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Keywords: poly(lactide) (PLA), material valorisation, mechanical recycling, thermomechanical degradation, cold-crystallization, segmental dynamics

Abstract:

This paper reports the effects of multiple mechanical recycling on the structure and properties of amorphous polylactide (PLA). The influence of the thermo-mechanical degradation induced by means of five successive injection cycles was initially addressed in terms of macroscopic mechanical properties and surface modification. A deeper inspection on the structure and morphology of PLA was associated to the thermal properties and viscoelastic behaviour. Despite the FTIR analysis did not show significant changes in functional groups, a remarkable reduction in molar mass was found by viscosimetry. PLA remained amorphous throughout the reprocessing cycles, but the occurrence of a cold-crystallization during DSC and DMTA measurements, which enthalpy increased with each reprocessing step, suggested chain scission due to thermomechanical degradation. The effect of chain shortening studied on the glass-rubber relaxation by DMTA showed an increase in free-volume affecting the segmental dynamics of PLA, particularly after the application of the second reprocessing step, in connection to the overall loss of performance showed by the rest of properties.



1. Introduction

The interest on plastic materials such as poly (lactic acid)s or polylactides (PLA) that accomplish the two-fold benefit of being biodegradable and come from renewable resources has gained much attention. Polylactides are thermoplastic polyesters obtained from the ring-opening polymerization of lactide, which may be derived from the fermentation of sugar feedstocks at competitive prices compared to that previously achievable from petrochemical-derived products [1]. PLAs have numerous interesting properties including good processability, mechanical properties, thermal stability and low environmental impact [2-3], which enhance their performance as suitable candidates for replacing commodities at the packaging sector. Indeed, the application of life cycle assessments [4] has shown that the use of PLA in common polymeric fossil-based applications performs environmentally better, in terms of a lower use of fossil energy, a reduced emission of greenhouse gases and for being a great source of carbon after disposal. However, the increase of a new source of polymeric waste is implied, which would have to be managed. Moreover, with the aim of enhance the material valorisation of PLA goods, it would be advisable to explore the possibilities of extending their service lives before finally discarding them to bio-disposal facilities, such as composting plants. Among all material recovery methods [5], mechanical recycling represents one of the most successful processes and has received considerable attention due to its main advantages, since it is relatively simple, requires low investment, and its technological parameters are controlled. Nevertheless, polymers are subjected to the influence of degrading agents such as oxygen, UV-light, mechanical stresses, temperature and water, which, separately or in combination, during its material loop (synthesis - processing service life - discarding - recovery), results in chemical and physical changes that alter their stabilization mechanisms and long-term properties. These degradation processes may modify the structure and composition of PLA and consequently change the thermal, viscoelastic and mechanical properties of the recyclates [6].

On the one hand, the simulation of mechanical recycling by multiple processing and service life by accelerated thermal ageing to assess the effects of thermal and thermomechanical degradation has been previously performed for commodities [6-17]. Studies on the degradation of reprocessed PLA report the influence of multiple extrusion [18] or injection cycles [19-22], as well as different sets of combined individual cycles of



extrusion, injection and annealing [23-24] on the chemical structure, oligomeric distribution, morphology, thermal, rheological, mechanical or permeability properties. The features of processed PLA strongly depend on its stereochemistry and thus the impact of the proportion of L- and D- enantiomers is a matter of continuous work in literature [25]. Previous studies reported the apparition of a crystalline phase after a certain number of processing cycles for a PLA with 8% D-content [19] which influenced the performance of PLA due to decoupling of amorphous and crystalline phases and consequently acted as a topological constraint decreasing chain mobility and modifying the mechanical properties with further processing. Concerning studies on PLA with D-content similar to the PLA used in this study (4.25%), no formation of crystalline phase was found during one cycle of injection or extrusion. However, an annealing step triggered the formation of crystalline domains thus affecting the mechanical properties of the material. In contrasts, this study reports the performance of reprocessed PLA which remained amorphous regardless the number of processing cycles.

The purpose of this work was therefore to characterize the influence of multiple processing on PLA microstructure, and its subsequent influence on its thermal and mechanical performance, as well as in segmental dynamics, as a means for modelling mechanical recycling as a suitable valorisation option for recovering PLA prior to biodisposal.

2. Experimental procedure

2.1. Material and reprocessing simulation

Polylactide (PLA) 2002D, which contain 4.25% mol of D-lactic enantiomer and has a density of 1.24 g/cm3, according to manufacturer [26] was a thermo-forming grade PLA obtained from Natureworks LLC (Minnetonka, MN) as pellets, provided by AIMPLAS (Paterna, Spain). Prior to processing, virgin PLA pellets were dried during 2 h at 80 °C in a dehumidifier Conair Micro-D FCO 1500/3 (UK), in order to remove as much humidity as possible from PLA flakes. Afterwards, the samples were processed by means of injection moulding by means of an Arburg 420 C 1000-350 (Germany) injector, single-screw model (diameter Φ =35 mm, length/ Φ =23). Temperature gradient set from hopper to nozzle was 160, 170, 190, 200 and 190°C. Moulds were set at 15 °C. Cooling time residence was ~ 40 s and total residence time ~ 60s. Samples were dried before each



processing cycle. After injection, a fraction of the samples was kept as test specimens and the rest was ground by means of a cutting mill Retsch SM2000 (UK), which provided pellets of size d< 20 mm to be fed back into the process. Up to five processing cycles were applied under the same conditions to obtain the different testing specimens of reprocessed PLA (RPLA-i, with i: 1-5). Dumbbell probes for tensile and impact testing were obtained according to ISO 527-2 (type 1A) [27]. 1 mm thick prismatic probes for SEM and DMTA were obtained from compression moulding, as described elsewhere [28].

2.2. Mechanical properties

Tensile testing and impact testing were carried out at laboratory conditions 23/50, according to ISO 291, atmosphere 23/50, class 1 [29]. Tensile tests were performed on reprocessed PLA in order to investigate the changes in macroscopic mechanical properties, by means of an Instron 5566 universal electromechanical testing instrument (Instron Corp, MA, USA), at a crosshead speed of 5 mm·min⁻¹, a 10 kN load cell and gauche length of 50 mm. Analyses were repeated at least 6 times per material, and the average of elastic modulus, elongation at break and stress at break were used as representative values.

Charpy impact experiments were carried out following ISO 179 [30], with a hammer of 1 J and a notch size radius of 1,5mm. The samples were characterized at least by triplicate and the averages were taken as representative values.

2.3. Scanning Electron Microscopy (SEM)

The morphology of the specimens was analysed by means of a Hitachi S-4800 Field Emission Scanning Electron Microscope (Tokyo, Japan). The samples from each material were prepared by cutting square pieces from a randomly chosen part of the processed specimen. The pieces were mounted on metal studs and sputter-coated with a 2 nm gold layer using a Cressington 208HR high resolution sputter coater (Watford, UK), equipped with a Cressington thickness monitor controller.

2.4. Differential Scanning Calorimetry (DSC)

DSC analyses were carried out by a Mettler Toledo DSC 820 instrument (Columbus, OH) calibrated with indium and zinc standards. Approximately 5 mg of



pellets were placed in 40 μ L aluminium pans, which were sealed and pierced to allow the N₂ gas flow (50 ml·min⁻¹). A heating/cooling/heating program with a +/- 2°C·min⁻¹ rate was employed in the temperature range between 0 °C and 200 °C. The samples were characterized at least by triplicate and the averages were taken as representative values.

2.5. Fourier-Transform Infrared (FT-IR) Analysis

FT-IR spectra were collected by a NEXUS Thermo Nicolet 5700 FT-IR Spectrometer (MA, USA), previously calibrated, and equipped with a single-reflection Smart Performer accessory for attenuated total reflection (ATR) measurements, with diamond crystal. 32 co-added spectra were recorded for each specimen at a resolution of 4 cm⁻¹ with a spacing of 1 cm⁻¹, from 4000 to 600 cm⁻¹ of wavenumber. Spectra were normalized to the 1454 cm⁻¹ peak [31] before any data processing which is usually used as internal standard and it is useful to correct possible variations arisen from defects in surface quality or sample positioning. At least 8 measurements per material were performed, in order to obtain representative results. Presented spectra correspond to the average of each individual analysis.

2.6. Viscosimetry

The intrinsic viscosity $[\eta]$ was measured according to the standard ISO 1628-1 [32], by means of a Cannon-Fleske capillary viscosimeter type at 30 °C, with the use of analytical grade tetrahydrofurane (THF) supplied by Fluka as solvent. Dissolutions of pellets ranged from 0.1 to 1 g·dL⁻¹.Measurements were performed by quintuplicate for each concentration c and $[\eta]$ was obtained from extrapolation to $c \rightarrow 0$ of Huggins and Kraemer plots, which respectively account for the variation of reduced η_{red} and inherent η_{inh} viscosities with the concentration c, being $\eta_{red} = c^{-1} \cdot \eta_{sp}$, $\eta_{inh} = c^{-1} \cdot \ln \eta_{rel}$, $\eta_{sp} = \eta_{rel}$ -1 and $\eta_{rel} = t \cdot t_0^{-1}$, where t and t_0 were the times (s) of flowing of the dissolution and solvent, respectively. The viscous molar mass values (M_V , g·mol⁻¹) was calculated with the Mark-Houwink equation $[\eta] = K \cdot M_V^{\alpha}$, with constants $K = 6.4 \cdot 10^{-4} \text{ dL} \cdot \text{g}^{-1}$ and $\alpha = 0.68$ [33].

2.7. Dynamical-Mechanical Thermal Analysis (DMTA)

DMTA test were conducted in dual cantilever clamping with 15 mm of effective length between clamps, with the three point bending mode, by means of a DMA/SDTA861^e Dynamic Mechanical Analyzer, from Mettler-Toledo (OH, USA).



Experiments were carried out from 25 °C to 130 °C with isothermal steps of 2°C, measuring 24 frequencies (8 per decade) between 0.1 and 100 Hz. Analyses were performed at least thrice per sample and the average was taken as representative values.

2.8. Analytical software and computational assumptions.

FT-IR spectra were characterized by OMNIC 7.0 from Thermo Scientific. DSC and DMTA analyses were performed with the aid of the software STAR^e 9.10 from Mettler-Toledo. Fitting procedures were performed by means of OriginLab OriginPro 8.0, which uses the Levenberg-Marquardt algorithm [34-35] to adjust the parameter of the fitting values in the iterative procedure.

Values are plotted in terms of {average, dev_{max} , dev_{min} }, where $dev_{max} = max(data)$ -average(data), and $dev_{min} = average$ (data)-min(data). Tabulated errors correspond to the standard deviation of data.



3. Results and discussion

3.1. Surface characterization and mechanical performance

The surface characterization of reprocessed PLA by SEM, shown in Figure 1 exhibited typical topologies of industrially-processed polymers [7,9]. After 5 reprocessing cycles, the micrographs presented a rough and heterogeneous surface where inefficiently melted particles arose, in comparison to that of VPLA, anticipating modifications in the performance of the material. The effects of reprocessing on the macroscopic mechanical properties are shown in Figure 2, in terms of Young modulus, stress and strain at break and impact value. The Young modulus remained almost unaltered during the 2 first reprocessing cycles, which was in agreement with previous reports in which this PLA grade showed similar performance [23]. However, from the third injection cycle on, the Young modulus decreased showing a significant drop (~ 28 %) for the fifth recyclate. On the other hand, the impact resistance was decreased by \sim 10% after the first cycle, maintaining its value nearly invariant throughout the rest of injections, as comparable with the behaviour shown by multi-extruded PLA [18]. The strain at break showed an overall increasing fashion within a narrow range, i.e. a ~ 21 % from VPLA to RPLA-5. However, the values were still very low in contrast to other plastics used in packaging, such as PET [14]. On the other hand, a small and gradual drop in the stress at break values (~ 6,6 %) was also presented. The diminution of mechanical performance along the reprocessing cycles could be attributed to the inherent chain scission processes [20]. However, the rearrangement of chains in the matrix may affect the final properties. Indeed, the macroscopic mechanical results differ significantly from those reported elsewhere for PLA with higher D- content [19], which showed higher reductions in strain and stress at break, which were attributed to the formation of crystalline fractions that might favour the crack propagation in the amorphous domain. On the contrary, the results are in agreement with those reported for the same PLA grade [23], where no crystalline fraction was found after injection or extrusion. Further analytical characterization helped assess the type of chain rearrangement after the thermomechanical degradation induced by multiple processing.

Figures 1-2



3.2. Structural changes

The absorbance spectra of virgin polylactide (VPLA) and its successive recyclates were recorded by Fourier-Transform Infrared Spectroscopy (FT-IR), as shown in Figure **3a** for the case of VPLA and RPLA-5. The spectra of intermediate RPLA-i were similar. Complete description of the bands can be found in literature [31]. In a previous study carried out by means of MALDI-TOF MS analyses [20], the presence of new carboxymethyl and carboxyl terminated species underwent by reprocessing was reported. In order to ascertain a semi-quantitative picture of the structural changes caused by reprocessing, the relative absorbance ratios of the areas corresponding to the maximum peaks of the C-H stretching region (3100-2800 cm⁻¹, Figure 3c), and the maxima of the C=O stretching region (1800-1700 cm⁻¹ Figure 3b) were determined related to the area of the reference peak at 1454 cm⁻¹ which is assigned to the C-H asymmetric bending mode and known to be suitable as internal standard [31], to obtain comparable results without experimental influence of the dimensions of the probes. Both functional indexes (Figure **3d**) showed an increasing tendency, more significant for the carbonyl group, along with a displacement to higher wavenumbers of the peak, which may be indicative of the appearance of new carbonyl-linked species both in the middle and at the end as carboxyl groups, and may be a symptom of reduction of molar mass.

Consequently, the viscous molar mass (M_V) was assessed and its evolution correlated to the number of reprocessing cycles, as shown in **Figure 4**. The linear regression values obtained for both Huggins and Kraemer plots for all materials were higher than 0.975. The inset in **Figure 4** shows an example of both plots for the case of VPLA. The M_V decreased steeply with each reprocessing step, with marginal drops around 10 % until the third recyclate and bigger ones afterwards. After 5 reprocessing cycles, a 50 % decrease of M_V ranged from VPLA to RPLA-5. These results indicated a sort of threshold for the structure to resists further thermo-mechanical degradation until 2 reprocessing cycles. Consequently, the macroscopic mechanical performance might be affected, as previously observed. In the next sections, these changes were studied in terms of calorimetric parameters and segmental dynamics.

Figures 3-4



3.3. The study of the amorphous and crystalline phases of reprocessed PLA.

The cooling scans of VPLA and its further recyclates uniquely showed a glass transition, thus suggesting that reprocessing did not promoted the apparition of a crystalline phase. This was confirmed by FT-IR analysis, which showed that there was no generation of new bands at 687, 739, 921 and 1293 cm⁻¹, representative of crystalline regions along the reprocessing cycles [31].

However, the heating scans displayed, besides the glass transition, a coldcrystallization and a subsequent melting, as shown in **Figure 5** for all materials. The calorimetric thermograms were characterized by the key indicators in each region:

(i) the glass transition temperature (T_G) was calculated as the temperature at the midpoint, according to ISO 11357-2 [36];

(ii) the cold-crystallization induced by the DSC temperature program was characterised by the induction and peak temperatures (T_{CC0} and T_{CC} , respectively), and the specific cold-crystallization enthalpy (Δh_{CC}), which represents the area between the baseline and the exothermic curve;

(iii) the melting of the cold-crystallized domains was assessed by the peak temperature (T_M) and the area between baseline and the endotherm, from which the specific melting enthalpy (Δh_M) was obtained.

The variation of these parameters can be seen at **Table 1**. A low reduction of T_G was observed, which may be related to an increase of free volume due to the presence of more end chains and a consequent molar mass reduction. According to the Fox-Flory relationship [37], this small variation could indicate that the decrease of molar mass induced by reprocessing was not significant enough to dramatically reduce the T_G . Concerning the evolution of T_{CC0} and T_{CC} , a progressive diminution was shown along the successive reprocessing cycles. In addition, a significant increment in Δh_{CC} was found from VPLA to the first recyclate, to nearly equal values until the last injection cycle. The same trend was found for Δh_M . Quantitatively, it was proved that $\Delta h_M \sim \Delta h_{CC}$ for both virgin and reprocessed PLAs, which meant that all the crystalline domains produced during the cold-crystallization were completely melted. The chain scission due to thermomechanical degradation may lead to shorter chains acting as nucleation centres, thus increasing the Δh_{CC} and then modifying the crystallization kinetics and consequently the



processability of PLA [38]. All these results were in contrast to those reported in other studies with a PLA with a 8% of D- content and $22 \cdot 10^4$ g·mol⁻¹ of molar mass, which showed a drop of T_G of about 10 °C and the presence of crystalline phases in the glassy state, which appeared during cooling. Interestingly, this formation of crystalline domains was reported after the second injection cycle [19].

A deep characterisation of the melting behaviour of these newly formed crystallites was necessary to shed light on the influence of thermo-mechanical degradation. The shape of the endotherms showed a change from a uni-modal to a bi-modal distribution, which might be attributed to a superimposed melting-crystallization-melting process, dependant on the kinetics of the temperature program [39-40].

In order to extent the study of the DSC bimodal melting, a deconvolution procedure [28] was applied to describe both processes individually. The fit correlation values R^2 were higher than 0.952. A partial areas study [10] allowed monitoring the evolution of both crystalline domains as given at **Figure 6**, in terms of peak temperatures $(T_M{}^i)$ and relative partial areas $(A_M)^i$, where *i*=I or II were used as labels for the lowest and highest peak temperatures, respectively. It could be seen how both parameters behaved likewise in pairs, describing similar decreasing or increasing profiles. The peaks were separated progressively until the second recyclate, where the position of the endotherms, characterized by its peak temperature, held unmovable for the rest of recyclates. Simultaneously, A_M ^I decreased progressively reaching almost equal proportions than of A_M^{II} . The effect of the thermo-mechanical degradation could be ascribed to the variation of the first area A_M , which would be indicative of the promoted tendency of crystals to melt, and thus for molten shorter chains to recrystallize. Both overall decreases of ~5 °C in T_M ^I and ~ 47 % in A_M ^I suggested the presence of weaker cold-crystallized domains along the injection cycles. The stabilization of $T_M{}^I$ after the second reprocessing step may suggest the homogenization of size of the scissored chains to a limiting length. In addition, the increase of $A_M{}^I$ may indicate the continuation of the chain scission processes of previously uncut chains during further reprocessing cycles. The arrangement of these shorter chains in terms of mobility might be the indicators for the variations in the mechanical properties shown at the beginning of the study. Hence, the cooperative movement of PLA chains was investigated by DMTA.

Figures 5-6, Table 1



3.4. Viscoelastic behaviour and segmental dynamics

The assessment of the glass-rubber relaxation and the segmental dynamics of PLA has been reported in several studies [41-43] for different PLA grades, but not shown for the case of reprocessed PLA. **Figure 7** shows the isochronal plots of the storage (E') and loss (E'') moduli versus temperature for virgin PLA at the commonly used frequency of 1 Hz. Similar curves were obtained for all the other frequencies, but they are not displayed to avoid visualization matters.

Figure 7

The viscoelastic spectra showed different relaxation zones which were related to the calorimetric transitions along the increasing temperature-axis. At temperatures reaching the glass-rubber relaxation, the PLAs showed a drop in the storage modulus of nearly 99% of the initial value that after a rubbery plateau increased until 5-8 % of the modulus was recovered by the formation of crystalline phases in the rubber state, regardless the reprocessing cycle or frequency analysed. The influence of reprocessing can be observed in **Figure 8**, where the DMTA scans of recyclates are shown in comparison with those of VPLA. The parameters used for characterisation were temperature gradients ($\Delta T'_{RP}$, $\Delta T'_{RC}$, $\Delta T''_{GR}$, and $\Delta T''_{RC}$) and mechanical stresses ($\Delta E'_{GR}$, $\Delta E'_{RC}$, $\Delta E''_{O}$, $\Delta E''_{GR}$, and $\Delta E''_{RC}$) where the subscripts 0, *GR*, RP and *RC* stand for initial, glass-rubber transition, rubbery plateau, and recrystallization, respectively. The values averaged from the experiments at all frequencies are given in **Table 2**.

All the temperature gradients showed a decreasing profile. Concerning the evolution of $\Delta T'_{RP}$, a widening of the rubbery plateau due to the addition of chemical cross-linkers to PLA was reported elsewhere [44]. Conversely, the shortening of the rubbery plateau registered in **Table 2** might be indicative of chain cleavage. Likewise, the decrease in $\Delta T'_{RC}$ was related to the presence of shorter chains after each reprocessing cycle, which would speed up the nucleation inducing a cold-crystallization at lower temperatures, as also shown by the DSC results (T_{CC0}). Regarding the evolution of the mechanical stresses, an initial increase up to the second recyclate was shown, and afterwards the values decreased to nearly equal values for RPLA-3,4,5. The origin of these results can be understood in terms of cooperative movement within the amorphous phase throughout



the glass-rubber relaxation and thus a deeper inspection into the influence of reprocessing into the glass-forming behaviour of PLA was performed.

Shortly, a fragile glass-former experiences a dramatic loss of properties (rheological, mechanical...) throughout a specific short temperature interval, such as the glass-rubber relaxation, while a strong glass-former maintains its properties without any significant change. The relaxation of strong systems is generally found to be Arrhenius like, whereas for fragile systems, it is remarkably non-Arrhenius [45-46] and describable by a Vogel-Fulcher-Tamman-Hesse (VFTH) behaviour [47-49], as shown in Eq. (1)

$$\tau(T) = \tau_{0} \cdot exp\left(\frac{B}{T - T_{vFTH}}\right) = \tau_{0} \cdot exp\left(\frac{D \cdot T_{vFTH}}{T - T_{vFTH}}\right)$$

(1)

, where τ are the relaxation times (s), that is $(2 \cdot \pi \cdot f)$ -1, and f is the linear frequency of the

DMTA tests, $\tau 0$ is a time reference scale, and B (K) and TVFTH (K) are positive parameters specific to the material. TVFTH typically appears 40-60 K below the TG. It is common to rewrite the parameter B into B = D· TVFTH, where D is a dimensionless factor termed as fragility or strength parameter. Qualitatively, D is related to the topology of the theoretical potential energy surface of the system, where fragile systems (D \leq 6) present high density of energy minima, contrarily to strong systems (D \geq 15) which present lower density. As well, the so-called fragility index m permits an assessment of the deviation of τ (T) from the Arrhenius behavior of polymers. It varies between two limiting values of 16 and \geq 200 for strong and fragile glass-formers, respectively [50], and can be obtained by the following expression:

$$m = \frac{d \log \left(\tau\right)}{d\left(T_{g}/T\right)}\Big|_{T=TG} = \frac{B \cdot T}{\ln(10) \cdot \left(T_{g} - T_{VFTH}\right)^{2}}$$
(2)

In order to study the effects of reprocessing on the dynamic fragility of PLA, the relationship of τ with the TP from the different loss tangent spectra were fitted to the



VFTH model, which results with linear correlation R2 coefficients higher than 0,950 are gathered in **Table 3**, along with the fragility parameters D, B and m. VPLA showed fragile glass-former performance, in agreement with other studies performed on fully amorphous PLA [51]. Up to the second recyclate, PLA became more fragile. Afterwards, there was a change in the variation trend. These results were in agreement with the evolution shown by the mechanical stresses, as can be seen in **Table 2**. The influence of the chemical structure of polymers on their fragility was discussed with detail by Sokolov et al. [52]. The changes can be ascribed to the mobility of chains, both physically or chemically, which in turn will affect the cooperative movement and the packing efficiency. An increase in fragility implies higher chain cooperativity and vice versa. Thus, the subsequent calculation of the activation energies related to the glass-rubber relaxation EaGT, or the free volume coefficient obtained by means of Eqs. (3) and (4) could picture the change in cooperative movement due to thermo-mechanical degradation.

$$Ea_{GT} = R \cdot \frac{dln\tau}{d(1/T)} = \frac{R \cdot B}{\left(1 - \frac{T_{VFTH}}{T}\right)^2}$$
(3)
$$\phi = \frac{(T - T_{VFTH})}{B}$$
(4)

As can be seen in **Figure 9**, both parameters displayed a logical contrary behaviour. After the second recyclate, the free volume considerably increased (~20 %) which may promote the liability of gases to permeate through the packing defects of the polymer in packaging applications therefore reducing the second-life performance of PLA for similar purposes.

3.5. Summary of results

The thermo-mechanical degradation inherent to mechanical recycling induced chain scission reactions releasing mainly carboxyl species which remained amorphous regardless the number of injection cycles. Consequently, the viscous molar mass decayed. Chain scission could be followed by monitoring the col-crystallization induced during the



calorimetric experiments, in terms of a decrease of the cold-crystallization temperature and an increase in the cold-crystallization enthalpy. The tendency of the bimodal melting endotherm to change towards the peak at lower temperatures TM I, along with the stabilization of the partial melting temperature just after the second reprocessing step may indicate that a limiting length of scissored chain was attained.

The arrangement of the scissored chains in the amorphous matrix was noticeably influent from the second reprocessing step on. The reduction of chain length during further injection cycles might had affected the mobility of chains leaving more free volume, thus easing the glass-rubber relaxation with lower mechanical stresses and activation energies, since the dynamic fragility was reduced. In connection, the less efficient packing of PLA reprocessed more than 2 times could explain the reduction of the Young Modulus and stress at break found in the study of the macroscopic mechanical properties.



4. Conclusions

Polylactide (PLA) submitted to in-plant recycling simulation underwent thermomechanical degradation which modified its structure and morphology and induced changes on its thermal and mechanical properties. Despite non-significant changes were drawn from the observation of the functional groups of PLA, a remarkable reduction in molar mass was found, due to chain scission processes After each of the 5 applied reprocessing steps, PLA remained amorphous in the glassy state. However, the study of the calorimetric thermograms showed the apparition of a cold- crystallization phenomenon, which was favoured by the presence of shorter PLA chains due to chain scission processes, particularly after the second reprocessing cycle. This fact was also confirmed by monitoring the melting endotherm. The rearrangement of cut chains into the amorphous matrix offered more free volume which favoured the mobility of chains throughout the glass-rubber relaxation and reduced the dynamic fragility of reprocessed PLA. In macroscopic terms, it was related to a decay in elastic modulus and stress at break, as well as it influenced the surface heterogeneity.

As a whole, all assessed properties showed a significant loss of PLA performance after the application of the second reprocessing step, thus suggesting a sort of threshold to be recovered by further mechanical recycling.



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Material	T_G (°C)	T _{CC0} (°C)	T _{CC} (°C)	$\Delta h_{CC} \left(J {\cdot} g^{1} \right)$	$\Delta h_M \left(J {\cdot} g^{\text{-}1}\right)$
VPLA	$57,2 \pm 0,1$	$106,2\pm1,7$	$123,5\pm0,2$	2,21 ± 0,01	$2,\!19\pm0,\!04$
RPLA-1	$56,7\pm0.1$	$105,6\pm0,3$	117,3 ± 0,3	$23,37 \pm 0,14$	$23,\!83\pm0,\!67$
RPLA-2	$56,5\pm0.2$	$102,0\pm0,1$	$110,2 \pm 0,4$	$28,52 \pm 0,34$	$29,77 \pm 1,70$
RPLA-3	56,7 ± 0,3	$101,2\pm0,6$	109,1 ± 1,0	$28,32 \pm 0,60$	$27,\!33\pm0,\!97$
RPLA-4	$56,8 \pm 0,1$	100,1 ± 0,3	$107,3\pm0,5$	27,41 ± 0,51	$26,\!94\pm0,\!52$
RPLA-5	$56,6 \pm 0,1$	99,6 ± 0,2	$106,4 \pm 0,1$	$28,53 \pm 0,73$	28,31 ± 1,04

Table 1. Evolution of DSC parameters



Table 2. Evolution of parameters drawn from DMTA characterization

	Storage modulus			Loss modulus					
Material	$\Delta E'_{GR}$ (Mpa)	$\Delta E'_{RC}$ (Mpa)	$\Delta T'_{RP}$ (°C)	$\Delta T'_{RC}$ (°C)	ΔE'' ₀ (Mpa)	ΔE'' _{GR} (Mpa)	ΔE" _{RC} (Mpa)	$\Delta T''_{GR}$ (°C)	$\Delta T"_{RC}$ (°C)
VPLA	235,49 ± 3,50	$19,23 \pm 1,44$	20,5 ± 3,9	13,5 ± 1,4	62,12 ± 4,99	$64,\!33\pm4,\!61$	$1,30 \pm 1,33$	24,7 ± 1,5	18,4 ± 2,6
RPLA-1	$496,\!67 \pm 4,\!40$	28,82 ± 3,02	14,0 ± 3,4	$7,7 \pm 0,9$	89,85 ± 3,23	94,52 ± 3, 29	$1,99 \pm 1,55$	21,9 ± 0,9	9,7 ± 1,5
RPLA-2	612,05 ± 5,89	46,96 ± 6,81	11,2 ± 3,4	6,7 ± 0,9	131,00±8,16	137,29 ± 7, 06	$2,\!68 \pm 1,\!77$	19,4 ± 1,0	8,9 ± 2,2
RPLA-3	397,65 ± 5,19	$28,84 \pm 4,19$	11,1 ± 2,8	6,1 ± 0,9	85,33±5,79	89,43 ± 5,37	1,61 ± 2,30	18,3 ± 1,2	$7,9 \pm 1,3$
RPLA-4	381,57 ± 4,29	28,33 ± 5,39	10,2 ± 3,6	5,8 ± 1,0	84,00±3,50	88,17 ± 2,90	$1,92 \pm 1,28$	19,1 ± 1,5	$7,5 \pm 1,6$
RPLA-5	$400,03 \pm 9,10$	30,16 ± 5,33	9,9 ± 3,7	$6,0 \pm 0,7$	86,57±4,02	$90,\!57\pm3,\!47$	1,77 ± 2,64	18,8 ± 1,5	$7,3 \pm 1,2$



Table 3. Results of fitting the viscoelastic behaviour to VFTH model. Fragility parameters: D, B, m.

Material		VF			
Wiateriai	R ²	T _{VFTH} (°C)	D	B (K)	m
VPLA	0,994	15,8 ± 0,4	$5{,}47\pm0.10$	1581	127
RPLA-1	0,972	$19,3 \pm 2,1$	$5,55 \pm 0,31$	1622	143
RPLA-2	0,973	22,0 ± 2,1	$5{,}65\pm0{,}92$	1655	156
RPLA-3	0,961	25,1 ± 0,9	$4,36 \pm 0,53$	1292	120
RPLA-4	0,964	26,0 ± 1,7	$4,32 \pm 0,42$	1284	120
RPLA-5	0,953	26,1 ± 2,0	$4,33 \pm 0,31$	1283	122

CAPTIONS TO FIGURES

Figure 1. SEM pictures of (a) VPLA and (b) RPLA-5.

Figure 2. Results from tensile and impact testing: (a) Young Modulus and Impact value; (b) Stress and Strain at break.

Figure 3. FT-IR analysis: (a) FT-IR spectra of virgin and fifth reprocessed PLA; (b) evolution of the carbonyl region; (c) variation of the hydroxyl region; (d) changes in functional indexese

Figure 4. Variation of intrinsic viscosity and molar mass throughout the injection steps. Insert: Detail of calculation of Huggins and Kraemer plots for the case of VPLA.

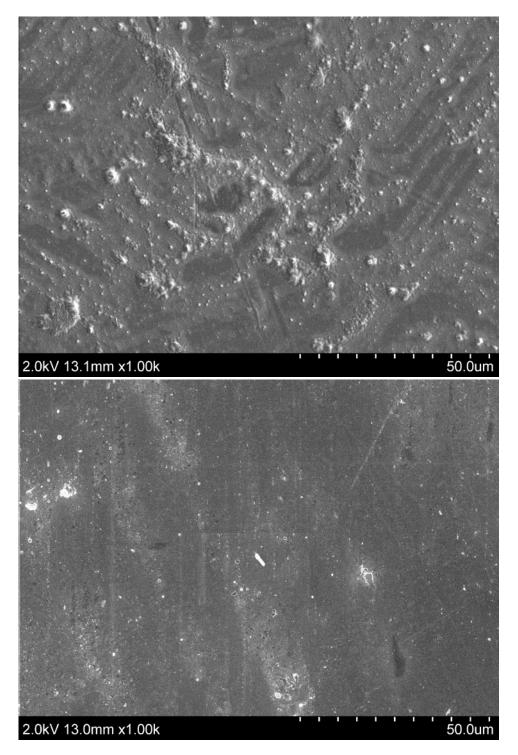
Figure 5. Evolution of the heating DSC thermograms for VPLA and RPLA-i (i:1-5)

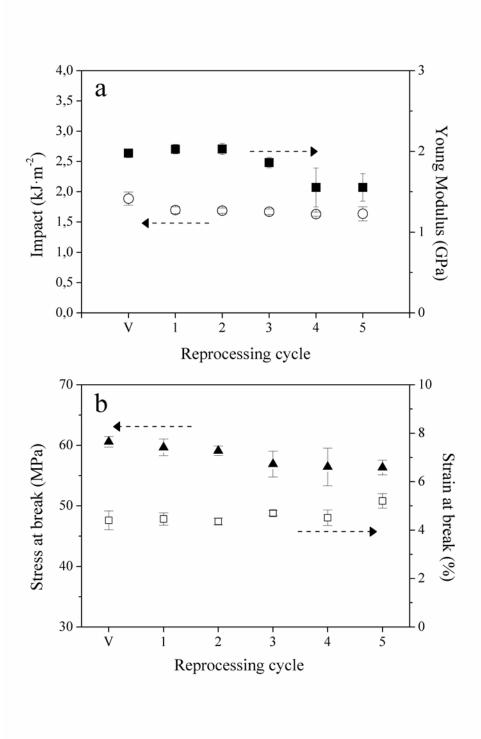
Figure 6. Results of the partial area study after deconvolution of the melting region of the DSC scans.

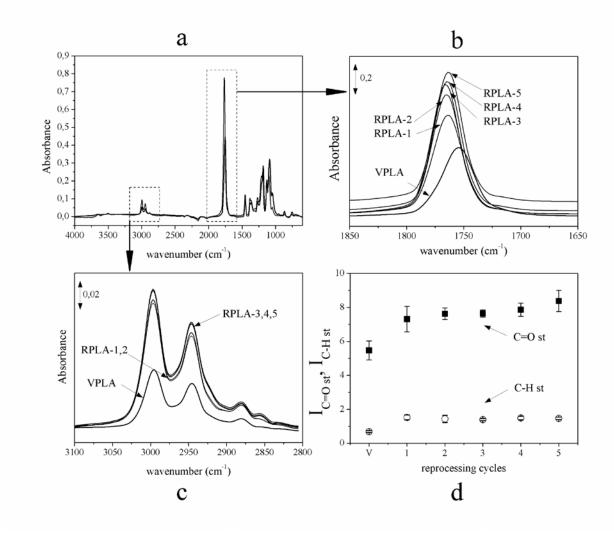
Figure 7. DMTA spectra of VPLA at 1Hz: (upper) loss modulus; (lower) storage modulus

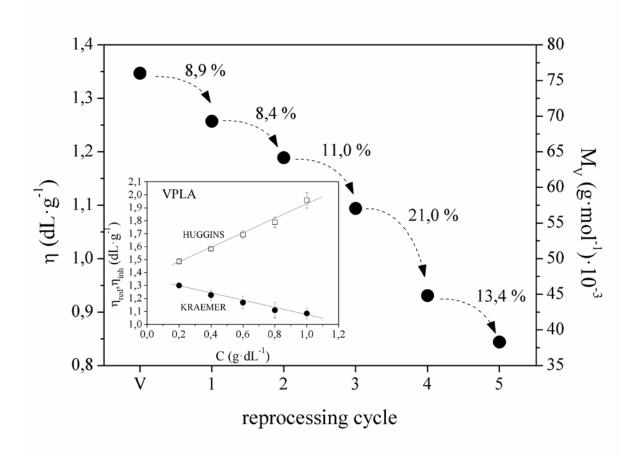
Figure 8. Evolution of storage (lower) and loss (upper) moduli at 1 Hz.

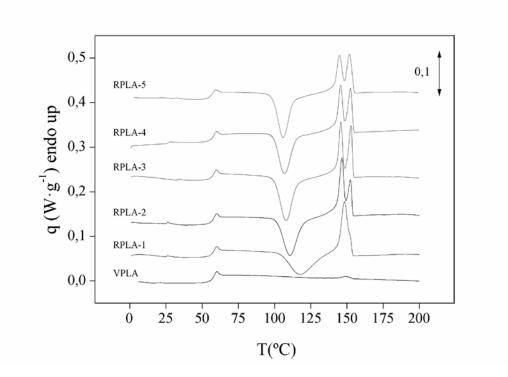
Figure 9. Evolution of apparent activation energy associated to the glass-rubber relaxation and coefficient of free volume.

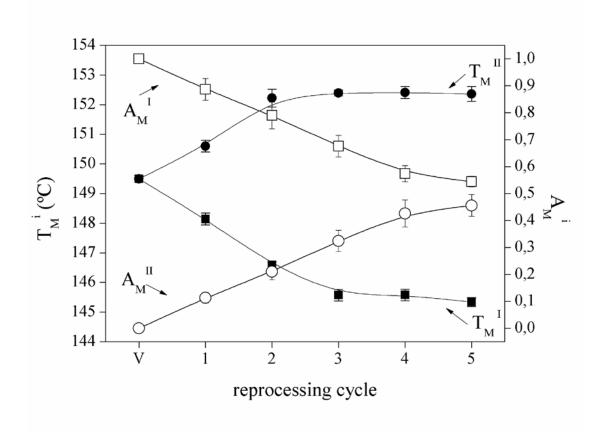


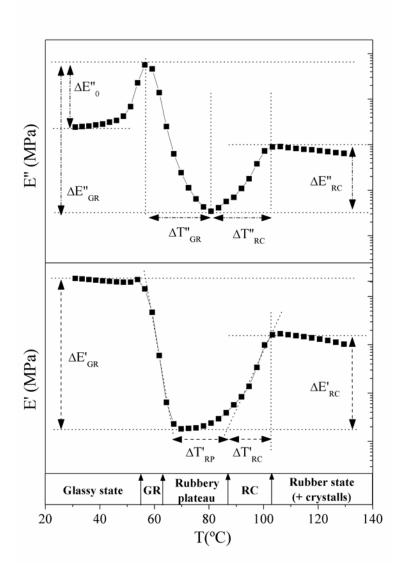


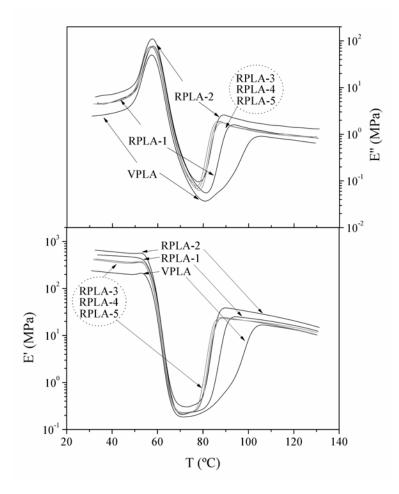


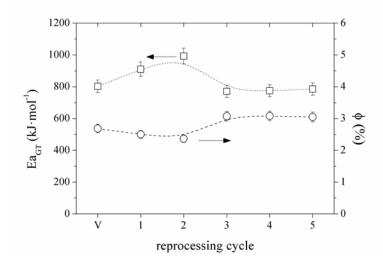












Shortly, a fragile glass-former experiences a dramatic loss of properties (rheological, mechanical...) throughout a specific short temperature interval, such as the glass-rubber relaxation, while a strong glass-former maintains its properties without any significant change. The relaxation of strong systems is generally found to be Arrhenius-like, whereas for fragile systems, it is remarkably non-Arrhenius [45-46] and describable by a Vogel-Fulcher-Tamman-Hesse (VFTH) behaviour [47-49], as shown in Eq. (1)

$$\tau(T) = \tau_0 \cdot exp\left(\frac{B}{T - T_{VFTH}}\right) = \tau_0 \cdot exp\left(\frac{D \cdot T_{VFTH}}{T - T_{VFTH}}\right)$$

(1)

, where τ are the relaxation times (s), that is $(2 \cdot \pi \cdot f)^{-1}$, and *f* is the linear frequency of the DMTA tests, τ_0 is a time reference scale, and *B* (K) and T_{VFTH} (K) are positive parameters specific to the material. T_{VFTH} typically appears 40-60 K below the T_G . It is common to rewrite the parameter *B* into $B = D \cdot T_{VFTH}$, where *D* is a dimensionless factor termed as fragility or strength parameter. Qualitatively, *D* is related to the topology of the theoretical potential energy surface of the system, where fragile systems ($D \le 6$) present high density of energy minima, contrarily to strong systems ($D \ge 15$) which present lower density. As well, the so-called fragility index *m* permits an assessment of the deviation of $\tau(T)$ from the Arrhenius behavior of polymers. It varies between two limiting values of 16 and \ge 200 for strong and fragile glass-formers, respectively [50], and can be obtained by the following expression:

$$m = \frac{d \log (\tau)}{d (T_G / T)} \Big|_{T = TG} = \frac{B \cdot T}{\ln(10) \cdot (T_G - T_{VFTH})^2}$$
(2)

In order to study the effects of reprocessing on the dynamic fragility of PLA, the relationship of τ with the T_P from the different loss tangent spectra were fitted to the VFTH model, which results with linear correlation R^2 coefficients higher than 0,950 are gathered in **Table 3**, along with the fragility parameters *D*, *B* and *m*. VPLA showed fragile glass-former performance, in agreement with other studies performed on fully amorphous PLA [51]. Up to the second recyclate, PLA became more fragile. Afterwards, there was

a change in the variation trend. These results were in agreement with the evolution shown by the mechanical stresses, as can be seen in **Table 2**.

The influence of the chemical structure of polymers on their fragility was discussed with detail by *Sokolov et al.* [52]. The changes can be ascribed to the mobility of chains, both physically or chemically, which in turn will affect the cooperative movement and the packing efficiency. An increase in fragility implies higher chain cooperativity and vice versa. Thus, the subsequent calculation of the activation energies related to the glass-rubber relaxation Ea_{GT} , or the free volume coefficient ϕ obtained by means of Eqs. (3) and (4) could picture the change in cooperative movement due to thermo-mechanical degradation.

(3)

$$Ea_{gT} = R \cdot \frac{dln\tau}{d(1/T)} = \frac{R \cdot B}{\left(1 - \frac{T_{VFTH}}{T}\right)^2}$$

$$(3)$$

$$(3)$$

$$(4)$$

$$(4)$$

As can be seen in **Figure 9**, both Ea_{GT} and ϕ displayed a logical contrary behaviour. After the second recyclate, the free volume considerably increased (~20 %) which may promote the liability of gases to permeate through the packing defects of the polymer in packaging applications therefore reducing the second-life performance of PLA for similar purposes.

Table 3-Figure 9

3.5. Summary of results

The thermo-mechanical degradation inherent to mechanical recycling induced chain scission reactions releasing mainly carboxyl species which remained amorphous regardless the number of injection cycles. Consequently, the viscous molar mass decayed. Chain scission could be followed by monitoring the col-crystallization induced during the calorimetric experiments, in terms of a decrease of the cold-crystallization temperature and an increase in the cold-crystallization enthalpy. The tendency of the bimodal melting

endotherm to change towards the peak at lower temperatures T_M ^{*I*}, along with the stabilization of the partial melting temperature just after the second reprocessing step may indicate that a limiting length of scissored chain was attained. The arrangement of the scissored chains in the amorphous matrix was noticeably influent from the second reprocessing step on. The reduction of chain length during further injection cycles might had affected the mobility of chains leaving more free volume, thus easing the glass-rubber relaxation with lower mechanical stresses and activation energies, since the dynamic fragility was reduced. In connection, the less efficient packing of PLA reprocessed more than 2 times could explain the reduction of the Young Modulus and stress at break found in the study of the macroscopic mechanical properties.

4. Conclusions

Polylactide (PLA) submitted to in-plant recycling simulation underwent thermomechanical degradation which modified its structure and morphology and induced changes on its thermal and mechanical properties.

Despite non-significant changes were drawn from the observation of the functional groups of PLA, a remarkable reduction in molar mass was found, due to chain scission processes After each of the 5 applied reprocessing steps, PLA remained amorphous in the glassy state. However, the study of the calorimetric thermograms showed the apparition of a cold-crystallization phenomenon, which was favoured by the presence of shorter PLA chains due to chain scission processes, particularly after the second reprocessing cycle. This fact was also confirmed by monitoring the melting endotherm. The rearrangement of cut chains into the amorphous matrix offered more free volume which favoured the mobility of chains throughout the glass-rubber relaxation and reduced the dynamic fragility of reprocessed PLA. In macroscopic terms, it was related to a decay in elastic modulus and stress at break, as well as it influenced the surface heterogeneity.

As a whole, all assessed properties showed a significant loss of PLA performance after the application of the second reprocessing step, thus suggesting a sort of threshold to be recovered by further mechanical recycling.

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