003, *Understanding China's Legal System*, New York: New York University Press.

⁴ These branches are divided by Ministry of Justice of PRC, see supra note 2.

⁵ The detailed practical system and functions of ethnic minority autonomy will be addressed in 4.3.2.

⁶ The Constitution stipulates that the State may, when necessary, establish special administrative regions and the systems to be instituted in special administrative regions shall be provided by law enacted by the National People's Congress in the light of specific conditions. This is the embodiment of the concept of "one country, two systems" in the Constitution. While upholding the sovereignty, unity and integrity of the country and that a special administrative region is an

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Constitution, the system (including the legislative system) in a special administrative region shall be stipulated by law enacted by the National People's Congress. ⁷ The sources of Chinese law include the Constitution, laws, administrative regulations, local regulations, regulations of national autonomous areas, regulations of special economic zones, rules, basic laws of special administrative regions, international treaties and practices.⁸

The Legislation Law of the People's Republic of China (hereinafter the Legislation Law 2000) lays down the general rules of the hierarchy of Chinese law.⁹ Under the Legislation Law 2000, legislation can be divided into at least seven different categories: the Chinese Constitution 1982; basic laws and national law; administrative regulations; local regulations, autonomy regulations, separate regulations; administrative rules and local rules (including provincial, autonomous and municipal rules, and decrees by major cities). The chart below shows the Hierarchy of the Chinese Legal System. The Chinese Constitution 1982 has the highest legal authority.¹⁰ National law is enacted by NPC or its Standing Committee. It can be divided into two sub-categories: basic laws and others. There is no clear definition of what laws can be basic laws. The Legislation Law 2000 does not clearly provide that basic laws are higher than other national laws. In practice, however, basic laws are generally considered more important than other national laws. Administrative rules are issued by the 'various ministries,

inalienable part of the People's Republic of China, such a region is allowed to implement economic, social, political and legal systems different from those for other regions of the country, that is, its current capitalist system and way of life may remain unchanged for years.

⁷ The Basic Law of Special Administrative Region is adopted by National People's Congress. According to the basic laws of special administrative regions, the special administrative regions exercise a high degree of autonomy and, except that the foreign affairs and defence remain under the power of the Central People's Government, enjoy executive, legislative and independent judicial power including that of final adjudication, with their existing legal system remaining basically unchanged as do their existing social and economic systems and ways of life..

⁸ The introduction of Chinese legislative system is also based on the information provided by the Ministry of Justice of PRC, see supra note 2.

⁹ See, Chapter Five Scope of Application and Filing of the *Legislation Law of People's Republic of China* which was adopted by the 3rd Session of the 9th NPC in 2000. An English translation is available at http://www.novexcn.com/legislat_law_00.html (last visited 22-09-2009).

¹⁰ The Legislation Law 2000, Article 78.
commissions, the People's Bank of China, the Auditing Agency, and a body directly under the State Council exercising a regulatory function'.¹¹

The Hierarchy of Chinese Legal System



Figure 4-1 The Hierarchy of the Chinese Legal System

¹¹ See, Chapter Five Scope of Application and Filing of the Legislation Law of People's Republic of China which was adopted by the 3rd Session of the 9th NPC in 2000. An English translation is available at <u>http://www.novexcn.com/legislat_law_00.html</u>. (Last visited 22-09-2009)

4.1.2 Legal Regulations and Ethical Guidelines on HPGR in the PRC

The main legal regulations and ethical guidelines on biomedical research in the PRC include 'Measures for the Ethical Review of Biomedical Research Involving Human Subjects,' ¹² and 'Interim Measures for the Administration of Human Genetic Resources.' ¹³ Both of these documents are formulated by various ministries of State Council, so they are administrative rules in the hierarchy of the Chinese legal system.

1) Measures for the Ethical Review of Biomedical Research Involving Human Subjects (Measures 2007)

'Measures for the Ethical Review of Biomedical Research Involving Human Subjects' (Measures 2007) is the most substantial legal regulation on biomedical research involving human subjects in the PRC. It was promulgated by the Ministry of Public Health of the PRC on Jan. 11th 2007.

The targets of the Measures 2007 are regulating biomedical research involving human subjects, protecting human life and human health, safeguarding human dignity, as well as respecting and protecting the legal rights and interests of human subjects of biomedical research.¹⁴ Measures 2007 contains thirty articles and is divided into five sections. In respect of biomedical research involving human subjects, it essentially sets regulations for the principles of ethical review including the establishment of ethics committees, measures and procedures for ethical review, as well as the administration and supervision of such review. In Measures 2007, 'biomedical research involving human subjects and the application of its relevant

¹² She Ji Ren de Sheng Wu Yi Xue Yan Jiu Lun Li Shen Cha Ban Fa (Shi Xing) [Measures for the Ethical Review of Biomedical Research Involving Human Subjects] (in Chinese), available on the official website of the Ministry of Health of the PRC: http://www.moh.gov.cn/publicfiles/business/htmlfiles/mohbgt/pw10702/200804/18816.htm, last visited on 2010-05-06.

¹³ Ren Lei Yi Chuan Zi Yuan Guan Li Zhan Xing Ban Fa [*Interim Measures for the Administration of Human Genetic Resources*] (in Chinese), available on the official website of the Ministry of Science and Technology of the PRC: http://www.most.gov.cn/fggw/xzfg/200811/t20081106_64877.htm, last visited on 2010-05-06.

¹⁴ See supra note 12, Article 1.

techniques' are defined as research activities on human subjects, adopting modern physical, chemical and medical methods, which focus on human physiological and pathological phenomena, as well as the diagnosis, prevention and treatment of diseases and trial application activities of medical health techniques or products on human subjects through biomedical research.¹⁵ From the perspective of protecting human subjects' interests and dignity, Measures 2007 highlights that ethical review shall abide by state laws, regulations, relevant rules and well-known bioethical principles. Furthermore, the process of ethical review should be independent, objective, fair and transparent.¹⁶

In Measures 2007, the ethical review principles include:

(1) Respect for and protection of a human subject's self-determination and right to decide whether or not to participate in certain research, strict requirements for informed consent, avoiding any improper approach, such as deception, coercion or bribery, to gain a human subject's consent and allowing a human subject's withdrawal from any process of research;¹⁷

(2) The security, health and interests of human subjects are absolutely superior to the consideration of scientific and social interests; to endeavour to enable the human subject to be benefited to the greatest degree and to avoid harm as much as possible;¹⁸

(3) To reduce or exempt the human subjects' financial losses to enable him or her to benefit from research;¹⁹

(4) To respect and protect the privacy of the human subject, inform the human subject about the storage and use of his/her private data and the security measures to protect such data;²⁰

¹⁵ See supra note 12, Article 3.

¹⁶ See supra note 12, Article 4.

¹⁷ See supra note 12, Article 14.

¹⁸ Ibid.

¹⁹ Ibid.

(5) To ensure timely treatment and appropriate compensation for the human subject, if he/she is injured in research;²¹

(6) To provide special protection to vulnerable groups, such as children, pregnant women, persons with learning disabilities, mental patients, prisoners and persons in poor and less-educated positions.²²

Measures 2007 clarifies the role and responsibilities of institutional ethics committees, as well as their establishment, membership composition and powers of examination and approval.²³ Meanwhile, Measures 2007 also proposes that, according to need, the Ministry of Health and the provincial administrative departments of public health should establish an ethical review guidance and counselling organization, which will discuss significant ethical issues, offer consultations for the drafting of regulations, provisions and policy measures, organize ethical review on some major research projects, and guide and supervise the ethical review by institutional ethical committees.²⁴

In addition, Measures 2007 stresses the role of government in ethical review of biomedical research involving human subjects. In order to ensure the quality of ethical review, the Ministry of Health and the provincial administrative departments of public health will supervise the multiple levels of ethical review committees, including the establishment of institutional ethical committees, ensure compliance with principles for ethical review and monitor results.²⁵ Foreign researchers or research institutions who conduct biomedical research involving human subjects inside the PRC should obtain approval from the relevant Chinese ethical committees and review their

²⁰ Ibid.

²¹ Ibid.

²² Ibid.

²³ See supra note 12, Article 6-13.

²⁴ Ibid., Article 5.

²⁵ Ibid., Article 24.

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research projects according to Measures 2007, regardless of whether or not their research projects have been reviewed in their own countries.²⁶

2) Interim Measures for the Administration of Human Genetic Resources (HGR Measures 1998)

'Interim Measures for the Administration of Human Genetic Resources' was drafted by the Ministry of Health and the Ministry of Science and Technology, and promulgated by the General Office of the State Council upon the approval of the State Council of the PRC on Jun. 10th 1998.

The primary targets of HGR Measures 1998 are efficiently protecting and rationally utilizing human genetic resources in the PRC, strengthening the research and development of human gene technology and promoting international co-operation and exchange on the basis of equality and mutual benefits.²⁷ In HGR Measures 1998, 'human genetic resources' are defined as materials such as human organs, tissues, cells, blood specimens, preparations of any types or recombinant DNA constructs which contain the human genome, genes or gene products. They also include information related to such genetic material.²⁸ HGR Measures 1998 mainly regulates such activities in the PRC as sampling, collecting, researching, developing, trading or exporting human genetic resources outside the territory of the PRC.²⁹ It has six sections and twenty-six articles and contains detailed regulations on the administration of human genetic resources and also the examination and approval of research on human genetic resources in the PRC. It includes provisions concerning benefit-sharing of intellectual property rights, as well as rewards and penalties in respect of such research.

In general, in accordance with HGR Measures 1998, the PRC adopts a reporting and registration system. Any institution or individual who discovers or holds important pedigrees and genetic resources in specified regions shall

²⁶ Ibid., Article 26.

²⁷ See supra note 13, Article 1.

²⁸ Ibid., Article 2.

²⁹ Ibid., Article 3.

immediately report to the Human Genetic Resources Administration of China (HGRAC). No institution or individual may sample, collect, trade or export human genetic resources, including both physical samples and relevant genetic information, or take them outside the territory of the PRC, or provide them to other countries in any form without permission.³⁰ The State adopts a unified review and approval system, regulated at different levels, over human genetic resources. The Administrative Department of Science and Technology and the Administrative Department of Public Health under the State Council are jointly in charge of the administration of the human genetic resources Administration of China (hereinafter referred to as the HGRAC) to carry out routine duties.³¹

The HGRAC has the following responsibilities:

- (1) To draft the relevant rules and implementing documents; to promulgate such rules for entering into force upon approval and to ensure the enforcement of the Measures through co-ordination and supervision; ³²
- (2) To be in charge of the registration and administration of the important pedigrees and genetic resources in the specified regions;³³
- (3) To review and examine international collaborative projects involving human genetic resources in China;³⁴
- (4) To review and approve applications for export of human genetic resources, and thereafter to issue Export Permits for Human Genetic Materials and;³⁵

- 33 Ibid.
- ³⁴ Ibid.
- 35 Ibid.

³⁰ Ibid., Article 4.

³¹ Ibid., Article 6 and 7.

³² Ibid., Article 8.

(5) Other duties related to the administration of human genetic resources in China.³⁶

Where human genetic resources from China are involved in any international collaborative project, the Chinese collaborating party is responsible for going through the appropriate formalities of application for approval. Institutions directly under the Central Government must apply to the relevant administrative department under the State Council and local institutions or institutions without a specific supervisory department must apply to the local administrative departments. Upon receiving the approval of the relevant departments, the Chinese collaborating party must apply to the HGRAC for examination and approval prior to entering into an official contract.³⁷ In addition, relevant departments, in reviewing any application for international collaborative projects, will consult the relevant local administrative departments of the region where human genetic materials are to be collected.

In terms of the intellectual property rights of human genetic resources, HGR Measures 1998 provides that the Chinese research and development institution shall have priority in accessing information about the human genetic resources within the territory of the People's Republic of China, particularly the important pedigrees and genetic resources in the specified regions and the relevant data. Providing information and specimens and any transfer of such human genetic resources to other institutions are prohibited without permission. No foreign collaborating institution or individual who has access to the above mentioned information may publicize, publish, apply for patent rights or disclose it by any other means without permission.³⁸ What is more, international collaborative projects involving human genetic resources must follow the principles of mutual benefits, credit and trust, joint participation and sharing of achievements. All of the rights and obligations of

³⁶ Ibid.

³⁷ See supra note 13, Article 11.

³⁸ Ibid., Article 17.

each party should be set out in advance, in order to fully and effectively protect their own respective intellectual property rights.³⁹

According to HGR Measures 1998, if any Chinese institution or individual, in violation of the provisions stipulated in HGR Measures 1998, exports human genetic materials without authorization by any means, the human genetic materials will be confiscated by Chinese Customs and the institution or individual will be punished. Punishment ranges from administrative sanctions to prosecution by the judicial department, according to the seriousness of the circumstances.⁴⁰ If anyone, in violation of the provisions stipulated in the Measures, provides human genetic materials to foreign institutions or individuals without permission, the human genetic materials will be confiscated and the institution or individual will be fined. If the circumstances are serious, he will be investigated for liability according to Chinese law.⁴¹

4.1.3 Critical Evaluation of Existing Legal Regulations and Ethical Guidelines on HPGR in the PRC

While it might seem that the PRC has confronted the issues involved in human subject research and particularly genetic research in a serious manner, on reflection these regulations are not well suited to HPGR and do not provide adequate protection for participants in such research. The deficiencies can be described as follows:

 The current rules are still essentially reactive. This means that when certain cases cause risks or harms to certain individuals or groups, legislation or ethical guidelines will be promulgated, designed to avoid the recurrence of similar cases. For example, HGR Measures 1998 was the reactive legislation to a number of scandals,⁴² such as the Harvard case,

³⁹ Ibid., Article 18.

⁴⁰ Ibid., Article 21.

⁴¹ Ibid., Article 22.

⁴² Doring, O. 2003, "China's Struggle for Practical Regulations in Medical Ethics", *Nature Reviews: Genetics*, vol. 4, pp. 233-239, at 234-235.

which has been described above. At that time, in order to reserve the benefits relevant to genetic resource and avoid similar genetic resource loss cases, China stipulates in HGR Measures 1998 that reserves claims for all benefits derived from international biomedical research using Chinese biological sources. Hence, as a reactive legislation, the otherwise puzzling focus on the interests of the State in genetic research and the absence of protection to human subject and target group in HGR Measures 1998 becomes understandable. Accordingly, these reactive legal regulations lack the full anticipation of possible scenarios and are not reviewed in the light of the development of biomedical technology. Furthermore, they are not at the highest level of the hierarchy of the Chinese legal system. In fact, as measures which legislated by the ministries of State Council, Measures 2007 and HGR Measures 1998 only have the lowest legal effect in national legislation. If conflicted with other higher level legislation, those higher level legislation shall prevail. Thus, Measures 2007 and HGR Measures 1998 are not powerful enough.

2) The starting points of these legal regulations and ethical guidelines are the State administrative system; hence, they concern the interests of the State more than the interests of the individuals or groups who are the targets of biomedical research. Thus, the core regulations of HGR Measures 1998 provide for reporting and registration systems for important pedigrees and genetic resource, as well as the regulations of export and intellectual property of human genetic resources in the PRC. Nevertheless, Measure 2007 made some positive efforts toward human subject protection. For example, it clearly confirmed that informed consent should be an essential requirement which needs to be strictly reviewed by ethical committees. It also stipulates that information disclosure when seeking consent should be expressed by simple words; in minority areas, it can be expressed in local languages to seek to ensure that the potential participants have a proper understanding of what is involved.⁴³ When the research is to be conducted in minority areas, the membership of ethical review committees should consider including

⁴³ See supra note 12, Article 17 of Measures for the Ethical Review of Biomedical Research Involving Human Subjects.

members from ethnic minorities in advance. ⁴⁴ However, these considerations remained based on an individualistic model of autonomy, and were lacked reference to protection of the interests of group or information disclosure on group risks.

3) Given that these legal regulations and ethical guidelines are essentially reactive, they lack unified ethical or legislative principles and have not developed a complete set of general rules that can guide the ethical conduct of biomedical research and ensure the interests of human subjects.

For example, despite the requirement for informed consent by research subjects set out in Measures 2007, this Measure only gives limited guidance to ethics committees on how to conduct ethical review of biomedical research involving human subjects. There is little specification of the method and standards required for the conduct of the informed consent process other than the need for information to be provided in understandable language. This means that there is no legal requirement as to the scope and standard of information disclosure by researchers, nor as to other elements of seeking consent from participants in biomedical research involving human subjects in the PRC.

There are some legal requirements relevant to informed consent in the PRC in 'Guidelines for the Moral Principles in Human Embryonic Stem Cell Research' ⁴⁵ (HESCR Guidelines 2004). This was promulgated by the Ministry of Health and the Ministry of Science and Technology of the PRC on Jan. 14th 2004, and contains twelve articles. It stipulated the principle of informed consent and the need for approval of research by ethics committees. In Article 8 of HESCR Guidelines 2004, it is noted that to protect the privacy of the subjects, research on human embryonic stem cells must be conducted in earnest pursuance of the principles of consent

⁴⁴ Ibid., Article 7.

⁴⁵ Ren Pei Tai Gan Xi Bao Yan Jiu Lun Li Zhi Dao Yuan Ze [Guidelines for the Moral Principles in Human Embryonic Stem Cell Research] (in Chinese), available on the official website of the Ministry of Science and Technology of the PRC: <u>http://www.most.gov.cn/fggw/zfwj/zfwj2003/200512/t20051214_54948.htm</u>, last visited on 2010-05-06.

and agreement provided on the basis of full knowledge of all facts on the part of the subject. A letter of consent must be properly signed recording this.⁴⁶ For consent to be properly obtained, the researchers must have advised the gamete providers as to the aims and the possible consequences and risks of the research in accurate, clear and common language.⁴⁷ According to the HESCR Guidelines 2004, an ethics committee must be set up within a research unit conducting research with human embryonic stem cells, consisting of research and managerial staff from biology, medical sciences, law or sociology etc. The duty of the ethics committee is to exercise comprehensive inspection, consultation and supervision as to the underlying principles and scientific aims and conduct of human embryonic stem cell research.⁴⁸ However, the applicable scope of the HESCR Guidelines 2004 is limited to human embryonic stem cell research, which does not include HPGR or any other biomedical research involving human subjects.

Apart from HESCR Guidelines 2004, there are some other laws in the PRC which contain articles that may be relevant to informed consent, including 'Law of Licensed Doctors of the People's Republic of China'⁴⁹ and 'Managerial Regulation of the Medical Institutions of the People's Republic of China'.⁵⁰ Article 26 of Law of Licensed Doctors of the PRC stipulates that doctors who wish to conduct any experimental clinical treatment shall obtain the approval of the hospital authorities and the consent of the patient himself or his relatives.⁵¹ Although this law is at the level of other national laws, and was promulgated by the Standing Committee of the NPC, it only stipulates some simple regulations on

⁵¹ See supra note 49, Article 26.

⁴⁶ Ibid., Article 8.

⁴⁷ Ibid.

⁴⁸ Ibid., Article 9.

⁴⁹ Zhong Hua Ren Min Gong He Guo Zhi Ye Yi Shi Fa [*Law of Licensed Doctors of the People's Republic of China*] (in Chinese), available on the official website of the Ministry of Health of the PRC: <u>http://www.moh.gov.cn/publicfiles/business/htmlfiles/mohzcfgs/s3576/200804/18250.htm</u>, last visited on 2010-05-06.

⁵⁰ Yi Liao Ji Gou Guan Li Tiao Li [Managerial Regulation of the Medical Institutions of the People's Republic of China] (in Chinese), available on the official website of the Ministry of Health of the PRC: <u>www.moh.gov.cn/uploadfile/200591152042127.doc</u>, last visited on 2010-05-10.

patients' consent, not concerns specifically relating to the interests of human subjects in biomedical research. Article 33 of Managerial Regulation of the Medical Institutions of the PRC also stipulates that the medical institution shall obtain the consent of the patient himself, and shall also obtain written consent from his family members or other relatives, before conducting any operation, special testing or special treatment, though this does not provide a clear mechanism to deal with the possible conflicts between patient and her/his family.⁵² However, the applicable scope of this Regulation is innovative treatment rather than biomedical research involving human subjects.

Therefore, although the Measures 2007 has clearly established general principles for biomedical research involving human subjects, such as the need to obtain informed consent, which are widely accepted by both international guidelines and most Western countries, the legislative framework of the PRC only provides broad principles, not more specific regulation to protect the interests of individuals and groups who may be asked to participate in HPGR.

4) These legal regulations, such as they are, are not designed to fit the particular position of China. They are based on Western principles that focus on individual autonomy and in many cases are copied word for word from Western regulations. For example, the rules of Measure 2007 on informed consent are almost directly transplanted from the relevant rules of the CIOMS Guidelines and the Helsinki Declaration. The following section will argue that the cultural tradition of bioethics in the PRC is not entirely the same as in Western countries. Thus, it is reasonable to suppose that these transplanted regulations may not work effectively or be culturally appropriate in the PRC, where the traditional ethic emphasises social harmony over individual interests.

Having discussed the deficiencies of current Chinese legal regulations, it is important to stress once again that current dominant Western legal regulations and ethical guidelines, which are still grounded in an individualistic autonomy

⁵² See supra note 50, Article 33.

model, are also ill-suited to take account of the particular concerns surrounding group/community collective genetic information and the vulnerability of target groups in HPGR. Effective regulation of HPGR in the PRC will need to consider these matters.

4.2 HPGR in the PRC

It has been argued here that the current legal legislation and rules which relate to human subject research in the PRC cannot provide adequate and systematic protection for research subjects of HPGR. This is problematic, not least because the PRC, which has rich human genetic resources, seems to be an ideal mother lode for human population genetic research.

4.2.1 Brief Introduction of HPGR in the PRC

Facing the new era of genetics, the PRC has its own ambitions and problems. HPGR projects in the PRC, especially those conducted by foreign researchers, are highly controversial.

On the one hand, The PRC's active participation in the Human Genome Project and its completion of the sequencing of the rice genome indicated that China is seeking an advanced place in genetics and genomics.⁵³ In the area of human population genetics, HPGR has also been encouraged and supported by the government. China began its own HPGR, the Chinese Human Genome Diversity Project (CHGDP) in November 1993, which still continues on a large scale. It was designed to 'collect the cell lines of the 56 official ethnic groups in China in the National Cell Line Repository in the Kunming Institute of Medical Biology (part of the Chinese Academic of Medical Sciences) and Beijing Institute of Genetics (part of the Chinese Academic of Sciences).'⁵⁴ According to a paper by Chu *et al.*,⁵⁵ CHGDP has collected genetic information and cell-lines from the official

 $^{^{53}}$ See supra note 42, at 234.

⁵⁴ Chu, J. 2000, "Chinese Human Genome Diversity Project: A synopsis," in *Genetic, Linguistic and Archaeological Perspectives on Human Diversity in Southeast Asia*, J. Li, M. Seielstad, & C. Xiao, eds., Singapore: World Scientific Publishing, pp. 95-105.

⁵⁵ Chu, J. Y., Huang, W., Kuang, Q., Wang, J. M., Xu, J. J., Chu, Z. T., Yang, Z. Q., Lin, K. Q., Li, P., Wu, M., Geng, Z. C., Tan, C. C., Du, R. F., & Jin, L. 1998, "Genetic Relationship of Populations in China", *The National Academy of Sciences*, vol. 95, pp. 11763-11768.

ethnic groups and has tested their DNA.⁵⁶ The project was also concerned with determining the types and incidences of genetic diseases and preserving each ethnic group's genetic information.⁵⁷ Along with the rapid development of the Chinese economy, transport between different areas in PRC became easier and faster, which has led to an increase in intermarriage between different people from different areas, and it may also lead to the dilution of the unique population genetic information of China's minority ethnic groups. The Chinese HPGR proposed to collect the DNA samples of ethnic minorities and store the collections in gene banks, especially those of some of the rural populations and ethnic groups of Central and Southwest China. For example, a large gene bank for ethnic minorities in Yunnan Province, which aims to study the diversification of inheritance and inherited diseases of the ethnic minorities, has stored 1,250 men's DNA from 25 ethnic groups.⁵⁸ Given that the participants in this project live in isolated rural areas in Yunnan, they are thought to have 'no history of marrying other ethnic peoples, and every man has the same ethnic origin for at least three generations in succession,⁵⁹ so their genetic information is deemed to have high purity. So far this is the largest data bank of its kind in the world.⁶⁰ This type of HPGR project is thought to be helpful to 'reconstruct the history of populations by studying genetic variation to determine patterns of human migration.⁶¹ Hence, some scholar even noted that 'the leaders of the People's Republic hope that the biotech revolution — now shaking the formerly isolated communist nation – will have similar effects to those induced by the Soviet Union's legendary Sputnik space programme, bringing the country to the world's attention.'62

The encouraging attitude of Chinese government toward genetic research, arguably combined with a considerable lower level of standards in biomedical regulation, or a weakness in enforcing the related guidelines, has promoted a

⁵⁶ Ibid., at 11763.

⁵⁷ Ibid.

⁵⁸ Sleeboom, M. 2005, "The Harvard Case of Xu Xiping: Exploitation of the People, Scientific Advance, or Genetic Theft?", *New Genetics and Society*, vol. 24, no. 1, pp. 57-78, at 59.

⁵⁹ Ibid.

⁶⁰ Ibid.

⁶¹ Ibid.

 $^{^{62}}$ See supra note 42, at 233.

number of foreign researchers to conduct HPGR in China. For example, a French company, Genset, sent a letter to the Chinese Academy of Medical Science (CAMS) seeking research co-operation. The plan was to employ some of CAMS's researchers to collect DNA and diagnose genetic conditions. Genset and its partner, the French trading company Tang Frère International, would then analyze these DNA samples in France, using gene-sequencing machines, to develop new diagnostic methods and new drugs. In this letter, they declared that '[w]e view gene research as extremely important for Chinese health care in the 21st Century and we are convinced that our joint effort will lead to fundamental discoveries which will benefit not just China but the rest of the world.'⁶³ The Harvard study is also a typical HPGR project. A newspaper report described the Harvard case as following:

The China project was hatched in the office of Geoffrey Duyk, a Harvard geneticist who had one foot out the door to industry. At the time, 1994, genetics seemed the next big thing in American medicine. Among those enamored was Scott Weiss, a prominent Harvard respiratory epidemiologist. Weiss had come to Duyk for help in launching a study into genetic causes of asthma and similar illnesses. Duyk perked up when Weiss said he had a line on an unusually homogeneous population of 62 million people in Anhui province, a region isolated by geography and poverty for 2,000 years....The research required thousands of volunteers, nearly impossible to obtain in such a remote place without an experienced guide. Weiss had just the person -- he had mentored a post-doctoral fellow, Xu Xiping, who came from Anhui and had conducted several public health studies there. Xu was an epidemiologist with no real expertise in genetics, but he had hometown connections and a proven aptitude for getting things done in China. 64

Therefore, the appeal of the PRC as a HPGR sample lode has been widely acknowledged.

On the other hand, along with the breakout of scandals associated with HPGR, such as the Harvard study, a sensitive debate on HPGR has also been raised in the PRC.⁶⁵ Advocates have argued that HPGR in China could help to discover

⁶³ Ibid., at 60.

⁶⁴ Ibid.

⁶⁵ Most of the dominant media in China have reported this research project and reviewed it, including Guangming Daily (in Chinese), 2001-04-16, available on http://www.people.com.cn/GB/kejiao/42/155/20010416/443413.html. Liaowang Magzine (in Chinese),2001/03/26, available on http://xys.org/xys/ebooks/others/science/jiyinhezuo.txt, etc.

more about the diversity of human genetic information and the causes of some diseases, which could benefit the progress of medical research both in China and elsewhere.⁶⁶ Opponents have argued that HPGR conducted by foreign research institutions in the PRC could result in risks of harm to both the interests of the target groups and the national security of the PRC. According to Yang, HPGR conducted by foreign countries in the PRC could lead to the collection of Chinese genetic information by foreign organisations to produce medicine which could then be sold to China at a high cost,⁶⁷ as well as potentially being used to create genetic weapons targeted at Chinese people.⁶⁸ Furthermore, some bioethical scholars, such as Sleeboom, are concerned that it also could be used to 'make claims on disputed territory, resources, and self-determination.⁶⁹ Meanwhile, given the absence of relevant ethical and legal regulations on HPGR in PRC, HPGR may also lead to the violation of the interests of both target groups and individual participants.⁷⁰ In the Harvard study, the blood and genetic samples of 200 million Chinese people were taken to the US. If there are no effective legal regulations or policies, these samples will be analyzed in foreign counties and potentially be developed into new diagnostic methods and new drugs, without ensuring the interests of the Chinese target groups and individual participants who provided their population's genetic information.

4.2.2 Attractions of Conducting HPGR in the PRC

Although some points have been outlined above and in Chapter 1, the special advantages of the PRC as a research target of HPGR should be reinforced and explored in more details:

1) Due to size, geographic diversity, and social traditions and customs, there are a great many isolated populations within China.

⁶⁶ Yang, H. We Will Start to Research the Characteristics of the National/ethnic Disease Gene (in Chinese). Beijing Youth. 10-28-2000.

⁶⁷ Ibid.

⁶⁸ Yang, H. For the Sake of Our National Security: Carefully Preserve Our Genetic Code (in Chinese). *China Production Daily*. 4-12-2002.

⁶⁹ Ibid., at 59.

⁷⁰ Xue, D. & Lin, Z. A Focus Topic of Bioethics (in Chinese), *Guangming Daily*, 4-16-2001.

The population size makes it possible to recruit a large number of participants for HPGR.⁷¹ To be accurate, according to the China Statistical Yearbook (2008) of the National Bureau of Statistics of China, by the end of 2007, the total population of China was 1,321,290,000 persons; what is more, the rural population consists of 727,500,000 persons.⁷²

In addition, the Chinese people have remained relatively isolated in the past, which has preserved the relative genetic homogeneity of the population in many regions, especially in the areas where the minorities are living, for reasons such as that little modern transportation exists in rural China, or that there is a tradition for most members of Chinese families to live together. Therefore, China contains rich genetic resources and several isolated areas which have idiographic cultures. The tradition of Chinese populations, which are relatively stable, with relatives tending to live in the same area, makes it easier to study certain groups/communities and carry out long-term follow-up. Furthermore, divorce is rare in rural China; thus, the households are stable. This facilitates the collection of comparative data.

2) It is very cost-beneficial to conduct HPGR in China. The current per-capita income of rural China is still very low. According to data from the National Bureau of Statistics of China, by the end of 2007, the per capita annual income of rural household was 4140.4⁷³ yuan.⁷⁴ Medical services in rural China do not work well; a large number of people there cannot be provided with basic medical care. Hence, research institutions and researchers can recruit large numbers of participants by providing simple free physical examinations or providing some cheap standing drugs, such as vitamins and

⁷¹ Cavalli-Sforza, L. 1998, "The Chinese Human Genome Diversity Project", *The National Academy of Sciences*, vol. 95, pp. 11501.

⁷² China Statistical Yearbook 2008 of National Bureau of Statistics of China, available on the official website of National Bureau of Statistics of China: http://www.stats.gov.cn/tjsj/ndsj/2008/indexeh.htm, last visited on 2010-05-04. This data does not include the population of Hong Kong SAR, Macao SAR and Taiwan Province.

⁷³ Yuan is the basic unit of money in China. The current exchange rate of pound and yuan is about 1:10.8

⁷⁴ China Statistical Yearbook 2008 of National Bureau of Statistics of China, available on the official website of National Bureau of Statistics of China: <u>http://www.stats.gov.cn/tjsj/ndsj/2008/indexeh.htm</u>, last visited on 2010-05-04.

hypotensors. The story of poor farmer Chu in the Harvard case, ⁷⁵ which has been mentioned previously, illustrates this well. His family provided several blood samples, but only received a little amount of money and some simple food. ⁷⁶ The difficulties in ensuring that participants are not exploited but at the same time are not subjected to undue influence have been discussed in Chapter 3.

3) Conducting collaborative HPGR in China seems to be relatively easy. China's ambitions in genetics and Chinese genetic researchers' desire to collaborate HPGR projects with foreign research institutions with advanced technology and wide experience also contribute to it. Before the Harvard case, there were few legal regulations or government policies on conducting HPGR, even HPGR conducted by foreign researchers or institutions. For example, according to Xiong et al's reports, in 1996, a new co-operative medical centre was set up in Yuexi district sponsored by Xu Xiping, from which more than 1,400 genetic samples were taken.⁷⁷ After this case, since 1998, researchers or research institutions need State permission for HPGR and also permission to take samples abroad. However, researchers or research institutions can conduct HPGR by running their own laboratories or through jointly operated laboratories with Chinese researchers in China. Some Chinese researchers prefer to conduct these kinds of co-operative projects in HPGR. For example, Fang Zhi-an, head of the committee for health and education of the Anging City's Peoples' Congress' Standing Committee, was satisfied with his co-operation with Xu Xiping, who is an associate professor at Harvard University, and the Harvard project. He believes that it has initiated the development of local hygiene work and has trained both Chinese talents locally, in Anging, and nationally. What is more, Fang and Xu have co-authored more than 10 articles in international academic journals.⁷⁸ However, some foreign researchers' Chinese partners felt that the collaborations were not balanced and that Chinese academic interests have been frustrated. For example, Liu Jianhui,

77 Ibid.

⁷⁵ See Chapter 3.1.2.

⁷⁶ Ibid.

⁷⁸ See supra note 58, at 65.

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the vice-director of science research management of Anhui Medical University, who is the other partner of Xu Xiping in the Harvard studies, complained that the Chinese should receive more information on the outcome of the research.⁷⁹

In summary, due to the large size of the population, the unique genetic history, geographical diversity, high participation rates, low cost and stable social traditions and customs, China is an ideal research target of HPGR. Hence, not only Chinese, but also foreign, researchers and research institutions are enthusiastic about conducting HPGR which targets certain groups/communities here.

4.3 Target Group Protection in HPGR in the PRC

Given the substantial number of ethnic minorities and isolated groups in rural areas, in the foreseeable future there are likely to be more domestic Chinese and foreign researchers or research institutions intending to conduct HPGR in the PRC. Nevertheless, these ethnic minorities and isolated groups in the PRC have their own cultural sensitivities, which are distinct from Western ones. The PRC has its own specific legislation and policies on ethnic minority protection, which will be evaluated in the following section in the light of these sensitivities.

4.3.1 Cultural Sensitivity of Target Groups in HPGR in the PRC

As has been demonstrated in previous chapters, conducting HPGR without understanding the cultural sensitivities of the target group may lead to harms to target groups.

(1) A Brief Introduction to Bioethics in the PRC

Although bioethics as a discipline does not formally exist within traditional Chinese culture, undoubtedly China has its own unique bioethical traditions which are distinct from Western bioethics. For example, Bowman and Hui have

⁷⁹ Xiong, L. & Wang, Y. Lingren shengyi de guoji jiyin hezuo yanjiu xiangmu [The Suspicious International Collaborate Genetic Research Project] (in Chinese). *Outlook Weekly*. 3-26-2001..

explained that in traditional Chinese medicine the view of illness is entirely different from Western views. They note that in Chinese traditional medicine, the body, soul and spirit are viewed as an integrated whole. Furthermore, because human beings are considered products of nature, humankind and the natural environment are seen to be inseparably and interdependently related; protecting the integrity of the human-nature dyad is thus fundamental to health.⁸⁰

In the context of ethical discussion, in the traditional Chinese medical view it is commonly acknowledged that Confucianism dominated medical ethics in premodern China. Generally speaking, Confucianism is an ethic that teaches people how to be human. Different from Western individual-oriented political and social philosophy, Confucianism focuses on the collective interests of family, community, society, even nation. Qiu describes Confucian teaching and its basis as follows:

For Confucians, demarcation between a human and an animal lies in whether you care for others or you care only yourself. The basic concept of Confucianism is ren, which means 'loving people'. The golden rules of Confucianism are: 'you should not do to others what you don't want to do to yourself,' and 'after establishing yourself, you should help others to establish themselves; after you develop yourself, you should help others to develop.'... One reason is that Chinese hold a different concept of the 'person' from the Westerners. For the Chinese, a person is not as independent as some Westerners presume. No person can survive without support from others; so a person is a relational person or a person in relation. Metaphorically, a person is an atom in the west, but a person is a drop of sea water in China. For some Westerners, if an individual person does not exist, the whole world becomes meaningless. But for Chinese a drop of water evaporates, but the sea will still exist. So the collective is more important than the individual in China. If there is any conflict of interest between the individual and the collective, the former should be subordinated to the latter.⁸¹

However, in order to fully understand traditional Chinese medical morality, one must take into account the influence of Taoism and Buddhism, as well as Confucianism. In Confucian teaching, death is seen as a type of accomplishment

⁸⁰ Bowman, K. W. & Hui, E. C. 2008, "Chinese Bioethics," in *The Cambridge Textbook of Bioethics*, P. A. Singer & A. M. Viens, eds., Cambridge University Press, pp. 397-402, at 398.

⁸¹ Qiu, R. 2004, "China: Views of a Bioethicist," in *Genetic and Ethics in Global Perspective*, D. C. Wertz & J. C. Fletcher, eds., Kluwer Academic Publisher, at 192.

in this world, such as the fulfilment of 'ren'. 'Ren' denotes 'the cultivation of positive human attributes such as humaneness, charity and beneficence.'⁸² Hence, one's death can be a 'good' one, which is to say worthy and acceptable, for the person has fulfilled his/her moral duties in life. If a patient has been cured, it means that he/she has unfinished business, which is worth the 'Tian'83 extending his/her life to complete unfinished tasks or fulfil moral duties. Another significant position is based in Taoism, which 'teaches the post mortem survival of the whole bodily person and an afterlife of torture and suffering in endless Hell.⁸⁴ Hence, Taoism teaches people to pursue maintaining youth and attaining longevity and immortality. However, philosophical Taoism has a radically different perspective, which is reflected in the phrase, 'Man comes into life and goes out to death.'⁸⁵ Thus, one should view death calmly. Buddhism provides a more unpredictable response to the suffering of dying and the event of death. This philosophy claims that 'if the person maintains his or her belief in the impermanence and cyclical nature of life, he or she may be easily resigned to death; but if the person sees the suffering of the dying event as an occasion to 'work out' his or her karma (which may include suffering from one's bad deeds) in this lifetime, then the person may not welcome death quite so readily.³⁶ The views of Chinese traditional medicine were deeply influenced by each of these three philosophical traditions.

In addition, Chinese bioethical perception is not influenced by a single theoretical perspective. From 1949, when the PRC was established, communitarian ethics gradually became the dominant paradigm; especially during the Cultural Revolution.⁸⁷ Traditional Chinese moral norms were officially

⁸² Ibid. at 399-400.

⁸³ In traditional Chinese Culture, everything was mastered by Tian (in Chinese '天'). Tian is not an Elohim, such as Heaven. Tian is a kind of power that cannot be denied, like destiny.

⁸⁴ See supra note 80, at 400.

⁸⁵ Ibid.

⁸⁶ Ibid.

⁸⁷ The Cultural Revolution is 'The Great Proletarian Cultural Revolution'. It was a violent mass movement that resulted in social, political, and economic upheaval in the People's Republic of China starting in 1966 and ending officially with Mao's death in 1976. It was launched by Mao Zedong, the chairman of the Communist Party of China, on May 16, 1966; he alleged that "liberal bourgeoise" elements were permeating the party and society at large and that they wanted to restore capitalism. Mao insisted, in accordance with his theory of permanent revolution, that these elements should be removed through revolutionary violent class struggle

attacked as the 'pernicious influence of feudalism,' and ideas from the West, except Marxism, were censured as the 'bourgeois fallacy.'⁸⁸ However, traditional Chinese values never completely disappeared; along with the new policies of openness and reform, traditional medical ethics started to revive. Thus, as Fox and Swazey⁸⁹ have pointed out, contemporary Chinese medical morality is an unbalanced combination of Maoism-Marxism-Leninism, Confucianism, Taoism, and Chinese Buddhism.⁹⁰ Despite this, many Chinese scholars also hold that there exists a characteristic Chinese way of thinking about and acting in public and private life, interpersonal interactions, and moral issues in medical practice. For example, Qiu, who is currently a leading bioethical scholar in the PRC, argued that although there is an 'awakening of the rights sense, especially in intellectuals, university students, and the young, along with the advance of modernization,'⁹¹ however, he summarized the common Chinese view of Chinese medical ethics as follows:

A quasi-holistic socio-political philosophy has been developed from Chinese cultural tradition. It is based on two thousand years of powercentralized, autocratic monarchy—one that has lacked any rightsoriented, individualistic, liberal democratic tradition. In recent decades, Marxism—rather, a mixture of Russian and Chinese versions of Marxism—has become the dominant ideology. The historicism and social holism of this system, inter woven with traditional ideas, puts the greatest emphasis on nation, society, and country rather than on individuals.⁹²

- ⁹⁰ Fox, R. C. & Swazey, J. P. 1984, "Medical Morality is Not Bioethics: Medical Ethics in China and the United States", *Perspectives in Biology and Medicine*, vol. 27, pp. 336-360
- ⁹¹ Qiu, R. 1987, *Bioethics* (in Chinese), Shanghai: Shanghai People's Press.
- ⁹² Qiu, R. 1992, "Medical Ethics and Chinese Culture," in *Transcultural Dimensions in Medical Ethics*, E. Pellegrino, P. Mazzerella, & P. Corsi, eds., Frederick, MD: University Publishing Group, at 170-172.

by mobilizing China's youth who, responding to his appeal, then formed Red Guard groups around the country.

⁸⁸ Nie, J. B. 2005, "Cultural Values Embodying Universal Norms: A Critique of A Popular Assumption About Cultures and Human Rights", Developing World Bioethics, vol. 5, no. 3, pp. 251-257, at 253.

⁸⁹ In 1981, Renee Fox and Judith Swazey conducted six-weeks of fieldwork primarily at a Westernstyle urban hospital in Tianjin, a Northern industrial city. Unlike the scholars at the Kennedy Institute of Ethics, they had no plan to explore ethical issues in medicine when leaving for China. However, when they returned, the two sociologists brought back a "medical morality"—the peculiar "form currently taken by medical ethical interest and activity" in China. See Fox, R. C. & Swazey, J. P. 1984, "Medical Morality is Not Bioethics: Medical Ethics in China and the United States", *Perspectives in Biology and Medicine*, vol. 27, pp. 336-360.

Along with China's Economic Reform and Open Policy published in 1978,⁹³ a significant number of Western ideas flooded into the PRC. Some Chinese scholars who favour Western bioethics have used this to illustrate the theoretical blind-spots and practical deficiency of Chinese medical ethics and to stress the importance of learning from the developed Western countries.⁹⁴ Currently, most of the medical institutes in the PRC have set up bioethics courses and conduct educational bioethics activities based on internationally acknowledged ethical norms such as the Nuremberg Code,⁹⁵ the Declaration of Helsinki⁹⁶ and the International Standards of Ethical Examination of Biomedical Research Involving Human Subjects.⁹⁷⁹⁸ Meanwhile, ethics committees have been established in most large-scale hospitals in the PRC, with responsibilities for ethics education and ethical review consultation for medical professionals and the highly-educated populations in the PRC are mostly influenced by, and accept, Western bioethics.

Therefore, Nie has argued that '[I]n today's China, one can easily find in the way people actually live, and even in official State publications, the co-existence of

⁹³ It refers to the program of economic reforms called "Socialism with Chinese characteristics" in the People's Republic of China (PRC) that were started in December 1978 by reformists within the Communist Party of China (CPC) led by Deng Xiaoping. The goal of Chinese economic reform was to transform China's stagnant, impoverished planned economy into a market economy capable of generating strong economic growth and increasing the well-being of Chinese citizens.

⁹⁴ See supra note 88, at 253.

⁹⁵ Trials of War Criminals before the Nuremberg Military Tribunals under Control Council Law No. 10, vol. 2 (Washington, D.C.: US Government Printing Office, 1949), at 181-182.

⁹⁶ WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects was adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the: 29th WMA General Assembly, Tokyo, Japan, October 1975, 35th WMA General Assembly, Venice, Italy, October 1983, 41st WMA General Assembly, Hong Kong, September 1989, 48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996 and the 52nd WMA General Assembly, Edinburgh, Scotland, October 2000, 53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added), 55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added), 59th WMA General Assembly, Seoul, October 2008. The full text of Helsinki Declaration can be seen on the official website of World Medical Association (WMA) on http://www.wma.net/en/30publications/10policies/b3/index.html, last visited on 2010-07-27.

⁹⁷ International Ethical Guidelines for Biomedical Research Involving Human Subjects was prepared by the Council for International Organizations of Medical Sciences (CIOMS) in collaboration with the WHO, Geneva, 2002. The full text of CIOMS Guidelines can be seen on the official website of World Heath Organization (WHO) on http://whglibdoc.who.int/emro/2004/9290213639 annex2.pdf, last visited on 2010-07-27.

⁹⁸ Li, E. 2008, "Bioethics in China", *Bioethics*, vol. 22, no. 8, pp. 448-454, at 450.

⁹⁹ Ibid., at 450-451.

traditional Confucianism, Taoism, and Buddhism along with sinonized Western Marxism and communism; the conceptions of filial piety and loyalty to the country along with the ideals of individual happiness, self-fulfilment, and selfperfection.'¹⁰⁰ For example, Chinese people's unique view on truth-telling in health care can illustrate that although almost Chinese people believe the combined ideology of Maoism-Marxism-Leninism, Confucianism, Buddhism and Western bioethics, their moral experience and practices, when ill, are very unlikely to reach the same answer.¹⁰¹

With regard to truth-telling in health care, there is not a single distinctive Chinese approach-e.g., toward either disclosing or concealing the diagnosis of terminal disease. For the sake of patients' well-being, many contemporary Mainland Chinese physicians, along with family members and friends, do not directly tell the whole truth to patients who are suffering terminal diseases. But this is far from standard practice in traditional China. Partly (and only partly) due to Western influence, more and more physicians prefer to discuss frankly and openly all the related medical issues with their patients. Many patients know the nature of their disease from other sources as well, including the ward in which they are hospitalized, the department in which the doctor works, and the gestures of people in and around their family. It is not uncommon, however, for a patient who knows the truth to pretend otherwise to his or her loved ones in order to reduce their suffering. For the physician to speak directly to the patient is just one way of telling the truth.¹⁰²

As a result, in general, contemporary Chinese bioethics is indeed a mixture of a great number of values and beliefs—ancient and modern, Western and Eastern.

(2) Cultural Sensitivity of Target Groups of HPGR in the PRC

Given that the target groups in HPGR are ethnic minorities and isolated groups in rural areas in the PRC, their bioethical conceptions, decision-making processes and cultural sensitivities are more likely to be influenced by traditional Confucianism and Marxism. Therefore, the bioethical background of the most likely target groups of HPGR in China needs to be explored in more detail.

¹⁰⁰ See supra note 88, at 249.

¹⁰¹ Ibid., at 249-250.

¹⁰² Ibid., at 250.

Almost every scholar who is interested in Chinese bioethics would notice the specific view of Chinese people on autonomy or informed consent. For example, Bowman and Hui described this issue as follows:

The concept of autonomy best highlights the contrast between Western and Chinese cultures. In the West, the principle of autonomy implies that every person has the right to self-determination. In the context of healthcare, this means that the patient is the best person to make healthcare decisions. Within Chinese culture, however, the person is viewed as a 'relational self' - a self for whom social relationships, rather than rationality and individualism, provide the basis for moral judgement. From this perspective, an insistence on self-determination erodes the value placed on personal interconnectedness and the social and moral meaning of such relationships. In traditional Chinese society, the influences of which still endure, the family is based on an extended or clan structure and plays a central role in an individual's life.... All major decisions made by the family are thus informed by these hierarchical structures... In Chinese culture, the family functions as collective decision maker and also as a powerful conduit for moral, religious, and social norms. The family's role in self-determination is, therefore, integral to any notion of Chinese bioethics.¹⁰³

What is more, they also argued that respect for an individual's right to selfdetermination is not prominent in traditional Chinese culture, because 'the Confucian concept of relational personhood challenges the assumption that the patient should be given the diagnosis and prognosis and the opportunity to make his or her own medical decisions,' as well as the fact that 'social and moral meaning rests in interdependence, which overrides self-determination.' ¹⁰⁴ Consequently, before making decision, many Chinese patients, by contrast to Western ones, would consider not only the influence to her/him, but also disclose relevant information to who are important to her/him and consult opinion of them. When making decision, they would also take account to the potential affects to her/his family or community as well as potential influence to her/him. Sometimes, they would also like to regard family or community ideas as her/his decision, even when they themselves are competent.

Currently, Chinese culture is characterized by strong communal values and an emphasis on social harmony. As Fan has pointed out, '[s]ince, compared to

¹⁰³ See supra note 80, at 397-398.

¹⁰⁴ Ibid., at 400.

Western societies, East Asian states are still homogeneous in their conceptions of the good, a set of values relating to clinical decision making is generally accepted by various communities, families and individuals, thus serving as an objective or impersonal conception of the good.¹⁰⁵ For example, in the clinical context, this feature can be reflected by the following example: if a patient refuses treatment because he judges his life is no longer worth living, when the relevant others do not agree in terms of the objective conception of the good, the patient's wishes would not be followed, whether or not the patient is competent.¹⁰⁶

Another example is provided by Fan, a bioethics scholar who labelled the East Asian principle of autonomy as 'a family-determination-oriented principle.'¹⁰⁷ She offered a description of the principle of autonomy in East Asia, which is that '[p]ositively: every agent should be able to make his or her decisions and actions harmoniously in cooperation with other relevant persons; and negatively: no harmoniously made decisions and actions should be subjected to controlling constraints by others.'¹⁰⁸ She also provided a clinical care decision-making process in East Asia to illustrate the distinction between the understanding of Western and East Asia on autonomy as following:

For instance, when a patient requests or refuses a treatment while a relevant family member holds an opposite opinion, the physician generally should not simply follow the patient's wish as in the West, even if the patient is evidently competent. Instead, the physician should tell the patient and the family members to negotiate and provide an agreement to him before he can undertake a medical act. Indeed, on the one hand, East Asian people make a clear distinction between intra-familial and extra-familial authority. On the other hand, it is not a sick family member him/herself but the entire family that has real authority in clinical decision making. Western people might be concerned about this claim of the family-sovereignty. But the family under this notion can be viewed as an autonomous social unit

¹⁰⁵ See supra note 107, at 317.

¹⁰⁶ Ibid., at 318.

¹⁰⁷ Fan, R. 1997, "Self-Determination vs. Family-Determination: Two Incommensurable Principles of Autonomy", *Bioethics*, vol. 11, no. 3-4, pp. 309-322, at 315.

¹⁰⁸ Ibid., at 316.

from the physician and the state, analogous to the autonomous individual in the West. $^{\rm 109}$

She also pointed out that the basis for this distinction is the Confucian understanding of the nature of the family and individuals. In Confucianism, it is the arrangement of Heaven (tian) that every individual is born to a family; hence, there are special relations that exist between family members and one's life is lived inseparably from the family. Familial relationships are three of the five basic human relations in Confucianism. Thus, Confucian morality requires that one should consider one's family as an autonomous unit from the rest of society, flourishing or suffering as a whole.¹¹⁰ Although her argument emphasized only one of the Chinese traditional moral ideologies - Confucianism - which centred on the family, Fan has pointed out an essential characteristic of Chinese ethical understanding on autonomy; which is a decision should not be taken in isolation based on the individual's own interests. In Western countries, some groups also have similar relational perspectives.¹¹¹ However, in the West, in most cases, if possible, a competent patient generally has the final word regarding medical decisions about his or her care, while in China both the patient and family members tend to reach an agreement before a clinical decision can be made. This tendency makes China in a better position to adopt a relational autonomy model in HPGR.

Therefore, the major value advocated by Chinese culture can be described as 'harmonious dependence.' ¹¹² According to Chinese people's understanding, individuals are not only independent persons, but also members of certain families, groups/communities; thus, their decisions, especially medical decisions, require a full range consideration of the interests of all relevant parties who would be affected by this decision. This feature means that, whatever the relevant guidelines say, the Chinese may not apply the individualised Western bioethical standard directly. For example, Engelhardt, through analysis of difficult cases on medical consent, concluded that when making a medical

¹⁰⁹ Ibid., at 316-317.

¹¹⁰ Ibid., at 317.

¹¹¹ See Keller, J. 1997, "Autonomy, Relationality and Feminist Ethics", Hypatia, vol. 12, pp. 152-164. See also Ells, C. 2001, "Shifting the Autonomy Debate to Theory as Ideology", *Journal of Medicine and Philosophy*, vol. 26, no. 4, pp. 417-430.

¹¹² See supra note 107, at 318.

decision on a patient, even the patient is competence, the family would play an important role in securing patient consent and others, such as community and fellow-work would also be involved, rather than the patient make it independently.¹¹³ Hence, it is reasonable to agree with some Chinese scholars who consider that transplanting Western medical morality would be practically impossible and also dangerous in theory.¹¹⁴ It needs to be clarified that this assertion does not means that it is useless to seek informed consent from participants of HPGR in the PRC, but is intended to highlight the significance of seeking informed consent through a mechanism which is suitable to the specific situation and is sensitive to cultural values.

There may also be difficulties posed by the background and experience of potential research participants. For example, a study on informed consent strategies, which was conducted in three areas south-west of Shanghai, in an epidemiological project approved by the regional research ethics committees in Sweden and China¹¹⁵ found that although informed consent was adopted in the epidemiological project, even where the informed consent procedures in the PRC were sought to be conducted to the same standard enforced in the Western countries, it was not always easy to convey information and obtain real consent, since the educational level and background knowledge of these subjects of biomedical research were not the same as those in the West. Furthermore, the study was conducted in Shanghai, which is the most modernized city in the PRC, where the average educational level is higher than the average level of the PRC. Due to the generally low level of education of large populations in the rural areas of mainland China, and the influence of traditional cultural sensitivities, more problems could emerge in the practice of informed consent in HPGR. For example, in 2005, the well-known scientific journal 'Nature' published a story of the unethical conduct of a clinical trial for a drug called VGV-1 on HIV-positive farmers from Henan province by a collaborate research project of Beijing's Ditan

¹¹³ Engelhardt, H. T. 1980, "Bioethics in the People's Republic of China", *Hastings Centre Report*, vol. 10, no. 2, pp. 7-10, at 8.

¹¹⁴ Qiu, Qiangxin. 1999. *Medical Ethics*. Beijing: People's Health Press.

¹¹⁵ Lynoe, N., Sandlund, M., Jacobsson, L., Nordberg, G., & Jin, T. 2004, "Informed Consent in China: Quality of Information Provided to Participants in a Research Project", *Scandinavian Journal of Public Health*, vol. 32, no. 6, pp. 472-475, at 472.

Hospital and Viral Genetics of Azusa which is a US drug company.¹¹⁶ In this research project, participants said that they had been told that they would be injected with a new drug which would keep them in good health for 20 years without further treatment and were not notified that there were also associated risks.¹¹⁷ The known risks of harm of this drug trial were not disclosed to the participants, but participants then 'signed informed-consent forms that they could not understand and that doctors made no effort to explain.¹¹⁸ The other inappropriate issues in the trial included that 'copies of the forms had to be paid for; expenses were not covered as agreed; participants weren't informed of the trial's results, despite asking.¹¹⁹ The potential participants in HPGR are more vulnerable to failing to understand the relevant information and making poor decisions even than the participants in the study above. The use of language with adequate accuracy and articulation, easily understood by people with a low level of education, and with respect for cultural sensitivities is crucially important for appropriate information disclosure and consent; it is particularly important when the researchers come from other countries.

Therefore, in the context of HPGR in the PRC, rather than applying Western frameworks slavishly, in order to protect the interests of target group it would be better to consider and give respect to the specific needs and cultural sensitivities of target groups in the PRC, which are highly influenced by the traditional Chinese Confucian moral order. The need for cultural sensitivity makes Chinese target groups in HPGR more appropriately considered under a relational autonomy model, rather than a purely individualistic model. The following three examples can illustrate this viewpoint:

Firstly, possible risks of harm that may be posed by HPGR to both individual participants and target groups should be disclosed to the potential participants. In some communities or groups according to traditional customs, individuals would be likely to wish to consider both the interests of their group/community

¹¹⁶ Cyranoski, D. 2005, "Chinese Clinical Trails: Consenting adults? Not necessarily...", *Nature*, vol. 435, no. 7039, pp. 138-139.

¹¹⁷ Ibid., at 139.

¹¹⁸ Ibid.

¹¹⁹ Ibid.

as well as their own private interests. Evaluating the interests and preferences of the group/community before decision-making is their cultural approach.

Secondly, where decisions may be relevant to the interests of a group/community, individuals' may seek or rely on group/community leaders' opinions in forming their own decisions. Again, this may be part of the cultural norms of members of a group, so that seeking or accepting such views cannot be regarded as being undue influence. This suggests that community/group leaders should be consulted where HPGR is proposed.

Thirdly, in some Chinese groups/communities, if issues are relevant to the interests of the group/community as a whole, there is a cultural tradition and expectation of group consultation and involvement. This custom would suggest the involvement of members of target group in research design and at the ethical review stage to help to correctly identify and avoid potential risks of harm. This might take the form of the involvement of community leaders or a wider range of people from the target group, depending on the scope of the study and cultural norms within the target group.

In this vein, target groups in HPGR from the PRC are quite suitable to be considered in terms of relational autonomy. Unfortunately, current legal regulations and ethical guidelines in the PRC do not take this approach. Nevertheless, the protection of minorities is seen as an important concern, which suggests that extension of consideration to the protection of target groups would not be such a substantial leap.

4.3.2 Legal Regulations and Public Policies on Ethnic Minorities

Developing legal regulation and public policies concerning ethnic minorities is one of the basic principles of the legal system in the PRC. The Government white paper 'China's Ethnic Policy and Common Prosperity and Development of All Ethnic Groups'¹²⁰ noted in its preface that

¹²⁰ This government white paper in English was available on the official website of Information Office of the State Council of the People's Republic of China: <u>www.china.org.cn/government/whitepaper/node7078073.htm</u>, last visited on 2010-05-11.

China is a unified multi-ethnic country jointly created by the people of all its ethnic groups. In the long course of historical evolution people of all ethnic groups in China have maintained close contacts, developed interdependently, communicated and fused with one another, and stood together through weal and woe, forming today's unified multi-ethnic Chinese nation, and promoting the development of the nation and social progress.¹²¹

It also describes the current make-up of ethnic minorities in the PRC as follows:

Over the past 60 years, the total population of the ethnic minorities has been on a constant increase, comprising a rising proportion in China's total population. The five national censuses that have been conducted show that the total population of ethnic minorities was 35.32 million in 1953, 6.06 percent of the total population; 40.02 million in 1964, 5.76 percent of the total; 67.30 million in 1982, 6.68 percent of the total; 91.20 million in 1990, 8.04 percent of the total; and 106.43 million in 2000, 8.41 percent of the total. The populations of the ethnic groups vary greatly from one to another. For example, the Zhuang has a population of 17 million, far more than that of the Hezhe, numbering only some 4,000.¹²²

The Constitution provides that China practises a certain degree of regional autonomy, which may have an ethnic basis. Regional autonomy is exercised and organs of self-government are established in areas where various ethnic minorities live in compact communities. National autonomous areas are classified into autonomous regions, autonomous prefectures and autonomous counties. There are in total five autonomous regions (the Inner Mongolia Autonomous Region, the Xinjiang Uygur Autonomous Region, the Guangxi Zhuang Autonomous Region, the Ningxia Hui Autonomous Region and the Tibet Autonomous Region), 30 autonomous prefectures, 116 autonomous counties and three autonomous banners in the whole country.¹²³ All national autonomous areas are integral parts of the People's Republic of China. According to statistics revealed in the fifth national census, conducted in 2000, of the country's 55 ethnic minorities, 44 had their own autonomous areas. The population of ethnic minorities, and the area where such regional autonomy was

¹²¹ Ibid.

¹²² Ibid.

¹²³ The introduction of Chinese regional national autonomy system is provided by the official website of the Ministry of Justice of the PRC, available on <u>http://www.legalinfo.gov.cn/</u> (in Chinese), last visited on 2010-05-11.

practised accounted for 64 percent of the entire territory of China. In addition, China has established 1,100 ethnic townships, as a supplement to the system of regional ethnic autonomy.¹²⁴

The PRC has its unique regional national autonomy system; and regional national autonomy policy is also a basic policy, which the PRC adopts to handle problems among its ethnic groups, as well as a fundamental political system for this country. The establishment of the regional national autonomy system is determined by the relationships among its local ethnic groups, the economic development of the locality, and its historical background: First, as far as history and traditions are concerned, the long-term existence of a unified multi-ethnic country is the historical background for implementing regional ethnic autonomy.¹²⁵ The white paper on Chinese ethnic minorities noted that '[a]s early as in the pre-Qin Dynasty times before 221 BC the concepts of 'country' and 'unification' had taken shape in the minds of the Chinese people.'¹²⁶ Second, as far as ethnic relationships are concerned, the Chinese people consist of multi-ethnic groups, and the close and extensive ties among them are the economic and cultural base for the implementation of regional ethnic autonomy.¹²⁷ Third,

¹²⁴ Chapter 4 Upholding and Improving Regional Ethnic Autonomy of China's Ethnic Policy and Common Prosperity and Development of All Ethnic Groups, see supra note 120.

¹²⁵ About 4,000-5,000 years ago, five major ethnic groups — the Huaxia, Dongyi, Nanman, Xirong and Beidi — emerged in what is now the Chinese territory. Through continuous migration, living together, intermarriage and communication, the five ethnic groups became assimilated to each other in the course of their development, and gradually became integrated into one people, but within it new ethnic groups continually sprang up. Some of the latter remain distinct to this day, while others, including the once-renowned Xiongnu (Hun), Yuezhi (or Rouzhi), Xianbei, Rouran, Tuyuhun, Tujue, Dangxiang, Khitan and Saka peoples, have disappeared in the course of history due to wars, deterioration of the eco-environment or loss of identity. See Chapter 4 Upholding and Improving Regional Ethnic Autonomy of China's Ethnic Policy and Common Prosperity and Development of All Ethnic Groups, see supra note 120.

¹²⁶ Ibid.

¹²⁷ Traditionally, the Han people, accounting for the majority of China's total population, mainly lived in the Central Plains on the middle and lower reaches of the Yellow and Yangtze rivers, where the mild climate and flat, fertile land were suitable for farming. The minority peoples mostly lived in peripheral areas, where the abundant grasslands, deserts, forests, plateaus, mountains, hills and lakes were favourable for stock raising, hunting and fishery. The 'tea-horse' and 'silk-horse' trade between the Han people in the Central Plains and the surrounding minority peoples satisfied the demand of the Han people for horses for use in agriculture, transportation and military affairs while catering to the needs of minority peoples for daily necessities, thereby boosting economic complementarities and common development. In addition, the Liao (916-1125), Jin (1115-1234), Western Xia (1038-1227), and Dali (937-1253) states, established by minority peoples in various parts of China, quite clearly influenced by the Han rulers of various dynasties in government system and territorial control, and absorbed many elements of the Central Plains culture. See Chapter 1 A Unified Multi-Ethnic Country and a Nation with Diverse Cultures of China's Ethnic Policy and Common Prosperity and Development of All Ethnic Groups, see supra note 120.

the distribution of ethnic groups plays a large part in determining the scope of regional autonomy. Some of China's ethnic groups inhabit vast areas, while others live in individual compact communities in small areas or live in a mixture of each.¹²⁸ Fourthly, as far as economic developments are concerned, the previous and current economic conditions of ethnic minorities led to the policy of regional ethnic autonomy to deal with poverty, which is still the key issue in ethnic minority areas.¹²⁹ Hence, ethnic minorities are believed to need special policies and support from the State.

Therefore, in 2001, in consideration of the actual conditions when the socialist market economy was established, the Standing Committee of the NPC made revisions to the Law on Regional Ethnic Autonomy. ¹³⁰ Subsequently, the Provisions of the State Council on Implementation of the Law of the People's Republic of China on Regional Ethnic Autonomy, ¹³¹ issued by the State Council in 2005, defined the duties of governments at higher levels to support and help the organs of self-government in ethnic autonomous areas. ¹³² The organs of self-government of national autonomous areas are the People's Congresses and

¹²⁸ China's northwest and southwest are the two regions where minority peoples are most concentrated. Western China, consisting of nine provinces, three autonomous regions and one municipality directly under the central government, is home to 70 percent of China's minority population. The nine border provinces and autonomous regions are home to 60 percent of China's minority population. As China's economy and society continue to develop, the scope of minority population distribution is growing. So far, the scattered minority population across the country has exceeded 30 million. [ref?]

¹²⁹ Before the founding of New China in 1949, most minority areas had an extremely low level of productivity, backward economic and social development, and extremely poor infrastructure. At that time, some of them were on the verge of extinction, with the Hezhen numbering only some 300 people at the time of the founding of New China. It was on such an extremely backward basis that the social and economic construction of the ethnic minorities and minority areas began in New China. Thus, when New China was established, the Chinese government made it a basic task to rid all ethnic groups of poverty and enable them to lead a better life. See supra note 120, Chapter 5.

¹³⁰ Law on Regional Ethnic Autonomy of the PRC (in Chinese) is available on the official website of The Central People's Government of the PRC: <u>http://www.gov.cn/test/2005-</u> 07/29/content_18338.htm, last visited on 2010-05-13.

¹³¹ The Provisions of the State Council on Implementation of the Law of the People's Republic of China on Regional Ethnic Autonomy (in Chinese) is available on the official website of The Central People's Government of the PRC: <u>http://www.gov.cn/zwgk/2005-</u>05/27/content_1518.htm, last visited on 2010-05-13.

¹³² Article 2 of The Provisions of the State Council on Implementation of the Law of the People's Republic of China on Regional Ethnic Autonomy, see supra note 131.

People's Governments of autonomous regions, autonomous prefectures and autonomous counties.¹³³

In addition to the functions and powers of other ordinary local organs of the State, the organs of self-government of national autonomous areas exercise the power of autonomy in accordance with the law and implement the laws and policies of the State in the light of existing local conditions.¹³⁴ The people's congresses of national autonomous areas have the power to enact regulations on the exercise of autonomy and separate regulations in light of the political, economic and cultural characteristics of the nationality or nationalities in the areas concerned.¹³⁵ The organs of self-government of the national autonomous areas independently arrange for and administer local economic development under the guidance of State plans; the organs of self-government of the national autonomous areas independently administer educational, scientific, cultural, public health and physical culture affairs in their respective areas.¹³⁶

What is more, the State is responsible for promoting the development of ethnic minorities. In exploiting natural resources and building enterprises in the national autonomous areas, the State gives due consideration to the interests of those areas; the State provides financial, material and technical assistance to the minority nationalities to accelerate their economic and cultural development; the State helps the national autonomous areas train large number of cadres at various levels and specialised personnel and skilled workers of

¹³³ According to this law, among the chairmen and vice-chairmen of the standing committee of these governing bodies should be one or more citizens of the nationality exercising regional autonomy in the area. The chairman of an autonomous region, the prefect of an autonomous prefecture or the head of an autonomous county should be a citizen of the nationality exercising regional autonomy in the area concerned.

¹³⁴ Article 19 of Law on Regional Ethnic Autonomy of the PRC, see supra note 130.

¹³⁵ If a resolution, decision, order or instruction of a State organ at a higher level does not suit the conditions in a national autonomous area, the organ of self-government of the area may either implement it with certain alterations or cease implementing it after reporting to and receiving the approval of the State organ at the higher level.

¹³⁶ Article 20-45 of *Law on Regional Ethnic Autonomy of the PRC*, see supra note 130.

various professions and trades from among the nationality or nationalities in those areas.¹³⁷

Although these specific regional powers and laws may provide some protection to ethnic minorities in the PRC, it cannot be said that there is adequate protection for the target groups in HPGR in the PRC for the following reasons:

1) All such laws are focused on the interests of official ethnic minorities, which cannot include all the target groups of HPGR.

HPGR researchers hope that identifying differences in genetic sequences between peoples will help to determine what makes certain groups of people different from others. In fact, there are a number of factors that are relevant to the delineation of populations for HPGR. These criteria need a balance between linguistic and genetic development, or environmental isolation and genetic development. Hence, Cavalli-Sforza states that the methods used by HPGR researchers to identify target populations include genealogical records and linguistics. The use of these methods, however, leads to research problems closely related to history and culture, which do not assume languages to be static: languages migrate and change, and are not necessarily aligned with the biological make-up of genetic groups.¹³⁸ This means that the target subjects that the Chinese legislation and policies on ethnic minority intend to protect are not necessarily the same as the target groups in HPGR.

In the PRC, the official definition of 'ethnic minorities' was created in the 1950s by a political decision.¹³⁹ The specific standards for the division of

¹³⁷ Article 54-72 of *Law on Regional Ethnic Autonomy of the PRC*, see supra note 130.

¹³⁸ Cavalli-Sforza, L. L. 2000, *Genes, Peoples and Languages*, London: Penguin Books.

¹³⁹ The definition of ethnic minorities has had a tortuous history: in the 1950s, China began to adhere to the Stalinist definition of a nation, according to which a nation is a historically formed stable community of people arising on the basis of common language, common territory, common economic life and a typical cast of mind manifested in a common culture. Ironically, after 1954 and in the 1960s, the concept of nation lost its meaning through the rejection of the idea that minorities and their territories were distinctive. In its paradoxical efforts to accelerate the evolutionary process leading to a class-less and nation-less communist society, the Chinese Communist Party (CCP) encouraged class struggle and assimilation with the Han majority. All agencies for the minorities (for instance, nationality commissions, institutes, schools, etc.) were disbanded. The minorities were to be treated as the Han, and all special privileges were eliminated in this class-free society: a proletarian dictatorship in which only one form of lifestyle

ethnic minorities include not only the genetic make-up of peoples, but also other factors, such as their living environment and traditional customs. Thus, Sleeboom-Faulkner claims that '[i]deas about genetic particularity in the PRC have roots in ethnic and socio-biological views about national minorities and mountainous populations in remote areas...' ¹⁴⁰ Hence, national ethnic minorities share characteristics that make them important as genetic targets to researchers, thus, some ethnic minorities could be the research target groups in HPGR. Meanwhile, except ethnic minorities, some genetic populations from remote, mountainous and isolated areas also have those characteristics and could be excellent research targets of HPGR. Unfortunately, those isolated groups are not protected by the legislation on ethnic minorities. For example, the Harvard study involved HPGR conducted on the people of Anhui rural areas, who are Han people, not an ethnic minority.

As suggested above, the research subjects of HPGR are not only official ethnic minorities, but also other rural and isolated group in the PRC: thus, the special legislation on ethnic minorities cannot provide protection for all the research subjects of the HPGR in the PRC.

2) The majority of the regulations or legislation on ethnic minority protection in the PRC are on a macro level, and most of them focus on political rights. This means that they do not pay any attention to ethnic minorities' interests and rights as groups concerning issues such as participation in biomedical research.

The legislative purpose of the Law of the People's Republic of China on Regional Ethnic Autonomy, clearly stated in its Preface, is 'critical to enhancing the relationship of equality, unity and mutual assistance among different ethnic groups, to upholding national unification, and to accelerating the development of places where regional autonomy is

was recognized. After the Deng-ist reforms in 1978, however, the special nature of the national minorities was gradually recognized. See supra note 140, at 407.

¹⁴⁰ Sleeboom-Faulkner, M. 2006, "How to Define a Population: Cultural Politics and Population Genetics in the People's Republic of China and the Republic of China", *BioSocieties*, vol. 1, pp. 399-419, at 404.
practiced and promoting their progress.'¹⁴¹ Therefore, it can be seen as a law which is used to construct an essential part of the basic political system of the PRC. It is not difficult to understand why it concentrated on regulations on how to build a regional autonomous government and its functions. However, there was a lack of regulation on how to provide adequate protection to ethnic minorities and their interests in other aspects of their lives. Thus, in the context of HPGR in the PRC, although some ethnic minorities would likely be involved as target groups, their interests, which might be harmed in HPGR, cannot be protected by the legal regulations on ethnic minorities.

In summary, According to the analysis above, although there are special laws and rules which aim to provide protections to ethnic minorities and regulate the ethical conduct of biomedical research involving human subjects in the PRC, they all have some deficiencies and therefore fail to provide adequate protections to research subjects of the HPGR. At the same time, given the practical situation and the distinctive cultural sensitivities of target groups in the PRC, the values of Western bioethical principles and guidelines may not all work well in the PRC. Nonetheless, the PRC, which has rich human genetic resources, seems to be an ideal mother lode of human genes for HPGR. Therefore, to further the goals of the ethical conduct of HPGR and enhance the protection of target groups and individual participants in the PRC, it is essential to continue to clarify how legal and ethical frameworks can be amended to adapt to the Chinese situation.

¹⁴¹ See supra note 130, Preface.

Chapter 5 – Conclusion

In the thirteenth century, the English philosopher Roger Bacon had already pointed out that developments in medicine would never be the same as in the natural sciences because scientists could 'multiply their experiments till they get rid of deficiency and errors.' On the other hand, the physician was unable to do this 'because of the nobility of the material in which he works.' This assertion illustrates that issues concerning the ethics of research involving human beings have been raised for centuries. In the absence of effective ethical and legal regulations on the conduct of biomedical research involving human subjects, the welfare of human subjects could be harmed or ignored. Therefore, all of the existing international declarations, ethical guidelines and national legislation on biomedical research are dedicated to the development and improvement of human subject protection in an effort to avoid or minimize harms to their interests. With the development of genetic science and technology, research on the human genome and the collection and use of genetic information are the new 'hotspots' of biomedical research. Unlike the Human Genome Project (HGP) which focused on completing the 'map' of the 'common' human genome,² human population genetic research (HPGR) projects' main purpose of is to identify the diversity and variation of the human genome and how human group and individual genetic diversity has developed. However, concerns have arisen about the application of the current dominant Western ethical and legal frameworks on human subject protection to HPGR. This has been the focus of this thesis. It has discussed target group protection in HPGR and examined it in the context of developing countries, specifically, the People's Republic of China.

In order to identify the difficulties of applying Western standards to HPGR, Chapter 2 of this thesis firstly adopted a theoretical analysis approach to

¹ Rothman, D. J. 1998, "The Nuremberg Code in Light of Previous Principles and Practice in Human Experimentation", in Ulrich Trohler and Stella ReiterTheeil in cooperation with Eckhard Herych (eds), *Ethics Codes in Medicine: Foundations and Achievements of Codification Since 1947*, Ashgate: Aldershot, at 50.

² The HGP aimed to determine the sequences of the 3 billion chemical base pairs that make up human DNA. This sequence reflects the average sequence of human genome. The goals of HGP can be found on its official website, available at: <u>http://www.ornl.gov/sci/techresources/Human_Genome/project/about.shtml</u>, last visited on 2010-06-02.

evaluate the current individual autonomy model and challenges posed to it by a relational autonomy model. It was followed by the discussion on the role and general rules of consent in the medical context, as well as the specific rules of consent to medical research involving human subjects, including ethical and professional guidance and legal principles. It then addressed risks that human subjects might be exposed to as a result of participation in medical research, and introduced the legal regulations and ethical guidelines on the well-being of human subjects from an international perspective. It came to the conclusion that currently, according to these international declarations and ethical guidelines, there are two basic values that are central to Western legal and ethical frameworks on biomedical research involving human subjects: namely, the autonomy of the human subject and the well-being of the human subject. In order to protect the autonomy and well-being of human subjects, there are two critical steps in determining whether biomedical research involving them can be conducted in an ethical manner: obtaining individual potential subjects' informed consent and assessing risks and potential benefits to them. These two steps work at two different levels. At one level, individual research subjects should be fully informed about the nature, scope, and risks of the research, and consent to participation should be informed and voluntary. This requirement is based on the basic ethical principle of 'respect for autonomy' or 'respect for persons'. It focuses on the liberty and free choice of the individual. At another level, existing regulations require researchers to submit proposals for research involving human subjects to expert committees, which must judge those proposals based on their adherence to current legal regulations and ethical guidelines for the protection of human subjects, as well as ensuring the validity of the process of information disclosure and consent. However, current Western dominant frameworks are highly focused on the individual participant and fail to give adequate consideration to the interests of other relevant parties and relevant groups, or to the interests of individuals in taking account of the interests of others in their own decision-making. In current Western dominant research ethics, there is a strong common moral conviction that every individual has a fundamental right to self-determination with respect to his or her body.³ Thus, in biomedical research ethics, individual consent is a significant element.

³ Childress, J. F. & Fletcher, J. C. 1994, "Respect for Autonomy", *Hastings Centre Report*, vol. 24, no. 3, pp. 33-34.

It is, therefore, clear that current Western dominated ethical and legal frameworks on human subject protection are based on individualised informed consent and ethical review of the risk-benefit analysis of the interests of individual human subjects. Since the subject of the protection provided by the Western ethical and legal frameworks on biomedical research is the individual participant, the interests of other parties, such as groups which might be affected, however indirectly, by some types of biomedical research, are generally not addressed by these standards.⁴

This thesis, then, concentrated on the specific concerns raised by genetic research, which become even more prominent in HPGR. It was argued that genetic information has some unique qualities when compared with other health information, in the sense that certain types of genetic information, such as group collective genetic information, can be gained from any individual, but may reveal the collective information of a certain family; even a group/community. Hence, the main risks of harm in genetic research are primarily related to the disclosure of information and research results that could lead to discrimination, social stigmatization, familial disruption, or psychological distress to the human subject and her/his family or community members.⁵ For example, genetic research might lead to risks of harm including 'inadvertent disclosure of painful facts about family relationships (such as non-paternity); stigmatization associated with having a genetic abnormality; and intra-familial discord.⁶ The inappropriate publication or misuse of an individual's genetic information would violate not only her/his interests but also the interests of his/her family members, even group/community members. In the context of HPGR, the concerns or interests of groups become important. Since HPGR focuses on the collective genetic information of specific target groups/communities rather than subjects, individual human the information collected by HPGR is

⁴ Laurie, G. T. 2001, "Challenging Medical-Legal Norms: The Role of Autonomy, Confidentiality, and Privacy in Protecting Individual and Familial Group Rights in Genetic Information", *Journal* of Legal Medicine, vol. 22, pp. 1-54.

⁵ Beskow, L. M., Burke, W., Merz, J. F., Barr, P. A., Terry, S., Penchaszadeh, V. B., Gostin, L. O., Gwinn, M., & Khoury, M. J. 2001, "Informed Consent for Population-Based Research Involving Genetics", *Journal Of the American Medical Association*, vol. 286, no. 18, pp. 2315-2321, at 2318.

⁶ Green, R. M. & Thomas, A. M. 1998, "DNA: Five Distinguishing Features for Policy Analysis", Harvard Journal of Law and Technology, vol. 11, pp. 571-591, at 573.

group/community collective genetic information. Hence, this thesis then turned to a discussion of potential harms to target groups in HPGR.

A detailed explanation was given of the potential risks of harm that the target group as a whole might be exposed to upon the disclosure of information or research results of HPGR. Such harms might be external harms, such as genetic discrimination and stigmatization of the whole target group, as well as threats to national security and the survival of certain groups/communities. There might also be internal harms, which may occur inside the target group of HPGR, such as harm to the constitution of the group itself, and challenges to or disparagement of target groups' spiritual traditions, historical narratives, or traditional beliefs. It was contended that the application of current legal regulations and ethical guidelines is problematic, since they do not provide protections against these types of risk of harms.

In Chapter 3, discussion concentrated on the target groups in HPGR, who are frequently ethnic minorities and isolated groups in rural areas of developing countries. Give the common features of these target groups, such as poverty, low-educational level and lack of social and medical resources, this thesis argued that they have three different kinds of vulnerabilities in HPGR. In this chapter, the concept of human vulnerability and its relationship to HPGR was addressed. It was argued that vulnerability should be examined from three distinct perspectives — consent-based, risk-based, and justice-based. ⁷ In addition, in developing countries, it is common that there is a lack of effective legislation and regulations on biomedical research governance and human subject protection. This situation, together with poor law enforcement in most developing countries, makes target groups of HPGR more vulnerable. Hence, target groups in HPGR should be treated as vulnerable groups and they need specific protection to eliminate or reduce their vulnerabilities.

However, through the analysis, this thesis concluded that the vulnerability of target groups in HPGR cannot be eliminated or reduced by current ethical frameworks. Currently, most guidelines for the protection of

⁷ Coleman, C. H. 2009, "Vulnerability as a Regulatory Category in Human Subject Research", *Journal of Law, Medicine and Ethics*, vol. 37, no. 1, pp. 12-18, at 15.

groups/communities in research have been drafted for research involving specific indigenous peoples, such as American Indians. Although almost all of the guidelines require that researchers respect the culture of the community, none of these guidelines provides guidance on how to cope with circumstances when it may be unclear who represents a particular group/community. There is no guideline that provides for a specific, clear guidance and standard for group/community involvement. It is also rare to see any requirement that group/community representatives be involved in the conduct and ethical review of research. Therefore, it is concluded that these guidelines are inadequate to protect the special vulnerabilities of the target groups in HPGR.

There are a great many arguments and supporting evidence to provide a justification for group collective rights in international law, human rights law and even medical law itself. For example, as has been illustrated in Chapter 3, in the context of medical law, there are arguments concerning collective human rights to public health in order to advance health rights in a globalized world. While, this thesis then, argued that although viewing target groups as holders of legally enforceable rights in respect of HPGR is not feasible under current dominant (Western) legal and ethical regulations, it can surely be agreed that their interests should and could be protected in other ways.

In Chapter 4, the PRC has been used as an example to examine whether or not current legal and ethical frameworks could provide adequate protections to vulnerable target groups, with specific consideration of relevant cultural sensitivities. In China, target groups in HPGR are more likely to be influenced by traditional Confucianism and Marxism. According to these traditions, individuals would not only take their own interests into account when making decisions about issues relevant to the interests of their group/community, but would also be likely to wish to consider these wider interests. In some groups, individuals would also wish to rely on the views of group or community leaders. It is part of their cultural traditions which ought to be respected and should not be seen as undue influence. However, under current ethical frameworks, researchers and IRBs/RECs from Western countries may not appreciate these facets of decision-making. Therefore, although individual informed consent has its own justification in bioethics, even if the informed consent procedures in developing

countries were conducted to the same standards that are enforced in Western countries, the simple application of individualised informed consent may not fit into the cultural context of decision-making in the PRC, particularly in the context of HPGR.

Following the above discussion, it became necessary to propose some recommendations on how to reconstruct a legal and ethical framework in HPGR. As has been argued in Chapter 2,⁸ it would be appropriate to adopt the relational autonomy model in HPGR. It needs to be highlighted that the adoption of this model does not means that obtaining group consent instead of individual consent from participants should be a legal obligation in HPGR. Rather, relational autonomy requires that the interests of all relevant parties need to be considered during the design of research, ethical review, the consent process and the conduct and monitoring of research. In order to protect the interests of target group in HPGR, both researchers and IRBs or RECs need to take responsibility for ensuring adequate target group protection. To provide adequate protections for human subjects in HPGR, this thesis suggests that high level legislation needs to play an active role in the protection of participants and that the basic protections offered by the international guidelines need to be reconstructed into a form which is appropriate to the specific situation in any developing country in which this kind of research is undertaken or proposed. While this thesis specifically focused on HPGR in the context of the PRC, it is evident from examples provided of HPGR conducted in other developing countries that the same kinds of concerns would arise more widely,⁹ it is therefore proposed that the following approaches should be adopted by both international ethical guidelines and domestic legal regulations on target group protection in all HPGR:

1) Enhancing researchers' responsibilities for group protection

The general obligations of researchers in HPGR should include the following.

⁸ See 2.2.3(2).

⁹ See 2.2.3.

Firstly, researchers in HPGR should undertake consultation with target groups about relevant cultural issues at the stage of research design. There are several obstacles that can interfere with HPGR being conducted in an ethical way by researchers from developed countries. These are caused by distinctions between researchers and target groups in HPGR, such as marked inequality of power and resources and a lack of cultural sensitivity regarding decision-making. In the context of HPGR, target groups should be involved in the development, design and conduct of the research, since the process of consultation could offer a potential mechanism to protect communities against exploitation. Consultation on research design should be a necessary prerequisite to ensuring that the HPGR is undertaken in a way that respects the cultural norms of the target group/community and alerts the group/community to the possibility of harms arising from the research questions or findings. The content of the researchers' consultation in all HPGR projects should include the following three main aspects:

- a) In order to establish a proper research protocol, researchers should investigate the basic social, economic and average educational background of the target group.
- b) To identify the possible external and internal harms relevant to HPGR, social and cultural concerns should also be investigated by researchers intending to conduct HPGR. These may include harms including discrimination and stigmatisation and disruption of the group's common beliefs, traditions or narratives. The bioethical background of the target group, which may be very different from the Western standard of research ethics, should be investigated and taken into account of by researchers.
- c) Researchers in HPGR also have an obligation to investigate the culturally appropriate form of decision-making. In addition, in order to ensure the quality of group consultation, researchers in HPGR ought to collaborate with the group/community to define how the research problem might be approached and explained to participants and, where

relevant, oral traditions and other sources of group collective beliefs or common culture ought to be used in a respectful manner.

Secondly, researchers should obtain a collective permission from a target group leader or recognized authority for HPGR, if the target group has the cultural tradition of collective decision-making. The mechanism of group approval in HPGR should respect the cultural sensitivities or customs in collective decisionmaking, which should be based on the results of group consultation. Target groups in HPGR may have their own specific means of collective decision-making. If there is a community authority or community leader who can represent the target group to make collective formal and explicit approval or disapproval, such as in the case of the Apache Business Committee which represents the Apache Tribe of Oklahoma when making fundamental collective decisions, ¹⁰ group approval or disapproval should be sought from these community authorities or community leaders. Similarly, in developing countries like the PRC, most of the target groups have their own group leaders or authorities which should be the agent to provide group approval/disapproval. While such collective approval or disapproval would not obviate the need to obtain consent from individual participants, it would be a highly relevant factor in determining whether the study should proceed - and if there is collective disapproval, this should be regarded as determinative. Potential participants may wish to rely upon the views of community leaders in making their own decisions and information about them should be made available to them.

Thirdly, in order to eliminate or reduce the vulnerabilities of members of target groups in HPGR, at the stage of individual information disclosure, researchers should consider the potential participants' cultural traditions and educational level. Researchers should pay careful attention to the method of communication with individuals. Researchers should use communication measures which are appropriate giving adequate time to potential participants to ask questions about the HPGR, and providing adequate time for consideration of their

¹⁰ Foster, M. W., Bernsten, D., & Carter, T. H. 1998, "A Model Agreement for Genetic Research in Socially Identifiable Populations", *American Journal of Human Genetics*, vol. 63, pp. 696-702, at 701.

decisions. Information should be provided in language and concepts that are understandable to them and which enable a meaningful consent to be given.

2) Considering the Interests of Groups in Ethical Review

In the context of HPGR in developing countries, ethical review committees should accept additional responsibilities to ensure the interests of target groups are safeguarded and avoid the risk of exploitation. The ethical review should be conducted by an independent ethical review committee including members from target groups, rather than simply an institutional ethical review committee.

In order to consider the interests of the group, the following measures should be included in domestic legislation on ethical review for all HPGR projects:

Firstly, ethical review committees in HPGR should include members from the target group with varying genders, age groups and educational levels. The number of representatives should be decided by the population size of the target group. If there are group leaders or recognized authorities in target groups, they must be included in ethical review committees. If there is no group leader or group recognized authorities, the representatives should include the most affected members, the most educated members and some other random members. Some would argue that it can never be certain that the representatives will really voice the real opinion of the target group they represent. However, these selective representatives are members of the target group and may be expected to share common traditions and beliefs. It is reasonable to expect that their opinions could reflect the views of the target group members and their participation would also help to examine whether or not certain HPGR may lead to potential risks of harm that research participants and other members of the target group view as important.

Secondly, those responsible for administering RECs should provide proper training to members from target groups to assure the competence and quality of their ethical review participation. The training for review of HPGR should emphasize the development of the ability of members from target group to evaluate scientific issues in HPGR and to make complex risk-benefit assessments.

The training should at least include the following content: background scientific knowledge of HPGR, potential risks of harm of HPGR, appropriate harm minimization measures, general research ethical principles, and standard ethical review procedures in a way that is understandable to target group members.

Thirdly, in addition to risk-benefit assessments concerning individual human subjects, risk-benefit evaluations on the interests of target groups of the proposed HPGR should also be conducted, with emphasis on the assessment of potential collective risks of harm related to HPGR and awareness of the specific cultural sensitivities of target groups. It should identify how various social, religious, economic, cultural, and political communities/groups view the risks related to the proposed HPGR. The standard of ethical review of group risks of harm in HPGR should include the following factors: (a) the group risks of harm related to HPGR must be minimized, to the extent that doing so is consistent with sound scientific design. (b) The group risks of harm posed by HPGR must be reasonable in relation to the knowledge that is expected to be gained from the study. (c) The group risks of harms of HPGR must be no more than a minor increase over the minimal group risks of daily life for the identified group.

Fourthly, ethical review committees should be responsible for determining any proposed compensation or payment based on the degree of risk and other burdens of HPGR in developing countries. Given the different levels of economic development between researchers from developed countries and target groups in HPGR from developing countries, there may be a dilemma for researchers in offering compensation or payment to target groups: offer too little and the participants are exploited, offer too much and their participation may be unduly influenced. Independent ethical review committees with members from target groups are more capable of identifying the appropriate level of compensation or payment which fits into the specific economic development levels of the target groups.

3) Highlighting the involvement of target groups at all stages of the research

In addition to representatives from target groups being included in ethical review committees, target groups should also be involved in other stages of HPGR.

- a) At the stage of research design in HPGR, how to deal with the research data and samples should also be discussed by the researchers and target groups, including where data or samples will be stored, whether or not any will be destroyed, and who ultimately controls them after the completion of the research.
- b) At the stage of publication of the HPGR results, the opinion of target groups should be respected. Before publication, group representatives should be carefully informed of the potential contents' relevance to the target group and their potential implications and any objections noted. A consultation to avoid harms caused by publication should be made between researchers and target group.
- c) The mechanism of choosing group representatives to consider such issues should follow the rules of group representatives involved in the ethical review committees.

As Western developed countries gain economic and technological ascendance, they need human population genetic resources which some developing countries have in abundance; accordingly, most HPGR will likely be conducted by researchers from developed countries in developing countries. Some developing countries, such as China, which is both engaged in HPGR and contains groups/communities with specific cultural sensitivities, have realized the need for specific protection in HPGR and made some legislative attempts to do so. However, after a critical analysis of these documents, it became clear that such regulations as do exist have borrowed their terminology and conceptual basis directly from Western ideologies, despite different cultural and philosophical traditions. Yet, as has been argued above, Western ethical and legal frameworks, which focus on individual autonomy and the welfare of individual participants, do not provide adequate protection for target groups in HPGR. Therefore, these legal regulations, copied word by word from Western frameworks, are not culturally appropriately in China, where the traditional ethic emphasises social harmony over individual interests. Although there are special legislation and rules which aim to provide protections to ethnic minorities and regulate the ethical conduct of biomedical research involving human subjects in the PRC, they all have some deficiencies and therefore fail to provide adequate protections to research subjects of the HPGR. In addition, of the laws and regulations related to human subject protection which were analyzed in detail in Chapter 4, most turn out not to be promulgated by the highest level of the legislature, which in the PRC is the Chinese Congress and Its Standing Committee. They are, therefore, not powerful enough. In the context of PRC, human subject and target group protection need a firm foundation in high level legislation if they are to be effective and sensitive to cultural practices and norms. In addition, the concept of vulnerable group protection should also be introduced in Chinese high level legislation on human subject protection. Therefore, this thesis suggests that the PRC should establish a comprehensive legislation relating specifically to HPGR, which highlights vulnerable population protection. This legislation should be formulated by the Chinese Country Legislature - the Chinese Congress and Its Standing Committee.

According to the analysis presented in this thesis, in order to provide adequate protections for target groups in HPGR, it has been argued that developing countries need to play an active role in the protection of the target group, and that the protections offered need to be reconstructed into a form which is appropriate to the specific situation and cultural context of that country. This thesis has analyzed the specific situation of China; thus, it is suggested that the following two aspects of regulation should be developed in the proposed domestic legislation on human subject protection in China. However, a noted, it can be further proposed that in order to eliminate or reduce the vulnerabilities of target groups in other developing countries where similar concerns are likely to arise, these two aspects of regulation should also be adopted by all developing countries.

1) Double Review in International Collaborative HPGR

In order to ensure the welfare and interests of vulnerable target groups in HPGR, international collaborative HPGR must be regulated by both Western frameworks and legislation of host developing countries. This proposed legislation would, for example, require that foreign researchers or research institutions who conduct HPGR in China, no matter whether or not it has been reviewed according to the legal regulations or ethical guidelines of their own countries, also obtain approval from ethical review committees which are in conformity with the standard required by relevant laws, regulations and rules on biomedical research of the PRC, which would be more aware of the cultural sensitivities of target groups in HPGR and be able to take account of their vulnerabilities. This double review principle would play the role of preventing researchers from developed countries from taking advantage of loopholes in their own countries' regulations to exploit target groups in the host country. Significantly, if the approach to ethical review I have advocated is adopted, such double review would in fact provide additional protections for participants and target groups to those currently existing in the Western research ethics framework.

2) Supervision of HPGR by Developing Countries

In consideration of the vulnerability of target groups in HPGR, it is reasonable to doubt that representatives from vulnerable target groups in HPGR in ethical review committees established by researchers have appropriate knowledge of regulations governing biomedical research involving human subjects. Therefore, using the example of the PRC, local government should play a supervisory role in the whole process of HPGR. The best way to achieve the supervision is to require that the ethical review committees of HPGR should be established by local government. Since the ethical review committees would be set up by local government, it would be helpful to deal with the issues relevant to group consideration, such as correctly identify the extent of dispersion within communities and avoid the inappropriate use of ethical review which may harm the target group/community. These committees need a firm foundation in law specific to biomedical research. Ensuring the independence and legitimacy of these committees requires that they operate within the proposed high level legislation on human subject protection, not merely national ethical guidelines although the latter have the advantage of ease of amendment. These

committees would supervise the whole process of HPGR, including the selection of target groups, group consultation, information disclosure, group approval, research results publication and further use of research samples.

As proposed earlier, their supervision should include consideration of the wide range of issues which ethics review committees may have to consider in the context of the socio-economic factors operating in specific situations and certain areas. These committees should also consider the issues specific to the particular target groups and the particular research; for instance, determining whether HPGR will be harmful to a target group given the specific needs of that community. If these committees find that the intended HPGR fails to meet any legal requirement stipulated in the proposed special law on biomedical research relevant to HPGR, they should report this to the local government. The local government should then require the researchers to stop the project immediately.

The proposed general model for additional protections for groups in HPGR in China is summarized in Figure 5-1.



General Model for Additional Protections to Groups in HPGR

Figure 5-1 General Model for Additional Protections to Groups in HPGR

The growth of international research has given rise to increasing concern that international researchers may benefit excessively from conducting biomedical research in the developing world, and thus exploit the vulnerability of potential participants and their communities.¹¹ Thus, attention has now turned to the question of how to provide adequate protection to vulnerable populations in developing countries with respect to their specific cultural sensitivities. This change makes studies on the legal and ethical protection in biomedical research involving human subjects in developing countries more significant than before.

Although this thesis was intended to examine the need for an alternative model for group protection in HPGR in the specific situation of China, it has a broader application in that it throws some light on general issues of group protection in HPGR by examining the existing Western ethical and legal frameworks on biomedical research. This thesis has illustrated that in addition to risks of harm to individual participants, HPGR may expose target groups and other members of certain groups who are not directly involved to additional risks of harm. Current Western ethical and legal frameworks on biomedical research cannot provide adequate protection of the interests of target groups in HPGR. There is a need for additional protections which can take specific account of the special interests of target groups and their cultural sensitivities, such as group approval and community review conducted by target groups and ethical review committees involving target group representatives. Given the common situations of poverty, isolation, low-educational level and lack of social and economic resources, target groups in HPGR are vulnerable groups. Target groups may have their own traditions of decision-making which do not fit into the Western pattern. This thesis has sought to help legislators and policy makers to understand in a precise way the inadequacies of current ethical and legal frameworks on biomedical research in group protection in HPGR, with specific consideration of the vulnerabilities and cultural sensitivities of target groups in developing countries.

Although there are some studies that highlight concerns about the interests of the third parties in biomedical research, ¹² they are mostly still based on

¹¹ Ballantyne, A. 2008, ""Fair Benefits" Accounts of Exploitation Required A Normative Principle of Fairness: Response to Gbadegesin and Wendler, and Emanuel et al.", *Bioethics*, vol. 22, no. 4, pp. 239-244, at 240.

¹² See Resnik, D. B. & Sharp, R. R. 2006, "Protecting Third Parties in Human Subjects Research", IRB: Ethics and Human Research, vol. 28, no. 4, pp. 1-7. Also see Kimmelman, J. 2005, "Medical Research, Risk, and Bystanders", *IRB: Ethics and Human Research*, vol. 27, no. 4, pp. 1-6.

individualised autonomy or only consider the issues of indigenous people in developed countries. One of the reasons why there is a lack of studies in this area could be the influence of Western individualism that dominates in biomedical research; namely, respect for (individual) persons. This can lead to the interests of groups being ignored. What is more, there are few scholars with the awareness of cultural distinctions between different cultures. Thus, it is far from easy for researchers in developed countries to discuss vulnerable group protection in biomedical research conducted in developing countries. Despite this difficulty, this thesis has demonstrated that studies in this area can be carried out by examining vulnerable target group protection in HPGR in the PRC.

Meanwhile, the People's Republic of China, as an example of a developing country, is rich in genetic resources which lend themselves to the conduct of HPGR. This thesis has provided recommendations on how to reconstruct a legal and ethical framework for HPGR in China to ensure protection of the interests of target groups and eliminate or reduce their vulnerabilities, with specific awareness of the cultural sensitivity of target groups in China. For developing countries which have not adopted legal regulations or ethical guidelines on human subject protection, or are in the process of formulating national regulations, although they may not have the same legal system or cultural sensitivity as China, this thesis could raise the awareness of the need for target group protection with due consideration of their special vulnerabilities and group interests. For those developing countries which have already adopted legal regulations and ethical guidelines on human subject protection, this thesis can also serve to remind regulators that the existing regulations and guidelines may need to be amended to provide adequate protection to target groups. In addition, this thesis could raise the awareness of group protection in biomedical research conducted in developing countries, which could contribute to the amendment of international declarations and ethical guidelines, with specific consideration of the vulnerability and cultural sensitivities of target groups.

Appendix 1

WORLD MEDICAL ASSOCIATION DECLARATION OF HELSINKI

Ethical Principles for Medical Research Involving Human Subjects

Adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the:

29th WMA General Assembly, Tokyo, Japan, October 1975

35th WMA General Assembly, Venice, Italy, October 1983

41st WMA General Assembly, Hong Kong, September 1989

48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996

52nd WMA General Assembly, Edinburgh, Scotland, October 2000

53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added)

55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added)

59th WMA General Assembly, Seoul, October 2008

A. INTRODUCTION

1. The World Medical Association (WMA) has developed the Declaration of Helsinki as a statement of ethical principles for medical research involving human subjects, including research on identifiable human material and data.

The Declaration is intended to be read as a whole and each of its constituent paragraphs should not be applied without consideration of all other relevant paragraphs.

2. Although the Declaration is addressed primarily to physicians, the WMA encourages other participants in medical research involving human subjects to adopt these principles.

3. It is the duty of the physician to promote and safeguard the health of patients, including those who are involved in medical research. The physician's knowledge and conscience are dedicated to the fulfilment of this duty.

4. The Declaration of Geneva of the WMA binds the physician with the words, "The health of my patient will be my first consideration," and the International Code of Medical Ethics declares that, "A physician shall act in the patient's best interest when providing medical care."

5. Medical progress is based on research that ultimately must include studies involving human subjects. Populations that are underrepresented in medical research should be provided appropriate access to participation in research.

6. In medical research involving human subjects, the well-being of the individual research subject must take precedence over all other interests.

7. The primary purpose of medical research involving human subjects is to understand the causes, development and effects of diseases and improve preventive, diagnostic and therapeutic interventions (methods, procedures and treatments). Even the best current interventions must be evaluated continually through research for their safety, effectiveness, efficiency, accessibility and quality.

8. In medical practice and in medical research, most interventions involve risks and burdens.

9. Medical research is subject to ethical standards that promote respect for all human subjects and protect their health and rights. Some research populations are particularly vulnerable and need special protection. These include those who cannot give or refuse consent for themselves and those who may be vulnerable to coercion or undue influence.

10. Physicians should consider the ethical, legal and regulatory norms and standards for research involving human subjects in their own countries as well as applicable international norms and standards. No national or international

ethical, legal or regulatory requirement should reduce or eliminate any of the protections for research subjects set forth in this Declaration.

B. PRINCIPLES FOR ALL MEDICAL RESEARCH

11. It is the duty of physicians who participate in medical research to protect the life, health, dignity, integrity, right to self-determination, privacy, and confidentiality of personal information of research subjects.

12. Medical research involving human subjects must conform to generally accepted scientific principles, be based on a thorough knowledge of the scientific literature, other relevant sources of information, and adequate laboratory and, as appropriate, animal experimentation. The welfare of animals used for research must be respected.

13. Appropriate caution must be exercised in the conduct of medical research that may harm the environment.

14. The design and performance of each research study involving human subjects must be clearly described in a research protocol. The protocol should contain a statement of the ethical considerations involved and should indicate how the principles in this Declaration have been addressed. The protocol should include information regarding funding, sponsors, institutional affiliations, other potential conflicts of interest, incentives for subjects and provisions for treating and/or compensating subjects who are harmed as a consequence of participation in the research study. The protocol should describe arrangements for post-study access by study subjects to interventions identified as beneficial in the study or access to other appropriate care or benefits.

15. The research protocol must be submitted for consideration, comment, guidance and approval to a research ethics committee before the study begins. This committee must be independent of the researcher, the sponsor and any other undue influence. It must take into consideration the laws and regulations of the country or countries in which the research is to be performed as well as applicable international norms and standards but these must not be allowed to reduce or eliminate any of the protections for research subjects set forth in this

Declaration. The committee must have the right to monitor ongoing studies. The researcher must provide monitoring information to the committee, especially information about any serious adverse events. No change to the protocol may be made without consideration and approval by the committee.

16. Medical research involving human subjects must be conducted only by individuals with the appropriate scientific training and qualifications. Research on patients or healthy volunteers requires the supervision of a competent and appropriately qualified physician or other health care professional. The responsibility for the protection of research subjects must always rest with the physician or other health care professional and never the research subjects, even though they have given consent.

17. Medical research involving a disadvantaged or vulnerable population or community is only justified if the research is responsive to the health needs and priorities of this population or community and if there is a reasonable likelihood that this population or community stands to benefit from the results of the research.

18. Every medical research study involving human subjects must be preceded by careful assessment of predictable risks and burdens to the individuals and communities involved in the research in comparison with foreseeable benefits to them and to other individuals or communities affected by the condition under investigation.

19. Every clinical trial must be registered in a publicly accessible database before recruitment of the first subject.

20. Physicians may not participate in a research study involving human subjects unless they are confident that the risks involved have been adequately assessed and can be satisfactorily managed. Physicians must immediately stop a study when the risks are found to outweigh the potential benefits or when there is conclusive proof of positive and beneficial results.

21. Medical research involving human subjects may only be conducted if the importance of the objective outweighs the inherent risks and burdens to the research subjects.

22. Participation by competent individuals as subjects in medical research must be voluntary. Although it may be appropriate to consult family members or community leaders, no competent individual may be enrolled in a research study unless he or she freely agrees.

23. Every precaution must be taken to protect the privacy of research subjects and the confidentiality of their personal information and to minimize the impact of the study on their physical, mental and social integrity.

24. In medical research involving competent human subjects, each potential subject must be adequately informed of the aims, methods, sources of funding, any possible conflicts of interest, institutional affiliations of the researcher, the anticipated benefits and potential risks of the study and the discomfort it may entail, and any other relevant aspects of the study. The potential subject must be informed of the right to refuse to participate in the study or to withdraw consent to participate at any time without reprisal. Special attention should be given to the specific information needs of individual potential subjects as well as to the methods used to deliver the information. After ensuring that the potential subject has understood the information, the physician or another appropriately qualified individual must then seek the potential subject's freely-given informed consent, preferably in writing. If the consent cannot be expressed in writing, the non-written consent must be formally documented and witnessed.

25. For medical research using identifiable human material or data, physicians must normally seek consent for the collection, analysis, storage and/or reuse. There may be situations where consent would be impossible or impractical to obtain for such research or would pose a threat to the validity of the research. In such situations the research may be done only after consideration and approval of a research ethics committee.

26. When seeking informed consent for participation in a research study the physician should be particularly cautious if the potential subject is in a

dependent relationship with the physician or may consent under duress. In such situations the informed consent should be sought by an appropriately qualified individual who is completely independent of this relationship.

27. For a potential research subject who is incompetent, the physician must seek informed consent from the legally authorized representative. These individuals must not be included in a research study that has no likelihood of benefit for them unless it is intended to promote the health of the population represented by the potential subject, the research cannot instead be performed with competent persons, and the research entails only minimal risk and minimal burden.

28. When a potential research subject who is deemed incompetent is able to give assent to decisions about participation in research, the physician must seek that assent in addition to the consent of the legally authorized representative. The potential subject's dissent should be respected.

29. Research involving subjects who are physically or mentally incapable of giving consent, for example, unconscious patients, may be done only if the physical or mental condition that prevents giving informed consent is a necessary characteristic of the research population. In such circumstances the physician should seek informed consent from the legally authorized representative. If no such representative is available and if the research cannot be delayed, the study may proceed without informed consent provided that the specific reasons for involving subjects with a condition that renders them unable to give informed consent have been stated in the research protocol and the study has been approved by a research ethics committee. Consent to remain in the research should be obtained as soon as possible from the subject or a legally authorized representative.

30. Authors, editors and publishers all have ethical obligations with regard to the publication of the results of research. Authors have a duty to make publicly available the results of their research on human subjects and are accountable for the completeness and accuracy of their reports. They should adhere to accepted guidelines for ethical reporting. Negative and inconclusive as well as positive results should be published or otherwise made publicly available.

Sources of funding, institutional affiliations and conflicts of interest should be declared in the publication. Reports of research not in accordance with the principles of this Declaration should not be accepted for publication.

C. ADDITIONAL PRINCIPLES FOR MEDICAL RESEARCH COMBINED WITH

MEDICAL CARE

31. The physician may combine medical research with medical care only to the extent that the research is justified by its potential preventive, diagnostic or therapeutic value and if the physician has good reason to believe that participation in the research study will not adversely affect the health of the patients who serve as research subjects.

32. The benefits, risks, burdens and effectiveness of a new intervention must be tested against those of the best current proven intervention, except in the following circumstances:

• The use of placebo, or no treatment, is acceptable in studies where no current proven intervention exists; or

• Where for compelling and scientifically sound methodological reasons the use of placebo is necessary to determine the efficacy or safety of an intervention and the patients who receive placebo or no treatment will not be subject to any risk of serious or irreversible harm. Extreme care must be taken to avoid abuse of this option.

33. At the conclusion of the study, patients entered into the study are entitled to be informed about the outcome of the study and to share any benefits that result from it, for example, access to interventions identified as beneficial in the study or to other appropriate care or benefits.

34. The physician must fully inform the patient which aspects of the care are related to the research. The refusal of a patient to participate in a study or the patient's decision to withdraw from the study must never interfere with the patient-physician relationship.

35. In the treatment of a patient, where proven interventions do not exist or have been ineffective, the physician, after seeking expert advice, with informed consent from the patient or a legally authorized representative, may use an unproven intervention if in the physician's judgement it offers hope of saving life, re-establishing health or alleviating suffering. Where possible, this intervention should be made the object of research, designed to evaluate its safety and efficacy. In all cases, new information should be recorded and, where appropriate, made publicly available.

Amendments to Chinese Provisions of Human subject Protection

1) Better Chinese High Level Legislation on Human Subject Protection

Of the laws and regulations related to human subject protection which were analyzed in detail in Chapter 4, most turn out not to be promulgated by the highest level of the legislature, which in the PRC is the Chinese Congress and Its Standing Committee. They are, therefore, not powerful enough. To provide adequate protections for human subjects in biomedical research, this thesis suggests that high level legislation needs to play an active role in the protection of participants and that the basic protections offered by the international guidelines need to be reconstructed into a form which is appropriate to the specific situation in that country. In the context of PRC, human subject and target group protection need a firm foundation in high level legislation if they are to be effective and sensitive to cultural practices and norms. In addition, the concept of vulnerable group protection should also be introduced in Chinese high level legislation on human subject protection. It is suggested that the legislation on human subject protection, which highlights vulnerable population protection in the PR China should be formulated by the Chinese Country Legislature - the Chinese Congress and Its Standing Committee.

There is evidence that vulnerable groups, such as ethnic minorities and isolated groups in rural areas, tend to be underrepresented in biomedical research.¹ However, some international declarations and ethical guidelines on human subject protection do pay specific attention to the issues raised by the participation of minorities in research. For example, the CIOMS guidelines make reference to this issue as follows:

Members of vulnerable groups also have the same entitlement to access to the benefits of investigational interventions that show promise of therapeutic benefit as persons not considered vulnerable,

¹ For discussion, see Sheikh, A. 2006, "Are Racial and Ethnic Minorities Less Willing to Participate in Health Research?", *PLOS Medicine*, vol. 3, no. 2, pp. 0166-0167.

particularly when no superior or equivalent approaches to the rapy are available. $^{\rm 2}$

This statement acknowledges the dilemma that, on the one hand, it is unjust selectively to recruit vulnerable populations to serve as research subjects simply because they may be more easily induced to participate in exchange for small payments; on the other hand, such vulnerable populations should not be categorically excluded from research protocols. The concerns of vulnerable population protection and the benefits of participation should be considered together to seek to an appropriate balance. In the clinical trial setting, this dilemma also exists. Some countries have realized this situation and introduced relevant policies to promote the participation of minorities in potentially beneficial clinical research. For example, Noah illustrated this situation in the US as follows:

Evidence suggests....that racial and ethnic minorities have less opportunity to participate in potentially beneficial clinical research. For reasons of scientific and practical convenience, minority groups were commonly excluded from clinical trials until the mid-1990s. More recently, in recognition of the fact that minority participation in medical research enhances scientific understanding of variations in disease and treatment response among races and out of concern for healthcare justice, the government has instituted policies designed to encourage the inclusion of minorities in clinical trials. Even so, the research community must proceed with caution in any efforts to equalize participation, both because of the inherent risks of medical research to individual participants and because some efforts at racial inclusion may have unintended negative consequences.³

Therefore, it needs to be highlighted that special protections for vulnerable populations in biomedical research involving human subject in the PRC should not deliberately prohibit vulnerable populations from being the subject of those research projects.

² International Ethical Guidelines for Biomedical Research Involving Human Subjects was prepared by the Council for International Organizations of Medical Sciences (CIOMS) in collaboration with the WHO, Geneva, 2002. The full text of CIOMS Guidelines can be seen on the official website of World Heath Organization (WHO) on <u>http://whqlibdoc.who.int/emro/2004/9290213639_annex2.pdf</u>, last visited on 2010-07-27, Commentary and reference to Guideline 12.

³ Noah, B. A. 2003, "The Participation of Underrepresented Minorities in Clinical Research", *American Journal of Law and Medicine*, vol. 29, no. 2-3, pp. 221-245, at 224.

However, it needs to be noted that the situation of HPGR should be treated as a special case. Most HPGR projects are designed simply to improve scientific understanding and are unlikely to offer direct benefit to participating groups. Thus, since the target groups of HPGR are vulnerable groups, and some HPGR protocols pose potential risks to those groups, participation in HPGR should not be promoted. Meanwhile, if target groups have decided to participate in certain HPGR, their interests should be ensured by the provision of systematic and effective protection to vulnerable target groups and their members, while guarding against the imposition of unfair burdens or risks for any one group of participants.

2) Amendment to Provisions of Researchers' Responsibilities

As discussed in Chapter 3, most HPGR projects are conducted by researchers from developed countries, while the target groups in HPGR are almost always isolated groups or ethnic minorities in rural areas of developing countries, such as PR China; thus, target groups in HPGR are almost vulnerable groups with their own cultural sensitivities and need additional protections. Researchers, who have advantages in power and resources, must accept a series of obligations to mitigate the vulnerabilities of target groups in the whole process of HPGR.

(1) Group Consultation

There are several obstacles that can interfere with HPGR being conducted in an ethical way by researchers from developed countries. These are caused by distinctions between researchers and target groups in HPGR, such as marked inequality of power and resources and a lack of cultural sensitivity regarding decision-making. In the context of HPGR, target groups should be involved in the development, design and conduct of the research, since the process of consultation could offer a potential mechanism to protect communities against exploitation. Consultation on research design should be a necessary prerequisite to ensuring that the HPGR is undertaken in a way that respects the cultural sensitivity of target group/community and alerts the group/community to the possibility of harms arising from the research questions or findings.

The content of the researchers' consultation in HPGR in the PRC should include the following three main aspects:

- A. In order to establish a proper research protocol, researchers should investigate the basic social, economic and average education background of the target group. Since target groups in HPGR are usually impoverished people, who are highly susceptible to prospects of financial rewards, even small financial payments can act as a coercive force, compelling the poor to do what the rich would be reluctant to consider. They may be unable to give ungualified consent to HPGR, when confronted with compensation for research participation. What is more, non-financial incentives that could improve the living standard of target groups may also be overly coercive. These offers might include food, clothing, basic medical treatment and drugs. The limits of the economic and social resources in developing countries can transform these simple rewards or basic resources into forceful incentives for target groups in HPGR. Researchers conducting HPGR must not assume that the incentive level should be based on their own standards. Any incentive level researchers offer should be tailored to the level of social and economic development of the target group. It is the obligation of researchers to identify the proper way of providing compensation or rewards to ensure that the human subjects make their own decisions on whether or not to participate without the pressure of undue incentives. In addition, the average educational background of the target group should be related to the expression of information disclosure, which should be clear and understandable.
- B. To identify the possible internal harms relevant to certain HPGR, cultural sensitivity which may be harmed by certain HPGR, such as a group's common belief, specific group traditions or group narratives, should also be investigated by researchers of HPGR. The cultural sensitivity such as bioethical background, which would be opposite to the application of Western standard of research ethics, should be investigated by researchers in HPGR. For example, for individuals in non-Western societies, perspectives on the nature of disease, the subject-investigator relationship, and the doctor-patient relationship may be entirely different

from those in Western societies.⁴ The meaning of 'person' may also be different between Western and non-Western societies. It has been argued that 'the majority viewpoint manifest in most other societies, both technologically developing (e.g., Central Africa) and technologically developed (e.g., Japan), does not reflect the American perspective of radical individualism.'⁵ As De Craemer puts it:

The American notion of person has still other characteristic features. It is markedly rational, and also legalistic-prototypically expressed in the language of rights, and central not only to our Declaration of Independence and Constitution, but to a very wide range of issues that find their way into our courts and our legislatures.

In turn, these rational-legal aspects of our cultural outlook on personhood are associated with the voluntary, functionally specific, contractual model of social relations that has a predominant place in our society, particularly in economic and political spheres....

The American view of the human person is pervaded by logical-rational dichotomies. This view sharply opposes body and mind, thought and feeling, the conscious and unconscious, self and other, reality and nonreality (imagining, dreaming, and hearing voices, for example are not "real").⁶

He further argues in his summary statement that the 'American way of thinking about the person represents the way men and women of all societies and cultures should and do think about personhood when they are being supremely rational and moral.'⁷ In the PRC, as was discussed in Chapter 4, however, the culture of isolated groups in rural areas is characterised by communal values and highlights social harmony. In both Confucianism and Marxism/communism, a person cannot be seen in isolation. Instead, they are at the centre of relationships. A person exists in a social context in order to fulfil their social responsibilities, and a

⁴ Clinton, R. N. 1990, "Rights of Indigenous Peoples as Collective Group Rights", Arizona Law Review, vol. 32, no. 4, pp. 739-748

⁵ Levine, R. J. 1991, "Informed Consent: Some Challenges to the Universal Validity of the Western Model", *Journal of Law, Medicine and Ethics*, vol. 19, pp. 207-213, at. 209.

⁶ De Craemer, W. 1983, "A Cross-Cultural Perspective on Personhood ", *The Milbank Memorial Fund Quarterly: Health and Society*, vol. 61, no. 1, pp. 19-34, at 21.

⁷ Ibid., at 34.

person's nature manifests itself only through human relatedness. As has been said, '[t]he Chinese believe in the importance of individual autonomy, but they also believe that this right of autonomy is guided by social needs.'⁸ These bioethical backgrounds should be considered by researchers to ethically conduct certain HPGR, with acknowledgement of, and respect for, target groups' cultural sensitivities.

C. Researchers in HPGR also have an obligation to investigate the cultural sensitivity regarding decision-making. According to the result of group consultation on cultural sensitivity regarding decision-making, researchers could decide whether or not group approval/disapproval is needed. If the cultural sensitivity on decision-making is individual as final decision maker, the process of group approval/disapproval does not need to be conducted. If certain target group have the cultural sensitivity on group decisionmaking or used to follow the decision of group leader, then, group approval/disapproval should be conducted. It need to be highlighted, the requirement on group approval/disapproval do not means the complete abandon of individual informed consent. It means that the result of this group approval/disapproval should be the precondition of whether or not certain HPGR could be conducted. If group approved, the individual informed consent should also be conducted before collect samples from individual participants. Rather, when conducting individual informed consent, the group approval should be provided to individual participants. For example, according to Confucianism, which is a traditional and influential culture in the PRC, especially in isolated rural areas, the family is not only a means for human flourishing, but also has its own status in decision-making. One's family members sustain an element of one's own being. This leads to the belief that one's choices have a profound effect on both the individual and the family as a whole. This understanding of the family is reflected in the Confucian approach to making medical decisions, assessing medical technology, and financing health care. Medical decision-making involves the whole family, since the whole family's interests as well as the individual's are at stake. The interests of

⁸ Doring, O. 2003, "China's Struggle for Practical Regulations in Medical Ethics", *Nature Reviews: Genetics*, vol. 4, pp. 233-239, at 236.

the family must also be taken into account when assessing medical technology. This does not mean that individual interests should always give way to family interests when conflicts occur. However, in most cases of target groups in HPGR in the PRC, the opinion of community leaders or senior family members (or community leaders) would be a significant reference for members of target groups. This opinion from a community leader or senior family member, which would be likely to influence the decision of potential participants, is a part of the social context of an individual's decision-making; thus, it is not undue influence at least in this culture. Accordingly, in most cases of HPGR in the PRC, group approval/ disapproval should be considered. Therefore, the cultural sensitivities of target groups, which will influence their decision-making, should be identified and understood by the researcher in HPGR before the research design stage.

In recognition of these issues, there should be a basic legal requirement on researchers in HPGR to conduct precise consultation about relevant cultural sensitivity issues at the stage of research design in the PRC.

In order to ensure the quality of group consultation, researchers in HPGR ought to collaborate with the group/community to define how the research problem might be approached and, where relevant, oral tradition and other sources of group collective beliefs or common culture ought to be used in a respectful manner. The consultation process should include: (a) researchers survey and communication with group representatives on the cultural sensitivity of certain groups, for example, asking community/group leaders, affected and unaffected persons a series of questions about how they recognize and make decisions about illness; (b) dialogue or communication between researchers and group members. The contents of consultation should include guestions regarding whom they ask for advice in medical decision-making, who may have assisted them in seeking care, who may have provided care for them, and their social relationships to those persons, whether there is there any group common belief or cultural sensitivity concerning disease, health and life. If necessary, social scientists with working experience of the target groups, as well as prominent community members, could be consulted to interpret these answers.

In addition, the final consultation should also be submitted to both supervision authorities of local government in the PRC and IRBs or RECs, for the purposes of scrutiny.

(2) Group Approval /Disapproval

The term 'group approval / disapproval' is ambiguous and proponents of group approval do not always make clear what precisely they mean by it. In group approval as it is understood here, researchers should obtain a collective permission from a target group leader or recognized authority for HPGR, only if target group has the cultural tradition of collective decision-making. It needs to be highlighted that the collective decision, group approval / disapproval, is not binding on individual members who may choose to consent or refuse to participate in HPGR. The results of group approval/disapproval here would be one piece of necessary relevant information which would be provided to potential individual participants as a reference to help them to make their own decision on whether or not to participate in certain HPGR, according to their decision-making patterns.

Since the main criticisms of group approval focused on giving a target group the authority to veto proposed HPGR involving their members,⁹ it is important to stress that the group approval/disapproval discussed here is not intended to extend a 'veto power' to the target group in HPGR. Rather, in the context of the PRC, as has been discussed above, likely target groups have a culture of group decision making, or acceptance that the group leader has the right to decide. If researchers intend to achieve genuine consent from individual members of such target groups with cultural sensitivity regarding group decision-making, researchers in HPGR should obtain and provide the opinions of their group leaders or recognized authorities on the proposed research in order to help individual members to make their own decisions.

The mechanism of group approval in HPGR should respect the cultural sensitivities or customs in collective decision- making, which should based on the

⁹ Juengst, E. T. 1998, "Groups as Gatekeepers to Genomic Research: Conceptually Confusing, Morally Hazardous, and Practically Useless", *Kennedy Institute of Ethics Journal*, vol. 8, no. 2, pp. 183-200, at 183..

results of group consultation. Target groups in HPGR may have their own specific means of collective decision-making. If there is a community authority or community leader who can represent the target group to make collective formal and explicit approval or disapproval, such as in the case of the Apache Business Committee which represents the Apache Tribe of Oklahoma when making fundamental collective decisions, ¹⁰ group approval or disapproval should be sought from these community authorities or community leaders. Similarly, in the PRC, most of the target groups have their own group leaders or authorities, which should be the agent to provide group approval/disapproval.

Therefore, if researchers obtain group approval for a particular HPGR, it implies that researchers can conduct this HPGR, only when it is based on informed consent from individual group members. If the target group considers that HPGR might lead to harms and does not approve it, in the context of the PR China, certain HPGR would not be conducted, since researchers would be unlikely to be able to recruit sufficient numbers of participants from target groups where the decision of community leaders is generally accepted as definitive. Meanwhile, group disapproval was also likely to lead to the project not being approved at ethical review and hence not proceeding.

The legal requirement of group approval/disapproval needs to respect to the changes or withdrawal of group approval by target group in HPGR. If group approval is required for the research study to proceed, then major changes in the agreed-upon protocol should also be examined by the target group.

In addition to being provided to potential individual participants in HPGR as necessary information for decision-making, the written result of group decision should also be submitted to both supervision authorities of local government in the PRC and IRBs or RECs.

¹⁰ Foster, M. W., Bernsten, D., & Carter, T. H. 1998, "A Model Agreement for Genetic Research in Socially Identifiable Populations", *American Journal of Human Genetics*, vol. 63, pp. 696-702, at 701.

(3) Individual Informed Consent

The information that must be disclosed to a potential human subject who is considering participating in biomedical research, which he/she in turn must have the opportunity to evaluate (a process that includes having access to a member of the research team), is listed in various research guidelines and legal regulations. In general, this information includes a broad description of the nature of the study (including what part is experimental and how long the study will last), a description of reasonably foreseeable risks, a description of any potential benefits to the subject, a statement of how the confidentiality of records will be maintained, a statement of whether there will be compensation for injury, a designation of a contact person who is a member of the research team, and a declaration that participation is voluntary and that there is no penalty for withdrawal. In addition to information has been listed in current research guidelines, given there are additional risks of harm that may be caused by HPGR to the target group as a whole as discussed in Chapter 2, the special rules on HPGR in the PRC should require the following two additional contents: (a) potential benefits and risks of harm to the interests of target group in HPGR, which is similar to the list of information concerning disclosure with potential participants about anticipated benefits and potential risks to individual participant; (b) if has the cultural sensitivity on group decision-making, group decision made by group leader or group recognized authority should also be disclosed to potential individual participants as a reference to make their own decisions.

The disclosure standard applied in HPGR in the PRC should require disclosure of whatever it can reasonably be concluded potential participants would consider significantly in their decision-making. Since target groups in HPGR may be vulnerable, the standard would require researchers to disclose to potential participants all of the relevant information that any qualified individual of a target group would reasonably need to know to make a decision on whether or not participate in the HPGR. This standard is similar to the reasonable patient
rule which has been used as a standard of disclosure in legal cases about medical treatment decisions in some countries.¹¹

In order to eliminate or reduce the vulnerabilities of target groups in HPGR, the new legal requirement in the PRC should be stipulated to a more appropriate way which could fit into the specific situations of target groups. The detailed measures include:

- A. The conduct of information disclosure needs to be undertaken in a clear and intelligible manner, such as using local languages where necessary. As O'Neill pointed out, a normal person 'may find that being confronted with the full detail of research protocols provides excess, inassimilable information, to which they can hardly hope to give genuinely informed consent.'¹² Given that the target groups in HPGR in the PRC are vulnerable groups with low-educated level, the situation of confusing by a thick stack of papers which lists of complex questions described by difficult medical terms would be even worse. Therefore, in order to ensure the quality of information disclosure, the new legal requirement also should require that researchers should provide information in the language of the potential participants and at a level appropriate to their reading level, where providing written information is likely to be of practical value. It should also provide an emphasis on process rather than mere agreement or signing a consent form.
- B. Considering the cultural sensitivity and educational level of the members of target groups in HPGR, during the process of information disclosure, researchers should pay attention to the method of communication with group members. In order to ensure the fullest possible understanding of relevant information, the new guideline should suggest that researchers use specific group communication measures which are appropriate to certain target groups, such as face-to-face meetings between communities and researchers, giving adequate time to potential

¹¹ The discussion on 'reasonable patient standard' can be seen in Chapter 2.

¹² O'Neill, O. 2002, Autonomy and Trust in Bioethics, Cambridge University Press, at 157.

participants to ask questions about the HPGR, and providing adequate time for consideration of their decision.

C. The new legal requirement should require researchers to clearly inform potential participants of the right to refuse to take part in HPGR or to withdraw consent to participate at any time without reprisal, as well as provide easy procedure to exercise the decision of refuse or withdrawal. As O'Neill suggested, ethically acceptable consent should meet the standard that 'the possibility of refusal should be made as clear and as easy to exercise as the possibility of consent.'¹³

The written informed consent forms from individual participants in HPGR should be submitted to both supervision authorities of local government in the PRC and ethical review committees. The process of individual informed consent should be fully reviewed by ethical review committees, and be supervised by supervision authorities of local government in the PRC.

3) Amendment to Provisions of Ethical Review

In order to ensure the welfare and well-being of human subjects, all international declarations and conventions, research guidelines, and some national regulations propose that research ethics committees (REC) or institutional review boards (IRB)¹⁴ should undertake a risk-benefit assessment and risk management of biomedical research involving human subjects. Without the approval of RECs or IRBs, no biomedical research can be ethically conducted, no matter whether or not a person consents to participate in it. RECs or IRBs allow biomedical researchers and bioethical experts with varying backgrounds to promote adequate review of research activities and weigh the merits of proposed biomedical research and its potential impact on the rights, safety, and welfare of human subjects from their own viewpoints. In general, ethical review committees provide ethical advice to researchers so as to assist decision-making on the adequacy of proposed research projects, with respect to the protection of potential and actual human subjects. Ethical review committees may function

¹³ Ibid., at 159.

¹⁴ REC or IRB also known as an independent ethics committee (IEC) in the Declaration of Helsinki, ethical review board (ERB) in UK.

at the institutional, local, regional, or national level, and in some cases at the international level. For example, ethical review committees play a major part in the Declaration of Helsinki.¹⁵ Article 15 of the Declaration highlights the requirements of ethical review in the whole process of the design and performance of each experimental procedure involving human subjects.¹⁶

In the context of HPGR in developing countries like the PRC, due to the vulnerabilities of target groups caused by poverty, low-educational level and lack of social and medical resources, ethical review committees should accept additional responsibilities to ensure the interests of target groups and avoid the risk of exploitation. Therefore, this type of ethical review should be conducted without the researcher, the sponsor or any kind of undue influence. The Chinese provision in HPGR should require the ethical review in HPGR must be conducted by an independent ethical review committee including members from target groups; rather than institutional ethical review committee.

(1) Membership and Composition of Ethical Review Committees in HPGR

As discussed in Chapter 2, in HPGR, in addition to the potential risks of harm to individual human subjects, there are potential risks of harm to the target group as a whole. However, one important difficulty for ethical review committees is that members who are outsiders often struggle to identify intra-community risks, such as the disruption of existing social arrangements and relationships between members of a target group. Therefore, in the PRC, it is proposed that ethical review committees including members from the target group with varying genders, age groups and educational backgrounds should be an essential requirement of ethical review of IRBs or RECs in HPGR. The number of representatives should be decided by the population size of target group. If

¹⁵ WMA Declaration of Helsinki Ethical Principles for Medical Research Involving Human Subjects was adopted by the 18th WMA General Assembly, Helsinki, Finland, June 1964, and amended by the: 29th WMA General Assembly, Tokyo, Japan, October 1975, 35th WMA General Assembly, Venice, Italy, October 1983, 41st WMA General Assembly, Hong Kong, September 1989, 48th WMA General Assembly, Somerset West, Republic of South Africa, October 1996 and the 52nd WMA General Assembly, Edinburgh, Scotland, October 2000, 53rd WMA General Assembly, Washington 2002 (Note of Clarification on paragraph 29 added), 55th WMA General Assembly, Tokyo 2004 (Note of Clarification on Paragraph 30 added), 59th WMA General Assembly, Seoul, October 2008. The full text of Helsinki Declaration can be seen on the official website of World Medical Association (WMA) on

http://www.wma.net/en/30publications/10policies/b3/index.html, last visited on 2010-07-27.

¹⁶ Ibid., Article 15.

there are group leaders or group recognized authorities of target groups, they must be included in ethical review committees. If there is no group leader or group recognized authorities, the representatives should include the most affected members, the most educated members and some other random members.

Some would argue that it can never be certain that the representatives will really voice the real opinion of the target group they represent. However, these selective representatives are members of the target group and have common traditions and beliefs with members of target group. They should therefore be capable of making reasonable decisions on the basis of understanding the information relevant to the HPGR; their opinions could partly reflect the views of the target group members and would also help to examine whether or not certain HPGR may lead to potential risks of harm that research participants and other members of the target group view as important. If they are concerned that HPGR could potentially harm their internal or external interests, such as disrupting existing social arrangements or harming their common beliefs, then these risks of harm are something that ought to be taken into consideration in the ethical review process of the research.

(2) Additional Assessment Contents in HPGR

In order to provide adequate protection to target groups and reduce their vulnerabilities, in addition to risk-benefit assessment on individual and groupbased human subjects, the provisions on ethical review should include the following two additional factors:

A. It should require risk-benefit evaluations on the interests of target groups of the proposed HPGR. It should highlight the assessment of potential group collective risks of harm related to certain HPGR, with the awareness of the specific cultural sensitivities of target groups. As Sharp and Forster have pointed out:

> Presently, little is known about how members of various underserved or marginalized communities weigh individual research risks against group risks, how salient collective risks are in relation to other risks encountered in daily life, or how

individuals attempt to reconcile potential conflicts that may exist between personal interests in research participation and collective opposition to proposed research. Because not all collective harms carry the same weight—that is, some group harms are more significant than others—it is important to assess how members of historically underserved communities evaluate collective research-related harms. Moreover, without such information it will be difficult, if not impossible, to tailor oversight processes to specific communities.¹⁷

Thus, in order to identify how various social, religious, economic, cultural, and political communities/group view risks related to certain HPGR, in the PRC, the special rules on HPGR should require an additional risk-benefit assessment on the interests of the target group as a whole.

The standard of ethical review of group risks of harm in HPGR should fit the three ethical requirements which are required in all ethical reviews of non-therapeutic procedures.¹⁸ First, the group risks of harm related to HPGR must be minimized, to the extent that doing so is consistent with sound scientific design. This can involve avoiding unnecessary procedures, identifying less risky ways of testing a study hypothesis, or excluding participants who are at increased risk of being harmed. Second, the group risks of harm posed by HPGR must be reasonable in relation to the knowledge that is expected to be gained from the study. Third, since target groups in HPGR may be vulnerable populations, the group risks of harms of HPGR must be no more than a minor increase over the minimal group risks of daily life for the identified group in question.

B. Ethical review committees should also be responsible for determining the proposed compensation or payment based on the degree of risk and other burdens in HPGR. In some literature on ethical conduction of biomedical research in developing countries, it has been argued that there was a tendency to exaggerate the risk of undue inducement, which would lead to restricting payments to participants on the grounds of potential undue

¹⁷ Sharp, R. R. & Foster, M. W. 2002, "Community Involvement in the Ethical Review of Genetic Research: Lessons from American Indian and Alaska Native Populations", *Environmental Health Perspectives*, vol. 110, pp. 145-148, at 147.

¹⁸ Weijer, C. 2000, "The Ethical Analysis of Risk", *Journal of Law, Medicine and Ethics*, vol. 28, pp. 344-361.

inducement.¹⁹ This situation would provide decreasing costs of researchers, while reducing the financial welfare of the participants. Therefore, it has been suggested that ethical review committees should undertake assessment of compensation, such as required infrastructure charge, as part of their general assessment of the acceptable standard of the research protocol.²⁰ Given the different levels of economic development between researchers from developed countries and target groups in HPGR from developing countries, there would be a dilemma for researchers in offering compensation or payment to target groups: offer too little and they are exploited, offer too much and their participation may be unduly influenced. Independent ethical review committees with members from target groups are more capable of identifying the appropriate level of compensation or payment which fits into the specific economic development levels of target groups. Therefore, an additional review on proposed compensation or payment by researchers would be helpful to eliminate or reduce the vulnerabilities of target groups in HPGR in the PRC.

(3) Double Review in International Collaborate HPGR

As Western developed countries gain economic and technological ascendance, they need human population genetic resources which some developing countries like the PRC have in abundance; accordingly, most HPGR will likely be conducted by researchers from developed countries in developing countries. Due to the conflict of interests between developed and developing countries in HPGR, the legal regulations and ethical guidelines on biomedical research would have some differentiated standards on ethical review. Therefore, the Declaration of Helsinki emphasized that independent committees should act in conformity with the laws and regulations of the country in which the research is performed.²¹ Article 15 also stipulated that the committee has the right to monitor ongoing trials. According to these provisions, the researcher has the obligation to provide

¹⁹ Ballantyne, A. 2008, "Benefits to Research Subjects in International Trials: Do They Reduce Exploitation or Increase Undue Inducement?", *Developing World Bioethics*, vol. 8, no. 3, pp. 178-191.

²⁰ Ibid., at 190.

²¹ See supra note 15, Article 15.

information to the committee, especially about any serious adverse events. The ethical committee is still there for consideration, comment and guidance, but it has to be told about conflicts of interests. If there is any serious adverse event, the ethical committee has to be notified.²²

Therefore, in order to ensure the welfare and interests of vulnerable target groups in HPGR and decrease the practical burden of ethical review committees, the provision of ethical review in the PRC must require double review of HPGR. It should require that foreign researchers or research institutions who conduct HPGR inside the PRC, no matter whether or not it has been reviewed according to the legal regulations or ethical guidelines of their own countries, it should obtain approval from ethical review committees, which are in conformity with the provisions of relevant Chinese laws, regulations and rules on biomedical research. This double review principle would play the role of preventing researchers from developing countries take advantage of the legitimate loophole of their own countries to exploit target groups in the PRC.

4) Amendment to Provisions of Supervision of Local Government in HPGR

At present, many developing countries, such as the PRC, lack comprehensive legal frameworks relating specifically to research involving humans in HPGR, for example in terms of adequate training or low educational standards. It is reasonable to doubt that representatives from vulnerable target groups in HPGR in ethical review committees have appropriate knowledge of regulations governing biomedical research involving human subjects. Therefore, this thesis suggests, in addition to independent ethical review committees, local government of the PRC should also undertake the responsibility of supervision on all HPGR conducted in the PRC. The detailed rules should include a provision that every HPGR conducted in the PRC must be registered with the local government before it is conducted, and the whole process of HPGR should be recorded and supervised by local governments.

²² Ibid.

In particular, in the context of international HPGR conducted in the PRC, local government in the PRC should play a supervisory role in the whole process of ethical review, as an additional protection to vulnerable target groups and to ensure the ethical conduct of HPGR in the PRC. The approach of local government supervision in international HPGR could be to establish independent local ethical review committees. These committees need a firm foundation in special law on biomedical research to carry out their functions effectively, in the absence of which they would operate from a weak and dependent position. Ensuring the independence and legitimacy of these committees requires that they operate within a legal framework, not merely national ethical guidelines although they have the advantage of ease of amendment. These committees would supervise the whole process of ethical review, including the selection of target groups, group consultation, information disclosure, group approval, ethical review, research results publication and further use of research samples. Their supervision should include consideration of the wide range of issues which ethics review committees may have to consider in the context of the socioeconomic factors operating in specific situations and certain areas. These committees should also consider the specific issues of the target groups and the particular research; for instance, determining whether a particular HPGR will be harmful to a particular target group, given the specific needs of that community. If these committees find that certain HPGR fails to meet any legal requirement stipulated in the proposed special law on biomedical research relevant to HPGR, they should report this to the local government. The local government should then request the researchers to stop the project immediately.

Therefore, in order to protect target groups and reduce their vulnerabilities in HPGR, new approaches to regulation are needed in the PRC.

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