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TITLE: Radiographic protocol and normal anatomy of the hind feet in the white rhinoceros (*ceratotherium simum*)

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1 Development of a Radiographic Protocol for White Rhinoceros (*Ceratotherium simum*) Hind  
2 Feet and a Description of Their Normal Radiographic Anatomy

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## Abstract

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Foot pathology is a common and important health concern in captive rhinoceroses worldwide, but osteopathologies are rarely diagnosed, partly because of a lack of radiographic protocols. Here, we aimed to develop the first radiographic protocol for rhinoceros feet and describe the radiographic anatomy of the white rhinoceros (*Ceratotherium simum*) hind foot (pes). Computed tomographic (CT) images were obtained of nine cadaver pedes from seven different white rhinoceroses and assessed for pathology. A single foot deemed free of pathology was radiographed using a range of different projections and exposures to determine the best protocol. The normal radiographic anatomy of the white rhinoceros pes was described using radiographs and 3D models produced from the CT images. An optimal projection was determined for each bone in the rhinoceros pes focusing on highlighting areas where pathology has been previously described. The projections deemed to be most useful were D60Pr-PIDiO (digit III), D45Pr45M-PIDiLO (digit II) and D40Pr35L-PIDiLO (digit IV). The primary beam was centred 5-7cm proximal to the cuticle on the digit of interest. Articular surfaces, ridges, grooves, tubercles, processes and fossae were identified. The radiographic protocol we have developed along with the established normal radiographic anatomy we have described will allow for more accessible and effective diagnosis of white rhinoceros foot osteopathologies.

## Introduction

31  
32 Rhinoceroses (family Rhinocerotidae) are amongst the largest living terrestrial animals, the  
33 largest being the white rhinoceros (*Ceratotherium simum*) at up to 2300 kg body mass.[1]  
34 Considering the large size of rhinoceroses it is not surprising that their feet are commonly  
35 affected by pathology.[2-5] Soft tissue and hoof diseases of the feet are common and well  
36 described.[2, 3, 5, 6] In contrast, documented osteopathies of live rhinoceroses' feet are  
37 scarce in the current literature. Arthritis is known to affect older animals[6] or is a potential  
38 sequel to trauma.[7] Degenerative arthritis has been documented in a wild black rhinoceros,  
39 so these conditions do not solely pertain to captive individuals.[8] Osteomyelitis of the  
40 middle phalanx of digit 3 has been reported in an Indian rhinoceros which also had associated  
41 arthritis of the distal interphalangeal joint.[9] Osteomyelitis of the second and third phalanges  
42 of digit 3 has been reported in one captive Eastern black rhinoceros.[10] The relative lack of  
43 diagnosed bone disease compared to soft tissue disease in the current literature is quite  
44 striking. We have recently shown by examination of cadaver rhinoceros specimens that bone  
45 pathologies are common in rhinoceros feet.[4] Of 27 rhinoceroses studied, 22 showed some  
46 degree of osteopathy in at least one limb. Six main osteopathies were found that according to  
47 previous literature are rarely if at all diagnosed ante mortem. The main lesions were  
48 enthesiophyte formation, osteoarthritis, remodeling, osteitis/osteomyelitis, fracture, and  
49 subluxation.[4] Another recent study found significant bone pathology by CT examination of  
50 the cadaver feet of two white and one Indian rhinoceros.[11] None of the lesions were  
51 diagnosed ante mortem and in some cases the rhinoceroses were euthanased due to diseases  
52 of the soft tissue structures of the foot.

53         There are currently few documented instances of the use of radiography to diagnose  
54 rhinoceros foot pathology. Two reports have successfully diagnosed osteomyelitis in  
55 rhinoceroses with the aid of radiographs taken under general anesthesia.[9, 10] Another

56 report took radiographs on multiple occasions of a well-tempered rhinoceros whilst it was  
57 sleeping.[12] The discrepancy between post- and ante-mortem diagnosis of bone pathology  
58 reflects the apparent infrequency in which diagnostic imaging is used in rhinoceroses due to  
59 the difficulty and hazards of performing procedures on conscious rhinoceroses and the risks  
60 associated with anesthesia.[7, 8, 13-16] Furthermore the normal radiographic anatomy of  
61 rhino feet has not been established and there are currently no radiographic protocols  
62 described for rhinoceros feet. Elephant feet are more commonly radiographed and protocols  
63 exist for both free contact and protected contact settings.[17,18-20] This is possible because  
64 free contact between keepers and elephants has been historically popular, and because captive  
65 elephants are often trained to a high level,[21] including being trained to lift their feet for  
66 examination and treatment.[22-23] Such training remains rare for captive rhinoceroses.

67         The most recent figures estimate 750 white rhinoceroses in captivity worldwide and  
68 the species is listed as near threatened.[24] Three other rhinoceros species are currently listed  
69 as critically endangered and one as vulnerable. [25-28] Captive rhinoceroses serve as an  
70 important conservation safety net and are a key source in re-establishing wild  
71 populations,[29] monitoring foot health appears essential in maintaining welfare and ensuring  
72 their continued existence. The aims of this study were to describe the normal radiographic  
73 anatomy of the white rhinoceros hind foot (pes) and to develop a protocol for radiographing  
74 standing white rhinoceros' pedes in captivity.

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## **Methods**

77 Nine cadaver white rhinoceros pedes from seven different skeletally mature white rhinoceros  
78 individuals were obtained from accredited European zoos and safari parks during the period  
79 2005-2013 and frozen. The clinical history that accompanied each rhinoceros was limited,

80 and considering the rarity of the specimens we did not have inclusion/exclusion criteria. The  
81 feet were thawed and subsequently refrozen for all procedures.

82 Computed tomography (CT) scans of the pedes were obtained (LightSpeed Ultra 8  
83 Slice, GE Healthcare, Wisconsin, USA). For the scans the pedes were loaded via a custom-  
84 made hydraulic jig with 500kg to approximate standing conditions (assuming 20% body  
85 weight supported per pes, 30% per manus) of a 2500kg adult white rhinoceros. Continuous  
86 images were obtained in a transverse plane perpendicular to the long axis of the limb. Image  
87 slices were obtained at a slice thickness and distance of 1.3mm and exposures varied  
88 according to specimen size.

89 The DICOM format CT images of all cadaver feet were imported into a three-  
90 dimensional (3D) rendering program (Mimics® version 10.11, Materialise, Belgium).  
91 Individual bones were isolated using grey-scale thresholding with manual correction and  
92 were subsequently rendered into 3D models. The raw CT images and the 3D models were  
93 subjectively evaluated for the presence of pathology and a specimen that was deemed  
94 representative of normal morphology was selected. The 3D models of each phalanx from this  
95 specimen were exported as high resolution STL files into another 3D rendering program  
96 (Meshlab® version 1.3.2, Italian National Research Council, Rome), where they were then  
97 converted to Collada format for compatibility with graphics editing software (Adobe  
98 Photoshop CC version 14.2, Adobe Systems, California).

99 The same cadaver specimen was used for development of the radiographic protocol  
100 and collection of radiographs to describe normal radiographic anatomy. The majority of  
101 rhinoceroses are not trained to lift their feet[13, 30-32] and our discussions with rhinoceros  
102 keepers highlighted that most rhinoceros will not tolerate cassettes around their legs for  
103 dorsoplantar or lateromedial views, so for clinical relevance the radiographic projections  
104 trialed were limited to dorsoproximal-plantarodistal obliques, dorsoproximolateral-

105 plantarodistomedial obliques and dorsoproximomedial-plantarodistolateral obliques, all of  
106 which require the rhinoceros standing on a cassette tunnel. To approximately replicate  
107 standing conditions the pes was placed on a cassette tunnel and again loaded with 500 kg via  
108 a hydraulic jig. Radiographs were acquired using a high powered ceiling mounted X-ray  
109 generator (Polydoros, Siemens Medical, Erlangen, Germany) and a digital processing system  
110 (FCR XG5000, Fujifilm, Tokyo, Japan) with a source to image distance of 80 cm. Digit III  
111 was radiographed with dorsoproximal-plantarodistal projections ranging from 30° to 80° at 5°  
112 intervals. The same procedure was followed with digits II and IV although with an added  
113 element of differing medial and lateral obliquity, respectively. Various exposure settings  
114 were tried for each bone. The radiographs were then assessed for diagnostic quality by a large  
115 animal veterinary radiology specialist (RW). Assessment criteria focused on visualization of  
116 gross anatomic features and visibility of areas where pathology has been previously  
117 identified.[4, 11]

118 As a pictorial representation of radiographic anatomy the 3D reconstructions in  
119 Collada format were superimposed on top of the selected radiographs using the graphics  
120 editing program and labeled. Where radiograph images were distorted due to obliquity of the  
121 primary beam relative to the cassette it was necessary to either scale or to use a warping tool  
122 on the radiograph image to facilitate the accurate superimposition of the 3D model.

123

124

## Results

### *Radiographic protocol*

126 Table 1 shows the ideal projections for each bone of the rhinoceros pes. The pes is positioned  
127 on the cassette tunnel with the cassette positioned orthogonal to the axis of the primary beam  
128 but parallel to the ground. To account for the obliquity of the beam the digit of interest is  
129 positioned on the near edge of the cassette tunnel (Figs. 1 and 2). For centering on the distal

130 interphalangeal joint the primary beam is centered on the proximal border of the cuticle. For  
131 centering on the proximal interphalangeal joint the beam is centered 7 cm proximal to the  
132 cuticle (5 cm for digit II and IV), this was found to be best for including the whole digit.  
133 Exposures of 90 kV and 20 mAs were found to result in diagnostic images achievable with a  
134 portable x-ray machine.

135         It was found that the optimal projections for the middle phalanx of each digit also  
136 produced images of adequate diagnostic quality of the proximal and distal phalanges, with  
137 good visualisation of the interphalangeal joint spaces and minimal bone superimposition. In a  
138 clinical setting where time is a factor these three views (D60Pr-PIDiO, D45Pr45M-PIDiLO  
139 and D40Pr35L-PIDiLO) would therefore be most appropriate. It is important to note that  
140 digits II and IV were not mirror images of one another; there were small conformational  
141 differences which resulted in slightly different required projections and images produced.

142

#### 143 *Radiographic anatomy*

144 Figure 3 shows a complete 3D model of the pes that was radiographed. Evaluation of all the  
145 specimen's CT images showed each pes to contain 3 metatarsal bones and corresponding  
146 digits (although one pes had an amputation of digit IV at the proximal interphalangeal joint).  
147 Each digit contained a proximal, middle and hoof-shaped distal phalanx. The middle digit  
148 (III) was largest in all specimens. In each digit the proximal phalanx was the longest and  
149 distal phalanx the shortest. The distal phalanges were the widest and terminated in weight-  
150 bearing solar surfaces. The distal phalanx of digit III had bilateral plantar processes  
151 projecting abaxially whilst the distal phalanges of digits II and IV had only a single plantar  
152 process projecting abaxially. Paired proximal sesamoid bones were present on the distal  
153 plantar surface of each metatarsal bone. No distal sesamoid bones were present in any of the  
154 specimens. As previously shown, nutrient foramina were present in all bones<sup>5</sup> and slightly





180 of this protocol should increase successful diagnosis of osteopathologies in the pedes of  
181 rhinoceroses. [4, 11] The protocol and described anatomy are also relevant for use in  
182 radiography of anesthetized rhinoceroses. Anatomical knowledge of rhinoceros feet is  
183 currently fairly limited. The skeletal anatomy has been previously described[4, 11, 33] and is  
184 described in detail by this study; however, knowledge of soft tissue structures in the  
185 rhinoceros foot is currently limited. Multiple ridges, grooves, tubercles, and processes have  
186 been described in this study, some of which are likely associated with soft tissue attachments.  
187 Identification of such attachments would improve appreciation of normal variations of  
188 anatomy and assist in diagnosis of specific pathological changes associated with these  
189 structures.

190           Unfortunately we were unable to test the protocol on a live rhinoceros. There is a  
191 possibility that the D45Pr45M-PIDiLO projection for digit II may be difficult or not possible  
192 in some rhinoceroses. It was our intention to position the X-ray tube on the opposite side of  
193 the rhinoceros to the pes of interest and direct the primary beam under the rhinoceros's  
194 abdomen to obtain this oblique projection. In those rhinoceroses where the girth of the  
195 abdomen or the shortness of the legs is a limiting factor the described projection can serve as  
196 a guideline and a shallower angle must be used. Training methods used for rhinoceroses have  
197 advanced in recent years. Target training (rhinoceros moves to a target on instruction) is the  
198 most commonly employed and is used as a basis for training of other techniques such as  
199 chute training, weigh scale training, blood sampling, and foot care. 13,30,31,32 It would be  
200 unfeasible with the current training practices to expect the majority of rhinoceroses to lift  
201 their feet for positioning as is done for elephant radiography.[20] There is however potential  
202 for target-trained rhinoceroses to be trained to walk onto a cassette tunnel for this protocol to  
203 be employed, allowing for accessible and simple radiography of conscious rhinoceroses. An  
204 option we considered was to produce a large cassette tunnel that fills the whole floor of a

205 rhinoceros chute. This would simplify training in that the rhinoceros would only have to walk  
206 into the chute and stand. A transparent top surface (e.g. polycarbonate) to the cassette tunnel  
207 would facilitate visualization and positioning of the cassette relative to the primary beam and  
208 the foot. In addition future rhinoceros chutes can be built with gaps for radiography, hence  
209 improving image quality and ease of radiograph procurement whilst still maintaining a safe  
210 environment for both the animals and the staff. Given the newly recognized prevalence of  
211 foot pathologies in rhinoceroses,[4, 11] such improvements to rhinoceros management  
212 regimes would be timely and beneficial.

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214

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317  
318



319 34 Table 1: optimal radiographic projections for visualising each individual bone in the  
320 white rhinoceros pes.

<b>Bone</b>	<b>Projection</b>
Digit III Proximal Phalanx	D75Pr-PIDiO
Digit III Middle Phalanx	D60Pr-PIDiO
Digit III Distal Phalanx	D40Pr-PIDiO
Digit II Proximal Phalanx	D50Pr45M-PIDiLO
Digit II Middle Phalanx	D45Pr45M-PIDiLO
Digit II Distal Phalanx	D40Pr45M-PIDiLO
Digit IV Proximal Phalanx	D50Pr35L-PIDiLO
Digit IV Middle Phalanx	D40Pr35L-PIDiLO
Digit IV Distal Phalanx	D35Pr35L-PIDiLO

321

322

### Figure Legends

323 Figure 1: Positioning and centring for a D60Pr-PIDiO radiograph of the middle phalanx of  
324 digit III of a left pes. The pes is being loaded with a hydraulic jig to simulate standing  
325 conditions. The primary beam is centred (\*) 7cm proximal to the cuticle  
326 84x84mm (300 x 300 DPI)



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328

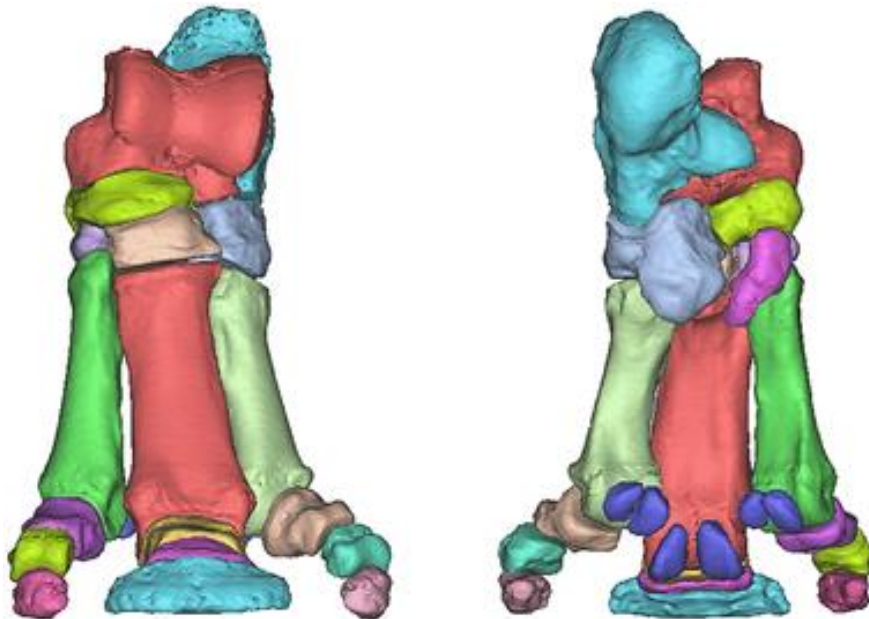
329

330 Figure 2: Positioning and centring for a D45Pr45M-PIDiLO radiograph of the middle phalanx  
331 of digit II of a left pes. The pes is being loaded with a hydraulic jig to simulate standing  
332 conditions. The primary beam is centred (\*) 7cm proximal to the cuticle  
333 84x107mm (300 x 300 DPI)



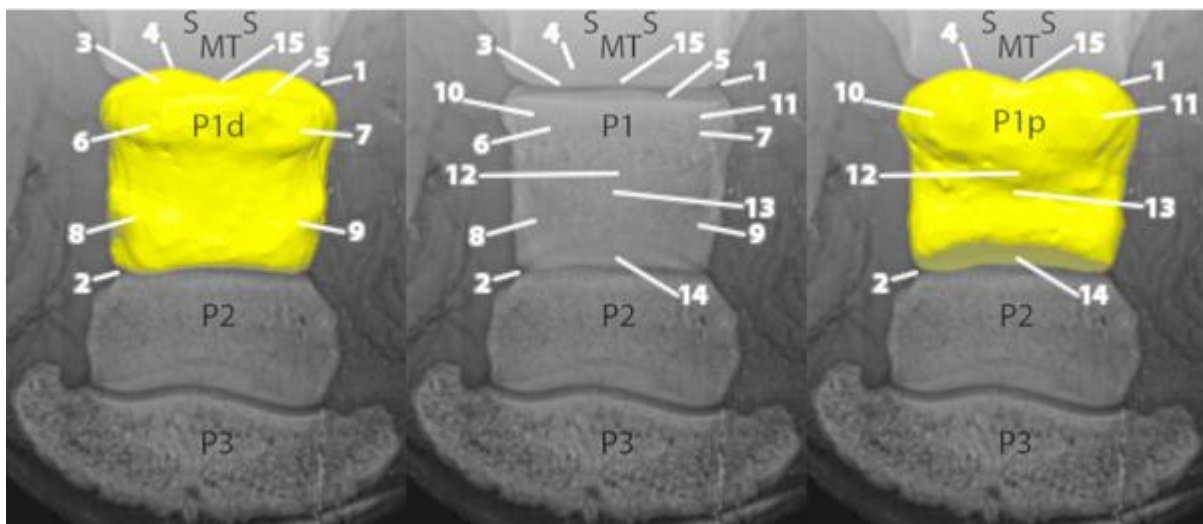
334  
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337 Figure 3: Dorsal and plantar views of a 3D model of the white rhinoceros left pes. The bones  
338 of the tarsus are the: talus, calcaneus, central tarsal bone, 1st tarsal bone, 2nd tarsal bone, 3rd  
339 tarsal bone and 4th tarsal bone. Each digit (digits II, III and IV) contains: metatarsal bone,  
340 paired proximal sesamoid bones, proximal phalanx, middle phalanx and distal phalanx  
341 173x122mm (300 x 300 DPI)



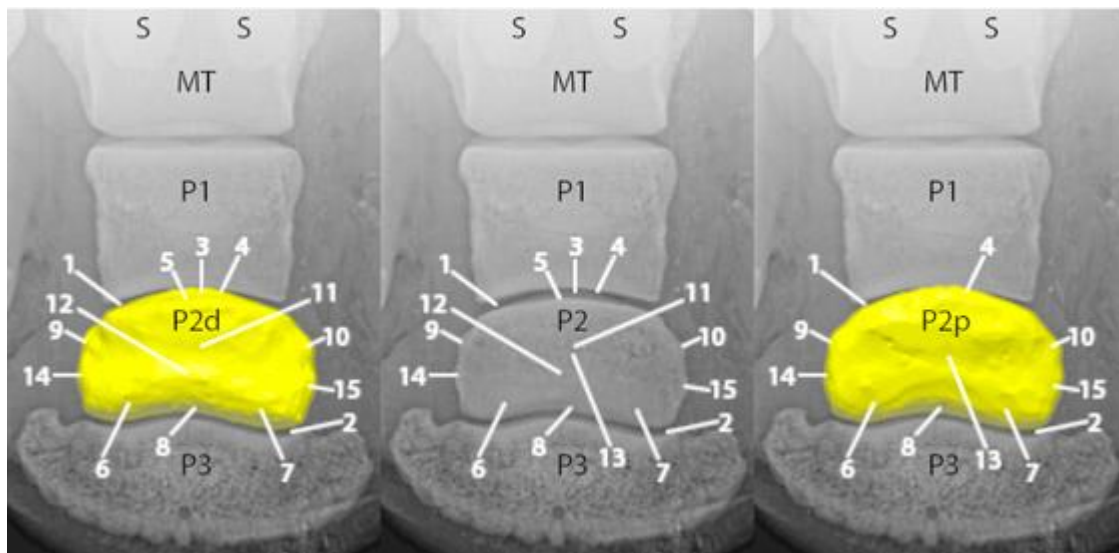
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345 Figure 4: Normal radiographic anatomy of digit III of a white rhinoceros pes, proximal  
 346 phalanx. DIGIT III: MT Metatarsal, P1 Proximal phalanx, P1d Proximal phalanx dorsal  
 347 aspect, P1p Proximal phalanx plantar aspect, P2 Middle phalanx, P3 Distal phalanx, S  
 348 Proximal sesamoid, 1 Metatarsophalangeal joint, 2 Proximal interphalangeal joint, 3  
 349 Proximal articular surface, 4 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial  
 350 dorsoproximal tubercle, 7 Lateral dorsoproximal tubercle, 8 Dorsomedial oblique ridge, 9  
 351 Dorsolateral oblique ridge, 10 Medial plantaroproximal tubercle, 11 Lateral plantaroproximal  
 352 tubercle, 12 Transverse plantar ridge, 13 Transverse plantar groove, 14 Distal articular  
 353 surface, 15 Sagittal groove 173x75mm (200 x 200 DPI)



354  
 355  
 356

357 Figure 5: Normal radiographic anatomy of digit III of a white rhinoceros pes, middle phalanx.  
 358 DIGIT III: S Proximal sesamoid bone, MT Metatarsal, P1 Proximal phalanx, P2 Middle  
 359 phalanx, P2d Middle phalanx dorsal aspect, P2p Middle phalanx plantar aspect, P3 Distal  
 360 phalanx, 1 Proximal interphalangeal joint, 2 Distal interphalangeal joint, 3 Proximal articular  
 361 surface, 4 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial condyle, 7 Lateral  
 362 condyle, 8 Distal articular surface, 9 Medial oblique ridge, 10 Lateral oblique ridge, 11  
 363 Dorsal transverse recess, 12 Dorsal transverse ridge, 13 Plantar recess, 14 Medial collateral  
 364 ligament eminence, 15 Lateral collateral ligament eminence 173x85mm (200 x 200 DPI)



365

366 Figure 6: Normal radiographic anatomy of digit III of a white rhinoceros pes, distal phalanx.

367 DIGIT III: P1 Proximal phalanx, P2 Middle phalanx, P3 Distal phalanx, P3d Distal phalanx

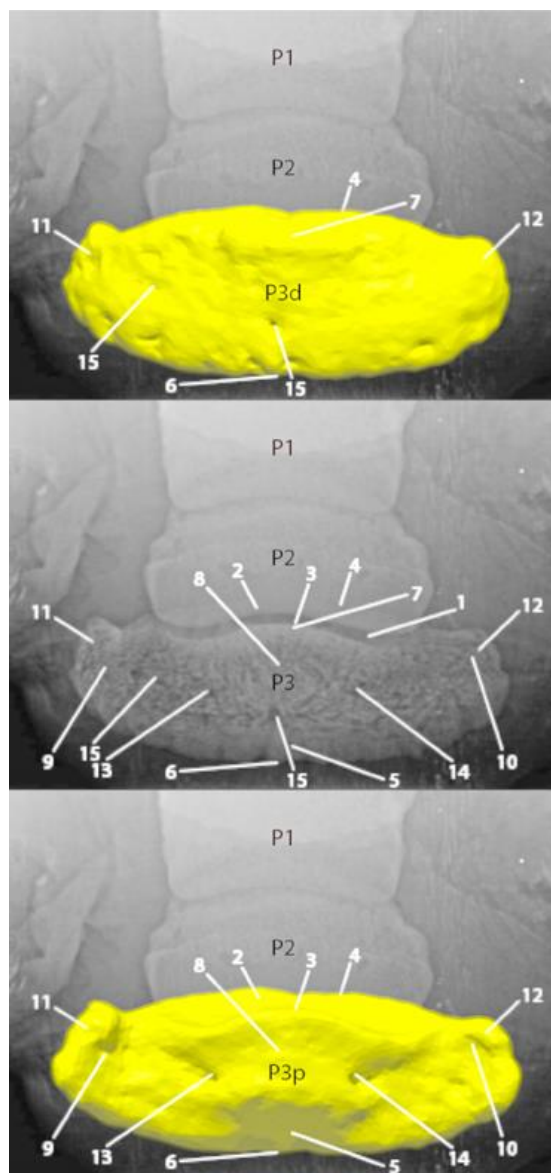
368 dorsal aspect, P3p Distal phalanx plantar aspect, 1 Distal interphalangeal joint, 2 Proximal

369 articular surface, 3 Plantaroproximal edge, 4 Dorsoproximal edge, 5 Planum cuneatum (sole

370 surface), 6 Sole border, 7 Extensor process, 8 Flexor surface, 9 Medial parietal sulcus, 10

371 Lateral parietal sulcus, 11 Medial plantar process, 12 Lateral plantar process, 13 Medial solar

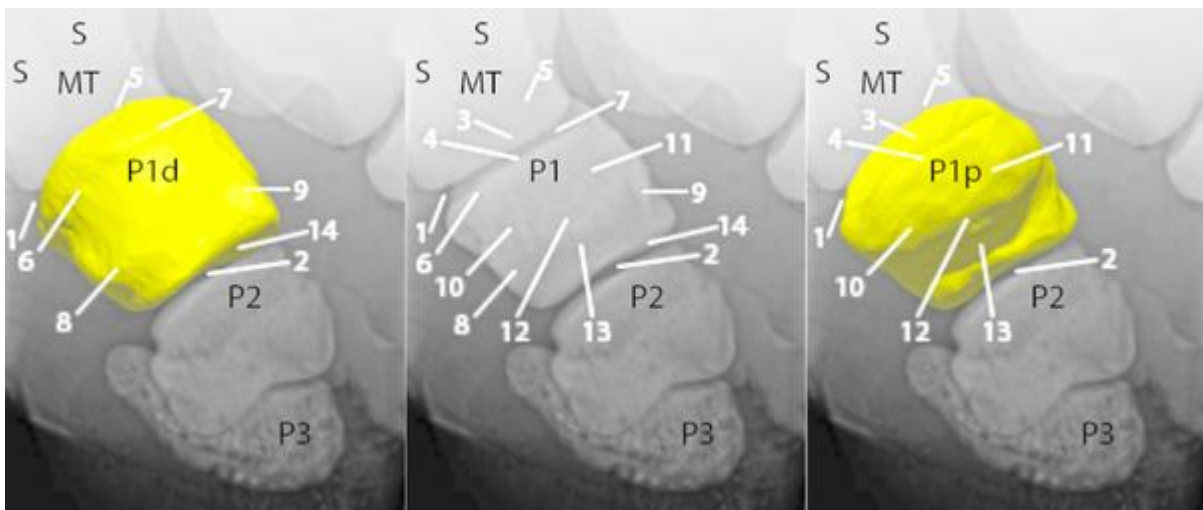
372 foramen, 14 Lateral solar foramen, 15 Nutrient foramina 84x180mm (200 x 200 DPI)



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375 Figure 7: Normal radiographic anatomy of digit II of a white rhinoceros pes, proximal  
 376 phalanx. DIGIT II: MT Metatarsal, P1 Proximal phalanx, P1d Proximal phalanx dorsomedial  
 377 aspect, P1p Proximal phalanx plantaromedial aspect, P2 Middle phalanx, P3 Distal phalanx,  
 378 S Proximal sesamoid, 1 Metatarsophalangeal joint, 2 Proximal interphalangeal joint, 3  
 379 Proximal articular surface, 4 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial  
 380 dorsoproximal tubercle, 7 Lateral dorsoproximal tubercle, 8 Dorsomedial oblique ridge, 9  
 381 Dorsolateral oblique ridge, 10 Medial plantaroproximal tubercle, 11 Lateral plantaroproximal  
 382 tubercle, 12 Transverse plantar ridge, 13 Transverse plantar groove, 14 Distal articular  
 383 surface 173x73mm (200 x 200 DPI)

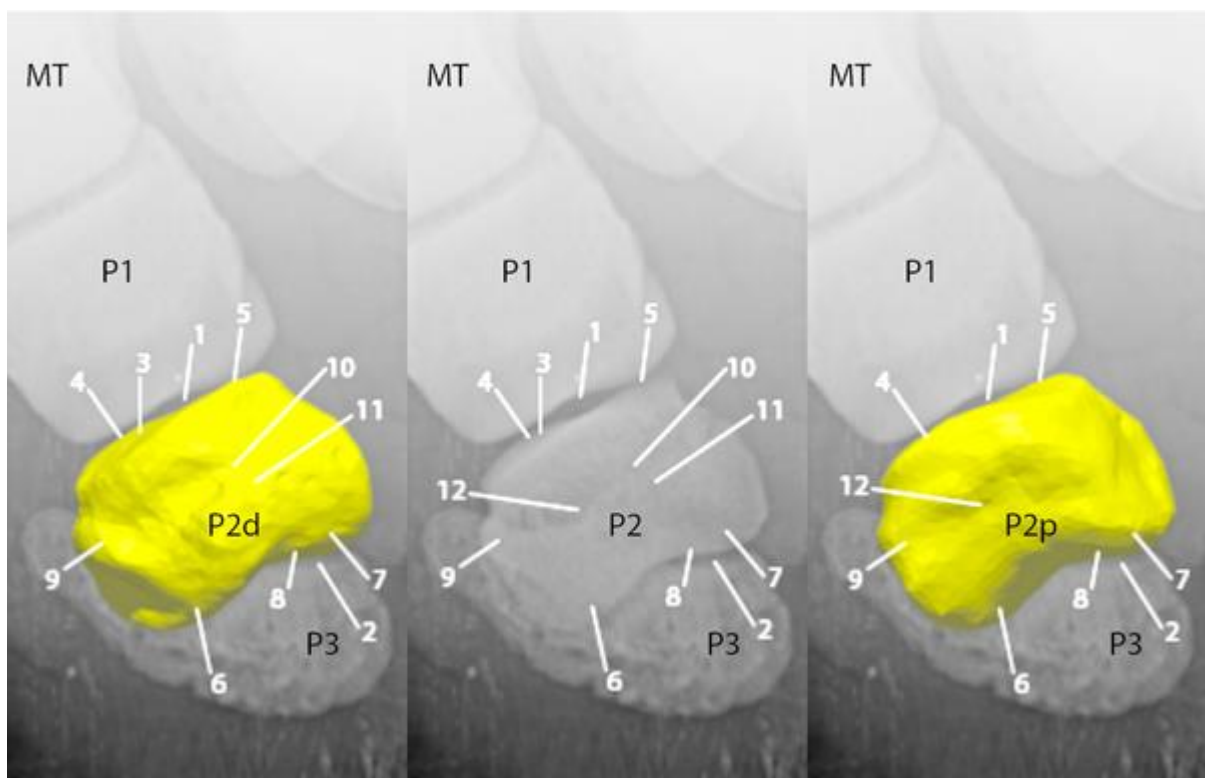


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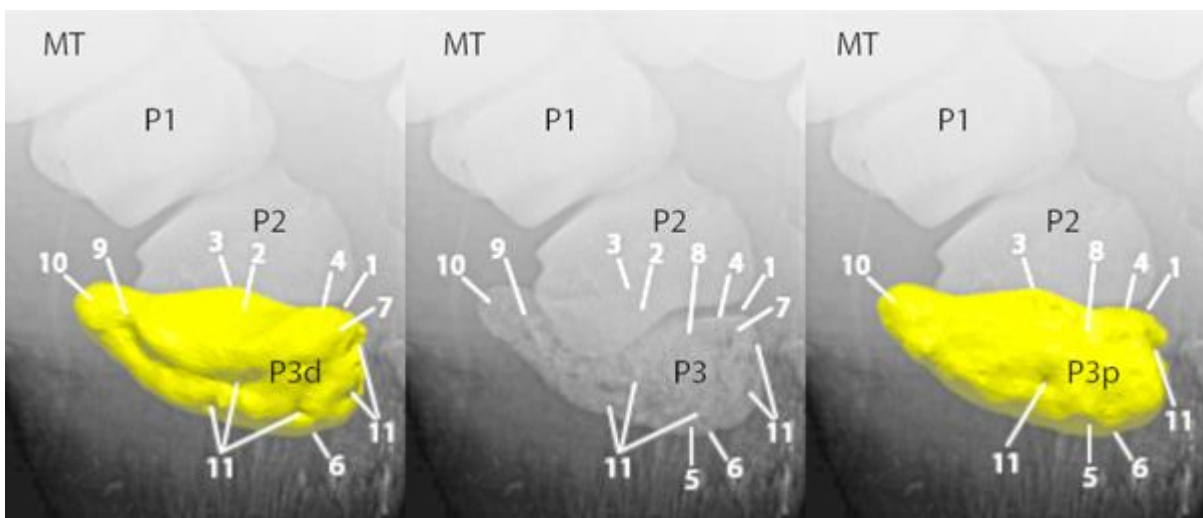
386 Figure 8: Normal radiographic anatomy of digit II of a white rhinoceros pes, middle phalanx.  
 387 DIGIT II: MT Metatarsal, P1 Proximal phalanx, P2 Middle phalanx, P2d Middle phalanx  
 388 dorsomedial aspect, P2p Middle phalanx plantaromedial aspect, P3 Distal phalanx, 1  
 389 Proximal interphalangeal joint, 2 Distal interphalangeal joint, 3 Proximal articular surface, 4  
 390 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial condyle, 7 Lateral condyle, 8 Distal  
 391 articular surface, 9 Medial oblique ridge, 10 Dorsal transverse recess, 11 Dorsal transverse  
 392 ridge, 12 Plantar recess 173x111mm (200 x 200 DPI)



393

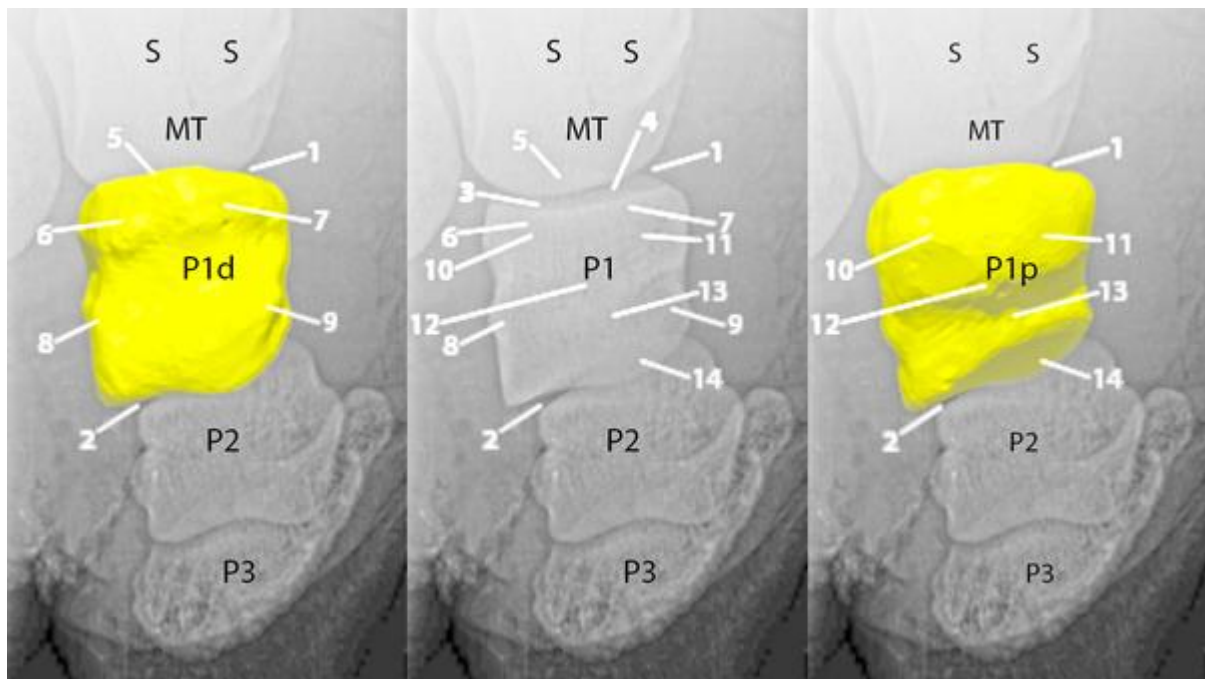
394

395 Figure 9: Normal radiographic anatomy of digit II of a white rhinoceros pes, distal phalanx  
 396 DIGIT II: MT Metatarsal, P1 Proximal phalanx, P2 Middle phalanx, P3 Distal phalanx, P3d  
 397 Distal phalanx dorsomedial aspect, P3p Distal phalanx plantaromedial aspect, 1 Distal  
 398 interphalangeal joint, 2 Proximal articular surface, 3 Plantaroproximal edge, 4 Dorsoproximal  
 399 edge, 5 Planum cuneatum (sole surface), 6 Sole border, 7 Extensor process, 8 Flexor surface,  
 400 9 Parietal sulcus, 10 Medial plantar process, 11 Nutrient foramen 173x73mm (200 x 200  
 401 DPI)



402  
 403  
 404

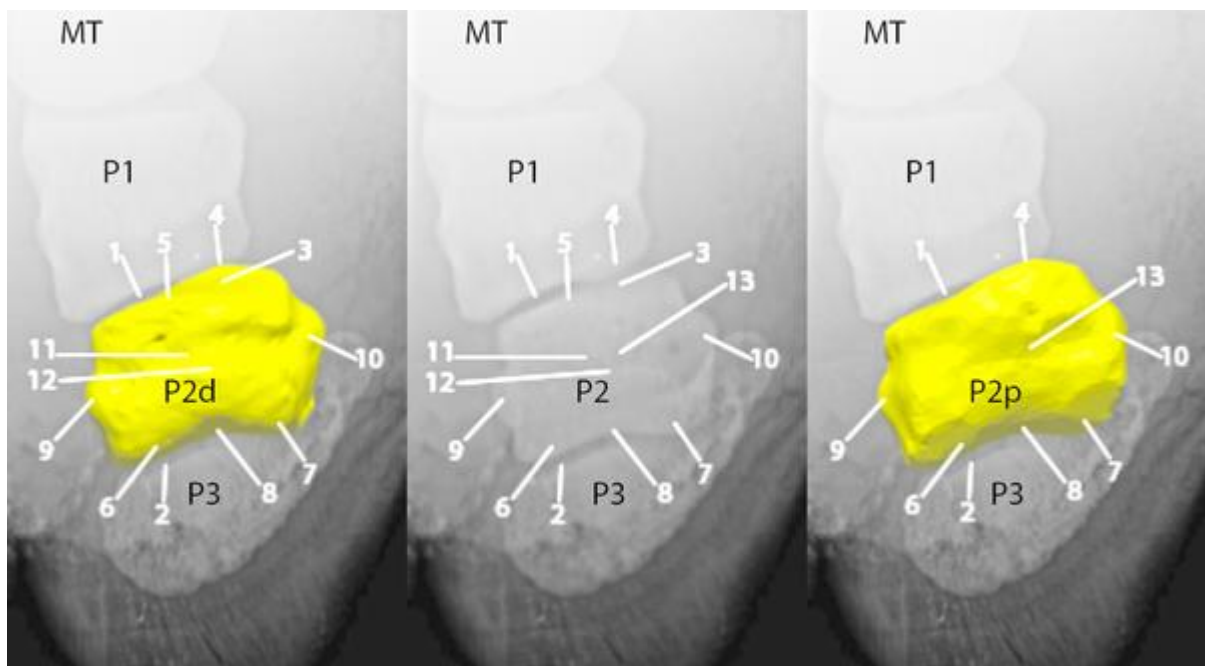
405 Figure 10: Normal radiographic anatomy of digit IV of a white rhinoceros pes, proximal  
 406 phalanx. DIGIT IV: MT Metatarsal, P1 Proximal phalanx, P1d Proximal phalanx dorsolateral  
 407 aspect, P1p Proximal phalanx plantarolateral aspect, P2 Middle phalanx, P3 Distal phalanx, S  
 408 Proximal sesamoid, 1 Metatarsophalangeal joint, 2 Proximal interphalangeal joint, 3  
 409 Proximal articular surface, 4 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial  
 410 dorsoproximal tubercle, 7 Lateral dorsoproximal tubercle, 8 Dorsomedial oblique ridge, 9  
 411 Dorsolateral oblique ridge, 10 Medial plantaroproximal tubercle, 11 Lateral plantaroproximal  
 412 tubercle, 12 Transverse plantar ridge, 13 Transverse plantar groove, 14 Distal articular  
 413 surface 179x100mm (300 x 300 DPI)



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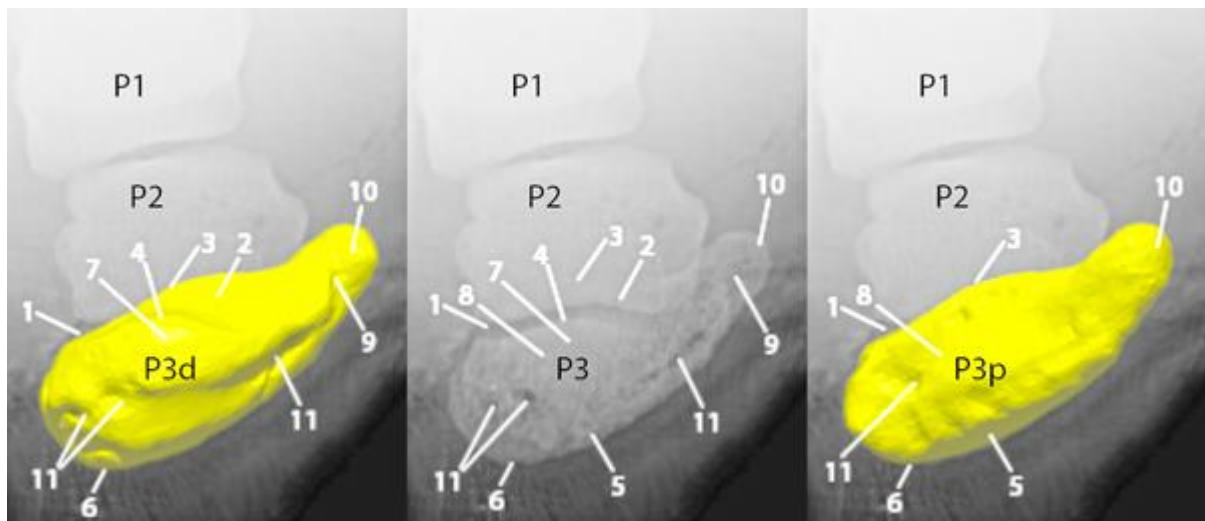
416 Figure 11: Normal radiographic anatomy of digit IV of a white rhinoceros pes, middle  
 417 phalanx. DIGIT IV: MT Metatarsal, P1 Proximal phalanx, P2 Middle phalanx, P2d Middle  
 418 phalanx dorsolateral aspect, P2p Middle phalanx plantarolateral aspect, P3 Distal phalanx, 1  
 419 Proximal interphalangeal joint, 2 Distal interphalangeal joint, 3 Proximal articular surface, 4  
 420 Plantaroproximal edge, 5 Dorsoproximal edge, 6 Medial condyle, 7 Lateral condyle, 8 Distal  
 421 articular surface, 9 Medial oblique ridge, 10 Lateral oblique ridge, 11 Dorsal transverse  
 422 recess, 12 Dorsal transverse ridge, 13 Plantar recess 173x95mm (200 x 200 DPI)



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424

425 Figure 12: Normal radiographic anatomy of digit IV of a white rhinoceros pes, distal phalanx.  
 426 DIGIT IV: P1 Proximal phalanx, P2 Middle phalanx, P3 Distal phalanx, P3d Distal phalanx  
 427 dorsolateral aspect, P3p Distal phalanx plantarolateral aspect, 1 Distal interphalangeal joint, 2  
 428 Proximal articular surface, 3 Plantaroproximal edge, 4 Dorsoproximal edge, 5 Planum  
 429 cuneatum (sole surface), 6 Sole border, 7 Extensor process, 8 Flexor surface, 9 Parietal  
 430 sulcus, 10 Lateral plantar process, 11 Nutrient foramen 173x74mm (200 x 200 DPI)



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