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## The role of the leukemia inhibitory factor receptor in neuroprotective signaling

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### Abstract

Several neurotropic cytokines relay their signaling through the leukemia inhibitory factor receptor. This 190 kDa subunit couples with the 130 kDa gp130 subunit to transduce intracellular signaling in neurons and oligodendrocytes that leads to expression of genes associated with neurosurvival. Moreover, activation of this receptor alters the phenotype of immune cells to an anti-inflammatory one. Although cytokines that activate the leukemia inhibitory factor receptor have been studied in the context of neurodegenerative disease, therapeutic targeting of the specific receptor subunit has been understudied in by comparison. This review examines the role of this receptor in the CNS and immune system, and its application in the treatment in stroke and other brain pathologies.

### Keywords

Cytokine; Signal transduction; Brain injury; Inflammation

## 1. Introduction

The leukemia inhibitory factor receptor (LIFR) is a 190 kDa member of the type 1 cytokine receptor family (Gadina et al., 2001). The activation of this receptor relays intracellular signals that result in enhanced cellular survival in neural cells and altering the phenotype of T cells and macrophages from an inflammatory to an anti-inflammatory one. In brain injury, such as stroke, neural cell survival signaling is necessary to protect cells (Rowe et al., 2012). Additionally, the immune system, which mounts an inflammatory neurodegenerative response to the brain injury, needs to be diverted towards an anti-inflammatory state (Ajmo et al., 2008; Offner et al., 2006). Signaling via LIFR provides both of these properties establishing this receptor as a valid therapeutic target for a treatment for stroke and other neurological injuries.

## 2. Structure of LIFR

Although LIFR was discovered prior to 1991, its structure was determined after Gearing et al. (1991) isolated LIFR transcripts from a cDNA library. This study demonstrated that LIFR

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is a 190 kDa protein with three distinct regions: an extracellular domain of 789 amino acids, a transmembrane domain containing 26 amino acids, and a cytoplasmic domain containing 238 amino acid residues. In addition, the cytoplasmic and transmembrane domains shared several conserved regions with those of glycoprotein 130 (gp130), the high-affinity-converting subunit that is present in the receptors of all IL-6 family cytokines. According to the authors, the sequence homology between the two receptors may account for the fact that IL-6 and LIF activate similar signaling cascades and have overlapping downstream effects (Gearing et al., 1991).

LIFR exists in a soluble and membrane-bound forms depending upon which cDNA transcript is expressed in the cell. Tomida, Yamamoto-Yamaguchi, and Hozumi (1994) isolated RNA from the murine liver tissue and used RT-PCR to create cDNA transcripts of LIFR mRNAs. While the authors identified one of the cDNAs as the transcript coding for the membrane-bound LIFR, a second transcript was identified that contained a unique, 501 bp sequence. This sequence, which contained a stop codon, corresponded to the soluble form of LIFR, which lacked the transmembrane and cytoplasmic regions of the other LIFR variant. This soluble form of LIFR, alternatively known as LIF-binding protein (LBP), is upregulated during pregnancy and acts as an antagonist to serum LIF levels (Layton et al., 1992; Tomida et al., 1994).

Membrane-bound LIFR is widely expressed across several tissue types, but the expression of LBP is restricted mainly to the liver and the uterus. However, the expression of LIFR is controlled by two distinct promoter regions in a tissue-specific manner. The first promoter is G/C rich and is associated with widespread, constitutive LIFR expression. A second promoter sequence controls expression of LIFR in the liver, but is also responsible for upregulation of uterine LIFR during pregnancy (Argetsinger et al., 1995; Owczarek, Layton, Robb, Nicola, & Begley, 1996; Tomida et al., 1994).

### 3. LIFR signaling

LIFR confers its effects via association with other receptor subunits including the gp130 subunit, which is shared by all IL-6 family cytokine receptors (Gearing et al., 1991), the glycosyl-phosphatidylinositol (GPI) linked-ciliary neurotrophic factor receptor (CNTFR) (Davis et al., 1991), and the cardiotrophin-1 (CT-1) receptor. Cytokines in the IL-6 family exert downstream signaling through heterodimeric/hetero-trimeric receptor complexes that contain LIFR. LIF requires LIFR/gp130 for binding and receptor activation, while CNTF binds to a tripartite LIFR/CNTFR/gp130 complex. CT-1 also binds to the LIFR/gp130 heterodimer in addition to LIF, although the CT-1 receptor complex may contain a unique subunit not found in the LIF receptor complex (Bauer, Kerr, & Patterson, 2007; Robledo et al., 1997). Oncostatin M (OSM) binds to the LIF receptor heterodimer in a species-specific manner. While OSM exerts signaling through either a gp130/OSMR complex or LIFR/gp130 in humans, mouse OSM can only bind to gp130/OSMR (Gearing et al., 1992; Lindberg et al., 1998; Miyajima et al., 2000; Tanaka et al., 1999).

Upon cytokine binding, the receptor subunits associate with each other in addition to members of the Janus kinase (JAK) family. These JAKs undergo self-phosphorylation and

phosphorylate the receptor subunits. Three main signaling pathways can be subsequently activated: Ras/MAPK/ERK, PI3K/Akt, and JAK/STAT signaling (Boulton, Stahl, & Yancopoulos, 1994; Oh et al., 1998; Stahl et al., 1994; Stahl et al., 1995). The precise consequences of each signaling pathway differ between cell types, but one of the ways in which LIFR signaling exerts long-lasting effects is through changes in gene expression. In several embryonic stem cell lines, Ras/MAPK signaling upregulates genes involved in proliferation and self-renewal, JAK/STAT controls genes that regulate self-renewal, and PI3K/Akt signaling induces pro-survival genes (Binetruy, Heasley, Bost, Caron, & Aouadi, 2007; Graf, Casanova, & Cinelli, 2011; Majumder et al., 2012).

#### 4. Regulation of LIFR surface expression and trafficking

In order to confer downstream signaling, LIFR must be localized to the plasma membrane and in close proximity to other IL-6 cytokine receptor components. According to Port et al., the association of receptor subunits in detergent-soluble membrane rafts occurs following stimulation with CNTF, but not LIF. Interestingly, the authors demonstrated that while mechanisms of membrane trafficking differ during CNTF and LIF stimulation, both cytokines failed to activate PI3K/Akt or Ras/MAPK signaling following treatment with  $\beta$ -cyclodextrin, a drug that depletes cholesterol from the membrane. These results suggest that CNTF and LIF signaling rely on lipid rafts for activation of these pathways, and that LIF might associate with rafts that are soluble in 1% Triton-X-100. Activation of STAT3 by CNTF/LIF occurred regardless of cholesterol depletion, indicating that STAT3 activity is not lipid raft-dependent. These differential mechanisms of LIFR trafficking may explain how CNTF and LIF, which normally signal through overlapping pathways, exert differential effects in certain cell lines, such as adipocytes and neuroblastoma lines (Johnson & Nathanson, 1994; Ott et al., 2004; Port, Gibson, & Nathanson, 2007).

According to several studies, mechanisms that terminate LIFR-dependent signaling are dependent upon cell type. Schiemann et al. (1995) discovered that prolonged stimulation of 3 T3-L1 cells with LIF triggered the endocytosis of LIFR. This process is dependent upon the phosphorylation of Serine 1044 on its cytoplasmic tail by ERK1/2 after prolonged stimulation with its ligand (Schiemann et al., 1995). A subsequent study by Blanchard et al. showed that phospho-LIFR undergoes lysosomal degradation following endocytosis. This effect was reversed upon treatment with chloroquine, an anti-malarial drug that inhibits lysosomes. However, inhibition of the proteasome did not reverse the decrease in LIFR protein expression, indicating that the cell degrades LIFR via the lysosomes (Blanchard et al., 2000).

Although LIFR is degraded following excessive stimulation with LIF in non-neural cell types, the surface expression of LIFR appears to be regulated via a different mechanism in neural cells. Gardiner, Cafferty, Slack, and Thompson (2002) showed that LIFR is localized to the nuclear region of sensory neurons under resting conditions. After surgical injury, LIFR was localized to the cytoplasmic and plasma membrane of the neuronal somata. Since LIFR requires association with gp130 at the membrane to confer downstream signaling, the trafficking of LIFR from the nucleus to the membrane is a neuroprotective mechanism against the injury (Gardiner et al., 2002).

## 5. The role of LIFR in nervous system development

Constitutive expression of LIFR in multiple CNS cell types has been previously demonstrated by several independent groups. Patterson and Chun first showed that neurokinin signaling through LIFR regulates cholinergic differentiation in sympathetic neurons (Chun & Patterson, 1977). Subsequent investigation proved that LIFR plays a role in the differentiation of other neuronal populations including adrenergic and dopaminergic neuronal populations (Fan & Katz, 1993; Lewis et al., 1994). In addition to its regulation of neuronal signaling, one of the most prominent roles played by LIFR involves the development and maturation of neurons and glia. Presence of LIF or ciliary neurotrophic factor (CNTF) stimulates the maturation of astrocytes from astrocytic progenitor cells. However, this effect was not observed following stimulation with IL-6, thus indicating that LIFR is necessary for normal astrocyte development (Yoshida, Satoh, Nakagaito, Kuno, & Takeuchi, 1993). LIF and CNTF also promoted the development of mature oligodendrocytes from 0-2A + oligodendrocyte progenitor cells (OPCs) (Fischer, Wajant, Kontermann, Pfizenmaier, & Maier, 2014; Mayer, Bhakoo, & Noble, 1994). These factors also caused 0-2A + OPCs to develop into type-2 astrocytes *in vitro*, but only in the presence of extracellular matrix proteins. Therefore, LIFR signaling yields several options for CNS cell development depending upon the presence of external factors (Gard, Burrell, Pfeiffer, Rudge, & Williams, 1995). Neuronal development may either be enhanced or inhibited by LIFR signaling depending upon the neural subtype and external biochemical environment. Several groups demonstrated that knocking out the LIFR gene in mice yields a lethal defect in the development of motor neurons (DeChiara et al., 1995; Li, Sendtner, & Smith, 1995; Ware et al., 1995). On the other hand, activation of LIFR through CNTF signaling appears to hinder the maturation of cortical neurons (Bonni et al., 1997). By contrast, *in vitro* studies published by Richards et al. show that antibodies against LIFR block the development of mature neurons. However, this phenomenon was limited to serum-free cultures, and the addition of serum promoted the development of astrocytes over neurons (Richards et al., 1996).

## 6. Leukemia inhibitory factor

Several cytokines that are involved with neurogenesis and gliogenesis utilize the LIFR subunit as a component of their receptor complexes. LIF exerts several important functions in the nervous system via activation of LIFR/gp130. According to Murphy, Reid, Hilton, and Bartlett (1991) treatment of mouse neural crest cells with LIF triggered the development of sensory neurons *in vitro* (Murphy et al., 1991). LIF also induces the development of neurons from precursor cells in the spinal cord (Richards, Kilpatrick, Bartlett, & Murphy, 1992), and promotes neurogenesis *in vitro* when combined with CNTF, another IL-6 family neurokinin (Galli, Pagano, Gritti, & Vescovi, 2000). However, LIF exerts anti-neurogenic effects in the CNS by inhibiting the terminal differentiation of murine olfactory receptor neurons as well as neurons in the primary visual cortex (Engelhardt et al., 2017; Moon et al., 2002). LIF increases neural stem cell (NSC) populations and enhances self-renewal by inhibiting differentiation, which allows NSCs to aid in neural repair during injury (Bauer & Patterson, 2006; Buono, Vadlamuri, Gan, & Levison, 2012; Covey & Levison, 2007). Using a gene microarray, Wright et al. demonstrated that these anti-differentiation effects on NSC

populations following LIF treatment occurred due to changes in the expression of over 200 genes (Wright et al., 2003). LIF regulates the development of several glial cell populations in addition to neurons. LIF enhances proliferation of oligodendrocyte progenitor cells and increased the population of mature oligodendrocytes in the hippocampus during cuprizone-induced demyelination (Deverman & Patterson, 2012; Mayer et al., 1994). By contrast, *LIF* knockout mice exhibit delayed oligodendrocyte development and myelination in areas such as the optic nerve (Bugga, Gadiant, Kwan, Stewart, & Patterson, 1998; Ishibashi, Lee, Baba, & Fields, 2009).

LIF, in conjunction with bone morphogenetic protein 2 causes NSCs to differentiate into astrocytes (Nakashima, Yanagisawa, Arakawa, & Taga, 1999; Yoshida et al., 1993). However, the study by Koblar et al. shows that *LIF* knockout mice show only a partial reduction in hippocampal astrocytes, while *LIFR* knockout mice show a complete deficiency (Koblar et al., 1998).

## 7. Ciliary neurotrophic factor

CNTF activates downstream signaling pathways that are also targeted by LIF (i.e. PI3K/Akt, MAPK, and JAK/STAT) (Boulton et al., 1994). Therefore, CNTF confers similar effects on neural cell development/differentiation to LIF signaling. CNTF promotes the *in vitro* renewal of NSC populations in the forebrain through Notch1 signaling (Chojnacki, Shimazaki, Gregg, Weinmaster, & Weiss, 2003; Hagg, 2005; Ip et al., 1992). Treatment of cortical precursor cells with CNTF also induces the formation of astrocytes via JAK/STAT activation (Bonni et al., 1997). CNTF administration promotes the *in vitro* survival and differentiation of oligodendrocyte progenitor cells into mature oligodendrocytes under physiological conditions and during white matter injury (M. Mayer et al., 1994; Pasquin, Sharma, & Gauchat, 2015; Talbott et al., 2007; Tripathi & Mctigue, 2008). Compared to LIF, CNTF is a stronger promoter of neurogenesis *in vivo* (Bauer et al., 2007). Emsley et al. demonstrated that CNTF signaling in the mouse forebrain promotes neurogenesis in the dentate gyrus and the subventricular zone. In addition, CNTF treatment yielded a mild increase in the number of astrocytes, but favored the formation of neurons in these regions. This study also suggested that the pro-neurogenic signaling of CNTF was dependent upon its ability to activate astrocytes in the sub-ventricular zone and dentate gyrus (Emsley & Hagg, 2003). A report by Albrecht et al. confirmed this finding by demonstrating that CNTF increased motor neuron survival by stimulating astrocytes to release fibroblast growth factor-2 (Albrecht, Dahl, Stoltzfus, Levenson, & Levison, 2002). In *CNTF*-deficient mice, the number of NSCs and rate of neurogenesis in the dentate gyrus was significantly reduced compared to wild-type mice. This phenotype was not observed in *LIF* knockout mice, thus suggesting a unique role for CNTF in neurogenesis (Müller, Chakrapani, Schwegler, Hofmann, & Kirsch, 2009). In previous studies utilizing rat models, CNTFR was thought to be localized to neuronal cells, but not mature astrocytes. These conflicting results could be a consequence of species-specific differences in neurogenesis/gliogenesis (Emsley & Hagg, 2003; Ip et al., 1993).



## 8. Cardiotrophin-1

Barnabe-Heider et al. demonstrated that CT-1 induces the development of astrocytes from cortical precursor cells *in vitro*. According to their findings, CT-1 is released by immature neurons to facilitate the differentiation of cortical precursors into cortical astrocytes. The induction of astrogliogenesis depends upon the upregulation of LIFR and gp130 in cortical precursor cells between 0 and 8 days *in vitro*. Immature neurons within cultures of precursor cells will release endogenous CT-1 in order to promote the development of astrocytes and inhibit further development of neurons (Barnabé-Heider et al., 2005).

These studies demonstrate that LIFR is crucial for the development of neural cell population in the CNS. According to several independent groups, homozygous *LIFR* knockout mice exhibit defects in neural stem cell self-renewal, astrocyte development, and neurogenesis compared to wild-type mice. In spite of the overlapping roles of IL-6 family cytokines (i.e. LIF, CNTF, CT-1) in facilitating neurogenesis/gliogenesis, these processes are dependent upon the presence of LIFR and gp130 (Koblar et al., 1998; Li et al., 1995; Pitman et al., 2004; Shimazaki, Shingo, & Weiss, 2001).

## 9. Treatment of neurodegenerative disease

### 9.1. Neuroprotective effects of LIF

Cytokines that signal through LIFR have shown strong potential in treating animal models of neurodegenerative disease. Under pathophysiological conditions, LIF is upregulated endogenously and released by several cells of the nervous system. Brain endothelial cells release LIF to promote the differentiation of astrocytes, which also secrete LIF to promote neuroprotective signaling (Banner, Moayeri, & Patterson, 1997; Mi, Haerberle, & Barres, 2001; Moidunny et al., 2012). Pericytes, which help comprise the BBB, have been tested as a therapeutic for myocardial infarction based on their ability to promote cardioprotection via secretion of LIF (Chen et al., 2013). NSC populations upregulate LIF mRNA following stimulation with interferon  $\gamma$ , which is produced by T lymphocytes and natural killer cells after stroke. This secretion of LIF promotes brain repair by acting on neural cells and by triggering proliferation of other NSCs (Felling, Covey, Wolujewicz, Batish, & Levison, 2016; Laterza et al., 2013; Yilmaz, Arumugam, Stokes, & Granger, 2006). Neurons also increase expression of LIF in response to injury. Getchell, Shah, Partin, Subhedar, and Getchell (2002) showed that olfactory receptor neurons upregulate LIF mRNA following targeted ablation, which may promote survival in an autocrine manner (Getchell et al., 2002).

Animal models of neurodegeneration show that LIF enhances survival of neural cells and promote regeneration of damaged tissue. Azari, Galle, Lopes, Kurek, and Cheema (2001) revealed LIF decreased the degradation of motor neurons in the G93A SOD1 mouse model of familial ALS and reduced white matter damage after spinal cord injury (Azari et al., 2001, 2003, 2006). Due to its pro-survival effects on oligodendrocytes, LIF has been explored as a therapeutic for demyelinating diseases, most notably the experimental allergic encephalomyelitis (EAE) model of multiple sclerosis. Following induction of EAE, oligodendrocytes upregulate LIFR *in vivo*, which appears to be an endogenous mechanism



of sensitizing white matter to the protective effects of LIF (Butzkueven et al., 2002; Butzkueven, Emery, Cipriani, Marriott, & Kilpatrick, 2006; Laterza et al., 2013; Slaets et al., 2008). Recently, Rittchen et al. used LIF-encapsulated nanoparticles to promote remyelination in the CNS. These nanoparticles were labeled with antibodies against NG2, which allowed the authors to selectively target OPCs and stimulate white matter repair (Rittchen et al., 2015). LIF containing-nanoparticles have also been used to enhance the efficacy of cellular therapies. For instance, Dyson et al. demonstrated that coating fetal rat dopaminergic cells with LIF-containing nanoparticles reduced cellular death upon transplantation. This strategy may improve the use of dopaminergic cell grafts as a treatment for Parkinson's disease (Dyson, Fahmy, Metcalfe, & Barker, 2014).

The ability of LIF to rescue gray and white matter from damage makes it a promising candidate for preclinical stroke studies, in which preventing neuronal and oligodendrocyte loss is crucial. Suzuki et al. showed that LIF activates its three main signaling pathways (MAPK, PI3K/Akt, and JAK/STAT) to promote neuroprotection after focal cortical injury (Suzuki et al., 2005). LIF treatment alone and in conjunction with fibroblast growth factor-2 increased the activity of antioxidant enzymes, including glutathione peroxidase and superoxide dismutase isoforms, and reduced oxidative damage. Other studies using the permanent middle cerebral artery occlusion model of stroke demonstrated that LIF confers direct neuroprotection through upregulation of antioxidant enzymes in oligodendrocytes and neurons (Davis et al., 2016; Rowe et al., 2014).

## 9.2. CNTF increases cell survival in neurodegeneration models

CNTF has shown similar efficacy in treating animal models of neurodegeneration. Modi et al. showed that *in vitro* administration of aspirin, which upregulates CNTF via PKA signaling, protected cultured oligodendrocytes against TNF- $\alpha$ , which facilitates the inflammatory response during multiple sclerosis (Modi, Sendtner, & Pahan, 2013). Other groups achieved similar results against EAE-mediated damage *in vivo* through treatment with CNTF and CNTF-overexpressing mesenchymal stem cells (Kuhlmann et al., 2006; Lu et al., 2009). Neurogenesis during ischemic stroke is also enhanced by high levels of endogenous CNTF. According to Kang et al., CNTF upregulation during stroke, which is partially facilitated by P2X7 receptor stimulation, increased numbers of immature neurons in the SVZ. This positive effect on neurogenesis was not observed in CNTF knockout mice (Kang, Keasey, Arnold, et al., 2013; Kang, Keasey, & Hagg, 2013).

CNTF has been investigated as a therapeutic in preclinical studies for Huntington's disease, where it was shown to enhance survival of striatal neurons (Bachoud-Lévi et al., 2000; Emerich, Bruhn, Chu, & Kordower, 1998; Mittoux et al., 2000). According to Colin et al., Akt signaling is decreased in human as well as animal models of Huntington's disease (Colin et al., 2005). Therefore, the activation of Akt signaling by CNTF could confer neuroprotection against striatal neurons in these models.

Moreover, the absence of CNTF expression has been shown to worsen the pathogenesis of EAE-induced demyelination (D'Souza, 1996). Compared to WT C57BL/6 mice, the *CNTF* knockout mice showed earlier symptoms of EAE, a greater incidence of relapse, and greater motor skill deficits (Linker et al., 2002) The severity of EAE symptoms among these

knockout mice shows how cytokines acting through LIFR can ameliorate demyelination associated with EAE. Furthermore, CNTF has been shown to enhance remyelination by promoting the migration of NSCs toward active lesions where demyelination is occurring (Vernerey, Macchi, Magalon, Cayre, & Durbec, 2013).

## 10. Modulation of neuroinflammation through LIFR signaling

### 10.1. LIFR signaling controls phenotype of macrophages/microglia

In addition to its pro-survival effects on neurons and oligodendrocytes, LIFR signaling may also indirectly contribute to neuroprotection/glioprotection after CNS injury through modulation of immune cell signaling. Although LIF is generally considered an anti-inflammatory cytokine, there are several studies showing that LIFR signaling promotes inflammation after injury. For instance, CNTF-mediated activation of LIFR in murine macrophages caused the release of prostaglandin E2 and activated cyclooxygenase 2 (Cox-2). This effect was not inhibited upon administration of gp130 antibodies, thus indicating that LIFR-mediated activation of microglia is dependent upon LIFR and/or CNTFR signaling (Lin, Jain, Li, & Levison, 2009). The overexpression of CNTF was also shown to exacerbate astroglial activation and neuronal degeneration in mouse models of CNS injury (Winter, Saotome, Levison, & Hirsh, 1995; Winter, Saotome, Saotome, & Hirsh, 1996).

Kerr and Patterson demonstrated that overexpression of LIF in the spinal cord promotes activation of microglia/macrophages during spinal cord injury, which contributes to neurodegeneration (Kerr & Patterson, 2004). LIFR signaling also promotes chemotaxis of macrophages following mechanical injury to the cortex and sciatic nerve. In this study, LIF knockout mice showed significantly attenuated microglial and astroglial activation and increased macrophage infiltration after injury compared to wildtype mice (Sugiura et al., 2000). LIF knockout mice also showed a decrease in microglial activation after pilocarpine-induced injury (Holmberg & Patterson, 2006) as well as less severe demyelination following induction of EAE (Linker et al., 2008).

However, Patterson and Kerr observed the opposite effect when they administered LIF systemically after spinal cord injury. According to the results of this study, systemic LIF injection promoted the release of insulin growth factor-1 and other neurotrophic factors through activation of LIFR/Mac1 + microglia (Kerr & Patterson, 2004). Peripheral macrophages have also been shown to switch from a pro-inflammatory to an anti-inflammatory phenotype via LIFR activation. Monocytes treated with ovarian cancer ascites fluid differentiated into IL-10<sup>high</sup> IL-12<sup>low</sup> tumor-associated macrophages. Removal of LIF and IL-6 from the ascites abolished this effect, thus demonstrating that LIFR signaling promotes the development of anti-inflammatory macrophages in the tumor microenvironment (Duluc et al., 2007; Jeannin, Duluc, & Delneste, 2011). Macrophages also upregulate LIFR in response to stimulation with inflammatory mediators. For instance, stimulation with LPS (15 and 100 ng/ml) significantly increased expression of LIFR on cultured macrophages. In this same study, macrophages treated with LIF *in vitro* developed phagocytic, anti-inflammatory phenotype. LIF administration lowered reactive oxygen species production, decreased TNF- $\alpha$ , and increased myelin uptake. Considering that

oxidative stress and TNF- $\alpha$  are major contributing factors to white matter damage during multiple sclerosis, LIFR<sup>+</sup> macrophages could enhance oligodendrocyte survival (Hendriks et al., 2008). A recent study by Goodus et al. demonstrates the paradoxical effect of LIF signaling on microglial and astroglial activation after concussive brain injury. In this study, mice that were heterozygotes for the LIF knockout showed decreased microglial activation after injury, but ultimately had worse functional outcomes and increased white matter damage (Goodus et al., 2016). These data show that the microglial phenotype induced by LIFR signaling appears to depend upon the synergistic effects of cytokines as well as the time-dependent change in the immune response after the injury. *LIFR favors Treg over Th17 development.*

Studies utilizing the EAE model demonstrate that the protective actions of LIFR signaling may not just be limited to the actions of LIF on white matter. For instance, Gresle et al. published a study demonstrating that LIF and CNTF protect against EAE injury in mice lacking gp130 expression in oligodendrocytes. These results demonstrate that LIF confers protection during EAE independently of its pro-survival signaling in oligodendrocytes (Gresle et al., 2012). CD4<sup>+</sup> CD25<sup>+</sup> FOXP3<sup>+</sup> regulatory T lymphocytes (Tregs) are responsible for inhibiting the T cell mediated inflammatory response. Patients with autoimmune diseases, such as multiple sclerosis, often have defects in Treg function and development (Viglietta, Baecher-Allan, Weiner, & Hafler, 2004). Levy et al. (2015) showed that peripheral blood mononuclear cells (PBMCs) isolated from patients with relapsing-remitting multiple sclerosis produced lower levels of LIF when stimulated with anti-CD3/CD28 antibodies compared to the PBMCs from healthy control patients. These results suggest that defective production of LIF by T lymphocytes contributes to demyelination during MS (Levy et al., 2015).

During the maturation of naive CD3<sup>+</sup> CD4<sup>+</sup> helper T lymphocytes, LIF treatment inhibits the development of CD4 + IL-17 + helper T (Th17) lymphocytes while favoring Treg development (Gao et al., 2009; Janssens et al., 2015). By contrast, IL-6 signaling promotes the development of Th17 lymphocytes and inhibits Treg development (Cao et al., 2011). Since IL-6 and LIF confer signaling through the gp130 receptor subunit the anti-inflammatory developmental effects appear to be specific to LIFR signaling. Considering that Th17 lymphocytes contribute to neuroinflammation in conditions such as MS (Jadidi-Niaragh & Mirshafiey, 2011) and ischemic stroke (Luo et al., 2015), LIFR signaling reduces T lymphocyte-mediated inflammation by controlling the development of helper T lymphocytes.

## 11. Conclusion

Considering the crucial role that LIFR plays in the pro-survival and anti-inflammatory effects of IL-6 cytokines, increasing its activity and expression should promote tissue repair and better outcomes in models of neurodegeneration and inflammation. Although several groups have evaluated IL-6 family cytokines such as LIF, CNTF, and CT-1 as therapeutics against neurodegenerative disease, LIFR activation is a common signaling mechanism for these neuroprotective cytokines (Fig. 1). In spite of signaling through a common receptor, LIFR-activating cytokines exert pleiotropic effects on several cell populations of the CNS

(Fig. 2). Increasing the activity of LIFR through preventing its endocytosis, increasing protein expression, or promoting its association with gp130/CNTF should improve the efficacy of neurokine administration and increase the feasibility of this therapeutic strategy (Fig. 3).

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Conflict of interest

The authors declare that there are no conflicts of interest.

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## Abbreviations:

<b>CT-1</b>	cardiotrophin-1
<b>CNTF</b>	ciliary neurotrophic factor
<b>EAE</b>	experimental allergic encephalomyelitis
<b>GPI</b>	glycosyl-phosphatidylinositol
<b>gp130</b>	high-affinity-converting glycoprotein 130
<b>JAK</b>	Janus kinase
<b>LIF</b>	leukemia inhibitory factor
<b>LBP</b>	LIF-binding protein
<b>NSC</b>	neural stem cell
<b>OPC</b>	oligodendrocyte progenitor cell
<b>OSM</b>	oncostatin M
<b>PBMC</b>	peripheral blood mononuclear cell
<b>Tregs</b>	regulatory T lymphocytes

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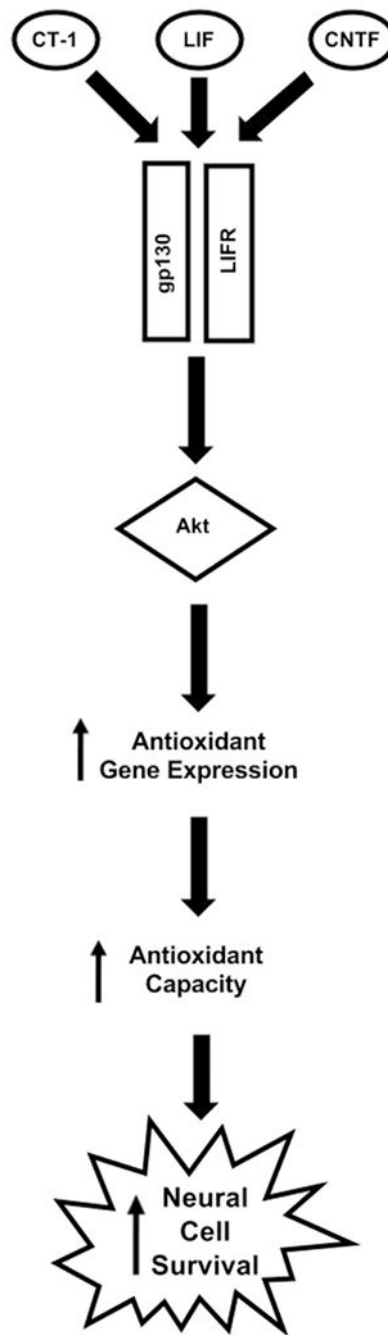


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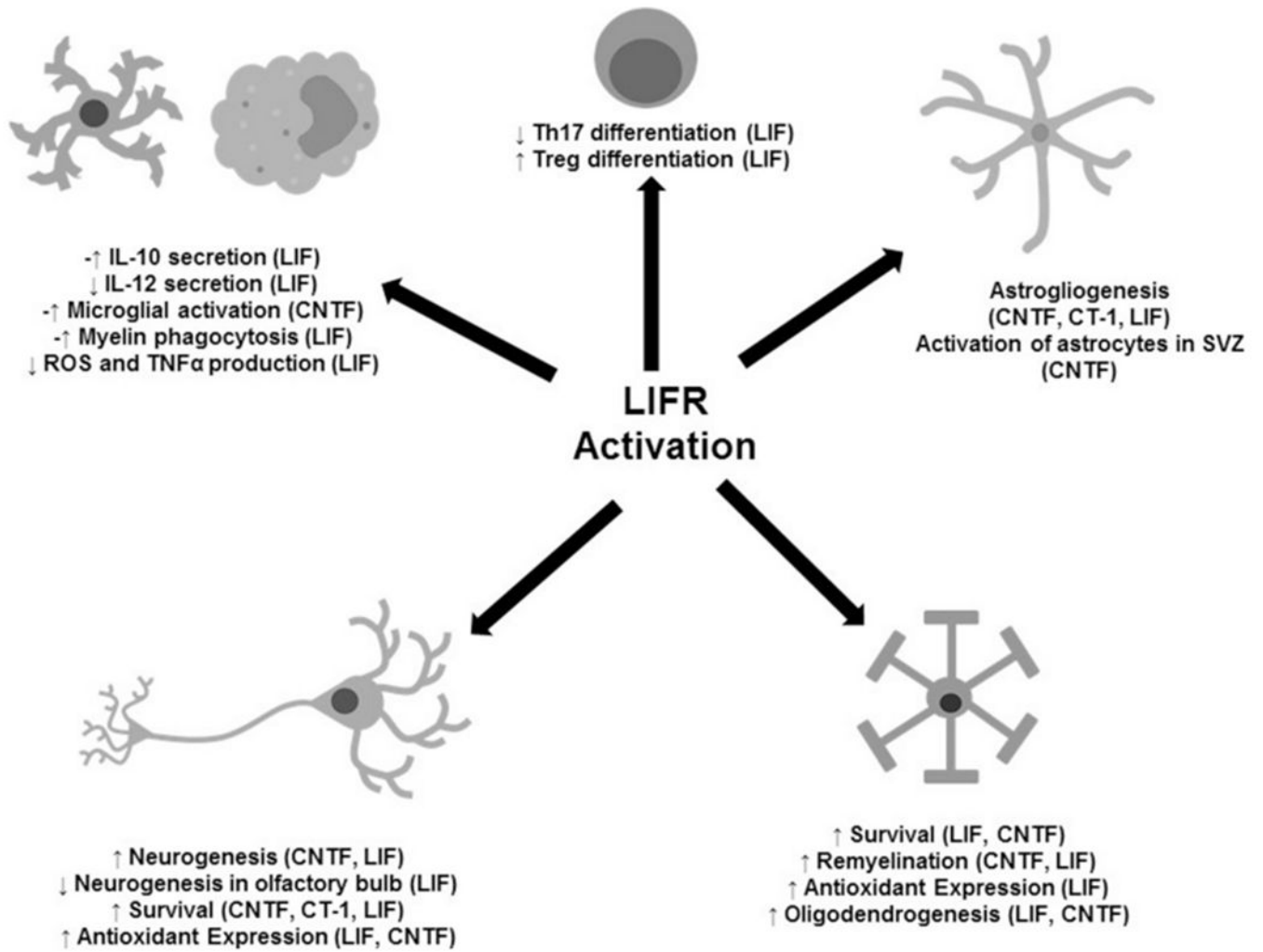
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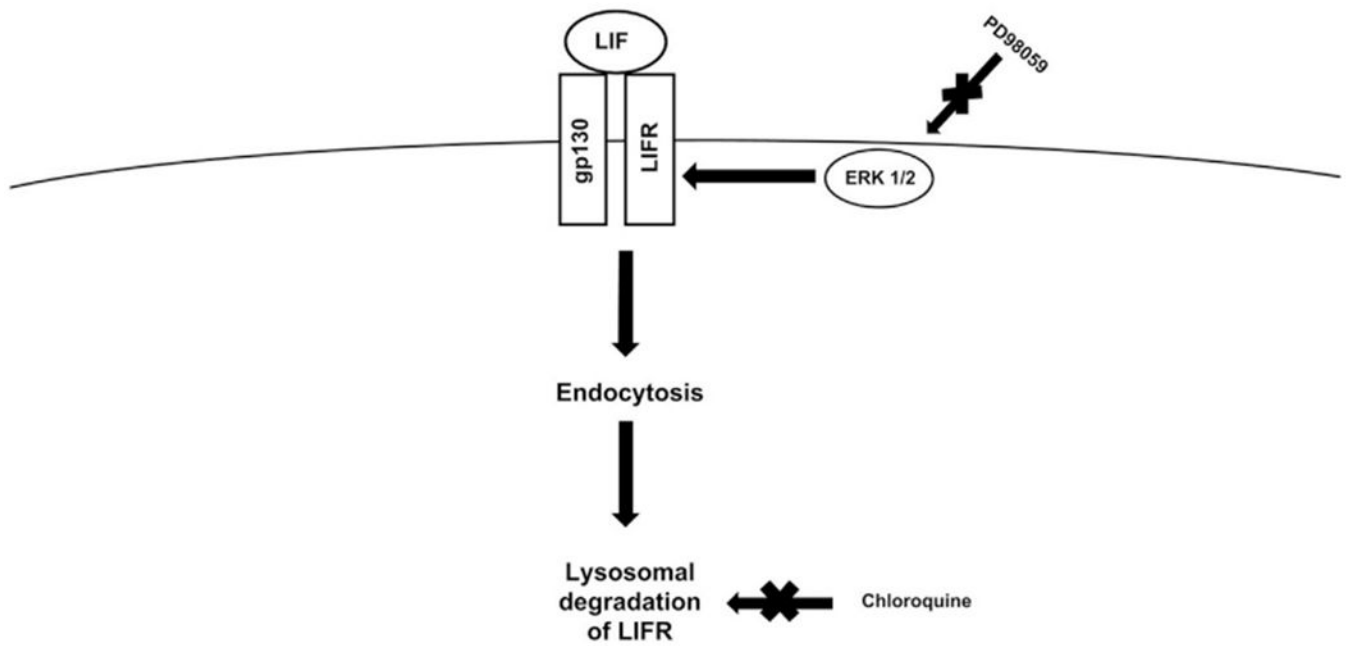
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**Fig. 1.** LIFR-activating cytokines increase survival during neurodegeneration. By signaling through LIFR, the cytokines LIF, CNTF, and CT-1 increase Akt activity, which promotes the transcription of pro-survival genes. Several of these genes include antioxidant enzymes which protect cells of the CNS against reactive oxygen species generated by cytotoxicity and immune cell activation. These enzymes increase the antioxidant capacity of the brain and increase survival while decreasing tissue damage.



**Fig. 2.**  
The Pleiotropic Effects of LIFR activation on CNS Cell Populations.  
Depending upon the cell type, LIFR signaling exerts wide-ranging and often conflicting effects on cellular survival, maintenance, and development.



**Fig. 3.**  
 Increasing the Efficacy of LIF by Targeting LIFR Activity.  
 Excess activation by LIF triggers the phosphorylation of Ser1044 on LIFR by ERK1/2. Once LIFR is phosphorylated, it is endocytosed by the cell and degraded via the lysosomes. Several drugs may be used to target this process, including PD98059, an ERK inhibitor and Chloroquine, an anti-malarial drug that inhibits lysosomal activity.