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## The Grizzly, April 9, 2015

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Photo courtesy of Jon Vander Lugt

to them in the library is thinking about 'slapping this monkey bitch,'" said Schulz, referring to one of the posts painted on a sign by the demonstrators.

According to Roher and Schulz, a number of members of the Ursinus community have engaged in dialogue regarding the demonstration.

*"Some people forget, deliberately overlook, or don't know about some of the explicit racism that exists on campus."*

— Richie Schulz  
Senior

"There has been a lot of encouraging responses from various members of the campus community, from students who are looking to get more involved to faculty members saying that 'this is what's been needed on our campus,' and that is encouraging for the future," said Roher.

"We created a conversational device for all students to continue the dialogue about racism on campus and how it affects our experience here," said Schulz. "Reflection is a fundamental goal of liberal education and we think this sort of reflection on how racism affects our community is a meaningful and worthwhile experience for all members of the community."

Despite the support, the demonstration received a good deal of criticism. Much of this discontent was voiced on Yik Yak. One user posted "holding 4 signs up is really helping change the world. good job."

Another user posted, "Honestly, this yik yak protest is only furtherly spreading their messages of hate. Why can't we just ignore the trolls rather than acknowledge them?"

A number of posts expressed hesitation to engage with the demonstrators, citing fear for

See **Yik Yak** on pg. 3

Students Dom Roher (left) and Brian Cox (right) held signs portraying the app "Yik Yak" in front of Bomberger on April 1st to demonstrate the amount of racism posted on the app. Other students stood in Olin Plaza and Lower Wismer.

## Students expose racism on Yik Yak

*We're Just Saying Ursinus held a demonstration in multiple places on campus Wednesday, April 1 to exhibit harmful, racist comments made on Yik Yak, an anonymous social media app*

**Brian Thomas**  
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On Wed. April 1, the group We're Just Saying Ursinus organized a demonstration to confront racism on Yik Yak.

Yik Yak is a social media platform that allows users to upload anonymous posts that are under 200 characters. Users then scroll through a feed that only displays posts from within a ten-mile radius, voting in favor or disapproval of specific posts. The app also allows users to anonymously comment on the posts that they see.

We're Just Saying's demonstration involved members and allies of the group holding large, hand-made signs of posts that contained inflammatory, racially charged language. The demonstrators held signs at both entrances to Wismer during common hour, as well as at a table in lower.

"I think the thing that prompted the demonstration is the lack of involvement and care about the issues surrounding race at Ursinus," said Dominic Roher, who participated in the demonstration

and is affiliated with We're Just Saying. "There is a level of disrespect and ignorance surrounding these issues that is unsettling."

"Some people forget, deliberately overlook, or don't know about some of the explicit racism that exists on campus. One of the places that this type of explicit racism surfaces is on Yik Yak. The purpose of our demonstration was to bring these sort of comments into public view to undermine the culture of avoidance that pervades this campus in regard to this sort of racism," said

Richie Schulz, another student associated with the group.

One of the demonstration's goals was to force users to confront their posts in person.

"It is important to get these [posts] out to the community at large to create an opportunity for the possible writer of that [post] to actually have to come face-to-face, in a public setting with something they are too cowardly to say in public," said Roher.

"All members of this community deserve to be here without fear that the person sitting next



Photo courtesy of Ursinus College Communications

Chris Goss, a senior, was awarded the Fulbright Scholarship. He will be living in Turkey next year to work as an assistant English teacher. He is the first Ursinus winner to travel to Turkey.

## Goss, Fulbright winner, plans to travel to Turkey

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Ursinus senior Chris Goss was awarded the Fulbright Scholarship on March 19. He will be the first Ursinus Fulbright winner to go to Turkey, according to Dr. Richard King, a history professor.

The Fulbright scholarship was created after World War II to promote international educational exchange.

It allows students from the U.S. to work in education and research in other countries, and students from other countries to travel to the U.S. to do the same.

Goss will live in Turkey next year and work as an assistant English teacher. He said that his experience at Ursinus influenced his decision to apply for the Ful-

bright scholarship.

Goss is a double major in history and international relations. The courses he's taken at Ursinus have fostered his interest in the Middle East.

*"If I hadn't gone to Ursinus, I don't think I would have taken the study abroad opportunity in the first place."*

— Chris Goss  
Fulbright Scholarship winner

"It's a region that's in the news so often, but not that many people spend the time to find out more about the people there and what they believe in," Goss said. "It's been interesting to learn how people live outside of what you

see on T.V."

The study abroad program at Ursinus also played a major role in his decision to apply for the Fulbright scholarship. Goss studied abroad in Turkey in 2013 during the fall semester of his junior year.

"If I hadn't gone to Ursinus, I don't think I would have taken the study abroad opportunity in the first place," Goss said. "At Ursinus, study abroad is affordable, and we have access to a lot of different programs, so you can go pretty much anywhere in the world."

While studying abroad in Turkey, Goss enjoyed learning about the history and culture of the

See Fulbright on pg. 3

## English Honor Society hosting Gatsby party

Bryce Pinkerton  
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The English honor society Sigma Tau Delta is holding a Great Gatsby party on Friday, April 10. The event is at 8 p.m. in the Bear's Den.

The Great Gatsby theme was chosen to commemorate the 90th anniversary of the publication of the book, which is also April 10.

All English majors and minors are invited to the party, which costs \$5. Any student who is an English major or minor can purchase one additional ticket for a guest. The guest does not have to be an English major or minor.

In honor of Gatsby, there will be a speakeasy theme. There will be a dance floor to go along with the 1920s music, as well as activities such as a photo booth.

There will also be catered food and drinks. Guests are being asked to wear semi-formal attire and are encouraged to dress accordingly for the theme.

Sigma Tau Delta is an international collegiate honor society for English students.

There are over 850 chapters in the United States and abroad, and there are over 9,000 new members inducted each year. The Ursinus chapter currently has seven members and will be inducting 11 new members this year.

Sigma Tau Delta executive board members Christine Saraco, Quinn Gilman-Forlini, and Sydney Dodson-Nease are planning and running the event.

"This is our biggest event of

the year, and probably the biggest event Sigma Tau Delta has put on without faculty support," Saraco said. "So we're really excited about it."

Saraco said they have received support from Dr. Rebecca Jaroff, the faculty adviser, but they are trying to do most of it on their own.

Sigma Tau Delta holds events each month, but none of the events are this big. The events they usually have are smaller ones, such as a Robert Frost birthday party and a celebration for World Poetry Day.

The organization normally gets a pretty good turnout for their events, but they are hoping to get even more for this one, said Saraco.

"The goal of Sigma Tau Delta events is to bring all English majors and minors together and foster a sense of community within the department outside of the classroom," Gilman-Forlini said.

If Sigma Tau Delta can get a good turnout, they are hoping to make it an annual event.

"I think this will be a great party, but with a little extra planning and finances it could be even better next year," Gilman-Forlini said.

They are hoping the event will be a good opportunity to relax and celebrate American literature with friends as the semester is nearing the end.

"I think it's going to be a really fun night," Saraco said. "It's one of the most unique things we've done as a chapter."

### THE GRIZZLY

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All letters submitted to The Grizzly must not exceed 250 words in length, must be emailed, and must be accompanied by a full name and phone number to verify content. The Grizzly reserves the right to edit all material for length, content, spelling and grammar, as well as the right to refuse publication of any material submitted. All material submitted to The Grizzly becomes property of The Grizzly.

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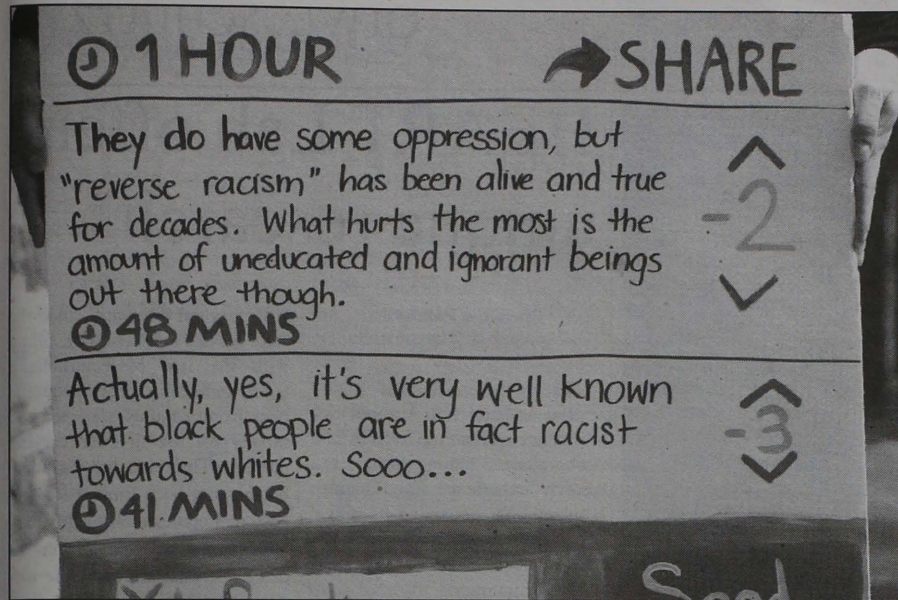


Photo courtesy of Jon Vander Lugt

Students held signs portraying the app "Yik Yak" in Olin Plaza on April 1st to show the amount of racism posted on the app.

Yik Yak continued from pg. 1

safety and a lack of a fair media-tor as reasons.

According to Schulz, however, a number of students engaged with the demonstrators in productive and meaningful dialogues. "Several students came up to us during our demonstration with questions, concerns, confusions, etc.

All of them lead to productive, sometimes even inspiring,

conversations. There was a lot of anger and frustration towards the more heinous Yik Yaks. A lot of students rightfully expressed shock and disgust at their messages," said Schulz.

Still, the group wants to engage with members of the community who may disagree with them.

"We find open dialogue on these issues valuable, and encourage those who disagree with our methods, mission statement, or whatever to please seek us out so

that we can have a conversation. Anyone interested in finding out more can contact us at werejust-sayingursinus@gmail.com," said Schulz.

We're Just Saying also frequently hosts open forums in Bomberger meditation chapel.

Please see page six and the Opinions section for more discussion about social issues at Ursinus.



Photo courtesy of Andrew Tran

Above, Drew Capone (left) and Nishant Chatarjee (right) are seen performing during the Mayday Music Mashup in Lower Wismer on Thursday, April 2, a competition offering the chance to open on Mayday for the winners.

ADVERTISEMENT

## ART FAIR

APRIL 19<sup>TH</sup>  
FROM 11 am - 4 pm

*Come support Student Artists and Local Artists! With performances by various student groups!*

20% of the proceeds will benefit Camp Cranium! A camp for kids with Traumatic Brain Injuries

Contact [sagodfrey@ursinus.edu](mailto:sagodfrey@ursinus.edu) for more information!

# Active Minds Art Fair

Hey, artists and art lovers!

The annual Active Minds Spring Charity Art Fair is quickly approaching, and we are looking for anyone who would be interested in participating in any type of way, whether that be by selling your art, photography, sculptures, jewelry, and other crafts; or by simply volunteering to help set-up, manage, and run the event. You can also participate by bringing baked goods to sell, or performing, as we will have a stage and outdoor sound equipment!

Although the event is a fun time for everyone involved, it is also for a really good cause. 20% of the profits made from each artist are donated to Camp Cranium, a camp for children suffering traumatic brain injuries.

If you are at all interested in volunteering or in participating at a table for the occasion, please contact Sarah Godfrey at [sagodfrey@ursinus.edu](mailto:sagodfrey@ursinus.edu) for more information on how you can get involved.

Fulbright continued from pg. 2

country.

"He fell in love with it," King said. "This came across with the way he presented himself in his Fulbright application materials."

Goss' Ursinus experience has also helped him become interested in education, a key part of the Fulbright scholarship.

"I'm really a fan of the liberal arts style we have here, and the close interactions between students and professors," Goss said. "Abroad I didn't get that as much, so when I came back I had a new appreciation for it, and because of that I'd like get into a field where I can foster an individual's growth and shape who they are as people."

Goss has been doing honors research this year about propaganda in the Middle East and the

United States' relationship with nations in that region.

He believes that the Fulbright program can help improve people's perceptions of Americans.

"Because the United States is such a large country and involved in world affairs, it's easy to make general statements," Goss said. "But programs like this give people a firsthand glimpse of what we're like in person."

Goss also said that the reason why the Fulbright program can improve international relationships is because of its focus on education.

"As the world is more connected than ever, it's necessary for people of different nations to learn more about each other and interact face to face," Goss said. "Education provides an environment that's suited to these types of discussions."

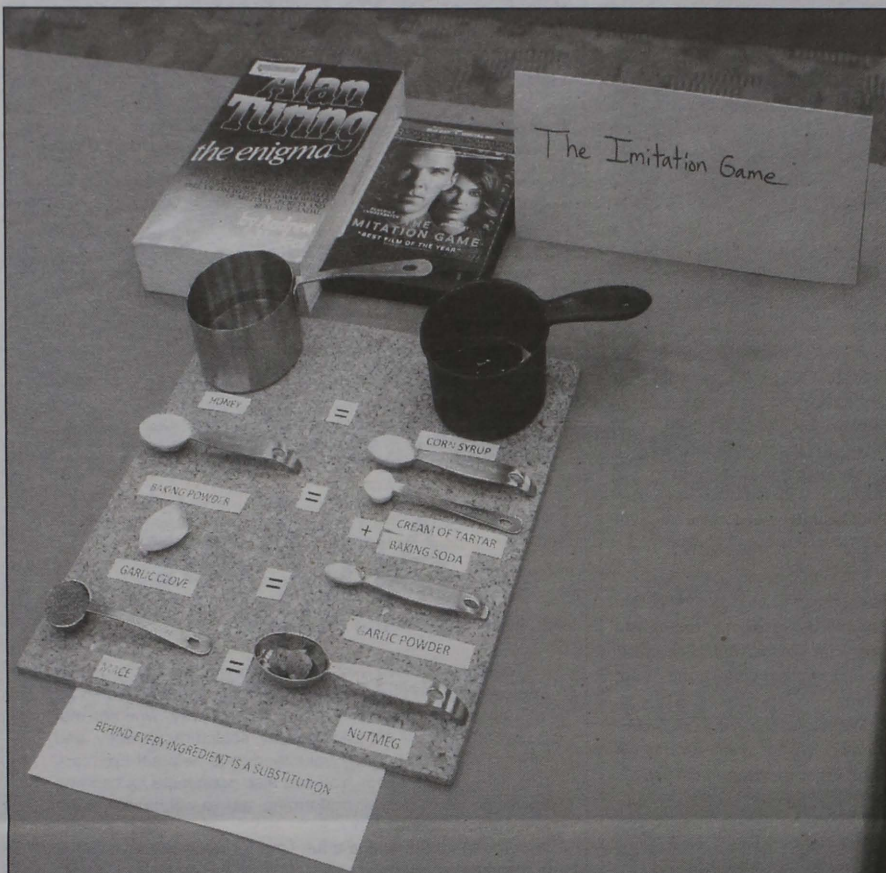


Photo courtesy of Henry Gustafson

On April 1, those who entered the Edible Book Contest could display their work on the first floor of Myrin Library. Above is a submission from Andy Prock titled "The Imitation Game," a play on the film based on Alan Turing's "The Enigma."

## Annual Edible Book Festival continues for eleventh year

**Maddie Mathay**  
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The eleventh annual Edible Books Festival was held this past Thursday in the Myrin Library. This was the first year that the Ursinus community was welcomed to judge the contest.

All of the entries must be edible and represent literature in some way. On campus, individuals as well as groups, such as faculty, student clubs or organizations participate in this event as well.

Diane Skorina, librarian and director of information literacy and instructional technology, was excited for this year's newest edition of edible books. "I always like seeing what people come up

with. It is always different every year. There is always something new every year that people do," Skorina said on Thursday during the event.

In the past years, the edible entries were judged by invited faculty or staff acting as guest judges. This year however, was the first year that anybody could come and vote for their favorite entry. The winners were determined by popular vote and moving forward the library might decide to keep this way of voting instead of having select judges vote.

Andy Prock, scholarly communications and metadata librarian, explained why the library decided to change the way of voting this year. "We are always looking at doing something different. We

thought more people would come look if they had a say in who the winner would be. It was successful today so looking forward we could keep it," Prock said.

In order to participate in the event, there is no pre-registration. The only rules are the entry has to be edible, has to arrive to the library by a certain time on the day of the festival and has to relate some way to literature. Prock said his favorite part of edible books is "Seeing what comes in because we do not know until the day of. We do not know until they walk through the door."

Although nobody is sure what entries will come until the day

See Book on pg. 5

## HEART Lab offers unique research

**Christine Palazzolo**  
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The Hypertension and Endothelial function with Aerobic and Resistance Training (HEART) Laboratory, a unique clinical research experience for Ursinus students, has expanded its range of health investigations, attracting the attention of the surrounding community.

At the forefront of Ursinus's HEART lab is director Dr. Deborah Fearheller of the Health and Physiology Department. Currently, she oversees 19 students in the lab, who are investigating different variables contributing to cardiovascular health. Of these 19 students, three recently had the opportunity to travel with Fearheller to Boston for the Experimental Biology and Physiology conferences to present their research projects.

Seniors Christina Cromwell, Jessica Lenzo, and Joy Oakman all presented in Boston. They

have worked diligently since the start of the fall semester, along with the rest of Fearheller's team, collecting cross sectional data from Ursinus students and faculty for use in their varying projects. Their data has included, but has not been limited to, glucose and cholesterol levels, body composition, vascular health, dietary analysis, and multiple different blood pressure readings.

"This is a one-of-a-kind experience," said Oakman about working in the HEART lab. "There's not a lot of undergraduate research out there looking at cardiovascular health so it is really unique."

A particularly striking feature of the hours Fearheller's students put towards their research in the HEART lab is the development of many individualized hypotheses regarding the data they collect.

See HEART on pg. 5

## Word on the Street

*What is your dream job and why?*

"Stand-up comedy or some kind of writing. I love making myself and other people laugh and think, and if I can get paid to do that, that would be sweet."

-Josh Hoffman, 2016

"Beyoncé...enough said."

-Irina Lessne, 2016

"I'd love to be a history professor and curator, maybe with a side of archaeology. So pretty much Indiana Jones, I suppose."

-Skye Gailing, 2018

"I'd like to travel around the country in a VW van teaching kids about the environment and planting trees."

-Megan Hanscom, 2016

"My dream job would be to travel around the world studying other societies and writing about these experiences either for a charity or media organization."

-Janel Forsythe, 2015

"Television/movie makeup artist because special effects makeup is awesome."

-Sydney Rotman, 2015

# New minors created for fall

Steve Valverde

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Ursinus College offers a vast selection of options for minors. A new interesting minor seems to be introduced to the Ursinus course catalog every year. According to Michelle Slatalla in her New York Times article "What's Your Minor?," "Minors, along with double majors, are increasingly popular as students try to master multiple subjects on the way to flexible careers or future education."

Minors can also serve to complement or counterbalance a main area of study. For example, if one's passion lies in the arts and humanities, and they are worried if a career in those fields will be practical enough, then a minor in management studies, education studies or a foreign language can bolster the chances of getting a job in the field that one desires. Minors can also increase one's marketability, and give one a more versatile transcript when applying for graduate schools. Overall, they allow students to explore different areas of study and diversify their knowledge.

"Minors are created at Ursinus when a faculty member, or group of faculty members decide that there is student interest in an area of study," said Jay Miller, associate dean. "A minor can also be proposed if the faculty members see the lack of a particular minor as a gap in our curriculum."

Faculty members will also research how other schools construct a minor, and then determine if they have enough courses to warrant developing a new minor at Ursinus. If the answer is yes, then they will draft a proposal and

send it to the Academic Council. "That committee will review the proposal, possibly ask questions and ask for revisions," said Miller. "Once the members of Academic Council approve the proposal, it goes to faculty for a vote. If the faculty votes to approve the proposal, the new minor will go into effect the following academic year." Three new minors were created this year including the museum studies minor, the education minor, and the management minor in the business and economics department.

The museum studies minor will enable students to investigate the museum world and what goes on behind the scenes in creating exhibitions. Students also have the exciting opportunity to work with the director of the Berman Museum of Art. "This is not only about art museums," said Ursinus art history professor Matt Shoaf. "Students coming from many other disciplines will explore types of museums that are relevant to their career interests as well. Students will gain not only knowledge and experience but also a clearer sense of what kind of museum career they want to pursue."

The new education minor is an option for students who are not pursuing teaching certification, but may be interested in other aspects of education. The minor can help set the stage for graduate school, and career options in education policy, social justice work, counseling, and teaching in foreign countries. "It can also be a really interesting way to get new perspectives on your own education," said John Spencer, chair of the education department. The education minor is a new version

of what used to be two separate minors in elementary education and secondary education. It was created in order to broaden the focus and accommodate many interests in education. "Learning is such a fundamental human activity," said Spencer. "Studying education touches on so many different aspects of our society and existence."

The management studies minor was established concurrently with the new applied economics major in the Business and Economics department. It is one of three new minors including finance and accounting, economics, and management studies.

The minor can be selected by any major and is designed to give students an interdisciplinary background in courses that focus on working in any organizational setting for-profit, non-profit and government. "No matter what a student's major or planned career path, the chances are quite high that he or she will work in an organizational setting and at some point be responsible for managing other people," said Ursinus professor of business and economics, Carol Cirka. "Developing knowledge and skills that improve one's ability to work with others to achieve organizational goals in a changing environment, and when resources are limited is crucial to any career."

Having a minor can complement parts of a students' academic experience while giving them more versatility. They also reveal that one has additional skills and interests alongside his or her major. A unique minor can really help an individual stand out, when compared to the rest of the academic crowd.

Book continued from pg. 4

of, most of the entries in the past have been "...a pun or something funny on the title of the book but it could be anything dealing with literature," Prock said.

This year's individual winner was freshman Shelby Bryant. Her entry, "Shakespear's Hamlette" is a play on Shakespeare's Hamlet. Bryant decided to participate in the festival "three days before the deadline."

"I decided the simplest thing for me to do would be Shakespear's Hamelette, because it didn't require much and I could

put it together in the three days I had. I really enjoy making these kinds of art projects and creative thinking. In high school I always would take the opportunity to make hands on craft projects instead of papers, and this was my chance to do that in college," Bryant said. Bryant does plan on participating in the future edible books festivals.

Looking into future edible book events, Andy Prock wants future potential participants to know what to expect. "Every year there is always something technically impressive such as making a cake with fondant, Prock said. "We try to tell entries they do not need to be that elaborate."

HEART continued from pg. 4

While Oakman herself focused on joint alignment of the lower extremities related to heart health, Cromwell's studies primarily shed light on the cardiovascular differences between genders of a young population, while Lenzo's research has gone towards age dependency, how students and older adults, such as faculty, differ in such health measurements.

"They are a team. They all contribute and they all help each other. If you have a project, everyone's helping to collect the data," said Fearheller.

The HEART lab's efficiency in assembling usable and functional data concerning cardiovascular health at a small liberal arts college has not only become valuable for publications and grant proposals, but also for the benefit of teaching clinical techniques to students, looking on to graduate and medical programs.

The next step is designing exercise intervention studies that she hopes, will improve cardio-

vascular health. Starting this summer, the team will be designing these programs for people to do on their own and without the need of a fitness center.

One of the first groups Fearheller wishes to conduct these interventional studies on is volunteer firefighters.

These intervention studies would continue her research on blood pressure elevation and magnitude in volunteer firefighters, a study that was recently recognized by the Pottstown Mercury News.

In regards to this research, senior Kristin Aichele and sophomore Avery Perez will be traveling to San Diego with Fearheller next month to the American College of Sports Medicine conference to present the study of their data on firefighters.

"The faculty members are all very interested in getting their data and their results, it's their health and that's the value of our studies," said Fearheller. As for the students involved, "they will look back and realize this opportunity is huge."

## Happening on Campus

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Baden Lecture - Cindy Harris, Pfahler Auditorium, 4:15 p.m.	Safeguarding the American Food Supply, Kaleidoscope, 9:30 a.m.	Community First Aid & CPR/AED Class, Bears Den, 9:00 a.m.	Greek Week Begins Pop-a-tab with the UC Ambassadors	Chemistry Seminar Talk, Pfahler 208, 12:15 p.m.	Biology Department Events, Bears Den, 12:30 p.m.	"The Lantern" Launch and Reading, Bomberger Auditorium, 4:30 p.m.
Comedian Eric O'Shea, Wismer, 7:30 p.m.	Great Gatsby Party, Bears Den, 8:00 p.m.	College Choir and Meistersingers Concert, Bomberger, 7:30 p.m.		Jean Richardson, Pfahler Auditorium, 7:00 p.m.	New U Zumba Class, Olin Auditorium, 4:45 p.m.	

# A fourth CIE question that breaks the silence

Richie Schulz

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The Final Report of a Presidential committee a few years back recommended adding a fourth question to CIE: "How is our experience shaped by societal inequalities based on race, class, gender, and other differences?" We desperately need this additional question.

The original CIE questions "What does it mean to be human?" and "How should we live our lives?" generate the proposed question. To be human is to have diverse experiences shaped by our differences in race, gender, class and so on. And decisions about how to live our lives should take account of the societal inequalities based on those differences. So the proposed question

belongs with the original ones.

But the proposed question is not just one of the many that follow from the original three questions. It makes them honest by examining the all-important role those differences play in the distribution of wealth, opportunity, life chances, political power, and social status. Without this proposed question, our answers to the others are likely to be fundamentally incomplete.

Some might object that the proposed question is unnecessary. They will say that questions about race and other factors will arise naturally in CIE. But they are mistaken; many of us have trouble talking about societal inequalities based on our differences. First, we are uncomfortable. We are afraid—afraid of offending our peers, afraid of not

finding the right words, afraid of violating the "culture of niceness" at Ursinus, and perhaps, afraid of discovering things about ourselves. Our discomfort makes us silent, and the fourth question breaks that silence.

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*"Without this proposed question, our answers to the others are likely to be fundamentally incomplete."*

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Second, we have trouble talking about these issues because all of us have limited knowledge of them. Our differences of race, gender, class, and so on limit our experiences and cut us off from the different experiences of others. Our being pulled over by a police officer may vary significantly

depending on our social position. You cannot know what it's like for the other person, and problems arise when we treat our limited experiences as universal. That limited knowledge produces false generalizations, and the fourth question challenges that mechanism.

Our limited knowledge and discomfort make it difficult to talk about race, gender, class, and so on. If we want to discuss these issues as they are for us in our lives, we need the proposed question.

Some will say that the best approach is to emphasize what we have in common rather than what divides us. After all, we are all human. They will also say that focusing on differences creates more division. But the reality is that we must acknowledge our

differences and the societal inequalities based on them if we are to have any hope of overcoming them. Overcoming them requires care, compassion, and concern for our fellow students, and that requires confronting our differences as well as sharing our similarities.

CIE needs—we need—to ask the question "How is our experience shaped by societal inequalities based on race, class, gender, and other differences?"

Please see the News section for a story about a demonstration that Schulz and others participated in. The Yik Yak-based showing was meant to call attention issues of race at on the app.

# Fourth question not true to liberal arts

Tony Sierzega

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A true liberal arts education is a transformative experience. Through the critical reading of thought-provoking texts and engaging in discussion with peers who share a diverse set of values, students are invited to critically examine their most deeply held beliefs. Asking difficult questions, practicing challenging self-reflection, and imagining the world from the vantage points of others are all essential elements to this education.

The aim of a liberal arts college is not to create laborers solely ready to enter the 9-5 working world; the aim is to cultivate well-rounded citizens equipped with the skills required in the real world. More importantly, the aim is to acquire skills to make thoughtful and calculated decisions while remaining constantly reflective of the direction of their lives and the reasons for making such decisions. As President Bobby Fong wrote, the aim is "soul-making," the development of students dedicated to self-growth.

First year students at Ursinus take CIE, a course that promotes

the critical self-reflection central to a liberal arts education. The three core questions of CIE challenge students to carefully consider their beliefs and decide which values need change and which are worthy of maintaining. These questions command students to consider the meaning of their lives and how they should act. Upon the release and distribution of the 2012 "Final Report of the of the Ursinus College Presidential Committee on Race & Equality," some students and faculty members argue for the adoption of one of the Committee's proposals; the addition of a fourth CIE question (How is our experience shaped by societal inequalities based on race, class, gender, and other differences?). While this question is important for all students to consider, I believe it undermines the aims of a liberal arts education and CIE.

Recall your most transformative educational experience. I imagine this memory does not evoke an image of a professor standing at the front of the room telling the answer to one of life's daunting questions. Instead, I see students sitting in desks arranged in that classic circle going back-and-forth considering a big

question, or a student nestled in bed with a book, with arguments wrestling inside their head. The latter is the ideal liberal arts experience; an experience marked by growth through reflection of questions pertaining to the meaning of life. This education is most conducive to the "soul-making" aim of a liberal arts education because it allows students to openly consider the reality of their existence, along with the values and beliefs that shape their actions.

The proposed fourth CIE question assumes an answer to what it means to be human and how we should live our lives. It presumes a reality that says race, gender, and socio-economics affect our experience, leaving no room for students who may believe that such a reality does not exist. This presumption is no different than having professors tell us how we should think, act, or live our lives.

The fourth question demands that students agree that race, gender, and socioeconomics affects who they are. Many incoming freshman students will come to Ursinus believing that we live in a "post-racial" society, women are equal to men in all aspects of life, and poor people just aren't work-

ing hard enough. These common understandings cannot and should not be easily dismissed. The proposed fourth question denies the possibility that societal inequalities do not shape our experience, a view that is held by many students. It removes the possibility of true self-reflection by demanding a conception of reality and indoctrinating values without the necessary exploration of what it means to be human and how we should live our lives.

Students do not grow in this type of learning environment. Instead, they sit quietly in the back of the room tuning out discussion, watching the clock, and waiting to return to their friends who live in their same unchallenged reality.

Comments such as the ones above deeply trouble me. I find it difficult to resist the urge to storm the front of every classroom in which I hear such comments and impose my conception of the truth about race and diversity in America. Further, I am still challenged by the notion that being able to take such a position comes from a place of privilege.

I am a middle-class, white male, and therefore, do not have to actually live the experience

of being a black student who is told that whites are discriminated against more in America. I am not a female student who is told that the wage gap is a myth. I am not a poor student who is told that I should just pull myself up by my own bootstraps.

However, after carefully considering this privilege, I still believe in the transformative power of a liberal arts education. This belief comes from a fundamental characteristic of our soul-making education: the cultivation of empathy.

By critically examining our own values through the discussion of meaningful existential questions, students will put themselves in the shoes of human beings whose existence is vastly different, but also fundamentally the same. No matter our experiences, we all share a common humanity worthy of respect and dignity, and through a true liberal arts education, together we can seek ways to understand each other and solve the ills of our troubled world. If we choose to deny the transformative power of the liberal arts, we might as well pack our belongings, head home, and tune into the news to watch the world around us burn.





Photo courtesy of Alexis Primavera

Members of the women's track team are seen above warming up during practice on April 6. Both track teams compete next at West Chester for the Bill Butler Invite on Saturday, April 11.

# On the right track

*Women's and men's track and field hit spring season in stride*

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As old man winter releases his grip on Collegeville, the Ursinus track and field team ventures out of the comforts of indoor season and transitions into outdoor spring. With a new season comes new events and new competitors.

If you ask any person off the street about the difference between winter and spring track they might just shrug their shoulders and tell you it's probably the same. Ask the same question to any of the Bear's 37 men and 28 women on the roster and your answer will be drastically different.

One of the major differences is the size of the track. During the winter season the track is much smaller, measuring 200 meters. This differs from the outdoor track that measures 400 meters. This lowers the number of turns taking on the track and should

ultimately lower your time, in absence of any effects from the wind.

Another key difference is the events. In the indoor season there is only one throwing event, the shot put. As soon as the throwers move outdoors, the discus and javelin are added to the mix. At the national level there is a weighted hammer throw, though Ursinus does not compete in this event.

On the track, the distances of the events change with the season. The short sprints go from 60 meters to 100 meters. On the distance end the mile run extends to a 1500 meter run. Also, the 3000 meter run becomes a 5000 meter run and a 5000 meter run become a 10000 meter run, and a 3000 meter steeplechase is added.

A key difference between track and other sports during the spring is the fact there really is no formal offseason. Many of the distance

athletes begin in cross country and have a short break before moving into winter and finally running in the spring. Coach Carl Blicke notes, "two weeks after the spring season ends [the athletes begin training] and brings up the base for their mileage. Over the summer they are running between 500 and 1000 miles and transition right to the fall for cross country."

For a distance runner, there really is no traditional off season. This can put a lot of strain on the body. Many distance runners experience knee and ankle problems, also with hip and groin issues. Junior Drew Mackin said, "Stretching is important to do every day...also take preventative care. Nearing the end of a season there will be nagging injuries

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# Stick it to 'em

*Men's lax eyes Centennial title*

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The Ursinus men's lacrosse team headed into the 2015 season with high expectations, and so far, they've delivered.

The Bears, as of press time, rank in the top 20 in Division III. They've gotten off to a hot 8-1 start overall, and a 3-0 early-season Centennial Conference record, where they find themselves tied with Washington College and Gettysburg.

This is in no small part due to the leadership at the helm of the squad.

"We have a really great group of captains," head lax coach Jamie Steele said. "We have five—a couple more than I've ever had. All five of these guys bring something to the table."

The lax squad is counting on seniors Ryan Ridinger, Mark Stratton, Jake Weber, Ian Moore and junior Brian Neff. Neff tends goal for the Bears, while Stratton is on attack and Ridinger plays defense. Weber and Moore are midfielders.

"Mark has always been the guy that pulls everyone together," Steele said. "He's been starting since his freshman year...Jake

Weber is like our heart and soul, I would say. He brings an edge for us, both with his play and with his attitude."

"Ian Moore offers a little different perspective than everybody," Steele went on. "He hasn't really played—he didn't play at all last year because of a knee injury, but he's a deep thinker and everyone respects him."

"Defensively, Ryan is to us what Jake is on offense. We go how Ryan goes. When he makes a play, the guys go nuts. Neff is so much fun to coach because he's the same guy every day. He works really hard and he gets the guys going."

Also making an impact for the Bears is the corps of senior stick-handlers. In addition to the three captions already mentioned, the team relies on Steve Smyrl, Mike Neal, and Cody Lefevre to take on significant minutes.

"We've got some really good young players too, but they're still trying to figure it out and get their feet wet," Steele said. "A lot of these seniors have been starting since their freshman year."

To this point, Stratton, Weber, Smyrl, and Moore occupy four of

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Photo courtesy of Jon Vander Lugt

Gerard Brown (left) is seen above driving against Eastern on April 4.

## Last Week's Results as of Monday, April 6:

W Lax (3-8)	M Lax (8-1)	Baseball (12-5)	Softball (6-11)	M(8-6)&W(8-4) Tennis	M&W Track
<b>April 1 vs. Washington College</b> UC: 7, Washington: 8 Kitty Dawson: 4 goals Margaret Philbin: 13 saves	<b>April 4 vs. Eastern</b> UC: 14, Eastern: 11 Jake Weber: 4 goals, 3 assists Steve Smyrl: 2 goals, 1 assist Brian Neff: 13 saves	<b>April 4 @ Washington College</b> Doubleheader Game 1: UC: 4, Washington: 0 Chris Jablonski: 2-for-4, 2RBI, 2R Sean Pisk (W 3-0): 9.0IP, 0ER, 5H, 7K Game 2: UC: 4, Washington: 7	<b>April 4 vs. Gettysburg</b> Doubleheader Game 1: UC: 2, Gettysburg: 17 Meredith Watters: 1-for-2, 2RBI Game 2: UC: 1, Gettysburg: 9 Ellen Goldstein: 1-for-2, 1 run	<b>M: March 31 vs. F&amp;M</b> UC: 3, F&M: 6 <b>April 4 vs. Johns Hopkins</b> UC: 0, Johns Hopkins: 9 <b>W: April 1 @ Haverford</b> UC: 3, Haverford: 6 <b>April 4 vs. Johns Hopkins</b> UC: 0, Johns Hopkins: 9	<b>April 4 @ Muhlenberg Invite</b> M: No team score. The 4x400 team of Richard Schulz, Darius Jones, Andrew Mackin, and Patrick Mekongo finished first. W: No team score. The 4x400 team of Catherine Buczek, Emily Lamb, Krista Snyder, and Kristen Prijs won.
<b>April 4 @ Bryn Mawr</b> UC: 17, Bryn Mawr: 0 Kitty Dawson: 2 goals, 2 assists Grace Steel: 1 goal, 3 assists		<b>April 6 vs. Penn St.-Berks</b> UC: 8, Penn St.-Berks 11			

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and they need to be taken care of early."

Many of the runners focus primarily on the cross country and spring seasons. Many athletes use the winter as a training season for the spring. Senior Emilia Perry said that the spring season is the most competitive, yet the shortest of all the seasons. The Bears had already lost one of their competition days this spring due to snow. This only leaves six competition weekends before the conference championship meet.

Senior Emily Lamb said due to the first competition being canceled, the Bears "have been training and picking up where we left off in the winter, getting ready for the spring."

With training in full swing, in the field the Bears will open up the entire gamut of events for the spring. Leading the charge on the field side of "track and field" is freshman Adam Myers. Myers placed 6<sup>th</sup> in the conference in the indoor season at shot put. In the spring he will be competing in the javelin, shot put and discus.

Myers said winter is a good time for outdoor athletes to work on technique for the spring season. He also noted that for field athletes weight training is very important part. Unlike some of their running counterparts, the field events only compete in two of the three seasons. This leaves the summer and fall "[to] fall on how much work you want to put in which translate to what you will get out of winter and spring seasons" Myers noted.

Overall, the Bears have a strong core group of athletes and should do well in the season. The Bears will compete next on Saturday, April 4 at the Muhlenberg Invitational.



Gerard Brown (right) is above driving past Eastern's Kenny Meury. Brown scored a goal and registered an assist in the Bears' 14-11 win.

Lax continued from pg. 7

the Bears' top five goal-scorers. Weber, Smyrl and Stratton, respectively, lead the way in assists as well.

"It is a good group, but we're going to need some of the other guys to contribute," Steele said.

So far, so good to that end. The team has been getting stellar minutes from sophomore Zach Jones on defense as well as a spark from freshmen Gerard Brown and Ian Desenberg on the other side.

"I think he's got potential to be a really good player," Steele said

of Brown. "He's still got some things he's got to work out, but he's electric on the field."

"Ian Desenberg is another freshman who's flashed talent," Steele went on. "And we've got some sophomores and juniors too."

Coming up, the Bears have perhaps their most important stretch of the season as it winds to a close. They played Washington College Wednesday (which occurred after this issue went to press) and will play Muhlenberg, Haverford, and McDaniel in their remaining conference slate.



Jake Weber (23) against Eastern on April 4. Weber netted a hat trick and then some, scoring four goals and adding three more assists.

## Upcoming Schedule:

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Baseball: @ F&M, 3:30 p.m. M&W Tennis: @ Dickinson, 3:30 p.m. M&W Track: Bill Butler Invite @ West Chester	Baseball: vs. Dickinson Doubleheader, 12:30 p.m. Softball: @ McDaniel Doubleheader, 1:00 p.m. M Lax: vs. Gettysburg, 1:00 p.m. W Lax: @ Gettysburg, 1:00 p.m. M&W Tennis: vs. Gettysburg, 12:00 p.m. M&W Track: Bill Butler Invite	Baseball: @ Gettysburg Doubleheader, 12:30 p.m.	Baseball: @ Albright, 4:00 p.m.	Baseball: @ Haverford, 3:30 p.m. Softball: @ Haverford Doubleheader, 3:00 p.m. M&W Golf: Ursinus Invite @ Elverson, PA	W Lax: vs. F&M, 7:00 p.m. M&W Track: Mid-Week Twilight Invite @ Gwynedd Mercy

