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## The Grizzly, September 13, 2018

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# THE GRIZZLY

Student newspaper of Ursinus College

IN THIS ISSUE:  
Rev. Ofori pg.2  
IDC pg.4  
Musk pg.6  
Field Hockey pg.8

Collegeville, Pa.

Thursday, September 13, 2018

Vol. 43 Issue 1

## Reim time? Not until after 8 p.m.

*A new policy restricts the hours that students can drink alcohol in the dorm's courtyard.*

**Courtney DuChene**  
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The Reimert Courtyard is running dry-- until 8 p.m. at least.

The popular campus party dorm introduced limited, outdoor drinking hours for its courtyard this fall due to safety concerns.

"We noticed that over the spring semester last year especially, the original intent, the spirit of the courtyard program, had started to fade away," said Director of Residence Life Dean Melissa Sanders Geiss. "There is some problematic drinking occurring... Students are binge drinking more, and we feel it's our responsibility to address that as many ways as we can."

*"I'm not fond of the hours... I know I'm responsible when I drink."*

—Reid Luksic  
Class of 2019

The dorm, whose courtyard was known on campus for being the only place where students are permitted to drink outside, began its popular courtyard program in 2013, according to the Residence Life office, when students David Nolan and Gerry Gares proposed to Residence Life the possibility of being able to bring one drink outside.

When the policy was initially tested, the Residence Life office felt students were being respectful of the new privilege.

"We did not have glass problems, we did not have injuries, we did not have altercations. The tone was very responsible," Geiss said.

Since then, several injuries and accidents have prompted the Residence Life office to reconsider how the program should

continue to move forward. The new, limited hours will be from 8 p.m. to 12 a.m. on Thursdays and from 8 p.m. to 2 a.m. on Fridays and Saturdays.

Students have had mixed reactions to the new policy. "I'm not fond of the hours," Senior Reimert resident Reid Luksic said. "I know I'm responsible when I drink in the afternoon."

While some students are against the new hours, others believe that the students bear some of the responsibility for the change.

"As a student, I wish the new courtyard hours were not in effect," senior Drew Roesch, a member of the Reimert Council, said. "We, as a student body, have stepped over the line a few too many times and we are now paying the consequences."

Roesch, along with the four other student members of the Reimert Council joined with the student government to send a letter to students announcing the new policy during the first week of classes.

The Reimert Council has been working with the Residence Life office to brainstorm possible alternatives to the new courtyard hours, including only allowing students to carry one 16 oz. cup while in the courtyard and banning beer cans.

The Residence Life office was willing to lift the policy as early as last weekend, according to Geiss, but concerns with Event Directors drinking prevented that from happening. An Event Director is a student trained by a professional staff member who manages registered social events held on-campus. Event Directors are responsible for maintaining a safe event environment and ensuring all attendees abide the laws and policies by federal, state and Ursinus College.



Photo courtesy of Taylor Schaffer

A defiant beer can stands in broad daylight even after a new policy limits drinking to after dark.

"I do not feel as though we're at the point where the trust is where it needs to be," she said. "Event directors play a huge role in the safety of our community and to take on that responsibility needs to be taken seriously."

Senior and Reimert resident Kevin Gill believes that students will be able to pull together to bring back extended courtyard hours.

"I think that the Reimert community as a whole would want those hours to be extended so they will show Residence Life that they are able to behave," Gill said.

"Ursinus students demonstrate all the time that they are responsible, respectful people who care about each other and our community. I just think that hasn't been consistently modeled in the party scene," Geiss said. "We can do better."

*Reporter: Courtney DuChene works for the Office of Residence Life as an FYC RA.*

## Welcoming the New Chaplain and Director of Religious and Spiritual Life

*After a year of searching, Ursinus introduces its first female chaplain*

**Kim Corona**  
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This fall, Ursinus College welcomes its first female chaplain, Reverend Terri Ofori. Among Ofori's new initiatives is a leadership program, The Chapel Leadership Team, which is a spiritual formation and leadership development initiative through the Chaplain's Office. The program is designed to engage "qualified students in discernment of their own vocational interests and belief systems while providing student leadership in chapel and in various capacities.

Participants develop a project in relation to the area of their major, which they eventually present on campus. Participants are awarded a \$500 annual stipend to support their education. "It's a discernment process...each student is asked to think about something that means something to them and how do they make the connection to the community," she said. One student is looking to bring a dentist who does missionary work in medicine. "She's looking at how medicine can be informed by faith," Rev-

See Reverend on pg. 2

## Reverend continued from pg. 1

erend Ofori explained.

Reverend Ofori mentioned her appreciation for the practice of discernment. She hopes to integrate this theme during her time at Ursinus. She described discernment as "a systematic way of understanding your place in the world." She emphasized the importance of assisting people in discerning what matters to them. She hopes during her time here to provide spaces for individuals to contemplate. "This is a grace space," she said.

This theme is especially relevant at a time when many students have questions regarding their life. "[Students] need the space to be self-aware, through discernment. It helps you to be self-aware but also for community building." Reverend Ofori discussed her admiration of the Ursinus community. "I've been at a lot of schools and I've been particularly impressed with the leadership that students take here," she said.

"This is a grace space."

—Reverend Terri Ofori  
Ursinus College Chaplain

She explained how she'll structure services differently. She emphasized a more interactive platform between the chapel and individuals.

"My religious worship space is going to be a space where it's interactive, where you can interrogate and ask," she said. She hopes for students to ask questions, as well as for her to receive feedback from them. "It should challenge them because they're not going to get this experience again," she said.

With the passing of beloved spiritual leader and mentor, Reverend Charles Rice in April 2017, the spiritual life on campus

was left with an empty space that affected the Ursinus community. As the newest addition of Ursinus College, Ofori is the only ordained spiritual leader on campus. She briefly mentioned Reverend Rice, and said she hopes to continue his legacy.

Reverend Ofori wants it to be known that she is here for everyone, so that every single individual has resources. She mentioned the desire to have "a journey alongside of students, to provide support and help them."

Ofori earned her undergraduate degree in history from Mississippi University for Women. She received her master's degree in theology and spiritual formation from Princeton Theological Seminary. She also holds a master of arts in cross-cultural theology from Columbia International Seminary. In addition, she's earned a master of divinity degree from Harvard University. Reverend Ofori is currently pursuing her doctoral degree in theology at Fordham University.

Although the Ursinus community has been open and receptive, it wasn't the same case everywhere else. Reverend Ofori is a part of the Jesuit community at Fordham University, where she is the only ordained woman. She emphasized that people still struggle with the idea of female preachers.

Join Reverend Ofori and the spiritual life community every Sunday for chapel service at 12pm in the Mediation Chapel. Reverend Ofori will be offering a number of different services for students.

For more information about the services, contact Reverend Ofori (Chaplain's Office) at tofori@ursinus.edu



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New Ursinus chaplain Reverend Terri Ofori

Photo courtesy of Rev. Terri Ofori

## Pre-plated portions prove perplexing, promising?

*Upper Wismer introduces portion control, shifting away from buffet-style dining*

Jenna Severa  
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Upper Wismer is a staple in the Ursinus community. It is where many students chat, eat, and study. However, this semester something has changed. The international foods section and the specialty section now serve pre-portioned plates of food, rather than the standard buffet style many students are used to.

Some students see this as a negative change because they interpret it as a restriction on the students who would eat more than the pre-portioned plates. They think that although the change may be aimed at promoting healthy eating habits, it is not the best way to achieve that goal. Farm Fellow Jess Greenberg, sophomore, argues that "if Ursinus wants to promote healthy

portions for students they should display caloric and nutritional information in the dining hall and make it more accessible on the Sodexo and Dining Services website."

This point brings up the question of each student's personal caloric needs based on outside factors, such as athletics. Some students argue that pre-portioned plates take away some of their control over their personal dietary needs.

According to Mike Forstoffer, Director of Dining Services, the change is to follow a new trend called tapas style dining and not to limit portion sizes.

"We are certainly not limiting portions by any stretch of any imagination. It is an all you can eat; please come in and feel free to eat as much as you want," said the Forstoffer. The pre-plated

style is so that students can try a sample, or a quick meal on-the-go.

Unlike the previous International section, the Simple Servings station traditionally portions out food, albeit for different reasons. Its focus is cross-contamination prevention and providing a safe dining option for students with food allergies. Some students see portioning at other sections as a way of Wismer controlling how much they can eat.

"We're adults, and we should be given the opportunity to figure out what serving size is best for us," Naomi Epstein, a sophomore, said.

The idea behind the new pre-portioned servings is reduc-

See Wismer on pg. 3

## The GRIZZLY

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All letters submitted to The Grizzly must not exceed 250 words in length, must be emailed, and must be accompanied by a full name and phone number to verify content. The Grizzly reserves the right to edit all material for length, content, spelling and grammar, as well as the right to refuse publication of any material submitted. All material submitted to The Grizzly becomes property of The Grizzly.

Staff positions at The Grizzly are open to students of all majors. Contact the adviser for details.

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# Ursinus is crafting a “values statement”

## What is a values statement?

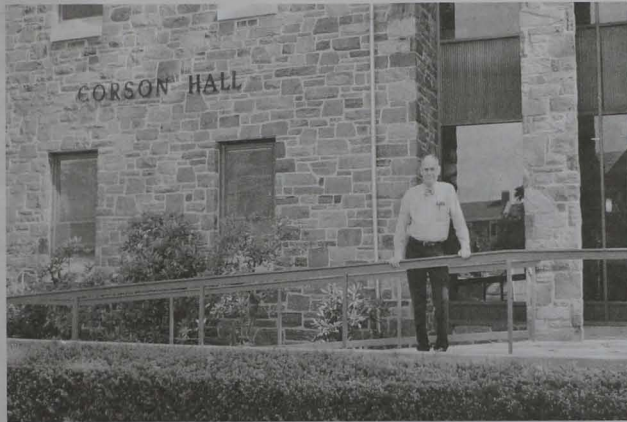


Photo courtesy of Ursinus Communications

Dean Mark Schneider, member of the values statement committee

**Kevin Leon**  
keleon@ursinus.edu

Last year, several faculty and staff members raised concerns about the absence of an Ursinus College values statement. A values statement is understood to be an expression of what an institution regards as prerequisites

for the pursuit of the institution's mission. In other words, it's a statement that clearly expresses an institution's principles.

Values statements can also provide faculty, staff, and students with a sense of what is expected of them and serves as a beacon that guides these community members when navigating

challenges.

*“Most colleges do have such statements and I think we just assumed Ursinus had one.”*

— Dr. Meghan Brodie  
Assistant professor of Theatre

Concerns were raised last year, since other colleges within the Centennial Conference have a values statement, while Ursinus does not. A committee was created to remedy this.

*“We are carefully reviewing all input and considering how we might understand institutional values in terms of the four CIE questions”*

— Dr. Meghan Brodie  
Assistant Professor of Theatre

Dr. Meghan Brodie, a member of the values statement committee, said, “Most colleges do have such statements and I think we just assumed Ursinus had one.”

The values statement committee is composed of faculty and staff members who volunteered over the summer to work on this project. Dr. Meghan Brodie, Domenick Scudera, Dr. Edward Onaci, Dean Mark Schneider, Missy Bryant, and Nathan Rein are some of the members of this committee.

Dr. Brodie explains that values statements are often created alongside mission statements

because of their complementary qualities. A mission statement outlines what an institution aims to accomplish, and the values statement describes how the institution aims to do that.

The committee met several times over the summer and the faculty and staff conference in August focused on collecting feedback about institutional values. Right now, the committee is sorting through the responses they received and figuring out how to answer questions that arose.

“We are carefully reviewing all input and considering how we might understand institutional values in terms of the four CIE questions, our existing policies and programs, and the values inherent in what Ursinus is today and what Ursinus aspires to be,” affirmed Dr. Brodie.

Now that students are back from summer break, their input will also be taken into account. The committee is organizing forums that would collect student ideas and feedback. These forums are planned to be held throughout this semester in order to potentially have a statement that reflects student input drafted by the end of the fall semester.

Wisner continued from pg. 2

ing food waste by attempting to eliminate oversized plates with food ending up in the trash bin. Mike Forstoffer explained that this serving style enables the lines to move faster and provides an opportunity for students to expand their tastes with less worry about wasting food.

*“We’re adults, and we should be given the opportunity to figure out what serving size is best for us.”*

Ursinus also employs a nutritionist, Susan Hurd, who helps students navigate their personal dietary needs. Hurd commented, “Some need allergen-free foods, others need more plant [based] ... still others might need help with their weight. Whatever the

reason, it is a personal one. This “new” way of portioning can make it easier for someone to control individual intake.” Additionally, she said, “remember, students are always welcome to take more than one portion in Upper Wisner as it is an ‘all you care to eat’ dining facility.” She said, “In essence, portions really haven’t changed, it’s more the presentation of portion that has.” The new tapas style plating clears up some confusion about what a “portion” is for that particular meal, which helps individuals take control over what they eat.

While the meals will remain pre-portioned, students have historically been able to give feedback on new systems during the annual dining services student survey.



## IDC, but they do: professors weigh in on the IDC

*This semester marks the first time classes were held in the \$29 million Innovation and Discovery Center*



Photo courtesy of Communications

Professors are loving the new building's interactive classrooms, updated lab equipment, and new technology.

**Madison Rodak**  
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They've been waiting, and now it's here. After nearly two years of construction, professors have held their first classes in the Innovation and Discovery Center, the campus' new science building.

Now, with a week of classes under their belts, professors teaching courses in the IDC have gotten a chance to experiment with the new technology, including updated lab equipment, that went into the \$29 million project.

"The new IDC classroom is vastly superior," Dr. Dale Cameron, Associate Professor of Biology, said. "It is a flexible learning space that allows me to easily switch between lecturing and small group work, with

monitors and ample white board space on every wall. I've heard nothing but positive feedback from my students so far."

The new classrooms are a far cry from the traditional, lecture-style rooms found in PPhaler and Thomas. They include wide, spacious windows on the first floor that open out to the lobby, which is furnished with chairs and mobile tables arranged for collaborative study sessions. Multiple television screens decorate the walls of the classrooms, as well as white boards with student notes, and projectors for professors' lectures. The two other floors follow a similar setup, with even more places for students to sit down, relax, and work collaboratively.

"In the past I have taught

this course in the large Thomas Hall classroom, which is geared towards a lecture-style teaching format and lacks the flexibility for more active, student-centered learning approaches," Cameron said.

*"The new IDC classroom is vastly superior."*

*-Dr. Dale Cameron  
Associate Professor of  
Biology*

Dr. Denise Finney, Assistant Professor of Biology, explained that she appreciates the new classroom setup for her Ecology students.

"The room has 8 tables, each

with its own screen, so students can easily work together on case studies and give small group presentations," Finney said. "Being in the new classroom has let me create many more hands-on learning activities and provide students more opportunities to direct what topics and examples we use to examine ecological questions."

The new classrooms aren't just for the sciences, however. Dr. Rebecca Lyczak has also been utilizing the space for her CIE class.

"In the Parlee Center for Science and the Common Good classroom, my CIE class has been able to move from whole group discussion to small working groups easily. So far, I have really enjoyed these teaching spaces and I hope more of our

current classrooms across campus can be updated with similar features," Lyczak said.

Research labs are also more streamlined in the new building. "My research space is beautiful and it is wonderful to have all my research equipment housed in the same hallway," Lyczak said. "I can easily move between my office, my research lab, and the confocal microscope with the new space. This will allow me to more easily train and interact with my research students."

While classes have already begun in the new building, students will have to wait nearly a month for its official opening and dedication ceremony on October 27th.



# Return of the Ursinusaur

*The campus' favorite dinosaur is back in action after announcing his return on Instagram.*



Photo courtesy of Ursinusaur

Steve announced his return to campus this week after a semester-long absence.

**Sophia DiBattista**  
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Don't worry, a meteor strike didn't wipe out the campus' favorite dino.

Steve the Ursinusaur announced his return to campus on Instagram this August.

During the 2017-2018 school year, Steve roared into Ursinus when he was spotted walking around campus and taking in the

view during his free time at a bonfire gathering. People were thrilled to see this new "mascot" and happy to take pictures while sharing a few dance moves with him. As the year progressed, the T-Rex disappeared, but thankfully, he has returned.

In an Instagram photo, Steve the Ursinusaur announced his return, apologizing for his absence due to his hectic schedule and film debut. He describes the

experience in show-business by saying, "I had been busy with the filming of the new movie *Jurassic World: Fallen Kingdom* where I was the star dino."

After his time in the spotlight, Steve decided it was time to come back to the place where he was already a celebrity before his acting career took off.

Steve commented on his feelings towards the return from near extinction. He said, "I am very

excited to be back at Ursinus. When I was away, I didn't feel like an Ursinusaur. I just felt like a regular T-Rex, but now I feel like myself again."

Being back at Ursinus is a huge career move for Steve, since he is stepping down from the flashy attention of Hollywood, and his plans for this year are more geared toward his own interests and education. He said, "I plan to live a more simplistic life to escape from my fame and focus on academics to become an archeologist someday."

Jacob Kang '21, a friend of Steve the Ursinusaur, is honored to have the Ursinusaur back and feels grateful for his return. Kang said, "The Ursinusaur is truly an influential figure on campus.

Impactful. Intelligent. A Leader." Students admire the lovable dinosaur, and Steve is a very happy T-Rex now that he is back.

Since Steve plans on staying at Ursinus for a while, there might be a chance some students will run into him. Although it is not certain when he will appear next, he carries some "inspirational" advice to his fellow classmates: "If you ever feel like life is too hard, just think about how much harder it would be if you had short arms, and then move on."

Steve did not mention when his next appearance will be, but Ursinus students look forward to it. Keep up with Steve the Ursinusaur on Instagram @ the\_ursinusaur.

## COMMENTS SOUGHT FOR TENURE REVIEW

In accordance with the Ursinus College Faculty Handbook, student comments on teaching effectiveness and student-faculty interaction are invited at the time of a faculty member's review for tenure. Although student letters must be signed to be considered, student names may be withheld, upon request, when their comments are shared with the Promotion and Tenure Committee, and the faculty member.

This year, the following members of the faculty are being reviewed for tenure:

**Deborah Fearheller, Health and Exercise Physiology**  
**Edward Onaci, History**

Your feedback is strongly encouraged and will assist the Committee in its review process. Letters should be sent to Mark B. Schneider, Office of the Dean, by Oct. 31, 2017. Your comments can be sent electronically to [deansoffice@ursinus.edu](mailto:deansoffice@ursinus.edu).

## Happening on Campus

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
<i>Fringe Festival:</i>	<i>Summer's End</i>	<i>Aerial Dance</i>	<i>Heefner Memorial</i>	<i>Phillies vs. Mets</i>	<i>How to Incorporate</i>	<i>How to Get the</i>
<i>Indian Dance Performance</i>	<i>Festival</i>	<i>Workshop</i>	<i>Organ Recital:</i>	<i>7:05 p.m.</i>	<i>Sources</i>	<i>Most Out of Tutoring</i>
<i>1:30 p.m.</i>	<i>12:30 p.m.</i>	<i>10 p.m.</i>	<i>Alan Morrison</i>	<i>Citizens Bank Park</i>	<i>12 p.m.</i>	<i>12:00 p.m.</i>
<i>Black Box</i>	<i>Olin Plaza and Berman Lawn</i>	<i>Black Box</i>	<i>4:00 p.m.</i>	<i>(Not an SAO Event)</i>	<i>Olin Auditorium</i>	<i>Olin 107</i>
			<i>Bomberger Auditorium</i>			

## Betsy DeVos' proposed changes would be harmful

William Wehrs  
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On August 30, 2018, Education Secretary Betsy DeVos unveiled a new set of proposed plans on how schools should handle sexual assault cases. According to Caroline Kitchner and Adam Harris of "The Atlantic Monthly," the newly proposed rules would make it even harder than it is now for a victim to take any legal action against the accused. The accused would have the right to cross-examine the victims. If the victim does not want to go through with this, then according to the new proposal, the school would be encouraged to drop the case and thus the investigation would not go forward.

If these new rules do indeed go into effect, it would be highly disturbing. Carrie Arnold of "Women's Health" wrote an article explaining

that 70 percent of the victims of rape suffer from PTSD. Victims will often struggle with relaxing, which in turn leads to 30 percent of victims succumbing to depression and/or drinking, as well as drug use. If the victim has to be cross-examined by her or his rapist, the road to recovery would become even more challenging.

The process of accusing someone of rape is difficult. Often when victims report the crime to the police, they are asked accusatory questions or the accusations are simply dismissed. One account from a woman who was raped at gunpoint in Baltimore is telling. After the ordeal, she went immediately to the police, but according to the "Baltimore Sun," was asked a series of skeptical questions: "Why had she waited two hours to call police? Why didn't she flag down a squad car? Where was

she coming from before she was assaulted? Who was she with?" Eventually her frustration grew to the point where she decided to drop the report. It was clear she was not getting the police to listen.

Even if accusers get the police to listen, they must go through a highly invasive exam in which various sensitive areas of the body are swabbed. Worsening matters, rape kits might not even be processed. According to Josh Saul of "Newsweek," in 2015 the White House estimated there were four hundred thousand untested rape kits across the United States.

Suppose, however, the police are attentive and the rape kit is processed quickly. There still might be challenges, which would be exacerbated under the proposed rules. The victim may be questioned and interrogated by her or his attacker. Already, women have

been subject to intensive cross examinations by the defense counsel of the accused. Psychologist Amy Street, Ph.D., of the U.S. Department of Veterans Affairs' National Center for PTSD, found that many victims feel as if this ordeal is akin to being raped all over again. If being cross-examined by a defense attorney feels like a second rape, then in all likelihood, being cross-examined by one's rapist will also feel terrible.

Accusations of rape are drastically underreported. Laura Bates of "The Guardian" reports that only 15 percent of rapes are ever reported to the police. Even fewer of them ever lead to convictions. The process of reporting and accusing someone of rape is already highly fraught. We should be working on making the process easier for victims, rather than harder.

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## Elon Musk is not that great

Kevin Leon  
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I first heard of Elon Musk back when his automotive company, Tesla, had only released a strange all-electric roadster. That car brought him praise, which led me to discover he also co-founded PayPal. Since then, his side company SpaceX has pushed the boundaries of private space-flight. Tesla has rolled out different—and better—all electric vehicles while creating a network of recharge stations to catch up to the convenience of gasoline cars.

All of these feats led to "Buzzfeed" calling Musk a "real life Tony Stark" in 2013. Tony Stark is the billionaire genius who doubles as Iron Man in the Marvel comics. The comparison was made because they are both rich guys who love technology. But now, in 2018, I think it's time people get over their infatuation with him and see he's just

another hotheaded billionaire.

Twitter has offered people a window into the inner machinations of Elon Musk's mind. He used the platform to complain about city traffic before announcing his underground tunneling project, The Boring Company. He has also used it to publicly lash out at people for questioning his intentions.

In July 2018, Musk designed a submarine to aid the rescue efforts of children trapped in a flooded cave in Thailand. Vern Unsworth, a scuba diver who was working on rescuing the trapped children, rejected the offer. He claimed the submarine was a publicity stunt that had "absolutely no chance of working." Musk took offense to Unsworth's comments and baselessly called him a "pedo" in a tweet. He did later apologize and admitted that the comment crossed a line, but that happened after doubling down on his initial

claim and tweeting, "bet ya a signed dollar it's true."

In May 2018, he lashed out about the media labelling him a billionaire, even though that's what he is. He claimed the media uses that label to "devalue and denigrate the subject." He then suggested starting a different media company that focuses on telling the objective truth, which furthers the notion of "fake news" that's already affecting the country.

*"It's all the engineers, scientists, and factory workers that make those visions a reality."*

It's common for Twitter users to complain about how the website negatively impacts their mental state. Musk does not have to be on Twitter. He's rich. There are plenty of things he can do to occupy

his time instead of having repeated, public meltdowns. He needs to learn when to log off.

In September 2018, Musk joined podcaster Joe Rogan on his podcast, "The Joe Rogan Experience." On the show, he made points about the need to stop burning fossil fuels due to the detrimental impact it's having on the environment. But that moment was overshadowed when he smoked weed on camera.

There is no inherent problem with smoking weed. The episode was filmed in California, where marijuana is legal for recreational use. The problem is that Musk faces no repercussions for it—ironic considering that employees at the Tesla factory are subjected to drug tests, and would be punished if they failed. It's another glimpse at how those at the top get to partake in things people at the bottom can't. The wealthy don't get drug tested as often as the working class.

Elon Musk is praised for his liberal stances. People love that Tesla lets people stop emitting greenhouse gasses while commuting. People are enthralled by SpaceX because it's making the dream of manned-flight to Mars possible. Even The Boring Company's novelty flamethrower captured people's attention.

There's no denying that his companies do some interesting things. But Elon Musk himself is only a small part of them. He can envision large projects, but it's all the engineers, scientists, and factory workers that make those visions reality. They are the ones who deserve the praise. Not Musk.

It's been a wild year for Elon Musk and those adjacent to him. Maybe "Buzzfeed" was right. Elon Musk might be the real life Tony Stark. After all, what people forget about Stark is that, while he is a genius, he's still an asshole.



# Massive first-year football class adjusts to life at Ursinus

**Gabriela Howell**  
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There are 193 first-year student athletes at Ursinus College this fall. Of those 193, there are 46 in the football program.

There are many reasons that so many first-year students have decided to continue their football careers in college.

For example, first-year defensive back Steve Rose chose to continue his football career post-high school and said, "I wanted to play football in college [because] I love the game and enjoy being a part of a team."

Rose's teammate, first-year linebacker Kwasi Nyniah, agrees, "I wanted to play collegiate football because I [have] played football my whole life, so I wanted

to continue [playing] after high school."

Beginning the first year of college can be a bit of an overwhelming transition; students must (most of the time) share a living space with a stranger and have to be self-motivated in studies.

A necessary tool for a smooth transition to college is time-management skills, especially when daily practices take up chunks of time that students might spend completing homework after class. The football team has a mandatory study hall to deal with this.

Balancing social events and

academics can be very tricky even

*"Being on a team has benefitted me as a student by teaching me how hard to work and how to manage my time better."*

— Steve Rose  
Ursinus College Football

without athletics. However, Rose believes being on the team has already helped him in the classroom. "Being on a team has benefited me as a student by teaching

me how hard to work, and how to manage my time better. At first it was difficult to manage time for football and studying, but now I am able to work more efficiently with less procrastination so I can get work done better," Rose said.

With practices, games, meets, team lifts, and team bonding, finding a healthy student-athlete balance can be challenging. By knowing practice, lift, and game times well in advance, students can plan ahead in order to stay focused when studying, and sport-minded on the field.

Nyniah says, "It is difficult managing football and school

work, but if you manage your time correctly and stay focused you can make it work."

Overall, being on an athletic team can really enhance a student's college experience. Steve Rose said, "My experience has been awesome. While the first few weeks tested [my] character, all of [my] other teammates went through the same exact thing. [I was] able to form strong friendships [because we] all go through the same grind together."

The Football team will play at Juniata on Sept. 15 and will host Moravian on Sept. 22 in a homecoming matchup.

**F Hockey continued from pg. 8**

William Smith College by the score of 4-0. They scored two goals in the first half via Saybolt and Mayer.

Sophomore Gabriela Howell led the offense in the second half, knocking in a shot off of a deflection from the goalkeeper.

Howell would later assist on the final scoring play, inserting the ball on a penalty corner that would be knocked in by Sophomore teammate Devon Carroll.

The Bears play McDaniel College on the road on Sept. 15 and their next home game on Sept. 22 in a homecoming matchup with Gettysburg College.

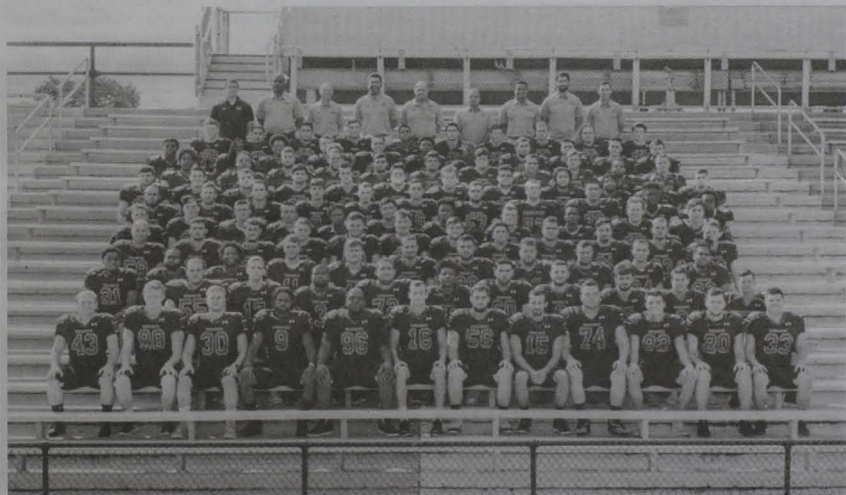


Photo courtesy of Ursinus Communications

The Ursinus College football team is off to a 2-0 start after defeating Bethany and Gettysburg to open the season.

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## Scores as of Monday, September 10

Football (2-0)	Volleyball (5-4)	Field Hockey (1-2)	M. Soccer (0-2-1)	W. Soccer (2-1-1)	M. Cross Country	W. Cross Country
September 1: Ursinus: 3 Curry: 0	September 7: Ursinus: 3 Curry: 0	September 1: Ursinus: 1 Rowan: 3	September 1: Ursinus: 1 Randolph-Macon: 2	September 1 (2OT): Ursinus: 0 Lebanon Valley: 0	August 31:	August 31:
Ursinus: 34 Bethany (W.V.): 13	September 8: Ursinus: 3 Penn State-Abington: 0	September 5: Ursinus: 0 #5 Messiah: 1	September 5: Arcadia: 4 Ursinus: 3	September 6: Ursinus: 0 Arcadia: 1	Bryn Mawr Invitational (@Rose Tree Park - Media, Pa.)	Bryn Mawr Invitational (@Rose Tree Park - Media, Pa.)
September 8: Gettysburg: 7 Ursinus: 42	September 8: Ursinus: 2 Rowan: 3	September 8: William Smith: 0 Ursinus: 4	September 8 (2OT): Susquehanna: 1 Ursinus: 1	September 8: Penn State-Brandywine: 0 Ursinus: 6	1st of 12 (32 points)	3rd of 12 (69 points)

## SPORTS

DAVID MENDELSON  
damendelson@ursinus.edu

## Field Hockey aims to regain Centennial Conference supremacy

Sam Rosenthal  
sarosenthal@ursinus.edu

The Ursinus College Field Hockey team is among the most decorated programs in Ursinus Athletics.

The team has won five of the eight Centennial Conference (CC) Championships since Janelle Benner took over as head coach, including a 4-year championship streak from 2013-16.

After a relatively disappointing season a year ago that resulted in an uncharacteristically early exit in the CC-tournament, the Bears remain optimistic and excited for the challenges of the upcoming season.

"The most exciting thing about this season is the amazing potential we have to be great. We work well together and connect on and off the field," Junior captain Erin Saybolt said.

The CC is regularly stacked with fierce competition. "The most anticipated matchup of every year is Franklin and Marshall (F&M). They are our rivals and it is always a good game between us. We are determined to play them hard and earn the Centennial Conference Championship back!" said Saybolt.

F&M is looking to be a tough opponent, winning three games in a row to start the season.

Though the season only started recently, the team has already put in a lot of work.

"Out of season, we do work-outs with the strength and con-

ditioning coaches, Coach Hoffman and Coach Mike. We focus on agility, injury prevention and overall strength," said Saybolt.

**"We are determined to play [F&M] hard and earn the Centennial Conference Championship back!"**

— Erin Saybolt  
Ursinus College Field Hockey

Ursinus' class of 2022 contains many student athletes. Five of these newcomers are on the Field Hockey team.

"It is a lot coming to college and being thrown right into the season and having to balance athletics and school; however, the girls on the team have made it so much easier," said first-year player Jamie Mayer.

Mayer added, "All of the upperclassmen care so much about how we are doing, and they have all been like older sisters to us. It has been a tough few weeks on

my own for the first time, but it is all worth it!"

Off the field, the squad is very close-knit.

"I think that Ursinus College Field Hockey is more than just a sports team. Yes, we spend practices and games and long bus rides together, but we are such a close group outside of field hockey, too. We eat meals together and help each other with schoolwork. Everyone wants to see each other succeed and do well on and off the field and that is something far different from my past experienc-

es" said Mayer.

The Bears have played well, despite the results not being quite where they would want them. They were downed 3-1 at Rowan in the season opener on Sept. 1 and played a very tough match with nationally-ranked #2 Messiah on Sept. 5, losing to the 2017 Division III runner-ups and 2016 National Champions by the score of just 1-0.

Ursinus took their home opener on Saturday, Sept. 8 against

See F. Hockey on pg. 7




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Photo Courtesy of Dave Morgan/Stylish Images

Ursinus has outscored opponents by a score of 5-4 despite their 1-2 record to open the season.

## Upcoming Games

Wednesday	Thursday	Friday	Saturday	Sat. Cont.	Sat. Cont.	Tuesday
Men's Soccer: 4 p.m.: @ Neumann U		Volleyball: 7 p.m.: @ McDaniel Coll.	Football: 12 p.m.: @ Juniata Coll.	Women's Soccer: 1 p.m.: @ McDaniel Coll.	Field Hockey: 5:30 p.m.: @ McDaniel	Volleyball: 7 p.m.: @ Swarthmore
Field Hockey: 5 p.m.: @ Elizabethtown		Men's Soccer: 1 p.m.: vs. McDaniel Coll.	Volleyball: 5 p.m.: vs. Johns Hopkins U	M&W Cross Country: Division II/III Challenge @ Kutztown U (Kutztown, Pa.)		
Women's Soccer: 7:30 p.m.: vs. Elizabethtown						